

For and about FSU people
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Copy deadline: noon Wednesday, Candis Johnson at statelines@frostburg.edu

FSU's Center for Literary Arts Hosts 13th Annual Indie Lit Fest

The annual Western Maryland Independent Literature Festival, better known as the Indie Lit Fest, returns for its 13th year, presented in partnership by the FSU Center for Literary Arts and the Allegany Library System. Events will be held on **Friday and Saturday, Oct. 4 and 5**, in downtown Frostburg. All events are free and open to the public.

The Indie Lit Fest celebrates the writers, publishers and readers of small press and independent publishing. The festival will feature panel discussions and roundtable sessions on topics including various creative genres, revolutionary mothering, writing and the first amendment, writing about spirituality, telling stories through podcasting and more.

The festival begins on **Friday, Oct. 4**, at 5:30 p.m. with the Indie Kickoff Reception at the Frostburg Center for Literary Arts, 22 E. Main St. At 6:30 p.m., the Indie Kickoff Reading, featuring the Poets Laureate Reading, will be held at Main Street Books at 2 E. Main St. In attendance will be Nancy Mitchell, poet laureate of Salisbury, Md.; Chuck Joy, poet laureate of Erie, Pa.; Carly Volpe, poet laureate of Bucks County, Pa.; and Michael Glaser, former poet laureate of Maryland. To learn more about the role of the laureate, join the Indie Lit Kickoff panel discussion following the readings.

On **Saturday, Oct. 5**, registration for participating presses and attendees opens at 10:30 a.m. at the Center for Literary Arts. Detailed schedules of Saturday's events will be provided during registration.

Saturday events will be held from 11 a.m. to 5 p.m. There will be a book fair and readings in the ballroom of Hotel Gunter at 11 W. Main St. Panel discussions and how-to sessions will be held throughout downtown Frostburg at Mountain City Traditional Arts, the Center for Literary Arts and Frostburg Public Library.

Expect discussion on topics such as "Music as Ekphrastic," or how music acts as a descriptor of visual art; "Your Press and You: What to Expect When You're Expecting (a Book)"; and the "soundtrack of your stories." Join reading groups and how-to sessions on assembling a poetry chapbook, "editing your lousy first drafts" and submitting work, fiction, creative nonfiction and drama.

To reserve a table for the festival, email <u>cla@frostburg.edu</u> or call 301-687-4340. For info, visit <u>www.frostburg.edu/cla/indie-lit-festival</u>.

Music

On the EDGE Series Opens With Afro-Latin Band, Malamanya



CES at FSU will open its 2019-20 On the EDGE series on **Thursday, Sept. 26**, with an upbeat performance by the colorful Minneapolis-based band, Malamanya. The 7:30 p.m. performance, which will take place at the Clock Tower Quad on the FSU campus, is free and open to the public. In the event of rain, this performance will be held in Lane Manicur Hall.

With high energy and colorful style, Malamanya celebrates the spirited rhythms and melodies of Cuba and

Latin America. Headed by bandleader Tony Schreiner and lead vocalist Luis Ortega Castrellon, the band's eclectic yet traditionally rooted performance is an upbeat musical experience that awakens the dancing soul.

For info, visit <u>ces.frostburg.edu</u> or call 1-866-849-9237 or 301-687-3137.

Dr. Brent Weber to Perform in Faculty Artist Series Concert



FSU's Department of Music will present *Dr. Brent Weber* on saxophone in a Faculty Artist Series concert on **Sunday, Oct. 6**, at 3 p.m. in Pealer Recital Hall He will be accompanied by *Dr. Jay DeWire* on piano. This event is free and open to the public.

Weber will first perform "Adagio" and "Allegro" from "Sonate for Oboe in G Minor (Wq. 135)" by Carl Philipp Emanuel Bach, written in 1735. Even this early work displays the stylistic differences between the composer's music and that of his father, Johann Sebastian. Despite the fact that Emanuel retains the typically baroque forms of the movements, the texture of his music is lighter and more transparent.

Next up are the four movements, "Allegro ritmico," "Cloches de la liberte," "Scherzo" and "Allegro con fuoco," from "Sonate for Alto Saxophone" by Jindřich Feld. Feld was a Czech composer who wrote more than 200 works. This sonata was written in 1989-90 and is dedicated to Eugene Rousseau. The work uses extended techniques such as multiphonics, quarter tones, key noises and slap tonguing without sounding a tone.

After this, Weber will play "Romance" and "Humoresque" from "Fantasiestücke fur Oboe, Op. 2" by Carl Nielsen, first performed in 1891. The Danish composer himself offered the following short description of this piece: "The two oboe pieces are a very early opus. The first – slow – piece gives the oboe the opportunity to sing out its notes quite as beautifully as this instrument can. The second is more humorous, roguish, with an undertone of Nordic nature and forest rustlings in the moonlight."

"Legende pastorale," "Serenade a Mabel" and "Marche des Highlanders" are from "Scènes écossaises, Op. 138," composed in 1892 by Benjamin Godard, a French violinist and Romantic-era composer.

Weber will end with the 1997 piece, "Ku Ku" for solo soprano saxophone by Australian saxophonist Barry Cockcroft, known for his captivating, quirkily humorous and technically demanding compositions. Kuku in Swahili means chicken. The piece opens with melodic lines and repeating minimalist runs. Its ending establishes rhythmic grooves with multiphonics and slap tongue, sounding like a chicken.

For info, contact the Department of Music at 301-687-4109.

Entertainment

CES Presents China's Elite Circus Artists and Acrobats, Cirque Mei



CES at FSU will present the elite circus artists and acrobats of Cirque Mei on **Tuesday, Oct. 8**, at 7:30 p.m. in Pealer Recital Hall.

Cirque Mei, which is based in the Hebei Province, China, will feature a company of 40 elite circus artists in a dazzling and colorful celebration of traditional and contemporary Chinese circus acts. The spectacular display will highlight many of the most popular Chinese circus routines, including acrobatic feats, hoops diving, contortion, foot juggling, ladder balancing and the ever-popular lion dance.

Founded in 1976, Cirque Mei supports a community of more than 130 circus performers who tour throughout China and across the world.

Tickets are \$22 for adults and \$12 for youth under 18. Military, package and group discount rates are also available. For info or to order tickets, visit CES' web page at ces.frostburg.edu or contact the CES box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

Theatre

FSU's Department of Theatre and Dance to Present 'Alabama Story'



FSU students Gershawn Mason and Kasey Taylor will appear in "Alabama Story."

The Department of Theatre and Dance at FSU will kick off its 2019-20 season with Kenneth Jones' play, "Alabama Story," on **Friday and Saturday, Oct. 11 and 12**, and **Thursday through Saturday, Oct. 17 to 19**, at 7:30 p.m., with a matinee on **Oct. 12** at 2 p.m. Directed by FSU's **Mairzy Yost-Rushton**, the performances will take place in the Pealer Center Drama Theatre.

"Alabama Story," inspired by real events that touch on censorship and Civil Rights issues, takes place in 1959 Montgomery, Ala., just as the Civil Rights movement is flowering. The drama begins when a

children's picture book about a white rabbit who marries a black rabbit sparks a fiery standoff between a segregationist, Sen. E.W. Higgins (inspired by Sen. E.O. Eddins), and Emily Wheelock Reed, the principled state librarian. Reed made international headlines when she defended "The Rabbits' Wedding," a picture book by Garth Williams, best known for his artwork for the "Little House" series and "Charlotte's Web."

Another story line provides a private counterpoint to the public events of the play. A narrative about two childhood friends, an African-American man and a white woman, who find themselves alienated as adults, shows the personal toll exacted by Higgins-style segregationist policy.

This year marks the 60th anniversary of a tale of social justice that explores romance, courtroom drama, loyalty and history. The Washington Post called it a play "of national relevance," and in its review, the St. Louis Post-Dispatch wrote, "At a time when intolerance is on the upswing and empathy is under siege, 'Alabama Story' is just the play we need."

Season subscriptions are available until **Saturday, Oct. 12**. For \$60, Season Subscribers receive discounted tickets to five shows, as well as reserved seats for all performances. Individual tickets are \$15 for general admission and \$7 for students.

For info, call the Theatre and Dance box office at 301-687-7462, Monday through Friday, 9:30 a.m. to 12:30 p.m. and 1:30 to 3 p.m.

Presentations

Healthy Dating and Relationships With Lindsey Ellison



FSU's Office of Gender Equity will host relationship coach and author Lindsey Ellison in a presentation on healthy dating and relationships on **Wednesday**, **Oct. 9**, at 7 p.m. in Gira Center 397. Ellison will discuss how to navigate hook-ups, learn to spot narcissists and repel abuse, maintain self-esteem and find healthy love. This event is free and open to the public.

In a study conducted by the American Psychological Association, nearly 80 percent of college students experience some aspect of dating abuse. Ellison's mission is to change that staggering statistic. Today, she teaches thousands of men and women worldwide how to break free from their narcissistic partners and begin a new, healthy life.

For info, visit <u>@lindsey_ellison</u> or <u>vimeo.com/358383146/36dfb27b99</u>, where you can ask questions ahead of the talk to get them answered anonymously.

Times Talk Thursday



Come discuss current topics in the news focused around politics, government and our democracy. Times Talk Thursday is open to faculty, staff and students and will be held on **Sept. 26**, **Oct. 10 and 24**, **Nov. 7 and 21**, and **Dec. 5** from noon to 2 p.m. in Lane 108.

For info, contact Patrick O'Brien at pobrien@frostburg.edu.

GEP Review Committee Info Session

The General Education Program Review Committee will host an open information session on **Monday, Sept. 23**, at 4 p.m. in Lane 113. The session will examine the Code of Maryland Regulations General Education Requirements for Public Institutions in Maryland and will highlight general education programs at other USM institutions. The session is open to all members of the campus community.

For info, contact Dr. Michael Mathias at $\underline{mbmathias@frostburg.edu}.$

Visual Arts

Roper Gallery to Feature Climate Awareness Photography in New Exhibit





Pictured are two photos from Geoff Delanoy's exhibit.

A photography exhibit highlighting how climate change has affected the Chesapeake Bay Watershed will be on display in FSU's Stephanie Ann Roper Gallery **from Friday, Oct. 4, to Sunday, Nov. 3**. The display will feature recent works by photographer Geoff Delanoy. The opening reception will be on **Oct. 4** from 7 to 9 p.m.

The gallery will showcase photography from Delanoy's new project, "Rise and Fall." Delanoy's photos feature coastal forest diebacks, known as ghost forests, from southern Maryland and the Eastern Shore. His photos are meant to document the impact of climate change on the landscape in the Chesapeake Bay Watershed.

Delanoy is a visual artist whose work includes analog photography, digital imaging and video installation. Prints and an artist's book from his project "Trees" were recently featured at Marin Museum of Contemporary Art in Novata, Calif., Griffin Museum Photography in Winchester, Mass., and Photo Book Athens in Greece.

Delanoy is professor and chair of the Art Department at Notre Dame of Maryland University in Baltimore.

The Roper Gallery, located in FSU's Fine Arts Building, is open **Sundays through Wednesdays** from 1 to 4 p.m. For info, contact the Department of Visual Arts at 301-687-4797.

Readings

FSU Celebrates Freedom to Read With Banned Books Reading

Celebrate the freedom to read at FSU during the Banned Books Reading. The English Honor Society Sigma Tau Delta and the Lewis J. Ort Library will present an evening of readings, taken from books in the library, in the classroom and at home on the shelf, which have been deemed controversial enough to be banned or challenged. The reading will be held on **Tuesday, Oct. 1**, at 7 p.m. on the main floor of the FSU Ort Library.

Some familiar banned books from the past include "To Kill a Mockingbird," the "Harry Potter" series and "The Hunger Games." During the reading, students and faculty will sign up to read from a banned book of their choosing. The event is free and open to the public.

This event is in conjunction with the American Library Association's annual Banned Books Week: Celebrating the Freedom to Read. This yearly commemoration, as the American Library Association notes, "reminds Americans not to take this precious democratic freedom for granted."

While numerous books are banned each year, they remain available to Americans, thanks to those who stand up for the freedom to read. For info, contact Dr. Kevin Knott at the FSU Department of English at kwknott@frostburg.edu or Dr. Lea Messman-Mandicott at the Ort Library at lmessman@frostburg.edu.

Points of Pride

Dr. Elesha Ruminski Appointed to Allegany County Commission for Women

In July, the county commissioners of Allegany County appointed *Dr. Elesha L. Ruminski*, an associate professor in FSU's Department of Communication, to the Allegany County Commission for Women. She joins a commission of 15 local residents who compose the county's chapter of the Maryland Commission of Women. According to bylaws, the commission's charge is to support and advocate for women in Allegany County, particularly in the economic, social, political, and legislative equality and empowerment areas. The commission also acts to support opportunities for women's education, employment and leadership and assists with addressing problems and concerns of women and their families.

Take Note

Career Expo 2019

Held **Oct. 4**, the **Friday** of Homecoming weekend, this event brings alumni to the campus to discuss post-graduation experiences within majors. This is very helpful when deciding on a major or exploring careers in a major.

Watch for the program of speakers and locations in your FSU email.

Fall Career and Internship Fair

The Fall Career and Internship Fair will be held on Wednesday, Oct. 9, from 10 a.m. to 2 p.m. in Lane Manicur Hall.

Regional employers will visit the campus to discuss jobs and internships with students. Students will have the opportunity to network and potentially interview with employers.

Th fair invitation will be sent to students through Handshake (<u>www.frostburg.joinhndshake.com</u>) with the employer directory available for review.

Attend dressed for success and bring plenty of resumes.

If you need resume assistance, contact the Career and Professional Development Center for an appointment at 301-687-4403.

Announcing the 21st Annual FSU Social Justice Summit

The FSU Social Justice Summit provides FSU students with the opportunity to increase their awareness surrounding issues of diversity, equity and inclusion. Action plans developed during the weekend, held **Friday, Oct. 11, through Sunday, Oct. 13**, will assist them in being agents of positive change on campus. The summit is free and open to all FSU students.

This event gives students the chance to learn more about self, engage in discussions with other students on a variety of issues and create strategies for implementing social change.

Social justice is the continuous process of eliminating ignorance and prejudice through education and advocacy to bring about greater equity among all members of society and ensuring no dimension of identity is oppressed by society as a whole. Social justice

is a process in which we strive to eliminate the roots of oppression through education and the redistribution of resources, opportunities and responsibilities.

For info, contact Robin Wynder in the Center for Student Diversity, Equity and Inclusion at rwynder@frostburg.edu.

Falun Gong Workshop Offered on Thursdays



Dr. Hongqi Li, a professor in FSU's Department of Biology, will offer a Falun Gong Workshop **Thursdays** from 7 to 9 p.m. in Compton 328. This event is free and open to the public.

Falun Dafa (also called Falun Gong) is an advanced self-cultivation practice of the Buddha School, founded by Li Hongzhi, the practice's master. It is a discipline in which "assimilation to the highest qualities of

the universe – Zhen, Shan, Ren (Truthfulness, Compassion, Forbearance) – is the foundation of practice. Practice is guided by these supreme qualities and based on the very laws which underlie the development of the cosmos." Master Li's teachings are set forth in a number of texts, including "Falun Gong," "Zhuan Falun," "The Great Perfection Way of Falun Dafa," "Essentials for Further Advancement" and "Hong Yin (The Grand Verses)."

The focus of Falun Dafa practice is the mind through understanding and practicing the principles in daily life and includes the cultivation of the body through practicing the standing exercises and sitting meditation.

For info, visit http://en.falundafa.org.

Minor in Climate Science – All Majors Welcome



The new Climate Science minor explores the principles of Earth's weather and climate. Gain the background needed to address the most important challenge of your generation — mitigating and adapting to climate change.

For info, contact: Dr. Tianna Bogart, Department of Geography, at tabogart@frostburg.edu.

And be sure to check out <a>@FburgClimateSci on Twitter!

Check Out FSU's Honors Program!



Be sure to check out FSU's Honors Program on Facebook at <u>facebook.com/honors.frostburg</u> and Instagram at <u>frostburg_honors</u>.

Graduation Will Be Here Before You Know It

It's not too early to be thinking about graduation, especially if you intend to graduate on **Wednesday**, **Dec. 18**, in the Cordts PE Center.

The College of Liberal Arts and Sciences and the Colleges of Business and Education will both present their graduates at 2 p.m. Tickets will be required for admission. The number of tickets will be determined at a later date, based on the number of graduating students.

If you have not yet done so, contact the Registrar's Office to complete your graduation application and check that your home mailing address is accurate in PAWS so you'll receive all the necessary upcoming info.

Follow @FrostburgGrad on Twitter or Frostburg Graduation on Facebook for updates and important info throughout the semester.

Full details about the ceremony can be found on the Commencement web page at www.frostburg.edu/events/commencement. For info, email commencement@frostburg.edu.

Deadlines

Last Day for Undergraduate Grade Changes

The last day for undergraduate grade changes, including removal of incomplete grades for the spring 2019 and summer 2019 semesters, will be **Friday, Oct. 4**.

Internships

HUBZone Internships

HUBZone is a federal small business contracting program designed to provide economic assistance to economically depressed geographic areas by awarding federal contracts to small businesses operating and employing workers in those areas. FSU is located in a HUBZone, which means many of its students qualify for these paid internship positions. The student is required to live in a HUBZone and work at least 40 hours per month.

Go to www.hubzoners.com, click on maps and enter your address to verify your eligibility, under "view job openings" select the category that aligns with your major, fill in the info and submit your resume. You will be contacted directly by someone from HUBZone. For info, contact Amy Shimko, director of Career Development, in Pullen 110.

United Campus Ministry

For info, contact Chaplain Cindy Zirlott at c.zirlott@frostburg.edu.

UCM Schedule

- Bible Studies: Mondays, 7:45 to 9 p.m., Ort Library 237; Tuesdays, 7:30 to 9 p.m., Lane 113; and Sundays, 6 to 7:30 p.m.,
 Ort Library 237
- **Body and Spirit Fitness Group: Thursdays**, 3:30 p.m., Gym Dance Rehearsal Hall. This is open to students, faculty and staff. The group will practice gentle stretches and yoga-type movement.

Not-for-Credit Class

A class on the book of Genesis will be offered **Sundays** for anyone interested in studying and discussing the foundational stories of three faith traditions. The class will explore these stories of faith through practical faith, theological and philosophical eyes. Continuing education credits can be given to those completing the course. This experience is open to the whole community.

Special Events

Sign up or register for Paint and Pray Evening, which will be held **Friday, Sept. 27**, at 7:30 p.m. in Fine Arts Room 202. This event is open to the FSU community. Student are admitted free; the charge is \$30 for others for supplies (unless you bring your own). Registration is required. Space is limited. To register, go to www.unitedcampusministryatfsu.org/event_registration.

Activities for Life

Water Aerobics

Water aerobics will be offered **Tuesdays and Thursdays** from 6:30 to 7:20 p.m. in the Cordts PE Center swimming pool. The session will take place **from Oct. 22 through Dec. 10** (with no classes on **Nov. 26 and 28**). Participants may register for the Tuesday or Thursday class or both nights.

This class is geared toward those who want to increase cardiovascular fitness, flexibility and body strength. It is the perfect activity for those with painful joints or other movement limitations. Water aerobics creates good muscle balance, making the muscles limber and strong. The instructor for this class is Bobbie Cameron.

FSU-TV3

FSU-TV3's Message Board and Social Media Outlets



FSU-TV3 has a Message Board that is displayed between programs on the cable channel. The channel uses the Message Board and its social media outlets – Facebook, Twitter and Instagram – to help inform the public about upcoming events for nonprofit, student organization and FSU department events through the semester.

FROSTBURG STATE UNIVERSITY

To submit an advertisement, email fsu-tv3@frostburg.edu one week in advance with a jpeg that includes information about the event (info needed listed below). Do not use fonts smaller than 26 point. Let the channel know when your group wants to launch the ad. Be aware that University holidays, weekends and vacations will affect response time. Advertisements must adhere to the submission requirements, and the channel has the right to approve or reject an advertisement. You will receive an email as to whether your ad has been approved or denied.

Advertisement Specifications

- Size: 450 pixels wide x 525 pixels high (This will allow it to be used for the Message Board as well as Instagram.)
- Format: RGB JPEG

• Resolution: 72 dpi

Information to Be Included

- Name of the event
- Date/time/location
- Cost of attendance (who will benefit from it)
- Who can attend? (FSU students, FSU campus, community, etc.)
- Name of sponsoring organization/department/office
- Contact information (name, phone number and email)

For info, email the FSU-TV3 staff at FSU-TV3@frostburg.edu.

Follow the channel's activities on https://twitter.com/fsutv3 and https://twitter.com/fsutv3 and https://instagram.com/fsutv3.

Study Abroad

Where in the World Would You Like to Study Abroad?



Nnamdi-Raphael Okoye: Spain, Fall 2018-Spring 2019

Photo taken in Morocco

FSU students have the opportunity to study abroad all over the world.

Financial aid can be used for overseas experiences during the fall and spring semesters.

Exchange programs are available that allow students to pay FSU tuition prices.

For info, contact Kara Hotchkiss at kjhotchkiss@frostburg.edu or 301-687-4747.

Berlin Study Abroad Experience to Be Offered Next Spring



FSU's Department of Sociology and the Women's Studies Program will offer a study abroad opportunity, "Berlin: The City Experience," next spring **from Saturday, March 14, through Friday, March 20** (dates subject to change). This event, which is open to all FSU students, will be led by *Dr. Jennifer Earles*.

Berlin's storied past is firmly embedded in a vibrant contemporary culture. Stand in the former Nazi headquarters one moment, and navigate the city's eco-friendly infrastructure the next. Since the fall of the Berlin Wall, this city has evolved into one of the most eclectic, exciting and multicultural communities in Europe. Discover the many ways to contemplate the past, enjoy

the present and dream of the future.

This trip is being held in conjunction with SOCI 490/WMST 490 Gender and the City, a 3-credit course in which students will explore how gendered power relations shape urban spaces and who benefits from the opportunities and pleasure of urban life. The course will be offered during the spring 2020 semester with Earles. Students will travel abroad during spring break.

For info, contact Kara Hotchkiss at 301-687-4747 or kihotchkiss@frostburg.edu.

Study Abroad in Spain, France and Italy During Spring Break 2020



Join the Study Abroad trip to Spain, France and Italy during Spring Break 2020 and visit Barcelona, the French Riviera, Nice, Cinque Terre, Pisa and Florence!

The trip, which will take place from Friday, March 13, through Sunday, March 22, will be led by *Dr. Greg Wood* and *Dr. Heather Cisneros*. The trip is supported by EF Tours.

The trip is for Honors Program students as well as general education students.

Study abroad scholarships and other sources of funding are available.

For info, visit Wood in the Fuller House or email him at gwood@frostburg.edu.

Study Abroad in Spring 2020: England and Wales



RECR 490 Global Perspectives in Sport and Recreation Management

Develop a global perspective by gaining insight from practitioners on the production of sport and recreation events and activities in an international context.

As part of the nine-day trip **between Friday, March 13, and Sunday, March 22**, students will meet undergrads from the UK and share ideas about contemporary sport and recreation issues; experience professional soccer (football) and rugby; stay at a converted former hunting lodge of the Duke of Sutherland and rub shoulders with elite athletes; learn about government-funded local, regional and national sport and recreation projects; tour the beautiful North Wales coastline; and take in the historic sights and sounds of London.

Dr. Martin Barrett, an instructor in the Department of Kinesiology and Recreation, will lead the group. For info, contact him in the Cordts PE Center or email him at mbarrett@frostburg.edu.

Info Session for Spring Study Abroad in France, Italy and Spain

An information session for study abroad in France, Italy and Spain will be held on **Friday, Oct. 11**, at noon in room 128 of the Pealer Center.

All FSU students are welcome.

For info, contact Dr. Greg Wood at gwood@frostburg.edu.

Study Abroad and International Fair

All students, faculty and staff are invited to attend the Study Abroad and International Fair on **Tuesday, Oct. 22**, from 11 a.m. to 2 p.m. in Lane Manicur Hall.

Representatives from various study abroad programs and former study abroad students will be available to answer questions about overseas opportunities. In addition, FSU's international students plan to display information about their countries and will be available to talk about their cultures.

There will drawings for free prizes! Faculty are encouraged to attend to learn more about faculty-led study abroad trips.

For info, contact Kara Hotchkiss at 301-687-4747 or kihotchkiss@frostburg.edu.

Community

Mountainside Baroque Opens Season Oct. 6



Mountainside Baroque will explore dualities in music in its whimsically titled ninth season, "Two by 2: Music in Contrast."

The 2019-2020 series begins **Sunday, Oct. 6**, with "Music for Doubles," a performance that will feature double instrumental concerti and double choir works. Vivaldi's concerto for violin and violoncello will highlight renowned violinist Cynthia Roberts and cellist Allen Whear. The program will also include an unusual concerto for recorder and viola da gamba by Georg Philipp Telemann, featuring Sarah Lynn and Arnie Tanimoto. The concert will take place at 4 p.m. at the Shrine of Ss. Peter and Paul at 125 Fayette St. in Cumberland.

Discount tickets can be purchased at <u>mountainsidebaroque.org</u>. Consult the website for additional details and updated program information or call 301-338-2940.

FSU Events Calendar

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Simple Tips to Prevent Falls



Avoid high heels, floppy slippers and shoes with slick soles that can make you slip, stumble and fall.

Secure loose rugs with double-faced tape, tacks or a slip-resistant backing.

Store clothing, dishes, food and other necessities within easy reach.

Immediately clean up spilled liquids, grease or food.

Place night lights in your bedroom, bathroom and hallways.

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

- Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.
- Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."
- Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

- Focus learning on the acquisition and application of knowledge.
- Provide engaging experiences that challenge our students to excel.
- Expand regional outreach and engagement.
- Align University resources human, fiscal and physical with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit $\underline{\text{www.frostburg.edu/strategicplan}}.$