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# StateLines

For and about FSU people

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## FSU Set to Celebrate Homecoming Oct. 14 to 17



FSU welcomes students and graduates from all generations to celebrate Homecoming 2021. From **Thursday, Oct. 14, to Sunday, Oct. 17**, FSU will host a variety of events and festivities, including sports, a Hall of Fame Induction ceremony and reunions.

The celebration kicks off on **Thursday** with the Retired Employee Luncheon in the Alice R. Manicur Assembly Hall in the Lane University Center at noon.

**Friday** morning, a Baseball Golf Invitational will be held at Rocky Gap Casino Resort at 8 a.m.; reservations are required. That evening, the Bobcat Hall of Fame Induction Ceremony and Dinner begins at 5 p.m. in the Cordts PE Center Main Arena.; this event is by reservation only.

**Saturday** is filled with activities and celebrations throughout the day and evening. At 9:30 a.m., the Women's Volleyball Locker Room in the Cordts PE Center will be dedicated in memory of **Lauren Weller Sidorowicz '08**. From 10 a.m. to 2 p.m., an Alumni Welcome Center will be set up in the upper lobby of the Lane University Center. Refreshments, games and activities for kids will be provided. This is also a chance for alumni to update their contact information and enter to win prizes.

From 10 a.m. to noon, the Jim Anderson Memorial Baseball Brunch will take place in Lane Manicur Hall. The Bobcat Field Hockey Team will take on Mansfield University at Bobcat Stadium at 11 a.m.; admission is free. At 11:30 a.m., the Student Alumni Ambassadors and the Alumni Association Board of Directors will host the inaugural Corn Hole Tournament in the Bobcat Stadium parking lot; the cost for teams of two will be \$20. Tailgating at Bobcat Stadium starts at 11:30 a.m. The cost is \$20 per space and parking is on a first-come, first-served basis, but a space can be purchased in advance by visiting <https://frostburgtix.universitytickets.com/w/?cid=170>. For the complete rules and regulations, visit [www.frostburg.edu/homecoming](http://www.frostburg.edu/homecoming).

Also on Saturday, there will be a Field Hockey Alumni Reception in the Hospitality Suite at Bobcat Stadium at 10 a.m. There will be a Sky Tour of the night sky followed by "From Earth to the Universe," a 30-minute full-dome movie, in the Gira Center's Multimedia Learning Center at 10 a.m. and 2 p.m. The formal dedication of Brownsville Hall that was scheduled for 11 a.m. will be rescheduled when COVID-19 health guidelines permit a larger crowd in the residence hall. President Nowaczyk will instead provide some welcoming remarks at that time, and student volunteers will accompany visitors in small groups to tour public areas of the first floor of Brownsville Hall and the "showroom" student room.

At 11 a.m., walking tours to showcase new additions on campus will begin in the upper lobby of the Lane University Center. The Bobcat Volleyball Team will play Fairmont State University at noon in the Cordts Main Arena. The kickoff to the football game against Wheeling University will be at 2 p.m. in Bobcat Stadium; tickets are \$5 for adults and free for children 17 and younger and FSU students with FSU ID. You can purchase tickets in advance at <https://frostburgtix.universitytickets.com/w/?cid=170>.

Back by popular demand, the All Alumni Reunion will be held in Lane Manicur Hall from 5 to 8 p.m.; reservations are required. Contact [alumni@frostburg.edu](mailto:alumni@frostburg.edu) to reserve a space for your group. There will also be areas for class years ending in 1 and 6, a cash bar and appetizers. The cost is \$10 per person.

Saturday evening, the Bobcat soccer teams will take on Wheeling University at Bobcat Stadium. The men's game will begin at 6 p.m. followed by the women's game at 8 p.m.

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**Sunday** is the final day of the Homecoming events. An Alumni Association Board of Directors meeting will begin at 9:30 a.m. in the Atkinson Room (232) in the Lane University Center. All alumni are welcome to attend. At 11:30 a.m., the Alumni Awards Luncheon will be held in Lane Manicur Hall to celebrate the accomplishments of FSU alumni and friends; reservations are required. The cost is \$25 per person. A men's alumni basketball game starts at noon in the Cordts Main Arena. Lastly, SGA will hold a "Big Event" at noon to clean up the streets of Frostburg. Everyone is invited to meet in the Lane Center's lobby to participate.

For info, visit [www.frostburg.edu/homecoming](http://www.frostburg.edu/homecoming). For reservations, contact the Office of Alumni Relations at 301-687-4068 or [alumni@frostburg.edu](mailto:alumni@frostburg.edu).

To prevent the spread of coronavirus, the University is following CDC guidance based on current conditions in the area. Currently, FSU requires masks to be worn indoors when in the presence of others, regardless of vaccination status. Visitors to campus must visit [www.frostburg.edu/checkin](http://www.frostburg.edu/checkin) for symptom monitoring.

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## Help for Students

### Tutoring Information for Fall 2021 – Updated

Tutoring continues through **Friday, Dec. 10**. The hours of operation are **Monday through Thursday** from 10 a.m. to 9 p.m. and **Friday** from 10 a.m. to 4 p.m. Tutoring for math and natural sciences will be held in Pullen 139, and business, computer science and writing in Pullen 151. Appointments can be made via TutorTrac software at <https://tutortrac.frostburg.edu/TracWeb40/Default.html>. Walk-ins may be accommodated, but this is not guaranteed. Make appointments early because slots fill up fast.

#### Course Tutoring Offerings (one-to-one, appointment-based tutoring with masks required)

These are the only courses FSU tutors: BIOL 109/149/160/161/321, CHEM 100/150/201/202 (limited number of CHEM tutors), COSC 100/101/102 (still working on tutors for 240 and 241), DVMT 099/100, ECON 200/201/202, FREN 101, GEOG 103 (only one tutor available), MATH 104/109 (limited number of tutors available)/119/120/236/237, PHYS 261/262 (individual and group offerings), PHSC 203 (only one tutor available), PSYC 155 (working on getting this set up as a group offering) and writing. NetTutor staff may be able to help you with courses not on the list.

#### NetTutor

There is also free online tutoring for many courses. NetTutor offers 24/7 assistance. Follow instructions on the handout provided by the staff at the Tutoring Center in Pullen 151. Be sure to email Mark Smith at [msmith@frostburg.edu](mailto:msmith@frostburg.edu) to get access to the NetTutor link. Here is a sample course list: accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, sociology, student success and writing (48-72-hour turnaround).

### PAWS Pantry Fall 2021 Hours

The PAWS Pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during the first visit. During regular hours, students may come to the pantry and shop from a selection of non-perishable foods and hygiene products (when available).

Walk-up hours are **Monday** from 10 a.m. to 2:30 p.m. and **Thursday** from 1 to 6 p.m.

Schedule an appointment at <https://outlook.office365.com/owa/calendar/FSUPAWSPantry@frostburg.onmicrosoft.com/bookings>. Hours by appointment are **Wednesday** from 10 a.m. to 2:30 p.m., **Thursday** from 6 to 8 p.m. and **Friday** from 10 a.m. to 2:30 p.m.

A full-time AmeriCorps member, senior *Kat Reyes* serves as the PAWS Pantry coordinator.

PAWS Pantry is located in the Braddock House at 20 Braddock Road. For info, email [pawspantry@frostburg.edu](mailto:pawspantry@frostburg.edu).

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## Theatre

### Department of Theatre and Dance Presents 'Alice in Wonderland'



Zoie Collins will portray Alice in FSU's production of "Alice in Wonderland."

The Department of Theatre and Dance at FSU will kick off its 2021-2022 season with Lewis Carroll's timeless classic, "Alice in Wonderland," **Wednesday through Saturday, Oct. 13 to 16**, at 7:30 p.m., with a matinee performance on **Oct. 16** at 2 p.m. Performances will take place in the F. Perry Smith Studio Theatre of FSU's Woodward D. Pealer Performing Arts Center.

Adapted for the stage By Charlotte Chorpenning, Carroll's infamous story about dreams and reality, childhood and growing up, and everyone we meet along the way will transport you to a land that bends time, stretches space and asks you to believe impossible things. Directed by FSU faculty member *Shea-Mikal Green*, the production will focus on the darker themes in the story.

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At the beginning of the play, Alice, tumbling downward, enters a world beyond imagination or reason. Wonderland is a place where strangeness and muchness prevail and nothing is truly as it seems. When Alice leaves her childhood bedroom, she goes on an eerie adventure, meeting hatters and queens and creatures that appear and disappear as quickly as they came.

The show will feature performances by *Zoie Collins* (Alice), *Casey Allison*, *Kassidy Andris*, *Alyssa Bahner*, *Christopher Blackwell*, *Calaysia Hamilton*, *Grace LaCount*, *Andre Mason*, *Madilyn McManaway*, *Brian Records* and *Hayden Shoemaker-Davis*, with designs by *Danielle Preston* (costume designer), *Rebekah Reimer* (scenic and props designer) and *George Georgeson* (lighting and sound design). Leading the creative team are Green and *Dominique Little* (stage manager).

Tickets can be purchased online by visiting <https://frostburgtix.universitytickets.com>. Tickets are \$7 for students, \$12 for FSU employees and senior citizens, and \$15 for general admission.

The University is following CDC guidance based on current conditions in the area. Currently, FSU expects masks to be worn indoors when in the presence of others, regardless of vaccination status. Visitors to campus must visit [www.frostburg.edu/checkin](http://www.frostburg.edu/checkin) for symptom monitoring. Visit [www.frostburg.edu/COVID19](http://www.frostburg.edu/COVID19) for the most up-to-date guidance.

Performers will not wear masks while on stage and there will be a 12-foot distance between performers and audience members.

For info, call the Theatre and Dance box office at 301-687-7462, **Monday through Friday**, 9 a.m. to 12:30 p.m. and 1:30 to 3 p.m.

## Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. These events will also be livestreamed and free to view on YouTube; the link will be posted at [www.frostburg.edu/concerts](http://www.frostburg.edu/concerts). For info, contact FSU's Department of Music at 301-687-4109.

### Dr. Brent Weber Will Perform Faculty Artist Series Concert

FSU Department of Music will present saxophonist *Dr. Brent Weber* in a Faculty Artist Series concert on **Sunday, Oct. 17**, at 3 p.m. He will be accompanied by pianist *Dr. Joseph Yungen*.

Weber will perform "Sonate for Soprano Saxophone and Piano" by Jindřich Feld, "Lilith" by William Bolcom, "Sonata for Alto Sax and Piano" by Phil Woods, "Blue Caprice" by Victor Morosco and "Devil's Rag" by Jean Matitia.

Feld was a Czech composer who taught composition; he wrote more than 200 works. "Sonate for Soprano Saxophone and Piano" (1989-1990) was dedicated to classical saxophonist Eugene Rousseau and is in three movements: "Allegro ritmico," "Scherzo (Allegro vivo)" and "Allegro con fuoco." This work uses extended techniques such as multiphonics, quarter tones, key noises and slap tonguing without sounding a tone.

Lilith was a female demon, dating from ancient times, a child-stealing witch of worldwide folklore. Bolcom's five-movement virtuoso showpiece "Lilith" (1984) is among the most ambitious music written for alto saxophone. Now in print some years after composition, it has become a near-legendary challenge in classical saxophone circles. The five movements are "The Female Demon," "Succuba," "Will-o'-the-Wisp," "Child-Stealer" and "The Night Dance."

Woods' "classic" cross-over work, "Sonata for Alto Sax and Piano," is different, not because it incorporates jazz into a concert piece, but because it requires performers to take a creative as well as re-creative attitude in its preparation and performance, since improvisation is involved.

Morosco's "Blue Caprice" is 14 variations on the harmonic structure and form of the blues. It uses various styles of music from banjo picking to Baroque, Romantic, Kansas City blues, shuffle/hard swing, gospel in fourths, contemporary modern, "Hollywood," hard swing, syncopation and contemporary distortion of line through register change. The Free Rhythm section is meant to create the effect of analog recording tape being rewound at a high speed but still follows the harmonic structure of the blues. The Cadenza also follows the structure of the blues but can be played with more rhythmic freedom. Finally, there is a coda with a measure from the "Caprice en Forme de Valse" by Paul Bonneau.

Matitia wrote "The Devil's Rag" for saxophonists Federico Mondelici and Arno Bornkamp. Not much can be found about Matitia, since this is the alter ego of French composer and teacher Christian Lauba, who uses the alias mostly when composing in the jazz or ragtime styles.

### Department of Music Presents Vocal Studio Recitals

FSU's Vocal Studios will present a recital of art song, musical theatre selections, and opera and oratorio arias on **Monday, Oct. 18**, and **Tuesday, Oct. 19**. Both performances will take place at 7:30 p.m.

Performing will be music majors and minors from the vocal studios of *Gregory Scott Stuart* and *Francesca Aguado*; they will be accompanied by pianist *Dr. Joseph Yungen*. The recital features students of classical singing, as well as those with a musical theatre minor. The musical theatre selections include many well-known songs from the contemporary musical theatre repertory.

### FSU Chamber Singers, University Chorale and Troubadours Tenor-Bass Choir to Perform Fall Concert, 'All of Us'

FSU's Department of Music will present the FSU Chamber Singers, University Chorale and Troubadours Tenor-Bass Choir in "All of Us" on **Saturday, Oct. 23**, at 7:30 p.m.

Come revel in the joy of singing! A choral celebration of communal music-making, the concert will feature a wide spectrum of choral repertoire, a number of soloists and a lot of fun.

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## FSU's Percussion Ensemble Presents Fall Concert

FSU's Percussion Ensemble will present its fall concert on **Wednesday, Oct. 27**, at 7:30 p.m.

Directed by *Dr. Mackenzie Jacob LaMont*, the Percussion Ensemble consists of *Cian Cabodevilla, Deandre Cook, Jacob Deaver, Jacob Hunt, Kamonté Johnson, Joseph Louie, Jordan Nolan* and *Julia Seddon*.

The concert will feature "Caprice Diabolique" by Jared Spears, "One o'Clock Samba" by Lynn Glascock, "Parade" by Morton Gould, "Concerto for Drum Set and Percussion Ensemble" by John Beck, an arrangement of the second movement from "Symphony No. 9" by Antonín Dvořák and an arrangement of "Sabre Dance" by Aram Khachaturian.

Spears is a professor emeritus at Arkansas State University in Jonesboro. He has taught theory, history, composition, percussion and band at all educational levels. Since his retirement from ASU, he has maintained a schedule of composing and conducting. "Caprice Diabolique," whose title translates as "diabolic whim," exhibits modal melodies and ominous timbres beneath a thin layer of playfulness.

Glascock has received several awards for his compositions, which have been performed in the U.S. as well as internationally. His professional experience includes performances with the Dallas Symphony Orchestra, Fort Worth Symphony and Fresno Philharmonic. Glascock is an associate professor of music at the University of North Carolina at Chapel Hill. "One o'clock Samba," for percussion ensemble, was published in 1993.

Gould was an American composer, conductor, arranger and pianist who was able to seamlessly combine multiple musical genres and wildly disparate elements into formal classical structure while maintaining their distinctive elements. His music was commissioned by symphony orchestras all over the U.S. In 1995, Gould was awarded the Pulitzer Prize for Music for "Stringmusic" and in 2005, was honored with the Grammy Lifetime Achievement Award. "Parade," published in 1956, is an exciting march for three drummers.

Beck was a member of the Eastman School of Music faculty from 1959 to 2008 and continues as professor emeritus of percussion. His career as a performer and teacher includes posts as percussionist, timpanist and marimba soloist with the United States Marine Band; principal percussionist with the Rochester Philharmonic; and timpanist for the Rochester Philharmonic. "Concerto for Drum Set and Percussion Ensemble" was written in 1979.

Dvořák composed "Symphony No. 9," popularly known as the "New World Symphony," in 1893 while he was the director of the National Conservatory of Music of America. It has been said that America's "wide open spaces" inspired him to write the second movement of this piece. This version takes Clair Omar Musser's arrangement for marimba orchestra, adapts it for a percussion ensemble of eight and retains the original timpani part.

"Sabre Dance" is a movement in the final act of Khachaturian's ballet "Gayane" (1942), where the dancers display their skill with sabres. It is the composer's best-known and most recognizable work. This bombastic version contains the instructions to "use as many players as possible" and serves as a fantastic closing piece.

## CES to Present MSO in 'Transformations: Beethoven, Brown and Prokofiev'



**MSO Music Director Elizabeth Schulze**

CES at FSU will once again present the award-winning Maryland Symphony Orchestra in its fall concert, "Transformations: Beethoven, Brown and Prokofiev," on **Friday, Nov. 12**, at 7:30 p.m.

Conducted by Music Director Elizabeth Schulze, the concert will feature Sergei Prokofiev's "Classical Symphony," Ludwig van Beethoven's "Symphony No. 4" and a newly commissioned work, "Merging Pods," from composer Michael Brown.

In addition to the performance, MSO Executive Director Jonathan Parrish will lead a community discussion, "The Music Industry," that will provide current and future arts professionals with insight on how to achieve success in the professional arts world. Topics will include examination of the skills, work and rewards involved in arts management, and analysis of the nonprofit organization model. This free event will take place on **Wednesday, Oct. 27**, at 3 p.m. in Pealer Recital Hall. Registration through the University box office is required.

Concert tickets are \$35 for adults; \$31.50 for FSU faculty/staff, military and youth under 18; and free for FSU students. For info about both events, visit the CES website at [ces.frostburg.edu](https://ces.frostburg.edu) or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

This engagement is supported by grants from the FSU Foundation and the Community Trust Foundation's Iris and Peter Halmos Community Fund. CES is supported in part by the Maryland State Arts Council ([msac.org](https://msac.org)), the Allegany Arts Council and the City of Frostburg.

## Presentations

### FSU Hosting AAPT Appalachian Section Fall 2021 Meeting

FSU will host the fall meeting of the Appalachian Section of the American Association of Physics Teachers in person this year on **Friday, Oct 22**, and **Saturday, Oct. 23**. The organizing committee also plans to implement a virtual synchronous option for those who cannot attend. Email organizer Dr. Eric Moore at [ejmoore@frostburg.edu](mailto:ejmoore@frostburg.edu) if you would like to attend and/or contribute a talk to the meeting.

Keynote speaker Dr. Edward “Joe” Redish, a research professor and professor emeritus of the Department of Physics at the University of Maryland, will present “Using Math in Physics. What’s the Problem?”

More details, including the meeting agenda, will be coming soon. Updates can be found at <https://appalachian.aaptsections.org/fall-2021-meeting-announcement>.

## Dance

### CES/Office of Student Life to Host Free Public Event, ‘Salsa Magic: Latin American Dance Party’



**This event has been canceled but may be rescheduled.**

In observance of National Hispanic Heritage Month, CES at FSU and the Office of Student Life will present “Salsa Magic: Latin American Dance Party” on **Thursday, Oct. 21**, from 7 to 10 p.m. in Lane Manicur Hall. This event is free and open to the public.

Professional Latin dancers Lee “El Gringuito” Smith and Kat La Gata will lead participants in an energetic, interactive session to learn international styles of merengue, bachata and salsa. The evening includes a dance competition with the chance to win exciting prizes.

For info, visit the CES website at [ces.frostburg.edu](https://ces.frostburg.edu) or contact the CES box office at 1-866-849-9237 or 301-687-3137. The University box office, located in the Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

## Exhibits

### Roper Gallery Featuring ‘Broken Silence’ Exhibition by Francine Tint



“Luscious Skin” by Francine Tint

FSU’s Department of Visual Arts is hosting a show of paintings by New York-based artist Francine Tint, titled “Broken Silence,” through **Monday, Oct. 25**, at the Stephanie Ann Roper Gallery in FSU’s Fine Arts Building. This exhibition is free and open to the public.

Tint is presenting a suite of brightly colored abstract acrylic paintings in which her ties to the “New York School” are explored and reflected upon. At the same time, the artist is intent on pushing the language of contemporary lyric abstract painting. Tint has always pursued her own path in painting, even as she is devoted to a style belonging to recent painting history in New York.

In this show, which revolves around work made in the last two years, Tint establishes relations between one canvas and the next, not merely as a linear sequence, but as a group of individual works meant to capture her feelings. Her emotions connect in a deeper sense with past art as well as present efforts. Even when Tint is painting with a light hand, serious considerations are taken up in her art. Along with technical control, there is a spiritual nature to her painting.

Tint’s work has been exhibited in nearly 30 solo shows and nearly 50 group shows in the U.S. and Europe and is in the permanent collection of numerous museums, including the Academy Art Museum, Easton, Md.; Binghamton University Art Museum, Binghamton, N.Y.; Stanford University of Art, Stanford, Calif.; and University of Pennsylvania, Philadelphia, Pa. Her work is also in many private and corporate collections, including The National Arts Club, New York; Citibank, New York; Galerie des Arcades, Bern, Switzerland; and Mount Sinai Hospital, New York.

For this exhibit, the Roper Gallery is open **Monday through Friday** from noon to 4 p.m. For info, contact the Department of Visual Arts at 301-687-4797.

### New Exhibits at Ort Library



From left, the new exhibit celebrating students, the one showcasing businesses and the display of political memorabilia

The Lewis J. Ort Library has three new displays to check out. Two are located by the windows of the library entrance: a display celebrating 120 years of students and one showcasing businesses on Main

Street in Frostburg. There is also a new display of political memorabilia and posters from the Albert and Angela Feldstein Collection located on the fourth floor. They will be up until at least the end of the month.

## Points of Pride

### Office of Sponsored Programs Successes/News

On Aug. 18, project director **Tamara Lowry** (Student Support Services) was awarded \$396,320 by the U.S. Department of Education for the TRIO program, Student Support Services (FY2022). The program is designed to increase the retention and graduation rates of low-income, first-generation college students and students with disabilities who come primarily from rural Western Maryland and the inner cities and suburbs of Baltimore and Washington, D.C.

## FSU's Delanie Blubaugh Named Newman Civic Fellow



FSU student *Delanie Blubaugh*, of LaVale, Md., was recently named a Newman Civic Fellow, which recognizes and supports community-committed students. Blubaugh is a political science/law and society major, a member of the Student Government Association and editor-in-chief of the student newspaper, The Bottom Line.

Blubaugh also represented and advocated for the student body through her involvement with the University Voter Engagement Committee and the University of Maryland Civic Engagement Student Leadership Committee. She testified before the Maryland House of Delegates Ways and Means Committee in favor of the Student and Military Voter Empowerment Act. The act would require local boards of elections to consult with residential institutions, like universities and assisted living facilities, on polling place locations, as well as give students excused absences to vote on Election Day.

## FSU Professors, Student and Alums Working in 'Clue'



*Darrell Rushton*, a professor in FSU's Department of Theatre and Dance is directing "Clue" at the Cumberland Theatre.

*Ebony Gennes*, a theatre student, is working backstage. *Kimberli Rowley*, an alum, is appearing in the show, and theatre alum *Jennifer Clark* designed the costumes. *Gregory Scott Stuart*, a lecturer in FSU's Department of Music, is also appearing. He's making his debut at the theatre.

The play will run through **Sunday, Oct. 24**. Performances will take place at 8 p.m.

**Thursdays through Saturdays** and at 2 p.m. on **Sundays**.

The theatre is located at 101 Johnson St. For info, contact Rushton at [dsrushton@frostburg.edu](mailto:dsrushton@frostburg.edu) or visit [www.cumberlandtheatre.com](http://www.cumberlandtheatre.com).

## Take Note

### Be a Part of FSU's First Fall Unity Day!



The Office of Diversity, Equity and Inclusion will kick off Homecoming week by hosting FSU's first Fall Unity Day on **Monday, Oct. 11**, from 5:30 to 8 p.m. on the Upper Quad. Unity Day will begin the annual tradition of commemorating National Coming Out Day, Honor Brownsville Day, Indigenous People's Day and Latinx Heritage Month.

Co-sponsored by the Student Government Association, NAACP, Spectrum, Black Student Alliance and Latin American Student Organization, Fall Unity Day will celebrate diversity on campus with a number of games, music, a raffle and more.

## MCCR's Western Maryland Advisory Council Seeks Members

The Maryland Commission on Civil Rights (MCCR) is seeking volunteer members for its Western Maryland Advisory Council (WMAC). MCCR supports Maryland's laws against discrimination in employment, housing, public accommodations and state contracts; provides educational outreach related to provisions of this law; and promotes civil rights in Maryland. Members of WMAC assist with this mission by serving as regional points of contact on issues within the area to help to increase public awareness of services offered by MCCR, as well as protections under state law; WMAC members work together to build sustainable partnerships that serve to protect Maryland's most vulnerable populations.

If you would like to support this mission, complete the application for consideration at <https://mccr.events/WMACApp>. Visit <https://mccr.maryland.gov/Pages/default.aspx> for info on MCCR and follow WMAC on social media [@mccrwmac](https://twitter.com/mccrwmac). For questions, contact Dr. Kara Hunt, MCCR director of Education and Outreach, at [kara.hunt1@maryland.gov](mailto:kara.hunt1@maryland.gov), or Dr. Elesha L. Ruminski, professor of communication studies in FSU's Department of Communication and WMAC chair, at [elruminski@frostburg.edu](mailto:elruminski@frostburg.edu).

## Department of Communication to Host Career Day

FSU's Department of Communication will hold a Career Day on **Friday, Oct. 15**, at noon in Gira Center 333. The event will be moderated by **Dr. Elesha L. Ruminski**, a professor in the department. The following alumnae will participate – some virtually and some in person:

*Olivia Balogun '19*, Communication Studies Alum, National Institutes of Health, Bethesda, Md.

*Melai Boozer '20*, Mass Communication Alum, Boston University, Master of Science: Film and Television

*Sidney Beeman '19*, Mass Communication Alum, Wake Forest University, Winston-Salem, N.C., Master of Fine Arts: Documentary Film

*Molly Browning '20*, Mass Communication Alum, Molly B. Film and Photo, LLC, Garrett County, Md.

*Ly-Anh McCoy '15*, Mass Communication Alum, Internal Corporate Communications Content and Campaign Manager, McCormick & Company, Baltimore

For info, contact Ruminski at [elruminski@frostburg.edu](mailto:elruminski@frostburg.edu).

## Sponsor-A-Family: Thanksgiving Baskets

Through the Annual Sponsor-a-Family program, organizations and individuals on campus can help a local family in need by donating a Thanksgiving meal in a basket.

All baskets will be delivered to families on **Monday, Nov. 22**. Students, faculty, staff, organizations and offices on campus are encouraged to participate.

If your office or organization is interested in sponsoring a family for the Thanksgiving holiday, email [CivicEngagement@frostburg.edu](mailto:CivicEngagement@frostburg.edu) to receive an information packet and details on how to sign up.

For info, contact the Office of Civic Engagement at 301-687-4210.

## Theatre and Dance Holds Costume Sale

### Get ready for Halloween!

The costume shop of FSU's Department of Theatre and Dance will host a costume sale **Wednesday, Oct. 20, through Friday, Oct. 22**, from 10 a.m. to 8 p.m. in the F. Perry Smith Studio Theatre of the Performing Arts Center.

Hundreds of items, including vintage clothing, character pieces, group dance costumes, children's clothes, shoes, bags and hats are available. The cost of items ranges from \$1 to \$5. Everything must go!

Only cash or check will be accepted.

For info, contact the Department of Theatre and Dance at 301-687-4145.

## Virtual Career and Internship Fair Coming Up Oct. 20



On **Wednesday, Oct. 20**, FSU will host its Career and Internship Fair virtually from 11 a.m. to 2 p.m. through Handshake. Attend a group or one-on-one sessions with one of the 40+ employers that are looking for FSU students. Click on any of the emails sent to your FSU student email account from Handshake or go to <https://frostburg.joinhandshake.com> to register and join the fair.

For info, call 301-687-4403, email [careerservices@frostburg.edu](mailto:careerservices@frostburg.edu) or stop by the Career and Professional Development Center in Pullen 110.

## Phi Kappa Phi Hosting Fundraiser for Children's Literature Centre

FSU's Phi Kappa Phi chapter will host a Spirit Night at Chick-fil-A in LaVale on **Wednesday, Oct. 13**, from 5 to 7 p.m., with proceeds to benefit the Children's Literature Centre. Patrons should mention Spirit Night to the cashier or add Spirit Night in the guest instructions if ordering through the Chick-fil-A app. Come out and support PKP's fall service project fundraiser for a great cause!

For info, contact Dr. Linda Steele at [lsteale@frostburg.edu](mailto:lsteale@frostburg.edu).

## Brady Health Offering Flu Vaccine

Brady Health is administering the quadrivalent vaccine again this year. The vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is \$25. Payment can be made by cash or check.

You must be over 18 years of age.

Be sure to wear short sleeves.

## FSU-TV3

### New Episodes to Watch on FSU-TV3



FROSTBURG STATE UNIVERSITY

"Get Healthy With Holly" airs **Tuesdays and Thursdays** at 1 p.m. Holly Kouvo is a personal trainer and nutrition specialist, and in her shows she talks about various health and fitness topics to teach people how to have a healthy lifestyle. She also demonstrates simple and healthy recipes to try at home.

On **Tuesdays and Fridays** tune in to "Capital Jazzfest" at 6 p.m. for jazz performances during the festivals held in Jefferson City, Mo.

## Deadlines

### Attention Teacher Education Candidates!

Online applications for entrance to the program, Internship I and Internship II for the spring 2022 semester are to be submitted on or before **Friday, Oct. 15**.

For info, email [jjdelaney@frostburg.edu](mailto:jjdelaney@frostburg.edu).

## UCM

For info, contact the Rev. Dr. Cindy Zirlott at [c.zirlott@frostburg.edu](mailto:c.zirlott@frostburg.edu).

### Weekly UCM Events

**Mondays**, United in Christ Bible Fellowship, 7:30 p.m. (doors open), Lane 108. Bible study starts at 7:45 pm.

**Wednesdays**, 100 Percent Triumph Bible Study and Prayer, 7:30 p.m., Lane 108. This is a perfect mid-week study break.

#### Thursdays

Meditation Meet-Up, 12:15 to 1 p.m., Pullen 105. The group is learning and practicing five methods of meditation that are part of the Christian faith tradition. The last one is this week; the day will change next time.

Ladies of Faith Bible Study, 6 to 7 p.m., Gira Center 156. This is face to face and on Zoom. Join the Zoom meeting at <https://bwcumc.zoom.us/j/99352402279>; Meeting ID: 993 5240 2279; One tap mobile +13017158592,,99352402279# US (Washington DC).

100 Percent Triumph Study Hall, 7:30 to 10 p.m., Frampton 328. Need prayer over an assignment or just motivation by studying with others? Come to study hall!

**Saturdays**, Men's Basketball Fellowship, Practice Gym.

**Sundays**, Dance Ministry, 6:30 to 7:30 p.m., Cook Chapel (basement of Frost Hall on Upper Quad). Wear comfortable, loose clothes for a Psalms Body Prayer Warm-up exercise and practice for the ministry to area churches. Feel free to bring ideas or songs you have done in your home churches.

### Upcoming Events

Fundraiser During Homecoming for Nucleus Nation Concert, **Saturday, Oct. 16**, UCM booth in the tailgate area. There will be carnival-type games (\$1 per game) to win prizes and a bake sale. Baked items will vary.

Nucleus Nation Free Praise Concert, **Saturday, Oct. 23**, 7:30 p.m. (doors open), Lane Manicur Hall. The concert starts at 8 p.m.

Trip to the National Museum of the American Indian in Washington, D.C, **Saturday Nov. 6**, 7:30 a.m. (bus leaves campus). The bus trip costs \$10 for students and \$15 for faculty and staff. (Sorry, no children are allowed.) Tickets are available through the box office and online. Tickets will go on sale **Monday, Oct 18**. Seats are limited. If assistance is needed with the cost, contact Chaplain Cindy. This trip will start the UCM awareness campaign this semester on Missing and Murdered Native American Girls and Women – Human Trafficking. This trip includes transportation to the District, a tour of the museum, free lunch, speaker about the social justice topic, call to action opportunity and dinner. The bus will leave the District at 5:30 p.m.

TGIFF (Thank God It Is Fun Friday), **Friday, Oct. 22**, 7:30 p.m. This month it's dinner and a movie. The movie will be announced later. Sign-up is required for dinner but not for the movie. There will be a sign-up table for the dinner **Tuesday, Oct. 19, through Thursday, Oct. 21**, in Lane Center. A discussion will follow the film.

## Study Abroad

### Start Planning Your Study Abroad Experience for Fall 2022!



#### Study Abroad Information Sessions

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session takes place at 3:30 p.m. on the following **Fridays** throughout the semester: **Oct. 15 and 29, Nov. 19 and Dec. 3**.

Email Victoria Gearhart at [vmgearhart@frostburg.edu](mailto:vmgearhart@frostburg.edu) to sign up for the session of your choice.

#### Study Abroad Fair

The Center for International Education will host a Study Abroad Fair on **Wednesday, Oct. 20**, and **Thursday, Oct. 21**. The full schedule of events will be posted to the Study Abroad webpage by **Friday, Oct. 15**. Program providers, partner institutions and FSU departments will hold virtual presentations to provide information on study abroad.

For info, contact the center at 301-687-4714 or email [vmgearhart@frostburg.edu](mailto:vmgearhart@frostburg.edu).

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## Study Abroad Trip to Puerto Rico, May 23-29, 2022

*Dr. Greg Wood*, professor and chair, FSU's Department of History, will lead a study abroad trip to Puerto Rico **Monday, May 23, through Sunday, May 29, 2022.**

For info, contact Wood at [gwood@frostburg.edu](mailto:gwood@frostburg.edu).

## Costa Rica – Pura Vida Trip, Summer 2022



Explore ecotourism principles in the context of a country that is considered to be the ecotourism capital of the world. This study abroad experience is integrated as the experiential component of RECR 448 Principles of Ecotourism during summer session 2022. The dates of travel are **Thursday, May 26, through Friday, June 3, 2022.** The trip is open to any FSU student.

Students will engage in hands-on experiences as they board canal boats, kayaks, rafts and zip-lines to get an up-close and personal look at the ever-changing landscapes and unparalleled animal and plant life. The trip includes visits to five national parks in Costa Rica.

For info, contact the faculty trip leader, *Dr. Natalia Buta*, an associate professor in FSU's Department of Kinesiology and Recreation, at [nbuta@frostburg.edu](mailto:nbuta@frostburg.edu) or 301-687-4458, or visit <https://www.frostburg.edu/student-life/campus-services/center-for-international-ed/study-abroad/student-abroad-programs.php>.

## Community

### Music at Penn Alps Will Host Violinist Jonathan Carney



Music at Penn Alps will present violinist Jonathan Carney on **Saturday, Oct. 23**, at 7 p.m. at the Spruce Forest Great Hall in Grantsville. He will be accompanied by pianist Ryo Yanagitani. Everyone is requested to wear a mask.

Tickets are available for \$20 at the door, in the gift shop at Penn Alps Restaurant or online at <https://www.musicatpennalps.org/tickets>. Persons 19 and younger are admitted free.

For info, visit <https://MusicAtPennAlps.org> or contact Joe McDaniel, president of Music at Penn Alps, at 301-895-5801.

## Health and Safety Messages

### Stay Safe When Hailing a Ride



Request the ride inside and wait there until the driver arrives.

Verify the ride by matching the license plate and make and model of the vehicle.

Ask the driver to confirm your name and confirm their name before getting in the vehicle.

If possible, ride in the back seat, behind the driver.

Share your trip details with family or friends by clicking the “share trip” button within the app.

Follow your intuition. If anything goes wrong, you can call 911 from the rideshare app itself.

You can also download two personal safety apps:

**SafeTrek:** A button on the app works as a trigger when you press and hold it down if you feel in danger. Police are notified and will come to your location. Release it when you feel that the danger has passed and use a four-digit PIN to verify.

**bSafe:** This app uses location tracking to keep a group of your contacts updated about your whereabouts. They can track you via a map on their end. There is a large red SOS button to notify them of danger.

Many smartphones have their own built-in emergency response features. Use them!

For info, visit <https://www.collegiateparent.com/safety/campus-safety-tips>.

## Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Care for Others

<https://www.mentalhealth.org.uk/publications/how-to-mental-health>

Tell Yourself Tuesday Tip: Life Hacks

<https://www.lifehack.org/articles/communication/15-things-tell-yourself-today-live-better.html>

Wacky Wednesday Tip: What's Your Love Language?

<https://www.5lovelanguages.com/quizzes/love-language>

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Thankful Thursday Tip: 50 Ways to Say Thank You

<https://www.youtube.com/watch?v=YGkAaTvYiNM>

Fun Friday Tip: Bored and Broke?

<https://www.elitedaily.com/life/fall-things-to-do-college-friends-bored-broke/2042819>

Social Saturday Tip: Morning Meditation

<https://www.youtube.com/watch?v=Q2ySOyy-xw0>

Self-Love Sunday Tip: What Is It?

<https://www.bbrfoundation.org/blog/self-love-and-what-it-means>

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## **VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023**

### **CORE VALUES**

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

### **OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023**

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

### **STRATEGIC GOALS**

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).