



For and about FSU people

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Copy deadline: noon Wednesday, Candis Johnson at [cvjohnson@frostburg.edu](mailto:cvjohnson@frostburg.edu)

For all events, FSU is following CDC guidance based on current area conditions. For current health and safety guidelines, visit [www.frostburg.edu/COVID19](http://www.frostburg.edu/COVID19).

## Three FSU Employees Honored With Staff Awards for Excellence

FSU recently honored *Latisha Cooper*, *Misty Schurg* and *Tonya Miller* with Staff Awards for Excellence. The annual Staff Awards for Excellence recognize exceptional service to the institution. Recipients are nominated and chosen by their colleagues.

Cooper, director of Student Accessibility Services, was this year's recipient in the Exempt (salaried) Employee category. This award is given to a staff member who works diligently with students to not only help them with their study skills and time management, but also actively seeks out resources for them when what is offered doesn't suit their schedule or needs. As the institution was going through personnel changes and restructuring in Academic Support Services, she was the sole remaining support advisor for students and the department.

The award in the Nonexempt Employee category was given to Schurg, administrative assistant II in the Student and Community Involvement Office. This award is given to someone who approaches all of their work with positivity, organization and attention to detail. Schurg supports multiple areas, including the Office of Civic Engagement, Student Engagement and the Lane Center. She is also a part of the \$900,000+ ASTAR grant and ECHOSTARS program.

The recipient of the award in the Nonexempt Employee/Facilities/Maintenance category was Miller, housekeeping supervisor I in the Physical Plant Department. The awardee exhibits natural leadership qualities in all aspects of her work and continually strives for the best results. Her housekeeping responsibilities include the Gira Center, Lane University Center, Frampton Hall, Gunter Hall and the Performing Arts Center.

This year marks the 25th year the Staff Awards for Excellence have been presented.

Award recipients are given a plaque, a certificate commemorating their dedication and a monetary award. Staff Awards for Excellence are funded by the FSU Foundation's Annual Fund Campaign.

For info, contact the FSU Office of Human Resources at 301-687-4105.

## FSU Gives President's Distinguished Faculty Award to Dr. David Puthoff

*Dr. David Puthoff*, a professor in FSU's Department of Biology, was recently selected as the 10th recipient of the President's Distinguished Faculty Award.

This award recognizes a faculty member who has provided exceptional service to the University and has advanced its mission, goals and strategic planning initiatives. The recipient of this year's Distinguished Faculty Award is a model of innovative practices in the teaching of biological sciences that have resulted in transformative experiences for students.

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“His undergraduate students have discovered a new virus, contributed to a nationally recognized virus database, identified and mapped a new gene involved in cancer, co-authored a peer-reviewed publication, designed and carried out their own scientific study and experimentation and presented their work at regional and national conferences,” said President Ronald Nowaczyk. “His innovative energy and dedication to teaching make him an excellent choice for this award.”

## Jennifer Delaney Given FSU President’s Distinguished Staff Award

This year’s President’s Distinguished Staff Award was given to *Jennifer Delaney*, a program specialist in FSU’s College of Education. She is the fifth recipient of this award.

This award recognizes a staff member who has provided exceptional service to the University and has helped to advance its mission, goals and priorities. FSU awards the President’s Distinguished Staff Award in recognition of the countless ways that staff support Frostburg’s excellence.

“In her role with the Office of Unit Assessment, she monitors all candidates and reviews them for meeting entrance requirements and benchmarks,” said FSU President Ronald Nowaczyk. “She worked tirelessly preparing accreditation reports going well beyond the expectations of her position. Leading up to our preliminary CAEP review this spring and the submission of the full report this summer, she took a leadership role in organizing large amounts of assessment data and presented it in a well-organized system – allowing the department to be well-prepared for this essential function.”

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All faculty and staff  
are cordially invited to the

**President’s Holiday Reception**

**Tuesday, Dec. 20**

2 to 4 p.m., Alice R. Manicur Assembly Hall  
Lane University Center

**The FSU Chamber Singers**, directed by  
**Dr. Scott Rieker**, will perform at 2 p.m.

**“Most Outlandish” Holiday Sweater Contest**  
The Office of Human Resources will be looking  
for the “most outlandish” holiday sweater.  
The winner will be announced **Wednesday, Dec. 21**.

**Toys for Happiness**  
The Office of Civic Engagement’s AmeriCorps program  
will collect unwrapped toys for local children in need.

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## FSU to Celebrate Student Achievements at Commencement Ceremony



FSU will celebrate the student achievements of its fall 2022 graduating class at the 161st Commencement Ceremony at 9:30 a.m. in a ceremony on **Wednesday, Dec. 21**, in the Cordts PE Center Main Arena.

University System of Maryland Regent Hugh Breslin will confer degrees, and *President Ronald Nowaczyk* will present diplomas to the class.

This year’s commencement speakers are *Jenna Griffith Newlin*, from the College of Business; *Marie (Summer) Sabatino*, from the College of Education; and *Brian Records*, from the College of Liberal Arts and Sciences.

Griffith, of Oakland, will graduate with a bachelor’s degree in accounting and a minor in business administration. She has been involved in numerous campus activities, including serving as vice president of the Residence Hall Association, president and marketing chair for the College of Business Accounting Association, vice president of Beta Gamma Sigma International Business Honor Society and chapter operations chair and chancellor for Delta Sigma Pi. She has completed three internships at AccountingTasks4U, The Rhodeheaver Group, P.C., and First United Bank and Trust.

Sabatino, of Hampstead, will graduate with a double major in early childhood/elementary education and psychology. In addition to her outstanding GPA, she serves as president of the Frostburg Association for Educators of Young Children, developing a strong program of professional development in collaboration with her fellow officers. She is also involved in the Alpha Sigma Alpha Greek organization on campus. She completed internships in kindergarten and first grade at South Penn Elementary in Cumberland, as well as served as a kindergarten long-term substitute.

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Records, of Cumberland, will graduate with a bachelor's degree in theatre with a focus on acting and a minor in musical theatre. Records made the Dean's List every semester throughout his FSU career. He has been involved in various plays at Frostburg, performing in "Seven Keys to Baldpate," "Alice in Wonderland," "It's a Wonderful Life: A Live Radio Play," "The 25th Annual Putnam County Spelling Bee," "Social Media Massacre," "Silent Sky" and "Spring Awakening." Records also voluntarily served as the technical director and assistant director at Braddock Middle School for the past five years for the "Braddock on Broadway" theatre program. He served as the assistant fight director during the Cumberland Theatre's production of "August: Osage County" as well as the fight captain for "The Outsiders."

Tickets are required to attend Commencement.

For info, visit [www.frostburg.edu/events/commencement](http://www.frostburg.edu/events/commencement). The ceremony will also be streamed live online. For the livestream link, visit [www.frostburg.edu](http://www.frostburg.edu) on the day of the commencement.

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## Help for Students

### Tutoring Information for Fall 2022

Tutoring will be held through **Tuesday, Dec. 13**. Days and hours of operation are **Mondays through Thursdays** from 10 a.m. to 7 p.m. and **Fridays** from 10 a.m. to 2 p.m. Math and natural sciences tutoring will be held in Pullen 139, and business, computer science and writing tutoring will take place in Pullen 151.

For info and instructions, contact the FSU Tutoring Center at 301-687-3077 or 301-687-4066, email [msmith@frostburg.edu](mailto:msmith@frostburg.edu) or [jlewis@frostburg.edu](mailto:jlewis@frostburg.edu) or visit <http://www.frostburg.edu/admin/provost/academic-success-network/tutor/?forceAbsoluteURLs=false&skipGA=false>.

#### Appointment-Based/In-person Tutoring Courses

Students use TutorTrac to make appointments.

Courses include ACCT 211/212, Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 109/149/160/321/322, CHEM 201/202, COSC 100/101/102/130/240/241, DVMT 095/099, ECON 201/202, EXSS 200/315, GEOG 103/104, ITEC 315/345, MATH 104/109/119/120/236/237, PHYS 215/216/261/262/263 and Writing.

#### NetTutor (Online Tutoring)

For classes not listed under appointment-based, email [msmith@frostburg.edu](mailto:msmith@frostburg.edu).

This 24/7, third-party, online tutoring platform is accessible via Canvas. Students must send an email to [msmith@frostburg.edu](mailto:msmith@frostburg.edu) to gain access. Information about NetTutor is posted outside of Pullen 151.

#### Walk-In/Group Tutoring

Walk in, sign in and get assistance: BIOL 321 – **Fridays**, noon to 2:50 p.m., Compton 326; CHEM 201 – **Wednesdays**, 6 p.m., Compton 328; CHEM 202 – **Wednesdays**, 5 p.m., Compton 328; CHEM 311/321 (organic), **Thursdays**, 7 to 8 p.m., Compton 358; CHEM 455 (biochemistry), **Tuesdays**, 7 to 8 p.m., Compton 358; PHYS 215/216/261/262/263 – **Mondays and Wednesdays**, 2 to 3 p.m., Compton 236, **Wednesdays**, noon to 1 p.m., Compton 236, and **Tuesdays and Thursdays**, noon to 1 p.m., Compton 234; PSYC 155 and 201 – **Thursdays**, 3 to 4 p.m., Guild 120, and **Fridays**, 3 to 4 p.m., Guild 121.

### PAWS Pantry Hours

FSU's PAWS Pantry provides food and basic necessities to FSU students at no cost. The pantry aims to decrease the impact that food insecurity has on the academic success of students through hunger alleviation and increased education in the areas of personal budgeting, nutrition and wellness.

Hours for the fall semester are **Mondays** from 1 to 7 p.m., **Wednesdays** from 1 to 5:30 p.m., **Thursdays** from 11:30 a.m. to 3 p.m. (by appointment only) and **Fridays** from 1 to 5:30 p.m. If the pantry's regular hours do not work for you, email [pawspantry@frostburg.edu](mailto:pawspantry@frostburg.edu) to set up an appointment.

The pantry recently updated its Intake and Liability Waiver form at <https://bit.ly/3PPmVeg>. All customers (new and returning) will need to complete this form before using the pantry.

Have you been exposed to COVID and/or are symptomatic? Email [PAWSPantry@frostburg.edu](mailto:PAWSPantry@frostburg.edu) to request a delivery, and a pantry representative will be in touch to coordinate a delivery day and time with you. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

### National Suicide Hotline

If you or someone you know is in distress, you can reach the National Suicide Hotline by dialing 9988 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800-273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.

For info, visit <https://988lifeline.org/faq> and <https://www.frostburg.edu/about-frostburg/Administrative-Offices/university-police/index.php>.

## Theatre and Dance

### Mountain Maryland Theatre Festival

#### Fourth FSU Theatre Experience for Grades 8 to 12



The Department of Theatre and Dance at FSU will host the Fourth Annual Mountain Maryland Theatre Festival on **Friday, Jan. 20, 2023**, and **Saturday, Jan. 21**, in FSU's Pealer Performing Arts Center.

This year's theme – "YOUR VOICE HERE!" – focuses on the individual power and spirit of the human voice through singing, speaking, movement, creativity, thinking and art. The weekend features exciting engagements for young artists in acting, design and technology, and stage management. There will be professional workshops in all areas, including a radio event with 91.9 WFWM radio; one-act and scene presentations; a Tech Olympics challenge; adjudication opportunities in acting, stage management, and design and technology; a keynote experience; an awards ceremony; and a karaoke dance party.

The Mountain Maryland Theatre Festival promotes and supports regional performing arts programs by creating development and networking opportunities for young artists and their teachers. MMTF is open to kids in grades 8 to 12. In 2022, artists from 11 regional schools attended the festival.

For a glimpse into last year's festival, go to <https://www.frostburg.edu/profile/f22/mmtf.php> to enjoy the feature article from Profile Magazine, "A Flair for the Dramatic" by *Ty DeMartino*.

The cost of the festival is \$40. Meals and refreshments on Friday and Saturday, a festival t-shirt and other fun items will be provided for registrants.

For info, contact the Department of Theatre and Dance at 301-687-4145 or [theatreanddance@frostburg.edu](mailto:theatreanddance@frostburg.edu).

For online registration, visit [www.frostburg.edu/TheatreDance](http://www.frostburg.edu/TheatreDance) and click on "Mountain Maryland Theatre Festival."

The Mountain Maryland Theatre Festival is made possible due to generous support from the FSU Foundation Woodward and Virginia Pealer Endowment Fund and the Allegany Arts Council.

## Exhibits

### Roper Gallery Features Fall 2022 Senior Exhibition, 'Immersion'



From left, FSU art and design students **Mohammed Aldawsari**, **Amaya Hatcher**, **Carol Lusk**, **Shawna Hawkins** and **Draven Kidwell**

FSU's Department of Visual Arts is hosting the fall 2022 Senior Exhibition, "Immersion," at the Stephanie Ann Roper Gallery in FSU's Fine Arts Building. through **Wednesday, Dec. 21**. This event is free and open to the public.

The following art and design students are exhibiting their artwork:

**Mohammed Aldawsari** is an international student from Saudi Arabia. He will graduate from FSU with a bachelor's in art and design with a focus in graphic design, a secondary focus in ceramics and a minor in fine art. After graduation, he plans to open his own ceramic studio and work as a graphic designer.

**Amaya Hatcher** is graduating with a bachelor's in art and design with focus areas in illustration and graphic design, as well as minors in art history and theatre. After graduating, she plans to find work and continue to improve her portfolio and promote herself as an individual.

**Shawna Hawkins** will graduate from FSU with a bachelor's in art and design with a focus in painting, a secondary focus in ceramics and a minor in art history. After graduation, she plans to continue her education and earn her master's in art therapy.

**Draven Kidwell** is graduating from FSU with a bachelor's in art and design with a concentration in photography and a minor in art history. After graduation, he plans to pursue a career as a professional photographer doing commercial and freelance work.

**Carol Lusk** is a transfer student from Allegany College of Maryland where she graduated summa cum laude with an associate degree in secondary education. Lusk will graduate from FSU with a bachelor's in art and design, a concentration in painting and printing, and a minor in art history. After graduation, she plans to teach, illustrate, write children's books and continue to build her portfolio for gallery shows.

For this show, the Roper Gallery is open **Mondays through Fridays** from 11 a.m. to 5 p.m.

For info, contact the Department of Visual Arts at 301-687-4797.

### 'My Body, No Choice' Interactive Response Piece



At the culmination of the performance of "My Body No Choice," some participants and audience members created an interactive response piece, pictured here. This piece is now temporarily housed in the lobby of the Fine Arts Building, where it will continue to evolve. Feel free to stop by to view the piece and/or to contribute your thoughts on the overturning of Roe v. Wade, and encourage interested students to do the same.

For info, contact Dr. Angie Luvara at [alluvara@frostburg.edu](mailto:alluvara@frostburg.edu).

## Points of Pride

### Dr. Joan Serafin Receives 2022 Transform Mid-Atlantic Global Citizenship Award

*Dr. Joan Serafin*, a professor in FSU's Department of Political Science, is the winner of the 2022 Global Citizenship Award, in recognition of her commitment to and scholarship of developing globally engaged curricula and opportunities for students at FSU to understand their place and purpose in the greater world, and in turn raising the profile of FSU as a leading institution in the global education field.

The Global Citizenship Award recognizes one outstanding campus-community partnership that produces measurable impact in student participants and the community. Consideration is given to those who have demonstrated sustainability, reciprocity and mutual collaboration.

Located in Frederick, Md., Transform Mid-Atlantic is a nonprofit association of more than 37 institutions of higher education in Maryland, Washington, D.C., and Delaware. Recognizing distinguished faculty, administrators, students and campus-community partnerships, the awards highlight achievements in service-learning, civic leadership and community engagement that enhance student learning and positively impact communities.

An awards ceremony for winners, their invited guests and campus representatives will take place on **Tuesday, Dec. 13**, from 4 to 6 p.m. on the campus of Hood College in Frederick, Md. TMA's awards program takes place annually, with nominations accepted in the spring and winners announced in the fall.

For info about the awards and to read about previous winners, visit [www.transformmidatlantic.org/awards](http://www.transformmidatlantic.org/awards). Following the December ceremony, a program detailing the full accomplishments of this year's awards will be published.

### USMH Celebrates Funds Raised for Scholarships

The University System of Maryland at Hagerstown held its annual Elizabethtowne Feaste and Frolic gala on Dec. 2. at USMH's Hospitality Center on W. Washington St.

The event raised more than \$43,000 for scholarships through donations from local businesses, foundations and community members. The Feaste and Frolic is just one of the many fundraising events USMH holds each year to benefit students and ease the financial burden of higher education.

For the 2022-2023 academic year, a total of 17 students were awarded scholarships in the amount of \$3,000 each.

Dr. Joann Boughman, USM's senior vice chancellor for Academic and Student Affairs and USMH board member, was also recognized at the event for her years of service, dedication and support of USM and USMH.

### Office of Sponsored Programs Successes/News

On Oct. 17, project director *Jodi Broadwater*, interim director, Small Business Development Center, Cumberland, was awarded \$102,620 by the University of Maryland, College Park, Maryland SBDC Lead Center for FY2023. SBDC provides outreach, review and assistance in business plan and financial proposal preparation, marketing strategies, procurement-related certifications and strategic planning based on the client's stage in the business life cycle.

On Sept. 1, project director *Stacy Wassell*, director, Remote Work Center, Small Business Development Center, was awarded \$143,500 in Rural Maryland Prosperity Investment Funds by the Rural Maryland Council for the project, Remote Work Center and Center for Product Design and Manufacturing.

For info, see the Office of Sponsored Program's Successes/News webpage at <https://www.frostburg.edu/osp/Successes%20News.php>.

## Take Note

### End-of-Semester Library Hours

The Ort Library will offer additional hours of operation to support the academic community in closing out the fall semester. Online resources at <https://www.frostburg.edu/library/services/research%20services.php> remain accessible 24/7. For questions about services, hours or operations, check out Frequently Asked Questions at <https://frostburg.libanswers.com>, send an email to [libref@frostburg.edu](mailto:libref@frostburg.edu) or call the Library Services main desk at 301-687-4395. You can also chat with a librarian at <https://bit.ly/3ul2FZM> or schedule a research consultation at <https://outlook.office365.com/owa/calendar/ResearchConsultation@frostburg.onmicrosoft.com/bookings> to help with final assignments.

#### End of Semester Hours: Fall 2022

**Monday, Dec. 12, through Thursday, Dec. 15**, 7:30 a.m. to 2 a.m.

**Friday, Dec. 16**, 7:30 a.m. to 6 p.m.

**Saturday, Dec. 17**, 10 a.m. to 6 p.m.

**Sunday, Dec. 18**, 1 p.m. to 2 a.m.

**Monday, Dec. 19**, 7:30 a.m. to 2 a.m.

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**Tuesday, Dec. 20,** 7:30 a.m. to 6 p.m.

**Wednesday, Dec. 21, through Thursday, Dec. 22,** 9 a.m. to 5 p.m.

The library will close for winter recess on **Friday, Dec. 23,** and remain closed **through Monday, Jan. 2, 2023.** The library will reopen on **Tuesday, Jan. 3,** with a limited operational schedule during Intersession.

## ‘Brains and Brews’



Stop by for “Brains and Brews” on **Thursday, Dec. 15,** at 7 p.m. at The Deep End’s presentation room, 16 W. Main St. **Dr. Travis English,** chair of FSU’s Department of Visual Arts and an associate professor in that department, will describe the pros and cons of digital art, or NFTs. Next, **Dr. Jodi Welsh,** a professor in the Department of Educational Professions, will present the heated perspectives pertaining to different methods for teaching reading in schools.

The speakers will talk about their scholarly endeavors and creative works for 15 minutes, then take questions afterward. Developed by the College of Liberal Arts and Sciences, “Brains and Brews” was created to enable FSU faculty, staff and students to share their projects and ideas with campus colleagues and area residents.

## Professional Achievements

The latest edition of Professional Achievements has been published online at <https://www.frostburg.edu/news/professional-achievements.php>.

## FSU Foundation Scholarships

### Online Scholarship Selection Process

Blackbaud Award Management (Academic Works) will be used for awarding FSU Foundation scholarships and awards for the 2023-2024 academic year. The system was launched on Nov. 15, two months earlier than last year.

Volunteers are needed to serve on the Institutional Scholarship Review Committee. If interested, contact Mariah Brodbeck, Financial Aid counselor in the Financial Aid Office, at 301-687-4301 or [mlbrodbeck@frostburg.edu](mailto:mlbrodbeck@frostburg.edu). Department scholarship committees that need it can receive training and support for learning the scholarship review process using Academic Works by contacting Brodbeck. Also, department chairs should send the list of people serving on their committee to Brodbeck no later than **Friday, Dec. 16.**

All institution and department scholarship applications must be submitted through Blackbaud Award Management (Academic Works) unless previous arrangements have already been made. Students eligible for any scholarship award should be directed to complete the online application process at <https://frostburg.academicworks.com>. Students will need to sign in with the same username and password they use in the PAWS system.

Students will continue to receive announcements through email, social media and other forms of communication to encourage applications. **Anyone over the minimum 2.5 GPA requirement should apply.**

The Financial Aid Office has provided the following deadlines:

**Tuesday, Jan. 3, 2023,** at 11:59 pm – Deadline for students to complete the first round of online applications.

**Friday, Jan. 20** – Deadline for online review of applicants by scholarship selection committee(s) and ranking sheets returned to the Financial Aid Office.

**Wednesday, Feb. 1** – System reopens for second round of applications

**Tuesday, Feb. 28,** at 11:59 pm – Deadline for students to complete second round of online applications. Note students who completed the application by **Jan. 3** do not need to resubmit unless they have updated information.

**Friday, March 17** – Deadline for online review of applicants by scholarship selection committee(s) and ranking sheets returned to the Financial Aid Office. Any scholarships that were not awarded during the first round or didn’t have at least five eligible recipients for the ranking sheets should be reviewed again at this time.

**Monday, March 27** – System reopens for final round of applications. Ongoing awarding will occur for all remaining scholarship dollars.

Should your department need assistance in meeting these deadlines or if your department is unable to devote the time necessary to complete this process in a timely manner, contact Brodbeck.

Recipients will be verified by Financial Aid, and the FSU Foundation will make notifications to recipients as soon as possible after the **Jan. 20** and **March 17** deadlines. Recipients will be asked to accept the awards by **Feb. 28** or **Monday, May 1.** Acceptances for new students will require a deposit.

Financial Aid will distribute the funds to as many eligible students as possible. The actual award provided to a given recipient will be communicated to departments by the FSU Foundation. Final selection will be confirmed by Financial Aid and announced only by the Foundation, as funding may not be available or the ranked student may be ineligible for reasons unknown to the department. Therefore, faculty/staff should not promise any student a scholarship or a specific amount of an award until formal notification is received from the Foundation.

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The Foundation Board of Directors adopted a policy that Foundation funds shall not be used to exceed the actual cost of attendance when combined with other scholarship and/or grant monies.

For info, contact Janelle Moffett at 301-687-4493 or Lynn Ketterman at 301-687-4090.

## Toys for Happiness Collection

The Office of Civic Engagement and the ASTAR AmeriCorps program are collecting unwrapped new toys between now and **Tuesday, Dec. 20**, to donate to Toys for Happiness. Toys can be dropped off at the Office of Civic Engagement in Lane 234 and the CLAS Dean's Office in Compton 241 any day during regular business hours or brought to the President's Holiday Reception on **Dec. 20** from 2 to 4 p.m. in Lane Manicur Hall.

## Proposals for CTE's Regional Conference

Instructors can submit proposals through **Monday, Dec. 12**, for FSU's Center for Teaching Excellence's 12th Annual Regional Conference on Teaching, Learning and Scholarship.

Information on presenting at the conference can be found at <https://www.canva.com/design/DAFR8mw2NYQ/R1sQKDrnOiLS1pnYIt02iA/view?website=#1>.

The conference website link is <https://cteregionalconference.my.canva.site>.

## Intersession Registration



Students! Make the most of winter break with Intersession!

Intersession 2023 will be held **Tuesday, Jan. 3, 2023, through Monday, Jan. 23**. Register **through Wednesday, Jan. 4**.

This is a great option for students who want to get caught up without increasing their spring course load, athletes who need to

maintain eligibility or any student who wants to start a path to early graduation.

For info and to register, visit [www.frostburg.edu/intersession](http://www.frostburg.edu/intersession).

## Catch Snowflakes This Winter, Not the Flu!



The Brady Health Center is still offering the quadrivalent vaccine. This vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is \$25. Students can pay by cash, check or Bobcat Express, or the bursar can bill the student's PAWS account.

Faculty and staff can pay by cash or check.

You must be over 18 years of age. Don't forget to wear short sleeves!

## Announcements About Weather-Related Closings and Delays

Here's how to find out if FSU will be closed, have a delayed opening or close early on bad weather days. **The following applies to in-person classes and activities and on-campus employees only, and for the FSU campus only.** See the note below for teleworkers and online classes.

If the campus is closed:

In-person classes are canceled.

In-person employees and hybrid teleworkers who are scheduled to be on campus the day of the closure should not report to work.

Essential personnel are required to report to work at their scheduled time.

If a delay is announced:

In-person classes scheduled before the announced opening time are cancelled. Classes after that time occur as scheduled.

In-person employees and hybrid teleworkers scheduled to be on campus that day should begin their shifts at the announced opening time.

Essential personnel are required to report to work at their scheduled time.

If an early closure is announced:

In-person classes scheduled after the announced closure time are cancelled. Classes before that time occur as scheduled.

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In-person employees and hybrid teleworkers scheduled to be on campus that day should end their shifts at the announced closure time.

Essential personnel are required to remain at work until their scheduled time.

Teleworkers/online classes:

Fully online classes will continue regardless of campus status.

Teleworkers, whether regular or hybrid, who are scheduled that day to work remotely will follow their regular schedule. (Those who do not work must use accrued leave time.)

Payroll/personnel information:

**Essential personnel are required to report to work in the event of any cancellation or delay.** These individuals have been notified of their “essential” status by their department heads. If you are unsure of your status, check with your supervisor.

Personnel compensation for closures or delays (in-person only) will be based on the appropriate cancellation/delay message as presented on the FSU voicemail system.

The most reliable information regarding delayed openings and cancellations will be from FSU-controlled outlets (email, Burg Alerts, University voicemail, website). Notification of delays or closures will be made through these outlets:

Burg Alert (<https://www.frostburg.edu/information-technology/Services/burg-alerts.php>) text and email alerts. More information is below.

Campus email.

Main University number (301-687-4000, option 2) after 6 a.m.

The top of the main page of the FSU website ([www.frostburg.edu](http://www.frostburg.edu)).

Local radio stations.

Twitter ([twitter.com/frostburgstate](https://twitter.com/frostburgstate)).

The FSU Facebook page ([www.facebook.com/frostburgstateuniversity](https://www.facebook.com/frostburgstateuniversity)).

Everyone with an FSU email is automatically signed up for Burg Alerts **to that email**. Burg Alerts, in addition to weather notifications, alert the campus in an emergency.

You may also opt to have alerts sent as text messages to your cell phones (standard texting rates apply) and to other email addresses. To sign up, click <https://www.frostburg.edu/computing/fsualert> or click the Emergency link at the bottom of the FSU front page. Follow the instructions, using your FSU username and password to access the site. You have the option of having alerts sent to two cell numbers and six email addresses. (You may add your family members, or they may create their own accounts at the link above.) **Make sure to follow the validation steps to activate your choices.**

If you spend any time in the Frostburg area, it is highly recommended that you sign up for the text alerts to ensure you are notified of emergencies or weather-related schedule changes.

**Unless FSU closure is announced on the outlets above, we are open. The final decision regarding your safety resides with you.** If, in your judgment, it is not safe for you to come to work while the University is still open, you must contact your supervisor and provide this information. In the event that liberal leave is announced for employees, it is expected that everyone will make an effort to report to work. Employees who take liberal leave will be charged for the appropriate leave time. **The announcement of liberal leave does not cancel classes, nor does it relieve essential employees of their need to report to work during inclement weather.**

Here are some ways you can check on conditions if you have to travel:

FSU campus weather cam on Weather Bug: <https://www.weatherbug.com/weather-camera/frostburg-md-21532> (Other regional cams can be found here, too.)

Maryland DOT statewide cams: <https://chart.maryland.gov/trafficcameras/index.php#>

I-68 Exit 33 cam: <https://chart.maryland.gov/video/video.php?feed=7200276f018000a8005dd336c4235c0a>

**Do not call University Police or the computer help desk for weather-related announcements.**

**Do check your FSU email, call the University switchboard at 301-687-4000, option 2, or check the FSU website at [www.frostburg.edu](http://www.frostburg.edu).**

### **Local Radio/TV Stations**

The following local radio/television stations will be notified in the event of a closing or delay:

WFRB “Froggy” – 105.3 FM

WFRB “Willie” – 560 AM/106.7 FM

WKHJ – 104.5 FM Oakland

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WTBO – 1450 AM/97.9 FM

WCBC – 1270 AM/107.1 FM

WWHQ – 92.3 FM Oakland

WRQE “Rocky” – 106.1 FM

WMSG – 1050 AM Oakland

WVMD – The Wolf (100.1/99.9 FM)

WDYK – Magic (100.5 FM)

WQZK – 94.1 FM Keyser

WDZN – 99.5 FM

TV: WDVM-TV Hagerstown

WTAJ-TV Altoona

**Note: If there are mixed messages in the media (one station says we’re open, another says we’re closed), call the University number (301-687-4000, option 2) for clarification. That number will always be the final authority in case of confusion from other sources.**

## Jobs

### Upward Bound Summer 2023 Residential Program Employment Opportunities

The Upward Bound Program at FSU is seeking tutor/counselors and a head resident (bachelor’s degree required – May 2023 graduation acceptable) for the Upward Bound Summer Program 2023.

Upward Bound is a federally funded program for qualified Allegany County high school students who plan to enroll in college. Upward Bound provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in their precollege performance and ultimately in their higher education pursuits.

Duties include:

Tutoring and mentoring high school students

Creating a welcoming residential and learning environment

Planning fun and engaging activities and events and chaperoning field trips

Assisting students with social growth

The head resident supervises all residential staff and is responsible for all activities that occur outside of the classroom.

Benefits include:

Room and board for the duration of the program (three to five weeks plus training week)

Supervisory experience

Working with academic professionals

Improving problem-solving and conflict-resolution skills

To learn more about the Upward Bound Program at FSU, visit [www.frostburg.edu/upward-bound](http://www.frostburg.edu/upward-bound). For info, call Cassie Weese, assistant director, Upward Bound, at 301-687-4994 or email [upwardbound@frostburg.edu](mailto:upwardbound@frostburg.edu).

## Community

### Mountainside Baroque Presents ‘Festival of Lessons and Carols’



Mountainside Baroque’s will present its annual “Festival of Lessons and Carols” on **Sunday, Dec. 18**, at 5 p.m. at the historic Emmanuel Episcopal Parish at 16 Washington St. in Cumberland. This event is free and open to the public. A free-will offering will be received.

The Scholars of St. Cecilia, Mountainside Baroque’s resident chamber choir, has rung in the Christmas season since 2013 with a celebration that encompasses six centuries of Christmas music, including traditional carols, along with readings by local clergy and officials.

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This year, special additional music will be included: Marc-Antoine Charpentier's "Nativitatem Domini Canticum," a charming depiction of the Christmas story, along with instrumental nœls for Baroque flutes, harpsichord, theorbo and viola da gamba.

For info, visit [www.mountainsidebaroque.org](http://www.mountainsidebaroque.org) or call 301-338-2940.

## Health and Safety Messages

### Before You Leave for Winter Break ...



Lock your door. Also, close your windows. If you have a car on campus that you aren't driving home, be sure it's locked and appropriately parked.

Leave your bed stripped and let everything air out.

Take out the trash.

Save a little energy. Unplug coffee makers, curling irons, etc. Do not unplug or turn off your refrigerator. Remove items that might spoil over the break.

Still using an alarm clock? Be sure to turn it off before you leave.

Pick up packages. If you shop online after Thanksgiving, direct packages to your holiday destination.

Also, sometimes there are emergencies that require campus adults to contact you while you're away. If you get a call from campus, be sure to answer.

### Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Defeating Depression

<https://www.healthline.com/health/depression/how-to-fight-depression>

Tell Yourself Tuesday Tip: Ten Tips for Improving Your Self-Esteem

<https://au.reachout.com/articles/10-tips-for-improving-your-self-esteem>

Wacky Wednesday Tip: Forty-Four DIY Creative Craft Activities to Do When You're Bored

<https://www.purewow.com/home/crafts-for-adults>

Thankful Thursday Tip: Ninety-Seven Ways to Show Someone You Genuinely Appreciate Them

<https://parade.com/1208701/kaitlin-vogel/how-to-show-appreciation>

Fun Friday Tip: Forty Fun Things to Do for Free With Friends

<https://www.clevergirlfinance.com/blog/fun-things-to-do-for-free-with-friends>

Social Saturday Tip: Fifty Ways to Take a Break

<https://www.odvn.org/wp-content/uploads/2020/05/50-ways-to-take-a-break-printable.pdf>

Self-Love Sunday Tip: Self-Care Activities for College Students

<https://www.collegegirlsmarts.com/self-care-activities-college-students>

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#### VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

##### CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

##### OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

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The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

### **STRATEGIC GOALS**

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).