

The
Frostburg
State
University
Magazine

profile

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CHILL

Creating Healthy, Informed, Lasting Lifestyles

profile

Vol. 24 No. 2 Spring 2012

Profile is published for alumni, parents, friends, faculty and staff of Frostburg State University.

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From the President

This past year has been an incredibly challenging but insightful time for higher education in general, and Frostburg State University specifically. As some of you may know, FSU has endured several heartbreaking losses. In August, FSU football player Derek Sheely, a senior history and political science major, died from an injury a week after he collapsed during practice. Just a few months later, Kortneigh McCoy, a sophomore physics major and resident assistant,



President Gibraltar and Mayor Flanigan sign the historic agreement between FSU and the City of Frostburg.

was killed outside an off-campus party. During winter break, FSU junior Robert Norr, a former member of our swim team who was majoring in health and physical education and recreation and parks management, died in a kayaking accident.

There were many things we asked ourselves as we sought to work our way through these

tragedies. Perhaps the most important question was how we would find new sources of strength and healing in the days ahead. It was a question with many answers that demonstrate how resilient we are, as a community and as a Bobcat family.

- FSU, in partnership with the Derek Sheely Foundation, established a new merit scholarship, the Derek Thomson Sheely Leadership Award, the recipient of which will, through community service, help raise awareness and research of concussions and traumatic brain injuries, with a focus on youth sports.
- Within days of Kortneigh's death, the simple yet powerful Facebook status update, "I believe in Frostburg," began appearing on the profiles of students, alumni, parents, friends, faculty, staff and other supporters, as well as on our University's Facebook Page. The hashtag #IbelieveinFrostburg surfaced on Twitter. We also received phone calls and email messages from Bobcats near and far who realized we needed them.

- To celebrate Robert's life and his accomplishments, his parents, family, friends, professors and classmates are raising funds for the Bob Norr Memorial Scholarship.

Expanding and reaffirming our community partnerships has been crucial to how we're beginning to move forward. FSU faculty, staff and students organized a series of community dialogues, bringing us together with our neighbors and local business owners to find common ground and reaffirm our connections to one another. The University signed a historic agreement with the City of Frostburg designed to improve public safety through shared jurisdiction in the neighborhoods immediately surrounding the campus. Through funding from FSU, the City of Frostburg will be able to boost its police staffing and salaries, as well as support other City safety measures. These conversations are very important in how members of our community can better work together to support safety, civility and positive change.

Knowing how to strengthen our emotional reserves through positive change is connected to a bigger effort to focus on health and wellness at Frostburg, part of the educational experience we provide students. Creating Healthy, Informed, Lasting Lifestyles (CHILL), our student wellness initiative, has been the centerpiece for this shift in our institutional culture, helping our students learn more about nutrition, exercise and stress management, through a variety of campus programs and activities.

Discovering new ways to take care of ourselves and our community is all about being resilient, something that is deeply connected to Frostburg's history, and to how FSU will continue to grow and thrive in the years ahead with your support and involvement.

Thank you for believing in Frostburg.

Sincerely,

A handwritten signature in black ink, appearing to read "Jonathan C. Gibraltar".

Dr. Jonathan C. Gibraltar, President



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For four years, the CHILL program has been doing just what its acronym promises: Creating Healthy, Informed, Lasting Lifestyles through wellness programs for students and advocating for a healthier, saner environment for everyone associated with FSU. But it also uncovered a surprising and disturbing trend in the health of young people in the United States.



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Administrator Emerita **Dr. Alice R. Manicur**, who led FSU's student affairs office for most of her 47 years of service, was inducted into the Maryland Women's Hall of Fame for her years of service to FSU's students and her leadership in developing ground-breaking programs that became models across the nation.



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Jim Crawley took the helm of the Bobcat football team under difficult circumstances and in a time of upheaval uncertainty. But it was "Gentleman Jim's" leadership and "kind toughness" that built a team and inspired his players to honor him with an endowment to support the football program.



ARE WE ON TARGET?

FSU is working with a research firm this spring to help us find out if we're on target in the marketplace of higher education. Randomly selected alumni and friends of Frostburg will be surveyed by e-mail as a key part of the process. You could help FSU greatly by participating if asked. Thank you for helping FSU grow and improve!

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FSU's Middle States Accreditation Reaffirmed With Commendation

The **Middle States Commission on Higher Education** has reaffirmed Frostburg State University's institutional accreditation and offered a commendation to the University for the quality of its Periodic Review process and report.

Reaffirmation of FSU's accreditation means that the University – including at all of its off-campus instructional sites – continues to meet the requirements put in place by the Commission on Higher Education in its Characteristics of Excellence.

"After having personally served as a Middle States commissioner for the past six years, I am keenly aware of the attention to detail with which the committee reviews all college and university periodic review reports," said President Gibraltar. "It is truly commendable to receive feedback that reaffirms our accreditation and commends us for the way our process engages the entire University community. This is something we all should take pride in."

As a regional accreditor, the Middle States Commission examines the entire institution, including its educational programs and curricula, student achievement, faculty, facilities and equipment, student support services, recruiting and admissions practices, financial condition, administrative effectiveness, governing boards and several other aspects.

In addition to Middle States accreditation, numerous individual programs at FSU are also accredited by targeted agencies, including the National Council for Accreditation of Teacher Education for College of Education programs and AACSB International (Association to Advance Collegiate Schools of Business) for College of Business programs.

FSU's next reaccreditation evaluation is due in 2016.

CCNE Accredits FSU Nursing Program

FSU's rapidly growing **Bachelor of Science in Nursing** program has achieved accreditation from the Commission on Collegiate Nursing Education, an essential step in the development of the young program.

"I am so pleased that the online R.N. to B.S.N. program has been fully accredited by CCNE. This is a true indicator of the quality of this program and the rigor that it contains," said President Gibraltar. "In today's world of technology and online education, it is critically important to maintain the very highest of quality so that our B.S.N. graduates are fully prepared when they graduate to advance in their careers."

FSU's B.S.N. is a completion program designed for licensed registered nurses who wish to earn a bachelor's degree. The program is presented entirely online, except for required clinical hours, which can be completed in sites near students' homes. It prepares its graduates to assume roles in leadership, complex clinical care coordination and public and community health, and provides the academic foundation for graduate study. It can be completed in as

little as 18 months, depending on prerequisite courses.

"Our program fills an important gap for working professionals who have little time in their very busy lives. They can earn their B.S.N. from anywhere in the country through this program, while still having real-time interaction with faculty," Gibraltar said. FSU graduated its first nursing students in May 2011; the CCNE site visit in April ensured that all of those students hold a degree from an accredited program, a requirement of graduate programs in nursing, according to Heather Gable, chair of the FSU Department of Nursing and coordinator of the program.

As of the fall 2011 semester, 32 students were enrolled in the program that first received approval in 2008.

For accreditation with CCNE, schools must demonstrate that their mission and govern-

nance, institutional commitment and resources, curriculum and teaching-learning practices, and program effectiveness meet the standards set by CCNE (One Dupont Circle NW, Suite 530, Washington, D.C. 20036, 202-887-6791).

CCNE accreditation will allow FSU to pursue its next goal of developing and seeking approval for a Master of Science in Nursing program, also anticipated to be an online program. Its focus will be on preparing faculty members for collegiate nursing programs, a field experiencing regional and national shortages, according to Dr. Joseph Hoffman, dean of the FSU College of Liberal Arts and Sciences.

For information, visit www.frostburg.edu/nursing.

G.I. Jobs Names Frostburg State a "Military Friendly School"

G.I. Jobs, a magazine for military personnel transitioning into civilian life, named FSU to its 2012 Military Friendly Schools list, which honors the nation's top 20 percent of colleges, universities and trade schools that are doing the most to embrace

America's military service members and veterans as students.

"I have enormous respect for the men and women who serve our country in our armed forces," said President Gibraltar. "They put their life on the line for all of us. We owe it to them to be a military friendly school, and I am proud we have been recognized."

The Military Friendly Schools list also features individual student veterans from the various schools on the site to learn more about personal school decisions and the transition from the military to an academic environment. FSU's featured veteran is **Christopher L. Kelbaugh '11**, a biology major and geography minor, a former member of the President's Leadership Circle and a Marine veteran who served for more than four years as an infantry mortarman, including tours in Afghanistan and Iraq.

The 2012 list of Military Friendly Schools was compiled through extensive research and a data-driven survey of more than 8,000 schools nationwide. Methodology, criteria and weighting for the list were developed with the assistance of an Academic Advisory Board, consisting of educators from schools across the country.

View the list at www.militaryfriendlyschools.com. ■



FSU and City of Frostburg Forge Historic Agreement to Improve Public Safety

FSU and the City of Frostburg have established a historic, two-pronged approach to improve public safety: FSU and Frostburg will share jurisdiction in the neighborhoods immediately surrounding the campus, and FSU will provide funding to allow the City of Frostburg to boost its police staffing and salaries and support other City safety measures.

President Gibraltar and City of Frostburg Mayor Robert Flanigan, along with key staff members, began meeting following the death of an FSU student in early November 2011. Their work targeted the twin challenges of the limited number of City police officers available for patrol work and the City's budget limitations in funding adequate numbers of police officers. The two-pronged approach offered by FSU is designed to ease those challenges.

First, the FSU Police Department, with its force of 17 fully trained and Maryland-certified officers, will have joint jurisdiction in a defined area in the neighborhoods immediately adjacent to the campus. By adding the FSU police officers during their regular shifts, the City will have a dramatically increased capacity to respond to calls and enforce laws and codes. Frostburg police will still have responsibility for the most serious cases, but will be able to call on the FSU police for assistance in investigating these crimes.

Since July 2001, the City and FSU police departments had a mutual aid agreement that allowed each department to call on the other for assistance without delay, a program that has greatly enhanced the cooperation between the two law enforcement agencies. This

expands that collaboration to allow FSU police to patrol those designated neighborhoods without first being requested by the City police.

For the second piece of the new approach, FSU will provide \$200,000 each fiscal year for the City to invest in a variety of safety enhancing measures. Among the most significant are to hire and train two new officers to bring the City's force to 17 Maryland-certified officers. The City will also be able to enhance

"First and foremost, our motivation is the safety of all the residents of this community."

— President Gibraltar

the salaries of its current officers, reducing the dramatic disparity between pay for Frostburg's officers and those of other agencies, a situation that had resulted in a near-constant drain of officers – those the City had paid to train – to other agencies.

The City will also be able to use those funds to assist other agencies that share responsibility for the safety of the people in and around

The agreement between FSU and the City was unveiled at a Frostburg City Council meeting on Feb. 16. From left are FSU Police Chief Cynthia Smith, Frostburg Police Chief Royce Douthy, Allegany County Sheriff Craig Robertson, President Gibraltar, Frostburg Mayor Robert Flanigan and Stephen Spahr, FSU chief of staff and vice president for Economic Development and Government Relations.

the University. Technology investments in the Allegany County Sheriff's Department will increase that agency's capacity to support other agencies, in particular in collecting intelligence on illegal activities related to drug and alcohol abuse. The funds will also provide additional support to the Frostburg Volunteer Fire Department beyond the University's annual contribution, to the Frostburg Area Ambulance Service and to the Shaft Volunteer Fire Department, which is the second company automatically dispatched to calls on campus.

Dr. William E. Kirwan, chancellor for the University System of Maryland, of which FSU is a part, praised the agreement. "Frostburg State University is the anchor university behind the University System of Maryland's investment in the students and citizens of Western Maryland. I am pleased to see the continued spirit of partnership between FSU and leaders in the City of Frostburg in working to ensure the safety of the Frostburg State community and the area's year-round residents."

This unique two-track approach has been developed as a result of the close and personal involvement of both Gibraltar and Flanigan. They emphasized their close working relationship and willingness to consider new ideas and alternatives for this historic agreement.

"As a former City police officer and commissioner of Public Safety, I can honestly say that as we worked on this agreement, I experienced a real and equal partnership between our City and our University," Flanigan said. "This agreement is the result of us seeking new solutions with Dr. Gibraltar, our chiefs of police, our sheriff, Craig Robertson, and our talented staff and legal counsels."

Gibraltar agreed. "First and foremost, our motivation is the safety of all the residents of this community, both those who live in the neighborhood year round and those who call the community home when the University is in session," Gibraltar said. "While no measures can prevent every tragedy, this increased collaboration should only serve to enhance our common goals." ■

FSU to Collaborate Locally on “Pathways to Success”

FSU has received a \$40,000 College Preparation Intervention Program award from the Maryland Higher Education Commission to provide information to second semester high school juniors and next fall’s seniors about the range of career options available through post-secondary education and prepare them to take college-level courses. This “Pathways to Success” Project will be done in collaboration with the Allegany County Board of Education and Allegany College of Maryland.

Participating students will have the opportunity to attend enrichment activities at FSU, including the Western Maryland Science and Engineering Festival, a College of Liberal Arts and Sciences Undergraduate Research Symposium and the FSU Undergraduate Majors Fair. A team of FSU faculty will conduct classroom and laboratory demonstrations at FSU to increase awareness of STEM career options.

“Unfortunately, high school students are often unaware of the rich array of STEM careers available to them. This program will help address this issue,” said Dr. Joseph Hoffman, dean of FSU’s College of Liberal Arts and Sciences.

Additionally, a panel of FSU freshmen and staff members will visit the four Allegany county public high schools this spring and next fall to discuss career options as well as the resources needed to complete college admission and financial aid processes.



Field trips to regional areas of interest will be a feature of the Society for Economic Botany meeting.

FSU Addresses College Cost Through Associate Degree Award

Graduates of Maryland community colleges may now be able to attend FSU at a significant discount, following the establishment of the FSU Associate Degree Scholars Award.

The award is available to students who graduated from any Maryland community college, as well as Potomac State College of West Virginia University, with an Associate of Arts, Associate of Science or Associate of Arts in Teaching degree with a cumulative 3.0 grade point average. Certain Associate of Applied Science degrees may qualify as well.

The award is worth \$1,250 per semester and will be awarded for a total of four semesters if the student enrolls full-time and maintains a 3.0 GPA.

“We know that community college graduates tend to be highly motivated to complete their bachelor’s degree and even go on to graduate school,” said President Gibraltar. “This scholars program removes one of the obstacles during difficult economic times by assisting with tuition.”

“Community college graduates are some of our best students. Their success here, in and out of the classroom, is truly outstanding,” said Wray Blair, associate vice president for Enrollment Management. “We are all experiencing a challenging economy, and this award should make it easier for these students to complete their degree from FSU and minimize the amount of student loan debt that they will incur.”

The aim of the award is to bring the tuition costs for a student’s final two years of a bachelor’s degree closer to that of a community college. Depending on whether the student is out-of-state, lives in a neighboring out-of-state county or is in-state, the award could represent a discount of between 16 and 47 percent over FSU’s 2011-2012 tuition.

For information, contact the Office of Admissions at 301.687.4201. ■

Society for Economic Botany to Meet in Frostburg

FSU’s ethnobotany program will be in the spotlight this June when the Society for Economic Botany (SEB) holds its annual meeting in Frostburg June 3 to 7. The event, co-sponsored by Allegany College of Maryland, and with a theme of Ethnobotany of Mountain Cultures, will feature a wide range of experiences, including symposium sessions, workshops and field trips as well as entertainment, food celebrating Appalachian food traditions and a farmer’s market.

SEB brings together scholars, researchers, educators, practitioners, activists and students to learn all kinds of uses that various cultures have made of plants, from medicines to food to vessels. FSU’s academic ethnobotany program and the collaborative Appalachian Center for Ethnobotanical Studies, which is housed at FSU, approach the themes of SEB from a variety of angles (*see related story, page 22*), making Frostburg a perfect location for the organization’s 53rd annual meeting.

The symposium conference, with sessions Monday through Thursday at FSU and Allegany College, will explore various mountain cultures, including their medicine, food and folklore. The symposium topics include Appalachian Ethnobotany, Ethnobiology Education, Mountain Cultures Around the World and Modern Mountain Cultural Identities. Registration is available for the entire conference symposium or for individual single days, and many events are free and open to the public.

Other events include field trips to regional areas of interest related to economic botany; a student-led service project and photography workshop; an evening farmers market in FSU’s Upper Quad; music, storytelling and dancing; and a photography exhibit.

For information, visit www.frostburg.edu/aces/seb2012 or email seb@frostburg.edu. ■



Construction Under Way on FSU Sustainable Energy Research Facility

FSU’s Sustainable Energy Research Facility, a completely off-grid green building and generating its own electricity from solar and wind power, is nearing completion in the Allegany Business Center at FSU, the business park situated at the south end of the FSU campus.

“SERF will provide a platform for researchers to make inroads on the national issue of energy independence with the development of sustainable sources of energy,” said President Gibraltar. “I am thrilled to see this building taking shape.”

The construction, equipping and staffing of SERF have been supported by two grants from the U.S. Department of Energy totaling nearly \$1.6 million, obtained with the assistance of U.S. Rep. Roscoe Bartlett (R-Md.), the representative to Maryland’s 6th District. Dr. Oguz Soysal and Hilkat Soysal from the

Department of Physics and Engineering initiated this project as co-directors of the FSU Renewable Energy Center.

SERF will accommodate the FSU Renewable Energy Center for extended research, education and community outreach programs on renewable energy applications developed by FSU faculty and their project partners. Using solar thermal collectors and geothermal energy for heating, cooling and air conditioning, the facility will serve as an example of an energy-efficient, sustainable building for individuals such as homeowners, farmers or entrepreneurs interested in harvesting renewable energy sources or seeking energy security in Western Maryland or similar geographic locations.

To learn more, visit www.frostburg.edu/renewable. ■



The First Steps

Construction has begun in anticipation of the demolition of Tawes Hall to make way for the new Center for Communications and Information Technology (CCIT). The first step is building a new stairway and ramps between Tawes and the Performing Arts Center, since the ones on the other side of Tawes will be removed for the new building. CCIT, scheduled for completion in 2014, will house the Mass Communication, Computer Science and Mathematics departments; the graphic design program; the studios for WFWM, FSU’s public radio station, and FSU-TV3, its cable television station; and the planetarium.

More information is available at www.frostburg.edu/ccit. ■

E2: Energy to Educate Grant Supports STEM, SERF

Thanks to an E2: Energy to Educate Grant from Constellation Energy, FSU will be able to expand its focus on renewable energy and provide educational outreach to students and community members interested in the knowledge and application of science, technology, engineering and math (STEM).

Working with the FSU Foundation, Dr. Oguz Soysal and Hilkat Soysal from the Department of Physics and Engineering, co-directors of the FSU Renewable Energy Center, applied for an E2: Energy to Educate Grant to secure funding for the development of a building energy monitoring and management system. The system will be used in FSU’s much-anticipated Sustainable Energy Research Facility (SERF).

“With the addition of a building energy monitoring and management system, K-12 and college students in Western Maryland and community members interested in renewable energy will be able to watch the performance of solar PV, wind, solar thermal and geothermal energy supply systems installed in SERF,” Oguz Soysal said.

“The project will also provide hands-on learning opportunities for the examination of electrical and thermal energy storage in a sustainable smart building through experiential learning, on-site presentations and web-based interface,” said Hilkat Soysal.

FSU received one of 14 E2: Energy to Educate grants awarded to support hands-on demonstration projects that enhance student understanding of the science and technology needed to address energy issues. Funding for the program comes from the Constellation Energy Foundation. The E2 grant program targets projects that advance energy innovation and build on student knowledge and application of STEM subjects. To qualify, projects had to reach a minimum of 100 students and be in an area where Constellation Energy does business.

“Through these projects, students will explore innovative ways to promote the necessary transition to a more secure, efficient and low-emissions energy system, while learning math and science skills that will help them compete in the global marketplace. This program also serves as an extension of our efforts to strengthen our communities and economy by investing in the people and technologies that will create the energy infrastructure of the future,” said Mayo A. Shattuck, III, chairman, president and chief executive officer of Constellation Energy. ■



Courtesy of the Governor's Office from Maryland

Dr. Alice Manicur

Manicur Inducted Into Maryland Women's Hall of Fame

By Amy Barkman '12

Administrator Emerita **Dr. Alice R. Manicur**, who led FSU's student affairs office for most of her 47 years of service, was inducted into the Maryland Women's Hall of Fame during a March 7 ceremony at the Miller Senate Office Building in Annapolis.

"Alice Manicur is an accomplished professional, a selfless individual, a tireless advocate of the 'product' in education – students – and she is a spirited example of the extraordinary accomplishments performed by women," said **Colleen Peterson**, former vice president for University Advancement at FSU who nominated her long-time colleague for the honor. "Her understated and always professional demeanor served as the perfect example for the countless individuals, both men and women, who have been nurtured by her during the past five decades."

Manicur's tenure included numerous programs that were considered ground-breaking and have served as models for hundreds of institutions of higher education across the nation. Among them are the Summer Planning Conference, developed in the 1960s, a drug education and abuse prevention program and her advocacy of strong student

involvement in the community, which led to the development of the AmeriCorps program at FSU, one of the first institutions to receive federal support. Manicur, whose titles over the years included dean of students and vice president for Student and Educational Services, also began programs for residence halls, academic advising and career counseling. She established FSU's honors convocation to highlight the academic accomplishments of students and developed the now-required Higher Education 101 course for freshmen. The Cultural Events Series also has her advocacy to thank for its many years of operation.

She was the first woman president of NASPA (Student Affairs Administrators in Higher Education), and that national organization honored her by renaming their symposium for women the Alice Manicur Symposium for Women in 1996 and giving her the NASPA Pillar of the Profession award in 1999. In 2000, the Lane University Center's multi-use room was named the Alice R. Manicur Assembly Hall in honor of her then-40 years of service to Frostburg's students.

President Emerita **Catherine R. Gira**, who was inducted into the Hall of Fame herself in 1997, wrote in a letter of support, "Alice Manicur has probably had more influence on the development of Frostburg State University than any other single individual. Fine presidents and senior academic officers have come and gone and left their marks on the institution, but none has been more visionary and responsive in developing programs to meet the needs of students. She remains a paradigm of the caring professional. To those of us who are her colleagues, she is a veritable icon."

The Maryland Women's Hall of Fame also honors **Lillian C. Compton**, who was president of Frostburg State Teachers College from 1945 to 1954 and is credited with leading the fight with the local community to keep the college open when the General Assembly tried to shut it down, and **Dr. Alta Schrock**, who taught biology at Frostburg from 1960 to 1977 and was noted for her extensive efforts to promote mountain culture and heritage.

The Maryland Women's Hall of Fame honors Maryland women who have made unique and lasting contributions to the economic, political, cultural and social life of the state and who serve as models of achievement for future female leaders. For information and to view biographies of these Frostburg leaders, visit www.msa.md.gov/msa/educ/exhibits/women-shall/html/whfhome.html.



Dr. Sunshine Brosi

Brosi Selected for 2011 BEN Scholars

FSU Ethnobotany professor **Dr. Sunshine Brosi** was named a 2011 BEN Scholar, an honor that acknowledges her leadership in biological sciences teaching and learning and her passion for improving undergraduate education.

The goal of the BEN Scholars Program is to promote the use of digital library resources and student-centered teaching and learning methods in higher education, specifically in biological sciences lecture and laboratory courses and in research training programs. BEN Scholars conduct outreach activities for biological sciences faculty on their campuses, throughout their region and nationally through professional societies.

BEN Scholars receive training in leadership and effective use of digital libraries, resources to use in their own classrooms and to share with colleagues, integration into the BEN Scholars Network, recognition from BEN collaborators, among other benefits.

Brosi leads FSU's Ethnobotany program, an interdisciplinary major that allows students to integrate science and culture as a way of understanding human reliance on plants and the environment. The FSU Ethnobotany program is one of only two programs in the United States with an undergraduate major and minor on the cultural uses of plants.

FSU Honors Three With Staff Awards for Excellence

FSU honored three outstanding employees, **April Baer**, **Stacy Wassell** and **James Imes** at its recent Fall Convocation. The annual Staff Awards for Excellence recognize outstanding service to the institution, and the recipients are nominated and chosen by their colleagues.



Stacy Wassell, James Imes and April Baer

Baer was honored in the Exempt (salaried) employee category. Employed by FSU for the past three years, Baer is the coordinator for University Wellness. She has engaged students in the CHILL (Creating Healthy, Informed, Lasting Lifestyles) program in improving their health at all levels (see cover story, page 16). Through her grassroots efforts with CHILL, FSU was recognized by the American Heart Association as a Gold Standard Workplace winner. She also led the effort to make FSU a smoke-free campus.

Wassell was honored in the category of Nonexempt employee. Wassell began her employment at FSU eight years ago. In 2006, she was hired as an executive administrative assistant in the College of Business. In addition to her employment at FSU, she is enrolled in the Bachelor of Science in Business Administration program and will be graduating in May 2012.

Imes was recognized under the Nonexempt employee/facilities/maintenance category. Imes has been employed at FSU for 39 years. In 1971, he was hired as a temporary service worker in the Physical Plant. Soon after that, he was hired as a locksmith and continues to serve in that capacity almost four decades later. He is involved in all aspects of the University's various key and lock systems. In his free time, he is a member of the Piney Mountain Sportsmen's Association where he serves on their Board of Directors.

Award recipients were given a plaque, a certificate commemorating their dedication and a monetary award. Staff Awards for Excellence are funded by the FSU Foundation's Annual Fund Campaign.

Baer on 2011 VIP List

The honors continued for **April Baer**, as she was named to *The Daily Record's* 2011 VIP list, which recognizes those who have become successful before the age of 40; she was one of only 50 honorees across Maryland.

Dr. Jesse Ketterman, dean of students at FSU and previous honoree of *The Daily Record's* 2010 VIP list, said, "April is truly a dedicated and hard-working professional concerned about our student body."

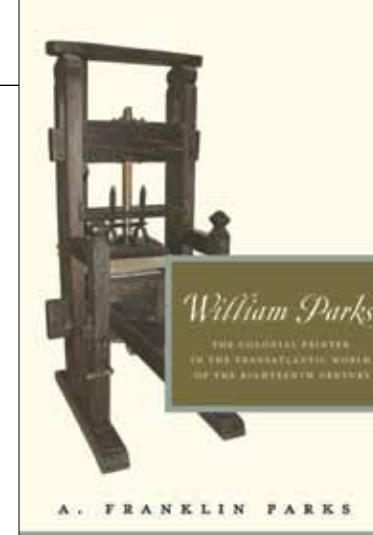
"April Baer is an amazing individual who has made an impact in her professional community and is certainly someone to watch," said Suzanne Fischer-Huettner, publisher of *The Daily Record*. "We celebrate April's accomplishments and hope that by telling her story, other young professionals will be inspired."

Dana Severance, director of Residence Life, said, "April has brought an amazing amount of energy, vision and professionalism to her position, and she is both respected and appreciated by students and staff alike."

Deng-Luzader Receives Distinguished Service Award

Dr. Hang Deng-Luzader of the Department of Physics and Engineering was presented with a Distinguished Service Award by the Appalachian Section of the American Association of Physics Teachers at the most recent annual meeting.

In presenting the award, Dr. Joseph Wiest of West Virginia Wesleyan College cited Deng-Luzader's service to the Appalachian Section and AAPT and her work with young people, especially tutoring high school students and organizing summer programs for middle school students. Her areas of teaching interest include quantum physics, modern physics and particle physics.



Parks Publishes Book on Colonial Printer

FSU Professor of English **Dr. A. Franklin Parks** has written *William Parks: The Colonial Printer in the Transatlantic World of the Eighteenth Century*, published by Penn State University Press. Parks' book introduces printer/publisher William Parks and his journey from the provinces of England through London to the colonies of Maryland and Virginia. Parks says he researched the "enigmatic William Parks (not a direct ancestor) for a long time, gathering material from libraries in the U.S., the U.K., and even as far outback as Australia." In his preface, he also expresses his gratitude to the "helpful folk at the FSU Lewis J. Ort Library."

According to psupress.org, "While incorporating much new biological information, the book widens the lens to take in the print culture on both sides of the Atlantic – as well as the societal pressures on printing and publishing in England and colonial America in the early to mid-18th century, with the printer as a focal point." Parks teaches professional writing, literature and creative writing. Parks has also co-authored three books on writing and composition, one of which is in its fifth edition, as well as co-edited a collection of essays on Maryland history and literature. ■



Mary Biscoe

Leadership Draws Honors for Student Mary Biscoe

Senior **Mary Biscoe**, who served as president of FSU's Student Government Association for 2011-2012, has received recognition for her leadership from her sorority and from the International Youth Leadership Conference, which selected her to be a facilitator.

In October, the national organization of Delta Zeta Sorority awarded Biscoe with the Florence Hood Miner Award, which is given to members of Delta Zeta who in their junior year have made the greatest contribution to their college, chapter and Delta Zeta through outstanding leadership on the campus, while maintaining a good academic record. Biscoe is one of only six Delta Zetas nationwide to receive this award. She is president of DZ at FSU, the 50-member sorority that she joined in the spring of 2009.

In mid-December, Biscoe served as a facilitator for the week-long International Youth Leadership Conference, held in Dubai, welcoming 120 students to the United Arab Emirates from more than 35 countries for an open-minded exchange of diverse perspectives on contemporary global challenges. The IYLC is an initiative of Civic Concepts International, which promotes global citizenship by partnering with youth organizations and education. Its executive director and one of its founders is **William Webster '98**.

The main objective of the IYLC is to facilitate an exchange of ideas across an ethnically diverse and socially responsible group of young international leaders. Their interaction provokes communication and dialogue that, throughout the week, provides an unparalleled learning experience and cross-cultural adventure.

Biscoe is also a member of the President's Leadership Circle, vice president of membership for Order of Omega Greek Honor



Members of FSU's BURG Peer Education Network who attended the BACCHUS General Assembly include, first row from left, Caitlin Weems, Veronica Morris, Chrissy DelloStro, Jasmine Wilson, Shayna Kramer, Samantha Hammett and Sam Johnson. Second row from left, Erin Ramsey, Otega Okurume, BURG adviser Don Swogger, Sheldon Jackson, Nicole Mangold and Bobby Croft.

Society, member of Phi Eta Sigma Freshmen Honor Society and a Student Alumni Ambassador. Biscoe volunteers for various community service projects and is a frequent driver for FSU's SafeRide program. Biscoe plans to graduate in May 2012 with a bachelor's degree in law and society, and sociology, and go on to law school.

"I appreciate her drive, organizational skills and leadership ability," said Jamie Winters, FSU assistant director of Student Activities and Greek Life and member of Delta Zeta sorority.

Frostburg Students Win Awards at Botany 2011

Two FSU students won awards at Botany 2011, Healing the Planet, an international meeting held in July in St. Louis with the Botanical Society of America, the Society for Economic Botany, the American Fern Society and the American Society of Plant Taxonomists.

Undergraduate ethnobotany major **Mitch Hall** won the Li-COR Prize from the Botanical Society of America, given each year by the Physiological Section to acknowledge the best presentation made by any student, regardless of subdiscipline, at the annual meeting. Hall's poster, "The Effectiveness of Tomato Plants (*Solanum lycopersicum*) Modified With a Hessian Fly-Responsive (Hfr) Gene Against Phloem-Feeding and Chewing Insects," was presented with his FSU advisors, Dr. David Puthoff and Dr. Sunshine Brosi.

The Julia F. Morton Poster Award was given to **Amanda Vickers**, a graduate student in the Applied Ecology and Conservation Biology program and co-advised by Puthoff and Brosi, for her poster "Chromatographic Quantification of Medicinal Compounds in Flowering and Non-flowering Wild-Harvested *Actaea racemosa* L." The award, presented by the Society for Economic Botany, is for the best

poster at the annual meeting for students or young professionals (five years or less post-doctoral experience).

BURG Peer Education Network Earns National Award

FSU's BURG Peer Education Network and its adviser, **Don Swogger**, were recently honored at BACCHUS Network's annual General Assembly in Reston, Va.

The BURG Peer Education Network received the National Outstanding Network Affiliate award for the second year in a row. Swogger received the National Outstanding Advisor of the Year Award. FSU student **Sheldon Jackson**, who serves as BURG's recruitment chair and last year's Area 12 Student Advisory Council representative, was elected for one of two Student Trustee positions for the upcoming year.

At this conference, peer educators from across the country gather to share what they are doing on their campuses. BURG was nominated for a number of awards and individual positions.

BURG is a group of students who believe in empowering, educating and creating change among their peers at FSU and in the community. They promote healthy choices on campus and provide recreational alternatives to drinking and drugging. BURG is a nationally certified peer education group through the BACCHUS Network. Its members serve as peer educators by presenting several educational programs and awareness campaigns on campus each year.

Swogger has been advising the network for the past 20 years. In that time, the organization has won more than 35 awards, most of them on the national level.

For information, visit www.burgpeereducationnetwork.com. ■

Connecting the Dots: First Official Alumni Affinity Group Emphasizes Student Mentoring

By Becca Ramspott

When **Frostburg Connections** held its first Leadership & Homecoming Weekend mixer for students and alumni in fall 2011, it wasn't just "standing-room-only." It was "standing-room-only-running-half-an-hour-over-jam-packed" popular.

"I must have talked to about 15 students lined up at the podium after we were done," said **Tracee Wilkins '97**, vice president and communication committee chair of Frostburg Connections and an FSU mass communication alumna who is now a general assignment reporter for NBC4 in Washington, D.C. "Everyone left with a new mentee."

The event, an open dialogue with FSU's Black Student Alliance that included talks by alumni on how to find career success, is just the beginning of what Frostburg Connections hopes to accomplish. As the University's first official affinity group, the organization's goals are to help ensure that Frostburg students and recent graduates are career-ready by providing networking opportunities, educational support, leadership training and mentoring.

"We also hope that through Frostburg Connections we can help alumni within our circle reconnect with our alma mater," said **Tony Bridges '00**, secretary of the group. Also a mass comm graduate, today Bridges serves as the chief of staff in the Governor's Office of Community Initiatives in Baltimore.

"If we can get our alumni to feel connected to these students, our theory is if you're connected to the students, you have a reason to be connected to FSU, and you care about the University and you're going to want to invest in this institution with your time, money and experience," Wilkins said. "That's our dream for the organization."

The dream began over a year ago as a conversation between Bridges, FSU's Cherie

Krug, director of Major Gifts, and **Antonio Hayes '00**. They had a heartfelt discussion about how to help alumni re-establish a relationship with FSU in a meaningful way.

"Because Frostburg is isolated, once people from major metropolitan areas graduate, they sometimes lose that connection with FSU, unless they were really involved in student activities," Hayes said, noting that his participation in groups like the Campus Activities Board and Student Government Association created lasting friendships beyond college. Today Hayes, a political science major while at FSU, works as the chief of staff for Baltimore City Department of Social Services. He is Frostburg Connections' president.

"The networks we form post-graduation are disconnected to the rural campus of the University, so we often don't know how to support or connect with the University after graduation," Bridges said. "Recognizing this to be true for current students, we saw an opportunity to bridge the gap. ... We realized that we could become the link to help them understand how to support Frostburg."

Krug asked Bridges and Hayes to contact five people who might be interested in forming the affinity group.

"I identified people I either had friendship with or worked with through campus activities," Hayes said. "Like Tracee, for example, ... she was an upperclassman my freshman year, and she stood out as a campus leader I wanted to emulate."

Soon Frostburg Connections had 13 alumni from various professions and backgrounds, including law, education, government and finance. They organized a few alumni happy hours and got a Facebook group and page up and running, where old friends shared memories, ideas and networking opportunities. Now up to 430 connections through their Facebook group, Frostburg Connections' goals for the years ahead include organizing a student symposium with workshops on resume building,



Members of Frostburg Connections want to build mentoring ties between alumni and current students. Vice President **Tracee Wilkins '97** continued the efforts begun during 2011 Leadership & Homecoming Weekend, speaking at the 2012 Sloop Institute for Excellence in Leadership.

networking and interview training. They also want to continue growing a presence at FSU's Leadership & Homecoming Weekend and focus on fundraising, so they can provide more activities for students and alumni.

"Frostburg Connections is open to any alumni who wish to commit themselves to the purpose of the organization, which is to further the well-being of the current students," Bridges said. "Our hope is that students will look to us as a resource and through Connections we can help attract, retain and ensure a well-rounded group of graduates from the University that gave us our start."

The group's social media sites have become places where alumni successfully network with FSU students, and members are excited about continuing its momentum, with the support of FSU's Alumni Association.

"What's important to us about bringing back FSU alumni is that students can see success and how they did it. As opposed to this abstract idea," Wilkins said. "To have an alumni say to you, 'This is how I did it, and this is what is expected of you.' I think that's priceless." ■

CONTACTING FSU CONNECTIONS

Facebook: <http://on.fb.me/frostburgconnections>

Twitter: @FSUConnections

Email: FSUConnections@gmail.com

FSU Foundation Marks Successful End to Staking Our Claim: The Campaign for Frostburg

FSU and the FSU Foundation, Inc., celebrated surpassing the \$15 million goal of Staking Our Claim: The Campaign for Frostburg, at a gala event honoring leading donors during the Leadership and Homecoming Weekend in October. The Foundation raised a total of \$16.7 million during the course of the seven-year campaign.

"Our students are worthy of our time and investment. It is up to us to ensure that they will become the leaders that our communities, state, nation and world so desperately need," said President Gibraltar. "We're doing this for them. They are our future."

"Those individuals who founded this institution more than 100 years ago believed in providing a better life for their children and the children of future generations. I think they would be amazed if they knew how much all of us have accomplished," said **Quincy Crawford '65**, new president of the FSU Foundation Board of Directors and chair of the Staking Our Claim steering committee. "And they would be deeply inspired by the promise of this University's future."

Several individuals were additionally singled out for recognition. Special honorees during the evening included:

- **Mel Malchenson M'81/M'93**, has dedicated more than two decades of service to the Alumni Association Board of Directors. During this time, she has supported the Sloop Leadership Institute and the Children's Literature Centre. During the campaign, she chaired the Old Main Society; Malchenson and her committee helped secure 43 new members. Additionally, her contributions during the campaign have mostly been earmarked for the Ethel Hollinger Malchenson Scholarship, a fund in memory of her mother and supported by her father, Paul, prior to his death.



- **Sam Griffith**, the FSU Foundation's immediate past president, agreed to serve as president in 2007 and led the Foundation during a critical time of significant challenges and change. He ended up serving as president for four years. He oversaw the selection of campaign leadership, dramatic turnover in board membership and the establishment of a successful annual retreat. He and his wife, Pam, in recognition of

Nearly 150 leadership donors were honored at the gala celebration marking the completion of the campaign. Among the special features of the evening were remarks from President Gibraltar and a student performance from "How I Became a Pirate."

the Foundation's need for financial flexibility, gave mostly unrestricted gifts, including the R. Samuel and Pam Griffith Endowment.

- **Col. Donald White '75**, who lettered at Frostburg in football and wrestling, translated the insight he gained from college athletics into a career in aerospace and operational physiology in the Department of Defense. White and his wife, Dr. Janet Wasson, a general surgeon, established the Colonel Donald J. White and Dr. Janet L. Wasson Wellness Fund, which funds the FSU Human Performance Laboratory, where research and activities complement and enhance existing wellness initiatives, and helps to further integrate the Department of Health and Physical Education and the Department of Athletics.

- Former Maryland State Del. **Gene Counihan '63**, a founding brother of Sigma Tau Gamma, has been instrumental in keeping the men from his era connected throughout the years. He recently spearheaded the establishment of the Sigma Tau Gamma Scholarship. A three-term state delegate representing Montgomery County, Counihan has also advocated for his

alma mater. He is a founding father and a board member of the Universities at Shady Grove and is commissioner and vice chairman of the Washington Suburban Sanitary Commission. He also had a 30-year tenure with Montgomery County schools as a teacher and administrator.

- Twin brothers, the **Rev. Dr. Donald '67** and **Col. Ronald Forrester '67**, and their wives, **Anne '67** and **Dee '67**, have made service and support to FSU a family affair. The brothers honored the sacrifices their parents made for their children's education with the G. Wesley and Margaret M. Forrester Education Scholarship, which supports students from Maryland's four western counties. Don and Anne also memorialized their daughter, Shannon, through the Shannon Anne Forrester Memorial Scholarship for aspiring elementary and special education teachers from Garrett County. Ron, who is immediate past president of the FSU Alumni Association and a member of the FSU Foundation Board of Directors, was also instrumental in establishing the Alpha Delta Chi Memorial Education Scholarship. All are members of the Old Main Society and support all of the family scholarships.

- **Alison Combes '93** and **Craig Bowman '92** chose to support the departments that nurtured their careers and aspirations through the Alison Combes and W. Craig Bowman Presidential Merit Scholarship in Music and the W. Craig Bowman and Alison Combes Management Leadership Endowment in the College of Business. Additionally, Combes, who is now executive director of the Washington National Cathedral Choral Society, was the first student employee of the FSU Cultural Events Series, where she was mentored by **Bill Mandicott**, assistant vice president for Student and Community Involvement. As a tribute to his mentorship, she arranged for the Cultural Events Series offices in the Lane University Center to be named in Mandicott's honor. ■



Mel Malchenson



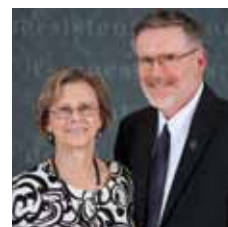
Pam & Sam Griffith



Col. Donnie White



Gene Counihan



Dee & Ron Forrester



Anne & Don Forrester



Alison Combes & Bill Mandicott

NEW NAMED FUNDS

As of February 3, 2012

- 1972 Team Baseball Fund
- Athletics Club Sport Men's Lacrosse Fund
- Athletics Club Sport Men's Rugby Fund
- Athletics Club Sport Women's Rugby Fund
- Athletics Club Sport Women's Soccer Fund
- Larry D. Boggs Family Endowment
- Larry D. Boggs Family Presidential Merit Special Education Teacher Scholarship
- W. Craig Bowman and Alison Combes Management Leadership Endowment
- A. P. Boxley III, Presidential Merit Scholarship
- Adele S. Bruchey, R.N., Nursing Scholarship
- Choral Faculty Professional Development Fund
- Class of 1962 Scholarship
- College of Business Students Global Experiential Fund
- Alison Combes and W. Craig Bowman Presidential Merit Scholarship
- Coach James Crawley Football Fund
- Cultural Events Series Endowment
- Dr. Joan DeVee Dixon and Dr. Alvin C. Broyles Presidential Merit Scholarship
- Jeffrey P. and Carol A. Fegan Presidential Merit Scholarship
- Frostburg State University Foundation Presidential Merit Scholarship
- R. Samuel and Pam Griffith Endowment
- Iris Halmos Presidential Merit Scholarship in Music
- Rev. George M. and Mrs. Phyllis C. Harpold Presidential Merit Scholarship in Biology
- Father Ed Hendricks Leadership Award
- Hookey Plunge Special Education Presidential Merit Scholarship
- Human Resources and Employee Development Fund
- Dr. Paul P. Hunt Chemistry Achievement Award
- Jon C. Jansen Endowment
- Lady Bobcat Basketball Endowment
- J. Laron Locke, M.D., and Stephanie F. Locke, M.D., Presidential Merit Scholarship
- David N. and Mary E. Magruder Scholarship
- Masser Family Chemistry and Healthcare Professional Scholarship
- PNC College of Business Presidential Merit Scholar Award
- Diane Carter Richardson and Larry D. Richardson Athletics Endowment
- Diane Carter Richardson and Larry D. Richardson Presidential Merit Scholarship
- Alyssa Salazar and Evan Kullberg Memorial Scholarship
- Sigma Tau Gamma Scholarship
- Dr. Sikander and Mrs. Prabhat Sandhir Education Scholarship
- Society for Economic Botany Conference
- Hattie M. Strong Foundation "Strong Scholars" Scholarship
- Muriel and Richard Sturtevant Memorial Nursing Scholarship
- Janet Thomas Health and Physical Education Presidential Merit Scholarship
- Eric Williams Presidential Merit Scholarship
- Anton Zahn Presidential Merit Scholarship

To add your support to any of these funds, or to learn about other ways to support FSU, visit foundation.frostburg.edu or call 301.687.4161 or 1.866.241.3296, toll free.

Emeriti Faculty Continue to Enrich Students' Lives

Frostburg faculty members are known for their dedication to their students, a commitment that goes well beyond the time spent in the classroom. For these three, however, that devotion continued after retirement, when each decided to provide additional financial support where they knew it was needed most.

GARY D. COOK FUND HELPS THEATRE STUDENTS EXPERIENCE PROFESSIONAL OPPORTUNITIES

By Ty DeMartino '90

When **Dr. Gary D. Cook**, professor emeritus of speech communication and theatre, decided to establish a fund at Frostburg, he knew he wanted it to help students take advantage of opportunities that would prepare them for their lives beyond FSU.

"I have always been a promoter of education and committed to learning," says Cook, who retired from FSU in 2000. "And I have always been committed to helping students in any way I could – that includes financially."

The Gary D. Cook Professional Development in Theatre Fund was created in 2010 to assist students in paying for the registration fees to auditions, conferences and professional theatre workshops and performances, as well as the transportation and lodging expenses associated with these opportunities. Cook sees the establishment of the fund as a continuation of the relationships he created with students during his 25 years at Frostburg (10 of which he spent as department chair) and as a way to help students with their futures.

"Maybe a student has an audition in New York or an interview for graduate school and cannot afford it. I would like to help that person," he says.

Cook (or "Cookie-Lou," as his students affectionately called him) always had an open-door policy in his offices in the old Compton Hall and the new Performing Arts Center, a building he helped bring to fruition during his tenure as chair. He was sought-after by his students who would drop in, sit and talk about their lives post-Frostburg – whether they were his advisees or not. Cook never took those casual conversations lightly.

"I always wanted my students to work out a plan for their futures," he says. "I feel that's what a mentor should do."

The Cook Fund recently assisted in sending 12 FSU theatre students to the Kennedy Center American College Theatre Festival. Participants auditioned and attended design/tech workshops with over a thousand theatre students from the region. According to Nicole Mattis, chair of the FSU Department of Theatre and Dance, the Cook fund was instrumental in giving the students this opportunity.

"I always wanted my students to work out a plan for their futures. I feel that's what a mentor should do."

— Dr. Gary Cook



Dr. Gary Cook

"We could not have sent this number of students without Dr. Cook's support," Mattis says. "Dr. Cook was recognized as a warm and supportive teacher during his tenure at FSU. It's wonderful and moving to watch a new generation of students grow from his continued involvement and generosity."

Bryan Murtha, a senior theatre major with an acting concentration, was one of the students who attended the Kennedy Center festival during January's Intersession. He says that attending the conference, where he networked and participated in professional development workshops, was helpful as he prepares to graduate.

"I have known Dr. Cook for many years," says Murtha. "His dedication, especially to FSU, is something that has helped everyone for years and will continue to help for years to come."

Residing in nearby Cumberland since his retirement, Cook attends FSU theatre shows and is proud of the quality of students that the University is producing. He still beams as he talks about his former students who went on to get their master's and doctorate degrees as the result of his urging and assistance.

"Helping students is what it's all about," he adds with his signature "Cookie-Lou" smile.

Cook is quick to thank all the administrators, faculty, former students and friends who have given to his fund.



Kim and Marion Leonard

WELLNESS OUTREACH FUND PROMOTES MEETING OF THE HEARTS AS WELL AS MINDS AT FSU

By Becca Ramspott

Thanks to the generosity of a former Frostburg educator and her husband, FSU students will have more ways to discover their sense of self through new and expanded experiential learning opportunities.

Marion Leonard, an art and community wellness advocate and a professor emerita of FSU's College of Business, and her husband Kim Leonard, president of Aircon Engineering in Cumberland, Md., established the Kim and Marion Leonard Wellness Outreach Fund. The fund was created to support FSU's Student and Educational Services division in developing more programming and activities that empower educators to design learning experiences focused on "mindfulness, authenticity, awareness, vulnerability, openness, trust, listening and respect."

"I think today, higher education is increasingly aware of its responsibility to educate the whole person," said Dr. Tom Bowling, FSU's vice president of Student and Educational Services. "This not only helps students better identify their sense of self, but it also gets into the whole area of encouraging students to take responsibility for their own education, both that which occurs inside the classroom and those opportunities that occur outside the classroom as well."

The need for students to determine what really inspires them is so important to their

becoming life-long learners, Marion Leonard said, and can be supported through experiential learning techniques that bring about more meaningful interactions with others and a more authentic sense of self. She first began encouraging students to be more self-reflective by asking her MBA classes introspective questions while she was teaching communications, leadership and organizational development in Frostburg's College of Business. Her work as an educator and her own personal journey led her to obtain a master's degree from the Institute of Transpersonal Psychology and to seek out yoga and other more holistic wellness practices.

"What really motivates us? I think when it's motivation from a heartfelt place, it's the right motivation," she said. "But how do we learn what that is and how do we learn about it? How do we explore it? So many people are brought up with all external standards: be successful, get the right degrees, study hard. I don't think we're given the fundamentals in terms of how do we explore what's really going on inside."

A former financial planner who has led numerous classes and workshops in leadership training, she was excited when, in the '90s, the business world began putting more emphasis on emotional intelligence as a key component of good leadership. Offering more education on emotional intelligence can really enhance how students become successful, she said.

"We need more leadership communication that integrates personal values, a personal sense of leadership that's based on authenticity," Leonard said. "When we're open to our emotions and responsive in a responsible manner, we can lead from both the head and the heart. I think that's really missing today."

“So many people are brought up with all external standards: be successful, get the right degrees, study hard. I don’t think we’re given the fundamentals in terms of how do we explore what’s really going on inside.”

— Marion Leonard

The Kim and Marion Leonard Wellness Outreach Fund comes to FSU at a time when the University is placing more emphasis on experiential learning – how students understand what they learn in the classroom by applying it to “outside-the-classroom” experiences such as internships, volunteerism, research and other hands-on learning activities. The University’s focus on experiential learning also includes helping students find their authentic sense of self through more introspective educational experiences. FSU has identified further developing experiential learning as one of its most important institutional priorities.

Bowling has led the way in developing many of FSU’s experiential learning opportunities over the years, including his role in establishing FSU’s Roadtrip Nation program (based on the popular television show of the same name and in collaboration with its creators) and incorporating StrengthsQuest in orientation classes, which helps students identify five personal strengths they can use to achieve academic, career and personal success. The Kim and Marion Leonard Wellness Outreach Fund will help Student and Educational Services expand those existing programs and grow new opportunities, he said.

“If students can become authors of their education, I believe that their time at Frostburg State University will become much more meaningful and much more productive,” Bowling said. “But we’ve got to connect with students’ hearts as well as their minds.”

FINANS SUPPORT BASIC EDUCATIONAL BUILDING BLOCK THROUGH CHILDREN’S LITERATURE CENTRE

By Liz Douglas Medcalf

A child’s ability to read – not just to decipher words, but to comprehend an author’s purpose and run along with that journey of imagination – is the foundation of essential cognitive skills and the first step to success in school and, eventually, in life.

The significance of literacy is not lost on the people behind FSU’s Children’s Literature Centre, which strives to provide the best resources available to teachers, librarians, media specialists in the schools, parents and caregivers in the home, and FSU’s teacher candidates, in their efforts to start children off right.

“Good books can spark a child’s imagination and inspire a lifetime of learning,” said Dr. William Bingman, director of the CLC and a member of the FSU College of Education faculty for 38 years. “Reading is vital to success in life and must be nurtured.”

Professor Emerita **Dr. Mary Kay Finan**, a longtime colleague of Bingman, and Finan’s husband, Thomas, a businessman and former member of the University System of Maryland Board of Regents, recognize the unique resource the CLC provides to educators, parents, children and the community, and have established the Mary K. Finan

Endowment for the Children’s Literature Centre at Frostburg State University to help its mission continue.

Finan retired from teaching in 2010 after a 33-year career in the classroom, both in elementary schools and at FSU teaching prospective teachers. At the time of her retirement, she was a member of the College of Education faculty and coordinator of the Elementary and Early Childhood programs. She remains active as a leader in her profession, serving as a member of the Maryland State Board of Education and in roles with the National Council for the Accreditation of Teacher Education and the Association for Childhood Education International. She is also a member of the board of the FSU Foundation.

As a faculty member, she attended the Children’s Literature Festival for many years, and she encouraged her students to take advantage of the many opportunities for enrichment provided by the CLC, especially the festival. Now, those students “return each year to enrich their knowledge and to energize themselves to bring the best literature into the classrooms,” she said.

“The Children’s Literature Festival is known as one of the best of its kind among authors, publishers, teachers and media specialists,” Finan said.

The CLC began 30 years ago with the Spring Festival of Children’s Literature, which each year brings the best in children’s literature from around the country as well as from around the world.

“Attending this festival helps the participants, the FSU students and many elementary teachers and media specialists stay current on the best literature available,” Finan said. The author talks inspire the audiences, and the



Dr. Mary Kay Finan and her husband, Thomas Finan

workshop offerings help provide tools and strategies for using children’s literature in the classrooms.”

As the CLC’s success has grown, additional events have been added, including the Summer Author Institute and community enrichment events in summer, with Frostburg’s Pirates Ahoy, and in winter, with Storybook Holiday.

The CLC also houses a Review Center of over 6,000 of the most current children’s books. These are made available to FSU students and area educators, librarians, children and caregivers, because access to the latest in quality literature exposes children’s literature advocates to the best in children’s books, ensuring that these books will be read to, by and with children.

“We chose to support the CLC because the Centre gives FSU high profile in the education community, Finan said. “It showcases the talents and energies of faculty and graduate assistants in an area critical to intellectual development.”

Finan also has great admiration and respect for her College of Education colleagues, Bingman and CLC Associate Director Dr. Barbara Ornstein, who have worked for so many years to build the CLC’s programs and expand its offerings and outreach.

“I have great respect for the success they have had, which has come from their dedication and hard work,” Finan said.

“The more familiar educators are with quality children’s literature, the better children learn to appreciate it,” said Ornstein, who with Bingman has been working to increase collaboration with area schools. For many years, the CLC staff has read quality



“We chose to support the Children’s Literature Centre because the Centre gives FSU high profile in the education community. It showcases the talents and energies of faculty and graduate assistants in an area critical to intellectual development.”

— Tom and Mary Kay Finan

literature in many schools, prepared bibliographies for classroom teachers and conducted readers-theatre workshops for students and teachers and literacy education workshops for parents.

In 2010, the CLC established an Adopt-a-School project in an effort to bring the most current quality children’s literature to Western Maryland-area children. For example, with this year’s partner, Beall Elementary, Centre staff visits the school to read literature, and the students are provided with opportunities to attend age-specific presentations by noted authors or illustrators. This year’s Storybook Holiday author, Jerdine Nolen, presented to Beall third-, fourth- and fifth-graders, and in May, author and illustrator Peter Catalanotto will present to students from pre-kindergarten to second grade and will offer a writing workshop with teachers.

With each step, the Centre expands on its mission to promote literacy by supporting those who teach reading and enriching those trying to learn.

“The impact of the Centre and the events we offer on the next generation is priceless,” Bingman said. “The love of reading starts early.”

To add your support to any of these funds, or to learn about other ways to support FSU, visit foundation.frostburg.edu or call 301.687.4161 or 1.866.241.3296, toll free. ■



CHILL Promotes Healthy Living While Highlighting Unexpected Need

WELLNESS SCREENINGS PROVIDE UNHEALTHY SNAPSHOT OF YOUNG ADULTS

For four years, Frostburg State University's CHILL program, supported by AstraZeneca, has been doing just what its acronym promises: Creating Healthy, Informed, Lasting Lifestyles through wellness programs for students and advocating for a healthier, saner environment for everyone associated with FSU.

However, the surprise that came out of this focus on health was the discovery of a disturbing trend in health issues, especially cardiovascular issues, among a young, seemingly healthy population of college students ages 18 to 24.



Black-garbed students fill the stands at a soccer game this fall at one of the CHILL CHOICES Blackout Games.

An important component of CHILL has been twice-yearly biometric screenings offered free to students. Students are weighed, have their blood pressure checked and are given fasting blood tests to check for high-density lipoprotein (HDL) and low-density lipoprotein (LDL) cholesterol levels, triglycerides and glucose. While these screenings were designed to evaluate individual students' health and offer follow-up care and guidance as needed, a secondary benefit has been to amass a large pool of baseline health data for a population that is rarely screened for these issues, according to **April Baer**, coordinator for University Wellness at Frostburg State University who heads up CHILL.

"The landscape for wellness for young adults is not where we thought it was," said Baer.

Based on nearly 1,200 unduplicated first-time screenings of students between the ages of 18 and 24, nearly 68 percent showed at least one health concern – elevated blood pressure, glucose levels or body mass index or poor cholesterol or triglyceride readings. Nearly 32 percent of those young adults screened had more than one abnormal reading. Among them:

- 51 percent were for low levels of HDL cholesterol (less than 40/50),
- 41 percent were for elevated blood pressure (above 120/80),
- 24 percent were for elevated body-mass index and body composition,
- 9 percent were for overall cholesterol (200 or above),
- 2 percent were for high levels of LDL cholesterol (130 or above),

- 2 percent were for high triglyceride levels (150 or above) and
- 2 percent were for elevated glucose.

"These results were very surprising in such a young population," Baer said. "This really challenges assumptions that are made about the care of cardiovascular disease and how early these characteristics appear. This doesn't happen overnight."

The screenings were open to all students, although those with pre-existing conditions were screened separately through the campus' Brady Health Center. First-year students were encouraged to go through Introduction to Higher Education, an orientation course required of all freshmen, and many athletes were urged into testing by their coaches, Baer said. Everyone who came to the mass screenings received breakfast and a CHILL T-shirt, and the opportunity to win prizes, such as hoodies or flash drives.

Those students who had abnormal lab results were contacted and given the opportunity to meet with a registered nurse or dietitian through FSU's Brady Health Center. The good news is that with intervention, a number of students who showed significant cardiovascular health risks – many who likely would have not been diagnosed for years – were able to receive treatment and make lifestyle changes that had a positive impact on their health. (See page 21.)

As of spring 2011, a total of 1,650 screenings has been performed. These include the 1,200 first-time screenings of students ages 18 to 24, along with students who were screened more than once, who are older than 24 or who had a pre-existing condition. An additional 300 students were screened by the end of 2011, but their results haven't yet been incorporated into the total.



Residents of the bWell wellness-themed residence hall learn "The Dougie" in a dance program.

Since large-scale biometric screenings of this age population are unusual, FSU's results point to the need for a larger effort in identifying young people with early indicators of cardiovascular issues, Baer said.

BASED IN SCIENCE, BASED IN WELLNESS

CHILL was established in 2008 as a science- and wellness-centered initiative to promote health practices and education among students and the local community, thanks to an initial \$228,225 contribution from AstraZeneca. Four years later, total contributions from AstraZeneca have topped \$912,000, and CHILL has become an increasingly integral part of life at FSU.

Among CHILL's primary components: For its first three years, CHILL sponsored a yearly "Biggest Loser"-style competition, in which teams earn points not through weight loss, but through documenting health practices such as keeping workout and food logs and by participating in the numerous



The Junkyard Run featured teams running and jumping on and over junked cars, a CHILL CHOICES program that also presented information encouraging students to choose low- or no-risk drinking practices.

wellness education programs that are offered. Even though it is not a weight-loss competition, participants lost a total of 198 pounds in the first two years it has been offered. That program has now been refocused into Bobcats for Better Health, an eight-week program working with Julia Miller, a nurse in the Brady Health Center who was hired through CHILL, offering similar services and rewards for the participants.

In the fall of 2010, the first wellness-themed on-campus living environment, bWell, was established, housing students on the top floor of Cumberland Hall. This academic year, bWell has taken over all of Allen Hall, providing mostly first-year students with a cohort of supportive fellow travelers in their desire to be healthy. Overall, the goal is to get the freshmen off to a healthy start, both physically and in their bond with the campus. Peer mentor Ben Bolyard, a junior business major, encourages his charges to take advantage of information sessions and CHILL activities, incorporate activity into their lives or organize pickup games of football, volleyball, basketball or wiffle ball. His efforts range from the formal, such as organizing presentations, to the informal, such as giving a gentle "nudge" to a freshman who was too fond of cookies. "He's been cookie-free for two weeks now," Bolyard said.

The University has made institutional changes to make healthy options more available to students, including renovating the

Cordts Physical Education Center fitness center and building a cardio-focused fitness center in the renovation of the Lane University Center. The latter center has been named the AstraZeneca Fitness Center in appreciation for AstraZeneca's support of the CHILL initiative and in recognition of **Tony Zook '82**, executive vice president of AstraZeneca's Global Commercial organization.

On-campus food service provided by ARAMARK has increased its healthy options and has been promoting nutritional information more intently, Baer said. In addition, some positions related to CHILL that had been funded by grants and contributions have been incorporated into the University's budget. Most recently, FSU became a smoke-free campus in August, barring smoking from all indoor and outdoor campus spaces, and offering smoking cessation assistance to those who need it.

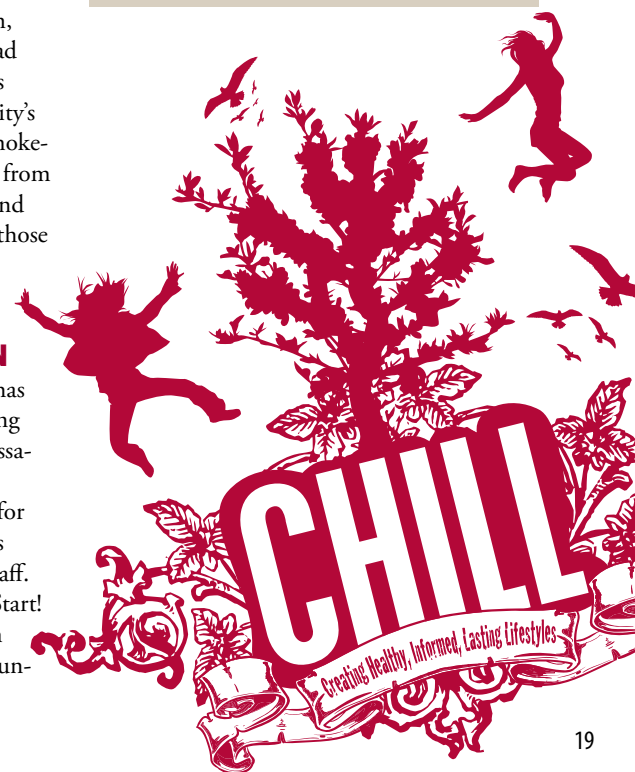
BROADENING THE MISSION

In its third and fourth years, CHILL has broadened its sights to add binge-drinking reduction, sexual health and smoking cessation to its model of college health.

FSU has begun receiving recognition for the efforts to enhance wellness among its students, as well as among faculty and staff. The University was designated a "Gold Star! Fit-Friendly Company" by the American Heart Association and Star! four years run-

SCREENINGS REVEALED:

- 68 % of screened students had at least one health concern
- 32% had more than one abnormal reading
 - 51 % - low levels of HDL
 - 41 % - elevated blood pressure
 - 24 % - elevated body-mass index & body comp.
 - 9 % - overall cholesterol
 - 2 % - high levels of LDL
 - 2 % - high triglyceride levels
 - 2 % - elevated glucose





ning, beginning in 2009; FSU was only one of three recipients of the regional Workplace Innovation Award based upon CHILL and its impact upon FSU in 2009. Baer also presented findings from the first two years of CHILL in 2010 at the National Wellness Institution's National Wellness Conference. Feedback from this and a regional conference has further indicated the need for a college wellness initiative that blends programming and medical paradigms to promote preventative health topics.

In 2011, the National Collegiate Athletic Association awarded FSU its NCAA Choices Grant, what will amount to \$30,000 over three years to fund activities, programs and related materials that will encourage students to avoid the most dangerous drinking behaviors – including grain alcohol-based punches or “jungle juice,” energy drinks laced with high-proof alcohol and binge-drinking – and choose low-risk options like beer, or no-risk options – staying away from alcohol entirely.

DONORS CHOOSE TO EXPAND ON CHILL'S POSSIBILITIES

While the four years of contributions from **AstraZeneca Pharmaceuticals, LLP**, have been crucial for getting CHILL off the ground, CHILL's efforts have attracted other sources of funding.

The CHILL Choices program, which encourages and educates students, especially athletes, to avoid the most dangerous drinking behaviors, was made possible through the National Collegiate Athletic Association. The NCAA awarded FSU what will amount to \$30,000 over three years to fund activities, programs and related materials.

Individual donors have also decided to make gifts in support of wellness initiatives. Notable among them is **Col. Donald White '75**, who with his wife established the Colonel Donald J. White and Dr. Janet L. Wasson Wellness Fund, which supports the FSU Human Performance Laboratory, where research and activities complement and enhance existing initiatives, and better integrates the efforts in the Department of Health and Physical Education and the Department of Athletics.

Marion Leonard, professor emerita of FSU's College of Business, with her husband, also set up the Kim and Marion Leonard Wellness Outreach Fund. The fund was created to support FSU's Student and Educational Services division in developing more programming and activities that empower educators to design learning experiences that in part encourage students to develop a deeper sense of “mindfulness, authenticity, awareness, vulnerability, openness, trust, listening and respect,” and to build their emotional intelligence. (For more about this initiative, see page 13.)



Left: “Teach Me How to Dougie” winners

Above: Fitness guru Scott Cole (left) has made numerous visits to campus with the support of CHILL, offering classes in a variety of exercise styles and encouraging wellness and healthy activity.

are working with researchers from The Dartmouth Institute for Health Policy and Clinical Practice.

“NCHIP allows us to be more intentional and be more informed in our efforts,” said **Jeff Graham**, FSU's associate dean of students who is leading the FSU NCHIP team. Each strategy is tried out and evaluated quickly through the Plan-Do-Study-Act model.

“Success in very intentional work is producing more success,” he said.

WHAT'S NEXT?

A key element of the final year of the AstraZeneca funding is to show how CHILL is sustainable and important to the health of students – looking at their health in every realm: nutrition, activity, stress management, socialization and avoiding the abuse of alcohol and other drugs. Programs build on other programs, such as NCHIP and CHILL Choices. Biometric screenings, and especially the follow-up care that is offered to those with abnormal results, have been very effective. Finding resources to support these programs will be the ongoing challenge.

“Defining wellness can sometimes be easier than applying it,” Baer said. “Through CHILL, we hope to motivate and inspire all students to take the necessary steps to make fitness, nutrition and stress management a priority in their lives.” ■

LIVING THE CHILL LIFE

A key component of the CHILL program is embracing a change in lifestyle, especially coupled with the awareness provided by the cold, hard facts of biometric screening results. Here are the stories of two Frostburg students who received a wake-up call as the result of the CHILL screenings, and the pitfalls and triumphs of how they answered that challenge.

FRIGHTENING SYMPTOMS LEAD TO DIAGNOSIS AND LIFE CHANGE

In the fall of 2008, **Shenna Hair '11**, wasn't feeling right. She was experiencing tingling in her feet and hands and she was urinating frequently. She decided to check her symptoms on Web MD, and the word “diabetes” popped up.

“I was eating a bite-sized Reese's at the time. I threw it in the trash can right then,” she said.

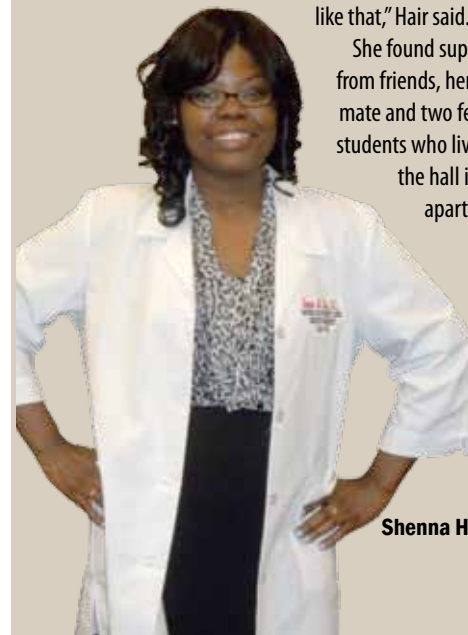
She went to the Brady Health Center on campus with her concerns. It so happened that the last CHILL screening of the semester was the next morning, and she was urged to take advantage of it.

“It was free, and I didn't have health insurance.”

Hair's fasting glucose level came back at 288 mg/dL, she said. Anything over 126 mg/dL is considered to be symptomatic of diabetes, according to the American Diabetes Association.

That's when the rest of the CHILL program came to her aid. She immediately got into a follow-up program through Brady Health, meeting with the nurses and dietician there to bring her condition under control. In addition to starting on medication to control her blood sugar, “I learned about the proper things to eat, counting carbs, portion sizes, things like that,” Hair said.

She found support, too, from friends, her roommate and two fellow students who lived across the hall in their apartment



Shenna Hair '11

building. Together they joined CHILL's “Biggest Loser” competition, in which teams earn points through documenting health practices such as keeping workout and food logs and by participating in wellness education programs. The competition also gave them access to a personal trainer, a fellow student in the FSU Health and Physical Education program, who was able to earn field work hours at the same time.

She and her friends also cooked healthier food at home. Because one of those friends was also dealing with elevated blood pressure, they also watched their sodium levels as a group. Hair lost 28 pounds over the course of just over three months, and her later CHILL screenings came out virtually normal.

“I'm the miracle baby,” she laughed.

Hair knows she needs to keep up her healthy habits, although she's finding it more difficult now that she's out of school and working an evening shift while she prepares to go on to graduate school. A chemistry major at FSU, she had always figured on a career in the health care industry, but her experience with CHILL and her own health journey has narrowed that down. Now she's applying to master's programs in public health and related fields, and hoping to travel to learn about different health systems.

Regardless of where she ends up, she knows she'll need to keep living what she learned about staying healthy through CHILL.

“This is my life from now on.”

SCREENING UNEARTHS A HIDDEN DANGER

Rachel Clark, a sophomore chemistry major, thought she was fine. “I've never been the smallest person, but I wasn't unhealthy.”

But her RA encouraged her to go to a CHILL screening in the fall of her freshman year. She was curious to know what she weighed and what her cholesterol was, plus they were offering free breakfast and a T-shirt.

“I wasn't doing anything else, so I went.”

The news wasn't good: “My cholesterol was through the roof. My bad cholesterol was high, my good cholesterol was low and my triglycerides were really high, too,” Clark said. She resolved to do better, but when she went home for winter break, she found that she had gained 25 pounds over just her first semester.

She took advantage of being home and started a program of healthier eating, counting calories and exercising. She had played basketball in high school and rode horseback; neither of those activities followed her to college. Instead, she became a runner.

By the time she returned for spring semester at the end of January, she had lost 10 pounds.

“I knew it would be harder once I got back to school,” Clark said. “But I walked down to the caf (Chesapeake Dining Hall). I didn't go to Sheetz – that's what we would normally do if we didn't like what they had at the caf. I'd eat mashed potatoes and broccoli,

get a salad. I didn't load it up with bacon bits and heavy dressings. And I stopped eating cake every day. They had cake there every day!”

She learned to make substitutions, mostly small ones. Trail mix with dried fruit instead of M&Ms. Wheat Thins instead of potato chips.

“It got to the point that I didn't think about it anymore. I didn't crave bad food anymore. And I didn't gain any more weight,” she said. “Then over the summer I had more time to exercise. I lost 31 pounds over the summer.”

When she returned to school in the fall, she was contacted by Julia Miller, the nurse hired as part of CHILL to conduct follow-up appointments and counseling for students with abnormal health screening results as part of her duties at the Brady Health Center. Miller encouraged Clark to be rechecked in last fall's screening.

“All my numbers were great.”



Rachel Clark

Even as her classes get more challenging, she tries to figure out ways to keep up an exercise routine and to avoid backsliding into easy and unhealthy food choices. Clark has become the one to encourage others to make healthy choices, urging them to avoid the fried food that's still so readily available and inviting them to come running with her. She's seen improvements in the healthy food offerings from ARAMARK at Chesapeake, but it's still a matter of making healthy choices.

“They don't have cake every day now. But they still have cookies every day.”

She's also started to get more involved in the activities that CHILL offers on campus, both for fun and to help stay focused. She looks around at her fellow students' unhealthy habits and worries about the state of their health, knowing from her own experience where what could have been dangerous cholesterol levels lay hidden.

“Who knows what would have happened to me if I didn't know,” she said. ■

Ethnobotany Links Personal Wellness With Environmental Health

By Becca Ramspott

“Just like my grandma used to make.” It’s a phrase some of us might use to describe homemade chicken soup or spaghetti. But in **Mimi Hernandez’s** case, it might mean garlic cloves soaked in honey to stave off a cold, or dandelion greens to stimulate digestion.

Hernandez, FSU’s coordinator for the Appalachian Center for Ethnobotanical Studies and a clinical herbalist with the Council of American Herbalists Guild, first learned about herbal remedies from her grandmothers in Colombia and Mexico. Today, she shares her knowledge with FSU students in classes like “Introduction to Ethnobotany,” where they discuss the importance of eating locally grown and whole foods and how cultural transitions have led to changes in societal food options.

“I think it really opens their eyes. A lot of times they come in as college students and they’re very much in the culture of visiting fast food restaurants and not questioning their food choices,” Hernandez said. “A lot of them are still young and haven’t realized the consequences of what they eat.”

Hernandez’s classes might examine how shifting an indigenous culture’s traditional diet to a diet with more processed sugar has caused an increase in diabetes cases. They also study local herbs in the Appalachian area, like wild ramps and blueberries, and learn the value of eating and harvesting local plants for good health. One of those local plants is a weed called plantain that grows all over the FSU campus. Hernandez calls it “the herbal Band-Aid,” and says it can be used to treat mosquito bites and other skin conditions.

In addition to her FSU classes, Hernandez has helped organize community events like a local celebration of Food Day, which encourages Americans to make healthier choices about

the foods they eat. She occasionally offers educational workshops to local residents through Frostburg’s Mountain City Traditional Arts, including community herbalist certification, which teaches participants how to identify popular plants in the area and lets them make simple folk remedies to take home.

“Part of the outreach effort is reconnecting people with their local resources and their traditions, and just having an appreciation for their own culture,” Hernandez said. “In some cases, it makes people want to reflect back to their childhoods and remember their grandparents’ home-made remedies. It inspires people to look back at their own lineage and make connections with their own roots.”

Dr. Sunshine Brosi, an assistant professor of biology who heads up FSU’s ethnobotany program, is also interested in helping people – particularly young people – get in touch with their roots. Last year, she and FSU students in her “Economic Botany” class built a raised garden bed at the University Children’s Center. They planted vegetables so children could have hands-on interaction with the environment and harvest fresh produce. Brosi and her students have completed similar service learning projects at The Maryland Salem Children’s Trust, Inc., in Garrett County, which provides a home, therapy and educational services to children who have been abused or neglected, or have educational or behavior needs.

“Kids are more likely to eat tomatoes if they plant the seed and watch it grow,” Brosi said. “They’ve gone through the whole process of seeing a flower become a fruit. They learn to understand the importance of taking care of the soil. ... They also see that relationship between their food, their environment and healthy food choices.”

In addition to helping her students get out of the classroom through service learning, Brosi also does research on forest populations of black



Geography professor **Dr. Craig Caupp** shows his organic garden to Hernandez’s ethnobotany class.

cohosh, an herb that is native to the Western Maryland region and can treat menopausal symptoms like hot flashes and mood swings, a natural alternative to hormone therapy. In addition to studying its uses, she’s especially interested in making sure black cohosh isn’t overharvested.

“I want to show the connection between personal health and environmental health, that connection between biological diversity, ecological health and richness of cultures,” she said. “I spend a lot of time talking to my students about how a lot of our natural environment is human-dominated, through agriculture and managed landscapes. ... One of the main things I try to get them to think about is how we can most effectively manage areas to provide clean air, clean water and food and medicinal herbs without jeopardizing biodiversity.”

It’s all part of making science subjects like biology more relevant to students’ daily lives, too.

“It’s easier to teach biology when students see a personal connection and when they’re going through that process of activities,” Brosi said. “Ethnobotany builds on your personal connection to biology.” ■



Inspired by Class, Student Embarks on Local, Eco-Friendly Eating Experiment

This past fall, FSU student **Carl Koch** was so inspired by what he learned in his FSU geography class, he not only took the ideas to heart, but to his stomach as well.

“I’ve always been interested in food systems, at least on the consumption end of the process,” Koch said. “I wanted to learn more about how my food was produced.”

Food systems – the set of networks and relationships found in the production, distribution and consumption of food, also known as “from farm to fork” – are the subject of FSU’s GEOG 360 class.

“The course covers many topics but one learning objective is to have students understand that our answers to ‘What’s for breakfast or lunch or dinner?’ are not only decisions about taste and convenience, but also actions with health, ethical and environmental consequences,” said **Dr. Richard Russo**, an assistant professor of geography who created the class and offered it for the first time last fall.

Koch, a junior majoring in geography and Navy veteran who lives on a Garrett County farm, decided to try to feed his family local, eco-friendly foods and eat locally throughout the fall 2011 semester, as part of his learning experience in GEOG 360. He and his wife began replacing processed foods and meats with fresh fruits and vegetables grown close to home. They also purchased ducks and replaced store-bought chicken eggs with duck eggs. There were quite a few challenges, like what Koch describes as “the complete lack of restaurants that source their foods locally,” along with the increased time needed for food preparation. But that just led him to turn cooking into a reason to spend more time with his family and get them involved.

“One of the immediate benefits of eating local eco-friendly foods is the peace of mind in knowing that the substances that are providing our bodies nourishment and keeping us alive were produced in a manner that will not inevitably cause the demise of our species,” Koch said. “Also, in just a few weeks, we had a lot more energy and felt healthier, too. After eating this way for a few months, we could not imagine ever being able to fully revert to our old laissez faire, buy-one-get-one, all-you-can-eat, individually wrapped American diet.”

Koch shared updates on his eating adventures with Russo throughout the semester and is now considering sharing his experiences in a presentation for FSU’s annual Focus Frostburg, a day-long campus event coinciding with Earth Week that includes workshops and talks on sustainability issues.

“I’m interested in a career in environmental management and sustainability,” he said.

Carl Koch ▶



Leadership & Homecoming Weekend

October 20-23, 2011



Homecoming Queen Sarah Thomas and Homecoming King Eric Stinchcomb join President Gibraltar at halftime.



The Bobcat Hall of Fame inducts Greg Shockey '83, Jay Hegeman '73/M'81, Victoria Proctor '86, Steve Schleupner '91 and Patrick Sweeney '00.



Head Football Coach Tom Rogish and President Gibraltar cut the ribbon to the newly renovated football locker room.



Dr. Ned Boehm '64 and his wife, Regina, join more than 270 guests at the Bobcat Hall of Fame Induction Ceremony.



Phi Mu Alpha alumni and current chapter members gather at tailgating to reconnect and cheer on the Bobcats.



Beth Sanford accepts the Outstanding Mentor Award shared with her late husband, Dave Sanford.



Andy Branigan '08 and Joe Comer '00 entertain alumni and friends at the Alumni After Dark event.



FSU Foundation President Quincy Crawford '65 announces the success of Staking Our Claim: The Campaign for Frostburg to the guests at the Leadership Donor Gala. (See story, page 10.)



Members of the 1961 football team returned to help celebrate the 50th anniversary of football at FSU.



classnotes

ClassNotes listed are those received as of January 1, 2012

GET YOUR KICKS WITH THE CLASS OF '66



The Class of 1966 celebrated its 45th reunion in October, with 35 classmates returning to their alma mater for a weekend of reminiscing over old memories and making new ones. In the front row from left are Narda Anderson, Carole Dorn Grimm, Diane Murphy, Anne Hudson Brinsmade, Lois Hobbs, Charlie Bell, Margaret Morley Yates, Jane Blumenshine Widmayer, Kathy Turner Richardson and Judith Patterson. In the second row from left are Bob Grimm, Dave Schrodell, Nancy Costigan Weinkam, Ann Skirving Patterson, Nancy Jackson Reddish, Sue Bowley Baker, Mary Catherine Florentine Cole, Bill Roy, Bill Wentworth and Clark Sharpless. In the back row from left are Jim Riley, Paul Helm, Ron Myers, Joe Weinkam, Ken Brown, Bob Walker, Ray Ewing, Pat Pollock, Joe Russo, Jim Richardson, Bob Lakenan, Wayne Wharton, Robert Bogley, Bob Young and Charlie Grace.

1964

The Rev. Dr. Gary W. Trail served as interim pastor at Frostburg United Methodist Church from Jan. 1 to June 30, 2011. "It was a great joy to serve as pastor to many former classmates and retired and present faculty members of FSU during this time," he said.

1965

Martha Cage retired in February 2011 from the West Virginia Department of Health and Human Resources with over 44 years of service. The last 24 years were spent in supervising Child Protective Services.

1974

Russell Kennedy retired after 40 years of federal service. He served three years in the U.S. Army and 37 years as a cartographer at NOAA. Last year Russell was named Fellow of National Speleological Society. He serves as co-chairman of the 2013 NSS Convention at Shippensburg, Pa.

1975

Col. Donnie White has been honored with the professional grade of Fellow with the Royal Aeronautical Society. Fellowship with the Royal Aeronautical Society is the highest grade attainable and is only bestowed on those who demonstrate excellence in the field of aeronautics or aerospace.

1976

Col. Scott Doyle was elected into Sparrows Point's Alumni Hall of Fame.

Michael Pearce was named city manager for the city of Reidsville, N.C.

1977

Martin Neat was appointed to the Board of Trustees of Wor-Wic Community College in Salisbury, Md. He is president and chief executive officer of First Shore Federal Savings & Loan Association, having held that position since 1991.

1979

Ralph Perrey has been appointed to the Board of Directors of the Tennessee Housing Development Agency.

1980

Gene Morgan M'97 was selected as the new principal at Mountain Ridge High School in Frostburg. Gene had served as

one of the assistant principals at Mountain Ridge since its inception in 2007.

1985

Nicolas Relacion completed 20 years in the U.S. Army Reserves. He served two tours in Bosnia and Iraq. Nicolas is currently serving with the 316th Sustainment Command in Coraopolis, Pa. He is a senior consultant, recruiting transitioning military, spouses and wounded warriors.

1986

Tim Stagg was elected to the Board of Directors for the Management Association for Private Photogrammetric Surveyors (MAPPS), the only national association for private-sector geospatial firms.

1987

Maureen Reilly was promoted to assistant general counsel at SunGard Data Systems, Inc., in Wayne, Pa. She lives in Media, Pa., with her husband, Doug Fischer, and their two children, Ben and Maddie.

Carol White has been elected the first woman president of the Hagerstown Lions Club. She joined the club in 2007.

1989

Donald Roy, Jr., was awarded the CFO of the Year for Nonprofits by the *Washington Business Journal*.

1990

Kin Lazzaro is the senior associate director of The Fund for Sarah Lawrence. She has two children, C.J. Hernandez and Samantha Calcagni. She is happily partnered with Joseph Calcagni.

1991

Shirley Noonan won an award for excellence in photography with her work titled *An Artist's Mind at Art From the Heart*, a yearly event and exhibition of more than

100 local artists in Morehead City, N.C. Shirley splits her time between Frostburg and Morehead City, when she is not traveling the globe.

Donna Gregory was selected to serve as executive director of the Garrett County Lighthouse, Inc. She joined Lighthouse in 1995 as a program manager and, in July 2000, was promoted to Lighthouse's vice president of health care quality.

1992

Michelle Mitch-Peterson was appointed to the Board of Directors for the Maryland Clean Energy Center. Michelle is the business development manager for Honeywell Building Solutions.

1994

Pam Gribben McNicholas has been named a supervising environmental scientist in the Baltimore office of Parsons Brinckerhoff, a global infrastructure strategic consulting, engineering and program/construction management organization.

Angie Bittinger Rush M'03 was named Garrett County's 2011-2012 Teacher of the Year.

1995

Sean J. Pierce M'97 was honored with the Association of College and University Housing Officers-International 2011 Judy Spain Award, which honors the contributions of a dedicated housing professional who mentors staff and students. Sean serves as the assistant director for Jupiter Housing at Florida Atlantic University.

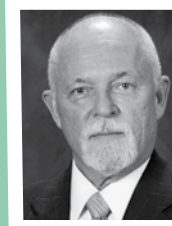
Melissa Davis Clark has been hired by the National Kidney Foundation of Maryland as director of field services for Western Maryland and the Eastern Panhandle of West Virginia. Melissa resides in Short Gap, W.Va., with her sons, Cullen and Jacob.

1996

Robert D. Cravaritis has been named vice president, recruitment advertising, for the Hearst-owned Texas newspapers. Robert will focus on the day-to-day operations of the recruitment sector in Houston. He has also worked at CareerBuilder.com, the Maasen Law Firm in Arizona, Dex Media, Verizon Information Services and AOL.

continued ►

Alumni in the Spotlight



James Limbaugh '94

Limbaugh Named Chancellor of Montana University

Dr. James Limbaugh '94 has been selected as the new chancellor for Montana State University-Northern.

"Dr. Limbaugh brings experience, enthusiasm and an intense commitment to helping students succeed," said MSU President Waded Cruzado. "I know Dr. Limbaugh will bring strong leadership to Northern and be an advocate for Havre and all the Hi-Line communities."

"It is a tremendous honor to be asked to serve as the chancellor of Montana State University-Northern. I look forward to working with MSU-N's students, faculty and staff, as well as the community of Havre and the leadership of the other MSU institutions, to build on MSU-N's reputation for excellence throughout Montana," Limbaugh said. "Both Trish and I are eager to relocate to Havre and to become part of the MSU

family." Limbaugh is married to **Patricia Limbaugh '02**.

"The 'institutional fit' was right from the time I stepped on campus," Jim Limbaugh said. "I'm really looking forward to the opportunity."

Limbaugh was vice president for strategy, planning and policy at Angelo State University in San Angelo, Texas, a position he held since 2008. Previously, he was the interim provost and vice president for academic and student affairs at Angelo State from 2009 to 2010.

From 2007 to 2008, Limbaugh was the associate vice president for institutional effectiveness at FSU. At FSU, he also served as assistant to the provost from 2002 to 2007, director of special academic services from 1995 to 2002, director of auxiliary services from 1984 to 1995 and associate dean of students from 1980 to 1984.

Prior to FSU, Limbaugh served as assistant director of the Memorial Student Union at the University of Nebraska-Kearney from 1976 to 1980.

Limbaugh earned a bachelor's degree in history from FSU and a bachelor's in general business and English from Texas A&M University. He holds a master's degree in student personnel and guidance from Texas A&M and a Ph.D. in educational policy and leadership from the University of Maryland.

— Candis Johnson

Pirolozzi on Daily Record List of Maryland's Top Women

Mary Beth Pirolozzi '90/M'95, a 2008 FSU Distinguished Alumni Achievement Award winner, has been named as one of Maryland's Top 100 Women by *The Daily Record* newspaper in Baltimore.

The Daily Record since 1995 has recognized 1,000 high-achieving Maryland women who are making an impact through their leadership, community service and mentoring. The winners are selected by an outside panel of business leaders based on professional accomplishment, community involvement and commitment to mentoring.

This year's winners will be honored the evening of May 7 at an event in the Meyerhoff Symphony Hall in Baltimore.

Mary Beth Pirolozzi '90/M'95

She worked at FSU from 1971 to 1987, employed in the personnel, finance and development and alumni programs offices. Then she spent over 18 years in state government as district administrator to state senators. She is currently the executive director of County United Way, which serves counties in Maryland and West Virginia. Pirolozzi has also offered her leadership skills to the city of Cumberland, including serving as a member of the City Council.

She is a former FSU Foundation Board member, a past president of the FSU alumni association and is involved with Women in Leadership through FSU's J. Glenn Beall Institute for Public Affairs, along with many other commitments to FSU.

Oldham Named Emerging Leader

Kenneth A. Oldham, Jr. '98, president of the National Philharmonic at Strathmore, was selected for the 2011 Montgomery County (Md.) Executive's Excellence in the Arts and Humanities Emerging Leader Award. Oldham was recognized for his outstanding accomplishments and demonstration of exceptional leadership, innovative thinking and a commitment to advancing the county's arts and humanities.

The award is the most prestigious honor conferred by Montgomery County on individual artists, organizations and patrons of the arts and humanities. Now in its 10th year, the awards recognize individuals and organizations that have made a difference in our communities through the arts and humanities.

Oldham, who has led the National Philharmonic staff since 2002, has served as president since 2005. Oldham's creation and implementation of business strategies have transformed the Philharmonic from a small \$350,000 community ensemble into a \$2.1 million regional powerhouse, with individual ticket sales increasing by 20 percent in the last year and subscriptions growing by 27 percent.

Oldham has been a member of the FSU Foundation's Board of Directors since 2007, is a member of the Old Main Society and was on the steering committee for the Staking Our Claim: The Campaign for Frostburg. He received the Distinguished Alumni Achievement Award in 2010. ■



Ken Oldham '98

We'd like to see your name here.

If your class year ends in a 2 or a 7, 2012 is YOUR reunion year!

You can help your Alumni Association make it happen for your class as a member of a reunion planning committee. Join three or four classmates to help decide on a date and activities and to encourage others to attend.

If you're willing, please contact us at alumni@frostburg.edu or 301.687.4068.



6 Steps to 7 Figures

by Pat Hiban '87

Hiban's book, which landed on the *New York Times* best-seller list, offers up his two decades of experience as a successful real estate professional in a series of motivational success strategies coupled with practical tips, a 7-Figure Game Plan in each chapter and an appendix of helpful worksheets. Hiban is one of only a handful of residential agents internationally to hold the title Billion Dollar Agent, having sold a cumulative total of over 4,000 homes with a billion dollars in volume. Available from online bookseller and in bookstores.

More information at www.pathiban.com.

When You Miss Me

by Michael Allen '01



This heartwarming book provides a series of messages and suggestions to help families cope with a divorce or a separation, particularly for the child. The messages provide a special connection between the child and the parent when they aren't able to be together. This book is a wonderful way to give the child and the parent a sense of comfort during a difficult time.

Available from online booksellers.

Heart Poems

by Pat Allen Kaplon '58

Kaplon's collection of poetry explores those things that do more than touch the heart, they reach "our most important center." Kaplon's poetry has won several national competitions and she previously published the novel, *A Child Called Hope*. Pat and her husband, Don '58, live in Madison, Va.

Available from online booksellers.



1997

Alison Waldo De Paola was elected president of the Board of Stewards of Newark Community Cooperative, Inc., whose primary business is Newark Natural Foods, a natural and organic food store in Newark, Del.

Melissa Miller Fike won the Kimberly-Clark Professional, North America, 2012 Marketing Excellence Award for "The Dirt on Shop Towels" campaign. Known as the "Academy Award" of KCP, the award recognized a "ground-breaking" initiative at KCP.

1999

Sean Cercone has been named producing director/chief operations officer for CAP21 (Collaborative Arts Project 21), which is recognized nationally for creating new work and developing new talent as America's Musical Theatre Conservatory and Theatre Company.

Kathleen Stanton M'99 was promoted to director, Technical & Regulatory Affairs, for the American Cleaning Institute. She previously served as associate director of Scientific Affairs at ACI, the trade association for the U.S. cleaning products industry.

2000

Stephen Primosch M'02 has joined the staff at BankAnnapolis as vice president in the Private Business Banking group.

2001

Cassandra Pritts received a full-time history instructor position at Potomac State College of West Virginia University in Keyser, W.Va. In addition to teaching classes and advising students, Cassandra also serves on the Honors Program Committee and the Charter Counts Committee.

Lauren Schupp-Ettlin Graham recently started a portable photo booth business, Delmarvalous Photos. In addition to taking photos, the booth can record 30-second video messages. It serves the Maryland, Delaware and Virginia areas. Lauren and her husband, Matthew '00, reside in Ocean City, Md.

2003

While serving as a Howard County police officer for seven years, James Zammillo



Irish Eyes Are Smilin'

In November, Dr. Ron Kealy and Dr. William Bingman (front from left) visited Limerick, Ireland, to meet with the numerous Irish graduate assistants who have worked in the College of Education over the years, as well as faculty and staff from FSU's Irish partner, Mary Immaculate College. In the back row from left are Maeve O'Connell, Rosie Giltenane, Noirin Stritch, Mairead Twohig, Peter Walsh, Sinead McEnry, Catherine O'Donnell and Siobhan Broderick. Missing from the picture are Dr. Sarah Fitzpatrick, Helen Newell, Barbara Mylotte, Eithne Darcy and Dierdre O'Donovan.

was named Police Officer of the Year 2010, Knights of Columbus Maryland State Law Enforcement Officer of the Year, Johns Hopkins University Officer of the Year and Maryland Chiefs of Police Law Enforcement Officer of the Year. James resides in Ellicott City, Md.

2006

Chris Kopco is the new planetarium teacher for Washington County public schools' William Brish Planetarium. As planetarium teacher, Chris will teach thousands of school children and host educational programs.

Greg Moore is employed as a project manager for Accuvant, a computer and network security firm in Hanover, Md. He also coaches the Notre Dame of Maryland University women's soccer team and is a certified NSCAA/USSF coach.

2010

Steven Baughman has joined the Cumberland Fire Department as a firefighter. He is also a member of the Shaft Volunteer Fire Department and the Frostburg Area Ambulance Service, as well as a member of the Allegany County Swift Water Rescue Team and High Angle Rescue Team.

Ryan Davis has joined Curam Software in Herndon, Va. He is also pursuing his master's degree in computer science at The George Washington University.

Friend of the University

John Berkley was named the 2011 Second District Omega Man of the Year at the 63rd Second District Conference of Omega Psi Phi fraternity. John is employed as an information technology specialist with the Social Security Administration.



I can't HEAR you!

Stop yelling. We can't hear you.

You'll have to use another way to tell us your news.

Share your news on social media:

- Join the Alumni Association Facebook page
- Upload your photos to Facebook or Flickr
- Share videos on the FSU YouTube channel



Or by mail or email:

- Email alumni@frostburg.edu
- Snail Mail: Profile
228 Hitchins
Frostburg State University
101 Braddock Road
Frostburg, MD 21532-2303

milestones

Marriages

1988

Jane Rogers Wolford and her husband, Gary, celebrated their 50th wedding anniversary at a surprise party at the Will O' the Wisp Resort in McHenry, Md. Jane retired in 2001 after 23 years at Frostburg Village Nursing Home, with 13 of those years spent as the director of social services.

1993

Kevin Robison married Tara Emerick on July 10, 2010. Kevin is a senior programmer analyst at FSU. The couple resides in Frostburg.

1995

Dina Lastner married PFC Aaron Sandruck on July 8, 2011. Dina is a health and physical education teacher at C. Milton Wright High School in Harford County, Md.



Bobcat Bonding

When Ann Long '07 and Daryl Keys '06 got married on May 29, 2010, there were so many Bobcats in one place that they had their photographer capture the group for posterity. "I think the picture . . . speaks volumes about the relationships we made while in the 'Burg," Ann said. Every one of the 25 people pictured played a sport at FSU as well. From left are Chris Baugher '06 (baseball), Chris Hill '04 (baseball), Brad Cannon '05 (baseball), Sean Davis '05 (baseball), Carly McDonald Baugher '06 (volleyball), Billye Hollister '07 (baseball), Chris McGarvey '05 (baseball), Drew Byer '06 (baseball), Eric Edelman '05 (baseball), bride Ann (lacrosse), Kevin Romanik '05 (baseball), groom Daryl (baseball), Carly Rihard '08 (lacrosse), Jimmy Hardy '07 (baseball), Erin Young '06 (lacrosse), Rob Desanto '05 (baseball), Stefanie Ritz '06 (lacrosse), Kyle Mahan '06 (baseball), Lindsay Lamont Lochte '08 (lacrosse), Meredith Martin '09 (lacrosse), Brittany Brumby Costello '07 (lacrosse), Kelly Meinecke '10 (lacrosse), Kari Voneiff '07 (lacrosse), Brendan Clancy '09 (football) and Ashley Mattison '07 (lacrosse).

2000

Brian Ryder married Melissa Gerum on July 9, 2011. The couple resides in Baltimore.

2001

Jason Bernard M'02 and Lara Smithson were married on June 26, 2011, in Norfolk, Va. The couple resides in Hagerstown, Md., where Jason is employed with First United Insurance Group.

2003

Shannon Ogle and J.C. Redman were married on Sept. 10, 2011. The couple resides in Cumberland, Md., where Shannon is employed at Allegany College of Maryland.

2004

Stephanie Edwards and Michael Miller '97 were married on May 1, 2010. Stephanie is employed as a case worker by the Allegany County Department of Social Services.

Michael is employed as a pension actuary at CBIZ Benefits and Insurance Services, Inc.

2005

Karen Morrison married Christopher Casamassima in November 2010. Karen is working on her master's degree in professional writing at Towson University.

2006

Serena Baer M'08 married Christopher McCormick on June 5, 2010. Serena is employed at Sand Springs Saloon and Steakhouse in Frostburg.

Rebecca Halley married Jim West on June 20, 2009. The couple resides in Frostburg.

Erin Muir married Benjamin Cowan on Oct. 2, 2010.

2007

Julie Mason married Ryan Graves '05 on June 20, 2009.

Melissa Root M'08 and William Bergan '07/M'09 were married on July 9, 2011, in Grantsville, Md. Melissa is employed by Washington County public schools as a pre-school autism teacher. William is employed by the Washington County public schools as an eighth-grade English teacher. The couple resides in Greencastle, Pa.

2008

Brooke Clark and Stephen Eacho were married on Oct. 23, 2010. Brooke is employed with Western Maryland Regional Medical Center as a medical laboratory technician.

2009

Zachary Hattenfield married Jessica Burkett on July 10, 2010. Zachary is employed at Fike, Conner & Associates, P.A. The couple resides in Cumberland, Md.

Alyson Myers married Jeffrey Merrill '08 on May 28, 2011. The couple resides in Woodbine, Md.

Olivia Propst married Ryan Ackerson on June 26, 2010. Olivia is employed with Onslow County schools. The couple resides in Jacksonville, N.C.

2011

Joshua Fiedler and Katherine Stamper were married on May 14, 2011. The couple resides in Baltimore, Md.

continued ►

May 19, 2012 140th Commencement Ceremony

Presentation of Distinguished Alumni Achievement Award
Cordts PE Center

June 9, 2012 Golden Anniversary Reunion Celebrating the Class of 1962 & Before FSU Campus

July 28, 2012 Alumni Association Board of Directors Meeting

October 18-21, 2012 Leadership & Homecoming Weekend 2012

October 24-27, 2013 Leadership & Homecoming Weekend 2013

For more information, contact us at alumni@frostburg.edu or 301.687.4068. You can also visit us online at alumni.frostburg.edu or join our Facebook page to get further details.



Fan and Frostburg Loyalty

In September, more than 30 FSU alumni gathered to cheer on the Washington Nationals, including this group of friends since their college days, from left, Katie Polce Barkdoll '93, Meredith Smith Roark '94, Steve Herndon '93 and Kelly Herndon '97.

Sigma Alpha Epsilon Celebrates 20 Years at Frostburg

By Roscoe Makle '12

Sigma Alpha Epsilon's Mu Delta chapter recently celebrated its 20-year anniversary with a celebration at Rocky Gap State Park boasting several prominent alumni. A highlight of the event was the initiation into SAE of **Bill Mandicott**, FSU's assistant vice president for Student and Community Involvement.

Sigma Alpha Epsilon fraternity was founded in 1856 at University of Alabama at Tuscaloosa. The mission of Sigma Alpha Epsilon is "to promote the highest standards of friendship, scholarship and service for our members based upon the ideals set forth by our founders and as specifically enunciated in our creed." They also are strong followers of their creed, "The True Gentleman," which states how they expect their members to carry themselves. Some of those expectations include "a man who does not make the poor man conscious of his poverty" and "a man who speaks with frankness but always with sincerity and sympathy."

Sigma Alpha Epsilon's Mu Delta chapter was proudly established 20 years ago at FSU. Since that time, the fraternity has continued to grow into one of the most well-known organizations on campus.

This chapter has, unfortunately, also had its trials. In 2010, the brothers lost member Evan Kullberg and his girlfriend, Alyssa Salazar, to a tragic house fire. Although this was a difficult time for the fraternity, they feel it, in fact, made them stronger. They now host an annual fire safety program in Kullberg and Salazar's honor to make students and others aware of the dangers of fires. They were also able to posthumously award Evan the Order of the Phoenix, SAE's highest national award for an undergraduate member.



Glenn Wayson, left, and Roscoe Makle '12

The Mu Delta chapter is heavily involved with the Frostburg community. In addition to their fire safety program, they have been involved in "Bags for Community" (a local church food drive), the Red Cross blood drive and FSU's Storybook Holiday. They have also joined FSU's Halloween parade and participated in "Bowl for Children." They also work alongside the community, fundraising at local businesses.

SAE at Frostburg also have very strong alumni relations. They have an alumni board of nine members who help the chapter to continue to grow and prosper.

"We just had our 20th anniversary for this chapter, and we had over 65 alumni from over the last 20 years attending the even," said Jim Sakers, SAE Province Archon, an alumni liaison. "And I feel they all had the same enthusiasm and interest that they had when they helped start this chapter or came later and helped make the chapter better."

"We are in a very good situation right now," said Roscoe Makle, current president of the fraternity. "We are in a good financial situation, our numbers are up and the interest seems to be at an all-time high. I expect us to have a really strong recruitment period and continue our strong alumni relations."

The 20th anniversary celebration also featured Jamie Winters, FSU's assistant director of Student Activities and Greek Life, receiving a certificate of appreciation from the chapter and member Glenn Wayson receiving an Order of the Phoenix award in honor of his outstanding services and support to the chapter.

Jennifer Gover of Alpha Sigma Alpha married Alexander Haslacker '10 of Pi Lambda Phi on June 4, 2011, in Gettysburg, Pa.

Births

1993

Brian Tittle and his wife, Jennifer, announce the birth of their son, Gavin James, on May 27, 2011. Gavin joins older sister, Kendall.

1996

Greg Poland and his wife, Alison, welcomed their son, Ian Gregory, on April 7, 2011. He joins big sister, Alexis Brooke (2). The family resides in Nashville, Tenn. Ian and Alexis are the grandchildren of FSU professors Dr. Frank Parks (English) and Dr. Karen Parks (Math).

1997

Christine Krell Finamore and husband, Nick, along with big brother, Nicholas III, welcomed baby, Natalie Diane, on Sept. 11, 2009. Christine works as a zoning planner for the Department of Planning and Zoning in Calvert County, Md.

1998

Dawn Leatherman Foutz and her husband welcomed their fourth daughter, Leah, on May 31, 2011. She was welcomed home by her sisters, Morgan, Paige and Shea. The family resides in New Creek, W.Va.

1999

Sara Raimo Muehleisen and her husband, Erich '99, announce the birth of their daughter, Kyle Gabriella, on March 11, 2011.

2000

Stacy Pickett Ficken and husband, Russell '99, welcomed son, Owen Dennis, into the world on Nov. 16, 2011. The family resides in New Market, Md.

2002

Bryan (B.J.) Felix, his wife, Jessica, and big brother, Jake, welcomed their newest addition, Adam, born in October 2011. The family resides in Oxford, Pa.

2006

Lindsay Thompson Bittinger and her husband, Bradley '06, announce the birth of their first baby, Marley Corrine, on June 10, 2011.

2007

Julie Mason Graves and her husband, Ryan '05, had their first child, a daughter, Autumn Lynn, on May 16, 2011.

2009

Paige Kasmier Bagnetti and her husband, Daniel, announce the birth of their daughter, Kynleith Noell, on Dec. 20, 2010.

Friend of the University

Joseph Detrick and his wife, Rita, announce the birth of their son, Henry Paul, on Dec. 15, 2011.

Retirements

(August 2011 to March 2012)

Karen Bambacus, director of the Center for Instructional Technologies, joined FSU in 1975.

Teresa DeVore, housekeeper, joined FSU in 1991.

Dr. Eileen Higgins, instructor in the Department of Management, joined FSU in 1989.

Dr. Judy Holmes, associate professor in the Department of Educational Professions, joined FSU in 1999.

Naomi E. Hartman McCracken, administrative assistant in the Diversity Center, joined FSU in 1994.

Linda Smith, accounting clerk in University Billing, joined FSU in 1998.

Lillian Taylor, administrative assistant in the Department Marketing and Finance, joined FSU in 1996.

Carolyn Wolfe, administrative assistant in the Department of Accounting, joined FSU in 1987. ■

in memoriam



Dr. Howard C. Adams, who died Sept. 28, 2011, was a professor emeritus of English, teaching poetry and Shakespeare

for 27 years, alongside his wife, **Dr. Elizabeth Adams**, professor emerita of history at Frostburg. He was an ordained Presbyterian minister, working in the ministry in the 1950s and '60s, before joining Frostburg. A lover of music as well as poetry, he sang in numerous choral groups, including in the Frostburg Collegium Musicum; his family chose to honor his life with a music recital instead of a memorial service. He is survived by his wife and their three children.



Delbert L. Perdew '93, who died on Dec. 26, 2011, was an integral part of the early uses of technology on

the FSU campus, including four years running labs across campus. He helped faculty throughout the University in his work as an integral part of the WhyTech grant program, designing and complementing program offerings and improvements. He was a U.S. Army veteran.



Dr. Molly L. Walter-Burnham, who died March 24, 2012, was professor emerita of English, and taught as a remedial educator and

psycholinguist, someone who deals with the psychological processes involved in speech and writing, at Frostburg for 28 years. She was active in supportive prison ministry and was an original advocate for Magdalene Hospitality House, an ecumenical safe house in Cumberland for families of prisoners incarcerated in the Federal Correctional Institution in Cumberland. She was active in her church and served as the Episcopal representative to FSU's United Campus Ministry for many years. She is survived by four children.

Alumni

- 1927 Margaret Davis Poole** Aug. 31, 2011
- 1931 Madeline Tranum Michael** Dec. 15, 2011
- Zeola Layman Robeson** June 20, 2011
- 1938 Sarah C. Secrest Zimmerman** Sept. 27, 2010
- 1941 Leon J. Klompus** Jan. 10, 2009
- 1943 Violet "Martha" Payne McKenzie** Oct. 22, 2011
- Helene Hansel Rouzer** Jan. 29, 2010
- 1949 Dr. William J. Donahue, Jr.** April 4, 2011
- 1950 Ruth D. Britt Propst** Nov. 15, 2011
- James W. Spitznas** June 27, 2009
- 1951 Martha Fratz Leese** June 23, 2011
- 1952 Margaret Michael Harless** July 26, 2010
- William Leonard** June 24, 2011
- Audrey M. Starsinic** May 24, 2009
- 1954 Nancy Jean Robertson Flanagan** Dec. 1, 2011
- 1960 Nick Dormio** Aug. 27, 2011
- Wilma Gail Gall Haines** Nov. 29, 2011
- 1963 Helen S. Teets Kennell** July 2, 2011
- 1964 Thomas Bergner** June 4, 2010
- 1965 Ernest C. Slonaker** Dec. 12, 2011
- 1967 Robert C. Edwards** July 31, 2011
- 1969 Linda A. Golden** July 31, 2011
- Dr. Charles E. Lamb** Aug. 3, 2011
- Mary A. Gnagey Wockenfuss** June 7, 2011
- 1970 Michael Owen Anderson** Sept. 28, 2011
- 1971 Robert Allen Culler** Sept. 24, 2011
- Madeline J. Stenger Friend** Sept. 3, 2011
- 1972 David G. Drewry** Dec. 14, 2011

- 1973 Michael L. Friend** June 13, 2011
- 1976 Susie L. Weakley** June 30, 2011
- 1977 Richard H. DeLoach, Jr.** June 13, 2011
- Linda L. Fiery** Oct. 20, 2011
- Miriam L. Hubka** June 9, 2011
- 1978 John W. Clemmons** Aug. 12, 2011
- 1979 Vicki L. Veney Payne** Nov. 9, 2011
- 1981 Austin G. Rinker, Jr.** Dec. 7, 2010
- 1984 Beverlie A. Bennear Markle** Nov. 14, 2010
- Christine D. Warner McDaniel** Dec. 30, 2011
- 1987 Kenneth D. Thomas, Sr.** March 23, 2011
- 1988 Barbara S. Mahaffey West** July 7, 2010
- 1989 Kelly D. Dressler Hellin** Feb. 3, 2011
- 1990 Matthew V. Bittner** Dec. 12, 2011
- 1991 Lyla Neff Bell** Dec. 15, 2011
- 1993 Jennifer A. Terrana Soverns** Dec. 12, 2011
- 1997 Craig A. Cross** Sept. 3, 2011
- 2002 Jeffrey William Harbel** June 4, 2011
- 2008 Terah Mwotei Kipchiris** Aug. 31, 2011
- Lauren M. Weller Sidorowicz** Dec. 14, 2011
- Brendan James Truffer** Aug. 8, 2011
- 2010 Laura Ann Collins** July 10, 2011
- 2011 Trisha Jo DeLorenzo** Nov. 4, 2011
- Derek T. Sheely** Aug. 28, 2011

Friends of the University

- C. Douglas Adams** Jan. 30, 2011
- Guy M. Arnold** June 29, 2011
- Robert M. Beall** Aug. 23, 2011
- Lemuel T. Chalmers** Aug. 14, 2011

- Ronald G. Cunningham** Dec. 31, 2011
- Mary E. Cutter** July 16, 2011
- Edward H. Elkind** Oct. 8, 2011
- Emelie L. Malcolm Hill** June 21, 2011
- John F. Hoban, Sr.** Sept. 25, 2011
- Kenneth E. Jeffery** Jan. 11, 2011
- Daniel A. Lafferty** Aug. 13, 2011
- Carolyn Patterson Lloyd-Miller** June 23, 2011
- JoAnna R. Fram Lynch** July 3, 2011
- Joseph L. McGowan** Sept. 9, 2011
- Dr. William C. Merwin** May 6, 2011
- John B. Moores** June 1, 2011
- Ernest P. Ogden, Jr.** Oct. 12, 2010
- Ruth S. Wolff Ogden** Oct. 13, 2011
- Chris E. Olson** March 6, 2011
- Lois J. Evans Patterson** June 22, 2011
- Charles Sidney Rhoten** Oct. 31, 2011
- Thomas W. Richards** Nov. 9, 2011
- Dr. Angel Hermo Roque** July 16, 2011
- Maurice D. Smith** Sept. 2, 2011
- Cheryl L. Tasker Stephen** Dec. 15, 2011
- John S. Weschler, Sr.** Dec. 11, 2011
- Charles L. Williamson** July 25, 2011
- Donald Workman** Nov. 21, 2011

Corrections:

Two alumni, **Shirley Mae Rose '47** and **Lee Johnson '66**, were incorrectly listed as deceased in recent issues of *Profile*. Happily, both Mrs. Rose and Mr. Johnson are still with us. We sincerely apologize for the errors. ■

Football Alumni Honor “Gentleman Jim” Crawley With Endowment

By Becca Ramspott

The quad below Old Main has always been a popular gathering place for the Frostburg campus community. If it's a nice day, it's not uncommon to find students talking, laughing and lying in the grass under the sun.

In the early 1970s, the Frostburg football team had very little in the way of facilities, so they sometimes ended up having practice on that grassy expanse. **Jim Crawley** would stand there watching and running the players through a variety of drills. He had taken over the team in 1968, the same year Robert Kennedy was assassinated. He'll never forget it, because the day of the assassination was the same day he interviewed for the job.

“We only had around 40 players when I came here,” he said. “Having been appointed so late in the year, I wasn't able to recruit. We did a lot of team drills so that I could somehow pick those who were going to play offense and defense. This was the first time that I was aware that we had started a platoon system.”

Crawley's voice wasn't the only one the players heard, when they practiced out there on the space between the dorms. It was also the place where 24 hours a day, different Frostburg students took turns reading the names of those who had been killed in Vietnam. They would call out the names from behind a podium that was set up with a bayonet rifle thrust in the ground, a helmet placed on top of it.

“Many of the players were returning Vietnam veterans with extensive combat experience. Some had been wounded and had psychological scars along with the physical scars. At least one was killed in action and did not return,” said football alum **Edmund Evans '71**, who ended up serving as assistant coach with Crawley before reporting to Marine Corps OCS. “Some of us had low military draft numbers and were continuously reminded that we were facing a required military commitment, to include possible combat action, that hovered over us.”

Despite the sadness and uncertainty in the air on days those names were read, at the end of every practice, the team would gather up and put their hands up in the air and yell, “Together!”

“You had this emotional setting and here you have 40 guys with their uniforms on, clapping and practicing as hard as they could and trying not to pay attention to what else

was going on,” Crawley said, blinking back a few tears. “That was extremely, extremely difficult. We hung *together*.”

It was one of many difficulties that the team would face, under the leadership and “kind toughness” of Crawley, nicknamed “Gentleman Jim” by a local sportswriter. They had limited resources: a small staff, a tiny weight room in the basement of Compton Gym. Games were played at the Beall High School Stadium. Could it be enough to turn the team around?

“We realized that Coach Crawley had a daunting challenge before him – to mold and facilitate a football program that was coming off of a dismal 2-6 record, including a national embarrassment 81-0 loss to Waynesburg College,” Evans said.

“Courtesy is as much a mark of a gentleman as courage.”

– Theodore Roosevelt

Structure, focus and determination were a huge part of how Crawley coached; yelling at players and making them feel bad in front of their teammates was not.

“If I had something negative to say, I would bring them into the office and talk about it,” he said. “I tried to impress upon them the importance of an education. I didn't curse at them or raise my voice to get their attention. I would never, ever belittle a player in front of his peers. That's not my personality.”

Crawley's aunt, his mother and his wife, Nancy, as well as the coaches he played under at Virginia's Lynchburg College and at the Maxwell Air Force Base, taught him how to lead with courtesy and respect. And in turn, it was his thoughtful leadership and pursuit of excellence that inspired his players long after they graduated from Frostburg.

“If I had one word to describe Coach Crawley, it would be that he was always a gentleman,” said **Bill Spalding '72**. Spalding served as a two-year co-captain. “It was almost like having a proud parent pulling for you. I have nothing but the greatest respect for Coach Crawley and am so glad he was a part of my life.”

“I remember walking with Coach Crawley from the practice field to the locker room one fall evening and asking him, ‘Coach, how do you measure your coaching success?’” said **Col. Donald White '75**. “His response was, ‘Donnie, won't know for 20 years, and then I will be able to see what kind of fathers my players are and what they are doing in the community and for this college.’”

It was Crawley's thoughtful leadership and pursuit of excellence that inspired his players long after they graduated from Frostburg.

Not surprisingly, the football alumni from the Crawley era decided to do something for Frostburg during the Fall 2010 Leadership and Homecoming Weekend. Some conversations began happening between old teammates during the game, while Crawley and FSU's Coach **Tom Rogish** were down on the field. The alumni knew it was time to honor their mentor and give back to the sport that had started their success. They decided to create the Coach James Crawley Football Fund. They told Crawley over dinner at Guiseppes, with White presenting **Nancy Crawley**, who coached tennis, basketball and volleyball at Frostburg, with a bouquet of flowers.

“I was extremely honored and humbled,” Crawley said. “More humbled than anything else. I still ... it's hard to grasp sometimes. ... As you get older, your heart becomes larger. ... You bring more people you love and respect into your heart.”

Crawley, who has never left Frostburg, and was invited by Rogish to work with the kickers three years ago, still loves helping the men out on the field and has high hopes for the Bobcats in the years ahead.

“Frostburg football is in an era of being extremely successful under Coach Rogish and his staff,” he said. “I have the utmost respect for him and his coaches.

They're grinders. ... That means they spend a lot of time every day preparing these young men for what's going to happen to them when they leave and graduate from FSU. ... This is going to be a good football team. A very good football team.” 🐾

You can make a difference.

The Coach James Crawley Football Fund is restricted to supporting Frostburg State Football and aims to raise \$250,000 for new football equipment and better facilities and to ensure the football program's perpetuity.

Make a difference to FSU Football and honor Coach Crawley at the same time with your gift today. Go to www.frostburg.edu/makeagift or call Coach Tom Rogish at 301.687.3132.





Men's Cross Country

Highlight: FSU captured sixth at the Capital Athletic Conference Championship meet.

Recap: The Bobcats sent four runners to the NCAA Mideast Regional meet to wrap up the year. Junior Gavin Caupp grabbed the team's highest finish (18th) at the CAC meet, while senior Jesse Henderson was the team's top finisher at the NCAA Mideast Regional (116th).

Next Season: The Bobcats have a core group with solid experience returning for 2012.

Women's Cross Country

Highlight: Senior Anne Patron finished runner-up at the CAC Championship meet to guide the Bobcats to a sixth-place overall finish. Patron's second place landed her a fourth-straight all-conference selection and second-straight CAC award. She also posted the top individual finish (56th) at the NCAA Mideast Regional.

Next Season: With a young roster, the Bobcats will have a solid core of returners for fall.

Field Hockey

Record: 5-15 overall, 1-6 CAC

Highlight: FSU posted five wins , including three shutouts, opening the season with a 9-0 shutout of Sweet Briar.

Recap: The team will return a core group of players for the 2012 season. Goalkeeper Maggie Edwards was named to the All-CAC Second Team, and she leads the NCAA Division III ranks in career saves among active players.

Next Season: With the loss of just one senior in 2011, the team should have plenty of experience returning for fall.

Football

Record: 4-6 overall, 3-4 CAC

Highlight: FSU won four games and placed six players on the Empire 8 all-conference team, including Rookie of the Year J.D. Hook.

Recap: FSU's wins included a 54-53 double overtime thriller against Alfred on Homecoming. The Bobcats finished fifth in their first year in the Empire 8 Conference with wins over Alfred, Utica (44-24) and Hartwick (35-28). The team opened the season with a 34-21 victory over Geneva and finished third in Empire 8 in passing offense (223.4 ypg) and fourth in total offense (376.2 ypg).

Next Season: The Bobcats return a host of starters on both sides of the ball as they enter their second year in Empire 8.

Men's Soccer

Record: 11-3-5 overall, 4-2-2 CAC

Highlight: FSU won 11 games and advanced to both the CAC and ECAC tournaments.

Recap: Frostburg rebounded from a tough 2010 season to win 11 games this past fall and advance to both the CAC and ECAC tournaments. Bobcat junior Ryan Russell was named CAC's Player of the Year and voted to the NSCAA All-South Atlantic Regional team. He led both the Bobcats and CAC in scoring with 16 goals.

Next Season: The men's soccer team returns four of its top five scorers, including Russell, and should make a run at a CAC Tournament title.



Women's Soccer

Record: 17-2-2 overall, 6-1-1 CAC

Highlight: The Bobcats won 17 games and were crowned ECAC South Champions for the first time in program history.

Recap: Frostburg State posted at least 17 wins for the third-straight year in 2011 with a 17-2-2 overall mark. After earning a trip to the CAC Tournament, the Bobcats captured the ECAC South Region Tournament championship for the first time in program history. The awards piled up for both the team and individual players following the successful season. As a team, the Bobcats won an NSCAA Team Academic Award and earned an NSCAA Ethics Award for the fourth-straight year. Individually, sophomore Adria Graham was selected as the CAC Player of the Year and named to both the NSCAA All-South Region and ECAC South Women's All-Star teams. Junior Erin Proctor was also named to both the NSCAA All-South Region and ECAC South Women's All-Star teams.

Next Season: The Bobcats return three of their top four scorers, which should help replace the loss of eight seniors.

▲ l to r, Ryan Russell, J.D. Hook, Jesse Henderson

◀ Adria Graham

Volleyball

Record: 15-20, 5-3 CAC

Highlight: The Bobcats hosted a CAC Tournament first-round game.

Recap: Frostburg State posted 15 wins and advanced to the CAC Tournament (third seed) for the second-consecutive year. The Bobcats pushed their regular season home-winning streak to 19 games with a 4-0 mark at Bobcat Arena during the regular season. Senior Kylie Carrington set the career assists record with 4,576 and garnered All-CAC second team honors. She was also selected as an academic all-district selection.

Next Season: With the loss of just three seniors and the potential return of 10 players from 2011, the Bobcats should be in prime position for a run at another CAC title.

Tennis

Both Bobcat tennis teams began in the fall semester but will complete their schedules in spring 2012.

Men

The Bobcats opened their fall campaign with a perfect 4-0 mark and the championship trophy at the Thiel Invitational. Ten players finished with an undefeated record in the fall season, led by Ramon Gutierrez with a 4-0 mark.

Women

The Bobcats dropped their only match of the fall season, 9-0 to Juniata.

— Noah Becker M'06



New Football Locker Room Unveiled

Head Football Coach Tom Rogish and President Gibraltar cut the ribbon to the new, state-of-the-art football locker room during Leadership and Homecoming Weekend at an event unveiling the room's features to alumni and friends. The renovation was the result of years of planning and fundraising, in which lockers have been dedicated to former and current players. Opportunities still exist to name a locker and leave a legacy; call 301.687.4068 for more information.

Stephens Makes Top 30 for 2011 NCAA Woman of the Year

FSU volleyball All-American **Sarah Stephens '11** made it to the semifinal round for the 2011 NCAA Woman of the Year award, which recognizes student-athletes who have distinguished themselves throughout their collegiate careers in academic achievement, athletics excellence, service and leadership. She joined an elite group of 30 student-athletes selected from all three NCAA divisions. (The award ultimately went to Laura Barito from Stevens Institute of Technology, another Division III school.)

Stephens, who also played on the tennis team, won the Capital Athletic Conference Player of the Year award in FSU's first year in the CAC. She graduated in May 2011 with a degree in business administration, achieving a 3.96 cumulative grade point average, and was on the FSU Dean's List eight consecutive semesters. Stephens was also FSU's Female Athlete of the Year for 2010-11 and named a College Sports Information Directors of America Academic All-American; she was inducted into Beta Gamma Sigma Business Honor Society.

Stephens was one of more than 400 nominees from all three NCAA Divisions of colleges and universities. She is one of 10 student-athletes selected from the Division III level as the Top 30 is comprised of 10 honorees from each NCAA division.

On the volleyball court, Stephens received American Volleyball Coaches' Association All-American Honorable Mention honors. Stephens led her team and the CAC in kills during her senior campaign and she ranks third all-time in Frostburg State history in kills (1,653), sixth in digs (1,195) and ninth in service aces (156).

Jumping at the Chance

The Bobcat cheerleaders were invited to participate in Nickelodeon's Worldwide Day of Play at the White House in September. The event was endorsed by First Lady Michelle Obama. Invited by cheerleading organization Varsity Brands, the Bobcat cheerleading squad attended to help promote cheerleading as a positive activity. Frostburg joined squads from Villanova University, George Washington University and Catholic University of America. Besides performing their own cheers, the team taught children from the crowd how to do cheers, dances, jumps and stunts. 🐾



▲ Sarah Stephens

Volpe Leads on the Field and Off

Achievement on and off the field is expected of student-athletes, but four-year quarterback **Josh Volpe '11** managed not only to succeed, but to lead as well.

On the football field, Volpe capped his playing career as one of the top signal callers in school history. After a senior campaign in fall 2011 in which he threw for 2,220 yards and 15 touchdowns, he finished his playing career first in school history in completion percentage (59.6 percent), third in completions (396) and third in passing yards (4,681) and fifth in pass attempts (664). He was selected as FSU's Sportsman of the Year representative for the



Josh Volpe

Empire 8 Conference (2011) and was a 2010 All-Atlantic Central Football Conference (ACFC) Second Team selection.

Volpe's success off the field is just as impressive. A three-time ACFC All-Academic selection, Volpe is a member of the Beta Gamma Sigma Honors Fraternity for business majors and the Society for Collegiate Journalists. He wrote for The Bottom Line and attended the Sloop Institute for Excellence in Leadership. After his December graduation, Volpe landed a spot as a communications intern with the NFL Players Association.

Volpe has also given countless hours volunteering, as evidenced by his 2011 Allstate American Football Coaches Association Good Works Team nomination. He has volunteered for numerous organizations, including the Allegany County Food Bank, Special Olympics and his former high school, Northwest in Germantown, Md., where he serves as an assistant coach, and, with his team, planted thousands of native seedlings at a former surface coal mine. He also joined with his teammates to help with the FSU Children's Literature Centre's effort every December, Storybook Holiday; they helped children write letters to Santa Claus during the popular community events.

Even in dark days, Volpe's leadership shone through. In August 2011, **Derek Sheely**, Volpe's close friend and teammate in high school and college, passed away. Despite his own grief, Volpe handled media interviews and spoke movingly at his memorial service. Volpe took center stage in helping his teammates get through the tragedy both on and off the field.



—NB

the last word

hero in all of us

We

do you favor yours? - Michael
"Nightmare"
McKee

Believe

because we stand
strong if we stand
united-

in

Bobcats
forever
united

Frostburg

make it a better place

Because...



I Believe in Frostburg

During some dark days for Frostburg last fall, social media sites became the way that scores of students, alumni, faculty, staff and anyone who cared about FSU could offer messages of support and comfort.

"I BELIEVE IN FROSTBURG" was the message they shared. Here is just a small selection of the messages from you that appeared on Facebook and Twitter. Thank you for believing.

"Love my school. Wouldn't be myself without FSU. It's given me more than I could have ever asked for. Thanks to everyone who is still standing strong. I believe in Frostburg."

– Myra Love Derbyshire

" I BELIEVE IN FROSTBURG. I WOULDN'T BE WHO I AM TODAY."

– Jenny Wheaton '09

"I have and always will believe in Frostburg!"

– Raven La'Shay

"Frostburg believed in me, I believe in Frostburg."

– Candice Beitler '09

" I believe in Frostburg. ... Frostburg provided me an 'opportunity,' a scholarship, a great on-campus job, ama*XI*ing sisters, countless friends, a first love, a life journey and the experiences of a lifetime. For that, I will always be grateful."

– Kati Townsley Biddinger '00

"I believe in Frostburg. Sincerely, a grateful parent."

– Jennifer Chandler Nesbitt

"Wouldn't be in higher education and married to a wonderful man if not for my amazing experience at Frostburg! I believe in Frostburg!"

– Amy Cabness '05/M'07

"I believe in Frostburg. This is my school, and it's also become my home."

– Matt Renwick

"I believe in Frostburg. Frostburg gave me professors who challenged and supported me and a job at the Lane University Center, which gave me incredible friends, mentors and experiences."

– Jim Brasefield '10

"I believe in Frostburg. ... Frostburg has made me a better person by the people I have met, the education I am gaining and most importantly, how we all come together in the time of need. I love my Frostburg family, and I believe in us!"

– Caitlin Burr

" Despite its Arctic weather, I believe in FSU."

– Isiah Burman

" Because of its Arctic weather, I believe LOL. Bobcats are cut from something tougher than usual."

– Thomas Gardner '74



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Appearing on stage nightly!



Leonard Schwab and his late wife, Jane, last appeared on stage together in 1999.

Yet together they created a legacy that is appearing onstage nightly in a Shakespearian Festival, is providing children with their very first theatre experiences in a Utah school, and is designing props for a professional theatre in Boston.

Leonard and Jane Schwab, whose business designed and produced world-renowned baby clothing, established a scholarship in 1996 for the theatrical art form they both loved and sometimes performed. The Schwab Theatre & Speech Scholarship has helped numerous students since then, including the three recipients whose career paths are listed above. All of these students (and many others) credit the Schwab Scholarship for providing them the opportunity to pursue their dreams.

LIVE FOR OTHERS. LIVE THROUGH OTHERS. CREATE A LEGACY.



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