

Coaching

Minor

	MINOR
Hours Required in HPE:	22
Hours Required in Other Departments:	0
Total Hours Required:	22

Coordinator:

Troy Strieby, Assistant Professor,
Department of Health and Physical
Education

Professor:

R. Lewis

Assistant Professors:

Strieby, Wright

- Field experience required in school program. Recommended during senior year.
- You cannot major in coaching.

Summary of Requirements for Minor in Coaching

Minor

All of the following: (16 hours)

HEED 305	Care and Prevention of Athletic Injuries
PHEC 175	Foundations of Resistance Training
PHEC 405	Psycho-Social Foundations of Sport
PHEC 412	Principles of Coaching
PHEC 420	Sports Law and Ethics
PHEC 481	Field Experience in Coaching

Two from among: (6 hours)

PHEC 360	Theory of Track & Field
PHEC 361	Theory of Football
PHEC 362	Theory of Baseball
PHEC 364	Theory of Basketball
PHEC 365	Theory of Volleyball
PHEC 366	Theory of Soccer
PHEC 369	Theory of Softball