

## RECREATION AND PARKS MANAGEMENT

# Recreation and Parks Management

## Major

## Minor

### Concentrations in

- ADVENTURE SPORTS
- COMMUNITY PROGRAM DELIVERY
- HOSPITALITY MANAGEMENT & TOURISM
- THERAPEUTIC RECREATION

#### Professor:

Kauffman

#### Associate Professors:

Blankenship, Gray

#### Assistant Professor:

Dougherty

#### Affiliated Faculty:

Debra Frank, Allegany College of Maryland; Wilma Brooks, The Community College of Baltimore County, Catonsville Campus; Mike Logsdon, Garrett College

- Program accredited by NRPA/AAPAR (American Association for Physical Activity and Recreation).
- You are required to complete RECR 497, which includes attendance at one state, regional or national conference during your junior or senior year, current certification in CPR and first aid and completion of a professional portfolio and review of the portfolio.
- Current certification in CPR and first aid is required.
- This program may also be completed at the Community College of Baltimore County - Catonsville. Interested students may contact Maureen Dougherty, coordinator of the FSU Recreation and Parks program at CCBC, 443.840.4603.
- Legal residents of Delaware may complete a recreation and parks management degree at Maryland resident tuition rates through the SREB Academic Common Market (ACM). You may retain your eligibility ONLY if you select the additional requirement options of a minor, an associate degree or a concentration. If you already have a bachelor's degree from another institution or pursue a second major at FSU, you are not eligible to participate in ACM.

	No Concentration	Comm. Prg. Delivery	Adventure Sports	Hospitality & Tourism	Thera. Recr.	MINOR
Concentrations:						
Hours Required in Department:	39	48	42	42	48	21
Hours Required in Other Departments:	3-variable	21	12-13	9	29	0
Additional Hours Required:	0	0	15	19	0	0
<b>Total Hours Required:</b>	<b>42-variable</b>	<b>69</b>	<b>69-70</b>	<b>70</b>	<b>77</b>	<b>21</b>

## Summary of Requirements for Major/Minor in Recreation and Parks Management

### Major

#### 1. Discipline Core: (39 hours)

RECR 201	Introduction to Recreation and Parks
RECR 221	Introduction to Therapeutic Recreation
RECR 342	Park and Facility Design
RECR 380	Recreation Leadership
RECR 382	Program Planning
RECR 388	Research Methods in Recreation and Parks
RECR 440	Organization and Administration of Recreation and Parks
RECR 443	Issues and Legal Liability in Recreation & Parks
RECR 491	Practicum and Professional Seminar
RECR 492	Internship Project ( <i>Capstone</i> )
RECR 495	Internship in Recreation
RECR 497	Out-of-class Requirements ( <i>see bullets at left</i> )

#### 2. Courses Outside Department: (3 hours)

COSC 100/110	Intro. to Computer Science ( <i>Tech. Fluency</i> ) or COSC 220 Introduction to Software Applications or EDUC 454 Microcomputer Application in Education or approved computer application course
--------------	---

#### 3. Complete one of the following:

- a second major
- a minor
- an associate's degree
- a bachelor's degree from another institution
- a concentration within the major as follows:

### I. Community Program Delivery Concentration (27 hours)

#### A. Recreation (9 hours)

Select three of the following:

RECR 100	Leisure and the Diverse American Culture ( <i>GEP Group F</i> )
RECR 381	Facilitation Skills and Techniques in Recreation and Parks
RECR 384	Special Event Management
RECR 393	History and Philosophy of Outdoor Recreation
RECR 480	Field Experience (3 credits)
HLTH 101	Community Health Promotion
HLTH 125	Health and Culture ( <i>GEP Group F</i> )
HLTH 330	Epidemiology of Health
ASI 110	Backcountry and Outdoor Living Skills*

#### B. Psychology (6 hours)

PSYC 150	General Psychology ( <i>GEP Group D</i> )
PSYC 210	Child Development or PSYC 212 Adolescence and Adulthood

### Minor

#### 1. Required Courses (6 hours)

RECR 380	Recreation Leadership
RECR 382	Recreation Programming

#### 2. Electives (15 hours)

Select five additional RECR courses, at least four of which must be at the 300- or 400- level, excluding field experiences and internships (RECR 480, RECR 491, RECR 492 and RECR 495).

#### C. Sociology (6 hours)

SOCI 100	Intro. to Sociology ( <i>GEP Group D</i> )
----------	--

And one of the following:

SOCI 200	Social Problems
SOCI 203	Sociology of Deviant Behavior
SOCI 322	Social Demography
SOCI 325	Community Analysis
SOCI 326	Sociology of Rural Life
SOCI 328	Sociology of Urban Life
SOCI 366	Social Inequality

#### D. Communications Studies (6 hours)

Select one of the following:

CMST 102/112	Introduction to Human Communications
CMST 122	Introduction to Public Speaking
CMST 132	Intro. to Interpersonal and Small Group Communication

Select one of the following:

- CMST 215 Small Group Communication  
 CMST 300 Interpersonal Communication  
 CMST 322 Presentational Communication

- The adventure sports concentration is a collaborative program between Garrett College and Frostburg State University.
- You may enroll in this program at Frostburg State University and take adventure sports courses at Garrett College, or you may complete your first two years at Garrett College and then transfer to FSU.
- If you complete the Adventure Sports concentration, you will be eligible to receive an AAS in adventure sports at Garrett College.
- Legal residents of South Carolina, Virginia and West Virginia may complete a recreation and parks management degree (adventure sports concentration only) at Maryland resident tuition rates through the SREB Academic Common Market (see Admissions section of the catalog).

## II. Adventure Sports Concentration (27-28 hours)

### A. Two ASI skills courses (2 hours)\*

Any two courses from Section B, C, D or E

### B. Two Introductory Level Courses (2 hours)\*

Examples include but are not limited to:

- ASI 111 Beginning Orienteering  
 ASI 115 Wilderness Survival Skills  
 ASI 120 Introduction to Traditional Rock Climbing  
 ASI 121 Rock Craft 1  
 ASI 130 Introduction to Whitewater Kayaking  
 ASI 131 Introduction to Paddlesports  
 ASI 133 Introduction to Whitewater Canoeing  
 ASI 136 Introduction to Rafting and River Guiding  
 ASI 138 Introduction to Sea Kayaking  
 ASI 140 Introduction to Cross Country Mountain Biking  
 ASI 145 Mountain Bike Mechanics I  
 ASI 150 Beginning Alpine Skiing  
 ASI 154 Beginning Snowboarding  
 ASI 158 Cross Country Skiing  
 ASI 159 Introduction to Telemark Skiing  
 ASI 180 Introduction to New Games-Initiatives/Low Ropes Challenge Course  
 ASI 190 Beginning Open Water SCUBA  
 ASI 192 Basic Sailing

### C. Three Intermediate Level Courses (3 hours)\*

Examples include but are not limited to:

- ASI 117 Cold Weather Outdoor Living Skills  
 ASI 210 Winter Adventure Skill  
 ASI 212 Eastern Mountaineering  
 ASI 220 Rock Craft 2  
 ASI 221 Rock Craft 4  
 ASI 222 Rock Craft 5  
 ASI 226 Ice Climbing  
 ASI 230 Whitewater Kayaking Techniques I  
 ASI 231 Whitewater Kayaking Techniques II  
 ASI 232 Whitewater Freestyle Kayaking  
 ASI 233 Whitewater Canoeing Techniques I  
 ASI 236 Whitewater Rafting Technique Development  
 ASI 238 Sea Kayaking Techniques I  
 ASI 240 Intermediate Cross Country Mountain Biking  
 ASI 244 Downhill and Dual-Slalom  
 ASI 247 Mountain Bike Mechanics Certification  
 ASI 258 Cross Country Skiing Techniques I  
 ASI 280 Intermediate Ropes Course

### D. One Instructor/Guide Level Course (1 hour)\*

Examples include but are not limited to:

- ASI 270 Rock Craft 6: Rock Climbing Instructor Development  
 ASI 271 Wilderness Guide Instructor Training (LNT Master Educator)  
 ASI 273 Mountain Bike Guide Development and Certification  
 ASI 274 Ski School Instructor Training  
 ASI 276 Whitewater Kayak Instructor Training  
 ASI 277 Whitewater Rafting Instructor Training  
 ASI 279 Challenge Course Facilitation

### E. One Rescue Level Course (1 hour)\*

Examples include but are not limited to:

- ASI 160 Swift Water Rescue  
 ASI 162 Fundamentals of Search and Rescue  
 ASI 260 Rock Craft 3: Vertical Rock Rescue

### F. Take all of the following: (9 hours)

- ASI 110 Backcountry Living Skills\*  
 ASI 164 Wilderness First Responder\*  
 RECR 393 History and Philosophy of Outdoor Recreation  
 or HUM 210 Society & the Environment\*

### G. Communications Studies (3 hours)

Select one of the following:

- CMST 102/112 Intro to Human Communications  
 CMST 122 Introduction to Public Speaking  
 CMST 132 Introduction to Interpersonal and Small Group Communication  
 CMST 215 Small Group Communication

### H. Select two of the following: (6-7 hours)

- ACCT 211 Financial Accounting  
 BIO 110 Natural History (4 credit hours)\*  
 FINA 303 Principles of Finance  
 MGMT 351 Management of Organizations  
 PSYC 150 General Psychology (GEP Group D)  
 PSYC 210 Child Psychology  
 PSYC 212 Adolescence and Adulthood  
 PSYC 317 Abnormal Psychology  
 PSYC 385 Group Processes  
 PSYC 386 Drugs and Human Behavior  
 PSYC 410 Introduction to Counseling  
 RECR 421 Program Design and Evaluation in Therapeutic Recreation

\*Garrett College courses

## RECREATION AND PARKS MANAGEMENT

- The hospitality & tourism concentration is a collaborative program with Allegany College of Maryland (ACM).
- You may enroll in this program at Frostburg State University and take the hospitality courses at ACM, or you may complete your first two years at ACM and then transfer to FSU.

\*Garrett College courses

\*\*Allegany College of Maryland courses

- The therapeutic recreation concentration prepares you to sit for the National Council for Therapeutic Recreation Certification Exam.
- You may complete the B.S. in Recreation and Parks Management with a therapeutic recreation concentration at the main campus or at the CCBC Catonsville campus.
- You may complete a minor in either Psychology or Sociology by taking several additional courses.

\*\*Allegany College of Maryland courses

\*\*\* CCBC, Catonsville courses

### III. Hospitality Management & Tourism Concentration (27 hours)

#### A. Recreation course: (3 hours)

RECR 384 Special Events Management

#### B. Tourism courses: (3 hours)

GEOG 454 Geography of Tourism

or GEOG 455 Tourism Planning

or \*\*30-120 Principles of Travel/Tourism

#### C. Hotel and Resort courses: (19 hours)

\*\*30-110 Food Service Sanitation

\*\*30-160 Quantity Food Production

\*\*30-203 Food Purchasing, Inventory and Cost Control

\*\*30-204 Menu Planning and Food Merchandising

\*\*30-205 Food and Beverage Cost Control

\*\*30-209 Hotel/Motel Front Office Management

\*\*30-215 Hotel/Motel Property Management

#### D. Business courses: (3 hours)

ACCT 211 Financial Accounting

or \*\*61-109 Practical Accounting/Bookkeeping

### IV. Therapeutic Recreation Concentration (35 credits)

#### A. Complete a 480 hour consecutive internship

under an NCTRC certified supervisor.

#### B. Recreation Courses: (9 hours)

RECR 321 Theories and Concepts of Therapeutic Recreation

RECR 421 Program Design and Evaluation in Therapeutic Recreation

RECR 422 Principles and Practices in Therapeutic Recreation

#### C. Anatomy and Physiology: (4 hours)

BIOL 211 Essentials of Anatomy and Physiology

or BIOL 321 Anatomy and Physiology I

or BIOL 201 Human Anatomy and Physiology I\*\*\*

#### D. Abnormal Psychology: (3 hours)

PSYC 317 Abnormal Psychology

or PSYC 201 Abnormal Psychology\*\*\*

#### E. Human Growth and Development through the Life Span: (3-6 hours)

PSYC 210 Child Psychology

and PSYC 212 Adolescence and Adulthood

or PSYC 103 Principles of Human Growth/Development\*\*\*

#### F. Human Services and Related Biological and Physical Sciences:

(Frostburg: 13 hours. CCBC: 16 hours)

Required for students on Frostburg campus:

BIOL 149 General Biology I (GEP Group C)

PSYC 150/151 General Psychology (GEP Group D)

Frostburg campus students select two of the following:

BIOL 322 Anatomy and Physiology II

PHEC 303 Biomechanics for Exercise and Sport Science

PSYC 213 Psychology of Adjustment

PSYC 250 Death and Dying

PSYC 318 Social Psychology

PSYC 404 Psychology of the Exceptional Child

PSYC 409 Human Learning and Cognition

PSYC 410 Introduction to Counseling

PSYC 489 Abnormal Child Psychology

SOCI 100 Introduction to Sociology (GEP Group D)

SOCI 200 Social Problems

SOCI 203 Sociology of Deviant Behavior

SOCI 340 Criminology

SOCI 442 Juvenile Delinquency

SOCI 468 Sociology of Later Life

CCBC campus students select at least 16 hours (five courses) from:

BIOL 101 General Biology\*\*\*

BIOL 202 Human Anatomy & Physiology II\*\*\*

PSYC 101 Introduction to Psychology\*\*\*

SOCI 101 Introduction to Sociology\*\*\*

or other equivalents of the courses listed above