

## RECREATION AND PARKS MANAGEMENT

# Recreation and Parks Management

## Major

## Minor

### Concentrations in

- ADVENTURE SPORTS
- COMMUNITY PROGRAM DELIVERY
- HOSPITALITY MANAGEMENT & TOURISM
- THERAPEUTIC RECREATION

	Community Program Delivery	Adventure Sports	Hospitality & Tourism	Therapeutic Recreation	MINOR
Concentrations:					
Hours Required in Department:	48	42	42	48	21
Hours Required in Other Departments:	21	12-13	9	29	0
Additional Hours Required:	0	15	19	0	0
<b>Total Hours Required:</b>	<b>69</b>	<b>69-70</b>	<b>70</b>	<b>77</b>	<b>21</b>

## Summary of Requirements for Major/Minor in Recreation and Parks Management

### Major

#### 1. Discipline Core: (39 hours)

RECR 201	Introduction to Recreation and Parks
RECR 221	Introduction to Therapeutic Recreation
RECR 342	Park and Facility Design
RECR 380	Recreation Leadership
RECR 382	Program Planning
RECR 388	Research Methods in Recreation & Parks
RECR 440	Organization and Administration of Recreation & Parks
RECR 443	Issues and Legal Liability in Recreation & Parks
RECR 491	Practicum & Professional Seminar
RECR 492	Internship Project ( <i>Capstone</i> )
RECR 495	Internship in Recreation
RECR 497	Out-of-class Requirements ( <i>see bullets at left</i> )

#### 2. Courses Outside Department: (3 hours)

COSC 100/110	Intro. to Computer Science ( <i>Tech. Fluency</i> ) or COSC 220 Introduction to Software Applications or EDUC 454 Microcomputer Application in Education or approved computer application course
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#### 3. Complete one of the following:

- a second major
- a minor
- an associate's degree
- a bachelor's degree from another institution
- a concentration within the major as follows:

### I. Community Program Delivery Concentration (27 hours)

#### A. Recreation (9 hours)

Select three of the following:

RECR 100	Leisure and the Diverse American Culture ( <i>GEP Group F</i> )
RECR 330	Outdoor Education
RECR 381	Facilitation Skills & Techniques in Recreation & Parks
RECR 384	Special Event Management
HEED 101	Community Health Promotion
ASI 110	Backcountry & Outdoor Living Skills*
ASI 164	Wilderness First Responder*

#### B. Psychology (6 hours)

PSYC 150	General Psychology ( <i>GEP Group D</i> )
PSYC 210	Child Development or PSYC 212 Adolescence and Adulthood

#### C. Sociology (6 hours)

SOCI 100	Intro. to Sociology ( <i>GEP Group D</i> )
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### Minor

#### 1. Required Courses (6 hours)

RECR 380	Recreation Leadership
RECR 382	Recreation Programming

#### 2. Electives (15 hours)

Select five additional RECR courses, at least four of which must be at the 300- or 400- level, excluding field experiences and internships (RECR 480, RECR 491, RECR 492 and REC 495).

#### Professor:

Kauffman

#### Associate Professors:

Blankenship, Gray

#### Assistant Professors:

Dougherty, Hill

#### Affiliated Faculty:

Debra Frank, Allegany College of Maryland; Wilma Brooks, The Community College of Baltimore County, Catonsville Campus; Mike Logsdon, Garrett College

- Program accredited by NRPA/AAPAR (American Association for Physical Activity and Recreation).
- You are required to complete RECR 497 which includes attendance at one state, regional or national conference during your junior or senior year and current certification in CPR and first aid.
- Current certification in CPR and first aid is required.
- This program may also be completed at the Community College of Baltimore County - Catonsville. Interested students may contact Maureen Dougherty, coordinator of the FSU Recreation and Parks program at CCBC, 443.840.4603.

\* courses offered only at Garrett College

- The adventure sports concentration is a collaborative program between Garrett College and Frostburg State University.
- You may enroll in this program at Frostburg State University and take adventure sports courses at Garrett College, or you may complete your first two years at Garrett College and then transfer to FSU.
- If you complete the Adventure Sports concentration, you will be eligible to receive an AAS in adventure sports at Garrett College.
- Legal residents of Delaware, South Carolina, Virginia and West Virginia may complete a recreation and parks management degree (adventure sports concentration) at Maryland resident tuition rates through the SREB Academic Common Market (see Admissions section of the catalog).

\*Garrett College courses

## II. Adventure Sports Concentration (27-28 hours)

### A. Two ASI skills courses (2 hours)\*

Any two courses from Section B, C, D or E

### B. Two Introductory Level Courses (2 hours)\*

Examples include but are not limited to:

ASI 111	Beginning Orienteering
ASI 115	Wilderness Survival Skills
ASI 120	Introduction to Traditional Rock Climbing
ASI 121	Rock Craft 1
ASI 130	Introduction to Whitewater Kayaking
ASI 131	Introduction to Paddlesports
ASI 133	Introduction to Whitewater Canoeing
ASI 136	Introduction to Rafting and River Guiding
ASI 138	Introduction to Sea Kayaking
ASI 140	Introduction to Cross Country Mountain Biking
ASI 145	Mountain Bike Mechanics I
ASI 150	Beginning Alpine Skiing
ASI 154	Beginning Snowboarding
ASI 158	Cross Country Skiing
ASI 159	Introduction to Telemark Skiing
ASI 180	Introduction to New Games-Initiatives/Low Ropes Challenge Course
ASI 190	Beginning Open Water SCUBA
ASI 192	Basic Sailing

### C. Three Intermediate Level Courses (3 hours)\*

Examples include but are not limited to:

ASI 117	Cold Weather Outdoor Living Skills
ASI 210	Winter Adventure Skill
ASI 212	Eastern Mountaineering
ASI 220	Rock Craft 2
ASI 221	Rock Craft 4
ASI 222	Rock Craft 5
ASI 226	Ice Climbing
ASI 230	Whitewater Kayaking Techniques I
ASI 231	Whitewater Kayaking Techniques II
ASI 232	Whitewater Freestyle Kayaking
ASI 233	Whitewater Canoeing Techniques I
ASI 236	Whitewater Rafting Technique Development
ASI 238	Sea Kayaking Techniques I
ASI 240	Intermediate Cross Country Mountain Biking
ASI 244	Downhill and Dual-Slalom
ASI 247	Mountain Bike Mechanics Certification
ASI 258	Cross Country Skiing Techniques I
ASI 280	Intermediate Ropes Course

### D. One Instructor/Guide Level Course (1 hour)\*

Examples include but are not limited to:

ASI 270	Rock Craft 6: Rock Climbing Instructor Development
ASI 271	Wilderness Guide Instructor Training (LNT Master Educator)
ASI 273	Mountain Bike Guide Development and Certification
ASI 274	Ski School Instructor Training
ASI 276	Whitewater Kayak Instructor Training
ASI 277	Whitewater Rafting Instructor Training
ASI 279	Challenge Course Facilitation

### E. One Rescue Level Course (1 hour)\*

Examples include but are not limited to:

ASI 160	Swift Water Rescue
ASI 162	Fundamentals of Search and Rescue
ASI 260	Rock Craft 3: Vertical Rock Rescue

### F. Take all of the following: (9 hours)

ASI 110	Backcountry Living Skills *
ASI 164	Wilderness First Responder *
RECR 393	History and Philosophy of Outdoor Recreation or HUM 210 Society & the Environment *

### G. Communications Studies (3 hours)

Select one of the following:

CMST 102/112	Intro to Human Communications
CMST 122	Introduction to Public Speaking
CMST 132	Introduction to Interpersonal and Small Group Communication
CMST 215	Small Group Communication

### H. Select two of the following: (6-7 hours)

ACCT 211	Financial Accounting
BIO 110	Natural History (4 credit hours) *
MGMT 351	Management of Organizations
FINA 303	Principles of Finance
RECR 421	Program Design and Evaluation in Therapeutic Recreation
PSYC 150	General Psychology (GEP Group D)
PSYC 210	Child Psychology
PSYC 212	Adolescence and Adulthood
PSYC 385	Group Processes
PSYC 386	Drugs and Behavior
PSYC 410	Introduction to Counseling
PSYC 417	Psychology of Abnormal Behavior

## RECREATION AND PARKS MANAGEMENT

- The hospitality & tourism concentration is a collaborative program with Allegany College of Maryland (ACM).
- You may enroll in this program at Frostburg State University and take the hospitality courses at ACM, or you may complete your first two years at ACM and then transfer to FSU.

\*Garrett College courses

\*\*Allegany College of Maryland courses

- The therapeutic recreation concentration prepares you to sit for the National Council for Therapeutic Recreation Certification Exam.
- You may complete the B.S. in Recreation and Parks Management with a therapeutic recreation concentration at the main campus or at the CCBC Catonsville campus.
- You may complete a minor in either Psychology or Sociology by taking several additional courses.

\*\*Allegany College of Maryland courses

\*\*\* CCBC, Catonsville courses

### III. Hospitality Management & Tourism Concentration (27 hours)

#### A. Recreation course: (3 hours)

RECR 384 Special Events Management

#### B. Tourism courses: (3 hours)

GEOG 454 Geography of Tourism

or GEOG 455 Tourism Planning

or \*\*30-120 Principles of Travel/Tourism

#### C. Hotel and Resort courses: (19 hours)

\*\*30-110 Food Service Sanitation

\*\*30-160 Quantity Food Production

\*\*30-203 Food Purchasing, Inventory and Cost Control

\*\*30-204 Menu Planning and Food Merchandising

\*\*30-205 Food and Beverage Cost Control

\*\*30-209 Hotel/Motel Front Office Management

\*\*30-215 Hotel/Motel Property Management

#### D. Business courses: (3 hours)

ACCT 211 Financial Accounting

or \*\*61-109 Practical Accounting/Bookkeeping

### IV. Therapeutic Recreation Concentration (35 credits)

#### A. Complete a 480 hour consecutive internship

under an NCTRC certified supervisor.

#### B. Recreation Courses: (9 hours)

RECR 321 Theories and Concepts of Therapeutic Recreation

RECR 421 Program Design and Evaluation in Therapeutic Recreation

RECR 422 Principles and Practices in Therapeutic Recreation

#### C. Anatomy and Physiology: (4 hours)

BIOL 211 Essentials of Anatomy and Physiology

or BIOL 201 Anatomy and Physiology I

or BIOL 201 Human Anatomy and Physiology I\*\*\*

#### D. Abnormal Psychology: (3 hours)

PSYC 417 Psychology of Abnormal Behavior

or PSYC 201 Abnormal Psychology\*\*\*

#### E. Human Growth and Development through the Life Span: (3-6 hours)

PSYC 210 Child Psychology

and PSYC 212 Adolescence and Adulthood

or PSYC 103 Principles of Human Growth/Development\*\*\*

#### F. Human Services and Related Biological and Physical Sciences:

(Frostburg: 13 hours. CCBC: 16 hours)

Required for students on Frostburg campus:

BIOL 149 General Biology I (GEP Group C)

PSYC 150/151 General Psychology (GEP Group D)

Frostburg campus students select two of the following:

BIOL 202 Anatomy and Physiology II

PSYC 213 Psychology of Adjustment

PSYC 250 Death and Dying

PSYC 404 Psychology of Exceptional Children

PSYC 409 Human Learning and Cognition

PSYC 418 Social Psychology

PSYC 489 Child and Adolescent Disorders

PSYC 410 Introduction to Counseling

SOCI 100 Introduction to Sociology (GEP Group D)

SOCI 200 Social Problems

SOCI 203 Sociology of Deviant Behavior

SOCI 340 Criminology

SOCI 442 Juvenile Delinquency

SOCI 468 Sociology of Later Life

PHEC 303 Biomechanics for Exercise Science

CCBC campus students select at least 16 hours (five courses) from:

BIOL 101 General Biology\*\*\*

BIOL 202 Human Anatomy & Physiology II\*\*\*

PSYC 101 Introduction to Psychology\*\*\*

SOCI 101 Introduction to Sociology\*\*\*

or other equivalents of the courses listed above