



The RN-BSN Program at Frostburg State University is accredited by the Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington DC 20036, 202.887.6791

**For more information:**

**Roxanne Weighley**  
Program Management Specialist  
Room 127 Performing Arts Center  
Phone: 301.687.4141  
Fax: 301.687.3164  
Email: [rmweighley@frostburg.edu](mailto:rmweighley@frostburg.edu)

## Graduation Requirements

### General Education Program (42 Credits)

Core Skills	
Freshman Composition.....	3 Credits
Advanced Composition (300-level English) .....	3 Credits
Elements of Probability and Statistics .....	3 Credits
Modes of Inquiry	
Fine Art	
Music/Dance/Art Appreciation.....	3 Credits
Humanity Courses	
History/Philosophy/Language/Literature .....	6 Credits
Natural Science	
Chemistry 100 or 201.....	4 Credits
Anatomy and Physiology 1 .....	4 Credits
Social Science	
Psychology.....	3 Credits
Sociology .....	3 Credits
FSU Colloquia	
Microbiology.....	4 Credits
Human Growth and Development .....	3 Credits
Identity and Difference	
Cultural Course (e.g., Human Geography) .....	3 Credits

### Additional Courses (6 Credits)

Anatomy and Physiology 2 .....	4 Credits
Nutrition.....	3 Credits

### Nursing License (30 Credits)

### RN-BSN Courses (32 Credits)

NURS 401 Health Assessment.....	3 Credits
NURS 402 Nursing Research.....	3 Credits
NURS 403 Elements of Professional Nursing Role .....	3 Credits
NURS 404 Nursing Informatics.....	3 Credits
NURS 405 Ethics in Contemporary Nursing Practice.....	3 Credits
NURS 406 Leadership for Quality and Safety.....	3 Credits
NURS 491 & NURS 495 Population-Focused Nursing Practice.....	6 Credits
NURS 496 Capstone Project .....	2 Credits
Nursing Elective.....	3 Credits
MGMT 356 .....	3 Credits

- Chemistry must be completed before entering any nursing courses. The chemistry course must be equivalent to CHEM 100 Chemistry and Society, 201 General Chemistry I or other approved 4 credit chemistry.
- Nutrition must be completed before taking NURS 401 Health Assessment.
- Statistics must be completed before taking NURS 402 Nursing Research.
- General Education Program may be different if the student is a re-entry to FSU or it is a second degree.
- Minimum 120 credits needed for graduation; additional 9 transfer credits needed for this sample plan to meet graduation requirements.

# Online RN-BSN Program

## NURSING PROGRAM INFORMATION

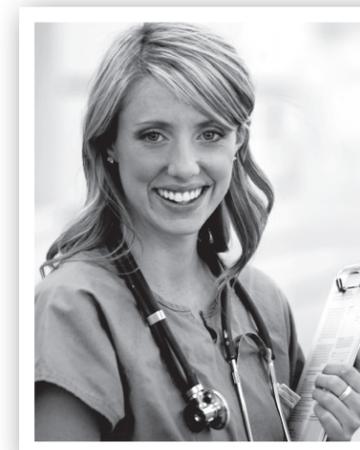


### Welcome

Thank you for your interest in Frostburg State University's RN-BSN Program. We are excited to offer this program completely online! The RN-BSN Program is based on the American Association of Colleges of Nursing's proposed *Essentials of Baccalaureate Nursing Education* and was accredited by the Commission on Collegiate Nursing Education (CCNE) in 2011. The program is approved by the Maryland Board of Nursing, the Maryland Higher Education Commission, and meets the requirements of the Maryland Statewide Nursing Education Articulation Agreement. The RN-BSN curriculum is designed to increase the registered nurse's knowledge and skills. The program will prepare nurses to assume roles in leadership, complex clinical care coordination and community/public health, and serves as the academic foundation for graduate study.

**"I chose to obtain my BSN because in completing this degree, many doors open up for me in this profession. Furthermore, I do plan to obtain my master's degree and this education is an essential step in that process."**

— Emily Keiper, RN



### How to Apply

#### STEP 1:

**Apply Online:** Students should complete an application for admission to Frostburg State University. The application may be submitted online with a \$30 application fee. Fall applications are due by July 1 and Nov. 1 for spring semester admission.

#### STEP 2:

**Send Transcripts:** Students must submit official college transcripts for all previous college credits within 14 days of submission of their online application. The Admissions Office will review all transcripts and forward a transfer credit evaluation to the Nursing Department for their review of the application.

#### STEP 3:

**Submit Deposit:** Students will receive an acceptance letter from the Admissions Office if they meet admission criteria into Frostburg State University. Once the Nursing Department has reviewed the application and accepted the student into the RN-BSN online program, if the student accepts the offer to attend, a \$150 deposit is required.



**"I didn't think that I would enjoy the online process because of the limited amount of social interaction that is involved. As it turns out, we have come together very well as a class and built networks and support systems for one another that are equivalent to a classroom experience."**

— Emily Keiper, RN



## Why Choose FSU?

**Affordability:** We understand that going back to school can be a financial hardship; that's why FSU is reasonably priced compared to other online RN-BSN programs!

**Accessibility:** The campus is close enough to home to facilitate on-campus connections.

**Convenience:** You can complete your coursework from anywhere and anytime that fits into your busy schedule.

**Personal Attention:** You will be part of small classes so you can have one-on-one attention, and caring faculty for assistance.

**Knowledge You Can Use:** Our program is based on skills and knowledge that will benefit your practice!

## Tuition and Fees

### Tuition/Fees:

In-state tuition and fees for part-time credits = \$259 per credit hour

Contiguous county part-time credits = \$384 per credit hour

Out-of-state part-time credits = \$499 per credit hour

\*Based on 2014-2015 tuition rates

### Example Totals:

Six credits for in-state student per semester = \$1,554

Total cost of program for 32 credit hours = \$8,288

Check with employer for tuition reimbursement opportunities.

### Additional Information:

Contact the FSU Financial Aid Office at 301.687.4301 for information about student loans and scholarship opportunities.

## Sample Progression Plan

### Fall Semester Start

Fall Semester	Spring Semester	Summer Semester	Fall Semester
NURS 402 NURS 405	NURS 403 NURS 404	NURS 401* NURS 406* MGMT 356	NURS 491, 495 NURS 496

### Spring Semester Start

Spring Semester	Summer Semester	Fall Semester	Spring Semester
NURS 403 NURS 404	NURS 401* NURS 406* MGMT 356	NURS 402 NURS 405	NURS 491, 495 NURS 496

### Summer Semester Start

Summer Semester	Fall Semester	Spring Semester	Summer Semester
NURS 401* NURS 406* MGMT 356	NURS 402 NURS 405	NURS 403 NURS 404	NURS 491, 495 NURS 496

\*Courses offered in both summer and fall

Note: Nursing elective can be taken during any semester.

## Nursing Courses

### NURS 401 Health Assessment

3 Credits

Comprehensive holistic assessment theory and concepts, inclusive of physical, emotional, cultural, nutritional, spiritual and social assessment skill sets. Specific skills include, but are not limited to, interviewing and history-taking skills, physical exam skills and the identification of data based health problems via integrated lab modules within the course. *Prerequisite: HEED 200*

### NURS 402 Nursing Research and Evidence-Based Practice

3 Credits

Theory and methods of qualitative and quantitative research provide basic knowledge for reading and understanding nursing research. Theory and concepts of evidence-based nursing practice, including formulating a clinical problem, identifying sources of evidence, using clinical guidelines, disseminating evidence and motivating for change based on scientific evidence. *Prerequisite: Math 209*

### NURS 403 Elements of the Professional Nursing Role

3 Credits

Implementation of the professional nursing role within the rapidly changing healthcare system. Identifying shifting demographic and social trends while maintaining caring and compassionate values. Focuses on concepts such as patient-centered care; interdisciplinary collaboration; elements of safe, quality care; nursing diversity in roles, organizations and culture; and finally, professional identity and image.

### NURS 404 Nursing Informatics

3 Credits

Introduction to nursing informatics as it applies to data, information, knowledge and wisdom within the areas of administration, education, practice and research. Basic informatics competencies will include day-to-day, safe, quality patient care; interdisciplinary collaboration; decision support systems and use-cases; workflow analysis and implementation; standardized terminologies; and privacy and security issues.

### NURS 405 Ethics in Contemporary Nursing Practice

3 Credits

Application of ethical decision-making in current nursing practice. Critical elements consist of discovery of individual ethical viewpoint and framework, including individual biases; principles and legal concepts; and examination of contemporary ethical issues such as genomics, patient and employee rights, healthcare ethics and organizational committees.

### NURS 406 Leadership for Quality and Safety

3 Credits

Examination of leadership skills necessary to understand and develop a culture of quality and safe patient care. Concepts include decision-making, conflict resolution, communication, motivation, organizational structure, resource management, quality improvement processes and instruments, and tools for safeguarding patients. These concepts form the basis for examination of quality improvement approaches, nurse-sensitive indicators and safety principles, in addition to national quality and safety initiatives.

### NURS 491 Population-Focused Nursing Practice

3 Credits

Introduction to the role of the professional nurse in promoting health and preventing disease in the community health setting. Epidemiological, sociological and environmental concepts examined with a focus on the health status of aggregates. The course consists of a community health assessment/analysis in theory and presentation, case studies and examinations. 3 hrs. lecture. Every semester. *Prerequisites: Admission to the RN-BSN Program and program coordinator permission; corequisite: NURS 495.*

### NURS 495 Population-Focused Nursing Practice Practicum

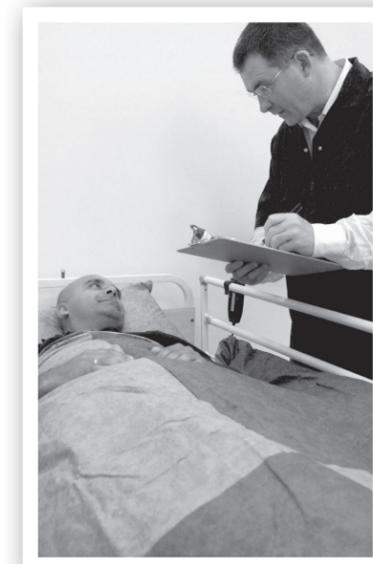
3 Credits

Experiential component of practicum. Students will prepare a proposal for a community health nursing clinical experience and work directly with a preceptor upon approval of the instructor and program coordinator. 135 hours of clinical experience: an average of 9 hours in the clinical experience each week. Every semester. Graded P/F. *Prerequisites: Admission to the RN-BSN Program and program coordinator permission; corequisite: NURS 491.*

### NURS 496 Capstone Project

2 Credits

Represents the synthesis of theoretical and clinical knowledge and skills for the professional baccalaureate-prepared nurse. Focuses on critical thinking, professional collaboration and community engagement in the planning and implementation of a project designed to meet an identified health need.



**"What I like best about the program is the convenience. I can set my own pace and complete activities as they fit into my schedule."**

— Elizabeth Goldsborough, RN