

Campus Life & Activities

Residence Life

The mission of Residence Life is to create a comprehensive living-learning environment that complements the academic mission of the University. We seek to provide students with a safe, civil, and healthy living experience, and we nurture an inclusive community which balances self-expression with the rights of others. You will have the opportunity to live with others of differing backgrounds, ideas and values and to participate in a wide range of activities. Residence hall handbooks and *The Pathfinder* provide detailed information about living on campus. Information and handbooks are available by contacting 301/687-4121.

Housing

Eleven residence halls give students a range of options: coed or same-sex housing, a leadership development hall, international and honor student housing, smoke-free and substance-free halls. Housing is made available without regard to race, color, religion, disability, or country of national origin.

- You must apply for housing on a separate housing request form before you will be assigned a room. Housing is assigned to new students on the basis of the date they pay their advanced fee deposit and the date their Housing Request form is received by the Residence Life Office.

Residential Options

Each year, Residence Life offers a number of special interest housing options from which to choose. These options bring together students with common interests or goals, and serve to enhance students' adjustment to college life. Listed below are some of the options presently available:

HallSTARS! Community Service Hall:

HallSTARS! is a coed living-learning-serving program for first-year students living in Cumberland Hall. This Learning Community is designed to integrate service activities with first-year curriculum courses. Residents completing a prescribed number of hours of service per week will be eligible for an educational award/scholarship. A separate application is required for admission to this program.

G.O.L.D.: Generating Opportunities for Leadership Development:

Located in Cumberland Hall, G.O.L.D. is an enriching coed leadership program for first-year students. G.O.L.D. provides par-

ticipating residents with a supportive and challenging community for the development of leadership skills during their first year. The program emphasizes learning and applying leadership skills to academics, co-curricular activities, and career environments; past graduates represent a large proportion of the presidents and executive officers of student organizations at FSU. A separate application is required for admission to this program.

First Year Experience Program:

Residence Life Staff in four of the traditional residence halls in our Uphill area offer special support and activities for new students in making the transition from high school to college life. Students have the option of attending frequent in-hall programs which offer information and resources on topics of critical importance to college students. FYE participants benefit from lower staff-student ratios and a heightened sense of community with other new students.

Substance-Free Floor:

The third floor of Cumberland Hall houses new and returning students who want to make a conscious choice to live substance-free with other like-minded students. While the University alcohol policy applies in all of our residence halls, residents of this floor sign an agreement not to use alcohol or other drugs in their community, nor to return to their community after having consumed alcohol or other drugs.

Residence Hall Contract

Students living in the residence halls are required to sign a residence hall housing contract. The housing contract applies to the entire academic year. See the Expenses, Financial Aid and Scholarships chapter of this catalog for housing costs.

Meal Plans

If you live in the residence halls, you must purchase a resident's meal plan. Off-campus students may also purchase plans. Meal plans may change each semester and the deadline for selecting plans will be announced before the semester begins.

- Once you select a meal plan, that plan will continue unless you notify the University and Student Billing Office by the deadline. If you do not select a plan, the University and Student Billing Office will automatically assign you a meal option. See the Expenses, Financial Aid and Scholarships chapter for meal plan costs.

Residence Hall Association

Every student living in a residence hall becomes part of a hall council which elects an executive board and floor representatives to the Residence Hall Association. The student representatives develop a budget for spending the hall activity fees, recommend activities and programs, and act as representatives at leadership conferences. For more information, contact either the RHA Office (301/687-7389) or the Residence Life Office (301/687-4121).

Automobile Policy

All currently enrolled students can operate and park their vehicles on campus. On-campus students must register their car at the University and Student Billing Office but there is no fee. Students who do not live on campus must pay a fee when they register their cars in the University and Student Billing Office.



Student Services

Student Services can assist you in achieving your intellectual, social, cultural, career, physical and spiritual goals. We offer counseling, testing, student employment, learning assistance, placement, health services, student activities and many other programs.

Information and regulations pertaining to student life are found in *The Pathfinder*, the Residence Hall handbooks, and other bulletins issued by the University. Contact Student and Educational Services (301/687-4311) for more information about these services.

Learning Assistance Programs

Learning assistance services are available for all students and can help you develop the basic academic and study skills you need to master college courses. Programs for Academic Support and Studies (PASS) provides:

- basic skills assessment in mathematics, English and reading for all freshmen;
- individual tutoring in entry level courses;
- group tutoring for most science courses;
- study skills assessment and instruction;
- walk-in assistance for writing in the Writing Center;
- access to computers in the Writing Center;
- supplemental instruction for developmental reading/writing students;
- and developmental mathematics instruction.

(301/687-4441)

Diversity Center

The Diversity Center offers activities, workshops and programs to help **all students** develop an understanding of cultural differences as well as the skills needed to work effectively with individuals from various cultural/ethnic groups. Additionally, the center staff members serve as allies and advocates for minority students and organizations as they learn to negotiate the University environment. Mentoring, academic monitoring and social adjustment monitoring are also available for students through this center.

(301/687-4050)

Student Support Services

Student Support Services (SSS) is an academic support program entirely funded by the U.S. Department of Education with an annual budget of over \$300,000 to serve 275 eligible Frostburg State University enrolled students. Eligible students must meet one of the following criteria: first generation, low-income or documented physical or learning

disability. The program's purpose is to help students stay in college until they graduate and to foster an institutional environment supportive of them. Through cooperation and collaborative planning efforts with FSU departments, faculty, and staff, the SSS program provides a comprehensive program of personal and academic services. Some project services include:

- academic advisement, advocacy and monitoring
- personal counseling
- student financial aid assistance
- professional tutoring
- academic success workshops
- educational and cultural event tickets
- assistance in developing educational goals
- career exploration and guidance

(301/687-4481; TDD 301/687-7955; FAX 301/687-4671)

Disability Support Services

The DSS mission is to facilitate equal academic opportunity and enhance functional learning for students with any type of dis-

ability. Services include notetakers, taped textbooks and reader services, testing accommodations, and advocacy. Students must present documentation of their disability in order to qualify for services.

(301/687-4483; TTD 301/687-7955)

Veterans Affairs

This office assists anyone eligible for Veterans Administration educational benefits. If you are a new or re-entering student who is or may be eligible for these benefits, please contact Veteran Affairs well in advance of the semester you plan to register and when you anticipate any change in academic status.

(301/687-4409)

Upward Bound

Upward Bound provides academic and personal development programs for 67 educationally and/or economically disadvantaged high school students in Allegany County. Eligible students attend academic and enrichment programs on the University campus both during the school year and during a six-week residential summer program. For information and an application, call 301/687-4994.

Regional Math/Science Center

Traditionally under-represented high school students from Maryland, Pennsylvania, and West Virginia are eligible for a program which helps them develop skills needed for entering and succeeding in post-secondary education—specifically in math and science. We offer a residential summer program at the University and academic year programs. For information and application, contact 301/687-4295 or this toll-free number: 1-800/646-6004.



Westminster Residence Hall ►

Student Development Services

Our Student Development staff offers a variety of workshops, programs, and services for students which enhance both their personal development and the teaching/learning environment of the University. The Dean of Student Development (301/687-4311) can provide you with general information about regularly scheduled programs and individual services. The Office of Student Development also provides information on Parents Orientation, non-traditional students and off-campus housing for commuting students.

Health Services

- **Required Medical Form:** When you are accepted at the University, you will receive a medical form to be completed and returned to the Brady Health Center. A complete physical examination by your physician is strongly recommended.
- **Required Immunization Form:** The University requires all students to be immunized for rubeola, rubella, diphtheria, tetanus and mumps and to have documentation of these immunizations on file in the Brady Health Center prior to registration. Tuberculosis risk assessment is also required. If you were born before 1957, you are exempt from documentation for mumps, rubeola and rubella.
Effective June 1, 2000, the Maryland General Assembly passed a law requiring students enrolled in institutions or higher education in Maryland, who reside in on-campus housing, be vaccinated against meningococcal disease or, if they choose not to be vaccinated, they must sign a waiver indicating this decision.
- **Health Insurance and Fees:** Currently, there is a \$10 user fee for visits to the health center; there are also some miscellaneous charges for diagnostic tests, immunizations, treatments and prescription medications. Payment may be made at the center by cash, check or Bobcat Express card. Health insurance is strongly recommended. If you do not have health insurance, the University offers an affordable Student Health Plan through Sentry Insurance. For information, contact the Brady Health Center at 301/687-4310.
- **Services:** The Health Center is accredited by the AAAHC (Accreditation Association for Ambulatory Health Care). The services of the Health Center are available to all currently enrolled students. The health services program emphasizes prevention of health problems and offers limited direct health services combined with referrals to community health agencies, hospitals and specialists. You can find a list of the services offered by the Health

Center in the Brady Health Booklet, *The Pathfinder* (student handbook) and on-line at www.frostburg.edu. Also, a copy of required forms can be downloaded from the above website.

Counseling and Psychological Services

The Counseling Service (301/687-4234) offers a variety of counseling and developmental services to students and the University community. The services are accredited by the International Association of Counseling Services and provided by experienced counselors, psychologists and supervised graduate practicum students. There are no fees charged to FSU students.

- **Individual Counseling:** Personal counseling is available to students who may wish to improve their personal or academic effectiveness, or who may be experiencing personal (relationships, anxiety, adjustment, depression, self-concept, etc.), social, career or academic concerns. Counseling sessions are private and confidential and do not become part of the student's academic record. Psychiatric consultation and evaluation is available through the Counseling or Health Services Offices.
- **Group Counseling and Personal Development:** Counseling groups and developmental programs are available on topics such as career development, stress management, eating concerns, substance abuse and relationships.
- **Consultation and Training:** The Counseling Center staff consults with individuals, student organizations and other groups on helping skills, goal-setting, empathetic listening, team building, crisis prevention and other topics. The staff also offers a variety of training programs for University employees.
- **University Testing Program:** The Counseling Service provides information, applications, and coordinates the administration of a number of tests students need for admission to graduate school or to fulfill professional standards required by

states or other agencies. These tests include the Graduate Record Exam, PRAXIS, Law School Admission Test, Medical College Admissions Test and others.

- **Alcohol/Drug Education Program:** The Counseling Service sponsors an alcohol/drug education resource center (S.A.F.E. Communities Office, 301/687-4761) that contains educational material on alcohol and other drugs.

Career Development

The University encourages you to explore career options and to use the career development opportunities on campus from the beginning of your undergraduate education. Two offices help students explore occupations, find a graduate school, enter into professional careers, and develop job search skills: Career Services and the Career Resource Center.

Career Resource Center

The Career Resource Center (Sand Spring 129) contains the following information to help you explore occupations, plan a career or search for a graduate school:

- DISCOVER, a computerized self-exploration and career information system
- Materials on careers and graduate study for minorities and women.

Career Services

The Career Services Office (301/687-4403) can assist you in planning a career and preparing for life after graduation. The services range from helping you identify a major which matches your ability and interests to connecting you with future employers. Here is a sampling of our programs and services:

- Career exploration through research, interviews, summer jobs, internships, and networking with alumni on Career Day
- Workshops to improve job search skills like resume-writing and interviewing
- Senior Career Orientations that teach seniors competitive skills for the job market.
- Credential File Services
- Job fairs and on-campus interview opportunities with major employers.
- World wide web resources for internships/jobs.

Campus Activities

The Lane University Center—the FSU “Student Union” located in the center of campus—serves as the hub of student activities. Student organization offices, the University Bookstore, a bank, an information center, a lounge, game rooms, ticket office, a restaurant, and meeting rooms are all located here. The campus community uses the Lane University Center for gathering with friends as well as for attending banquets, concerts, dances, performances, conferences and many other events.

Campus activities at the University are largely administered by students with support from the Lane University Center and Office of Student and Community Involvement (301/687-4151). This office can provide you with complete information on all student organizations and activities and on special campus events.

Student Government Association

All students are represented by the two branches of the Student Government Association: the Executive Council and the Senate. The SGA develops and administers student self-government policies, provides many services to students, communicates with faculty and administration and decides how the student activity fees will be spent. Students from all undergraduate classes are encouraged to run for office in SGA and participate in shaping the future of the University. The Student Government Association Office (301/687-4304) can help you to get involved.

University Programming Council

The University Programming Council (UPC) is a student directed organization that provides a wide range of programs and activities for students and the campus community. UPC’s annual activities include:

- Welcome Week, Family Weekend, First Night and Last Night Frostburg each semester and Spring Fest;
- Concerts, dances, comedy shows and other special events;
- Feature film series, the Live at the Loft! music series, lectures and more.

UPC is always looking for new student leaders to help plan and implement programs. For more information about the University Programming Council and how to get involved, please contact Tammi Wiley, Director of Student Activities at 301/687-4151 or contact UPC directly at 301/687-4192 or by email at upc@frostburg.edu.

Cultural Events

Each year the University sponsors many cultural events in the fine and performing arts which you can attend or join as a participant. The Cultural Events Series (301/687-3137) presents programs by such distin-

guished performers and speakers as Jack Klugman, *The Nutcracker*, Pittsburgh Ballet Theatre, Chamber Orchestra Kremlin, Brazilian Guitar Quartet, Three Irish Tenors, as well as Broadway musicals like *Crazy for You*, *Copacabana* and *Hello Dolly*.

University departments also present major theatre productions featuring student actors, numerous music performances, poetry readings, lectures, art shows and other events.

Volunteerism and National Service

University students provide over 30,000 hours of service each year. Volunteer work is coordinated through the Center for Volunteerism and National Service which sponsors numerous projects.

- READ TO SUCCEED! Program
- VOICE Program (Volunteer Opportunities in the Community Environment)

- HallSTARS! Volunteer and National Service Programs
- Winter and spring Alternative Break trips
- Student Center for Volunteerism
- The Institute for Service-Learning

If you want more information about volunteer opportunities, call 301/687-4210.

Black Student Alliance

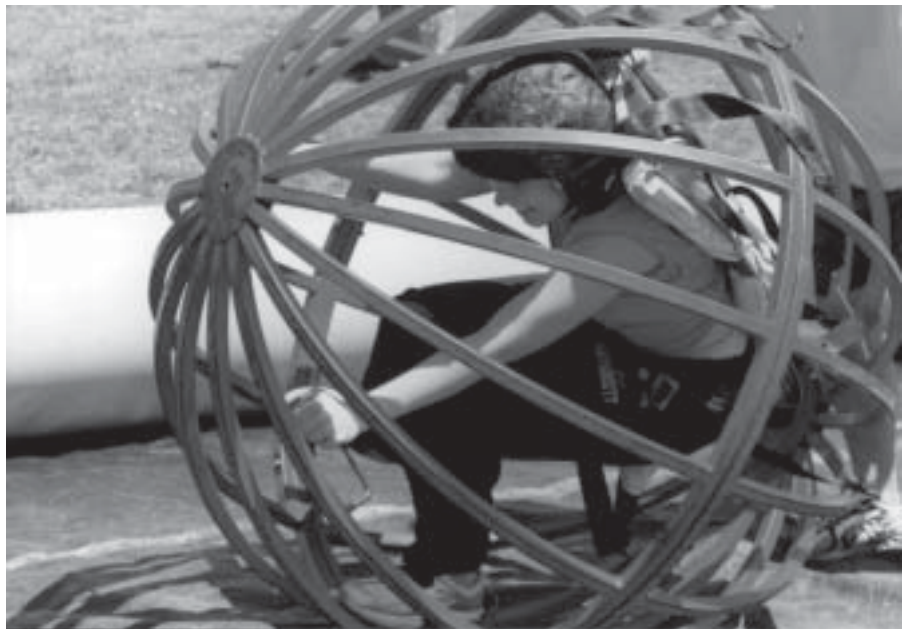
The Black Student Alliance members work to foster understanding of their culture and heritage in the campus community. The Alliance sponsors programs, events, and activities, provides an office where students can discuss issues and relax, maintains a library, and raises funds for charities and other organizations. Call 301/687-7402 for information.

International Students

International students can receive help in dealing with the Immigration and Naturalization Service, learning about local customs and culture, adjusting to campus life and understanding the U.S. educational system. For advising, programs and further information, please contact the Center for International Education at 301/687-4714.

Media and Student Publications

Students who want invaluable experience in media can take part in several extracurricular activities. Writers, editors, and artists/designers can join the staffs of two official student publications: (1) *The Bottom Line*, a student newspaper and (2) *Bittersweet*, a literary magazine. Students interested in broadcasting can work at WFWM, the cam-



The Spring Fest features a variety of fun activities such as human bowling.

pus radio station. FSU-TV transmits important campus information over Channel 3.

Department of Athletics

Frostburg State University has one of the finest and most comprehensive varsity sports programs in the country. FSU offers 21 intercollegiate sports, 11 for women, 10 for men. Women's sports include basketball, cross country, field hockey, golf, lacrosse, soccer, softball, swimming, tennis, indoor and outdoor track, and volleyball. Men compete in baseball, basketball, cross country, football, golf, soccer, swimming, tennis, and indoor and outdoor track.

Competing in Division III of the National Collegiate Athletic Association (NCAA), Frostburg State University is a member of the Eastern College Athletic Conference (ECAC), the Allegheny Mountain Collegiate Conference (AMCC), the Atlantic Central Football Conference and the Mason-Dixon



Conference. Frostburg State has won championships in the NCAA, ECAC, AMCC, and the Mason-Dixon Conference. As a member of NCAA Division III, FSU can offer no athletic scholarships. Hundreds of FSU athletes have earned All-American honors over the years.

As a result of paying an athletic fee, students are admitted free of charge to home athletic events, have access to recreation facilities, and may participate in intramural and club sports.

The athletic department administers and funds the intramural and club sports programs at the university. A wide variety of intramural activities are held each year for both men and women.

Check out Bobcat Athletics on the Internet at www.frostburg.edu.

University Organizations

If you've got a special hobby or academic interest, join a club to find other people who like the same sort of thing! A partial list of clubs and organizations currently active at FSU follows, but the listing is by no means complete because you can start your own club with some friends and add it to the list. All student organizations register in the Lane Center Campus Activities Office (301/687-4151) where you can find information about them.

Honor Societies

To encourage and recognize student scholarship within disciplines, more than sixteen academic departments at the University sponsor an honor society organization. First-year students may be eligible to join Phi Eta Sigma. In addition, there are special societies for students in the honors program and students studying wildlife.

Professional Organizations

Over eighteen professional organizations can help you learn about and pursue the career you have chosen. These organizations include the Accounting Association, Finance Club, Justice Studies Club, Student Education Association, Frostburg Business Association, and many others.

Greek Organizations

You may join one FSU's 19 recognized fraternities/sororities on campus which offer students opportunities in

- leadership
- community service
- personal development

- scholarship
- brotherhood/sisterhood.

The Director of Greek Life at the University (301/687-4151) can provide you with detailed information about these social organizations and membership.

Religious Organizations

Campus religious organizations—both denominational and ecumenical—have established offices and offer programs to students. During orientation, you may voluntarily complete a form about your religious preferences so that these organizations can provide you with information about their services and about opportunities for worship in the community.

Special Interest Organizations

Students have many opportunities to join or to create organizations which fit their interests. Students have created clubs and special interest groups in sports, music, computers, politics, the arts, and wildlife. Non-traditional students have created a network to support students over 25 years old.

Registered Student Organizations

Major Organizations
 Black Student Alliance
 Campus Activities Board
 Residence Hall Association
 Student Government Association

Media and Publications
Bittersweet - literary magazine
The Bottom Line - newspaper
 WFWM - radio station

Academic
 Accounting Association
 American Chemical Society
 American Marketing Association
 Art Club
 Computer Club
 Dance Club
 Delta Omicron
 Finance Club
 French Club
 Frostburg Business Association
 Geography Club
 International Relations Club
 Maryland Student Education Association
 Philosophy Club
 Physics & Engineering Club
 Politics, Law & Society Club
 Pre-Med Society
 Psychology Club
 Society for Advancement of Management
 Social Work Student Alliance
 Sociology Club
 Spanish Club
 Wildlife Society

Honor Societies
 Alpha Kappa Delta - sociology
 Beta Beta Beta - biology
 Gamma Theta Upsilon - geography
 Honors Student Association
 Kappa Mu Epsilon - math
 National Residence Hall Honorary
 Omicron Delta Epsilon - economics
 Order of Omega - Greek life
 Phi Alpha - social work
 Phi Alpha Theta - history
 Phi Epsilon Kappa - phys. ed. & recreation
 Phi Eta Sigma - first year students
 Pi Sigma Alpha - political science
 Pinnacle Non-Traditional Students
 Psi Chi - psychology
 Sigma Beta Delta - business
 Sigma Delta Pi - Spanish
 Sigma Tau Delta - English
 Upsilon Pi Epsilon - computing sciences

Community Service
 Alpha Phi Omega
 Alternative Break
 Sierra Student Coalition



The Greek Step Show is one of the highlights of Homecoming Weekend.

Greek Life

Independently Recognized
 Alpha Gamma
 Gamma Sigma Chi
 Phi Tau
 Zeta Phi

I.F.C. (Inter Fraternity Council)
 Delta Chi
 Pi Lambda Phi
 Sigma Alpha Epsilon
 Sigma Tau Gamma
 Tau Kappa Epsilon

N.P.C. (National Panhellenic Conference)
 Alpha Sigma Tau
 Alpha Xi Delta
 Delta Zeta

N.P.H.C. (National Pan-Hellenic Council)
 Alpha Phi Alpha
 Delta Sigma Theta
 Iota Phi Theta
 Omega Psi Phi
 Phi Beta Sigma
 Sigma Gamma Rho
 Zeta Phi Beta

Special Interest
 Advertising Club
 AIDS Peer Educators
 Amnesty International
 BURG/Peer Education Network
 Climbing Club
 College Republicans
 Collegiate Music Educators Nat. Conference
 Fourth Dimension Science Fi & Anime Club
 Frostburg Pagan Association
 FSU Orienteering
 Gamers Inc.

G.O.L.D. (Generating Opportunities
 for Leadership Development)

Ice Hockey Club
 Intramural Club Sports
 Lacrosse Club
 Maryland Student Legislature
 National Broadcasting Society
 Noble Order of the Unicorn
 Recreation Society
 Rugby Club (Men's)
 Student Action Organization
 Student Health Advisory Council
 Unified Voices Under God's Dominion
 Western MD Society for the Prevention of
 Cruelty to Animals
 Young Democrats

Religious Organizations
 Baptist Student Union
 Catholic Campus Ministry
 Chi Alpha Campus Ministries
 Hillel Organization
 Inter-Varsity Christian Fellowship
 United Campus Ministry

Multicultural
 Civil Action for Truth Awareness
 Encore - Non-Traditional Students
 Feminist Majority Leadership Alliance
 Gay, Lesbian, Bisexual, Transgenders &
 Allies
 Ladies of Distinction
 NAACP
 Students Promoting, Educating and
 Encouraging Diversity