

StateLines

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For and about FSU people

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Copy deadline: noon Wednesday, 228 Hitchins or emedcalf@frostburg.edu

University Theatre Season Too! Presents 'Heidi Chronicles'

Theatre Season Too! series will present Wendy Wasserstein's Pulitzer Prize-winning play "The Heidi Chronicles" on Friday and Saturday, Dec. 12 and 13, at 8 p.m. in the F. Perry Smith Studio Theatre of the Performing Arts Center.

Directed by FSU student Crystal Rice, "The Heidi Chronicles" follows the life of Heidi Holland (Coty Warn) from her

teenage years in the 1960s through the next three decades. Heidi and her dear friends, Susan (Nicole Willig), Peter (Patrick Serrano) and Scoop (J.R. Barton), must deal with the changing values, gender roles and objectives of their generation. As society's expectations are altered, Heidi changes from a naïve and self-conscious 16-year-old to a self-motivated, determined woman of

the '80s. Mixing both humor and challenging issues, "The Heidi Chronicles" gently teaches us what it was like to live through a period of great change and confusion and leads to an appreciation of what women have truly accomplished in the last 40 years.

All tickets are \$3. For reservations and information, please call the box office at x7462.

Art



Students Exhibit Photos at Roper Gallery

Four FSU students, Jessica Gibbs, Kim Wolfe, Karen Harvey and Seth Glass, will exhibit their photography in a show titled "Four Photographers" through Wednesday, Dec. 10, in the Stephanie Ann Roper Gallery in the FSU Fine Arts building.

While all four chose photography as their medium, their work is diverse in approach and subject matter. Gallery hours are Sunday through Wednesday, 1 to 4 p.m.

Gibbs is an art and design student and has a concentration in photography, as well as a minor in graphic design and art history. She has a strong eye for photography and enjoys taking pictures of people in everyday situations. Her work is composed of high contrast, shadows, design elements and people. After graduating this December, Gibbs plans to continue with photography and find a job that requires travel.



Front to back, Kim Wolfe, Karen Harvey, Jessica Gibbs and Seth Glass, are exhibiting their photography in a show titled "Four Photographers" at Roper Gallery.

Wolfe will receive her Bachelor of Fine Arts degree this semester as well, with a concentration in photography. She also carries minors in both art history and women's studies. She will show her black and white photography, with a subject matter consisting of the interiors of people's homes – the spaces people inhabit and the objects they see from day to day. A series of portraits will also be exhibited.

Harvey is a fine arts major with a concentration in photography and graphic design, and a minor in art history and will be receiving her Bachelor of Fine Arts in the spring. She has an eye for abstract photography. In this exhibit, Harvey's work will consist of several abstract photograph series consisting of self portraits and of male and female models. After graduating, Harvey plans to go to graduate school and continue her education in photography.

Glass will also be receiving a Bachelor of Fine Arts with focuses in photography and graphic design, as well as a minor in art history. His portion of this exhibit will consist of black and white photography docu-

menting the life and landscapes of rural Western Maryland. After graduating in December, Glass plans to further his education in the areas of photography and graphic design.

For more information, call the FSU Department of Visual Arts at x4797.

Individual Visions on Exhibit at 60 N. Centre

"Individual Visions," photographic works by FSU Advanced Photography students, will be exhibited at the 60 N. Centre St. Gallery in Cumberland through Friday, Dec. 12. Everyone is welcome.

Presentations



Engineering Students Show Freshman Projects

Freshmen engineering students will showcase their semester projects on Tuesday, Dec. 9, from 6 to 8:30 p.m., on the second floor of the Compton Science Center. Students from three sections of the Introduction to Engineering Design class will demonstrate the products they designed, built and tested. These include human-powered water pumps, catapults, solar-powered water heaters and solar-powered water coolers.

This event is open to the public. For more information, contact Linda Steele at x4137.

Biology Project Demonstrations Set

Interested persons are invited to end-of-semester project demonstrations for the Biology Department's "Tree and

Inside:

Art	1	Take Note	2-3	Get Involved	4
Presentations	1-2	Points of Pride	3	Safety Message	5
Film	2	Volunteers	3-4	Calendar	6

Shrub Dendrology Course" and "Ethnobotany Course on Healing Natural Plants." Both talks will cover the service-learning component of the classes, and will discuss not only the projects themselves, but the students' opinions on service-learning in academia.

The Tree and Shrub Dendrology presentation will be Friday, Dec. 19, from 3 to 5 p.m. in Compton Room 226. The dendrology class spent the semester creating an interpretive map of the trees on campus and at the Lion's City Park in Frostburg. All campus and park trees were inventoried with approximately 60 campus trees and 20 park trees incorporated into user-friendly maps. Both maps will be presented at the talk.

The Ethnobotany demonstration will be Wednesday, Dec. 10, from 1:30 to 2:30 p.m. in Compton 226. The Ethnobotany class is an honors seminar in which students used the semester to research local plants historically used for medicinal purposes. They then designed and built raised plant beds in the arboretum and researched which medicinal plants should be planted in them in the spring. They also completed the interpretive information to be posted in the beds in the spring.

For more information, contact Linda Lyon at x4213.

Film



Int'l Film Series to Present 'Shower'

FSU's International Film Series will present "Shower" on Tuesday, Dec. 9, at 7 p.m. in the Lane University Center's Atkinson Room 201. This series is sponsored by Center Stage and the Department of Student and Community Involvement

Set in contemporary Beijing, the movie tells the story of Da Ming (Pu Cun Xin), a sharply dressed young businessman who returns from the southern Chinese region of Shenzhen to visit his aged father, Master Liu (Zhu Xu). For decades, Master Liu, whose health is fragile, has run a bathhouse in a dilapidated district of Beijing. His right-hand man is his mentally retarded younger son, Er Ming (Jiang Wu), who takes a childlike delight in all the ritualized sloshing.

"Shower" is an updated version of the parable of the prodigal son. The black sheep who returns to the bosom of his family after a long absence is less likely nowadays to be a sated sybarite than a rich, snobbish yuppie revisiting the humble background he fled in shame. The movie received the International Critics Award in 1999 at the Toronto International Film Festival for its humor and compassion in the treatment of tensions of family life in a rapidly changing society. Zhang Yang, the movie's director, also received the award for Best Director at the 2000 Seattle Film Festival.

The film is free and open to the public. Refreshments will be served.

For information, please contact the Lane University Center Information Desk at x4411.



Take Note

Dr. Gira's Holiday Reception to Be Dec. 18

Dr. Gira's Holiday Reception will be Thursday, Dec. 18, from 3 to 5 p.m. in the Compton Science Center Lobby. All faculty, staff and students are welcome to attend.

Blackboard Sessions for Intersession Online

The Center for Instructional Technologies will host hands-on Blackboard sessions for students planning to take online courses during Intersession 2004. The workshops are designed to answer students' questions and provide instruction on completing common tasks in an online course. Please encourage students to attend.

The sessions will be offered at the following times:

- Tuesday, Dec. 9, 9:30 – 11 a.m., Pullen 107
- Friday, Dec. 12, noon – 1:30 p.m., Pullen 107
- Tuesday, Dec. 16, 4 – 5:30 p.m., Pullen 107
- Wednesday, Dec. 17, 11 a.m. – 12:30 p.m., Pullen 107
- Monday, Jan. 5, 2004, 5 – 8 p.m. Hagerstown Center Lab

Please contact Pam Deering, Center for Instructional Technologies, at x7270 or pdeering@frostburg.edu for more information.

Say Goodbye to Blackboard 5!

The Blackboard 5 server (URL <http://blackboard.frostburg.edu>) is scheduled to go down for good on Saturday, Dec. 20. Course materials housed on the server will become IRRETRIEVABLE at that time. If you have not yet archived your course materials from the Blackboard 5 server, please do so by Dec. 20.

To assist you, the Center for Instructional Technologies is offering the following workshops to instruct you in the archiving process:

- Tuesday, Dec. 9, 3:30 – 5 p.m., Compton 101
- Wednesday, Dec. 10, Blackboard



Archive (+ Dreamweaver, if time permits), 3 - 4:30 p.m., Hagerstown Center Lab

- Friday, Dec. 12, 10 - 11:30 p.m., Compton 101
- Tuesday, Dec. 16, 2 - 3:30 p.m., Compton 101

Seating is limited to 13 for each workshop. Register online at www.frostburg.edu/admin/cit/calendars/12-2003.htm

Before coming to the workshop, please do the following:

1. Make sure you know your network username and password so you can login to the system and save your archive to your H drive.
2. Request a Blackboard 6 course site (at <http://mirror.frostburg.edu/admin/cit/bbCourseRequest.htm>) if you plan to import the materials into a new course. (Note: do this for each course you plan to archive). When filling out your request, please select "This is an archive" from the "Semester Course is Offered" menu if you are not using the course for the next semester.

Detailed instruction for the archive process can be viewed at <http://mirror.frostburg.edu/admin/cit/bbf-Migration.htm>

Please direct any questions to bbhelp@frostburg.edu

Corrections to the Dec. 411 Newsletter

Some dates were incorrect in the December 411 Newsletter. Here are the correct dates:

The Last Day for GRADUATE Students to Remove Incomplete ("I") Grades, Last Day to Withdraw from Classes with "WF", and Last Day of Classes is December 12.

Reading Days/Common Exams is December 13 & 14.

Deadline for Intersession Course Cancellations and Late Registration for Intersession (With Late Fees) is Dec. 15.

Nominations for Staff Awards Being Accepted

The FSU Staff Awards Review Committee is accepting nominations for the 2004 Board of Regents' University System of Maryland Staff Awards. Detailed information on the Staff Awards nomination process has been distributed to employees. Please consider taking this opportunity to nominate yourself or a fellow employee for a Staff Award. The nominee could be a winner just like University Police Officer Jamie Winters is for 2003 and H.P.E.R. Administrative Assistant Susan Eisel was in 2002. Refer to the campus mailing for eligibility requirements and required documentation. Nomination packages are due no later than 4 p.m. on Thursday, Jan. 8, 2004.

Help Save Lives: Be an Organ Donor

The University System of Maryland is part of a new national initiative that is

working to enroll one million new potential organ donors this year. Many of us have friends or family who have experienced the life-saving miracle of organ transplantation.

Choosing to become a potential organ donor is fast and easy. A single donor can save or enhance the lives of as many as 50 people. Some 82,000 people currently await organ donation, and 17 people on the waiting list die every day.

This is an extraordinary, life-saving initiative and a great way to contribute to the well being of our community.

To learn about organ donation and to download your own donor card (if you have a donor card log on and check that you have a card), please log onto www.WorkPlacePartnership4Life.org

Computer-Based Testing Center Saves Travel

An Educational Test Service (ETS) Computer-Based Testing Center has opened at FSU. The Center allows community members and students to complete ETS college-based computerized exams locally, instead of driving to Baltimore or Morgantown, providing a valuable service to those who are required to complete an ETS-sponsored test for teacher education, professional certification and graduate school admission.

The Computer-Based Testing Center offers Praxis I (Math, Reading, Writing), GRE (Graduate Record Examinations), GMAT (Graduate Management Admission Test), TOEFL (Test of English as a Foreign Language) and other professional exams. It does not offer the SAT exam. The Center, in Pullen Hall 105-A, is open Monday and Friday from 8 a.m. to noon and Tuesday and Thursday from 1 to 5 p.m. Examinees may register by calling the Center at x7990 during operating hours or any time at the 800 numbers for individual tests:

- PRAXIS I: 800-853-6773
- GRE: 800-473-2255
- GMAT: 800-462-8669
- TOEFL: 800-468-6335

According to Dr. Spencer Deakin, FSU Director of Counseling, the Center is the newest of 106 institution-based testing centers nationwide and only the second in Maryland.

Commencement Announcement

Any students planning to complete their studies during the current semester (December 2003) must file for graduation. Undergraduate students should contact the Registrar's Office (x4349, 144 Pullen Hall), while graduate students should submit all necessary paperwork to Graduate Services (x7053, 141 Pullen Hall). Notices regarding Commencement are sent only to those students who have completed all filings.



Caps and gowns are provided at no charge to all students cleared to participate in Commencement; however, each student is responsible for placing an order in advance. Orders should be submitted to the University Bookstore.

Advance information about Commencement is available on the University's Web site. Go to www.frostburg.edu, click on "current students," then on Commencement Information under the Academics heading. (www.frostburg.edu/events/commenc.htm.) This will connect you to full details on Commencement and related activities. For information, contact Beth Deatelhauser in Special Academic Services, x3130, 127 Performing Arts Center or bdeatelhauser@frostburg.edu.

Graduate Students - Dec. Commencement

Applications for graduation are available from the Office of Graduate Services, 141 Pullen Hall or by calling x7053. Applications are due in the Graduate Services Office. The deadline has passed to guarantee a listing in the Commencement Program, but applications will still be processed, and graduates can still participate in Commencement. The Application for Graduation is available on the display rack outside the Office of Graduate Services, 141 Pullen Hall, or by calling x7053.

Points of Pride



At the Student Research Day held at FSU before Thanksgiving, close to 180 people participated. The event included 20 research paper presentations (seven from Ph.D. students, six from master's degree students and seven from Undergraduate students) plus 14 poster presentations (12 from undergraduate students and two from master students). A team of five judges comprised of professionals from outside Frostburg State University selected seven best presentations, and each was awarded a \$100 prize. The second place winners in each category also received an honorary mention of their research work.

John Arthur, an FSU geography major, was presented with the "McGraw-Hill Award for the Best Undergraduate Research Paper." **Mark Mills**, a master's degree student in FSU Biology Department, received the "Best Master Students' Research Paper" award. The two first place Ph.D. papers were by **Chris Herbst** and **Cathy Carter**, both from University of Maryland College Park. They tied for "First Place" and each will receive \$50. "Best Undergraduate Poster Presentation" was awarded to **Bradley Barrow** and his team from the Department of Geography at FSU. The "Best Master's Student Poster" was by **Samuel Obae**, a student in the FSU Biology Department. Out of seven awardees, two first place winners - **Mary Swalligan** and **Carolyn Rizzuto** were from the Geography Department at University of Pittsburgh at Johnstown, Pa.

Several students were recently inducted to Alpha Kappa Delta, the International Sociology Honorary. Included were **Kathy M. Thomas**, Clear Spring; **Crystal Ann Kolb**, Cumberland; **Leslie A. Noland**, Mtn. Lake Park; **Julie Palardy**, Frostburg; **Kristin W. Houseknecht**, **Linda Rock**, **Dawn Renee Hernandez**, **Cynthia Mae Paschall**, **Retta Jean Thompson**, Hagerstown; **Meredith Minso**, Thurmont; **Kathleen Goff**, Severna Park; and **Joseph Whetzel**, Corriganville. Advisors to Alpha Kappa Delta are Drs. Anthony Crosby, Robert Selby and John McMullen of the FSU Department of Sociology.

Dr. Spencer Deakin, director of Counseling, co-presented the International Association of Counseling Services site visitor training workshop at the Association of University and College Counseling Center Directors conference in New Orleans on Nov. 8.

Jesse Ketterman, associate director of Residence Life, will on Feb. 7, 2004, be inducted into the Frederick County YMCA Hall of Fame for his many outstanding athletic achievements in football and track while at Catocin High School, according to the Nov. 6 Frederick News Post.

The **Leadership and Team Building Learning Community** recently shipped eight boxes of food and gifts to the 372 Military Police Company in Iraq. The students collected items, boxed them and sent them to the attention of **Jeremy McQuire**, a former FSU student who is serving with his unit. While at FSU, Jeremy was a resident assistant and the president of RHA in 2000-01. He, along with the rest of his unit from Cresaptown, was deployed to Bosnia in 2001 and to Iraq in 2003.

The Learning Community is part of the G.O.L.D. program in Frost Hall. The instructors are **Ruth Wallinger**, **Karla Diehl** and **Jesse Ketterman**



Deadlines

Take Care of Your Incompletes

The deadline for incomplete grades for graduate students for the Spring 2003/Summer 2003 semesters is Friday, Dec. 12.

Any incomplete grade remaining after that date will automatically change to an "F."

If you have any questions or need forms please contact me in the Registrar's Office in Pullen Hall, Room 144 or call x4347.

Volunteers



2003 Toys for Happiness Campaign

The annual FSU Toys for Happiness drive is on! Thanks to those of you who

supported this cause in the past. The toys, other items and cash collected are distributed to local families.

Some reminders:

- Collection sites are Braddock House, Brady Health, Children's Center, Compton Science Center, Cordts P.E., Dunkle Hall, Fine Arts, Frampton Hall, Fuller House, Guild Center, Gunter Hall, Hitchins, Lane Center, Library, Lowndes, PAC, Pullen (Academic Computing), Pullen (Admissions/Financial Aid/PASS), Pullen (Registrar/Business Office/Grad. Services), Residence Life, Sand Spring Hall, Stangle (Physical Plant/Procurement), Tawes and University Police.

- Toys and other appropriate items are to be unwrapped. Cash donations are acceptable. Some gift suggestions are footballs, baseballs, nerf balls, ball bats, baseball gloves, compact discs, cassette tapes, walkman radio, back packs, wallets, belts, duffel bags, after shave, perfume (no glass bottles please), bulletin boards, books, stationary, dry erase/memo boards, address and phone number books, sports memorabilia (ball cards, trash cans, ball caps), watches, costume jewelry, jewelry boxes, hair accessories, nail care products, bath accessories, gloves, hats, scarves, socks and, of course, TOYS FOR ALL AGES.

- Gifts will be collected at the President's Annual Holiday Reception, on Thursday, Dec. 18.

Let's join together and make this a wonderful year for the children in our area. Call Vicki x4309 or e-mail vkaylor@frostburg.edu for information.

Open House at Frostburg Ambulance

Are you interested in volunteering in your community? Consider joining Frostburg Area Ambulance Service. There will be an open house, Saturday, Dec. 13, from 10 a.m. to 1 p.m. at the squad headquarters at 86 W. Main St., Frostburg.

If you are 16 years of age or older, learn about dispatching, EMT, and Paramedic training. Also, ask about the cadet program. Members will be there to answer questions.

Refreshments will be served.

Psychology Club to Sponsor Toy Drive

The FSU Psychology Club will be sponsoring a Toy Drive until Dec. 12. Toys will be donated to "Toys for Happiness."

They are requesting new, unwrapped toys for infants to 16 year olds.

Groups to specifically focus on are 1 to 2 year olds and ages 13 and above. Please do not buy any toys that contain glass. Also, please do not donate any

food/candy or toys that depict violence such as guns, swords, etc. Donations can be dropped off in the Psychology Department on the second floor of the Guild Center. Signs will indicate a table where you can place the toys. Any questions, please see Dr. Buckner in GC 221 or contact Melissa Warren at melissa1217stars@hotmail.com. Your donations are greatly appreciated.

Get Involved



Christmas Caroling

United Campus Ministry and Catholic Campus Ministry are going to sing Christmas carols at the Frostburg Village Nursing Care Center on Wednesday, Dec. 10, at 7:30 p.m. Following that experience, the group will end up at the Osborne Newman Center for hot chocolate and cookies. Interested persons should gather at 7:15 p.m. at the Osborne Newman for transportation to the Nursing Care Center.

United Campus Ministry

The Second Sunday Worship Service will be held Sunday, Dec. 14, at 10 a.m. in Cook Chapel, Frost Hall. This is a Protestant worship service open to all.

Baptist Student Ministry

BSM invites the campus to B.A.S.I.C. on Tuesday, Dec. 9, at 7:30 p.m. This is BSM's weekly praise and worship service led by students for students. Everyone is welcome to attend. For more information, contact Matt Robertson at (301) 689-2588 or fsubsm@LWOL.COM. For all of BSM's weekly and monthly activities, check out the @eb page at <http://goliath.frostburg.edu/BSM>.

On Thursday, Dec. 11, students are invited to lunch at the Baptist Student Ministry Center from 11:45 a.m. to 12:45 p.m. The lunch is FREE and is provided by a local church in our area. Stop by the center for a great, home-cooked meal and meet other students involved with this organization.

On Channel 3



FSU TV 3 Schedule for Dec. 8-12

Monday:

3 & 6 p.m. "News Notes"
3:05 & 6:05 p.m. "Eye On Frostburg" Episode 3
3:35 & 6:35 p.m. FSU Brass Ensemble Fall 2003
4:30 & 7:30 p.m. The Chamberlain Trio

Tuesday:

3 & 6 p.m. FSU Men's Basketball vs. Westminster College
4:30 & 7:30 p.m. George Beall Lecture

Wednesday:

3 & 6 p.m. "News Notes"
3:05 & 6:05 p.m. "Eye On Frostburg" Episode 3

3:35 & 6:35 p.m. FSU Women's Basketball vs. Mt. Aloysius College

Thursday:

3 & 6 p.m. AAST Lecturer: Betty Van Newkirk
3:45 & 6:45 p.m. MD State of Mind
4:45 & 7:45 p.m. Live at the Loft: Meika Pauly

Friday:

3 & 6 p.m. Café Frostburg: Paul Skyland
4:10 & 7:10 p.m. FSU Phat Padz
4:40 & 7:40 p.m. AAST Lecturer: Dr. Philip Allen

International



Apply for Summer Programs Overseas Now

Students who are interested in studying overseas during the summer should submit an application to the CIE as soon as possible. Applications are being accepted for summer programs in Ecuador, Ireland, Ghana and England. For information about summer programs, or to download an application, visit the CIE website at: www.frostburg.edu/admin/cie/cie.htm or phone the CIE at x4714.

Boren Scholarships - Deadline Dec. 12

The Institute of International Education, a NAFSA Global Partner, is accepting applications for the 2004-05 National Security Education Program (NSEP) David L. Boren undergraduate scholarships for study abroad during summer 2004, fall 2004 and spring 2005. These scholarships provide funding for U.S. students to study abroad in Asia, Africa, Central and Eastern Europe, the NIS, Latin America and the Caribbean and the Middle East. Award amounts range from a maximum of \$10,000 a semester to \$20,000 for an academic year.

Application deadline for FSU students is Dec. 12. For details and an application form, access www.iie.org/nsep. Students must apply through the CIE and must be accepted on to a study abroad program by Feb. 12 to qualify.

Study Abroad Programs

The Center for International Education offers a variety of ways for FSU students to see the world. In many cases, students register at FSU during a semester abroad and can take all financial aid with them and transfer credit back to FSU. For information on any of the programs or scholarships that may be available, check with Dr. Amy Simes at the CIE in the Fuller House on Braddock Road, call her at x4714 or e-mail her at asimes@frostburg.edu, or visit the CIE's Web page at www.frostburg.edu/admin/cie/cie.htm or the newsletter at www.frostburg.edu/admin/cie/newsletter.htm.

Snow and French Winter Term in Quebec

Students interested in studying at the University of Quebec in Chicoutimi can apply through the CIE for this three week program that includes French courses, snow sports, and an introduction to the unique quebecoise culture. Students take a placement exam and are placed in French courses accordingly (including introductory French). Lodging is with homestay families in the city of Chicoutimi. Cost is just \$1,400. For information, contact the CIE at x4714.

Semester Overseas for Same Price as FSU



The International Student Exchange Program (ISEP) allows FSU students to register at FSU, pay FSU tuition and housing, and then study overseas for a semester, year or summer at one of more than 140 locations. Students may take financial aid with them and apply for scholarships from the CIE and from ISEP. For the price of an airline ticket, this is a great way to earn credit toward your FSU degree while enjoying life in a foreign culture. Apply now for fall 2004.

Study in Non-Traditional Locations

FSU is affiliated with the School for International Training. This enables FSU students to study through SIT in over 50 locations while remaining registered at FSU. All financial aid will transfer. SIT offers programs in Africa, Asia, South America, Europe and Austral-asia. This is a fantastic opportunity for students who would like to spend a semester, year or summer off the beaten track.

Gain Work/Volunteer Experience Overseas

Students interested in working abroad should come by the CIE for information about internships, volunteer organizations and paid work overseas. Many organizations help students obtain jobs and work permits, and some help to arrange housing as well. Students can choose from short experiences (one to two months) to longer experiences (four to 12 months), or even look into a more serious commitment (one to three years). Destinations are available throughout the world.

Choose from Over 20 Locations to Study

FSU affiliates with the American Institute for Foreign Study (AIFS), which offers study abroad programs in a variety of locations at universities around the world, including Richmond College in London. Programs are open to all majors. Study in Prague, South Africa or Japan. You may register at FSU and use your financial aid for all programs.



AIFS offers scholarships to qualified students.

Financial Aid for Studying Overseas

FSU students are able to transfer all federal financial aid overseas to help pay for study abroad programs, along with most state and institutional aid for most FSU sponsored programs. The CIE also awards study abroad scholarships of \$500 and \$1,000 to qualifying students. Many other state and national scholarships are also available to help cover overseas costs.

Learn More about Study Abroad

Students who would like to learn more about study abroad opportunities and how they fit into a degree program may come to the CIE for an advising session. The staff will provide an overview of programs and requirements and have applications available. Scholarship and financial aid information will also be available. Students may use the CIE library and computer to search for programs. Many videos are also available.

Music from Around the World

Tune in to the university radio station, WFWM (91.9 FM), every Wednesday between 7 and 8 p.m. for "Planet Frostburg." Listen to both traditional and contemporary world music and get the latest about study abroad.



Safety Message

Prevent Slips and Falls

The Office of Human Resources Safety Office reminds everyone that preventing slips and falls on ice and snow is an individual responsibility. The



following tips are just common sense to keep you on your feet.

- Survey the situation. Which is the safest way for you to get to your building?
- Take your time, slow down and take small steps.
- Use sidewalks, stairs, service roads and parking lots that have been cleared or treated.
- Keep hands out of your pockets and free of items to assist with your balance.

- When entering your vehicle, hold firmly to the door and grab a hold of the steering wheel until you are sitting on the seat.

- When leaving your vehicle, hold firmly to the door, turn and sit on the edge of your seat and look at the ground where your feet will be placed.

- Wear footwear that is practical for the weather conditions. Wear rubber, rough-soled footwear that will help prevent a slip.

- Keep a small bag of sand, gravel, bird seed or table salt to give you traction in an emergency.

Holiday Safety Tips

Here are a few of our every day safety tips that will prevent accidents, sickness and injury to your and your family during the Holiday Season.

- Change the batteries in your smoke detector and test it after the installation.

- Do not place a live tree near a heating source.

- Do not use decorative lights that show wear or frayed wiring.

- Do not overload your electrical circuits.

- Do not place cardboard, decorative paper or gift wrappings close to a heat source.

- Do not block the exit doors at your residence with seasonal decorations, furniture, gifts or boxes.

- Do not leave candles unattended.

- Do not allow young people in a room alone with candles.

- Do not allow young people to be left alone in the kitchen.

- Do not allow young people around the stove or oven when cooking or baking.

- Do not allow chicken or turkey to defrost at room temperature.

- Turkey or chicken is done when the inner thigh reaches 180 degrees and the inside stuffing (if used) is 165 degrees.

- Keep food, utensils, cutting board, preparation surfaces and hands clean when cooking.

- When traveling during winter weather, be sure to carry your winter-survival kit in your vehicle. It should include a flashlight, extra batteries, small shovel, boots, gloves, blankets, candles, compass, first-aid kit, flares, energy snacks such as dried fruit and nuts kept in a small metal container and a bag of sand, gravel, cat litter or bird seed for traction on ice.



FSU Events Calendar



Look for the FSU weekly events calendar on the Web at www.frostburg.edu/weekcal.htm

MONDAY, DECEMBER 8

* NPC Open House 6:00 p.m. Lane ARMAH

TUESDAY, DECEMBER 9

* Advising/Registration/Transfers 9:00 a.m. Lane ARMAH
* Women's Basketball: Mt. Aloysius College 7:00 p.m. Home
* Center Stage International Film: "Shower" 7:00 p.m. Lane Atkinson Room
* B.A.S.I.C. 7:30 p.m. BSM Center

WEDNESDAY, DECEMBER 10

* RHA Meeting 7:30 p.m. Dunkle Hall 218
* Men's Basketball: Mt. Aloysius College 7:30 p.m. Away
* FSU Guitar Ensemble 8:00 p.m. PAC Pealer Recital Hall
* W.N.B.S. 9:30 p.m. BSM Center

THURSDAY, DECEMBER 11

* Bookstore Book Buyback 9:00 a.m.-4:00 p.m. FSU Bookstore
* BSA Kwanzaa Celebration 7:00 p.m. Lane ARMAH
* Pi Lambda Phi Acoustics Show 7:30 p.m. Dereziński Lounge/Loft
* FSU Clarinet Ensemble 8:00 p.m. PAC Pealer Recital Hall

FRIDAY, DECEMBER 12

Last Day for GRADUATE Students to Remove Incomplete ("I") Grades
Last Day to Withdraw from Classes with "WF"
Last Day of Classes

* Bookstore Book Buyback 9:00 a.m.-4:00 p.m. FSU Bookstore
* UT Season Too! "The Heidi Chronicles" 8:00 p.m. Smith Studio Theatre
* Center Stage: Last Night FSU 8 p.m.-1a.m. . Lane Lounge/Loft/Lobby
* Phi Beta Sigma '70's Party 10:00 p.m.-2:00 a.m. Lane ARMAH

SATURDAY, DECEMBER 13

Reading Day/Common Exams

* GRE Testing 8:00 a.m.-12:30 p.m. Dunkle Hall 218
* SCI Study Hall 10:00 a.m.-10:45 p.m. Atkinson Room,
202, 203-204, 205-206, 207-208
* UT Season Too! "The Heidi Chronicles" 8:00 p.m. Smith Studio Theatre

SUNDAY, DECEMBER 14

Reading Day/Common Exams

* SCI Study Hall Noon-10:45 p.m. Lane ARMAH,
Atkinson Room, 202, 203-204, 205-206, 207-208
* Planetarium: "Year End Skies & Heavenly Connections"
4:00 p.m. & 7:00 p.m. Tawes Hall

* Open to the public. Questions? – Call 301-687-4411. All information subject to change.

FSU is committed to making all of its programs, services, and activities accessible to persons with disabilities. You may request accommodations through the ADA Compliance Office, 302 Hitchins, 301-687-4102, TDD 301-687-7955.

A Little Safety Goes a Long Way

