

StateLines

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For and about FSU people

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WELCOME BACK TO THE 'BURG

City of Frostburg to Host Annual FSU 'Block Party' on Main Street

Frostburg's Main Street will come alive as local businesses welcome FSU students, faculty and staff and the greater Frostburg community to the annual "Block Party" Tuesday, Aug. 31, from 6 to 10 p.m.

The evening of music, games and giveaways promises fun and entertainment for all ages. A variety of inexpensive food items will also be available.

If it rains, the event will be rescheduled for Wednesday, Sept. 1.

This event is sponsored by the Frostburg Business and Professional Association, with FSU and the City of Frostburg, as a way to bring together the campus and city communities and to familiarize students with local businesses.

Comedians Appear for 'Welcome Week'

To welcome the students back to FSU, the University Programming Council will hold a special comedy night on Saturday, Sept. 4, featuring comedians Damon Williams and Spanky. The show starts at 8 p.m. in the Manicur Assembly Hall. The event is free and open to the public.

Williams has performed on BET Comic View annually since 1994, including his own one-hour special. He's been featured on BET Live and most recently hosted several episodes of the legendary "Showtime at the Apollo." Williams is a crowd favorite on the club circuit and is currently on the Black Comedy Tour consisting of over 30 colleges and universities. His starring role in the hit musical comedy tour "Laughin' on the Outside Cryin' on the Inside," generated standing ovations every performance.

When it comes to casual relationships, Spanky is the man that wrote the book. "I believe there are only two types of men — men that want to have sex all the time, and men that are dead." He has taken his message to over 400 clubs and colleges. "Men make fun of women when they cry at soaps, yet men cry when a little white ball doesn't go in a hole. Surveys report women like to look at men's butts, which is no surprise, that's where we keep our wallets!"

For more information, contact the LUC Information Desk at x4411.

Brent Scarpo to Present Anti-Hate Message

Brent Scarpo, renowned speaker on anti-hate issues and solutions, will give two presentations on the FSU campus.

Scarpo's award-winning documentary,

"Journey to a Hate Free Millennium," will be presented on Tuesday, Sept. 7, at 7 p.m. in Manicur Assembly Hall. The film seeks solutions to ending hate and the crimes that have become frequent events in our daily lives. The documentary centers around true stories taken directly from the shocking national headlines, including the student shootings at Columbine High School in Littleton, Colo.; the dragging death of James Byrd Jr., an African-American man in Texas; and the beating death of Matthew Shepard, a gay college student in Wyoming. This film explore the subject of hate by searching out the origins of how it is "taught and learned," the scope of its danger, beginning with childhood taunting and going as far as murder. Viewers are invited to create their own vision of a world free of hate, where senseless acts of violence are a thing of the past.

On Wednesday, Sept. 8, Scarpo will present the talk "Why Do You Hate Me?" at 7 p.m. in the Pealer Recital Hall of the FSU Performing Arts Center. Over the past five years, Scarpo has addressed over 125,000 people in each U.S. state and 10 foreign countries. He takes his collective experiences and shares with his audience not only the issues of hate and diversity but also self-hate and self-esteem. "Why Do You Hate Me?" is an interactive program that explores solutions for individuals to become more vibrant, successful and creative people.

Both events are free and open to the public.

PlayRights Presents 'One Night' Program

PlayRights will bring its educational theater back to FSU Thursday, Sept. 9, with "One Night," to help students and

the community explore the issue of dating violence. The performances will be at 3:30 and 7:30 p.m. in the Performing Arts Center Pealer Recital Hall. It is free and open to the public.

"One Night" is an original theatre program featuring four actors in a powerful story about rape among friends. One night, they get together to celebrate the end of classes, drinking beer, joking around and having fun. What happens behind closed doors later that night throws each character into an unexpectedly intense situation that will change their friendships forever. At critical points in the plot, the actors will stop the action and remain in character while audience members ask them questions to find out more about what really happened, as well as to uncover each character's motives, feelings, opinions and plans.

PlayRights was created by Equality Inc, a non-profit organization expanding awareness and promoting change on issues of equality.

For more information, contact Student Development at x4311.

Entertainment



Cultural Events Offers Wide Slate of Programs

The FSU Cultural Events Series will offer three separate series during its 2004-2005 season.

The expanded schedule includes an eight-event Main Stage Series featuring classical symphony, musical theatre, classic rock 'n roll and political satire; a four-event CES Jazz Club sponsored by Kauffman Music featuring contemporary fusion jazz, Afro-Cuban, Latin, classic

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and cross-over jazz; and a four-event Family Fun Series sponsored by Smiley's Fun Zone and Pizzeria featuring a Grammy-award winning musician, classic children's musical theatre, a mix of life-size puppet theatre, a juggler and animals.

The Main Stage Series opens the season on Thursday, Sept. 16, with "The Capitol Steps," the well-known political satire group straight from Washington D.C. Join the only group in America that tries to be funnier than Congress as they take a humorous look at serious election-year events. The CES Jazz Club will kick off when the Grammy-winning contemporary jazz-fusion group presents "An Evening with the Yellowjackets," on Thursday, Sept. 30. The Family Fun Series comes to life with Tom Chapin, a well-known name in the music industry and a gifted entertainer, on Saturday, Oct. 2.

The next three events of the season are part of the Main Stage Series, sure to provide something for everyone. The Allegany Arts Council continues to partner with CES to present the Maryland Symphony Orchestra on Friday, Oct. 15, for a "MasterWorks Concert, A Passage to Russia." On Saturday, Oct. 23, the '70s and '80s classic music icons The Doobie Brothers take the stage for the FSU Homecoming capstone concert. The popular Aquila Theatre Company goes sci-fi with a presentation of the H.G. Wells' classic "The Invisible Man" on Sunday, Nov. 7.

The CES Jazz Club will "cubop" into the Rocky Gap Resort with the Afro-Cuban style of The David Sánchez Group on Saturday, Nov. 20; while back in Frostburg, the stress of the holidays is forgotten in the serene sounds of the season with "A Winter's Eve" on Monday and Tuesday, Dec. 6 and 7. The 2004 year is ushered out with "Enchantment Theatre," a Family Series event with life-size puppets performing the children's classic "Beauty and the Beast" on Saturday, Dec. 11.

Frostburg welcomes in the New Year with a musical production of the Broadway favorite "Seven Brides for Seven Brothers" on Jan. 23, 24 and 25, 2005; then heads back to the CES Jazz Club at Rocky Gap Resort for the toe-tapping drumming sound of the Allison Miller's "Boom Tic Boom" on Saturday, Feb. 5.

Back by popular demand, the animals will hit the stage of Beall High School on Friday, March 11, when world-famous Russian juggler Gregory Popovich returns to Western Maryland with his motley collection of cats, dogs, birds and mice in "Comedy & Pet Theatre." Classical music with a contemporary style will take center stage at Frostburg on Thursday, March 17, as the DaPonte String Quartet share their joy of performing chamber music in their own unique way.

The CES Jazz Club concludes on Friday, April 1, when two jazz greats bring the "Hilton Ruiz/Dave Valentin Latin Jazz Ensemble" to Frostburg to close down the "Club." The Main Stage Series closes in class with a special

presentation of "Carmina Burana" with the Leah Stein Dance Company and a variety of vocalists on Saturday and Sunday, April 30 and May 1, while the Family Series concludes with another children's favorite as Theatreworks USA presents "Corduroy – The Musical" on Saturday, May 14.

Discounted pricing is available for all three series options. Purchasing series subscriptions guarantees the best seats in the house at a discount off individual event tickets. Additional packages including Arts Getaway Packages will also be available again this season. Series subscriptions and event tickets go on sale on Aug. 23. To purchase tickets or for more information, call the FSU Cultural Events Box Office at x3137 or toll free at 1-866-TIXX-CES, or visit online at ces.frostburg.edu.

Literature



Pulitzer Prize Winner to Read at Main St. Books

Pulitzer Prize-winning poet Stephen Dunn will be doing a reading from his new book of poems, *The Insistence of Beauty*, on Wednesday, Sept. 8, at 7:30 p.m. at Main Street Books in Frostburg. Dunn will also be available to sign copies of the book, which will be published by W. W. Norton on Sept. 7.

Dunn is the author of twelve collections of poetry, including *Different Hours*, for which he won the 2001 Pulitzer Prize for poetry, *Loosestrife*, a National Book Critics Circle Award finalist, and *Local Time*, winner of The National Poetry Series. He is the recipient of numerous awards for his writing, including the Academy Award in Literature from The American Academy of Arts and Letters, fellowships from the Guggenheim and Rockefeller Foundations and three National Endowment for the Arts Creative Writing Fellowships.

Dunn will be serving this year as guest editor of "Nightsun," the FSU-published literary annual of contemporary poetry, fiction and interviews. He is distinguished professor of Creative Writing at Richard Stockton College of New Jersey.

For more information, call Main Street Books at 301-689-5605.

Visiting Writer to Offer Poetry Reading

FSU's new Center for Creative Writing welcomes its first visiting writer for the fall semester,

Gregory Djanikian, who will give a reading on Thursday, Sept. 23, 7:30 in Lane University Center room 140-141.

The author of four collections of



Gregory Djanikian

poems and director of the creative writing program at the University of Pennsylvania, Djanikian was born in Alexandria, Egypt, of Armenian parentage. He emigrated to the United States when he was 8 years old. His insightful work investigates intimacies and distances, quarrels and gifts, romance and illness. What is it like, Djanikian asks, to imagine vengeance against the neighborhood thug? To realize "by the time we were finished/ we didn't know/ how far we had gone/ or where we had lost/ our own voices"?

Djanikian's probing and even-tempered poems navigate between largeness of feeling and compression of style. It is his "sense of precision about distances," Alec Marsh of *The Boston Book Review* writes, "his awareness of engaging nostalgia, his willingness to step beyond cleverness, which makes his new book so valuable."

Djanikian's reading is free and open to the public. A book signing and reception, sponsored by the FSU Department of Student and Community Involvement, will follow. For more information, call the FSU Department of English at x4221.

Theatre



CAST Brings 'As You Like It' to FSU

This September, the Cambridge University American Stage Tour brings its lively and colorful production of Shakespeare's celebratory romance, "As You Like It," to FSU on Monday, Sept. 27, at 7:30 p.m. in the Performing Arts Center's F. Perry Smith Studio Theatre.

This feast of music, clowning and cross-dressing comes to you from students of Cambridge University, England. Each autumn the best of Cambridge's theatre talent cross the Atlantic to tour venues in the States – the show has been 11 months in the making with a full cast and crew working to create a thoroughly professional production.

CAST was founded in 1999 with the aim of producing excellent touring drama, which is exciting, socially relevant and fun. One of the driving forces behind CAST, a not-for-profit organization, is the need to make theatre accessible to modern audiences, by using innovative and ambitious methods and interpretations.

CAST tours also include the opportunity for American students and young people to participate in workshops, as a way of introducing them to Shakespeare or building on the knowledge they already have.

Tickets are \$10 for the general public and \$5 for students. For ticket information, call the FSU Box Office at x4145.

This appearance of CAST at FSU is supported in part by a grant from the Maryland State Arts Council, an agency funded by the State of Maryland and the National Endowment for the Arts.



Speakers

Weekly Forums in Honor of James Hadra

FSU will launch a series of free weekly forums named for James Hadra, a long-time Frostburg State faculty member, volunteer at WFWM and community leader in the arts, to honor his positive influence on the community and his love of ideas.

All the talks will be Mondays at noon in Ort Library room 237 and are free and open to the public. Each program will last 50 minutes. Attendees are encouraged to bring a bag lunch; coffee and tea will be provided.

"Hadra exemplified the professor who sees ideas and conversation as one of the cores in the academic world. He was



James Hadra

a real presence on campus," said Dr. Gary Horowitz, one of the organizers of the forum series. "It was designed to keep his memory alive through one of the things he really loved, which was to talk about ideas. He loved conversation."

The program is as follows:

- Sept 13: Dr. Keith Schlegel, "Utopias and Genocide: Idealism Gone Amok."
- Sept 20: Kathy Powell (with Mary Jo Deffinbaugh and Ariel Kahan), "Reauthoring the Narrative: University and Community Relationships."
- Sept 27: Dr. Suzi Mills, "What the Scholars and Poets Could Learn from Community Music."
- Oct. 4: Dr. John Lowe and Dr. Mikal Crawford, "The Millennial Generation Comes to College."
- Oct. 11: Dr. Steve Simpson, "The Media and the 2004 Presidential Campaign."
- Oct. 18: Dr. Fred Surgent, "Psychoneuro Immunology: Applying the Mind, Body, Spirit to Our Personal and Professional Lives."
- Oct. 25: Dr. Ray Morgan, "In a Perfect World . . ."
- Nov. 1: Dr. Steve Hartlaub, "Alienation and the University."
- Nov. 8: Dr. Macgregor O'Brien, "What is and Who is an American."
- Nov. 15: Dr. Kevin Kehrwald, "Disaster Movies & the Politics of Destruction."
- Nov. 22: Dr. Paul Charney, "An American in Castro's Cuba."
- Nov. 29: Dr. Skott Brill, "Does It Matter that Nothing We Do Will Matter in a Million Years."
- Dec. 6: Dr. Ken Witmer, "The Greater Dimensions of Education."

The forum is sponsored by Catholic Campus Ministries, United Campus Ministries and Hillel. For more information, call Horowitz at x4271.

Appalachian Lab

On Thursday, Sept. 2, the first in the fall 2004 UMCES Appalachian Lab seminar series will be a screening of the documentary, "The End of Suburbia: Oil Depletion and the Collapse of the American Dream," one of the "Issues in Sustainability" topics. The film will be shown at 3:30 p.m. in AL Room 109. Refreshments will follow.



Take Note

Frostburg Neighborhood Association Forming

Residents of the neighborhood immediately adjacent to the FSU campus are in the process of forming a neighborhood association that will undertake a variety of community improvement projects.

Faculty and staff who are working with the Community Outreach Partnership Center (COPC), a grant awarded to FSU by the Department of Housing and Urban Development, are providing technical assistance to the residents in their efforts to form the neighborhood association.

According to Kathleen Powell, associate professor of social work at FSU and advisor to the local effort, a neighborhood association is an organization that is developed by and for the residents of a given geographic area. Neighborhood associations undertake community improvement projects that are determined by the residents themselves.

Because the Community Outreach Partnership Center is designed to build positive relationships between the university and the community at-large, staff decided to reach out to the neighborhood immediately adjacent to the FSU campus (the Beall, Maple, Wood, Center and Bowery streets area) to explore interest in forming a neighborhood association.

Through a service-learning project last semester, a group of social work students from FSU began to lay the groundwork for a neighborhood association. They researched models of associations in other college towns, initiated conversations with local residents and city officials, and began to explore the kinds of community improvement projects that the local association might want to initiate. The association is building a base of support among residents of the community and hopes to sponsor a "Welcome Wagon" activity for the fall when student renters return to the area.

Residents of the neighborhood as well as landlords who own rental property in the area are welcome to participate in the association.

For more information, contact Mary Jo Deffinbaugh at 301-689-9333.

Student Government Meeting Dates

The Student Government Association would like to announce its meeting dates for the fall semester. If you have

questions or concerns regarding student life and issues, please come out to the meetings and voice your opinion.

Meetings are Sept. 2, 9, 23; Oct. 7, 14, 28; Nov. 11, 18; and Dec. 2 and 9 (meeting held in room 140-141 Lane University Center).

All meetings are at 7:30 p.m. in Lane University Center 201 unless otherwise noted. The SGA also holds regular office hours in room 222 of the Lane University Center from 8 a.m. to 4 p.m. SGA provides copying, transparency and poster-making services.

Brady Health Offers Vaccine Clinic

Brady Health Center will offer an "after-hours" meningococcal meningitis vaccine clinic on Sept. 8, from 4 to 6 p.m. The cost of the vaccination is \$90 (including user fee) payable by cash, check or Bobcat Express. The clinic is by appointment.

Call x4310 for an appointment or more information. The vaccination is recommended particularly for freshman living in residence halls, but in Maryland all students living in on-campus housing must either sign a waiver or receive the vaccination. Re-vaccination may be considered in three to five years.

One-Day Retirement Seminars Coming Up

The State Retirement & Pension System of Maryland is offering one-day seminars at FSU this fall. Employees within 8 years of retirement, along with their spouses, are eligible to attend the seminars. If you have participated in a pre-retirement seminar within the last two years - you are not eligible to attend one of these seminars.

Registration is required. Forms are available in the Office of Human Resources by calling Kelly at x7487. Questions about registration should be directed to Sarah Cullip at 410-780-6632.

AIG VALIC Fall Schedule

Bill Spencer, financial advisor from AIG VALIC, will visit the University on the following days during the fall semester:

- Wednesday, Sept. 8.
- Wednesday, Oct. 6.
- Thursday, Nov. 4.
- Wednesday, Dec. 1.

Spencer will be in Lane University Center 203-204 from 10 a.m. to 2 p.m. each day to meet with FSU employees who currently are enrolled in a VALIC retirement plan and those who may be interested in enrolling. No appointment is necessary.

Computer, Business Workshops Offered

FSU's Center for Community Partnerships will offer workshops in September and October on a variety of Microsoft programs, as well as writing business plans.

Microsoft PowerPoint I will be offered Tuesday, Sept. 7. An introduction to the presentation software wizard, which enables the user to construct presentations quickly and easily. Slide backgrounds, changes in master fonts, graphics and layout will be covered, as well as importing pictures, sound animating slides and images, and deleting and moving slides.

Microsoft PowerPoint II will be offered Thursday, Sept. 9. An introduction to the multimedia and interactive features of PowerPoint. Participants will work to build an animated/progressive slide to use to organize a group discussion or learning experience and will learn to import slides from another presentation, create hyperlinks to Web sites, other slides and other files.

Microsoft Word: Fundamentals I will be offered Tuesday, Sept. 14. Students will learn to use rulers and tabs and to establish simple tables for layout. Fonts, colors, highlighting and graphic features, as well as importing and manipulating a graphic, will also be covered.

Microsoft Word Fundamentals II: Advanced will be offered Thursday, Sept. 16. Learn backgrounds, creating and manipulating text and using graphic boxes, layout and creating templates.

Microsoft Excel 2000 I: Building Spreadsheets will be offered Tuesday, Sept. 21. This class is an introduction to the power of Excel, which enables the user to build, maintain and utilize analytical tools. Excel's formulas, tables and "what-if" scenarios are user-friendly. Learn to build a basic spreadsheet and develop workbooks.

Microsoft Excel 2000 II: Intermediate Spreadsheets will be offered Thursday, Sept. 23. Progress from basic to intermediate/advanced features of MS Excel. Continue building, maintaining and utilizing the analytical tools and "what-if" scenarios of the software. Continue to learn advanced formulas and how to further build intermediate to advanced spreadsheets.

Microsoft Word Advanced will be offered Tuesday, Oct. 5. Advanced topics covered specific to the needs of the participants.

Microsoft Access 2000 I: Building Databases will be offered Tuesday, Oct. 12. Learn how to develop a database to collect information that is related to a particular subject or purpose, such as tracking customer orders or maintaining a music collection. Learn to track information from a variety of sources that you have to coordinate and organize yourself. You will be introduced to Access wizard, which helps beginners develop working databases.

Microsoft Access II: Advanced will be offered Thursday, Oct. 14. Learn how to develop a database to collect information, build reports, query development and advanced tables without the use of the Access wizard.

Business Plan Development will be offered Monday, Oct. 18. The purpose of a business plan is to recognize and define a business opportunity, to

describe how that opportunity will be seized by the management team, and to demonstrate that the business is feasible and worth the effort. One size does not fit all — the length of an effective business plan can vary widely based on the complexity of the opportunity, familiarity of the industry and financing details, among other factors.

Microsoft Excel 2000 I: Building Spreadsheets will be offered Tuesday, Oct. 19. This class is an introduction to the power of Excel, which enables the user to build, maintain and utilize analytical tools. Excel's formulas, tables and "what-if" scenarios are user-friendly. Learn to build a basic spreadsheet and develop workbooks.

Microsoft Excel 2000 II: Intermediate Spreadsheets will be offered Thursday, Oct. 21. Progress from basic to intermediate/advanced features of MS Excel. Continue building, maintaining and utilizing the analytical tools and "what-if" scenarios of the software. Continue to learn advanced formulas and how to further build intermediate to advanced spreadsheets.

All classes are in Framptom 208 from 6 to 9 p.m. To register, call x4008. The cost of the class is \$25 per session. Make check payable to FSU-CCP.

Points of Pride



Dr. Barbara Hurd, English Department, has been awarded The Pushcart Prize, an award now in its 29th year that honors the best of small presses.

Hurd was honored for her essay, "Squeeze," which appeared in *Orion* magazine last summer. That essay will appear in the 2005 Pushcart anthology, along with 61 other works, including poetry, essays and short stories, from 48 small presses. The Pushcart Prize was named among the most influential projects in the history of American publishing by Publishers Weekly.

"Squeeze" ultimately became Chapter 1 in Hurd's latest collection of essays, *Entering the Stone: On Caves and Feeling Through the Dark*, which was published by Houghton-Mifflin a year ago, to critical praise.

The Pushcart Prize XXVIII: Best of the Small Presses, 2005 Edition, is due out in late fall.

Controversy: Issues for Reading and Writing, Third Edition, by Dr. **Judith J. Pula**, Department of English, with former FSU English faculty Dr. Audrey T. Edwards and Dr. R. Allan Dermott, was recently published by Prentice Hall. *Controversy* is a discussion-based critical reading and composition text promoting higher-order thinking skills.

The following FSUBusiness faculty completed doctoral programs this spring and summer: **Dr. Carol Gaumer**, chair, Marketing/Finance; **Dr. Yan Bao**, Accounting; **Dr. Thomas Sigerstad**, Management; **Dr. John Cheon**, Marketing/Finance.

Danny Welsch, Geography, received a

grant from the National Science Foundation for \$100,937 to investigate the dynamics of carbon in soils and streams in a small watershed on the Lewis and Clark National Forest in Montana.

Get Involved



United Campus Ministry

Wednesday, Sept. 1, 6 p.m. Welcome Social (Osborne Newman Center). Meet other students and just have a good time. Light refreshments will be served.



Want to Get Your Message on TV3?

If you have an announcement about an activity that you would like to advertise on the Channel 3 message board, log on to <http://www.frostburg.edu/dept/mcom/index.htm>, click on the Channel 3 Request Form and enter your information. Then click submit. It's as easy as that.

If you would like to submit your request with a hard copy and need the form, contact Melanie Lombardi at x3011, mlombardi@frostburg.edu or stop by Old Main Room 005.

TV3 Programming

Tune into Channel 3 for regular programming five days a week. The Channel 3 message board will have the daily programming schedule for your convenience. Stay tuned for coverage of FSU football, volleyball team, men's and women's basketball, new lectures and concerts and Frostburg City Council meetings.

For other questions about Channel 3's programming, contact Cable Channel Manager Melanie Lombardi at x3011 or mlombardi@frostburg.edu.

Drivers Needed

Have a clean driving record? TV3 needs students willing to volunteer their time to drive university vans to help transport equipment and students for multi-camera events. If you have a clean record but are not certified by the university to drive, we can help you get certified. For more information, please contact Channel 3's Cable Channel manager, Melanie Lombardi, at x3011 or mlombardi@frostburg.edu.

TV3 Schedule for Aug. 30- Sept. 3

Monday:

3 & 6 p.m. Frostburg Idol
4 & 7 p.m. NASA Science Files, "The Case of the Wacky Water Cycle"
5 & 8 p.m. AAST Lecturer: Dr. Jerome Miller

Tuesday:

3 & 6 p.m. Replay: Regents' Cup Football Game FSU vs. Salisbury University Fall 2003

5:40 p.m. & 8:40 p.m. A Significant Journey

Wednesday:

3 & 6 p.m. City Place Café
4 & 7 p.m. Destination Tomorrow
4:30 & 7:30 p.m. Motivational Speaker: Bobby Petrocelli
5:35 & 8:35 p.m. Scales & Tales

Thursday:

3 & 6 p.m. Replay: AMCC Volleyball Championship Game: FSU vs. Penn State Altoona Fall 2003
4:30 & 7:30 p.m. "Search Warrant"
5 & 8 p.m. Live at the Loft: The Day

Friday:

3 & 6 p.m. MD State of Mind
4 & 6 p.m. Live at the Loft: Michael Gulezian
5:30 & 8:30 p.m. "Got Lyrics"

Volunteers



Read to Succeed and Mathletics Needs You

Read to Succeed and Mathletics are accepting applications for new tutors. This is a great opportunity for Education and Social Work students to earn service hours, but everyone is welcome.

Read to Succeed provides two hours a week of free literacy support to children in grades K-8. Mathletics is the math component of the program and is offered to students in grades K-8.

Literacy Tutoring is offered at FSU Ort Library on Tuesdays or Thursdays from 5 to 7 p.m. and at St. Michael's School on Tuesdays from 2:45 to 4:45 p.m.

Math Tutoring is offered at FSU Ort Library on Mondays or Wednesdays from 5 to 7 p.m., at St. Michael's School on Thursdays from 2:45 to 4:45 p.m. and at Route 40 Elementary School on Mondays, from 6 to 8 p.m.

Training workshops will be offered on Sept. 21, from 5:30 to 9:30 p.m. in LUC 202, Sept. 22 from 6 to 9:45 in the PE Center Leake Room, Oct. 27 from 5:30 to 9:30 in the PE Center Leake Room, and Nov. 17, from 5:30 to 9:30 in the PE Center Leake Room.

For more information, please contact Lesley Baker, Read to Succeed coordinator, at x7615.

Alumni Association Wants You(r Convertible)

Wanted: You and your convertible to drive FSU/area dignitaries in our annual Homecoming Parade. The date is Saturday, Oct. 23, 2004. The parade starts at 10:30 a.m.; we would need you and your car available from 9:30 a.m. until the end of the parade. Contact Dina Poland at x7588.

Come to the Volunteer Orientation Reception!

As classes begin once again, it might be challenging to decide which activities will make the best use of your spare

time. With so many clubs and organizations available, many students and faculty overlook an important aspect of campus and community life: volunteering.

But how can you find out exactly what volunteer opportunities are out there? The easiest way to learn about volunteering in our community is to come to the Volunteer Orientation Reception on Tuesday, Sept. 7, at 7 p.m. At the reception, you'll hear about the service programs and benefits that FSU has to offer, you'll learn about our Online Community Service Database, and you'll have the chance to sign up for volunteer opportunities like teaching children to read and raising funds and awareness for health charities. Among the organizations that will be represented at the reception are the March of Dimes, the Volunteer Center of Allegany County, Read to Succeed, the Allegany County Health Department, Rock the Vote, the Student Center for Volunteerism, and the Peace Corps.

The Volunteer Orientation Reception will be held in LUC 201, and all students, faculty, and staff are invited to attend. For more information, e-mail AmeriCorps member and VOICE Clearinghouse coordinator Holly Harrington at voice@frostburg.edu, or call x7598.

Athletics



Intramurals

Captains' meeting will be held on Wednesday, Sept. 8, at 7 p.m.

Sports offered are flag football (men's and women's league) and 4 x 4 volleyball (men's and coed league).

The intramurals program is also hiring officials and refs for this semester.

Stop by the office, room 153 in the PE center, or call x4466 for more information.



Activities for Life

For information or registration, contact Center Coordinator Amy Nazelrod at x7934.

Beginner Tumbling Classes

Beginner tumbling class will be offered for children ages 5 to 12 years. The class will be held on Tuesdays from Sept. 14 to Oct. 12 from 5 to 6 p.m. the Cordts PE Center Room 170.

The class will include basic floor tumbling exercises and some work on the low balance beam. (This is not an advanced tumbling class.) Space is limited to 15 participants with a minimum of 7. Advance registration is required.

Canoe, Kayak Roll Sessions

Canoe and Kayak Roll Sessions will be offered on Tuesday evenings from Sept. 14 to Dec. 7. The roll sessions will be held from 9 to 10:45 p.m. at the FSU Pool in the Cordts Physical Education Center. Participants must bring their own canoes or kayaks. There is a \$4 fee per night.

Pre-School Tumbling Class

Pre-School Tumbling classes will be offered on Thursdays from Sept. 16 to Dec. 9 from 5 to 5:30 p.m. and 5:30 to 6 p.m. There will be no classes Nov. 25.

All classes will be held in Cordts Physical Education Center Room 170.

Each class is limited to 12 students and is designed for children 3 and 4 years old who have little or no formal tumbling training. The class will include activities such as cartwheels, rolls and other simple movements. The class is designed to teach flexibility, strength, muscle control and coordination. It is preferred that the children be potty-trained.

Instructors will be Starr Sine and Bethany Sine.

Advance registration is required; there will be no exceptions.

Lifeguard Certification

The FSU Activities for Life Center, in conjunction with the Western Potomac Chapter of the American Red Cross will be offering a Lifeguard Certification Class starting Friday, Sept. 17.

The class, instructed by Dr. Troy Strieby, will be held at the FSU Cordts Physical Education Center Pool and PE Center Room 105. The class will meet on Friday, Sept. 17, from 3:30 to 10 p.m., Saturday, Sept. 18, from 8 a.m. to noon, 1 to 4:30 p.m. and 6 to 9 p.m., Sunday, Sept. 19, from 8 a.m. to noon, 1 to 4:30 p.m. and 6 to 9 p.m., and Sunday, Sept. 26, from 7 to 9 p.m.

Lifeguard students must have strong swimming skills, being able to complete a quarter-mile swim using an acceptable swimming stroke, and must be able to attend all class and pool times. Refunds will not be given after the start of the course. The class is limited to 20 participants. Registration deadline is Tuesday, Sept. 14.

Water Aerobics

Water Aerobics will be offered on Tuesdays and Thursdays from Sept. 14 to Oct. 14, from 6 to 6:50 p.m., at the FSU pool in the Cordts PE Center.

This class is geared towards those who want to increase cardiovascular fitness, flexibility and body strength. It is the perfect activity for those with painful joints or other movement limitations. Water Aerobics creates good muscle balance, making the muscles limber and strong.

Instructor for the class is Jo Mason. A minimum of eight participants is needed in order to have the class.

Infant-Toddler and Pre-School Swimming

Infant-Toddler and Pre-School swim lessons will be offered from 6 to 6:45 p.m. Mondays, Wednesdays and Fridays from Sept. 20 to 29 at the Cordts PE Center Swimming Pool.

The Infant-Toddler Swimming Class is for children ages 3 to 36 months and the Pre-School Swimming Class is for children ages 3 and 4.

Both infant-toddler and pre-school swimming classes require parents to be in the water and to participate along with their children.

Advance registration is required.

Community



FSU Events Calendar



AAUW September Meeting

The September meeting of the Frostburg Branch, American Association of University Women, will be a covered dish supper on Tuesday, Sept. 7, at 6:30 p.m. at the Frostburg United Methodist Church Hall, 48 W. Main St. Following dinner, there will be a program led by Karin Tedesco, manager of Historic Frostburg—a Maryland Main Street Community. This program has recently received a \$25,000 grant for the restoration of facades in Frostburg. Hostesses will be Amy Meek and Elizabeth West. Guests are cordially welcomed to attend. For more information, call Elizabeth West at 301-722-6445.

'Elly May' Coming to Frostburg

Former "Beverly Hillbillies" Actress Donna Douglas, who played Elly May Clampett, will be speaking at FSU for the God's Ark of Safety Annual Banquet. Douglas will speak on Saturday, Sept. 11, at 6:30 p.m. in the Lane University Center. Tickets cost \$18 per person. For reservations, call 301-689-3551.



Safety Message

Protecting Yourself in the Sun!

Sunlight contains ultraviolet radiation, which causes premature aging of the skin, wrinkles, cataracts and skin cancer. The amount of damage from UV exposure depends on the strength of the light, the length of exposure and whether the skin is protected. There are NO safe UV rays or safe suntans.

Here are a few simple rules:

COVER UP — wear tightly-woven clothing that blocks out the light. Wear gloves when working out in the yard.

WEAR A HAT — a wide brim hat (not a baseball cap) is ideal because it protects the neck, ears, eyes, forehead, nose and scalp.

USE SUNSCREEN — a sun protection factor (SPF) of at least 15 blocks 93 percent of UV rays. You want to block both UVA and UVB rays to guard against skin cancer. Be sure to follow application directions on the bottle.

WEAR UV-ABSORBENT SHADES — sunglasses don't have to be expensive, but they should block 99 to 100 percent of UVA and UVB radiation.

MONDAY, AUGUST 30

Classes Begin

Late Registration/Drop/Add (through September 3)

- * Student Ethernet Support 9:00 a.m.-4:00 p.m. Lane 205-206
* "The Ultimate Road Trip"..... 7:00 p.m. Lane ARMAH

TUESDAY, AUGUST 31 – Block Party!

- * Student Ethernet Support 9:00 a.m.-4:00 p.m. Lane 205-206
* City of Frostburg Block Party 6:00 p.m. Main Street, Frostburg (Raindate: September 1)

WEDNESDAY, SEPTEMBER 1

- * Student Ethernet Support 9:00 a.m.-4:00 p.m. Lane 205-206
* UPC Poster Sale 10:00 a.m.-5:00 p.m. Lane 140-141
* Faculty Senate 4:00 p.m. Lane Atkinson Room
* Women's Soccer: Grove City 5:00 p.m. Home
* UPC, "Mike da Roving Guy and Caricatees" 6:00 p.m. ... Derezinski Lounge/Loft
* UCM Welcome Social 6:00 p.m. Osborne Newman
* BSA Get-Acquainted Night 7:00 p.m. Lane ARMAH

THURSDAY, SEPTEMBER 2

- * Student Ethernet Support 9:00 a.m.-4:00 p.m. Lane 205-206
* UPC Poster Sale 10:00 a.m.-5:00 p.m. Lane 140-141
* Rock the Vote Noon-2:00 p.m. Lane Lobby
* SGA Meeting 7:30 p.m. Lane Atkinson Room
* Center Stage Game Night 8:00 p.m. Lane Game Room

FRIDAY, SEPTEMBER 3

- * Student Ethernet Support 9:00 a.m.-4:00 p.m. Lane 205-206
* UPC Poster Sale 10:00 a.m.-5:00 p.m. Lane 140-141
* Women's Volleyball: Juniata College Tournament .. 4:00 p.m. Away
* UPC BBQ & Drive-In Movie, "Shrek 2" 6:30 p.m. Clock Tower Quad (Rainsite: PEC Main Arena)
* Opening Reception, "Outrageous" 7:00 p.m. Roper Gallery
* Alpha Phi Alpha Welcome Back Party 10:00 p.m.-2:00 a.m. Lane ARMAH

SATURDAY, SEPTEMBER 4

- * Men's & Women's Cross Country: Shippensburg University Tri Meet Away
* Women's Field Hockey: Randolph Macon 11:00 a.m. Home
* Men's Soccer: Lotto Classic Tournament-Clarkson 4:00 p.m. Away
* Women's Volleyball: Juniata College Tournament .. 4:00 p.m. Away
* UPC Welcome Week Comedy Show with Spanky & Damon Williams and After Party 8:00 p.m.-2:00 a.m. Lane ARMAH

SUNDAY, SEPTEMBER 5

Enjoy Your Day

MONDAY, SEPTEMBER 6

Labor Day – No Classes

- CCM: Ice Cream Social 7 p.m. Osborne Newman

* Open to the public. Questions? – Call 301-687-4411. All information subject to change.

FSU is committed to making all of its programs, services, and activities accessible to persons with disabilities. You may request accommodations through the ADA Compliance Office, 302 Hitchens, 301-687-4102, TDD 301-687-7955.

Prevent Tripping: Keep Exits Clear of Materials and Furniture

