FSU Focuses on Entrepreneurship, Environment

2nd Trident Initiative Conference Sept. 6-7

The Trident Initiative at FSU and the U.S. Small Business Administration’s Western Maryland SCORE Chapter 682, will host their second annual conference, “The Odyssey ... From Entrepreneurial Opportunity to Regional Economic Prosperity,” on Thursday, Sept. 6, and Friday, Sept. 7, in FSU’s Lane University Center.

The event focuses on possibilities for collaboration within the tri-state region of Western Maryland, southwestern Pennsylvania and northern West Virginia in order to foster regional economic development. This year’s conference will also feature an in-depth FastTrac® workshop called “Listening to Your Business,” offered by the Kauffman Foundation, and include case studies that depict the entrepreneurial “odyssey” of a new business and establish the linkage between entrepreneurial initiative and economic progress for the surrounding region.

This conference also recognizes and honors leading entrepreneurs of the region with a view to showcasing the region’s best practices in small business. Accordingly, two awards, Model Entrepreneur of the Year and Young Entrepreneur of the Year, will be presented at the conference.

The conference will be of interest to aspiring as well as practicing entrepreneurs, the academic community of students, faculty and staff of regional educational institutions, economic development agencies, city governments, as well as the region’s citizenry at large. The program consists of hands-on, practical and educational forums, with the participation and presentation by regional business resource providers and representatives from governmental agencies and academic institutions.

Benefits of attending the conference are many, with opportunities to:

- Discover entrepreneurial opportunities and resources in the region.
- Investigate potential sources of funding and financial incentives.
- Network with other regional entrepreneurs and share your experiences and perspectives.
- Be inspired by the successes and examples of entrepreneurial ingenuity and talent across the region.
- For any questions concerning the upcoming event, please call x4008 or e-mail trident@frostburg.edu.

Student Scholarships Available

The Trident Initiative invites interested students in all disciplines to apply for a scholarship to cover conference costs. Scholarships will be awarded on a first-come, first-served basis and cover all conference activities, including meals. Call x4008 for details.

Jobs, Jobs, Jobs

The Wind and Solar Energy System, or WISE, is part of FSU’s renewable energy project.

Renewable Energy Symposium All Set

Learn more about the possibilities of new energy sources and energy conservation methods, ideas, products and practices when FSU hosts the Renewable Energy Symposium and Exhibition Sept. 14 and 15 at the Compton Science Center on campus.

The two-day gathering, organized by FSU’s Dr. Oguz Soysal and Hilikat Soysal, in collaboration with the Maryland Energy Administration, will bring together various facets of the academic and professional community from around the region, including faculty and students, entrepreneurs, small business owners, local and state administrators, legislators, media and industry representatives. The conference will explore topics such as a critical assessment of wind and solar energy potential; the socio-economic implications, design considerations and financial incentives of wind and solar energy; and the environmental impacts associated with wind and solar energy development.

The conference will also offer the public an opportunity to check out FSU’s new Wind-Solar Energy Genera-
tion System (WISE) that was constructed near the Fuller House at 19 Braddock Road this summer. The grid-connected hybrid generation system, which features a 1.8 kW Skystream 3.7 wind turbine mounted on a 33-foot monopole tower and 10 solar panels, was constructed as part of a University-wide project Dr. Soysal began in 2006 with funding from a Maryland Energy Administration grant. In addition to the presentation of many papers highlighting ideas and challenges in renewable energy, the conference will also include displays of various renewable energy products and projects. The Symposium and Exhibition are open to the public for a small registration fee to cover distributed materials and lunch. Registration is $20 for students, $60 for non-student participants. Interested parties may also register on site at the conference. For more information on the Renewable Energy Symposium and Exhibition, visit www.frostburg.edu/renewable or contact Hilkat Soysal at renewable@frostburg.edu.

Visual Art
Faculty's Art on View in Garrett County
Visual Arts faculty Robert Llewellyn, Jackie Brown, Harlowe Hodges and Daniel Filipone are exhibiting two- and three-dimensional work at The Art Gallery of Garrett College in an exhibit on view from Sept. 4 to Oct. 19. An artist's reception is set for 7 to 9 p.m. Saturday, Sept. 15, and is free and open to the public. This exhibit is sponsored in part by a grant from the Garrett County Arts Council. For more information, call (301) 387-3024.

Exhibition Explores Art of Drawing
Read between the lines and study the art of drawing during an upcoming exhibition at FSU. The faculty work by two artists, John Cline and Tim McDonald. “John Cline & Tim McDonald” will be on view Sept. 7 through Sept. 30 at the Stephanie Ann Roper Gallery in the Fine Arts Building, with a free public reception from 6 to 9 p.m., Friday, Sept. 7. The Advising Center has moved to a new location in 124 Sand Spring Hall or the 2007–2009 FSU undergraduate catalogs can opt to take the BITS Test to meet their technology fluency graduation requirement. With this option, students could take the test as part of their registration for courses during the fall 2007 term, either through the BITS Web site or at a test center near campus. The test is designed to assess students' computer literacy skills and make them aware of the importance of computing technology in their lives. The test will be offered on campus on Oct. 19 and 20. More information is available at www.frostburg.edu/take5.

Frostburg: Take 5
Cline graduated from FSU in 2002 with a Bachelor of Fine Arts degree in art and design and a minor in art history. He will exhibit 11 works in the show and plans to talk with FSU students and help them explore ideas in their own art while he is in Frostburg.

The Stephanie Ann Roper Gallery has a free admission and is open to the public Sunday through Wednesday from 1 to 4 p.m. For more information about the exhibition, please contact the FSU Department of Visual Arts at x4797.

Wellness Expert Presents Workshops
National wellness expert Scott Cole, star of the “Abs of Steel” video series, will present a series of interactive “Focus on Fitness” workshops at FSU over the course of two days. These presentations, all free and open to the public, are designed to increase “wellness literacy.”

On Thursday, Sept. 6, at 9 a.m., in Lane University Center 201, Cole will present “East-West Fusion: Where Power Meets Grace,” a practical blend of healing arts coupled with philosophical discussion that combines both lecture and light movement designed to help participants attract new energy into their lives.

On Friday, Sept. 7, at 9 a.m. in the Lane University Center Alice R. Manicur Assembly Hall, Cole will focus on relaxation techniques that allow for the release of pent-up negative energy — yoga, tai chi, qigong, stretching, guided imagery, and more — in the program, “Lighten Up, Loosen Up, LET GO!!!”

The best clips will be shown during a special screening at Palace Theatre in downtown Frostburg on Oct. 24. Great prizes are also in store, including a Canon ZR830 Mini DV Camcorder and all accessories to help budding filmmakers continue their work in style.

To participate, you must be a student or alum. Deadline to submit entries is Oct. 8. Burn your YouTube clip to a DVD or CD in a Quicktime Movie format and drop off your submission or mail it to: Becca Ramspott Frostburg: Take 5 Communications & Media Relations Hitchins, Room 240 FSU 101 Braddock Road Frostburg, MD 21532-1099

Don’t miss this exciting opportunity to let the world know how talented you are—and how fun Frostburg is! Learn more about Frostburg: Take 5 by visiting www.frostburg.edu/take5.

New Place, New Face
The Advising Center has moved to a new location in 124 Sand Spring Hall and has a new Coordinator of the Advising Center, Amy Shimko. Please make a point to stop by.

Students: Register for Fall 2007 BITS Test
FSU students following the 2005–2007 or the 2007–2009 FSU undergraduate catalogs can opt to take the BITS Test to meet their technology fluency graduation requirement. With this option, students...
must score 70 percent or higher on this 100-item, timed, online, group-processed test. To review other options, look at “Undergraduate Degree Requirements” [Item #9] in the Academic Life section of the FSU undergraduate catalog.

To register for the BITS Test, go to the FSU Bookstore for Registration Week Monday, Sept. 10, through Friday, Sept. 14, from 8:30 a.m. to 4 p.m., present your FSU student ID and pay your non-refundable $15 registration fee. In addition to payment by cash, check or Bobcat Express, Visa, MasterCard and Discover are accepted.

BITS Test sessions will be offered at 7:30 p.m. on the evenings of Monday, Oct. 15, Tuesday, Oct. 16, and Wednesday, Oct. 17. The sessions will be held in Pullen Hall 107-110 depending on how many students register for each session.

**PLEASE NOTE:** You must present your student ID to register for the test and bring it with you to present it at your chosen BITS Test session. A student can register/pay and take the BITS Test only once per semester. NO credits are awarded. The BITS Test must have the cell phone in your possession and be available with this option. Any student with a disability needing accommodation should contact the Office of Disability Support Services (x4483) as soon as possible after registering.

For more info, contact the Office of the Provost, Hitchins 213 or at x4211.

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**Stay Safe: Sign up for e2Campus**

All students, faculty and staff are urged to sign up for the e2Campus™ emergency notification system that was implemented to alert the FSU community in the case of emergencies or campus evacuations. You can opt to receive text messages on your cell phone, e-mail or both.

From the FSU home page (www.frostburg.edu), look for the technology link at top right, and select Text Messaging Alerts. You will be prompted to insert your FSU user name and password, then you will be taken to the signup page. When signing up, you must have the cell phone in your possession or be logged into the e-mail address you are using so you can respond to the validation code that will be sent. Participation in the notification system is free, although depending on your individual cell phone plan, there may be a small charge to receive messages. You may also opt out of notification of weather-related class cancellations as well.

If you have any questions or have difficulty registering, please call the FSU Help Desk at x7777 on campus or (301) 687-7777 from off campus.

**Planning to Graduate in December?**

If you are planning to graduate at the end of this semester, please note the following: The 131st Commencement Ceremony is scheduled for Saturday, Dec. 15, in the Harold J. Cordts Physical Education Center. The College of Business and College of Education will hold its service at 10 a.m., while the College of Liberal Arts and Sciences will present graduations at the 2 p.m. ceremony.

Participation is free, although there is a $20 non-refundable $15 registration fee. In addition to payment by cash, check or Bobcat Express, Visa, MasterCard and Discover are accepted.

 BITS Test sessions will be offered at 7:30 p.m. on the evenings of Monday, Oct. 15, Tuesday, Oct. 16, and Wednesday, Oct. 17. The sessions will be held in Pullen Hall 107-110 depending on how many students register for each session.

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**Check Out ‘Science Sundays’**

FSU presents “Science Sundays” this fall, with free programs offered in both the Compton Science Center Planetarium and the Compton Science Center Exploratorium every Sunday.

The 45-minute Planetarium shows are at 4 and 7 p.m., followed by a 30-minute tour at approximately 5 and 8 p.m. of the Exploratorium, which will feature revolving displays of FSU’s extensive collection of mammal specimens from around the world.

The Exploratorium, which will explore the solar system, will shows on “The Inner Planets” in September, “The Giant Planets” in October and “Solar System Dwarf” in November. The Exploratorium will feature African mammals, a display of satellite photos called “Earth as Art” and a Smithsonian exhibit on food traditions called “Key Ingredients” (from Sept. 28 to Nov. 10).

During the winter, the Planetarium will investigate “Heavenly Connections” in December, “Music of the Heavens” in January and “Calendars Around the World” in February. The Exploratorium will show North American mammals such as brown bears, mountain lions, anteaters and wolves.

In the spring, the Planetarium’s focus will be “The Ancients and Sky” in March, “Animal Sky Stories” in April and “Report on Planet Earth” in May. Eurasian mammals such as wild boars, Argali sheep, Saiga antelope and sloth bears will be on view in the Exploratorium.

“Science Sundays” will run from Sept. 9 to Dec. 18, followed by a special show of the Sunday after Thanksgiving, FSU’s winter break and Easter. For more information, call Dr. Bob Doyle at x4270 or x7799 or visit the Planetarium Web site at www.frostburg.edu/planetarium.

**Get a Taste at ‘Key Ingredients’**

Everyday meals and celebrations across America are rooted in historical, regional and social traditions. These traditions, including those associated with Western Maryland, will be highlighted in a series of special exhibits this fall, including a local showing of “Key Ingredients: America by Food,” a Smithsonian Institution traveling exhibition that will be on view at FSU’s Compton Science Center Exploratorium Sept. 28 to Nov. 10.

FSU and the surrounding community have been expressly chosen by the Maryland Humanities Council and the Smithsonian Institution to host “Key Ingredients” as part of the Museum on Main Street project, a national/state partnership that brings exhibitions and programs to rural cultural organizations.

Through a selection of artifacts, photographs and illustrations, “Key Ingredients” examines how culture, ethnicity, landscape and tradition influence foods and flavors. The exhibition looks at the evolution of the American kitchen and how food industries have responded to the technological innovations that have enabled Americans to choose an ever-wider variety of frozen, prepared and fresh foods.

An interactive Web site, www.keyingredients.org, has been developed in conjunction with the exhibition. The site invites people across the country to share their family recipes and food stories, learn about other food traditions and identify favorite small town eateries.

“Key Ingredients” is part of Museum on Main Street, a unique collaboration between the Smithsonian Institution Traveling Exhibition Service (SITES), state humanities councils across the nation and local host institutions.

To learn more about “Key Ingredients” and other Museum on Main Street exhibitions, visit www.museumonmainstreet.org. Support for Museum on Main Street has been provided by the United States Congress.

To learn more, visit www.frostburg.edu/events/keyingredients/, www.sites.si.edu, www.mdhc.org, or contact Kara Rogers Thomas at FSU at x3124.

**Office of Career Services Ready to Help**

Career Services would like to remind
the campus community about the services that are offered to our student population. Stop by the office for individual career counseling, job/internship postings and searches, the resource library, on-campus recruitment and interviews, spring career fairs and the Fall Career Expo, resume and cover letter assistance, the DISCOVER Program, credential file maintenance, alumni mentors on College Central, help with selecting a major/field of focus and career planning and many other great services! Please encourage students to stop by and spend some time creating a pathway to success. For more info, stop by 124 Sand Spring Hall, call x4403 or e-mail careerservices@frostburg.edu. Check out www.frostburg.edu/clife/career/ for more info.

P&E Club Selling Mugs

The FSU Physics and Engineering Club is now selling mugs featuring the club logo for $12, in addition to T-shirts for $10, to support club-sponsored activities like the campus Physics and Engineering Day. The For information, contact Eric Moore at x4500 or ejmoore@frostburg.edu.

Tickets on Sale for UT's 2007-08 Season

University Theatre will present the musical “Into the Woods,” “Abundance,” “Machinal,” and “A Raisin in the Sun” as part of its 2007-2008 Main Stage season. Second Stage (formerly known as Season Tool) will highlight the student-directed productions, “Anton in Show Biz” and “Almost, Maine.”

“Into the Woods,” with music and lyrics by Stephen Sondheim and book by James Lapine, will kick off the Main Stage in the Drama Theatre on Oct. 12, 13, 18, 19 and 20 at 7:30 p.m., with matinee performances on Oct. 13 and 20 at 2 p.m. A dark yet beguiling take on the Grimm Brothers’ fairy tales, “Into The Woods” is the Tony Award-winning musical in which the familiar stories of “Cinderella,” *Jack and the Beanstalk*’, “Rapunzel” and “Little Red Riding Hood” intermix with the story of a baker and his wife who cannot have a child until they break the curse of the witch next door.

Season Discount Flex Cards are now on sale to attend University Theatre performances. For $30, receive four main stage tickets and save $10! Card holders can spread tickets throughout the Main Stage season, or use any number of tickets for one show.

Individual tickets prices are $5 for students and $10 for non-students.

The student-directed production series, Second Stage, begins its season with performances of “Anton in Show Biz” by Jane Martin Oct. 5 and 6; 7:30 p.m.; Wednesday, Sept. 19, in the Lane University Center’s Alice R. Manicur Hall. An off-Broadway smash hit and the longest running comedy in London, this roller-coaster tribute to the immortal bard manages to condense his 37 plays and 154 sonnets into a hysterical two-hour performance by three actors. All 16 comedies become one story featuring a shipwreck, an influential duke and three sets of identical twins. Irreverent and hilarious, this faultless cast speeds through 75 different characters, dozens of costumes and nearly 100 props. And in the true spirit of Shakespeare’s Globe, “Shakespeare Abridged” requires its performers to improvise.

Audience members who are interested in making this performance a unique dinner theatre experience may purchase a $25 ticket that includes admission to the show as well as a choice of a delectable meal featuring either a steak or vegetable primavera entree. A cash bar will also be available. Those who opt to attend the performance only can purchase a ticket for just the show: $16 for the general public; $14 for faculty and staff; $12 for children 17 and under and $5 for FSU students.

To purchase tickets or for more information about “The Complete Works of William Shakespeare (Abridged),” call the FSU Cultural Events Box Office at x3137 or toll free at 1-866-TIXX-CES, or visit online at ces.frostburg.edu.

Dance Night Away with BURG

Dance the night away from 9 p.m. to 2 a.m. Friday, Sept. 7, when the SAFE Office and the BURG Peer Education Network host “BURG Bash XII” in the Lane University Center’s Alice R. Manicur Assembly Hall. Food, music and prizes will all be part of the festivities. For more info, call x3081.

Celebrate Appalachian Culture at Festival

The public is invited to learn more about the region’s rich cultural heritage during FSU’s second annual Appalachian Festival Sept. 21 and 22. The event brings together a variety of performers and craftspeople to celebrate the natural landscape, history, food and musical and artistic offerings of Western Maryland and the surrounding areas. Film, live music performances, storytelling and public demonstrations of timeless traditions are among the countless festivities that make up this year’s event, many of which are free and open to the public and suitable for the whole family.

The Appalachian Festival kicks things off with a special screening of two films at 8 p.m. Friday, Sept. 21, at downtown Frostburg’s historic Palace Theatre on Main Street. The Palace will show "The True Meaning of Pictures" by Jennifer Baichwal, a documentary that examines the work of Shelby Lee Adams, a photographer who takes pictures of Appalachian “mountain people.” “Ready for Harvest: Clearcutting in the Southern Appalachians” by Anne Lewis Johnson, a film that explores the complex questions associated with extensive logging in the Southern Appalachian Mountains, will also be viewed. Tickets to see both films are $5.50 and may be purchased at the door.

Then Saturday from 10 a.m. to 6 p.m., FSU’s Upper Quad comes alive with a variety of activities, demonstrations and music performances, all free and open to the public. Regional music, displays and sales of traditional arts and crafts, Appalachian food, history presentations, children’s activities, environmental talks, storytelling and more will be going on throughout the day. Featured musicians include the Allegheny Drifters, Sparky and Rhonda Rucker, FSU’s own Greg Latta, the Critter John T. band and many more. Festival goers can also enjoy handmade crafts, including spinning, seat caning and quilting, created by

Share Your Talents at Open Mic Night

Do you have a talent that you would like to share? If so, check out the Live! at Open Mic Night at 7:30 p.m. Thursday, Sept. 4, at the Lane University Center’s Derezinski Lounge. Open Mic Night is a casual, comfortable way for you to sing, dance, read poetry, play an instrument, tell jokes—even rant. All talents are welcome. Please arrive by 7:30 p.m. if you want to perform.

Come support your friends or just discover some new talent. For more information, call x4411.
English Prof Presents ‘Clown Baby’

Frostburg Center for Creative Writing director and FSU professor of English Gerry LaFemina will read from his new collection of prose and poems. “Figures from The Big Time Circus Book/The Book of Clown Baby” at 7:30 p.m. Thursday, Sept. 6, at downtown Frostburg’s Main Street Books. A book signing and reception will follow. The book is composed of two sequences of poems. The first is based on 20 drawings from a Depression-era book for kids on putting circuits on in one’s hometown. Each prose poem shares a title with the figures, though that’s where the similarities end. The book includes reproductions of several of the drawings. The other sequence features “Clown Baby” a child born a clown but not of clowns.

The book also comes in a limited edition with a pop-up big top, and it can be read inward from either cover. The night will be a grand spectacle in the way any good circus that comes to town should be. For more info, call x4024.

Artists from noted groups such as Pennsylvania’s Participating Artists of the Turkeyfoot Highlands. Saturday concludes with a special music concert featuring Jay Ungar and Molly Mason at 7:30 p.m. at the Palace Theatre. Ungar and Mason perform a variety of musical selections, including hard-driving Appalachian melodies, Cajun and Celtic fiddle tunes, stirring Civil War classics, sassy songs from the Golden Age of swing and country and moving original works. Playing together since the late 1970s, they gained widespread recognition for theirorrackwork in Ken Burns’ PBS series, “The Civil War,” including the haunting performance of Ungar’s original composition, “Ashokan Farewell.”

Tickets for the Ungar and Mason concert are available for purchase at Frostburg’s Main Street Books (2 E. Main St.) and at the Allegany Arts Council in Cumberland (52 Baltimore St.). Tickets are $15 general admission; $13 in advance; $8 for students and children 17 and younger. Allegany Arts Council members can pay $12 for an advance ticket or $13 at the door.

For more information about the Appalachian Festival or to volunteer at the event, please contact FSU folklorist Kara Rogers Thomas at x3124 or e-mail krogersthomas@frostburg.edu.

Jay Ungar and Molly Mason

Appalachian Lab

The University of Maryland Center for Environmental Science Appalachian Laboratory will offer a series of seminars during the fall semester. The next seminar is at 3:30 p.m., Thursday, Sept. 6, and will feature Jose D. Fuentes, Department of Environmental Sciences, University of Virginia. His talk is titled, “Forests and Air Quality in Eastern USA.” The seminar will be held in AL classroom 112.

Refreshments follow in the lobby. For more information, visit www.al.umces.edu/seminar/schedule.

BURG Offers Talk about Booze

The SAFE Office and BURG Peer Education Network presents “I’m Matthews: Beer, Booze and Books” at 3, 4:30 and 6 p.m. Thursday, Sept. 6, in the Performing Arts Center Recital Hall. Matthews is a nationally known speaker and author of two books. His multi-media approach to alcohol education has been very popular for the past several years. He teaches the harm reduction model to students in a non-judgmental manner. For more info, call x3081.

Schedule for Sept. 3-7

Monday:
3 & 6 p.m. NASA SCI Files, “The Case of the Great Space Exploration”
4 & 7 p.m. Democracy in America: “Global Politics: U.S.A. and the World”
4:30 & 7:30 p.m. Earth Revealed: “Geologic Time”
5 & 7 p.m. Poet: Robin Becker

Tuesday:
3 & 6 p.m. City Palace Café
4:30 & 7:30 p.m. FSU Road Trip: Miami and Puerto Rico

Wednesday:
3 & 6 p.m. NASA “Destination Tomorrow”
3:30 & 6:30 p.m. Speaker: Dr. Lawrence Korb
4:30 & 7:30 p.m. American Cinema: “The Star”
5:30 & 8:30 p.m. “Snowden Crossing”

Thursday:
3 & 6 p.m. Guest Lecturer: CIA Analyst, Ray McGovern
4 & 7 p.m. FSU Clarinet Ensemble Fall 2006
5 & 8 p.m. Zen Lecture: Responding to a Ravaged Planet

Friday:
3 & 6 p.m. NASA Connect, “Ancient Observations”
3:30 & 6:30 p.m. “NASA Destination Tomorrow”
4 & 7 p.m. “MD State of Mind”
5 & 8 p.m. Exploring the World of Music: “Texture”
5:30 & 8:30 p.m. Earth Revealed: “Evolution Through Time”

Learn About UPC

University Programming Council will have its first general board meeting on Tuesday, Sept. 4, at 7 p.m. in Lane University Center 201. Light refreshments will be provided. For more information, call x4411.

White Water Rafting!

Take a raft to the wild side on
Saturday, Sept. 8. A bus will depart at 7 a.m. from the Performing Arts Center, returning at approximately 7 p.m. The $75 cost includes the bus transportation, lunch and guided rafting trip. This trip is open to FSU students only.

**International**

Study Abroad Programs

The Center for International Education offers a variety of ways for FSU students to see the world. In many cases, students register at FSU during a semester abroad and can take all financial aid with them and transfer credit back to FSU. For more information, contact the CEI in the Fuller House on Braddock Road, x4714, or visit www.frostburg.edu/admin/cie.

**Activities for Life**

For more information on Activities for Life registration, contact Amy Nazelrod at x7934 or anazelrod@frostburg.edu.

Consider a Community Membership.

Activities for Life is now offering Community Memberships to the Cordts Physical Education Center. Those interested in becoming members will have access to activity areas such as the swimming pool, weight room, racquetball courts, squash courts, tennis courts, practice gym, main arena and outdoor track. Three levels of membership are available to families and individuals. The Gold Level includes access to all activity areas as well as the Activities for Life Evening Land Aerobics. The Silver membership includes use of the weight rooms, swimming pool and Evening Land Aerobics. The Bronze Level includes use of the pool or weight room, which must be specified at registration. Family memberships are based on families of up to four people. There is an added charge for each family member beyond four.

Swimming Lessons For Little Ones

Activities for Life will offer infant-toddler and pre-school swimming lessons at the Cordts Physical Education Center Monday, Sept. 10, Wednesday, Sept. 13, Monday, Sept. 17, Wednesday Sept. 19, and Friday, Sept. 21, from 6 to 6:45 p.m. The Infant-toddler Swimming Class is for children ages 3 to 36 months, and the Pre-School Swimming Class is for children ages 3 and 4. Both infant-toddler and pre-school swimming lessons require parents to be in the water and to participate along with their children. Advance registration is required. For information or registration, call AFL Coordinator Amy Nazelrod at x7934 or e-mail anazelrod@frostburg.edu.

Intermediate Stott Pilates Class Offered

FSU Activities for Life and the City of Frostburg Department of Parks and Recreation will offer an intermediate Stott Pilates class. The class will be at 5 p.m. on Tuesdays and Thursdays, Sept. 11 to Oct. 16, with the exception of Thursday, Sept. 20. Classes will be held in the Frostburg Community Center, 27 Water St., Frostburg. The class is not suitable for beginners and has limited spaces available.

Stott Pilates is designed to deliver ultimate strength, flexibility and endurance without adding bulk. Stott exercises restore the natural curves of the spine and rebalance muscles around the joints so that participants will experience longer, leaner muscles, improved posture, increased strength and stability and improved coordination and circulation. The class is instructed by Stott-certified instructor Susan Manger. All participants must provide their own mats. Registration and payment must be made no later than Sept. 10 in the Activities for Life office, Cordts PE Center 177.

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<tr>
<th>Monday, Sept. 3—Labor Day</th>
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<td>No Classes, Offices Closed</td>
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**FSU Events Calendar**

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<thead>
<tr>
<th>Tuesday, Sept. 4</th>
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<tr>
<td>* Student Ethernet Support .......... 9 a.m.-4 p.m. ................. Lane 202</td>
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<tr>
<td>* Greek Council ................................ 4 p.m. .................. Lane 201</td>
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<tr>
<td>* Women’s Field Hockey; St. Vincent ........ 4:30 p.m. ................. Away</td>
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<tr>
<td>* UCM Welcome/Welcome Back Pizza Party .............................................. 6 p.m.</td>
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<tr>
<td>* Women’s Volleyball: Hood .................. 7 p.m. ......................... Home</td>
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<tr>
<td>* RHA General Board Meeting .......... 7 p.m. ......................... Tawes Hall 232</td>
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<tr>
<td>* BSA Get Acquainted Night .......... 7 p.m. ......................... Lane ARMMAH</td>
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<tr>
<td>* Alpha Phi Alpha Event ........ 7:30 p.m. ......................... Lane 201</td>
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<tr>
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<tr>
<td>* Faculty Senate ........ 3:30 p.m. ......................... Lane 201</td>
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<tr>
<td>* Men’s Soccer; Bethany .......... 7 p.m. ......................... Home</td>
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<tr>
<td>* Women’s Soccer; Easter Mennonite ... 7 p.m. ......................... Away</td>
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<tr>
<td>* Student Ethernet Support .......... 9 a.m.-4 p.m. ................. Lane 202</td>
</tr>
<tr>
<td>* Women’s Tennis; Westminster .......... 4 p.m. ......................... Away</td>
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<tr>
<td>* SGA Meeting .......... 7:30 p.m. ......................... Lane 201</td>
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<tr>
<td>* UPC Live at the Loft; Open Mic Night .......... 8 p.m. ................. Lane Derezenski Lounge/Loft</td>
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<thead>
<tr>
<th>Friday, Sept. 7</th>
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<tbody>
<tr>
<td>* Pre-Professional Med Society Blood Drive ......................... 9 a.m.-3 p.m.</td>
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<tr>
<td>* Student Ethernet Support .......... 9 a.m.-4 p.m. ................. Lane 202</td>
</tr>
<tr>
<td>* Women’s Tennis; Penn State Behrend College .......... 4 p.m. ......................... Away</td>
</tr>
<tr>
<td>* BURG Bash XII .......... 9 p.m.-2 a.m. ..................... Lane ARMMAH</td>
</tr>
<tr>
<td>* PRAXIS .......... 6:45 a.m.-5 p.m. ......................... Dunkle Hall</td>
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<tr>
<td>* UPC Off-Campus Trip; White Water Rafting (Bus will depart from PAC Parking Lot at 7 a.m. and will return to campus around 7 p.m.)</td>
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<tr>
<td>* Women’s Tennis; Penn State Behrend College Invitational .......... 9 a.m. ......................... Away</td>
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<th>Saturday, Sept. 8</th>
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<tbody>
<tr>
<td>* Women’s Field Hockey; Shenandoah .......... noon ......................... Home</td>
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<tr>
<td>* Women’s Tennis; Washington &amp; Jefferson ......................... 1 p.m. ......................... Away</td>
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<tr>
<td>* CCM Mass ......................... noon &amp; 8 p.m. ................. Cook Chapel</td>
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</tbody>
</table>

* Open to the public – Questions? Call 301-687-4411. All information subject to change.

FSU is committed to making all of its programs, services, and activities accessible to persons with disabilities. You may request accommodations through the ADA Compliance Office, 302 Hitchins, (301) 687-4102, TDD (301) 687-7955.

* The Price of an Accident is Always Higher Than Prevention