Welcome Activities

2 Mocktails on the Lawn in front of Chesapeake, 11 a.m. - 3 p.m. Cold and delicious mocktails served in souvenir stadium cups sponsored by SAFE office and BURG Peer Education Network.

2 Supersized First Night Frostburg from 7-11 p.m. in the LUC ARMAH and Game Room. UPC presents the official “supersized” First Night. We take something regular and supersize it. No fries or drink needed. UPC is taking bowling, Connect 4, Jenga, trikes, chairs and even pixie sticks to a grand new level.

3 Frost 15 – Stay seated and keep eating! Showcasing in LUC Stage at 1:30 p.m. and Chesapeake Dining Hall at 5 p.m.

3 Jared Campbell – 2 p.m. LUC Loft - Part of the Lunch in the Loft Music Series: In just four short years of pursuing his music career, Campbell, a 25 year-old singer-songwriter from Binghamton, N.Y., has developed himself as a fixture in the independent music scene. His thought-provoking lyrics and melodic vocals cross many genres and appeal to many demographics. Jared has shared the concert stage with national acts such as Jason Mraz, Gavin DeGraw and Journey.

3 WATERSTREET, LUC Patio, 7 p.m. - Waterstreet over the past few years has created an original, hard-rock sound that leaves their fans reminiscing of the glory days of rock ‘n roll. Waterstreet delivers a wall of originality with a dose of good ol’ rock and roll.

4 Roadtrip Nation, PAC Pealer Recital Hall (ORIE classes will attend at 3, 4:30 or 8 p.m.)

4 Block Party on Main Street in Frostburg - 6-10 p.m. Thursday, Sept. 4 (Rain Date: Tuesday, Sept. 9). Enjoy an evening on Main Street, Frostburg. Local businesses and campus departments will offer door prizes, information and food for sale. Come out and enjoy live music.

4-6 UPC Beyond the Wall Poster Sale from 10 a.m.-5 p.m. in LUC 201.

5 Pool Tournament from 8-11 p.m. in the Game Room.

5-6 “Indiana Jones” at 8:30 p.m. in LUC ARMAH.

7 “Indiana Jones” at 8:30 p.m. in LUC 201

8 BSA’s Get Acquainted Night at 7 p.m. in the ARMAH

8 BURG Bar-B-Q info Day. Stop by the Lower Quad for a cheeseburger and a mocktail! Grilling from 11 a.m.-3 p.m.

FSU to Launch Student Health Initiative with AstraZeneca Contribution

Public Invited to Join Free Afternoon of Health & Wellness Activities

On Sept. 5, Frostburg State University and fitness star Scott Cole will introduce a science- and wellness-centered initiative to promote health practices and education among college students and the local community, thanks to a $228,225 contribution from AstraZeneca Pharmaceuticals.

FSU’s planned programming for “Creating Healthy, Informed, Lasting Lifestyles (CHILL)” includes preventative student health screenings, smoking and substance abuse prevention and the development of a variety of campus-wide-activities and educational outreach efforts that encourage exercise and nutrition.

“Health and wellness are a huge part of the important life skills students develop while they’re in college, and FSU is committed to expanding educational outreach in this area,” said FSU President Jonathan Gibralter.

On Sept. 5, national wellness expert Cole leads a campus-wide workshop and discussion for students, faculty, staff and residents.

Cole will talk to FSU audiences from noon to 1 p.m. in FSU’s Alice R. Manicur Assembly Hall, located in the Lane University Center. A 2-mile, campus-wide walk led by FSU’s health and physical education students follows Cole’s presentation at 1 p.m. A Wellness Fair featuring various FSU offices and organizations will be held in the Lane University Center from 2 p.m. to 4 p.m. The afternoon of health and wellness activities is free and open to the public.

Cole earned the title of National Aerobic Champion, starred in the top-selling “Abs of Steel” video series, and created DVD programs “Millennium Stretch,” “Discover Tai Chi!” and “Get Fit America for Kids” (Winner of NAPPA Best Fitness DVD). Named one of the Top 5 Fitness Instructors in the world by IDEA, Cole has dedicated his life to increasing “wellness literacy” by giving talks and demonstrations throughout the world.

“We’re pleased to provide this kind of programming to our campus community and thank AstraZeneca for its support of our efforts,” said B.J. Davison, FSU’s Vice President for University Advancement and Executive Director of the FSU Foundation, Inc.

To learn more about CHILL, contact April Paul Baer, FSU’s Project Coordinator for University Wellness, at x3035 or by e-mailing apbaer@frostburg.edu. For details on Cole and his success as a leader in health and wellness, visit www.scottcole.com.
“Once more unto the breach, dear friends...”

CAST brings ‘Henry V’ to FSU

The London-based Stratford Shakespeare Company’s ‘Henry V’ will premiere on Wednesday, Sept. 17 at 7:30 p.m. in the PAC Pealer Recital Hall. Tickets are $5 for students and $10 for everyone else and can be reserved by calling x4145 or purchased at the door. CAST, made up of undergraduate students from the University of Cambridge, England, has toured America since 1999.

“Henry V” is one of Shakespeare’s most memorable and exciting plays, his most patriotic piece and an epic and vigorous portrayal of one of England’s most popular national heroes. The event is being sponsored by the Department of English at FSU, with support from the College of Liberal Arts and Sciences, the Office of the Provost, and the FSU Foundation Inc. For more information about CAST, visit www.castonline.org.

WFWM to Record Radio Shows ‘Live at the Depot’

WFWM 91.9 FM, Public Radio from Frostburg, in cooperation with the Western Maryland Scenic Railroad, will record a series of old-time style radio shows called “Live at the Depot” at the historic Old Depot in Frostburg. The shows will feature live performances by local roots music bands and musicians.

“WFWM wants to support and provide a media outlet for local roots musicians and I saw these shows as a brilliant way to do that,” said Chuck Dicken, the station’s director. “It also gives WFWM, the local musicians and the participating organizations a chance to work together. I hope that these shows will lead to additional opportunities.”

The recordings will take place each Friday in September between 12:30-2:30 p.m. while the train is at the Depot. Train passengers and the general public are invited to attend the recordings for free. WFWM will broadcast each show on the radio at a later date. In addition, the performances will be professionally videotaped and featured on the WFWM Web site. Musicians scheduled include Highland Grass, Short Mountain String Band, Black Diamond, Erik & Drhu, Jeff Thomas & John Neral, Greg Latta and Academic Probation.

The “Live at the Depot” shows are supported in part by the Allegany Arts Council, FrostburgFirst, Allegany County Tourism and the Corporation for Public Broadcasting. For information, call WFWM at x4143. WFWM broadcasts at 91.9 FM in Frostburg and 96.3 FM in Oakland, Md., and can be heard on-campus at www.wfwm.org.

Live At The Depot schedule (subject to change):
- Sept. 5: Highland Grass (Bluegrass)
- Sept. 12: Short Mountain String Band (Old-Timey Appalachian) and Erik & Drhu (Acoustic Folk)
- Sept. 19: Academic Probation (Old-Timey Appalachian), Jeff Thomas & John Neral (Irish Traditional), Savage Family (Bluegrass Gospel)
- Sept. 26: Black Diamond (Bluegrass & Gospel) and Greg Latta (Acoustic Folk)

Variety of Roper Gallery Shows on Tap for Fall

The Stephanie Roper Gallery in the Fine Arts building has a wide variety of shows planned for the fall semester: Variety of Roper Gallery Art:
- Salisbury University Art Faculty: Opening is Friday, Sept. 12, at 7 p.m. Will be open during Parents’ Weekend Sept. 27-28 from 1 to 4 p.m. and closing Oct. 5, at 4 p.m.
- Ansel Adams Classic Photography: Opening is Friday, Oct. 10, at 7 p.m. and closing Nov. 2, at 4 p.m. This exhibition will include a lecture by Robert Hein, FSU photography instructor on Ansel Adams in Fine Arts 132 on Friday, Oct. 10, at 6:30 p.m.
- The three student shows (subject to change) will be scheduled for Friday, Nov. 7 or Saturday, Nov. 8; Friday, Nov. 21 or Saturday, Nov. 22; and Friday, Dec. 5 or Saturday, Dec. 6. For information, call x4797.

Gibralter 2.0

FSU President Jonathon Gibralter is kicking off the semester by introducing a new way to communicate with the campus community. "Blog from the BURG," his new presidential blog, debuts today. Go to http://blogfromtheburg.blogspot.com to check it out.

"I see this blog as a new outlet to communicate with faculty, staff and students, in addition to talking to them in person, which remains a very important way for us to meet and discuss FSU’s goals and challenges together," Dr. Gibralter said. "Here on Blog From The BURG, you can post comments and share your thoughts with me, as part of a larger community conversation about FSU and how things are going."

"Students, faculty, staff and members of the public are invited to bookmark the blog on their computers and explore the content. Dr. Gibralter will use the blog to send out short campus messages and updates throughout the year. For more information on the blog or to share comments or ideas, e-mail burgblog@frostburg.edu.

New Programs:

B.S. in Nursing Completion Program

Registered nurses and current nursing students looking to expand their skills and advance their careers can now take advantage of a new learning opportunity at FSU. FSU has received approval from the Maryland Higher Education Commission and the Maryland Board of Nursing to offer a Bachelor of Science in Nursing completion program, presented in collaboration with Allegany College of Maryland.

FSU’s long-term goal is to expand the program to offer a Master of Science in Nursing, with an emphasis on developing nursing faculty.

The program is open to those who have already been licensed as registered nurses or are eligible for a license and to students who are enrolled in an associate degree program that will lead to a license. Instruction will be presented using a blended format, which includes online offerings. Blended instruction maximizes a student’s schedule flexibility while still maintaining the student-faculty connection that is essential to academic success.

FSU was awarded $250,000 from the Maryland Higher Education Investment Fund to develop its nursing program.

For information, contact Sue Coyte at sbcoyle@frostburg.edu or x4791 or visit the Web site at www.frostburg.edu/nursing.

Information Technology

FSU has been granted approval to offer a bachelor of science degree in information technology, an important component in its efforts to meet the workforce development needs of the region and the state of Maryland. The Information Technology program will be part of FSU’s Department of Computer Science. A minor in information technology will also be offered.

Information technology differs from computer science in its focus. Computer science tends to be directed more purely on the design of a program, while information technology tends to be more of the bridge to the user’s end.

These external skills are the purpose for the tracks - accounting, business, computer security, graphic arts and mass communication - which students in the program will choose. These are often technology-intensive disciplines that also require specialized knowledge in the field beyond the computer program itself.

The program is designed to meet the standards of the Accreditation Board for Engineering and Technology, and the University will be pursuing accreditation from that board.

For more information on FSU’s new information technology program, contact Dr. Brad Rinard at x4719 or brinard@frostburg.edu.
Course Redesign
Workshops Offered

- Sept. 12: Why Engage in Course Redesign? One Department Chair’s Perspective. Guest NCAT Scholar: Dr. Tristan Denley. Sponsored by Hawkes Learning System: A Special Look at Math Courses. Open to anyone interested in course redesign with a presentation by Hawkes geared for math instructors. For information or to register, go to www.usmd.edu/um/academicaffairs/courseredesign/09120w.html

Students Center have changed significantly. Its 21st year of Pre-School/Extended Day Care on Tuesday, Sept. 2. Anyone interested in enrolling a child between the ages of 2 1/2 and 5 years should contact Denise Payne at x4027 or dpayne@frostburg.edu.

PeopleSoft PAWS/HRSA 9.0 Upgrade Coming

FSU is upgrading the current PeopleSoft PAWS/ HRSA 8.0 system to version 9.0. This system allows students, faculty and staff to access their vital information, which includes academic, advising, employment and other information training to the University. This upgrade is critical because it will keep us current with a supported version of this software. You will notice a new look and feel to PAWS/HRSA 9.0 version of this software. You will notice its 21st year of Pre-School/Extended Day Care on Tuesday, Sept. 2. Anyone interested in enrolling a child between the ages of 2 1/2 and 5 years should contact Denise Payne at x4027 or dpayne@frostburg.edu.

Children’s Center Accepting Students

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FSU Workshops Net National Certification on Residential PV Generation Systems
Area electricians, contractors, engineers and their interested partners will have an opportunity to expand their knowledge of photovoltaic (PV) generation systems, thanks to FSU’s latest inroads in providing educational programs on renewable energy. FSU recently received approval from the North American Board of Certified Energy Practitioners (NABCEP) to offer workshops and entry-level certification exams on designing, installing and maintaining residential PV generation systems. FSU is currently the only NABCEP-approved provider of PV workshops and certification exams in Maryland and throughout the region that covers Virginia, Washington, D.C., West Virginia, Pennsylvania and Kentucky. For information, visit www.nabcep.org.

FSU English Professor LaFemina Nets Prestigious Pushcart Prize
Gerry LaFemina, an English professor at FSU, recently joined the ranks of some of America’s most notable writers when she won the Pushcart Prize. It is an American literary award that recognizes the best writing published by small presses.

“It’s a great honor to win one of these things,” LaFemina said. “I’ve been nominated eight other times, so ninth time is the charm! I’m excited—it’s been a great year for me as a writer, and this just adds to it.”

LaFemina was honored for her poem, “Returning Home in the MG Just Before Dawn,” a work that was published in the Summer 2007 issue of “The Chattahoochee Review,” a nationally recognized literary magazine sponsored by Georgia Perimeter College. “Returning Home in the MG Just Before Dawn” will be featured in “The Pushcart Prize XXXIII: Best of the Small Presses,” which will be published in December.

LaFemina is the Distinguished Poet-in-Residence at FSU, directs that school’s Frostburg Center for Creative Writing and serves as assistant professor in FSU’s Department of English.

Points of Pride
FSU Earns High Marks in Princeton Review’s ‘Green Rating’ of colleges
FSU made the grade in having a green campus when it received a score of 85 in the Princeton Review’s ‘Green Rating’ of colleges. The Green Rating is a numerical score of 60 to 99 that the Princeton Review tallied for 534 colleges and universities based on data it collected from the schools concerning their environmentally related policies, practices and academic offerings. FSU’s score of 85 is in the top half of that range and 16 points short of the level of “Green Rating Honor Roll.”

The Princeton Review created the Green Rating to help students identify schools that are committed to environmental issues in their practices, use of resources and academic and research programs.

FSU Careers Camp (NRCO) for about 30 students, counselors and camp directors.

This summer, Senior Sarah McIntire was honored a second time as a junior Fellow for the Library of Congress’s Summer Internship Program. McIntire was one of 50 U.S. students selected from over 200 applicants for this 10-week paid internship. She is also a minor in sociology and hopes to pursue a Master’s in Library Science degree after graduation. In addition to this honor, she is a 2008 recipient of the department’s Pauline J Justin Hobbs scholarship. To see her recent LOC press release, visit www.loc.gov/today/pr/2008/08-113.html.
A activities for Life

For information and registration, call AFL Coordinator Amy Nazelrod at x7934.

Infant-Toddler and Pre-School Swimming
Infant-Toddler and Pre-School swim lessons will be offered at the Cordts PE Center Swimming Pool Mondays and Wednesdays, Sept. 8 to 22, from 6 to 6:45 p.m. The Infant-Toddler Swimming Class is for children ages 3 to 36 months and the Pre-School Class is for children ages 3 and 4. Both infant-toddler and pre-school swimming classes require parents to be in the water and to participate along with their children. Advance registration is required.

Community Memberships
Activities for Life will offer Community Membership to the Cordts Physical Education Center. Members, depending on the level they purchase, will be able to utilize the PE Center activity areas to include the swimming pool, weight rooms, racquetball, squash and tennis courts, as well as the practice gym.

The three levels of membership for families and individuals will consist of the Gold, Silver and Bronze distinctions. Family memberships are based on a family up to four. For each additional family member thereafter, there will be an added charge. Family members are defined as immediate family members, married couples and direct dependents under the age of 18.

For more information, visit http://www.frostburg.edu/events/community/htm or contact Amy Nazelrod.

Tumbling Classes
A variety of tumbling classes will be offered for children ranging in age from 3 to 12, all beginning Sept. 16. The location for all three classes will be in the Cordts PE Center in room 170. Advance registration is required.

The Pre-School Tumbling classes are for children ages 3 to 4 (limited to 12 students) who have little or no formal tumbling training, and will be conducted on Tuesdays, Sept. 16 to Nov. 18, from 4:30 to 5 p.m. Pre-School children should be potty-trained. The classes will include activities such as cartwheels, rolls and other simple movements.

The Beginning Tumbling classes will be held on Tuesdays, Sept. 16 to Oct. 14, from 5 to 6 p.m. for children ages 5 to 12. The classes will include basic floor tumbling exercises and some work on the low balance beam. This is not an advanced tumbling class. Space is limited to 15 students, with a minimum of 7.

The Intermediate Tumbling classes will meet on Tuesdays, Sept. 16 to Oct. 22, from 6 to 7 p.m. for children ages 5 to 12. Prerequisites include a handstand and a kick over from a bridge (back walk-over). Space is limited to 10 students with a minimum of 6.

Science, Engineering & Technology Showcase
As part of its Family Weekend celebration, FSU will be exhibiting student, faculty and staff achievements in technology through the Science, Engineering, and Technology Showcase. Through interactive demonstrations, students and their families can experience and enjoy an understanding of and appreciation for the high level of technology fluency among our students, faculty, and staff.

The Showcase will be held in the Compton Science Center on Saturday, Sept. 27, from 11 a.m. to 2 p.m. For more details on the Family Weekend Science, Engineering, and Technology Showcase, contact Stacey Utey-Bernhardt at x4211.

Trident Initiative Sets 3rd Annual Conference
FSU’s Trident Initiative and the Western Maryland SCORE Chapters in Hagerstown and Cumberland will conduct the Third Annual Entrepreneurship conference from Sept. 25 to Sept. 26 at the University System of Maryland in Hagerstown (USMH).

Titled “Regional Renaissance...Transforming Communities through Entrepreneurial Activity,” this event will focus on business and entrepreneurial opportunities in the Western Maryland region, and in particular, the Hagerstown area. The conference will highlight the transformational impact of entrepreneurial efforts that directly affect the Hagerstown community. A variety of themes will be covered, including the best practices in the area of green businesses, the movements towards the “greening” of businesses as well as the importance of the “microentrepreneur.” Innovations in agricultural entrepreneurship, educational efforts to spur entrepreneurship in the regions and programs established by all levels of government to support entrepreneurs will be discussed as well.

The conference will also recognize and honor entrepreneurs of the region with a view to showcasing the region’s “best practices” in small business. Awards for the Model Entrepreneur and Young Entrepreneur of the Year will be presented at the Awards Luncheon.

The conference will serve the needs of both prospective and current entrepreneurs along with member of the academic community and government officials as well. David W. Edgerley, Secretary, Maryland Department of Business and Economic Development (DBED), will address the conference.

For information, contact Dr. Sudhir Singh at x4093 or ssingh@frostburg.edu, or www.frostburg.edu/trident.

New Educational Show
“The Habitable Planet: A Systems Approach to Environmental Science” is a 30-minute series of shows geared toward high school students through adults. The series will provide an overview of the Earth’s systems and will explore the effects of human activities have on the different natural systems. This series will air weekly on Wednesdays at 4:30 and 7:30 p.m. starting Sept. 3. For information, visit www.lerner.org/resources/series209.html.

For information about FSU TV-3 visit
Campus Emergency Evacuation Procedures

FOR STAFF: All employees shall be familiar with a primary and secondary evacuation route from each area within the building where they work. Evacuation routes are any clear hallway that leads to the building immediately. Don't congregate near the exits.

When safely out of the building, contact University Police at x4222 by cell phone or from another building. The building shall not be re-entered until an “all clear” is given by University Police.

FOR FACULTY: Instructors should be familiar with a primary and a secondary evacuation route from each area of the classroom building. During the first class, faculty should share with students evacuation routes and tell them not to use the elevator in an emergency. This information should be repeated in a fire alarm sounds.

When an alarm sounds, the instructor must immediately release the class, telling the students to proceed in a safe and orderly fashion towards the nearest clear exit. The instructor should leave as well.

The instructor should assist any handicapped or mobility impaired individuals out of the building or to an enclosed stair tower where they will be protected from flame, smoke and gasses. If an impaired person is left in a stair tower, the University Police must be notified immediately after exiting the building.

If conditions permit, heat-generating appliances should be turned off. Doors and windows should be shut when exiting the room.

Make sure students don’t congregate near building exits. The building should not be re-entered until an “all clear” is given by a University Police officer.

Watch for other safety tips that pertain to your work place or your assigned task. Preventing employee injury is the responsibility of every employee.

If you have any questions, call x4897.