FSU will celebrate and recognize the achievements of its December 2010 graduating class during the University’s 137th commencement ceremonies Saturday, Dec. 18, in the Harold J. Cordts Physical Education Center’s Main Arena on the FSU campus. President Jonathan Gibralter will confer degrees on graduates from the colleges of Business, Education and Liberal Arts and Sciences during the single 11 a.m. ceremony.

Brian Brenneman, College of Business; Katherine Gardner, College of Education; and Roxann Steelman-Couch, College of Liberal Arts and Sciences, are the featured student speakers for the winter commencement exercises.

Brenneman, of Grantsville, Md., will graduate summa cum laude with a major in accounting and a minor in business administration. He has an associate degree in adventure sports management with a concentration in business from Garrett College and has received awards from Garrett College and FSU, including the Most Outstanding Career Advancement Student Award. Brenneman volunteered in New Orleans as a snowboard instructor, a back-country living skills instructor and a peer tutor; he interned this fall in accounting at Pillar Innovations. He is also a member of Beta Gamma Sigma. For more than a month in 2010, Brenneman volunteered in New Orleans for Hurricane Katrina Disaster Recovery. He has fulfilled many posts in the Maple Glen Church in Grantsville, from assistant treasurer to Sunday school teacher. Brenneman will pursue a full-time position at a local accounting firm after graduation.

Gardner, of Severna Park, Md., will graduate with a major in health and physical education. She has excelled in her studies, pursuing her goal of becoming a teacher since elementary school. Her professors say she exemplifies the qualities of a health and physical-education teacher. A Bobcat Ambassador for the past two years, Gardner’s outgoing personality has welcomed many prospective students and families. Gardner also pursued her passion for theatre while at FSU, performing on stage or working off stage in over a dozen productions. She is the treasurer of the Health and Physical Education Club and a member of the Maryland Association of Health, Physical Education, Recreation and Dance, where she has organized team challenge sessions. She plans to return to her hometown to teach.

Steelman-Couch, originally from Winchester, Va., will graduate with a major in wildlife and fisheries and a minor in biology. Her love for the environment, wildlife and nature encouraged her to pursue a variety of activities on campus. Steelman-Couch served as the vice president of the FSU Student Chapter of the Wildlife Society. She worked as a field technician and laboratory assistant on several graduate and undergraduate projects. This experience, along with her academic training, enabled her to be chosen for the Research Experience for Undergraduates program at Alabama A&M University, a program funded by the National Science Foundation. In the summer of 2010, her independent research project was awarded second place under that program. Steelman-Couch’s plan after graduation is to pursue a Master of Education degree focused on environmental and conservation issues in science.

Provost Dr. Stephen Simpson; Dr. Ken Witmer, dean of the College of Education; Dr. Ahmad Tootoonchi, dean of the College of Business; and Dr. Joseph Hoffman, dean of the College of Liberal Arts and Sciences, will present candidates for degrees during commencement.

Tickets are required for admission to the winter commencement. For info, visit the commencement website at www.frostburg.edu/events/commencement.

Dr. Gibralter to Host Final Chat Session of the Semester

President Jonathan Gibralter invites the campus community to join him for his final chat session of the semester Tuesday, Dec. 14, from 6:30 to 7:30 p.m. on Blog From the ‘BURG. The discussion is part of his goal to share ideas, suggestions and dialogue with FSU friends, alumni, faculty, staff and students. To participate, on the evening of the chat session, visit Blog From the ‘BURG for details on how to log in with your FSU ID and post questions and comments. Alternatively, you can post directly on the Blog itself in a chat feature box provided on the blog, but your comment will appear as “Anonymous.”

For info, e-mail burblog@frostburg.edu. Visit the blog at http://blogfromthefurg.blogspot.com/.

Theatre

CES Presents ‘The Music Man’

The Cultural Events Series at FSU, with Windwood Theatricals, Inc., the FSU Department of Theatre and Dance and FSU Performing Arts Center, will present one of Broadway’s most beloved musicals, Meredith Willson’s “The Music Man,” on Saturday, Jan. 15, at 8 p.m., with matinee performances Jan. 15 and 16 at 3 p.m. Performances will take place in the PAC Drama Theatre.

An affectionate musical tribute to Smalltown, USA, of a bygone era, “The Music Man” follows fast-talking traveling salesman Harold Hill as he cons the naive people of River City, Iowa, in 1912 into buying musical instruments and uniforms for a boys’ band he vows to organize—despite the fact he doesn’t know a trombone from a trumpet! His plans to skip town with the cash are foilled when he falls for prim Marian, the town librarian, with chaos ensuing as the townsfolk get wind of his scheme.

Filled with classic musical fun, tender romance, barbershop quartets and favorite songs like “Ya Got Trouble,” “Seventy-Six Trombones,” “Goodnight My Someone,”
“Gary, Indiana” and “Till There Was You.” “The Music Man” is the perfect all-American musical!

Debuting in 1957, the show became a hit on Broadway, winning five Tony Awards, including Best Musical, and running for 1,375 performances. The cast album won the first Grammy Award for Best Original Cast Album. “The Music Man” was adapted for the screen in 1962, starring its original Broadway star, Robert Preston, as Hill.

Tickets are $26 for adults and $18 for youth under 17. Group discount tickets are available.

For info, contact the Cultural Events Series at x3137 or visit http://ces.frostburg.edu.

**Presentations**

**Appalachian Lab Fall Seminar Series**

Dr. Hermann Engelhardt, California Institute of Technology, will present "ICE: From Molecules to Fast-Moving Antarctic Ice Streams With Implications to Global Change" Thursday, Dec. 16, at 3:30 p.m. in AL Room 109.

For info, see www.umces.edu/al/seminar/schedule

**Staking Our Claim**

**Football Alumni Fund Helps Support Student Wellness & Athletics**

The victories FSU’s football team enjoyed in the 1970s did more than just raise school spirit—they also helped raise team members’ awareness of how to be successful long after the last touchdown.

Frostburg football alumnus Col. Donald J. White ’75 is a classic example of how a strong foundation in sports led to a big win in life after college. White, who lettered in football and wrestling and now looms large in FSU’s memory as one of its greatest linemen, translated the insight he gained from college athletics into an awe-inspiring career in aerospace and operational physiology.

“In team sports, the number one thing you have to understand is your own personal boundaries and how those boundaries fit into an organizational structure,” White said. “The lessons I learned from playing football and wrestling provided the foundation for that understanding. It has continued to serve me well since I left Frostburg by helping me with jobs I’ve had. I’ve applied those lessons learned, and built on those lessons learned.”

Following his bachelor’s degree in health physiology education and recreation from FSU and a master’s in physical education through Kent State University’s Applied Physiology Research Laboratory in 1978, White went on to apply his knowledge of team dynamics, performance management, organizational leadership and health and wellness to a variety of increasingly high-level positions as a civilian and in the U.S. Air Force. His work has included everything from being an Air Force test parachutist to running the fighter aircrew acceleration training program, cockpit and flight integration program and experimental life support in the Air Force’s Armstrong Laboratory. He has also served as the USAF School of Aerospace Medicine’s director of education and training in the Department of Aerospace Physiology.

Studying thermal regulation, altitude risks, situational awareness, cognitive performance and other factors that apply to high-stress nonroutine environments of aerospace, surface and underside has been important throughout much of White’s career. In 2003, he was asked of young airmen to be a part of the Presidential Commission for the Columbia Accident Investigation Board.

“I was responsible for investigating the aircrew survivability components and looking at organizational causes of the accident,” he said. “It was probably one of the most professionally rewarding experiences I’ve had so far in my career.”

Today, White is the director of Research, Development and Innovation in the Air Force’s Office of the Assistant Surgeon General for Modernization. He manages a research development and innovation portfolio that includes intramural, extramural and congressionally funded programs. These programs shape Air Force medicine and include force health protection, operational and exploratory medicine, en route care and human performance. White is currently appointed as an adjunct faculty member, USAF School of Aerospace Medicine, and adjunct assistant professor of Preventive Medicine and Biometrics at the University of Southern California’s School of Health Sciences. And he hasn’t forgotten the rewarding experiences he had years ago at FSU. He serves on the FSU Alumni Association’s Board of Directors and was inducted into FSU’s Hall of Fame in 1992. He’s quick to acknowledge how much he loved going to school at Frostburg.

“I think the education I received was outstanding. I respected the various professors, teachers ... and they respected the students,” he said.

White also made some lasting friendships, such as “truly outstanding people both on the academic and the athletics side.” He lists the late Dr. Harold J. Corfits, a long-time professor and former head of FSU’s Department of Health & Physical Education, former track and field coach Bob Sjostrom, former FSU baseball coach Bob Wells, former FSU football coaches Mike Davis and Jim Crawley and Crawley’s wife, Nancy, a professor in health and physical education, among the many treasured faculty, friends and mentors he found at FSU over the years.

“You could talk to most of the academic instructors in a personal way; they would receive you as a student and listen to what you have to say and sometimes redirect you, re-vector you. A lot of students have a lot of thrust, but no vector,” he said.

In addition to his professional interest in physiology, White is also interested in—and increasingly alarmed by—how unhealthy young people are, and the way this affects their performance and overall long-term success as individuals.

“We have an epidemic of obesity and diabetes. We have a large population of our younger folks who are tied to their computers; they’re buried into the web-centric communication of life,” he said. “I read recently somewhere that 30 percent of people are online at any time anything they read on the Internet as true—they’re plugged in non-stop. That increases lack of physical activity. I’m not suggesting everyone eat bark and bean sprouts, but to have a better awareness of their individual capabilities—the physiological as well as the physical.”

White and his wife, Dr. Janet Wasson, a general surgeon at Anne Arundel Medical Center, decided to make an investment that would support a healthier, more successful student population at FSU. Together, they established the Don and Janet L. White and Dr. Janet L. Wasson Wellness Pass-Through Fund, which funds all areas of need for FSU’s Human Performance Laboratory, including research and activities that encourage wellness and healthy lifestyle choices. The fund also provides resources that complement and enhance existing wellness initiatives, such as Frostburg’s Creating Healthy, Informed Lifestyles (CHILL), a wellness program for students at FSU.

“We thought it was a good idea to integrate two departments that I think need to be attached at the hip—the Department of Health & Physical Education and the Department of Athletics,” White said. “It creates a subject pool for the Human Performance Laboratory that will help FSU gather data about the performance capabilities of the student-athletes and help them perform better. I think it’s a good synergy.”

Dr. Art Siemann, chair of FSU’s Health and PE Department, said, “Because of the White and Wasson Fund, we have been working much closer with the Department of Athletics to provide accurate, clinical-
quality assessments of a variety of human performance parameters,” he said. “The results of these assessments are being used to improve the quality of training programs being developed for all of our athletes here at FSU. Students in our Athletic Training and Exercise & Sport Science program are also gaining valuable experiential training as they observe and conduct the assessment work with our student-athletes. The rest of the student body is also benefitting from the training these students receive. We are extending the assessment services and exercise program design to all students participating in the GHUll program. Our goal of graduating healthier students is succeeding.”

For info about supporting FSU and the Col. Donald J. White and Dr. Janet L. Wasson Wellness Pass-Through Fund, visit www.frostburg.edu/admin/foundation or call x4161.

Points of Pride

Mandicott Honored With Institutional Leadership Award

The Maryland Campus Compact, an association of the state’s colleges and universities that is dedicated to addressing community issues, has honored FSU’s Bill Mandicott with its first-ever Institutional Leadership Award, presented at the group’s recent meeting at Stevenson University.

Mandicott, assistant vice president for Student and Community Involvement, was chosen because of his vision for service on the FSU campus and his contribution to the overall success of campus-community collaboration and service-learning. “No one has done more to blur the boundaries between the campus and the community than Bill Mandicott,” said Dr. Tom Bowling, FSU vice president for Student and Educational Services. “This award is a very appropriate way to recognize how his leadership has transformed community engagement at Frostburg State University since his arrival in 1989.”

In 1994, when FSU was among the first universities to receive an AmeriCorps grant, Mandicott contacted representatives from local service agencies to determine the needs of the community. Because of this collaboration, Mandicott facilitated a strong foundation for service and service-learning, which led to FSU’s being honored with the Corporation for National Service’s Higher Education Award for Leadership in National Service in 2000, the first time the award was given.

Mandicott’s efforts with campus involvement in the community have resulted in a full office focused on civic engagement. Among its initiatives are a learning community with a focus on service-learning whose students live together while they provide service to the local area, and an alternative-break program in which students provide service in various locations during winter and spring breaks. Since its inception, well over $10 million in external grants has been secured to support this office’s initiatives. Ever involved in student life and learning at FSU, Mandicott created the Cultural Events Series and collaborated with faculty colleagues to develop a leadership minor and build a solid core of courses well-integrated with service-learning. Among his many involvements on campus and in the community, he is chair of the Maryland State Arts Council, adviser to the FSU Student Government Association, serves on the boards of the Western Maryland Food Bank and the Allegany County Animal Shelter and has worked with the American Red Cross and the Department of Juvenile Services.

For info about service-learning at FSU, contact the Office of Student and Community Involvement at x4411.

The Maryland Campus Compact, a state office of the national Campus Compact, is a higher education association comprised of 22 two- and four-year public and private colleges and universities. Member institutions are committed to bringing the resources of the academy to bear on community issues, locally and globally, through sustainable partnerships with their communities.

Teker and Oxenham Present Papers at Int’l. Conference

Dr. Kasif Teker, an assistant professor in the Department of Physics and Engineering, and FSU student Joseph Oxenham attended an international conference, the Materials Research Society Fall 2010 Meeting, in Boston, Mass., from Nov. 28 to Dec. 3. They presented two papers, “Transition from Microscale-Faceted Structures to Ultra-Dense GaN Nanowires” and “The Impact of Hands-on Experience in Undergraduate Nanotechnology Education.”

Paw Prints in the UK

The FSU Department of Geography announced the successful establishment of a department-to-department exchange program with its counterpart at Northumbria University in Newcastle Upon Tyne. The first student exchange occurred this fall – Paul Tyso has come to FSU for an academic year and FSU’s Jessica Beal (earth science) is spending the fall semester in Britain.

Faculty members from the two departments are also working closely to develop a larger cohort of exchange students and foster mutually beneficial research projects.

For info, contact Dr. Phillip Allen at x4891 or ppallen@frostburg.edu.

Santa’s Lil’ Ruggers a Hit at Storybook

Left to right, Mike Naylor, Chris Acab, Rob Mangum, Mason McIwhee and Zach Fulp

Five FSU rugby players entered as a team in the Elf Olympics at Storybook Holiday in Frostburg on Dec. 4. They stayed all day. They were so good with the kids, one even got third place when the kids voted for their favorite elf.

Take Note

Important Bookstore Information

Book Buyback

Book Buyback is scheduled this week from Monday through Friday from 9 a.m. to 4 p.m. in three locations: Tawes 153, the Bobcat Store on Main Street and the Center Street parking lot trailer.

Cap and Gown Distribution

Cap and Gown orders marked for “pick-up in the store” will be available at the FSU Bookstore in Tawes Dec. 13 through 17. Don’t forget to bring your photo ID! On Dec. 18, cap and gown pick-up will be in the Combs PE Center before commencement.

Cap and gown orders marked “ship to Hagerstown” or “ship to home” will be mailed from the bookstore on or about Dec. 13.

Bookstore Hours on Commencement

The bookstore will be open on Saturday, Dec. 18, from 9 a.m. to noon.

The Holiday Sales Ord

Get 25 percent off all imprinted apparel, glassware and imprinted gifts and 75 percent off all clearance.

No other discounts apply. All promotions are in-store only and
nomination packet. FSU’s selected nominees are due to be submitted to the CUSS Committee in mid-January.
FSU has had Staff Awards winners in the past, including two in 2010.

Attention Students!
Be sure to verify your home address and Social Security number in PAWS for tax reporting. The 1098T forms (Hope Scholarship, Lifetime Learning Education Credits) will be mailed to your home address, and information is reported to the IRS based on the SSN in the system. If you have not provided this information, it will not be correctly reported to the IRS.

Planning on Staying Up Late?

Join Bob E. Cat for late-night studying at FSU’s Lewis J. Ort Library! The library will extend its hours until 2 a.m. through Dec. 16.

Want to Earn a Ph.D.?
The Ronald E. McNair Program serves students from groups under-represented in Ph.D. programs designed to prepare future college teachers and researchers. To be eligible, students must be low-income, first-generation college students or members of a group under-represented in Ph.D. programs. Under-represented groups include African-Americans, Latinos and Native Americans in all fields, and women in science and technology fields. Students should be sophomores or juniors by May 2011 with a cumulative GPA of 2.8 or above.
FSU partners with UMC to offer the program, which provides a paid summer research experience and workshops on graduate school preparation. Before the holidays, interested students should contact Harriet Douglas, director of Student Support Services, at hpdouglas@frostburg.edu or x2463, or Mary Gartner, associate provost, at mgartner@frostburg.edu or x4212.
For info and an online application, consult the UMC McNair website at www.aap.umd.edu/mcnairstudprogram.html. Applications are due soon after the first of the year.

Gray Hall Renovations
Beginning in January 2011, Gray Hall will undergo extensive renovation of all bathrooms, student rooms and common areas. Similar to the scope of last year’s renovations in Allen Hall, this project will run through the spring semester and summer sessions, with the hall scheduled to reopen in August 2011.
Gray Hall students will be displaced from their current rooms for the spring semester, and will be given the opportunity to select another space on campus. Every effort will be made to assign students to a hall of their choice, and with a roommate of their choice; this includes the effort to place students with their current roommate(s) in an empty room. Residents of other halls who do not have roommates will be required to consolidate with other such residents. Room changes will be completed before students leave for the holiday break in December.
Students with concerns are encouraged to speak with their hall staff or contact the Residence Life Office at x4121.

For info, visit the Fuller House, call x4714 or e-mail Victoria Gearhart at vmgearhart@frostburg.edu. Also check out the CIE website at www.frostburg.edu/admin/cie/studyabroad.htm.

Where Would You Like to Study Abroad?
The Center for International Education offers various ways for FSU students to see the world. In some cases, students can pay FSU tuition, room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Mexico, Malta, Botswana or many other countries. FSU also offers summer study abroad programs. Financial aid, student loans and scholarships are available.

Limerick, Ireland (Fall 2011)
Students can study for a semester at Mary Immaculate College and pay FSU tuition. Credits will transfer back to FSU. For info, go to www.mic.ul.ie/.

Changsha, China (Fall 2011)
Through the China Exchange Program, FSU students can spend a semester at Hunan Normal University in Changsha, Hunan Province, P.R. China (www.hunu.edu.cn/english/). Students pay FSU tuition and fees (based on residency status) through their student e-bill account and pay room and board costs to Hunan Normal University. Living costs are generally lower than at FSU and courses are taught in English.
FSU-TV3 Schedule for Dec. 13-19

For more: http://fsu.tv3.frostburg.edu/Cablecast/Public/Schedule.aspx?ChannelID=1

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Design a T-Shirt for V-DAY

The next T-shirt is scheduled for Feb. 8 at 7 p.m. in the Cordts Leake Room. Everyone is invited to design a T-shirt. V-DAY @ Frostburg is still in need of yellow, beige, red, pink, orange, blue, green, purple and lavender T-shirts. The various colors represent the kinds of violence women have experienced, such as dating violence and sexual assault.

The shirts created at this session will be among those displayed during FSU’s production of “The Vagina Monologues.” The shirts may contain graphics because they will be turned inside out for designing. Drop off shirt donations at Dr. Amy Branam’s office, Dunkle 137, no later than Feb. 7.

For info, e-mail gamankwaclas@frostburg.edu

Scars for V-DAY

Every year FSU’s V-DAY organization collects specially handmade scarves to sell. All profits go to local organizations such as the Women’s Resource Center in Cumberland.

Scars will be sold on campus in Tawes Hall, at V-DAY events and during performance of “The Vagina Monologues.”

The deadline for donations is Feb. 18.

For info, contact Regina Alderton at x7690 or rgalderton@frostburg.edu
It’s Not Too Late to Get a Flu Vaccine

The Centers for Disease Control and Prevention recommend an annual flu vaccine for EVERYONE over six months of age. This year’s flu vaccine includes protection against both seasonal flu and H1N1 – no need for a separate vaccination! The Allegany County Health Department will offer seasonal flu vaccines on a walk-in basis every Wednesday from 1 to 4 p.m. at the Willowbrook Office Complex on Willowbrook Road in Cumberland.

ACHD can bill Medicare, non-primary BlueCross BlueShield and non-Primary Adult Care Maryland Physicians Care. If your BCBS plan requires a referral for specialty care, you will need to bring a referral with you to receive the vaccine.

For info, call ACHD at 301-759-5090 or go to www.alleganyhealthdept.com.

‘SantaLand Diaries & Season’s Greetings’

The New Embassy Theatre’s production of “The SantaLand Diaries and Season’s Greetings” will run for three more weeks on Friday, Dec. 17, through Sunday, Dec. 19, at the New Embassy Theatre at 49 Baltimore St. in Cumberland. Performances are at 7:30 p.m. on Fridays and Saturdays, with Sunday matinees at 2:30 p.m. Comedy writer David Sedaris’s strangely zany overview of Christmas is a laugh-packed jaunt into the darker corners of two very different people trying to maintain a sense of holiday cheer amid formidable odds.

“SantaLand Diaries”

In “SantaLand Diaries,” audiences get a firsthand, detailed account as Micah Shockney ‘09 carefully guides them through the rigors of a grown man working as an elf in New York City’s famed Macy’s department store. The alarmingly funny and admirably stoic elf shares hysterical experiences of serving as Santa’s minion.

“Season’s Greetings”

In “Season’s Greetings,” with FSU graduate student Nicole Balmos playing Jocelyn Dunbar, is a comic homage to harassed housewives and distracted mothers everywhere. Despite a darkly hilarious recounting of all kinds of horrific things visited on her hearth and home, this suburban domestic goddess is determined to keep the holiday spirit alive and well no matter what it takes!

FSU Events Calendar

MONDAY, DEC. 13 – Final Exams
FSU Bookstore Buyback.........................8 a.m.-5 p.m......................Tawes 153
Graduate Council..............................4 p.m..............................Compton 237

TUESDAY, DEC. 14 – Final Exams
FSU Bookstore Buyback.........................8 a.m.-5 p.m......................Tawes 153
BURG General Body Meeting...................7 p.m..............................Cords Leake Room

WEDNESDAY, DEC. 15 – Final Exams
FSU Bookstore Buyback.........................8 a.m.-5 p.m......................Tawes 153
Intercession Course Cancellations

THURSDAY, DEC. 16 – Final Exams
FSU Bookstore Buyback.........................8 a.m.-5 p.m......................Tawes 153

FRIDAY, DEC. 17 – Final Exams
Residence Halls Close at 7 p.m.
FSU Bookstore Buyback.........................8 a.m.-5 p.m......................Tawes 153
Men’s Basketball: Bethany, Bethany, W.Va. 7 p.m..............................Away

SATURDAY, DEC. 18 – Commencement
The Colleges of Liberal Arts and Sciences, Business and Education
(Tickets will be required for admission.)........11 a.m......................Cords Main Arena
Women’s Basketball: Pitt-Greensburg, Greensburg, Pa........................1 p.m..............................Away

SUNDAY, DEC. 19
Men’s Basketball: Christopher Newport 1 p.m..............................Home
Planetarium: “Christmas, Hanukkah and Kwanzaa”.............................4 & 7 p.m..............................Tawes 302

MONDAY, DEC. 20, THROUGH SUNDAY, JAN. 2 – Winter Break
Questions? Call 301-687-4411. All information is subject to change.

Make Safety a Holiday Tradition.
Never Plug Too Many Lights Into One Socket!

Mark Baker directs, with technical direction by Jerard Puckett; set construction is by John Evans. The combined running time for both plays is under two hours. Both comedies contain adult themes. The Passport Café, a full-cash bar in the movie house, will be open before each show and at intermission. Free parking is available nearby at the CBIZ parking lot. The Embassy takes all major credit cards, cash or checks and is fully wheelchair-accessible.

Tickets are $18 for general admission and $16 for students and seniors. Reservations are suggested. For reservations, call 301-722-4692 or 1-877-722-4692 (toll-free). For more info, go to newembassy.org, where the podcast allows interested patrons to use “the phrase that pays” at the box office for further savings.