

StateLines

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For and about FSU people

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Copy deadline: noon Wednesday, 228 Hitchens or emedcalf@frostburg.edu

Travel Through 2010 Family Weekend With 'Passport FSU'

As part of its 2010 Family Weekend celebration, FSU will host a "Passport FSU" event on **Saturday, Oct. 9**, from 10:30 a.m. to 12:30 p.m. Attendees can pick up their "passports" and campus maps at the Family Weekend information table in the main lobby on the first floor of Tawes Hall from 4 to 10:30 p.m. on **Friday, Oct. 8**, and beginning at 8 a.m. on **Saturday, Oct. 9**.

Through a self-guided walking tour of different campus locations, students and their families can meet faculty members, participate in fun demonstrations and see displays. The event is designed for families to experience firsthand what students are learning in an interactive way. Each stop on the tour will have a "stamping station" so attendees can have their passport stamped and take home a memento of their visit to FSU.

This event is free and open to the public.

For more details on Passport FSU 2010, contact Stacey Utley-Bernhardt at x4211.

PRESIDENT JONATHAN GIBRALTER

CORDIALLY INVITES

THE FSU COMMUNITY TO

FALL CONVOCATION

to focus on the strategic plan and future of the University.
There will also be an update on enrollment, budget and fundraising.
Staff Award for Excellence winners will be announced.

TUESDAY, SEPT. 28

3:30 p.m.

PEALER RECITAL HALL

PERFORMING ARTS CENTER



Dance

CES to Present RIOULT



RIOULT, a leading company in the world of modern dance, will perform several signature pieces at FSU as part of the Cultural Events Series on **Tuesday, Sept. 28**, at 7:30 p.m. in the PAC Drama Theatre.

RIOULT (pronounced re-YOU) was founded in 1994 and quickly became an established name in modern dance with a reputation for creating and presenting the sensual, articulate and exquisitely musical works of Pascal Rioult. Based in New York, the company of 10 dancers tours nationally and internationally.

Pascal Rioult came to the U.S. from France on a fellowship from the French Ministry of Culture to study modern dance in 1981. He became a principal dancer for the renowned Martha Graham Dance Company before branching out and forming his own company.

Tickets are \$18 for adults and \$13 for youth under 17. Group discount tickets and corporate packages are available. For info, contact the Cultural Events Series at x3137 or visit <http://ces.frostburg.edu>.

As part of CES' Educational Outreach Program, an Arts for Enrichment workshop will be held **Monday, Sept. 27**, at 5 p.m. in the Cordts PE Center Dance Studio in room 106. RIOULT dancers will present a master class that will engage the imagination and encourage using the body as a means of expressing creativity. The master class will stimulate creative problem solving and cognitive skills and enhance communication and discipline. Space is limited. Intermediate and advanced dancers can make reservations by contacting cesoutreach@frostburg.edu or x7420.



Music

CES Hosts Lifehouse



FSU's Cultural Events Series Concerts presents the alternative group Lifehouse with opening act, Days Difference, on **Saturday, Oct. 9**, in the Cordts PE Center Main Arena. Part of FSU's Family Weekend, the concert kicks off at 8 p.m. with doors opening at 7 p.m.

Lifehouse's 10-year career as an alternative band has been a delicate balancing act of two identities – radio-

ready song craftsmen and raucous live rock-and-roll band. On their fifth and most recent album, "Smoke and Mirrors," the band finally unites these two personalities.

Opening for Lifehouse is Days Difference, a young quartet from Virginia Beach, Va.

VIP tickets are available on a first-come, first-served basis and are \$65 a person. Advance tickets are \$40 per person for gold floor, \$35 for reserved floor and \$24 for reserved bleacher. Tickets for all seatings are an additional \$10 if purchased the day of the performance. Tickets may be ordered online at <http://ces.frostburg.edu> or by calling x3137.

Caroline Shedd to Perform Vocal Recital

FSU student **Caroline Shedd** will perform her senior vocal recital on **Sunday, Oct. 3**, at 3 p.m. in PAC Pealer Recital Hall. The event is free and open to the public.

Shedd will perform several pieces from Henry Purcell, George Frideric Handel, Franz Schubert, Johannes Brahms, Christoph Willibald von Gluck, Irving Fine, Frank Wildhorn and Stephen Schwartz.

For info, contact the Dept. of Music at x4109.





Theatre

‘Bent’ Kicks Off Theatre Season



The 2010-2011 season of FSU Theatre will begin with the Main Stage production “Bent” by Martin Sherman. The performance dates are **Oct. 8, 9, 14, 15 and 16** at 7:30 p.m.

with a matinee performance on **Oct. 9** at 2 p.m. in the F. Perry Smith Studio Theatre.

This haunting play depicting the Nazis’ persecution of many groups, including homosexuals, in the years leading up to World War II focuses on lovers Max and Rudy, who are leading a rather frivolous life in Berlin, 1934. After a night of debauchery, they are suddenly faced with a Gestapo raid, which sends them on a nightmare odyssey through Nazi Germany. In the camps, since homosexuals are ranked lower on the human scale than Jews, Max bribes a guard to obtain a Jewish star to replace his pink triangle. There Max meets Horst, a fellow prisoner who makes him confront his own humanity. Universally acclaimed as a controversial, important and deeply moving play, “Bent” has been produced on Broadway three times since 1979.

Tickets are \$6 for students and \$12 for the general public.

For info, contact the Theatre and Dance box office at x7462, Monday through Friday, 9 a.m. to 12:30 p.m. and 1:30 to 4 p.m.



Presentations

‘Solutions for a Less Toxic Lifestyle’

FSU’s Creating Healthy, Informed, Lasting Lifestyles (CHILL) presents “Environmental Wellness: Solutions for a Less Toxic Lifestyle” with international wellness expert Dr. Karen Wolfe at 7 p.m. **Tuesday, Sept. 28**, in Compton 226. According to National Cancer Institute and National Institute of Environmental Health Sciences data, environmental factors cause between 80 and 90 percent of all cancers. Wolfe will discuss how wellness can be affected by various environmental factors and the ways people can combat them.

In her talk, Wolfe will address the issue of “epigenetics” and how internal and external environmental factors affect the expression of health and disease. Environmental wellness encompasses the assessment and control of these environmental factors. Wolfe will cover external factors such as food and pollution and internal factors such as social connections and exercise, in the context of preventing

disease and creating health-supportive environments. This program is open to the public and all those seeking to increase their wellness are welcome.

For info, visit www.frostburg.edu/chill or e-mail wellness@frostburg.edu.

FSU Presents Banned Book Readings

The English Honors Society, Sigma Tau Delta and the Lewis J. Ort Library at FSU will present readings from books deemed controversial enough to be banned or challenged **Tuesday, Sept. 28**, at 7 p.m. in Ort 237. This event is held with American Library Association’s Banned Books Week: Celebrating the Freedom to Read.

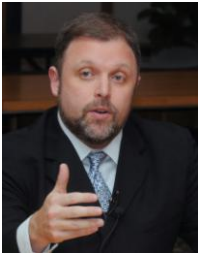
For info, contact Dr. Mary Anne Lutz at mlutz@frostburg.edu or Jeffrey Maehre at jamaehre@frostburg.edu.

Speaker Maps Out Road to Hollywood

Brent Scarpo will present “The Road to Hollywood” **Monday, Oct. 4**, from 5 to 7 p.m. and **Thursday, Oct. 7**, from 2 to 4 p.m. in the Leake Room of the Cordts PE Center. The presentation is free and open to the public. With over 20 years of experience in the business of Hollywood, Scarpo will provide insight on the opportunities different majors offer students and how to apply them to the entertainment industry.

For info, call the Office of Career Services at x4403.

Wise to Speak on Racial Equity



As part of Diversity Week, the FSU Black Student Alliance and the Student Diversity Center will present “Colorblind: The Rise of Post-Racial Politics and the Retreat From Racial Equity” by anti-racist and author Tim Wise on **Thursday, Oct. 7**, at 7 p.m. in PAC Pealer Recital Hall.

In his talk Wise will discuss the pitfalls of “colorblindness” in the Obama era and argue for deeper color-consciousness in public and private practice. He argues that Americans can move toward authentic social and economic equity by acknowledging the diverse identities that shaped their perceptions and the role that race continues to play in the disparities between whites and people of color.

Wise is a prominent writer and activist, having spoken on over 500 college campuses. His books include “Colorblind: The Rise of Post-Racial Liberalism and the Retreat from Racial Equity” and a collection of his essays, “Speaking Treason Fluently: Anti-Racist Reflections From an Angry White Male.”

For info, contact Robin Wynder at x4050 or rwynder@frostburg.edu.

Conflict Resolution Day Presentations

National Conflict Resolution Day presentations will be held **Thursday, Oct. 21**, from 12:30 to 1:30 p.m. and 6 to 7 p.m. in the Leake Room of the Cordts PE Center.

Students in Dr. Elesha L. Ruminski’s CMST 345/Conflict Management class will organize, promote and present the event in collaboration with the Allegany Conflict Resolution Center. The event is open to the public.

“The Value of Conflict,” which will feature students from CMST 345, will provide an overview of what conflict is, why it is valuable to face rather than avoid it and strategies and resources for managing conflict in interpersonal and organizational contexts.

For info, contact Ruminski at elruminski@frostburg.edu or x7747.

Appalachian Lab Fall Seminar Series

Dr. William T. Peterjohn, West Virginia University, will present “Lessons From Long-Term Research at the Fernow Experimental Forest” **Thursday, Oct. 7**, at 3:30 p.m. in AL Room 109.

For info, see www.umces.edu/al/seminar/schedule.

Herbalist Series

The Appalachian Center for Ethno-botanical Studies’ Mountain Herbalist Series is designed to increase awareness of useful plants and reconnect people with mountain traditions. Events are on Mondays from 6:30 to 8:30 p.m. at Mountain City Traditional Arts at 25 E. Main St. in Frostburg. The programs are free and open to the public.

“Bridging the Gap: Scientific and Traditional Herbal Uses” on **Sept. 27** examines traditional applications verses novel scientific uses of plant medicine.

The third of the series will take place **Oct. 11**. In “Making Topical Salves,” learn to make salves for everyday skin issues while becoming familiar with local and easily available plants that are healing and soothing for the skin.

For info, contact Mimi Hernandez at x3136 or mhernandez@frostburg.edu.



Workshops

WISE Workshop

Registration for the fall session of the Wind and Solar Energy Workshop,

“Design, Installation and Maintenance of Residential Wind and Solar Generation Systems,” has begun. The program consists of eight-week online instruction from **Oct. 11 to Dec. 5** and three-day on-site training from **Dec. 10 to 12** at Compton Science Center. (Registration deadline is **Oct. 3.**) Attendees will have an opportunity to talk with experienced professionals from the photovoltaic and wind industry and install practical systems such as a grid tie PV array and battery backup wind generator during the on-site part of the program.

The WISE Workshop provides fundamental knowledge to prepare attendees for the PV Entry-Level Certificate of Knowledge Exam prepared by the North American Board of Certified Energy Practitioners.

For info, visit www.frostburg.edu/renewable or contact the program director, Hilkat Soysal, at renewable@frostburg.edu.



Visual Arts

Kappi Pi/Art Club Seeks Exhibit Entries

The Kappi Pi Art Fraternity is putting on their annual juried art exhibition, titled “Identity,” at the Saville Gallery in Cumberland.

Drop off will be **Oct. 7 and 8** from 10 a.m. to 4 p.m. in room 128 of the Fine Arts Building. Entry forms will be available. The cost is \$3 per entry (limit four per artist).

Judging will be on **Saturday, Oct. 9**, beginning at noon. Alexander Heilner, professor of photography and digital imaging, Maryland Institute College of Art, will be the juror.

Pickup of non-accepted works will be **Oct. 10** from 10 a.m. to 2 p.m. in Fine Arts 128.

Works will be on display in the Saville Gallery from **Oct. 12-16**. The closing reception and awards ceremony will be **Saturday, Oct. 16**, from 6 to 8 p.m.

Exhibited works can be picked up no later than **Monday, Oct. 18**, from 10 a.m. to 4 p.m. in Fine Arts 128.



Points of Pride

Ketterman on VIP List

FSU Assistant Vice President for Student Services and Dean of Students **Dr. Jesse Ketterman** has been selected as a member of The

Daily Record’s 2010 VIP List, for Very Important Professionals successful by age 40.

Ketterman was selected because of his outstanding professional accomplishment, civic involvement and impact of achievement before age 40.



He will be honored on **Sept. 29** from 5:30 to 8:30 p.m. at a ceremony at the Baltimore Museum of Art and was profiled in a special magazine in the Sept. 24 issue of The Daily Record.

Ketterman recently received a national award as Mid-Level Student Affairs Professional of the year by NASPA, Student Affairs Administrators in Higher Education. He has served various roles as a student contact liaison over his more than 11 years of employment at FSU, including director of Student Development and assistant and associate director of Residence Life. He has two master’s degrees from FSU in business administration and education and holds a Ph.D. in educational leadership from Touro University International.



Take Note

Student Alumni Ambassadors Wanted

The Student Alumni Ambassadors organization serves as a link between current students and FSU’s alumni. SAA will organize and participate in many events throughout the academic year to promote interaction between students and alumni and provide SAA members with leadership and professional experiences.

Interested students are encouraged to read more online at www.frostburg.edu/admin/alumni/StudentAmbassador.htm and fill out an application. For info, contact Liz Nelson at x3163 or anelson@frostburg.edu.

CHILL Invites Students to Think Healthy

For the third year in a row, FSU’s students are invited to participate in free bio-medical health screenings made available through Creating Healthy, Informed, Lasting Lifestyles (CHILL), a student wellness initiative. The screenings will be held from 8 a.m. to noon **Wednesday and Thursday, Sept. 29 and 30**, in the Leake Room of FSU’s Cordts PE Center. Students will be able to have their blood pressure, body mass index, body composition, blood sugar and cholesterol levels checked.

To complete the screening, students will need to refrain from eating or drinking anything but water for at least eight hours before the screening. The screening involves having a vial of blood drawn to check blood sugar and cholesterol levels. Students will have access to follow-up care at Brady Health Center and access to physical trainers and other programs.

In exchange for the student’s time, each participant will receive a complimentary breakfast, a free CHILL T-shirt, and be entered in drawings for other CHILL prizes. The first 25

students in line each morning will also receive a bonus CHILL prize.

To be eligible, students must be at least 18 and not have any previous diagnosis concerning their blood sugar or heart health. Students who do not qualify for this screening are encouraged to contact the Brady Health Center to make an appointment to have the screening performed later.

Originally launched in September 2008 with a contribution from AstraZeneca Pharmaceuticals LP, CHILL promotes health practices and education among college students and the local community. Since 2008, CHILL has performed over 1,150 screenings with nearly 77 percent of the results indicating at least one health concern. The goal is to get students thinking about the lasting impacts that diet and exercise habits can have on their bodies. CHILL hopes to screen 500 students during the 2010-2011 academic year.

To learn more about CHILL, visit www.frostburg.edu/chill or e-mail wellness@frostburg.edu.

Virtual Book Club

The Center for Teaching Excellence is again hosting a virtual book club and invites all faculty and staff to join. During October, the book will be “What the Best College Teachers Do” by Ken Bain. CTE will have copies available for loan. The book club kickoff party will be **Friday, Oct. 1**, at 3 p.m. at Sand Springs Saloon in Frostburg.

The virtual book club will be conducted on Blackboard and a CTE member will moderate the discussion during each week in October. For info, contact Dr. John O’Rourke at jororke@frostburg.edu.

Seminars ‘To Go’

FSU employees are invited to come and bring their lunch to the MSRP Lunch and Learn Seminars on **Monday, Oct. 4**, in Tawes 153. “Stretch Your Dollars” from noon to 1 p.m. will cover setting goals, saving more and spending less, shopping smarter, controlling debt and where to turn for help. “The Sandwich Generation” (for those taking care of their children and aging parents at the same time) will show how to save for retirement while meeting the needs of both generations. For info and registration, contact Lee Ann Nightingale at lnightingale@frostburg.edu or x4398.

Help Is Here!

Do you have questions about your academic status for the fall 2010 semester? Invest an hour of your time at an academic probation meeting to ensure you will be able to return to FSU for the spring 2011 semester. Meeting dates are **Monday, Oct. 4**, at 7 p.m.; **Tuesday, Oct. 5**, at 5 p.m.; and **Thursday, Oct. 7**, at 4 p.m. in

Compton 224. For info, call the Provost's Office at x4212.

Information Session on Nursing

An information session will be held **Tuesday, Oct. 5**, at 7 p.m. in Compton 327. **Kara Platt**, a lecturer in the Chemistry Department, will talk about FSU's pre-nursing program, the transfer process to other nursing schools and careers for nurses.

Blood Drive

The Pre-Professional Medical Society will host a blood drive **Thursday, Oct. 7**, from 11 a.m. to 5 p.m. in the Compton Science Center in the Discovery Center.

FSU Celebrates Women in Sports

FSU will showcase women's sports achievement with "Celebrating Women in Sports" on **Monday, Oct. 18**, at 6:30 p.m. in Compton 224.

The panel will feature Nina Kuscsik, a former long distance runner and activist. Other participants include Pamela Boteler, the first American woman to compete in sprint canoeing against men and president of WomenCAN; **Jody Pepple**, senior women's administrator and women's basketball coach at FSU; and **Dr. Mihaela Wood**, an FSU history faculty member who specializes in sports history.

Jessica O'Neil, an FSU student and member of the FSU Cross Country and Track teams, initiated, coordinated and organized this panel discussion to showcase women's sports achievements and highlight actions needed for promoting gender equality in sports.

The panel discussion will be followed by a question-and-answer session and an opportunity for one-on-one interactions with the participants. This presentation is free and open to the public.

The event is sponsored by the FSU Student Government Association, Queen City Striders, the FSU Student-Athlete Advisory Committee and the FSU Women's Studies Program. For info, contact Jessica O'Neil at jmoneil0@frostburg.edu or 240-427-8053, or Dr. Randall Rhodes at rrhodes@frostburg.edu or x4047.

FSU to Host MCA Conference in October

FSU's Department of Communication Studies (CMST) will host this year's Maryland Communication Association conference, with the theme "Let's Chat: Negotiating Communication Today," **Friday, Oct. 22, through Saturday, Oct. 23**. The registration deadline for the conference has been

extended to **Friday, Oct. 1**. See www.marylandcomm.org for the registration form/conference details.

The conference will feature a "Let's Chat" networking event **Friday, Oct. 22**, at 7 p.m. at MCTA and a full-day conference program, including a student and faculty panel, workshop and roundtable presentation formats, **Saturday, Oct. 23**, from 8:30 a.m. to 4 p.m. on FSU's campus. Dr. David Westerman, an assistant professor in the Department of Communication Studies at West Virginia University, will speak on "Negotiating Communication Technologies: Technology as a Tool."

CMST alum **Eric Chaney** helped organize the conference, and students from FSU's Student Communication Studies Association will be featured in a roundtable. The conference is sponsored by publishers Pearson, McGraw Hill and Cengage; RC Theatres; Baltimore Street Grill; and FSU's Department of Mass Communication.

For info, contact Dr. Elesha L. Ruminski at x4480 or elruminski@frostburg.edu, or Sheri Whalen at x4148 or sawhalen@frostburg.edu.

Take 5 Back by Popular Demand!



FSU's Frostburg: Take 5 includes two competitions (alums and students) and three top prizes this year as well as a People's Choice Award.

The People's Choice Award will be determined through an online vote on FSU's [You Tube Channel](#). Winners will be announced during a screening and award ceremony **Dec. 1** at the Lyric Theatre on Main Street.

The final deadline to submit a video is **Nov. 12**; however, clips submitted by **Oct. 15** will be considered for an early screening that may be held at Homecoming to promote the contest. Videos must be five minutes or less and fall under one of these themes:

I Chose Frostburg

Tell why you decided to go to school at FSU, why you're proud you're getting your degree at Frostburg!

Frostburg: The "Reel" Deal

Tell true stories about Frostburg that put it in a positive light.

My Heart Belongs to Frostburg

Tell why FSU is near and dear to your heart.

For info, e-mail efrostburgcomm@frostburg.edu or visit www.frostburg.edu/take5.

Get Your Flu Shot!

The Department of Budget and Management, Employee Benefits Division and the Office of Human Resources invite employees to the Wellness Fair/Flu Clinic **Wednesday,**

Oct. 27, from 10:30 a.m. to 2:30 p.m. in the Leake Room of the Cordts PE Center. Flu shots are sponsored by SECU. Cost of the flu shot is \$10 (by check or money order payable to Maxim Health Services). For info, contact Lee Ann Nightingale at x4398.

Science & Engineering Festival Satellite Event

FSU will be the site of a satellite event of the national USA Science and Engineering Festival on **Saturday, Oct. 23**, from 9 a.m. to noon on the Upper Quad. Demonstrations will take place at the University of Maryland Center for Environmental Science Appalachian Laboratory in Frostburg. A shuttle will be available.

The event is open to K-12 students in public or private schools and their parents and is sponsored by FSU, Allegany County public schools and the UMCES Appalachian Lab.

For info, contact Karen Bundy at karen.bundy@acps.k12.md.us, Kristen Lennon at kalennon@frostburg.edu or x4397, or Dr. Eric Moore at ejmoore@frostburg.edu or x4500.

Graduating in December?

The 137th commencement ceremony is scheduled for **Saturday, Dec. 18**, at 11 a.m. in the Cordts PE Center. **The commencement ceremonies, which were previously held as two separate ceremonies, will be combined as one.** The Colleges of Liberal Arts and Sciences, Business and Education will present their graduates at that time.

Tickets **will be** required for admission. The number allotted to each graduate will be determined later.

Complete your graduation application in PAWS now to receive information about commencement!

The first commencement mailing is scheduled for **mid-October** and will be sent to students' local and permanent addresses.

Caps and gowns are provided at no cost to graduates and may be ordered at the bookstore in the Tawes Annex. Orders must be placed by **Dec. 3**.

A Grad Fair will be held **Monday, Oct. 18**, in the bookstore from 9:30 a.m. to 3:30 p.m. Vendors will be available to take orders for class rings and diploma frames, and students can also order their caps and gowns and announcements.

Details are at www.frostburg.edu/events/commencement. For info, contact Brittini Teter at x4423 or bkteter@frostburg.edu.




Deadlines

Graduation Exceptions

If your official degree progress report indicates you have not

completed all requirements and you have a basis to request an exception, submit your written appeal letter and supporting letters and documentation to the Academic Standards Subcommittee, Office of the Provost, Hitchins 213, by 4 p.m. on **Oct. 14** for the October meeting or **Nov. 11** for the November meeting (**last chance** for graduation exceptions and inclusion in the Commencement Booklet). For info, call the Provost’s Office at x4212.




Activities for Life

For info and registration, contact Amy Nazelrod, AFL coordinator, at x7934 or anazelrod@frostburg.edu. Advance registration is required.

Youth Swimming Lessons
Youth swimming lessons for children ages 5 to 13 will be offered on Mondays and Wednesdays, **Oct. 4 until Oct. 20**, from 6 to 6:50 p.m. in the

Cordts PE Center. Registration deadline is Oct. 1.

Water Aerobics Classes
Water aerobics classes will be offered on Tuesdays and Thursdays, **Oct. 5 to Nov. 4**, from 6 to 6:50 p.m. at the FSU pool in the Cordts PE Center. Participants can register for Tuesday or Thursday classes, or both evenings for a discounted price.



International

For info, visit the Fuller House (across the street from Braddock House), call x4714 or e-mail Victoria Gearhart at vmgearhart@frostburg.edu. Also check out the CIE website at www.frostburg.edu/admin/cie/stdyabrd.htm.

Study Abroad
The Center for International Education offers various ways for FSU students to see the world. In some cases, students can pay FSU tuition,

room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Mexico, Malta, Botswana or many other countries. FSU also offers summer study abroad programs.
Financial aid, student loans and scholarships are available.

Limerick, Ireland (Spring 2011)
Students can study at Mary Immaculate College and pay FSU tuition. Credits will transfer back to FSU. For info, go to www.mic.ul.ie/.

Changsha, China (Spring 2011)
Through the China Exchange Program, FSU students can spend a semester at Hunan Normal University (www.hunnu.edu.cn/english/). Students pay FSU tuition and fees (based on residency status) through their student e-bill account and pay room and board costs to Hunan Normal University.



Announcing New Student Producers and a New Show!

“Down to Earth” with host **President Gibraltar** is returning this fall with student producers **Sidra Bing, Megan Majerowicz** and **Franklin Muse** and executive producer **Micheal McAlexander**. “Down to Earth” airs Mondays, Wednesdays and Fridays at 9:30 p.m.
“LEAD TV” with host **Dr. Elesha Ruminski** is returning for the show’s fifth season. New student producers **Logan Hubert** and **Carla Romo** are working with **Melanie Lombardi**, the cable channel manager for this season’s shows. “LEAD TV” airs Mondays, Wednesdays and Fridays at 9 p.m.

“Cooking With Courtney,” FSU-TV3’s newest series, is currently in production with student producers **Jaleesa Gregg** and **Courtney Lancaster**. Look for the first show on **Monday, Oct. 4!** It’s all about great cooking and entertaining. “Cooking With Courtney” will air Mondays at 6 p.m. and Saturdays at 4 p.m.

Follow FSU-TV3’s shows and happenings on Facebook at www.facebook.com/home.php?#!/group.php?gid=63865599096&ref=ts.

And a New Website!

FSU-TV3’s website is getting a makeover and a new URL!
FSU-TV3 is working on a redesign for its website and a new URL will allow easier searches. The website will offer more information about volunteer opportunities, series shows and more. Stay tuned for the new link!

FSU-TV3 Schedule for Sept. 27-Oct. 3

For more: <http://fsutv3.frostburg.edu/Cablecast/Public/Schedule.aspx?ChannelID=1>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12 a.m.	Message Board	Human Geography	Midnite Mausoleum	Human Geography	Midnite Mausoleum	Human Geography	Message Board
12:30 a.m.		Cooking With Marie		The Alternate Root TV		Go Fish With Dan Kenney	
1 a.m.		Link TV World	Fast Forward: Contemporary Science Fiction	The Alternate Root TV	Bread and Circuses	Life & Style With Sara	
1:30 a.m.		Message Board	Message Board	Message Board	Message Board	Message Board	
2 a.m.							
3 a.m.							
3:30 a.m.							
4 a.m.							
4:30 a.m.							
5 a.m.							
5:30 a.m.							
6 a.m.	NASA Sci Files	NASA Sci Files	NASA Sci Files	NASA Sci Files	NASA Sci Files		
6:30 a.m.							
7 a.m.							
7:30 a.m.							
8 a.m.	Message Board	Message Board	Message Board	Message Board	Message Board		
8:30 a.m.	FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming		
9 a.m.							
9:30 a.m.							
10 a.m.							
10:30 a.m.	Message Board	Message Board	Message Board	Message Board	Message Board		
11 a.m.							
11:30 a.m.							
Noon	Social Studies in Action	Essential Science	Social Studies in Action	Essential Science	Social Studies in Action	Gardening Rhythms	Gardening Rhythms
12:30 p.m.						Life & Style With Sara	Life & Style With Sara
1 p.m.	Bridging World History	Learning Math: Number & Operations	Bridging World History	Learning Math: Numbers & Operations	Bridging World History	Cooking With Marie	Cooking With Marie
1:30 p.m.		Learning Math: Patterns, Functions & Algebra		Learning Math: Patterns, Functions & Algebra		Go Fish With Dan Kenney	Go Fish With Dan Kenney
2 p.m.	Connecting With the Arts	Gardening Rhythms	Connecting With the Arts	Gardening Rhythms	Connecting With the Arts	The Alternate Root TV	The Alternate Root TV
2:30 p.m.	Message Board	Message Board	Message Board	Message Board	Message Board	Link TV World Music	Link TV World Music
3 p.m.						No Excuses Outdoors	No Excuses Outdoors
3:30 p.m.	NASA Connect	NASA Connect	NASA Connect	NASA Connect	NASA Connect	Message Board	Message Board
4 p.m.		Live From Prairie Lights		Live From Prairie Lights			
4:30 p.m.	Graceful Aging	Democracy in America	American Cinema	Democracy in America			
5 p.m.	The Habitable Planet	American Cinema	The Habitable Planet	The Habitable Planet			
5:30 p.m.	FSU-TV3 Original Programming				FSU-TV3 Original Programming		
6 p.m.	FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming	FSU-TV3 Original Programming			
6:30 p.m.							
7 p.m.							
7:30 p.m.							
8 p.m.	Lead TV	ThinkTalk	Lead TV	ThinkTalk	Lead TV		
9 p.m.							
9:30 p.m.	Live From Prairie Lights	Dirty Stars {463-471} (612-618)	No Excuses Outdoors	Dirty Stars	Fast Forward: Contemporary Science Fiction		
10 p.m.		NASA 360	American Passages	NASA 360	American Passages		
10:30 p.m.		Earth Revealed	Midnite Mausoleum	Earth Revealed	Midnite Mausoleum	Earth Revealed	
11 p.m.							Bread and Circuses
11:30 p.m.							



Get Involved

Hillel Interest Meeting

There will be a Hillel Interest Meeting with Rabbi Stephen Sniderman and Chaplains Ed Hendricks and Cindy Zirlott on **Wednesday, Oct. 6**, at 7 p.m. in the Osborne Newman Center. Hillel's main focus is to provide opportunities for Jewish students to explore and celebrate their Jewish identity through its global network and local campus Hillel student organizations. Students interested in exploring a Hillel organization on FSU's campus are urged to come.

Upcoming UCM Events

Group meetings are in Tawes 161. For info, contact the Rev. Dr. Cindy Zirlott at x7490 or c.zirlott@frostburg.edu.

- Wednesday Meditation Group**, 12:10 to 12:50 p.m. This meeting for faculty and staff will begin **Oct. 13**.
- Wednesday Spiritual Study Break**, 9 to 9:45 p.m. Students, faculty and staff are invited to UCM's Vesper-style worship experience.

- Thursday FCA Huddle Bible Study**, 8 to 9:15 p.m. UCM's Christian Athletes group invites students to this student-led weekly Bible study.
- "Thank God It's Fun Friday,"** **Sept. 24**, 8 p.m. UCM students will provide healthy choice, fun alternatives for students.

- S'mores and Prayers Twilight Retreat to Knobley Mountain**, **Saturday, Oct. 16**, 3:30 to 10 p.m. This event is for students, faculty and staff. The deadline for sign-up is **Oct. 10**. (While the event is free, UCM needs to know who is coming.)

- Sunday Faith Connections**, 9:30 a.m. Every Sunday during the fall semester, Chaplain Cindy offers students a tour of a local church.
- Sunday True North Meetings**, 7 to 9 p.m. Facing the Unknown series explores the topic through lessons found in the life experience of Abraham, the father of the three great monotheistic faith traditions. This week the group will explore God's Surprising Provision.



Volunteers

Campus Tree Planting

FSU invites volunteers from the community to join in for a campus tree planting **Sunday, Oct. 10**, at 10 a.m. Volunteers will plant trees by the main entrance at Midlothian Road and University Drive to commemorate the Global Day of Action.

The tree planting is part of the Global Work Party created by 350.org, a website dedicated to raising awareness and activism for reducing carbon emissions worldwide.

The event was registered by Kelly Martin and Adam Plourde of the



FSU Events Calendar

MONDAY, SEPT. 27			
Greek Council	5 p.m.	Dunkle 218	
UPC Meeting.....	9 p.m.	Tawes 222	

TUESDAY, SEPT. 28			
Women's Field Hockey: Juniata	4 p.m.	Home	
Men's Soccer: Lycoming, Williamsport, Pa.	4:30 p.m.....	Away	
College Panhellenic Council	5 p.m.	Tawes 208	
SGA Homecoming King and Queen Info Meeting...	5 p.m.	Tawes 335	
CHILL Presents Karen Wolfe	7 p.m.	Compton 226	
Banned Book Readings	7 p.m.	Library 237	
BURG General Body Meeting	7 p.m.	Dunkle 218	
BSA Forum	7 p.m.	Compton 327	
Women's Soccer: McDaniel	7 p.m.	Home	
CES Main Stage Series: RIOULT	7:30 p.m.....	PAC Drama Theatre	
Anti-Hazing Workshop	8:30 p.m.....	Dunkle 218	

WEDNESDAY, SEPT. 29			
CHILL Bio-Medical Screening	8 a.m.-noon.....	Cordts Leake Room	
IFC	5 p.m.	Tawes 208	
BSA Forum	7 p.m.	Cordts Leake Room	
Women's Volleyball: Stevenson	7 p.m.	Home	
African-American Studies Society Forums	7 p.m.	Tawes 232	
UCM Spiritual Study Break	9 p.m.	Tawes 161	

THURSDAY, SEPT. 30			
CHILL Bio-Medical Screening	8 a.m.-noon.....	Cordts PE Room	
Blackout Day (turn computers and lights out)	noon-1 p.m.....	Campuswide	
RHA General Meeting	5 p.m.	Dunkle 218	
BURG Procrastination Devastation	7 p.m.	Cordts Leake Room	
UPC Feature Film: "The Twilight Saga: Eclipse"	8 p.m.	Tawes 232	

FRIDAY, OCT. 1			
UPC Feature Film: "The Twilight Saga: Eclipse"	8 p.m.	Tawes 232	

SATURDAY, OCT. 2			
Women's Cross Country: Don Cathcart			
Invitational at Salisbury.....	10:30 a.m.....	Away	
Women's Volleyball: Marymount (Tri-Match)	noon	Away	
Women's Field Hockey: Bridgewater	noon	Home	
Men's Cross Country: Gettysburg College	noon	Away	
Football: Alfred, Alfred, N.Y.....	1 p.m.	Away	
Men's Soccer: York, York, Pa.	2 p.m.	Away	
Women's Soccer: York.....	3 p.m.	Home	
UPC Feature Film: "The Twilight Saga: Eclipse"	8 p.m.	Tawes 232	

SUNDAY, OCT. 3			
CCM Mass	noon & 8 p.m.	Cook Chapel	
Planetarium: "Time – From Stars to Atoms"	4 & 7 p.m.	Tawes Hall	

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.



Leave Sooner, Drive Slower, Live Longer!

nonprofit George's Creek Watershed Association that is partnering with FSU. For info, contact Martin at 240-522-2522 or kmartin25@verizon.net, or Plourde at 207-577-4675 or adam.plourde@gmail.com.

Arboretum Work Days

The FSU Arboretum Committee is looking for volunteers to assist with work days this fall **Saturday, Oct. 9, Friday, Oct. 22, Saturday, Nov. 6, and Friday, Nov. 19**. The group will meet at the gazebo near the stadium parking lot at 2 p.m. and work until 5 p.m. For info, contact Dan Fiscus at x4170 or dafiscus@frostburg.edu.



Interns

Political Science/Law & Society Internships

Tim Magrath, internship director in the Political Science Department, will conduct meetings for political science and law and society majors planning to intern in spring or summer 2011 on Wednesdays on **Oct. 20, Nov. 17 and Dec. 8** at noon in Old Main 205.

Students should attend at least one meeting if they want to participate in a political science/law and society internship during 2011. For info, contact Magrath at x4080 or tmagrath@frostburg.edu.