Frostburg State University Wins National Climate Leadership Award

FSU was recognized for its commitment to sustainability and environmental education with Second Nature’s Award for Institutional Excellence in Climate Leadership at the American College & University Presidents’ Climate Commitment (ACUPCC) Summit in June. “I’m really proud to accept this award on behalf of Frostburg State University,” said President Jonathan Gibralter, who attended the summit and was present to receive the honor in person. “Our success in making sustainability a central part of our identity and educational mission has involved everything from expanding our academic offerings to helping our students understand how their daily activities impact the environment.”

The Second Nature Climate Leadership Award is given to colleges and university presidents showing excellence in sustainability. The university must be a signatory of the American College and University Presidents’ Climate Commitment and a member in good standing with the organization. University and college presidents, chancellors and implementation liaisons are nominated by each other according to their institutions’ climate leadership efforts. The Climate Leadership Award recognizes FSU’s sustainability initiative, “Learning Green, Living Green. (LGLG),” engaging students, faculty, staff and community members to develop and coordinate programs and projects that create solutions to environmental, social and economic needs. LGLG and a faculty-led Sustainability Studies Committee, which oversees FSU’s interdisciplinary sustainability studies minor, have spearheaded a number of campus projects, including organizing an array of educational events and lectures focusing on environmental education and leadership and producing “E=(LG),” the only-known magazine on sustainability that is 100 percent written and edited by college students. FSU is also home to a wind-solar-energy system and offers renewable energy workshops to the community. FSU was recognized in “The Princeton Review’s Guide to 280 Green Colleges,” which highlights institutions that have demonstrated a strong commitment to sustainability through their campus infrastructure, activities and initiatives.

Senior leadership’s role in sustainability is one key criterion for the award. Since joining the ACUPCC, Gibralter’s commitment to sustainability has led to leadership roles on the Maryland Commission on Climate Change Greenhouse Gas and Carbon Mitigation Working Group, the Second Nature National Transportation Policy Task Force and the ACUPCC Steering Committee.

CES Kicks Off Season With “Astro-rama”

The FSU Cultural Events Series will celebrate the opening of its 2011-2012 season with two free performances of Squonk Opera’s inventive outdoor show, “Astro-rama.” Performances will take place Wednesday, Aug. 31, and Thursday, Sept. 1, at 9 p.m. on the University’s Upper Quad outside the Compton Science Center. Wednesday’s show will be followed by an interactive discussion with the artists. Attendees are encouraged to bring lawn chairs or picnic blankets.

Pittsburgh’s Squonk Opera, which first visited FSU in 1998, is a visionary ensemble of musicians and artists who create multimedia performances using imaginative staging, lighting, video and original music.

Squonk’s “Astro-rama” is a large-scale outdoor event that features UFOS, a four-story radio telescope dish and musicians who soar through the air on lifts and cranes. The enormous set includes witty details such as a giant red-eyed computer, a delicate moon and even an Òrrery — the mechanical device that measures the planets’ positions in the solar system. With the help of the audience, the Squonkers create a self-portrait of the human species and beam it into the cosmos in an attempt to make contact with alien intelligence.

Squonk Opera will also present an interactive discussion, “Collaborative Interdisciplinary Creation,” to discuss their creative process and the effective use of multimedia arts on Friday, Sept. 2, at 10 a.m. in the Atkinson Room (232) of FSU’s Lane University Center. The session is free and open to the public. In support of the project, the FSU Planetarium will offer the presentation of “Moons’ Curiosities” about the many moons that exist in our solar system. Free planetarium shows occur on Sept. 11, 18 and 25 at 4 and 7 p.m. in Tows Hall.

For info, contact the Cultural Events Series box office at x3137 or visit CES’ web page at ces.frostburg.edu.

Event Sept. 16-17

The public is invited to experience and learn more about the Appalachian region’s rich cultural heritage during FSU’s 2011 Appalachian Festival on Friday, Sept. 16, and Saturday, Sept. 17. Now in its sixth year, the much-anticipated free event brings together performers and craftspeople to celebrate the history, music, artistic offerings and food of Western Maryland and the surrounding areas. The renowned Irish band, Buffalo in the Castle, will perform at the historic Palace Theatre in downtown Frostburg during the Saturday evening cappone concert that culminates the weekend of family fun.

The festival will kick off Friday at 2 p.m. on the Upper Quad at FSU with “Building Sustainable Communities Through Community Engagement and Activism,” an informative symposium focusing on contemporary conflicts
created by surface mining and natural
gas drilling. The event will feature
speakers from the Keeper of the
Mountains Foundation and
CitizenShale, as well as a musical
performance by Jay Smar. Participants
will demonstrate how regional residents are coming together to
ensure that these communities maintain
long-term cultural and
environmental sustainability over
short-term profit.

Following the symposium, an
Appalachian Film Festival featuring the
“The Wild and Wonderful Whites of
West Virginia” will cap off Friday’s
activities at 7:30 p.m. in Frostburg’s
Palace Theatre. The legendary family
is as well-known for their wild, excessive
criminal ways as they are for their
famous mountain-dancing members,
including Jesco White, the star of the
cult classic documentary, “Dancing
Outlaw.” With the breakup of the tragic
sides of life on the other side of the
law, this stylish, fast-paced family
portrait exposes the powerful forces of
corruption, poverty and West Virginia’s
environmentally and culturally
devastating coal-mining culture that
helped shape the White family and their
dying breed of outlaws preserving a dying
form of dance. After the film, Jacob
Young, the director of “Dancing
Outlaw,” will moderate a critical
discussion.

Saturday activities begin with the
Frostburg Rotary Club Pancake
Breakfast from 7 a.m. to 2 p.m. at St.
Michael’s Church in Frostburg. Then,
starting at 10 a.m., check out the
daylong presentations, workshops, arts
and crafts demonstrations, live music,
Appalachian dance, environmental
talks and various children’s activities
on FSU’s Up-land. Two streets will
feature music highlighting the area’s
strong bluegrass, old-time, Irish and
Scottish music traditions. Performers
will include the Garrett Highlands Pipe
& Drums, Mountain Therapy, Sparky
and Rhonda Rucker, the Sugar Foot
Stompers, the Blue Shades, the
Barstnromers and the RockCandy
Cloggers, the Lickyet Split Banjo Boys
and Bear Hill Bluegrass on the
Compton stage, as well as the
Frostburg Arion Band, Jason Twigg and
Fritz Kessler, Loretta Hummel &
Friends, and Wang!. Jeff Thomas and Andi
Hearn, Ken Kolodner, Michael and
Carrie Kline, Jeffrey Scott, Amy Fabbi
and Amanda Barger, the Time
Travelers, Ed and Kathleen Myers, and
the Ruckers on the Sowers stage.

In addition to the music, there will
be a singing workshop, storytellers,
dance demonstrations, an overview of
fiddling traditions and the early banjo,
and a reading and book signing with
local author Rory Shane Riggs. There
will also be talks on medicinal roots,
mountaintop removal, Marcellus Shale
and eminent domain, and the Cherokee
Trail of Tears, as well as Scales Tales,
an up-close view of the region’s
wildlife. At 2 p.m., members of Buffalo
in the Castle will present “Foreign
Sounds Rendered Familiar” in which
they will explore the historic and
dynamic connections between
American old-time music and
traditional music.

Children will have their own hands-
on area of crafts and activities to keep
them entertained, including Horn’s
Punch and Judy Show.

Artists and artisans will exhibit lace,
baskets, portrait art, nature
photography, woodcrafts, pottery
coverlets, braided rugs, pottery
products, jewelry, stained glass, fiber
arts, stuffed animals and chair
bottoming.

Other groups, such as the Western
Maryland Chapter of the Archeological
Society, Western Maryland Adventures
and The Nature Conservancy, will
also have booths.

The festival will culminate with the
8 p.m. Saturday night performance of
Buffalo in the Castle. Button accordion
master Martin O’Connor and Desi
Whitson, one of Ireland’s leading
exponents of the traditional Irish
flute, provide the group’s anchors for
Irish traditional music, while Frank
Hall, a top-notch fiddler and clogger,
and clawhammer banjo player Lena
Ullman supply a hearty serving of
American old-time music. Though
several American groups have recently
examined connections between
bluegrass and Irish music, the efforts
of Buffalo in the Castle stand unique.
While the band’s focus is largely
instrumental, they pepper their
performance with several songs, taking
great pleasure in the American old-
time tradition that seamlessly
combines and alternates between
vocals and instrumentals. Tickets are
available at Mountain City Traditional
Arts and Main Street Books in
Frostburg. Tickets are $15 in advance
or $18 at the door; tickets for students
and those 17 and under are $8.

For info, visit www.frostburg.edu/
events/afestival, look for it on
Facebook, or email krogersthomas@
frostburg.edu.

The FSU Appalachian Festival is
supported in part with funding from
WFVM, the event’s official media
sponsor, the Maryland Traditions
Program of the Maryland State Arts
Council, the FSU Foundation, Culture
Ireland, the Allegeny Arts Council, the
Sierra Student Coalition, Learning
Green Living Green and the National
Endowment for the Arts.

Buffalo in the Castle

Visual Arts

WCA/DC Exhibition
First Show of Season

The first show of the fall 2011
semester at FSU’s Stephanie
Roper Gallery will be a showing by
the Women’s Caucus for Art of
Greater Washington. The
show will open on Friday, Sept. 9,
at 7 p.m. and run through Wednesday,
Oct. 12.

WCA is the major national
organization for women in the visual
arts professions. Its mission is to
create community through art,
education and social activism.
WCA/DC, a chapter of WCA, is a
multicultural community of women in
the arts in the Washington, D.C. area,
including Maryland, Virginia, D.C. and
nearby states. For info, go to
www.wcadc.org.

The Stephanie Ann Roper Gallery
has free admission and is open to the
public Sunday through Wednesday
from 1 to 4 p.m. For info, contact the
FSU Department of Visual Arts at
x4797.

Points of Pride
Social Marketing Team
Gets the Word Out

Led by advisor Missy Martz, student
members of the Social Marketing Team
spent a fun-filled week at FSU training
for their respective jobs while learning
how to work together for a common
goal. Sessions focused on goal setting,
leadership and effective meeting
management.

Their mission is to get the word out
on campus about social activities,
events and opportunities sponsored
by the Department of Student and
Community Involvement. The
organization benefits campus life by
providing several media outlets
through which students can discover
events created to help students
overcome the stress of college. Look for
the student employees, interns and
volunteers of the Social Marketing Team
in their sporty black and red SMT shirts
on campus. They will be out on foot, on
Twitter, on Facebook, out with
cameras, in the hallways and at
events.

Hein’s Work to Be Displayed in Exhibition

Robert M. Hein, an assistant
professor in the Department of Visual
Arts, has been accepted into the Wills
StateLines

Mark Your Calendars!
President Jonathan Gibralter invites the FSU community to Fall Convocation on Thursday, Sept. 15, at 3:30 p.m. in PAC Pealer Recital Hall.

FSU Is Now a Smoke-Free Campus
You’ve probably seen the signs posted around campus. FSU is now officially smoke-free, making the campus a healthier place where everyone can work and learn.

The emphasis of this no-smoking program is centered on public health and personal responsibility. FSU recognizes the health problems associated with smoking and second-hand smoke, and will provide the healthiest environment possible for students, faculty, staff, alumni and visitors.

This presents a new set of circumstances for some members of the campus community. Brady Health Center, with the support of CHILL, will continue to provide smoking cessation materials for students, and the Office of Human Resources has gathered invaluable information for faculty and staff members who wish to quit smoking. More resources and information also are available at the Smoke-Free Campus website, www.frostburg.edu/smokefree.

FSU’s goal is to foster a more healthy community. This effort was sparked by and built off the concerns raised by students and staff. Support of and compliance with FSU’s new smoke-free policy is appreciated!

Not a Pretty Picture – Garbage Collection Rules for Frostburg
Collections: Garbage will be collected once a week for each home in the city. Look on the city’s website at www.frostburgcity.com to find a map and a street listing that indicates when garbage will be collected at an address. Garbage must be placed at the curb before 7 a.m. of the day of collection, but not before 8 p.m. of the day before. Any garbage placed out for collection after the city truck has passed will not be collected until the following week and must be removed from the curb.

Bags Mandated: All garbage must be placed in commercially produced bags, intended for household garbage, and be securely closed. The bags may be placed in cans. Loose materials placed in cans will not be collected.

Amount of Garbage: Each house may set out up to eight bags of garbage for weekly collection. Bags may not exceed 40 pounds in total weight. For cans, this will include the weight of the can. Cans may not exceed a volume capacity of 50 gallons. Cans that require two workers to lift are not permitted.

Cardboard: Residents are asked to recycle cardboard. The city will permit cardboard that can’t be recycled to be placed in residential cans with the other bagged garbage. Larger amounts of this type of cardboard may be placed at the curb, but the cardboard must be broken down into the smallest size possible and securely bundled with rope or tape. These larger bundles will count toward the maximum eight bag weekly limit. Loose cardboard, like pizza boxes, will not be picked up.

Storage: No person should place any garbage in any street, alley or other public place within the city unless it is in proper containers for collection. Garbage must be kept on private property in keeping with the provisions of the Property Maintenance Code and the Rental Housing Code. Any unauthorized accumulation of garbage on any premises is prohibited. Failure to remove any existing accumulation will be considered a municipal infraction and will be subject to the penalties provided within the City Code.

Enforcement: The new Garbage Collection Ordinance will be enforced through the code enforcement inspectors and Police Department and Street Department. Violations of any portion of this ordinance will be deemed a municipal infraction and a fine of $100 may be imposed for the first offense and $250 for the second and subsequent offenses.

Check Out FSU Social Media Resources!
Have you recently created a Facebook page to promote your program or division? Are you a faculty member interested in harnessing social media in the classroom? If so, FSU’s Social Media Group would like to point you toward a few resources.

Feel free to check out the eFrostburg Community web page (www.frostburg.edu/socialmedia), where you can find a downloadable marketing guide (http://bit.ly/nTuPqU) with tips and strategies on how to grow your social media presence, and a social media directory (www.frostburg.edu/socialmedia/efrostburg), where you can register your social media site with FSU and have it listed on the website. If you already have a social media site, check to make sure it’s listed, and if not, register it so it can be added.

Additionally, an eFrostburg Community Facebook page (www.facebook.com/efrostburgcommo) has been created to show how social media is changing the higher ed landscape. This is where articles are posted that may be of interest to those using social media as a communication and educational tool. It’s basically a news digest of social media developments and updates that may be useful to the FSU community.

For info, email efrostburgcommo@frostburg.edu.

FSU Launches Frostburg2Go
As part of its ongoing efforts to connect with and provide resources to students, faculty, staff, friends, visitors and alumni, FSU is launching Frostburg2Go, a free mobile suite of apps you can download onto your mobile device.

“Frostburg2Go puts a variety of helpful campus information and resources – news, events, contacts, courses, a campus map, Bobcat Express – all within reach, from wherever you are,” said Amber Nolan, FSU’s instructional technology specialist and training coordinator who leads FSU’s Mobile Initiative team.

Working with Blackboard Mobile, the company that originally developed a university iPhone application for Stanford University, Frostburg2Go was implemented by FSU’s Mobile Initiative team, which is composed of members from Academic Computing & Instructional Technologies, FSU’s Communications and Media Relations division and the Lewis J. Ort Library. Frostburg2Go will be available for download through iTunes, Android Market and the BlackBerry App World store this fall.

For info, visit frostburg.edu/computing/mobile.

Staff Awards for Excellence Nominations
One of FSU’s goals is to reward outstanding service to the institution. Again this year the FSU Foundation will fund three $500 Staff Awards for Excellence to employees who have demonstrated a high level of professionalism and job performance as well as excellence in service. All members of the University exempt/nonexempt staff are eligible to be nominated, whether contractual, full-time or part-time.

Any FSU employee may nominate himself or herself or another staff member. Past Staff Awards for Excellence nominations as well as nominators for the Board of Regents’ University System of Maryland Staff Awards are encouraged to revise and re-submit previous nominations.

The FSU Staff Awards for Excellence are sponsored by the alumni and friends of FSU through the Annual Fund Campaign.
Complete nomination packets will be due no later than noon on Tuesday, Sept. 6. The Staff Awards for Excellence will be presented at Fall Convocation.

For info, contact Kelly Durst at xt487 or kdurst@frostburg.edu.

**BURG Peer Education Network Events**

**BURG Sampler**

Come see what the BURG Peer Education Network is all about at the BURG Sampler on Wednesday, Sept. 7, from 10 a.m. to 3 p.m. in Lane Manicur Hall.

**BURG Bash!**

The 16th Annual BURG Bash will be held Sept. 9 from 9 p.m. to 2 a.m. in Lane Manicur Hall.

There will be free music, food, games, prizes and more! Make sure to pick up your free ticket at the box office any time from Aug. 31 to Sept. 9.

**Free Tutoring for K-8 Students!**

FSU’s A STAR! (Appalachian Service Through Action and Resources) in Western Maryland is accepting applications for its Read to Succeed program. Read to Succeed is for students in grades kindergarten through eighth in the Allegany, Mineral and Garrett county school districts.

The program aims to raise students’ academic achievement levels by 15 percent and instill a love of learning to enhance a child’s self-esteem. Read to Succeed promotes positive learning skills while targeting the individual needs of children. All students are welcome to attend, and parents are welcome to observe mentoring sessions.

The Read to Succeed program offers an array of mentoring activities using proven strategies to support one-on-one assistance for students in reading and mathematics. Middle school students will also receive higher education preparation information concerning study habits and time management skills. Mentors are trained volunteers from FSU’s student body.

Read to Succeed operates from two main sites in Allegany County – the South Cumberland Library and FSU.

The program offers mentoring services Monday through Thursday nights at various times. Applications are accepted throughout the school year on a first-come, first-served basis.

To enroll a student or students, contact Read to Succeed program coordinator Jamie Irvine at xt4191 or jirvineo@frostburg.edu.

**Graphic Tools for Faculty and Staff**

To provide a more consistent FSU visual identity, a toolbox of graphic resources for faculty and staff has been created on the U drive in the FSU Logo folder. Feel free to copy these documents to your hard drive but take care to keep the original files intact.

In the folder you will find the FSU logo, web logos (not to be used for printed material), a basic black and white campus map suitable for printing or emailing, a branded PowerPoint template, photo and video release forms that should be signed by students being photographed or videotaped for University use, and various other templates.

The FSU logo is in formats suitable for printing (.bmp, .eps, .pdf and .jpg) and is available in red and black or all black. The logo should not be cropped or altered. The compass symbol may not be used without the word mark “Frostburg State University” beside it.

Do not use the logo at a size smaller than 100 percent since elements get lost when the logo is reduced.

EPS format is the best format for print. You may not be able to open this format, but EPS files can be “placed” or “inserted” into your documents. This is also the best option for producing the logo.

Templates include a fax cover sheet, mailing labels, nametags (to print names on sheets of nametags that have the logo already printed on them, which are available from University Advancement), place cards for table settings at luncheons or dinners and table name tents for meetings in versions with the logo (also available from University Advancement) and without the logo.

Note: FSU administrative offices and academic units are not permitted to create or use other logos, and publications being created to recruit students or for external constituencies are to be reviewed by the Communications and Media Relations staff before printing.

For info, contact Colleen Stump at cstump@frostburg.edu or Ann Townsend atatownell@frostburg.edu.

**Get Smart About Insurance!**

As students head off to college, the Maryland Insurance Administration urges young adults and their parents to get smart about insurance.

Parents should check their homeowners policy to see if it will cover a student’s possessions. If the student will live in an off-campus apartment, consider purchasing renter’s insurance.

Parents should also do some homework regarding auto insurance. If a child attends school away from home but will still use the family car, be sure to have him or her listed as a driver. Many companies offer a discount if a student attends school over a certain distance and will not have regular access. If the student will keep a car on campus, notify the insurance company.

A child may be covered under the parent’s health insurance policy until the age of 26. Check whether local physicians and hospitals accept the family policy. Be certain the student has a copy of the insurance cards.

Students who don’t have health insurance through a parent’s health insurance policy should buy a student health plan. Student health plans are written by an insurer that has contracted with a college.

For info, contact the Maryland Insurance Administration at 410-468-2000 or 1-800-492-6116, or go to www.mdinsurance.state.md.us.

**Area Doctors Display in Gilchrist Gallery**

A painting by Dr. Vicente Valls

The C. William Gilchrist Museum of the Arts has assembled a collection of work by area doctors, which are on exhibit in the Gilchrist Gallery through Sept. 4. The eclectic mix includes paintings, photography, sculpture and woodturning. The art is as varied as the doctors’ specialties, which range from dentistry to neurology.

Dr. Frank Mitchell, a cosmetic dentist, will exhibit oil paintings inspired by 19th-century Japanese woodblocks. Dr. Rodney Williams, a pediatrician, will showcase portraits in oil, acrylic and charcoal. Woodturned pieces by the late Dr. Giovanni Mastrangelo, a pathologist, are exhibited, as well as paintings by Dr. Kheder Ashker, digitalized photography and wood sculpture by Dr. Augusto Figueroa, sculpture by Dr.
Raul Felipa, photography by Dr. Shiv Khanna and paintings by Dr. Vicente Valls. For info, visit the museum’s Facebook page at www.facebook.com/glickchristalley.

**Annual Kidney Ride**
The Western Maryland Kidney Ride, a cycling event on the Great Allegheny Passage, will be held Saturday, Sept. 24, to benefit the National Kidney Foundation of Maryland. The ride will start at 9 a.m. at Canal Place (Harrison Street in Cumberland) and will stretch from Cumberland to Frostburg and back. Ride the historic steam train “Mountain Thunder” to Frostburg and cycle back to Canal Place, or pedal there and back under your own steam. This family event will also include shoulder massage, kids’ activities, food and music.

Riders and teams can register now at www.kidneywm.org. Join in this fun event and help make lives better for kidney dialysis and transplant patients throughout the area.

For info, contact Carolyn Smith-Kennedy at 410-533-3075 or carolynkennedy8@iol.com.

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**FSU-TV3 Schedule for Aug. 30-Sept. 4**

For more: www.frostburg.edu/fsu-tv3

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**More**

- **12:30 p.m.** Songpeak Conversations on the Art and Craft of Songwriting
- **7 p.m.** Songpeak Conversations on the Art and Craft of Songwriting
- **8 p.m.** Songpeak Conversations on the Art and Craft of Songwriting
- **9 p.m.** Songpeak Conversations on the Art and Craft of Songwriting
- **10 p.m.** Songpeak Conversations on the Art and Craft of Songwriting
- **11 p.m.** Songpeak Conversations on the Art and Craft of Songwriting

**StateLines**/5

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**New Shows for FSU-TV3**

“Link TV View Change” uses the power of video to tell stories about real people and progress in global development. Tune in Saturdays and Sundays at 9:30 p.m. and Mondays, Wednesdays and Fridays at 5:30 p.m.

“Granite State Outdoors” airs at 2 p.m. Mondays, Wednesdays and Fridays. Watch and discover New Hampshire’s wilderness.

“Healthy Living” is a health interview show on various topics, including heart disease, cancer, diabetes and high blood pressure. Tune in at 4 p.m. Mondays, Wednesdays, Fridays and Saturdays.

“Life and Style With Sara” returns, starting Tuesday at 1:30 p.m. and again at 10 p.m. This is a must-watch for anyone managing a home or interested in gardening and healthy living. See the show regularly on Tuesdays and Thursdays at 7:30 and 10 p.m. Follow Sara on www.facebook.com/pages/Life-Style-with-Sara/

Do you like arts and crafts? Tune in to “Lori Kreis Art Studio,” starting Tuesday at 1 p.m. and again at 5 p.m. Catch it on Thursdays at 1 and 5 p.m. Find project information at www.LoriKreisStudios.com.

“Arts Alive! San Francisco” describes dance around San Francisco Bay.

Episodes include a documentation video of choreographic workshops, aerial dance, company highlights, excerpts and the Dance Discourse Project. Tune in Saturdays and Sundays at 10:30 p.m.; Mondays, Wednesdays and Fridays at 9:30 p.m.; and Tuesdays and Thursdays at 5:30 and 9:30 p.m.

“Sustainable Today” introduces viewers to the sustainable movement, and engages industry professionals in an informative, open dialogue. Tune in Tuesdays and Thursdays at noon.

For info about the shows, log on to http://fsu.tv3.frostburg.edu/Cablecast/Public/Schedule.aspx?ChannelID=1.

Follow FSU-TV3 on Facebook at www.facebook.com/FSU-TV3 and on Twitter at http://twitter.com/#!/fsu-tv3.

**Looking for Work?**

FSU-TV3 has federal work-study and directed study positions for the fall semester. Log on to www.frostburg.edu/fsu-tv3/work-opportunities/ for more details and the application.
Welcome Back to FSU!

Be Aware of Your Surroundings.
Be Careful Walking AND Driving.

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Activities for Life

For info and registration, contact AFL coordinator Amy Nazelrod at x7934 or anazelrod@frostburg.edu.

Infant-Toddler, Preschool and Youth Swimming Lessons

Infant-toddler, preschool and youth swimming lessons will be offered on Mondays and Wednesdays, Sept. 12 to Sept. 28, in the Cordts PE Center pool. The infant-toddler and preschool lessons will be from 5:30 to 6 p.m. and the youth lessons will be from 6 to 6:50 p.m.

The infant-toddler and preschool swimming class is for children ages 3 to 36 months. Infant-toddler and preschool classes require parents to be in the water with their children.

The youth swim lessons are for children ages 4 to 13 years and are separated into skill levels.

Tumbling Classes

Various tumbling classes for children ranging in age from 3 and up will be offered on Mondays, beginning Sept. 12. All classes will be held in Cordts PE Center room 170.

The preschool class is for children ages 3 and 4 and is limited to 12 students with little or no formal tumbling training. It will be conducted through Nov. 14 from 5 to 5:30 p.m. This class requires a parent to participate with each child.

The beginner class is for children ages 5 to 12 and is limited to 15 participants with a minimum of 7. It will be held through Oct. 10 from 5:30 to 6:30 p.m.

The intermediate class is for all ages and is limited to 15 students with a minimum of 7. It runs through Oct. 10 and meets from 6:30 to 7:30 p.m.

An advanced class is also for all ages and is limited to 15 students with a minimum of 7. It will be held through Oct. 10 from 7:30 to 8:30 p.m.

The intermediate and advanced classes will be combined if there are not enough participants to hold each class individually. Registration deadline is Friday, Sept. 9.

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FSU Events Calendar

TUESDAY, AUG. 30
Class of 2015 Call to Action ......................................... 4-5 p.m. .......... Cords PE Center
IFC Welcome Back Night ........................................ 7-10:30 p.m. .......... Lane Manicur Hall
First Night FSU ......................................................... 7-11 p.m. .......... Lane University Center

WEDNESDAY, AUG. 31
Classes Begin
Late Registration/Drop/Add (Aug. 31-Sept. 7)
Student Organization Fair ........................................ 10 a.m.-2 p.m. .......... Lane Manicur Hall
UPC Poster Sale ......................................................... 10 a.m.-7 p.m. .......... Lane 113
Greek Open House .................................................. 7-9 p.m. .......... Lane Atkinson Room (232)
CES: Squonk Opera Outdoor Concert After Sunset (9 p.m.) .......... Upper Quad pool

THURSDAY, SEPT. 1
UPC Poster Sale ......................................................... 10 a.m.-7 p.m. .......... Lane 113
Blackout Day ............................................................. noon-1 p.m. .......... Campusswide
UPC Movie Makers ................................................ 3-9 p.m. .......... Lane Loft Stage
Women’s Field Hockey: Sweet Briar 5 p.m. .......... Home
Annual Crusing Main Street, Frostburg 6-9 p.m. .......... Main Street, Frostburg
Women’s Soccer: Concord ........................................ 7 p.m. .......... Home
CES: Squonk Opera Outdoor Concert After Sunset (9 p.m.) .......... Upper Quad pool

FRIDAY, SEPT. 2
CES: Squonk Opera Public Discussion 10 a.m. .......... Lane Atkinson Room (232)
UPC Poster Sale ......................................................... 10 a.m.-7 p.m. .......... Lane 113
Women’s Soccer: Eastern Mennonites Harrisburg, Va. 7 p.m. .......... Away
UPC Glow Party! ....................................................... 7-11 p.m. .......... Lane Manicur Hall
Men’s Soccer: John Jay 7:30 p.m. .......... Home

SATURDAY, SEPT. 3
Men’s Cross Country: Shippensburg, Shippensburg, Pa. 10:30 a.m. .......... Away
Women’s Cross Country: Shippensburg 11 a.m. .......... Home
Football: Geneva, Beaver Falls, Pa. 7 p.m. .......... Away

SUNDAY, SEPT. 4
Chapel Worship Services ...................................... 11 a.m.-12:45 p.m. .......... Cook Chapel
Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services, and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

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International

Where Would You Like to Study Abroad?

The Center for International Education offers various ways for FSU students to see the world. In some cases, students can pay FSU tuition, room and board for a semester or a year in Ireland, England, Spain, France, China, Italy, Australia, Peru, Botswana or many other countries. FSU also offers summer study abroad programs. Financial aid, student loans and scholarships are available.

For info, visit the Fuller House (across the street from Braddock House), call x4714 or email Victoria Gearhart at vgeahart@frostburg.edu. Also, check out the IE website at www.frostburg.edu/admin/cie/ stdyabrd.htm. Don’t miss this opportunity to enhance your resume!

Changsha, China—Spring 2012

Through the China Exchange Program, FSU students can spend a semester at Hunan Normal University (www.hunnu.edu.cn/english/) in Changsha, Hunan Province, P.R. China. Students pay FSU tuition and fees (based on residency status) through their student e-bill account and pay room and board costs to Hunan Normal University. The cost of living is generally less than it is at FSU and courses are taught in English.

Limerick, Ireland—Spring 2011

Students can study abroad for a semester in Ireland at Mary Immaculate College and pay FSU tuition. Financial aid can be used to help cover the costs of room and board. Credits will transfer back to FSU. Check out the website for Mary Immaculate College at www.mic.ul.ie/.