

A publication of the FSU Division of Communications and Media Relations

Volume 46, Number 1, Aug. 31, 2015 Copy deadline: noon Wednesday, <u>statelines@frostburg.edu</u>

Welcome Back to Frostburg State University!

Frostburg Annual Block Party

Sponsored by the city of Frostburg Parks and Recreation Department and FSU Student Activities, the annual Block Party will be held **Wednesday**, **Sept. 9**, from 6 to 10 p.m. on Main Street. The event is held to welcome back and introduce students to the local community. Vendors, businesses and organizations are invited to set up on Main Street and show the students what they have to offer. Residents are invited to greet the students and enjoy an evening of music, food and games. Be sure to enter the Seventh Annual Hot Pepper-Eating Contest, which starts on the Main Street stage at 8 p.m.! For info or to register your business or organization, email <u>bvought@frostburgcity.org</u>.

CES at Frostburg State University Announces 2015-16 Season

The 2015-16 season of CES at FSU features international professional artists in genres including jazz, folk music, ballet, international dance and musical theatre. This season also sees the return of CES Concerts.

Steel Wheels Weekend With The Crooked Road: Virginia's Heritage Music Trail



Bluegrass musician Sandy Shortridge

A celebratory weekend coinciding with the Western Maryland Scenic Railroad's annual Steel Wheels Weekend showcases musicians from The Crooked Road: Virginia's Heritage Music Trail. Appearing are bluegrass musician Sandy Shortridge; the ballads, old-time singing and flat-foot dancing of the Whitetop Mountain Band; and bluegrass music from Adam McPeak & Mountain Thunder. Free daily performances will

take place at 12:30 p.m. at the Frostburg Depot Friday, Sept. 11, through Sunday, Sept. 13, while a ticketed performance will occur on Sept. 11 at 7:30 p.m. in the Lyric Theatre on Main Street in Frostburg.

Daughtry



The CES Concert Series will present Grammy-nominated rock band Daughtry on **Saturday, Oct. 10**, at 8 p.m. in FSU's Cordts PE Center Main Arena.

Daughtry has scored four No. 1 hits, garnered four Grammy nominations, won four American Music Awards, sold more than 8 million albums and 18 million singles worldwide and sold out concerts around the world. Daughtry's self-titled debut was the fastest selling rock debut in Soundscan history, and its follow-up, "Leave This Town," marked the band's second consecutive No. 1 album.

Also, Daughtry's third album, "Break the Spell," was certified gold within four weeks of its release. Daughtry's singles "Waiting for Superman" and "Battleships" from their most recent album "Baptized" broke into the top 15.

Daughtry was formed in 2006 after singer-songwriter Chris Daughtry's success as a finalist on the fifth season of "American Idol." The band's powerful mix of modern rock, hard rock, alternative and post-grunge has earned them millions of loyal fans around the world.

Opening for Daughtry is Washington D.C.-based rock quartet, Honor By August, whose infectious blend of atmospherics and anthemic choruses has drawn favorable comparisons to U2, Kings of Leon, Snow Patrol and Bruce Springsteen. The Washington Post has called the band "one of the most promising new talents on the East Coast."

Tickets, available beginning **today**, are \$65 for Gold Reserved seats, \$50 for Floor Reserved seating and \$35 for General Bleacher seating.

Additional CES productions are as follows:

- Jayme Stone's Lomax Project, Saturday, Sept. 19, 7:30 p.m., Palace Theatre on Main Street in Frostburg
- The Maryland Symphony Orchestra with guest artist Francisco Fullana, **Friday, Oct. 9**, 7:30 p.m., Performing Arts Center Pealer Recital Hall
- The Bollywood Masala Orchestra and Dancers of India performing "Spirit of India," Wednesday, Oct. 28, 7:30 p.m., PAC Pealer Recital Hall
- "Junie B. Jones The Musical," Wednesday, Nov. 4, 4:30 p.m., PAC Pealer Recital Hall
- Indian Ink Theatre Company "The Elephant Wrestler," **Friday, Nov. 6**, 7:30 p.m., Lane Center Alice R. Manicur Assembly Hall
- LIVE! at StarScape performance by De Temps Antan, Saturday, Nov. 21, 7:30 p.m., Lane Manicur Hall
- The Barter Players in "Frosty," Saturday, Dec. 12, 1, 4 and 7 p.m., Frostburg's Palace Theatre
- "Flashdance The Musical," Thursday, March 10, 7:30 p.m., PAC Drama Theatre
- The Moscow Festival Ballet in "The Sleeping Beauty," Wednesday, March 23, and Thursday, March 24, 7:30 p.m., PAC Drama Theatre
- LIVE! at StarScape performance by The Hot Sardines, Saturday, April 23, 7:30 p.m., Lane Manicur Hall

Tickets may be ordered by calling 1-866-849-9237 or 301-687-3137 or by visiting http://ces.frostburg.edu.

Music

Unless otherwise noted, recitals and concerts will take place in PAC Pealer Recital Hall and are free and open to the public. For info, contact the Department of Music at 301-687-4109 or visit <u>www.frostburg.edu/dept/music</u>.

Guest Artist Series to Host Violinist Shu-Ting Yao and Pianist Yu-Hsuan Liao

As part of its Guest Artist Series, FSU's Department of Music will present violinist Dr. Shu-Ting Yao and pianist Dr. Yu-Hsuan Liao in concert on **Friday, Sept. 4**, at 7:30 p.m.

The program will include Bach's "Prelude and Fugue From Sonata No. 1 in G Minor," Niccoló Paganini's "Caprice No. 23," Leoš Janáček's "Violin Sonata," Jenő Hubay's "Carmen Fantasie Brillante" and Antonín Dvořák's "Violin Concerto."



Yao is a solo and chamber violinist who has performed in Carnegie Hall as well as many major concert venues in Europe and Asia. Recent, notable performances include the inauguration of Caroline Kennedy in the Japanese Embassy and the U.S. Secretary John Kerry's lecture in Washington, D.C. Currently assistant principal second violin at the National String Symphonia, Yao has also performed with the Charleston Symphony, Manhattan Symphonie, Apollo Chamber Orchestra, Baltimore Philharmonic, Bel Cantanti Opera Orchestra, Toscanini New Orchestra, Pro Arte Chamber Orchestra of D.C. and the Celebrated String Quartet.



Yu-Hsuan is a piano soloist, collaborative artist and music educator. She has expanded her repertoire in instrumental, chamber, vocal and choral music in various styles and periods. Yu-Hsuan worked with the American Repertory Ensemble and performed piano solo, chamber and accompanying vocal music in the company's performance series. Her solo performance with ARE ("Passion at Play") was nominated for best instrumentalist in the Austin Critics Table Award for 2008-2009. She has published a book, "Manuel De Falla's Cuatro Piezas Españolas: Combinations and Transformations of the Spanish Folk Modes," and is on the faculty at Shepherd University.

Faculty Artist Series to Present Pianist Dr. Jay DeWire

FSU's Department of Music will present pianist **Dr. Jay DeWire** as part of its Faculty Artist Series on **Sunday, Sept. 6**, at 3 p.m. in PAC Pealer Recital Hall. The performance is free and open to the public.

DeWire will perform Beethoven's "Sonata in C Major, Op. 53 ('Waldstein')" and R. Schumann's "Humoreske, Op. 20."

DeWire, a frequent solo performer and member of the West Shore Trio, has appeared up and down the Eastern seaboard and is becoming known for both his dynamic interpretations of 20th-century works and his "old world flair." Recent highlights include concertos by Brahms and Rachmaninoff with Charles Ellis and the Prince George's Philharmonic; the Kirchner Project, a tribute to Leon Kirchner and his music; the National Orchestral Institute; the Maryland Percussion Ensemble under the direction of John Tafoya; and the Aspen Music Festival. DeWire has recorded three live performance solo CDs, including an all 20thcentury concert that includes works by Ravel, Debussy, Bartok, Rzewski and Messiaen. He has also recorded an all-Brahms concert featuring the recently discovered Gavottes, which he arranged and completed for concert performance. He was a finalist in the American Musicological Society (Mid-Atlantic Chapter) Writing Competition and has received numerous prizes, including the Brander Wyatt Morrison Prize and a Dean of Faculty Fellowship (University of Virginia).

Theatre

CAST to Perform 'The Taming of the Shrew'



The English Department will once again bring the Cambridge American Stage Tour to FSU for a performance of Shakespeare's "The Taming of the Shrew" on **Monday, Sept. 14**, at 7:30 p.m. in PAC Pealer Recital Hall. Tickets are \$6 for students and \$12 for general admission. Tickets will be available at the door.

In this play, the stubborn, rebellious Katherina must consent to marriage before her sickly sweet, and much desired, younger sister Bianca is allowed to be a wife to one of her many suitors. While

Petruccio attempts to "tame" the shrewish elder sister, the suitors battle to win the younger by disguising themselves, all under the watchful eye of Baptista, their father.

A play within a play, and high on music, dance and laughs, Shakespeare's greatest comedy is full to the brim of plot twists and turns. Shakespeare's scintillating dialogue, foolery and daring schemes are jam-packed into a two-hour performance of romance and revenge.

CAST, established in 2000, is one of the major international theatre tours of the University of Cambridge. Each September, Cambridge's most talented actors, directors, designers and technicians travel across the Atlantic to bring a Shakespeare play to colleges, high schools and professional theatres.

For info, visit www.castcambridge.com.



Steven Sherrill to Appear at FSU Center for Creative Writing



The FSU Center for Creative Writing will present a reading by Steven Sherrill on **Thursday**, **Sept. 17**, at 7:30 p.m. at the Lyric Theater at 20 E. Main St. in Frostburg.

Sherrill is a writer and an associate professor of English and integrative arts at Penn State University, Altoona, where he teaches, paints and captains the Allegheny Bilge Rats Shanty Choir.

Sherrill's first novel, "The Minotaur Takes a Cigarette Break," was translated into eight languages and was recently released as an audio book. His second novel, "Visits From the Drowned Girl," was nominated by Random House for the Pulitzer Prize. Sherrill has published two other novels, "The Locktender's House" and "JOY, PA," as well as a collection of poetry, "Ersatz Anatomy." He has also written articles on contemporary artists for Modern Painters and TATE Magazine.

For more info on Sherrill, visit <u>www.stevensherrill.com</u>. For info on events at the Center for Creative Writing, contact director Gerry LaFemina at <u>glafemina@frostburg.edu</u>.

Presentations

Fall Academic Enrichment Series

Victoria Gearhart, the associate director of the Center for International Education, will talk about study abroad opportunities on **Wednesday**, **Sept. 2**, from noon to 1 p.m. (bring your lunch) and **Thursday**, **Sept. 3**, from 3 to 4 p.m. Both sessions will be held in Lane 110.

Study Abroad is a great opportunity to learn about the world, experience other cultures, earn course credits, enhance your job prospects, make new friends and even learn about yourself. Come learn more about this great opportunity!

For info, contact the Center for Academic Advising and Retention at 301-687-3404.

Points of Pride

FSU Receives Nearly \$2.5 Million to Develop Nursing Programs

The path to a bachelor's degree in nursing may be smoother – and up to \$13,000 less expensive – thanks in part to nearly \$2.5 million in grants that FSU has received to develop new collaborative programs.

The Maryland Higher Education Commission awarded the grants to help FSU increase the number of nurses with bachelor's degrees in Maryland through FSU's online nursing programs in partnership with the state's community colleges. The Maryland Health Services Cost Review Commission provides funding to MHEC for these programs, which are part of the state's Nurse Support Program II to help educate nurses at Maryland institutions.

FSU will also partner with Community College of Baltimore County sites in Catonsville and Essex to develop a seamless transition from an associate degree to a bachelor's degree in nursing through a \$1.5 million grant over the next five years through its Associate to Bachelor's program.

MHEC also awarded a grant to assist FSU in developing a graduate nursing program that features tracks for family psychiatric and mental health nurse practitioners and family nurse practitioners. FSU's current Master of Science in Nursing has tracks for nursing faculty and administration. This program will be subject to approval by the Maryland Board of Nursing, MHEC and the University System of Maryland. FSU is in the process of recruiting faculty to develop and implement this program.

FSU to Receive \$1.6 Million TRiO Grant Over 5 Years to Support Qualified Students

An FSU program that helps 275 eligible students has received a competitive federal grant of \$332,930 per year, totaling more than \$1.6 million over the next five years. FSU's TRiO Student Support Services (SSS) Program, the only four-year SSS program in Western Maryland, has been continually funded since 1973.

SSS helps first-generation students, which are those whose parents do not have a four-year degree, students who meet Department of Education income guidelines and students with a documented learning or physical disability. FSU students who participate in the TRiO-SSS program persist and graduate at higher rates than the national average.

"This program changes lives," said Tamara Lowry, director of SSS at FSU. "I see firsthand how the SSS program improves students' opportunities for success in higher education. Most of these students are the first in their family to earn a college degree, providing a strong sense of accomplishment for not only themselves but also for their family. The SSS program provides a support network for a population that may otherwise falter in pursuit of a college degree."

Nearly half of FSU's incoming students each year are eligible for the SSS program. Through mandatory intensive academic advisement, academic monitoring, financial aid/literacy counseling, professional tutoring and academic skills development, SSS helps these students successfully transition from high school to university.

"We have a high need for the program," Lowry said. "We always have a high percentage of students who are eligible. Unfortunately there is limited space."

"It's not a handout," said Harriet Douglas, director of Programs Advancing Student Success. "Students have to actively participate in this program, and that's what makes it successful."

"Initially, it's very intense," Lowry said. "Students must meet with SSS staff regularly. Establishing a relationship with staff members is instrumental in students' success."

As SSS students near completion, the program offers counseling sessions to facilitate their transition to careers or graduate schools. In spite of their challenges, SSS alumni have flourished in college and achieved successful careers. After graduation, many of Lowry's students remain in touch, emailing or calling her with updates on their lives and careers.

"It's like a big family. We work with every major from Athletic Training to Wildlife and Fisheries. We have students who've earned their Ph.D.'s. SSS alumni go on to work for the government, private industry ... even as physicians."

In addition to SSS, FSU hosts two other TRiO Programs. Upward Bound prepares high school students for college. The Regional Math and Science Center provides a similar program for high school students interested in careers in areas of math and science. FSU also participates in the TRiO Ronald E. McNair Postbaccalaureate Achievement Program, which helps eligible graduate students obtain advanced degrees.

The TRiO programs originated in 1964 as part of President Lyndon Johnson's "War on Poverty" to close educational opportunity gaps in the U.S. TRiO-SSS was established through the 1968 Higher Education Act. The federal grant to FSU's SSS Program will finance approximately 66 percent of the total program costs, and the remainder will be financed through state funding.

Gaumer Given FSU President's Distinguished Faculty Award



Dr. Carol Gaumer, a professor in the Department of Marketing and Finance at FSU, has been selected as the fourth recipient of the President's Distinguished Faculty Award. Gaumer, who earned her BS from FSU in 1989 and her MBA in 1991, was recognized during the University's spring commencement ceremony. 2015 marks Gaumer's 26th year at FSU. Since 2013, she has served as the co-chair for the University's Experiential Education Task Force with the purpose of defining experiential learning and creating a program that can demonstrate FSU's educational distinction and codify its institutional mission and brand. Several years ago she

created a marketing capstone course, MKTG 469 Marketing Plans Development, when she noticed a need in the marketplace for this skill, then revised it to focus on students serving as quasi-consultants with area businesses as "clients."

Gaumer serves as a member of the Graduate Enrollment Management Committee and COB Working Group and as the coordinator of Career Expo Day activities for the College, facilitates an Open House for the College, holds a "touching base" session with advisees one month into each new semester and Marketing Planning Labs for capstone course students who need extra help on course assignments and meets with area high school scholars at FSU's Annual Scholars Reception. Gaumer also serves as the author of the College of Business' AASCB Fifth Year Continuous Improvement Accreditation Review Report, which reflects how the quality programs offered by the College engage and impact students.

To prepare students for the challenges of a global society, Gaumer serves as co-coordinator of the College's Global Experiential Learning Program, helping to organize study abroad tips to Brazil in 2015, Ecuador in 2014 and Peru in 2013. She revised the Global Business Concentration to include international internships as an elective and has helped place four students in international internships.

To assist in FSU's contribution to economic development in Western Maryland, in the summer of 2014, Gaumer conducted and facilitated a series of focus groups for the Allegany Arts Council. In addition, she has conducted workshops and seminars for small business managers on the topics of marketing and branding through the College's Center for Leadership Development. She also works with various organizations to establish internship programs and hosted Kohl's and Target representatives to discuss job opportunities for students.

The President's Distinguished Faculty Award is supported by gifts to the FSU Foundation.

Dr. Greg Wood Speaks to Business Community About Honors Program

Dr. Greg Wood, director of the University Honors Program and an associate professor in the Department of History, recently spoke to the Rotary Club of Cumberland, Md., at the Cumberland Country Club. The luncheon/public speaking opportunity included a presentation by Wood about various aspects of the Honors Program at FSU, followed by a question-and-answer period. Approximately 60 Cumberland businesses were represented.

Take Note

FSU to Offer Health Science Bachelor's Degree

The Maryland Higher Education Commission recently approved FSU's proposal to offer a Bachelor of Science in Health Science degree, with the first students eligible to enroll in the fall of 2015.

The Health Science major is designed to prepare students to enter health-focused careers, including the areas of medicine, dentistry, veterinary medicine, nursing, physical therapy, occupational therapy, pharmacy, physician assistant or optometry. Since the career paths span a wide spectrum, the program is designed to prepare students for graduate-level studies in this broad spectrum of health-focused careers.

With the increased need for health care providers, particularly in rural communities, the University is developing health science programs to address the changing needs of health care in rural Appalachia and disparities and workforce shortages in rural Maryland.

For info on the new major, contact Dr. R. Scott Fritz, assistant dean, College of Liberal Arts and Sciences, at <u>rfritz@frostburg.edu</u> or 301-687-7020.

FSU to Offer Master of Education in School Counseling at USMH

FSU has been approved to offer its Master of Education with a concentration in School Counseling program through the University System of Maryland at Hagerstown (USMH), with the first students being accepted for the fall 2015 semester.

FSU has offered a graduate degree in school counseling at its Frostburg campus since the 1970s. The program, offered full- or part-time, is designed for those with a bachelor's degree who want to pursue a career as a school counselor working with students in grades kindergarten through 12. Classes are offered in the evening to accommodate students who would like to pursue the degree while working; however, an internship is required in the schools during the last semester of the program.

The program is designed in accordance with the Council for Accreditation of Counseling and Related Educational Programs Standards for School Counseling and is accredited by the Maryland State Department of Education. Graduates would be eligible to seek certification as a school counselor.

The degree also offers preparation for other careers, such as admissions counselors or behavioral specialists in social service and educational organizations.

For info, visit www.frostburg.edu/grad or call 301-687-7053.

Visual Arts Department to Offer Course in Basic Ceramics



FSU's Visual Arts Department will host a community course in basic ceramics on **Tuesday evenings, Sept. 8 through Oct. 27**, from 6 to 9 p.m. in the FSU Fine Arts Building, room 107. The class is open to the public and costs \$160 per person, plus the cost of clay.

The eight-week course will introduce students to ceramic processes like hand-building and using the pottery wheel. Local ceramic artist Bobby Croft will be the instructor for the class.

For info or a registration form, contact the Visual Arts Department at 301-687-4797 or jbrown@frostburg.edu.

Four New Displays at Ort Library

The Lewis J. Ort Library will present four new displays in September. The first display, on the third floor, highlights the resources that the library offers to students, faculty and staff, showcasing resources from reference, government documents, special collections, print magazines/journals and books that can be checked out.

The second display, also on the third floor, highlights some of the foreign language literature books in French, Spanish, German and Russian that the library has in its collection.

The third display, on the fourth floor, highlights four 20th-century American artists whose books are located in Special Collections – Georgia O'Keeffe, Maurice Sendak, Norman Rockwell and Andrew Wyeth. A short biography on each artist is also provided.

The fourth display, on the fifth floor, celebrates Constitution Day (**Sept. 17**). The theme for this year's display is "Life. Liberty. Freedom. Prosperity." The display highlights how the Constitution has played a part in the United States, embodying life, liberty, freedom and prosperity.

The displays will be up through the end of September.

BURG Peer Education Network – Upcoming Events

- Mocktails on the Lawn, Monday, Aug. 31, 10 a.m. to 2 p.m., outside the café
- General Body Meetings, Thursday, Sept. 3, and Thursday, Sept. 10, both from 6:15 to 7:45 p.m. in Lane 113

For info, contact Kasandra Owen, peer educator and PR chair, at kowen0@frostburg.edu.

Women's Basketball Team

Anyone who would like to try out for the Women's Basketball team is invited to check with Coach Saunders in the Cordts PE Center, office 287, for more info.

University Store Fall Semester Hours

Regular hours are Monday through Friday from 8 a.m. to 4:15 p.m. The University Store will be closed for Thanksgiving break from Wednesday, Nov. 25, through Friday, Nov. 27.

There will be a back-to-school sale from **Saturday**, **Aug. 29**, **through Friday**, **Sept. 4** – 50 percent off clearance apparel, 20 percent off apparel and hats and 15 percent off imprinted gifts and glassware.

Beginning Semester Extended Hours

- Saturday, Aug. 29, and Sunday, Aug. 30, noon to 4 p.m.
- Monday, Aug. 31, through Thursday, Sept. 3, 8 a.m. to 5 p.m.
- Friday, Sept. 4, 8 a.m. to 4:15 p.m. (return to regular hours)

Open Houses

• Saturdays, Oct. 10 and 31, Nov. 14 and 21, 9 a.m. to 2 p.m.

Homecoming

• Saturday, Oct. 17, 10 a.m. to 4 p.m.

University Store Shed at Bobcat Stadium

The shed will be open for home football games. Discounts offered are 15 percent off imprinted gifts and glassware and 20 percent off apparel.

- Saturday, Sept. 12, 11 a.m. to 2 p.m.
- Saturdays, Oct. 3 and 17, Nov. 7, noon to 3 p.m.

Commencement

• Saturday, Dec. 19, 10 a.m. to 2 p.m.

Graduation Will Be Here Before You Know It!

It's not too early to think about graduation, especially if you intend to graduate on **Saturday**, **Dec. 19**, at 2 p.m. in the Cordts PE Center. The Colleges of Business, Education and Liberal Arts and Sciences will present their graduates during a single ceremony. Tickets will be required for admission and the number allotted will be announced at a later date.

If you haven't yet done so, contact the Registrar's Office to complete your graduation application and check that your home mailing address is accurate in PAWS so you'll receive all the necessary upcoming info.

Follow <u>@FrostburgGrad</u> on Twitter or visit <u>facebook.com/commencementatfrostburg</u> for updates and important info throughout the semester.

Activities for Life

Unless otherwise noted, for info and registration, contact AFL coordinator Amy Nazelrod at anazelrod@frostburg.edu or 301-687-7934.

Masters Swimming Sessions

Three masters swimming sessions will be offered for ages 18 and older: Session 1 from Aug. 31 through Oct. 2, Session 2 from Oct. 5 through Nov. 6 and Session 3 from Nov. 9 through Dec. 11, all in the Cordts PE Center pool.

A fee per session entitles the student to as many as three workouts a week. The practice/workout schedule is Mondays, Wednesdays and Fridays from 5:30 to 6:45 a.m. No practice will be offered on Tuesdays, Thursdays, Saturdays and Sundays.

It is strongly encouraged that all FSU masters swimmers register as members of U.S. Masters Swimming at <u>www.usms.org/reg</u> so they will be eligible to compete in masters competitions throughout the year.

Justin Anderson, James Martin and Rebecca Yost will be the instructors.

The registration deadline is the Monday of the second week of each session. Participants may try out the program for a week to decide if they want to participate.

Participants should come in swimming attire and bring a swim cap and goggles if needed. Most equipment will be provided but participants can bring their own.

For info and registration, contact Anderson at 301-687-3135 or jaanderson@frostburg.edu.

Water Aerobics

Two sessions of water aerobics will be offered **Tuesdays and Thursdays** from 6:40 to 7:30 p.m. in the Cordts PE Center swimming pool. Session one will be held **from Sept. 1 through Oct. 15**, with session two following **from Oct. 20 through Dec. 10** (no class on Nov. 24 and 26). Participants may register for the Tuesday or Thursday class, or both nights.

This class is geared toward those who want to increase cardiovascular fitness, flexibility and body strength. It is the perfect activity for those with painful joints or other movement limitations. Water aerobics creates good muscle balance, making the muscles limber and strong. The instructor for this class is Kristi DeVore.

Creative Movement Classes

A Creative Movement class for children ages 3 to 5 years, as well as a Creative Movement II class for children ages 6 to 8, will be offered **Wednesdays**, **Sept. 9 through Oct. 14**. Classes will be held in room 106 of the Cordts PE Center.

The Creative Movement class for ages 3 to 5 will be from 5:15 to 6 p.m. and will introduce children to dance and movement. The class for ages 6 to 8 will follow from 6:15 to 7 p.m. and will emphasize the use of rhythm, space and awareness of movement. All students will learn fundamental skills and musicality and experience the use of props to enhance their movement learning. Dance attire, such as leotards, tights and ballet slippers or socks, is preferred. However, leggings, tight-fitting sweatpants and T-shirts are acceptable. A minimum of four students is needed and space is limited to 12 students for each class. Nicole Frost will be the instructor.

The registration and payment deadline is Monday, Sept. 7.

"Move It and Lose It" Dance Classes

"Move It and Lose It" classes for ages 16 and older will be offered **Wednesdays**, **Sept. 9 through Oct. 14**, in room 106 of the Cordts PE Center.

"Move It and Lose It" allows participants to exercise, lose weight and still have fun by dancing to popular music. Basic dance movements will be taught and the students will follow along with the teacher to popular upbeat music for a fun way to get in shape. Participants are urged to wear comfortable clothing that allows for easy movement. Bare feet, socks and non-street shoes are all acceptable. Nicole Frost will be the instructor.

The registration and payment deadline is Monday, Sept. 7.

Beginner's and Basic Tumbling Classes

A beginner's tumbling class for children ages 3 and 4 and a basic tumbling class for children ages 5 to 8 years will be offered on **Mondays, Sept. 14 through Oct. 12**, in room 106 of the Cordts PE Center. The beginner's class will be held from 5 to 5:50 p.m. and the basic class will be from 6 to 6:50 p.m.

The beginner's class will focus on skills like stretching, forward and backward rolls, cartwheels and handstands. A parent is required to participate with each child.

The basic class will introduce handstands, backbend kick-overs, front walkovers and round-offs and will even start to work on back handsprings. New skills will be incorporated with games and activities.

Participants must wear appropriate tumbling attire (no jeans). Long hair must be pulled back. Chewing gum is not allowed.

The instructors are Holly Biggs and Asia Gaffney.

The payment deadline is Friday, Sept. 11. A minimum of five participants is needed for each class.

Youth Swimming Lessons

Youth swimming lessons for children ages 4 to 13 will be offered **Mondays and Wednesdays**, **Sept. 21 through Oct. 7**, from 6:40 to 7:30 p.m. in the Cordts PE Center swimming pool.

Youth swimming instruction is separated into skill levels based on the child's swimming ability when enrolling in the class.

FSU-TV3



Did you know FSU has its own cable channel? FSU-TV3 is available on Comcast's Channel 3 in Frostburg, Mount Savage and Lonaconing! The channel offers a variety of programming. Tune in to see what's on!

Find out program information at <u>www.frostburg.edu/fsu-tv3</u>.

Follow FSU-TV3 at <u>www.facebook.com/FSUTV3</u>, <u>https://twitter.com/fsutv3</u> and <u>https://instagram.com/fsutv3</u>.

Message Board

FSU-TV3 cablecasts an automated educational and community message channel when not showing programming. The channel

provides info about FSU events, nonprofit organizations and community events.

To advertise an activity, log on to <u>www.frostburg.edu/fsu-tv3/message-request-form</u>, enter the information and click Submit. A graphic or pre-made message can also be loaded. Submit requests at least two weeks in advance.

Want Your Event Filmed?

FSU-TV3 is gathering information for filming events for the spring semester. Events can be covered with a single camera production this semester for a visiting lecturer, acoustic artists, a poetry reading or smaller performances.

For those who would like to have an event filmed, or who advise a student organization that would like to have an event filmed, FSU-TV3 needs at least four weeks' notice to try and schedule a student crew for an event.

To have an event filmed, go to <u>www.frostburg.edu/fsu-tv3/taping-request</u> and fill out the form with all pertinent information about the event.

FSU-TV3 does not film for archival purposes. Events that are filmed are to be used for future programming on FSU-TV3.

For info, call 301-687-3011 or email <u>fsu-tv3@frostburg.edu</u>.

Student Life

Edgewood Commons Has Availability for 2015-2016

Edgewood Commons has a couple of spaces left for the fall 2015 semester. All the information about Edgewood Commons is available at <u>www.edgewoodFSU.com</u>.

Apartments come fully furnished and have private bedrooms and semi-private bathrooms.

Utilities (gas, electricity, water, Internet and cable) are included in the contract fee.

For info or to set up a tour of Edgewood Commons, call 301-689-1370.

FSU Events Calendar

For info on FSU events, go to http://events.frostburg.edu/calendar.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Be Aware of Your Surroundings!



- Familiarize yourself with the layout of the campus.
- Share your class schedule with your parents and friends and give them your telephone numbers.
- At night, stick to well-lit areas and avoid alleyways or "short cuts" through isolated areas.
- Know where the emergency call boxes are located on campus and learn how to use them.

FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

INSTITUTIONAL PRIORITIES

1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom. 2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.

3. Increase student quality and improve student persistence to graduation.