



StateLines

For and about FSU people

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Frostburg State University Celebrates 2015 Homecoming Weekend



FSU is preparing to welcome alumni for Homecoming **from Thursday, Oct. 15, to Sunday, Oct. 18**, a weekend filled with fun events that past, present and even future students can attend to show off some of their Bobcat pride.

The weekend will kick off Thursday at noon as retired FSU employees are welcomed back for a luncheon, followed at 7 p.m. with the annual pep rally, where the 2015 Homecoming King and Queen will be crowned in the Main Arena of the Cordts PE Center.

Friday's events start off early at 9 a.m. with the Career Expo, where FSU alumni will give presentations across campus allowing students to explore career possibilities. That afternoon, from 1 to 4 p.m. at the Stephanie Ann Roper Gallery in the Fine Arts building, art lovers can view an exhibition, "Synergy," and meet the artists, all FSU alumni. The exhibition will also be on view Saturday and Sunday during those same hours.

At 5 p.m., the Bobcat Hall of Fame Induction Ceremony and Dinner will begin in the Main Arena of the Cordts PE Center. The Hall of Fame will welcome six new inductees, commemorate the 25th anniversary of the 1990 football team and celebrate four athletes being selected for the Capital Athletics Conference 25th Anniversary team.

Friday night offers Bobcats a choice between two exciting events: a performance of "The Mousetrap," a murder mystery play at 7:30 p.m., or a late night comedy show at 9 p.m. The suspenseful and dramatic "The Mousetrap" will be presented in the Performing Arts Center Drama Theatre. Tickets, available at the door, are \$6 for students and \$12 for general admission. The comedy show will be in the Alice R. Manicur Assembly Hall in the Lane University Center.

Saturday starts off with the Jim Anderson Memorial Baseball Brunch from 10 a.m. to 12:30 p.m. in Manicur Hall. Then alumni can meet up for tailgating, which will run from 8 a.m. to 4 p.m. in the Stadium Lot. There will be free parking on a first-come, first-served basis, as well as giveaways and refreshments at the Alumni Tent.

Alumni can find information about the weekend, leave a note for a friend or register for prizes at the Alumni Welcome Center in the Lane Center lobby from 9 a.m. to 3 p.m. It will feature refreshments, games and activities for children and is the meeting spot for a campus walking tour at 11 a.m.

The Bobcat football team will face off against the College of New Jersey in the Bobcat Stadium, with kickoff at 1 p.m. Admission to the game is free. Before the game, football alumni and the families of current players will meet for a reception in the tent at Bobcat Stadium starting at 11:30 a.m.

At 4 p.m., the FSU volleyball team will play against Wesley College in the Main Arena of the Cordts PE Center, while at 5 p.m. the men's soccer team will take on St. Mary's College of Maryland in the Bobcat Stadium. Receptions will be held for alumni and current families of these teams, with the volleyball reception at 2:30 p.m. in the Cordts PE Center Hall of Fame Room, and the men's soccer reception at 4:30 p.m. in Bobcat Stadium's Hospitality Suite.

That evening, the fun-filled Frostburg Finale will run from 8:30 p.m. to 1 a.m. in the Lane Center. There will be a DJ, karaoke, a photo booth, arcade games, creation stations and more. The finale costs \$10 and attendees must be 21. Students and their guests can enjoy the Black Student Alliance-sponsored Homecoming Dance from 11 p.m. to 2 a.m. in the Main Arena of the Cordts PE Center.

The Alumni Association Board will meet Sunday at 9:30 a.m. in the Lane Center Atkinson Room (232), and all alumni are

welcome. At 11 a.m., the Men's Basketball Alumni Game will begin in the Cordts PE Center Main Arena. A Homecoming worship service open to all will be held at 11:30 a.m. in Frost Hall's Cook Chapel. Then at noon, the Student Government Association will hold its Big Event, where everyone is invited to help clean up the streets of Frostburg.

The FSU field hockey team will play against Wesley College at 1 p.m. in the Bobcat Stadium, with a field hockey alumni and family reception preceding the game at noon in the stadium's Hospitality Suite. A volleyball game against Susquehanna University will round out homecoming weekend at 2 p.m. in the Main Arena of the Cordts PE Center.

For info about any event listed, contact the Office of Alumni Relations at 301-687-4068, email alumni@frostburg.edu or visit www.frostburg.edu/homecoming. Information is also available at www.facebook.com/frostburgstatealumniassn.

Frostburg Literary Festival Celebrates and Connects Independent Authors and Publishers

Writers, artists, educators, readers and other fans of literature can meet notable literary figures, network with publishers, question editors and authors, find new books to love and learn about the writing and publishing industry – all for free – at the 2015 Western Maryland Independent Literature Festival in downtown Frostburg, Md., on **Saturday, Oct. 24**, from 10 a.m. to 6 p.m.

Hosted by FSU's Center for Literary Arts, the ninth annual Indie Lit Festival brings editors, publishers, writers and students together for panel discussions, craft sessions, author readings and more. Saturday's daylong book fair in the Lyric Theatre, 20 E. Main St., Frostburg, offers opportunities to network with independent publishers, peruse their latest publications and discover what types of stories they are looking to publish next.

This year's panelists include Pulitzer Prize-winning poet Stephen Dunn, food writer Ava Chin – author of the New York Times bestseller "Eating Wildly," 2015 Guggenheim Fellow in creative nonfiction and FSU professor emerita **Barbara Hurd**, baseball writer Tim Wendel and many other notable writers and publishers. Panel topics include digital tools for writers, graphic novels and comics, writing children's literature, starting a press or journal and many more.

"Ask the Editor" sessions – specialized, small-group panels scheduled throughout the day – will facilitate in-depth conversations about specific aspects of writing and publishing. Throughout the afternoon, Mountain City Traditional Arts, 25 E. Main St., will feature author readings. At 5 p.m., the Bill Green Quartet will play jazz music on the Lyric Theater stage through the conclusion of the book fair.

Festivities begin at 7 p.m. **Thursday, Oct. 22**, with a poetry slam at Dante's Bar, 14 W. Main St. There, local and visiting writers will read three of their own poems before a panel of judges for a chance at cash prizes and the title of Grand Slam Champion. The cover charge is \$2 and participants must be 18 years or older.

At 5:30 p.m. **Friday, Oct. 23**, the Indie Lit kickoff reading at Main Street Books, 2 E. Main St., features four authors, with introductions by their editors reflecting on the author/editor relationship. Immediately after the reading, a reception for Indie Lit Festival participants will be held at the Frostburg Center for Literary Arts, 22 E. Main St., followed by a panel discussion on the author/editor relationship at the Frostburg Public Library, 65 E. Main St.

Throughout the Indie Lit Festival, attendees will find friendly people, interesting conversations and answers to their questions about the lives and careers of working writers, editors and publishers. The 2015 Independent Literature Festival is sponsored by the Frostburg Center for Literary Arts, the Allegany County Library System and FSU's Lewis J. Ort Library.

For info, a complete list of participants and a detailed schedule of events, visit www.frostburg.edu/cla. Contact the Frostburg Center for Literary Arts at cla@frostburg.edu or 301-687-4340.

Readings

FSU's Center for Literary Arts Hosting Poet Erica Dawson Reading



The FSU Center for Literary Arts welcomes Erica Dawson, an award-winning poet whose work has been called quirky and smart, for a reading at Cook Chapel in the lower level of Frost Hall at FSU on **Thursday, Oct. 15**, at 7:30 p.m. A reception and book signing will follow the reading. The event is free and open to the public.

A native of Columbia, Md., Dawson is the author of two collections of poetry, "Big-Eyed Afraid" and the recently released "The Small Blades Hurt." Her poems have appeared in countless journals as well as in several anthologies, including "The Swallow Anthology of New American Poets" and "Best American Poetry 2008 and 2012." In addition to her published works, she has a freelance column called "Dark and Sinful" for "Creative Loafing Tampa." In 2006, she won the Anthony Hecht Poetry Prize for her first collection of poetry, "Big-Eyes Afraid." In 2014, she was awarded the bronze medal for poetry in the Florida Book Award for her second collection of poems, "The Small Blades Hurt." The editor of Tampa Review and one of the editors of Mead: The Magazine of Literature and Libations, Dawson is an assistant professor at the University of Tampa where she directs the MFA program in Creative Writing.

For info, contact the Center for Literary Arts at 301-687-4340 or cla@frostburg.edu or visit www.frostburg.edu/cla.

Theatre

FSU Theatre and Dance Presents Agatha Christie's 'The Mousetrap'



In FSU's production of "The Mousetrap," Sergeant Trotter, played by Kenneth Waters, questions the weekend's hosts, Giles and Mollie Ralston, played by Matthew Clark and Maureen Groff.

FSU's Department of Theatre and Dance is giving everyone a chance to test their detective skills with "The Mousetrap" by Agatha Christie. Performances will take place on **Friday and Saturday, Oct. 16 and 17**, and **Thursday through Saturday, Oct. 22 to 24**, at 7:30 p.m. with a 2 p.m. matinee on **Saturday, Oct. 17**. Performances will take place in the PAC Drama Theatre.

The play starts shortly after Mollie and Giles Ralston, played by **Maureen Groff** of Jefferson, Md., and **Matthew Clark** of Ellerslie, Md., welcome an eccentric group of visitors to their guest house in the English countryside. News of a nearby murder casts a dark shadow over the weekend, and a snowstorm ends any plans to escape. As the snow grows deeper, so does the mystery. Secrets from the past cause a flurry. Another murder takes place. Everyone is a suspect, and in this deadly game of cat and mouse, only one person knows the rules.

Celebrated as the world's longest running play, "The Mousetrap" delivers terrifying suspense and good humor.

Other performers include **Habtamu Anderson** of Frostburg, **Eric O'Neal** of Sykesville, Md., **Candace Jones** of Seat Pleasant, Md., **Kenneth Waters Jr.** of Waldorf, Md., **Alex Hemphill** of Hagerstown, Md., and **Deion Dowadu** of Baltimore.

The student production and design crew includes **Brandon Huguley** of Port Tobacco, Md., assistant director; **Jennifer Grein** of Hanover, Md., stage manager; **Erik Braun** of White Plains, Md., set designer; **James LaDow** of Sykesville, sound designer; **Rachel Saylor** of Davidsville, Pa., costume designer; **Rebekah Brown** of Cumberland, assistant stage manager; and **Alejandro Portillo Romero** of Montgomery Village, Md., assistant stage manager.

Faculty include **Jen Goff**, director; **Brian Scruggs**, lighting designer; and **Gordon Duguid**, properties designer.

FSU's production of The Mousetrap has been entered in the Kennedy Center's Region II American College Theatre Festival.

New this season, there will be refreshments in the lobby before the show and during intermission. Tickets are \$12 for general admission and \$6 for students. Season subscriptions and group prices are available. For info, contact the Theatre and Dance box office at 301-687-7462 Monday through Friday, 9 a.m. to 12:30 p.m. and 1:30 to 4 p.m.

Music

Unless otherwise noted, recitals and concerts will take place in PAC Pealer Recital Hall and are free and open to the public. For info, contact the Department of Music at 301-687-4109.

CES at FSU to Present Bollywood Masala Orchestra and Dancers of India in 'Spirit of India'



CES at FSU will present the Bollywood Masala Orchestra and Dancers of India in "Spirit of India" on **Wednesday, Oct. 28**, at 7:30 p.m.

The performance features dazzling musicians, singers and dancers as they lead audience members on a musical journey to Mumbai and beyond, filling the stage with the vivid colors, mesmerizing movement and hypnotic rhythms of their homeland. Along with traditional Indian music, "Spirit of India" also includes songs from Bollywood's most popular films and stunning feats of balance, agility and acrobatic skill.

Tickets are \$26 for adults and \$22.10 for youth under 17. Corporate and group discount rates are also available.

For info, contact the CES box office at 301-687-3137 or visit CES' webpage at ces.frostburg.edu.

Student Vocal Studio Recitals Coming Oct. 19 and 20

The FSU Department of Music will present Vocal Studio Recital No. 1 on **Monday, Oct. 19**, and Vocal Studio Recital No. 2 on **Tuesday, Oct. 20**, both at 7:30 p.m. Students from the studios of **Dr. Mariana Mihai-Zoeter** and **Dr. Bobb Robinson** will present one or two pieces each, covering a wide range of composers, styles and periods. The singers will be accompanied by pianist **Dr. Jay DeWire**.

Faculty Jazz Ensemble to Perform Traditional and Contemporary Numbers

Join the FSU Jazz Studies faculty on **Friday, Oct. 30**, at 7:30 p.m. for an evening of jazz. The Faculty Jazz Ensemble will feature **Bill Green** on tenor saxophone, **Dr. Brent Weber** on alto saxophone, **Tom Harrison** on piano, **Jim Roderick** on bass and **Dr. Marc Lawrence** on drums. Special guest artist Tom Simpson will join the ensemble on the trumpet.

Musical selections from traditional and contemporary jazz artists will be featured on the program, including Roy Hargrove, Jeff Lorber, Bill Evans and Ray Bryant. There will also be a special tribute to saxophonist Phil Woods, who recently passed away.

Presentations

Fall Philosophical Forum to Focus on Police Legitimacy



In a discussion of the struggle for renewed police legitimacy, FSU's Fall Philosophical Forum will welcome Dr. Jim Nolan, professor of sociology at West Virginia University and a former police officer, who will present "The Thinning of the Thin Blue Line: The Struggle for Renewed Legitimacy in American Policing." The event, on **Tuesday, Oct. 13**, at 7 p.m. in the Lane Atkinson Room (232), is free and open to the public.

Following decades of declining crime rates, there is a growing dissatisfaction with the status quo in American policing. The deaths of unarmed African-American men at the hands of the police in Ferguson, Mo., New York City, Baltimore and North Charleston, S.C., among others, have raised serious concerns about the use and misuse of force by the police. The public discourse on the issue of police legitimacy is polarizing, which some suspect has put the police in danger of retaliatory violence.

Nolan was a police officer in Wilmington, Del., for 13 years and was a unit chief in the FBI's Crime Analysis, Research and Development Unit. His research focuses on urban policing, intergroup relations and the measurement of crime. He is the co-author of "The Violence of Hate: Confronting Racism, Anti-Semitism and Other Forms of Bigotry."

For info, contact Dr. Michael Mathias at mbmathias@frostburg.edu or 301-687-3094.

Chemistry Colors Our World

The student members of the American Chemical Society will celebrate National Chemistry Week with an hour of their most exciting and colorful demonstrations on **Monday, Oct. 19**, from 6 to 7 p.m. in Compton 226. This event is free and open to the public. For info, contact Dr. Benjamin Norris at bnnorris@frostburg.edu or 301-687-4157.

Frostburg Science Discovery Center to Host Presentation on New Zealand



The Frostburg Science Discovery Center will host **Dr. Natalia Buta**, an assistant professor in the Department of Kinesiology and Recreation, and student **Cari Zbel**, who will present "100 Percent Pure – Sustaining Human Societies and the Natural Environment in New Zealand" on **Thursday, Nov. 12**, at 7 p.m. on the first floor of Compton. This presentation will highlight the summer 2015 South Island, New Zealand, study abroad experience through FSU. Three FSU students and Buta traveled through one of the most geographically diverse countries in the world, which includes temperate rainforests, glaciers, golden sand beaches, deep fiords, alpine herb fields and rugged coastlines. The discussion will focus on the natural (and related social) history and resource conservation practices of South Island. Additionally, this presentation will be presented at the first annual Statewide Maryland STEM Festival.

For info, email FSDC@frostburg.edu or call 301-687-4723.

Academic Enrichment Series: Your Future – Personal Enrichment Week

Amy Shimko, director/Student Development, Career and Professional Development Center, will give a presentation, "Resume Basics," on **Tuesday, Oct. 13**, from 3:30 to 4:30 p.m. in Lane 113. This session will highlight a number of basic strategies for building a professional resume.

Shimko will also speak about internships on **Wednesday, Oct. 14**, from noon to 1 p.m. in Lane 111. Gain "real-world" experience with internships so that you are prepared to enter the world of work after graduation. This workshop will highlight some of the excellent opportunities available to FSU students as well as the benefits of seeking an internship. Bring your lunch!

David Stern, an instructor in the Communication Department, will give a talk, "Speaking and Presenting With Confidence," on **Thursday, Oct. 15**, from 2 to 3 p.m. in Lane 113. This program will provide students with straightforward techniques and a basic structure that can be applied to class presentations and public speaking in general. Students will also learn about adapting to diverse audiences, finding and evaluating credible evidence, and dealing with stage fright and anxiety.

For info, contact the Center for Academic Advising and Retention at 301-687-3404.

Appalachian Laboratory Fall Seminar Series

Dr. Steve Sheffield, Bowie State University, will present "Gone With the Wind: The Impacts of Tornadoic Blowdowns on Small Mammal Assemblages and Forest Dynamics in Western Pennsylvania" on **Thursday, Oct. 15**, at 3:30 p.m. in AL Room 109. For info, go to www.umces.edu/al/seminar/schedule.

Workshops

Ort Library to Host Workshop on Citation Styles

The Lewis J Ort Library will hold walk-in workshops that will review three of the most commonly used citation styles at FSU – MLA (Modern Language Association), APA (American Psychological Association) and University of Chicago. The three workshops will be held in the Library Instruction Center on the third floor and are scheduled for the following dates and times:

- **Tuesday, Oct. 27**, 6 to 7:30 p.m.

- **Wednesday, Oct. 28**, 3 to 4:30 p.m.
- **Thursday Oct. 29**, 3 to 4:30 p.m.

For info, contact Lisa Hartman at lahartman@frostburg.edu.

Points of Pride

FSU Students Chosen Winner and Alternate at MTNA Competition



From left, Pianist **Dr. Jay DeWire**, **Cheranjana Thuyacontha**, **David Cook** and **Dr. Mariana Mihai-Zoeter**

FSU senior **Cheranjana Thuyacontha** was chosen as the winner of the Maryland Music Teachers National Association Young Artist Competition held at Washington Adventist University in Takoma Park, Md., in early October. She will represent the state of Maryland in the Eastern Division competition at Rowan University in New Jersey in January. FSU freshman **David Cook** has been chosen as the alternate for the same competition. Both Thuyacontha, a soprano, and

Cook, a tenor, study voice performance under **Dr. Mariana Mihai-Zoeter**.

For info on the competition, go to <http://md.mtna.org>. For info on the FSU Department of Music, call 301-687-4109.

Dr. Rebecca Chory's Research Highlighted in Wall Street Journal

The Wall Street Journal highlighted FSU professor **Dr. Rebecca Chory's** research into how people react to negative feedback in an article about how to effectively conduct performance reviews ... of their romantic partners.

Read Chory's six strategies for giving an effective performance review at <http://on.wsj.com/1hqAbpb>.

Naya Cheatem Named Capital Athletic Conference Player of the Week

The York Daily Record/York Sunday News cast a spotlight on FSU women's volleyball sophomore **Naya Cheatem**. A Central York High School graduate, Cheatem was named Capital Athletic Conference Player of the Week in September for her outstanding performance on the court.

Read about Cheatem's successes at <http://bit.ly/1MZrQnZ>.

FSU Supports Breast Cancer Awareness Day



FSU students, faculty and staff joined together on Friday, Oct. 2, to support Breast Cancer Awareness Day by wearing pink. The event was organized by Colleges Against Cancer and Greek Life at FSU. October is also Breast Cancer Awareness Month, a key month in which to raise awareness, which is why some teams for FSU's 2016 Relay For Life are already fundraising this month on campus.

FSU's Relay For Life is scheduled for **Friday, April 29, 2016**, in Bobcat Stadium, to raise funds for the American Cancer Society. A 2016 Relay For Life kickoff will be held **Thursday, Nov. 5**, at 7 p.m. in Gira Center room 397 to learn how to get involved for the April event. For info, visit www.relayforlife.org/fsumd or contact the FSU Office of Leadership and Civic Engagement at 301-687-4210.

Honors Seminar Visits Newseum in D.C.

Dr. Gregory Wood's Honors Seminar class and learning community visited the Newseum in Washington, D.C., this past month. Students studied various exhibits that included a myriad of newspapers and memorabilia from 9/11, Tim Russert's replicated news office, the 50th anniversary of the Civil Rights Movement, pieces of the Berlin Wall and a First Amendment retrospective.

Take Note

FSU Offers Human Performance Lab (With a BOD POD!)



The FSU Human Performance Lab, which offers body fat testing, flexibility testing, cardiovascular testing, blood pressure screenings and more, is free for faculty, staff and students.

The lab also features a BOD POD. This space-age-looking machine is often the first choice of professional athletes and sports teams. It works by measuring the volume of air you displace inside the pod, and then runs it through a complicated mathematical equation to measure your fat, lean muscle mass and resting metabolic rate, among other things. It can detect even small changes in body fat and lean body mass (i.e., muscle, bones and organs). The feedback you receive from your BOD POD test can be used to measure the success of your nutrition and/or exercise program, help you lose or gain body fat safely, fine-tune your athletic performance and more. And the test only takes 10 minutes! Just remember:

- Don't eat, drink or exercise at least 1 hour before testing.
- Don't apply any lotions or skin creams prior to your test.
- Wear a swimsuit or compression bike-style shorts (and a sports bra or tank top for women).

The lab is in room 110 of the Cordts PE Center. Hours are 9 a.m. to 2 p.m. Monday through Thursday. Appointment can be made at <https://humanperformancelab.youcanbook.me>. For info, contact Dr. Melody Kentrus, the lab director, at 301-687-4415 or mhkentrus@frostburg.edu, or Ryan Delaney at rdelaney0@frostburg.edu.

Sign Up to Sponsor a Family This Thanksgiving!

Through FSU's Annual Sponsor-a-Family Program, departments and organizations on campus can help make a difference by providing a Thanksgiving food basket to a needy family in Western Maryland. Over the past 10 years, the program has provided baskets to more than 350 families. Thanks to FSU sponsors, more than 80 families enjoyed a holiday meal last year.

All baskets will be delivered on the Monday and Tuesday before Thanksgiving.

For info on this program or to sponsor a family, contact Pat Travers at the Office of Civic Engagement at 301-687-7598 or patravers@frostburg.edu.

CLAS Research Symposium Posters Now on Display



For a limited time, the newest posters from last semester's College of Liberal Arts and Sciences Undergraduate Research Symposium will be on display in the front windows of the Frostburg Science Discovery Center on the first floor of Compton.

- Biology, "Exploring Advanced Microscopy Techniques to Generate a Portfolio of High-Quality Images of Biological Specimens" by *Devin Francillon* and *Dr. Rebekah Taylor*
- Interdisciplinary, "Effects of Salt Treatment on FSU Campus" by *Jessica Warren, Caleb Friend* and *Allen Benton* with acknowledgements to *Gregory Partsch, Blair Knouse, Dr. Phillip Allen* and *Dr. Dawn Armfield*

For info, contact the curator at FSDC@frostburg.edu or 301-687-4723.

Library Displays for October

The Lewis J. Ort Library has several new displays for October. The first display, on the third floor, celebrates National Cyber Security Awareness Month. The display highlights resources the library offers on cyber security and showcases some of the most popular "bad" passwords that people use.

The second display, also on the third floor, celebrates the Children's Literature Centre's CLC Book Award Winner for 2015, "Otto the Owl Who Loved Poetry" by Vern Kousky. The display also highlights some of the past winners.

The third display, also on the third floor, celebrates the history of tea and includes teapots from the collections of library staff members. This display will be up **until December 2015**. Additionally, the library will present a Tea Ceremony to complement the exhibit on **Wednesday, Oct. 21**, from 4 to 5 p.m. on the third floor. Several international students will talk about the history of tea and present a traditional tea ceremony.

The fourth display, on the fourth floor, celebrates some of Western Maryland's, West Virginia's and Pennsylvania's most haunted places and legends, just in time to celebrate Halloween.

The fifth display, on the fifth floor, is a celebration of the 125th anniversary of the founding of Yosemite National Park. This California park was first designated as a national park by President Benjamin Harrison. It was just the third national park in the U.S. at the time.

The sixth display, also on the fifth floor, is a celebration of the 50th anniversary of the release of the final book of "The Lord of the Rings" trilogy. With the release of "The Return of the King," J.R.R. Tolkien had completed what some consider the finest example of fantasy literature.

For info, contact Theresa Mastrodonato at tmastrodonato@frostburg.edu.

Upcoming BURG Peer Education Network Events



The following events and tables are scheduled for this week:

- Mental Health Monday Table, **Monday, Oct. 12**, 11 a.m. to 2 p.m., Lane University Center
- Jail Bail Table, **Wednesday, Oct. 14, and Thursday, Oct. 15**, 11 a.m. to 2 p.m., Lane University Center
- General Body Meeting, **Thursday, Oct. 15**, 6:30 to 7:45 p.m., Lane 113

For info, contact Kasandra Owen, peer educator and PR chair, at kowen0@frostburg.edu.

Don't Forget to Get Your Flu Shot!

The Brady Health Center will conduct the following walk-in flu vaccine clinics for students, faculty and staff:

- **Wednesday, Oct. 14**, 11 a.m. to 1 p.m., Lane 110
- **Thursday, Oct. 22**, 3 to 5 p.m., Cordts PE Center (ground floor)

The cost is \$10 (cash or check). You must be over 18. (Be sure to wear short sleeves!)

If unable to attend one of the clinics, call the center at 301-687-4310 to schedule an appointment.

Magic + \$ = Internship – Disney College Program Info Sessions

Learn how you can work for Mickey Mouse, earn college credits for an internship and make a few dollars in the process! The Disney College Program is a perfect opportunity for students to gain some great experience with a Fortune 100 company. Students in any major can apply and earn up to 18 credits while working for the “most magical place on earth.” Join Amy Shimko in an info session on **Thursday, Oct. 15**, at noon or **Tuesday, Oct. 20**, at 12:30 p.m. in Lane 108 to find out how to apply. For info, contact Shimko, director of Student Development in the Career and Professional Development Center, at alshimko@frostburg.edu.

FAEYC Meeting Dates for Fall

Frostburg’s Association for the Education of Young Children is an early childhood organization that provides opportunities for students to learn, interact and develop key components for teaching young children. Meetings for the fall semester will be held on the following **Wednesdays: Oct. 14 and 28, Nov. 11 and Dec. 9**. For info, contact Shani Williams at sawilliams0@frostburg.edu.

Frostburg Public Arts Initiative Kicks Off With Mural Dedication Oct. 15



The mural to be unveiled **Oct. 15** on Broadway in Frostburg, shown in early September as it was being completed.

The first piece of a Frostburg Public Arts Initiative program will be unveiled in a ceremony on **Thursday, Oct. 15**, in downtown Frostburg.

A mural painted on a billboard at 19 S. Broadway, depicting familiar scenes around the ‘Burg, will be dedicated in a ceremony at 5:30 p.m. on **Oct. 15** in the lower City Place Parking Lot at the Broadway address. The event is open to the public and all are welcome to attend.

Parris Ashley’s mural is one of three art projects by FSU students in the works. The others will be figures representing different genres and themes in literature that will grace the Frostburg Public Library’s brick columns, designed by *Shea Crumbley* and scheduled to be installed by spring 2016. *Eric Groff* designed robots that are expected to pop up in inconspicuous spots on several downtown buildings this fall.

The public arts initiative is a commitment to beautifying the city of Frostburg through outdoor public art installations in partnership with FSU students who are creating the works of art.

For info, contact Elizabeth Stahlman, the city’s director of Community Development, at 301-689-6000, ext. 15.

Positive Psychotherapy Groups to Start Oct. 15

A Positive Psychotherapy Group for Depression will begin on **Thursday, Oct. 15**, from 11 a.m. to 12:30 p.m. at the Counseling and Psychological Services office at Sand Spring 101. The group will help you learn skills to get more enjoyment out of daily activities, feel more optimistic about your future, understand and develop your strengths, experience more gratitude and interact more constructively with friends and loved ones. After completing rewarding activities as homework and relating your experiences with others, you should be able to increase the positive emotion, deep engagement and meaning you experience in life. For info, contact Dr. Kelly Bailey at kabailey@frostburg.edu to schedule a necessary pre-screening appointment.

Graduation Will Be Here Before You Know It!

It’s not too early to think about graduation, especially if you intend to graduate on **Saturday, Dec. 19**, at 2 p.m. in the Cordts PE Center. The Colleges of Business, Education and Liberal Arts and Sciences will present their graduates during a single ceremony. Tickets will be required for admission and the number allotted will be announced at a later date.

If you haven’t yet done so, contact the Registrar’s Office to complete your graduation application and check that your home mailing address is accurate in PAWS so you’ll receive all the necessary upcoming info.

Follow [@FrostburgGrad](https://twitter.com/FrostburgGrad) on Twitter or visit facebook.com/commencementatfrostburg for updates and important info throughout the semester.

Get Involved

United Campus Ministry

For info, contact the Rev. Dr. Cindy Zirlott in Hitchins 308 or at 301-687-7490 or c.zirlott@frostburg.edu. United Campus Ministry events and programs are open to all members of the FSU community.

Upcoming UCM Events

Faculty and Staff Brown Bag Book Club. This group will meet for the first time on **Tuesday, Oct. 20**, during the lunch hour in Lane 113 to discuss the book “Sacred Rhythms” by Ruth Haley Barton. If interested, email Chaplain Cindy this week and she will order your book. “Sacred Rhythms” can also be found on Amazon.com.

Weekly UCM Opportunities

Salvation and Praise Bible Study, Mondays, 7 p.m., Lane 113. This is a student-led Bible study group.

Fellowship of Christian Athletes, Mondays, 7:30 to 8:45 p.m., Library 237. This is also a student-led Bible study. It's not just for athletes; all are welcome.

Spiritual Study Break – A Contemporary Vesper Worship Experience, Wednesdays, 9 p.m., Lane 108.

Believers Love World Bible Study, Thursdays, 7 to 8:15 p.m., Gira Center 155. This is a student-led group.

Finding True North Bible Study, Sundays, 6:45 to 8:45 p.m., Library 237. This is a "Bible Meets Life" study and discussion group. The topic is "Staying Connected to God While in College."

Activities for Life

'Move It and Lose It' Dance Classes

"Move It and Lose It" classes for ages 16 and older will be offered **Wednesdays, Oct. 21 through Dec. 2**, from 7:15 to 8 p.m. in the Dance Studio (room 106) of the Cordts PE Center.

"Move It and Lose It" allows participants to exercise, lose weight and still have fun by dancing to popular music. Basic dance movements will be taught and the students will follow along with the teacher to popular upbeat music for a fun way to get in shape.

The registration and payment deadline is **Monday, Oct. 19**. For info, contact AFL coordinator Amy Nazelrod at 301-687-7934 or anazelrod@frostburg.edu.

FSU-TV3



Message Board

FSU-TV3 cablecasts a free automated educational and community message board when programming is not on the air. The channel provides info about FSU events, nonprofit organizations and community events. To submit information to post, log on to www.frostburg.edu/fsu-tv3/message-request-form.

Follow FSU-TV3 at www.facebook.com/FSUTV3, <https://twitter.com/fsutv3> and <https://instagram.com/fsutv3>.

Study Abroad

Where in the World Would You Like to Study Abroad?



Emily Llewellyn in Amsterdam (fall 2014)

The Center for International Education offers a variety of ways for FSU students to see the world. In some cases, students can pay FSU tuition, room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Australia, Peru, South Africa or in many other countries. FSU also offers summer study abroad programs. Financial aid and student loans and scholarships are available. For info, visit the Fuller House (across the street from the Braddock House), call 301-687-4714 or email Victoria Gearhart at vmgearhart@frostburg.edu. Also, check out the CIE webpage at www.frostburg.edu/admin/cie/stdyabrd.htm and the Facebook Page at www.facebook.com/FSUStudyAbroad.

Study Abroad and International Fair

All students, faculty and staff are invited to attend the Study Abroad Fair on **Tuesday, Oct. 27**, from 11 a.m. to 2 p.m. in Lane Manicur Hall. Representatives from various study abroad programs and former study abroad students will be available to answer questions about overseas opportunities. Also, FSU's international students will display information about their countries and be available to talk about their cultures.

Student Life

Edgewood Commons Has Availability for 2015-2016

Edgewood Commons has several female spaces left for the fall 2015 semester and is accepting applications for the spring semester. Contact Edgewood directly for availability.

Apartments come fully furnished and have private bedrooms and semi-private bathrooms. Utilities (gas, electricity, water, Internet and cable) are included in the contract fee.

All the info about Edgewood Commons is available at www.edgewoodFSU.com. To set up a tour or find out more, call 301-689-1370.

Community

ACM to Offer Special Presentation on Gandhi's Influence

Carrie Trybulec, director of the Mahatma Gandhi Center in Bethesda, Md., will deliver a special presentation at Allegany College of Maryland's Robert Zimmer Theatre about the spiritual heritage and message of Mahatma Gandhi on **Thursday, Oct. 15**, at 12:30 p.m. The presentation is free and open to the public.

The presentation will be followed at 1:45 p.m. by the planting of a new "Tree of Humanity and Peace" in ACM's Serenity Garden, a tree that will honor Gandhi's message of peace, nonviolence and shared humanity.

The presentation and planting were inspired by Prabhat Sandhir, a longtime Cumberland resident dedicated to the community of Western Maryland. She and her late husband, Dr. Sikander Sandhir, are responsible for numerous charitable programs in Allegany County, including the Dr. Sikander and Mrs. Prabhat Sandhir Education Scholarship at FSU.

For info, visit www.facebook.com/events/500058250165148.

FSU Events Calendar

For info on FSU events, go to <http://events.frostburg.edu/calendar>.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Fall Fire Safety Tips



Clear your roof and gutters of debris buildup, such as pine needles and leaves.

Remember that burning leaves and other outdoor debris can be very risky!

FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

INSTITUTIONAL PRIORITIES

1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom.
2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.
3. Increase student quality and improve student persistence to graduation.

Learn more at www.frostburg.edu/admin/opa/splanning.