

For and about FSU people
A publication of the FSU Division of Communications and Media Relations

Volume 47, Number 2, September 6, 2016

Copy deadline: noon Wednesday, Candis Johnson at statelines@frostburg.edu

### **Celebrate Region's Culture and Resilience With Appalachian Festival**



FSU's much-anticipated Appalachian Festival will return for its 11th year **from Thursday, Sept. 15, to Saturday, Sept. 17.** The free, family-friendly event brings together artists and craftspeople to celebrate all that makes the region unique – its history, culture, music, food and more – with performances, workshops, displays, discussions and activities.

The capstone of the festival is the concert on Saturday at 7:30 p.m. in the Palace Theatre. Three masterful ensembles will be featured, including the Grammy-winning duo Cathy Fink and Marcy Marxer; The Barefoot Movement, which has been lauded as one of the best young bluegrass groups in the business; and Footworks Percussive Dance Ensemble, a mesmerizing group that excels equally at musicianship and dance. Tickets are \$20 for adults and \$5 for FSU students and youth 18 and under. Tickets can be purchased at the door.

This year focuses on "Appalachia: Obstacles and Opportunities" featuring stories of Appalachian residents using their ingenuity and expertise to overcome daunting challenges to create a strong sense of community and place.

Exploration of the topic will begin Thursday with the film "After Coal" at 7 p.m. at the Palace Theatre at 31 E. Main St. in Frostburg. "After Coal" profiles inspiring individuals who must abandon traditional livelihoods and build a new future in the coalfields of eastern Kentucky and South Wales. Meet ex-miners using theatre to rebuild community infrastructure, women transforming a former coal board office into an education hub and young people striving to stay in their home communities.

The theme of overcoming challenges continues Friday on FSU's Upper Quad with the Appalachian Symposium, beginning at 1 p.m. with a powerful presentation by John Temple, journalist and author of "American Pain," which investigates how opioid addiction became such a daunting challenge for the region. Following his presentation, health department staff from Allegany and Garrett counties will detail the growing heroin crisis affecting local communities. From there, the symposium will shift to focus on new opportunities in Appalachia, including an emergent medical cannabis industry, regenerative farming and a movement to combat the "brain drain" in the region. The last event of the day at 7:15 p.m. is dinner on the grounds and evening entertainment with Dr. Doug Hendren, a retired orthopedic surgeon in Virginia who writes songs and blogs about the broken political and economic systems.

On Saturday, the Session/Jam Tent returns again this year from 10 a.m. to 6 p.m. on the Upper Quad. Musicians of all levels will have a place to gather and play their instruments to the tune of Appalachian genres, including bluegrass, mountain music mix, Celtic and old-time.

Throughout the day, two stages will host 21 musical groups from across the region. The Frostburg Arion Band will perform in the center circle on the Upper Quad. Blue Hill Bluegrass, Dearest Home, Highland Grass, Allegheny Drifters, Davis Bradley Band, Barnstormers and RockCandy Cloggers, Lickety Split Banjo Boys, Old Pitch and Black Diamond Bluegrass will perform on the Compton stage. On the Sowers stage, On the Run, New Creek Station, Time Travelers, Rachel Eddy, Sam and Joe Herrmann, Sparkey and Rhonda Rucker, Loretta Hummel and Robert Broadwater, Twang, Pete Hobbie and Jim Morris, Jay Smar, and Cory and Heather Wharton will appear.

Those interested in stories and music should check out Storytelling from 12:45 to 1:15 p.m. in Cook Chapel. The Ruckers, Thomas Burnett, Katie and Otto Ross, Stas' Ziolkowski and Suzi Whaples will enchant the audience with stories and lore inspired by their Appalachian upbringings. Then at 3:30 p.m., join Hendren, Michael and Carrie Kline, and Ray Owen as they lead in singing Songs for Change, with a focus on renewing the world for the children.

Throughout the day, attendees can check out the Explorations Tent. Topics include resurrecting the American chestnut; Scales to Tales, an educational program using non-releasable birds of prey and reptiles; local fracking bans and the status of Maryland's moratorium on high-volume hydraulic fracturing; saving the Jane Gates house, a home that was so important to early African-American Cumberland; Engage Mountain Maryland, which is dedicated to mindful growth of the area; and growing the economy with the Great Allegheny Passage. In the Folkways Tent, festival goers can also learn how to play the dulcimer and clog as well as learn about early American folk songs and the folk tradition surrounding the African-American experience.

In addition to plenty of food and entertainment for all ages, the festival will provide activities and programming specifically for children, who can paint goat-shaped silhouettes at the Capering Kids 4-H Goat Club display; make traditional Appalachian toys at Hands-on Art; join in sing-alongs with multi-instrumentalist Ray Owen; join the Sunnyland Band and play along on spoons, jugs, washboards and all kinds of instruments from other countries; and enjoy an interactive performance by Grammy winners Cathy Fink and Marcy Marxer.

A variety of artisans are also featured throughout the festival, offering tatting, pottery, mountain dulcimers, jewelry, knitting, baskets, stained glass, portrait art, nature photography, decorative gourds, fiber arts, woodworking, hooked rugs, quilts, pewter, beeswax items and natural personal and home care products. Also on the grounds are the American Chestnut Foundation, Western Maryland Chapter of the Archeological Society, Nature Conservancy, Home Ground, Engage Mountain Maryland, New Meadow Run Community, Wynter's Haven, Frostburg Museum Association, Citizen Shale, Queen City Film Festival and Rebound Rob's Rollin' Records.

For info, visit <a href="www.frostburg.edu/events/afestival">www.frostburg.edu/events/afestival</a> or email Dr. Kara Rogers Thomas at <a href="mailto:krogersthomas@frostburg.edu">krogersthomas@frostburg.edu/events/afestival</a> or email Dr. Kara Rogers Thomas at <a href="mailto:krogersthomas@frostburg.edu">krogersthomas@frostburg.edu</a>.

## **Appalachian Festival Symposium to Highlight Obstacles and Opportunities**



Keynote speaker John Temple

A discussion of the region's most serious obstacle – opioid addition – will lead off FSU's symposium on "Appalachia: Obstacles and Opportunities" on **Friday**, **Sept. 16**, as part of the annual Appalachian Festival. The symposium will provide the community with an opportunity to engage in productive and positive discussions about the region's obstacles as well as its opportunities.

The emergent cannabis industry, efforts by the region's youth to combat the Appalachian "brain drain," economic development focused on the Great Allegheny Passage, cultural and environmental sustainability, and regenerative agriculture will be other topics at the symposium from 1 to 8 p.m. on FSU's Upper Quad. The symposium is free and open to the public.

The symposium begins with a keynote presentation by John Temple, a professor of journalism at West Virginia University and the author of three nonfiction books. Temple will discuss his latest work, "American Pain: How a Young Felon and His Ring of Doctors Unleashed America's Deadliest Drug Epidemic," which chronicles the rise and fall of this game-changing pill mill, and how it helped tip the nation into its current opioid crisis, the deadliest drug epidemic in American history. The narrative is populated by a gaudy and diverse cast of characters, including the wealthy bad boys, thugs and physicians who built "American Pain," as well as penniless Kentucky clans who transformed themselves into painkiller trafficking rings. It includes addicts whose lives were devastated, and the federal agents and grieving mothers who labored for years to bring the clinic's crew to justice.

At 1:40 p.m. there will be a discussion titled "Addressing the Opioid Epidemic in Our Community" led by health department staff from Allegany and Garrett counties. After reviewing local and state overdose data, the presenters will discuss the Overdose Response Program, Prescribe Change Allegany Campaign treatment resources, the lack of inpatient substance abuse programs and access to halfway houses in rural areas, the Addiction Happens Campaign and the Prescription Drug Action Team.

The next part of the symposium focuses on a varied series of solutions for combatting the brain drain from Appalachia and building a sustainable future. Come for "Growing Medical Cannabis in Appalachia" at 2:30 p.m. and learn about how those vying for permits believe the medical cannabis industry can positively impact economic development in the region. Next, at 3:10 p.m., Doug Riegner, director of Community Relations and Sales at Allegheny Trail Alliance, will present "Growing the Economy With the Great Allegheny Passage, Allegheny Trail Alliance" and explain how the trail is revitalizing communities and stimulating the local economy along the way. At 3:50 p.m., Stay Together Appalachian Youth, a diverse regional network of young people, will explain how their project encourages youth to stay and work in their home communities by connecting them with the resources and skills they need to make their visions for central Appalachia come true.

The last part of the symposium focuses on food security in an uncertain future. At 4:40 p.m., Dr. Gina Angiola, a retired physician and lifelong advocate for healthy environments, will present "The Planet Has a Fever, It's Rapidly Rising ... Time for a Second Opinion?" As a climate activist for more than 12 years, Angiola has focused her advocacy and actions on reducing emissions from the energy sector and conventional food production, but she now recognizes the urgent need to add ecological restoration to the agenda if a stable climate system and a livable planet for future generations are to be re-established.

In a discussion on regenerative agriculture at 5:20 p.m., farmers from Western Maryland will share their experiences engaging in a combination of traditional and cutting-edge farming techniques to create more sustainable food systems in the region.

"Land-of-Plenty Deliberation Session: How Can We Assure That People Have the Food They Need?" will follow at 6 p.m. By participating in this session, community members will have the opportunity to contribute to the final version of the National Issues Forum guide to be published by the Kettering Foundation and used nationally as a discussion tool for citizens passionate about creating workable solutions for their communities. Communication Studies faculty *Dr. Elesha L. Ruminski* and *Christine Willingham*, participants in a Kettering Foundation learning exchange to support creation of the FSU communication leadership lab, will convene and moderate the discussion.

The final event of the symposium will be dinner on the grounds and evening entertainment with Dr. Doug Hendren. Using what he calls his "musical scalpel," Hendren, a retired orthopedic surgeon in Virginia, writes songs and blogs about the broken political and economic systems that are driving everyone to liquidate the natural world to pay "bills."

The symposium leads up to the free festival on Saturday on FSU's Upper Quad from 10 a.m. to 6 p.m. There will be live music, games, food and more.

For info, visit <a href="www.frostburg.edu/events/afestival">www.frostburg.edu/events/afestival</a> or contact Kara Rogers Thomas at 240-522-7635 or <a href="krogersthomas@frostburg.edu">krogersthomas@frostburg.edu</a>.

#### Music

### **CES at FSU to Present Broadway Performers The Midtown Men**



CES at FSU will present The Midtown Men, four stars from the original cast of Broadway's "Jersey Boys," on **Thursday, Sept. 22**, at 7:30 p.m. in the Alice R. Manicur Assemble Hall in FSU's Lane University Center. Performing with a live band, The Midtown Men will celebrate the classic tunes that defined the '60s.

Tony Award winner Christian Hoff, Michael Longoria, Daniel Reichard and Tony Award nominee J. Robert Spencer shared the Broadway stage for more than 1,000 performances. Now, they reunite for a delightful concert-style production that features top-shelf choreography, incredible vocal performances and undeniable onstage chemistry.

In its review, The New York Times proclaimed, "Sidling up to the microphone, the singers had the air of the Rat Pack, Motown and a nightclub act rolled into one," while the New York Daily News stated, "The Midtown Men sound as crisp as their Rat Packinspired suits. Their voices blend together so flawlessly on stage."

Adult tickets range from \$39 to \$74. Member and group discount rates are also available. This is not a performance of, or affiliated with, the show "Jersey Boys."

For info, contact the CES box office at 301-687-3137 or visit CES' webpage at <a href="http://ces.frostburg.edu">http://ces.frostburg.edu</a>.

### **Faculty Artist Series Presents Pianist Dr. Jay DeWire**



FSU's Department of Music will kick off the semester with a performance by pianist *Dr. Jay DeWire* in a Faculty Artist Series concert on **Saturday**, **Sept. 10**, at 7:30 p.m. in the Pealer Recital Hall of the Performing Arts Center. The recital, titled "Time and Again," is free and open to the public.

"Time and Again" features the music of Johannes Brahms and Sergei Rachmaninoff, two composers who dealt with time and history in ways that made their music unique. Brahms was the first composer to treat all of history as a palette from which he could choose whatever color he wished, while Rachmaninoff sailed unscathed through the stylistic turmoil of the early 20th century and managed to fuse a Romantic spirit with modern lyricism to create a wildly popular body of music.

Selections will include "Variations and Fugue on a Theme by Handel, Op. 24" by Brahms; "Prelude in G-sharp Minor, Op. 32, No. 12: Allegro" from "Violin Partita No. 3: BWV 1006" by J.S. Bach/Rachmaninoff; and "Prelude in B-flat Major, Op 23, No. 2: Maestoso," "Etude-Tableux in E-flat Minor, Op. 39, No. 5: Appassionato," "Prelude in A Minor, Op. 32, No. 8: Vivo," "Morxeaux de fantasie, Op. 3, No. 3: Melodie" and "Prelude in D-flat Major, Op. 32, No. 13: Grave" by Rachmaninoff.

For info, contact FSU's Department of Music at 301-687-4109.

# The Early Mays to Bring Appalachian Harmony to MCTA



The Early Mays – Emily Pinkerton, Ellen Gozion and Rachel Eddy – will perform on **Sunday, Sept. 11**, at 4 p.m. at Mountain City Traditional Arts, 25 E. Main St. in Frostburg. This event is free and open to the public, with a suggested donation of \$15.

The three musicians, all accomplished solo artists in their own right, combine fiddle, banjo, guitar and vocal harmonies in a sound that captures old-time tradition and their own individual styles.

Pinkerton, a winner of the 2015 New Music USA grant, is known for her unique songwriting that combines world music with classical and folk elements. Gozion, an American Music Abroad finalist, is a notable ballad singer and visual artist who has taught at the Augusta Heritage Center near Elkins, W.Va. Eddy, a West Virginia native, recently moved back to the U.S. after touring in Europe for six years. She has performed with a variety of notable musicians, including Bruce Molsky, Uncle Earl and Tim O'Brien.

For info, email mountaincitytradarts@gmail.com or call 301-687-8040.

#### **Theatre**

## **CAST to Perform Shakespeare's 'As You Like It'**



The Cambridge American Stage Tour (CAST) will return to FSU for this season's performance of "As You Like It," one of William Shakespeare's early comedies, on **Tuesday, Sept. 20**, at 7:30 p.m. in PAC Pealer Recital Hall.

CAST was established in 2000 and the group has since made numerous appearances on FSU's campus to share its renditions of Shakespeare classics. The tour of Cambridge University theatre students aims to make Shakespeare's work more widely known up and down the East Coast by tweaking music, costumes and situations to better fit modern perspectives and humor.

"As You Like It" boasts Bohemian vibes and live music while following bickering brothers Oliver and Orlando, amicable cousins Rosalind and Celia, a pair of duke brothers and many other characters as they maneuver "mistaken identities, murderous plots, cross-dressing, pastoral love and wrestling."

Tickets will be available at the door, costing \$6 for students and \$12 for general admission.

For info, call 301-687-4221 or visit www.castcambridge.com.

## **One-Act Play Festival – One Night, Three Plays**

This year, the FSU Center for Literary Arts will host its One-Act Play Festival on **Saturday**, **Sept. 24**, at 7 p.m. at the Palace Theatre in Frostburg. The winning play of CLA's One-Act Play Competition will be performed, and the second- and third-place plays will have staged readings. A talkback and reception will follow. Tickets will be available at the Center for Literary Arts and at Main Street Books and on the evening of the performance. Ticket prices are \$10 for general admission and \$5 for students.

#### **Exhibits**

# 'On and Off the Wall' Paintings and Ceramics Exhibit at Roper Gallery



A painting by James Germaux and a piece of pottery by Charles Stump

FSU's Department of Visual Arts will host an exhibit titled "On and Off the Wall," featuring paintings by James Germaux and ceramics by Charles Stump **through Friday, Sept. 23**, at the Stephanie Ann Roper Gallery in FSU's Fine Arts Building. The exhibit is free and open to the public.

A trained printmaker and sculptor, Germaux paints in an expressive, free, organic style with an emphasis on elegant lines and vibrant color. His work examines relationships with the environment and captivates the many moods of the human psyche. Since moving to Maryland, he has participated in juried shows at the Washington County Museum of Fine Arts and the Delaplaine Visual Arts Education Center. He has exhibited one-man shows at The Artists Gallery, Frederick Cellars and Frederick Community College where he was an adjunct professor and taught sculpture.

The decorative additions, layered textures and earthy glazes on Stump's pottery are a perfect complement to Germaux's paintings. An avid whitewater kayaker and downhill, back country and cross country skier, Stump also draws inspiration from the environment around him. His favorite themes include water motifs from kayaking Western Maryland's rivers, as well as lobster and fish motifs from summers at the beach. Working with high-fire stoneware and porcelain clays, Stump is known for his large forms created using combinations of wheel-thrown, slab and coil techniques. He is retired after 31 years as an art teacher in Allegany County schools.

Gallery hours are noon to 4 p.m. Sunday through Friday. For info, contact the Department of Visual Arts at 301-687-4797.

#### **Presentations**

## **Academic Enrichment Series – Experiential Learning Week**

**Victoria Gearhart**, associate director of the Center for International Education, will speak about study abroad on **Wednesday**, **Sept. 7**, at noon (bring your lunch!) and **Thursday**, **Sept. 8**, at 3 p.m.; both sessions will take place in Lane 113. Study abroad provides a great opportunity to learn about the world, experience other cultures, earn course credits, enhance job prospects, make new friends and even learn about yourself.

**Dr. Benjamin Norris**, an associate professor in the Chemistry Department, will present "Getting Involved in Undergraduate Research" on **Wednesday**, **Sept. 7**, at 3 p.m. and **Friday**, **Sept. 9**, at 2 p.m.; both sessions are in Lane 113. Undergraduate research can provide an exciting educational collaboration between students and faculty members. It can help you explore and prepare for your future career, develop marketable skills, enhance your professional communication abilities and improve your teamwork talents.

For info, contact the Center for Academic Advising and Retention at 301-687-3404.

## **Appalachian Laboratory Fall Seminar Series**

Dr. Greg Silsbe, UMCES – Horn Point Laboratory, will present "New Frontiers in Phytoplankton Production Remote Sensing" on **Thursday, Sept. 15**, at 3:30 p.m. in AL Room 109. For info, go to <a href="https://www.umces.edu/al/seminar/schedule">www.umces.edu/al/seminar/schedule</a>.

#### **Points of Pride**

### **Student Bryan Whitmore Part of Maryland 2 Fire Crew**



Bryan Whitmore, a graduate student in the Applied Ecology and Conservation Biology Program, was part of the "Maryland 2" (MDS2) fire crew sent to the Buckskin fire near Sandpoint, Idaho. MDS2 was also sent to contain and mop up the Uleda and Derr fires during its 14-day assignment and was assigned as the initial attack crew that had to respond to new fire starts on the 2.5 million acre Coeur D'Alene National Forest. Whitmore's research is on the fire-adapted white oak with Dr. Sunshine Brosi. He received training in wildland fire suppression as part of Brosi's summer course, BIOL 460 Forestry Field Practices, a requirement for his undergraduate Forestry minor. In summer, Whitmore works for the Maryland Department of Natural Resources Forest Service. He was one of the 40 members selected out of the 120 registered wildland fire fighters in Maryland to be part of the fire crew sent to fight fires in Idaho/Montana this summer.

#### **Ethnobotany Students Travel to Alaska**



Pictured, from left, are Dr. Sunshine Brosi, Madison Lawrence, Laura Price and Andrew Wall at a fish camp on the Kuskokwim River in the Yukon Delta of Alaska.

Undergraduate ethnobotany majors spend two-weeks of their summer vacation in Alaska. *Madison Lawrence* from Lonaconing, Md., *Laura Price* from Fayetteville, W.Va., and *Andrew Wall* from Baltimore joined students from Alaska and Hawaii to study the local cultural uses of plants by the Yup'ik in Bethel. As part of the course instructed by *Dr. Sunshine Brosi*, the students visited a local food producer and a subsistence fish camp, dyed cloth with natural dyes, made soap and picked lots

of blueberries. Food, lodging and partial travel costs were provided through the Drumbeats grant funded by the U.S. Department of Agriculture. This project is part of a collaborative agreement between the Kuskokwim Campus of the University of Alaska, Fairbanks and FSU. For info, contact Brosi at <a href="mailto:slbrosi@frostburg.edu">slbrosi@frostburg.edu</a>.

#### Take Note

### **New FSU Mobile App Available for Download**



FSU has launched a new mobile app that puts the user first.

Frostburg State Mobile allows users to choose their persona – Campus, Student, Student Residents, Alumni and Friends, and Employee – to customize their experiences.



FSU has listened to students, faculty and staff about what they need in a campus smartphone app and has responded with all new features and experiences.

Students can easily find menus and hours at Frostburg Dining locations, receive BurgAlert notifications within the app, access LaundryView to see when their washer and dryer cycles are finished and access Ort Library resources.

Alumni and Friends can also view a calendar of events at FSU, read Profile magazine, update their info and send donations to the FSU Foundation.

Employees also will find access to the Web Helpdesk and a link to FSU job openings.

All users are able to view the latest social media updates from a variety of official FSU accounts and student organizations.

More features are on the way, including GPS tracking of the Allegany Transit Authority's FSU Shuttle and push notifications.

The app also has links to companion apps and sites, including:

- Bb Student by Blackboard: Check your grades and complete class assignments.
- Card Accounts: Add money for Bobcat Express and other accounts using Blackboard Transact.
- Edgewood Commons: Download Edgewood Commons' standalone app to pay rent, issue work orders, reserve rooms and view events.
- REC\*IT: View and manage intramural sports teams.

Visit <a href="https://www.frostburg.edu/computing/services/mobile">www.frostburg.edu/computing/services/mobile</a> for links to both the App Store and Google Play to download Frostburg State Mobile. Windows phones and other devices can access the app at <a href="mailto:m.frostburg.edu/default/launchpad/index">m.frostburg.edu/default/launchpad/index</a>.

If you have the old Frostburg2Go app, it should be deleted from your phone.

# **Sustainability Research Continues on Endangered Allegheny Woodrat**



Pictured, from left, are Josh Tabor, Karen Johnson and Laura Price who took part in live-trapping to estimate population numbers of the Allegheny woodrat in Western Maryland.

Supervised by *Drs. Sunshine Brosi and Tom Serfass*, undergraduate students in Wildlife Biology and Ethnobotany, along with graduate students in the Applied Ecology and Conservation Biology Program, researched the Allegheny woodrat ("Neotoma magister"), a state-endangered mammal, through collaborations with the Maryland Department of Natural Resources. The small mammal requires

undisturbed high-elevation rock outcroppings, which are increasingly being cleared for industrial wind development projects. Research from this project will assist in understanding the decline of this unique species. This research is funded through a grant from the Wildlife Management Institute.

#### **FSU Promotes Student Achievement Through Merit**



FSU students don't need to keep track of major awards, accomplishments and involvement to eventually build a resume. The University does it for them on a personalized, public Merit page.

Used by more than 300 colleges in the United States, Merit allows institutions to recognize and promote accomplishments and connect those achievements back to tailored audiences that have a vested interest in each student. Every student has a Merit page automatically created online, which is then updated by the Office of News & Media when they make the dean's list, earn a scholarship, win an award or are inducted into an honor society.

If a student wants to enhance his or her Merit page with additional activities, awards or internships, that student can further customize this self-building resume. Ultimately, students' Merit pages become a collaborative, verified record of success they can share with potential employers.

With more than 70 percent of recruiters in the U.S. reporting that they've rejected candidates because of information they found online, Merit gives students a hub for positive information about themselves. Plus, because updates to students' Merit pages also reach friends and family via social media and other channels, the success of FSU's students helps the University tell its story in a personalized way.

Students will receive an email this fall from FSU News when new students' names are uploaded to Merit. If you have a directory restriction on your PAWS account, your name will not be uploaded, but you can be added by emailing <a href="mailto:news@frostburg.edu">news@frostburg.edu</a> and giving us permission. Other students can still opt out of the Merit service at that point by responding to the email they receive from Merit. Returning students who already have claimed their Merit pages don't need to do anything else.

### **FSU and Frostburg Businesses Take to the Streets for Annual Block Party**

Fun on Frostburg's Main Street returns with the annual Block Party on **Wednesday**, **Sept. 7**, from 6 to 10 p.m., filled with music, entertainment, food, games and more. The rain date is **Thursday**, **Sept. 8**.

The event is sponsored by FSU Student Activities and the City of Frostburg Parks and Recreation Department as a way to bring together the campus and city communities and familiarize FSU's students with the businesses in Frostburg.

Block Party has something for everyone, including giveaways, a DJ, local business, community and student organizations on hand to introduce themselves and the eighth annual hot-pepper eating contest at 8 p.m. There will be cash prizes for winners.

FSU SafeRide will offer FSU students a free shuttle to the Block Party from 5:45 to 10:45 p.m. from Annapolis Hall to the corner of Mechanic Street and Broadway or from Brady Health to the city parking lot behind St. Michael Catholic Church.

For info, contact Brian Vought at <a href="mailto:bvought@frostburgcity.org">bvought@frostburgcity.org</a> or 301-689-6000, ext. 18.

## **Get to Know Frostburg Businesses at Frostburg 101: A Taste of the City**



Discover Frostburg's downtown restaurants and shops with a new FSU student-only event!

The Student Government Association, FrostburgFirst, FSU Foundation and FSU SafeRide have partnered to offer Frostburg 101: A Taste of the City, from 1 to 5 p.m., **Saturday**, **Sept. 10**, on Main Street in Frostburg.

The event is a perfect way for students to discover stores downtown they haven't visited, supporting the Frostburg economy and strengthening the relationship between campus and community. Students can win prizes while discovering more than 20 participating businesses.

Hitch a free SafeRide shuttle from Annapolis Hall or Brady Health to the city-owned Parish Hall parking lot on First Street behind St. Michael Catholic Church from 12:45 to 3:45 p.m. Even if you have a car, you'll want to stop at the parking lot behind the church, 44 E. Main St., first to register for giveaways and to obtain your passport. (Bring your FSU ID; you'll need this to register!) Show up early because the first 400 people to register receive swag: a FrostburgFirst drawstring bag.

Visit a combination of 12 restaurants, shops and points of interest to have your passport stamped to qualify for prizes. In the spirit of a true treasure hunt, the stamps will be placed in random locations in the business to encourage students to check out the stores.

The grand prize is an Insta360 Nano Camera to take 360-degree photos and videos! Second prize is a choice of a Netflix or

Amazon Prime subscription and third prize is a selection of gift certificates to Frostburg businesses.

Once you register, get out and discover the customized specials that you can only get with your FSU ID.

Highlights include free pork BBQ sliders at A Place to Eat, \$5 off every purchase at Cartridges Galore, 40 to 60 percent off Vera Bradley merchandise at Crestmont, a sample basket raffle at Wholesome Harvest, a cooking demonstration by SHIFT Restaurant at St. Michael Church, a drawing for a 26-inch 3D cutwork star from Spectrum Design, a chance to win free movie tickets from the Palace Theatre, \$2 mini chicken/cheddar or veggie quesadillas at Dante's Bar and more!

A full list of participating businesses and specials are available at <a href="https://www.downtownfrostburg.com/frostburg101">www.downtownfrostburg.com/frostburg101</a>.

### **Children's Literature Centre to Hold Open House**

The FSU Children's Literature Centre will host an open house on **Monday, Sept. 12**, from 10 a.m. to 2 p.m. in Framptom 206. Come learn about CLC, upcoming events and the always-growing collection of books. All attendees will be eligible for a door prize. For info, email <a href="mailto:clc@frostburg.edu">clc@frostburg.edu</a>.

### **Upcoming BURG Events**

BURG events for the week are as follows:

- Stress Culture, Tuesday, Sept. 6, 7 to 8 p.m., Lane 113
- General Body Meeting, Thursday, Sept. 8, 6:30 to 8 p.m., Lane 113

For info, contact Armand Jackson at adjackson02@frostburg.edu.

### **FSU to Host MIPS-TEDCO Funding Briefing for Faculty, Local Businesses**

The Maryland Industrial Partnerships Program (MIPS) and the Maryland Technology Development Corporation (TEDCO) will jointly host a free briefing about how faculty and local businesses can participate in their funding programs at FSU on **Wednesday, Sept. 14**, from 3 to 5 p.m. in FSU's Sustainable Energy Research Facility at 5 Technology Drive in Frostburg.

MIPS provides funding – matched by participating companies – for university-based research projects that help companies develop new products. MIPS funding goes directly to faculty for research that helps the companies commercialize a product. Applications are due **May 1** and **Oct. 15** each year. Research supported by MIPS may broadly be in engineering, computer science, physical, environmental and life sciences. MIPS also supports projects designed to help a company plan and develop industrial training programs for its employees.

MIPS Associate Director Ronnie Gist will give a presentation, followed by a question-and-answer period and one-on-one meetings, if desired.

TEDCO is the go-to source for entrepreneurial support and guidance for start-ups and early-stage companies engaged in bringing innovative ideas to the market. For more than 15 years, the organization has provided funding, mentoring and networking opportunities to support Maryland's innovation ecosystem.

TEDCO Director of Entrepreneurial Development Neil Davis will give a presentation on the funding programs available to Maryland entrepreneurs.

For info, contact Linda Steele, program specialist at 301-687-4137 or <a href="mailto:lsteele@frostburg.edu">lsteele@frostburg.edu</a>.

## **Secular Student Alliance to Meet Wednesdays**



Regular weekly meetings of Secular Student Alliance at FSU (Frostburg SSA) will resume Wednesdays from 5 to 6:30 p.m. in Lane 110. SSA will have snacks, drinks videos, music and free stuff. Help with events such as Adopt-A-Highway, hosting a Blood Drive, speakers, films, debates and discussions are appreciated. Search Frostburg SSA on Facebook, Twitter and Bobcat Connect. For info, contact Leigh Abraham at <a href="mailto:ldabraham0@frostburg.edu">ldabraham0@frostburg.edu</a>.

## **Annual Diversity Retreat – 'Building Community: Unity in Diversity'**

FSU students interested in diversity, equity, inclusion and coalition building have the opportunity to participate in the 18th Annual Diversity Retreat scheduled from 4 p.m. **Friday, Sept. 30**, through 1 p.m. **Sunday, Oct. 2**. Offered by the Black Student Alliance; the Student Government Association; the Center for Student Diversity, Equity and Inclusion (CSDEI); and the President's Advisory Council on Diversity, Equity and Inclusion, this year's theme is "Building Community: Unity in Diversity." The retreat will include diversity workshops and other related activities intended to promote student awareness and empowerment in diversity, equity and inclusion issues, and coalition building.

Participants are challenged and empowered to explore their experiences and feelings about their own groups as well as the groups to which others belong. Skill training and action planning are included as well so that the participants return to campus prepared to become part of the work of creating and maintaining a warm, welcoming environment at FSU.

FSU faculty and staff are encouraged to promote this program to their students and to consider making participation in this retreat an option for class assignments, as appropriate. For info, contact Robin Wynder, director of CSDEI, at 301-687-4050 or <a href="mailto:rwynder@frostburg.edu">rwynder@frostburg.edu</a>.

Applications are available in Hitchins 116. All completed applications must be submitted by Wednesday, Sept. 21.

#### **Faculty and Staff Meal Plans**

Plan Options	25 Block	50 Block	75 Block	100 Block
Total Meals per Semester	25	50	75	100
Bonus Dollars	25	25	25	25
Avg. Meals/Week	2	3	5	6
Price of Plan	199	359	499	649
FREE Coffee	5	10	15	20
Email Discounts	2	4	6	8

Frostburg Dining offers meal plans for faculty and staff, too! There are two parts to each meal plan: Meals and Bonus Dollars. Meals can be used at Chesapeake, or one of your meals can be traded for a cash credit at Appalachian Station, Moe's or Subway. Bonus Dollars can be used at any dining location on campus. Faculty and staff who sign up for meal plans get several free coffees as well as discounts. When you use a swipe in Appalachian Station Food Court, the meal exchange price matches that of a combo meal at Frostburg Dining locations.

For info, email <u>Elizabeth.Diamond@compass-usa.com</u>.

#### **Graduation Will Be Here Before You Know It!**

It's not too early to be thinking about graduation, especially if you intend to graduate on **Tuesday**, **Dec. 20**, in the Cordts PE Center.

The College of Liberal Arts and Sciences and the Colleges of Business and Education will both present their graduates at 2 p.m. Tickets will be required for admission. The number of tickets will be determined at a later date, based on the number of graduating students.

If you haven't yet done so, contact the Registrar's Office to complete your graduation application. Also, check that your home mailing address is accurate in PAWS so you'll receive all the necessary upcoming info.

Follow <u>@FrostburgGrad</u> on Twitter or <u>https://www.facebook.com/FrostburgGraduation</u> on Facebook for updates and important info throughout the semester.

Full details about the ceremony can be found on the Commencement website at <a href="www.frostburg.edu/events/commencement">www.frostburg.edu/events/commencement</a>. For info, contact Christie Bohn at 301-687-4423 or <a href="mailto:clobhn@frostburg.edu">clobhn@frostburg.edu</a>.

#### **Activities for Life**

For info and registration, contact Amy Nazelrod, AFL coordinator, at 301-687-7934 or anazelrod@frostburg.edu.

#### Intermediate Dance and Movement

Two sessions of an Intermediate Dance and Movement class for children ages 7 to 11 years will be offered Mondays in room 106 of the Cordts PE Center. Session 1 will take place **from Sept. 12 to Oct. 17**, and session 2 **from Oct. 24 to Nov. 28**.

In this class, students will learn advanced technical skills and musicality as well as use props and partnering to enhance rhythmic/movement learning. This class will emphasize the use of more advanced skills and body and space awareness.

A minimum of four students is needed for the class.

The registration and payment deadline for session 1 is Sept. 9 and for session 2 is Oct. 21.

## **Beginner's and Basic Tumbling Classes**

Two sessions of a beginner's tumbling class for children ages 3 and 4 and a basic tumbling class for children ages 5 to 8 years will be offered in room 106 of the Cordts PE Center. Session 1 will take place on **Thursdays**, **Sept. 15 through Oct. 20**, and session 2 **from Oct. 27 to Dec. 8** (no class on **Nov. 17 or 24**). The beginner's class will be held from 5 to 5:50 p.m. and the basic class will be from 6 to 6:50 p.m.

The beginner's class will focus on skills like stretching, forward and backward rolls, cartwheels and handstands. A parent is required to participate with each child.

The basic class will introduce handstands, backbend kick-overs, front walkovers and round-offs and will even start to work on back handsprings. New skills will be incorporated with games and activities.

The payment deadline is **Sept. 12** for session 1 and **Oct. 24** for session 2. A minimum of five participants is needed for each class.

## **Group Fitness Classes**

Group fitness classes will be offered **Mondays through Thursdays**, **Sept. 19 through Dec. 15**, from 7 to 8 p.m. in Cordts PE Center room 168. There will be no classes **Nov. 21 through 24**.

After paying a one-time semester fee, participants will be able to participate in the following classes: Core and More on Mondays, Step Combo Aerobics on Tuesdays, Strength and Stretch on Wednesdays and Strong by Zumba on Thursdays.

The first week is free to sample. Payment must be made to participate beginning Sept. 26.

#### FSU-TV3

# **FSU-TV3 Needs Your Help!**



Do you know FSU has its own cable channel? FSU-TV3 is available on Comcast's channel 3 in Frostburg, Mount Savage and Lonaconing and offers a variety of programming.

FROSTBURG STATE UNIVERSITY Find out program information at <a href="https://www.frostburg.edu/fsu-tv3">www.frostburg.edu/fsu-tv3</a>.

Follow FSU-TV3 on <a href="https://www.facebook.com/FSUTV3">https://twitter.com/fsutv3</a>, <a href="https://www.facebook.com/FSUTV3">https://twitter.com/fsutv3</a>, <a href="https://instagram.com/fsutv3">https://instagram.com/fsutv3</a> and now on Snapchat @fsu-tv3.

#### **Student Life**

### **Edgewood Commons Contracting for Spring 2017**

Edgewood Commons is accepting applications for the spring semester. Contact Edgewood directly for contracting questions. All the info about Edgewood Commons is available at www.edgewoodFSU.com. Apartments come fully furnished and have private bedrooms and semi-private bathrooms. Utilities (gas, electricity, water, Internet and cable) are included in the contract fee. To set up a tour or find out more, call 301-689-1370.

#### **Community**

## First Mountain Maryland Renewable Energy Bike Ride Coming Soon



Join the premier event of the year! The First Annual Mountain Maryland Renewable Energy Bike Ride will take place on Saturday, Sept. 24, and will include two options – a round-trip, family-friendly bicycle ride from the Frostburg trailhead of the Great Allegany Passage and a challenging 35-mile ride beginning at the trailhead and then hitting the road in Deal to see the area's energy-producing capabilities. At the end, riders will be treated to a party with food by SHIFT restaurant, drinks and music by The Chinese Bandits, all set against the beautiful backdrop of the Frostburg Depot.

Special student discounted registration is available.

Ride proceeds benefit Allegany County Habitat for Humanity and FSU Foundation scholarships for students with an interest in energy and renewable energy studies.

Register at https://www.bikereg.com/mountain-maryland-renewable-energy-ride.

#### **FSU Events Calendar**

For info on FSU events, go to <a href="http://events.frostburg.edu/calendar">http://events.frostburg.edu/calendar</a>.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

## **Don't Let Technology Make You Unaware of Your Surroundings!**



#### FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

#### **INSTITUTIONAL PRIORITIES**

- 1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom.
- 2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.
- 3. Increase student quality and improve student persistence to graduation.

Learn more at www.frostburg.edu/admin/opa/splanning.