



StateLines

For and about FSU people

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FSU Celebrates Region's Culture With Virtual Appalachian Festival



FSU's much-anticipated Appalachian Festival is going virtual this year. Returning for its 15th year, the event will take place **from Thursday, Sept. 17, to Saturday, Sept. 19**. All program offerings can be accessed through the festival's website at www.frostburg.edu/events/afestival.

The festival will use its website as a launching-off point for all festival-related programs, presentations, workshops and performances. In addition, festival artisans will be featured through the event's Facebook Page at <https://www.facebook.com/fsuappalachianfest> throughout the week.

The three-day event kicks off with the Mountain Traditions Film Festival on **Thursday, Sept. 17**, at 7 p.m., continues with the symposium, "African Americans in Appalachia," on **Friday, Sept. 18**, from 6 to 9 p.m. and culminates in a full day of workshops, presentations and musical performances on **Saturday, Sept. 19**, from 10 a.m. to 6 p.m.

Thursday evening features the Mountain Traditions Film Festival produced by filmmaker Mike Snyder and FSU graduates **Sidney Beeman** and **Alexander Beeman**. The five short films feature regional traditions and residents, including "Fly Fishing" with John Kirby, "Ramp Harvesting" with Caroline Blizzard, "Beekeeping" with Ben Cooper, "Barn Dance Calling" with Slim Harrison and "Old-Time Musicians" with Pete Hobbie and Dakota Karper. A live discussion with the filmmakers will follow the film screenings.



Friday's symposium takes on pressing contemporary issues, focusing on the topic of "African Americans in Appalachia." The event begins with keynote speaker Frank X Walker, founder of the term and movement, Affrilachia. In his talk, "Affrilachian Lives Matter, Too: Myths, Lies and Historical Truths," Walker will read from his new collection, "Masked Man, Black: Pandemic and Protest Poems," and discuss little-known significant histories that shatter deeply rooted caricatures and stereotypes about race in Appalachia. Two panel presentations will follow his talk. The first features local activists. The second features regional student leaders and activists. Musical performances, a "Mind-and-Body Meditation" and "Art With a Message" will also be woven into the evening program.

Saturday's festival highlights the mountain region's music, dance and storytelling traditions with a series of live performances and workshops, discussions and presentations, and a puppet show. This year's live music lineup includes bluegrass, old-time and folk music by the Hickory Bottom Band, Ken and Brad Kolodner, Mountain Echoes, Day Old News, Michael and Carrie Kline, Davis Bradley, Frankie Revell, Loretta Hummel, the Barnstormers and RockCandy Cloggers and Black Guy Fawkes.

Dancer Becky Hill will offer the workshop, "Flatfooting From Scratch," where participants can learn the Appalachian percussive dance basics, spending an afternoon together working on the clogging fundamentals, and Robert Dotson's Tennessee Walking Step. No prior experience is necessary.



Internationally known groundbreaking songwriter and musician Kyshona will offer a songwriting workshop, "We the People: Voices for Change," co-hosted by FSU's Cultural Events Series, on Saturday afternoon. The workshop will focus on the importance of using one's voice and art as a motivator for change. Participants will begin the process of writing a modern-day song of protest as a group. The goal is to complete at least a verse and chorus that attendees can walk away with and continue to build upon.

Born and raised in South Carolina into a family of gospel musicians, Kyshona found her musical footing in the classical world through oboe and piano. It was during her studies at the University of Georgia that she learned more about Appalachian folk songs and instrumentation. As a songwriter, Kyshona has worked with adults and youth experiencing homelessness, incarceration, trauma and isolation. As a music therapist, she worked for more than 13 years in treatment facilities, rehabilitation programs, mental health facilities, forensics units, nursing homes and special needs schools. With more than 10 years of songwriting experience, Kyshona has merged her two worlds to focus on one mission: to be a voice and a vessel for those who feel lost, forgotten and silenced, and who are hurting.

Silly Goose and Val will provide a live puppet show. Award-winning ventriloquist, musician, composer and performer Valerie Leonhart Smalkin will present “Silly Goose and Val’s Fall Is Comin’,” where they will take the audience on a sing, play, laugh and dance-along adventure. Using ventriloquism, puppets, original and traditional music, Smalkin engages her virtual audience by asking them to sing, dance and play along. Her skills as a ventriloquist, along with Silly Goose, Rufus the Reluctant Dragon, Cyleena the Sloth, Grasshopper Gary and Anthony Ant, will delight the child in every audience member as they celebrate the coming of fall.

Michael and Carrie Kline, with “Talking Across Lines,” will share materials from their most recent documentation project on Appalachia’s back-to-the-land movement, and community discussions will give participants an opportunity to explore regional and national issues. The session, “How Should Communities Reduce Violence? A Deliberative Community Discussion About Safety and Justice,” is a Choose Civility event facilitated by FSU’s Communication Leadership Lab designed to support civil conversations in Allegany County. Also, an exploratory steering committee will engage in a discussion, “Creating a Community Café in Allegany County,” inviting community feedback on the project.

To learn more about the FSU Appalachian Festival, visit www.frostburg.edu/events/afestival or email Dr. Kara Rogers Thomas at krogerstomas@frostburg.edu.

Help for Students

PAWS Pantry Info

The FSU PAWS Pantry, located at the Braddock House (20 Braddock Road), is open Mondays and Thursdays from 11 a.m. to 6 p.m. and Wednesdays and Fridays from 10 a.m. to 4 p.m.

Under advisement from the Maryland Food Bank and the Maryland Department of Health, the PAWS Pantry is using a prepacked bag-style pantry to maintain proper social distancing.

Customers who are showing symptoms of COVID-19, have been exposed to the virus or have been instructed to self-isolate should not visit the pantry. Instead, send a request to PAWSPantry@frostburg.edu as soon as you are aware of this situation to set up a delivery. More details about how the delivery will work will be sent to you on your request. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

Currently, no more than one person is permitted at the door at a time. When visiting the pantry, wait at the bottom of the ramp until it is clear. Also, maintain 6 feet of space between you and others who are waiting.

FSU Students who have never used the pantry but would like to sign up must first complete the PAWS Pantry Intake and Liability Waiver Form at <https://forms.office.com/Pages/ResponsePage.aspx?id=0V75uBggRkKBBAOmdHjTo1C8qOQNbRRDqVJDUEZpF8dUM0hLQVVRSehVQVcyREc0STBPQTFXS1U5NS4u>. You are encouraged to do this before you visit the pantry, but it can be completed on site. You will be assigned a Pantry ID number on your first visit to the pantry.

If you are a student in need of food assistance or would like more information, contact the PAWS Pantry at PAWSPantry@frostburg.edu or call 301-687-7598 during the hours listed above.

Donations

If you would like to donate, email PAWSPantry@frostburg.edu to schedule a drop-off time or on-campus pickup. At this time, the pantry can only accept nonperishable items.

CARES Act – Housing Awards

Students who have not applied for fall 2020 housing awards of \$375 can still apply at <https://www.frostburg.edu/news/COVID-Response/Emergency-aid-resources.php>.

Get Ready for the November Election With TurboVote!

Register to vote online in a matter of minutes at <http://frostburg.turbovote.org>!

You can verify voter registration and update voter information, request absentee ballot forms by mail and receive text message and email reminders for upcoming elections.

Readings

CLA Presents Online Reading by Author Sebastian Matthews



FSU's Center for Literary Arts will host a livestreamed reading by award-winning author Sebastian Matthews on **Thursday, Sept. 10**, at 7:30 p.m. The reading is free to view online. A link will be posted to CLA's Instagram page at [@fsuliteraryarts](https://www.instagram.com/fsuliteraryarts) and Facebook group [Frostburg State University Center for Literary Arts](https://www.facebook.com/FrostburgStateUniversityCenterforLiteraryArts) closer to the event.

Matthews is the author of a memoir, "In My Father's Footsteps," and two books of poetry, "We Generous" and "Miracle Day." His hybrid collection of poetry and prose, "Beginner's Guide to a Head-on Collision," won the Independent Publishers Book Award's silver medal. Matthews is also the author of the collage novel "The Life and Times of American Crow" and the memoir-in-essays "Beyond Repair: Living in a Fractured State." He has also edited and co-edited several poetry collections and books, including "Search Party: The Collected Poems of William Matthews" (Houghton Mifflin), which was a runner-up for the Pulitzer Prize.

Matthews has received fellowships from the North Carolina Arts Council, Vermont Studio Center and Asheville Area Arts Council and was awarded a Bernard DeVoto Fellowship in Nonfiction. He now serves on the board of the Vermont Studio Center and the advisory board for "Callaloo: A Journal of African Diaspora Arts and Letters."

Music

Because of the coronavirus pandemic, musical performances before live audiences will not be held until conditions warrant. However, the Department of Music is planning a series of online presentations. Links will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

Dr. Jay DeWire to Perform 'After Beethoven' in Online FSU Faculty Artist Series Concert



FSU's Department of Music will kick off the fall semester with a livestreamed Faculty Artist Series concert by pianist **Dr. Jay DeWire** on **Sunday, Sept. 13**, at 3 p.m. The recital is free to view online. The link will be posted at www.frostburg.edu/concerts

Titled "After Beethoven," about the next generation of great composers that followed Beethoven, the concert will begin with "Rondo capriccioso, Op. 14" by Felix Mendelssohn. The sparkling bravura piece was called an "Etude" in the first version of 1828. Two years later Mendelssohn wanted to present the work to the young piano virtuoso Delphine von Schueroth, whom he was courting at the time. He reworked it under the new title "Rondo capriccioso," adding a "moving introductory adagio."

"Abegg Variations, Op. 1" by Robert Schumann, composed between 1829 and 1830, is believed to refer to Schumann's fictitious friend, Meta Abegg, whose surname Schumann used through a musical cryptogram as the motif for the piece. Another suggestion is Pauline von Abegg. Apparently, when he was 20 years old, Schumann met her and dedicated this work to her.

The demanding piece "Barcarolle, Op. 60" by Frederick Chopin was composed between 1845 and 1846, three years before his death. Based on the barcarolle rhythm and mood, it features a sweepingly romantic and slightly wistful tone.

After intermission, DeWire will perform "Sonetto 47 del Petrarca" by Franz Liszt, which is one of the "Tre sonetti del Petrarca" ("Three Sonnets of Petrarch"), which was composed around 1839-1846 and is part of the second suite, "Deuxième année: Italie" ("Second Year: Italy") from "Années de pèlerinage" ("Years of Pilgrimage"), a set of three suites for solo piano. Liszt clearly places these compositions in line with the Romantic literature of his time, prefacing most pieces with a literary passage from writers such as Schiller, Byron or Senancour.

Liszt's "La leggerezza" (meaning "lightness") is the second of his "Three Concert Études (Trois études de concert), S.144," composed between 1845-1849. This is a monothematic piece in F minor with a very simple melodic line for each hand. The technical difficulties involved in playing the piece include rapid leggero chromatic runs, often with irregular rhythmic groupings, and passages in sixths and thirds.

The program ends with the "Fantasie in C Major, Op. 15 (D. 760)," popularly known as the "Wanderer Fantasy," a four-movement fantasy for solo piano composed by Franz Schubert in 1822. It is widely considered Schubert's most technically demanding composition for the piano. Schubert himself said "the devil may play it," in reference to his own inability to do so properly.

Department of Music to Host Baltimore Guitar Duo in Online Faculty-Guest Artist Series Concert



James Keretses, left, and Isaac Greene of the Baltimore Guitar Duo

FSU's Department of Music will present a livestreamed Faculty-Guest Artist Series concert by the Baltimore guitar duo of FSU's **Isaac Greene** and James Keretses on **Friday, Sept. 18**, at 7:30 p.m. The recital is free to view online. The link will be posted at www.frostburg.edu/concerts.

An honors ensemble from the Peabody Institute, the guitar duo of Greene and Keretses will present a recital of beautiful solo and duo guitar works by composers Marcello, Albeniz, Castelnuovo-Tedesco, Tansman and Pujol.

Greene began music lessons at the age of 8 on the clarinet, and started playing guitar at age 13. After high school, he attended Bob Jones University as a church music major, where he was a two-time finalist in the Commencement Competition, while continuing classical guitar studies at the University of South Carolina. After graduating from Bob Jones University, Greene moved to Baltimore where he earned a master's in guitar performance at the Peabody Conservatory, and where he is working on a doctorate in guitar performance, teaching a studio of private students and serving in the music ministry of his church. Greene is a lecturer in FSU's Department of Music.

Keretses began studying classical guitar at his high school. Since then, he has gone on to complete a bachelor's in guitar performance at the University of South Carolina. There he was awarded the Christopher Berg Guitar Award, given to students exhibiting creativity, humility, perseverance and improvement in their study of the guitar and music performance. After graduating from USC, Keretses moved to Baltimore and completed a master's in guitar performance at Peabody Conservatory. He is pursuing a doctorate in guitar performance and teaching guitar privately in Baltimore.

Mindfulness Sessions

Mindful Mondays for Faculty, Staff and Students

Sessions to discuss and practice mindfulness will be led by **Dr. Anne Murtagh**, an associate professor in FSU's Department of Psychology, and others **every Monday** from 1 to 1:45 p.m. This is an open, drop-in group available online through Webex for students, faculty, staff and community members. Mindfulness is not limited to any particular cultural or religious tradition; it is a helpful self-care practice. In college settings, it has been shown to help manage stress, improve learning and increase empathy toward others. Specific practices include mindfulness of the body and breath, self-compassion and compassion, coping with difficult emotions, cultivating joy and gratitude, and more. No need to register – just click on the link below to join. For info, contact Murtagh at ammurtagh@frostburg.edu.

Meeting link: <https://frostburg.webex.com/frostburg/j.php?MTID=m3cb34fcfe6f27b72d9d1691e9f3c2d5f>

Meeting number: 120 589 0997

Password: b72aXd3mj7P

More ways to join

Join by video system: Dial [1205890997@frostburg.webex.com](tel:1205890997). You can also dial 173.243.2.68 and enter your meeting number.

Join by phone: +1-408-418-9388 (U.S. toll). Access code: 120 589 0997.

Wellness Wednesdays



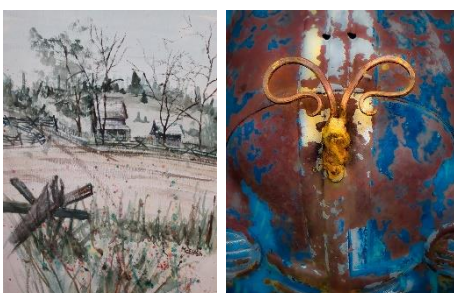
Wellness Wednesday: Gathering at the Grove continues through **Sept. 30**. Each Wednesday from 6:30 to 7:30 p.m. in Hoffman Park at 11300 Hoffman Hollow Road SW in Frostburg, local residents trained by the Center for Mind-Body Medicine will present simple skills designed to mitigate the negative impacts of chronic stress on our minds and bodies. Presentations will include guided imagery, movement, mindful eating, meditation and creative expression. The **Sept. 9** session will be "Inspiration Through Imagination" by Kathy Condor.

The Grove provides a beautiful space that will allow us to physically distance while we come together as a community during this unprecedented time. Be sure to bring lawn chairs or a blanket and don't forget your mask.

For info on this free series, contact Elizabeth Stahlman, administrator, City of Frostburg, at estahlman@frostburgcity.org or 301-689-6000, ext. 101. In case of inclement weather, check the city's website at www.frostburgcity.org or Facebook Page at www.facebook.com/frostburgcity for cancellations.

Exhibitions

Roper Gallery to Feature Multimedia Exhibit 'Silent Footsteps: Meditations and Meanderings' by Two Local FSU Alums



A watercolor by Dr. Charles McElfish, left, and "Rusted Ram" by Martin Heavner

FSU's Department of Visual Arts will host a multimedia exhibition by two local FSU alumni titled "Silent Footsteps: Meditations and Meanderings" in the Stephanie Ann Roper Gallery in FSU's Fine Arts Building. The exhibit, which is free and open to the public, will open on **Friday, Sept. 11**, and will be on display **through Friday, Oct. 2**.

The exhibit will feature paintings, drawings and sculpture from **Dr. Charles "Bud" McElfish** and photographs from **Martin Heavner**. Both artists are Cumberland natives

who grew up together on Bedford Road before graduating from FSU, McElfish with a bachelor's in chemistry in 1977 and Heavner with a master's in business administration in 1992.

The show offers reflective scenes of pastoral landscapes, structures, still lifes and people, with echoes of a simpler time. The gallery visitor sees the enduring beauty and dignity of these subjects from the perspective of a silent, contemplative witness.

McElfish, whose Hunt Club Dentistry practice is based in Short Gap, W.Va., has been working in nearly all kinds of artistic media since childhood. His favorite media during the past several years have been pen-and-ink sketches and pastels. Heavner has been active in photography for more than 35 years, exhibiting his work at galleries in suburban Washington, D.C., and Western Maryland.

The Roper Gallery is open Mondays, Thursdays and Fridays from 1 to 4 p.m. For info, contact the Department of Visual Arts at 301-687-4797.

Points of Pride

Office of Sponsored Programs Successes/News

On Aug. 25, project director **Jamelyn Tobery-Nystrom** (Educational Professions) was awarded \$113,809 by the Maryland State Department of Education for the project, The HUB: Shifts and Connections to Build Family Engagement.

On Aug. 25, Tobery-Nystrom was also awarded \$11,191 by the Maryland State Department of Education for the project, Building Capacity Through an Accessible and Equitable Education Community of Learners Using Evidence-Based Practice.

On Aug. 23, project director **Timothy Malloy** (Upward Bound) was awarded \$473,169 by the U.S. Department of Education for the TRIO program, Upward Bound (FedFY2021). The program provides participants with the academic skills and motivation required for successful completion of secondary and postsecondary education.

For info, see the Office of Sponsored Program's Successes/News webpage at <http://www.frostburg.edu/osp/successesnews.php>.

FSU Student Cassie Conklin Recognized at Women's Centennial Summit



FSU student **Cassie Conklin** was celebrated as part of a "Parade of Sheroes" during the Maryland Commission for Women Women's Centennial Summit in late August. The Sheroes award is for women or girls who have contributed in a special way to helping their communities during the COVID-19 virus and who have contributed to the work on racial justice. Conklin was nominated by a reader of her journalistic work, Ed Schlessinger, who noted her coverage of COVID-19. Among her accomplishments:

Recipient of a Preserving Democracy and Voting Rights Fellowship with The GroundTruth Project to cover the 2020 election with various national news outlets

Ronald E. McNair Post-Baccalaureate Scholar

American Association of Geographers World Quiz Bowl Champion 2019

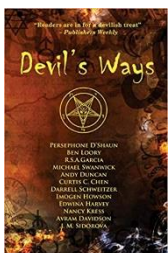
Cumberland Shade Tree Commissioner since 2015

Co-organizer of the Inaugural Cumberland Pride Festival

For info on the summit and sheroes, go to <https://2020womensummit.org/100-sheroes>.

For info on the local commission, visit the Facebook page at <https://www.facebook.com/Allegany-County-Commission-for-Women-111372210443378>.

Andy Duncan's Story Published in Anthology 'Devil's Ways'



Andy Duncan, a professor in FSU's Department of English and Foreign Languages, has a story in the new reprint anthology "Devil's Ways," edited by Anna Kashina and J.M. Sidorova for Dragonwell Publishing. It includes his novelette "A Diorama of the Infernal Regions, or the Devil's Ninth Question," originally published in the Berkley/Ace anthology "Wizards" in 2008.

Take Note

Homecoming 2020

Homecoming is still scheduled for **Thursday, Oct. 15, through Sunday, Oct. 18**, and the Office of Alumni Relations and Office of Student and Community Involvement are planning a series of great virtual events. Schedule coming soon!

For info, visit the Homecoming webpage at <https://www.frostburg.edu/alumni/homecoming.php>.

Times Talk Thursday: Diversity and Inclusion

This week's Times Talk Thursday, titled "Diversity and Inclusion," will take place on **Sept. 10** from 12:30 to 2 p.m. via Webex. Login information will be in this week's Volunteer Service email.

Interested faculty, staff and students will gather for a discussion on a current topic in the news focused around diversity, inclusion and social justice.

Each week the group will frame its conversation around a recent New York Times article selected by an office or student organization.

Everyone at FSU has a free subscription to the New York Times. To activate yours, click <https://nytimesineducation.com/access-nyt> and create an account using your FSU email. Or visit the FSU Ort Library page at <https://libguides.frostburg.edu/az.php> and select New York Times.

Special Collections Displaying Historic Breweries



The David M. Gillespie Special Collections at the Ort Library is displaying an exhibit related to the history of the brewing industry in Western Maryland. The exhibit is on the second floor of the library. All memorabilia in the exhibit are on loan from the Frostburg Museum and the personal collection of Ryan Zumbrun. Photographs are from the Mel Collins Collection.

For info, check out "Brewing Beer in Western Maryland: A Pictorial History of the Brewing Industry in Cumberland and Allegany County, Maryland, Vols. 1 and 2" by James Wolf and Robert Musson, available at the Ort Library, or contact Liza Zakharova, Special Collections librarian/archivist, at ylzakharova@frostburg.edu.

Focus on Your Future: Virtual Professional Development Conference



FSU's seventh annual Professional Development Conference, which will be held as a virtual half-day event this year, will take place on **Friday, Sept. 18**, from 8:30 a.m. to noon. Registration and additional details and a registration link were emailed on Thursday, Sept. 3. This event is sponsored by the Office of Human Resources and is free and open to FSU faculty and staff.

For info, contact Heather Killeen at hjkilleen@frostburg.edu.

Consider Serving as an Election Judge!

The 2020 general election will be held on **Tuesday, Nov. 3**. In accordance with state law, voters will be able to cast their ballots by mail, during the eight days of early voting (**Monday, Oct. 26, through Monday, Nov. 2**) or in person on election day.

Due to the coronavirus pandemic, the State Board of Elections is experiencing a shortage of election judges to staff the polls. Election judges play a critical part in the democratic process. This presents a unique opportunity for members of Bobcat Nation to participate in the democratic process while helping the citizens of Maryland!

Under Maryland law, you can serve as an election judge if you are:

- Age 16 or older
- A registered voter in Maryland
- Physically and mentally able to work at least a 15-hour day
- Willing to work outside your home precinct
- Able to sit and/or stand for an extended period
- Able to speak, read and write English

Election judges are temporary, paid employees of local election officials trained to handle all aspects of voting and are responsible for proper and orderly voting at polling locations. Tasks include:

- Setting up the polling location and election equipment
- Verifying voter qualifications
- Assisting voters
- Distributing ballots
- And more!

If interested, visit the State Board of Elections website at https://elections.maryland.gov/get_involved/election_judges.html to sign up to become an election judge. With the election fast approaching, be sure to sign up as soon as possible. Questions can be submitted to SBE at info.SBE@maryland.gov or 410-269-2840, or you can contact the Student Government Association at SGA@frostburg.edu or 301-687-4304.

UCM

UCM Anti-Racism Focus: Equality ≠ Controversy

United Campus Ministry discussion groups will meet on Mondays in Cook Chapel at 7:45 p.m. You can also join on Zoom at that time. Join the Zoom meeting at <https://bwcumc.zoom.us/j/96465485962> or by Cell One (tap mobile: +13017158592,96465485962#).

Everyone is welcome!

The entire schedule follows. If you miss any, be sure to watch online at www.UCMatFSU.org.

Aug. 31 – “What is Racism?”

Sept. 7 – “Where Does Racism Come From and How to Address It (Global, National and Personal)?”

Sept. 14 – “All Lives Matter and/or Black Lives Matter”

Sept. 21 – “When and How to Resist Injustice With God’s Wisdom”

Sept. 28 – “How to Make a Difference”

UCM also has a September calendar of activities, “30 Days of Anti-Racism,” with small ways you can participate all month. If you would like a copy, email Chaplain Cindy at c.zirlott@frostburg.edu.

Get Involved

Cru Is Meeting on Zoom



Cru will meet on Zoom this semester. Meetings will be held on **Thursdays** at 8 p.m. The link to the event is <https://us02web.zoom.us/j/8784349818>. This link will work for all Thursday meetings.

These meetings will be a mix of discussion-based Bible studies and open discussion times about religion, faith and Christianity. Follow Cru on Instagram at [@frostburgcru](https://www.instagram.com/frostburgcru) and Facebook at [Frostburg CRU](https://www.facebook.com/FrostburgCRU) for updates, links and events.

For info, contact Jordan Beachy at jbeachy0@frostburg.edu.

Study Abroad

Study Abroad: Start Planning Your Experience for Fall 2021

Join the Center for International Education for a study abroad information session to learn more about study abroad. Each virtual session takes place at 3:30 p.m. on the following **Fridays** throughout the semester: **Sept. 11 and 25** and **Oct. 9 and 23**. Email Kara Hotchkiss at kjhotchkiss@frostburg.edu to sign up for the session of your choice.

Safety Message

Things to Remember at School and Work

In general, the more closely you interact with others and the longer that interaction, the higher the risk of COVID-19 spread.

Keep these items on hand: a mask, tissues and hand sanitizer with at least 60 percent alcohol.

Avoid using others’ phones, desks, offices or other work tools and equipment.

Be alert for symptoms. Watch for fever, cough, shortness of breath, loss of sense of smell and/or taste, or other symptoms of COVID-19.

Take your temperature if symptoms develop. Don’t take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.

For info, go to <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/returning-to-work.html>.

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person’s ability to “take the perspective of the other.”

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.