

For and about FSU people A publication of Communications and Media Relations Volume 52, Number 15, December 13, 2021

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FSU to Celebrate Student Achievements at Commencement Ceremonies



From left, Commencement speakers Trent Keller, Kaitlyn Elwell and Samantha Kight

FSU will celebrate student achievements in two ceremonies on **Saturday, Dec. 18**. Fall 2021 graduates will be honored at the 159th Commencement ceremony at 9:30 a.m. At 2 p.m. there will be a ceremony for graduates from the Spring 2020, Fall 2020 and Spring 2021 Commencement ceremonies that were postponed due to the pandemic.

FSU President Ronald Nowaczyk will address the graduating classes and present diplomas.

This year's commencement speakers are *Trent Keller*, from the College of Business; *Kaitlyn Elwell*, from the College of Education; and *Samantha Kight*, from the College of Liberal Arts and Sciences.

Three speakers from among the previous graduating classes will address the combined ceremony. They are *Jordan Beachy*, spring 2021; *Kodi Bowers*, spring 2020; and *Noelle Otto*, spring 2020. Video addresses shared by the remaining speakers on what would have been their Commencement day can be found at <u>www.frostburg.edu/commencement</u>.

Keller, of Hagerstown, will graduate with a bachelor's degree in business administration with a concentration in general management and a minor in human resources management. Keller made the Dean's List every semester throughout his FSU career since transferring to FSU from Hagerstown Community College in spring 2020. He maintained his high academic status while working consistently. He is certified as a guest services professional by the American Hotel & Lodging Association, holds a Level One Certificate in the Foundations of Restaurant Management & Culinary Arts by the National Restaurant Association and is certified as a ServSafe Food Protection manager. "Trent represents the best character of our students as he embodies the qualities of perseverance, hard work and dedication to turning his goals into reality," said Dr. Sudhir Singh, dean of the College of Business. "He is universally respected by the faculty who have stated he is a terrific student who is highly supportive of others."

Elwell, of Lusby, will graduate with a bachelor's degree in elementary/middle school education with a specialization in mathematics. Elwell made the Dean's List every semester throughout her FSU career. She completed field experiences in sixth-grade math at Washington Middle School and fifth grade at Cash Valley Elementary, both in Allegany County. She was one of the very first Teacher Academy of Maryland graduates who enrolled at FSU and has brought her deep level of professionalism and commitment to every course, assignment and experience. "Kaitlyn consistently strives to reach her own high expectations and do her very best for her students," said Dr. Boyce Williams, dean of the College of Education. "She is a steady and consistent presence, which is necessary to keep her middle- and upper-elementary students focused and engaged."

Kight, of Westernport, will graduate with a bachelor's degree in health science with a minor in chemistry. Kight made the Dean's List every semester throughout her FSU career. In addition to her outstanding GPA, she has worked multiple jobs, including a position as a lab assistant/grader for the Chemistry Department, and been very involved in campus activities. She also secured a position with Alzheimer's and dementia patients to gain clinical experience for her plan to become a physician. Kight is a member of Phi Eta Sigma Honor Society, Gamma Sigma Epsilon Chemistry Honor Society, Tri-Beta Biology Honor Society and Phi Kappa Phi Honor Society. Her instructors noted her excellent attitude, strong work ethic and quiet confidence. "I have known Sami Jo for three years, and she

has impressed me greatly with her integrity, drive to succeed and pleasant demeanor," said Dr. Karen Keller, coordinator of the Health Science program.

Tickets are required. Masks must be worn by all graduates and attendees. Both ceremonies will also be livestreamed. Links to the livestreams will be available the day of the ceremonies at <u>www.frostburg.edu</u>. For info, visit <u>www.frostburg.edu/commencement</u>.



Help for Students

PAWS Pantry Hours for the Rest of the Semester

Through Friday, Dec. 17

Walk-ups (shopping only) – Monday: 10 a.m. to 2:30 p.m. and Thursday: 1 to 6 p.m.

Appointments (shopping or prepacked bags) – Wednesday: 10 a.m. to 2:30 p.m., Thursday: 6 to 8 p.m. and Friday: 10 a.m. to 2:30 p.m.

Monday, Dec. 20

Walk-ups (shopping only) – Monday: 10 a.m. to 4 p.m.

The pantry will close on Tuesday, Dec. 21, and reopen on Tuesday, Jan. 4.

PAWS Pantry is located in the Braddock House at 20 Braddock Road. For info, email pawspantry@frostburg.edu.

For the following events, FSU is following CDC guidance based on current area conditions. Currently, masks are to be worn indoors in the presence of others, regardless of vaccination status. Event attendees are encouraged to visit www.frostburg.edu/checkin for symptom monitoring. Users can display the portal's "Reduced Risk" badge on a mobile device for admission, or they may respond to symptom-check questions posted at events.



Roper Gallery Features BFA Senior Show, 'The Voyage of Five Visionaries'



A Bachelor of Fine Arts Senior Show, titled "The Voyage of Five Visionaries," will be on display in FSU's Stephanie Ann Roper Gallery **through Saturday, Dec. 18**. Presented by FSU's Department of Visual Arts, the exhibition features works from seniors *Courtney Chambers*, *Trent Montgomery*, *Sabrina Ruths*, *Robert Smallwood* and *Yi Zhou*.

Chambers is graduating from FSU with a bachelor's in art and design, with a concentration in photography and a minor in graphic design and art history. After graduation, she plans to continue to develop her own photography business, CourtneyRenia Photography, and eventually specialize in boudoir photography.

Montgomery is a transfer student from Allegany College of Maryland, where he earned his associate degree, with a concentration in art. He will graduate from FSU with a bachelor's in art and design, a concentration in graphic design and illustration, and a minor in marketing. After graduation, Montgomery plans to pursue a career as a graphic designer and illustrator.

Ruths is graduating early from FSU with a double major in graphic design and illustration and a minor in fine arts. After graduation, she intends to enter the graphic design industry.

Smallwood is graduating from FSU with a bachelor's in art and design, with a dual focus in graphic design and illustration. After graduation, he plans to continue building his portfolio, freelance and venture into the music industry.

Zhou is an international student from China. She is earning her bachelor's from FSU in art and design, with a minor in fine art. Her focus area is sculpture. After graduation, she will study for her master's in sculpture.

For this show, the Roper Gallery is open **Sundays through Wednesdays** from 1 to 4 p.m. and will also be open from noon to 4 p.m. on **Dec. 18**, the final day of the exhibit and graduation day.

For info, contact the Department of Visual Arts at 301-687-4797.

Ort Library Special Collections Displaying Allegany Co. Historical Bridge Photographs



A photo of Folck's Mill Bridge from 1890

The Western Maryland Historical Library has collaborated with the FSU David M. Gillespie Special Collections to curate a digital exhibit of Allegany County historical bridge photographs from the Mel Collins Collection (https://digital.whilbr.org/digital/collection/p16715coll67). Many of the bridges documented in the exhibit have been torn down. Learn about the Folck's Mill Bridge east of Cumberland, a battle site during the Civil War, the (two) "Blue" Bridges connecting Cumberland with Ridgeley, W.Va., various historic bridges along the Narrows and many others. The Mel Collins Collection consists of several thousand photographs and exhibit materials primarily related to historic

buildings, structures and landmarks in Allegany County. Contact Liza Zakharova, Special Collections librarian/archivist, at <u>ylzakharova@frostburg.edu</u> for info about the collection.

Conferences

Registration Open for CTE's Annual Regional Conference on Teaching, Learning and Scholarship



Author and educator Joshua Eyler, keynote speaker for the conference

The Center for Teaching Excellence at FSU will host the 11th Annual Regional Conference on Teaching, Learning and Scholarship on **Thursday, Jan. 20, 2022**, from 8:30 a.m. to 3:50 p.m. in the Gira Center. (Breakfast and lunch will be provided.) The conference is returning to an in-person format this year and is free.

The conference aims to help educators share ideas and pedagogical strategies while strengthening partnerships within the region. Instructors, staff, administrators and education students from regional colleges and universities are invited to attend.

Joshua Eyler will serve as the keynote speaker and will present "A Pedagogy of Care: Teaching and Learning Amidst and Beyond the Pandemic."

Eyler is director of Faculty Development and director of the Thinkforward Quality Enhancement Plan at the University of Mississippi, where he is also on the faculty in the Department of Writing and Rhetoric. He previously worked on teaching and learning initiatives at Columbus State University, George Mason University and Rice University. His research interests include the biological basis of learning, evidence-based pedagogy and disability studies, and he is the author of "How Humans Learn: The Science and Stories Behind Effective College Teaching" (WVU, 2018).

For info, email the Center for Teaching Excellence at <u>cte@frostburg.edu</u>. If you plan to attend, register at <u>https://bit.ly/3Ez6wpx</u>. The remaining conference schedule will be provided at a later date.

Points of Pride

Honors Programs Students Visit Van Gogh Exhibit



FSU students from the Honors Program visited the Immersive Van Gogh Exhibit in Pittsburg on Dec. 5. Using digital projection set to a moving soundtrack, the exhibit envelops participants in an experience intended to illuminate the mind of an artistic genius. This was the first official Honors trip since COVID hit. The program hopes to host more field opportunities in the spring.

The trip was supported with funding from an FSU Foundation

Opportunity Grant.

For info, contact Kara Rogers Thomas at krogersthomas@frostburg.edu.

Office of Sponsored Programs Successes/News

On Dec. 1, project director *Dr. Sandy Mehalko*, director, Western Maryland Small Business Development Center, was awarded \$56,065 in Federal Small Business Administration funds by the University of Maryland, College Park, in support of the Western Region SBDC for the second quarter of FY2022 (while in transition to calendar-year-based funding). SBDC provides outreach, review and assistance in business plan and financing proposal preparation, marketing strategies, procurement-related certifications and strategic planning based on the client's stage in the business life cycle.

For info, see the Office of Sponsored Program's Successes/News webpage at http://www.frostburg.edu/osp/successesnews.php.



Harry Potter Book Night Is Back!

This year, the Children's Literature Centre will bring back its Harry Potter Book Night, which will take place on **Saturday, Feb. 5**, in the Lewis J. Ort Library. This will be a masked event with limits on capacity.

Something new this year will be the requirement to reserve a ticket (at no cost) so CLC can stay within its capacity limit. Three time slots will be available -4 to 5:45 p.m., 6 to 7:45 p.m. and 8 to 9:45 p.m. Those who wish to attend can pick the time slot they want when they reserve a ticket. Each time slot will offer the same events and activities, such as Wizardry classes, costume contests (costumes are encouraged) and more. Tickets will be available soon!

Toys for Happiness Collection

The Office of Civic Engagement and the ASTAR AmeriCorps program are collecting unwrapped toys between now and **Friday**, **Dec. 17**, to donate to Toys for Happiness. Toys can be dropped off at the Office of Civic Engagement in Lane 234 any day during regular business hours or dropped off from 2 to 4 p.m. at the President's Holiday Reception on **Dec. 17** in Lane Manicur Hall.

Bobcat Ambassador Applications – Spring 2022

The Bobcat Ambassador staff is a select group of active students at FSU. Only those students who represent this institution best and are serious about being an ambassador are hired. This position is a great opportunity for any student. It will enhance your public speaking skills and be an asset to any resume.

Bobcat Ambassadors are paid minimum wage and the hours offered are limited. The general ambassador staff is hired to work at all Saturday special events for the academic semester. It is your responsibility to make certain these days are reserved for you to participate as a Bobcat Ambassador.

The typical time frame worked at special events usually ranges from 9 a.m. to 1:30 p.m. but can range from 8 a.m. to 2 p.m. as additional duties are given. In addition to working weekend special events, Bobcat Ambassadors are required to attend all meetings. This includes each Friday before the special event (generally 3:30 to 4:30 p.m.). Ambassadors also participate in leadership and team development workshops and social events. They must carry a minimum cumulative 2.50 GPA or higher to be considered.

Opportunities for additional responsibilities are given to the most dedicated Bobcat Ambassadors. Such duties include providing weekly tours, conducting tours for large groups visiting the campus (e.g., school field trips, distinguished alumni and international visitors), speaking on a student panel and assisting with additional leadership events.

If you would like to become a part of the Bobcat Ambassador Team, fill out the form at <u>https://bit.ly/3dutQsC</u>. If you have questions, contact Eliana Sejas, Admissions counselor, transfer and first-year students, at 301-835-2240 or <u>esejasjohnson@frostburg.edu</u>.

Women's Studies Collecting for Paws Pantry

The Women's Studies Steering Committee is holding a drive for the FSU PAWS Pantry for personal hygiene products. Consider donating new, unopened items from the following list.

Items needed include tampons/pads/other menstrual products, shaving cream/gel, razors, deodorant, regular-sized bottles of shampoo/conditioner/body wash, hand soap, loofahs and hair products for various hair types and textures.

Collection point locations are the Gira Center, the main floor of the Ort Library across from the elevators and Dunkle 311 (during regular business hours).

Collection points will be maintained through spring of 2022.

For info, contact Amanda Bena at <u>albena@frostburg.edu</u>.

News About Save the Gap



In December, thanks to the grassroots Save the Gap campaign, a clause urging the further privatization of Rocky Gap State Park in Allegany County was struck from the final report of the Task Force on the Economic Future of Western Maryland. Many members of the FSU community were instrumental in the Save-the-Gap effort, attending task-force meetings, contacting individual task-force members and circulating an online petition that amassed more than 9,200 signatures.

For info, contact Andy Duncan at <u>arduncan@frostburg.edu</u>. For info on the task force, visit <u>https://commerce.maryland.gov/commerce/task-force-on-the-economic-future-of-western-maryland</u>. For info on Save the Gap, which stands ready to act again as needed, visit <u>https://saverockygap.wixsite.com/save-the-gap</u>.

Toys for Tots Department Winner



University Police is the 2021 Toys for Tots Winner! The department collected 47 points for the Toys for Tots of Allegany County.

The Women's Lacrosse Team was a very close second.

Overall, FSU was able to donate more than 200 toys for the children in the county.

If you missed this opportunity but are still interested in donating, go to https://www.toysfortots.org.

Volunteers Needed to Rebuild After Wildfires in Paradise, Calif.



Alternative Break trips are fully immersive and highly organized service trips for students and young adults that allow them to make a direct impact in a community while learning more about the issues surrounding that community and the larger world.

For Spring Break 2022, FSU is heading to Paradise, Calif., to help with rebuilding after the wildfires.

The deadline to apply is Friday, Feb. 4, 2022.

Apply at https://bit.ly/3pnmxIH.

For info, contact Ashley Daniels at <u>amdaniels@frostburg.edu</u>.

End-of-Semester Library Hours

The Ort Library will extend its hours for the remainder of the semester during the last week of classes and final exams. Extended hours run through **Thursday**, **Dec. 16**.

End-of-Semester Hours

Monday, Dec. 13, Through Thursday, Dec. 16: 7:30 a.m. to 2 a.m.

Friday, Dec. 17: 7:30 a.m. to 6 p.m.

Holiday Hours and Closings

Saturday, Dec. 18: Closed

Sunday, Dec. 19: Closed

Monday, Dec. 20, through Wednesday, Dec. 22: 9 a.m. to 5 p.m.

The library will be closed for winter recess **Thursday**, **Dec. 23**, **through Sunday**, **Jan. 2**, **2022**. The library will reopen **Monday**, **Jan. 3**, with an adjusted Intersession schedule of **Mondays through Fridays**, 8 a.m. to 6 p.m., and **Sundays**, 1 to 6 p.m. Ort will be closed on **Saturdays** in January 2022.

Library hours are posted on the library website at <u>www.frostburg.edu/library</u> and <u>libguides.frostburg.edu/libhours</u>.

For info, contact the library main desk during open hours at 301-687-4395 or by email at <u>libref@frostburg.edu</u>. Online resources remain accessible via the library's website at <u>www.frostburg.edu/library</u>.

CES Event Cancellation: Russian National Ballet

The Russian National Ballet has cancelled its 2022 U.S. tour, which includes its presentation of "Swan Lake," scheduled to take place at FSU on **Tuesday, March 8, 2022**.

Ticket purchasers will receive automatic credit card refunds.

University Box Office Holiday Hours

Box Office holiday hours are as follows:

Through Sunday, Dec. 19: Closed

Monday, Dec. 20, through Wednesday, Dec. 22: 10 a.m. to 4 p.m.

Thursday, Dec. 23, through Sunday, Jan. 2, 2022: Closed

Online purchases can be made at any time by visiting the CES ticket portal at <u>https://frostburgtix.universitytickets.com/w/default.aspx?cid=167</u>.

Community Course in Basic Ceramics



FSU's Department of Visual Arts will offer a non-credit community course in basic ceramics this spring semester. The class will be held on **Tuesdays, Jan. 25 through March 15**, from 6 to 9 p.m. in Fine Arts 107. Work can be picked up **Tuesday, March 29**.

This eight-week course will provide an introduction to the basic ceramic processes, including hand-building, and the pottery wheel. The course will be taught by ceramic artists Bobby Croft and Alexis Thorner.

The cost is \$180, plus the cost of clay. (Pay in the Billing Office in Pullen 148.) Tools are provided. Students under the age of 18 must be accompanied by an adult who is also registered for the class.

For info, contact the Department of Visual Arts at 301-687-4797, or email Jacqueline Brown at jbrown@frostburg.edu.

Looking for an Elective?

Are you looking for an upper-division elective to round out your spring 2022 schedule?

Check out these available courses in the Department of History. Spaces remain in the following classes:

HIST 341 Modern and Contemporary Middle East, *Dr. Alemseged Abbay*, 9:30 to 10:45 a.m., Tuesdays and Thursdays, #1678

HIST 376 Modern Europe, Dr. Daniel Filer, 4:30 to 5:45 p.m., Mondays and Wednesdays, #1679

HIST 445 History of Maryland, Dr. Eleanor McConnell, 3:30 to 4:45 p.m., Tuesdays and Thursdays, #1681

HIST 458 History of China, Dr. Haiyun Ma, 3 to 4:15 p.m., Mondays and Wednesdays, #1680

HIST 465 Gilded Age America, Dr. Greg Wood, online, #1682

For info, contact Wood at gwood@frostburg.edu.

Register Now for Intersession!



Encourage students to take advantage of their downtime this winter break with Intersession.

This is a great option for students who want to get caught up without having to increase their spring course load, athletes who need to maintain eligibility or any student who wants to start a path to early graduation.

Register now through Tuesday, Jan. 4, 2022.

For info, visit www.frostburg.edu/intersession.

Want to Learn About Current, Trending Topics in the Workplace?

Register for any of the classes below for the spring 2022 semester to prepare for life in the workplace.

These general-interest topics are presented by faculty and invited guests. Multiple themes have been chosen under the supervision of the instructor and/or College of Business, with timely relevance to management needs. No prerequisites are required, except for MGMT 391.601.

MGMT 391.001 Sex and Workplace Relationships, TuTh at 11 a.m., Dr. Rebecca Chory

MGMT 391.002 Essentials of Negotiation, MWF at 11 a.m., Dr. Ken Levitt

MGMT 391.003 Small Business in Appalachia, TuTh at 2 p.m., Dr. Stacy Wassell

MGMT 391.601 Intro to Data Analytics, TuTh at 12:30 p.m., Dr. JoAnna Shore (blended class), Math 109 required

MGMT 391.701 Manage Change in Turbulent Times, online, Dr. Martha Mattare

MGMT 391.702 Project Management, online, Shore

MGMT 391.703 Health in the Workplace, online, Wassell

MGMT 391.704 E-Commerce and E-Business Management: Practical Application and Strategies, online, Dr. Ryan Kentrus

MCTA Winter Farmers Market



Mountain City Traditional Arts, at 25 E. Main St. in Frostburg, will host the Frostburg Winter Market **through April 2022**. The market will be held **the first and third Saturdays** of each month from 10 a.m. to 1 p.m. Brightside Farm, Brookstree Farm, Rice's Orchard, Fish Holler Farm, Wynter's Haven and more will bring their locally grown and sourced products to Frostburg so you can still eat local through the holidays.

For specific event dates and farm updates, follow "Frostburg Winter Market" on Facebook at <u>https://www.facebook.com/frostburgwintermarket</u>.

Brady Health Offering Flu Vaccine



Brady Health is still administering the quadrivalent vaccine. The vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. Call 301-687-4310 to schedule an appointment.

You must be over 18 years of age. The cost is \$25. Payment can be made by cash or check. Be sure to wear short sleeves!

It's Snowing! Should I Stay or Should I Go?

Here's how to find out if the campus will be closed or have a delayed opening on bad weather days. **The following applies to inperson classes and activities and on-campus students and employees only**, and for the FSU campus only. See note below for teleworkers and online classes.

If the campus is closed:

In-person classes are canceled.

In-person employees and hybrid teleworkers who are scheduled to be on campus the day of the closure should not report to work.

Essential personnel are required to report to work at their scheduled time.

If a delay is announced:

In-person classes scheduled before the announced opening time are cancelled. Classes after that time occur as scheduled.

In-person employees and hybrid teleworkers scheduled to be on campus that day should begin their shifts at the announced opening time.

Essential personnel are required to report to work at their scheduled time.

Teleworkers/online classes:

Fully online classes will continue regardless of campus status.

Teleworkers, whether regular or hybrid, who are scheduled that day to work remotely will follow their regular schedule. (Those who do not work must use accrued leave time.)

The most reliable information regarding delayed openings and cancellations will be from FSU-controlled outlets (email, Burg Alerts, University voicemail and website). Notification of delays or closures will be made through these outlets:

Via Burg Alert (<u>https://www.frostburg.edu/information-technology/Services/burg-alerts.php</u>) text and email alerts. More information is below.

Through campus email.

Main University Number (301-687-4000, option 2) after 6 a.m.

On the top of the main page of the FSU website (www.frostburg.edu).

Through local radio stations.

Via Twitter (twitter.com/frostburgstate).

On the FSU Facebook page (www.facebook.com/frostburgstateuniversity).

Everyone with an FSU email is automatically signed up for Burg Alerts to that email. Burg Alerts, in addition to weather notifications, alert the campus in an emergency.

You may also opt to have Burg Alerts sent as text messages to your cell phones (standard texting rates apply) and to other email addresses. To sign up, click <u>https://www.frostburg.edu/computing/fsualert</u> or click the Emergency link at the bottom of the FSU front page. Follow the instructions, using your FSU username and password to access the site. You have the option of having alerts sent to two cell numbers and six email addresses. (You may add your family members, or they may create their own accounts at the link above.) Make sure to follow the validation steps to activate your choices.

If you spend any time in the Frostburg area, it is highly recommended that you sign up for the text alerts to ensure you are notified of emergencies or weather-related schedule changes.

Unless an FSU closure is announced on the outlets above, we are open. Likewise, the message under option 2 at the main University number will announce the closure or announce, "There are no delays or closures at this time." (If you study or work at a facility outside of Frostburg, officials from that facility will determine closures for those locations.)

For Employees

Essential personnel are required to report to work in the event of any cancellation or delay. These individuals have been notified of their "essential" status by their department heads. If you are unsure of your status, check with your supervisor.

Personnel compensation for closures or delays (in-person only) will be based on the appropriate cancellation/delay message as presented on the FSU voicemail system.

If, in your judgment, it is not safe for you to come to work or to class while the University is still open, you must contact your supervisor and provide this information. In the event that liberal leave is announced for employees, it is expected that everyone will make an effort to report to work and class. Employees who take liberal leave will be charged for the appropriate leave time. The announcement of liberal leave **does not** cancel classes, nor does it relieve essential employees of their need to report to work during inclement weather.

For Students

The announcement of liberal leave for employees **does not** cancel classes. If you have concerns about your ability to make it to class in bad weather, discuss them with your faculty members before the weather turns nasty. (If you are a student at a facility outside of Frostburg, officials from that facility will determine closures for those locations.)

Depending on the severity of the weather, **the Lane University Center**, **Ort Library and the Cordts PE Center** may open with limited hours and services on days that in-person classes are cancelled. This service is for students living on campus and within walking distance. Do not attempt to drive to campus if the weather is severe enough to warrant closing the University, for your own safety and for the sake of those who must work to clear parking lots and sidewalks. When it is determined that it is safe to open these buildings, announcements will be made via student FSU email.

For Everyone

Here are some ways you can check on conditions if you have to travel:

FSU campus weather cam on Weather Bug: <u>https://www.weatherbug.com/weather-camera/frostburg-md-21532</u> (Other regional cams can be found here, too.)

Maryland DOT statewide cams: https://chart.maryland.gov/trafficcameras/index.php#

I-68 Exit 33 cam: https://chart.maryland.gov/video/video.php?feed=7200276f018000a8005dd336c4235c0a

The final decision regarding your safety resides with you. Stay warm and be safe.

Do not call University police or the computer help desk for weather-related announcements.

Do call 301-687-4000, option 2, check your email or check the FSU website at www.frostburg.edu.

Local Radio/TV Stations

The following local radio/television stations will be notified in the event of a closing or delay:

WFRB "Froggy" – 105.3 FM

WFRB "Willie" - 560 AM/106.7 FM

WKHJ – 104.5 FM Oakland

WTBO – 1450 AM/97.9 FM

WCBC - 1270 AM/107.1 FM

WWHQ-92.3 FM Oakland

WRQE "Rocky" – 106.1 FM

WMSG – 1050 AM Oakland

WVMD "The Wolf" - 100.1/99.9 FM

WDYK "Magic" - 100.5 FM

WQZK – 94.1 FM Keyser

WDZN - 99.5 FM

WDVM-TV Hagerstown

WTAJ-TV Altoona

Note: If there are mixed messages in the media (one station says we're open, another says we're closed) –call the University number (301-687-4000, option 2) for clarification. That number will always be the **final** authority in case of confusion from other sources.

FSU-TV3

FSU-TV3 and MCOM 388 Present 'How to Holiday'



FSU-TV3 and MCOM 388 will present "How to Holiday" on **Wednesday, Dec. 15**, at 7 p.m. This comedy/variety show will inspire you to deck the halls and spread holiday cheer.

Not a Comcast subscriber? Watch the show **Wednesday** at 7 p.m. on <u>www.facebook.com/FSUTV3</u> and <u>https://www.youtube.com/channel/UCBYNZF01rDZdpNzDL1ruREQ</u>.

Study Abroad

Study Abroad Trip to Puerto Rico, May 23-29, 2022



Dr. Greg Wood, professor and chair, FSU's Department of History, will lead a study abroad trip to Puerto Rico Monday, May 23, through Sunday, May 29, 2022.

For info, contact Wood in Dunkle 107 and at <u>gwood@frostburg.edu</u>. You can also visit <u>efcollegestudytours.com/2423413zp</u>.

Costa Rica – Pura Vida Trip, May 26-June 3, 2022



Explore ecotourism principles in the context of a country that is considered to be the ecotourism capital of the world. This study abroad experience is integrated as the experiential component of RECR 448 Principles of Ecotourism during summer session 2022. The dates of travel are **Thursday, May 26**, **through Friday, June 3, 2022**. The trip is open to any FSU student.

Students will engage in hands-on experiences as they board canal boats, kayaks, rafts and zip-lines to get an up-close and personal look at the ever-changing landscapes and unparalleled animal and plant life. The trip includes visits to five national parks in Costa Rica.

For info, contact the faculty trip leader, *Dr. Natalia Buta*, an associate professor in FSU's Department of Kinesiology and Recreation, at <u>nbuta@frostburg.edu</u> or 301-687-4458, or visit <u>https://www.frostburg.edu/student-life/campus-</u> services/center-for-international-ed/study-abroad/student-abroad-programs.php.

Community

Mountainside Baroque Presents Annual 'Festival of Lessons and Carols' On Dec. 19

Mountainside Baroque's 2021-2022 season, "Joyous Return," will continue its return to live performance on **Sunday, Dec. 19**, at 5 p.m. with its annual "Festival of Lessons and Carols." As in previous years, the ecumenical event will take place at the historic Emmanuel Episcopal Parish on Washington Street in Cumberland.

Featuring the Scholars of St. Cecilia, Mountainside Baroque's resident chamber choir, the celebration encompasses six centuries of Christmas music, including traditional carols, along with readings by local clergy and officials. Ryan Mullaney and Lyle Nordstrom, Mountainside Baroque co-artistic directors, lead the Scholars.

This year, artists are collaborating with Mountainside Baroque to present locally produced artwork and gift items in a show that will be available for viewing an hour before "Lessons and Carols" and at the reception afterward. Artwork and gifts ideas, including jewelry, notecards, textiles and other fun items, are available for purchase.

For this event, the organization will follow the church guidelines for masking and social distancing.

The event is free and open to the public. A free-will offering will be received. For info, visit <u>www.mountainsidebaroque.org</u> or call 301-338-2940.

Health and Safety Messages

Stay Safe This Holiday Season!



Water your Christmas tree daily and keep it away from fire hazards.

Don't overload your home's electrical circuits. A typical household circuit can power 70 strings of 50-bulb mini-lights or 300 to 600 strings of 50-bulb LED lights. Plus, you have to take into account any major appliances that are already plugged into existing circuits before adding decorations.

Secure your home from possible break-ins, and consider smart technology to protect it.

Detach hoses from spigots on the outside of your house. Water inside the hose can freeze and push frozen water back into your pipes, which can expand and crack them, damaging your water system and possibly flooding your home.

Do not warm your car up or leave it running inside your garage, even if the garage door is open. The carbon monoxide fumes your car emits can easily spread into your home.

Use floor mats inside and outside of entryways.

Invest in multiple power backups.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Maintain Your Mental Health

https://thebestschools.org/magazine/how-to-maintain-good-mental-health-during-finals

Tell Yourself Tuesday Tip: Be Positive About Finals Week

https://thehavenatcollege.com/positive-affirmations-for-college-students

Wacky Wednesday Tip: Getting Through It

https://www.hercampus.com/culture/30-songs-get-you-through-every-stage-finals

Thankful Thursday Tip: Why Be Thankful?

https://www.hercampus.com/school/vcu/15-things-be-thankful-college

Fun Friday Tip: Stress Less for Success

https://blog.campusgroups.com/campusgroups/2016/12/13/campus-fun-10-great-activities-colleges-are-providing-for-their-studentsto-destress-during-finals-week

Social Saturday Tip: Be Social and Safe

https://www.cdc.gov/healthequity/features/holidayseason/index.html

Self-Love Sunday Tip: Self-Love on a Budget

https://spoonuniversity.com/healthier/10-ways-to-practice-self-love-on-a-college-student-budget

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources - human, fiscal and physical - with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.