



# StateLines

For and about FSU people

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## FSU's Department of Theatre and Dance Warms Up the Holiday Season With 'It's a Wonderful Life: A Live Radio Play'



Pictured here are Brian Records (Jacob Laurents/George Bailey) and Grace La Count (Sally Applewhite/Mary).

This holiday season, the Department of Theatre and Dance at FSU will present "It's a Wonderful Life: A Live Radio Play" **Friday, Dec. 3, to Saturday, Dec. 4, and Thursday, Dec. 9, through Saturday, Dec. 11**, at 7:30 p.m., with a matinee performance on **Dec. 4** at 2 p.m. Directed by **Darrell Rushton**, performances will take place in the Drama Theatre of FSU's Woodward D. Pealer Performing Arts Center.

"It's a Wonderful Life" has become a beloved American classic since premiering on film in 1946. Adapted for the stage by Joe Landry and based on the story, "The Greatest Gift," by Philip Van Doren Stern, this 1940s radio play features an ensemble cast, live sound engineering and music of the season.

The show features performances by **Ashlee Casey** and **Casey Allison** (Foley artists), **Mason Wolf** (sound engineer), **Kenneth Heath** (Freddie Filmore/Joseph), **Brian Records** (Jake Laurents/George Bailey), **Grace La Count** (Sally Applewhite/Mary), **Jay Bryant** (Harry "Hepcat" Heywood/Clarence) and **Zoie Collins** (Lana Sherwood/Violet).

The design team consists of **Rebekah Reimer** (scenic designer), **Danielle Preston** (costume designer), **Xander Mulder** (lighting designer) and **Matthew "George" Georgeson** (sound designer). Assistant designers include **Brendon Eric McCabe** (assistant scenic design), **Kassidy Andris** (assistant costume design) and **Francis Sharkey III** (assistant sound design).

The creative team is led by Rushton (director), **Ebony Gennes** (stage manager), **Alyssa Bahner** (assistant stage manager) and Heath (dramaturg/historian/radio broadcast consultant).

Credited as "one of the best holiday shows around" by the Chicago Sun Times, "It's a Wonderful Life" is the perfect holiday event for families and friends.

Tickets can be purchased online by visiting <https://frostburgtix.universitytickets.com>. Tickets are \$7 for students, \$12 for FSU employees and senior citizens, and \$15 for general admission.

The University is following CDC guidance based on current conditions in the area. Currently, FSU expects masks to be worn indoors when in the presence of others, regardless of vaccination status. Visitors to campus must visit [www.frostburg.edu/checkin](http://www.frostburg.edu/checkin) for symptom monitoring. Visit [www.frostburg.edu/COVID19](http://www.frostburg.edu/COVID19) for the most up-to-date guidance.

Performers will not wear masks while on stage and there will be a 12-foot distance between performers and audience members.

For info, call the Theatre and Dance box office at 301-687-7462, **Mondays through Fridays**, 9 a.m. to 12:30 p.m. and 1:30 to 3 p.m.

"It's a Wonderful Life: A Live Radio Play" can also be viewed via streaming service. The stream can be purchased and viewed live on **Friday, Dec. 3**, at 7:30 p.m. or on demand **through Friday, Dec. 31**. Click the following link for details:

<https://www.broadwayondemand.com/series/j1HId6VikCSb-its-a-wonderful-life---a-live-radio-play--frostburg-state-university-department-of-theatre-and-dance>.

## Help for Students

### Tutoring Information for Fall 2021

Tutoring continues through **Friday, Dec. 10**. The hours of operation are **Mondays through Thursdays** from 10 a.m. to 9 p.m. and **Fridays** from 10 a.m. to 4 p.m. Tutoring for math and natural sciences will be held in Pullen 139, and business, computer science and writing in Pullen 151. Appointments can be made via TutorTrac software at <https://tutortrac.frostburg.edu/TracWeb40/Default.html>. Walk-ins may be accommodated, but this is not guaranteed. Make appointments early because slots fill up fast.

#### Course Tutoring Offerings (one-to-one, appointment-based tutoring with masks required)

These are the only courses FSU tutors: BIOL 109/149/160/161/321, CHEM 100/150/201/202 (limited number of CHEM tutors), COSC 100/101/102, DVMT 099/100, ECON 200/201/202, FREN 101, GEOG 103 (only one tutor available), MATH 104/109 (limited number of tutors available)/119/120/236/237, PHYS 261/262 (individual and group offerings), PHSC 203 (only one tutor available), PSYC 155 and writing. NetTutor staff may be able to help you with courses not on the list.

#### NetTutor

There is also free online tutoring for many courses. NetTutor offers 24/7 assistance. Follow instructions on the handout provided by the staff at the Tutoring Center in Pullen 151. Be sure to email Mark Smith at [msmith@frostburg.edu](mailto:msmith@frostburg.edu) to get access to the NetTutor link. Here is a sample course list: accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, sociology, student success and writing (48-72-hour turnaround).

### PAWS Pantry Fall 2021 Hours

The PAWS Pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during the first visit. During regular hours, students may come to the pantry and shop from a selection of non-perishable foods and hygiene products (when available).

Walk-up hours are 10 a.m. to 2:30 p.m. on **Mondays** and 1 to 6 p.m. on **Thursdays**.

Schedule an appointment at <https://outlook.office365.com/owa/calendar/FSUPAWSPantry@frostburg.onmicrosoft.com/bookings>. Hours by appointment are 10 a.m. to 2:30 p.m. on **Wednesdays**, 6 to 8 p.m. on **Thursdays** and 10 a.m. to 2:30 p.m. on **Fridays**.

A full-time AmeriCorps member, senior **Kat Reyes**, serves as the PAWS Pantry coordinator. PAWS Pantry is located in the Braddock House at 20 Braddock Road. For info, email [pawspantry@frostburg.edu](mailto:pawspantry@frostburg.edu).

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For the following events, FSU is following CDC guidance based on current area conditions. Currently, masks are to be worn indoors in the presence of others, regardless of vaccination status. Event attendees are encouraged to visit [www.frostburg.edu/checkin](http://www.frostburg.edu/checkin) for symptom monitoring. Users can display the portal's "Reduced Risk" badge on a mobile device for admission, or they may respond to symptom-check questions posted at events.

## Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. These events will also be livestreamed; the link will be posted at [www.frostburg.edu/concerts](http://www.frostburg.edu/concerts). For info, contact FSU's Department of Music at 301-687-4109.

### Dr. Mark Gallagher Will Perform in Faculty Artist Series Concert

FSU's Department of Music will present clarinetist **Dr. Mark Gallagher** in a Faculty Artist Series concert on **Tuesday, Nov. 30**, at 7:30 p.m. He will be accompanied by pianist **Dr. Joseph Yungen**, saxophonist **Dr. Brent Weber** and percussionist **Dr. Mackenzie Jacob LaMont**.

The program will include "Concert Duo in E-flat Major, Op. 6, No. 1" by Bernhard Henrik Crusell, "Songs Without Words for Clarinet and Piano" by Felix Mendelssohn, "Four Pieces for Clarinet and Piano, Op. 5" by Alban Berg and "Sources III for Clarinet and Percussion" by David Burge.

Crusell's compositions are noted for their beautiful melodies, rich harmonies and expert craftsmanship. Although quite classical in nature, his writing also ventured into the realm of early Romanticism. His clarinet concertos are particularly noteworthy. His solo lines combine the clarity and symmetry of the classical clarinet works, with sumptuous vocal lines and adventurous technical passages more prevalent in Romantic music.

The series of "Songs Without Words" ("Lieder ohne Worte") that Mendelssohn wrote and published from 1830 onward serve as a very personal musical diary in which the composer expressed very precise musical ideas that had, he alleged, no verbal equivalent. The works were part of the Romantic tradition of writing short lyrical pieces for the piano, although the specific concept of "Songs Without Words" was new.

Berg belongs to the Second Viennese School, which defined musical advancement through atonality and the 12-tone technique. His modest oeuvre is explained not only by his early death, but also by his high aesthetic standard. His two operas "Wozzeck" and "Lulu" shaped 20th-century music theatre. He also wrote essays on analytical and aesthetic matters. The concise miniatures, "Four Pieces for Clarinet and Piano," are outstanding examples of the "little pieces" genre.

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Burge composed “Sources III for Clarinet and Percussion” in 1967. The piece utilizes theatrical elements (motion and light) in what is basically a concert work. The composer of more than 100 works, Burge is also the author of several hundred articles on a variety of musical subjects. As a performer, he was noted for championing contemporary pieces.

## Brass Ensemble Presents Fall Recital

The FSU Department of Music will present a concert by the Brass Ensemble, conducted by *Joshua Bishop*, on **Wednesday, Dec. 1**, at 7:30 p.m.

Brass Ensemble performers are *Deandre Cook, Alex Frye, Martin J. Harden, Kael Sorensen, Casey Swartz, Benjamin Treat* and *Samuel White*.

The concert begins with “Fanfare for the Uncommon Woman” by Bob Atwell, a very short brass quintet dedicated to Gabrielle Giffords, an American retired politician and gun control advocate.

Next is “Morgenmusik” (“Morning Music”) composed in 1932 by Paul Hindemith. The piece consists of three very short movements – “Massig Bewegt,” “Lied” and “Bewegt.” Hindemith’s idea was to use “Morgenmusik” as a tribute to the medieval tradition of greeting the sun.

The world premiere of *Dr. Scott Rieker*’s “O Sacrum” follows. Rieker is a lecturer in FSU’s Department of Music whose teaching interests include choir, voice and choral music education.

“Semper Fidelis” (“Always Faithful”) by John Philip Sousa (The March King) concludes the first part of the program. Written in 1888, it is regarded as the official march of the U.S. Marine Corps. There is a very prominent drum solo in the middle of the piece, which includes a skillful dynamic change. It features staccato notes and sharp tonguing.

After intermission, the ensemble will perform “Loch Lomond” or “The Bonnie Banks o’ Loch Lomond,” a Scottish folk song arranged by Mike Forbes. The piece is a Jacobite adaptation of an 18th-century song, with the lover explaining why he and his true love will never meet again; he is dying for his king and taking only the “low road” of death back to Scotland.

“The Lord’s Prayer” by Albert Hay Malotte, arranged by Demondrae Thurman, will feature the FSU Euphonium Quartet. Malotte composed this musical setting of the biblical Lord’s Prayer in 1935 and dedicated it to baritone John Charles Thomas, whose radio performances introduced it to the public.

Next, the FSU Trumpet Quartet will perform “Adagio for Four Trumpets” that Victor Berga composed in 2007, after which the program will feature the FSU Low Brass Quartet in an “Epic Disney Love Song Medley” arranged by Nathan Davis.

“Christmas Song Suite,” arranged by Eugene Vasconi and Pentatonix, includes holiday favorites “Silent Night” and “We Wish You a Merry Christmas,” as well as “Carol of the Bells,” a popular Christmas carol composed by Mykola Leontovych in 1914. The song is based on the Ukrainian folk chant “Shchedryk.”

“Sonata From Die Bänkelsängerlieder” (1684), whose composer is unknown, was found among some music sheets bought at auction. This version is arranged by Robert King. “Die Bänkelsängerlieder” means “the bench singer,” an itinerant musician who sings about the stories he witnesses every day.

## CES at FSU to Host Dailey & Vincent Christmas Tour



Grand Ole Opry stars Jamie Dailey, left, and Darrin Vincent

CES at FSU will present the Dailey & Vincent Christmas Tour, a joyful holiday performance with Grand Ole Opry stars Jamie Dailey and Darrin Vincent. The **Saturday, Dec. 4**, concert will take place at 7:30 p.m. in the Alice R. Manicur Assembly Hall in FSU’s Lane University Center.

Dubbed by Country Music Television as “the rock stars of bluegrass,” Dailey & Vincent blend traditional country, gospel and bluegrass with the fantastically instinctive vocals of Dailey’s tenor and Vincent’s reedy harmonies. They have garnered worldwide attention with “The Dailey & Vincent Show” on RFD TV and the PBS special “Dailey & Vincent ALIVE – In Concert.” Over the years, they have received numerous honors, including 13 International Bluegrass Music Awards; three Grammy Award nominations, including Bluegrass Album of the Year; and four Dove Awards for Bluegrass Album of the Year.

A limited number of \$60 VIP package tickets include seating in the first two rows, along with a special reception and meet-and-greet opportunity with the artists. No discounts are available on VIP packages.

Concert tickets are \$35 for adults; \$31.50 for FSU faculty/staff, military and youth under 18; and free for FSU students. For info, visit the CES website at [ces.frostburg.edu](http://ces.frostburg.edu) or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open Mondays through Fridays from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council ([msac.org](http://msac.org)), the Allegany Arts Council and the City of Frostburg.

## Musical Ensembles Join Forces to Present an Array of Music for the Holidays and Winter Season

A collection of ensembles and musical groups from the FSU Department of Music will join forces to present their annual Holiday Concert on **Sunday, Dec. 5**, at 3 p.m. Note: This performance will not be livestreamed.

Immediately before the concert, at 2:30 p.m., a prelude performance by the FSU Jazz Orchestra, conducted by *Dr. Brent Weber*, will take place in the Performing Arts Center lobby.



The concert program will include the FSU Wind Ensemble, directed by **Dr. Ash Glenn**, performing “Aria di Chiesa” by Alessandro Stradella, which unfolds in an emotional display of harmonic and dramatic tension, as well as “Emmanuel Variants” by Robert E. Foster, an exceptionally innovative setting of the ancient and well-known Christmas carol “O Come, O Come, Emmanuel.”

Conducted by **Dr. Scott Rieker**, the FSU Chamber Singers will perform “Deer Song” from “Considering Matthew Shepard” by Craig Hella Johnson, inspired by a deer that had been lying by the fence near Shepard when he was found, near death. Rieker will also conduct the University Chorale in its performance of the secular Christmas carol “Good King Kong Looked Out” by PDQ Bach and “A Carol for All Children” by Adolphus Hailstork, a composer with a uniquely humanist approach to the notion of “carol.” Rieker will also lead the Troubadours in “Things That Never Die” by Lee Dengler, inspired by Charles Dickens, and “Praise Him” by Michael Cox, an interesting treatment of Psalm 150.

The FSU Percussion Ensemble, directed by **Dr. Mackenzie Jacob LaMont**, will perform “Jingle Bells” (1857) by James Lord Pierpont, one of the best-known and commonly sung American songs in the world.

**Tom Harrison** will conduct the FSU Jazz Combo in “This Christmas” (1970) by American soul musician Donny Hathaway, which has become a modern Christmas standard.

The FSU Brass Ensemble, under **Joshua Bishop**, will play the popular “Carol of the Bells,” “Silent Night” and “We Wish You a Merry Christmas.”

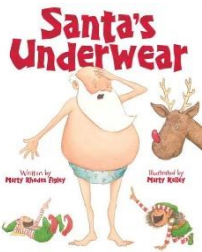
Weber will conduct the FSU Saxophone Ensemble in “Sonata for Alto Saxophone and Piano” by American composer Lawson Lunde.

Finally, **Gregory Scott Stuart** will direct the Opera Theatre chorus in “Have You Seen the Child” from “Amahl and the Night Visitors” (1951), the one-act opera by Gian Carlo Menotti.

In addition, faculty and student soloists and duets will perform on cello, piano and guitar, as well as vocals.

## Special Events

### CLC Presents 18th Annual Storybook Holiday



Author **Marty Rhodes Figley** will sign copies of her book, “Santa’s Underwear,” at **Storybook Holiday**.

The 18th annual Storybook Holiday celebration, hosted by FSU’s Children’s Literature Centre, will bring its seasonal cheer to downtown Frostburg on **Saturday, Dec. 4**. The festivities will begin at 7:30 a.m. and end with a snowball toss at 4 p.m. In case of inclement weather, activities will be held in the Armstrong Insurance garage.

The event welcomes all ages and features a parade, storybook readings and many more family-friendly activities. In addition, attendees have the chance to meet Santa and children’s book author Marty Rhodes Figley.

The day’s events begin with Breakfast With the Elves from 7:30 to 10:30 a.m. in Hotel Gunter at 11 W. Main St. Tickets are \$6 for children and \$12 for adults and will be sold in advance at the hotel. The Maryland Masonic Child Identification Program (MD CHIP) will be held throughout the day from 9 a.m. to 3 p.m. at the American Legion at 27 W. Main St.

Following breakfast, elves will compete against one another in the Elf Olympics at the Broadway parking lot from 9:30 to 10:15 a.m. After the friendly competition, attendees can head over to the parade kickoff performance in front of Hotel Gunter at the Mountain City Center for the Arts at 10:15 a.m. The parade will begin at 10:30 a.m. following Run Your Bells Off for Autism, a charity fun run.

Following the parade, from 11 a.m. to 3 p.m., Cocoa With the Po-Po will take place at the Frostburg Police Department at 37 S. Broadway. Then, from 11:30 a.m. to noon, the Frostburg Dance Academy will perform at the Broadway parking lot. Also beginning at 11:30 a.m., and lasting until 12:30 p.m., Tail Waggin’ Tutors will give storybook readings at the Frostburg Community Library at 65 E. Main St.

Seasonal activities and attractions will be available at City Place at 14 S. Water St. from 11:30 a.m. to 3 p.m., including Elves’ Secret Workshop, Write a Letter to Santa and Photo With an Elf.

Next, Figley will give a presentation and sign copies of her book, “Santa’s Underwear,” at the Hotel Gunter from 1 to 2 p.m. The book can be purchased at Main Street Books. Cookie kits will also be given out, so kids can do cookie decorating at home.

Other attractions include craft stops and business specials in the Main Street area. Children can visit the Miniature Railroad Display at 10 Mechanic St. and Santa’s House at P.S. Hair Design at 20 S. Broadway.

Storybook Holiday will end with the Jack Frost Neighborhood Snowball Toss held throughout residential streets from 4 to 5 p.m.

For info, contact the Children’s Literature Centre at 301-687-3133 or [clc@frostburg.edu](mailto:clc@frostburg.edu). Updates can also be found at [www.facebook.com/clcfsu](https://www.facebook.com/clcfsu).

## Presentations

### COB and ODEI to Host Virtual Presentation on Future Workplace



FSU’s College of Business, along with FSU’s Office of Diversity, Equity and Inclusion (ODEI), will present Jason “Jay” Morwick in a virtual presentation on “The Future Workplace” on **Monday, Dec. 6**, at 6:30 p.m.. No registration is required. To view and participate in this presentation, visit <https://links.frostburg.edu/Futurework>.

Morwick is an author of several books on remote work, hybrid teams and work-from-home arrangements. To remain competitive, FSU students will need to know how to excel in virtual environments and how to work with and lead hybrid and virtual teams. Morwick, who has consulted for such organizations as the Internal Revenue Service, the U.S. Treasury and the U.S. Patent and Trade Office, will cover some emerging trends along with best practices as they relate to remote work and telework.

Morwick is also among the few experts in the field to embed diversity, equity and inclusion (DEI) components into how remote work is impacting DEI initiatives.

Given the importance of this “new normal” of virtual and hybrid work arrangements, COB and ODEI have opened this speaking engagement up to all current students as well as FSU alumni.

## Exhibits

### Roper Gallery Presents BFA Senior Show, ‘The Voyage of Five Visionaries’



A Bachelor of Fine Arts Senior Show, titled “The Voyage of Five Visionaries,” will be on display in FSU’s Stephanie Ann Roper Gallery **from Saturday, Dec. 4, to Saturday, Dec. 18**. An opening reception will be held **Dec. 4** from 2 to 4 p.m. Presented by FSU’s Department of Visual Arts, the exhibition will feature works from seniors *Courtney Chambers, Trent Montgomery, Sabrina Ruths, Robert Smallwood* and *Yi Zhou*.

Chambers is graduating from FSU with a bachelor’s in art and design, with a concentration in photography and a minor in graphic design and art history. After graduation, she plans to continue to develop her own photography business, CourtneyRenia Photography, and eventually specialize in boudoir photography.

Montgomery is a transfer student from Allegany College of Maryland, where he earned his associate degree, with a concentration in art. He will graduate from FSU with a bachelor’s in art and design, a concentration in graphic design and illustration, and a minor in marketing. After graduation, Montgomery plans to pursue a career as a graphic designer and illustrator.

Ruths is graduating early from FSU with a double major in graphic design and illustration and a minor in fine arts. After graduation, she intends to enter the graphic design industry.

Smallwood is graduating from FSU with a bachelor’s in art and design, with a dual focus in graphic design and illustration. After graduation, he plans to continue building his portfolio, freelance and venture into the music industry.

Zhou is an international student from China. She is earning her bachelor’s from FSU in art and design, with a minor in fine art. Her focus area is sculpture. After graduation, she will study for her master’s in sculpture.

For this show, the Roper Gallery is open **Sundays through Wednesdays** from 1 to 4 p.m. and will also be open from noon to 4 p.m. on Dec. 18, the final day of the exhibit and graduation day.

For info, contact the Department of Visual Arts at 301-687-4797.

### Ort Library Special Collections to Display Allegany Co. Historical Bridge Photographs



A photo of Folck’s Mill Bridge from 1890

The Western Maryland Historical Library has collaborated with the FSU David M. Gillespie Special Collections to curate a digital exhibit of Allegany County historical bridge photographs from the Mel Collins Collection (<https://digital.whilbr.org/digital/collection/p16715coll67>). Many of the bridges documented in the exhibit have been torn down. Learn about the Folck’s Mill Bridge east of Cumberland, a battle site during the Civil War, the (two) “Blue” Bridges connecting Cumberland with Ridgeley, W.Va., various historic bridges along the Narrows and many others. The Mel Collins Collection consists of several thousand photographs and exhibit materials primarily related to historic

buildings, structures and landmarks in Allegany County. Contact Liza Zakharova, Special Collections librarian/archivist, at [ylzakharova@frostburg.edu](mailto:ylzakharova@frostburg.edu) for info about the collection.

## Points of Pride

### Dr. Amy Branam Armiento and Dr. Julia de León Perform in Videos

Two faculty members in FSU’s Department of English and Foreign Languages perform in videos posted this fall to the Facebook page of the Friends of the Washington Street Library in Cumberland. *Dr. Amy Branam Armiento*, professor of English, reads from “The Glittering Death” by Caleb Roehrig, from Dahlia Adler’s 2019 anthology “His Hideous Heart: 13 of Edgar Allan Poe’s Most Unsettling Tales Reimagined,” and *Dr. Julia de León*, assistant professor of Foreign Languages and Literature, reads in Spanish from Laura Esquivel’s 1989 novel “Como agua para chocolate,” aka “Like Water for Chocolate.” To see all the videos in the library’s “A Slice of Literary Pie” series, visit <https://www.facebook.com/pg/friendsofthewashingtonstreetlibrary/videos>.

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## Office of Sponsored Programs Successes/News

On Nov. 9, project director **Jason Litten** (co-director, Western Maryland Regional GIS Center) was awarded a \$125,000 contract by the Maryland Department of Natural Resources for various cartographic and geographic information system research and services.

For info, see the Office of Sponsored Program's Successes/News webpage at <http://www.frostburg.edu/osp/successesnews.php>.

### Take Note

## Toys for Tots Collection Competition



FSU Veterans Services is looking for volunteer departments and organizations at FSU to join the competition to collect new unwrapped toys for children in Allegany County.

If your department/organization is interested in assisting and participating in this competition, email [vets@frostburg.edu](mailto:vets@frostburg.edu) to receive more info or schedule a time to get your box. The competition will continue **through Friday, Dec. 3.**

The department/organization that collects the most toys for the Toys for Tots program serving Allegany County will receive a pizza party lunch from Gianni's.

## Looking for an Elective?

Are you looking for an upper-division elective to round out your spring 2022 schedule?

Look at these available courses in the Department of History. Spaces remain in the following classes:

HIST 341 Modern and Contemporary Middle East, **Dr. Alemseged Abbay**, 9:30 to 10:45 a.m., Tuesdays and Thursdays, #1678

HIST 376 Modern Europe, **Dr. Daniel Filer**, 4:30 to 5:45 p.m., Mondays and Wednesdays, #1679

HIST 445 History of Maryland, **Dr. Eleanor McConnell**, 3:30 to 4:45 p.m., Tuesdays and Thursdays, #1681

HIST 458 History of China, **Dr. Haiyun Ma**, 3 to 4:15 p.m., Mondays and Wednesdays, #1680

HIST 465 Gilded Age America, **Dr. Greg Wood**, online, #1682

For info, contact Wood at [gwood@frostburg.edu](mailto:gwood@frostburg.edu).

## Register Now for Intersession!

**CATCH UP, KEEP UP,  
GET AHEAD!**  
INTERSESSION – REGISTER NOV. 1-JAN. 4



Encourage students to take advantage of their downtime this winter break with Intersession.

This is a great option for students who want to get caught up without having to increase their spring course load, athletes who need to maintain eligibility or any student who wants to start a path to early graduation.

For info, visit [www.frostburg.edu/intersession](http://www.frostburg.edu/intersession).

## MCTA Winter Farmers Market



Mountain City Traditional Arts, at 25 E. Main St. in Frostburg, will host the Frostburg Winter Market **through April 2022**. The market will be held **the first and third Saturdays** of each month from 10 a.m. to 1 p.m. Brightside Farm, Brookstree Farm, Rice's Orchard, Fish Holler Farm, Wynter's Haven and more will bring their locally grown and sourced products to Frostburg so you can still eat local through the holidays.

For specific event dates and farm updates, follow "Frostburg Winter Market" on Facebook at <https://www.facebook.com/frostburgwintermarket>.

## Want to Learn About Current, Trending Topics in the Workplace?

Register for any of the classes below for the spring 2022 semester to prepare for life in the workplace.

These general-interest topics are presented by faculty and invited guests. Multiple themes have been chosen under the supervision of the instructor and/or College of Business, with timely relevance to management needs. No prerequisites are required, except for MGMT 391.601.

MGMT 391.001 Sex and Workplace Relationships, TuTh at 11 a.m., **Dr. Rebecca Chory**

MGMT 391.002 Essentials of Negotiation, MWF at 11 a.m., **Dr. Ken Levitt**

MGMT 391.003 Small Business in Appalachia, TuTh at 2 p.m., **Dr. Stacy Wassell**

MGMT 391.601 Intro to Data Analytics, TuTh at 12:30 p.m., **Dr. JoAnna Shore** (blended class), Math 109 required



MGMT 391.701 Manage Change in Turbulent Times, online, *Dr. Martha Mattare*

MGMT 391.702 Project Management, online, Shore

MGMT 391.703 Health in the Workplace, online, Wassell

MGMT 391.704 E-Commerce and E-Business Management: Practical Application and Strategies, online, *Dr. Ryan Kentrus*

## Brady Health Offering Flu Vaccine



Brady Health is still administering the quadrivalent vaccine. The vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. Call 301-687-4310 to schedule an appointment.

You must be over 18 years of age.

The cost is \$25. Payment can be made by cash or check.

Be sure to wear short sleeves!

## FSU-TV3

### FSU-TV3's Newest Episode of 'Good Morning Frostburg'



FROSTBURG STATE UNIVERSITY

Tune in to see the latest episode of "Good Morning Frostburg" that aired on Nov. 17 at 9 a.m. with host *Reggie E. Morton III*. Watch Morton, guests *Tamara Mowry* and *Shawn Jones* from TRIO – Student Support Services; *Susan Mandell*, the clinical director from Counseling and Psychological Services or CAPS; and *Raven Laprade* and *Devon Kemngang* from United Campus Ministry. The staff and students spoke about academic, mental and spiritual wellness opportunities and resources on the FSU campus.

The show is ready to watch on Facebook at [www.facebook.com/FSUTV3](http://www.facebook.com/FSUTV3) or on YouTube at [https://youtu.be/xGbDbI\\_MtkQ](https://youtu.be/xGbDbI_MtkQ).

## Deadlines

### Graduate Grade Changes

The last day for graduate grade changes, including the removal of incomplete grades for the spring 2021 and summer 2021 semesters is **Friday, Dec. 10**.

## Study Abroad

### Start Planning Your Study Abroad Experience for Fall 2022!



#### Last Study Abroad Information Session of Fall Semester

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. The virtual session takes place at 3:30 p.m. on **Friday, Dec. 3**.

Email Victoria Gearhart at [vmgearhart@frostburg.edu](mailto:vmgearhart@frostburg.edu) to sign up.

### Study Abroad Trip to Puerto Rico, May 23-29, 2022



*Dr. Greg Wood*, professor and chair, FSU's Department of History, will lead a study abroad trip to Puerto Rico **Monday, May 23, through Sunday, May 29, 2022**.

For info, contact Wood in Dunkle 107 and at [gwood@frostburg.edu](mailto:gwood@frostburg.edu). You can also visit [efcollegestudytours.com/2423413zp](http://efcollegestudytours.com/2423413zp).

### Costa Rica – Pura Vida Trip, May 26-June 3, 2022



Explore ecotourism principles in the context of a country that is considered to be the ecotourism capital of the world. This study abroad experience is integrated as the experiential component of RECR 448 Principles of Ecotourism during summer session 2022. The dates of travel are **Thursday, May 26, through Friday, June 3, 2022**. The trip is open to any FSU student.

Students will engage in hands-on experiences as they board canal boats, kayaks, rafts and zip-lines to get an up-close and personal look at the ever-changing landscapes and unparalleled animal and plant life. The trip includes visits to five national parks in Costa Rica.

For info, contact the faculty trip leader, *Dr. Natalia Buta*, an associate professor in FSU's Department of Kinesiology and Recreation, at [nbuta@frostburg.edu](mailto:nbuta@frostburg.edu) or 301-687-4458, or visit <https://www.frostburg.edu/student-life/campus-services/center-for-international-ed/study-abroad/student-abroad-programs.php>.

## Health and Safety Messages

### When Winter Weather Strikes, Focus on Your Footing!



Walk like a penguin. Use short, slow, shuffling steps. Point your feet slightly outward.

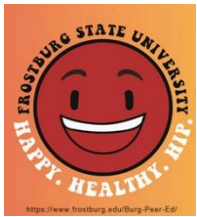
Don't use your cell phone when walking.

Use handrails.

Be aware of changes in walking surfaces. If it looks wet, it could be black ice.

Wear appropriate footwear – boots or shoes with gripping soles to provide traction.

### Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: First Aid Kit

<https://www.mainlinehealth.org/blog/mental-health-first-aid-kit>

Tell Yourself Tuesday Tip: Finish Strong

<https://millikin.edu/blog-post/10-tips-finishing-semester-strong>

Wacky Wednesday Tip: Dance the Stress Away

<https://www.youtube.com/watch?v=VWZwzUI0bnE>

Thankful Thursday Tip: Happy Thanksgiving From the Safe Office!

<https://wakethewolves.com/best-thanksgiving-ever>

Fun Friday Tip: Christmas in November

<https://ducttapeanddenim.com/christmas-november>

Social Saturday Tip: The Perfect Night In

<https://www.zeel.com/blog/lifestyle/21-cozy-indoor-activities>

Self-Love Sunday Tip: The Difference

<https://whatiscodependency.com/self-love-vs-self-esteem-self-acceptance>

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#### VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

##### CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

##### OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

##### STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.



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Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).