



StateLines

For and about FSU people

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CES and Office of Student Life to Host Korean Shamanic Folk-Pop Group, Ak Dan Gwang Chil



CES at FSU and the Office of Student Life will present a performance with the Korean shamanic folk-pop musicians of Ak Dan Gwang Chil on **Wednesday, Nov. 17**, at 7:30 p.m. in the Alice R. Manicur Assembly Hall in FSU's Lane University Center. This CES Club Series event will feature club-style table seating, a food menu and bar service.

Ak Dan Gwang Chil celebrates Korea's folk roots with delightful, unexpected style. As *The New York Times* observed, they play "not as earnest traditionalists, but as a giddy showband with all the trappings of K-pop." Fronted by the magnetic presence of singer Hong Ok, and with traditional instruments like the gayageum and ajaeng (zithers), piri (reed flute), daegeum (bamboo flute), janggu drums, gongs and other percussion, they joyously extract and enhance the groove potential of ritual rhythms. Formed in 2015 to commemorate the 70th anniversary of Korean liberation from Japanese occupation, the ensemble has since performed on festival stages in Russia, the United States, South America and Europe.

Immediately following the performance, WFWM-FM station director **Chuck Dicken** will join the artists onstage for a lively, interactive discussion with the audience.

Community members are also invited to attend a free workshop on **Nov. 17**, "Korean Folk Music 101," which will explore the rhythms, songs and dance from the sacred, shamanic and secular traditions of Korea's Hwanghae-do region. The time and location of this event will be announced later on the CES website.

Performance tickets are \$15 for adults; \$13.50 for FSU faculty/staff, military and youth under 18; and free for FSU students. For info, visit the CES website at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

This engagement is funded through the Mid Atlantic Tours program of Mid Atlantic Arts Foundation with support from the National Endowment for the Arts and is supported by Korea Arts Management Service. CES is supported in part by the Maryland State Arts Council (msac.org), the Allegany Arts Council and the City of Frostburg.

The University is following CDC guidance based on current conditions in the area. Currently, FSU requires masks to be worn indoors when in the presence of others, regardless of vaccination status. Visitors to campus must visit www.frostburg.edu/checkin for symptom monitoring.

Help for Students

Tutoring Information for Fall 2021 – Updated

Tutoring continues through **Friday, Dec. 10**. The hours of operation are **Monday through Thursday** from 10 a.m. to 9 p.m. and **Friday** from 10 a.m. to 4 p.m. Tutoring for math and natural sciences will be held in Pullen 139, and business, computer science and writing in Pullen 151. Appointments can be made via TutorTrac software at <https://tutortrac.frostburg.edu/TracWeb40/Default.html>.

Walk-ins may be accommodated, but this is not guaranteed. Make appointments early because slots fill up fast.

Course Tutoring Offerings (one-to-one, appointment-based tutoring with masks required)

These are the only courses FSU tutors: BIOL 109/149/160/161/321, CHEM 100/150/201/202 (limited number of CHEM tutors), COSC 100/101/102 (still working on tutors for 240 and 241), DVMT 099/100, ECON 200/201/202, FREN 101, GEOG 103 (only one tutor available), MATH 104/109 (limited number of tutors available)/119/120/236/237, PHYS 261/262 (individual and group offerings), PHSC 203 (only one tutor available), PSYC 155 (working on getting this set up as a group offering) and writing. NetTutor staff may be able to help you with courses not on the list.

NetTutor

There is also free online tutoring for many courses. NetTutor offers 24/7 assistance. Follow instructions on the handout provided by the staff at the Tutoring Center in Pullen 151. Be sure to email Mark Smith at msmith@frostburg.edu to get access to the NetTutor link. Here is a sample course list: accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, sociology, student success and writing (48-72-hour turnaround).

PAWS Pantry Fall 2021 Hours

The PAWS Pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during the first visit. During regular hours, students may come to the pantry and shop from a selection of non-perishable foods and hygiene products (when available).

Walk-up hours are **Monday** from 10 a.m. to 2:30 p.m. and **Thursday** from 1 to 6 p.m.

Schedule an appointment at <https://outlook.office365.com/owa/calendar/FSUPAWSPantry@frostburg.onmicrosoft.com/bookings>. Hours by appointment are **Wednesday** from 10 a.m. to 2:30 p.m., **Thursday** from 6 to 8 p.m. and **Friday** from 10 a.m. to 2:30 p.m.

A full-time AmeriCorps member, senior *Kat Reyes*, serves as the PAWS Pantry coordinator. PAWS Pantry is located in the Braddock House at 20 Braddock Road.

For info, email pawspantry@frostburg.edu.

For the following events, the University is following CDC guidance based on current conditions in the area. Currently, FSU expects masks to be worn indoors when in the presence of others, regardless of vaccination status. Visitors to campus must visit www.frostburg.edu/checkin for symptom monitoring. Visit www.frostburg.edu/COVID19 for the most up-to-date guidance.

Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. These events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

CES to Present MSO in 'Transformations: Beethoven, Brown and Prokofiev'



Music Director Elizabeth Schulze

CES at FSU will once again present the award-winning Maryland Symphony Orchestra in its fall concert, "Transformations: Beethoven, Brown and Prokofiev," on **Friday, Nov. 12**, at 7:30 p.m.

Conducted by Music Director Elizabeth Schulze, the concert will feature Sergei Prokofiev's "Classical Symphony," Ludwig van Beethoven's "Symphony No. 4" and a newly commissioned work, "Merging Pods," from composer Michael Brown.

In addition to the performance, MSO Executive Director Jonathan Parrish will lead a community discussion, "The Music Industry," that will provide current and future arts professionals with insight on how to achieve success in the professional arts world. Topics will include examination of the skills, work and rewards involved in arts management and analysis of the nonprofit organization model. This free event will take place on Wednesday, Oct. 27, at 3 p.m. in Pealer Recital Hall. Registration through the University box office is required.

Concert tickets are \$35 for adults; \$31.50 for FSU faculty/staff, military and youth under 18; and free for FSU students. For info about both events, visit the CES website at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

This engagement is supported by grants from the FSU Foundation and the Community Trust Foundation's Iris and Peter Halmos Community Fund. CES is supported in part by the Maryland State Arts Council (msac.org), the Allegany Arts Council and the City of Frostburg.

FSU's Percussion Ensemble Presents Fall Concert

FSU's Percussion Ensemble will present its fall concert on **Wednesday, Oct. 27**, at 7:30 p.m.

Directed by *Dr. Mackenzie Jacob LaMont*, the Percussion Ensemble consists of *Cian Cabodevilla, Deandre Cook, Jacob Deaver, Jacob Hunt, Kamonté Johnson, Joseph Louie, Jordan Nolan* and *Julia Seddon*.

The concert will feature “Caprice Diabolique” by Jared Spears, “One o’Clock Samba” by Lynn Glasscock, “Parade” by Morton Gould, “Concerto for Drum Set and Percussion Ensemble” by John Beck, an arrangement of the second movement from “Symphony No. 9” by Antonín Dvořák and an arrangement of “Sabre Dance” by Aram Khachaturian.

Spears is a professor emeritus at Arkansas State University in Jonesboro. He has taught theory, history, composition, percussion and band at all educational levels. Since his retirement from ASU, he has maintained a schedule of composing and conducting. “Caprice Diabolique,” whose title translates as “diabolic whim,” exhibits modal melodies and ominous timbres beneath a thin layer of playfulness.

Glasscock has received several awards for his compositions, which have been performed in the U.S. as well as internationally. His professional experience includes performances with the Dallas Symphony Orchestra, Fort Worth Symphony and Fresno Philharmonic. Glasscock is an associate professor of music at the University of North Carolina at Chapel Hill. “One o’clock Samba,” for percussion ensemble, was published in 1993.

Gould was an American composer, conductor, arranger and pianist who was able to seamlessly combine multiple musical genres and wildly disparate elements into formal classical structure while maintaining their distinctive elements. His music was commissioned by symphony orchestras all over the U.S. In 1995, Gould was awarded the Pulitzer Prize for Music for “Stringmusic” and in 2005, was honored with the Grammy Lifetime Achievement Award. “Parade,” published in 1956, is an exciting march for three drummers.

Beck was a member of the Eastman School of Music faculty from 1959 to 2008 and continues as professor emeritus of percussion. His career as a performer and teacher includes posts as percussionist, timpanist and marimba soloist with the United States Marine Band; principal percussionist with the Rochester Philharmonic; and timpanist for the Rochester Philharmonic. “Concerto for Drum Set and Percussion Ensemble” was written in 1979.

Dvořák composed “Symphony No. 9,” popularly known as the “New World Symphony,” in 1893 while he was the director of the National Conservatory of Music of America. It has been said that America’s “wide open spaces” inspired him to write the second movement of this piece. This version takes Clair Omar Musser’s arrangement for marimba orchestra, adapts it for a percussion ensemble of eight and retains the original timpani part.

“Sabre Dance” is a movement in the final act of Khachaturian’s ballet “Gayane” (1942), where the dancers display their skill with sabres. It is the composer’s best-known and most recognizable work. This bombastic version contains the instructions to “use as many players as possible” and serves as a fantastic closing piece.

Gregory Scott Stuart to Perform Faculty Artist Series Concert at FSU



FSU’s Department of Music will present baritone *Gregory Scott Stuart* in his Faculty Artist Series concert on **Sunday, Oct. 31**, at 3 p.m. He will be accompanied by pianist **Dr. Joseph Yungen**. This event is free and open to the public.

The program has a Halloween theme and is peopled with ghosts, witches, vampires and other supernatural beings. It will also feature several comparative settings of poetry, where a single poem will be performed as set by more than one composer. The poetry of Johann Wolfgang von Goethe is prominently featured.

Joshua Bishop Will Present First Faculty Artist Series Concert

FSU’s Department of Music will present *Joshua Bishop* on the euphonium in his first Faculty Artist Series concert, “Genesis,” on **Monday, Nov. 1**, at 7:30 p.m. He will be accompanied by pianist **Dr. Joseph Yungen**.

Bishop’s program will feature “Genesis” by Josh Jameson, “Firtina Bulutu” by Andrew Howell, “Valse Toraja” by Ben Sledge, “Fantasy” by Philip Sparke, “Soliloquy IX” by C.D. Wiggins, “Rhapsody for Euphonium” by James Curnow, “Due Tramonti” by Ludovico Einaudi and “Giocoso” – the third movement of “Euphonium Concerto” – by Vladimir Cosma.

Bishop is a low-brass performer who has been a featured soloist with several high schools in North Carolina, the Triangle Brass Band, ECU Wind Ensemble and the Indiana University Wind Ensemble. He is a founding member of the Sequence Quartet, a professional euphonium quartet based in Southern Indiana. Bishop is also an active educator, working with middle and high school students across the East Coast and college students in the U.S. and Canada. A lecturer at FSU, his teaching interests are trombone, euphonium, tuba and brass ensemble.

Baltimore Quintet Anima Brass Will Perform Guest Artist Series Concert



FSU’s Department of Music will present the Baltimore-based quintet Anima Brass in a Guest Artist Series concert on **Saturday, Nov. 6**, at 3 p.m.

In addition to the concert, Anima Brass will hold a two-hour master class before the concert at 12:30 p.m.

The program includes “Fanfare Ritmico” by Jennifer Higdon, “12 Kleine Stücke” by Ludwig Maurer, “Let Us Pray” by Quinn Mason and the four movements of “Chesapeake” by David Sampson – “Morning in Annapolis – Setting Sail,” “Full and By,” “Bloody Point” and “St. Michaels – Crab Claw.”

“Fanfare Ritmico” is a single-movement orchestral piece by Higdon, an American composer. The work was commissioned by The Women’s Philharmonic as part of The Fanfares Project and premiered in 2000. Higdon conceived it as a celebration of the rhythm and speed of life. The score is a brisk, sharp-edged concoction, full of rhythmic pizzazz and blunt orchestral writing.

Maurer's "12 Kleine Stücke" ("12 Little Pieces"), written for two cornets, two horns and one bass trombone, was published posthumously in 1881. This is an important work for brass in that it is one of the earliest pieces of brass chamber music.

While the title of the piece is "Let Us Pray," Mason's composition is more spiritual than religious in scope and form. It is a tribute to another American composer, David Maslanka (1943-2017), and in this piece Mason quotes Maslanka's "Symphony No. 4." Composed in 2019, "Let Us Pray" is a meditation on the influence Maslanka has had on multiple generations of composers.

The album "Chesapeake" began with Sampson's desire to write for the members of the American Brass Quintet as individuals and to create a recording that would stand on its own as a full recital. "Chesapeake," the title work, is a tone poem derived from Sampson's experience of sailing the waters. Joy is present in setting sail in the morning; cruising in a steady wind, the vessel reaches the Bloody Point Bar lighthouse with excitement and caution and at last reaches the port of St. Michaels and a crab feast.

Anima Brass consists of Luke Spence and Wyeth Aleksei on trumpets, Austin Sposato on horn, Nicolas Gonzolez on trombone and Jahi Alexander on bass trombone. As ardent advocates for expanding the brass repertoire, the musicians are dedicated to commissioning and performing newly written works, particularly by historically excluded composers. This winter they will record genre-crossing composer Kali Malone's new works for brass, which frame historical tuning systems in the context of minimalism.

Anima Brass was selected as the 2016 Aspen Music Festival and School Fellowship Brass Quintet, and in 2017, the musicians were the runners-up for the Ackerman Chamber Music Competition. The group has appeared in concert with the American Brass Quintet in Salida and Aspen, Colo., and has performed with the New York Philharmonic, Metropolitan Opera Orchestra, Baltimore Symphony Orchestra and other ensembles throughout the mid-Atlantic.

Department of Music Presents Adolphe Sax Birthday Celebration Recital

FSU's Department of Music will present an Adolphe Sax Birthday Celebration Recital on **Saturday, Nov. 6**, at 7:30 p.m.

Join the FSU Saxophone Studio and local community saxophonists for an unforgettable evening of music celebrating the birth of Sax, the Belgian musician who invented the saxophone, and hear how the instrument has gained popularity since its invention in the mid-19th century. Directed by **Dr. Brent Weber**, the saxophone orchestra of more than 20 musicians will perform classical, jazz, rock and dance music. The program will consist of classical works from Georges Bizet and Gustav Holst; jazz standards from Rudy Wiedoeft, Glenn Miller and Hoagy Carmichael; and modern rock and dance tunes from Guns N' Roses and Daft Punk.

Piano Studio to Perform Fall Recital

FSU's Department of Music will present the Piano Studio, under the direction of **Dr. Jay DeWire**, in a recital on **Sunday, Nov. 7**, at 3 p.m.

The program will include the first movement, "Presto," from "Sonata in E Minor, Hob. XVI/34" by Joseph Haydn; the first movement, "Allegro," from "Sonata in F Major, K. 332" and the second movement, "Adagio," from "Sonata in B-flat Major, K. 570" by Wolfgang Amadeus Mozart; "An die Musik" by Franz Schubert; "Nocturne in F-sharp Minor, Op. 48, No. 2" by Frédéric Chopin; and "Ma mère l'Oye" ("Mother Goose") by Maurice Ravel.

Haydn composed the "Piano Sonata in E Minor, Hob. XVI/34, L. 53" in the late 1770s. The first movement displays Haydn's talent at its most subtle in this lyrical yet dramatic piece. It is described as an unsmiling, precise movement, which is unique in Haydn's sonatas. The movement is a collection of musical fragments that never seem to gather momentum and, every time they try to, Haydn inserts a full stop and the music suddenly grinds to a halt.

Mozart's "Piano Sonata No. 12 in F Major, K. 332" was published in 1784. The first movement is in a classical sonata form, with repeats for the exposition, development and recapitulation. There are two basic characteristics of this movement: the song-like themes and the combination of styles. Mozart uses diverse styles, including galant homophony, learned counterpoint and even the intense Sturm und Drang style.

"Sonata No. 17 in B-flat Major, K 570," dated February 1789, is Mozart's penultimate sonata, and it did not become known until five years after his death when it was published for piano and violin. The "Adagio" is a rondo with two episodes that sets out to beguile rather than convey profundity.

Schubert composed his lied "An die Musik" ("To Music") in 1817 for solo voice and piano, with text from a poem by his friend Franz von Schober. A hymn to the art of music, it is one of the composer's best-known songs. Its greatness and popularity are generally attributed to its harmonic simplicity, sweeping melody and a strong bass line that effectively underpins the vocal line.

The "Nocturnes, Op. 48" are a set of two nocturnes for solo piano Chopin composed in 1841. When compared with the more melancholy outer themes of "Nocturne in F-sharp Minor, Op. 48, No. 2," the middle section is completely different. Chopin once noted that the middle section was like a recitative and should be played as if "a tyrant commands, and the other asks for mercy."

Ravel's "Ma mère l'Oye" was originally written as a five-movement piano duet in 1910, subtitled "cinq pièces enfantines" ("five children's pieces"). In 1911, Ravel orchestrated the work. Later the same year, he also expanded it into a ballet.

Presentations

Lecture on Native Americans in Western Maryland



On **Monday, Oct. 25**, at 7 p.m. in Gira Center 156, Suzanne Trussell, an archeologist and a museum specialist, will deliver a lecture titled “Caves to Empire: An Archeological View of Native Americans.” This event is free and open to the public.

Trussell began her career focusing on Latin America, participating on dig sites at the Ecuadorian coastal village of Aguas Blancas and the Mayan site of Cahal Peche in Belize. She also has considerable experience in cultural resource management on federal- and state-required investigations. She worked several years in the American Southwest before moving to Mid-Atlantic Appalachia, where she started Oxbow Cultural Research.

Trussell also works with museums, nonprofits and private landowners to study and display humanity’s past. She is active in local research, including the Jane Gates Heritage House in Cumberland and Ridgedale Historic Farm near Romney, W.Va. She curated the Caves to Empire exhibit on Native Americans at the Fort Bedford Museum in Bedford, Pa., and is working on new exhibits on the French and Indian War era and the Whiskey Rebellion.

The event is co-sponsored by the University Council on Diversity, Equity and Inclusion and the Department of English and Foreign Languages. For info, contact Dr. Amy Branam Armiento at abranam@frostburg.edu or 301-687-4293.

SAFE Office and BURG Peer Education Network to Host Bobby Petrocelli



As part of their Speaker Series, the SAFE Office and BURG Peer Education Network will present speaker, author, educator and coach Bobby Petrocelli in “You Matter. It Doesn’t.” The presentation will take place on **Wednesday, Oct. 27**, at 7 p.m. in the Lane Atkinson Room (232).

Bobby Petrocelli is one of the top motivational speakers in the country, spending most of his time on college and high school campuses throughout America. He is the author of several books, including “10 Seconds Will Change Your Life Forever.” Petrocelli speaks to people of all ages, focusing on the power of their decisions and how to build a strong foundation for their lives.

For info, contact Don Swogger at dswogger@frostburg.edu or Joseph McKenzie at jdmckenzie@frostburg.edu.

Watershed Moments: ‘Vulture, the Private Life of an Unloved Bird’



As part of its Watershed Moments Community Learning Series, the Appalachian Laboratory will host Katie Fallon, co-founder of the Avian Conservation Center of Appalachia, Inc., who will present “Vulture, the Private Life of an Unloved Bird” on Zoom on **Thursday, Nov. 4**, at 6:30 p.m. This event is free and open to the public.

Vultures are often overlooked, underappreciated and unloved, despite the vital role they play in healthy ecosystems. Worldwide, vultures are more likely to be threatened or endangered than any other group of raptors, but in the U.S., turkey and black vultures may be increasing in number. Based on Fallon’s recent book, this fun presentation will discuss the life and times of the noble turkey vulture, including its feeding, nesting and roosting habits; migratory behaviors; and common misconceptions.

Registration is required. Once registered, attendees will receive an email with Zoom access instructions. For info or to register, visit www.umces.edu/watershed-moments.

Exhibits

Roper Gallery to Display ‘Pleasant Terminal,’ an Exhibition by Three New Visual Arts Faculty



“To and Fro” by April Wright

FSU’s Department of Visual Arts will host “Pleasant Terminal,” a show by three new faculty members in the department – *Ash Lester*, *Alena Mehić* and *April Wright*. The display will open with a reception on **Friday, Nov. 5**, from 7 to 9 p.m. at the Stephanie Ann Roper Gallery in FSU’s Fine Arts Building. This exhibition, which is free and open to the public, will be on display through **Friday, Nov. 19**.

Originally from northern New York, Lester is an interdisciplinary artist, focusing on sculpture and installation, who creates her work through the use of iconography, symbolism and material choices from lower-class communities. Rural ingenuity and the need to invent are major themes, and the work she creates is a reflection of and influenced by her experience as a butch lesbian in rural America. She touches on issues such as class, isolation and stereotypes while simultaneously exposing and celebrating those communities and their often clichéd cultures. She received her master’s from the University of South Florida in Tampa. Lester is a lecturer at FSU whose areas of teaching interest include sculpture, installation, assemblage and ceramics.

Mehić, drawing from the post-socialist landscape of and attitudes about the former Yugoslavia, analyzes collective memory politics and the archive. Creating in-between spaces, she concentrates on objects, architectural features, political photographs and embroidered

words to mimic the geographic and political placement of a departed country. Mehić earned her master's from the University of North Carolina at Chapel Hill. A lecturer in the department, her areas of teaching interest are drawing, printing and printmaking.

Wright is a visual artist from Germantown, Tenn. Working in sculpture and installation art, she uses humble, everyday materials to connect personal narratives about home, relationships, memory and identity. Wright earned her master's in art studio with a focus on ceramics and fibers at the University of Kentucky in Lexington. She teaches foundations in art as a lecturer at FSU.

The Roper Gallery is open Monday through Friday from 1 to 5 p.m. For info, contact the Department of Visual Arts at 301-687-4797.

Points of Pride

2021 FSU Homecoming Royalty



Evie Shanholtz, representing Delta Zeta, was this year's top fundraiser. She raised \$235.00 for Alzheimer's Association. Pictured, from left, are *Jasmine Smiley*, *Jacob Sears* and Shanholtz. Candidates for Homecoming Royalty raised funds for charities on behalf of their campus organizations. Smiley, representing Delta Sigma Theta, raised funds for The House of Ruth. Sears, representing Pi Lambda Phi, raised funds for The Trevor Project.

Bill Mandicott Receives Governor's Citation

Bill Mandicott, assistant vice president for Student and Community Involvement, received a Governor's Citation for his commitment to the campus community in Maryland. Mandicott was recognized for his ongoing service and commitment to the commissions on which he serves and his consistent and ongoing support of students and AmeriCorps.

Office of Sponsored Programs Successes/News

On Sept. 23, project director *Dr. Boyce Williams*, dean of FSU's College of Education, was awarded \$959,890 by the U.S. Department of Education for year three of the project, Maryland Accelerates (MA): Teacher-Leader Residency for Inclusive Excellence, in partnership with Garrett County and Frederick County public school systems. The project's purpose is to increase the number of certified teachers in Maryland schools, especially in science, mathematics and computer science, as well as to provide a career path for established teachers to mentor new educators.

For info, see the Office of Sponsored Program's Successes/News webpage at <http://www.frostburg.edu/osp/successesnews.php>.

Andy Duncan is Virtual Guest Speaker at GW Seminar

Andy Duncan, a professor in FSU's Department of English and Foreign Languages, was a virtual guest speaker in Dr. Eric Grynaviski's political science seminar on Oct. 18 at George Washington University in Washington, D.C. The semester's theme, "War and the Hobbit," focuses on the works of J.R.R. Tolkien, and Duncan enjoyed a lively 90-minute Q&A with the students about his 2001 short story, "Senator Bilbo," and the 2018 online controversy that belatedly surrounded it. Duncan's story, narrated by Frank Key, can be heard at PodCastle, which rates it PG "for bigotry and orc," at <https://podcastle.org/2008/11/04/pc032-senator-bilbo>.

Dr. Amy Branam Armiento Speaks on 'The Macabre Poe'

Dr. Amy Branam Armiento, a professor in FSU's Department of English and Foreign Languages, spoke on "The Macabre Poe" Oct. 18 at the Bier Baron Tavern in Washington, D.C., as part of the nationwide Profs and Pints Lecture Series, designed to "democratize access to higher learning and provide scholars with new audiences." Armiento, the president of the Poe Studies Association, donated the \$170 proceeds from the ticketed event to Poe Baltimore, which maintains the city's Edgar Allan Poe House and Museum. For info, visit <https://www.profsandpints.com> and <https://www.poeinbaltimore.org>.

Take Note

University Council for Diversity, Equity and Inclusion to Offer Safe Zone Training

The University Council for Diversity, Equity and Inclusion will offer Safe Zone training to any current faculty, staff or student who wants to become a recognized Safe Zone Ally. Those interested can register for one of two initial in-person workshops to be held on **Friday, Nov. 5** – the first from 9 to 11 a.m. and the second from 1 to 3 p.m. Both sessions will be held in the Hall of Fame room in the Cordts PE Center.

These Safe Zone sessions are opportunities to learn about LGBTQ+ (lesbian, gay, bisexual, transgender, queer [or sometimes questioning] and others) identities, gender and sexuality, and examine prejudice, assumptions and privilege. They also offer an opportunity to learn how to communicate an openness toward talking about and being supportive of LGBTQ+ individuals and identities.

The training will begin with the two-hour workshop, which will be followed up with supplemental workshops to provide a comprehensive training experience. Individuals completing the initial workshop and the additional sessions will receive a certificate of completion.

Seating is limited for both sessions and will be on a first-come, first-served basis. For info and/or to register, email ucdei@frostburg.edu. If registering, be sure to include your name and the session for which you would like to register.

Home for the Holidays – A Choose Civility Event

Choose Civility of Allegany County, in collaboration with FSU’s Communication Leadership Lab and ACM’s Civic and Community Engagement Committee, will host “Home for the Holidays: Interacting With Family, Friends and the Community Amid Differing COVID-19 Choices” on **Wednesday, Nov. 10**, from 6:30 to 7:30 p.m. This will be a facilitated virtual session in which everyone can practice civil conversations. Register at www.alleganycountylibrary.info/homefortheholidays.

For info, call 301-777-1200 or contact Dr. Elesha L. Ruminski at elruminski@frostburg.edu. For info on Choose Civility: Allegany County, go to <https://www.alleganycountylibrary.info/choose-civility>, and for info on FSU’s Communication Leadership Lab, visit <https://www.frostburg.edu/academics/colleges-and-departments/departments-of-communication/frostburg-dialogue/home.php>.

Request for Nominations – 2022 USM Board of Regents Staff Awards

The Council of University System Staff (CUSS) is again accepting nominations for the University System of Maryland Board of Regents Staff Awards. These Staff Awards represent the highest honor bestowed by the Regents for achievements of exempt and nonexempt employees from USM institutions, and are presented to staff members who have demonstrated excellence in one of the following categories: contribution to the institution and/or unit to which the person belongs; service to students in an academic or residential environment; public service to the University or greater community; effectiveness and efficiency regarding an academic or administrative transformation with a savings of \$10,000 or more; or inclusion, multiculturalism and social justice.

Nominations are first considered at an institutional level before being forwarded to the CUSS USM Board of Regents Staff Awards and Recognition Committee for final selection. An internal Staff Awards Review Committee made up of the following staff employees will select nominees from FSU:

Christopher Everett, Office of Human Resources, 301-687-4496, cseverett@frostburg.edu

Danielle Dabrowski, Office of Human Resources, 301-687-4102, dldabrowski@frostburg.edu

Nancy Frost, Ort Library, 301-687-3058, nfrost@frostburg.edu

Dean Bolden, Physical Plant, 301-687-7004, djbolden@frostburg.edu

Rubin Stevenson, Athletics, 301-687-4086, rstevenson@frostburg.edu

Contact any of these committee members with the name of a potential candidate and why you believe that staff member to be worthy of an award nomination. The committee members then will work with you to complete a competitive nomination packet. Completed nomination packets must be submitted to FSU’s Staff Awards Review Committee no later than **Tuesday, Jan. 11, 2022**.

Join CLC and American Legion Farrady Post No. 24 for a Veterans Day Celebration!



FSU’s Children’s Literature Centre, in conjunction with American Legion Farrady Post No. 24, will host a special Veterans Day event on **Thursday, Nov. 11**, at 7 p.m. at City Place in Frostburg. During the event, illustrator Matt Tavares, the main speaker, will present a book he illustrated, “21 Steps,” about the soldier who guards the Tomb of the Unknown Soldier at Arlington National Cemetery. This event is free and open to the public

Tickets are available to be reserved. A reserved ticket is required due to capacity limits. Tickets can be reserved at <https://frostburgtix.universitytickets.com/w/event.aspx?id=1558>.

Important HR News and Complimentary Educational Event

For info, contact Lee Ann Nightingale at lnightingale@frostburg.edu or call 301-687-4398.

The link at <https://www.frostburg.edu/human-resources/index.php> will take you to HR’s website where you can register for any of the events using the link under HR News Bulletin.

Important! Plan Year 2022 Open Enrollment Notice

This year’s Open Enrollment for State of Maryland (SOM) health benefits will be online using State Personnel System (SPS) Workday through **Friday, Nov. 12**, at 5 p.m. During this time, eligible faculty and staff can enroll in and/or make changes to their health benefits for an effective date of **Jan. 1, 2022**. Employees will receive alerts about Open Enrollment from SOM via the SPS Workday system.

Faculty and staff enrolled in SOM health benefits, and others eligible for Open Enrollment for the 2022 plan year, will conduct Open Enrollment through SPS Workday. This system allows faculty and staff to access, enroll in and manage benefits through one online portal. Employees are encouraged to review the document “Complete Open Enrollment Elections” at <https://dbm.maryland.gov/sps/Documents/EE05%20Complete%20Open%20Enrollment%20Elections%20QRG%20-%20Employees%20v4.pdf> before the start of Open Enrollment. This reference guide provides step-by-step instructions regarding Open Enrollment.

You must take action if:

You want to enroll for the first time, change plans or change coverage levels for 2022.

You wish to participate or continue to participate in a Flexible Spending Account (FSA) for 2022. The IRS requires all FSA participants to re-enroll in these plans every year. If you wish to continue these plan(s), be sure to make your elections for the 2022 plan year by the **Nov. 12** deadline.

If you are not making any changes or do not want to enroll in an FSA, your current coverage will roll over to 2022.

Open Enrollment information will not be mailed to faculty and staff. The 2022 Benefits Guide, 2022 Rates and other important information will only be accessible online. Employees can access information regarding the 2022 plan year using the links below:

2022 Benefits Guide at <https://dbm.maryland.gov/benefits/Documents/2022%20Benefits%20Guide.pdf>

2022 Regular Faculty and Staff Rates at <https://dbm.maryland.gov/benefits/Documents/CY22%20Employee.Retiree%20Rates.pdf>

2022 Contractual Rates at <https://dbm.maryland.gov/benefits/Documents/CY22%20Employee.Retiree%20Rates.pdf>

Fidelity Complimentary Educational Event

Fidelity Investments will offer a complimentary educational event, “Ask Fidelity Session: How to Plan for the Income You’ll Need in Retirement,” on **Thursday, Oct. 28**, at noon. How do your financial resources turn into income in retirement? It starts with a plan. Learn how to create a retirement income plan and explore the risks that can impact it. To reserve your spot in this online event, visit <https://digital.fidelity.com/prgw/digital/wos/Events?planSponsorName=UNIVERSITY%20SYSTEM%20OF%20MARYLAND> and then select Virtual Event from the Select Event Type pull-down menu.

Fidelity Investments is fully committed to social distancing while supporting the needs of FSU faculty and staff. Employees who need assistance with their retirement planning will be able to meet by phone or video conferencing for one-on-one appointments with retirement planner “Paul” Vutiprichar.

Click <https://digital.fidelity.com/prgw/digital/wos> to view appointment dates and times; use University System of Maryland as the employer name. You can also call 800-642-7131 to schedule a consultation.

Sponsor-a-Family: Thanksgiving Baskets

Through the Annual Sponsor-a-Family program, organizations and individuals on campus can help a local family in need by donating a Thanksgiving meal in a basket.

All baskets will be delivered to families on **Monday, Nov. 22**. Students, faculty, staff, organizations and offices on campus are encouraged to participate.

If your office or organization is interested in sponsoring a family for the Thanksgiving holiday, email CivicEngagement@frostburg.edu to receive an information packet and details on how to sign up.

For info, contact the Office of Civic Engagement at 301-687-4210.

MCCR’s Western Maryland Advisory Council Seeks Members

The Maryland Commission on Civil Rights (MCCR) is seeking volunteer members for its Western Maryland Advisory Council (WMAC). MCCR supports Maryland’s laws against discrimination in employment, housing, public accommodations and state contracts; provides educational outreach related to provisions of this law; and promotes civil rights in Maryland. Members of WMAC assist with this mission by serving as regional points of contact on issues within the area to help to increase public awareness of services offered by MCCR, as well as protections under state law; WMAC members work together to build sustainable partnerships that serve to protect Maryland’s most vulnerable populations.

If you would like to support this mission, complete the application for consideration at <https://mccr.events/WMACApp>. Visit <https://mccr.maryland.gov/Pages/default.aspx> for info on MCCR and follow WMAC on social media [@mccrwmac](https://twitter.com/mccrwmac). For questions, contact Dr. Kara Hunt, MCCR director of Education and Outreach, at kara.hunt1@maryland.gov, or Dr. Elesha L. Ruminski, professor of communication studies in FSU’s Department of Communication and WMAC chair, at elruminski@frostburg.edu.

Brady Health Offering Flu Vaccine



Brady Health is administering the quadrivalent vaccine again this year. The vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is \$25. Payment can be made by cash or check.

You must be over 18 years of age.

Be sure to wear short sleeves.

FSU-TV3

FSU-TV3 Has a New News Show, 'Good Morning Frostburg'



FSU-TV3's newest news show, titled "Good Morning Frostburg," premiered on Oct. 20 at 9 a.m. with host *Leila Covington*. This show is led by writer and producer *Charnese Bishop* and technical producer and editor *Reginald E. Morton III*. Tune in to watch Covington, guests *Bri Glascoe* from the Exercise and Sport Science program and *George Giles* from Chartwells and to hear how nutrition and fitness help the well-being of the students and what dining options are available in FSU's main dining hall.

See the show again **Wednesday, Oct. 27**, at 9 a.m. on Comcast channel 3. It is ready to watch today on Facebook at www.facebook.com/FSUTV3 or on YouTube at <https://www.youtube.com/watch?v=uGDfdLiJO9I>.

UCM

For info on weekly UCM events, contact the Rev. Dr. Cindy Zirlott at c.zirlott@frostburg.edu.

Upcoming Event – Trip to the National Museum of the American Indian



Forgotten No More! Trip to the National Museum of the American Indian in Washington, D.C. **Saturday, Nov. 6**, check-in at 6:45 a.m., bus leaves campus at 7 a.m. The bus trip costs \$5 for students and \$15 for faculty and staff. Tickets are available through the box office and online. Seats are limited. This trip will start UCM's work this semester for Forgotten No More, an awareness campaign for missing and murdered Native American girls and women. This trip is an excellent opportunity to learn more about the indigenous peoples' history and culture. And did you know that homicide is the leading cause of death among Native American women and girls? This trip includes transportation to the District, a tour of the museum, free lunch, a free campaign T-shirt and a speaker about this social justice topic and a call-to-action opportunity. The bus will leave the District at 5:30 p.m. For info, contact Chaplain Cindy or Jacques Metayer, vice president of UCM, at jmmetayer0@frostburg.edu.

Study Abroad

Start Planning Your Study Abroad Experience for Fall 2022!



Study Abroad Information Sessions

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session takes place at 3:30 p.m. on the following **Fridays** throughout the semester: **Oct. 29, Nov. 19** and **Dec. 3**.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Study Abroad Trip to Puerto Rico, May 23-29, 2022

Dr. Greg Wood, professor and chair, FSU's Department of History, will lead a study abroad trip to Puerto Rico **Monday, May 23, through Sunday, May 29, 2022**.

For info, contact Wood at gwood@frostburg.edu.

Costa Rica – Pura Vida Trip, May 26-June 3, 2022



Explore ecotourism principles in the context of a country that is considered to be the ecotourism capital of the world. This study abroad experience is integrated as the experiential component of RECR 448 Principles of Ecotourism during summer session 2022. The dates of travel are **Thursday, May 26, through Friday, June 3, 2022**. The trip is open to any FSU student.

Students will engage in hands-on experiences as they board canal boats, kayaks, rafts and zip-lines to get an up-close and personal look at the ever-changing landscapes and unparalleled animal and plant life. The trip includes visits to five national parks in Costa Rica.

For info, contact the faculty trip leader, *Dr. Natalia Buta*, an associate professor in FSU's Department of Kinesiology and Recreation, at nbuta@frostburg.edu or 301-687-4458, or visit <https://www.frostburg.edu/student-life/campus-services/center-for-international-ed/study-abroad/student-abroad-programs.php>.

Health and Safety Messages

Halloween Safety Tips



Check your porch light to make sure it's working.

Make sure the porch light is off if you don't want visitors.

Make sure your sidewalks and driveway are clear. Clear your walkways of things like sports equipment, snow or wet leaves to reduce the risk of someone tripping and falling.

Keep your pets restrained. It's best to put animals in their crates or in a separate room.

Go flameless. Consider using glow sticks or battery-operated candles instead of real ones.

Be extra cautious while driving. Kids can be unpredictable and younger ones may run out into the road without warning.

Don't forget about food allergies. If you are giving candy out, avoid things with nuts or soy.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Build Your Skills

<https://anivda.com/mental-health-skill-building-activities>

Tell Yourself Tuesday Tip: Worthiness

<https://healingbrave.com/blogs/all/i-am-enough-poem-about-worthiness>

Wacky Wednesday Tip: Desk Yoga

<https://www.youtube.com/watch?v=tAUf7aajBWE>

Thankful Thursday Tip: Gratitude: What Is It?

<https://gratefulness.org/resource/what-is-gratitude>

Fun Friday Tip: Halloween Mocktails

<https://www.thetemper.com/halloween-mocktails-non-alcoholic-cocktails>

Social Saturday Tip: Spooky Recipes

<https://spoonuniversity.com/recipe/no-bake-halloween-recipes-dorm-room>

Self-Love Sunday Tip: Have a *SAFE* and Healthy Halloween!

<https://www.visitcompletecare.com/blog/11-safe-things-to-do-on-halloween-at-home-during-the-pandemic>

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.