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Appalachian Festival Returns to FSU Sept. 15 Through 17 With 'Landscapes and Livelihoods'



FSU's much-anticipated Appalachian Festival will return to campus for its 17th year **Thursday**, **Sept. 15**, **to Saturday**, **Sept. 17**. The free, family-friendly event brings together artists and craftspeople to celebrate all that makes the region unique – its history, culture, music and dance, folk arts, food and more – with performances, workshops, displays, discussions and activities. This year's event focuses on "Landscapes and Livelihoods."

The capstone event is a concert by the Karan Casey Trio in Frostburg's historic Palace Theatre on **Saturday** at 7:30 p.m. With a clear, impassioned voice, Casey

has long been recognized as one of the most innovative and provocative musicians in Irish traditional and folk music, singing songs that are suffused with warmth and charged with a sense of social conscience. Joined by fiddler and vocalist Niamh Dunne and guitarist and accordionist Sean Óg Graham, Casey's performance features songs that draw inspiration from personal, historical and political sources while touching on themes of family, loss, love, the empowerment of women and the Irish revolutionary struggle. Tickets are \$15 for adults and \$13.50 for children and the military and can be purchased at the door or ordered at <a href="mailto:cestforthispectual-cestforthispe

Events kick off in Frostburg's Palace Theatre on **Thursday** at 7 p.m. with the film, "Holler." This semi-autobiographical film by Nicole Riegel provides a poignant look at the region's social and economic challenges through the eyes of a young girl caught between her own dreams of a seemingly unattainable future and desperate choices for survival. A post-film discussion moderated by FSU faculty will follow the screening.

The festival's **Friday** on-campus symposium continues the theme "Landscapes and Livelihoods." Symposium discussions will explore pathways to Appalachian resilience with presentations on new agricultural pursuits, including marijuana cultivation, ecotourism and the creation of inclusive communities. Although each presentation features a different topic, all are connected by a common dedication to regional resilience.

Events begin at 2 p.m. with "The Future Is Hemp: A Presentation and Discussion of the Most Amazing Plant," led by members of the Mountain Maryland Hemp Alliance, which includes a short talk on what hemp is, how it is used and how local growers see it moving forward.

At 3 p.m., Laura Freeman Legge and Steve Storck present "Western Maryland Trail Expansion: The Tale of Two Trails," featuring two visions for trail expansion in Western Maryland and exploring the benefits and risks of such proposals. The program focuses on two proposed trails – the George's Creek Trail and the Wild Youghiogheny Trail.

"Intentional, Inclusive and Intergenerational – The Future of Community Living" by Jane Rohde at 4 p.m. completes an update on trends for the direction for community living and the related healthcare, service and amenity marketplace from a wellness, sustainable and inclusive perspective.

At 5 p.m., soil ecologist, consultant and educator Ben Friton, in "Biomimicry at a Systems Level," provides an exploration of the laws governing thriving ecosystems that allow them to grow indefinitely and how humans can leverage biomimicry in their relationships, dwellings, farms, communities and society.

The final presentation is "The Brownsville Project" by Clory Jackson at 6 p.m. As part of the Frostburg Arts and Entertainment District's strategic plan, FrostburgFirst is facilitating a new public art installation in collaboration with The Brownsville Project to highlight the often-overlooked impact of the Brownsville community on the history and culture of Frostburg. A public art installation in the Frostburg Arts and Entertainment District will honor the requests of the descendants, while highlighting the importance of the contribution of the community to the history and culture of Frostburg.

At 7 p.m., the symposium closes with "Dinner on the Grounds: Songs for Environmental and Social Justice" with Sparky and Rhonda Rucker and Michael and Carrie Kline in an event to celebrate positive social and environmental change.

Saturday's events feature two music stages with performances on the Compton Stage by Bear Hill Bluegrass, Black Diamond, Meadow Run, Footworks Percussive Dance Ensemble, Ken and Brad Kolodner, Jocelyn Pettit and Ellen Gira, Highland Grass, Critton Hollow String Band and the Barnstormers, Hickory Bottom Band and Day Old News.

Performers on the Thomas Automotive Stage include Jay Smar, Time Travelers, Dakota Karper and Pete Hobbie, Davis Bradley Duo, Jeff and Myles Thomas, Loretta Hummel and Paul Dix, Anne Lough and Amy Lough, Rev. Frankie, Old Towne Strings and Black Guy Fawkes.

Additional performance areas include Chapel Happenings Outdoors with music by the Frostburg Arion Band; Songs of Strife and Hope with Sparky and Rhonda Rucker and Michael and Carrie Kline; Appalachian Storytelling with Judi Tarowsky, Rich Knoblich, Otto and Katie Ross, Bill Hairston and Mikalena Zuckett; and a Folk and Traditional Irish Singing workshop with Capstone Concert performer Karan Casey.

The Family Stage provides something for children of all ages and features interactive performances by The Imagineers and Cowboy Hay, as well as a jug band with Slim Harrison and the Sunnyland Band. In addition, students and teachers from the folk music school The Cat and the Fiddle will share some of the music they have learned or taught.

Hands-on workshops and presentations can be found in the Folkways Tent, which offers workshops on Appalachian dance, the dulcimer and percussive dance. Musician Ben Townsend will provide his take on traditional Appalachian music and Sparky and Rhonda Rucker will perform songs of social change. FSU students are also conducting a community listening project focusing on the "Push and Pull of Appalachia" and are especially interested in hearing from community members about the conditions that push residents to leave, those that compel them to stay and the changes they'd like to see in the area.

The Explorations Tent offers an interactive session, facilitated by Nature Conservancy staff, exploring how reforestation projects might be designed to include benefits to local communities, as well as a table and display on the wildlife educational program Scales to Tales and presentations on traditional medicinal plants of Appalachia; how to encourage pollinators; coal, class and color by Talking Across the Lines, a folklife documentary consulting and production firm; and the importance of community in the Appalachian punk scene.

A wide variety of artisans will be on site to demonstrate local traditions, including tatting, pottery, folk art, steampunk, rug hooking, jewelry making, knitting, basket weaving, traditional music, fiber art, cigar-box banjos, stained glass, woven potholders, leather goods, slate paintings, charcoal prints, watercolors, wood carvings, custom-made furniture, herb and flower arrangements, quilted cards, hand-dyed yarns, wooden toys and personal and home-care products.

Community groups and organizations and other individuals on the grounds include The Nettle Patch, local author Ben Cooper, the Western Maryland Chapter of the Archeological Society, the Frostburg Museum, The Brownsville Project and Frostburg First, the Appalachian Laboratory, the Western Maryland Advisory Council for the Maryland Commission on Civil Rights, The Nature Conservancy, Choose Civility, the Evergreen Heritage Center and the Jane Gates Heritage House.

The festival and its programming are supported in part by the Maryland State Arts Council, FSU's Cultural Events Series, the FSU Foundation, the city of Frostburg, FrostburgFirst and Thomas Automotive.

For info, visit the festival's website at www.frostburg.edu/events/afestival.

CES Announces 2022-23 Season







From left, the Annie Moses Band, a member of the Trick of the Light Theatre performing in "The Griegol" and Cirque Kalabanté members performing in "Afrique en Cirque"

CES at FSU will present its 2022-23 season with professional performing

artists from New Zealand, Guinea, Canada, Ireland and the United States in genres of dance, theatre, circus arts and jazz, mariachi, folk and classical music. All performances begin at 7:30 p.m.

Ireland's Karan Casey Trio will present the Appalachian Festival Capstone Concert on **Saturday**, **Sept. 17**, at the Frostburg Palace Theatre, 31 E. Main Street. Long recognized as one of the most innovative and provocative musicians in Irish traditional and folk music, Casey's music is suffused with warmth and charged with a sense of social conscience.

The genre-defying musicians of TAKE3 will perform on **Saturday**, **Sept. 24**, as part of FSU's Family Weekend celebration. Known for their eclectic programming, the trio infuses classical music with rock-star charisma in a performance that features the heart-pounding music of "Game of Thrones," "Pirates of the Caribbean" and "Pulp Fiction" alongside favorites from John Lennon, Billy Joel and Coldplay. The club-style event, which will feature general admission table seating and food and beverage options, will take

place in FSU's Alice R. Manicur Assembly Hall in the Lane University Center, and is presented in partnership with the FSU Office of Student Engagement.

Celebrate National Hispanic Heritage Month on **Wednesday, Sept. 28**, with a spirited tribute to the golden age of Mexican music. The Latin Grammy Award-nominated ensemble Mariachi Herencia de México joins Grammy nominee Lupita Infante to honor their legacy with a colorful and unforgettable celebration of Mexican culture. The club-style event, featuring general admission table seating and food and beverage selections, will take place in Lane Manicur Hall and is presented in partnership with the Department of Student Engagement.

The Maryland Symphony Orchestra returns to the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center on **Friday, Nov. 11**, for a concert of classical masterworks. The program includes Wolfgang Amadeus Mozart's spirited "Symphony No. 29 in A Major," Igor Stravinsky's "Pulcinella Suite" and Carl Maria von Weber's "Concertino for Clarinet in E-flat Major, Op. 26," featuring accomplished solo clarinetist Beverly Butts. This event is supported by the Community Trust Foundation's Iris and Peter Halmos Community Fund and the FSU Foundation.

After a sold-out CES performance in 2017, the Annie Moses Band returns to usher in the holiday season with a flurry of Christmas classics and beloved carols. From spirited renditions of "Carol of the Bells" and "Deck the Halls," to the breathtaking beauty of "O Holy Night," it's an evening of enlivening, enrapturing music. The performance, sponsored by Thomas Automotive, takes place **Saturday, Dec. 3**, in Lane Manicur Hall.

A tale without words about death, love and monsters comes to the F. Perry Smith Studio Theatre in the Performing Arts Center on **Wednesday, March 29**, and **Thursday, March 30**, when New Zealand's Trick of the Light Theatre presents "The Griegol." After their grandmother passes away, a child suspects they are being pursued by the shape-shifting smoke demon from the old woman's stories. The performance draws on techniques of early cinema, conjuring magic and laughter out of silhouettes, puppetry, live music and animation. This engagement is made possible in part through the Performing Arts Global Exchange program of Mid Atlantic Arts.

Celebrate the centennial of American jazz icon Dave Brubeck on **Friday, April 14**, with an extraordinary multimedia jazz performance from the Brubeck Brothers Quartet, led by Brubeck's sons, Chris and Dan. Through music, stories and video interviews with Dave and the musicians he influenced, the show invites audiences to travel along the timeline of his extraordinary life and career. The club-style event, which will feature table seating and food and beverage selections, will take place in Lane Manicur Hall.

On **Tuesday, April 25**, the artists of Cirque Kalabanté perform "Afrique en Cirque," which blends the vitality of traditional Guinean music and dance with the innovative virtuosity of modern circus. Set to the pulsing rhythms of djembes, koras and other native West African instruments, "Afrique en Cirque" is pure joy for audiences of all ages. The performance, presented in partnership with the Department of Student Engagement and sponsored by Thomas Automotive, will take place in Pealer Recital Hall.

Tickets are available beginning **Monday, Aug. 29**. For info, visit CES' webpage at <u>ces.frostburg.edu</u> or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open Mondays through Fridays from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council (msac.org), the Allegany Arts Council and the City of Frostburg.

Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. These events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

Department of Music Opens Season With Violinist Matous Michal in Guest Artist Series Concert



FSU's Department of Music will open its fall season with a Guest Artist Series concert by Matous Michal on **Thursday, Sept. 8**, at 7:30 p.m. He will be accompanied by pianist *Dr. Joseph Yungen*.

Michal will perform "Sonata for Violin and Piano No. 35 in A Major, K. 526" by Wolfgang Amadeus Mozart, "Sonata for Violin and Piano No. 1 in F Minor, Op. 80" by Sergei Prokofiev and "Sonata for Violin and Piano No. 2 in G Major, M. 77" by Maurice Ravel.

Mozart composed "Sonata for Violin and Piano No. 35 in A Major, K. 526" in 1787. It consists of three movements: "Molto allegro," "Andante" and "Presto." It is the last of Mozart's substantial violin sonatas. The

first movement is in sonata form, with more evenly divided contributions between the two instruments than in the earliest of his sonatas. The second movement has, for a classical period slow sonata form, an extended development. The finale is a rondo with a particularly agitated middle section.

Prokofiev's "Sonata for Violin and Piano No. 1 in F Minor, Op. 80," composed between 1938 and 1946, is one of the darkest and most brooding of the composer's works. Prokofiev was awarded the 1947 Stalin prize for this composition. The piece is in four movements of roughly equal length: "Andante assai," "Allegro brusco," "Andante" and "Allegrissimo – Andante assai, come prima." Prokofiev described the slithering violin scales at the end of the first and fourth movements as "wind passing through a graveyard," The first and third movements of the sonata were played at Prokofiev's funeral.

"Sonata for Violin and Piano No. 2 in G Major, M. 77," Ravel's last chamber work, was composed from 1923 to 1927. Ravel was inspired by American music, namely jazz and blues. The classic blues band of W.C. Handy exhibited the style of St. Louis blues in Paris during this period. Ravel was inspired by the style of music and dance, and jazz elements can also be found in the "Piano Concerto for the Left Hand" and other works. The violin sonata consists of three very different movements in very contrasting styles: "Allegretto," "Blues. Moderato" and "Perpetuum mobile. Allegro."

A native of the Czech Republic, Michal began his violin studies at the age of 4; at 14, he made his debut as soloist after winning the Dubai International Competition for Young Virtuosos. Since then, he has won numerous other awards. He has served as the concertmaster of the Verbier Festival Orchestra, Juilliard Orchestra, Music Academy of the West Festival Orchestra and Manhattan School of Music Symphony Orchestra, as well as the associate concertmaster of the Grant Park Orchestra. Matous was appointed to the second violin section of the Chicago Symphony Orchestra in February 2016.

Dr. Jay DeWire to Perform in FSU Faculty Artist Series Concert

FSU's Department of Music will present a Faculty Artist Series concert by *Dr. Jay DeWire*, titled "Reflections," on **Sunday, Sept. 11**, at 3 p.m.

DeWire will perform "Nine Variations in D, K.573 on a Minuet By J.P. Duport" by Wolfgang Amadeus Mozart, "Sonata in B-flat Major, Op. 22" by Ludwig van Beethoven, "Variations Sérieuses, Op. 54" by Felix Mendelssohn and "Sonata in C Major, Op. 1" by Johannes Brahms.

Duport's "Cello Sonata, Op. 4/6" was quite popular in the late 18th century – at least with Friedrich Wilhelm II, the King of Prussia, for whom Mozart may have written this set of variations on one of its themes. The first two variations maintain the theme's lively mood; the second exhibits much scale-like writing. The theme appears in muscular but playful chords in the next variation. With the fourth, the mood relaxes a bit, but the pacing remains fast, the manner playful, and playful describes the mischievous fifth variant. The sixth is dreamy in its slower tempo. Things turn lively and playful again in the ensuing variant, but slower once more and reflective in the eighth. The last variation is driven and full of brilliant colors and dazzling writing. This charming masterwork closes with a brief restatement of the minuet theme.

Composed in 1800 and published as a "Grande Sonata," Beethoven's "Piano Sonata in B-flat Major, Op. 22" marks the end of his first creative period. Beethoven held this sonata in especially high regard, proudly calling it "a real challenge" in a letter to his publisher. Indeed, it manifests the quintessence of classical formal principles: its proportions are balanced, its four-movement structure consummately designed. It poses high demands on flawless technical brilliance and lightness of execution.

In 1841, at the height of his mastery, Mendelssohn wrote three variation cycles for piano in quick succession. The first of them, the "Variations Sérieuses, Op. 54," may be regarded as his most important piano work. It formed part of an anthology of works by renowned composers of the time, proceeds from the sales of which were intended for the erection of a Beethoven monument in Bonn. At that time there was something of a production line of so-called "Variations Brillantes" for piano; Mendelssohn gave his 17 "Variations in D Minor, Op. 54" the title "Variations Sérieuses" to distance himself from these. The beautiful main theme has an earnest, poignant character that is sustained throughout all the transformations.

Brahms composed "Sonata No. 1 in C Major, Op. 1" in 1853. Despite this being his first published work, "Piano Sonata No. 2" was actually composed first, but Brahms chose this work to be his first published opus because he felt that it was of higher quality. The sonata shows signs of an effort to impress in its technical demands and dramatic character. Brahms dedicated it to Hungarian violinist and composer Joseph Joachim, his close collaborator. The sonata is in four movements. The first is in conventional sonata form with a repeated exposition. The second movement is a theme and variations inspired by the song "Verstohlen geht der Mond auf." The third is a scherzo and trio. The fourth movement is a loose rondo whose theme is noticeably changed at every recurrence.

Department of Music Presents Joshua Bishop, Dr. Avery Pettigrew and Dr. Joseph Yungen in Faculty Artist Series Concert



From left, Dr. Joseph Yungen, Joshua Bishop and Dr. Avery Pettigrew

FSU's Department of Music will present *Joshua Bishop*, *Dr. Avery Pettigrew* and *Dr. Joseph Yungen* in a Faculty Artist Series concert on **Monday**, **Sept. 19**, at 7:30 p.m.

The program will include the second movement, "Dance: Zeibekikos," from "Concerto for Euphonium" by Philip Wilby, performed by Bishop, on the euphonium.

Next, Pettigrew, on the French horn, and Joseph Yungen, on piano, will play "Sonatina, Op. 56" and "Triton, Op. 60" by Ruth Gipps, as well as "Shall I Compare Thee to a Summer's Day" (world premiere) by James Stephenson.

The last selection will be "Concerto for Euphonium" by Martin Ellerby, which Bishop and Yungen will perform.

Completed in 1995, Wilby's concerto has already been established as one of the greatest concertos for the euphonium. Its extended length seeks to explore the fine combination of sustained lyricism and explosive virtuosity that typify the modern euphonium. There are two parts that divide into four movements. Part One opens with a sonata structure movement that alternates between a melodic style and some rapid passage work. At the tranquil conclusion of this music, the second movement bursts in – "Zeibekikos," a rapid and extroverted Greek Island dance.

Gipps was an English composer, oboist, pianist, conductor and educator. Stylistically, Gipps was a Romantic in the musical sense and in her choice of extra-musical inspiration. Although her music is not typically pastoral from a programmatic perspective, Gipps was heavily indebted to the English pastoralist school of the early 20th century. The chamber music piece, "Sonatina, Op. 56" was composed in 1960 and "Triton, Op. 60" in 1970.

Stephenson's "Shall I Compare Thee to a Summer's Day" is from "Maytudes" – a French horn etude project in consultation with musician Gail Williams, with one etude created every day during the month of May 2020. Version No. 4, for French horn and piano, was commissioned by Pettigrew. The melody bases its rhythm on the Shakespearean sonnet.

Ellerby's "Concerto for Euphonium" is one of the most impressive pieces in the euphonium repertoire and one that tests the performer in every way. Scored in four movements, this concerto was composed in 1995.

Exhibits

Department of Visual Arts Presents an Exhibition of Paintings by Stephen Estrada



"Brewing Storm" by Stephen Estrada

FSU's Department of Visual Arts will host an exhibition of paintings by Stephen Estrada, which will open with a reception on **Friday, Sept. 2**, from 6 to 8 p.m. at the Stephanie Ann Roper Gallery in FSU's Fine Arts Building. This exhibition, which is free and open to the public, will be on display **through Monday, Sept. 26**.

Estrada's paintings reflect an intimate, human connection with the natural world. His work traces his personal journey from the Pacific to the Atlantic coast, as well as travels in the Caribbean and the

Gulf of Mexico where he has worked to rebuild homes after hurricanes Katrina and Michael. Estrada continued his studio practice while working as design chief at the Smithsonian and director at the U.S. Department of State's Museum of Diplomacy but now works full time as an artist at his Bethesda, Md., studio. He has shown nationally, and his work is in collections throughout the United States.

For this show, the Roper Gallery is open **Mondays through Fridays** from noon to 5 p.m.

For info, contact the Department of Visual Arts at 301-687-4797.

Presentations/Discussions

Announcing the 23rd Annual FSU Social Justice Summit

The FSU Social Justice Summit provides FSU students with the opportunity to increase their awareness surrounding issues of diversity, equity and inclusion. Action plans developed during the weekend will assist them in being agents of positive change on campus.

This weekend-long event gives students the chance to learn more about self, engage in discussion with other students on a variety of issues and create strategies for implementing social change! The 2022 Social Justice Summit will be held **Friday**, **Sept. 30**, **through Sunday**, **Oct. 2**. Registration begins on **Monday**, **Aug. 29**, and ends **Wednesday**, **Sept. 14**. The summit is free and open to all FSU students

Social justice is the continuous process of eliminating ignorance and prejudice through education and advocacy to bring about greater equity among all members of society and ensuring no dimension of identity is continually faced with systemic oppression. Social justice is a process in which we strive to eliminate the roots of oppression through education and the redistribution of resources, opportunities and responsibilities. In the pursuit of social justice, we must use education as a tool to empower people so that we can eliminate the oppression of all. Acting as one, we must create an open, equitable and just society.

Learning outcomes for the summit include the following:

Participants will be able to articulate concepts and terminology related to social justice (the terms social justice, privilege, power, oppression, and marginalization, intersectionality).

Participants will be able to recognize their own intersectional social identities in relation to privilege, power and oppression.

Participants will be able to articulate how concepts of privilege, power and oppression operate within the FSU community and larger society.

Participants will be able to explain how they will incorporate learning from the summit into their daily practices.

All faculty and staff are asked to inform their students of this opportunity and encourage their participation (perhaps even giving credit for participation).

For info, visit the Office for Diversity, Equity and Inclusion in Hitchins 116 or call 301-687-4050.

Points of Pride

Study Ranks FSU Among the Best Value Colleges in Maryland

FSU has been ranked as one of the top Best Value Colleges and Universities in Maryland by SmartAsset, a New York-based financial company.

As the highest-ranking university in Maryland with fewer than 10,000 students, FSU ranked among the top five institutions, along with the University of Maryland College Park, Johns Hopkins University, University of Maryland Baltimore County and Towson University.

SmartAsset compared five factors to determine the best value colleges and universities in the United States, including starting salary, tuition, living expenses, student retention rates and scholarships awarded.

According to the study, FSU graduates earn an average starting salary of \$53,600.

SmartAsset is an online resource to help people make smart financial decisions. They are committed to publishing the most accurate and actionable advice, personalized calculators and education tools to help people navigate personal financial decisions.

2022 Faculty Achievement Award Winners Honored



Dr. Amy Branam Armiento, left, and Dr. Kelly Bubp

The recipients of the 2022 Faculty Achievement Awards were honored in May at the FSU Honors Convocation in Pealer Recital Hall.

This year's recipients were *Dr. Amy Branam Armiento*, Department of English & Foreign Languages, for academic achievement, and *Dr. Kelly Bubp*, Department of Mathematics, for excellence in service. The awards are made possible through generous gifts to the FSU Foundation. Inc

Armiento has built a worldwide reputation as a leader in the field of Edgar Allan Poe studies. She has published numerous articles and just finished a successful term as president of the Poe Studies Association, an international organization devoted to scholarship on the life, times and influences of Poe. Armiento has traveled to China and offered commentary in Romania, in addition to providing her expertise at many speaking engagements throughout the U.S. Her additional scholarship interests in women's studies have also led to publications and presentations, and she has been awarded several grants for her work. Armiento is the first woman in the 40-year history of the Faculty Achievement Awards at FSU to receive an award in all three categories: academic achievement, teaching and service.

Following her arrival at Frostburg's Department of Mathematics in 2019, Bubp has been instrumental in redeveloping the department's Learning Assistant program, in which undergraduate assistants support their peers in an active learning setting. Bubp has subsequently coordinated this program, and her guidance has led to measurably improved student learning outcomes. Bubp also serves as the communications officer for the regional inquiry-based learning group and is FSU's representative to CAUSE (Consortium for the Advancement of Undergraduate Statistics Education), both of which help to put FSU on the map as a locus of innovative practices in mathematics education.

For info on the Faculty Achievement Awards, contact the FSU Office of the Provost at 301-687-4211.

Bunnell's Article Published on 'Medscape'

David Bunnell, coordinator of the Physician Assistant Program at the University System of Maryland at Hagerstown, recently had an article published on "Medscape," titled "PAs Defy Perceptions About Physical Disabilities."

For info, visit https://www.medscape.com/viewarticle/975294.

Office of Sponsored Programs Successes/News

On Aug. 4, project director *Lisa Clark* (Student and Community Involvement) was awarded \$452,674.53 in Corporation for National and Community Service funds by the Governor's Office for Service and Volunteerism for the AmeriCorps project, ASTAR (Appalachian Service Through Action and Resources) in Western Maryland, FY2023.

On July 27, project director *Melanie Moore* (CES) was awarded \$37,180.29 by the Maryland State Arts Council in support of CES for fiscal year 2023.

On July 22, project director *Dr. Kara Rogers Thomas* (Sociology) was awarded \$85,000 by the Maryland State Arts Council in support of Folklore and Folklife Programming at FSU.

On July 7, Moore was awarded \$9,900 from the Performing Arts Global Exchange program of the Mid Atlantic Arts Foundation with support from the National Endowment for the Arts with assistance from the Australian Government through the Australia Council, its arts funding and advisory body and the Embassy of Australia in Washington, D.C. This will help support the Trick of Light presentation.

On June 28, project director *John Short* (VP, University Advancement) was awarded a \$40,000 University System of Maryland Quasi-Endowment grant for endowment building efforts.

On June 24, project director *Dr. Sandy Mehalko* (Small Business Development Center) was awarded \$142,967 in Federal Small Business Administration funds by the University of Maryland, College Park, in support of the Western Region SBDC for FY2022.

On June 21, project director *Amy Hutcherson* (Regional Development and Engagement Division) was awarded a \$4,800 Public Art Across Maryland grant from the Maryland State Arts Council for the Regional Science Center/Challenger Mural project.

On June 16, project director *Dr. Kris McGee* (Education Professions) was awarded \$25,000 by the Washington County Board of Education for a literacy and STEAM-based summer enrichment program, Promoting Awareness of Literacy Skills, for Judy Center students during summer 2022.

On June 1, *Rubin Stevenson* (senior associate director, Athletics) was awarded a travel grant by the Minority Opportunities Athletic Association/NCAA Division II for the 2022 MOAA Convention and Symposium.

On May 27, project director *Jason Litten* (Western Maryland Regional Geographic Information System Center) was awarded \$200,000 by the Maryland Department of Natural Resources for various cartographic and GIS research and services

On May 24, project director *Tim Malloy* (Upward Bound) was awarded \$473,169 by the U.S. Department of Education for the TRIO program, Upward Bound (FedFY2023).

On May 20, project director *Al Delia* (VP, Regional Development and Engagement) was awarded \$20,000 by the Maryland Energy Administration under the Strategic Energy Investment Program for FSU to conduct an economic impact study of energy generation in the region and develop a process to inform and engage consumers related to the benefits of alternate fuels for power generation.

On May 10, project director *Jennifer Browne* (English) was awarded \$1,500 by the Community Trust Foundation's Iris and Peter Halmos Community Fund in support of "Backbone Mountain Review."

On May 10, Moore was awarded \$3,000 by the Community Trust Foundation in support of an engagement with the Maryland Symphony Orchestra.

On April 21, project director *Don Swogger* (S.A.F.E. Office) was awarded \$159,723 in U.S. Department of Health and Human Services funds by the Maryland Department of Health, Office of Population Health Improvement, for the project, Alcohol, Tobacco and Other Drug Prevention Center (FY2023).

On April 19, project director *Patrick O'Brien* (Student and Community Involvement) was awarded \$2,000 in Langenberg Legacy funds from the University System of Maryland Foundation to support student fellow Rachael Michalski's project to engage the students at FSU in the democratic process and increase student attendance at educational events and overall student voting.

For info, see the Office of Sponsored Program's Successes/News webpage at https://www.frostburg.edu/osp/Successes%20News.php.

Maryland Accelerates Holds Third Annual National Leadership Conference



Sen. Melony Griffith and Dr. Darla Strouse, along with current and graduate cohort members of the FSU Maryland Accelerates program, during the Maryland Accelerates Third Annual Leadership Conference

More than 100 people attended the Maryland Accelerates Third Annual National Leadership Conference held in June at Turf Valley Resort in Ellicott City.

Maryland Accelerates is a comprehensive partnership between FSU's College of Education and three high-need, rural school districts. The program was created to improve the preparation of new teachers, address the needs of rural schools and

improve student achievement in Frederick, Garrett and Washington counties.

Dr. Linda Darling-Hammond served as the keynote speaker for the event, speaking to attendees about the importance of leadership and preparation programs for educators. New York Times No. 1 bestselling author Tiffany Jewell spoke on her book, "This Book is Anti-Racist," and educated students on the process of waking up, taking action and doing the work to become an anti-racist.

During the event, Sen. Melony Griffith recognized Sen. George C. Edwards (in absentia) and Dr. Darla Strouse, Maryland State Department of Education executive director, for their exceptional efforts on the Maryland Accelerates Executive Advisory Board. Griffith also presented Presidential Recognition Awards from Dr. Ronald Nowaczyk and citations signed by Sen. Ferguson and Speaker Adrienne Jones to Edwards and Strouse.

Attendees participated in a variety of professional development activities throughout the conference, including speakers, breakout sessions, working groups, networking and team-building opportunities. The leading national association for teacher residencies, The National Center for Teacher Residencies, facilitated a session around lessons learned from developing and supporting teacher residencies across the nation. The conference closed with a panel of leading experts from Maryland Accelerates district partners discussing the impact of the pandemic on student and teacher mental health.

This year's conference was held in person for the first time since the start of the pandemic and included all three cohorts of students from the program; district partners from Washington County Public Schools, Frederick County Public Schools and Garrett County; University System of Maryland employees; FSU faculty; National Center for Teacher Residencies members; MN Associates; edBridge Partners; and Maryland Accelerates program staff.

FSU Student's Article Published in Forbes

FSU student *Raye Maguire* recently had her article "We're Loud. We're Proud. And We're Changing the Outcome of Elections" published in Forbes and picked up by Flipboard.

Maguire is a senior who is majoring in communication with a dual minor in leadership studies and social media. She was the first recipient of the Ruth A. Wallinger Leadership Studies scholarship. Active in civic engagement and an advocate for social justice, she is passionate about LGBTQ+ rights and is using her voice to amplify the call for change. Maguire is also an intern at the ALL IN Campus Democracy Challenge.

To read the complete article, visit $\frac{https://www.forbes.com/sites/civicnation/2022/08/03/were-loud-were-proud-and-were-changing-the-outcome-of-elections/?sh=64d2b9791d90.$

Take Note

9/11 Remembrance

The FSU Veterans Center will hold a 9/11 Remembrance on **Sunday, Sept. 11**, at 7 p.m. in the Lane Atkinson Room (232).

RSVP by Friday, Sept. 2, to Clarissa Lang at <u>calang@frostburg.edu</u> or 301-687-4409.

Upcoming CAPS Events for National Suicide Awareness Month

For info, call 301-687-4234.

Chalk the Walk!

Join the FSU Counseling and Psychological Services Office and the National Society of Leadership and Success on **Monday**, **Sept. 12**, from noon to 3 p.m. to decorate the sidewalk area around the Clock Tower. Be sure to stop by and spread positivity by writing motivational messages on the ground for all to read as they walk by.

Keep Rockin'

Join FSU's Counseling and Psychological Services Office and Veterans Services for a rock-painting project at the Clock Tower on **Thursday, Sept. 22**, from noon to 3 p.m. Stop by and paint a rock to take with you or place around campus.

National Suicide Hotline in Operation

The National Suicide and Crisis Lifeline is now in operation. If you or someone you know is in distress, you can reach the hotline by dialing 9988 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800- 273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.

For info, visit https://988lifeline.org/faq and https://www.frostburg.edu/about-frostburg/Administrative-Offices/university-police/index.php.

Career Carnival



Hosted by the Career and Professional Development Center, the Career Carnival will be held on the Library Quad on **Wednesday**, **Sept. 14**, from 11 a.m. to 3 p.m.

There will be games, inflatables, snacks and prizes!

More info to come.

Looking for Someone at FSU?

Looking for a faculty or staff member at FSU? Go to www.frostburg.edu. Click on Contact/Directories (on upper right section of page under Search). Under University Directories & Maps and then Find People & Places, click on Campus Directory or Employee A-Z Listing.

You can search for first and/or last name under Campus Directory and by last name under Employee A-Z Listing.

You can find someone's title, phone number, email address and campus address.

FSU Upward Bound Program Announces Summer 2022 Distinguished Students



From left, 2022 distinguished students Samantha Blubaugh, Melinda Turner and Makaylyn Whetzel

Every year the Upward Bound Program at FSU recognizes students who excel in the classroom as well as in the residence hall during its five-week Summer Residential Program during which students live on campus while attending summer enrichment classes and participating in various activities and field trips. This year's distinguished students are Samantha Blubaugh, Melinda Turner and Makaylyn Whetzel, all from Mountain Ridge High School.

These are well-rounded individuals who staff members feel represent the Upward Bound Program well, individuals who care about and are considerate of others as well as themselves. These students also exemplify the Upward Bound spirit of friendship, cooperation, respect, support for one another, honesty, dedication and learning.

This summer, more than 30 students were welcomed to campus for the first time since 2019. This year the students enjoyed trips to the National Aquarium in Baltimore, Toby's Dinner Theatre in Columbia, Md., and explored sights and sounds in Nashville, Tenn. Sen. Ben Cardin also visited during the program to award a check for the first year of the new grant cycle.

FSU's Upward Bound Program is a federally funded pre-college program designed to assist and motivate qualified Allegany County students as they advance through high school toward college enrollment. This free year-round program can help students determine what classes to take while in high school and help them understand what colleges look for in prospective students. It does this through an academic year program as well as an optional, but intensive, three- or five-week summer residential program. Both take place on FSU's campus.

With more than 35 years of experience, Upward Bound helps students prepare for the SATs and other college-prep tests, fill out financial aid applications, meet deadlines, visit college campuses and much more.

Upward Bound is accepting applications for new students. For info about the program or to apply, contact the Upward Bound Office at 301-687-4994 or email esteele@frostburg.edu.

Community Course in Basic Ceramics



FSU's Department of Visual Arts will offer a non-credit community course in basic ceramics this fall. The class will be held on **Tuesdays**, **Aug. 30 through Oct. 18**, from 6 to 9 p.m. in Fine Arts 107. Work can be picked up **Tuesday**, **Oct. 25**.

This eight-week course will provide an introduction to the basic ceramic processes, including hand-building, and the pottery wheel. The course will be taught by ceramic artists Bobby Croft and Alexis Thorner.

The cost is \$200, plus the cost of clay. (Pay in the Billing Office in Pullen 148.) Tools are provided. Students under the age of 18 must be accompanied by an adult who is also registered for the class.

For info, contact the Department of Visual Arts at 301-687-4797, or email Jacqueline Brown at jbrown@frostburg.edu.

Study Abroad

Start Planning Your Study Abroad Experience for Summer and Fall 2023!



Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session will take place at 3:30 p.m. on the following **Fridays**: **Sept. 9**, **16** and **30**, **Oct. 14** and **28**, **Nov. 18** and **Dec. 2**.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Health and Safety Messages

Summer Isn't Over Yet!



Follow these tips to avoid dehydration, sunburn, fatigue and energy deprivation.

Diet and exercise – A healthy diet that includes protein and fruits high in water content is very important. As an adult, you should exercise for 2 hours and 30 minutes each week. You can easily achieve this target by walking, biking, swimming or even taking the stairs instead of using elevators.

Hydration – You tend to lose more water from your body during summer and, therefore, you should drink at least 3 to 4 liters of water every day. Try to carry a water bottle with you in your

bag and take regular sips. Avoid carbonated drinks and go for healthy fruit juices.

Sports participation – Stay fit while enjoying the game. This is the best way of keeping your body flexible and increasing your metabolism. It's also a great stress buster.

Skin and hair care – The summer heat can directly affect your skin and hair. You should use a good quality sunscreen with an SPF of at least 15 and cover your hair as much as possible with a hat, cap or scarf.

Comfortable clothes – Try to wear clothes that let your skin breathe. Tight-fitting clothes can cause skin irritation, itching and rashes due to heat and humidity.

Preventing mosquito bites – Use a mosquito repellent. The mosquito problem is on the rise, and you can catch mosquito bite-generated diseases if you don't use precautions.

And don't forget to socialize offline!

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.