FSU’s Children’s Literature Centre Hosts 19th Annual Storybook Holiday

Elf Olympics champs for 2021 – FSU Baseball team members Jake McNellis, Ryan Adams, Justin Jimenez and Jarek Bacon

The 18th annual Storybook Holiday celebration, hosted by FSU’s Children’s Literature Centre, will bring its seasonal cheer to downtown Frostburg on Saturday, Dec. 3. The festivities will begin at 7:30 a.m. and end with a showing of “Miracle on 34th Street” at 8 p.m. In case of inclement weather, activities will be held in the Armstrong Insurance garage.

The event welcomes all ages and features a parade, storybook readings and many more family-friendly activities. In addition, attendees will have the chance to meet Santa and children’s book author and illustrator Will Hillenbrand.

The day’s events begin with Breakfast With the Elves from 7:30 to 9:30 a.m. in Hotel Gunter at 11 W. Main St. Tickets are $8 for children and $12 for adults and will be sold in advance at the hotel.

Following breakfast, elves will compete against one another in the Elf Olympics at the Broadway parking lot from 9:30 to 10:15 a.m. After the friendly competition, attendees can head over to the parade kickoff performance in front of Hotel Gunter at the Mountain City Center for the Arts at 10:15 a.m. The parade will begin at 10:30 a.m. following Run Your Bells Off for Autism, a charity fun run.

Following the parade, from 11 a.m. to 3 p.m., Cocoa With the Po-Po will take place at the Frostburg Police Department at 37 S. Broadway. Then, from 11:30 a.m. to noon, the Mountain City Cloggers will perform at the Broadway parking lot. Also beginning at 11:30 a.m., and lasting until 12:30 p.m., Tail Waggin’ Tutors will give storybook readings at the Frostburg Community Library at 65 E. Main St.

Seasonal activities and attractions will be available at City Place at 14 S. Water St. from 11:30 a.m. to 4 p.m., including Elves’ Secret Workshop, Write a Letter to Santa and Photo With an Elf. And don’t forget to vote for Best Elf and drop your ballot in the Best Elf Voting Box.

Other attractions include sticker stops and business specials in the Main Street area. Children can visit the Miniature Railroad Display at 10 Mechanic St., Santa’s House at P.S. Hair Design at 20 S. Broadway and craft vendors in the Armstrong Insurance garage.

Hillenbrand will give a presentation and sign copies of his book, “Santa’s Story,” at the Hotel Gunter from 1 to 2 p.m. The book can be purchased at the presentation, as well as at Main Street Books. Cookie kits will be distributed to each child attending the presentation.

Later, the Jack Frost Neighborhood Snowball Toss will take place from 4 to 5 p.m. throughout residential streets, followed by the Festival of Trees from 6 to 7 p.m. at City Place, which includes the lighting of the trees, a performance by the Arion Band and the arrival of a special visitor.

Storybook Holiday comes to a close at 8 p.m. with a showing of the film “Miracle on 34th Street” at the Palace Theatre at 31 E. Main St. Tickets are $5 a person and are pre-sold at Main Street Books, 2 E. Main St.
In addition to FSU’s Children’s Literature Centre, Storybook Holiday is sponsored by the city of Frostburg, M&T Bank, Somerset Trust Company and Potomac Edison. For info, contact the Children’s Literature Centre at 301-687-3133 or clc@frostburg.edu. Updates can also be found at www.facebook.com/clcfsu.

This year, CLC and its elves are bringing a special gift to Frostburg in the form of a television crew that will capture the town’s Christmas celebration for part of a reality series called “Small Town Christmas,” airing on UPtv on Sunday, Dec. 18, at 9 p.m. Eastern Time. This is the second season of the docuseries, which pays tribute to small towns that celebrate the holidays in big ways. The show is hosted and executive produced by Megan Alexander, a national correspondent for “Inside Edition” and the author of books that include “The Magic of a Small Town Christmas.” She and her production team will wrap up their season in Frostburg and will be in town in late November and early December to capture Storybook Holiday.

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**Help for Students**

**Tutoring Information for Fall 2022**

Tutoring will be held through Tuesday, Dec. 13. Days and hours of operation are Mondays through Thursdays from 10 a.m. to 7 p.m. and Fridays from 10 a.m. to 2 p.m. Math and natural sciences tutoring will be held in Pullen 139, and business, computer science and writing tutoring will take place in Pullen 151.

For info and instructions, contact the FSU Tutoring Center at 301-687-3077 or 301-687-4066, email msmith@frostburg.edu or jclewis@frostburg.edu or visit http://www.frostburg.edu/admin/provost/academic-success-network/tutor/?forceAbsoluteURLs=false&skipGA=false.

**Appointment-Based/In-person Tutoring Courses**

For classes not listed under appointment-based, email msmith@frostburg.edu.

This 24/7, third-party, online tutoring platform is accessible via Canvas. Students must send an email to msmith@frostburg.edu to gain access. Information about NetTutor is posted outside of Pullen 151.

**Walk-in/Group Tutoring**

Walk in, sign in and get assistance: BIOL 321 – Fridays, noon to 2:50 p.m., Compton 326; CHEM 201 – Wednesdays, 6 p.m., Compton 328; CHEM 202 – Wednesdays, 5 p.m., Compton 328; CHEM 311/321 (organic), Thursdays, 7 to 8 p.m., Compton 358; CHEM 455 (biochemistry), Tuesdays, 7 to 8 p.m., Compton 358; PHYS 215/216/261/262/263 – Mondays and Wednesdays, 2 to 3 p.m., Compton 236, Wednesdays, noon to 1 p.m., Compton 236, and Tuesdays and Thursdays, noon to 1 p.m., Compton 234; PSYC 155 and 201 – Thursdays, 3 to 4 p.m., Guild 120, and Fridays, 3 to 4 p.m., Guild 121.

**PAWS Pantry Hours**

FSU’s PAWS Pantry provides food and basic necessities to FSU students at no cost. The pantry aims to decrease the impact that food insecurity has on the academic success of students through hunger alleviation and increased education in the areas of personal budgeting, nutrition and wellness.

Hours for the fall semester are Mondays from 1 to 7 p.m., Wednesdays from 1 to 5:30 p.m., Thursdays from 11:30 a.m. to 3 p.m. (by appointment only) and Fridays from 1 to 5:30 p.m. If the pantry’s regular hours do not work for you, email pawspantry@frostburg.edu to set up an appointment.

The pantry recently updated its Intake and Liability Waiver form at https://bit.ly/3PPnVeg. All customers (new and returning) will need to complete this form before using the pantry.

Have you been exposed to COVID and/or are symptomatic? Email PAWSPantry@frostburg.edu to request a delivery, and a pantry representative will be in touch to coordinate a delivery day and time with you. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

**National Suicide Hotline**

If you or someone you know is in distress, you can reach the National Suicide Hotline by dialing 9988 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800-273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.

FSU's Jazz Orchestra and Jazz Combo Will Perform ‘An Evening of Jazz!’

FSU's Department of Music will present “An Evening of Jazz!” with FSU’s Jazz Orchestra and Jazz Combo on Friday, Nov. 18, at 7:30 p.m.

The Jazz Orchestra will be conducted by Dr. Brent Weber, and the performance will feature “Tip Toe,” arranged for Harry James by Thad Jones; “Israel” by John Carisi, arranged by Mike Tomaro; “I Got It Bad (and That Ain’t Good)” by Duke Ellington and Francis Webster, arranged by Billy Strayhorn, transcribed by David Berger; “Rhapsody in Blue” by George Gershwin, arranged by Gordon Goodwin; “Fables of Faubus” by Charles Mingus, arranged by Steve Slagle, featuring Dr. Donald Allbretch on trumpet; “Big Dipper” by Jones; “Smada” by Ellington and Billy Strayhorn, transcribed by Mark Lopeman; “Topsy” by Edgar William Battle and Eddie Durham, transcribed by Christopher Crenshaw; and “Higher Ground” by Stevie Wonder, arranged by Mike Tomaro.


This arrangement of the Thad Jones standard “Tip Toe” features a trumpet soloist (written for Harry James) with a big band. As with most of Jones’ arrangements, there is an exciting shout chorus that leads back to the melody.

“Israel” is a composition by Carisi, which has become a jazz standard. Described as a “minor blues” piece, it was originally recorded in 1949 by Miles Davis as part of the “Birth of the Cool” sessions.

“I Got It Bad (and That Ain’t Good)” is a pop and jazz standard with music by Ellington and lyrics by Webster published in 1941. It was introduced in the musical revue “Jump for Joy” by Ivie Anderson.

“Rhapsody in Blue” is a 1924 musical composition written by Gershwin for solo piano and jazz band, which combines elements of classical music with jazz-influenced effects. The piece premiered in a concert titled “An Experiment in Modern Music.” The rhapsody is a key composition that defined the Jazz Age.

“Fables of Faubus” (1959) is a composition by Mingus, a jazz double bassist. One of his most explicitly political works, the song was written as a direct protest against Arkansas governor Orval Faubus, who in 1957 sent out the National Guard to prevent the racial integration of Little Rock Central High School.

“Big Dipper” was originally commissioned by Count Basie for an entire album of Jones’ music; however, Basie never made the record, instead suggesting that Jones start his own band. “Big Dipper” still maintains that swinging Basie mindset and is an extended 16-bar blues.

Originally written for a group called the Moonlight Harbor Band sometime in the late 1930s, Strayhorn crafted multiple arrangements of “Smada” before settling on the final version recorded by the Duke Ellington Orchestra in 1951.

Durham was a major jazz arranger, hit songwriter and electric guitar innovator. His daughter, Topsy M. Durham, was transcribed by Christopher Crenshaw; an

“Joy Spring” is a 1954 jazz composition by Brown that became his signature work. The title was his pet name for his wife Larue.

“Garota de Ipanema” (“The Girl From Ipanema”) is a Brazilian bossa nova and jazz song written in 1962. It was a worldwide hit in the mid-1960s and won a Grammy for Record of the Year in 1965. It is believed to be the second most recorded pop song in history.

“Oleo” is a hard bop composition by Rollins, written in 1954. Since then it has become a jazz standard, and has been played by numerous jazz artists.

“Happy People” (2002) is unashamedly positive and optimistic music. Garrett does utilize some of the mannersisms associated with safe soul and smooth jazz, but judiciously and generally to good effect.

Choral Artists to Present Concert Dedicated to Jazz

FSU’s Department of Music will present its Choral Artists, consisting of the Chamber Singers, University Chorale and Troubadours, in a concert dedicated to jazz on Sunday, Nov. 20, at 3 p.m.

Conducted by Dr. Scott Rieker, the choral ensembles will be joined by the FSU Jazz Orchestra and FSU Jazz Combo to perform tunes by Dizzy Gillespie, Dave Brubeck, George Shearing and more. They will be accompanied by collaborative pianist Dr. Joseph Yungen.

Opera Theatre Performance to Feature Mini-musicals and Short Operas

FSU’s Department of Music will present two performances of its Opera Theatre, the first on Sunday, Nov. 20, at 7 p.m. and the second on Monday, Nov. 21, at 7:30 p.m. Directed by Gregory Scott Stuart, the performers will be accompanied by pianist Dr. Joseph Yungen with assistance from Cayla Gavin.

For the Sunday performance, the Opera Theatre will present two mini-musicals by Jerry Bock and Sheldon Harnick: “The Lady or the Tiger?” and “Passionella.” Tuesday’s performance will feature two short operas by Mark Bucci: “The Dress” and “Sweet Betsy From Pike.”

“The Apple Tree” is a series of three musical playlets with music by Bock and lyrics by Harnick. Each act has its own storyline, but all three are tied together by a common theme.

The second act is based on Frank R. Stockton’s “The Lady, or the Tiger?” and is about love and jealousy. The story takes place in a barbaric kingdom in which the king’s captain, Sanjor, who has been caught kissing the king’s daughter, is sentenced to a trial in which he is forced to choose between one of two doors. Behind one is a beautiful woman; behind the other, a ravenous tiger.

The third act is based on Jules Feiffer’s “Passionella.” A narrator tells of Ella, who sings about the perils of being a chimney sweep and how great it would be to be famous. One day, Ella comes home to find that her television is not working. Suddenly her Friendly Neighborhood Godmother appears and grants her a wish. Ella then becomes Passionella, but only from the beginning of the evening news until the end of the late show, and instantly becomes a star. She is still sad, though. She may have fame, beauty and wealth, but what she wants is love.

Bucci was an American composer, lyricist and dramatist. Influenced by Giacomo Puccini, his work has a contemporary yet lyrical style, which frequently employs marked rhythms and memorable harmonies and melodies. “The Dress” is an opera comedy in one act he composed in 1953.

A 25-minute opera-satire, “Sweet Betsy From Pike,” also from 1953, is a musical cartoon telling the tale of Betsy and Ike and their experiences in the wild and woolly West, in particular, Betsy’s fate at the hands of Dirty Dan. Written as a series of delightful musical variations on the old American folk tune, this engaging piece is a natural introduction to opera for children and adults alike, using grand opera’s conventions to hilarious effect.

Department of Music Presents Dr. Mark Gallagher in Faculty Artist Series Concert

FSU’s Department of Music will present Dr. Mark Gallagher in his clarinet concert on Tuesday, Nov. 29, at 7:30 p.m. He will be accompanied by Dr. Jay DeWire on piano and Dr. Brent Weber on bassoon. Note: This concert may have to be cancelled.


Muczynski was an American pianist, teacher and composer. His “Duos for Clarinet and Bassoon, Op. 24” (1991) consists of six short pieces. The first movement features a melodic obligato over a slowly ascending clarinet line. The second movement is a jaunty mixed-meter dance. In the third movement, the two instruments trade expressive melodic lines before joining together at the dynamic peak. The fourth movement explores the juxtaposition of unison passages with rhythmically complex subdivisions of the beat. The fifth movement is lyrical and expressive. The final movement is a stream of eighth notes that race to an exciting conclusion.

Schumann, the most prolific female pianist of the Romantic era, wrote “Three Romances, Op. 22” in 1853, one of the last pieces she composed. The first romance has an inner passion full of pathos despite the movement’s seemingly calm nature. The second romance is more pensive with hints of playfulness. The finale romance, with its rippling arpeggios in the piano part, is exuberant in spirit.

Madsen is a Norwegian composer and pianist. He composed “Sonate for Klarinet (B) og Klaver, Op. 23” in 1980.
“Piano Trio in B-flat Major, Op. 11” was composed by Beethoven in 1797. It is one of a series of early chamber works, many involving woodwind instruments because of their popularity and novelty at the time. The piece is also sometimes known by the nickname “Gassenhauer Trio.” This arose from its third movement, which contains nine variations on a theme from the then-popular dramma giocoso “L’amor marinaro ossia Il Corsaro” by Joseph Weigl. This particular melody, “Pria ch’io l’impegnò” (“Before I Go to Work”), was so popular it could be heard in many of Vienna’s lanes (“Gasse” in German). A “Gassenhauer” usually denotes a simple tune that many people have taken up and sing or whistle for themselves.

FSU’s Wind Ensemble Will Perform ‘Soundscapes II’ Concert

FSU’s Department of Music will present its Wind Ensemble, conducted by Dr. Ash Glenn, in a concert titled “Soundscapes II” on Sunday, Dec. 4, at 3 p.m.

The ensemble will perform “Shimmering Sunshine” by Kevin Day; “Hymn to the Infinite Sky” by Satoshi Yagisawa; “Fantasia for Euphonium and Band” by Gordon Jacob, featuring faculty artist Joshua Bishop on euphonium; “Shenandoah,” arranged by Omar Thomas; and “Riptides” by Katak Copley.

“Shimmering Sunshine” is a composition that depicts the sun when it is positioned at high noon, at its brightest point during the day. Throughout the piece, there are different “shimmers” of bright light that bounce around from instrument to instrument, depicting moments of sunshine both beautiful and, at the same time, powerful.

The spiritual “Hymn to the Infinite Sky” is a tone poem based on the words of the conductor of the school band who commissioned the work – “The sky has to be a symbol of peace. However, there is sky where combat planes are flying when children look up. I wish there would be no more conflict on Earth. I hope that children all over the world will hold on to their dreams toward the sky. I pray to the infinite sky for world peace.”

“Fantasia for Euphonium and Band” was written in 1973 at the request of euphoniumist Michael Mamminga. Jacob said he titled the piece Fantasia “because the work is in free form, though in outline it bears some relation to classical sonata or rondo form.”

“Shenandoah” is one of the most well-known and beloved Americana folk songs. Thomas’ arrangement recalls the beauty of the Shenandoah Valley, not bathed in golden sunlight, but blanketed by low-hanging clouds and experiencing intermittent periods of heavy rainfall (created with a combination of percussion textures). There are a few musical moments where the sun attempts to pierce through the clouds, but ultimately the rains win out. This arrangement is at times mysterious, somewhat ominous, constantly introspective and deeply soulful.

“Riptides” explores the fears of life and the fear of the unknown within the setting of the ocean. The piece begins with a call to the sea and develops into its melody, which is surrounded by a scheme of danger. As “Riptides” continues, the energy races through this quality of danger and fear, represented by a mermaid call. The piece is built on eccentric percussion instruments such as the conch shell horn, ocean drums and thumb rolls on the timpani and bass drum. Decorated elements such as dissonant textures and glissando techniques are used. As the frantic thrill continues to the pivotal point of the piece, “Riptides” takes a voyage to the deepest parts of the unknown – of the unfamiliar.

Geography Awareness Week

FSU’s Department of Geography will offer the following series of events for Geography Awareness Week, which runs Monday, Nov. 14, through Saturday, Nov. 19.

Presentation and Discussion With FSU Alumna Siera Wigfield

Siera Wigfield will host a presentation and discussion on Monday, Nov. 14, from 3 to 4 p.m. in Gunter 208. Wigfield is a senior Planner for Garrett County. She will introduce the Deep Creek invasive species project and potential internship possibilities.

Geography Bowl

The Geography Bowl competition will take place Monday, Nov. 14, from 7 to 8:30 p.m. in Gunter 214. Join the fun and score some geography-themed prizes. (For more info, see FSU Geography Bowl under Take Note.)

Presentation and Discussion With FSU Alumna Michala Garrison

Michala Garrison will hold a presentation and discussion on Tuesday, Nov. 15, from 4:30 to 5:30 p.m. in Gunter 208. Garrison is a scientific programmer/analyst in the Scientific Visualization Studio at NASA Goddard Space Flight Center. She will introduce the work she does with NASA and explain the educational and professional path she has taken since graduating from FSU.

YouthMappers

A session on YouthMappers will take place Wednesday, Nov. 16, from 6 to 8 p.m. (or as long as you can stay) in Gunter 214.
YouthMappers is an international university consortium on Mapping for Resilience that organizes a global community to create and use open geographic data that directly address locally defined development challenges worldwide. This event is open to everyone. Bring your laptop. No experience is needed.

For info on these events, contact Dr. Richard Russo at rarusso@frostburg.edu.

**Virtual Alumni Spotlight Session to Feature Careers In Strategic Communication and Emerging Media**

The Department of Communication’s Communication Leadership Lab will host a virtual alumni spotlight session on **Thursday, Nov. 17**, from 10 a.m. to 11:30 a.m. that is open to the campus community.

Featured alumni include **Tara Strickland** (CMST, 2007) who is the senior director for Corporate Communications at AVIAN, LLC, in Lexington Park, Md. For more than 10 years, she has created internal and external communications strategies and worked with leaders and managers to build a strong employee ownership culture at AVIAN that encourages candor, transparency and care. With a B.S. in Communication Studies from FSU and an M.S. in Strategic Communication Management from Purdue University, Strickland specializes in strategic communications, change management, public relations and graphic design. She is a certified Prosci Change Management Practitioner and believes that simple authentic communication is the key to promoting, protecting and enhancing a company’s reputation and employee ownership culture.

**Imani-Kai Treadwell** (MCOM, 2014) is a Global Public Relations associate for Tiffany & Co., specializing in entertainment, sports and cultural engagement. After graduating from FSU with a B.S. in Mass Communication, she got her start writing for small blogs and eventually interning and working at major publications such as Harper’s Bazaar, Ebony Magazine and Teen Vogue. She is a true fashion media enthusiast and is passionate about helping companies large and small shape their message and gain favor among millennial and Gen Z audiences.

Register in advance for this session at https://us02web.zoom.us/meeting/register/tZIuf--tpqkvEttxaTvG5dr-kBvTPNO-pFWh. After registering, you will receive a confirmation email containing information about joining the meeting.

For info, contact Dr. Elesha Ruminski, coordinator of the Communication Leadership Lab, at elruminski@frostburg.edu or Gabe Goad, Communication Leadership Lab assistant, at gjgoad0@frostburg.edu.

**Exhibits**

**‘Queer Appalachia’**

‘Queer Appalachia’, an exhibition celebrating the LGBTQIA+ community in Appalachia, will run through **Friday, Nov. 25**, in the Stephanie Ann Roper Gallery in FSU’s Fine Arts Building. This event is free and open to the public.

Gallery hours for this exhibit will be **Mondays through Fridays** from 11 a.m. to 6 p.m.

**Points of Pride**

**Dr. Tom Serfass and Graduate Students Participate In Fish and Wildlife Conferences**

An image of a red fox from student Erin Geibel’s thesis research along the C&O Canal

**Dr. Tom Serfass**, a professor in FSU’s Department of Biology, was an invited speaker at the 15th International Otter Congress in Sospel, Alpes-Maritimes, France, Sept. 19 to 23. Serfass spoke on the “Conservation Status of the North American River Otter in the United States and Canada: Assessing Management Practices and Public Perceptions of the Species.”

Serfass, along with graduate students he works with in the Department of Biology, **Erin Geibel and Bradley Blake**, participated in the 76th Annual Conference of Southeastern Association of Fish and Wildlife Agencies in Charleston, W.Va., Oct. 23 to 26. Geibel and Blake gave presentations on their respective thesis research projects: “Assessing Occurrence, Distribution and Occupancy of Carnivores of Conservation Concern Throughout Chesapeake and Ohio Canal National Historical Park From Cumberland to Hancock, Maryland” and “Feeding Habits of the North American River Otter (Lontra canadensis) in West Virginia.”

Among Serfass’ various research projects, he, **Dr. Maggie Triska**, a 2010 graduate and honors awardee of Biology’s Graduate Program, and Geibel and **John Falkner**, another current Biology graduate student, are evaluating factors influencing the distribution of carnivore species using remote-detection cameras along the C&O Canal National Historic Park from Cumberland to Washington, D.C. To support this research, Serfass recently received two grants totaling $159,912 from the National Park Service.

For info, contact Serfass at tserfass@frostburg.edu.

**Majors Fair Winners**

Majors Fair 2022, sponsored by the Career & Professional Development Center, was a big success and could not have been held without the dedication and support of so many partners on campus. Each year, judges identify three groups that each receive an award
of $100 to use for the student academic group. This year the winners are: Most Informative Display – Psychology Club, Most Engaging Crew – Student Members of the American Chemical Society and Best Overall Display – Women’s Studies. Honorable Mentions go to the Recreation Society, Visual Arts and Sigma Tau Delta – English and Foreign Languages.

Take Note

PAWS Pantry Food Drive

Any student, faculty or staff member who brings in three non-perishable food items by Friday, Nov. 18, will receive a voucher good for a $7 lunch at Chesapeake. (Vouchers are good for lunch Mondays through Thursdays.)

Food Drive

Frequently needed items are peanut butter and jelly, soups, pastas, box meals and hygiene products.

Intersession Registration Has Begun

Students! Make the most of winter break with Intersession! Intersession 2023 will be held Tuesday, Jan. 3, through Monday, Jan. 23. Register through Wednesday, Jan. 4.

This is a great option for students who want to get caught up without increasing their spring course load, athletes who need to maintain eligibility or any student who wants to start a path to early graduation.

For info and to register, visit www.frostburg.edu/intersession.

Upper-Division Electives Available In History for Spring 2023

Every undergraduate student needs 15 hours in elective credits and 39 credit hours at the upper-division (300-400) level.

The upper-division electives are as follows:

- HIST 353 Contemporary Africa, Dr. Alemseged Abbay, 9:30 to 10:45 a.m., Tuesdays and Thursdays
- HIST 360 Modern and Contemporary Asia, Dr Haiyun Ma, 3 to 4:15 p.m., Mondays and Wednesdays
- HIST 463 The Early Republic, Dr. Eleanor McConnell, 3:30 to 4:45 p.m., Tuesdays and Thursdays
- HIST 490 Special Topics: The History of Video Games, Dr. Dan Filer, 4:30 to 5:45 p.m., Mondays and Wednesdays

For info, contact Dr. Greg Wood, chair, FSU Department of History, at gwood@frostburg.edu.

Looking for a Very Interesting Spring 2023 Course?

The interdisciplinary course IDIS 350 Exploring American Culture (Dr. Greg Wood, 1 to 1:50 p.m., Mondays, Wednesdays and Fridays) will look at social class and social justice for working people through the lenses of history and cultural studies.

This course counts toward your overall credit hours needed in the upper division, counts in GEP Group E and counts as a general elective.

For info, contact Wood at gwood@frostburg.edu.

Oxfam Hunger Banquet

The Oxfam Hunger Banquet will take place on Monday, Nov. 14, at 7 p.m. in the Lane Atkinson Room (232).

This is a real-life simulation that takes place in an awakening setting where you will be given a card that is based on luck. Just as how we were born into a life, we grew up in relative perspectival environments. Come experience and learn together how to combat the realness of poverty and worldwide inequality.

There will also be a collection of nonperishable items to be donated to the PAWS Pantry.

For info, contact Reci Brown, volunteer coordinator, at djbrown@frostburg.edu.

FSU Geography Bowl

Join Bobcat geographers Mondays from 7 to 8:30 p.m. in Gunter 214. Test your skills and develop your geographic knowledge base through friendly bowl-style competition – with buzzers. All are welcome to attend and/or develop questions. There will be at least one image-based round – just as at the World Geography Bowl.

A big event will take place on Nov. 14 – individual questions and group question rounds, as well as multiple prizes. Come when you can.

For info, contact Alex Donley at aidonley0@frostburg.edu or Tracy Edwards at TEDwards@frostburg.edu or stop by Gunter 210.
FSU Ecobricks

Happy Birthday 8 Billionth Global Citizen Event

Ecobricks will meet on Tuesday, Nov. 15, from 3:30 to 6:30 p.m. in Gunter 214. Join the group to construct Ecobricks and learn more about how you can transform your relationship with plastics. Ecobricking is a hands-on environmental movement, and the team is making progress toward its first big project.

Bring any Ecobricks currently under construction, at any stage of completion. There will be empty bottles to begin new Ecobricks as well as assorted Ecobricks that haven’t yet met the mark for weight.

Come when you can. Leave and return as your schedule permits.

For info, follow FSU Ecobricks on Facebook, or contact Laurel Plitnik, president, at lrpplitnik0@frostburg.edu or Tracy Edwards, advisor, at TEDwards@frostburg.edu.

Local Job Fair

The FSU Career & Professional Development Center is partnering with the Western Maryland Consortium to host a Local Job Fair on Tuesday, Nov. 15, from 10 a.m. to 2 p.m. in Lane Manicur Hall. This event is free and open to the community and students.

More than 45 employers are registered to attend, and employers are looking for full-time, part-time and seasonal employees.

For info, contact Elizabeth Taylor-Raley at emtaylorraley@frostburg.edu.

FSU Food Recovery Network

As of Nov. 9, 283 pounds of food have been recovered from Chesapeake Dining Hall and Appalachian Station in Lane and delivered to the Western Maryland Food Bank. Additional campus (student, faculty and staff) volunteers are needed to build the FRN Team to reduce food waste on campus and address regional poverty/food concerns.

If interested in learning more, email Tracy Edwards at TEDwards@frostburg.edu.

Pass the Yams, Not the Flu!

The Brady Health Center is still offering the quadrivalent vaccine. This vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is $25. Student can pay by cash, check, Bobcat Express or bursar bills student PAWS account. Faculty and staff can pay by cash or check.

You must be over 18 years of age. Don’t forget to wear short sleeves!

Science Saturday Planetarium Show for Dec. 3

Science Saturdays feature space news, a tour of the night sky and a full-dome movie.

After the shows, telescopes will be set up for observing the moon and the planets if the sky is dark enough and the weather is favorable.

The show for Dec. 3 will be “From Earth to the Universe” at 5 and 7 p.m. in the Multimedia Learning Center, room 186 of the Gira Center. This event is free and open to the public.

In this stunning, 30-minute voyage through time and space, viewers can revel in the splendor of the various worlds in the solar system and the ferocity of the scorching sun. “From Earth to the Universe” then leaves our home to take the audience out to the colorful birthplaces and burial grounds of stars, and still farther out, beyond the Milky Way, to the unimaginable immensity of myriad galaxies. Along the way, the audience will learn about the history of astronomy, the invention of the telescope and today’s giant telescopes that allow us to continue to probe ever deeper into the universe.

Private shows are also available on request for schools and other similar groups. These are free. Up to 80 people can be seated, with access for up to five wheelchairs. Due to the popularity of the private shows, be sure to book several months in advance.

For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

Study Abroad

Plan Your Study Abroad Experience for Summer and Fall 2023!

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session will take place at 3:30 p.m. on the following Fridays: Nov. 18 and Dec. 2.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.
Health and Safety Messages

Be Safe – Think T-U-R-K-E-Y This Thanksgiving

- Thaw turkey at a safe temperature – 40 degrees F or below.
- Use extra caution when frying a turkey and use an oil-free fryer.
- Remember to clean all cooking surfaces regularly.
- Keep children away from hot foods and surfaces and kitchen utensils.
- Ensure turkey is cooked and has reached a minimum temperature of 165 degrees F.

Your smoke detector should be checked before you begin cooking.

Happy, Healthy, Hip Tips From the BURG Peer Education Network

Great American Smokeout
- Mental Health Monday Tip: [https://truthinitiative.org/research-resources/quitting-smoking-vaping/quitting-vaping-here-are-5-tips-handling-nicotine](https://truthinitiative.org/research-resources/quitting-smoking-vaping/quitting-vaping-here-are-5-tips-handling-nicotine)
- Tell Yourself Tuesday Tip: [https://www.happierhuman.com/affirmations-quitting-smoking](https://www.happierhuman.com/affirmations-quitting-smoking)


Social Saturday Tip: [https://www.verywellmind.com/going-out-after-quitting-smoking-4796606](https://www.verywellmind.com/going-out-after-quitting-smoking-4796606)

Self-Love Sunday Tip: [https://www.druszannesteinbaum.com/blog/-amaqt8pafh13ech8q1qnm13n74hr](https://www.druszannesteinbaum.com/blog/-amaqt8pafh13ech8q1qnm13n74hr)

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES
Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person’s ability to “take the perspective of the other.”

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023
Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS
Focus learning on the acquisition and application of knowledge.
Provide engaging experiences that challenge our students to excel.
Expand regional outreach and engagement.
Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU’s Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).