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For all events, FSU is following CDC guidance based on current area conditions. For current health and safety guidelines, visit www.frostburg.edu/COVID19.

CES at FSU to Host 'Christmas With the Annie Moses Band'



CES at FSU will celebrate the return of the Annie Moses Band in a Christmas performance sponsored by Thomas Automotive on **Saturday**, **Dec. 3**, at 7:30 p.m. in the Alice R. Manicur Assembly Hall of FSU's Lane University Center.

After a sold-out CES performance in 2017, the Annie Moses Band returns with a flurry of Christmas classics and beloved carols. From spirited renditions of "Carol of the Bells" and "Deck the Halls," to the breathtaking beauty of "O Holy Night," it's an evening of enlivening, enrapturing music.

The Annie Moses Band has wowed audiences from the Grand Ole Opry to Carnegie Hall with an original sound that fuses American roots, folk, classical and jazz. Named for their great-grandmother, the all-sibling, Juilliard-educated ensemble enchants with electrifying instrumental flair, rich arrangements and shimmering layered vocals. Among their triumphs are three popular PBS specials: "The Art of the Love Song," "Pilgrims and Prodigals" and "Christmas With the Annie Moses Band."

A limited number of \$65 VIP package tickets include seating in the first two rows, along with a special reception and meet-and-greet opportunity with the artists. No discounts are available on VIP packages.

Concert tickets are \$35 for adults; \$31.50 for FSU faculty/staff, military and youth under 18; and free for FSU students.

For info, visit the CES website at <u>ces.frostburg.edu</u> or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council (msac.org), the Allegany Arts Council and the City of Frostburg.

Department of Theatre and Dance Presents Tony Award-Winning Musical 'Spring Awakening'

From left, Emily Snyder (Wendla), Brian Records (Melchoir) and Hayden Shoemaker-Davis (Moritz) will perform in "Spring Awakening."

FSU's Department of Theatre and Dance will present "Spring Awakening," a Tony Award-winning musical, Friday, Dec. 2, and Saturday, Dec. 3, and Thursday, Dec. 8, through Saturday, Dec. 10, at 7:30 p.m., with a matinee performance on Dec. 3 at 2 p.m. Directed by *Shea-Mikal Green*, with music direction by *Joshua Ruppenkamp*, performances will take place in the Drama Theatre of FSU's Woodward D. Pealer Performing Arts Center.

"Spring Awakening" is a coming-of-age rock musical with music by Duncan Sheik and a book and lyrics by Steven Sater. It is based on the 1891 German play "Spring Awakening" by Frank Wedekind. Set in late 19th-century Germany, the

musical tells the story of teenagers discovering the inner and outer tumult of adolescent sexuality and whose struggles stem from their inability to find a voice.

In the musical, alternative rock is employed as part of the folk-infused rock score.

"Spring Awakening" is recommended for mature audiences.

The cast includes *Emily Snyder* (Wendla), *Kassidy Andris* (Ilse), *Dominique Little* (Marta), *Whitney O'Haver* (Thea), *Grace LaCount* (Anna), *Ronnie Breitfeller* (Adult Man), *Emilia Porter* (Adult Woman), *Brian Records* (Melchior), *Hayden Shoemaker-Davis* (Moritz), *Caleb Friend* (Hanschen), *Carson Luther* (Ernst), *Ashlee Casey* (Otto), *Leo Manocchio* (Georg) and *Erick Alas*, *Efrain Santiago*, *Casey Allison* and *Grace Stevenson* (ensemble/understudies).

In addition to Green and Ruppenkamp, creative team members include *George Georgeson* (scenic design), *Brendon McCabe* (costume design), *Xander Mulder* (lighting design), *Haley Henry* (stage manager) and *Mackenzie Guynes* (assistant stage manager), as well as musicians *Zach Dodge* and *Shawn Zimmerman* (guitar), *Emery Martin* (bass guitar), *David Michael Armbruster* (drums), *Leah Boggs* (violin), *Maggie Malat* (cello), *Brandy Dumas* (viola) and Ruppenkamp (piano).

Tickets are \$18 for general admission, \$15 for FSU employees and senior citizens, and \$7 for students. Online tickets can be purchased at frostburgtix.universitytickets.com.

For info, call 301-687-7462.

Help for Students

Tutoring Information for Fall 2022

Tutoring will be held through **Tuesday, Dec. 13**. Days and hours of operation are **Mondays through Thursdays** from 10 a.m. to 7 p.m. and **Fridays** from 10 a.m. to 2 p.m. Math and natural sciences tutoring will be held in Pullen 139, and business, computer science and writing tutoring will take place in Pullen 151.

For info and instructions, contact the FSU Tutoring Center at 301-687-3077 or 301-687-4066, email msmith@frostburg.edu or jclewis@frostburg.edu or visit http://www.frostburg.edu/admin/provost/academic-success-network/tutor/?forceAbsoluteURLs=false&skipGA=false.

Appointment-Based/In-person Tutoring Courses

Students use TutorTrac to make appointments.

Courses include ACCT 211/212, Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 109/149/160/321/322, CHEM 201/202, COSC 100/101/102/130/240/241, DVMT 095/099, ECON 201/202, EXSS 200/315, GEOG 103/104, ITEC 315/345, MATH 104/109/119/120/236/237, PHYS 215/216/261/262/263 and Writing.

NetTutor (Online Tutoring)

For classes not listed under appointment-based, email msmith@frostburg.edu.

This 24/7, third-party, online tutoring platform is accessible via Canvas. Students must send an email to msmith@frostburg.edu to gain access. Information about NetTutor is posted outside of Pullen 151.

Walk-in/Group Tutoring

Walk in, sign in and get assistance: BIOL 321 – **Fridays**, noon to 2:50 p.m., Compton 326; CHEM 201 – **Wednesdays**, 6 p.m., Compton 328; CHEM 202 – **Wednesdays**, 5 p.m., Compton 328; CHEM 311/321 (organic), **Thursdays**, 7 to 8 p.m., Compton 358; CHEM 455 (biochemistry), **Tuesdays**, 7 to 8 p.m., Compton 358; PHYS 215/216/261/262/263 – **Mondays and Wednesdays**, 2 to 3 p.m., Compton 236, **Wednesdays**, noon to 1 p.m., Compton 236, and **Tuesdays and Thursdays**, noon to 1 p.m., Compton 234; PSYC 155 and 201 – **Thursdays**, 3 to 4 p.m., Guild 120, and **Fridays**, 3 to 4 p.m., Guild 121.

PAWS Pantry Hours

FSU's PAWS Pantry provides food and basic necessities to FSU students at no cost. The pantry aims to decrease the impact that food insecurity has on the academic success of students through hunger alleviation and increased education in the areas of personal budgeting, nutrition and wellness.

Hours for the fall semester are **Mondays** from 1 to 7 p.m., **Wednesdays** from 1 to 5:30 p.m., **Thursdays** from 11:30 a.m. to 3 p.m. (by appointment only) and **Fridays** from 1 to 5:30 p.m. If the pantry's regular hours do not work for you, email pawspantry@frostburg.edu to set up an appointment.

The pantry recently updated its Intake and Liability Waiver form at https://bit.ly/3PPmVeg. All customers (new and returning) will need to complete this form before using the pantry.

Have you been exposed to COVID and/or are symptomatic? Email PAWSPantry@frostburg.edu to request a delivery, and a pantry representative will be in touch to coordinate a delivery day and time with you. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

National Suicide Hotline

If you or someone you know is in distress, you can reach the National Suicide Hotline by dialing 9988 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800-273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.

For info, visit https://988lifeline.org/faq and https://www.frostburg.edu/about-frostburg/Administrative-Offices/university-police/index.php.

Special Events

FSU's Children's Literature Centre Hosts 19th Annual Storybook Holiday



Elf Olympics champs for 2021 – FSU Baseball team members Jake McNellis, Ryan Adams, Justin Jimenez and Jarek Bacon

The 18th annual Storybook Holiday celebration, hosted by FSU's Children's Literature Centre, will bring its seasonal cheer to downtown Frostburg on **Saturday**, **Dec. 3**. The festivities will begin at 7:30 a.m. and end with a showing of "Miracle on 34th Street" at 8 p.m. In case of inclement weather, activities will be held in the Armstrong Insurance garage.

The event welcomes all ages and features a parade, storybook readings and many more family-friendly activities. In addition, attendees will have the chance to meet Santa and children's book

author and illustrator Will Hillenbrand.

The day's events begin with Breakfast With the Elves from 7:30 to 9:30 a.m. in Hotel Gunter at 11 W. Main St. Tickets are \$8 for children and \$12 for adults and will be sold in advance at the hotel.

Following breakfast, elves will compete against one another in the Elf Olympics at the Broadway parking lot from 9:30 to 10:15 a.m. After the friendly competition, attendees can head over to the parade kickoff performance in front of Hotel Gunter at the Mountain City Center for the Arts at 10:15 a.m. The parade will begin at 10:30 a.m. following Run Your Bells Off for Autism, a charity fun run.

Following the parade, from 11 a.m. to 3 p.m., Cocoa With the Po-Po will take place at the Frostburg Police Department at 37 S. Broadway. Then, from 11:30 a.m. to noon, the Mountain City Cloggers will perform at the Broadway parking lot. Also beginning at 11:30 a.m., and lasting until 12:30 p.m., Tail Waggin' Tutors will give storybook readings at the Frostburg Community Library at 65 E. Main St.

Seasonal activities and attractions will be available at City Place at 14 S. Water St. from 11:30 a.m. to 4 p.m., including Elves' Secret Workshop, Write a Letter to Santa and Photo With an Elf. And don't forget to vote for Best Elf and drop your ballot in the Best Elf Voting Box.

Other attractions include sticker stops and business specials in the Main Street area. Children can visit the Miniature Railroad Display at 10 Mechanic St., Santa's House at P.S. Hair Design at 20 S. Broadway and craft vendors in the Armstrong Insurance garage.

Hillenbrand will give a presentation and sign copies of his book, "Santa's Story," at the Hotel Gunter from 1 to 2 p.m. The book can be purchased at the presentation, as well as at Main Street Books. Cookie kits will be distributed to each child attending the presentation.

Later, the Jack Frost Neighborhood Snowball Toss will take place from 4 to 5 p.m. throughout residential streets, followed by the Festival of Trees from 6 to 7 p.m. at City Place, which includes the lighting of the trees, a performance by the Arion Band and the arrival of a special visitor.

Storybook Holiday comes to a close at 8 p.m. with a showing of the film "Miracle on 34th Street" at the Palace Theatre at 31 E. Main St. Tickets are \$5 a person and are pre-sold at Main Street Books, 2 E. Main St.

In addition to FSU's Children's Literature Centre, Storybook Holiday is sponsored by the city of Frostburg, M&T Bank, Somerset Trust Company and Potomac Edison. For more information, contact the Children's Literature Centre at 301-687-3133 or clc@frostburg.edu. Updates can also be found at www.facebook.com/clcfsu.

This year, CLC and its elves are bringing a special gift to Frostburg in the form of a television crew that will capture the town's Christmas celebration for part of a reality series called "Small Town Christmas," airing on UPtv on **Sunday, Dec. 18**, at 9 p.m. Eastern Time. This is the second season of the docuseries, which pays tribute to small towns that celebrate the holidays in big ways. The show is hosted and executive produced by Megan Alexander, a national correspondent for "Inside Edition" and the author of books that include "The Magic of a Small Town Christmas." She and her production team will wrap up their season in Frostburg and will be in town in **late November and early December** to capture Storybook Holiday.

Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. These events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

FSU's Wind Ensemble Will Perform 'Soundscapes II' Concert

FSU's Department of Music will present its Wind Ensemble, conducted by *Dr. Ash Glenn*, in a concert titled "Soundscapes II" on **Sunday, Dec. 4**, at 3 p.m.

The ensemble will perform "Shimmering Sunshine" by Kevin Day; "Hymn to the Infinite Sky" by Satoshi Yagisawa; "Fantasia for Euphonium and Band" by Gordon Jacob, featuring faculty artist *Joshua Bishop* on euphonium; "Shenandoah," arranged by Omar Thomas; and "Riptides" by Katahj Copley.

"Shimmering Sunshine" is a composition that depicts the sun when it is positioned at high noon, at its brightest point during the day. Throughout the piece, there are different "shimmers" of bright light that bounce around from instrument to instrument, depicting moments of sunshine both beautiful and, at the same time, powerful.

The spiritual "Hymn to the Infinite Sky" is a tone poem based on the words of the conductor of the school band who commissioned the work – "The sky has to be a symbol of peace. However, there is sky where combat planes are flying when children look up. I wish there would be no more conflict on Earth. I hope that children all over the world will hold on to their dreams toward the sky. I pray to the infinite sky for world peace."

"Fantasia for Euphonium and Band" was written in 1973 at the request of euphoniumist Michael Mamminga. Jacob said he titled the piece Fantasia "because the work is in free form, though in outline it bears some relation to classical sonata or rondo form."

"Shenandoah" is one of the most well-known and beloved Americana folk songs. Thomas' arrangement recalls the beauty of the Shenandoah Valley, not bathed in golden sunlight, but blanketed by low-hanging clouds and experiencing intermittent periods of heavy rainfall (created with a combination of percussion textures). There are a few musical moments where the sun attempts to pierce through the clouds, but ultimately the rains win out. This arrangement is at times mysterious, somewhat ominous, constantly introspective and deeply soulful.

"Riptides" explores the fears of life and the fear of the unknown within the setting of the ocean. The piece begins with a call to the sea and develops into its melody, which is surrounded by a scheme of danger. As "Riptides" continues, the energy races through this quality of danger and fear, represented by a mermaid call. The piece is built on eccentric percussion instruments such as the conch shell horn, ocean drums and thumb rolls on the timpani and bass drum. Decorated elements such as dissonant textures and glissando techniques are used. As the frantic thrill continues to the pivotal point of the piece, "Riptides" takes a voyage to the deepest parts of the unknown – of the unfamiliar.

Brass and Trumpet Ensembles to Present Concert

FSU's Department of Music will present its Brass Ensemble and Trumpet Ensemble in concert on Monday, Dec. 5, at 7:30 p.m.

Directed by Joshua Bishop, the performers are Martin Harden, Joseph Orr, Kael Sorensen and Morgan Tichnell on trumpet; Brice Simpson and Sam White on horn; Deandre Cook, Zach Inglish and Casey Swartz on trombone; Alex Frye and Zoe Wenstrand on euphonium; and Doug Holtz and Robert Moffett on tuba.

The program will include "Vienna Philharmonic Fanfare" by Richard Strauss, "Novorossiysk Chimes" by Dmitri Shostakovich, "Venus" and "Saturn" from "The Planets" by Gustav Holst, "Trumpet Salutations" by Nigel Coombes, "Finale" from "Symphony No. 5" by Pyotr Tchaikovsky and the traditional Christmas carols "Deck the Halls," "The First Noel" and "Adeste Fideles."

Strauss composed his "Vienna Philharmonic Fanfare" ("Wiener Philharmoniker Fanfare") in 1924 for the Vienna Philharmonic Orchestra. The fanfare opened the orchestra's inaugural benefit ball to raise money for the musicians' pension fund. It is still performed each year.

"Novorossiysk Chimes" (also known as "The Flame of Eternal Glory" or "The Fire of Eternal Glory") was written by Shostakovich in 1960 for the war memorial in the city of Novorossiysk. The piece consists, mainly, of material Shostakovich had originally written in 1943 as an entry in a contest to compose a new national anthem for the U.S.S.R. "Novorossiysk Chimes" has been playing nonstop at Heroes Square in Novorossiysk since its opening in 1960. The song's opening phrases have also been used as introductory music for Moscow Radio's late-night news program "CKACWH."

"The Planets" is a seven-movement orchestral suite by the English composer Holst, written between 1914 and 1917. Each movement of the suite is named after a planet of the solar system and its supposed astrological character. The innovative nature of Holst's music caused some initial hostility among a minority of critics, but the suite quickly became and has remained popular, influential and widely performed.

"Trumpet Salutations for Six B-flat Trumpets to the Irish Guards Fanfare Trumpeters" is approximately 90 seconds in length. It was given by the composer to the International Trumpet Guild and published in 2002 by the guild. Coombes is the staff arranger of the HM Band of the Irish Guards London.

"Symphony No. 5" by Tchaikovsky was composed in 1888. The piece is a cyclical symphony, and the recurring main theme is used as a device to unify the symphony's four movements. This motto theme, sometimes dubbed "fate theme," has a funereal character in the first movement, but gradually transforms into a triumphant march, which dominates the final movement.

"Deck the Halls" (originally titled "Deck the Hall") is a traditional Christmas carol. The melody is Welsh, dating back to the 16th century and belongs to a winter carol, "Nos Galan," while the English lyrics, written by the Scottish musician Thomas Oliphant, date to 1862. "The First Nowell," also known as "The First Noel" (or "Noël"), is a traditional English Christmas carol with Cornish origins, most likely from the early modern period, although possibly earlier. "O Come, All Ye Faithful" (originally written in Latin as "Adeste Fideles") is a Christmas carol that has been attributed to various authors and anonymous Cistercian monks.

Exhibits

Roper Gallery to Feature Fall 2022 Senior Exhibition, 'Immersion'



From left, FSU art and design students Mohammed Aldawsari, Amaya Hatcher, Carol Lusk, Shawna Hawkins and Draven Kidwell

FSU's Department of Visual Arts will host the fall 2022 Senior Exhibition, "Immersion," at the Stephanie Ann Roper Gallery in FSU's Fine Arts Building. The opening will be held on **Saturday**, **Dec. 10**, from 2 to 4 p.m., and the exhibit will run through **Wednesday**, **Dec. 21**. This event is free and open to the public.

The following art and design students will exhibit their artwork:

Mohammed Aldawsari is an international student from Saudi Arabia. He will graduate from FSU with a bachelor's in art and design with a focus in graphic design, a secondary focus in ceramics and a minor in fine art. After graduation, he plans to open his own ceramic studio and work as a graphic designer.

Amaya Hatcher is graduating with a bachelor's in art and design with focus areas in illustration and graphic design, as well as minors in art history and theatre. After graduating, she plans to find work and continue to improve her portfolio and promote herself as an individual.

Shawna Hawkins will graduate from FSU with a bachelor's in art and design with a focus in painting, a secondary focus in ceramics and a minor in art history. After graduation, she plans to continue her education and earn her master's in art therapy.

Draven Kidwell is graduating from FSU with a bachelor's in art and design with a concentration in photography and a minor in art history. After graduation, he plans to pursue a career as a professional photographer doing commercial and freelance work.

Carol Lusk is a transfer student from Allegheny College of Maryland where she graduated summa cum laude with an associate degree in secondary education. Lusk will graduate from FSU with a bachelor's in art and design, a concentration in painting and printing, and a minor in art history. After graduation, she plans to teach, illustrate, write children's books and continue to build her portfolio for gallery shows.

For this show, the Roper Gallery is open **Mondays through Fridays** from 11 a.m. to 5 p.m.

For info, contact the Department of Visual Arts at 301-687-4797.

'My Body, No Choice' Interactive Response Piece



At the culmination of the performance of "My Body No Choice," some participants and audience members created an interactive response piece, pictured here. This piece is now temporarily housed in the lobby of the Fine Arts Building, where it will continue to evolve. Feel free to stop by to view the piece and/or to contribute your thoughts on the overturning of Roe v. Wade, and encourage interested students to do the same.

For info, contact Dr. Angie Luvara at alluvara@frostburg.edu.

Points of Pride

Office of Sponsored Programs Successes/News

On Nov. 2, *Dr. Meghan O'Neal*, an assistant professor in the Department of Nursing, was awarded a \$10,000 (FY23) New Nurse Faculty Fellowship, part of the Nurse Support Program II funded through the Health Services Cost Review Commission and administered by the Maryland Higher Education Commission.

On Nov. 1, project director *Dr. Jamelyn Tobery-Nystrom*, an associate professor in the Department of Educational Professions, was awarded a \$20,000 American Rescue Plan Act award, part of the Coronavirus State and Local Fiscal Recovery Fund (CFDA 21.027) by the city of Hagerstown for the FSUHUB@ USMH program.

On Sept. 29, project director *Christina Burke*, director of Health Services at Brady Health Center, was awarded a \$5,170 COVID19 Health Disparity Grant by the Garrett County Health Department in support of the project, "One Two Punch."

On Sept. 13, project director *Dr. Tom Serfass*, a professor in the Department of Biology, was awarded \$90,000 by the U.S. Department of the Interior National Park Service for the project, Evaluating CHOH and HAFE as Population Sources and Corridors for Forest Carnivores.

For info, visit the Office of Sponsored Programs' Successes/News webpage at https://www.frostburg.edu/osp/Successes%20News.php.

Take Note

Bikes for Rent!



The Department of Recreation and Parks Management now has bikes for rent! There are 12 bikes available. The only requirement is a valid FSU student ID.

Bikes are available to rent individually, or for a group or organization. The bikes are located in the Cordts PE Center. All bike rentals are free for an allotted time, and by appointment only.

For info, contact Rachel West in room 270 of the Cordts PE Center or email rtwest@frostburg.edu.

Roving Resume Reviews



Before you leave for the holidays, let the FSU Career and Professional Development Center review and help you build your resume!

CPDC staff will be at these locations on the following dates from 11 a.m. to 1 p.m.

Wednesday, Nov. 30, Lane Center

Thursday, Dec. 1, Chesapeake Dining Hall

Friday, Dec. 2, Ort Library

For info, contact Elizabeth Taylor-Raley at emtaylorraley@frostburg.edu.

Intersession Registration Has Begun



Students! Make the most of winter break with Intersession!

Intersession 2023 will be held **Tuesday**, **Jan. 3**, **through Monday**, **Jan. 23**. Register **through Wednesday**, **Jan. 4**.

This is a great option for students who want to get caught up without increasing their spring course load, athletes who need to

maintain eligibility or any student who wants to start a path to early graduation.

For info and to register, visit www.frostburg.edu/intersession.

Upper-Division Electives Available in History for Spring 2023

Every undergraduate student needs 15 hours in elective credits and 39 credit hours at the upper-division (300-400) level.

The upper-division electives are as follows:

HIST 353 Contemporary Africa, Dr. Alemseged Abbay, 9:30 to 10:45 a.m., Tuesdays and Thursdays

HIST 360 Modern and Contemporary Asia, Dr Haiyun Ma, 3 to 4:15 p.m., Mondays and Wednesdays

HIST 463 The Early Republic, Dr. Eleanor McConnell, 3:30 to 4:45 p.m., Tuesdays and Thursdays

HIST 490 Special Topics: The History of Video Games, Dr. Dan Filer, 4:30 to 5:45 p.m., Mondays and Wednesdays

For info, contact Dr. Greg Wood, chair, FSU Department of History, at gwood@frostburg.edu.

Looking for a Very Interesting Spring 2023 Course?

The interdisciplinary course IDIS 350 Exploring American Culture (*Dr. Greg Wood*, 1 to 1:50 p.m., **Mondays, Wednesdays and Fridays**) will look at social class and social justice for working people through the lenses of history and cultural studies.

This course counts toward your overall credit hours needed in the upper division, counts in GEP Group E and counts as a general elective.

For info, contact Wood at gwood@frostburg.edu.

Science Saturday Planetarium Show for Dec. 3



Science Saturdays feature space news, a tour of the night sky and a full-dome movie.

After the shows, telescopes will be set up for observing the moon and the planets if the sky is dark enough and the weather is favorable.

The show for **Dec. 3** will be "From Earth to the Universe" at 5 and 7 p.m. in the Multimedia Learning Center, room 186 of the Gira Center. This event is free and open to the public.

In this stunning, 30-minute voyage through time and space, viewers can revel in the splendor of the various worlds in the solar system and the ferocity of the scorching sun. "From Earth to the Universe" then leaves our home to take the audience out to the colorful birthplaces and burial grounds of stars, and still farther out, beyond the Milky Way, to the unimaginable immensity of myriad galaxies. Along the way, the audience will learn about the history of astronomy, the invention of the telescope and today's giant telescopes that allow us to continue to probe ever deeper into the universe.

Private shows are also available on request for schools and other similar groups. These are free. Up to 80 people can be seated, with access for up to five wheelchairs. Due to the popularity of the private shows, be sure to book several months in advance.

For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

Announcements About Weather-Related Closings and Delays

Here's how to find out if FSU will be closed, have a delayed opening or close early on bad weather days. The following applies to inperson classes and activities and on-campus employees only, and for the FSU campus only. See the note below for teleworkers and online classes.

If the campus is closed:

In-person classes are canceled.

In-person employees and hybrid teleworkers who are scheduled to be on campus the day of the closure should not report to work.

Essential personnel are required to report to work at their scheduled time.

If a delay is announced:

In-person classes scheduled before the announced opening time are cancelled. Classes after that time occur as scheduled.

In-person employees and hybrid teleworkers scheduled to be on campus that day should begin their shifts at the announced opening time.

Essential personnel are required to report to work at their scheduled time.

If an early closure is announced:

In-person classes scheduled after the announced closure time are cancelled. Classes before that time occur as scheduled.

In-person employees and hybrid teleworkers scheduled to be on campus that day should end their shifts at the announced closure time.

Essential personnel are required to remain at work until their scheduled time.

Teleworkers/online classes:

Fully online classes will continue regardless of campus status.

Teleworkers, whether regular or hybrid, who are scheduled that day to work remotely will follow their regular schedule. (Those who do not work must use accrued leave time.)

Payroll/personnel information:

Essential personnel are required to report to work in the event of any cancellation or delay. These individuals have been notified of their "essential" status by their department heads. If you are unsure of your status, check with your supervisor.

Personnel compensation for closures or delays (in-person only) will be based on the appropriate cancellation/delay message as presented on the FSU voicemail system.

The most reliable information regarding delayed openings and cancellations will be from FSU-controlled outlets (email, Burg Alerts, University voicemail, website). Notification of delays or closures will be made through these outlets:

Via Burg Alert (https://www.frostburg.edu/information-technology/Services/burg-alerts.php) text and email alerts. More information is below.

Through campus email.

Main University number (301-687-4000, option 2) after 6 a.m.

On the top of the main page of the FSU website (www.frostburg.edu).

Through local radio stations.

Via Twitter (twitter.com/frostburgstate).

On the FSU Facebook page (<u>www.facebook.com/frostburgstateuniversity</u>).

Everyone with an FSU email is automatically signed up for Burg Alerts to that email. Burg Alerts, in addition to weather notifications, alert the campus in an emergency.

You may also opt to have alerts sent as text messages to your cell phones (standard texting rates apply) and to other email addresses. To sign up, click https://www.frostburg.edu/computing/fsualert or click the Emergency link at the bottom of the FSU front page. Follow the instructions, using your FSU username and password to access the site. You have the option of having alerts sent to two cell numbers and six email addresses. (You may add your family members, or they may create their own accounts at the link above.) Make sure to follow the validation steps to activate your choices.

If you spend any time in the Frostburg area, it is highly recommended that you sign up for the text alerts to ensure you are notified of emergencies or weather-related schedule changes.

Unless FSU closure is announced on the outlets above, we are open. The final decision regarding your safety resides with you. If, in your judgment, it is not safe for you to come to work while the University is still open, you must contact your supervisor and provide this information. In the event that liberal leave is announced for employees, it is expected that everyone will make an effort to report to work. Employees who take liberal leave will be charged for the appropriate leave time. The announcement of liberal leave does not cancel classes, nor does it relieve essential employees of their need to report to work during inclement weather.

Here are some ways you can check on conditions if you have to travel:

FSU campus weather cam on Weather Bug: https://www.weatherbug.com/weather-camera/frostburg-md-21532 (Other regional cams can be found here, too.)

Maryland DOT statewide cams: https://chart.maryland.gov/trafficcameras/index.php#

I-68 Exit 33 cam: https://chart.maryland.gov/video/video.php?feed=7200276f018000a8005dd336c4235c0a

Do not call University Police or the computer help desk for weather-related announcements.

Do check your FSU email, call the University switchboard at 301-687-4000, option 2, or check the FSU website at www.frostburg.edu.

Local Radio/TV Stations

The following local radio/television stations will be notified in the event of a closing or delay:

WFRB "Froggy" - 105.3 FM

WFRB "Willie" - 560 AM/106.7 FM

WKHJ - 104.5 FM Oakland

WTBO - 1450 AM/97.9 FM

WCBC - 1270 AM/107.1 FM

WWHQ – 92.3 FM Oakland

WRQE "Rocky" – 106.1 FM

WMSG – 1050 AM Oakland

WVMD - The Wolf (100.1/99.9 FM)

WDYK – Magic (100.5 FM)

WQZK – 94.1 FM Keyser

WDZN - 99.5 FM

TV: WDVM-TV Hagerstown

WTAJ-TV Altoona

Note: If there are mixed messages in the media (one station says we're open, another says we're closed), call the University number (301-687-4000, option 2) for clarification. That number will always be the final authority in case of confusion from other sources.

Study Abroad

Plan Your Study Abroad Experience for Summer and Fall 2023!



Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. The last virtual session of the semester will take place at 3:30 p.m. on **Friday, Dec. 2**.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up.

Health and Safety Messages

Winter Is Here Already!



Prepare Your Car

Check your tires and if necessary, replace them with all-weather or snow tires.

Keep your gas tank full to prevent ice from getting in the tank and fuel lines.

Use a wintertime fluid in your windshield washer.

Make an emergency kit to keep in your car. Include water, snacks, first-aid kit, blankets, flashlight, extra batteries, portable cell phone charger and emergency flares.

Be sure to include a snow shovel and brush.

Prepare Your Home

Check your heating system.

Clean out chimneys and fireplaces.

Check your carbon monoxide and smoke detectors.

Trim weak or damaged branches around your home.

Keep an emergency kit in your home that includes flashlights, extra batteries, a first-aid kit, extra medicine and baby items and extra pet supplies.

If you lose power, your kit should also include food and water for three days for each family member, warm clothing if you have to evacuate, and toys and games for children.

Happy, Healthy, Hip Tips From the BURG Peer Education Network

Fear of Missing Out and Social Media Weliness

TEALTH. HEALTH.

Mental Health Monday Tip: https://www.verywellmind.com/how-to-cope-with-fomo-4174664

Tell Yourself Tuesday Tip: https://www.psychologytoday.com/us/blog/stronger-the-broken-places/201501/10-ways-overcome-fear-missing-out

Wacky Wednesday Tip: https://akhealth.org/social-media-mental-health-facts

Thankful Thursday Tip: https://www.psychologytoday.com/us/blog/click-here-happiness/201807/how-practice-

gratitude-social-media-and-how-not

Fun Friday Tip: https://www.makeuseof.com/tag/start-enjoying-social-media-again

Social Saturday Tip: https://www.hsph.harvard.edu/news/features/social-media-positive-mental-health

 $Self-Love\ Sunday\ Tip:\ \underline{https://benebynina.com/2022/04/15/social-media-and-mental-health-scroll-for-self-love}$

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit $\underline{\text{www.frostburg.edu/strategicplan}}.$