

For and about FSU people A publication of Communications and Media Relations

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Copy deadline: noon Wednesday, Candis Johnson at cvjohnson@frostburg.edu

For all events, FSU is following CDC guidance based on current area conditions. For current health and safety guidelines, visit www.frostburg.edu/COVID19.

Opera Theatre Performance to Feature Mini-musicals and Short Operas

FSU's Department of Music will present two performances of its Opera Theatre, the first on **Sunday**, **Nov. 20**, at 7 p.m. and the second on **Monday**, **Nov. 21**, at 7:30 p.m., both in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center. Directed by *Gregory Scott Stuart*, the performers will be accompanied by pianist *Dr. Joseph Yungen* with assistance from *Cayla Gavin*. The concert is free and open to the public. This event will also be livestreamed; the link will be posted at www.frostburg.edu/concerts.

For the Sunday performance, the Opera Theatre will present two mini-musicals by Jerry Bock and Sheldon Harnick: "The Lady or the Tiger?" and "Passionella." Tuesday's performance will feature two short operas by Mark Bucci: "The Dress" and "Sweet Betsy From Pike."

"The Apple Tree" is a series of three musical playlets with music by Bock and lyrics by Harnick. Each act has its own storyline, but all three are tied together by a common theme.

The second act is based on Frank R. Stockton's "The Lady, or the Tiger?" and is about love and jealousy. The story takes place in a barbaric kingdom in which the king's captain, Sanjar, who has been caught kissing the king's daughter, is sentenced to a trial in which he is forced to choose between one of two doors. Behind one is a beautiful woman; behind the other, a ravenous tiger.

The third act is based on Jules Feiffer's "Passionella." A narrator tells of Ella, who sings about the perils of being a chimney sweep and how great it would be to be famous. One day, Ella comes home to find that her television is not working. Suddenly her Friendly Neighborhood Godmother appears and grants her a wish. Ella then becomes Passionella, but only from the beginning of the evening news until the end of the late show, and instantly becomes a star. She is still sad, though. She may have fame, beauty and wealth, but what she wants is love.

Bucci was an American composer, lyricist and dramatist. Influenced by Giacomo Puccini, his work has a contemporary yet lyrical style, which frequently employs marked rhythms and memorable harmonies and melodies. "The Dress" is an opera comedy in one act he composed in 1953.

A 25-minute opera-satire, "Sweet Betsy From Pike," also from 1953, is a musical cartoon telling the tale of Betsy and Ike and their experiences in the wild and woolly West, in particular, Betsy's fate at the hands of Dirty Dan. Written as a series of delightful musical variations on the old American folk tune, this engaging piece is a natural introduction to opera for children and adults alike, using grand opera's conventions to hilarious effect.

For info, contact FSU's Department of Music at 301-687-4109.

Help for Students

Tutoring Information for Fall 2022

Tutoring will be held through **Tuesday, Dec. 13**. Days and hours of operation are **Mondays through Thursdays** from 10 a.m. to 7 p.m. and **Fridays** from 10 a.m. to 2 p.m. Math and natural sciences tutoring will be held in Pullen 139, and business, computer science and writing tutoring will take place in Pullen 151.

For info and instructions, contact the FSU Tutoring Center at 301-687-3077 or 301-687-4066, email msmith@frostburg.edu or visit http://www.frostburg.edu/admin/provost/academic-success-network/tutor/?forceAbsoluteURLs=false&skipGA=false.

Appointment-Based/In-person Tutoring Courses

Students use TutorTrac to make appointments.

Courses include ACCT 211/212, Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 109/149/160/321/322, CHEM 201/202, COSC 100/101/102/130/240/241, DVMT 095/099, ECON 201/202, EXSS 200/315, GEOG 103/104, ITEC 315/345, MATH 104/109/119/120/236/237, PHYS 215/216/261/262/263 and Writing.

NetTutor (Online Tutoring)

For classes not listed under appointment-based, email msmith@frostburg.edu.

This 24/7, third-party, online tutoring platform is accessible via Canvas. Students must send an email to msmith@frostburg.edu to gain access. Information about NetTutor is posted outside of Pullen 151.

Walk-in/Group Tutoring

Walk in, sign in and get assistance: BIOL 321 – **Fridays**, noon to 2:50 p.m., Compton 326; CHEM 201 – **Wednesdays**, 6 p.m., Compton 328; CHEM 202 – **Wednesdays**, 5 p.m., Compton 328; CHEM 311/321 (organic), **Thursdays**, 7 to 8 p.m., Compton 358; CHEM 455 (biochemistry), **Tuesdays**, 7 to 8 p.m., Compton 358; PHYS 215/216/261/262/263 – **Mondays and Wednesdays**, 2 to 3 p.m., Compton 236, **Wednesdays**, noon to 1 p.m., Compton 236, and **Tuesdays and Thursdays**, noon to 1 p.m., Compton 234; PSYC 155 and 201 – **Thursdays**, 3 to 4 p.m., Guild 120, and **Fridays**, 3 to 4 p.m., Guild 121.

PAWS Pantry Hours

FSU's PAWS Pantry provides food and basic necessities to FSU students at no cost. The pantry aims to decrease the impact that food insecurity has on the academic success of students through hunger alleviation and increased education in the areas of personal budgeting, nutrition and wellness.

Hours for the fall semester are **Mondays** from 1 to 7 p.m., **Wednesdays** from 1 to 5:30 p.m., **Thursdays** from 11:30 a.m. to 3 p.m. (by appointment only) and **Fridays** from 1 to 5:30 p.m. If the pantry's regular hours do not work for you, email pawspantry@frostburg.edu to set up an appointment.

The pantry recently updated its Intake and Liability Waiver form at https://bit.ly/3PPmVeg. All customers (new and returning) will need to complete this form before using the pantry.

Have you been exposed to COVID and/or are symptomatic? Email <u>PAWSPantry@frostburg.edu</u> to request a delivery, and a pantry representative will be in touch to coordinate a delivery day and time with you. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

National Suicide Hotline

If you or someone you know is in distress, you can reach the National Suicide Hotline by dialing 9988 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800-273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.

For info, visit https://988lifeline.org/faq and https://www.frostburg.edu/about-frostburg/Administrative-Offices/university-police/index.php.

Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. These events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

String Ensemble Will Perform With Guitar Ensemble and Studio

FSU's Department of Music will present its String Ensemble in concert on Wednesday, Nov. 9, at 7:30 p.m.

Conducted by *Dr. Karen Lau*, ensemble members are *Anna Hilderbrand* and *Chassady Redhead* on violin, *Evelyn Shanholtz* and *Kathryn Schram* on viola and *Jocelyn Finnecy* on cello.

The group will perform the first movement, "Allegro," of "Symphony No.5 in B-flat Major, D. 485" by Franz Schubert, arranged by Ignacio Massun; the second movement, "Adagio affettuoso ed appassionato," of "String Quartet No.1 in F Major, Op.18, No.1" by

Ludwig van Beethoven; and the four movements, "Prelude," "Fugue," "Nocturne" and "Cakewalk," of "Serenade for String Orchestra" by Norman Leyden.

Schubert's "Symphony No. 5 in B-flat Major, D. 485" was completed in 1816. Of all his symphonies, it is scored for the smallest orchestra and has come to be known as "the symphony without trumpets and drums." In character, the writing is often said to resemble Mozart; Schubert was infatuated with the composer at the time he composed it. The fresh, unencumbered opening of the "Allegro" is lightness itself. Jaunty and tuneful, the principal themes are introduced with the unmistakable Schubertian chromaticism.

"String Quartet No. 1 in F Major, Op. 18, No. 1" was written by Beethoven between 1798 and 1800, published in 1801 and dedicated to the Bohemian aristocrat Joseph Franz von Lobkowitz. It is the second string quartet that Beethoven composed and consists of four movements. According to Karl Amenda, Beethoven's friend, the second movement was inspired by the tomb scene from William Shakespeare's "Romeo and Juliet."

Known for his thousands of film, radio and symphonic arrangements, prolific composer Leyden published this suite for string orchestra in 1971. The four brief, contrasting movements blend classical/baroque tradition with stylistic harmonies popular to the era.

The Guitar Ensemble and Studio students, directed by *Dr. Thomas Clippinger*, will perform after the String Ensemble.

Sam Dolly, Nick Mellen, Chassady Redhead and Shawn Zimmerman will perform "Frevo" by Celso Machado; Dolly, Mellen, Redhead and Jessica Wilson – "Air in D Major, BWV 1068" by Johann Sebastian Bach; Dolly, Andrew Gula, Mellen, Redhead, Wilson and Zimmerman – "La Sanduga," a traditional piece arranged by Celil Refik Kaya; Dolly – "Etude No. 2" by Leo Brouwer; Gula – "Spider Dance" by Andrew York; and Zimmerman – "Choro da Saudade" by Agustin Barrios Mangore.

CES at FSU to Host MSO in a Concert of Classical Masterworks



The MSO Orchestra

CES at FSU will present a concert of classical masterworks with the Maryland Symphony Orchestra on **Friday, Nov. 11**, at 7:30 p.m.

The performance, sponsored by Dr. Peter Halmos, will include Wolfgang Amadeus Mozart's spirited "Symphony No. 29 in A Major," Igor Stravinsky's "Pulcinella Suite," which was derived from his ballet, and Carl Maria von Weber's "Concertino for Clarinet in E-flat Major, Op. 26," featuring accomplished solo clarinetist Beverly Butts.

Concert tickets are \$35 for adults, \$31.50 for FSU faculty and staff and the military, \$15 for youth under 18 and free for FSU students.

For info, visit the CES webpage at <u>ces.frostburg.edu</u> or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

MSO Musical Director Elizabeth Schulze will also present "Prélude," a virtual session to discuss the works to be performed. The recording will be available on MSO's YouTube channel, https://www.youtube.com/user/MarylandSymphony, approximately one week before the concert.

This engagement is supported by grants from the FSU Foundation and the Community Trust Foundation's Iris and Peter Halmos Community Fund. CES is supported in part by the Maryland State Arts Council (msac.org), the Allegany Arts Council and the City of Frostburg.

Multi-instrumentalist Dr. Greg Latta Will Appear at MCTA



FSU's Mountain City Traditional Arts will present multi-instrumentalist *Dr. Greg Latta* in a performance to celebrate the release of his latest recording project, "Tour de Force," on **Sunday, Nov. 13**, at 3 p.m. at 25 E. Main St. in Frostburg. The release features Latta on 15 instruments and in seven musical genres. This event is free and open to the public.

Latta is a mesmerizing singer, songwriter and award-winning performer. He won the prestigious Maryland State Arts Council Individual Artist Award in Solo Music Performance in 2018, 2015 and 2012. He is also a three-time winner of the Mid-Eastern Hammered Dulcimer Championships and has twice been a runner-up in the National Hammered Dulcimer Championships. On banjo, Latta was the 2013 Mid-Atlantic banjo

champion and runner-up in 2014.

Latta is the host and producer of the popular radio show "Just Plain Folks," which has been heard for more than 30 years on WFWM 91.9 FM (96.3 FM in Oakland), the FSU public radio station. He is also a Professor Emeritus of Physics and Engineering of FSU.

This event is supported by funding from the Maryland State Arts Council. MCTA is a program of FSU in partnership with the Maryland Traditions Program of the State Arts Council.

For info, call 301-687-8040 or email Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu.

Wind Studios Present Their Recital

FSU's Department of Music will present its Wind Studios Recital on Sunday, Nov. 13, at 3 p.m.

The recital will feature music majors studying clarinet with *Dr. Mark Gallagher*, euphonium and tuba with *Joshua Bishop*, flute with *Dr. Eftihia Arkoudis* and saxophone with *Dr. Brent Weber*.

Students include *Emily Brobst*, *Maggie Longerbeam* and *Courtney Sechler* on flute; *Evelyn Anderson*, *Jasmin Golson*, *Lucus Lusby* and *Anthony Nguyen* on clarinet; *Alex Frye* on euphonium; *Doug Holtz* on tuba; *Raegan Barrett*, *Josh Foreman*, *Ayanna McDonald* and *Alex McNemar* on alto saxophone; *Eileen Martin* on baritone saxophone; and *Max Partlow* on tenor saxophone.

The program will include the first movement of "Sonata for Flute and Piano" by Otar Taktakishvili; the first two movements of "Sonata 'Undine' for Flute and Piano, Op.167" by Carl Reinecke; "Pièce for Solo Flute" by Jacques Ibert; "Duo in B-flat Major, K. 378" and "Adagio for Two Clarinets and Three Bassett Horns, K. 411" by Wolfgang Amadeus Mozart; "Trio Sonata in E-flat Major" by Antonio Vivaldi; "Adagio," "Allegro" and Cantabile from "Six Canonic Sonatas" by Georg Philipp Telemann; "Ballade" by Henri Tomasi; "Romance for Alto Saxophone and Piano" by William Grant Still; the first movement, "Allegro," from "Sonata for Alto Saxophone" by Bernhard Heiden; "Rhapsody for Baritone Saxophone and Orchestra" by Mark Watters; the first movement, "Vif," from "Scaramouche" by Darius Milhaud; and a jazz mashup of "Footprints" by Wayne Shorter and "I Could Write a Book" by Rodgers and Hart.

A standard in the flute repertoire, "Sonata for Flute and Piano" by Taktakishvili is a three-movement piece that is beautiful and expressive while still being technically demanding. The Georgian composer was heavily influenced by local folk music and Georgian choral polyphony.

Reinecke, a German pianist, composer and conductor, composed four piano concertos, three symphonies and some operas. "Sonata 'Udine' for Flute and Piano, Op. 167" is his most famous work.

Composed in 1936 by Ibert, a neoclassical composer, "Pièce for Solo Flute" was written in three movements in two contrasting themes. The first theme is a slow lyrical melody compared to the second one, which is much faster. The third movement brings back the first theme again but with more ornamentation.

Mozart's "Violin Sonata No. 26 in B-flat Major, K. 378" was finished in 1781 and was later arranged for clarinet duet. Mozart became partial to clarinets as soon as he knew them. They had a clean, clear tone, and he was peculiarly sensitive to sound effects.

Composed in 1785, the "Adagio, K.411" is filled with variety and offers ensembles young and old the chance to explore the language of a mature Mozart. The adagio was originally composed for two clarinets and three basset horns.

Vivaldi's earliest musical compositions date from his first years at the Ospedale della Pietà, a home for foundlings. Printed collections of his trio sonatas appeared in 1705. As a composer Vivaldi was prolific, with some 500 concertos to his credit in addition to a quantity of works for the church and the theatre.

Telemann's music incorporates French, Italian and German national styles, and he was at times influenced by Polish popular music. His music stands as an important link between the late Baroque and early Classical styles. "Six Canonic Sonatas" is one of his chamber music pieces.

"Ballade" was composed in 1938. Introduced by a poem about a tragic clown by Suzanne Mallard, Tomasi's wife, "Ballade" is a 15-minute work that covers and alternates between different styles such as andantino, guigue and blues.

Still was the first African American composer to write a concert piece for saxophone and piano. "Romance for E-flat Alto Saxophone and Piano" was the last of only four works that he composed for solo instrument and piano.

Heiden was a German and American composer and teacher. "Sonata for Alto Saxophone" was first performed in 1937 and published in 1943. It is in three movements.

"Rhapsody for Baritone Saxophone and Orchestra," composed by Watters, is mostly fast-paced, with some use of altissimo and a written-out cadenza.

As a commedia dell'arte character, Scaramouche is a stock clown. He was often beaten by his master, Harlequin, for his boasting and cowardice. The first movement of "Scaramouche" uses an old English children's countdown tune, "Ten Green Bottles Hanging on a Wall," a version of "99 Bottles of Beer."

"Footprints" is a jazz standard composed by saxophonist Shorter and first recorded for his album "Adam's Apple" in 1966, and "I Could Write a Book" is a show tune from the 1940 Rodgers and Hart musical "Pal Joey."

FSU's Jazz Orchestra and Jazz Combo Will Perform 'An Evening of Jazz!'

FSU's Department of Music will present "An Evening of Jazz!" with FSU's Jazz Orchestra and Jazz Combo on **Friday, Nov. 18**, at 7:30 p.m.

The Jazz Orchestra will be conducted by *Dr. Brent Weber*, and the performance will feature "Tip Toe," arranged for Harry James by Thad Jones; "Israel" by John Carisi, arranged by Mike Tomaro; "I Got It Bad (and That Ain't Good)" by Duke Ellington and Francis Webster, arranged by Billy Strayhorn, transcribed by David Berger; "Rhapsody in Blue" by George Gershwin, arranged by Gordon Goodwin; "Fables of Faubus" by Charles Mingus, arranged by Steve Slagle, featuring *Dr. Donald Albrecht* on trumpet; "Big Dipper" by Jones; "Smada" by Ellington and Billy Strayhorn, transcribed by Mark Lopeman; "Topsy" by Edgar William Battle and Eddie Durham, transcribed by Christopher Crenshaw; and "Higher Ground" by Stevie Wonder, arranged by Mike Tomaro.

The Jazz Combo, under the direction of *Tom Harrison*, will perform "Whisper Not" by Benny Golson, "Sidewinder" by Lee Morgan, "Take Five" by Paul Desmond, "I Remember Clifford" by Benny Golson, "Song for My Father" by Horace Silver, "Joy Spring" by Clifford Brown, "The Girl From Ipanema" by Antonio Carlos Jobim, "Oleo" by Sonny Rollins and "Happy People" by Kenny Garrett.

This arrangement of the Thad Jones standard "Tip Toe" features a trumpet soloist (written for Harry James) with a big band. As with most of Jones' arrangements, there is an exciting shout chorus that leads back to the melody.

"Israel" is a composition by Carisi, which has become a jazz standard. Described as a "minor blues" piece, it was originally recorded in 1949 by Miles Davis as part of the "Birth of the Cool" sessions.

"I Got It Bad (and That Ain't Good)" is a pop and jazz standard with music by Ellington and lyrics by Webster published in 1941. It was introduced in the musical revue "Jump for Joy" by Ivie Anderson.

"Rhapsody in Blue" is a 1924 musical composition written by Gershwin for solo piano and jazz band, which combines elements of classical music with jazz-influenced effects. The piece premiered in a concert titled "An Experiment in Modern Music." The rhapsody is a key composition that defined the Jazz Age.

"Fables of Faubus" (1959) is a composition by Mingus, a jazz double bassist. One of his most explicitly political works, the song was written as a direct protest against Arkansas governor Orval Faubus, who in 1957 sent out the National Guard to prevent the racial integration of Little Rock Central High School.

"Big Dipper" was originally commissioned by Count Basie for an entire album of Jones' music; however, Basie never made the record, instead suggesting that Jones start his own band. "Big Dipper" still maintains that swinging Basie mindset and is an extended 16-bar blues.

Originally written for a group called the Moonlight Harbor Band sometime in the late 1930s, Strayhorn crafted multiple arrangements of "Smada" before settling on the final version recorded by the Duke Ellington Orchestra in 1951.

Durham was a major jazz arranger, hit songwriter and electric guitar innovator. His daughter, Topsy M. Durham, was named for one of his best-known tunes. Battle, a multi-instrumentalist, trumpeter and arranger, was integral to the Durham clan.

"Higher Ground" is a funk song written by Wonder, which first appeared on his 1973 album "Innervisions." The song lyrics address the issue of reincarnation.

"Whisper Not" is a composition Golson wrote in 20 minutes in 1956. Golson remained strongly associated with the tune, and named one of his tours after it, half a century after its composition.

"The Sidewinder" is a 1964 album by jazz trumpeter Morgan. The title track is perhaps Morgan's all-around best-known composition; it would go on to become a jazz standard.

"Take Five" is a jazz standard composed by saxophonist Desmond and originally recorded by the Dave Brubeck Quartet for their album "Time Out" in 1959. Two years later it became a surprise hit and the biggest-selling jazz single ever.

"I Remember Clifford" is an instrumental jazz threnody written by jazz tenor saxophonist Golson in memory of Clifford Brown, the influential and highly regarded jazz trumpeter who died in an auto accident at the age of 25.

"Song for My Father" is a 1965 album by the Horace Silver Quintet, released in 1965. The album was inspired by a trip that Silver had made to Brazil. The cover artwork features a photograph of Silver's father, John Tavares Silver, to whom the title composition was dedicated.

"Joy Spring" is a 1954 jazz composition by Brown that became his signature work. The title was his pet name for his wife Larue.

"Garota de Ipanema" ("The Girl From Ipanema") is a Brazilian bossa nova and jazz song written in 1962. It was a worldwide hit in the mid-1960s and won a Grammy for Record of the Year in 1965. It is believed to be the second most recorded pop song in history.

"Oleo" is a hard bop composition by Rollins, written in 1954. Since then it has become a jazz standard, and has been played by numerous jazz artists.

"Happy People" (2002) is unashamedly positive and optimistic music. Garrett does utilize some of the mannerisms associated with safe soul and smooth jazz, but judiciously and generally to good effect.

FSU Student Morgan Danver in Senior Piano Recital

FSU's Department of Music will present student Morgan Danver in a senior piano recital on Saturday, Nov. 19, at 7:30 p.m.

Danver will perform the three movements, "Allegro," "Adagio" and "Allegretto," of "Sonata in B-flat Major, K.570" by Wolfgang Amadeus Mozart; the fourth and sixth movements, "Moderato in C-sharp Minor" and "Allegretto in A-flat Major," of "Six Moments Musicaux, D. 780, Op. 94" by Franz Schubert; and the 10th prelude, "La cathédrale engloutie," of "Préludes, Livre 1" and the second movement, "Jimbo's Lullaby," of "Children's Corner," both by Claude Debussy.

Choral Artists to Present Concert Dedicated to Jazz

FSU's Department of Music will present its Choral Artists, consisting of the Chamber Singers, University Chorale and Troubadours, in a concert dedicated to jazz on **Sunday**, **Nov. 20**, at 3 p.m.

Conducted by *Dr. Scott Rieker*, the choral ensembles will be joined by the FSU Jazz Orchestra and FSU Jazz Combo to perform tunes by Dizzy Gillespie, Dave Brubeck, George Shearing and more. They will be accompanied by collaborative pianist *Dr. Joseph Yungen*.

Exhibits

'Queer Appalachia'



Queer Appalachia, an exhibition celebrating the LGBTQIA+ community in Appalachia, will run **through Friday**, **Nov. 25**, in the Stephanie Ann Roper Gallery in FSU's Fine Arts Building. This event is free and open to the public.

Gallery hours for this exhibit will be Mondays through Fridays from 11 a.m. to 6 p.m.

Points of Pride

Dr. Amy Branam Armiento and Cristina Sommerkamp Present 'Poe and Writers Today'



Dr. Amy Branam Armiento, left, and Cristina Sommerkamp pose in front of a table showcasing popular culture items representing Poe.

On Oct. 25, *Dr. Amy Branam Armiento*, a professor in FSU's Department of English and Foreign Languages, and FSU Honors student *Cristina Sommerkamp* were invited by the Friends of the Frostburg Library to present "Poe and Writers Today." This event commemorated the 173rd anniversary of Edgar Allen Poe's death, which took place on Oct. 7.

In addition to reciting passages from Poe's well-known tales and poems, the presenters talked about literary works and films influenced by Poe's works, including famous novels by Stephen King and classic movies directed by Alfred Hitchcock.

Office of Sponsored Programs Successes/News

On Oct. 12, project director *Nicole Mattis*, chair of the Department of Theatre and Dance and a professor in that department, was awarded a \$2,000 General Operating Grant by the Allegany Arts Council in support of the Mountain Maryland Theatre Festival (FY2023).

On Oct. 12, project director *Jennifer Browne*, a lecturer in the Department of English and Foreign Languages, was awarded a \$3,000 General Operating Grant by the Allegany Arts Council in support of the Frostburg Center for Literary Arts (FY2023).

On Oct. 11, project director *Dr. Holly Currie*, an associate professor in the Department of Chemistry and director of the Center for Teaching Excellence, was awarded a \$1,500 Faculty Development Mini-grant by Transform Mid-Atlantic for the 12th Annual Regional Conference on Teaching, Learning and Scholarship.

For info, visit the Office of Sponsored Program's Successes/News webpage at https://www.frostburg.edu/osp/Successes%20News.php.

Take Note

Intersession Registration Has Begun



Students! Make the most of winter break with Intersession!

Intersession 2023 will be held **Tuesday**, **Jan. 3**, **through Monday**, **Jan. 23**. Register **through Wednesday**, **Jan. 4**.

This is a great option for students who want to get caught up without increasing their spring course load, athletes who need to

maintain eligibility or any student who wants to start a path to early graduation.

For info and to register, visit www.frostburg.edu/intersession.

University Police Once Again to Participate in No-Shave November



University Police officers will again participate in No-Shave November, a worthwhile event to grow awareness about cancer. The organizers encourage people to embrace their hair, which many cancer patients lose, and let it grow. They also encourage participants to donate the money they'd normally spend on hair care to cancer support. No-Shave November is a fun and creative way to remind folks that many friends and neighbors struggle every day with the disease and efforts to fight it.

This year, University Police will join forces with their allied agencies – Allegany County Sheriff's Department, Allegany County Detention Center, Frostburg Police Department and the

Allegany County Department of Emergency Services – to raise money for Jeremiah's Fight. Jeremiah is a 3-year-old boy battling B-cell acute lymphoblastic leukemia. All donations will go to his family to help with medical expenses. FSU officers are paying \$30 to let their facial hair grow. If you would like to contribute to the cause, contact any officer and donate (cash or check). Checks can be made payable to Frostburg University FOP 147, with "No-Shave November" written in the memo section.

For info, contact Capt. John Ralston Jr., deputy chief, University Police, at jralston@frostburg.edu.

Upper-Division Electives Available in History for Spring 2023

Every undergraduate student needs 15 hours in elective credits and 39 credit hours at the upper-division (300-400) level.

The upper-division electives are as follows:

HIST 353 Contemporary Africa, Dr. Alemseged Abbay, 9:30 to 10:45 a.m., Tuesdays and Thursdays

HIST 360 Modern and Contemporary Asia, Dr Haiyun Ma, 3 to 4:15 p.m., Mondays and Wednesdays

HIST 463 The Early Republic, Dr. Eleanor McConnell, 3:30 to 4:45 p.m., Tuesdays and Thursdays

HIST 490 Special Topics: The History of Video Games, Dr. Dan Filer, 4:30 to 5:45 p.m., Mondays and Wednesdays

For info, contact Dr. Greg Wood, chair, FSU Department of History, at gwood@frostburg.edu.

Looking for a Very Interesting Spring 2023 Course?

The interdisciplinary course IDIS 350 Exploring American Culture (*Dr. Greg Wood*, 1 to 1:50 p.m., Mondays, Wednesdays and Fridays) will look at social class and social justice for working people through the lenses of history and cultural studies.

This course counts toward your overall credit hours needed in the upper division, counts in GEP Group E and counts as a general elective.

For info, contact Wood at gwood@frostburg.edu.

First Generation Celebration



Student Support Services will host its First-Generation College Student Day Celebration on **Tuesday**, **Nov. 15**, from 11 a.m. to 1 p.m. in the Lane Atkinson Room (232). This event is open to everyone, not only first gens.

For info, contact Shawn Jones at rsjones@frostburg.edu.

Oxfam Hunger Banquet

The Oxfam Hunger Banquet will take place on Monday, Nov. 14, at 7 p.m. in the Lane Atkinson Room (232).

This is a real-life simulation that takes place in an awakening setting where you will be given a card that is based on luck. Just as how we were born into a life, we grew up in relative perspectival environments. Come experience and learn together how to combat the realness of poverty and worldwide inequality.

There will also be a collection of nonperishable items to be donated to the PAWS Pantry.

For info, contact Reci Brown, volunteer coordinator, at djbrown@frostburg.edu.

FSU Ecobricks

FSU Ecobricks will meet on **Thursdays** at 1 p.m. in Gunter 211/214. Join the group to construct Ecobricks and learn more about how you can transform your relationship with plastics. Ecobricking is a hands-on environmental movement, and the team is making progress toward its first big project – a bench for the bike trail.

For info, follow FSU Ecobricks on Facebook, or contact Laurel Plitnik, president, at lgplitnik0@frostburg.edu or Tracy Edwards, advisor, at TEDwards@frostburg.edu.

FSU Geography Bowl

Join Bobcat geographers **Mondays** from 7 to 8:30 p.m. in Gunter 214. Test your skills and develop your geographic knowledge base through friendly bowl-style competition – with buzzers. All are welcome to attend and/or develop questions. There will be at least one image-based round – just as at the World Geography Bowl.

MVPs from October Geography Bowl competitions include *Alex Donley*, *Javy Rodriguiz-Castro*, *Chance Crislip* and *Mikkel Leblanc*. All walked away with geography-themed prizes.

For info, contact Donley at ajdonley0@frostburg.edu or Tracy Edwards at TEDwards@frostburg.edu or stop by Gunter 210.

FSU Food Recovery Network

So far this fall, 221 pounds of food have been recovered from Chesapeake Dining Hall and delivered to the Western Maryland Food Bank. Additional campus (student, faculty and staff) volunteers are needed to build the FRN Team to reduce food waste on campus and address regional poverty/food concerns.

The meeting on Thursday, Nov. 10, at 6 p.m. in Gunter 208 will be a collaboration with the Sustainability Awareness Society.

If interested in learning more, email Tracy Edwards at TEDwards@frostburg.edu.

Blood Drive - Urgent Need!



The Pre-Med Society will sponsor a blood drive on **Tuesday**, **Nov. 8**, from 11 a.m. to 4:30 p.m. in the Lane Atkinson Room (232).

Maximize your blood donation and help more patients! If you are an eligible O, B- or A-donor, consider making a Power Red donation. Red blood cells are the most commonly transferred blood component. Power Red is similar to a whole blood donation, except a special machine is used to allow you to safely donate two units of red blood cells during one donation while returning your plasma and platelets to you. Though each donation takes

a bit longer to make, you are doubling your impact for patients compared to a whole blood donation. You may also feel less fatigue since your other blood components are returned to you.

To register, visit https://www.redcrossblood.org/give.html/drive-results?zipSponsor=FrostburgUnivLane.

For info, contact Andry Cantarero at acantarero0@frostburg.edu.

'Building Your Foundation for Your Future'



Do you feel uncertain of the path you are on?

Come for a virtual watch party and hear FSU alum *Tyler Browne*'s story about how one opportunity changed the entire direction of his life on **Wednesday**, **Nov. 9**, at 5 p.m. in Compton 224.

Professional Development Conference: 'Lighting the Future'



The Office of Human Resources will host the fall Professional Development Conference, "Lighting the Future," on **Wednesday, Nov. 9**, and **Thursday, Nov. 10**, in Lane 113. On both days, breakfast will start at 8:30 a.m., sessions will begin at 9:30 a.m. and the events will end at 3:30 p.m. It is a hybrid conference with some presentations that will be only in person and some that will only be virtual. This event is open to all FSU faculty and staff.

For info, contact Chris Everett at cseverett@frostburg.edu.

Interest Session - FSU Spectrum

There will be an interest session for all students interested in participating in the FSU Spectrum (LGBTQIA+) organization on **Friday**, **Nov. 11**, from 11:30 a.m. to 1:30 p.m. in Lane 113. This event is open to all students interested in learning more about and potentially joining the organization. For info, email <u>odei@frostburg.edu</u>.

Auditions and Interviews for T&D Fall 2023 Incoming Students



A scene from the 2022 Spring Dance Concert

FSU's Department of Theatre and Dance will hold auditions and interviews for fall 2023 incoming students on **Saturday, Nov. 12**, from 10 a.m. to 1 p.m. (Auditions/interviews will also be held on **Saturday, March 11, 2023**.) Auditions/interviews are required for the acting as well as design and technology tracks.

A major is also available in theatrical studies. Minors are available in musical theatre, dance and theatre.

In addition to the auditions/interviews, tour the Pealer Performing Arts Center and meet with current

students.

To register, visit www.frostburg.edu/TheatreDance and click "Admission Auditions."

College Alignment: Moving Forward Student Discussion

The upcoming College Alignment: Moving Forward student discussion will be held on **Thursday**, **Nov. 10**, from 1 to 2 p.m. in Gira Center 397.

Your engagement and feedback on enhancing the structure and productivity of FSU's colleges are encouraged.

For info, contact the Provost's Office at 301-687-4211.

Pass the Yams, Not the Flu!



The Brady Health Center is still offering the quadrivalent vaccine. This vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is \$25. Student can pay by cash, check, Bobcat Express or bursar bills student PAWS account. Faculty and staff can pay by cash or check.

You must be over 18 years of age. Don't forget to wear short sleeves!

Sponsor-a-Family: Thanksgiving Baskets

Through FSU's Annual Sponsor-a-Family program, organizations and individuals on campus can help a local family in need by donating a Thanksgiving meal in a basket.

All baskets will be delivered to families on the **Monday** before Thanksgiving. Students, faculty, staff, organizations and offices on campus are encouraged to participate.

If your office or organization is interested in sponsoring a family for the Thanksgiving holiday, email CivicEngagement@frostburg.edu to receive an information packet and details on how to sign up.

For info, contact the Office of Civic Engagement at 301-687-4210.

Storybook Holiday Magic to Be Featured on National TV Program

FSU's Children's Literature Centre and the city of Frostburg have been creating holiday magic through Storybook Holiday since 2004. Mark your calendars for this year's event on **Saturday**, **Dec. 3** – the elves will be working the Main Street area all day! The featured author will be Will Hillenbrand, who will share his amazing book, "Santa's Story." A few highlights of the day will include Breakfast With the Elves, Letters to Santa, a magical parade, Elves' Secret Workshop, sticker stops and a classic movie.

This is going to be the biggest Storybook Holiday yet and many volunteers are needed. To volunteer for Storybook Holiday, you can sign up for a job on the Google Document at

https://docs.google.com/document/d/1NOFEANWbs5YsgWX6s0SMVTJF3Dmcr_j2OInzK_tUcC8/edit?fbclid=IwAR3CCzyPZWWX17Jp8x3GyBM3itn06dy6psSakOx8sZrck_-waqw00o75vlw. Volunteer jobs are available for anyone. You do not have to be an education major to sign up. Storybook Holiday elf jobs include Breakfast With the Elves, Elf Olympics teams, Letters to Santa guide, parade elves, Photo With an Elf, Elves' Secret Workshop, sticker stop guide, trolley ride guide, Tail Waggin' Tutors, author presentation elf and tree-lighting elf.

This year, CLC and its elves are bringing a special gift to Frostburg in the form of a television crew that will capture the town's Christmas celebration for part of a reality series called "Small Town Christmas," airing later this year on cable channel UPtv. This is the second season of the docuseries, which pays tribute to small towns that celebrate the holidays in big ways. The show is hosted and executive produced by Megan Alexander, a national correspondent for "Inside Edition" and the author of books that include "The Magic of a Small Town Christmas."

Alexander was drawn to Frostburg for its "cool" name as well as the annual Storybook Holiday celebration. She and her production team will wrap up their season in Frostburg and will be in town in **late November and early December** to capture Storybook Holiday. The episode is scheduled to air on UPtv on **Sunday, Dec. 18**, at 9 p.m. Eastern Time.

Allegany County Tourism is spearheading local plans for this unique opportunity and has assembled a Host Committee for the event.

Townspeople are invited to attend Storybook Holiday this year in their most festive holiday attire.

More details will follow as the Tourism Office and Host Committee communicate with the television crew.

To get a preview of what "Small Town Christmas" is like or to see last year's episodes, go to uptv.com/shows/small-town-christmas.

Science Saturday Planetarium Show for Dec. 3



Science Saturdays feature space news, a tour of the night sky and a full-dome movie.

After the shows, telescopes will be set up for observing the moon and the planets if the sky is dark enough and the weather is favorable.

The show for **Dec. 3** will be "From Earth to the Universe" at 5 and 7 p.m. in the Multimedia Learning Center, room 186 of the Gira Center. This event is free and open to the public.

In this stunning, 30-minute voyage through time and space, viewers can revel in the splendor of the various worlds in the solar system and the ferocity of the scorching sun. "From Earth to the Universe" then leaves our home to take the audience out to the colorful birthplaces and burial grounds of stars, and still farther out, beyond the Milky Way, to the unimaginable immensity of myriad galaxies. Along the way, the audience will learn about the history of astronomy, the invention of the telescope and today's giant telescopes that allow us to continue to probe ever deeper into the universe.

Private shows are also available on request for schools and other similar groups. These are free. Up to 80 people can be seated, with access for up to five wheelchairs. Due to the popularity of the private shows, be sure to book several months in advance.

For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

Study Abroad

Plan Your Study Abroad Experience for Summer and Fall 2023!



Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session will take place at 3:30 p.m. on the following **Fridays**: **Nov. 18** and **Dec. 2**.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Health and Safety Messages

Don't Turn Your Trash Can Into a Fire Hazard!



To reduce the risk of trash fires, do not place the following materials in your trash:

Flammable or combustible liquids (such as gasoline, oil-based paints or kerosene)

Hazardous materials (including items such as ammonia, bleach, pool chemicals, pesticides, paint thinners, etc.)

Canisters containing propellants (including butane or propane)

Cylinders containing compressed gas (such as propane, helium, oxygen, acetylene or fire

extinguishers)

Rechargeable batteries (which contain heavy metals, including lithium, nickel cadmium or lead-acid)

Disposing of materials such as pool chemicals, batteries, oil and household chemicals in the regular trash or recycling harms the environment and poses a safety risk to sanitation workers and the public, as these items can spark fires inside containers and collection trucks, as well as recycling facilities.

For info, visit alleganygov.org/recycle.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Four Ways to Prevent Cold Weather From Affecting Your Mental Health

http://www.tanyajpeterson.com/4-ways-to-prevent-cold-weather-from-affecting-your-mental-health

Tell Yourself Tuesday Tip: Stop Being So Hard on Yourself

https://hbr.org/2021/05/stop-being-so-hard-on-yourself

Wacky Wednesday Tip: Thirteen Ways to Power Through the Rest of the Semester Like a Boss

https://vimmagazinemsu.com/13-ways-to-power-through-the-rest-of-the-semester-like-a-boss

Thankful Thursday Tip: How to Cultivate Gratitude During Difficult Times – And Why It Can Make Us All Feel Better

https://blog.foster.uw.edu/cultivate-gratitude-difficult-

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Fun Friday Tip: Fifteen Tips to Turn Stress Into Success

https://www.uottawa.ca/campus-activities/news/15-tips-turn-stress-success

Social Saturday Tip: How to Deal With Social Exhaustion When You're an Introvert

 $\underline{https://psychcentral.com/blog/social-exhaustion-avoiding-introvert-burnout}$

Self-Love Sunday Tip: Nine Brilliant Ways to Create Your Own Spa at Home (on a Budget)

 $\underline{https://www.everythingabode.com/how-to-create-a-spa-atmosphere-at-home-on-a-budget}$

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.