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StateLines

For and about FSU people

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For all events, FSU is following CDC guidance based on current area conditions. For current health and safety guidelines, visit www.frostburg.edu/COVID19.

FSU Ranks High in U.S. News & World Report 2022-2023 Best Colleges



U.S. News & World Report recently released the 2022-2023 Best Colleges rankings to the public. FSU ranked 59th in the Regional Universities North “Social Mobility” category. FSU was also ranked 40th in the North in the “Top Public Schools” category.

The best Regional Universities North rankings include 181 regional universities. These universities offer a full range of undergraduate programs and some master’s programs but few doctoral programs.

“Economically disadvantaged students are less likely than others to finish college, even when controlling for other characteristics. But some colleges are more successful than others at advancing social mobility

by enrolling and graduating large proportions of disadvantaged students awarded with Pell Grants,” according to the description of this year’s rankings.

For info, visit <https://www.usnews.com/best-colleges/frostburg-state-university-2072>.

Help for Students

Tutoring Information for Fall 2022

Tutoring will be held through **Tuesday, Dec. 13**. Days and hours of operation are **Mondays through Thursdays** from 10 a.m. to 7 p.m. and **Fridays** from 10 a.m. to 2 p.m. Math and natural sciences tutoring will be held in Pullen 139, and business, computer science and writing tutoring will take place in Pullen 151.

For info and instructions, contact the FSU Tutoring Center at 301-687-3077 or 301-687-4066, email msmith@frostburg.edu or jclewis@frostburg.edu or visit <http://www.frostburg.edu/admin/provost/academic-success-network/tutor/?forceAbsoluteURLs=false&skipGA=false>.

Appointment-Based/In-person Tutoring Courses

Students use TutorTrac to make appointments.

Courses include ACCT 211/212, Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 109/149/160/321/322, CHEM 201/202, COSC 100/101/102/130/240/241, DVMT 095/099, ECON 201/202, EXSS 200/315, GEOG 103/104, ITEC 315/345, MATH 104/109/119/120/236/237, PHYS 215/216/261/262/263 and Writing.

NetTutor (Online Tutoring)

For classes not listed under appointment-based, email msmith@frostburg.edu.

This 24/7, third-party, online tutoring platform is accessible via Canvas. Students must send an email to msmith@frostburg.edu to gain access. Information about NetTutor is posted outside of Pullen 151.

Walk-In/Group Tutoring

Walk in, sign in and get assistance: BIOL 321 – **Fridays**, noon to 2:50 p.m., Compton 326; CHEM 201 – **Wednesdays**, 6 p.m., Compton 328; CHEM 202 – **Wednesdays**, 5 p.m., Compton 328; CHEM 311/321 (organic), **Thursdays**, 7 to 8 p.m., Compton 358; CHEM 455 (biochemistry), **Tuesdays**, 7 to 8 p.m., Compton 358; and PHYS 215/216/261/262/263 – **Mondays and Wednesdays**, 2 to 3 p.m., Compton 236, **Wednesdays**, noon to 1 p.m., Compton 236, and **Tuesdays and Thursdays**, noon to 1 p.m., Compton 234.

PAWS Pantry Hours

FSU's PAWS Pantry provides food and basic necessities to FSU students at no cost. The pantry aims to decrease the impact that food insecurity has on the academic success of students through hunger alleviation and increased education in the areas of personal budgeting, nutrition and wellness.

Hours for the fall semester are **Mondays** from 1 to 7 p.m., **Wednesdays** from 1 to 5:30 p.m., **Thursdays** from 11:30 a.m. to 3 p.m. (by appointment only) and **Fridays** from 1 to 5:30 p.m. If the pantry's regular hours do not work for you, email pawspantry@frostburg.edu to set up an appointment.

The pantry recently updated its Intake and Liability Waiver form at <https://bit.ly/3PPmVeg>. All customers (new and returning) will need to complete this form before using the pantry.

Have you been exposed to COVID and/or are symptomatic? Email PAWSPantry@frostburg.edu to request a delivery, and a pantry representative will be in touch to coordinate a delivery day and time with you. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

National Suicide Hotline in Operation

The National Suicide Hotline is now in operation. If you or someone you know is in distress, you can reach the hotline by dialing 9988 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800- 273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.

For info, visit <https://988lifeline.org/faq> and <https://www.frostburg.edu/about-frostburg/Administrative-Offices/university-police/index.php>.

Theatre

Theatre and Dance Continues Production of 'Silent Sky,' an Inspiring Play About Women Astronomers



From left, Grace LaCount (Margaret Leavitt), Ashlee Casey (Annie Cannon), Kassidy Andris (Henrietta Leavitt), Elena Echeandia (Williamina Fleming) and Brian Records (Peter Shaw), who will appear in "Silent Sky"

FSU's Department of Theatre will continue its production of "Silent Sky," a captivating play about pioneering women scientists, **Thursday, Oct. 20, through Saturday, Oct. 22**, at 7:30 p.m. Directed by **Darrell Rushton**, performances will take place "among the stars" in FSU's Multimedia Learning Center Planetarium, room 186 of the Gira Center.

"Silent Sky," by acclaimed writer Lauren Gunderson, depicts the real-life story of Henrietta Leavitt and a group of women "computers" who charted the stars from the Harvard Observatory in the early 1900s. Earning just 25 cents an hour and without permission to even touch a telescope, Leavitt takes measure of the universe and her own life on earth. Balancing a dedication to science with family obligations and possibly love, Leavitt pursues her research beyond work hours to become "the woman who discovered how to measure the universe."

"Silent Sky" honors Leavitt's story from a time when women's ideas were often dismissed or taken credit for by men.

"Silent Sky" is recommended for ages 10 and older.

The cast includes **Kassidy Andris** (Henrietta Leavitt), **Grace LaCount** (Margaret Leavitt), **Brian Records** (Peter Shaw), **Ashlee Casey** (Annie Cannon) and **Elena Echeandia** (Williamina Fleming).

In addition to Rushton, creative team members include **Dr. Jason Speights** (planetarium programming), **George Georgeson** (lighting and sound design) and **Francis Sharkey** (scenic design). Costumes were designed by guest artist Olivia Trees of Marshall University in Huntington, W.Va.

For info about Theatre and Dance productions and programming and the exciting 2022-2023 season, call the box office at 301-687-7462. Online tickets can be purchased at www.frostburg.edu/TheatreDance (click Box Office) or frostburgtix.universitytickets.com.

Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. These events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

FSU Vocal Studios to Perform Classical, Operatic and Musical Theatre Selections

FSU's Department of Music will present the FSU Vocal Studios in a recital of classical, operatic and musical theatre selections on **Monday, Oct. 17**, at 7:30 p.m.

Music majors and minors from the vocal studios of *Gregory Scott Stuart* and *Francesca Aguado*, accompanied by pianist *Dr. Joseph Yungen*, will perform art songs and selections from opera and musical theatre. Among the selections offered will be works by women composers. The musical theatre selections include many well-known songs from the contemporary musical theatre repertoire.

FSU Choral Artists in 'Soundscapes I,' a Sonic Exploration of Choral Art

FSU's Department of Music will present the FSU Choral Artists in a production of "Soundscapes I," a sonic exploration of choral art, on **Saturday, Oct. 22**, at 7:30 p.m.

Dr. Scott Rieker will direct the FSU Chamber Singers in selections by Ēriks Ešņvalds, Morten Lauridsen, Rosephanye Powell and Alberto Ginastera. Also under Rieker's direction, the Troubadours Tenor-Bass Choir and the University Chorale will perform staples of choral repertoire and exciting new compositions. They will be accompanied by collaborative pianist *Dr. Joseph Yungen*. Tuned water glasses, chimes and the clarinet will also be featured in this performance.

Latvian composer Ešņvalds has gained fans in Western Europe, North America and the Baltic countries with choral music, as well as music in other genres that draw on an eclectic group of styles for specific expressive ends. At the 2014 World Choir Games, he composed the Games national anthem. Alongside his successful composition career, Ešņvalds is also a public speaker and writer.

Lauridsen, an American composer, performer and educator, has spent his lifetime listening in deep silence to the "inner song," bringing forth choral works of radiant beauty. His musical approaches are diverse, ranging from direct to abstract in response to various characteristics (i.e., subject matter, language, style, structure and historical era) of the texts he sets. His Latin sacred settings often reference Gregorian chants plus medieval and Renaissance procedures blended within a freshly contemporary sound, while other works are highly chromatic or atonal. His music has an overall lyricism and is tightly constructed around melodic and harmonic motifs.

Powell has been hailed as one of America's premier composers of choral music. Her compositions include sacred and secular works for mixed chorus, women's chorus, men's chorus and children's voices. Her style of composition has been characterized by beautiful melodies, strong rhythmic emphasis, rich harmonies often derived from African American popular styles and varied vocal textures, including counterpoint. In addition to African American musical styles, her influences include the choral works of J.S. Bach, G.F. Handel, Mozart and Verdi.

Ginastera was an Argentinian composer of classical music. He is considered to be one of the most important 20th-century classical composers of the Americas. His objective nationalistic works often integrate Argentine folk themes in a straightforward fashion, while works in the later periods incorporate traditional elements in increasingly abstracted forms. Many of Ginastera's works were inspired by the gauchesco tradition, which holds that the gaucho, or landless native horseman of the plains, is a symbol of Argentina.

Legendary Northern Irish Singer, Songwriter and Social Activist Tommy Sands Will Appear at MCTA



FSU's Mountain City Traditional Arts will present legendary Northern Irish singer, songwriter and social activist Tommy Sands in a performance on **Wednesday, Oct. 26**, at 7:30 p.m. at 25 E. Main St. in Frostburg. Come join him on a riveting journey to learn how music can change the world. The live entertainment is open to the public through general admission with a suggested donation of \$15.

Sands' songwriting has drawn the admiration of Nobel Poet Laureate Seamus Heaney and the father of folk music Pete Seeger. And *Sing Out!* magazine describes him as "the most powerful songwriter in Ireland, if not the rest of the world."

From the pioneering days with the highly influential Sands Family, bringing Irish music from New York's Carnegie Hall to Moscow's Olympic Stadium, Sands has developed into one of the most powerful songwriters and enchanting solo performers in Ireland today.

His songs, like "There Were Roses" and "Daughters and Sons," which have been recorded by Joan Baez, Kathy Mattea, Dolores Keane, Sean Keane, Frank Patterson, Dick Gaughan, The Dubliners and many others, have been translated into many languages and are currently included in the English language syllabus in German secondary schools.

This event is supported by funding from the Maryland State Arts Council. MCTA is a program of FSU in partnership with the Maryland Traditions Program of the State Arts Council.

For info, call 301-687-8040 or email Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu.

Department of Music Presents Its Wind Ensemble in a Halloween Pops Concert

FSU's Department of Music will present the FSU Wind Ensemble, conducted by *Dr. Ash Glenn*, in a Halloween pops concert on **Sunday, Oct. 30**, at 3 p.m.

The program will include "The Witch and the Saint" by Steven Reineke, selections from "Star Trek Into Darkness," "Nightmare" by Jeff Herwig, "Godzilla Eats Las Vegas!" by Eric Whitacre and "Time Warp" from "The Rocky Horror Picture Show."

Reineke's "The Witch and the Saint" is a 10-minute tone poem in one movement, comprising five distinct sections that tell the legend of twin sisters born in Germany in 1588. Starting with a Gregorian chant motif, all manner of musical sorcery is used to represent the turbulent lives of these vastly misunderstood women. It was composed in 2004.

"Star Trek Into Darkness" is a 2013 American science fiction action film, the 12th installment in the "Star Trek" franchise and the sequel to the 2009 film "Star Trek," as the second in a rebooted film series. Set in the 23rd century, the film follows Kirk and the crew of the USS Enterprise as they are sent to the Klingon homeworld seeking a former Starfleet member-turned-terrorist. Michael Giacchino composed the film's incidental music.

A sequel to 2019's "Afraid of the Dark," "Nightmare" is an electro-acoustic glance into what happens when we fall into a dreaded bad dream. "Nightmare" details the journey from the moment we close our eyes and sleep creeps over us, to when our consciousness arrives in the middle of a bone-chilling horror scene and finally to when we open our eyes the next morning, thankful that it was all just a dream.

"Godzilla Eats Las Vegas!" was commissioned by the University of Nevada, Las Vegas, Thomas G. Leslie, conductor, and received its premiere in 1996. The players are called upon to scream in terror, dress like Elvis and play in about 30 different styles from mambo to cheesy lounge music. The audience follows a "script" that Whitacre wrote simulating a campy, over-the-top Godzilla movie.

In the cult classic "The Rocky Horror Picture Show," mad scientist Frank-N-Furter hosts a wild party at his castle, where his strange assortment of guests does the "Time Warp," a parody of novelty dance numbers such as "The Twist" and "The Loco-Motion." The song is featured in the 1973 rock musical, its 1975 film adaptation and a 2016 TV production.

Presentations

Bobby Petrocelli Returns for 'You Matter. It Doesn't'



Join the BURG Peer Education Network for speaker, author, educator and coach, Bobby Petrocelli, on **Wednesday, Oct. 19**, at 7 p.m. in the Lane Atkinson Room (232).

Come out to hear his amazing story and learn how to live one moment at a time to be your best self.

Petrocelli's story is one of personal triumph and hope following a devastating tragedy. One night he went to bed in suburban America, a happy man with a loving wife. But when he woke up dazed in his kitchen, his wife was dead and his life forever changed. The pickup truck that crashed through his bedroom wall was driven by a man whose blood alcohol level was more than twice the legal limit.

Petrocelli often shares how he fought through the darkness to triumph, how he drew upon his faith and friends and how he came to love again. As a high school teacher and coach, his love for youth inspired him to take his dramatic story to audiences nationwide.

He is the author of several books, including "10 Seconds Can Change Your Life Forever." He is now a motivational speaker who shares with people of all ages about the power of their decisions and how to build a strong foundation for their lives.

For info, visit www.10seconds.org.

'Brains and Brews' at The Deep End Oct. 20



Come to The Deep End at 16 W. Main St. in Frostburg for "Brains and Brews" on **Thursday, Oct. 20**, at 7 p.m. The speakers will be *Martha Macgill*, a lecturer in FSU's Department of Philosophy, and *Gerry LaFemina*, a professor in the Department of English and Foreign Languages. This event is free and open to the public.

The speakers will talk about their scholarly endeavors and creative works for 15 minutes, and they'll take your questions afterward.

Developed by the College of Liberal Arts and Sciences, "Brains and Brews" was created so FSU faculty, staff and students can share their projects and ideas with campus colleagues and area residents.

For info, contact Dr. Keith Terry at ketry@frostburg.edu.

Philosophical Forum: 'Questioning the Overturning of Roe v. Wade'

The FSU Department of Philosophy Philosophical Forum will present a panel discussion of the implications of the overturning of Roe v. Wade on **Tuesday, Oct. 25**, at 6:30 p.m. in the Lane Atkinson Room (232). The moderator will be *Dr. Shoshana Brassfield*, an associate professor in the department.

This event is free and open to the public and will include the following:

“Why the U.S. Supreme Court Overturned Roe v. Wade,” *Dr. Scott P. Johnson*, a professor in the Department of Political Science – This presentation will examine the legal and political difficulties brought about by the Roe decision and the 50-year battle to overturn one of the most controversial rulings in the history of the court.

“Reproductive Justice and the Dobbs Decision,” *Dr. Angie Luvara*, an assistant professor in the Department of Sociology – This presentation will apply an intersectional reproductive justice framework to the Dobbs decision by investigating the ways that the harms created by this decision will fall disproportionately on marginalized peoples.

“The Moral and Legal Status of Abortion,” *Dr. Skott Brill*, a professor in the Department of Philosophy – This presentation will use the method of thought experiment to question a claim on which the overturning of Roe rests: that it is reasonable to believe an abortion violates the moral and legal rights of an embryo or fetus.

For info, contact Brill at 301-687-4249 or sbrill@frostburg.edu.

Workshops

Robert’s Rules of Order Workshops Set for Oct. 20

Lacie Ashby, a 4-H educator and principal agent for the University of Maryland Extension in Allegany County, will present two workshops on **Thursday, Oct. 20**, for student leadership or any member of campus to learn and practice Robert’s Rules of Order, the practice of parliamentary procedure that supports a fair and fluid process in organized meetings.

Virtual Session During CMST 335 Organizational Communication, 9:30 to 10:30 a.m. Register by **Wednesday, Oct. 19**, at https://us02web.zoom.us/meeting/register/tZ0qfuCsrj8jHtJ-quIdvwG7r4I_7hpyLOcQ. After registering, you will receive a confirmation email containing information about joining the meeting.

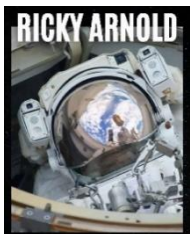
On-Campus Session, 5:30 to 6:30 p.m., Gira Center 397.

These sessions will provide an overview and help student leaders practice their parliamentary skills for running meetings. The workshops are being sponsored by FSU’s Department of Student Engagement and the Communication Leadership Lab.

For info, contact Robert Cooper, assistant vice president for Student Life, at rncooper@frostburg.edu, or Dr. Elesha L. Ruminski, chairperson of the Department of Communication and coordinator of the Communication Leadership Lab, at elruminski@frostburg.edu.

Exhibits

Photography Exhibit by Ricky Arnold at Roper Gallery



The Stephanie Ann Roper Gallery is hosting a photography exhibition by NASA Astronaut *Ricky Arnold*, a 1985 FSU graduate, **through Friday, Oct. 21**. The exhibit features photos Arnold took from the International Space Station. This event is free and open to the public.

Arnold was presented with an Honorary Doctor of Science degree at FSU’s 154th commencement ceremony in 2019.

Arnold became an astronaut after a career of more than a decade as a science and mathematics teacher at schools around the world. He earned a bachelor’s degree in accounting and teacher certification from FSU, and a master’s in marine, estuarine and environmental science from the University of Maryland.

He has spent 209 days in space and conducted five spacewalks over two missions. He also completed a mission as an aquanaut in a joint NASA-NOAA mission on NEEMO 13, living and working in and around Aquarius, an undersea laboratory.

Arnold first visited the International Space Station as part of STS-119 via the Space Shuttle Discovery. Then in 2018, he spent 197 days as a flight engineer in the ISS as part of Expeditions 55 and 56, which included numerous educational downlink events to schools.

For this show, the Roper Gallery will be open **Mondays through Fridays** from 11 a.m. to 5 p.m.

For info, contact the Department of Visual Arts at 301-687-4797.

Points of Pride

Duncans on the Program at Conference on the Fantastic in the Arts

Two professors in FSU’s Department of English and Foreign Languages were on the program of the first Virtual International Conference on the Fantastic in the Arts, held Oct. 7 to 9 via Zoom:

Andy Duncan and *Dr. Sydney Duncan* were panelists for “Remembering Peter Straub” and were cast members for a reading of Jeanne Beckwith’s one-act play “The Throwback.”

Andy Duncan also did a fiction reading in a session that he hosted after the scheduled host had to cancel.

For info, including the full conference program, visit <https://iaftfita.wildapricot.org>.

Andy Duncan Is Podcast Guest

Andy Duncan, a professor in FSU's Department of English and Foreign Languages, was the guest of an hour-long podcast interview, "Spooky Stories of Maryland," with host Ashley Biggs, published Oct. 5 by the Maryland State Library for the Blind and Print Disabled at <https://spotifyanchor-web.app.link/e/48V2v4b7Ttb>.

Three FSU Students Perform in 'A Slice of Literary Pie' Series

Three FSU students performed in the October video of the Friends of the Washington Street Library's "A Slice of Literary Pie" series. *Olaoluwa Afolabi-Brown*, *Kamara Jeremiah* and *Renee Phillip* recorded the opening paragraphs of Shirley Jackson's famous short story "The Lottery." This project is a part of *Dr. Amy Armiento*'s English 150 Introduction to Literature course.

To see the Facebook video, visit <https://www.facebook.com/friendsofthewashingtonstreetlibrary/videos/639252587848056>.

Take Note

Open Enrollment

It's that time of year again – Open Enrollment for health benefits – the one time each year when employees and retirees can enroll for the first time, change plans, add or drop dependents and re-enroll in flexible spending accounts (FSAs). Reminder: FSA elections do not carry over from year to year.

Open Enrollment runs until **Friday, Nov. 4**, to make changes for the 2023 calendar year. Open Enrollment will be online using State Personnel System (SPS) Workday.

Important: When adding a new or re-enrolled dependent, the state of Maryland requires dependent verification documentation be attached to your enrollment election. "Newly added dependents" are dependents that have never been covered in the current or any prior year. "Re-enrolled dependents" are dependents that were covered at one time in the past but haven't been insured under the state of Maryland plan since January 2019.

Dependents added without the correct documentation will be removed from coverage before the new plan year. Dependents who are dis-enrolled remain ineligible unless they experience a qualified family status change or until the next Open Enrollment period.

The Dependent Documentation Requirements link is <https://dbm.maryland.gov/benefits/Documents/Dependent%20Documentation%20Requirements.pdf>.

For assistance with Open Enrollment, email lnightingale@frostburg.edu or call 301-687-4398.

College Alignment: Moving Forward Discussions

The dates, times and locations for the upcoming College Alignment: Moving Forward faculty, staff and student discussions are as follows:

Faculty discussion – **Friday, Oct. 21**, 1 to 3 p.m., Compton 327

Staff discussion – **Monday, Oct. 31**, 2 to 3 p.m., Gira Center 397

Student discussion – **Thursday, Nov. 10**, 1 to 2 p.m., Gira Center 397

Your engagement and feedback on enhancing the structure and productivity of FSU's colleges are encouraged.

For info, contact the Provost's Office at 301-687-4211.

Town Hall Meeting

The Office of Civic Engagement, the J. Glenn Beall Institute for Public Affairs and the Student Government Association will sponsor a Town Hall Meeting on **Tuesday, Oct. 18**, at 6 p.m. in the Lane Atkinson Room (232).

Join the group for a conversation on the local issues important to you!

For info, contact the office of Civic Engagement at 301-687-4210 or email Patrick O'Brien at pobrien@frostburg.edu.

Ecobricks, Geography Bowl, FRN Events

FSU Ecobricks

FSU Ecobricks will meet on **Thursdays** at 1 p.m. in Gunter 211/214. Join the group to construct Ecobricks and learn more about how you can transform your relationship with plastics. Ecobricking is a hands-on environmental movement, and the group is making progress toward its first big project.

Learn more at the meetings, by following FSU Ecobricks on Facebook or by contacting Laurel Plitnik, president, at lgplitnik@frostburg.edu or Tracy Edwards, advisor, at tedwards@frostburg.edu.

FSU Geography Bowl

Join Bobcat geographers for an evening of fun **Mondays** from 7 to 8:30 p.m. in Gunter 214. Test your skills and develop your geographic knowledge base through friendly bowl-style competition – with buzzers! All are welcome to attend and/or develop questions. There will be at least one image-based round – just like at the World Geography Bowl.

For info, contact Alex Donley at ajdonley0@frostburg.edu or Tracy Edwards in Gunter 210 or at tedwards@frostburg.edu.

FSU Food Recovery Network

So far in fall 2022, 149 pounds of food have been recovered from Chesapeake Dining Hall and delivered to the Western Maryland Food Bank. Additional student, faculty and staff volunteers are needed to build the FRN Team to reduce food waste on campus and address regional poverty/food concerns.

If interested in learning more, email tedwards@frostburg.edu. The first FRN meeting is being scheduled for the **last week in October**.

Spirit Night at Chick-fil-A

FSU's Phi Kappa Phi chapter will host a Spirit Night at Chick-fil-A in LaVale (next to Kohl's) on **Wednesday, Oct. 26**, from 5 to 7 p.m., with proceeds to benefit Jane's Place Inc. Allegany County Child Advocacy Center. Patrons should mention Spirit Night to the cashier or add Spirit Night in the guest instructions if ordering through the Chick-fil-A app. Come out and support PKP's fall service project fundraiser for a great cause!

For info, contact Dr. Linda Steele at lsteele@frostburg.edu.

FSU Fall 2022 Virtual Career and Internship Fair



Registration is open! FSU will host a Virtual Career and Internship Fair on **Wednesday, Oct. 26**, from 11 a.m. to 3 p.m. through Handshake. Attend a group or one-on-one sessions with employers that are looking for FSU students. Click on any of the emails sent to your FSU student email account from Handshake or go to https://frostburg.joinhandshake.com/career_fairs/35627 to register or view employers.

For info, call 301-687-4403 or email careerservices@frostburg.edu.

Auditions and Interviews for T&D Fall 2023 Incoming Students



A scene from the 2022 Spring Dance Concert

FSU's Department of Theatre and Dance will hold auditions and interviews for fall 2023 incoming students on **Saturday, Nov. 12**, from 10 a.m. to 1 p.m. (Auditions/interviews will also be held on **Saturday, March 11, 2023**.) Auditions/interviews are required for the acting as well as design and technology tracks.

A major is also available in theatrical studies. Minors are available in musical theatre, dance and theatre.

In addition to the auditions/interviews, tour the Pealer Performing Arts Center and meet with current students.

To register, visit www.frostburg.edu/TheatreDance and click "Admission Auditions."

Sponsor-a-Family: Thanksgiving Baskets

Through FSU's Annual Sponsor-a-Family program, organizations and individuals on campus can help a local family in need by donating a Thanksgiving meal in a basket.

All baskets will be delivered to families on the **Monday** before Thanksgiving. Students, faculty, staff, organizations and offices on campus are encouraged to participate.

If your office or organization is interested in sponsoring a family for the Thanksgiving holiday, email CivicEngagement@frostburg.edu to receive an information packet and details on how to sign up.

For info, contact the Office of Civic Engagement at 301-687-4210.

Storybook Holiday Magic to Be Featured on National TV Program

FSU's Children's Literature Centre and the city of Frostburg have been creating holiday magic through Storybook Holiday since 2004. Mark your calendars for this year's event on **Saturday, Dec. 3** – the elves will be working the Main Street area all day! The featured author will be Will Hillenbrand, who will share his amazing book, "Santa's Story." A few highlights of the day will include Breakfast With the Elves, Letters to Santa, a magical parade, Elves' Secret Workshop, Sticker Stops and a classic movie.

This is going to be the biggest Storybook Holiday yet and many volunteers are needed. To volunteer for Storybook Holiday, fill out the google form at <https://forms.gle/mAbZxfnWb4jUJUpx5>.

This year, CLC and its elves are bringing a special gift to Frostburg in the form of a television crew that will capture the town's Christmas celebration for part of a reality series called "Small Town Christmas," airing later this year on cable channel UPTV. This is the second season of the docuseries, which pays tribute to small towns that celebrate the holidays in big ways. The show is hosted and executive produced by Megan Alexander, a national correspondent for "Inside Edition" and the author of books that include "The Magic of a Small Town Christmas."

Alexander was drawn to Frostburg for its “cool” name and as well as the annual Storybook Holiday celebration. She and her production team will wrap up their season in Frostburg and will be in town in **late November and early December** to capture Storybook Holiday. The episode is scheduled to air on UPTV on **Sunday, Dec. 18**, at 9 p.m. Eastern Time.

Allegheny County Tourism is spearheading local plans for this unique opportunity and has assembled a Host Committee for the event.

Townpeople are invited to attend Storybook Holiday this year in their most festive holiday attire.

More details will follow as the Tourism Office and Host Committee communicate with the television crew.

To get a preview of what “Small Town Christmas” is like or to see last year’s episodes, go to uptv.com/shows/small-town-christmas.

Open Call: ‘Queer Appalachia’



This call for art is open to all members of the LGBTQIA+ community who are living in Appalachia. Any medium will be accepted. There is no submission fee and no size restriction. Unframed work will also be accepted. Submit up to three works to the gallery director, Ash Lester, at allester@frostburg.edu by 11:59 p.m. on **Friday, Oct. 21**.

The subject of the email needs to read “Queer Appalachia Application.” Attach images of work with the following information in this order: name of artist, title of work, medium, year made, size, and price of work if selling and if not selling, put NFS (not for sale). Attached files need to be labeled (name of artist, title of work). Applicants whose work has been accepted will be notified by

5 p.m. via email on **Monday, Oct. 24**.

Accepted works will need to be delivered to the Stephanie Ann Roper Gallery on **Saturday, Oct. 29**, between 11 a.m. and 2 p.m. Special arrangements can be made before the drop-off date by emailing allester@frostburg.edu. Work will need to be picked up in the Roper Gallery by 6 p.m. on **Friday, Dec. 2**.

Queer Appalachia, an exhibition celebrating the LGBTQIA+ community in Appalachia, will be held **Friday, Nov. 4, through Friday, Nov. 25**. The opening reception will be on **Nov. 4** from 6 to 8 p.m. Gallery hours for this exhibit will be **Mondays through Fridays** from 11 a.m. to 6 p.m.

Student Voter Engagement Competition Series

The J. Glenn Beall Institute for Public Affairs, in conjunction with the Office of Civic Engagement, is hosting a series of social media competitions focused around encouraging students and young people to vote and take action. Leading up to the election there will be competitions using Instagram and TikTok. A panel consisting of faculty, staff and students will judge the submissions and award students a stipend from the J. Glenn Beall Institute for first place (\$350), second place (\$250) and third place (\$150) submissions for each competition topic/platform.

Submissions for all competitions should be submitted through <https://bit.ly/3xHlkjB> by providing the link(s) to the video/picture submission on the social media site. Students are encouraged to be creative and focus on getting individuals to register and vote in the mid-term elections. There is no limit to submissions, and students are encouraged to take part in all competitions. Submissions will only be considered if they are submitted via the link above and tagged on social media with #BobcatsVote.

The submission deadline for the competition topic Why I Vote is **Sunday, Nov. 6**, at midnight.

For info, contact the Office of Civic Engagement at civicengagement@frostburg.edu or 301-687-4210.

Flu Vaccine Clinic at Brady Health



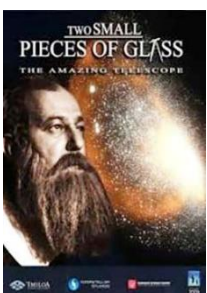
The Brady Health Center is offering the quadrivalent vaccine again this year. This vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is \$25. Student can pay by cash, check, Bobcat Express or bursar bills student PAWS account. Faculty and staff can pay by cash or check.

You must be over 18 years of age. Don’t forget to wear short sleeves!

Planetarium Show for Oct. 29



Science Saturdays feature space news, a tour of the night sky and a full-dome movie.

After the shows, telescopes will be set up for observing the moon and the planets if the sky is dark enough and the weather is favorable.

The show for **Oct. 29** will be “Two Small Pieces of Glass” at 5 and 7 p.m. in the Multimedia Learning Center, room 186 of the Gira Center. This event is free and open to the public.

“Two Small Pieces of Glass” follows two students as they interact with a female astronomer at a local star party. Along the way, the students learn the history of the telescope from Galileo’s modifications to a child’s spyglass –

using two small pieces of glass – to the launch of the NASA/ESA Hubble Space Telescope and the future of astronomy. Aiming to engage and appeal to audiences of all ages, the show explores the wonder and discovery made by astronomers throughout the last 400 years.

Private shows are also available on request for schools and other similar groups. These are free. Up to 80 people can be seated, with access for up to five wheelchairs. Due to the popularity of the private shows, be sure to book several months in advance.

For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

FSU-TV3

FSU-TV3 Is Going Over the Top!



Stay tuned for details on how you can access all FSU-TV3 content from your mobile device and on the channel's dedicated website as FSU-TV3 goes over the top.

FSU-TV3 is FSU's educational access channel hosting educational and student-produced content.

Follow FSU-TV3 for more details on www.facebook.com/FSUTV3 and @fsutv3 on Instagram and Twitter.

Jobs

Upward Bound Tutoring Positions Available

The Upward Bound office is accepting applications from FSU students who are able to tutor students in algebra, geometry, calculus, trigonometry, probability and statistics, environmental science, biology, chemistry, Spanish or Chinese at the high-school level. Tutors will need to be available during late afternoons and/or evenings to meet with students after school hours.

For info or an application, visit the webpage at www.frostburg.edu/upward-bound, stop by the Upward Bound office on the ground floor of 7 American Avenue, call 301-687-4994 or email esteele@frostburg.edu or upwardbound@frostburg.edu.

The hourly rate for the following jobs is \$12.50.

Student Van Drivers Needed

The Office of Civic Engagement is hiring van drivers for its EHOSTARS AmeriCorps program. Van drivers transport students to and from service projects in the greater Allegany County area. Most van driver schedules vary from 5 to 15 hours a week based on availability and program needs. Weekday and weekend hours are available. Interested students must have a clear driving record, successfully complete an online van-driving safety module to become van certified and pass a state and FBI background check.

For info and to apply, email EHOSTARS@frostburg.edu.

Hiring: Voter Engagement Ambassadors

The Office of Civic Engagement is hiring students as voter engagement ambassadors for the fall semester to assist with improving voter engagement on campus. The positions are for one semester.

Duties include but are not limited to:

- Attending Voter Engagement Committee meetings

- Advertising and developing social media campaigns

- Assisting with voter registration and absentee ballot requests

- Educating the student body on voting deadlines, processes and election-day information

- Assisting with program planning of educational and outreach events

- Presenting information to student organizations, academic classes and other on-campus groups about the voting process

To be considered, email your resume to civicengagement@frostburg.edu or submit it to Misty Schurg in Lane 234.

Study Abroad

Plan Your Study Abroad Experience for Summer and Fall 2023!



Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session will take place at 3:30 p.m. on the following **Fridays: Oct. 28, Nov. 18 and Dec. 2.**

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Study Abroad and International Fair

The Center for International Education will host a Study Abroad and International Fair on **Wednesday, Oct. 26**, from 11 a.m. to 2 p.m. in the Lane Atkinson Room. This event is open to all faculty, staff and students.

For info, contact the Center for International Education at 301-687-4714 or FSUinternational@frostburg.edu or visit the webpage at www.frostburg.edu/StudyAbroad.

Costa Rica – Pura Vida Trip in Summer 2023



The Department of Recreation and Parks Management will offer a study abroad program to Costa Rica in May 2023. Explore ecotourism principles in the context of a country that is considered to be the ecotourism capital of the world.

This study abroad experience is open to any FSU student and is integrated as the experiential component of RECR 448 Principles of Ecotourism during summer session 2023. Dates of travel are **Wednesday, May 31, to Thursday, June 8, 2023**.

This program will provide you the opportunity to experience once-in-a-lifetime moments abroad, immerse yourself in new cultures and engage in incredible personal growth. You will engage in hands-on experiences as you board canal boats, kayaks, rafts and zip-lines to get an up-close and personal look at the ever-changing landscapes and unparalleled animal and plant life. This trip includes visits to five national parks in Costa Rica.

For info, contact the faculty trip leader, Dr. Natalia Buta, chair of the Department of Recreation and Parks Management, at nbuta@frostburg.edu or 301-687-4458.

Health and Safety Messages

Be Sure to Safely Dispose of Medications!



You can safely dispose of any unwanted or expired over-the-counter or prescription medications in the “Green Box,” located in the front lobby of the University Police Department. This free service is available 24/7.

You can also safely dispose of medications at these sites:

Frostburg City Police Department – 24/7

Allegany County Sheriff’s Office – Mondays through Fridays from 8 a.m. to 4 p.m.

Cumberland City Police Department – Mondays through Fridays from 8 a.m. to 4 p.m.

Maryland State Police Barracks – 24/7

You can also check with your pharmacist. Some pharmacies offer on-site medicine drop-off boxes, mail-back programs and other ways to help you safely dispose of your unused medicines.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: How Weather Changes Can Affect Your Mental Health

<https://www.verywellmind.com/how-weather-changes-can-affect-your-mental-health-5222029>

Tell Yourself Tuesday Tip: Some Calm in the Storm: Positive Affirmations for Troubling Times

<https://katiehasanxiety.com/2021/01/11/some-calm-in-the-storm-positive-affirmations-for-troubling-times>

Wacky Wednesday Tip: Five Surprising Mental Health Benefits of Pumpkins

<https://thriveworks.com/blog/surprising-health-benefits-pumpkins/#:~:text=Pumpkin%20seeds%20contain%20a%20ton,drastically%20in%20that%20same%20time>

Thankful Thursday Tip: There’s a Psychological Reason Why We Love Fall So Much

<https://www.verywellmind.com/the-psychological-reason-why-we-love-fall-so-much-5205863>

Fun Friday Tip: Ten Ways to Prepare Yourself for the Fall Season

<https://spoonuniversity.com/healthier/10-ways-to-prepare-yourself-for-the-fall-season>

Social Saturday Tip: Favorite Fall Events

<https://www.visitmaryland.org/things-do/fall-events>

Self-Love Sunday Tip: Thirty Days of Little Joys Challenge – Fall Edition (Printable)

<https://www.tulipandsage.com/self-care-challenge-fall-edition>

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.