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Copy deadline: noon Wednesday, Candis Johnson at cvjohnson@frostburg.edu

For all events, FSU is following CDC guidance based on current area conditions. For current health and safety guidelines, visit www.frostburg.edu/COVID19.

It's a Bobcat Celebration at FSU for Homecoming Oct. 6-9



It's that time of year again when Bobcats of all generations come together to celebrate during the FSU 2022 Homecoming! FSU students, alumni, faculty and staff will be showing their Bobcat pride **from Thursday, Oct. 6, to Sunday, Oct. 9**.

The celebration kicks off by showing appreciation to FSU retired employees through an invitation-only Retired Employee Luncheon on **Thursday** in the Alice R. Manicur Assembly Hall of the Lane University Center. Later that night Bobcats will have the chance to show their pride at the Pep Rally in the Cordts PE Center Main Arena from 7 to 9 p.m.

On **Friday** morning, FSU baseball and the Alumni Association will host the FSU Baseball Golf Invitational. Registration begins at 8 a.m. and the shotgun start is at 9 a.m. at the Rocky Gap Casino Resort. Then, at 3 p.m., the Bobcat softball team will take on the Potomac State Catamounts on the FSU softball field, and at 4 p.m., the Bobcat volleyball team will play the West Virginia Wesleyan Bobcats in the Main Arena of the Cordts PE Center. Also, the opening reception for the Ricky Arnold '85 Photography Exhibition will be held at 3:30 p.m. in the Stephanie Ann Roper Gallery in the Fine Arts Building.

Later that evening, the Bobcat Hall of Fame Induction Ceremony and Dinner will be held in Lane Manicur Hall. Cocktail hour for the reservation-only event begins at 5 p.m. with dinner following at 6 p.m. Five new inductees will be welcomed, and this event also celebrates the 60th Anniversary of the 1962-63 Men's Basketball Team and the 45th Anniversary of the 1977 Men's Soccer Team.

Saturday is packed with exciting events that Bobcats can choose from to show their pride. On Saturday morning at 9:30 a.m., the Women's Lacrosse Locker Room will be dedicated in honor of Coach Sharon Irwin. All are welcome to attend. The Roper Gallery will hold special hours for the Photography Exhibition from 10 a.m. to 4 p.m. From 10 a.m. to 2 p.m., an Alumni Welcome Center will be set up in the Lane Center Upper Lobby. There will be refreshments, games, activities for kids, prizes and FSU swag, as well as an opportunity for alumni to update their contact information. (Visitors can watch the football game via livestream in the Derezinski Lounge.) You can also stop by the main floor of the Ort Library for Bobcat Blitz from 10 a.m. to noon for games and activities. Tour the building to check out recent changes and view yearbooks, photos and other FSU memorabilia on display from the library's Special Collections.

From 10 a.m. to noon, the reservation-only Jim Anderson Memorial Baseball Brunch will take place in Lane Manicur Hall. Alumni can also join the 2023 softball team at 10 a.m. for a friendly game on the softball field. The Golden Anniversary Reunion Brunch, for members of the Class of 1972 and before, will be from 10:30 a.m. to 12:30 p.m. in room 397 of the Gira Center.

Tailgating at Bobcat Stadium starts at 10:30 a.m. The cost is \$25 per space and parking is on a first-come, first-served basis. For the complete rules and regulations, visit www.frostburg.edu/homecoming. Then at 11 a.m., the Corn Hole Tournament begins in the stadium lot, with prizes for first- and second-place winners.

Sideline Story Time at 11 a.m. on the main floor of the Ort Library is a chance to join library staff for a Homecoming-themed story time. The Campus Walking Tour will also begin at 11 a.m., visiting sites both old and new. And experience never-before-seen images of the sun's violent surface in the immersive full-dome movie, "The Sun, Our Living Star," showing in the Multimedia Learning

Center Planetarium on the first floor of the Gira Center at 11 and 11:30 a.m. You can also join a family-friendly game of bingo at Bobcat Bingo Plus Lunch at noon in the Lane Atkinson Room (232).

Frostburg's football team will play the Notre Dame College Falcons at 1 p.m. at Bobcat Stadium. Another volleyball match will begin at 5 p.m., with the Bobcats playing the Davis and Elkins Senators in the Main Arena of the Cordts PE Center, and a field hockey game will take place at 5 p.m. in Bobcat Stadium when the Bobcats take on the Millersville University Marauders.

Groups such as SGA, RHA, Greek, Athletics and many others will be gathering in Lane Manicur Hall from 4:30 until 7:30 p.m. for the Bobcat Bash All-Alumni Reunion. The \$15 entrance fee will provide appetizers.

Sunday is the last day of the Homecoming's events. An Alumni Association Board of Directors meeting starts at 9:30 a.m. in the Lane Atkinson Room (232). The event is open to all alumni. Hosted by United Campus Ministries, Homecoming Worship Service is at 10:30 a.m. in Cook Chapel. At 11 a.m., the Men's Basketball Alumni Game will be hosted in the Cordts PE Center Main Arena. Then SGA will hold a "Big Event" at noon to clean up the streets of Frostburg. Everyone is invited to meet on the Upper Quad to participate.

For info, visit www.frostburg.edu/homecoming, call 301-687-4068 or email alumni@frostburg.edu/homecoming, call 301-687-4068 or email alumni@frostburg.edu/homecoming, call 301-687-4068 or emailto: alumni@frostburg.edu/homecoming.

FSU Adds Human Resources and Telework to Online Working Professional Certificate Programs

FSU is now accepting applications for a new certificate program in Human Resources and Telework Management.

The need for human resources training continues to grow. Increasing complexities with legal regulations, licensing requirements, healthcare and benefits administration, employee disciplinary procedures and payroll place a burden on employers. As a result, employers need to stay on top of these ever-changing rules or risk facing legal consequences.

Students in this new program will focus on the following:

Defining the roles and functions of the human resources professions

Recruitment and retention of human workforce talent

Establishing and enforcing employee personnel policies

Legal and regulatory overviews of employment laws

Employee benefits

Managing remote telework employees

The certificate will require 12 credit hours of study in existing courses offered through FSU. All coursework for the program will be delivered online to meet the needs of working professionals.

FSU's College of Business launched the Working Professional Certificates program last fall with programs in Manufacturing Leadership, Retail Management, Small Business Management and Nonprofit Management in an effort to provide real-world, high-quality training to working adults. The new program in Human Resources and Telework adds to this growing list of online certificate options available.

As an institution accredited by AACSB International, the College of Business at FSU is in the company of the top 5 percent of business schools around the world. AACSB International is one of the most prestigious and rigorous accrediting bodies for business programs in higher education.

Prospective students with an associate degree or equivalent credits can find out more about the program by calling or emailing Kathy Griemsmann at 855-378-2378 or kmgriemsmann@frostburg.edu.

Help for Students

Tutoring Information for Fall 2022

Tutoring will be held through **Tuesday, Dec. 13**. Days and hours of operation are **Mondays through Thursdays** from 10 a.m. to 7 p.m. and **Fridays** from 10 a.m. to 2 p.m. Math and natural sciences tutoring will be held in Pullen 139, and business, computer science and writing tutoring will take place in Pullen 151.

For info and instructions, contact the FSU Tutoring Center at 301-687-3077 or 301-687-4066, email msmith@frostburg.edu or visit http://www.frostburg.edu/admin/provost/academic-success-network/tutor/?forceAbsoluteURLs=false&skipGA=false.

Appointment-Based/In-person Tutoring Courses

Students use TutorTrac to make appointments.

Courses include ACCT 211/212, Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 109/149/160/321/322, CHEM 201/202, COSC 100/101/102/130/240/241, DVMT 095/099, ECON 201/202, EXSS 200/315, GEOG 103/104, ITEC 315/345, MATH 104/109/119/120/236/237, PHYS 215/216/261/262/263 and Writing.

NetTutor (Online Tutoring)

For classes not listed under appointment-based, email msmith@frostburg.edu.

This 24/7, third-party, online tutoring platform is accessible via Canvas. Students must send an email to msmith@frostburg.edu to gain access. Information about NetTutor is posted outside of Pullen 151.

Walk-in/Group Tutoring

Walk in, sign in and get assistance: **BIOL 321 (new)** – **Fridays**, noon to 2:50 p.m., Compton 326; CHEM 201 – **Wednesdays**, 6 p.m., Compton 328; CHEM 202 – **Wednesdays**, 5 p.m., Compton 328; (**Organic**) **CHEM 311/321 (new)**, **Thursdays**, 7 to 8 p.m., Compton 358; (**Biochemistry**) **CHEM 455 (new)**, **Tuesdays**, 7 to 8 p.m., Compton 358; and PHYS 215/216/261/262/263 – **Mondays and Wednesdays**, 2 to 3 p.m., Compton 236, **Wednesdays**, noon to 1 p.m., Compton 236, and **Tuesdays and Thursdays**, noon to 1 p.m., Compton 234.

PAWS Pantry Hours

FSU's PAWS Pantry provides food and basic necessities to FSU students at no cost. The pantry aims to decrease the impact that food insecurity has on the academic success of students through hunger alleviation and increased education in the areas of personal budgeting, nutrition and wellness.

Hours for the fall semester are **Mondays** from 1 to 7 p.m., **Wednesdays** from 1 to 5:30 p.m., **Thursdays** from 11:30 a.m. to 3 p.m. (by appointment only) and **Fridays** from 1 to 5:30 p.m. If the pantry's regular hours do not work for you, email pawspantry@frostburg.edu to set up an appointment.

The pantry recently updated its Intake and Liability Waiver form at https://bit.ly/3PPmVeg. All customers (new and returning) will need to complete this form before using the pantry.

Have you been exposed to COVID and/or are symptomatic? Email <u>PAWSPantry@frostburg.edu</u> to request a delivery, and a pantry representative will be in touch to coordinate a delivery day and time with you. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

National Suicide Hotline in Operation

The National Suicide Hotline is now in operation. If you or someone you know is in distress, you can reach the hotline by dialing 9988 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800- 273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.

For info, visit https://988lifeline.org/faq and https://www.frostburg.edu/about-frostburg/Administrative-Offices/university-police/index.php.

Theatre and Dance

Theatre and Dance Season Opens With Inspiring Play About Women Astronomers



From left, Grace LaCount (Margaret Leavitt), Ashlee Casey (Annie Cannon), Kassidy Andris (Henrietta Leavitt), Elena Echeandia (Williamina Fleming) and Brian Records (Peter Shaw), who will appear in "Silent Sky"

FSU's Department of Theatre and Dance will open the 2022-2023 production season with "Silent Sky," a captivating play about pioneering women scientists, **Friday, Oct. 14, and Saturday, Oct. 15**, and **Thursday, Oct. 20, through Saturday, Oct. 22**, at 7:30 p.m., with a matinee performance on **Oct. 15** at 2 p.m. Directed by *Darrell Rushton*, performances will take place "among the stars" in FSU's Multimedia Learning Center Planetarium, room 186 of the Gira Center.

"Silent Sky," by acclaimed writer Lauren Gunderson, depicts the real-life story of Henrietta Leavitt and a group of women "computers" who charted the stars from the Harvard Observatory in the early 1900s. Earning just 25 cents an hour and without permission to even touch a telescope, Leavitt takes measure of the universe and her own life on earth. Balancing a dedication to science with family obligations and possibly love, Leavitt pursues her research beyond work hours to become "the woman who discovered how to measure the universe."

"Silent Sky" honors Leavitt's story from a time when women's ideas were often dismissed or taken credit for by men.

"Silent Sky" is recommended for ages 10 and older.

The cast includes *Kassidy Andris* (Henrietta Leavitt), *Grace LaCount* (Margaret Leavitt), *Brian Records* (Peter Shaw), *Ashlee Casey* (Annie Cannon) and *Elena Echeandia* (Williamina Fleming).

In addition to Rushton, creative team members include *Dr. Jason Speights* (planetarium programming), *George Georgeson* (lighting and sound design) and *Francis Sharkey* (scenic design). Costumes were designed by guest artist Olivia Trees of Marshall University in Huntington, W.Va.

For info about Theatre and Dance productions and programming and the exciting 2022-2023 season, call the box office at 301-687-7462. Online tickets can be purchased at www.frostburg.edu/TheatreDance (click Box Office) or frostburgtix.universitytickets.com.

Presentations

National Recovery Month Event

Help build a space for recovery on campus. Come and join in the discussion and support those in recovery on **Wednesday**, **Oct. 5**, 7 to 8:30 p.m. in Pullen 107. This meeting is open to students, staff and faculty.

For info, contact Don Swogger at dswogger@frostburg.edu.

FSU Alum Jacqueline Cover to Discuss 'Breaking the Glass Ceiling'



The Lillian M. Wellner Guest Lecture Fund presents *Jacqueline Cover* in "Breaking the Glass Ceiling" on **Thursday, Oct. 6**, at 5 p.m. in Compton 226 and on **Friday, Oct. 7**, at 1 p.m. in the Cordts PE Center Main Arena.

Cover is the player development strength and conditioning coach for the Triple A Affiliate for the St. Louis Cardinals. She earned her bachelor's in exercise and sport science at FSU. In addition to her master's, she has several certifications.

For info, contact Hunter Brakeall, Department of Kinesiology, at 301-687-4464.

Race Lecture Series Event: America's Automotive Obsession



As part of the Race Lecture Series, FSU's Department of History will host a presentation, titled "Annihilating Space: The Indianapolis Motor Speedway and the Making of Modern America," by Dr. Brian Ingrassia on **Thursday, Oct. 13**, at 7 p.m. in Gira Center 397. Sponsored by the Martha T. and Ralph M. Race Western History Lecture Fund, this event is free and open to the public.

In early 1909, auto-racing enthusiasts, including a headlamp tycoon named Carl Graham Fisher, built a 2.5-mile oval racetrack on the west side of Indianapolis. By that October they paved it with 3.2 million bricks, leading to a famous nickname: "the Brickyard." The Indianapolis Motor Speedway quickly became a site for exciting (and sometimes deadly) races that have endured for more than a century, but the legendary oval also became a place

where Americans witnessed the perils and promises of automobility. Beginning in 1911, spectators at the famous 500-mile races learned how automotive technology could help them virtually "annihilate space" between distant points. Henry Ford may have built affordable cars for the multitude, but Fisher and his fellow Speedway impresarios produced an exciting way of thinking about cars and machine-oriented space that made modern America's automotive obsession into a reality.

Ingrassia is author of "The Rise of Gridiron University: Higher Education's Uneasy Alliance With Big-Time Football" (2012), which won the annual monograph award from the North American Society for Sport History. He has contributed to the "Journal of the Gilded Age and Progressive Era" and the "Journal of Sport History," among other scholarly publications. He also serves as series editor of the Sport and Popular Culture series at the University of Tennessee Press.

Ingrassia's current research explores auto racing, urban planning and the "good roads" movement of the early 1900s. He is writing a book that examines the founding and early years of the Indianapolis Motor Speedway to illuminate broader changes in urban space, mobility and popular culture in Progressive Era America. Ingrassia is an assistant professor at West Texas A&M University.

For info, contact Dr. Greg Wood, Department of History, at gwood@frostburg.edu.

Philosophical Forum: 'Questioning the Overturning of Roe v. Wade'

The FSU Department of Philosophy Philosophical Forum will present a panel discussion of the implications of the overturning of Roe v. Wade on **Tuesday**, **Oct. 25**, at 6:30 p.m. in the Lane Atkinson Room (232). The moderator will be *Dr. Shoshana Brassfield*, an associate professor in the department. This event is free and open to the public and will include the following:

"Why the U.S. Supreme Court Overturned Roe v. Wade," *Dr. Scott P. Johnson*, a professor in the Department of Political Science – This presentation will examine the legal and political difficulties brought about by the Roe decision and the 50-year battle to overturn one of the most controversial rulings in the history of the court.

"Reproductive Justice and the Dobbs Decision," *Dr. Angie Luvara*, an assistant professor in the Department of Sociology – This presentation will apply an intersectional reproductive justice framework to the Dobbs decision by investigating the ways that the harms created by this decision will fall disproportionately on marginalized peoples.

"The Moral and Legal Status of Abortion," *Dr. Skott Brill*, a professor in the Department of Philosophy – This presentation will use the method of thought experiment to question a claim on which the overturning of Roe rests: that it is reasonable to believe an abortion violates the moral and legal rights of an embryo or fetus.

For info, contact Brill at 301-687-4249 or sbrill@frostburg.edu.

Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. These events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

Dr. Jay DeWire and Violinist Heather Haughn Performing in Faculty-Guest Artist Series Concert

FSU's Department of Music will present the Zanoli Duo, consisting of pianist *Dr. Jay DeWire* and violinist Heather Haughn, in a Faculty-Guest Artist Series concert on **Sunday, Oct. 9**, at 3 p.m.

The program will include "Violin Sonata No. 3" by Johannes Brahms, "Baal Shem" by Ernest Bloch, "Summerland" by William Grant Still and "Transcription" from "Porgy and Bess" by George Gershwin.

Brahms' "Violin Sonata No. 3 in D Minor, Op. 108" is the last of his violin sonatas, composed between 1886 and 1888. Unlike the two previous violin sonatas, it is in four movements. The sonata is dedicated to Brahms' friend and colleague Hans von Bülow.

Bloch's three-movement "Baal Shem: Three Pictures of Hassidic Life," one of his best-known works, is named after the acknowledged 18th-century founder of the Hassidic movement, Rabbi Israel ben Eliezer. Better known by his acquired moniker, the Baal Shem Tov (master or holder of a good name, in other words, a fine reputation), he is also commonly referenced in Hassidic circles by its acronym, the BESHT. The importance of a good name has a long history in Jewish thought, dating to antiquity and scripture.

Still composed his "Three Visions" in 1935. The second movement, "Summerland," is a portrait of promised beauty in the afterlife. Still himself referred to "Summerland" as "the Elysium of the Spiritualists," the place that awaits a good person after death and judgment. Lush impressionistic textures combine with jazz harmonies and pentatonic melodies to create an atmosphere of serene beauty. "Summerland" is one of Still's most popular movements.

"Porgy and Bess" is a folk opera by George Gershwin, first performed in 1935. It was adapted from Dorothy Heyward and DuBose Heyward's play "Porgy," itself an adaptation of DuBose Heyward's 1925 novel of the same name. The libretto of "Porgy and Bess" tells the story of Porgy, a disabled black street beggar living in the slums of Charleston. It deals with his attempts to rescue Bess from the clutches of Crown, her violent and possessive lover, and Sportin' Life, her drug dealer.

Dr. Brent Weber Will Appear in 'Saxophone +'

FSU's Department of Music will present saxophonist *Dr. Brent Weber* in a Faculty Artist Series concert, titled "Saxophone +," on **Sunday, Oct. 16**, at 3 p.m. He will be accompanied by *Dr. Joseph Yungen*, *Dr. Mackenzie LaMont*, *Michael Lee*, *Shawn Zimmerman* and the Mountain Maryland Saxophone Quartet.

The concert will feature "Sonata for Alto Saxophone and Piano" by Carter Pann; "Black" by Marc Mellits; "A Message to a Friend" by Ney Rosauro; "Tears in Heaven" by Eric Clapton and Will Jennings, arranged by Joshua Redman; "Introduction et Variations sur une Ronde Populaire" by Gabriel Pierne; and selections from "West Side Story" by Leonard Bernstein, arranged by James Boatman.

Composed in 2016 on commission from American saxophonist and educator Joe Lulloff, Pann's sonata is a 23-minute monument in four movements. The work was inspired by the saxophone music of the late composer William Albright and by Lulloff's particular blend of finesse and brutality accompanied by an unparalleled command of the instrument.

"Black" is one of the most talked-about modern chamber pieces. The work's rhythmic structure is dispersed between the performers in blocks, creating a dizzying effect as parts of the theme are exchanged back and forth. When both parts align, the listener is thrust into the midst of a seemingly endless barrage of aggressive energy, resulting in perceptual chaos.

A unique and entertaining piece written in the spirit of the music of Frank Zappa, "A Message to a Friend" has an open section of free improvisation for both players.

"Tears in Heaven" is a ballad about the pain Clapton felt following the death of his four-year-old son, Conor, who fell from a window of a 53rd-floor New York apartment. It appeared on the soundtrack of the 1991 film "Rush," an American crime drama. The song won three Grammy Awards and is Clapton's best-selling single in the U.S.

"Introduction and Variations on a Popular Rondo" is a standard in the saxophone quartet repertoire. Composed in 1934 and dedicated to the Marcel Mule Quartet, this piece is as bright and cheerful as a round dance should be, and yet quite delicate and light in terms of writing. With many ornaments and variations, it begins slowly but is interrupted twice by the rondo.

"West Side Story" is a musical conceived by Jerome Robbins, with music by Bernstein and lyrics by Stephen Sondheim. Inspired by William Shakespeare's play "Romeo and Juliet," the story is set in the mid-1950s in the Upper West Side of Manhattan in New York City, then a multiracial, blue-collar neighborhood. The musical explores the rivalry between the Jets and the Sharks, two teenage street gangs of different ethnic backgrounds. The dark theme, sophisticated music, extended dance scenes and focus on social problems marked a turning point in musical theatre.

Workshops

Robert's Rules of Order Workshops Set for Oct. 20

Lacie Ashby, a 4-H educator and principal agent for the University of Maryland Extension in Allegany County, will present two workshops on **Thursday, Oct. 20**, for student leadership or any member of campus to learn and practice Robert's Rules of Order, the practice of parliamentary procedure that supports a fair and fluid process in organized meetings.

Virtual Session During CMST 335 Organizational Communication, 9:30 to 10:30 a.m. Register by **Wednesday, Oct. 19**, at https://us02web.zoom.us/meeting/register/tZ0qfuCsrj8jHtJ-quIdvwG7r4I 7hpyLOcQ. After registering, you will receive a confirmation email containing information about joining the meeting.

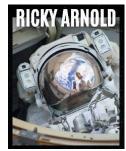
On-Campus Session, 5:30 to 6:30 p.m., Gira Center 397.

These sessions will provide an overview and help student leaders practice their parliamentary skills for running meetings. The workshops are being sponsored by FSU's Department of Student Engagement and the Communication Leadership Lab.

For info, contact Robert Cooper, assistant vice president for Student Life, at rncooper@frostburg.edu, or Dr. Elesha L. Ruminski, chairperson of the Department of Communication and coordinator of the Communication Leadership Lab, at elruminski@frostburg.edu.

Exhibits

Photography Exhibit by Ricky Arnold to Be Held at Roper Gallery



The Stephanie Ann Roper Gallery will host a photography exhibition by NASA Astronaut *Ricky Arnold*, a 1985 FSU graduate, **Friday, Oct. 7**, **to Friday, Oct. 21**. The exhibit features photos Arnold took from the International Space Station. The opening reception will be held **Oct. 7** from 3:30 to 6:30 p.m.

Arnold was presented with an Honorary Doctor of Science degree at FSU's 154th commencement ceremony in 2019.

Arnold became an astronaut after a career of more than a decade as a science and mathematics teacher at schools around the world. He earned a bachelor's degree in accounting and teacher certification from FSU, and a master's in marine, estuarine and environmental science from the University of Maryland.

He has spent 209 days in space and conducted five spacewalks over two missions. He also completed a mission as an aquanaut in a joint NASA-NOAA mission on NEEMO 13, living and working in and around Aquarius, an undersea laboratory.

Arnold first visited the International Space Station as part of STS-119 via the Space Shuttle Discovery. Then in 2018, he spent 197 days as a flight engineer in the ISS as part of Expeditions 55 and 56, which included numerous educational downlink events to schools.

For this show, the Roper Gallery will be open **Mondays through Fridays** from 11 a.m. to 5 p.m. On **Saturday, Oct. 8**, the gallery will also be open from 10 a.m. to 4 p.m.

For info, contact the Department of Visual Arts at 301-687-4797.

Points of Pride

Office of Sponsored Programs Successes/News

On Sept. 12, project director *Dr. Kate Sheehan*, an assistant professor in the Department of Biology, was awarded \$35,000 by the U.S. Department of Agriculture – Animal and Plant Health Inspection Service for the project, Spatial and Temporal Characteristics of Parasite Communities of Avian Predators Depredating Inland Shrimp Aquaculture in the Southeastern U.S.

On Aug. 24, project director *Dr. Keith Terry*, assistant dean, College of Liberal Arts and Sciences, was awarded \$7,500 in Northrop Grumman funds from the FSU Foundation for the project, 2023 Frostburg State University STEM Camp.

On Aug. 9, project director *Dr. Rich Raesly*, a professor in the Department of Biology, was awarded a \$20,126.50 contract by the Maryland Department of Natural Resources to provide independent quality assurance support for the Maryland Biological Stream Survey (MBSS) and the MBSS Certification Program.

On June 29, project director *Allen Flanagan*, director, Student Auxiliary Services, Student and Community Involvement Office, was awarded \$24,916 in Maryland Department of Housing and Community Development: Community Safety Works-Facility Improvement funds from the FSU Foundation for the FSU Lane Center.

For info, see the Office of Sponsored Program's Successes/News webpage at https://www.frostburg.edu/osp/Successes%20News.php.

Take Note

Homecoming Scavenger Hunt



Join the Counseling and Psychological Services (CAPS) Office and the Office of Well-Being and Prevention (SAFE) for their Homecoming scavenger hunt. Grab your friends and look for letters hidden around campus with their QR code on them **from Monday, Oct. 3, to Friday, Oct. 7**.

Scan the QR code and see everywhere on campus where letters are hidden. Find all of the letters, unscramble the phrase and head to the SAFE Office to be put into a drawing for the prize basket. Snap a picture of yourself and your friend searching around campus and use #BobcatsOnTheHunt for an extra entry! The prize basket winner will be drawn on **Monday, Oct. 10**.

For info, visit www.frostburg.edu/CAPS or call 301-687-4234.

COB Block Party

The College of Business will sponsor a Block Party on **Tuesday, Oct. 4**, from noon to 3 p.m. in the Lane Atkinson Room (232). This event is open to all students. There will be free food as well as fun games, and students will be able to meet and ask questions of club leaders within the College of Business.

For info, contact Dr. Ken Levitt at kilevitt@frostburg.edu.

Storybook Holiday Magic to Be Featured on National TV Program

FSU's Children's Literature Centre and the city of Frostburg have been creating holiday magic through Storybook Holiday since 2004. Mark your calendars for this year's event on **Saturday**, **Dec. 3**.

This is going to be the biggest Storybook Holiday yet and many volunteers are needed. To volunteer for Storybook Holiday, fill out the google form at https://forms.gle/mAbZxfnWb4jUJUpx5.

This year, CLC and its elves are bringing a special gift to Frostburg in the form of a television crew that will capture the town's Christmas celebration for part of a reality series called "Small Town Christmas," airing later this year on cable channel UPtv. This is the second season of the docuseries, which pays tribute to small towns that celebrate the holidays in big ways. The show is hosted and executive produced by Megan Alexander, a national correspondent for "Inside Edition" and the author of books that include "The Magic of a Small Town Christmas."

Alexander was drawn to Frostburg for its "cool" name and as well as the annual Storybook Holiday celebration. She and her production team will wrap up their season in Frostburg and will be in town in **late November and early December** to capture Storybook Holiday. The episode is scheduled to air on UPtv on **Sunday**, **Dec. 18**, at 9 p.m. Eastern Time.

Allegany County Tourism is spearheading local plans for this unique opportunity and has assembled a Host Committee for the event.

Townspeople are invited to attend Storybook Holiday this year in their most festive holiday attire.

More details will follow as the Tourism Office and Host Committee communicate with the television crew.

To get a preview of what "Small Town Christmas" is like or to see last year's episodes, go to uptv.com/shows/small-town-christmas.

Open Call: 'Queer Appalachia'



This call for art is open to all members of the LGBTQIA+ community who are living in Appalachia. Any medium will be accepted. There is no submission fee and no size restriction. Unframed work will also be accepted. Submit up to three works to the gallery director, Ash Lester, at allester@frostburg.edu by 11:59 p.m. on **Friday, Oct. 21**.

The subject of the email needs to read "Queer Appalachia Application." Attach images of work with the following information in this order: name of artist, title of work, medium, year made, size, and price of work if selling and if not selling, put NFS (not for sale). Attached files need to be labeled (name of artist, title of work). Applicants whose work has been accepted will be notified by

5 p.m. via email on Monday, Oct. 24.

Accepted works will need to be delivered to the Stephanie Ann Roper Gallery on **Saturday, Oct. 29**, between 11 a.m. and 2 p.m. Special arrangements can be made before the drop-off date by emailing <u>allester@frostburg.edu</u>. Work will need to be picked up in the Roper Gallery by 6 p.m. on **Friday, Dec. 2**.

Queer Appalachia, an exhibition celebrating the LGBTQIA+ community in Appalachia, will be held **Friday**, **Nov. 4**, **through Friday**, **Nov. 25**. The opening reception will be on **Nov. 4** from 6 to 8 p.m. Gallery hours for this exhibit will be **Mondays through Fridays** from 11 a.m. to 6 p.m.

Student Voter Engagement Competition Series

The J. Glenn Beall Institute for Public Affairs, in conjunction with the Office of Civic Engagement, is hosting a series of social media competitions focused around encouraging students and young people to vote and take action. Leading up to the election there will be competitions using Instagram and TikTok. A panel consisting of faculty, staff and students will judge the submissions and award students a stipend from the J. Glenn Beall Institute for first place (\$350), second place (\$250) and third place (\$150) submissions for each competition topic/platform.

Submissions for all competitions should be submitted through https://bit.ly/3xHIkjB by providing the link(s) to the video/picture submission on the social media site. Students are encouraged to be creative and focus on getting individuals to register and vote in the mid-term elections. There is no limit to submissions, and students are encouraged to take part in all competitions. Submissions will only be considered if they are submitted via the link above and tagged on social media with #BobcatsVote. There will be a total of four competitions: one for each platform (Instagram and TikTok) focusing on encouraging individuals to register to vote and one for each platform encouraging individuals to get out and vote by sharing why you vote.

The submission deadline for the competition topic Register, Plan, Vote is **Sunday, Oct. 16**, at midnight, and the deadline for the competition topic Why I Vote is **Sunday, Nov. 6**, at midnight.

For info, contact the Office of Civic Engagement at civicengagement@frostburg.edu or 301-687-4210.

Flu Vaccine Clinic at Brady Health



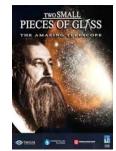
The Brady Health Center is offering the quadrivalent vaccine again this year. This vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is \$25. Student can pay by cash, check, Bobcat Express or bursar bills student PAWS account. Faculty and staff can pay by cash or check.

You must be over 18 years of age. Don't forget to wear short sleeves!

Planetarium Show for Oct. 29



Science Saturdays feature space news, a tour of the night sky and a full-dome movie.

After the shows, telescopes will be set up for observing the moon and the planets if the sky is dark enough and the weather is favorable.

The show for **Oct. 29** will be "Two Small Pieces of Glass" at 5 and 7 p.m. in the Multimedia Learning Center, room 186 of the Gira Center. This event is free and open to the public.

"Two Small Pieces of Glass" follows two students as they interact with a female astronomer at a local star party. Along the way, the students learn the history of the telescope from Galileo's modifications to a child's spyglass – using two small pieces of glass – to the launch of the NASA/ESA Hubble Space Telescope and the future of

astronomy. Aiming to engage and appeal to audiences of all ages, the show explores the wonder and discovery made by astronomers throughout the last 400 years.

Private shows are also available on request for schools and other similar groups. These are free. Up to 80 people can be seated, with access for up to five wheelchairs. Due to the popularity of the private shows, be sure to book several months in advance.

For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

How Do I ...?



"How Do I ...?" is a new series hosted by the Career and Professional Development Center. Register with the QR code for any or all of the listed events.

All events will be held at 3:30 p.m. in Pullen 149 on the following **Tuesdays**.

Oct. 4 – Write a Resume

Oct. 11 - Prepare for the Career Fair

The Career and Internship Fair Is Coming!



Mark your calendars!

The fall 2022 On-Campus Career and Internship Fair will be held on **Wednesday, Oct. 12**, from 11 a.m. to 3 p.m. in the Lane Center.

Be sure to watch your FSU email for info on how to register to attend.

Upcoming Events From the BURG Peer Education Network

Help Build a Space for Recovery on Campus, Wednesday, Oct. 5, 7 to 9 p.m., Pullen 107

Jobs

Upward Bound Tutoring Positions Available

The Upward Bound office is accepting applications from FSU students who are able to tutor students in algebra, geometry, calculus, trigonometry, probability and statistics, environmental science, biology, chemistry, Spanish or Chinese at the high-school level. Tutors will need to be available during late afternoons and/or evenings to meet with students after school hours.

For info or an application, visit the webpage at www.frostburg.edu/upward-bound, stop by the Upward Bound office on the ground floor of 7 American Avenue, call 301-687-4994 or email esteele@frostburg.edu or upwardbound@frostburg.edu.

The hourly rate for the following jobs is \$12.50.

Student Van Drivers Needed

The Office of Civic Engagement is hiring van drivers for its ECHOSTARS AmeriCorps program. Van drivers transport students to and from service projects in the greater Allegany County area. Most van driver schedules vary from 5 to 15 hours a week based on

availability and program needs. Weekday and weekend hours are available. Interested students must have a clear driving record, successfully complete an online van-driving safety module to become van certified and pass a state and FBI background check.

For info and to apply, email ECHOSTARS@frostburg.edu.

Hiring: Voter Engagement Ambassadors

The Office of Civic Engagement is hiring students as voter engagement ambassadors for the fall semester to assist with improving voter engagement on campus. The positions are for one semester.

Duties include but are not limited to:

Attending Voter Engagement Committee meetings

Advertising and developing social media campaigns

Assisting with voter registration and absentee ballot requests

Educating the student body on voting deadlines, processes and election-day information

Assisting with program planning of educational and outreach events

Presenting information to student organizations, academic classes and other on-campus groups about the voting process

To be considered, email your resume to civicengagement@frostburg.edu or submit it to Misty Schurg in Lane 234.

Study Abroad

Plan Your Study Abroad Experience for Summer and Fall 2023!



Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session will take place at 3:30 p.m. on the following **Fridays**: Oct. 14 and 28, Nov. 18 and Dec. 2.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Costa Rica – Pura Vida Trip in Summer 2023

unparalleled animal and plant life. This trip includes visits to five national parks in Costa Rica.



The Department of Recreation and Parks Management will offer a study abroad program to Costa Rica in May 2023. Explore ecotourism principles in the context of a country that is considered to be the ecotourism capital of the world.

This study abroad experience is open to any FSU student and is integrated as the experiential component of RECR 448 Principles of Ecotourism during summer session 2023. Dates of travel are **Wednesday, May 31, to Thursday, June 8, 2023**.

This program will provide you the opportunity to experience once-in-a-lifetime moments abroad, immerse yourself in new cultures and engage in incredible personal growth. You will engage in hands-on experiences as you board canal boats, kayaks, rafts and zip-lines to get an up-close and personal look at the ever-changing landscapes and

Come for an informational session on **Tuesday**, **Oct. 4**, from 5 to 7 p.m. in the Hall of Fame Room in the Cordts PE Center.

If you are unable to attend this session, contact the faculty trip leader, Dr. Natalia Buta, chair of the Department of Recreation and Parks Management, at nbuta@frostburg.edu or 301-687-4458.

Health and Safety Messages

Leaves of Three, Let It Be!



When poisonous plants, such as poison ivy, poison oak and poison sumac, come into contact with skin, the sap oil (urushiol) can cause an allergic reaction. Burning these poisonous plants produces smoke that, when inhaled, can cause lung irritation.

If you are exposed to a poisonous plant:

Immediately rinse skin with rubbing alcohol, poison plant wash or degreasing soap (such as dishwashing soap) or detergent, and lots of water.

Scrub under nails with a brush.

Apply wet compresses, calamine lotion or hydrocortisone cream to the skin to reduce itching and blistering.

Oatmeal baths and an antihistamine may help relieve itching.

In severe cases or if the rash is on the face, seek professional medical attention.

Call 911 or go to a hospital emergency room if you have a severe allergic reaction, such as swelling or difficulty breathing, or have had a severe reaction in the past.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Tackling Imposter Syndrome

https://asana.com/resources/impostor-syndrome

Tell Yourself Tuesday Tip: Positive Affirmations for Anxiety Relief and Stress Reduction

https://www.happierhuman.com/positive-affirmations-anxiety

Wacky Wednesday Tip: Ways to Increase Productivity

https://bid4papers.com/blog/productivity-tips

Thankful Thursday Tip: Showing Gratitude

https://psychcentral.com/blog/10-ways-to-express-gratitude#1

Fun Friday Tip: Practical Self-Care Tips for College Students

https://whatcherithinks.com/25-self-care-tips-for-college-students

Social Saturday Tip: Tips for Coping With Social Anxiety in College

https://www.talkspace.com/blog/social-anxiety-in-college

Self-Love Sunday Tip: Tips to Overcome Depression

https://www.verywellmind.com/tips-for-living-with-depression-1066834

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources - human, fiscal and physical - with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.