

For and about FSU people

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## MSO Returns to FSU for a Performance Featuring Three Romantic-Era Masterworks



MSO Music Director Elizabeth Schulze

CES at FSU will present the Maryland Symphony Orchestra on **Friday, Nov. 10**, at 7:30 p.m. in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center.

The concert will feature three Romantic-era masterworks. Felix Mendelssohn's hauntingly beautiful "Melusine" overture conveys the folkloric tale of a mythical being. Louise Farrenc's captivating "Symphony No. 3" showcases the composer's skillful use of counterpoint and chromatic harmonies. Ludwig van Beethoven's dramatic and passionate "Symphony No. 7" provides a triumphant finale to a magical symphonic performance.

Prior to the concert, at 6:30 p.m., ticket holders are invited to join MSO Music Director Elizabeth Schulze in the Pealer Recital Hall for *Prélude*, a discussion of the works to be performed.

Concert tickets are \$40 for adults; \$36 for FSU employees and the military; \$17 for youth under 18; and free for FSU students. For info, visit CES' webpage at [ces.frostburg.edu](https://ces.frostburg.edu) or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

This engagement is supported by grants from the FSU Foundation and the Community Trust Foundation's Iris and Peter Halmos Community Fund. CES is supported in part by the Maryland State Arts Council ([msac.org](https://msac.org)), the Allegany Arts Council and the City of Frostburg.

## Help for Students

### PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. They will be given a numeric identifier for tracking purposes, so their name and information are never used in any reporting. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are 10 a.m. to 1 p.m. and 3 to 5 p.m. on **Mondays**; 10 a.m. to 1 p.m., 3 to 5 p.m. and 6 to 8 p.m. on **Wednesdays**; and noon to 3 p.m. on **Fridays**. Other weekdays are by appointment. To schedule an appointment, email [pawspantry@frostburg.edu](mailto:pawspantry@frostburg.edu).

Meal cards are available for students! Cards provide up to five free meal swipes at Chesapeake and are available on a first-come, first-served basis. Just ask about them the next time you're at the pantry.

All students (new and returning) using the pantry must complete the Intake and Waiver, which they can complete at the pantry or access at <https://portal.frostburg.edu/pantry>.

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## Are You a First-Generation Student?

### Student Support Services Can Help!



TRIO/Student Support Services, located in Pullen 133, offers academic advising, tutoring and study skills, financial aid assistance and guidance, graduate school assistance, career development, and educational and cultural events for first-generation students. Student Support Services is an academic support program to help first-generation college students stay in school and graduate.

To make an appointment, call 301-687-4481. Hours are 8 a.m. to 4:30 p.m. **Mondays through Fridays.**

## Things to Know About the Student Health Center

The Student Health Center is staffed with two nurse practitioners, two registered nurses and two front office staff. Center hours are **Mondays through Fridays** from 9 a.m. to 4 p.m.

Services offered include treatment for minor illness/injury, women's health/birth control, emergency contraception, immunizations, STI testing, sexual assault resources, allergy injections and wellness and smoking cessation programs.

Appointments can be scheduled online through the patient portal or by calling 301-687-4310.

The center is located on the first floor of the Education and Health Sciences Center.

Free over-the-counter items are available to students in the waiting room, including Tylenol, ibuprofen, cough drops, menstrual products and condoms.

Additional resources and information can be found at [www.frostburg.edu/brady-health](http://www.frostburg.edu/brady-health).

## Student Counseling Center

The Student Counseling Center offers brief but comprehensive counseling services to FSU students, including individual and group therapy.

The center is open **Mondays through Fridays** from 8 a.m. to 4:30 p.m., excluding holidays. Several same-day appointments are available every day for students who are in crisis and in immediate need of speaking with someone.

Crisis services are available in the evenings and on the weekends and holidays. Those services can be accessed by calling University Police at 301-687-4223 and asking to speak with a crisis counselor.

Wait times to meet with a counselor for ongoing support are no more than 10 business days, and often within five business days.

To make an appointment, call 301-687-4234 or stop by the center during business hours.

The Student Counseling Center is on the first floor of the Education and Health Sciences Center in the same space as the Student Health Center.

In-person and telehealth options are available for appointments.

There is no additional cost to students for services.

Many self-help resources can be found on the Student Counseling Center webpage at [www.frostburg.edu/caps](http://www.frostburg.edu/caps).

## Tutoring Information for Fall 2023

Tutoring runs through **Monday, Dec. 11**, and is offered **Mondays through Fridays** from 8:30 a.m. to 4:30 p.m. in Pullen 151.

### Appointment-Based/Individual Tutoring

Students use TutorTrac to make appointments; TutorTrac can be accessed at <https://tutortrac.frostburg.edu>. The following are offered: Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 109/149/160, CHEM 150/201/202, COSC 100/102/240/241, DVMT 099, MATH 104/119/120/236/237, PHYS 215/261 and Writing.

### Walk-In/Group Offerings (Show Up, Sign In and Get Assistance)

BIOL 321 is offered **Mondays and Tuesdays** from 5:30 to 7:30 p.m. in Compton 326. CHEM 201 is offered **Thursdays** from 5 to 6 p.m. in Compton 328; CHEM 202 is offered **Wednesdays** and **Thursdays** from 5 to 7 p.m., also in Compton 328. PHYS 215/261 are offered **Wednesdays** from 2 to 4 p.m. in CSC 234 and **Thursdays** from noon to 2 p.m. and 3 to 5 p.m. in CSC 236.

### NetTutor (Online Tutoring)

NetTutor is a 24/7, third-party, online tutoring platform accessible via Canvas. Students must send an email to [msmith@frostburg.edu](mailto:msmith@frostburg.edu) to gain access. Information about NetTutor is posted outside of Pullen 151. Some of the available subjects are accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, sociology, student success and writing.

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## What If There Is No Assistance for My Class?

If there is no assistance for your class, you can form a study group, speak with your professor or try Khan Academy (video tutorials), Purdue Online Writing Lab or Grammarly (writing).

For info, contact Mark Smith at [msmith@frostburg.edu](mailto:msmith@frostburg.edu) or 301-687-4066.

## SafeRide



The SafeRide Program, an initiative of the Student Government Association, offers safe transportation to the students at FSU. SafeRide, a student-operated program, is free to all students. SafeRide runs almost anywhere in the city of Frostburg, including 7-Eleven, Weis, McDonalds, Burger King, Urgent Care, etc.

SafeRide is just a tap away! Download the TransLoc app today! Use the app to request your ride and to receive notifications when your driver arrives. Sign in using your FSU credentials and request a ride during SafeRide hours. You can also request a ride by calling the SafeRide Office at 301-687-7433.

Hours of operation are 10 p.m. to 2 a.m. **Fridays and Saturdays.**

## Recovery Group Meetings

For students looking for a 12-step support group to attend, FSU will now have meetings on **Thursdays** at 7 p.m. at the Osborne Newman Center (the building behind Annapolis Hall) at 130 S. Broadway.

For info, contact Don Swogger, director, SAFE Office, and advisor, BURG Peer Education Network, at [dswogger@frostburg.edu](mailto:dswogger@frostburg.edu).

## Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. Events will also be livestreamed; the link will be posted at [www.frostburg.edu/concerts](http://www.frostburg.edu/concerts). For info, contact FSU's Department of Music at 301-687-4109.

## Piano Ensemble Will Perform Concert

FSU's Department of Music will present its Piano Ensemble, under the direction of *Dr. Jay DeWire*, in concert on **Monday, Oct. 30**, at 7:30 p.m.

The ensemble will perform works by William Grant Still, Franz Schubert and more! The concert will feature solo piano as well as collaborative four-hand piano works.

Pianists include *Taylor Bryan, Cayla Gavin, Riley House, Jack Maust, Samuel Wade* and *Samuel White*.

## MCTA Presents Traditional Irish Music With Brenda Castles, Ivan Goff, Jefferson Hammer and Liz Hanley



From left, **Brenda Castles, Ivan Goff, Jefferson Hammer** and **Liz Hanley**

FSU's Mountain City Traditional Arts will present traditional Irish music on **Wednesday, Nov. 1**, at 7 p.m. at 25 E. Main St. in Frostburg. The performance features some of the tradition's most in-demand musicians, including Brenda Castles on concertina, Ivan Goff on uilleann pipes and flute, vocalist Jefferson Hammer on guitar and vocalist

Liz Hanley on fiddle. The live entertainment is open to the public through general admission with a suggested donation of \$15.

Castles is from County Meath. She has two solo albums of Irish music on concertina and performed regularly with Mick Moloney's Green Fields of America collective. She has recently performed solo concerts for the Consairtín festival in Ennis, Temple Bar TradFest, Meath Beo and the Pipers Club in Dublin. This year Castles has produced a short film, "Plight of the Bumble Bee," for which she composed a traditionally inspired soundtrack.

Goff is from Dublin and is a member of Irish traditional band Danú. He has performed/toured worldwide in duets and ensembles with many household names of Irish music. With credits that range from film and theater to appearances with the New York Philharmonic, Goff has also performed in Broadway productions such as Sting's "The Last Ship," "Come From Away" and "Riverdance."

Hamer is a guitarist, singer and songwriter from Brooklyn, New York. He has toured and recorded albums with Anais Mitchell, Sarah Jarosz and Session Americana. The Murphy Beds, his long-running traditional folk duo with Eamon O'Leary, has released two self-produced albums. His original songs and lead guitar work are featured on Alameda, an acoustic and electric collaboration with bassist Jeff Picker and drummer John Fatum.

Hanley is a Brooklyn-based fiddle player, violinist, singer and performer across many genres. She has toured globally with the late Dr. Mick Moloney and the Green Fields of America, the pop-infused prog-folk-rock band Frogbelly and Symphony and the symphonic rock band Emanuel and the Fear. Hanley's debut album of songs and tunes in the Irish tradition, "The Ecstasy of St. Cecilia," was hailed a "gentle work of beauty" by FolkWorld.

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For info, call 301-687-8040.

## FSU's Department of Music to Present Percussion Ensemble

FSU's Department of Music will present its Percussion Ensemble, conducted by *Dr. Mackenzie Jacob LaMont*, on **Friday, Nov. 3**, at 7:30 p.m. The group will be joined by guest performers *Dr. Jay DeWire* and *Cheyenne Jeffries*.

Percussion Ensemble students are *Benjamin Alvey, Gavin Baker, Jen Barnhart, Bryce Campbell, Jacob Deaver, Sam Dolly, Jacob Hunt, Joseph Louie, Eileen Martin, Joe Rubens* and *Julia Seddon*.

They will perform "Crown of Thorns" by David Maslanka, "Gainsborough" by Thomas Gauger and "Ionisation" by Edgard Varese.

The title "Crown of Thorns" is an obvious reference to Christ's crown of thorns, but the name first came to Maslanka as a possible title for a piece after seeing a plant called "Crown of Thorns" at the New York Botanical Gardens. Crown of Thorns is a thorny desert plant from the Middle East, and the rambling, interweaving, vine-like stems suggested music to him. The imagery is Christian, but the experience transcends religion, and is universal. The music is at times sober and reflective, but more often filled with a liberated energy and joy.

"Gainsborough" is a highly melodic, very popular percussion quintet written in three movements. This piece remains a favorite because of its playful textures, demanding parts and appealing tonality. The first movement is a sprightly dance that mostly features quick lines between two marimbas, with interruptions from the timpani and battery percussionists. The slow, hesitant second movement has a more modal and metallic sound, highlighting the bells and vibraphone. A jazzy recitative appears in the middle of this movement. The final movement is quick and rhythmically active with a healthy amount of call and response between sections. It moves through several styles, finishing with a flourish.

Varese composed "Ionisation" between 1929 and 1931. Although not the first piece written for percussion ensemble, it is probably the most well-known and influential. Nicolas Slonimsky, the musicologist, conductor, pianist and composer to whom "Ionisation" was dedicated, conducted the premiere in New York in 1933 at a concert sponsored by the Pan-American Association of Composers. Varese himself played the sirens. The performance was described by a critic as "a sock in the jaw." The piece was first published in 1934.

Admission is \$10 for adults; \$5 for seniors, the military, and FSU faculty and staff; and free for students and children. Tickets are available at the University box office in room 203 of the Lane University Center (**Mondays through Fridays** from 10 a.m. to 4 p.m.), by phone at 301-687-3137 or online at

<https://frostburgtix.universitytickets.com/w/event.aspx?id=1919&r=cd53639bc5f746a3a742942717743fdd>.

## Student Dillon Redwine in Senior Recital

FSU's Department of Music will present baritone *Dillon Redwine* in his senior recital, "When Words Fail, Music Speaks," on **Saturday, Nov. 4**, at 7:30 p.m. He will be accompanied by pianist *Dr. Joseph Yungen*, with guest artists *Nicholas Mellen* on guitar, *Courtney Sechler* on flute and tenor *Noah Beidle*.

Redwine will perform "Donne mie la fate a tanti" and "Der Vogelfänger bin ich ja" by Wolfgang Amadeus Mozart, "Amarilli, mia bella" by Giulio Caccini, "Der Säemann" by Margarete Schweikert, "Automne" by Gabriel Fauré, "Brother Will, Brother John" by John Sacco, "Madrid" by Pauline Viardot, "I'll Sail Upon the Dog-Star" by Henry Purcell, "Dear Theodosia" by Lin-Manuel Miranda, "Over the Rainbow/What a Wonderful World" by Redwine, "That Funny Feeling" by Bo Burnham and "Words Fail" by Benj Pasek and Justin Paul.

## The Jeremiahs Return to Mountain City Traditional Arts



FSU's Mountain City Traditional Arts will present the Jeremiahs on **Sunday, Nov. 5**, at 3 p.m. at 25 E. Main St. in Frostburg. The live entertainment is open to the public through general admission with a suggested donation of \$15.

Calling their music folk-traditional with an urban twist, the band has rapidly built a solid reputation in Ireland and beyond. They shape their sound with Dubliner Joe Gibney's vocals, joined by vocalist Niamh Varian-Barry on fiddle, Julien Bruneteau from Brittany on whistle and flutes and Dublin-based James Ryan on guitar and bouzouki. They have travelled extensively, with a wonderful mixture of newly composed songs and tunes in the folk genre and a well-

selected catalogue of older folk songs.

A talented singer and songwriter with a melting pot of influences, Gibney, with his instantly recognizable timbre, offers a diverse repertoire of songs, from rousing sea shanties to emotional traditional songs of hardship, love and loss.

Former lead singer of American supergroup "Solas" and multi-instrumentalist Varian-Barry is a musician and composer from Cork City with a unique and individual style. She has a reputation as an exceptional communicator of the arts. Her powerful vocals have been praised worldwide and she is a trained viola and fiddle player.

Bruneteau hails from Bordeaux in France and began playing the flute at age 11. While studying jazz at the Conservatoire of Agen and attending the prestigious Didier Lockwood school in Paris, he immersed himself in the works of great artists such as Chris Potter, Stéphane Guillaume and Benoît Sourisse. Bruneteau is a flute player of great sensitivity with an amazing ability to improvise.

Accompanist Ryan has amassed a wealth of experience, having already performed in more than 14 countries. He draws on a wide range of influences from different genres and traditions, which is evident in his unique percussive backing style. An established teacher, Ryan is also an experienced sound engineer.

For info, call 301-687-8040.

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## Deutsch-Amerikanisches Klarinettenrio in Faculty-Guest Artist Series Concert

FSU's Department of Music will present Deutsch-Amerikanisches Klarinettenrio in a Faculty-Guest Artist Series concert on **Sunday, Nov. 5**, at 7 p.m.

Deutsch-Amerikanisches Klarinettenrio is an international clarinet trio and chamber ensemble consisting of clarinetists *Dr. Mark Gallagher*, Jeffrey Boehmer and Hendrik Wüster. During this performance, they will perform "Four Sinfonias, BWV 787, 788, 789 and 799" by Johann Sebastian Bach, "Fifth Trio in G Minor, Op. 8, No. 2" by Jacques Bouffil, "Trio for Clarinets (E-flat/B-flat/Bass)" by Alfred Prinz, "Divertimento No. 2 in B-flat Major, K. 439b" by Wolfgang Amadeus Mozart and "Divertimento No. 2" by Javier Zalba.

The "Inventions and Sinfonias, BWV 772–801," also known as the "Two- and Three-Part Inventions," are a collection of 30 short keyboard compositions by Bach: 15 inventions, which are two-part contrapuntal pieces, and 15 sinfonias, which are three-part contrapuntal pieces. They were originally written as "Praeambula" and "Fantasiae" in the "Klavierbüchlein für Wilhelm Friedemann Bach," a clavier booklet for his eldest son, and later rewritten as musical exercises for his students.

Bouffil was a French composer and clarinetist. He was a pupil of Xavier Lefèvre at the Paris Conservatoire, gaining a First Prize in 1806. His compositions for clarinet duet and trio are some of the most worthwhile written for the medium.

Prinz was an Austrian composer, clarinetist and music educator. In 1947 he was awarded a gold medal at the Geneva Music Competition and in 1971 he won a composition award from the city of Vienna. His compositional output includes seven symphonies, many concertos, several works for solo piano, songs and chamber music. He composed "Trio for Clarinets" in 1997.

Mozart wrote "Five Divertimenti (K. 439b)" for three basset horns in 1785. Divertimenti are light pieces performed by several solo instruments in a chamber setting. Movements of a divertimento often include various musical forms such as sonata, minuet and trio, and rondo. While the basset horn's invention dates back to around 1770, Mozart and Mendelssohn were among the few famous composers who wrote pieces for the instrument.

Zalba's early training as a clarinetist helped to develop his love of chamber music and he later became interested in jazz. As a Cuban, the range of popular rhythms of the Island has been an important influence on him. He has performed concertos by Mozart and by Bach, worked with the Irakere group, Cubanismo, Afrojazz, Tropicana Cabaret Orchestra and the Buena Vista Social Club. He is a professor at the Amadeo Roldán Conservatory and the Superior Institute of Art.

## FSU's Department of Music Celebrates Adolphe Sax Birthday With Concert

FSU's Department of Music will present a birthday celebration recital in honor of Adolphe Sax, the Belgian musician and inventor of the saxophone, on **Monday, Nov. 6**, at 7:30 p.m.

The program will include "Le cirque: Fanfare" by Joaquín Turina, arranged by Jacques Laroque; "Dinant, la voix cuivrée" by Alain Crépin; "Nimrod" from "Enigma Variations" by Edward Elgar, arranged by J.J. Ashley; "Moderato and Allegro" by Erland von Koch; "Moderato quasi Marcia" from "Serenade, Op. 44" by Antonín Dvořák, arranged by Clair W. Johnson; and "The Lone Ar-ranger Goes Sax Mad!" by Philip R. Buttall, re-arranged for saxophone ensemble by Nigel Wood.

Turina was a Spanish composer of classical music. His works include operas, chamber music, piano works, guitar pieces and songs. Much of his work shows the influence of traditional Andalusian music. "Le cirque: Fanfare" is from his album "Piano Works."

Crépin is a Belgian saxophonist, composer, music educator and conductor who has written numerous works for symphonic bands and orchestras. In 2002, he was invited to write a piece for large saxophone ensemble. He used the popular Dinant folk song "Les batteurs de cuivre" ("The Coppersmiths") and arranged it in three different styles by making delicate use of harmonies.

Elgar composed his "Variations on an Original Theme, Op. 36," popularly known as "Enigma Variations," between 1898 and 1899. It is an orchestral work of 14 variations on an original theme. Elgar dedicated the work to his friends, each variation being a musical sketch of one of his close acquaintances. The name Nimrod refers to music editor Augustus J. Jaeger. Nimrod is described in the Old Testament as "a mighty hunter before the Lord," Jäger being German for hunter. "Nimrod" is sometimes used at British funerals, memorial services and other solemn occasions. An adaptation of this popular piece appears at the ending of the 2017 film "Dunkirk."

Von Koch was a Swedish composer. He wrote symphonies, ballets, an opera and other compositions, including music for film. He composed the nine-minute piece, "Moderato and Allegro for Saxophone Chamber Orchestra" in 1981.

"Serenade for Wind Instruments, Cello and Double Bass in D Minor, Op. 44, B. 77" is a chamber composition Dvořák wrote in 1878. The Serenade evokes the old-world atmosphere of musical performances at the castles of the Rococo period, where the worlds of the aristocracy and the common folk merged. It is composed in a Slavonic style (shortly before Dvořák's "Slavonic Dances"), though not quoting folk songs directly. The opening march pays tongue-in-cheek homage to the serenades of Mozart and central European wind-band music.

"The Lone Ar-ranger" is a fun potpourri of familiar tunes that flash by, often tantalizingly quickly, based on the finale of Gioachino Rossini's "William Tell Overture." Rossini's music was used as the signature tune for "The Lone Ranger," one of the first Westerns to hit TV in the early 1950s.

Directed by *Dr. Brent Weber*, Saxophone Choir personnel are *Eileen Martin* on soprano saxophone; Weber and *Raegan Barrett* on soprano saxophone; *Alex McNemar*, FSU alum *Josh Foreman*, *Hailey Beining* and *Blake Burhoe* on alto saxophone; *Gwen Fazenbaker*, *Tammy Burns* and *Courtney Sechler* on tenor saxophone; and *Gabe Hicks* and *Vincent Hangarter* on baritone saxophone.

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## FSU's Department of Music Presents Jazz Combo in Concert

FSU's Department of Music will present its Jazz Combo, conducted by *Tom Harrison*, in concert on **Wednesday, Nov. 8**, at 7:30 p.m.

The members of the Jazz Combo are *Max Partlow* on tenor and soprano sax/flute, *Joey Orr* on trumpet/flugelhorn, *Sam White* on trumpet/trombone, *Riley House* on piano/alto sax, vocalist *Catherine Owens* on piano, *Andrew Gula* on guitar, *Isaiah Alexander* and Harrison on bass and *Ben Alvey* on drums.

The FSU Jazz Combo will perform an assortment of traditional jazz standards, swing, Latin and modern jazz styles.

Vocal selections interpreted by Owens will include the ballads, "A Sunday Kind of Love," made popular by Etta James and many others, and "Body and Soul" recorded by such notables as Coleman Hawkins, Billie Holiday and Louis Armstrong. Other vocal standards include a Count Basie favorite "April in Paris," and the song "All of Me," the definitive versions coming from Holiday, and then later by Frank Sinatra.

Herbie Hancock's classic "Canteloupe Island" was recorded in 1964 for his album "Empyrean Isles" while he was still in Miles Davis' group. The song has been recorded by and sampled by countless artists.

"Happy People," a 2002 composition by the great saxophonist Kenny Garrett, who also played with Miles Davis, leans toward the funky side of jazz.

In 1976, pianist and composer Cedar Walton penned the Afro-Cuban and swing tune "Bolivia," which has become a jazz standard.

"Red Clay" is the title song from the 1970 album release by trumpeter Freddie Hubbard and is in the soul-jazz fusion style that became popular on the CTI recording label.

The theme song from the 1959 romantic tragedy film "Orfeu Negro" ("Black Orpheus") is a bossa nova written by Brazilian guitarist Luiz Bonfá.

The often-performed jazz classic "Lady Bird" was composed by Tadd Dameron, a pianist and composer who was known for writing arrangements for the Count Basie, Dizzy Gillespie and other big bands.

The Miles Davis and Victor Feldman song "Seven Steps to Heaven" was the title cut from the 1963 album by Davis and is in an up-tempo swing style. Herbie Hancock ended up as pianist on the recording, as Victor Feldman didn't want to leave the West Coast to join Davis in New York.

The Modern Jazz Quartet's pianist John Lewis wrote the swing tune "Afternoon in Paris" in 1949 and it has become a jazz standard.

## Presentations

### Andy Duncan to Speak on Weird Western Maryland Project



*Andy Duncan*, a professor in the Department of English and Foreign Languages, has launched his Weird Western Maryland pages at <https://www.frostburg.edu/personal-arduncan> with a starter set of 70-plus items from his years of research into area ghosts, monsters, UFOs, superstitions, conspiracies, oddities, eccentricities and mysteries.

He will present a public Lifelong Learning talk on the ongoing project on **Thursday, Nov. 9**, at 10 a.m. in room 8 of the Continuing Education Building at Allegany College of Maryland in Cumberland.

For registration info, visit <https://www.allegany.edu/ce/lifelong-learning/index.html>.

### A Campus Unified Presenter Series

Dr. Joshua "Dr. J" Fredenburg will speak on **Monday, Nov. 13**, at 7 p.m. in Lane Manicur Hall. Fredenburg is a prominent speaker on leadership, diversity and inclusion, having reached audiences in 47 states and two countries. Over 15 years, he's earned awards such as for the Top Student Leadership Development Program by NASPA and was named a Top Leader Under 40 in South Florida. He's authored seven books on leadership and diversity as well as appeared on shows like "The Wayne Brady Show" and on BET, MTV and local CBS and KLA5 broadcasts. Fredenburg has also graced the TEDx stage. He's the founder of the Circle of Change Leadership Experience, affecting more than 2,000 students from 150+ institutions.

## Points of Pride

### Tick Talk Highlights Dr. Rebekah Taylor's Research



For its Science Week, the Maryland Department of Natural Resources recently visited Western Maryland to learn more about the increasing prevalence of ticks in the area and about a community program designed to highlight the issue to inform local residents.

DNR and FSU are working together on an initiative to study the rising prevalence of ticks and Lyme disease in Western Maryland.

*Dr. Rebekah Taylor*, an associate professor and chair of FSU's Department of Biology, leads the project and works with students to test ticks submitted to her lab for Lyme

disease. Taylor noted that many residents in Western Maryland aren't as familiar with tick safety and preparedness since ticks were historically rare in the area. The data collected by her team is used to inform medical professionals and citizens about the increasing rates of Lyme in ticks in the area. She said about 40 percent of the ticks tested in her lab end up being positive for Lyme disease. Taylor has a background in immunology and started studying ticks after her son contracted Lyme disease from a tick bite.

For info about DNR's Science Week, visit <https://www.facebook.com/hashtag/mddnrscienceweek>.

## Project Green Challenge Update

Twelve sustainability studies students are again participating in Project Green Challenge, an online campaign that educates, empowers and mobilizes students worldwide around climate action, public health, social justice and advocacy. Students in SUST/IDIS 155 Intro to Sustainability Studies have moved FSU up to No. 10 on the Leaderboard, with 3,900 points earned as of Oct. 25. First-year mechanical engineering major *Emily Wishart* was recognized for her submission on fair trade practices as part of Team Go Earth as a Greener Challenge Winner. Wishart's submission can be viewed under Winners for Greener on Day 17 (Fair Trade).

Visit <https://projectgreenchallenge.com> for info on these challenges and to watch the progress of FSU as the group continues moving up the Leaderboard. For info on Sustainability Studies at FSU, contact Tracy Edwards at [tedwards@frostburg.edu](mailto:tedwards@frostburg.edu) or in Gunter 210.

## Office of Sponsored Programs Successes/News

On Aug. 24, project director *Al Delia*, vice president, Regional Development and Engagement, was awarded \$150,000 by the Maryland Innovation Initiative, Maryland Technology Development Corp. to conduct a Study on the Feasibility of Establishing a Regional Cyber Security Operations Center.

On Aug. 8, project director *Dr. Boyce Williams*, dean, College of Education, Health and Natural Sciences, was awarded \$731,890 by the U.S. Department of Education for year five of the project, Maryland Accelerates: Teacher-Leader Residency for Inclusive Excellence, in partnership with Garrett County and Frederick County public school systems. The project's purpose is to increase the number of certified teachers in Maryland schools, especially in science, mathematics and computer science, as well as to provide a career path for established teachers to mentor new educators.

For info, see the Office of Sponsored Program's Successes/News webpage at <https://www.frostburg.edu/osp/Successes%20News.php>.

## Take Note

### Training Opportunities for Supervisors

The Office of Human Resources is offering the following training opportunities for supervisors over the next two weeks.

There is training on Progressive Discipline and the Performance Management Process with *Danielle Dabrowski* and training on the Search and Selection Process with *Heather Killen*, *Rebekah Weimer* and *Chris Everett*. OHR will continue having trainings until everyone is through these modules. Below are the dates, times and locations that are scheduled:

Progressive Discipline:

**Thursday, Nov. 2** – 9 to 10 a.m. in EHSC 306 and 3 to 4 p.m. in EHSC 307

**Friday, Nov. 3** – 11 a.m. to noon and 2 to 3 p.m. in EHSC 209

Performance Management Process:

**Thursday, Nov. 9** – 11 a.m. to noon in EHSC 208A and 3 to 4 in EHSC 209

**Friday, Nov. 10** – 10:30 to 11:30 a.m. and 2 to 3 p.m. in EHSC 209

Search and Selection Training:

**Thursday, Nov. 2** – 10:15 to 11:30 a.m. in EHSC 306

**Friday, Nov. 10** – 9 to 10:15 a.m. in EHSC 209

You can register for these trainings sessions for the Progressive Discipline and Performance Management trainings at <https://forms.frostburg.edu/217767>.

You can register for the Search and Selection trainings at <https://shorturl.at/psuDF>.

### Bikes for Rent – Free for an Allotted Time



FSU CANOE has bikes for rent. There are 15 bikes available. The only requirement is a valid FSU student ID.

Bikes are available to rent on an individual basis, or for a group or organization. The bikes are located in Lowndes 117. All bike rentals are free for an allotted time, and by appointment only.

For info regarding the rental program, email Rachel West at [rtwest@frostburg.edu](mailto:rtwest@frostburg.edu).

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## OSP Subscribes to Online Funding Database SPIN

The Office of Sponsored Programs has subscribed to SPIN, an online funding opportunity database open to FSU faculty, staff and students. SPIN contains more than 40,000 funding opportunities from more than 10,000 federal, public, nonprofit and private sponsors and grantors. Registered users can set up and save search preferences, sign up for email notifications, and organize and export funding searches.

Access SPIN at <https://spin.infoedglobal.com/Authorize/Login> or from the Office of Sponsored Programs webpage under Funding Discovery (<https://www.frostburg.edu/osp/Sponsored%20Programs%20Administration/Funding-Discovery.php>). Eligible SPIN users must be affiliated with FSU and have an active FSU email address.

An hour-long training session will take place on Microsoft Teams on **Thursday, Nov. 9**, at 1 p.m. Watch your email for more information.

For info, contact Susan Manger at [smanger@frostburg.edu](mailto:smanger@frostburg.edu).

## Weekly Geography Bowl

Geography Bowl sessions will be held on **Tuesdays** at 5 p.m. in Gunter 214.

To any and all interested in learning more about the people and places of the planet, join the group in Gunter 214 for weekly Geography Bowl sessions. Themes vary each week. Participants are invited to compete for most valuable player status (awarded each week) and to prepare rounds for future weeks. Stop by for a fun way to expand your geographic knowledge base.

For info, contact Tracy Edwards at [tedwards@frostburg.edu](mailto:tedwards@frostburg.edu) or in Gunter 210 or Alex Donley at [ajdonley0@frostburg.edu](mailto:ajdonley0@frostburg.edu).

## Open Enrollment

This year's open enrollment for State of Maryland health benefits is online using State Personnel System (SPS) Workday and will continue until **Thursday, Nov. 9**, at 5 p.m. During this time, eligible faculty and staff can enroll in and/or make changes to their health benefits for an effective date of **Monday, Jan. 1, 2024**. Employees will receive alerts about open enrollment from the State of Maryland via the SPS Workday system.

For info, contact Lee Ann Nightingale at [lnightingale@frostburg.edu](mailto:lnightingale@frostburg.edu).

## Bus Trip to the National Museum of the American Indian

The Office of Diversity, Equity and Inclusion will offer its final free event for fall, the bus trip to the National Museum of the American Indian in Washington, D.C., on **Saturday, Nov. 11**. The bus will depart from the Performing Arts Center parking lot at 8 a.m. and return at 8 p.m. This event is open to FSU students first, then faculty and staff.

For info on the museum, go to <https://americanindian.si.edu/visit/reopening#entrance-safety>.

To register for this trip, visit [https://docs.google.com/forms/d/e/1FAIpQLSe6tyBa8yAt1xf\\_4x2RR\\_eGx-ayiR8o4l1hGmUX7sR9W9ssg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSe6tyBa8yAt1xf_4x2RR_eGx-ayiR8o4l1hGmUX7sR9W9ssg/viewform?usp=sf_link). For info, contact ODEI at 301-687-4050 or [ODEI@frostburg.edu](mailto:ODEI@frostburg.edu).

## Internships

### Capitol Hill and Annapolis Internships – Calling All Majors!

Great opportunities exist for all majors who want to experience what it's like to work on Capitol Hill or with the Maryland General Assembly this spring. All majors are accepted but you must have a 3.0 GPA or above to qualify; you should also be a junior or senior. You can earn college credits for these internships, and most come with a significant stipend to make them affordable. The Maryland General Assembly will also pay \$15 per hour. The internships begins in **early January and run through the middle of April**.

These internships are sponsored by the Beall Institute for Public Affairs at FSU. For info, contact Tim Magrath **Mondays, Wednesdays or Fridays** between 11 a.m. and noon at the Beall Archives/Institute in room 409 in the library. You can also email him at [tmagrath@frostburg.edu](mailto:tmagrath@frostburg.edu) or call 301-687-4080.

### Maryland Public Service Scholars Program

The Maryland Public Service Scholars Program has paid summer 2024 internship opportunities available. Each year, Maryland college students (juniors and seniors of all majors) are selected for paid internships and leadership development opportunities to explore careers in government agencies and nonprofit organizations to make a difference in the lives of Marylanders. These fellowships provide students the opportunity to develop their skills, network, serve in the public service realm and become better future leaders in Maryland's public and social sectors.

Fellows are paid a \$3,500 stipend. Internships are from **Thursday, May 30, to Sunday, Aug. 11, 2024**. The priority application deadline is **Wednesday, Nov. 15**. The final deadline is **Friday, March 1, 2024**.

You can learn more about the MPSS program at information sessions on **Wednesday, Nov. 1, Thursday, Nov. 9, and Wednesday, Nov. 22**. To register, go to <https://airtable.com/appPudH5IDMHNAQoM/shrPyYMy4XZXZHPq3>.

For info about the MPSS program, visit <https://publicservicescholars.umbc.edu>.



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## USM Venture Fellowship



The University System of Maryland Venture Fellowship offers training, upskilling and internship opportunities for students seeking careers in venture capital.

The fellowship provides students who are currently enrolled full-time at a USM member institution with the opportunity to gain real-world experience in the venture capital industry. Leveraging the Maryland Momentum Fund's network of venture capitalists, advisors and entrepreneurs, the fellowship is designed to help students learn the fundamentals of early-stage finance, build professional networks, work on venture deals and develop connections and a toolkit for a career in startup financing.

The program is open to undergraduate (sophomore and above) or graduate students. Although some finance or business background is helpful, there are no prerequisite courses or specific degree types required.

For info and to apply, visit <https://momentum.usmd.edu/usm-venture-fellows>. Applications close **Thursday, Nov. 30**.

## Volunteers

### Storybook Holiday and Harry Potter Book Night

The Children's Literature Centre recently concluded its Book Award Banquet and open house on Oct. 7. Now CLC is preparing for its Storybook Holiday and Harry Potter Book Night events. Both are for children, and lots of volunteers are needed to make these events run smoothly. If you are interested in volunteering for Storybook Holiday on **Saturday, Dec. 2**, at City Place and Main Street, you can dress up as an elf and choose from a variety of jobs such as breakfast elf, wandering elf, secret workshop elf and more. To volunteer, go to <https://shorturl.at/dfESU>.

The Harry Potter Book Night event will take place on **Saturday, Feb. 3, 2024**, at FSU's Lewis J Ort Library. Some volunteer jobs include wandering wizards, heads of houses, station helpers and sorting hat wizards. To volunteer, visit <https://shorturl.at/kCHR6>.

## Study Abroad

### Start Planning Your Study Abroad Experience for Summer and Fall



Alivia Melius in Japan – Spring 2023

Join the Center for International Education for a Study Abroad Information Session to learn more about options for study abroad:

Types of study abroad programs

When students should study abroad

Study abroad scholarships

Using financial aid (Pell Grants and student loans) for study abroad

Transferring classes back to FSU

The last two virtual sessions will take place at 3 p.m. on the following **Fridays: Nov. 3 and Dec. 1**.

Email Victoria Gearhart at [vmgearhart@frostburg.edu](mailto:vmgearhart@frostburg.edu) to sign up for the session of your choice.

## Health and Safety Messages

### Give Wildlife a Brake!



Follow speed limits. Many animals are hit simply because people drive too fast to avoid them. Taking it slow makes the roads safer for other drivers and pedestrians, too.

Watch for wildlife in and near the road at dawn, dusk and in the first few hours after darkness. Keep in mind that where there is one animal, there are probably others.

Be especially cautious on two-lane roads bordered by woods or fields, or where streams cross under roads. Slow down to 45 mph or less.

Scan the road as you drive, watching the edges for wildlife about to cross. This will also make you more aware of other hazards such as bicyclists, children at play and slow-moving vehicles.

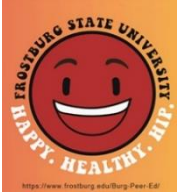
Use your high beams whenever possible.

Lower your dashboard lights slightly. You'll be more likely to see your headlights reflected in the eyes of animals in time to brake.

For info, visit <https://www.humanesociety.org/resources/how-avoid-vehicular-collisions-animals>.

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# Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: How to Cope With Halloween Anxiety

<https://www.healthline.com/health/ease-anxiety-during-halloween>

Tell Yourself Tuesday Tip: Halloween Positive Affirmations

[https://youtu.be/GZUKSwUjIKw?si=rkY\\_aKQww4xdzfWD](https://youtu.be/GZUKSwUjIKw?si=rkY_aKQww4xdzfWD)

Wacky Wednesday Tip: Sixty-One Halloween Statistics

<https://wrxly.com/halloween-statistics-you-need-to-know>

Thankful Thursday Tip: Ten Things a College Student Can Be Thankful For

<https://www.theodysseyonline.com/things-to-be-thankful-for-as-college-students>

Fun Friday Tip: Eight Ways to Celebrate Halloween in College

<https://bookscouter.com/blog/how-to-celebrate-halloween-in-college>

Social Saturday Tip: Halloween Spooky Activities

<https://quartzmountain.org/article/things-to-do-on-halloween-for-college-students>

Self-Love Sunday Tip: Halloween and Self-Care

<https://nursa.com/blog/halloween-and-mental-health-best-self-care-ideas-in-2022>

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## VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

### CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

### OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

### STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).