



For and about FSU people

A publication of Communications and Media Relations

Volume 54, Number 3, September 11, 2023

Copy deadline: noon Wednesday, Candis Johnson at [cvjohnson@frostburg.edu](mailto:cvjohnson@frostburg.edu)

## Appalachian Festival Returns to FSU With ‘Experiencing the Feminine in Appalachia: Women, Gender and Place’



FSU’s much-anticipated Appalachian Festival will return to campus for its 18th year **Thursday, Sept. 14, to Saturday, Sept. 16**. The free, family-friendly event brings together artists and craftspeople to celebrate all that makes the region unique – its history, culture, music and dance, folk arts, food and more – with performances, workshops, displays, discussions and activities. This year’s event focuses on “Experiencing the Feminine in Appalachia: Women, Gender and Place.”

The capstone event is a concert by the Martha Redbone Roots Project in Frostburg’s historic Palace Theatre on **Saturday** at 7:30 p.m. Native and African American vocalist and composer Martha Redbone is known for her unique gumbo of folk, blues and gospel. Inheriting the powerful vocal range of her gospel-singing African American father and the resilient spirit of her mother’s Cherokee, Shawnee and Choctaw culture, she masterfully broadens the boundaries of American roots music. The Roots Project showcases a range of folk, country, Piedmont blues, gospel, bluegrass, soul and Southeastern Woodlands. With songs and storytelling that share her life experience as a Native and Black woman and mother in the new millennium, Redbone gives voice to issues of social justice, bridging traditions from past to present, connecting cultures and celebrating the human spirit. Tickets are \$15 for adults and \$13.50 for children and the military and can be purchased at the door or ordered at [ces.frostburg.edu](https://ces.frostburg.edu).

Events kick off in Frostburg’s Palace Theatre on **Thursday** at 7 p.m. with the film, “Finding Home,” by FSU alum and Frostburg native, **Sidney Beeman**, which follows the journey of a young Burmese immigrant, Cing Khek, and her family as they search for opportunities to build a new and better life in the conservative stronghold of West Virginia. The film depicts the ethnic diversity of the Appalachian region, the economic forces causing people to migrate to this area and the choices individuals make to stay within the region. At its core, the film empowers a diverse cast of Appalachian citizens to reclaim their own narrative in a region that is often dominated by stereotypes.

The festival’s **Friday** on-campus symposium continues the theme “Experiencing the Feminine in Appalachia: Women, Gender and Place.” The symposium features a powerful collection of presentations and discussions that will show the influential role women have in shaping concepts of place. Although each presentation features a different topic, all are connected by a common dedication to the women of Appalachia.

Events begin at 1 p.m. with “Women Leaders at FSU,” during which a panel will explore how women leaders have shaped FSU. The culture for women in the early days will be described, together with how current challenges to create a more equitable campus are being addressed by faculty, staff and student leaders.

This will be followed by “An Intergenerational Discussion on Gender” at 2 p.m. Join FSU students and members of Allegany County’s Women’s Action Coalition to explore the generational shifts in definitions of the terms feminine and gender.

At 3 p.m., “Women’s Monologues: Suffragist History in Mountain Maryland” looks at the brave voices from this region that worked tirelessly for women’s suffrage and how their legacy continues in the contemporary movement to ratify the Equal Rights Amendment. The monologues are brief, single-person portrayals of local women of history who made a difference in securing the fundamental rights for all citizens. They are based on the citizen research of AAUW-Garrett Branch members and friends and of students and faculty of Allegany College of Maryland.

---

Then, at 4:30 p.m., Kate Kelly, attorney, ERA advocate and the author of “Ordinary Equality: The Fearless Women and Queer People Who Shaped the U.S. Constitution and the Equal Rights Amendment,” will discuss the more than 200-year fight against gender discrimination in this country and the lives of the incredible people who have helped waged that fight.

In a virtual presentation at 5:30 p.m., “Hill Women: Telling the Stories of Women in Appalachia,” Appalachian lawyer Cassie Chambers pays tribute to the strong “hill women” who raised and inspired her. With nuance and heart, Chambers uses these women’s stories paired with her own journey to break down the myth of the hillbilly and illuminate a region whose poor community members, especially women, can lead it into the future.

At 6:30 p.m., the symposium closes with “Dinner on the Grounds: Women Driving Change” with Sparky and Rhonda Rucker and Michael and Carrie Kline in an event to celebrate women and social activism.

**Saturday**’s events feature two music stages with performances on the Compton Stage by Bear Hill Bluegrass, Meadow Run, Marv Ashby and High Octane, Ken and Brad Kolodner, The Kevin Prater Band, Devil in the Mill, Hickory Bottom Band, Jocelyn Pettit and Ellen Gira, Critton Hollow Band and Day Old News.

Performers on the Thomas Automotive Stage include Jay Smar; Time Travelers; Dakota Karper and Pete Hobbie; Davis Bradley Duo; Don DePoy and Martha Hills; Jeff and Myles Thomas; Amy Lough, Anne Lough and Amanda Barger; Loretta Hummel and Paul Dix; The Famous International Hillbilly Singin’ Stars; Black Guy Fawkes; Gilbert Lee and the Ghost on the Radio; and Old Towne Strings.

Additional performance areas include Chapel Happenings Outdoors with music by the Frostburg Arion Band, Sparky and Rhonda Rucker, and Michael and Carrie Kline; Appalachian Storytelling with Jo Ann Dadisman, Mikalena Zuckett, Judi Tarowsky, Ilene Evans, and Otto and Katie Ross; and a Southeastern Intertribal Singing workshop with Capstone Concert performer Martha Redbone.

And don’t forget to bring your instruments! The Jam Tent will be open throughout the day under the direction of Ken and Brad Kolodner, Don DePoy and Martha Hills.

The Family Stage provides something for children of all ages and features interactive performances by The Imagineers, as well as a jug band with Slim Harrison and the Sunnyland Band. There will also be an interactive family activity sponsored by the Allegany County Women’s Action Coalition where everyone can paint a rock and learn about the Equal Rights Amendment. In addition, students and teachers from the folk music school The Cat and The Fiddle will share some of the music they have learned or taught. The Capering Kids 4-H Goat Club will return this year to host a “goat-painting” area where children can exercise their creative flair by painting goat-shaped silhouettes. The group will bring goats and offer milking demonstrations throughout the day, and soaps made from goat’s milk will be available for purchase. Finally, in a showcase and community dance, the Barnstormers and RockCandy Cloggers will perform, then demonstrate, then teach audience members how to dance.

Hands-on workshops and presentations can be found in the Folkways Tent, which offers workshops on Appalachian dance and the mountain dulcimer. In “Folkways and Traditions of Plant Medicine in Appalachia,” samples of a variety of local plants will be shared, as well as identification and growing tips. Sparky and Rhonda Rucker will perform songs about traditions old and new, and a panel of members from three Appalachian acts will discuss folk punk. (On Saturday night, Clatter, in Frostburg, will host a Punk Show with doors opening at 9 p.m.)

The Explorations Tent offers updates on The Brownsville Project, an African American community displaced by the expansion of Frostburg College (FSU). Local panelists involved in researching women’s history will present a workshop about the challenges and joys of citizen research. Participants can also learn about one of the most charismatic pollinators, the monarch butterfly, in “Scales to Tails,” meet some of the other-than-human neighbors who live in the Appalachians in a Nature Conservancy session, learn how to encourage pollinators from beekeeper Ben Cooper or learn about pioneering woman Rebecca Bryan Boone, the wife of frontiersman and explorer Daniel Boone.

A wide variety of artisans will be on site to demonstrate local traditions, including tating, pottery, folk art, steampunk and industrial arts, rug hooking, jewelry making, knitting, basket weaving, music, crocheted items, woven pot holders, stained glass, leather goods, slate paintings, charcoal prints, note cards, watercolors, woodcraft and beaded jewelry, custom-made furniture, herbs and flower arrangements, quilted cards and quilts, hemp products and books.

Community groups and organizations and other individuals on the grounds include the Nettle Patch, local author Ben Cooper, the Western Maryland Chapter of the Archeological Society, the Frostburg Museum Association, The Brownsville Project and Frostburg First, the Appalachian Laboratory, The Nature Conservancy, Choose Civility, the Evergreen Heritage Center, the Jane Gates Heritage House, a listening booth on the push and pull of Appalachia, the Maryland Chapter of The American Chestnut Foundation, Allegany and Garrett Counties’ Bird Club, Vote Equality, the Maryland Women’s Heritage Center, the Women’s Action Coalition of Greater Allegany County and the Mountain Maryland Alliance for Reproductive Freedom.

The festival and its programming are supported in part by the Maryland Traditions Program of the Maryland State Arts Council, FSU, 91.9 WFWM, FSU’s Cultural Events Series, the FSU Foundation, the city of Frostburg, FrostburgFirst, Thomas Automotive, Weis Market and Friends Aware.

For info, visit the festival’s website at [www.frostburg.edu/events/afestival](http://www.frostburg.edu/events/afestival).

---

## Help for Students

### PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. They will be given a numeric identifier for tracking purposes, so their name and information are never used in any reporting. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

---

The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are 10 a.m. to 1 p.m. and 3 to 5 p.m. on **Mondays**; 10 a.m. to 1 p.m., 3 to 5 p.m. and 6 to 8 p.m. on **Wednesdays**; and noon to 3 p.m. on **Fridays**. Other weekdays are by appointment. To schedule an appointment, email [pawspantry@frostburg.edu](mailto:pawspantry@frostburg.edu).

Meal cards are available for students! Cards provide up to five free meal swipes at Chesapeake and are available on a first-come, first-served basis. Just ask about them the next time you're at the pantry.

All students (new and returning) using the pantry must complete the Intake and Waiver, which they can complete at the pantry or access at <https://portal.frostburg.edu/pantry>.

## Are You a First-Generation Student?

### Student Support Services Can Help!



TRIO/Student Support Services, located in Pullen 133, offers academic advising, tutoring and study skills, financial aid assistance and guidance, graduate school assistance, career development, and educational and cultural events for first-generation students. Student Support Services is an academic support program to help first-generation college students stay in school and graduate.

To make an appointment, call 301-687-4481. Hours are 8 a.m. to 4:30 p.m. **Mondays through Fridays**.

## Counseling and Psychological Services

Counseling and Psychological Services (CAPS) offers brief but comprehensive counseling services to FSU students, including individual and group therapy.

The office is open **Mondays through Fridays** from 8 a.m. to 4:30 p.m., excluding holidays. Several same-day appointments are available every day for students who are in crisis and in immediate need of speaking with someone.

Crisis services are available in the evenings and on the weekends and holidays. Those services can be accessed by calling University Police at 301-687-4223 and asking to speak with a crisis counselor.

Wait times to meet with a counselor for ongoing support are no more than 10 business days, and often within five business days.

To make an appointment, call 301-687-4234 or stop by office during business hours.

CAPS has a new location on the first floor of the Education and Health Sciences Center in the same space as Brady Health.

In-person and telehealth options are available for appointments.

There is no additional cost to students for services.

Many self-help resources can be found on the CAPS webpage at [www.frostburg.edu/caps](http://www.frostburg.edu/caps).

## Things to Know About Brady Health Center

The Brady Health Center is staffed with two nurse practitioners, two registered nurses and two front office staff. Health center hours are **Mondays through Fridays** from 9 a.m. to 4 p.m.

Services offered include treatment for minor illness/injury, women's health/birth control, emergency contraception, immunizations, STI testing, sexual assault resources, allergy injections and wellness and smoking cessation programs.

Appointments can be scheduled online through the patient portal or by calling 301-687-4310.

The center has moved and is now located on the first floor of the Education and Health Sciences Center in the same space as CAPS.

Free over-the-counter items are available to students in the waiting room, including Tylenol, Ibuprofen, cough drops, menstrual products and condoms.

Additional resources and information can be found at [www.frostburg.edu/brady-health](http://www.frostburg.edu/brady-health).

## Tutoring Information for Fall 2023

Tutoring dates are **Monday, Sept. 11, to Monday, Dec. 11, Mondays through Fridays** from 8:30 a.m. to 4:30 p.m. in Pullen 151

### Appointment-Based/Individual Tutoring

Students use TutorTrac to make appointments; TutorTrac can be accessed at <https://tutortrac.frostburg.edu>. The following are offered: Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 109/149/160, CHEM 150/201/202, COSC 100/102/240/241, DVMT 099, MATH 104/119/120/236/237, PHYS 215/261 and Writing.

### Walk-In/Group Offerings (Show Up, Sign In and Get Assistance)

BIOL 321 is offered **Mondays and Tuesdays** from 5:30 to 7:30 p.m. in Compton 326. PHYS 215/261 are offered **Wednesdays** from 2 to 4 p.m. in CSC 234 and **Thursdays** from noon to 2 p.m. and 3 to 5 p.m. in CSC 236. Tutoring for CHEM 201/202 and MATH 109 is still being planned.

---

## NetTutor (Online Tutoring)

NetTutor is a 24/7, third-party, online tutoring platform accessible via Canvas. Students must send an email to [msmith@frostburg.edu](mailto:msmith@frostburg.edu) to gain access. Information about NetTutor is posted outside of Pullen 151. Some of the available subjects are accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, sociology, student success and writing.

### What If There Is No Assistance for My Class?

If there is no assistance for your class, you can form a study group, speak with your professor or try Khan Academy (video tutorials), Purdue Online Writing Lab or Grammarly (writing).

For info, contact Mark Smith at [msmith@frostburg.edu](mailto:msmith@frostburg.edu) or 301-687-4066.

## SafeRide



The SafeRide Program, an initiative of the Student Government Association, offers safe transportation to the students at FSU. SafeRide, a student-operated program, is free to all students. SafeRide runs almost anywhere in the city of Frostburg, including 7-Eleven, Weis, McDonalds, Burger King, Urgent Care, etc.

SafeRide is just a tap away! Download the TransLoc app today! Use the app to request your ride and to receive notifications when your driver arrives. Sign in using your FSU credentials and request a ride during SafeRide hours. You can also request a ride by calling the SafeRide Office at 301-687-7433.

Hours of operation are 10 p.m. to 2 a.m. **Fridays and Saturdays.**

## Theatre

### CAST Presents 'Romeo and Juliet'



After a hiatus of four years, the Cambridge University American State Tour (CAST) will return to FSU to perform William Shakespeare's "Romeo and Juliet" on **Wednesday, Sept. 13**, at 7:30 p.m. in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center.

This event is sponsored by FSU's Department of English and Foreign Languages.

One of the most iconic Shakespeare plays that touches on universal themes of love and friendship, "Romeo and Juliet" was a conscious choice to revive the 2023 tour. This production, directed by Kitty Croft, takes place in a world very different from fair Verona. In a futuristic setting in the year 2123, the rival houses of Capulet and Montague fight to survive and gain control over the territory. In the midst of such chaos and bloodshed is a tender love story that shows beauty can be found in the most unlikely places and situations. It is a play that transcends geography and culture, a story that everyone knows, and everyone can feel a part of.

CAST has been crossing the Atlantic annually for more than two decades to tour along the east coast of the U.S. as a diverse company of undergraduate and postgraduate students, visiting colleges, high schools and theatres. Under the patronage of Academy and Tony Award-winning actress Dame Judi Dench, CAST has experienced great acclaim internationally, with previous company members going on to achieve success in film and theatre. After the pandemic and its aftermath, CAST is up and running again, using this comeback tour as a way of reviving its deeply valued relationship with U.S. institutions and theatres.

Tickets are \$6 for students and \$12 for general admission. Tickets will be available at the door. For info, contact Dr. Rochelle Smith at [rsmith2@frostburg.edu](mailto:rsmith2@frostburg.edu).

## Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. Events will also be livestreamed; the link will be posted at [www.frostburg.edu/concerts](http://www.frostburg.edu/concerts). For info, contact FSU's Department of Music at 301-687-4109.

### CES at FSU Presents Martha Redbone Roots Project in Appalachian Festival Capstone Concert



CES at FSU will present the Martha Redbone Roots Project on **Saturday, Sept. 16**, at 7:30 p.m. at the historic Palace Theatre at 31 E. Main St. in Frostburg. The event is offered as the capstone concert for the 2023 FSU Appalachian Festival.

Martha Redbone inherited the powerful vocal range of her gospel-singing African American father and the resilient spirit of her mother's Cherokee, Shawnee and Choctaw culture. With the Roots Project, she showcases a range of folk, country, Piedmont blues, gospel, bluegrass, soul and Southeastern Woodlands traditions, including selections from her captivating album, "The Garden of Love – Songs of William Blake."

With songs and storytelling that share her life experience as a Native and Black woman and mother in the new millennium, Redbone gives voice to issues of social justice, bridging traditions from past to present, connecting cultures and celebrating the human spirit.

Immediately following the performance, WFWM station director *Chuck Dicken* will join the artists for a conversation with the audience.

---

Before the evening's performance, Redbone will present a free workshop, "Southeastern Intertribal Singing," at 3 p.m. on the FSU Upper Quad during Appalachian Festival daytime activities. Learn Cherokee and Choctaw Nations' music traditions, including call-and-response singing and the incorporation of harmonies.

Capstone concert tickets are \$15 for adults; \$13.50 for FSU employees, military and youth under 18; and free for FSU students. For info, including ticket discount options, visit CES' webpage at [ces.frostburg.edu](http://ces.frostburg.edu) or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council ([msac.org](http://msac.org)) and receives financial support from the Allegany Arts Council and the City of Frostburg. The engagement of Martha Redbone is made possible in part through the Mid Atlantic Tours program of Mid Atlantic Arts with support from the National Endowment for the Arts and is supported in part by a grant from the Western Arts Alliance Advancing Indigenous Performance Touring Fund and the Andrew W. Mellon Foundation.

## Joshua Bishop Presents Faculty Artist Series Concert, 'Variations'



FSU's Department of Music will present *Joshua Bishop* on the euphonium in a Faculty Artist Series concert, "Variations," on **Monday, Sept. 18**, at 7:30 p.m.

Bishop will perform "Stutter Step" by Benjamin Horne; "Fantasy Variations" by Yasuhide Ito; "Seven Variations on Bei Mannern" by Ludwig van Beethoven; "Allegro con brio," "Lento con teneramente," "Presto" and "Adagio con calore" from "Symphonic Variants" by James Curnow; and "With His First Breath" by Paul Lovatt-Cooper.

"Stutter Step" is a piece for unaccompanied euphonium that was premiered in 2020. The work was influenced by the music of Argentine composer Astor Piazzolla, who revolutionized tango music in the 20th century.

Written in the form of a theme and variations, "Fantasy Variations" (1990) actually presents the variations before the theme. The piece is a beautiful solo, essentially a concerto, in the Japanese style and is based on a Yaisamanina (love song) from Ainu folk music.

Beethoven composed his "Seven Variations on Theme" from Mozart's "Die Zauberflöte" ("The Magic Flute") in 1801. The theme comes from the duet "Bei Männern, welche Liebe fühlen" ("In Men Who Know the Feeling of Love") and is sung by Pamina and Papageno as praise to the love between husband and wife.

One of the core repertoire works for the euphonium and also one of the most demanding works ever written for the instrument, "Symphonic Variants" (1984) runs the gamut of technical facility, range, endurance and power to project and balance.

"With His First Breath" (2017) is the lovely slow melody taken from the middle movement of Lovatt-Cooper's larger work, "Breath of Souls." It is dedicated to his son Luca.

## Presentations

### A Campus Unified Presenter Series Hosts Mitzi Sinnott

The last few years have presented challenges for students, faculty and staff at FSU. Come for a series hosting some of the nation's top, most dynamic presenters in a move toward a more unified campus where everyone works together to solve problems.

The series begins with "Many Stories, One Campus' Honoring Truths as We Chart the Way Forward" with Mitzi Sinnott on **Monday, Sept. 18**, at 7 p.m. in the Lane Atkinson Room (232).

Sinnott is known for igniting change in communities through her art. "Start with heart and art" is the guiding motto for her company All Here Together Productions as they do the work of making lasting social change in community organizations, corporations and universities. Named one of the Top Five Diversity Speakers in America by Campus Activities Magazine, Sinnott is familiar with the complexities of racial identity, mental illness and the legacy of war. She presented her unique family saga in "Snapshot: A True Story of Love Interrupted by Invasion" featured on PBS nationwide and onstage in South Africa, Scotland, Sweden and on campuses across America. Sinnott is a two-time recipient of the Brooklyn Arts Council Individual Artist Award, a two-time recipient of the Kentucky Foundation for Women's Arts Meets Activism Award, a Best Actress nominee at the Edinburgh Fringe Festival, Scotland, and a winner of the 2020 Tanne Foundation Artist Award.

## Workshops

### Environmental Data Workshops



The Western Maryland Regional GIS Center and FSU's Department of Geography will host two workshops on "Python for Environmental Data Processing," the first on **Wednesday, Sept. 13**, and the second on **Wednesday, Sept. 20**, both from noon to 2 p.m. in the computer lab in Gunter Hall 212. These workshops are free and open to FSU faculty, staff and students and registered community participants.

There are no prerequisites. These workshops are designed for computer users from beginners to advanced. In these workshops, participants will explore how Python programming can be used to analyze and visualize geospatial environmental data. Participants will practice ready-to-use skillsets applicable to research and the GIS workplace. They will apply basic programming principles to manipulating environmental data with real-world applications. Topics include basic Python programming and Pandas data frame manipulation in workshop 1 and environmental data preprocessing and analyzing and visualizing environmental data in workshop 2.

For info, contact Dr. Hai Lan at [hlan@frostburg.edu](mailto:hlan@frostburg.edu) or Dr. Tianna A Bogart at [tabogart@frostburg.edu](mailto:tabogart@frostburg.edu).

## Exhibits

### Ort Library Continues Anniversary Celebration With 1963-87 Exhibit



The Lewis J. Ort Library is celebrating the 125th anniversary of FSU with an exhibit each semester that represents the institution's epochs: The State Normal School No. 2 at Frostburg 1898-1934, Frostburg State Teachers College 1934-1963, Frostburg State College 1963-1987 and Frostburg State University 1987-Present. The third of these four exhibits encompasses the Frostburg State College years when it transitioned to a four-year liberal arts college. Visitors can see the tremendous growth in enrollment, which tripled to more than 3,700 students; in the campus, which erected more than 15 buildings; student diversity; and the curriculum, which expanded to include a liberal arts education as well as graduate programs. Information on notable

leaders such as *Dr. Alice Manicur*, *William R. and Pansye S. Atkinson* and *Presidents John Morey and Dr. Nelson P. Guild* is presented. Many colorful images of student life are also included.

Visitors can learn about Guild (1969-1985) in a companion exhibit located on the second floor. Guild was the second longest-serving president and remains the only president hired from within the institution. The Guild presidency was marked by incredible growth in the institution. In 1986, the Nelson P. Guild Resources Center was dedicated in his honor.

The Frostburg State College, 1963-1987 exhibit is located to the right of the Main Desk on the third floor. The exhibits will remain up through the fall semester. Library hours are **Mondays through Thursdays** from 8 a.m. to 10 p.m., **Fridays** from 8 a.m. to 5 p.m. and **Sundays** from 2 to 10 p.m. For info, visit [www.frostburg.edu/library](http://www.frostburg.edu/library).

## Points of Pride

### FSU's Nowaczyk Appointed New Commissioner of Middle States Commission on Higher Education



FSU's president, *Dr. Ronald Nowaczyk*, was recently appointed to serve as a new commissioner on the Middle States Commission on Higher Education (MSCHE). His term will continue through Dec. 31, 2029.

FSU is accredited by MSCHE, an institutional accrediting agency recognized by the U.S. Secretary of Education and the Council for Higher Education Accreditation. MSCHE has seven Standards of Excellence that are used to assess compliance with federal requirements and help affirm that the University's mission and goals align with these standards.

FSU is periodically required to complete an in-depth self-study to be accredited. These self-studies demonstrate FSU's commitment to continuous improvement and are used to strengthen and sustain the institution. They are also an opportunity to show that FSU continues to strive to meet institutional priorities and create a welcoming campus culture. FSU is currently participating in a self-study in preparation for a 2025 visit from MSCHE.

### Executive Administrative Assistant to FSU President Takes Home One of Profession's Highest Honors

#### Donnell VanSkiver Wins Second Annual Washington, D.C., Admin Leadership Award



On Aug. 25, *Donnell VanSkiver*, executive administrative assistant to FSU's president, was announced the winner of this year's Leadership Award at the 2023 Washington, D.C., Admin Awards. These awards are the administrative profession's highest honors. She garnered a total of 19 nominations from her superiors, coworkers, community leaders and students.

The Admin Awards are the only program of its kind that recognizes and rewards the importance and achievements of administrative professionals. There are nine award categories, including the Leadership Award, which VanSkiver won for "demonstrating confidence, focus, drive, integrity, innovation, patience, decisiveness and open-mindedness."

One theme remained constant throughout the multitude of nominations she received. VanSkiver is a lifelong learner who is committed to passing along her knowledge to her peers so that they, too, can grow in their careers. She fosters open communication, collaboration and inclusivity, putting everyone she interacts with at ease, making them feel supported and empowered.

Prior to beginning her tenure at FSU in 2020, VanSkiver was the senior human resources assistant at Northrop Grumman at the Allegany Ballistics Laboratory location.

For info about the Admin Awards, visit [www.adminawards.com](http://www.adminawards.com).

## Office of Sponsored Programs Successes/News

On Aug. 30, project director *Dr. Kara Rogers Thomas*, a professor in the Department of Sociology, was awarded \$8,000 in Appalachian Regional Commission funds by East Tennessee State University for the Appalachian Collegiate Research Institute project, Wills Mountain State Park: History, Ecology and Opportunity in Western Maryland.

On Aug. 29, project director *Maureen Hamilton*, Department of Educational Professions, was awarded \$76,353 by the Maryland State Department of Education for the Child Care Career and Professional Development Fund for FY2024. The fund covers tuition,

fees and required textbooks for students who are completing the required coursework in pursuit of a degree in early childhood education, elementary education, child development and special education, or other state-approved fields.

For info, see the Office of Sponsored Program's Successes/News webpage at <https://www.frostburg.edu/osp/Successes%20News.php>.

## Take Note

### 9/11 Remembrance



A 9/11 Remembrance ceremony will be held on **Monday, Sept. 11**, at 7 p.m. in the Lane Atkinson Room.

U.S. Navy veteran, *Lt. Cmdr. Niki Purkoski '72*, will be the keynote speaker for the event. She was deployed to the Persian Gulf during the 20-year Global War on Terrorism and will share her perspective on 9/11.

RSVP to Clarissa Lang, director of Veterans Services, at [calang@frostburg.edu](mailto:calang@frostburg.edu).

### Fall 2023 Edition of Profile



The fall 2023 edition of Profile is hitting mailboxes! This edition coincides with the 125th anniversary of FSU and featured inside is a then-and-now scrapbook of images from the archives compared with photos from today. It also features the Homecoming schedule, Classnotes, stories of donors pledging their support and so much more.

You can view Profile online by visiting <https://www.frostburg.edu/profile/f23/home.php>. It is also mobile-friendly.

And now you can request to receive it by email only. Click <https://forms.frostburg.edu/217756> to make this selection.

## FSU to Host Regional Bobcat Innovation Launch Pad Competition

### Winning Teams Earn Funding to Bring Their Solutions to Challenging Issues to Life

FSU, in partnership with the TEDCO (Maryland Technology Development Corporation) Maryland Innovation Initiative (MII) and the University System of Maryland (USM) Launch Fund, will host a regional Bobcat Innovation Launch Pad competition on the FSU campus **Friday, Sept. 22, through Sunday, Sept. 24**. The focus of this year's Bobcat Innovation Launch Pad will be on distributed energy resources, virtual power plants, climate change, and environmental, social and governance factors.

The Bobcat Innovation Launch Pad is a unique program that will combine the best aspects of a hackathon with those of a business pitch competition, providing teams with an opportunity to work quickly and collectively to develop business models and technology-based solutions to real-world problems.

Multidisciplinary teams consisting of four to five student members, advised and mentored by FSU faculty, staff and subject matter experts, will put their technical and entrepreneurial skills to the test as they work through problem statements related to this year's themes and conduct market research to create a commercially viable solution and subsequent new technologies to solve difficult issues.

Over the course of the event, teams will examine difficult problem statements to identify a deeper issue worth solving and then identify new solutions to this problem. During the two-day Bobcat Innovation Launch Pad competition, teams will design or build a prototype, create a business plan and ultimately pitch this plan to influence and inspire their audience and a team of judges to invest in their idea.

Winning teams placing first through third will be awarded cash funding in amounts of \$2,500, \$1,500 and \$1,000, respectively, to support further exploration and development of their solution. The Bobcat Innovation Launch Pad competition is open to all students in any undergraduate or graduate degree programs. While an engineering or coding background is not required, participants should be curious and highly collaborative, with the ability to utilize critical reasoning skills to work within a multi-disciplinary team.

There is no cost to attend the event, but to participate, students must apply online by **Friday, Sept. 15**, at 5 p.m. Lunch and snacks will be provided. Space is limited, so visit <https://www.frostburg.edu/competitions/bobcat-innovation-launch-pad/2023.php> to apply.

### Get Yourself Tested!



September is Sexual Health Month, and the Brady Health Center will host an STI Testing Event **Monday, Sept. 11, through Friday, Sept. 15**, at its new location on campus, room 118 of the Education and Health Sciences Center.

The center will offer full sexually transmitted infection (STI) screening, sexual education and counseling for \$20.

Every student tested that week will be placed in a drawing. One lucky winner will receive a prize. The winner will remain confidential.

Call 301-687-4310 to make an appointment.

---

## 25th Anniversary Challenge



As you celebrate the 125th anniversary of FSU's founding, take some time to think about what you think FSU will look like in 2098. FSU's campaign tagline is Forging Futures. *President Nowaczyk* would like to hear from campus and community members about that future, specifically the year 2098 when FSU will celebrate its 200th anniversary.

Be creative! You can draw, paint, sculpt or write a poem or news article.

Entries will be displayed on campus and included on the 125th website and FSU social media accounts.

### Terms and Conditions

Entries will be judged by the 125th Anniversary Committee and winners will be announced at Homecoming on **Saturday, Oct. 7**.

Multiple entries are welcome; each entry will be eligible to win. Prizes will be awarded to the top three submissions.

Entries are due to the Office of University Advancement no later than 4:30 p.m. on **Friday, Sept. 22**.

## Career Carnival



The second annual Career Carnival hosted by the Career and Professional Development Center will be held on **Wednesday, Sept. 13**, from 11 a.m. to 3 p.m. on the library lawn. Everyone is welcome!

Games, inflatables, snacks and prizes will be available.

Students will have the opportunity to learn of the many services CPDC offers, as well as other on-campus organizations and offices.

## Constitution Day Celebration

Stop by the Constitution Day table on the third floor of the Lewis J. Ort Library on **Monday, Sept. 18**, and receive a free Pocket Constitution while supplies last.

Learn more about the Constitution on the Library's website at <https://libguides.frostburg.edu/constitution>.

## National Voter Registration Day

National Voter Registration Day is coming up on **Tuesday, Sept. 19**. FSU's Office of Civic Engagement will host voter registration tables from 10 a.m. to 4 p.m. on the Clock Tower Quad. Organizations from the campus community will be featured as well as the local Board of Elections.

## ODEI Programming for Fall

The Office of Diversity, Equity, and Inclusion (ODEI) will offer the following free programming this fall.

**"The Supreme Court Decision on Affirmative Action: How It May Impact You"** by Rasheed Cromwell, Esq., **Wednesday, Sept. 20**, 7 p.m., Adams/Wyche Multicultural Center at the Lincoln School, open to campus community

**The Red Road to Victory**, **Monday, Oct. 9**, 6 p.m., Adams/Wyche Multicultural Center at the Lincoln School, Reconciliation and Diversity Symposium With Bill Miller (see the CES schedule for additional programming), open to the public

**"The Brownsville Play,"** **Wednesday, Oct. 11**, 7 p.m., location to be announced, open to the public, free tickets required

An original play, written by Brownsville descendant Clory Jackson. To learn more about The Brownsville Project, go to <https://www.thebrownsvilleproject.com>.

**Diversity Retreat**, **Friday, Oct. 13**, through **Sunday, Oct. 15**, FSU students only – application required, applications available starting **Monday Sept. 11**

**Bus Trip to the National Museum of the American Indian**, **Saturday, Nov. 11**, open to FSU students first, then faculty and staff

More details will be provided as the dates draw closer.

For info, contact Robin Wynder, assistant vice president for Student Affairs, at [rwynder@frostburg.edu](mailto:rwynder@frostburg.edu).

## Fall Planetarium Shows

**Science Saturdays** feature Space News, a Sky Tour and a full-dome movie. Telescopes are provided afterwards for viewing celestial objects if the conditions are favorable. Shows are free and no tickets are required. All ages are welcome.

The shows begin at 5 and 7 p.m. It is recommended that you plan to arrive 5 to 15 minutes early to guarantee a seat.

### Current Schedule and Movies for Fall 2023

**Sept. 23** – "The Hot and Energetic Universe" (new!)



---

Oct. 21 – “Mayan Archaeoastronomy”

Nov. 18 – “Zula Patrol: Under the Weather” (new!)

For info, contact Dr. Jason Speights at [jcspeights@frostburg.edu](mailto:jcspeights@frostburg.edu).

## Brains and Brews Fall 2023



Brains and Brews takes place at The Deep End on Main Street in Frostburg, between 7 and 8 p.m., typically on the third **Thursday** of the month, except when it is moved up a week during finals week.

Presenters have about 18 minutes to present to an audience often made up of FSU faculty, staff, area residents and sometimes graduate and undergraduate students. That is followed by 6 or 8 minutes of Q&A.

One can speak on a variety of topics relating to their research interests, creative endeavors or areas of expertise. Current events are also potential subjects.

The dates for this fall’s Brains and Brews events are **Sept. 21, Oct. 19, Nov. 16** and **Dec. 14**.

If interested in presenting, contact Dr. Keith Terry at [keterry@frostburg.edu](mailto:keterry@frostburg.edu) or 301-687-7020.

## Homecoming

Homecoming 2023 will be held **Thursday, Oct. 5, through Sunday, Oct. 8**.

For info, check out <https://www.frostburg.edu/alumni/homecoming.php>.

## Volunteers

### Alternative Winter Break

Alternative Winter Break will take place **Sunday, Jan. 7, through Saturday, Jan. 13**, in New Orleans.

Spend a week volunteering to benefit communities struck by natural disasters. Immerse yourself in another culture while using your break to make a lasting impact.

The deadline to apply is **Thursday, Sept. 28**, at 11:45 p.m. Apply at <https://shorturl.at/InozG>.

Optional interest sessions will be held **Monday, Sept. 25**, at 2 p.m. and **Tuesday, Sept. 26**, at 7 p.m., both in Lane 111.

For info, contact Ashley Daniels, associate director, Student Life, at [amdaniels@frostburg.edu](mailto:amdaniels@frostburg.edu), or stop by Lane 231.

## Catholic Campus Ministry

### Simple Supper



Catholic Campus Ministry, in conjunction with the Episcopal Churches of Western Maryland, invites all FSU students to a homestyle dinner **Sundays** from 5:35 to 7:30 p.m. at the Osborne Newman Center (building with the green roof) behind Annapolis Hall. Bring a friend, eat and run or hang out for games and fellowship.

For info, text Sharon Bogusz at 410-300-4790.

## Study Abroad

### Start Planning Your Study Abroad Experience for Summer and Fall 2024!



**Alivia Melius in Japan – Spring 2023**

Join the Center for International Education for a Study Abroad Information Session to learn more about options for study abroad:

Types of study abroad programs

When students should study abroad

Study abroad scholarships

Using financial aid (Pell Grants and student loans) for study abroad

Transferring classes back to FSU

---

Each virtual session will take place at 3 p.m. on the following **Fridays: Sept. 22, Oct. 6 and 20, Nov. 3 and Dec. 1.**

Email Victoria Gearhart at [vmgearhart@frostburg.edu](mailto:vmgearhart@frostburg.edu) to sign up for the session of your choice.

## Community

### Frostburg Palace Theatre to Screen ‘Who’s Afraid of Virginia Woolf?’



The Palace Theatre at 31 E. Main St. in Frostburg will continue its 2023 Raise the Roof Film Series on **Thursday, Sept. 21**, with a screening of the movie “Who’s Afraid of Virginia Woolf?” Doors open at 7 p.m. and showtime is at 7:30 p.m.

The adaptation of Edward Albee’s 1962 play of the same name stars Elizabeth Taylor as Martha and Richard Burton as George. The film was nominated for 13 Academy Awards and is one of only two films to be nominated in every eligible category at the Academy Awards.

In 2013, the film was selected for preservation in the U.S. National Film Registry by the Library of Congress as being “culturally, historically or aesthetically significant.”

Admission is \$7, and all proceeds from ticket sales will go toward a new roof for the Palace Theatre.

## Health and Safety Messages

### Autumn Safety Tips



It might be warm now, but fall is right around the corner. Be sure to keep these safety tips in mind as you prepare for colder weather.

**Avoid burning leaves.** Burning leaves is illegal in some areas and releases dangerous chemicals into the air. Mulching leaves can return nutrients and organic matter to the yard and has long-term positive effects.

**Change smoke alarm batteries.** Batteries should be replaced in alarms at least once each year, unless the alarms have sealed 10-year batteries. Replace the smoke alarm if it is more than 10

years old.

**Make sure your heater is working.** Before it gets too chilly, turn it on to test and make sure it sufficiently heats up your house.

**Be careful with space heaters.** Make sure there is plenty of space around the heater so it can vent. Don’t leave a space heater unattended.

**Be careful with candles.** Keep candles away from flammable materials, light them in a place where kids or pets can’t knock them over and make sure to blow them out before leaving your house or going to sleep. **The National Candle Association reports that about 10,000 home fires a year are caused by burning candles.**

**Watch for poor weather conditions while driving.** Be careful driving in rain, snow and fog and on ice and wet leaves. Roads can become slippery and visibility decreases in poor conditions.

**Be safe driving in the dark and bright sunshine.** Be sure to have sunglasses on hand to protect your eyes.

**Put together an emergency kit for your car.** Include a first aid kit, a flashlight, jumper cables and a blanket.

---

### VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

#### CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person’s ability to “take the perspective of the other.”

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

#### OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

---

**STRATEGIC GOALS**

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).