

StateLines

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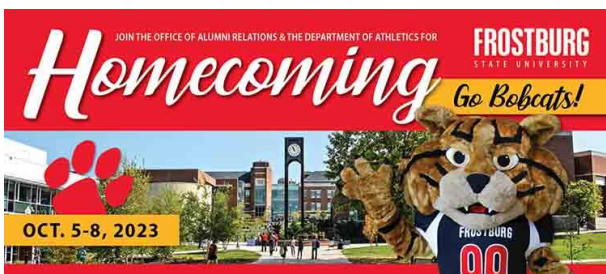
For and about FSU people

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Bobcats Celebrate Homecoming at FSU Oct. 5-8



It's that time of year again when Bobcats of all generations come together to celebrate during the FSU 2023 Homecoming! FSU students, alumni, faculty and staff will be showing their Bobcat pride from **Thursday, Oct. 5, to Sunday, Oct. 8.**

The celebration kicks off by showing appreciation to FSU retired employees through an invitation-only Retired Employee Luncheon on **Thursday** in the Atkinson Room (232) of the Lane University Center. Later that night, a Bobcat Variety Show will be held from 7 to 9 p.m. in the Lane Center's Alice R. Manicur Assembly Hall.

On **Friday** morning, registration for the FSU Baseball Golf Outing begins at 9 a.m. and the shotgun start is at 10 a.m. at the Rocky Gap Casino Resort. Then, at 3 p.m., the Bobcat Softball team will take on the Potomac State Catamounts on the FSU Softball Field, and at 7 p.m., the Bobcat Volleyball team will play the West Liberty Hilltoppers in the Main Arena of the Cordts PE Center.

Seven new inductees will be welcomed that evening at the Bobcat Hall of Fame Induction Ceremony and Dinner. Cocktail hour for the reservation-only event begins at 5 p.m. in the Lane Upper Lobby, with dinner following at 6 p.m. in Lane Manicur Hall. Also that evening, the Welcome Back Alumni Reception will take place from 6 to 9 p.m. at Hotel Gunter at 11 W. Main St. in Frostburg.

Saturday is packed with exciting events that Bobcats can choose from to show their pride. The Swimming Intersquad Meet will take place at 9 a.m. at the Cordts PE Center pool. Also that morning, the reservation-only Track & Field and Cross Country Alumni Breakfast will be held from 9 to 11 a.m. in Lane Center room 111. At 10 a.m., you can join staff from the Office of Admissions to learn how to help a future Bobcat on their journey at Saturday Visit Day in Pullen Hall. From 10 a.m. to 2 p.m., an Alumni Welcome Center will be set up in the Lane Upper Lobby. There will be refreshments, activities for the kids and a chance to watch the football game live on the big screen, as well as an opportunity for alumni to update their contact information. You can also stop by the Lewis J. Ort Library at 10 a.m. for the Alumni Author's Corner featuring *Theresa Williams Harrison '80/M'88*.

From 10 a.m. to noon, the reservation-only Jim Anderson Memorial Baseball Brunch will take place in Lane Manicur Hall. The Golden Anniversary Reunion Brunch, for members of the Class of 1973 and before, will be from 10:30 a.m. to 12:30 p.m. in the Lane Atkinson Room.

Tailgating at Bobcat Stadium starts at 10:30 a.m. The cost is \$25 per space. For the complete rules and regulations, visit www.frostburg.edu/homecoming. Then, at 11 a.m., the Corn Hole Tournament begins in the stadium lot, with prizes for first- and second-place winners. Two alumni games also begin on campus at 11 a.m. – the Women's Lacrosse Alumni Game on the Upper Grass Field and the Softball Alumni Game on the Softball Field.

You could also join Office of Admissions staff for the Campus Walking Tour at 11 a.m. in Pullen Hall to see what's changed on campus. And experience never-before-seen images of the sun's violent surface in the immersive full-dome movie, "The Sun, Our Living Star," showing in the Multimedia Learning Center Planetarium on the first floor of the Gira Center at 11 and 11:30 a.m.

Frostburg's Football team will play the UNC Pembroke Braves at 1 p.m. at Bobcat Stadium. To buy football tickets and tailgating tickets, use this link: <https://frostburgsports.com/sports/2023/8/16/tickets.aspx>. The Women's Soccer Game will begin at 5 p.m., with the Bobcats playing the Concord University Mountain Lions, also in Bobcat Stadium.

Two Children's Literature Centre events will take place in the afternoon. Stop by to celebrate CLC's new location at an open house from 3 to 4:30 p.m. in room 219-A of the Education and Health Sciences Center. CLC's reservation-only Book Award Banquet will be held later in the Hotel Gunter Ballroom. Happy hour starts at 5:30 p.m., then dinner and a presentation at 6 p.m.

Later that evening, the Office of Student Engagement will host a Student Dance from 10 p.m. to 1 a.m. in Lane Manicur Hall.

Sunday is the last day of the Homecoming's events. The Student Government Association will hold a "Big Event" at noon to clean up the streets of Frostburg. Everyone is invited to meet on the Upper Quad to participate.

For info, visit www.frostburg.edu/homecoming, call 301-687-4068 or email alumni@frostburg.edu.

Help for Students

PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. They will be given a numeric identifier for tracking purposes, so their name and information are never used in any reporting. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are 10 a.m. to 1 p.m. and 3 to 5 p.m. on **Mondays**; 10 a.m. to 1 p.m., 3 to 5 p.m. and 6 to 8 p.m. on **Wednesdays**; and noon to 3 p.m. on **Fridays**. Other weekdays are by appointment. To schedule an appointment, email pawspantry@frostburg.edu.

Meal cards are available for students! Cards provide up to five free meal swipes at Chesapeake and are available on a first-come, first-served basis. Just ask about them the next time you're at the pantry.

All students (new and returning) using the pantry must complete the Intake and Waiver, which they can complete at the pantry or access at <https://portal.frostburg.edu/pantry>.

Are You a First-Generation Student?

Student Support Services Can Help!



TRiO/Student Support Services, located in Pullen 133, offers academic advising, tutoring and study skills, financial aid assistance and guidance, graduate school assistance, career development, and educational and cultural events for first-generation students. Student Support Services is an academic support program to help first-generation college students stay in school and graduate.

To make an appointment, call 301-687-4481. Hours are 8 a.m. to 4:30 p.m. **Mondays through Fridays**.

Counseling and Psychological Services

Counseling and Psychological Services (CAPS) offers brief but comprehensive counseling services to FSU students, including individual and group therapy.

The office is open **Mondays through Fridays** from 8 a.m. to 4:30 p.m., excluding holidays. Several same-day appointments are available every day for students who are in crisis and in immediate need of speaking with someone.

Crisis services are available in the evenings and on the weekends and holidays. Those services can be accessed by calling University Police at 301-687-4223 and asking to speak with a crisis counselor.

Wait times to meet with a counselor for ongoing support are no more than 10 business days, and often within five business days.

To make an appointment, call 301-687-4234 or stop by office during business hours.

CAPS has a new location on the first floor of the Education and Health Sciences Center in the same space as Brady Health.

In-person and telehealth options are available for appointments.

There is no additional cost to students for services.

Many self-help resources can be found on the CAPS webpage at www.frostburg.edu/caps.

Things to Know About Brady Health Center

The Brady Health Center is staffed with two nurse practitioners, two registered nurses and two front office staff. Health center hours are **Mondays through Fridays** from 9 a.m. to 4 p.m.

Services offered include treatment for minor illness/injury, women's health/birth control, emergency contraception, immunizations, STI testing, sexual assault resources, allergy injections and wellness and smoking cessation programs.

Appointments can be scheduled online through the patient portal or by calling 301-687-4310.

The center has moved and is now located on the first floor of the Education and Health Sciences Center in the same space as CAPS.

Free over-the-counter items are available to students in the waiting room, including Tylenol, Ibuprofen, cough drops, menstrual products and condoms.

Additional resources and information can be found at www.frostburg.edu/brady-health.

Tutoring Information for Fall 2023

Tutoring runs through **Monday, Dec. 11**, and is offered **Mondays through Fridays** from 8:30 a.m. to 4:30 p.m. in Pullen 151

Appointment-Based/Individual Tutoring

Students use TutorTrac to make appointments; TutorTrac can be accessed at <https://tutortrac.frostburg.edu>. The following are offered: Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 109/149/160, CHEM 150/201/202, COSC 100/102/240/241, DVMT 099, MATH 104/119/120/236/237, PHYS 215/261 and Writing.

Walk-In/Group Offerings (Show Up, Sign In and Get Assistance)

BIOL 321 is offered **Mondays and Tuesdays** from 5:30 to 7:30 p.m. in Compton 326. CHEM 201 is offered **Thursdays** from 5 to 6 p.m. in Compton 328; CHEM 202 is offered **Wednesdays** and **Thursdays** from 5 to 7 p.m., also in Compton 328. PHYS 215/261 are offered **Wednesdays** from 2 to 4 p.m. in CSC 234 and **Thursdays** from noon to 2 p.m. and 3 to 5 p.m. in CSC 236.

NetTutor (Online Tutoring)

NetTutor is a 24/7, third-party, online tutoring platform accessible via Canvas. Students must send an email to msmith@frostburg.edu to gain access. Information about NetTutor is posted outside of Pullen 151. Some of the available subjects are accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, sociology, student success and writing.

What If There Is No Assistance for My Class?

If there is no assistance for your class, you can form a study group, speak with your professor or try Khan Academy (video tutorials), Purdue Online Writing Lab or Grammarly (writing).

For info, contact Mark Smith at msmith@frostburg.edu or 301-687-4066.

SafeRide



The SafeRide Program, an initiative of the Student Government Association, offers safe transportation to the students at FSU. SafeRide, a student-operated program, is free to all students. SafeRide runs almost anywhere in the city of Frostburg, including 7-Eleven, Weis, McDonalds, Burger King, Urgent Care, etc.

SafeRide is just a tap away! Download the TransLoc app today! Use the app to request your ride and to receive notifications when your driver arrives. Sign in using your FSU credentials and request a ride during SafeRide hours. You can also request a ride by calling the SafeRide Office at 301-687-7433.

Hours of operation are 10 p.m. to 2 a.m. **Fridays and Saturdays.**

Dance

CES to Host Step Afrika! in Percussive Dance Performance



As part of Family Weekend at FSU, CES at FSU and the Department of Student Engagement will present Step Afrika! on **Saturday, Sept. 30**, at 7:30 p.m. in Lane Manicur Hall.

Step Afrika! merges the dance styles practiced by historically African American fraternities and sororities with traditional West and Southern African dances and an array of contemporary dance and art forms to create a compelling performance that integrates song, storytelling, humor and audience participation. The New York Times raved, "In the bodies of these skilled performers, the beat is obviously unstoppable. Again and again, the dancers pick it up and pass it around with clapping hands and stomping feet, through the legs, behind the back, defiant and unified and

inspiring."

Before the performance, at 3 p.m., in the Lane Atkinson Room (232) community members are invited to attend a free step dance workshop with the artists of Step Afrika! In stepping, the body becomes an instrument, using footsteps, claps and spoken word to produce complex polyrhythms. Attendance is limited and registration is required.

Founded in 1994 by C. Brian Williams, Step Afrika! is the first professional company dedicated to the percussive dance tradition of stepping. The company has evolved to become one of America's greatest cultural exports, touring to more than 60 countries across the world, and is featured prominently at the Smithsonian's National Museum of African American History and Culture with the world's first stepping interactive. In 2017, Step Afrika! made its off-Broadway debut with the critically acclaimed production, "The Migration: Reflections on Jacob Lawrence."

Performance tickets are \$5. For info, visit the CES webpage at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, in the Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council (msac.org) and receives financial support from the Allegany Arts Council and the City of Frostburg.

Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. Events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

Department of Music Presents Faculty Showcase Recital

FSU's Department of Music will present its Faculty Artist Series Faculty Showcase Recital on **Friday, Sept. 29**, at 7:30 p.m.

The concert will feature *Joshua Bishop* on euphonium performing the third movement and finale, "Giocoso," from "Euphonium Concerto" by Vladimir Cosma. This is an epic and majestic euphonium concerto, written in a Spanish style.

Next, soprano *Dr. Chun-Ting Chao* will perform "Allons il le fauts ... Adieu, notre petite table" from "Manon" by Jules Massenet, an opéra comique in five acts to a French libretto by Henri Meilhac and Philippe Gille, based on the 1731 novel "L'histoire du chevalier des Grieux et de Manon Lescaut" by the Abbé Prévost. It is the quintessential example of the charm and vitality of the music and culture of the Parisian Belle Époque.

The second movement, "Adagio affettuoso," from "Cello Sonata No. 2 in F Major, Op. 99" by Johannes Brahms will be performed by cellist *Dr. Karen Lau*. Brahms composed this sonata in 1886. It was written for, dedicated to and first performed by Robert Hausmann, who had popularized the first sonata. In "Adagio affettuoso," the cello part opens in a pizzicato exposition of the main theme over piano chords.

Dr. Avery Pettigrew, on horn, will play "Divertimento for Horn and Piano," which Jean Françaix composed in 1953. Françaix was a 20th-century French neoclassical composer, pianist and orchestrator who composed works for a wide spectrum of ensembles, many unconventional. His prolific compositional career resulted in a handful of works becoming standard in the horn repertoire.

"Signore, ascolta!" ("Lord, hear"!) from "Turandot" by Giacomo Puccini will be performed by soprano *Bixiao (Bessie) Wang*. "Turandot" is an opera in three acts by Puccini with a libretto in Italian by Giuseppe Adami and Renato Simoni, the music completed by Franco Alfano in 1926 after Puccini's death. The opera is set in China and follows the Prince Calaf, who falls in love with the cold Princess Turandot.

Dr. Brent Weber, on soprano saxophone, will perform "Garden of Love" by Jakob ter Veldhuis. Composed for oboist Bart Schneemann in March 2002, "Garden of Love" is based on a poem by William Blake.

Pianist *Dr. Joseph Yungen* will perform a piece by Charles-Valentin Alkan, a French composer and virtuoso pianist. At the height of his fame in the 1830s and 1840s, he was among the leading pianists in Paris. "No. 8 Lento appassionato in A flat major" is from "Op. 35, Douze études dans tous les tons majeurs," which Alkan composed in 1848.

The Faculty Jazz Quintet – with Weber on saxophone, *Dr. Donald Albrecht* on trumpet, *Tom Harrison* on piano, *Peter Lewis* on bass and *Dr. Mackenzie Jacob LaMont* on drums – will be the last to perform. Their pieces will be announced from the stage.

FSU Student Alexander McNemar Will Perform Senior Saxophone Recital

FSU's Department of Music will present student *Alexander McNemar* in his senior saxophone recital on **Friday, Oct. 6**, at 7:30 p.m. He will be accompanied by pianist *Dr. Joseph Yungen*, with guest artist *Dr. Brent Weber* on saxophone.

McNemar will perform "Clarinet Sonata in E-flat Major, Op.167" (1921), one of Camille Saint-Saëns' last works, arranged by Larry Teal; "Concertino da Camera for Alto Saxophone and Small Orchestra" (1934) by Jacques Ibert; "Caprice en forme de valse" (1950) by Paul Bonneau, a technically demanding major work for saxophone; and "Saxsounds III (Diminishing Returns)" for two saxophones and electronic delay by Steven Galante.

CES at FSU Presents Multiple Grammy Winner Bill Miller in Indigenous Peoples' Heritage Celebration



CES at FSU and the Office of Diversity, Equity and Inclusion will celebrate Native American traditions on **Tuesday, Oct. 10**, with a spirited performance from multiple Grammy-winning musician Bill Miller at 7:30 p.m.

A three-time Grammy recipient for Best Native American Music Album, Miller has moved audiences around the world with music that amplifies the whispers of Native people's hearts with his signature sound: thunder (the voice), wind (the Native American flute), water (the guitar) and soul (the story). Renowned folk musician Arlo Guthrie stated, "[Bill] has always reminded me of what our singers and writers are all about, singing what cannot be spoken, echoing what cannot be heard, in ways that ring true and honest."

The son of Mohican and German parents, Miller used music to emerge from the entrenched poverty of his youth on a Wisconsin reservation. He has shared the stage with Eddie Vedder, Richie Havens and Tori Amos and appears as Native American flute soloist on the song "Colors of the Wind" from Disney's "Pocahontas." He has received numerous Native American Music Awards honors, including a Lifetime Achievement Award. Miller is also an accomplished artist, and his paintings have appeared in the Smithsonian National Museum of the American Indian, Chicago's Trickster Gallery and New York's American Indian Community House Gallery.

Immediately following the performance, WFWM station director *Chuck Dicken* will join Miller for a conversation with the audience.

During his Frostburg visit, on **Monday, Oct. 9**, Miller will present three additional events that are free and open to the public.

At 11 a.m., a music workshop, “Songs of the Spirit,” will take place at Clatter Café, 15 South Broadway. Miller will share the history of Native American music along with a demonstration of the Native American flute and drum.

At 1 p.m., “Three Elements of Native American Art” will also be held at Clatter Café. Miller will share a cultural overview of Native America while demonstrating on canvas the use of three traditional elements: function, beauty and spirit.

At 6 p.m., Miller will present a diversity and reconciliation symposium, “The Red Road to Victory,” at the FSU Adams/Wyche Multicultural Center at the Lincoln School. After opening in song with the Native American flute, he will illustrate the relationship between majority and minority cultures, the ineffectual result of teaching tolerance and assimilation and how to attain a redemptive culture of understanding and peace.

Several additional events are planned to celebrate Native American heritage.

Throughout **October**, Main Street Books, 2 E. Main St., Frostburg, will host a window display of Native American-themed books and other items.

On **Wednesday, Oct. 4**, from 4:30 to 8 p.m., Native American foodways will be highlighted with a community dinner at FSU’s Chesapeake Dining Hall that features an all-you-care-to-eat buffet, including dishes that incorporate the ingredients of traditional Three Sisters agriculture – beans, squash and corn. The cost per person is \$14.75 and payment will be taken at the door. Advance registration is requested.

An Indigenous Arts and Culture Celebration will be held **Sunday, Oct. 8**, from 1 to 4 p.m. at Evergreen Heritage Center, 15613 Trimble Road, Mount Savage. The free event will feature multiple heritage activities, including an indigenous plant exhibition, a presentation about traditional herbal medicines, an art and nature workshop featuring Shawnee storytelling and printmaking with feathers, Three Sisters soup and corn pone samples, a historical display about local Native heritage and tours of the museum and nature center.

On **Tuesday, Oct. 10**, at 2 p.m., Ryan Koons, Maryland State Arts Council folklife specialist, will visit Clatter Café to discuss the process of developing land acknowledgement statements, which recognize Indigenous peoples dispossessed of their land by settler colonists.

Tickets for Miller’s performance are \$15 for adults; \$13.50 for FSU employees, military and youth under 18; and free for FSU students. For info, including ticket discount options, visit CES’ webpage at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council (msac.org) and receives financial support from the Allegany Arts Council and the City of Frostburg.

Presentations

First Annual Biosymposium

The first annual Biosymposium will be held on **Friday, Oct 6**, from 1 to 3 p.m. in the third-floor Atrium of Compton. This exciting poster symposium event will provide an opportunity for undergraduate and graduate students to share information about their recent research and experiential learning opportunities related to the biological sciences. Attendees will be able to learn about experiential learning opportunities, majors and minors, and clubs and organizations within the FSU Department of Biology. For info, contact Clara Thiel at crthiel@frostburg.edu.

Workshops

Salary Negotiation Workshop



The FSU Career and Professional Development Center, along with the Society for Human Resource Management, will host a workshop on how to negotiate your salary and what can be included in employee benefit packages on **Tuesday, Sept. 26**, at 6 p.m. in Lane 113. This event is free and open to the public. This workshop will be presented by an HR expert. For info, contact Elizabeth Taylor-Raley at emtayloraley@frostburg.edu.

Points of Pride

Monahan Given FSU President’s Distinguished Faculty Award



Dr. Michael Monahan, professor and chair of FSU’s Department of Management, has been selected as the 2023 recipient of the President’s Distinguished Faculty Award. This award recognizes a faculty member who has provided exceptional service to the University and has advanced its mission, goals and strategic planning initiatives.

Monahan’s professionalism and dedication to FSU as the chair of the department have been invaluable and he is widely respected throughout the campus community. He is also actively engaged as a member of CBECM’s Executive Council.

Monahan's notable accomplishments, initiatives and contributions to the University are vast and focus on student success and regional engagement. He has facilitated several curricular improvements to the department's course offerings, including online classes to support working adults, and he serves as the co-advisor for the Society for the Advancement of Management Club. He has also had two articles published in peer-reviewed journals and had the opportunity to present a manuscript at a regional conference.

In addition, Monahan continues to make contributions to the Employee Development and Leadership Series as a workshop presenter, and he has invested countless hours serving as faculty athletic representative of the Athletic Advisory Council.

Graham Receives FSU President's Distinguished Staff Award



Dr. Jeff Graham, FSU senior associate vice president for Student Affairs, was the 2023 recipient of the President's Distinguished Staff Award, which recognizes a staff member who has provided exceptional service to the University and has helped to advance its mission, goals and priorities.

During the COVID-19 pandemic, Graham was instrumental in conjointly leading the efforts to keep faculty, staff and students safe as part of the response and recovery team.

Outside of his work, Graham invests countless hours working to develop effective strategies that support and engage FSU students and to help make the campus a welcoming environment. Students rely on him to answer questions about health, prevention or veterans' services, counseling and psychological services and career and professional development.

Graham is a member of the National Association of Student Personnel Administrators – Student Affairs Administrators in Higher Education, the Association for Student Conduct Administration and the National Association for Colleges and Employers.

Take Note

FSU Kicks Off Bobcat Passport Program

An exciting program will kick off at FSU on **Sunday, Oct. 1**. To promote more student involvement and engagement, FSU will pilot the Bobcat Passport Program, which will provide support for co-curricular opportunities for students as a complement to FSU's strong traditional curriculum. These opportunities will help introduce students to culturally diverse thoughts, ideas and expressions to better prepare them to become engaged global citizens.

Exposure to a wider range of ideas and viewpoints will help prepare students for the workforce and for connectedness in their communities, and attendance at a variety of events will help students meet new people and establish a closer connection with their fellow students and the University.

The program is also expected to result in increased attendance at events, more word-of-mouth "promotion" of events and affiliated departments/offices and more on- and off-campus exposure.

Students actively attending approved events will get a virtual "ticket" (for each event attended). These "tickets" will be used in a drawing for various prizes during the spring semester's annual Leadership Awards ceremony.

Anyone sponsoring a University-wide event can apply for it to become a "Passport" event. For an application, contact Dr. Artie Travis at altravis@frostburg.edu or Dr. John Lombardi at jlombardi@frostburg.edu.

Trip to Renaissance Festival



The Renaissance Festival, held in Crownsville, Md., is the celebration of medieval life. The Center for International Education will host a trip to the festival on **Sunday, Oct. 1**. The bus will leave the FSU campus at 8 a.m. and return by 9 p.m.

The cost is \$25 (cash only) and students must sign up for the trip in the CIE Office in Pullen 108, which is open **Mondays through Fridays** from 8 a.m. to 4 p.m. Payment is due when reserving a seat on the bus.

For info, contact Kris Ritz-Perry at karitzperry@frostburg.edu.

USMH to Host Open House



The University System of Maryland at Hagerstown will host an open house on **Tuesday, Oct. 3**, from 5 to 7 p.m. at 32 W. Washington St. in Hagerstown. USMH invites community members and prospective students to tour the campus and learn more about the undergraduate and graduate programs offered.

Representatives from USMH partner universities will be present to discuss the application process and scholarship opportunities available as well as answer program-specific questions.

Additionally, community college representatives will be available to discuss the benefits of the 2+2 Pathway available through Hagerstown Community College and Frederick Community College, which offers students an affordable and accessible path to achieving their higher education goals.

A veteran services representative will be available to share details on benefits available for veterans' higher education journey.

New at this open house is a virtual reality career exploration experience where attendees can sample select career paths with virtual reality goggles at the Western Maryland Consortium's table!

Walk-ins are welcome, but preregistration is requested for this free event. To preregister, visit <https://usmhfall2023openhouse.eventbrite.com>.

CLC Book Award Banquet



The Children's Literature Centre will host its 11th annual CLC Book Award Banquet on **Saturday, Oct. 7**, starting at 5:30 p.m. at the Toasted Goat on Main Street in Frostburg. Featured is the presentation of the CLC Book Award to Marcy Campbell's book, "The More You Give." "The More You Give" is a lyrical picture book that shows how a family passes down love from generation to generation, leaving a legacy of growing trees as well as community. Dinner and drinks will be served. To register for this event, visit <https://forms.frostburg.edu/forms/view/74>.

Earlier that day, CLC will host an Open House from 3 to 4:30 p.m. to celebrate its new space in room 219 A of the Education and Health Sciences Center. A video featuring FSU's Legacy of Teacher Education, light appetizers and giveaways will be offered. Admission to the Open House is free, and no registration is required.

Free Speech Week



Andy Duncan's ENGL 336 (Journalistic Writing) students will mark Free Speech Week with an outdoor group reading of the First Amendment to the U.S. Constitution and of the University System of Maryland's Freedom of Speech and Expression policy. The reading, to which all are invited, will begin at 11 a.m. **Monday, Oct. 16**, at the Clock Tower in Delaney Plaza.

As adopted by the Board of Regents in June 2019, USM's Freedom of Speech and Expression Value Statement

© (https://www.usmd.edu/regents/bylaws/guidelines/Freedom_of_Expression_Principles_Guidelines.pdf)

requires each campus to "proactively communicate their commitment to protecting free speech and expression among their respective communities every semester."

For info on Free Speech Week, a national event created by The Media Institute in 2005, visit <https://www.freespeechweek.org>.

Games on the Lawn



The BURG Peer Education Network, in partnership with the Frostburg Fandom Society, will host Games on the Lawn on **Wednesday, Sept. 27**, from 7 to 9 p.m. on the Upper Quad.

For info, contact Joseph McKenzie at jdmckenzie@frostburg.edu

Fall Planetarium Shows

Science Saturdays feature Space News, a Sky Tour and a full-dome movie. Telescopes are provided afterwards for viewing celestial objects if the conditions are favorable. Shows are free and no tickets are required. All ages are welcome.

The shows begin at 5 and 7 p.m. It is recommended that you plan to arrive 5 to 15 minutes early to guarantee a seat.

Stay tuned for the revised schedule.

For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

ODEI Programming for Fall

The Office of Diversity, Equity, and Inclusion (ODEI) will offer the following free programming this fall.

The Red Road to Victory, Monday, Oct. 9, 6 p.m., Adams/Wyche Multicultural Center at the Lincoln School, Reconciliation and Diversity Symposium With Bill Miller (see the CES schedule for additional programming), open to the public

"The Brownsville Play," Wednesday, Oct. 11, 7 p.m., location to be announced, open to the public, free tickets required

An original play, written by Brownsville descendant Clory Jackson. To learn more about The Brownsville Project, go to <https://www.thebrownsvilleproject.com>.

Diversity Retreat, Friday, Oct. 13, through Sunday, Oct. 15, FSU students only – application required, applications available starting **Monday Sept. 11**

Bus Trip to the National Museum of the American Indian, Saturday, Nov. 11, open to FSU students first, then faculty and staff

More details will be provided as the dates draw closer.

For info, contact Robin Wynder, assistant vice president for Student Affairs, at rwynder@frostburg.edu.

Brains and Brews Fall 2023



Brains and Brews takes place at The Deep End on Main Street in Frostburg, between 7 and 8 p.m., typically on the third **Thursday** of the month, except when it is moved up a week during finals week.

Presenters have about 18 minutes to present to an audience often made up of FSU faculty, staff, area residents and sometimes graduate and undergraduate students. That is followed by 6 or 8 minutes of Q&A.

The dates for this fall's Brains and Brews events are **Oct. 19**, **Nov. 16** and **Dec. 14**.

For info, contact Dr. Keith Terry at keterry@frostburg.edu or 301-687-7020.

Deadlines

Undergraduate Grade Changes

The last day for undergraduate grade changes, including the removal of incomplete grades, for the spring 2023 and summer 2023 semesters is **Friday, Oct. 6**.

FSU-TV3

FSU-TV3 Offers Variety of Programming



FSU-TV3 offers a wide range of programming, including student-produced programming, talk shows, cooking shows, movie review shows and more!

Tune in **Fridays, Saturdays and Sundays** at 8 p.m. for "Smart Movie Show." Join Jen, Max and Victoria for movie news as they cover what's new in theaters and what to watch at home.

Tune in **Tuesdays and Thursdays** at 12:30 p.m. for "Get Healthy With Holly." Holly discusses health and fitness topics that help teach people how to live a healthy lifestyle.

You can watch the programming several ways: on Comcast channel 3 with a cable subscription, free online with the channel's Video on Demand site at <https://cloud.castus.tv/vod/frostburgtv3/?page=HOME> or via the free download from the Apple or Play stores or the channel's Streaming App at <https://www.frostburg.edu/fsu-tv3/fsu-tv3-app.php> (or scan the QR Code to download the app).

Volunteers

Alternative Winter Break

Alternative Winter Break will take place **Sunday, Jan. 7**, through **Saturday, Jan. 13**, in New Orleans.

Spend a week volunteering to benefit communities struck by natural disasters. Immerse yourself in another culture while using your break to make a lasting impact.

The deadline to apply is **Thursday, Sept. 28**, at 11:45 p.m. Apply at <https://shorturl.at/InozG>.

Optional interest sessions will be held **Monday, Sept. 25**, at 2 p.m. and **Tuesday, Sept. 26**, at 7 p.m., both in Lane 111.

For info, contact Ashley Daniels, associate director, Student Life, at amdaniels@frostburg.edu, or stop by Lane 231.

Study Abroad

Start Planning Your Study Abroad Experience for Summer and Fall 2024!



Alivia Melius in Japan – Spring 2023

Join the Center for International Education for a Study Abroad Information Session to learn more about options for study abroad:

Types of study abroad programs

When students should study abroad

Study abroad scholarships

Using financial aid (Pell Grants and student loans) for study abroad

Transferring classes back to FSU

Each virtual session will take place at 3 p.m. on the following **Fridays: Oct. 6 and 20, Nov. 3 and Dec. 1.**

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Health and Safety Messages

Ever Hear of Distracted Walking?



Be sure to follow these safety tips:

Stay off your phone. Ask yourself if it can wait. Chances are, it can.

Stop walking. If you urgently need to use the phone, find a safe place to step aside. Complete your call or text before resuming your walk.

Prepare ahead of time. If you know you want to listen to music or a book during your walk, queue up the playlist before you start.

Look up. If you absolutely must take a peek at your phone while you're walking, hold it higher in your visual field instead of looking down.

Use helpful technology. Consider software that reads messages aloud and enables voice-to-text typing so you can keep your head up and hands free.

Turn down the volume. Keep your phone's volume at a reasonable level so you can hear what's happening around you. Noise-canceling headphones are a definite no-no when walking.

For info, visit <https://www.statefarm.com/simple-insights/family/texting-while-walking>.

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.