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Copy deadline: noon Wednesday, Candis Johnson at [cvjohnson@frostburg.edu](mailto:cvjohnson@frostburg.edu)

## FSU to Host Regional Bobcat Innovation Launch Pad Competition

### Winning Teams Earn Funding to Bring Their Solutions to Challenging Issues to Life

FSU, in partnership with the TEDCO (Maryland Technology Development Corporation) Maryland Innovation Initiative (MII) and the University System of Maryland (USM) Launch Fund, will host a regional Bobcat Innovation Launch Pad competition on the FSU campus **Friday, Sept. 22, through Sunday, Sept. 24**. The focus of this year's Bobcat Innovation Launch Pad will be on distributed energy resources, virtual power plants, climate change, and environmental, social and governance factors.

The Bobcat Innovation Launch Pad is a unique program that will combine the best aspects of a hackathon with those of a business pitch competition, providing teams with an opportunity to work quickly and collectively to develop business models and technology-based solutions to real-world problems.

Multidisciplinary teams consisting of four to five student members, advised and mentored by FSU faculty, staff and subject matter experts, will put their technical and entrepreneurial skills to the test as they work through problem statements related to this year's themes and conduct market research to create a commercially viable solution and subsequent new technologies to solve difficult issues.

Over the course of the event, teams will examine difficult problem statements to identify a deeper issue worth solving and then identify new solutions to this problem. During the two-day Bobcat Innovation Launch Pad competition, teams will design or build a prototype, create a business plan and ultimately pitch this plan to influence and inspire their audience and a team of judges to invest in their idea.

Winning teams placing first through third will be awarded cash funding in amounts of \$2,500, \$1,500 and \$1,000, respectively, to support further exploration and development of their solution. The Bobcat Innovation Launch Pad competition is open to all students in any undergraduate or graduate degree programs. While an engineering or coding background is not required, participants should be curious and highly collaborative, with the ability to utilize critical reasoning skills to work within a multi-disciplinary team.

There is no cost to attend the event, but to participate, students must apply online by **Friday, Sept. 15**, at 5 p.m. Lunch and snacks will be provided. Space is limited, so visit <https://www.frostburg.edu/competitions/bobcat-innovation-launch-pad/2023.php> to apply.

## Appalachian Festival Returns to FSU With 'Experiencing the Feminine in Appalachia: Women, Gender and Place'



FSU's much-anticipated Appalachian Festival will return to campus for its 18th year **Thursday, Sept. 14, to Saturday, Sept. 16**. The free, family-friendly event brings together artists and craftspeople to celebrate all that makes the region unique – its history, culture, music and dance, folk arts, food and more – with performances, workshops, displays, discussions and activities. This year's event focuses on "Experiencing the Feminine in Appalachia: Women, Gender and Place."

The capstone event is a concert by the Martha Redbone Roots Project in Frostburg's historic Palace Theatre on **Saturday** at 7:30 p.m. Native and African American vocalist and composer Martha Redbone is known for her unique gumbo of folk, blues and gospel. Inheriting the powerful vocal range of her gospel-singing African American father and the resilient spirit of her mother's Cherokee, Shawnee and Choctaw culture, she

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masterfully broadens the boundaries of American roots music. The Roots Project showcases a range of folk, country, Piedmont blues, gospel, bluegrass, soul and Southeastern Woodlands. With songs and storytelling that share her life experience as a Native and Black woman and mother in the new millennium, Redbone gives voice to issues of social justice, bridging traditions from past to present, connecting cultures and celebrating the human spirit. Tickets are \$15 for adults and \$13.50 for children and the military and can be purchased at the door or ordered at [ces.frostburg.edu](http://ces.frostburg.edu).

Events kick off in Frostburg's Palace Theatre on **Thursday** at 7 p.m. with the film, "Finding Home," by FSU alum and Frostburg native, *Sidney Beeman*, which follows the journey of a young Burmese immigrant, Cing Khok, and her family as they search for opportunities to build a new and better life in the conservative stronghold of West Virginia. The film depicts the ethnic diversity of the Appalachian region, the economic forces causing people to migrate to this area and the choices individuals make to stay within the region. At its core, the film empowers a diverse cast of Appalachian citizens to reclaim their own narrative in a region that is often dominated by stereotypes.

The festival's **Friday** on-campus symposium continues the theme "Experiencing the Feminine in Appalachia: Women, Gender and Place." The symposium features a powerful collection of presentations and discussions that will show the influential role women have in shaping concepts of place. Although each presentation features a different topic, all are connected by a common dedication to the women of Appalachia.

Events begin at 1 p.m. with "Women Leaders at FSU," during which a panel will explore how women leaders have shaped FSU. The culture for women in the early days will be described, together with how current challenges to create a more equitable campus are being addressed by faculty, staff and student leaders.

This will be followed by "An Intergenerational Discussion on Gender" at 2 p.m. Join FSU students and members of Allegany County's Women's Action Coalition to explore the generational shifts in definitions of the terms feminine and gender.

At 3 p.m., "Women's Monologues: Suffragist History in Mountain Maryland" looks at the brave voices from this region that worked tirelessly for women's suffrage and how their legacy continues in the contemporary movement to ratify the Equal Rights Amendment. The monologues are brief, single-person portrayals of local women of history who made a difference in securing the fundamental rights for all citizens. They are based on the citizen research of AAUW-Garrett Branch members and friends and of students and faculty of Allegany College of Maryland.

Then, at 4:30 p.m., Kate Kelly, attorney, ERA advocate and the author of "Ordinary Equality: The Fearless Women and Queer People Who Shaped the U.S. Constitution and the Equal Rights Amendment," will discuss the more than 200-year fight against gender discrimination in this country and the lives of the incredible people who have helped waged that fight.

In a virtual presentation at 5:30 p.m., "Hill Women: Telling the Stories of Women in Appalachia," Appalachian lawyer Cassie Chambers pays tribute to the strong "hill women" who raised and inspired her. With nuance and heart, Chambers uses these women's stories paired with her own journey to break down the myth of the hillbilly and illuminate a region whose poor community members, especially women, can lead it into the future.

At 6:30 p.m., the symposium closes with "Dinner on the Grounds: Women Driving Change" with Sparky and Rhonda Rucker and Michael and Carrie Kline in an event to celebrate women and social activism.

**Saturday's** events feature two music stages with performances on the Compton Stage by Bear Hill Bluegrass, Meadow Run, Marv Ashby and High Octane, Ken and Brad Kolodner, The Kevin Prater Band, Devil in the Mill, Hickory Bottom Band, Jocelyn Pettit and Ellen Gira, Critton Hollow Band and Day Old News.

Performers on the Thomas Automotive Stage include Jay Smar; Time Travelers; Dakota Karper and Pete Hobbie; Davis Bradley Duo; Don DePoy and Martha Hills; Jeff and Myles Thomas; Amy Lough, Anne Lough and Amanda Barger; Loretta Hummel and Paul Dix; The Famous International Hillbilly Singin' Stars; Black Guy Fawkes; Gilbert Lee and the Ghost on the Radio; and Old Towne Strings.

Additional performance areas include Chapel Happenings Outdoors with music by the Frostburg Arion Band, Sparky and Rhonda Rucker, and Michael and Carrie Kline; Appalachian Storytelling with Jo Ann Dadisman, Mikalena Zuckett, Judi Tarowsky, Ilene Evans, and Otto and Katie Ross; and a Southeastern Intertribal Singing workshop with Capstone Concert performer Martha Redbone.

And don't forget to bring your instruments! The Jam Tent will be open throughout the day under the direction of Ken and Brad Kolodner, Don DePoy and Martha Hills.

The Family Stage provides something for children of all ages and features interactive performances by The Imagineers, as well as a jug band with Slim Harrison and the Sunnyland Band. There will also be an interactive family activity sponsored by the Allegany County Women's Action Coalition where everyone can paint a rock and learn about the Equal Rights Amendment. In addition, students and teachers from the folk music school The Cat and The Fiddle will share some of the music they have learned or taught. The Capering Kids 4-H Goat Club will return this year to host a "goat-painting" area where children can exercise their creative flair by painting goat-shaped silhouettes. The group will bring goats and offer milking demonstrations throughout the day, and soaps made from goat's milk will be available for purchase. Finally, in a showcase and community dance, the Barnstormers and RockCandy Cloggers will perform, then demonstrate, then teach audience members how to dance.

Hands-on workshops and presentations can be found in the Folkways Tent, which offers workshops on Appalachian dance and the mountain dulcimer. In "Folkways and Traditions of Plant Medicine in Appalachia," samples of a variety of local plants will be shared, as well as identification and growing tips. Sparky and Rhonda Rucker will perform songs about traditions old and new, and a panel of members from three Appalachian acts will discuss folk punk. (On Saturday night, Clatter, in Frostburg, will host a Punk Show with doors opening at 9 p.m.)

The Explorations Tent offers updates on The Brownsville Project, an African American community displaced by the expansion of Frostburg College (FSU). Local panelists involved in researching women's history will present a workshop about the challenges and joys of citizen research. Participants can also learn about one of the most charismatic pollinators, the monarch butterfly, in "Scales to Tails," meet some of the other-than-human neighbors who live in the Appalachians in a Nature Conservancy session, learn how to encourage pollinators from beekeeper Ben Cooper or learn about pioneering woman Rebecca Bryan Boone, the wife of frontiersman and explorer Daniel Boone.

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A wide variety of artisans will be on site to demonstrate local traditions, including tatting, pottery, folk art, steampunk and industrial arts, rug hooking, jewelry making, knitting, basket weaving, music, crocheted items, woven pot holders, stained glass, leather goods, slate paintings, charcoal prints, note cards, watercolors, woodcraft and beaded jewelry, custom-made furniture, herbs and flower arrangements, quilted cards and quilts, hemp products and books.

Community groups and organizations and other individuals on the grounds include the Nettle Patch, local author Ben Cooper, the Western Maryland Chapter of the Archeological Society, the Frostburg Museum Association, The Brownsville Project and Frostburg First, the Appalachian Laboratory, The Nature Conservancy, Choose Civility, the Evergreen Heritage Center, the Jane Gates Heritage House, a listening booth on the push and pull of Appalachia, the Maryland Chapter of The American Chestnut Foundation, Allegany and Garrett Counties' Bird Club, Vote Equality, the Maryland Women's Heritage Center, the Women's Action Coalition of Greater Allegany County and the Mountain Maryland Alliance for Reproductive Freedom.

The festival and its programming are supported in part by the Maryland Traditions Program of the Maryland State Arts Council, FSU, 91.9 WFWM, FSU's Cultural Events Series, the FSU Foundation, the city of Frostburg, FrostburgFirst, Thomas Automotive, Weis Market and Friends Aware.

For info, visit the festival's website at [www.frostburg.edu/events/afestival](http://www.frostburg.edu/events/afestival).

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## Help for Students

### PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. You will be given a numeric identifier for tracking purposes, so your name and information are never used in any reporting. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are 10 a.m. to 1 p.m. and 3 to 5 p.m. on **Mondays**; 10 a.m. to 1 p.m., 3 to 5 p.m. and 6 to 8 p.m. on **Wednesdays**; and noon to 3 p.m. on **Fridays**. Other weekdays are by appointment. To schedule an appointment, email [pawspantry@frostburg.edu](mailto:pawspantry@frostburg.edu).

Meal cards are available for students! Cards provide up to five free meal swipes at Chesapeake and are available on a first-come, first-served basis. Just ask about them the next time you're at the pantry.

All students (new and returning) using the pantry must complete the Intake and Waiver. You can complete it at the pantry or access it at <https://portal.frostburg.edu/pantry>.

### Are You a First-Generation Student?

#### Student Support Services Can Help!



TRiO/Student Support Services, located in Pullen 133, offers academic advising, tutoring and study skills, financial aid assistance and guidance, graduate school assistance, career development, and educational and cultural events for first-generation students. Student Support Services is an academic support program to help first-generation college students stay in school and graduate.

To make an appointment, call 301-687-4481. Hours are 8 a.m. to 4:30 p.m. **Mondays through Fridays**.

## Theatre

### CAST Presents 'Romeo and Juliet'



After a hiatus of four years, the Cambridge University American State Tour (CAST) will return to FSU to perform William Shakespeare's "Romeo and Juliet" on **Wednesday, Sept. 13**, at 7:30 p.m. in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center.

This event is sponsored by FSU's Department of English and Foreign Languages.

One of the most iconic Shakespeare plays that touches on universal themes of love and friendship, "Romeo and Juliet" was a conscious choice to revive the 2023 tour. This production, directed by Kitty Croft, takes place in a world very different from fair Verona. In a futuristic setting in the year 2123, the rival houses of Capulet and Montague fight to survive and gain control over the territory. In the midst of such chaos and bloodshed is a tender love story that shows beauty can be found in the most unlikely places and situations. It is a play that transcends geography and culture, a story that everyone knows, and everyone can feel a part of.

CAST has been crossing the Atlantic annually for more than two decades to tour along the east coast of the U.S. as a diverse company of undergraduate and postgraduate students, visiting colleges, high schools and theatres. Under the patronage of Academy and Tony Award-winning actress Dame Judi Dench, CAST has experienced great acclaim internationally, with previous company members going on to achieve success in film and theatre. After the pandemic and its aftermath, CAST is up and running again, using this comeback tour as a way of reviving its deeply valued relationship with U.S. institutions and theatres.

Tickets are \$6 for students and \$12 for general admission. Tickets will be available at the door. For info, contact Dr. Rochelle Smith at [rsmith2@frostburg.edu](mailto:rsmith2@frostburg.edu).

## Music

Unless otherwise noted, performances will take place in Pealer Recital Hall and are free and open to the public. Events will also be livestreamed; the link will be posted at [www.frostburg.edu/concerts](http://www.frostburg.edu/concerts). For info, contact FSU's Department of Music at 301-687-4109.

### CES at FSU Presents Martha Redbone Roots Project in Appalachian Festival Capstone Concert



CES at FSU will present the Martha Redbone Roots Project on **Saturday, Sept. 16**, at 7:30 p.m. at the historic Palace Theatre at 31 E. Main St. in Frostburg. The event is offered as the capstone concert for the 2023 FSU Appalachian Festival.

Martha Redbone inherited the powerful vocal range of her gospel-singing African American father and the resilient spirit of her mother's Cherokee, Shawnee and Choctaw culture. With the Roots Project, she showcases a range of folk, country, Piedmont blues, gospel, bluegrass, soul and Southeastern Woodlands traditions, including selections from her captivating album, "The Garden of Love – Songs of William Blake."

With songs and storytelling that share her life experience as a Native and Black woman and mother in the new millennium, Redbone gives voice to issues of social justice, bridging traditions from past to present, connecting cultures and celebrating the human spirit.

Immediately following the performance, WFWM station director **Chuck Dicken** will join the artists for a conversation with the audience.

Before the evening's performance, Redbone will present a free workshop, "Southeastern Intertribal Singing," at 3 p.m. on the FSU Upper Quad during Appalachian Festival daytime activities. Learn Cherokee and Choctaw Nations' music traditions, including call-and-response singing and the incorporation of harmonies.

Capstone concert tickets are \$15 for adults; \$13.50 for FSU employees, military and youth under 18; and free for FSU students. For info, including ticket discount options, visit CES' webpage at [ces.frostburg.edu](http://ces.frostburg.edu) or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council ([msac.org](http://msac.org)) and receives financial support from the Allegany Arts Council and the City of Frostburg. The engagement of Martha Redbone is made possible in part through the Mid Atlantic Tours program of Mid Atlantic Arts with support from the National Endowment for the Arts and is supported in part by a grant from the Western Arts Alliance Advancing Indigenous Performance Touring Fund and the Andrew W. Mellon Foundation.

### Dr. Jay DeWire to Perform in FSU Faculty Artist Series Concert



FSU's Department of Music will present a Faculty Artist Series concert by **Dr. Jay DeWire**, titled "Variations," on **Sunday, Sept. 10**, at 3 p.m.

The program will include "Ballade No. 2 in B Minor, S. 171" and "La leggerezza" from "Three Concert Études, S.144" by Franz Liszt; "Impromptu No. 2 in F sharp Major, Op. 36" and "Ballade No. 4 in F Minor, Op. 52" by Frédéric Chopin; Nos. 1, 5 and 8 of "8 Klavierstücke, Op. 76" and Nos. 5 and 6 of "6 Klavierstücke, Op. 117" by Johannes Brahms; and "Chaconne in D Minor, BWV 1004" by Johann Sebastian Bach/Ferruccio Busoni.

Liszt's Ballade was based on the Greek myth of Hero and Leander, with the piece's chromatic ostinati representing the sea. "Three Concert Études (Trois études de concert), S.144" is a set of three piano études Liszt composed between 1845 and 1849. "La leggerezza" ("Lightness") is the second étude.

Chopin's "Impromptu No. 2 in F sharp Major, Op. 36" was composed in 1839. The Impromptu begins with a nocturne-like atmosphere. The piece ends in a passionate F sharp major chord. "Ballade No. 4 in F Minor, Op. 52" is a ballade for solo piano that Chopin completed in 1842. It is commonly considered one of the masterpieces of 19th-century piano music.

"Eight Pieces for Piano, Op. 76" is the first set of miniature masterpieces that were to comprise the remaining output of Brahms' solo piano music. They are all imbued with Brahms' fully matured technique of "developing variation." The intense and strict "Six Pieces for Piano, Op. 118" were completed in 1893. The set was the penultimate of Brahms' published works and his penultimate work for piano solo. Like Brahms' other late keyboard works, Op. 118 is more introspective than his earlier piano pieces.

Bach composed "Partita in D Minor for Solo Violin (BWV 1004)" between 1717 and 1720. "Ciaccona" ("Chaconne") is the last movement. Piano transcription of the piece was written in 1893 by Busoni, an Italian composer, pianist, conductor, editor, writer and piano teacher.

### Joshua Bishop Presents Faculty Artist Series Concert, 'Variations'



FSU's Department of Music will present **Joshua Bishop** on the euphonium in a Faculty Artist Series concert, "Variations," on **Monday, Sept. 18**, at 7:30 p.m.

Bishop will perform "Stutter Step" by Benjamin Horne; "Fantasy Variations" by Yasuhide Ito; "Seven Variations on Bei Mannern" by Ludwig van Beethoven; "Allegro con brio," "Lento con teneramente," "Presto" and "Adagio con calore" from "Symphonic Variants" by James Curnow; and "With His First Breath" by Paul Lovatt-Cooper.

"Stutter Step" is a piece for unaccompanied euphonium that was premiered in 2020. The work was influenced by the music of Argentine composer Astor Piazzolla, who revolutionized tango music in the 20th century.

Written in the form of a theme and variations, “Fantasy Variations” (1990) actually presents the variations before the theme. The piece is a beautiful solo, essentially a concerto, in the Japanese style and is based on a Yaisamanina (love song) from Ainu folk music.

Beethoven composed his “Seven Variations on Theme” from Mozart’s “Die Zauberflöte” (“The Magic Flute”) in 1801. The theme comes from the duet “Bei Männern, welche Liebe fühlen” (“In Men Who Know the Feeling of Love”) and is sung by Pamina and Papageno as praise to the love between husband and wife.

One of the core repertoire works for the euphonium and also one of the most demanding works ever written for the instrument, “Symphonic Variants” (1984) runs the gamut of technical facility, range, endurance and power to project and balance.

“With His First Breath” (2017) is the lovely slow melody taken from the middle movement of Lovatt-Cooper’s larger work, “Breath of Souls.” It is dedicated to his son Luca.

## Presentations

### CLA Opens Fall Reading Series with Liz Arnold

FSU’s Center for Literary Arts will present poet Liz Arnold on **Thursday, Sept. 7**, at 7:30 p.m. at Main Street Books in Frostburg. This event is free and open to the public.

Arnold has published five books of poems: “Skeleton Coast” (2017), “Life” (2014), “Effacement” (2010), “Civilization” (2006) and “The Reef” (1999). A scholar as well as poet, Arnold earned her doctorate at the University of Chicago. Researching the poet Mina Loy for her dissertation, she discovered the poet’s lost novel, “Insel.” Arnold edited the work, which was published by Black Sparrow Press in 1991. Arnold has received numerous awards for her work, including a Bunting Fellowship, a Whiting Writers Award and a fellowship from the Radcliffe Institute for Advanced Study at Harvard.

For info on Arnold, go to <https://www.poetryfoundation.org/poets/elizabeth-arnold>.

For info on CLA events, call 301-687-4340 or email [cla@frostburg.edu](mailto:cla@frostburg.edu).

### A Campus Unified Presenter Series Hosts Mitzi Sinnott

The last few years have presented challenges for students, faculty and staff at FSU. Come for a series hosting some of the nation’s top, most dynamic presenters in a move toward a more unified campus where everyone works together to solve problems.

The series begins with “Many Stories, One Campus’ Honoring Truths as We Chart the Way Forward” with Mitzi Sinnott on **Monday, Sept. 18**, at 7 p.m. in the Lane Atkinson Room (232).

Sinnott is known for igniting change in communities through her art. “Start with heart and art” is the guiding motto for her company All Here Together Productions as they do the work of making lasting social change in community organizations, corporations and universities. Named one of the Top Five Diversity Speakers in America by Campus Activities Magazine, Sinnott is familiar with the complexities of racial identity, mental illness and the legacy of war. She presented her unique family saga in “Snapshot: A True Story of Love Interrupted by Invasion” featured on PBS nationwide and onstage in South Africa, Scotland, Sweden and on campuses across America. Sinnott is a two-time recipient of the Brooklyn Arts Council Individual Artist Award, a two-time recipient of the Kentucky Foundation for Women’s Arts Meets Activism Award, a Best Actress nominee at the Edinburgh Fringe Festival, Scotland, and a winner of the 2020 Tanne Foundation Artist Award.

## Exhibits

### Ort Library Continues 125th Anniversary Celebration With Frostburg State College, 1963-1987 Exhibit



The Lewis J. Ort Library is celebrating the 125th anniversary of FSU with an exhibit each semester that represents the institution’s epochs: The State Normal School No. 2 at Frostburg 1898-1934, Frostburg State Teachers College 1934-1963, Frostburg State College 1963-1987 and Frostburg State University 1987-Present. The third of these four exhibits encompasses the Frostburg State College years when it transitioned to a four-year liberal arts college. Visitors can see the tremendous growth in enrollment, which tripled to more than 3,700 students; in the campus, which erected more than 15 buildings; student diversity; and the curriculum, which expanded to include a liberal arts education as well as graduate programs. Information on notable

leaders such as *Dr. Alice Manicur*, *William R. and Pansye S. Atkinson* and *Presidents John Morey and Dr. Nelson P. Guild* is presented. Many colorful images of student life are also included.

Visitors can learn about Guild (1969-1985) in a companion exhibit located on the second floor. Guild was the second longest-serving president and remains the only president hired from within the institution. The Guild presidency was marked by incredible growth in the institution. In 1986, the Nelson P. Guild Resources Center was dedicated in his honor.

The Frostburg State College, 1963-1987 exhibit is located to the right of the Main Desk on the third floor. The exhibits will remain up through the fall semester.

Library hours are **Mondays through Thursdays** from 8 a.m. to 10 p.m., **Fridays** from 8 a.m. to 5 p.m. and **Sundays** from 2 to 10 p.m. For info, visit [www.frostburg.edu/library](http://www.frostburg.edu/library).

## Points of Pride

### ChatGPT Research in the Summer



Dr. Xunyu Pan (center) stands alongside FSU undergraduate students Nathan Thompson (right) and Jonathan Eanes (left) in a snapshot following their presentation on ChatGPT's healthcare applications at West Virginia University.

In the summer of 2023, *Dr. Xunyu Pan*, an associate professor in the Department of Computer Science and Information Technologies, was invited as a research mentor for the National Science Foundation Research Traineeship Program (NRT). Partnering with professors from West Virginia University, he guided a talented group of undergraduate researchers, including FSU undergraduates *Nathan Thompson* and *Jonathan Eanes*, who were supported through summer stipends. The students' mission focused on exploring the potential of ChatGPT, an AI chatbot based on large language models, to address critical healthcare challenges with nationwide implications. Pan, along with Thompson and Eanes, recently presented their findings at the National Science Foundation NRT Workshop held in Morgantown, W.Va. Their collaborative research promises innovative developments in healthcare, from diagnostics to treatment recommendations. This work foreshadows a future where AI plays a central role in enhancing patient care, transcending boundaries and shaping a healthier world.

For info, contact Pan at 301-687-4037 or [xpan@frostburg.edu](mailto:xpan@frostburg.edu).

### Office of Sponsored Programs Successes/News

On Aug. 23, project director *Dr. Kate Sheehan*, assistant professor, Department of Biology, was awarded \$35,000 by the U.S. Department of Agriculture – Animal and Plant Health Inspection Service for the project, Spatial and Temporal Characteristics of Parasite Communities of Avian Predators Depredating Inland Shrimp Aquaculture in the Southeastern U.S.

On July 27, project director *Melanie Moore*, director, Cultural Events Series, was awarded \$1,000 by the Western Arts Alliance Advancing Indigenous Performance Touring Fund and the Andrew W. Mellon Foundation to support, in part, the project, An Engagement With Martha Redbone.

For info, visit the Office of Sponsored Program's Successes/News webpage at <https://www.frostburg.edu/osp/Successes%20News.php>.

### USMH in the News

The University System of Maryland at Hagerstown recently had two items in the news.

An article about three sisters drawn to the convenience and high-quality education at USMH was published in the August issue of Frederick Magazine and the September issue of Hagerstown Magazine. To read more, visit <https://hagerstown.usmd.edu/about/news/usmh-news-three-sisters-drawn-usmh>

Also, USMH has announced the scholarship awardees for the 2023-2024 academic year. For info, go to <https://hagerstown.usmd.edu/about/news/university-system-maryland-hagerstown-announces-scholarship-recipients>.

## Take Note

### Frostburg to Offer B.S. Degree in Environmental Science

#### Biology, Geography Concentrations Combined Into New Bachelor of Science Major

FSU's Departments of Biology and Geography have established an interdisciplinary Bachelor of Science in Environmental Science to replace the environmental science concentrations previously offered within the biology and earth sciences majors. This new degree program also replaces the suspended environmental analysis and planning major.

The environmental science major provides students an academic degree program that addresses several current challenges facing society while also producing graduates with the environmental skills and knowledge to meet workforce demands.

Students enrolled in the new B.S. in Environmental Science will study topics ranging from climate and soil science to ecology and wildlife management while learning to mitigate harm, solve problems and plan for a healthier future. This program can also serve as an entryway into the new Master's in Environmental Management in Sustainability offered jointly by FSU and the University of Maryland Center for Environmental Science.

Environmental science is an in-demand field due to the increasing public interest in climate and environment. Environmental scientists are employed by state and federal agencies, environmental consulting and engineering firms, mining and petroleum exploration companies, law firms specializing in environmental law and even museums, nature conservancies and publishers and producers of science media.

For info about the new B.S. in Environmental Science, visit <https://www.frostburg.edu/academics/majorminors/bachelor/environmental-science.php> or email [fsuadmissions@frostburg.edu](mailto:fsuadmissions@frostburg.edu).

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## 25th Anniversary Challenge



As you celebrate the 125th anniversary of FSU's founding, take some time to think about what you think FSU will look like in 2098. FSU's campaign tagline is Forging Futures. *President Nowaczyk* would like to hear from campus and community members about that future, specifically the year 2098 when FSU will celebrate its 200th anniversary.

Be creative! You can draw, paint, sculpt or write a poem or news article.

Entries will be displayed on campus and included on the 125th website and FSU social media accounts.

### Terms and Conditions

Entries will be judged by the 125th Anniversary Committee and winners will be announced at Homecoming on **Saturday, Oct. 7**.

Multiple entries are welcome; each entry will be eligible to win. Prizes will be awarded to the top three submissions.

Entries are due to the Office of University Advancement no later than 4:30 p.m. on **Friday, Sept. 22**.

## Career Carnival



The second annual Career Carnival hosted by the Career and Professional Development Center will be held on **Wednesday, Sept. 13**, from 11 a.m. to 3 p.m. on the Library Quad.

Games, inflatables, snacks and prizes will be available. Watch for more information. Everyone is welcome!

## Upcoming BURG Events



**Fight Procrastination: Wednesday, Sept. 6**, 2 to 4 p.m., Clock Tower

**Tie-Dye With BURG: Friday, Sept. 8**, 3 to 5 p.m., Clock Tower

There will be free T-shirts and tie-dye kits for the first 75 students!

## Constitution Day Celebration

Stop by the Constitution Day table on the third floor of the Lewis J. Ort Library on **Monday, Sept. 18**, and receive a free Pocket Constitution while supplies last.

Learn more about the Constitution on the Library's website at <https://libguides.frostburg.edu/constitution>.

## National Voter Registration Day

National Voter Registration Day is coming up on **Tuesday, Sept. 19**. FSU's Office of Civic Engagement will host voter registration tables from 10 a.m. to 4 p.m. on the Clock Tower Quad. Organizations from the campus community will be featured as well as the local Board of Elections.

## ODEI Programming for Fall

The Office of Diversity, Equity, and Inclusion (ODEI) will offer the following free programming this fall.

**ODEI Meet and Greet, Thursday, Sept. 7**, 7 p.m., open to the campus community

Students can meet the ODEI staff, some faculty, staff and community members here to support them, as well as various student affinity groups.

**"The Supreme Court Decision on Affirmative Action: How It May Impact You" by Rasheed Cromwell, Esq., Wednesday, Sept. 20**, 7 p.m., Adams/Wyche Multicultural Center at the Lincoln School, open to campus community

**The Red Road to Victory, Monday, Oct. 9**, 6 p.m., Adams/Wyche Multicultural Center at the Lincoln School, Reconciliation and Diversity Symposium With Bill Miller (see the CES schedule for additional programming), open to the public

**"The Brownsville Play," Wednesday, Oct. 11**, 7 p.m., location to be announced, open to the public, free tickets required

An original play, written by Brownsville descendant Clory Jackson. To learn more about The Brownsville Project, go to <https://www.thebrownsvilleproject.com>.

**Diversity Retreat, Friday, Oct. 13, through Sunday, Oct. 15**, FSU students only – application required, applications available starting **Monday Sept. 11**

**Bus Trip to the National Museum of the American Indian, Saturday, Nov. 11**, open to FSU students first, then faculty and staff

More details will be provided as the dates draw closer.

For info, contact Robin Wynder, assistant vice president for Student Affairs, at [rwynder@frostburg.edu](mailto:rwynder@frostburg.edu).

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# New York Times Digital Subscription Program

## Free to FSU Students, Faculty and Staff!

The NYTimes.com digital subscription program supports a 21st-century education and improves student success while providing the campus community with a trusted resource to use to enhance global current news awareness, enrich curriculum discussions and provide a reputable research source. This subscription provides access to in-depth coverage of the daily issues being addressed in the news, expert analysis and reporting of historical events as they occurred. Often referred to as “the newspaper of record in the United States” (<https://www.britannica.com/topic/The-New-York-Times>), faculty will be able to freely recommend using NYTimes.com to students to enhance their research and educate them on the differences between authenticated news sources and “fake news.”

## User Registration Procedure

Current students, faculty and staff can register to access The New York Times via a link on the Ort Library’s A-Z Databases website. Point your web browser to <http://libguides.frostburg.edu/az.php> and select the New York Times/NYTimes.com – Account Creation Required link. Off-campus users will need to enter the barcode number on their FSU ID card and last name to proceed. You will then be prompted to register for an account on the NYTimes.com website using your FSU email address. Detailed registration instructions may be found at <https://tinyurl.com/yc3r7ooa>. A Registration FAQ and Access Walkthrough Video are also available.

## Community Course in Basic Ceramics



FSU’s Department of Visual Arts will offer a non-credit community course in basic ceramics on **Tuesdays, Sept. 5 through Oct. 24**, from 6 to 9 p.m. in Fine Arts 107. Work can be picked up **Tuesday, Oct. 31**.

This eight-week course will provide an introduction to the basic ceramic processes, including hand-building, and the pottery wheel. The course will be taught by ceramic artists Bobby Croft and Alexis Thorner.

The cost is \$200, plus the cost of clay. (Pay in the Billing Office in Pullen 148.) Tools are provided. Students under the age of 18 must be accompanied by an adult who is also registered for the class.

For info, contact the Department of Visual Arts at 301-687-4797, or email Jacqueline Brown at [jbrown@frostburg.edu](mailto:jbrown@frostburg.edu).

## Fall Planetarium Shows

**Science Saturdays** feature Space News, a Sky Tour and a full-dome movie. Telescopes are provided afterwards for viewing celestial objects if the conditions are favorable. Shows are free and no tickets are required. All ages are welcome.

The shows begin at 5 and 7 p.m. It is recommended that you plan to arrive 5 to 15 minutes early to guarantee a seat.

### Current Schedule and Movies for Fall 2023

**Sept. 23** – “The Hot and Energetic Universe” (new!)

**Oct. 21** – “Mayan Archaeoastronomy”

**Nov. 18** – “Zula Patrol: Under the Weather” (new!)

For info, contact Dr. Jason Speights at [jcspeights@frostburg.edu](mailto:jcspeights@frostburg.edu).

## Brains and Brews Fall 2023



Brains and Brews takes place at The Deep End on Main Street in Frostburg, between 7 and 8 p.m., typically on the third **Thursday** of the month, except when it is moved up a week during finals week.

Presenters have about 18 minutes to present to an audience often made up of FSU faculty, staff, area residents and sometimes graduate and undergraduate students. That is followed by 6 or 8 minutes of Q&A.

One can speak on a variety of topics relating to their research interests, creative endeavors or areas of expertise. Current events are also potential subjects.

The dates for this fall’s Brains and Brews events are **Sept. 21, Oct. 19, Nov. 16** and **Dec. 14**.

If interested in presenting, contact Dr. Keith Terry at [kerry@frostburg.edu](mailto:kerry@frostburg.edu) or 301-687-7020.

## Homecoming

Homecoming 2023 will be held **Thursday, Oct. 5, through Sunday, Oct. 8**.

For info, check out <https://www.frostburg.edu/alumni/homecoming.php>.



## Volunteers

### Alternative Winter Break

Alternative Winter Break will take place **Sunday, Jan. 7, through Saturday, Jan. 13**, in New Orleans.

Spend a week volunteering to benefit communities struck by natural disasters. Immerse yourself in another culture while using your break to make a lasting impact.

The deadline to apply is **Thursday, Sept. 28**, at 11:45 p.m. Apply at <https://shorturl.at/InozG>.

Optional interest sessions will be held **Monday, Sept. 25**, at 2 p.m. and **Tuesday, Sept. 26**, at 7 p.m., both in Lane 111.

For info, contact Ashley Daniels, associate director, Student Life, at [amdaniels@frostburg.edu](mailto:amdaniels@frostburg.edu), or stop by Lane 231.

## Activities for Life

For info or to register, call 301-687-7934 or email Amy Nazelrod at [anazelrod@frostburg.edu](mailto:anazelrod@frostburg.edu).

### Water Aerobics

Water Aerobics will be offered **Tuesdays and Thursdays, Sept. 5 through Oct. 5**, from 6:40 to 7:30 p.m. in the Cordts PE Center pool.

### Yoga

Yoga will be offered on **Tuesdays, Sept. 19 through Oct. 24**, from 6:30 to 7:30 p.m. in Cordts PE Center room 168.

### Group Swim Lessons

Group Swim Lessons for children ages 4 to 12 years will be offered **Mondays and Wednesdays** from 6:40 to 7:30 p.m. in the Cordts PE Center pool. Session 1 is from **Sept. 25 to Oct. 11** and Session 2 is from **Oct. 16 to Nov. 1**.

## Study Abroad

### Start Planning Your Study Abroad Experience for Summer and Fall 2024!



#### Alivia Melius in Japan – Spring 2023

Join the Center for International Education for a Study Abroad Information Session to learn more about options for study abroad:

Types of study abroad programs

When students should study abroad

Study abroad scholarships

Using financial aid (Pell Grants and student loans) for study abroad

Transferring classes back to FSU

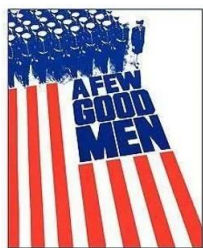
Each virtual session will take place at 3 p.m. on the following **Fridays: Sept. 8 and 22, Oct. 6 and 20, Nov. 3 and Dec. 1**.

Email Victoria Gearhart at [vmgearhart@frostburg.edu](mailto:vmgearhart@frostburg.edu) to sign up for the session of your choice.

## Community

### 'A Few Good Men' Playing at Cumberland Theatre

#### FSU Members Involved In Production



The upcoming Cumberland Theatre production of Aaron Sorkin's military courtroom drama, "A Few Good Men," involves several members of the FSU community. It will be directed by **Nicole Mattis**, chair of the Department of Theatre and Dance and a professor in that department. **Darrell Rushton**, a professor in Theatre and Dance, is fight director. The acting ensemble includes **Andy Duncan**, a professor in the Department of English and Foreign Languages; FSU alumni **Kimberli Rowley**, **Bill Dennison** and **Brian Records**; and theatre major **Brendon McCabe**. FSU alumnus **Daniel Records** is the production's Marine/military consultant.

Focused on the trial of two young Marines charged with a comrade's murder, Sorkin's first hit formed the basis of the Oscar-nominated 1992 Rob Reiner movie, also written by Sorkin. The production opens **Thursday, Sept. 7**, for eight performances **through Sunday, Sept. 17**.

For tickets and info, visit <https://www.cumberlandtheatre.com>.

## Health and Safety Messages

### What Shots Do I Need This Fall?



Most Americans have had one or more shots of the flu and COVID vaccines. New this year are the first shots to protect older adults and infants from respiratory syncytial virus, a lesser-known threat whose toll in hospitalizations and deaths may rival that of flu.

Federal health officials are hoping that widespread adoption of these immunizations will head off another “triple-demic” of respiratory illnesses, like the one seen last winter. For people with insurance, all of the vaccines should be available for free.

**Everyone should have at least the flu and COVID shots this fall, experts said.**

The annual flu vaccine is recommended for everyone 6 months and older, but it is most important for adults ages 65 and older, children under 5 and people with weak immune systems.

Updated COVID shots are expected this September from Pfizer, Moderna and Novavax, and all are designed to target XBB.1.5, the Omicron variant that currently accounts for roughly 12 percent of cases. The full recommendations will not be available until the FDA authorizes the shots and the Centers for Disease Control and Prevention reviews new data.

No one knows when these viruses will re-emerge, so you should get the shots early enough in the fall to build immunity against the pathogens.

That probably means **September or October**. Most Americans may want to consider receiving the flu and COVID shots at the same time, so they are prepared to face either virus. Older adults who are in poor health – who have heart or lung disease, for example, or are on home oxygen – should get all three shots simultaneously, some experts said.

For info, visit <https://www.nytimes.com/article/flu-covid-rsv-vaccines.html>.

### Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Find Peace of Mind

<https://psychcentral.com/blog/how-to-achieve-peace-of-mind>

Tell Yourself Tuesday Tip: Seventy-Four Daily Mantras for Positive Thinking

<https://www.beachbodyondemand.com/blog/daily-mantras>

Wacky Wednesday Tip: Thirty-Seven Mind-Boggling College Student Statistics

<https://whattobecome.com/blog/college-student-statistics>

Thankful Thursday Tip: The Neuroscience of Gratitude and How It Affects Anxiety and Grief

<https://positivepsychology.com/neuroscience-of-gratitude>

Fun Friday Tip: Twice the Fun in Frostburg and Cumberland

<https://www.visitmaryland.org/list/twice-fun-frostburg-cumberland>

Social Saturday Tip: Upcoming Events in Downtown Frostburg

<https://www.downtownfrostburg.com/frostburg-events>

Self-Love Sunday Tip: The Foundations of Self-Love

<https://www.selfloverainbow.com/the-foundations-of-self-love>

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#### VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

##### CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to “take the perspective of the other.”

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

##### OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

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Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

### **STRATEGIC GOALS**

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).