

For and about FSU people
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Copy deadline: noon Wednesday, Candis Johnson at cvjohnson@frostburg.edu

CAST Will Perform 'Julius Caesar' at FSU



FSU's Department of English will present the Cambridge University American State Tour (CAST) in a performance of William Shakespeare's "Julius Caesar" on **Monday, Sept. 9**, at 7:30 p.m. in Pealer Recital Hall. The event is free and open to the public.

In this production the director, Imogen Gray, aims to strip the play back to its essence, focusing on drawing out the rich complexities of the characters in a compelling world and offering audiences an insight into a reality that feels close to our own and resonant, while also providing an alternate reality in which to escape. Inspired by Nicholas Hytner's production at the Bridge Theatre, Gray aims to harness the play's potent themes within the

context of contemporary society. This production demands the audience engage in the play's dialogue about leadership, democracy and the consequences of political machinations. This directorial vision, coupled with an incredibly talented cast, promises a thrilling and engaging night of theatre.

CAST was founded in 1999, with the aim of producing an annual Shakespearian tour of the East Coast of the U.S. Currently under the patronage of Dame Judi Dench, it consists of a small group of Cambridge's most talented actors and technicians.

CAST also provides the opportunity for American students and young people to participate in workshops as a way of introducing them to Shakespeare and/or building on the knowledge they already have.

Alumni of CAST have gone on to be leading figures within their field. These include actors, directors, writers, designers and many, many more. James Seabright, who is now a leading UK independent theatre producer, was the first tour manager. Directors from 2014, Emily Burn and Atri Banerjee, are already National Theatre directors.

The tour began officially, under the title of CAST, with "Hamlet," and the group has since performed plays from all three genres, including "Romeo and Juliet" (twice), "Twelfth Night," "Henry V," "Antony and Cleopatra" and "A Midsummer Night's Dream." This year CAST will be bringing "Julius Caesar," which is a CAST first, to the stage.

For info, contact Dr. Rochelle Smith at rsmith2@frostburg.edu.

This event is brought to you by FSU's Department of English, and it is sponsored by the FSU Foundation with funds from the Martha T. and Ralph M. Race Western History Lecture Fund.

FSU Theatre and Dance 2024-2025 Season Features Comedy, Children's Theatre, Dance and Musical Theatre

The FSU Theatre and Dance 2024-2025 production season will feature a lineup of plays designed to charm, humor and empower.

In collaboration with Homecoming activities, the department will produce the children's musical "Blueberries for Sal" on **Saturday, Oct. 19**, at 2 p.m. in the Drama Theatre of FSU's Woodward D. Pealer Performing Arts Center.

Based on the cherished book by Robert McCloskey, "Blueberries for Sal: The Musical" brings all of your favorite characters to life in the imaginative setting of Blueberry Hill.

Kuplink, kuplank, kuplunk! Sal and her mother grab their pails and head to Blueberry Hill to pick delicious blueberries for the winter months ahead. On the other side of the hill, Mama Bear and Baby Bear also fill up on scrumptious blue morsels for the long hibernation. When fearless Sal and frightful Baby Bear wander off, they have a mixed-up adventure in the Maine woods filled with wildlife, imagination and self-discovery.

Directed by **Nicole Mattis** with musical direction by Michaela Hale and choreography by theatre major **Grace Stevenson**, “Blueberries for Sal” was adapted for the stage by Michael J. Bobbitt and Sandra B. Eskin with music and lyrics by William Yanesh. This production is part of the Roundabout Children’s Theatre tour featuring a collaboration with FSU’s Cultural Events Series and the Children’s Literature Centre. Additionally, there will be a select performance for adaptive learners on **Oct. 19** at 4 p.m.

Rounding out the fall semester is the hit comedy “Puffs” by Matthew Cox.

You read the books. For seven years a certain boy wizard went to a certain Wizard School and conquered evil. This, however, is not his story. This is the story of the Puffs ... who just happened to be there, too. “Puffs” is a tale for anyone who has never been destined to save the world. “Puffs’ illustrates the heights to which underdogs can soar” (Timeout NY) and “exudes a jovial, winking fondness for all things Harry.” (The New York Times).

Directed by **Darrell Rushton**, performances of the comedy will take place in the F. Perry Smith Studio Theatre on **Friday, Nov. 22, and Saturday, Nov. 23, and Thursday, Dec. 5, through Saturday, Dec. 7**, at 7:30 p.m., with a matinee on **Nov. 23** at 2 p.m.

In the spring, everyone’s favorite Harvard lawyer will take the stage in “Legally Blonde The Musical,” directed by **Shea-Mikal Green**.

The story follows the transformation of Elle Woods as she tackles stereotypes and scandal in pursuit of her dreams. Action-packed and exploding with memorable songs and dynamic dances, this musical is so much fun, it should be illegal! With music and lyrics by Laurence O’Keefe and Nell Benjamin and the book by Heather Hach, “Legally Blonde The Musical” is based on the novel by Amanda Brown and the Metro-Goldwyn Mayer motion picture.

Performances will take place in the Drama Theatre on **Friday, April 25, and Saturday, April 26, and Thursday, May 1, through Saturday, May 3**, at 7:30 p.m., with a matinee on **April 26** at 2 p.m.

Closing out the season, **Jamie McGreevy** will direct the Dance Company in a dynamic collaboration with **Dr. Scott Rieker** from FSU’s Department of Music. Together they will bring singing and dance to the classical piece “Carmina Burana,” composed by Carl Orff. With a powerful score and profound lyrics, “Carmina Burana” is one of the most recognized odes in classical music. Performances will run **Friday, May 9, through Sunday, May 11**.

Tickets for theatre performances can be purchased online at <https://frostburgtix.universitytickets.com/?cid=169>.

All performances will take place on the FSU campus in the Pealer Performing Arts Center. For info about the season and group sales, call the Theatre and Dance box office at 301-687-7462 **Mondays through Fridays** from 9 a.m. to 12:30 p.m. and 1:30 to 3 p.m. The lobby box office opens one hour prior to performances.

Help for Students

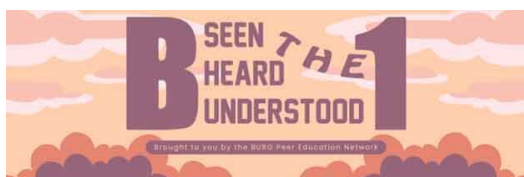
PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are 9:30 a.m. to noon and 6 to 8 p.m. on **Mondays** and 12:30 to 4:30 p.m. on **Wednesdays, Thursdays and Fridays**. Other weekdays are by appointment. To schedule an appointment, email pawspantry@frostburg.edu. For info, visit <https://www.frostburg.edu/student-engagement/student-life/service/paws-pantry/PAWS-Pantry.php>.

Space is limited and is on a first-come, first-served basis, so register soon!

Combating Loneliness Across Campus



The Surgeon General’s report highlights the importance of social connection for overall health, warning that isolation can lead to serious risks. The SAFE Office and BURG Peer Education are actively working to combat loneliness and encourage FSU’s students to support one another and build stronger, more connected campus communities. For details, you can view the full document at [https://www.hhs.gov/sites/default/files/surgeon-general-social-connection-](https://www.hhs.gov/sites/default/files/surgeon-general-social-connection-advisory.pdf)

[advisory.pdf](https://www.hhs.gov/sites/default/files/surgeon-general-social-connection-advisory.pdf).

If you’re interested in joining the BURG Peer Education Network, complete the short application by clicking “How to Apply” on the webpage at <https://www.frostburg.edu/student-life/campus-services/safe-office/burg-peer-ed/index.php>.

Special Events

Appalachian Festival Returns to FSU Sept. 19 Through 21 With ‘Home in Appalachia’



FSU's much-anticipated Appalachian Festival will return to campus for its 19th year **Thursday, Sept. 19, to Saturday, Sept. 21**. The free, family-friendly event brings together artists and craftspeople to celebrate all that makes the region unique – its history, culture, music and dance, folk arts, food and more – with performances, workshops, displays, discussions and activities. This year's event focuses on "Home in Appalachia."

The capstone event is a ticketed concert, "Appalatin," presented in partnership with CES at FSU in Frostburg's historic Palace Theatre on

Saturday at 7:30 p.m. Appalatin's foot-stomping, hip-swinging sound unites Appalachian folk and high-energy Latin music. The name, Appalatin, reflects the unexpected meeting of Kentucky-raised musicians and masterful Central American and Andean émigrés from Ecuador, Guatemala and Nicaragua. Their all-acoustic performances feature traditional guitar, mandolin and upright bass merged with charango, indigenous Andean flutes, hand percussion, harmonica and vocal harmonies. Tickets are \$15 for adults and \$13.50 for children and the military and can be purchased at the door or ordered at ces.frostburg.edu.

The festival opens **Thursday** afternoon, when Frostburg First will host the dedication of "Anchors of Endurance" public artwork from 4 to 6 p.m. at the Frostburg Museum, 50 E. Main St. The piece celebrates and honors the history and impact of the Brownsville/Park Avenue community.

That evening at 7 p.m., at the Palace Theatre, the festival will host the film "I've Endured: The Music and Legacy of Ola Belle Reed," a documentary reflecting on the life of this remarkable musician, singer and songwriter whose contributions have left an indelible mark on the cultural landscape. Even after leaving her Appalachian home for coastal Maryland, Reed's regional roots remained strong. Her powerful voice and lyrics spoke authentically of her rural background, and her passionate songs found a home in the folk-revival movement of the 1960s and beyond. Reed's songs have become anthems of Appalachian life, and she is widely recognized as one of the most influential bluegrass, folk and old-time musicians of all time.

The **Friday** symposium features a powerful collection of presentations focusing on the people who have called the Appalachian region home. At 1 p.m., a presentation on the Indigenous Peoples of the region highlights how their traditions continue to influence and inform regional traditions. Next, at 2 p.m., learn about the ethnic diversity that remains relatively unknown in the region – the legacy of the Romani people in Appalachia. From there, at 3 p.m., explore Hagerstown's historic African American community featured in the documentary, "The House on Jonathan Street." This one-hour documentary uses the accidental discovery of the significant history of a modest dwelling on a traditionally African American street in Hagerstown, Md., to trace the roots of Middle America's racial, economic and social interactions.

Moving forward to contemporary times, the symposium will focus on the impact of outdoor recreation on the region's quality-of-life efforts. At 4 p.m., join Ashli Workman, director of Tourism for Allegany County, to see how the area's mountainous terrain provides outdoor adventure opportunities that can assist in reviving the region's economy. Starting at 5 p.m., the symposium will revisit the community project, "One Vision, Many Voices," completed 11 years ago. That project, which included the creation of an original song and video, features the voices of project participants. Many of those were students at Beall Elementary at the time. Now, they're all grown up and making decisions about whether to remain in the region.

At 6 p.m., the symposium closes with free dinner on the grounds and a performance by the duo Magpie, who worked with regional residents to create the song, "Wherever Rivers Flow."

Saturday's events feature two music stages with performances on the Compton Stage by Bear Hill Bluegrass, Marv Ashby and High Octane, Folk 'Em All Trio, Famous International Hillbilly Singin' Stars, The Mount Clare Connection, The Baltimore Irish Music School, Black Diamond, Critton Hollow Band, The Kevin Prater Band, Buffalo Run and Day Old News.

Performers on the Sowers Stage include The Time Travelers, Pete Hobbie and Dakota Karper, Loretta Hummel and Paul Dix, Don DePoy and Martha Hills, Davis Bradley Duo, Casselman Valley Travelers, Jeff and Myles Thomas with Madalyn Higgins, Walt Michael, Sparky and Rhonda Rucker, Michael and Carrie Kline, and Gilbert Lee and the Ghost on the Radio.

Additional performance areas include Chapel Happenings Outdoors with music by the Frostburg Arion Band, Mary Holt and Jay Smar; Appalachian Storytelling with Jo Ann Dadisman, Mikalena Zuckett, Judi Tarowsky, James Froemel and Otto and Katie Ross; and a canjo workshop with Jim Morris.

The Family Stage provides something for children of all ages and features interactive performances by The Song Imagineers, a presentation by Magpie as well as a jug band with Slim Harrison and the Sunnyland Band. In addition, students and teachers from the folk music school The Cat and The Fiddle will share some of the music they have learned or taught. Finally, Slim Harrison, of the Barnstormers and RockCandy Cloggers, will demonstrate the jaw harp and mouthbow and teach participants how to play a tune on their cheeks.

Hands-on workshops and presentations can be found in the Folkways Tent. Sparky and Rhonda Rucker will perform songs about traditions old and new, and Madalyn Higgins will cover the basics of Irish step dance and céilí dance. You can also explore Central American and Appalachian folk song traditions with Nicaraguan folk musician Marlon Obando and Eastern Kentucky-based singer/songwriter Yani Vozos and join Ecuadorian master luthier and musician Fernando Moya to explore the history and culture of Andean music. Michael and Carrie Kline will present their music as entertainment and social history, and a panel will discuss traditional instruments and traditional forms of music in punk music. (On **Saturday** night, The Deep End in Frostburg will host a punk show with The Bastard Bearded Irishmen after the festival's capstone concert.)

The Explorations Tent offers a session on some of the other-than-human neighbors in the Appalachians, a presentation about Romani in Appalachia, updates on The Brownsville Project, traditions of plant medicine in Appalachia, an introduction to the historical Chautauqua movement and its recent local revival through the Victorian Chautauqua Festival held in Garrett County, and a presentation about the Cumberland Bone Cave, a treasure trove of fossils from the Pleistocene era.

The Jam Tent will also be open throughout the day! Grab a few musicians and sit and jam, or check out The Hammered Dulcimer With Walt Michael or the Bluegrass Jam.

A wide variety of artisans will be on site to demonstrate local traditions, including tatting, pottery, folk art, steampunk, jewelry making, knitting, basket making, music, crocheted items, woven pot holders, leather goods, charcoal prints, note cards, watercolors, woodcraft and beaded jewelry, custom-made furniture, quilted cards and quilts, hemp products, books, custom-painted fishing lures, taxidermy, soaps, prints, all-natural supplements and dolls.

Community groups and organizations and other individuals on the grounds include the Nettle Patch, the Western Maryland Chapter of the Archeological Society, the Frostburg Museum Association, The Brownsville Project and Frostburg First, the Appalachian Laboratory, The Nature Conservancy, Choose Civility, the Evergreen Heritage Center, the Jane Gates Heritage House, the Maryland Chapter of The American Chestnut Foundation, Allegany and Garrett Counties' Bird Club, the Women's Action Coalition of Greater Allegany County, the Mountain Maryland Alliance for Reproductive Freedom, the Women's Health Center of Maryland, The Regional Media Center, the Unitarian Universalist Fellowship of Greater Cumberland, Split Acres Maple, the Appalachian Forest National Heritage Area and the Center for Regional Engagement and Economic Development.

The Capering Kids 4-H Goat Club will return again to host a "goat-painting" area where children can exercise their creative flair by painting goat-shaped silhouettes. The group will bring goats and offer milking demonstrations throughout the day, and soaps made from goat's milk will be available for purchase.

The festival and its programming are sponsored by CES at FSU, 91.9 WFWM, the city of Frostburg, the Maryland Traditions Program of the Maryland State Arts Council, FSU, the FSU Foundation, FrostburgFirst, Weis Market and Friends Aware.

For info, visit the festival's website at www.frostburg.edu/events/afestival.

Music

Unless otherwise noted, events will take place in Pealer Recital Hall and are free and open to the public. Unless admission is charged, concerts will be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

WFWM Public Radio and Palace Theatre Present Award-Winning Bluegrass Bass Player Missy Raines



WFWM Public Radio and the Palace Theatre will host Missy Raines in concert on **Saturday, Oct. 5**, at 7:30 p.m. at the Palace Theatre, 31 E. Main St. in Frostburg. Doors will open at 7 p.m. The concert is a benefit for FSU's WFWM Public Radio.

Raines, the most awarded bass player in International Bluegrass Music Association history, returns to her hometown area with her touring band Allegheny. Raines, who was born in Cumberland, Md., and raised in nearby Short Gap, W.Va., is a 10-time winner of the IBMA "Bass Player of the Year" award. In addition to the Bass Player awards, she's received multiple awards from IBMA for Recorded Event of the Year and Song of the Year. In 2019, Raines was featured in The Country Music Hall of Fame as part of its American Currents exhibit. In January of 2020, she debuted on the Grand Ole Opry with her band Allegheny.

Growing up in Short Gap, Raines credits her parents, who were not musicians but music lovers, with providing her the inspiration to become a musician. They took her to country and bluegrass music concerts throughout the region where she quickly developed a desire to play on the stage. She also continues to draw inspiration from the mountains surrounding her hometown. Her band's name, Allegheny, is taken from those very mountains.

On her latest release "Highlander," Raines has given another tip of the hat to the region. Working with producer Alison Brown, she is joined by a thoughtfully curated list of guests, including Kathy Mattea, Laurie Lewis, Dudley Connell, Michael Cleveland and Danny Paisley, to create an album that at once honors Raines' deep bluegrass roots even as she cultivates them.

Standout tracks include "Who Needs a Mine," a Raines original that reflects on the impact of the opioid crisis in West Virginia and features fellow West Virginian Kathy Mattea; "I Would Be a Blackbird," featuring fellow female bluegrass pioneer Laurie Lewis; and the album's first single, "These Ole Blues," with bluegrass icon Danny Paisley sharing vocals with Raines.

Tickets can be purchased at Main Street Books, 2 E. Main St. in Frostburg, or reserved by calling 301-689-5605. Tickets, if not sold out, will also be available at the Palace Theatre box office the night of the concert.

Presentations

Brains & Brews

Brains & Brews was developed as a way of learning about the expertise of campus colleagues, sharing insights and meeting new friends. It's also quite educational. The event will take place this fall on the following **Thursdays – Sept. 19, Nov. 21 and Dec. 5** – at The Deep End pub at 16 W. Main St. in Frostburg. It runs from 7 until about 8 p.m. and two speakers are invited to share their research, creative activity or other interesting work to a live audience in a relaxed atmosphere. Each presenter speaks for about 18 minutes on their subject and then fields 5 to 6 minutes of questions from audience members.

For info, contact Dr. Keith Terry at ketry@frostburg.edu.

FSU to Host Program on ‘Pathways to Conservation Education’



Joel Dunn will give the keynote address at “Pathways to Conservation Education.”

FSU’s College of Education and Health and Natural Sciences will host a program titled “Pathways to Conservation Education: Cultivating Partnerships, Careers and Environmental Education” on **Tuesday, Sept. 17**, from 6 to 8 p.m. in room 208A of FSU’s Education and Health Sciences Center. This event is free and open to the public.

The program goal is to convene students, faculty and conservation professionals for an engaging evening focused on conservation, environmental education, partnerships, funding opportunities and emerging careers in the field.

Dr. Mamie Parker, the former head of Fisheries, U. S. Fish and Wildlife Service, and the Chesapeake Bay Foundation Board, will provide the opening remarks.

Joel Dunn, the president and CEO of Chesapeake Conservancy, will give the keynote address, “The Role of Partnerships in Conservation and the Path to Achieving the 30x30 Goal.” Dunn will highlight the importance of partnerships in conservation and share his experiences working toward the 30x30 goal.

This will be followed by a panel discussion, moderated by Parker, which will explore critical aspects of conservation careers, discussing the importance of environmental education to conservation, offering practical advice and sharing unique experiences. Panelists will include Dunn and a representative from the National Conservation Training Center; Charisa Morris, wildlife biologist, U. S. Fish and Wildlife Service; and Jocelyn Tuttle, Maryland student leadership coordinator, Chesapeake Bay Foundation.

Dunn leads Chesapeake Conservancy’s efforts to increase public access for everyone and strengthen the connection between people and the Chesapeake Bay watershed to promote a greater appreciation for the need to conserve the Chesapeake’s landscapes and special places. Under Dunn’s leadership, Chesapeake Conservancy has focused on using technology to practice precision conservation and build successful partnerships with federal, state and local agencies; private foundations; corporations; and nonprofits to advance conservation.

Prior to joining Chesapeake Conservancy, Dunn spearheaded government relations and project management in the Chesapeake region for The Conservation Fund. His work helped establish protection for national parks, national wildlife refuges and national trails, including the Captain John Smith Chesapeake National Historic Trail. Dunn has also worked on Capitol Hill and in conservation science.

In 2023, Rappahannock Tribe Chief Anne Richardson presented Dunn with the “Rising Star Award,” and bestowed on him the name “Red Warrior.” He is a dedicated partner and advocate for tribes and has dedicated his time, energy and resources to generating historic change in equity work that will benefit marginalized communities for generations.” In 2021, he was named an “Outdoor Recreation Ambassador” for the state of Maryland Commerce Secretary Kelly M. Schulz and Maryland Natural Resources Secretary Jeannie Haddaway-Riccio. Gov. Larry Hogan named Dunn “Chesapeake Bay Ambassador” in 2020.

Dunn was co-editor of “A Sustainable Chesapeake: Better Models for Conservation.” In addition, he has written numerous opinion editorials for newspapers in the Chesapeake region and served as a panelist for Maryland Public Television’s Chesapeake Bay Summit and Capitol Hill Ocean Week OceansLIVE.

For info, contact Dr. Jennifer Bishoff at jlbishoff@frostburg.edu.

African American Studies Program Presents Rev. Justin Searls in Presentation, ‘Liberty to the Captive’



As part of the African American Lecture series, FSU’s African American Studies Program will host the Rev. Justin Searls on **Tuesday, Sept. 24**, for a lecture titled “Liberty to the Captive: The Two Definitions of Equality in the Abolitionist Movement.” The lecture will take place from 7 to 8.30 p.m. in room 111 of FSU’s Lane University Center. The event is free and open to the public.

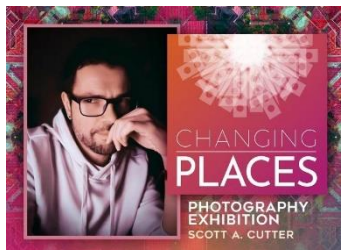
Searls is a Christian minister, chaplain, professional writer and modern abolitionist. He has written and published several commentaries and letters to the editor in different newspapers. He is the author of “Freedom’s Proclamation: The Abolition of Slavery and the Theology of the Civil War,” a Bible study demonstrating how God condemned racism in the Bible and providentially through the Civil War. He is also the author of two poetry compilations – “The Cross in the Night” and “The Light of the Eternal Holy Fire.” Searls graduated from the University of Akron summa cum laude with a bachelor’s in political science with a focus on history. He is pursuing a master’s in history at Liberty University in Lynchburg, Va.

The presentation is co-sponsored by the African American Studies Program and the Department of Geography.

For info, contact Dr. James Saku, coordinator of the African American Studies Program, at 301-687-4724 or jsaku@frostburg.edu.

Exhibitions

Department of Visual Arts Presents “Changing Spaces,” an Exhibition by FSU Alum Scott Cutter



FSU’s Department of Visual Arts will present its first exhibit of fall 2024, a solo exhibition by FSU alumnus **Scott Cutter**, “Changing Spaces,” which will run through **Thursday, Sept. 26**, at the Stephanie Ann Roper Gallery in FSU’s Fine Arts Building. This exhibition is free and open to the public.

Cutter’s creative journey began with a background in traditional media and materials and has grown into an ever-expanding career as a graphic designer. Developing during the early stages of modern technology allowed for a gradual transition into technology-based artistic expression, which continues to evolve. As a native of Western Maryland, he has worked with

many local and national businesses during his career of more than 20 years in graphic design and marketing. Cutter creates designs for many applications, including print work, digital media, audio/video and stage production.

Cutter creates art that is accessible to all individuals. He creates engaging, attractive art that can exist in many environments without pretense. His goal is to produce art that is easy to understand and appreciate, verging on commercial-based appeal. As a graphic artist and marketer, Cutter strives for wide-ranging visual appeal, while still maintaining solid artistic foundations, regardless of medium.

For info on the artist, visit www.scottacutter.com.

For info on the exhibition, contact April Pauza at ajpauza@frostburg.edu.

For this show, the Roper Gallery is open **Mondays through Fridays** from 11 a.m. to 5 p.m.

Points of Pride

FSU Hosts Annual Fraternity and Sorority Life Stars of Excellence Program



Pictured are, front row, Jamie Winters; middle row, from left, Courtney Robinson, Antonio Rainey and Li Sackett; and, back row, from left, Kaitlyn Karazulas, Marissa Thomas, Anya Benson, Damond Jones Jr., Nathaniel Long, Nick Mullen, Ava Rankin, Ava Ebersole and Meghan Farrar.

FSU hosted the 2024 Fraternity and Sorority Life Stars of Excellence program on Aug. 28, recognizing chapters and members for maintaining all aspects of the University and national guidelines.

The Stars of Excellence program was established in 2007 and is based on expectations of university chapters to include intellectual and social development, personal health and moral values growth, organizational responsibility, proper risk management, scholarship, community and philanthropic service monetary donations, and chapter programming.

To remain in good standing with FSU’s Office of Civic Engagement, each chapter is required to maintain 80 percent in all aspects of the following University and national guidelines: Chapter Management, Risk Management, Fundraising, Scholarship, Community and Philanthropic Service, Membership Development and Community Development. The awards are presented to a chapter or chapters that have excelled in those categories.

The 2023-2024 Stars of Excellence winners are as follows: Chapter of the Year – Alpha Phi Omega Fraternity; Flame Award (service to fraternity and sorority life and leadership within the community) – **Caleb Heller**, Sigma Alpha Epsilon; Pillar Award (service to the community) – **Nikita Hall**, Delta Zeta Sorority; Zeus Award (outstanding leadership and council service) – **Ayden Roberts**, Alpha Phi Omega and Kappa Delta Rho Fraternities; Hestia Award (outstanding leadership and council service) – **Evelyn Shanholtz**, Delta Zeta Sorority; Advisor Excellence – **Pauline Pascariello**, Alpha Phi Omega and Phi Sigma Pi advisor; National Excellence Award – **Kimberly Hinds-Brush**, Phi Mu Delta Fraternity; Community Service Excellence (served 36 hours per member) – Alpha Phi Omega; Academic Excellence – Alpha Phi Omega; Membership Development Excellence – Zeta Phi Beta; Fundraising Excellence (fundraised more than \$378.28 per member) – Phi Mu Delta; Chapter Management Excellence – Iota Phi Theta; Philanthropic Excellence (17 hours per member) – Sigma Alpha Epsilon; Community Relations Excellence – Iota Phi Theta, Delta Zeta and Phi Beta Sigma; and Risk Management Excellence – Delta Zeta.

This year was unlike other years regarding the Chapter Excellence Award. For the first time, all 13 chapters earned 90 percent or above in the overall score in all areas of the standards required. This year’s winners of Chapter Excellence Awards include Delta Zeta, Alpha Sigma Alpha, Alpha Sigma Tau, Pi Lambda Phi, Sigma Alpha Epsilon, Phi Mu Delta, Iota Phi Theta, Phi Beta Sigma, Delta Sigma Theta, Zeta Phi Beta, Alpha Phi Omega, Phi Sigma Pi and Delta Sigma Pi.

In addition to the student awards, **Jamie Winters**, assistant director of Organizations and Community Programming at FSU, is a 2024 recipient of the Phi Sigma Pi National Honor Fraternity President’s Volunteer Service Award, which recognizes an individual’s dedication to volunteer service. Winters’ community service totaled 183.5 hours.

In all, FSU’s fraternities and sororities hosted 85 programs last year boasting an attendance of nearly 2,500 participants. The chapters earned six leadership awards, fundraised \$11,457.24 and earned high grades in the fall and spring semesters. Of the

121 fraternity and sorority members last fall, 84 made the Dean's List; 83 of 114 made the Dean's List in the spring. These students served a total of 362 hours and provided 72 hours of philanthropic support.

Andy Duncan Book Signing

Andy Duncan, a professor in the Department of English and Foreign Languages, will sign books and solicit information for his Weir Western Maryland project (<https://www.frostburg.edu/personal-arduncan>) on **Saturday, Sept. 14**, from noon to 3 p.m. at the Washington Street Library as part of Cumberland's Heritage Days festival.

For info, visit <https://allegany.librarymarket.com/event/andy-duncan-book-signing-21649>.

Chamber Singers to Perform at Conference

The FSU Chamber Singers have been selected to perform on the opening day of the National Association for Music Education Eastern Division Conference on **Thursday, April 24, 2025!** The singers were chosen from a division that includes musical powerhouses like the Juilliard School, the Eastman School and the Crane School in New York, Penn State, Temple, the Curtis Institute in Pennsylvania, Yale in Connecticut and more.

Take Note

Calling First-Year and Sophomores to FSU's Leadership Retreat

Apply to attend FSU's Leadership Retreat, which will be held **Friday, Sept. 27, through Sunday, Sept. 29**, at Camp Allegheny in Stoystown, Pa. The retreat is a free annual fall event that includes meals, lodging and transportation. First- and second-year students are presented with the opportunity to become acclimated to the leadership climate of FSU. Students become more cognizant and effective as leaders by engaging in activities designed to build on individual strengths and facilitate group skills by engaging in activities designed to build on individual strengths and connecting students with faculty, staff and seniors from the President's Leadership Circle.

Students participate in a series of ropes-course activities, team-building activities and group challenges. Participants will have time to bond with each other to build positive relationships through social time, group meals, board games and an evening bonfire.

The deadline to apply is **Tuesday, Sept. 17**, before noon.

Upcoming Events From the BURG Peer Education Network

Games on the Lawn



The BURG Peer Education Network in partnership with the Frostburg Fandom Society will host Games on the Lawn on **Wednesday, Sept. 11**, from 7 to 9 p.m. on the Upper Quad lawn.

Spin Wheel Trivia

Spin Wheel Trivia will take place on **Thursday, Sept. 12**, from 11 a.m. to 2 p.m. at the Clock Tower.

BURG Open Mic Night

The BURG Open Mic Night will be held on **Wednesday, Sept. 18**, from 6 to 8 p.m. at Echo Circle. Come for an evening of music, poetry, comedy and more. Show off your talents and enjoy the performances of others.

Social Work Department Open House

The Department of Social Work has a new home. An open house will be held on **Monday, Sept. 9**, from 3 to 5 p.m. at Frampton 206.

For info, contact Amanda Bucy at ajbucy@frostburg.edu.

Annual CLC Book Award Banquet

The Children's Literature Centre will host its annual CLC Book Award Banquet on **Friday, Oct. 4**, at 5:30 p.m. in the Hotel Gunter ballroom. The Children's Literature Centre presented its first CLC Book Award in 2012. This annual award is given to a children's picture book that most embodies the attributes of compassion, love or courage. This is awarded to a person early in their career as an author with the aim to encourage and support an author/illustrator in the early years of their career, who

has published in the United States within the past three years. This year's winner is "How to Send a Hug" by Hayley Rocco, illustrated with her husband, John Rocco.

For info or tickets to the event, visit <https://www.frostburg.edu/childrens-literature-centre/book-award/index.php>.

New York Times Digital Subscription Program

Free to FSU Students, Faculty and Staff

The NYTimes.com digital subscription program supports a 21st-century education and improves student success while providing the campus community with a trusted resource to use to enhance global current news awareness, enrich curriculum discussions and provide a reputable research source. This subscription provides access to in-depth coverage of the daily issues being addressed in the news, expert analysis and reporting of historical events as they occurred. Often referred to as "the newspaper of record in the United States" (<https://www.britannica.com/topic/The-New-York-Times>), faculty will be able to freely recommend using NYTimes.com to students to enhance their research and educate them on the differences between authenticated news sources and "fake news."

Detailed registration instructions can be found at <https://tinyurl.com/yc3r7ooa>.

Fall 2024 Ort Library Hours and Other Important Info

The Ort Library is open! Below is some important information to help you through the start of the semester.

Library Access and Contact Info

Website: <https://www.frostburg.edu/library>

Phone Number: 301-687-4395

Email: libref@frostburg.edu

Fall 2024 Semester Hours

Sundays: 2 to 10 p.m.

Mondays through Thursdays: 8 a.m. to 10 p.m.

Fridays: 8 a.m. to 5 p.m.

Saturdays: Closed

New SearchCat Library Interface

At the end of the spring 2024 semester, the Ort Library along with 16 other libraries in the University System of Maryland and Affiliated Institutions Consortium migrated to a new library search interface. SearchCat (https://usmai-fsu.primo.exlibrisgroup.com/discovery/search?vid=01USMAI_FSU:FSU_ORT) went live on May 23. Be sure to check it out, log in to your library account (https://usmai-fsu.primo.exlibrisgroup.com/discovery/login?vid=01USMAI_FSU:FSU_ORT), search for materials and leave feedback (<https://shorturl.at/I16js>). If you have questions or would like a library staff member to provide an overview of the new system, email libref@frostburg.edu.

Facilities and Services

Students, faculty and staff have access to a wide variety of materials, resources, spaces, technology and services through the library. Stop by the Library Services main desk located to the right just inside the entrance to ask about borrowing and requesting items, research help, study rooms and more. For info about services, hours or operations, check out Frequently Asked Questions (<https://frostburg.libanswers.com>), send an email to libref@frostburg.edu or call the Library Services main desk at 301-687-4395. You can schedule a research consultation (<https://outlook.office365.com/book/ResearchConsultation@frostburg.onmicrosoft.com>) at your convenience.

Student Employment

Did you receive a Federal Work Study award as part of your Financial Aid package? The library is looking for friendly, enthusiastic students to help staff the Library Services main desk. If interested, reach out to albena@frostburg.edu or stop by the main desk to ask for an application.

FSU-TV3

Work-Study Positions Available



FROSTBURG STATE UNIVERSITY

FSU-TV3 and the Department of Communication have the work-study positions available for students at FSU, including equipment room staff members, social media specialists, transcriptionist, assistant program director, graphic designers, video editor and photographer/filming.

To apply, log in to Handshake to check your status for Federal Work-Study. If you do not see the listings, email Melanie Lombardi at mlombardi@frostburg.edu for info about the positions.

Deadlines

Undergraduate Grade Changes

The last day for undergraduate grade changes, including the removal of incomplete grades for the spring 2024 and summer 2024 semesters, is **Friday, Oct. 4.**

Activities for Life

For info or to register, call 301-687-7934 or email Amy Nazelrod at anazelrod@frostburg.edu.

Water Aerobics

Water Aerobics will be offered **Tuesdays and Thursdays, Sept. 10 through Oct. 17**, from 6:40 to 7:30 p.m. in the Cordts PE Center pool.

Beginner-Level Pilates

Beginner-Level Pilates will be offered on **Mondays, Sept. 23 through Oct. 28**, from 5:30 to 6:30 p.m. in Cordts PE Center room 104.

The registration and payment deadline is **Monday, Sept. 16.**

Participants must provide their own mats. (A Pilates mat is recommended.)

Pilates focuses on core strength, flexibility and overall body awareness. Participants will be introduced to proper breathing, alignment and controlled movements.

Body Barre

Body Barre will be offered **Wednesdays, Sept. 25 through Oct. 30**, from 5:30 to 6:30 p.m. in Cordts PE Center room 104.

The registration and payment deadline is **Monday, Sept. 16.**

Participants must provide their own yoga mats and 2- to 3-pound weights (if desired).

This is a hybrid toning class that combines moves from ballet, Pilates and yoga. The class uses high reps and low-impact, small-range movements to challenge the muscles. No shoes are required.

Community

Like Fresh Fruits and Veggies?

Save time in your weekly schedule to visit the Allegany County Farmer's Market, which is held **Fridays** from 9:30 a.m. to 1 p.m. at City Place in Frostburg, just a short walk from campus. Shopping local supports local farmers and producers and helps the environment. In-season produce, eggs, beef and flowers are available.

Health and Safety Messages

Fall Safety Awareness



The Centers for Disease Control and Prevention (CDC) recognizes September as "Fall Safety Awareness Month" – an opportunity to learn about strategies that help prevent chronic diseases and sustain a healthy lifestyle. Here are some recommendations on ways you can live a healthy life.

Get your COVID-19 and flu shots. These vaccines offer the best protection against serious illness and hospitalization.

Visit your doctor and dentist for preventive services and regular checkups.

Aim to get at least seven hours of sleep per night.

Substitute water for sugary or alcoholic drinks to reduce calories and stay safe.

Eat healthily. Focus on fruits, vegetables, whole grains, lean meats and low-fat dairy products.

Move more, sit less. Adults need at least 150 minutes of moderate-intensity aerobic activity every week.

Savor seasonal flavors. This highlights local and healthy produce for families to enjoy.

Spend time outside. Take advantage of cooler temperature and go outdoors. Spending time outdoors improves physical and mental health, reduces stress and boosts mood.

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2024

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2024

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Goal 1: Strategic Enrollment Management – Develop a marketing, recruitment and retention plan that identifies realistic and sustainable goals for first-year, transfer, online, adult, graduate and international students, and the resources necessary to implement the FSU SEM Plan, which outlines strategies, action items and measurable outcomes across the next three fiscal years.

Goal 2: Campus Environment and External Messaging – Promotion of a campus culture that emphasizes student success, enhances the well-being of our students and employees, and fosters a sense of belonging.

To view FSU's Strategic Plan 2024-2026 online, visit www.frostburg.edu/strategicplan.