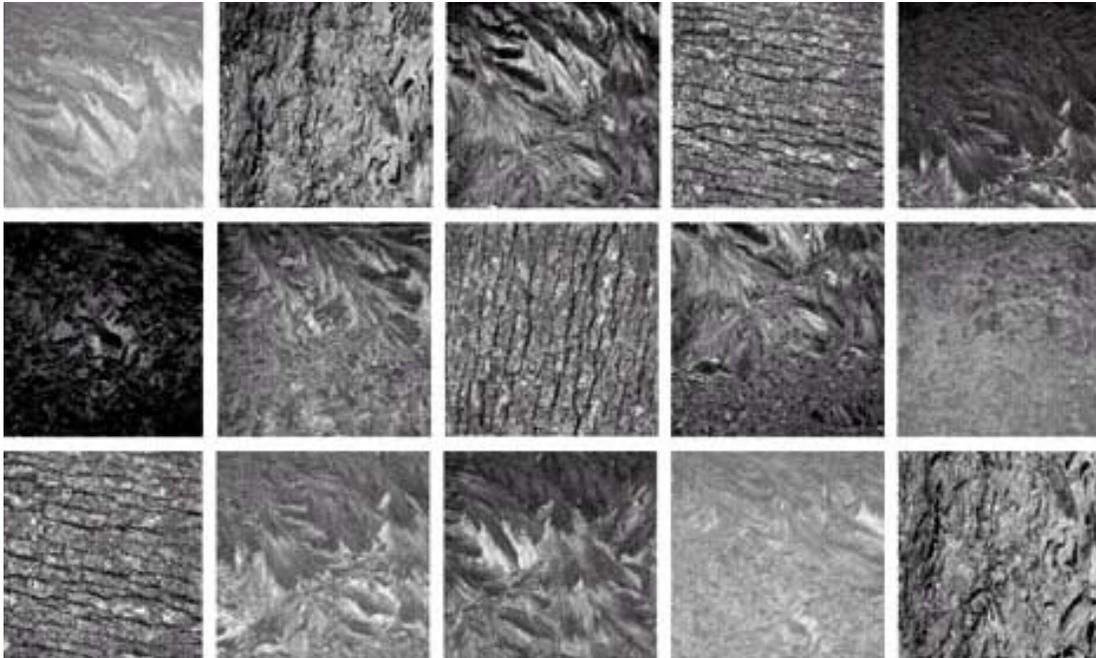


StateLines

www.frostburg.edu/news/statelines.htm

For and about FSU people
Volume 38, Number 17, Feb. 4, 2008

A publication of the FSU Division of Communications and Media Relations
Copy deadline: noon Wednesday, 228 Hitchins or reramspott@frostburg.edu



“Ink and Glaze” will feature digital prints by Lisa Sheirer, above, and ceramic pieces by FSU’s Jacqueline Brown, below.

Exhibition Explores Possibility, Beauty of Ceramics, Graphics

‘Ink and Glaze’ Highlights 2 Artists

Two artists share their interpretations of the natural landscape and their interest in pushing the boundaries of ceramics and digital printmaking in “Ink and Glaze,” an exhibition on view at FSU’s Stephanie Ann Roper Gallery through Feb. 24. “Ink and Glaze” features the talents of Lisa Sheirer, a former FSU visual arts faculty member and associate professor and program manager of computer graphics and photography at Frederick Community College, and Jacqueline Brown, professor in ceramics at FSU. The show, which is free and open to the public, begins with a reception 7 to 9 p.m. Friday, Feb. 1, including a gallery talk at 7:30 p.m.

Sheirer makes image collages featuring digital photographs and found objects from nature and her immediate

environment that are scanned, manipulated, colorized and “sculpted” in Adobe Photoshop. Her visual interpretation of the natural world incorporates abstraction, symmetry and repetition, in which everyday objects are elevated from their original contexts. “Music is a great inspiration, especially the old-timey music of Appalachia, where I live,” she writes in her artist statement. “I



compare my layering of imagery to the layering of rhythms in music and the piecing of images to the making of quilts.” “Ink and Glaze” presents four new black-and-white series Sheirer has been developing since 2006: “Hickory Labyrinth,” “Potomac,” “Corollaries” and “Ice Stories.” Brown focused on traditional clay training in England before relocating to the United States 24 years

ago. She is interested in both ceramics and printmaking, and enjoys combining the two using a technique of printing line and color onto the clay surface. Her linear decoration and choice of color reflect her observations of landscape and the different environments in which humanity exists. She draws inspiration from both her Northern European influences and her experience and exposure to modern and ancient America. “The vessel in all forms is a significant reference point to my craft background, and I strive to make my pieces ‘stand proud’ and speak of their

inherent aesthetic beauty,” she explains in her artist statement.

The Stephanie Ann Roper Gallery has free admission and is open to the public Sunday through Wednesday from 1 to 4 p.m. For more information about the exhibition, please contact FSU Department of Visual Arts at x4797.

Calling All Shutterbugs!

The Environmental Planning and Land Management Institute at FSU invites photographers to submit photographs to its fifth annual Environmental Photography Contest. The Institute, a joint venture between FSU’s Department of Geography and the Maryland Bureau of Mines, Maryland Department of the Environment, will accept entries until the deadline at 4 p.m. **April 11.**

The competition is open to any amateur photographer over 11 years old who lives, works or attends school in either Allegany or Garrett counties. Images should depict environmental or natural habitat scenes of Allegany or Garrett county that reflect the environmental beauty that defines Western Maryland. Photographs should be 8 by 10 inches and matted; they can be in black and white or color.

Entry forms may be obtained from the FSU Department of Geography/Bureau of Mines Lab or from the Institute’s Web site at www.frostburg.edu/dept/geog/

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einstitute. Participants may submit no more than three photographs. The deadline for submitting entries is April 11. There are three place winners for the contest each year as well as an award for "the people's choice" that gives the public the opportunity to vote either in person or on the Internet for their favorite photograph from the 20 finalists.

Contest winners were awarded more than \$1,600 in cash, prizes and gift certificates last year. The following businesses were sponsors for the 2007 contest: AES Warrior Run, Inc.; Bernie's Photography; Beitzel Corp.; Biederlack of America Corp.; Chris Studios; Closet Maid; Mario's Italian Eatery; Maryland Coal Association; Mettiki Coal LLC; McFarland's Candies; M & T Bank; New Page Corp.; Olan Mills Portrait Studios; Kick Masters Karate; Dr. Diane D. Romaine and Associates; Photography by Jeannine; Spectrum BioScience; USGS Mountain Maryland Office; Susquehanna Bank and Rocky Gap Lodge & Golf Resort.

For additional information call Gale Yutzy at x4369 or MaryLynn Pegg at x4721 or visit the Institute's Web site: www.frostburg.edu/dept/geog/einstitute. Entries can be delivered to either Gunter Hall 201 or Dunkle Hall 307 on the FSU campus.

Theatre



Second Stage Presents 'Almost, Maine'

University Theatre's student-directed series, Second Stage, will continue on **Feb. 22 and 23** with John Cariani's "Almost, Maine." Performances will take place at 7:30 p.m. in the F. Perry Smith Studio Theatre of the Performing Arts Center.

Magical realism thrives in Cariani's moving new comedy, hailed by the "New York Sun" as "Love in the Time of Frostbite." On a cold, clear, moonless Friday night in deep winter, the Northern Lights hover over the remote, mythical town of Almost, Maine. All is not quite what it seems as the residents of Almost find themselves falling in and out of love in unexpected, unusual and often amusing ways. Knees are bruised, hearts are broken, and love is—literally—lost, found and realized. Whimsical and charming, "Almost, Maine" inventively explores the mysteries of the human heart, touching its audience with laughter, heartbreak and hope.

For reservations and information, call the University Theatre box office at x7462 (M-F 9-4 p.m.), or stop by the box office in the Performing Arts Center lobby, (M-F 12-2 p.m.). For your convenience, the walk-up box office will also be open from 5 to 7 p.m. during the nights of the show. All tickets are \$5.



Take Note

Get Down to Business

FSU students who are interested in

accounting, business administration or economics are invited to learn more about these exciting areas of study by stopping by and visiting Tammy Shockey at the College of Business Advising Center in Frampton Hall to discuss the programs, declare a major and be assigned faculty advisors. Shockey's office hours are **Monday through Friday, 9 a.m. to noon and 1 to 5:30 p.m.** in the College of Business Advising Center, located in Frampton Hall, Room 319. For more information call the College of Business Advising Center at x4008.

Help for Transfer Students Available

The Advising Center will offer "Transfer Drop-In Advising" days in February. This is a chance for all transfer students to "drop-in" to the Advising Center for some assistance and guidance with their major or assessing their academic goals. Each Monday in February (**today, Feb. 11, 18 and 25**) students can come by the Advising Center, 124 Sand Spring Hall, from 1:30 p.m. to 3:30 p.m. without having to make an appointment. Students will meet with Amy Shimko and can also call to make an appointment for other dates and times by calling x4403.

Students:

Register for BITS Test

FSU students following the 2005-07 or later FSU Undergraduate Catalog can opt to take the BITS Test to meet their technology fluency graduation requirement. With this option, students must score 70 percent or higher on this 100-item, timed, online, group-proctored test. To review other options, students should refer to the "Undergraduate Degree Requirements" [Item #9] in the "Academic Life" section of their FSU Undergraduate Catalog.



To register for the BITS Test, go to the FSU Bookstore for Registration Week on Monday, **Feb. 11**, through Friday, **Feb. 15**, from 8:30 a.m. to 4 p.m. Students must present their FSU student ID and pay a non-refundable \$15 registration fee to register for one of the three BITS Test sessions. In addition to payment by cash, check, or Bobcat Express, the following credit cards are accepted: Visa, MasterCard and Discover.

BITS Test sessions will be offered at 7:30 p.m. on the evenings of Monday, **March 10**; Tuesday, **March 11**; and Wednesday, **March 12**. The sessions will be held in Pullen Hall 107-110 depending on how many students register for each session.

PLEASE NOTE: Students must present their FSU Student ID at the FSU Bookstore to register for their BITS Test session as well as present it in Pullen Hall the evening of their BITS Test session. A student can register/pay and take the BITS Test only once per semester. NO credits are associated and/or available

with the BITS Test option. Any student with a disability needing accommodation should contact the Office of Disability Support Services (x4483) as soon as possible after registering.

For more information, please contact the Office of the Provost, Hitchins 213 or at x4211.

Attention All Education Students!

The application deadline for students entering Phase I, Phase II or Phase III of the Teacher Education Program for the Fall 2008 semester is Friday, **March 14**.

ALL APPLICATIONS SHOULD BE RETURNED TO THE OFFICE OF UNIT ASSESSMENT, FRAMPTON HALL, ROOM 203-3, on or before deadline date.

If you need an application form or have questions, contact Barbara Bluebaugh at x7953 or babluebaugh@frostburg.edu.

Planning to Graduate?

If you are planning to graduate at the end of this semester, please note the following:

- The 132nd Commencement Ceremony is scheduled for Saturday, **May 17**, in the Harold J. Cordts Physical Education Center. The College of Business and College of Education will hold its service at 10 a.m., while the College of Liberal Arts and Sciences will present its graduates at the 2 p.m. ceremony.
 - Please complete your graduation application at the Registrar's Office now. This will enable you to receive information about your upcoming Commencement.
 - The first Commencement mailing is scheduled for the first week in March and will be sent to both your local and your permanent addresses. Please update your address information in PAWS to assure that you will receive all the details.
 - Caps and gowns are provided at no cost to all graduates and may be ordered at the University Bookstore. Your order must be placed by **March 24**.
 - A Grad Fair will be held **March 24** in the Alice R. Manicur Assembly Hall in the Lane University Center from 9 a.m. to 3:30 p.m. Vendors will be present for ordering your class ring and diploma frames, and you will also have the opportunity to order your cap and gown and announcements. Additional University services will be available and there will be giveaways and refreshments.
 - Full details about Commencement are on the University's Web site. Go to "Current Students." Commencement information is under "Academics" on the left side.
- If you have any other questions about Commencement, please contact Brittnei Teter at x4423 or bkteter@frostburg.edu.

Deadline for May 2008 Graduation Exceptions

If you plan to graduate in May and

your official degree progress report indicates you have not completed all requirements and you have a basis to request an exception, submit your written appeal letter and supporting letters and documentation to the Academic Standards Subcommittee, Office of the Provost, Hitchins 213 by 4 p.m. on **Feb. 14** for the February meeting, **March 13** for the March meeting or **April 17** for the April meeting (last chance for graduation exceptions and inclusion in the Commencement Booklet). If you have questions or concerns, please call the Provost's Office at x4212.

News for Graduate Students

Planning to Graduate in May?

Graduate students planning to graduate in May must complete an application for graduation by **Feb. 25**. Applications are available in the Office of Graduate Services, 141 Pullen Hall.

Attention Seniors! Interested in Graduate School?

Maryland needs teachers! With your bachelor's degree— in any major— FSU has a plan to put you in the classroom. Learn about our Master of Arts in Teaching and you could be inspiring others in the classroom in just 12 months. Stop by our Master of Arts in Teaching Information Sessions on Wednesday, Feb. 6, from 6 to 8 p.m. at the Office of Graduate Services, 141 Pullen Hall, and at the University System of Maryland Hagerstown Center (USMH) on Tuesday, **Feb. 12**, from 6 to 8 p.m., 32 W. Washington Street, Hagerstown. Sessions will be informal and students can stop by at their convenience. The deadline for Summer 2008 cohort applications is May 1, for MAT Elementary and April 1 for MAT Secondary. For more information, please call the Graduate Services Office at x7053.

Questions about Graduate Programs?

The office of Graduate Services is located in Pullen 141 and students are encouraged to stop by the office anytime to discuss their interests or e-mail Vickie Mazer, Director of Graduate Services, at vmazer@frostburg.edu.

Graduate Scholarships for 2008-2009

David Sanford Graduate Student Scholarship

The recipient must be enrolled full time or part time as a graduate student, have previously been an undergraduate at FSU and have received a varsity sport participation letter. An FSU overall grade point average of 3.0 or better is required. Applications are currently available at the Office of Graduate Services, 141 Pullen Hall or by calling x7053. Deadline is **March 1**; one award of \$500 is given annually.

F. Perry Smith Jr. Graduate Scholarship

The recipient must have completed high school education or the equivalency in either Allegany or Garrett Counties in Maryland and be enrolled at FSU with an overall grade point average of 3.0 or better. The recipient must demonstrate financial need (complete and submit the FAFSA form). Applications are currently available at the Office of Graduate Services, 141 Pullen Hall or by calling x7053. Deadline is **March 1**; five awards between \$500 and \$1,500 are given annually.

Graduate Assistantships/Intl Fellowships for 2008-2009

Applications for Graduate Assistant/International Fellowship positions for the academic year 2008-2009 are currently being accepted. The positions offer paid tuition (up to 30 hours year) and a \$5,000 cash stipend per year, in exchange for 20 hours of service each week. These positions represent an academic honor, and thus require the applicant to have been accepted to a graduate program in good academic standing, and remain in good academic standing for the duration of the award. The applications are available at the Office of Graduate Services, 141 Pullen Hall (x7053) or on the Web at www.frostburg.edu/grad/ga.htm. Applications for the spring 2008 are currently being considered. The deadline for completed applications for the 2008-2009 academic year is **March 15**.



Learning Green

Wind, Solar Energy Certification Available

FSU is offering an education program on design and installation of residential electric generation systems using photovoltaic (PV) solar modules or small wind turbines.

Online courses are supported by an onsite 4-day workshop that includes hands-on training and will prepare the participants for the certification test given by the North American Board of Certified Energy Practitioners, Inc. (NABCEP). Each workshop will consist of an interactive distance education part delivered online and a hands-on short course on the FSU campus. Participants will learn:

- the basics of PV/wind systems and resource assessment
 - components of a PV/wind system, setup configuration, sizing, wiring and controls
 - relevant sections of the National Electric Code (NEC), zoning laws and building codes pertaining to PV/wind systems, interconnection requirements
 - practical experiments and demonstrations of different aspects of PV/wind generation systems, including a site visit to FSU WISE system and actual hands-on set up of a small grid-connected system
- The minimum prerequisite for participants is a high school diploma, and

applications will be accepted through **March 15**. Space is limited and enrollment is on a first come, first served basis. For more info, visit www.frostburg.edu/renewable and call x3166 or e-mail renewable@frostburg.edu.

Library Features Recycling Display

MaryJo A. Price, Special Collections Librarian at Lewis J. Ort Library, recently designed a display on recycling in Allegany County and at FSU. The display, "What's in Your Office/Home?" was inspired by the Focus the Nation festivities Jan. 31; it will remain on view at the library until FSU's spring break.

Included in the display are those items that can be recycled: aluminum, metal, office paper, cardboard, cardboard food containers, newspaper, magazines and catalogs, plastic, glass and compost (yard clippings). Facts on recycling from the Maryland Department of the Environment will show how FSU can make a difference when the community recycles.

For more info, contact Price at x4889.

Presentations



Appalachian Lab

The University of Maryland Center for Environmental Science Appalachian Laboratory will offer a series of seminars during the spring semester. The next seminar focuses on climate change and is titled, "Life Along a Gradient: climatic and hydrologic controls on riparian ecosystem structure and function" and is hosted by Mark Castro. It is scheduled for 10 a.m. Thursday, **Feb. 7**, in Room 109.

Refreshments follow in the lobby. For more information, visit www.al.umces.edu/seminar/schedule.

Learn About Allegany County's Black History

Al Feldstein, local historian and regular contributor to WFWM 91.9 FM, will give a presentation titled, "An Overview of Allegany County African-American History: People, Places, and Events," from 7 to 8:30 p.m. on Feb. 13 in the Compton Science Center, room 327. The event is part of Spring 2008's African American Studies Lecture Series. For more info, call Dr. James Saku at x4724.

Entertainment



Live at the Loft Returns

Got talent? All talents are welcome to join the stage of Frostburg's Open Mic Night, hosted by the University Programming Council. Come show your music, poetry, dance, or comedic abilities at the Derezhinski Lounge in the Lane University Center. Open Mic Nights are **Feb. 7 and 21, March 6, April 3 and 17 and May 1**. Shows start at 8 p.m. For more information, call x4411.

Celebrate Chinese New Year with FSU

Hongqi Li, adviser of FSU's Chinese Culture Club and associate professor of biology, is in the process of organizing a Chinese New Year celebration that will include food, fun and cultural learning. Be sure to keep your eye out for announcements about the event, **tentatively scheduled for Feb. 8**. To learn more, contact Dr. Li at x4168.

Snow Trip Offered by UPC

In collaboration with the University Programming Council, Diehl and Gray Hall are co-sponsoring a trip to ski, snow-board or tube at the Whitetail Ski Resort on Friday, **Feb. 8**. The trip costs \$18 for skiing and snow-boarding without an equipment rental, \$33 for skiing and snow-boarding with an equipment rental and \$22 for tubing for the hours 5 p.m. to 10 p.m. The bus departs at 4 p.m. from the Performing Arts Center parking lot. For more information, call x4411.

Comedy Night Features Marianne Sierk

Performer Marianne Sierk comes to FSU 8 p.m. Friday, **Feb. 8**, at the Alice R. Manicur Assembly Hall in the Lane University Center. Sierk has performed at clubs such as Siberia, Governor's Comedy Cabaret and Stand Up NY, and has hosted or produced stand up shows at New York Comedy Club, Gotham Comedy Club, The Underground, and Duplex. For more information, call x4411.

Check out D.C.

What a better way to get into politics than to take a trip down to the nation's Capital! University Programming Council is hosting a trip to Washington, D.C., on Saturday, **Feb. 9**, to see sights and experience the history. Tickets are on sale and cost \$25 for FSU students only. The bus departs from the Performing Arts Center parking lot at 7 a.m. For more information, call x4411.

Points of Pride



Francis Tam, Professor of Physics and Engineering, presented an invited talk on "TOPPS," which stands for Training Opportunities for Physics and Physical Science, at the American Association of Physics Teachers (AAPT) Section Officers Exchange Meeting, Jan. 20 in Baltimore. He also presented a poster paper titled "Teaching Opportunities in Physics and Physical Science (TOPPS) at FSU" and a invited paper, "TOPPS: a WIN-WIN Situation in Maryland," with Eric Moore of the Department of Physics and Engineering, at the AAPT Annual Winter Meeting, Jan. 21 in Baltimore. Tam also organized and presided in the invited session, "How to Get a Math-Science Grant: Some Real

Experiences," at the AAPT Annual Winter Meeting and conducted a Sound of Music Workshop for fifth graders for Students to Experience Engineering and Science (SEES), AAPT, in Maryland Science Center, in Baltimore.



Want to Get Your Message on FSU TV3?

If you have an announcement about an activity that you would like to advertise on the TV3 message board, log on to www.frostburg.edu/dept/mcom/channel3/messreqform.htm click on the TV 3 Request Form and enter your information. Then click submit. It's as easy as that.

If you would like to submit your request with a hard copy and need the form, contact Lombardi at x3011, mlombardi@frostburg.edu or stop by Old Main room 201.

Schedule for Feb. 4-8

Monday:

3 & 6 p.m. NASA SCI Files, "The Case of the Galactic Vacation"

4 & 7 p.m. Democracy in America: "Civil Rights: Demanding Equality"

4:30 & 7:30 p.m. Earth Revealed:

"Sedimentary Rocks, Key to past Environments"

5 & 8 p.m. Poet: Jane Hirshfield

Tuesday:

3 & 6 p.m. Baseball Forever Keynote

Address Given by Frank DeFord

4 & 7 p.m. Lecturer: Ann Genova: "Oil in Nigeria"

5 & 8 p.m. Live at the Loft: Alternate Routes

Wednesday:

3 & 6 p.m. NASA "Destination Tomorrow"

3:30 & 6:30 p.m. Live at Loft: Meika Pauley

4:30 & 7:30 p.m. American Cinema: "The Edge of Hollywood" *

5:30 & 8:30 p.m. American Passages, A Literary Survey: "Utopian Promise"

Thursday:

3 & 6 p.m. Fiction Reading: Brenda Flanagan

4 & 7 p.m. African Student Association Fashion Showcase Spring 2007

Friday:

3 & 6 p.m.. NASA Connect, "Virtual Earth"

3:30 & 6:30 p.m. "NASA Destination Tomorrow"

4 & 7 p.m. Social Studies in Action: "Celebrations of Light"

5 & 8 p.m. Exploring the World of Music: "Sound, Music & Environment"

5:45 & 8:45 p.m. New Faces of Frostburg

**This show has been rated PG or TV14*

Get Involved



Tell Your FSU YouTube Story and Win Prizes

Don't miss FSU's first-ever YouTube contest, "Frostburg: Take 5," which

invites students and FSU alumni to create a video that expresses what they love most about FSU in five minutes or less. The deadline to submit an entry is **Friday, March 7**.

Participants can simply post their videos online at FSU's very own Frostburg: Take 5 YouTube group at www.youtube.com/group/FrostburgTake5. To enter the contest, the participant joins the Frostburg: Take 5 YouTube group and e-mails a contest entry form to frostburgtake5@frostburg.edu.

Following the deadline March 7, five winners will be chosen by a panel of judges that includes Emmy award-winning TV writer/producer and FSU alumnus Greg Garcia. The best clips will be shown during a special screening at Frostburg's Palace Theatre in April. The top five contestants will be awarded various prizes; the first-place winner will receive a Canon ZR830 Mini DV Camcorder and all accessories, generously donated by FSU grad Ed DeWitt of DeWitt Camera Centre in Cumberland.

"Frostburg: Take 5" is jointly sponsored by FSU's Division of Communications and Media Relations and the Department of Mass Communication. **To learn more details about the contest, visit www.frostburg.edu/take5.**

Check out Campus Fair

University Programming Council is holding a Campus Involvement Fair on Tuesday, **Feb. 12**, in the Alice R. Manicur Assembly Hall from 10 a.m. to 2 p.m. Come discover what organizations, community projects or Greek life you might have an interest in! For more information, call x4411.

UCM Events

United Campus Ministry will offer a Shrove Tuesday Pancake Supper at 5:30 p.m. Feb. 5 at the Osborne Newman Center. UCM will also hold an Ecumenical Ash Wednesday Service at 8 p.m. Feb. 6 in the Cook Chapel. For more info on these events, call x7490.

Attention Non-Traditional Students

Encore, the group for non-traditional students, is accepting new members. Members meet monthly for informal discussion, support and exchange of ideas. For more information, contact mmoran@frostburg.edu.

Community



AAUW to Discuss

'Zoo Keeper's Wife'

The Frostburg Branch, American Association of University Women, will hold its regular monthly meeting on Tuesday, **Feb. 5**, at 7:30 p.m. in the Frostburg United Methodist Church Hall, Main Street, Frostburg. Ruth Ogden will be leading a discussion on the new book

by Diane Ackerman, "The Zoo Keeper's Wife." The book's setting is the Warsaw Ghetto during World War II.

Refreshments will be served by hostesses Sarah Crall, Alice Manicur and Dorothea Rowe. The public is invited to attend. For further information, contact Ruth Ogden at 301-689-8559.

City of Frostburg Pursuing A&E District

FrostburgFirst, a program established to foster economic development and cultural growth in the City of Frostburg, invites all Frostburg artists (actors, writers, musicians, visual artists, etc.) to get involved in finalizing an application for a state-designated arts and entertainment district. The deadline to apply for the designation is April 2008, and the Arts & Entertainment Committee needs the input and participation of Frostburg artists for this process to be successful in its representation of the city's cultural community.

To learn more about this ongoing project, artists and arts advocates may submit their contact information to frostburgfirst@gmail.com or by calling 301-689-6900.

Jr. Bobcat Club Kids Night Out

Don't miss Jr. Bobcat Club Kids Night Out from 6 to 10 p.m. Friday, **Feb. 8**, in the Harold J. Cordts Physical Education Center. The Jr. Bobcat Club Kids includes kids ages 6 through 12 and involves various sports activities. Kids Night Out fees are: \$5 for Jr. Bobcat members, \$10 for non-Jr. Bobcat members. (1/2 for each additional sibling). For more information, contact Ashley Manion at x4273 or admanion@frostburg.edu.



Safety Message

Cold Weather Warrants Caution

Cold weather is not over by a long shot. Please try to keep the following safety tips in mind as you move through the ice and snow:

- When exiting your vehicle, hold onto the steering wheel and door handle.
- Watch for possible slippery areas on the parking lot.
- Slow down when needed, so you are not walking quickly over snow and ice.
- Wear a snow boot, or at least shoes with a rough sole and heel.
- After entering the building, be careful of wet feet on tiled surfaces.

International



Study Abroad Programs

The Center for International Education offers a variety of ways for FSU students to see the world. In many cases, students register at FSU during a

semester abroad and can take all financial aid with them and transfer credit back to FSU.

For information, contact the CIE in the Fuller House on Braddock Road, x4714, or visit www.frostburg.edu/admin/cie.

Northumbria University in Newcastle, UK

School of Arts and Social Sciences is offering two summer programs; one in the Humanities and the other in Media. The latter is aimed at students with an interest in film production – it consists of instruction in film techniques, leading to the making of a short practical project. The Humanities program is aimed at all students wishing to take humanities electives: it combines the study of literature, history and art history, with a focus on the distinctive history of the North of England in the 19th century. Both of these programs will last for three weeks – **from June 21 to July 13** – and will be taught by specialists from the School. Cost? Tuition with accommodation and meals – is \$3,900.



Activities for Life

For more info on listings below or to register, please contact Amy Nazelrod, AFL Coordinator at x7934 or by e-mailing anazelrod@frostburg.edu.

Aerobics

Activities for Life at FSU will offer aerobics classes Mondays through Thursdays from **today to May 8**, with the exception of the week of **March 17-20**.

The following classes will be held in the Harold J. Cordts Physical Education Center Room 165: Monday, 7 to 8:30 p.m., Step Combo, Eve Schott, instructor; Tuesday, 7 to 8 p.m. Cardio Combo, instructor Kristi DeVore, Wednesday, 7 to 8:30 p.m., Step Combo, instructor Eve Schott, Thursday, 7 to 8 p.m., Kick n' Butt, instructor Kristi DeVore. There will also be a Body Sculpting class offered on Tuesdays and Thursdays, from 12:05 to 12:50 p.m. in PE Room 164. Tuesday's class will focus on Abs and Arms, while Thursdays class is Butts & Guts. Rhonda Johns will be the instructor for both Body Sculpting classes.

After paying a small one-time semester fee, participants will be able to take part in all of the above-mentioned classes.

Creative Dramatics

The FSU Activities for Life program will offer a Creative Dramatics class for boys and girls ages 3 to 5 years on Wednesdays from **Feb. 6 to April 16**, with the exception of **March 19**, from 5 to 5:45 p.m. in Cordts Physical Education Center Room 106.

The class is designed with the young child in mind. It stresses natural movements of walking, running, leaping and

creative movement. Movement focuses on coordination, large motor skills development, musical rhythm, spatial awareness and listening skills. The cost for the class is \$80.

Registration will be based on a first-come, first-served basis, and payment is due prior to the first day of class. A limited number of spaces are available. Registration deadline is Wednesday, **Jan. 30**.

Pre-School Tumbling

The Activities for Life Center at FSU will offer half-hour Pre-School Tumbling Classes on Mondays, **Feb. 11 to April 21**, excluding **March 17**, from 4:30 to 5 p.m.

Classes will be held in Cordts PE Center Room 170. The class is for children ages 3 and 4 years old and is limited to 12 students who have little or no formal tumbling training. (Children should preferably be potty-trained.) The class will include activities such as cartwheels, rolls and other simple movements. It is designed to teach flexibility, strength, muscle control and coordination.

Advance registration is required.

Swimming for Little Ones

Activities for Life at FSU will offer Infant-Toddler and Pre-School swimming lessons at the Cordts Physical Education Center Swimming Pool on Mondays from 7 to 7:45 p.m. from **Feb. 11 to March 10**.

The Infant-Toddler Swimming Class is for children ages 3 months to 36 months and the Pre-School Swimming Class is for children ages 3 and 4. Both classes require parents to be in the water and to participate along with their children.

Advance registration is required.

Youth, Advanced

Swimming Lessons

Activities for Life will offer Youth and Advanced Swimming Lessons for children ages 5 to 12 on Mondays and Wednesdays from 6 to 6:50 p.m. **Feb. 11 through Feb. 27** in the FSU Pool in the Cordts Physical Education Center.

Youth swimming instruction is separated into skill levels. Advanced swimming lessons are for those interested in learning advanced swimming skills or preparing for a swim team.

Advance registration is required.

Beginner/Intermediate Tumbling

Activities for Life at FSU will offer beginner and intermediate tumbling classes for children ages 5 to 12. The classes will be held on Mondays, **Feb. 11 to March 10**. The beginner class will be held from 5 to 6 p.m. and the intermediate class will be held from 6 to 7 p.m. in Cordts Physical Education Center room 170.

The beginner class will be basic floor tumbling exercises and some work on the low balance beam. Space is limited to 15 participants with a minimum of seven. Prerequisites for the intermediate class are a round-off and a kick over

from a bridge (back walk-over). Space is limited to 10 participants with a minimum of six.

Advance registration is required for both classes.

FSU Events Calendar



MONDAY, FEB. 4

- * Student Ethernet Support 9 a.m.-4 p.m. Lane 202
- * Ophelia Project V Day Scarf Sale 10 a.m.-4 p.m. Lane Lobby
- * BSA Get Acquainted Night 7 p.m. Lane 201

TUESDAY, FEB. 5

- * Ophelia Project V Day Scarf Sale 10 a.m.-4 p.m. Lane Lobby
- * S.A.F.E. Office Chocolate Festival 11 a.m.-2 p.m. Lane ARMAH
- * UCM: Shrove Tuesday Pancake Supper 5:30 p.m. Osborne Newman Center

WEDNESDAY, FEB. 6—Ash Wednesday

- * Ophelia Project V Day Scarf Sale 10 a.m.-4 p.m. Lane Lobby
- * Women's Basketball: LaRoche College 6 p.m. Away
- * RHA General Body Meeting 7 p.m. Dunkle Hall 218
- * BSA Poetry Slam 8 p.m. Lane ARMAH
- * Men's Basketball: LaRoche College 8 p.m. Away

THURSDAY, FEB. 7

- * Student Center for Volunteerism V Day Scarf Sale 10 a.m.-4 p.m. Lane Lobby
- * LASO Dance Night 6 p.m. Lane ARMAH
- * SGA Meeting 7:30 p.m. Lane 201
- * UPC Spring Festival Planning Meeting 7:30 p.m. Lane 207-208
- * UPC Open Mic Night 8 p.m. Lane Derezsinski Lounge/Loft

FRIDAY, FEB. 8

- * Student Center for Volunteerism V Day Scarf Sale 10 a.m.-4 p.m. Lane Lobby
- * UPC Recreation: Ski Trip to White Tail Ski Resort:
Bus departs PAC Parking Lot at 4 p.m.
- * UPC Comedy: Marianne Sierk 8 p.m. Lane ARMAH

SATURDAY, FEB. 9

- * UPC Off-Campus Trip: DC Excursion
Bus departs PAC Parking Lot at 7:00 a.m.
- * Women's Basketball: University of Pittsburgh-Bradford 1 p.m. Home
- * Men's Basketball: University of Pittsburgh-Bradford 3 p.m. Home

SUNDAY, FEB. 10

- * CCM Mass noon & 8 p.m. Cook Chapel
- * Planetarium: Calendars Around the World 4 p.m. & 7 p.m. Tawes Hall

*** Open to the public – Questions? Call 301-687-4411. All information subject to change**

FSU is committed to making all of its programs, services, and activities accessible to persons with disabilities. You may request accommodations through the ADA Compliance Office, 302 Hitchins, (301) 687-4102, TDD (301) 687-7955.

A Spill, a Slip, a Hospital Trip!

