Staking Our Claim
New FSU Scholarship Fosters Future Leaders
Funding a Birthday Present That Keeps on Giving

Mr. and Mrs. Quincy Crawford

It was Quincy Crawford’s 65th birthday, and his wife, Genie, wasn’t sure what to get him. “It’s really hard to come up with new ideas after all these years,” she laughed, thinking of the 47 years she and Quincy have enjoyed together since meeting in high school.

But Quincy made it easy for her. To mark the occasion, he told her what he wanted most of all was to honor his alma mater with a birthday gift that would literally keep on giving: a fully endowed scholarship to FSU for promising students with high SAT scores and an interest in leadership studies.

And so the Quincy and Eugenia Crawford Scholarship Fund was born.

It’s an act of philanthropy that reflects many elements of the Crawfords’ memories and experiences with FSU, including their humble beginnings there as students, when working their way through school was the only way they could afford their college degrees.

“Both of us grew up rather poor, and we were actually discouraged from going to college because that didn’t really happen in our families,” Genie said. “Since we had to pay for it ourselves, Frostburg was the only place we could afford.”

“It was a scholarship at FSU, the one where they waive your tuition if you agree to teach for three years in the public schools, that enabled me to go to college and changed everything for me,” Quincy said. “We feel like by creating this scholarship, we are upholding a tradition of helping kids like that. Kids who are deserving, who are on the ball, but who have an economic need.”

Quincy and Genie also cite their lifelong friendships with fellow Bobcats as reasons they feel so connected to FSU and want to give back.

“Some of our best friends to this day are people we met and graduated with at Frostburg,” Quincy said. “We attend an annual crab feast with my fraternity. We’ve gotten together for 40 years and follow each other’s careers, children and grandchildren.”

Many alums from the Crawfords’ era went on to fill notable leadership positions in politics, education and business. It was important to Quincy that the Quincy and Eugenia Crawford Scholarship Fund benefit students with the potential to go on and do similar things with their lives.

“I wanted to be able to help attract quality students to Frostburg who could end up becoming leaders in their communities and reflect well on the University,” he said.

To be considered for the Quincy and Eugenia Crawford Scholarship Fund, in addition to having an SAT score in the upper 25th percentile, the student must have a demonstrated economic need and be interested in pursuing a minor in leadership studies. The focus on leadership is a specification that is also in line with the Crawfords’ other philanthropic interests at FSU, including their support of the Sloop Leadership Institute. Scholarship recipients get full tuition for one year, and if they do well, the scholarship is renewed, leading to a possibility of free college tuition for all four years. They will carry the distinction of being known as “Crawford Scholars.”

It’s a legacy in student enrichment that makes Quincy feel as if he’s helping keep the momentum going under FSU President Jonathan Gibralter’s administration.

“The energy and direction Jon has infused in that University has been needed for some time,” he said. “I like what he’s doing and I like what’s happening. I wanted to help in some way.”

The FSU Foundation has embarked on a $15 million comprehensive campaign, Staking Our Claim: The Campaign for Frostburg, to raise badly needed funding for higher education in Western Maryland. Donations to the Foundation support student scholarships and programs, academic programs, faculty development and other critical University needs. For more information about supporting FSU, visit www.frostburg.edu/admin/foundation or call x4161.
Weatherholt will perform as part of FSU’s Lunch in the Loft Series sponsored by the University Programming Council Thursday, Feb. 12, at 2 p.m. in the Lane Derezinski Lounge/Loft.

Weatherholt, from Hancock, Md., is a health and physical education major. He began teaching himself to play guitar and practicing voice in 2006, started to write songs in 2007 and then formed the band Everyday Heroes with two of his friends from Hancock. “Every song that I have written has a personal meaning to me,” explains Weatherholt. His lyrics are a reflection of his thoughts and personal experiences. His music is contemporary, soft rock that acts as an escape from life’s everyday stresses.

The performance is free and open to the public. For information, contact the Lane information desk at x4411.

‘From Free Speech to Facebook’ Lecture to Be Presented at FSU

‘From Free Speech to Facebook’ lecture “Campus Computing: From Free Speech to Facebook,” Thursday, Feb 19, at 8 p.m. in the Alice R. Maniczak Assembly Hall of the Lane University Center.

Lindsay’s lecture will give students the opportunity to learn their legal rights as Internet users, the laws that govern the Internet, what liabilities they assume as a user and the knowledge to protect themselves legally and personally when they log on. This lecture is given to college students around the country.

In 1988, Lindsay left his law practice in New York City to found the Coalition for Student and Academics Rights (Co-Star). Co-Star has been built into a national student rights organization that helps thousands of college students with their legal problems, free of charge each year.

This lecture is free and open to the public. For more information, contact the Lane information desk at x4411.

FSU Hires RN to Provide Care & Assist With CHILL Initiative

Julie Miller was recently appointed as a registered nurse at FSU as part of its wellness initiative, “Creating Healthy, Informed Lasting Lifestyles” (CHILL). CHILL was established to promote health practices and education among college students and the local community and is funded by a contribution from AstraZeneca Pharmaceuticals LP.

“ FSU, but it also has the potential to
have a positive effect on their future health and wellness."

As FSU’s new RN, Miller will provide health care at the Brady Health Center, offer educational and wellness programs to students and work with the CHILL Wellness Committee to promote and provide existing programs and initiate future wellness-oriented activities. She also will conduct follow-up appointments and counseling for students with abnormal health screening results.

Miller has been a registered nurse for 24 years and comes to FSU from the Allegany County Health Department, where she was a school nurse for the past 10 years. Her main focus has been promoting wellness and healthy behaviors.

For more information about CHILL, contact April Baer, project coordinator for University wellness, at x4311 or by e-mailing: apbaer@frostburg.edu. To learn more about FSU, visit: www.frostburg.edu. For more information about AstraZeneca, visit: www.astrazeneca-us.com.

February Is Black History Month

Stop by the Ort Library to view the display celebrating black history that will be on view during February. The display highlights our first African American president, Barack Obama. Items include magazine articles and the “Cumberland Times-News” for Jan. 21, the day after the inauguration.

Also included in the exhibit are authors of classic and contemporary black literature, among them Toni Morrison, Alice Walker, Rita Dove, Al Young, Harriet Beecher Stowe, Paul Lawrence Dunbar, Frederick Douglass, Paul Robeson, Marcus Garvey and Sojourner Truth.

Jeff Maehre and MaryJo Price coordinated the materials and design for the display.

2009-10 Scholarship Award Process

The FSU Foundation, Inc., is beginning the process of awarding approximately $425,000 in FSU Foundation scholarships and awards for the 2009-10 academic year.

Important dates to remember are:
- April 1 - target date for students to apply for Foundation scholarships;
- April 1 - student rankings in preference order due to Janet Lancaster and
- Wednesday, April 15 - target date for informing student recipients of their award with a letter from the Foundation, copied to the department chair.

For questions about this process, contact Angie Hovatter at x4301.

Hey, Students - Money, Money, Money!

Students who will be attending FSU during the 2009-10 academic year are urged to visit: http://www.frostburg.edu/unprov/faid/institutional.htm or contact the Financial Aid Office, Pullen Hall, to apply for scholarships and grants. The deadline for applications is Sunday, March 1. All it takes is a few minutes of your time and the rewards could be beyond your wildest dreams!

Academic Scheduling and Religious Observances

It is FSU’s policy that the academic programs and services of the University will be available to all qualified students who have been admitted to its programs, regardless of their religious beliefs. Students will not be penalized because of observances of their religious holidays and will be given an opportunity to make up, within a reasonable time period, any academic assignment that is missed because of individual participation in religious observances. It is the student’s responsibility to notify his or her instructor of conflicts between religious observances and scheduled course activities.

Students should notify their instructors of conflicts and make arrangements for making up missed work before an absence due to religious observance.

All faculty and staff have been sent the link to a Web-based interfaith calendar for reference.

Deadline for May 2009 Graduation Exceptions

Are you planning a May 2009 graduation? If your official degree progress report indicates you have not completed all requirements and you have a basis to request an exception, submit your written appeal letter and supporting letters and documentation to the Academic Standards Subcommittee, Office of the Provost, Hitchins 213, by 4 p.m. the following Thursdays: Feb. 12 for the February meeting, March 12 for the March meeting, April 6 for the April meeting (last chance for graduation exceptions and inclusion in the Commencement Booklet). For questions or concerns, call the Provost’s Office at x4212.

Attention All Education Students!

The application deadline for students entering Phase I, Phase II or Phase III of the Teacher Education Program for the fall 2009 semester is:
- Friday, March 13.

All applications should be returned to the Office of Unit Assessment, Framptom Hall, Room 203-3, or on or before the deadline date.

Application forms may be picked up in Framptom Room 203-3. For questions, contact Barbara Bluebaugh at x7953 or bbluebaugh@frostburg.edu.
RecycleMania Is Here! Each day, FSU students use tons of paper, plastic bottles and cans. Many students are encouraged to participate in the university’s recycling initiative to promote sustainability.

Points of Pride

Over 120 Attend Celebration for Chinese New Year

From left, Makea Luzader; FSU biology professor Dr. Hongqi Li, a key organizer of the event; and Valerie Zhou.

Over 120 students, faculty/staff and local community members attended the annual Chinese New Year celebration festivities Jan. 31. The event began with a private party with Chinese students and their conversation partners, Chinese faculty and family, precollege and FSU students taking Chinese courses, other local Chinese friends and those interested in Chinese culture.

Traditional Chinese food was served to the partygoers and a gift exchange capped off a night of fun. During the portion of the event open to the public, Dr. Tom Bowling, FSU Vice President of Student and Educational Services, presented a letter to the crowd from Maryland Senator Barbara Mikulski. The letter mentioned the good nature of people born in the Year of the Ox, and pointed out the fact that newly elected President Barack Obama was born in the Year of the Ox. The students then gathered to participate in activities such as origami, Chinese writing and a Chinese riddle-guessing game.

Get Involved

FSU Invites Entries for Environmental Photography Contest

The Environmental Planning and Land Management Institute at FSU invites photographers to submit photos to its sixth annual Environmental Photography Contest.

The institute, a joint venture between FSU’s Department of Geography and the Maryland Bureau of Mines, Maryland Department of the Environment, will accept entries until Friday, Feb. 12, at 6 p.m. FSU students can participate on campus in Pullen 141, and Hagerstown students can participate via distance learning at USMH Room 524. The deadline for MAT-Elementary Summer 2009 cohort applications is Friday, May 1. The MAT-E Summer 2009 applicant admissions interviews will be scheduled an evening in April. The deadline for MAT-Secondary, K-12 Art Ed Summer 2009 cohort applications is Wednesday, April 1. For information, call the Graduate Services Office at x7053 or register by e-mailing gradservices@frostburg.edu.

Graduate Scholarships for 2009-10

David Sanford Graduate Scholarship

The recipient must have completed high school or the equivalency in Allegany or Garrett County and be enrolled at FSU with an overall grade point average of 3.0 or better. The recipient must demonstrate financial need and remain in good academic standing and remain in good academic standing for the duration of the award. Applications are available at the Office of Graduate Services, 141 Pullen Hall, x7053 or on the Web at www.frostburg.edu/grad/forms.htm. The deadline for completed applications is Sunday, March 15.

May 2009 Commencement

Students who plan to graduate in May 2009 need to complete the “Application for Graduation” as soon as possible. The forms are available online at www.frostburg.edu/grad/forms.htm or at the Office of Graduate Services, 141 Pullen Hall, or by calling x7053. Tickets will be required for entrance into the May commencement ceremony. See www.frostburg.edu/events/commencement/ for more details.

News for Grad Students

Interested in Graduate Programs at FSU?

Now is the time to apply for graduate programs for summer and fall 2009. For more information, call to schedule an advising session with the director of Graduate Services, Vickie Mazer, at x4595 or e-mail vmazer@frostburg.edu.

Master of Arts in Teaching - Elementary & Secondary, K-12 Program

The deadline for application for the MAT programs are fast approaching. If interested in joining this year’s cohort in the summer 2009 session, plan to participate in the upcoming information session scheduled for Thursday, Feb. 12, at 6 p.m. FSU students can participate on campus in Pullen 141, and Hagerstown students can participate via distance learning at USMH Room 524. The deadline for MAT-Elementary Summer 2009 cohort applications is Friday, May 1. The MAT-E Summer 2009 applicant admissions interviews will be scheduled an evening in April. The deadline for MAT-Secondary, K-12 Art Ed Summer 2009 cohort applications is Wednesday, April 1. For information, call the Graduate Services Office at x7053 or register by e-mailing gradservices@frostburg.edu.

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just toss them to the side and forget about them. Would you like to help make FSU a cleaner and greener campus? Does your organization need extra community service hours? Would you like to win a prize for yourself and FSU? FSU and the Learning Green and Living Green Initiative are bringing back the nationally recognized program, RecycleMania.

What is RecycleMania?
RecycleMania is a friendly competition and benchmarking tool for college and university recycling programs to promote waste reduction activities in their campus communities. RecycleMania is a good way for students to get involved on campus and earn community service hours for helping make FSU greener.

How do I participate?
RecycleMania runs through Saturday, March 28. Over a 10-week period, schools report recycling and trash data that are ranked against other schools competing in RecycleMania. The competition is judged by the largest amount of recyclables per capita, the largest amount of total recyclables, the least amount of trash per capita and the highest recycling rate. Each week, the numbers are totaled and the official Web site (www.recyclemania.org) keeps a running tally of the scores.

Participating schools are allowed to monitor the progress of their school with the other competing schools. Therefore, the more FSU students get involved, the better the chance FSU has to win this nationally recognized program! Continuing its successful efforts in going green would only showcase the talent that each student brings to this campus. Each and every student can affect recycling through RecycleMania. Besides, who doesn’t want to be recognized for saving the planet?

Note that all students are welcome to participate, and all recognized student organizations receive recognition for participating. RecycleMania is a great program designed for students to engage in recycling and saving the environment. For more information, contact Monica Urbanski at lglg@frostburg.edu.

Be a Part of the GROWS Project
Wondering what you can do to help the environment? Join other students in the FSU Arboretum from 1 to 5 p.m. on Saturdays, March 28, April 4, 11, 18 and 25 and May 2. Join other faculty members by adding these dates to your syllabi as opportunities for students to gain extra credit on exams or quizzes. Be part of the Greening and Restoration for On-campus Watershed Stewardship (GROWS) Project, implementing riparian restoration and creating green spaces to improve water quality, enhance wildlife habitats and reduce the carbon footprint of the FSU campus.

The GROWS Program is the restoration arm of the Learning Green, Living Green Initiative on campus. With your help, this spring GROWS will plant over 2,000 native trees and over 1,000 native plants near the campus entrance and in the Arboretum. The program aims to maximize tree cover and native plant biodiversity by replanting riparian areas of Sand Spring Run disrupted by invasive species. A split-rail fence will protect the wetland home of the rare Jefferson salamander (“Ambystoma jeffersonianum”), Volunteer, learn more about the environment and start really living green. For more information, come to a Student Sierra Coalition meeting, visit the Arboretum Web site at www.frostburg.edu/dept/biol/arboretum or contact Sunshine Brosi at x4213.

Upcoming VDAY Events
Help end violence against women! There will be VDAY sales Monday through Thursday, Feb. 9 to Feb. 12, in the Lane Center from 10 a.m. to 4 p.m. Items include scarves, buttons, jelly bracelets, soap bars and VDAY vegan chapsticks for a donation to the Family Crisis Resource Center and Dove Center.

On Friday, Feb. 13, and Saturday, Feb. 14, there will be a fair at 6:30 p.m. followed by a performance of “The Vagina Monologues” at 7 p.m. in the Performing Arts Center.

Take Back the Night March, Rally and Open Mic Night will be Tuesday, Feb. 17, on the Upper Quad at 7 p.m.

United Campus Ministry
True North Meeting – Movies as Parables – True North, a gathering of FSU students and other young adults (18-35), meets each Sunday evening. This week’s movie, “City of Ember,” Feb. 15, at 7 p.m. in Sand Spring Hall concerns human potential and finding meaning in life. Free dinner for students; others can make a donation for the cost of dinner.

Agape Latte Study Breaks - Starting Feb 16, at 3 and 7 p.m. in the Lane Center near Java City. The group meets every Monday.

Christian Meditation and Contemplative Prayers - Wednesday, Feb. 18, at 12:10 to 12:45 p.m. and/or 5:10 to 5:50 p.m. in Sand Spring Hall, Room 114. Open to faculty, staff and students.

FSU Volunteers
FSU Students Offer Free Tax Prep
Free help preparing 2008 tax returns is available through the IRS-sponsored Volunteer Income Tax Assistance Program at FSU.
Help with basic federal and Maryland income tax returns will be offered through early April by FSU’s College of Business students who have been trained and approved by the IRS. Faculty members will oversee these student preparers.

The VITA Program offers this assistance to taxpayers filing Form 1040EZ, Form 1040A or a Basic Form 1040 federal tax return. Volunteers will alert taxpayers to special credits and deductions for which they may be eligible. Electronic filing will also be available for those who qualify.

Appointments must be made in advance by calling Dr. Joyce Middleton, VITA site co-coordinator, at x4154. Students will work Saturdays from 11 a.m. to 3 p.m. in FSU’s Frampton Hall (except for March 14 and March 21). A drop-off service will also be available throughout the week.

Taxpayers arriving for an appointment should bring any tax packages mailed by the IRS and the state, W-2s from all employers, all Form 1099s, a copy of last year’s returns, if available, and any other relevant information about income and expenses. Taxpayer and dependent Social Security numbers must be verified with a proof of ID. Taxpayers should also know the amount of any federal Economic Stimulus Payment received in 2008.

Medical Society Hosts Blood Drive
It’s that time of the year again - a season for love! What would be better than to donate blood with a loved one? FSU’s Pre-Professional Medical Society will be hosting a blood drive Thursday, Feb. 12, at FSU’s Lane Manicur Hall.

The American Red Cross will begin taking blood at 10 a.m., and appointments and/or walk-ins will be accepted through 4 p.m. Appointments can be made on the second floor of Compton as well as the main lobby of the Lane Center. Appointment dates are Monday, Feb. 9, through Wednesday, Feb. 11, from 10 a.m. to 2 p.m.

The society has a goal of obtaining 85 units of blood. There will also be the option to give single or double units. Some highly needed blood types are O, B- and AB. Don’t forget to bring your punch card if you have one.
Qigong Classes
Activities for Life and the Frostburg Parks and Recreation Department will offer Qigong classes Tuesday evenings, Feb. 10 to March 10, from 6:30 to 7:30 p.m. at the Frostburg Community Center at 27 S. Water St. Hania Merrill will be the instructor.
A 5,000-year-old Chinese art of self-healing, Qigong (pronounced chee-gung) is a series of gentle, natural exercises. Learning and practicing even the basics can result in amazing benefits to health, longevity and total well-being.

Water Aerobics
Water Aerobics classes will be offered Tuesdays and Thursdays through March 5 from 6 to 6:50 p.m. at the FSU pool in the Cordts PE Center. Participants may register for Tuesday or Thursday classes or both evenings for a discounted price.

This class is geared toward those who want to increase cardiovascular fitness, flexibility and body strength. Water aerobics is the perfect activity for those with painful joints or other movement limitations.

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Tumbling Classes
Various tumbling classes for children ranging in age from 3 to teens and young adults will be offered Mondays starting Feb. 9 and held in the Cordts PE Center in Room 170.
The Pre-School Tumbling classes are for children ages 3 to 4 and are limited to 12 students with little or no formal tumbling training. (Children should preferably be potty-trained.) They will be conducted Feb. 9 to April 20 (no class March 16) from 4:30 to 5 p.m.
The class will include activities such as cartwheels, rolls and other simple movements. It is designed to teach flexibility, strength, muscle control and coordination.

The Beginner Tumbling classes are for children ages 5 to 12 and are limited to 15 students with a minimum of seven. They will be conducted Feb. 9 to March 9 from 5 to 6 p.m.
The class will include basic floor tumbling exercises and some work on the low balance beam.
The Intermediate/Advanced Tumbling classes are for all ages, with prerequisites including a round-off and a kick over from a bridge (back walkover). Classes are limited to 15 students with a minimum of six and will be conducted Feb. 9 to March 9 from 6 to 7:30 p.m.
Advance registration is required.

Consider Study Abroad?
Visit the Center for International Education in the Fuller House to check out the many opportunities available. Some programs allow students to pay FSU tuition for universities in Ireland, England, Japan and many other countries. The CIE office number is 4x714. Don’t delay! The deadline for summer and fall 2009 applications is Friday, Feb. 27.