

For and about FSU people A publication of the FSU Division of Communications and Media Relations

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\$2.5 Million Gift From Woodward Pealer Largest in History of FSU



The late Woodward D. Pealer, a Cumberland, Md., businessman and longtime supporter of FSU, has bequeathed more than \$2.5 million to the FSU Foundation, the largest gift ever in the University's history. The bequest will benefit student scholarships and faculty development.

The Woodward and Virginia Pealer Endowed Fund, which Pealer and his wife, Virginia, had established in 1990, funds the Woodward and Virginia Pealer Scholarship. It benefits full-time FSU sophomores, juniors or seniors with financial need, giving preference to non-traditional students. The endowment also supports faculty development at FSU.

"This gift demonstrates the high esteem that Woody Pealer held for Frostburg State University, and is a fitting culmination of his life of service and charity," said Interim President Thomas L. Bowling. "His extraordinary generosity will support students for generations to come."

More than 90 Pealer Scholarships have been awarded since its creation. At its inception, the scholarship supported one student per year. The number issued has increased as the endowment has grown. In 2015, six students earned Pealer Scholarships. With the addition of Pealer's extraordinary estate gift, the scholarship will benefit many more students in future years.

"Mr. Pealer's legacy will not only assist students directly through scholarships that will help them pay their tuition, but through support for faculty as they increase their knowledge of their specialty and their skills as educators," said John T. Short, vice president for University Advancement and executive director of the FSU Foundation.

Woodward Pealer, who had retired from business and as a judge of the Maryland Tax Court, passed away on Jan. 21, 2014, at the age of 92 following a lifetime of service to his city, county, state and country. Virginia Pealer, a businesswoman herself as owner and operator of H.E. Smith Service Station and Grocery in Cumberland, died in 2006.

Woodward Pealer flew 55 combat missions in World War II with the 12th Air Force and was highly decorated.

In his civilian life in Cumberland, Pealer held leadership roles in a variety of community organizations.

As co-chairman of the Lions Sports Car Races, Pealer successfully promoted the Cumberland area and contributed thousands of dollars to area charities. In addition to his time as a judge of the Maryland Tax Court, he was also a member of the Wage and Hour Committee for the state of Maryland and chairman of the Alcoholic Beverage Liquor Control Board of Allegany County.

In July of 1995, FSU dedicated the Performing Arts Center's Pealer Recital Hall to honor him and his wife.

In 2009, in recognition of his lifetime of accomplishments and service, FSU granted Pealer an honorary Doctor of Humane Letters during its 134th Commencement Ceremony. On receiving his honorary degree, Pealer told the assembly, "It was my dear friends Lewis Ort and J. Glenn Beall, for whom the library and the library archives are named, who first drew my attention to Frostburg State and how I might be able to assist this fine institution. And I have been proud to do so. I urge you young people who are embarking on the next phase of your lives to keep your focus on that which is important to you and live your lives in a way that leaves a positive imprint on your community and your nation."

For info about supporting FSU, contact the FSU Foundation at 301-687-4161 or visit www.frostburg.edu/foundation/ways-to-give.

Music

Dr. Jay DeWire in Faculty Artist Series Production 'Introducing Monsieur Chopin'

Dr. Jay DeWire

The FSU Department of Music will present pianist *Dr. Jay DeWire* in a Faculty Artist Series concert titled "Introducing Monsieur Chopin" on **Sunday**, **Jan. 31**, at 3 p.m. in PAC Pealer Recital Hall. DeWire will perform an assortment of Frédéric Chopin's most popular works and will talk about the pieces. This event is free and open to the public.

The program will include "Waltz in A-flat Major, Op. 34, No. 1," "Mazurka in C-sharp Minor, Op. 50, No. 3," "Polonaise in A-flat Major, Op. 53," "Etude in F Major, Op. 10, No. 8," "Etude in C-sharp Minor, Op. 25, No. 7" and "Etude in A Minor, Op. 25, No. 11." After intermission, DeWire will continue with "Ballade in G Minor, Op. 23," "Nocturne in B-flat Minor, Op. 9, No.1" and "Scherzo in B-flat Minor, Op. 31."

Chopin, who lived from 1810 through 1849, was a Polish composer and a virtuoso pianist. His keyboard style is highly individual and often technically demanding; his own performances were noted for their nuance and sensitivity. Chopin invented the concept of instrumental ballade. His major piano works also include mazurkas, waltzes, nocturnes, polonaises, études, impromptus, scherzos, preludes and sonatas, some published only after his death. Influences on his compositional style include Polish folk music, the classical tradition of J.S. Bach, Mozart and Schubert, as well as the Paris salons where he was a frequent guest. In his native Poland, in France, where he composed most of his works, and beyond, Chopin's music, his status as one of music's earliest superstars and his association (if only indirect) with political insurrection have made him a leading symbol of the Romantic era.

For info, contact the Department of Music at 301-687-4109.

Visual Arts

Comic Artist to Display Works at FSU



FSU will host an exhibit featuring illustrations by Dennis Calero, a prolific comic artist whose works have appeared in publications by DC, Marvel and Dark Horse Comics. The exhibit will open with a reception on **Saturday, Feb. 6**, from 2 to 4 p.m. in the Stephanie Ann Roper Gallery of FSU's Fine Arts building. Beginning at 2:30 p.m., Calero will discuss his artwork and answer questions. This event is free and open to the public.

The exhibition will be on display **through Sunday**, **Feb. 28**, with the Roper Gallery open Sundays through Fridays from noon to 4 p.m. Artwork featured will include digital prints and inked originals.

Calero is an award-winning writer and artist who helped develop "Xmen Noir" for Marvel Comics, as well as worked on DC and Dark Horse Comics. He has worked on entertainment projects for CBS Films, Weed Road Pictures and famed horror writer Stephen King. He also adapted "The Martian Chronicles" by Ray Bradbury as a graphic novel for Hill & Wang and has created illustrations for "Dungeons & Dragons" and "Magic: The Gathering." Calero is writing two projects for Dark Horse Comics that he will illustrate.

For info, contact FSU's Department of Visual Arts at 301-687-4797.

Presentations

Academic Enrichment Series – Experiential Learning Week

Victoria Gearhart, associate director, Center for International Education, will give a presentation on study abroad on Wednesday, Jan. 27, from noon to 1 p.m. (bring your lunch) in Lane 113, and on Thursday, Jan. 28, from 3:30 to 4:30 p.m., also in Lane 113. Study abroad offers a great opportunity to learn about the world, experience other cultures, earn course credits, enhance your job prospects, make new friends and even learn about yourself. Join the group to learn more about it!

For info, contact the Center for Academic Advising and Retention at 301-687-3404.

Points of Pride

TopRNtoBSN.com Lists FSU's Online RN to BSN Program Among Top 50 Most Affordable Online Programs



TopRNtoBSN.com, an online nursing school search resource, recently ranked FSU number 35 of the 50 most affordable schools that offer accredited online RN to BSN programs in the United States for 2016.

The ranking includes only fully accredited schools that offer an online RN to BSN program. The 214 programs were compared based on tuition for students taking only the core nursing classes, tuition for those taking nursing classes and the general education requirements, and the net cost, or average cost of tuition and fees minus financial aid, as determined by the U.S. Department of Education. The three scores were then averaged.

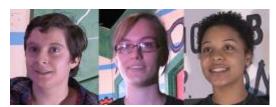
Published tuition rates for each school were derived from the National Center for Education Statistics. For students who need just the core nursing classes, the most expensive school ranked is around \$12,000 and the least expensive is below \$4,000.

FSU offers an RN to BSN program that can be done part-time (6 credits per semester) or full-time (12 credits per semester). FSU has a rate for "regional residents" – students who live in neighboring states within 120 miles of Frostburg. FSU also invites students to "test drive" one of its online courses. FSU's tuition is listed at \$6,214 per year for anything above 12 credits. There are 32 core nursing credits.

The RN to BSN program prepares nurses to assume roles in leadership, complex clinical care coordination and community/public health and serves as the academic foundation for graduate study. The program is open to all registered nurses who meet the admission criteria. Courses are delivered in a part-time plan of study in an entirely online format using synchronous online classrooms periodically throughout each semester to maximize student flexibility and maintain the student-faculty connection.

For info about the award and to view the ranking in its entirety, visit www.toprntobsn.com/rankings/most-affordable-online-rn-to-bsn-programs-2016.

FSU Students Learn to Take a Show on the Road With 'Junie B. Jones'



Kimberly Lartz, Erienne McEldowney and Jasmine Proctor

Just like the title character of "Junie B. Jones: The Musical," the show's cast and crew can stand out in a crowd for all the right reasons. The children's musical is part of FSU's Roundabout Theatre and CES Arts for the Schools, which travelled to area schools to stage the play during the fall semester.

The musical, featuring student designs at a number of levels, had a challenge not faced in most shows. In addition to shows in their regular home in the Performing Arts Center, they had to be ready to pack everything up and perform in unfamiliar spaces when they took their show on the road.

The fast-paced work features non-stop singing, dialogue, dance steps and subtle set changes to make Junie B. Jones' world come alive. It's a must to hold the attention of a young audience.

"Children are very energetic, so you need to give them an energy so they'll pay attention," said choreographer *Erienne McEldowney* of Laurel. The FSU senior leaned on the style of music to execute a high-energy show.

Despite the controlled chaos, lead actress *Jasmine Proctor* of Waldorf said McEldowney's work easily translates into "Junie B. Jones."

"You have a lot to remember, but you just have to be really calm and have a lot of focus," the FSU sophomore said." I really get lost into what I'm doing. After I get my costume on and makeup on, I'm not really Jasmine anymore. I'm Junie B., so it feels really natural. So I don't really feel overwhelmed with what I'm doing."

Behind the dancing and acting, the actors interact with the set that transforms from a closed notebook to an open notebook that doubles as a classroom and a home. Building blocks that spell out Junie B. Jones are also used as seats throughout scenes, all thanks to set and props designer *Kimberly Lartz* of Poolesville.

"I love children's theater," the FSU senior said. With all of the colors and everything around me, I thought, 'What was the most outrageous thing I could think of that I could put in here and just make sense?""

Her pride and joy of the set is a chalkboard that lowers down to reveal a kitchen window and a table for house scenes. The pictures on the interior walls are inspired by scenes in the musical.

Lartz also channels her inner Junie B. Jones by showing that different can be cool. She's challenging stereotypes with her carpentry skills, which was especially handy to build a collapsible set for touring.

Proctor hopes that the kids who see "Junie B Jones" will be inspired by the message of the play and the hard work of the cast and crew.

"I hope that some kids relate to Junie B because they're that little kid too, and realize that it's OK to be yourself," said Proctor, who was an avid reader of the eponymous book series by Barbara Park. "I also hope that a lot of little kids get interested in theater because it's a great art form. It's a great way to really express yourself. I wish that I had more people to try to push me into theater when I was growing up, especially being so young."

The cast and crew say they could not stage "Junie B. Jones" if it weren't for the opportunities given to them at FSU.

For info, including schedules of upcoming programming, visit www.frostburg.edu/dept/theatredance for FSU's Department of Theatre and Dance and ces.frostburg.edu for CES.

Take Note

Chancellor Robert L. Caret's Statement on USM's Commitment to Diversity and Inclusion (Dec. 11, 2015)



As the state's public higher education system, the University System of Maryland reaffirms its long-standing commitment to supporting and nurturing a culture of diversity, inclusion and fairness on every one of our campuses. This is a principle I embraced when I served as president of San Jose State University, Towson University and the University of Massachusetts System, and I will continue to emphasize as USM Chancellor.

During recent months, we have seen an elevated profile for issues related to race and ethnicity, here in Maryland and across the country. The challenges before us are not simple to address, yet they are critically important to our future. Over the years, student activism at our colleges and universities has helped to fuel the civil rights movement, advanced women's rights, supported equality for the LGBTQUIA community and highlighted injustice in South Africa and elsewhere around the world. But to be truly effective, this activism must give rise to discussion and dialogue consistent with our core academic values of freedom of thought and expression, allowing us to move forward constructively.

To that end, I will be working with the USM Board of Regents' Workgroup on Diversity and Inclusion and the Presidents to strengthen ongoing efforts in support of these goals and values, providing a comprehensive approach to address critical concerns and issues constructively and productively.

The workgroup will engage every constituency within USM's shared governance matrix in an open dialogue, bringing together administration, faculty, staff and students in an inclusive, collaborative, proactive and constructive process for the common good.

Hoverboards Prohibited on FSU Campus

Due to serious safety concerns regarding the lithium batteries used in hoverboards and similar devices (balance boards, gravity boards, self-balancing devices), FSU has prohibited hoverboards on campus effective Monday, Jan. 18, 2016, until further notice. This includes storage, charging or use in all residence halls and academic buildings as well as outside areas and other FSU property.

The University will establish a specific policy on hoverboard use and storage on campus for fall 2016 implementation with input from SGA, RHA and other student groups, and taking into consideration any new information on improved safety standards for these devices.

Responses to safety concerns nationally include:

- The Consumer Product Safety Commission is vigorously investigating the devices after tallying dozens of hoverboard-related fires and an even greater number of fall-related injuries requiring emergency room care.
- Major airlines worldwide are banning the carriage of hoverboards because of fears that quality shortfalls in their construction pose a fire hazard onboard flights.
- The U.S. Postal Service is requiring hoverboards with lithium batteries to be shipped using only ground transportation.

Campus residents who own hoverboards should leave the devices at their permanent address. Storage of hoverboards already in the residence halls may be arranged until the devices can be returned home by contacting a hall supervisor or writing to RLO@frostburg.edu for more information.

FSU is committed to the safety and well-being of the entire campus community and believes that this is a necessary precaution until a determination can be made regarding the overall safety of hoverboards. Off-campus students with hoverboards are advised to take care in the storage and charging of these devices to avoid the serious fire hazard they present. More information on precautions can be found at on the Consumer Products Safety Commission website at http://l.usa.gov/1TYmc8e.

FSU to Offer Community Basic Ceramics Course

FSU invites community members to enroll in a course in basic ceramics, taught by local ceramic artists Bobby Croft and Alexis Thorner. Classes will be held **Tuesday** nights from 6 to 9 p.m. in room 107 of FSU's Fine Arts Building, **from Jan. 26 to March 22.** The studio will be open throughout the week for students to work on their craft. Classes will cover a variety of basic ceramic techniques, including making coil and pinch pots, throwing on a wheel, centering, pulling and glazing.

Tuition for the eight-week course is \$160 plus the cost of clay. For info, contact the Visual Arts Department at 301-687-4797 or ibrown@frostburg.edu.

It's Snowing! Should I Stay or Should I Go?

Make sure you know how to find out if FSU will be closed, have a delayed opening or close early on bad weather days. The most reliable information regarding delayed openings and cancellations will be available at the MAIN UNIVERSITY NUMBER (301-687-4000, option 2) after 6 a.m. Notification of delays or closures will also be made through these outlets:

- On the main and "Current Students" page of the FSU "website (www.frostburg.edu or students.frostburg.edu)
- Via **BURG Alert** text and email alerts (Registration information is below.)
- Through campus email
- Through local radio stations
- Via Twitter at twitter.com/frostburgstate
- On the <u>FSU Facebook page</u> at <u>www.facebook.com/frostburgstateuniversity</u>
- Via School's Out at https://www.schoolsout.com/schools/79 (Emails and text alerts are available.)

Everyone should sign up for Burg Alerts, which, in addition to weather notifications, will be used to alert the campus in any kind of emergency. They can be sent as text messages to your cell phones (standard texting rates apply) and as free emails. To

sign up, click https://www.frostburg.edu/computing/fsualert or visit the Technology page from the FSU front page. Look for "Text Alert System sign up" under "Quick Links." Follow the instructions, using your FSU user name and password to access the site.

You have the option of having alerts sent to two cell numbers and six email addresses, for example, if you want your family members to be informed. (They cannot sign up without your input.) This option is found under "Services." Make sure to follow the validation steps to activate your choices.

Unless FSU closure is announced on the outlets above, WE ARE OPEN. The final decision with regard to your own personal safety resides with you. The announcement of liberal leave for employees DOES NOT cancel classes. If you have concerns about your ability to make it to class in bad weather, discuss them with your faculty members BEFORE the weather turns nasty. (If you are a student at a facility outside of Frostburg, officials from that facility will determine closures for those locations.)

Unless FSU closure is announced on the outlets above, WE ARE OPEN. Likewise, the message under option 2 at the main University number will either announce the closure, or announce, "There are no delays or closures at this time."

FOR FACULTY/STAFF: Personnel compensation for closures or delays will be based on the appropriate cancellation/delay message as presented on the FSU voice-mail system. A reminder: Essential personnel are required to report to work in the event of any cancellation or delay. These individuals have been notified of their "essential" status by their department heads. If you are unsure of your status, check with your supervisor.

If, in your judgment, it is not safe for you to come to work or to class while the University is still open, you must contact your supervisor and provide this information. In the event that liberal leave is announced for employees, it is expected that everyone will make an effort to report to work and class. Employees will be charged for the appropriate leave time. The announcement of liberal leave DOES NOT cancel classes, nor does it relieve essential employees of their need to report to work during inclement weather.

FOR STUDENTS: The announcement of liberal leave for employees DOES NOT cancel classes. If you have concerns about your ability to make it to class in bad weather, discuss them with your faculty members BEFORE the weather turns nasty. (If you are a student at a facility outside of Frostburg, officials from that facility will determine closures for those locations.)

Depending on the severity of the weather, the Lane University Center and the Cordts PE Center may open with limited hours and services on days that classes are cancelled. This service is for students living on campus and within walking distance. Do not attempt to drive to campus if the weather is severe enough to warrant closing the University, for your own safety and for the sake of those who must work to clear parking lots and sidewalks. When it is determined that it is safe to open these buildings, announcements will be made via student email and the front page of the FSU website.

If you use SafeRide, there's a new way to stay informed in case SafeRide does not run in bad weather. Text the word "saferide" to 79516. You will receive a confirmation text that tells you that you have signed up successfully. (You must have already signed up for Burg Alerts to use this service.)

FOR ALL: The final decision with regard to your personal safety resides with you. Stay warm and be safe.

PLEASE DO NOT CALL UNIVERSITY POLICE OR THE COMPUTER HELP DESK FOR WEATHER-RELATED ANNOUNCEMENTS.

PLEASE DO CALL 301-687-4000 and select OPTION 2, or check the FSU website at www.frostburg.edu.

LOCAL RADIO/TV STATIONS

The following local radio/television stations will be notified in the event of a closing or delay:

- WFWM (91.9 FM/96.3 FM)
- WFRB (105.1 FM/560 AM)
- WCBC (1270 AM/107.1 FM)
- WTB0/WKG0/Go 106 (1450 AM/106.1 FM)
- WVMD The Wolf (100.1/99.9 FM)
- WDYK Magic (100.5 FM)
- WCMD ESPN (1230 AM)
- WDZN Z100 (99.5 FM)
- WMSG (1050 AM) Oakland
- WKHJ (104.5 FM) Oakland
- WWHQ (92.3 FM) Oakland
- WKLP ESPN (1390 AM) Keyser
- WQZK (94.1 FM) Keyser
- TV: WHAG-TV Hagerstown

NOTE: If there are mixed messages in the media (one station says we're open, another says we're closed), call the University number (301-687-4000, option 2) for clarification. That number will always be the FINAL authority in case of confusion from other sources.

FSU Promotes Student Achievement Through Merit



FSU students don't need to keep track of major awards, accomplishments and involvement to eventually build a resume. The University does it for them on a personalized, public Merit page.

Used by more than 300 colleges in the United States, Merit allows institutions to recognize and promote accomplishments and connect those achievements back to tailored audiences that have a vested interest in each student. Every student has a Merit page automatically created online, which is then updated by the Office of News & Media when they make the dean's list, earn a scholarship, win an award or are inducted into an honor society.

If a student wants to enhance his or her Merit page with additional activities, awards or internships, that student can further customize this self-building resume. Ultimately, students' Merit pages become a collaborative, verified record of success they can share with potential employers.

With more than 70 percent of recruiters in the U.S. reporting that they've rejected candidates because of information they found online, Merit gives students a hub for positive information about themselves. Plus, because updates to students' Merit pages also reach friends and family via social media and other channels, the success of FSU's students helps the University tell its story in a personalized way.

"At Merit, our goal is to make every student's Merit page a place where their verified achievements and affiliations tell the story of their success in college and beyond," said Colin Mathews, CEO of Merit, which launched in 2013 and now includes more than 3 million students with Merit pages.

New students' names were uploaded to Merit in November and they would have received an email from FSU News. If you have a directory restriction on your PAWS account, your name was not uploaded, but you can be added by emailing news@frostburg.edu and giving us permission. Other students can still opt out of the Merit service through the link in the email they receive from Merit or by emailing news@frostburg.edu. Returning students who already have claimed their Merit pages don't need to do anything else.

Visual Arts to Again Host All-Student Art Show

FSU's Department of Visual Arts will once again host the All-Student Art Show, a great opportunity for students to put their art on display and compete for scholarships.

Artwork entered in the competition should be delivered on **Sunday**, **Feb. 28**, or **Monday**, **Feb. 29**, from noon to 3:30 p.m. to the Stephanie Ann Roper Gallery in FSU's Fine Arts building. Entries may include paintings, illustrations, sculptures, prints, photographs, graphics and ceramics. There is an entry fee of \$3 per entry. Works selected for the show will be on display in the Roper Gallery starting on **Saturday**, **March 5**, with an opening reception, and ending on **Friday**, **March 25**. Artwork not accepted may be picked up on **Tuesday**, **March 1**, from noon to 3:30 p.m.

FSU students competing for departmental scholarships are encouraged to fill out an online scholarship application before dropping off artwork. In the essay section, indicate that your artwork will be submitted to the All-Student Art Show. Online scholarship applications must be filled out by 4 p.m. on **Monday**, **Feb. 29**.

Area high school art students in their senior year may exhibit artwork and compete for Talent in the Arts scholarships. Both scholarships are for the 2016-2017 academic year.

For info, contact Dustin Davis at ddavis@frostburg.edu.

FSU Foundation Opportunity Grants



The FSU Foundation is once again seeking funding proposals from faculty, staff and students for Foundation Opportunity Grants and several other awards for fiscal year 2017.

Those interested should complete the 2017 FSU Foundation Opportunity Grant Request Form that includes a line item budget. Applications must be limited to two

pages. A third page is only permitted for the line item budget. After completing the form, you must submit it online at www.frostburg.edu/foundation/forms/opportunity-grant-request. No paper or emailed applications will be accepted.

The deadline for proposals is **Sunday**, **March 6**. The campus community will be notified of the awards following the June 2016 Foundation Board meeting.

Projects may be funded from the following:

- FSUF Foundation Opportunity Grants
- Al and Dale Boxley Faculty Award/Student Research Award
- Jonathan Gibralter Presidential Leadership Fund for Alcohol Awareness and Education
- College of Liberal Arts and Sciences Faculty Development Award
- Catherine R. Gira Campus to Community Awards

- Woodward and Virginia Pealer Faculty Development Award
- Stephen M. Spahr Student Activism Award
- Marlene Weimer Memorial Scholarly Endeavors Fund

Proposals should be submitted online at www.frostburg.edu/foundation/forms/opportunity-grant-request by midnight on Sunday, March 6.

You can access the application, award descriptions and a list of previously supported projects online at www.frostburg.edu/foundation/ways-to-give/annual-fund/opportunity-grants.

Special Note

The FSU Foundation Board of Directors sets aside a small portion of the Unrestricted Annual Fund dollars to fund extremely worthy projects that come up outside the typical award cycle. If you have a project where funds need to be expended before **July 1, 2016**, submit it on the attached 2016 FSU Foundation Opportunity Grant Special Request Form. You will be required to write why you were unable to make this request during the previous award cycle.

First Call for Presentations for Focus Frostburg



FSU's Focus Frostburg 2016: "Learn-In" for a Sustainable Future will take place on **Wednesday**, **April 20**, from 10 a.m. to 5 p.m. in the Lane University Center. Focus Frostburg is the University's annual Day of Learning on sustainability and climate awareness that is free and open to FSU students, faculty, staff and the community. The event is sponsored and organized by FSU's Learning Green, Living Green Sustainability Initiative and the President's Advisory Council for Sustainability.

As in previous years, faculty may want to have students, as appropriate, attend a session in lieu of class attendance or to make any of the seminars and activities an extra-credit assignment. Student presentations make a great class activity. Poster presentations are welcome, and hands-on activities and demonstrations are strongly encouraged.

To participate as a presenter, submit a presentation title and one-or-two-sentence abstract about a topic to Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu. Topics may be varied but should cover a sustainability, environment or climate awareness issue. Presentations should span a maximum of 50 minutes, since the normal MWF class schedule will be followed. Be sure to indicate if there is a preferred time of day when you would like to present. Room space for presentations is limited, so confirm your interest by **Tuesday**, **March 1**!

Activities for Life

For info, contact AFL coordinator Amy Nazelrod at anazelrod@frostburg.edu or 301-687-7934 or visit www.frostburg.edu/events/afl.

Cordts PE Center Pool and Climbing Gym Available for Rent

Activities for Life offers pool and climbing gym rentals for small groups and children's birthday parties. Both spaces are rented hourly and are available for rent on Saturdays and Sundays throughout the academic year.

The FSU pool is an Olympic-size pool with a separate diving well. The total number of participants for a pool rental is generally 50 swimmers. Two lifeguards are included with each rental.

The FSU climbing gym features a bouldering cave, six top ropes and three lead climbs. Four certified climbing wall instructors are present per rental. Climbing gym rentals are limited to 10 participants.

Water Aerobics

Two sessions of water aerobics will be offered on **Tuesdays and Thursdays** from 6:40 to 7:30 p.m. in the Cordts PE Center swimming pool. Session one will be held **from Jan. 26 through March 10**, with session two following **from March 22 through May 5**. Participants may register for the Tuesday or Thursday class or both nights.

This class is geared toward those who want to increase cardiovascular fitness, flexibility and body strength.

Beginner's and Basic Tumbling Classes

Two sessions of a beginner's tumbling class for children ages 3 and 4 and a basic tumbling class for children ages 5 to 8 will be offered on **Mondays** in room 106 of the Cordts PE Center. Session 1 will be held **from Feb. 1 through 29** and session 2 **from March 21 through April 18**.

The beginner's class will be held from 5 to 5:50 p.m. and will focus on skills like stretching, forward and backward rolls, cartwheels and handstands.

The basic class, held from 6 to 6:50 p.m., will introduce handstands, backbend kick-overs, front walkovers and round-offs and will even start to work on back handsprings. New skills will be incorporated with games and activities.

The payment deadline is **Jan. 29** for session 1 and **March 18** for session 2. A minimum of five participants is needed for each class.

Youth Swimming Lessons

Three sessions of youth swimming lessons for children ages 4 to 13 will be offered on **Mondays and Wednesdays** in the Cordts PE Center swimming pool. Session 1 will be held **from Feb. 15 through March 2** from 6:40 to 7:30 p.m. Session 2 will be held **from March 21 through April 6** and Session 3 **from April 11 through 27**, both from 6 to 6:50 p.m.

Youth swimming instruction is separated into skill levels based on the child's swimming ability when enrolling in the class.

Study Abroad

Where in the World Would You Like to Study Abroad?



Emily Llewellyn in Amsterdam (fall 2014)

The Center for International Education offers a variety of ways for FSU students to see the world. In some cases, students can pay FSU tuition, room and board and study for a semester or a year in Ireland, England, Spain, France, China, Italy, Australia, Peru, South Africa or in many other countries. FSU also offers summer study abroad programs. Financial aid and student loans and scholarships are available. For info, visit the Fuller House (across the street from the Braddock House), call 301-687-4714 or email Victoria

Gearhart at vmgearhart@frostburg.edu. Also, check out the CIE webpage at www.frostburg.edu/admin/cie/stdyabrd.htm and the Facebook Page at www.facebook.com/FSUStudyAbroad.

Study Abroad in New Zealand, Summer 2016



Led by *Dr. Natalia Buta*, an assistant professor in FSU's Department of Kinesiology and Recreation, this three-and-a-half-week experiential program will examine resource conservation and the natural, and related social, history of New Zealand. The focus is on learning through guided action while traveling throughout the South Island and North Island of New Zealand. Students will spend about 75 percent of their time exploring the stunning national parks, forests, wildlife reserves, coastlines and islands and learning from local experts and practitioners, government officials, iwi (Māori tribes) and scientific research bodies.

Students will earn 3 credits. The dates are **Sunday, May 22, through Thursday, June 16.** The application deadline is **Tuesday, March 1.** Check out the Facebook Page at facebook.com/FrostburgNewZealandStudyAbroad or www.BobcatsDownUnder.org.

Art in China Trip, Summer 2016



Students and alumni are invited to join the Art in China trip. It will run from **Sunday**, **June 5**, to **Thursday**, **June 16**. The group will get to visit Shanghai and Beijing.

Students will receive credit for Art 490. For info, contact Dr. Harlowe Hodges in the Department of Visual Arts at hhodges@frostburg.edu or 301-687-4231.

Community

Screening of 'Seeds of Time' to Be Held at Palace Theatre

The Appalachian Laboratory, the Evergreen Heritage Center and Frostburg Grows will host a special screening of the film "Seeds of Time" on **Saturday**, **Feb. 20**, at 7 p.m. at the Palace Theatre in Frostburg.

The film follows agriculture pioneer Cary Fowler as he races against time to protect the future of the planet's food. Seed banks around the world are crumbling, crop failures are producing starvation and rioting, and the accelerating effects of climate change are affecting farmers globally. Communities of indigenous Peruvian farmers are already suffering those effects and are trying desperately to save more than 1,500 varieties of native potato. With little time to waste, Fowler and the farmers embark on passionate and personal journeys that may save the one resource Earth cannot live without – seeds.

This event is an activity of the University System of Maryland Foundation, Inc.

For info, go to http://bit.ly/1Ua126Y.

FSU Events Calendar

For info on FSU events, go to $\underline{\text{http://events.frostburg.edu/calendar}}.$

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

Winter Safety Tips You Might Not Know



Before doing any strenuous work, avoid caffeine and nicotine. They increase your heart rate and may cause your blood vessels to constrict.

Rock salt + Kitty Litter = Safer walkways

Tin can + Matches + Candle + Paper Cup + Snow = Drinking water Make these supplies part of your emergency kit in your car.

FROSTBURG STATE UNIVERSITY MISSION STATEMENT

Frostburg State University is a student-centered teaching and learning institution featuring experiential opportunities. The University offers students a distinctive and distinguished baccalaureate education along with a select set of applied master's and doctoral programs. Frostburg serves regional and statewide economic and workforce development; promotes cultural enrichment, civic responsibility and sustainability; and prepares future leaders to meet the challenges of a complex and changing global society.

INSTITUTIONAL PRIORITIES

- 1. Enhance experiential and applied learning opportunities for students both inside and outside the classroom.
- 2. Improve facilities so that students live and learn in a modern and technologically sophisticated environment.
- 3. Increase student quality and improve student persistence to graduation.

Learn more at www.frostburg.edu/admin/opa/splanning.