

For and about FSU people A publication of the FSU Division of Communications and Media Relations

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# **FSU Named Military Friendly for Eighth Straight Time**



VIQTORY, which serves military personnel and their spouses transitioning into civilian life, has named FSU to its coveted 2019-2020 Military Friendly Schools list, marking the eighth time in a row FSU has received this distinction. The Military Friendly Schools list honors colleges, universities and trade schools in the country that go above and beyond to embrace America's military service members, veterans and spouses as students and ensure their success on campus.

FSU is home to a Veterans Center that serves as a base for student veterans and dependents of veterans and helps ensure they receive the resources, representation and academic benefits they have earned. The Veterans Center hosts the Veterans Services Office and the Student Veterans of America organization, and a

Veterans Affairs counselor is on site weekly. Members of the Student Veterans Association additionally perform numerous community and alumni outreach through fundraisers and programs.

FSU is also home to a chapter of SALUTE, the first national higher education honor society for student veterans and military service members.

Methodology, criteria and weightings were determined by VIQTORY with input from the Military Friendly Advisory Council of independent leaders in the higher education and military recruitment community.

FSU will be showcased along with other 2019-20 Military Friendly Schools in the May issue of "G.I. Jobs" magazine, and on <a href="https://www.militaryfriendly.com">www.militaryfriendly.com</a>.

For info about FSU's services to military and veteran students and their dependents, contact the FSU Veterans Services Office at 301-687-4409 or <a href="mailto:vets@frostburg.edu">vets@frostburg.edu</a>. For the complete release, visit <a href="https://www.frostburg.edu/news/2019/01/frostburg-state-university-named-military-friendly-for-eighth-straight-time.php">https://www.frostburg.edu/news/2019/01/frostburg-state-university-named-military-friendly-for-eighth-straight-time.php</a>.

# **World-Class Performers Featured in CES' Spring Lineup**





CES performers René Marie (left) and Banda Magda

CES at FSU continues its 2018-19 season with a spring lineup of award-winning musicians and professional artists from around the world, performing rhythmic pop and soul, jazz, Irish folk and international music, a cappella singing and ballet.

Powerhouse vocalist Stacey Kay will perform as part

of CES' On the EDGE series on **Thursday**, **Feb. 7**. Kay effortlessly blends rhythmic pop with earthy soul for an evening of feisty, flirty, larger-than-life entertainment. This performance in Lane Manicur Hall begins at 7:30 p.m. and features informal table seating, comfortable couch and armchair seating, and food and beverage options.

On Friday, **Feb. 15**, CES presents a romantic LIVE! at StarScape performance of René Marie: Experiment in Truth. A two-time Grammy-nominated jazz singer, Marie possesses a signature style rooted in the musical traditions of legends like Ella Fitzgerald, Sarah Vaughan

and Dinah Washington. The 7:30 p.m. club-style performance takes place in Lane Manicur Hall. Patrons can also opt to attend a preshow Valentine dinner at 6 p.m.

Additional upcoming CES productions are as follows:

- Songs of Ireland: A Celtic Celebration on Thursday, March 7, at 7:30 p.m. in Pealer Recital Hall
- Banda Magda in a LIVE! At StarScape club-style performance on Friday, April 5, at 7:30 p.m. in Lane Manicur Hall
- The a cappella singers of Six Appeal in an On the EDGE performance Thursday, April 18, at 7:30 p.m. in Lane Manicur Hall
- The Christian Sands Trio in a LIVE! at StarScape performance on Thursday, April 25, at 7:30 p.m. in Lane Manicur Hall

For info, visit CES' webpage at <u>ces.frostburg.edu</u> or contact the CES box office at 1-866-849-9237 or 301-687-3137. The CES box office, located in the Lane Center, is open Monday through Friday from 10 a.m. to 4 p.m.

#### Music

### Dr. Jay DeWire to Present FSU Faculty Artist Series Concert

FSU's Department of Music will kick off the spring semester with a performance by pianist *Dr. Jay DeWire* in a Faculty Artist Series concert on **Sunday**, **Feb. 3**, at 3 p.m. in Pealer Recital Hall. The recital is free and open to the public.

DeWire's program will include "English Suite No. 2 in A Minor, BWV 807" by Johann Sebastian Bach, "Klavierstücke, Op. 76" by Johannes Brahms, and "Sonata in F-sharp Major, Op. 78" and "Sonata in F Minor, Op. 57" by Ludwig van Beethoven.

The one element that sets "English Suite No. 2 in A Minor, BWV 807" apart from the five other suites Bach wrote "for the English" is the concluding gigue, a dance in 6/8 time that completely surrenders to melody and rhythm, forsaking the counterpoint that ends every other work in the set.

"Klavierstücke, Op. 76" is the first set of miniature masterpieces that were to comprise the remaining output of Brahms' solo piano music.

"Sonata in F-sharp Major, Op. 78" is dedicated to Countess Therese von Brunswick, once thought to be a candidate for Beethoven's "Immortal Beloved." It was one of the composer's favorite sonatas.

"Sonata in F Minor, Op. 57" unleashed in 1805, is considered by many, including Beethoven, to be one of his greatest sonatas. The sonata's "Appassionata" subtitle is not Beethoven's own; it was first applied by a Hamburg publisher in 1838.

For info, contact FSU's Department of Music at 301-687-4109. For the complete release, visit <a href="https://events.frostburg.edu/event/jay\_dewire\_piano">https://events.frostburg.edu/event/jay\_dewire\_piano</a> - faculty artist series.

### Canadian Musician April Verch and Her Band to Perform at MCTA



FSU's Mountain City Traditional Arts will host Canadian fiddler, singer and step dancer April Verch and her band on **Sunday, Feb. 10**, at 4 p.m. at 25 E. Main St. in Frostburg. The live entertainment is free and open to the public with a suggested donation of \$15.

Verch and her fellow trio members pare down their arrangements, highlighting the simple pleasures of upright bass, guitar, clawhammer banjo, voices, fiddle and stepping in intimate conversation. At the heart lie Verch's delicate voice, energetic footwork and stunning playing. Sometimes she sings, steps and fiddles all at once, with apparent ease and precision.

Making her living as a musician for two decades, Verch is perhaps best-known for playing traditional fiddle styles from her native Ottawa Valley, Canada. But her performances extend into old-time American and Appalachian styles and beyond.

Verch began her full-time touring career in 2000 and her performances around the world include festival, theatre and performing arts center appearances. Passionate about sharing her music, she performs at small gatherings in remote communities in Iqaluit, as well as at large prestigious concert halls like Mozartsaal in Vienna.

For info, email MCTA at <a href="mountaincitytradarts@gmail.com">mountaincitytradarts@gmail.com</a> or call 301-687-8040. For the complete release, visit <a href="https://events.frostburg.edu/event/mcta">https://events.frostburg.edu/event/mcta</a> canadian fiddler april verch and her band.

### **Workshops**

### Reacting-to-the-Past, Role-Playing Game Workshop Coming in February

An interdisciplinary reacting-to-the-past, role-playing game workshop, titled "Charles Darwin, the Copley Medal and the Rise of Naturalism 1862-1864," will be held **Saturday**, **Feb. 23**, and **Sunday**, **Feb. 24**, in Gira Center 397. (Meals will be provided during the workshop!) The gamemaster will be Dr. Marsha Driscoll, professor emerita of Bemidji State University in Bemidji, Minn. This event is free and open to FSU faculty and staff, but seating is limited.

Additional events related to this workshop and the RTTP pedagogy will be offered on Thursday, Feb. 21, and Friday, Feb. 22.

#### **Entertainment**

### **FSU to Celebrate Fifth Annual Harry Potter Book Night**



Professor Sprout, also known as Dr. Kim Rotruck, demonstrates a herbology craft project for her audience of young wizards.

Come celebrate the wonder of children's literature and J.K. Rowling's legendary and magical wizarding world of Harry Potter at FSU's fifth annual Harry Potter Book Night on **Friday, Feb. 8**, from 6 to 8:30 p.m. in FSU's Lewis J. Ort Library. This event is free and open to the public.

FSU's Children's Literature Centre and Ort Library will host this Pottertastic night. Children will have the chance to learn what it takes to become a wizard like Harry. The night will be filled with Hogwarts classroom activities, a wand shop and many other magical surprises.

Guests will be divided into the four houses chosen by the sorting hat for Gryffindor, Slytherin, Ravenclaw and Hufflepuff. Children will participate in different wizard classes, including Quidditch, Potions, Astronomy, Charms and Defense Against the Dark Arts. In between, children and families can select their very own wands, enjoy magical treats and cast their own spells with other witches and wizards.

For info, contact the Children's Literature Center at <a href="mailto:clc@frostburg.edu">clc@frostburg.edu</a> or 301-687-3133, or visit <a href="www.facebook.com/clcfsu">www.facebook.com/clcfsu</a> or <a href="https://www.facebook.com/clcfsu">www.facebook.com/clcfsu</a> or <a href="https://www.facebook.com/clcfsu]</a> or <a href="https://www.facebook.com/clcfsu]</a> or <a href="https://www.facebook.com/clcfsu]</a> or <a href="https://www.facebook.com/clcfsu]</a> or <a href="https://www.facebook.com/clcfsu]<

### **Points of Pride**

# Dr. Jill Morris' New Book Unveils the Dangerous Hidden Game Lurking Online

In her new book, "The Department of English how real online harass targets were chosen. I begin studying those classrooms.

In her new book, "The Internet as a Game," *Dr. Jill Morris*, an associate professor in FSU's Department of English and Foreign Languages who is an expert in formal rhetoric, details where and how real online harassment campaigns have been organized, and she explains when and why their targets were chosen. Morris argues that rhetoric experts – rhetoricians, as they're called – must begin studying those unrhetorical techniques commonly found online so they can cover them in classrooms.

"The Internet as a Game" begins that process, building on the work of other rhetoricians to offer a new framework for critically examining internet argumentation. Here it is presented as a game, guided by procedural rhetoric, the argument a game presents about the way the world works through its underlying rules and procedures.

By examining real-life online harassment campaigns that took place between 2006 and 2015, Morris unmasks and defines some of the rules, techniques and processes used to organize online strangers into loose "adhocracies" built around the "game" of harassing their common foe

Her new book synthesizes decades of research, experiences as a web designer and lifelong internet user, and best practices that she has honed in physical and digital college classrooms.

Published by Parlor Press, "The Internet as a Game" is available now in hardback, paperback and e-book formats directly from the publisher or from online and local booksellers.

For the complete story, visit <a href="https://www.frostburg.edu/news/2019/01/frostburg-professors-new-book-unveils-the-dangerous-hidden-game-lurking-online.php">https://www.frostburg.edu/news/2019/01/frostburg-professors-new-book-unveils-the-dangerous-hidden-game-lurking-online.php</a>.

#### **Take Note**

### What Do You Think About Economic Development in Allegany County?



Allegany County is in the process of creating a new economic development strategic plan aimed at developing strategies and an action plan for future growth in the county. A vital component of this planning process is gathering perspectives from residents in the community. Be sure to take the survey to provide your thoughts and feedback on the essential components of the plan.

To take the survey, scan the QR code at the left or visit <a href="mailto:surveymonkey.com/r/AlleganyEconDevPlan">surveymonkey.com/r/AlleganyEconDevPlan</a>.

The survey will remain live until **Friday, Feb. 1**.

### Calling All Musicians - Openings Available in FSU Ensembles

FSU's Department of Music has a wide variety of ensembles to meet various interests and talents, and they are all accepting new members. Some ensembles require auditions, but the following ensembles are open to anyone with music experience: Wind Ensemble (MUSC 330, Tuesday/Thursday, 3:30 to 5 p.m.), Jazz Orchestra (MUSC 327, Monday/Wednesday/Friday, 2 to 2:50 p.m.) and University Chorale (MUSC 319, Tuesday/Thursday, 12:30 to 1: 45p.m.).

The following ensembles may require the permission of the instructor and possibly an audition: Chamber Singers (MUSC 340, Monday/Wednesday/Friday, 1 to 1:50 p.m.), Vocal Jazz Ensemble (MUSC 370, Monday/Wednesday/Friday, noon to 12:50 p.m.),

Percussion Ensemble (MUSC 339, Monday/Wednesday/Friday, noon to 12:50 p.m.), String Ensemble (MUSC 335, Tuesday/Thursday, 6 to 6:50 p.m.), Guitar Ensemble (MUSC 336, Wednesday, 9 to 9:50 p.m.), Opera Theatre (MUSC 321, Monday/Tuesday, 4 to 5:15 p.m.), Jazz Combo (MUSC 327.002, TBA), Jazz Guitar Combo (MUSC 327.003, usually Monday, 6 to 6:50 p.m.) and Brass Ensemble (MUSC 331, TBA).

The department also has numerous small ensembles for woodwinds and piano. The permission of the instructor is required, and rehearsal time is planned around member schedules. These are Piano Ensemble (MUSC 315), Clarinet Ensemble (MUSC 337.001), Flute Ensemble (MUSC 337.002) and Saxophone Ensemble (MUSC 337.003).

Plus, the department offers private instruction on most instruments, depending on the instructor's availability for a one-half-hour lesson each week (1 credit) and one-hour lesson each week (2 credits). There is a fee of \$200 per credit.

For those interested in learning the guitar, there are Class Guitar 1 (MUSA 111, Wednesday, 5:30 to 7:10 p.m.) and Class Guitar 2 (MUSA 112, Wednesday, 7:15 to 8:55 p.m.). Guitar 1 is offered during the fall and spring semesters, and Guitar 2 is offered in the spring semester. The class is open to all, with no permission required. For info, contact the guitar instructor, Patrick Sise, at 301-687-7458 or pisise@frostburg.edu.

For info on joining any of the ensembles or private instruction, contact the Music Office at 301-687-4109 or the department chair at 301-687-4116 or <a href="mailto:music@frostburq.edu">music@frostburq.edu</a>.

### **Honors Program Updates and Info**

For Honors Program updates and information about requirements, available courses and registration, students and faculty members should "like' the Honors Facebook page at <a href="https://www.facebook.com/honors.frostburg">www.facebook.com/honors.frostburg</a>.

### **Community Course in Basic Ceramics**



FSU's Department of Visual Arts will offer a non-credit community course in basic ceramics this spring. The class will be held on **Tuesdays from Jan. 29 to April 2** from 6 to 9 p.m. in room 107 of FSU's Fine Arts Building.

This eight-week course will provide an introduction to the basic ceramic processes, including hand-building and the pottery wheel. The course will be taught by local ceramic artists Bobby Croft and Alexis Thorner.

The cost is \$180, plus the cost of clay. Tools are provided. Students under the age of 18 must be accompanied by an adult who is also registered for the class.

For info, contact FSU's Department of Visual Arts at 301-687-4797 or email Jacqueline Brown at <a href="mailto:ibrown@frostburq.edu">ibrown@frostburq.edu</a>.

### **Share Your Thoughts at AlleganySpeaks.com**



Just scan this QR code with your phone to take a short survey on health issues that affect Allegany County, such as mental health services and substance abuse. You do not have to register on the site to participate, and your answers remain anonymous.

Don't have time right now? You can always check in at <u>Allegany Speaks.com</u> and click on the survey link.

# **Community of Interest Letter – CCNE Accreditation**

FSU has a thriving nursing program with an enrollment of more than 521 across undergraduate and graduate programs. Since 2011, there have been 651 RN-BSN and 27 MSN graduates. The growth can be attributed to the faculty and staff that have worked hard to acquire additional funding to support unique and creative initiatives to develop alternative pathways for nurses to obtain their BSN and MSN degrees. FSU continues to strive to provide RNs in this region and beyond the opportunity to further their education via an affordable, accessible and quality online venue.

In 2017, FSU obtained permission from the Maryland Higher Education Commission to initiate two new concentrations under the MSN degree program (psychiatric mental health and family nurse practitioner). As FSU prepares to graduate its first cohort of advanced practice nurses, the University is seeking reaccreditation of the MSN program through the Commission on Collegiate Nursing Education (CCNE).

FSU and CCNE place a high value on constituent comments regarding applicant programs. As a constituent, you are invited to provide comments. Constituent letters are strictly confidential and individual comments will not be shared with FSU personnel. To submit a response or comments, reply to CCNE no later than **Monday, March 18**, to Commission on Collegiate Nursing Education, Attn: Third-Party Comments, 655 K St. NW, Suite 750, Washington, DC 20001, or <a href="mailto:third-party-comments@ccneaccreditation.org">third-party-comments@ccneaccreditation.org</a>.

FSU's accreditation self-study will be submitted to CCNE via the CCNE Online Community (<a href="www.ccnecommunity.org">www.ccnecommunity.org</a>) by Monday, Feb. 25. FSU will host an accreditation team visit Monday, April 8, through Wednesday, April 10. For info, visit <a href="www.frostburg.edu/nursing">www.frostburg.edu/nursing</a>.

## **Volunteers Wanted for Harry Potter Book Night**

The fifth annual Harry Potter Book Night is just around the corner. Preparations are under way to create a night full of magic and mischief on **Friday**, **Feb. 8**, from 6 to 8:30 p.m. in the Ort Library. The evening will include magical classes, snacks, costumes, competitions, Quidditch and much more.

If interested in volunteering, contact the Children's Literature Centre at 206 Framptom Hall, email <a href="mailto:clc@frostburg.edu">clc@frostburg.edu</a> or check out <a href="https://www.frostburg.edu/clc">www.frostburg.edu/clc</a>.

### **FSU Foundation Opportunity Grants**



The FSU Foundation is once again seeking funding proposals from faculty, staff and students for Foundation Opportunity Grants and several other awards for fiscal year 2020 (academic year 2019-20).

Those interested should complete the FSU Foundation Opportunity Grant Request Form, which includes a line item budget. All applications must be limited to two pages. A third page is only permitted for the line item budget.

After you complete the form, you must submit it online at <a href="https://www/frostburg.edu/opportunity">www/frostburg.edu/opportunity</a>. No paper or emailed applications will be accepted.

The deadline for proposals is midnight on **Sunday, March 10**. Applicants will be notified of the awards following the **June** Foundation Board meeting.

Projects may be funded from the following:

- **FSU Foundation Opportunity Grants** for projects that support FSU's institutional priority to enhance experiential and applied learning opportunities for students inside and outside the classroom
- Al and Dale Boxley Faculty Award/Student Research Award to support faculty or student projects
- J. Frederick Gibralter Regional and Cultural Arts Funds to support regional and cultural arts programs at FSU
- Jonathan Gibralter Presidential Leadership Fund for Alcohol Awareness and Education to support educational programs, social programs and/or community service-related programs geared toward alcohol awareness and the importance of responsible behaviors and decision making
- College of Liberal Arts and Sciences Faculty Development Award to support faculty development initiatives for faculty members in the College of Liberal Arts and Sciences
- Catherine R. Gira Campus-to-Community Awards to support students or student projects that demonstrate an entrepreneurial spirit, critical thinking skills and a determination to be successful
- Woodward and Virginia Pealer Faculty Development Award to support student scholarships and faculty development
  initiatives for stipends/funding and travel expenses for visiting scholars, lecturers, artists, performers and programs;
  recognition and promotion of these activities; equipment purchases in conjunction with these activities; and
  outreach/professional development programs for Allegany County
- Martha T. and Ralph M. Race Western History Lecture Funds to support an annual lecture series on the topic of Western history
- Stephen M. Spahr Student Activism Award to provide financial assistance to student organizations, classes or informal groups of students needing funds to travel to programs or centers of governmental activity to experience, firsthand, the workings of the democratic process
- Marlene Weimer Memorial Scholarly Endeavors Fund to support scholarly endeavors in the area of innovative mathematics
  faculty development initiatives and/or scholarship support for outstanding mathematics students, depending on the area of
  greatest need as determined annually by the Mathematics Department

You can access the application at <a href="https://www.frostburg.edu/foundation/files/pdfs/fsu-foundation-opportunity-grant-request-form.pdf">https://www.frostburg.edu/foundation/edu/foundation-opportunity-grant-request-form.pdf</a>, the award descriptions at <a href="https://www.frostburg.edu/foundation/Annual-Fund/the-annual-fund.php">https://www.frostburg.edu/foundation/Annual-Fund/restricted-funds.php</a> and a list of previously supported projects at <a href="https://www.frostburg.edu/foundation/files/pdfs/fundedprojects.pdf">https://www.frostburg.edu/foundation/files/pdfs/fundedprojects.pdf</a>.

### It's Snowing! Should I Stay or Should I Go?



Make sure you know how to find out if FSU will be closed, have a delayed opening or close early on bad weather days.

The most reliable information regarding delayed openings and cancellations will be from FSU-controlled outlets (University voicemail, email, Burg Alerts and website). Notification of delays or closures will be made through these outlets:

- At the Main University Number (301-687-4000, option 2) after 6 a.m.
- Via Burg Alert text and email alerts. More information is below.
- Through campus email.
- On top of the main page of the FSU website.
- Via Twitter at <a href="https://twitter.com/frostburgstate">https://twitter.com/frostburgstate</a>.
- On the FSU Facebook page at <a href="https://www.facebook.com/frostburgstateuniversity">www.facebook.com/frostburgstateuniversity</a>.
- Through local radio stations.

**NEW THIS YEAR:** Everyone with an FSU email is now automatically signed up for Burg Alerts TO THAT EMAIL. Burg Alerts, in addition to weather notifications, alert the campus in an emergency.

You may also opt to have alerts sent as text messages to your cell phones (standard texting rates apply) and to other email addresses. To sign up, click <a href="https://www.frostburg.edu/computing/fsualert">https://www.frostburg.edu/computing/fsualert</a> or click the Emergency link at the bottom of the FSU front page. Follow the instructions, using your FSU user name and password to access the site. You have the option of having alerts sent to two cell numbers and six email addresses. (You may add your family members, or they may create their own accounts at the link above.) Make sure to follow the validation steps to activate your choices.

**Unless FSU closure is announced on the outlets above, WE ARE OPEN.** Likewise, the message under option 2 at the main University number will announce the closure or announce, "There are no delays or closures at this time." (If you are a student or a faculty or staff member at a facility outside of Frostburg, officials from that facility will determine closures for those locations.)

#### **Activities for Life**

Unless otherwise noted, for info and registration, contact Amy Nazelrod, AFL coordinator, at 301-687-7934 or anazelrod@frostburg.edu.

### **Masters Swimming Sessions**

Two masters swimming sessions for ages 18 and older will be offered: Session 1 from Jan. 28 through March 7 (with no sessions Feb. 11 through 14) and Session 2 from March 11 through April 18 (with no sessions March 18 through 21), all in the Cordts PE Center pool.

Masters is a swimming group for adults of any swimming ability. Participants are assisted in improving their technique/speed/endurance, promoting efficiency in the water, getting prepared for a first triathlon/open-water swim or improving their open-water swimming ability, and even teaching adult beginners how to swim.

A fee per session entitles the student to as many as three workouts a week. The practice/workout schedule is **Mondays, Tuesdays and Thursdays** from 6 to 7 a.m. for Session 1 and **Mondays** from 4:15 to 5:15 p.m. and **Tuesdays and Thursdays** from 5:30 to 6:30 p.m. for Session 2.

It is strongly encouraged that all FSU masters swimmers register as members of U.S. Masters Swimming at <a href="https://www.usms.org/reg">www.usms.org/reg</a> so they will be eligible to compete in masters competitions throughout the year.

The registration deadline is the **Monday** of the second week of each session.

For info and registration, contact Christiansen at <a href="mailto:bcchristiansen@frostburg.edu">bcchristiansen@frostburg.edu</a> or Fazenbaker at <a href="mailto:sifazenbaker@frostburg.edu">sifazenbaker@frostburg.edu</a>.

#### **Water Aerobics**

Two sessions of water aerobics will be offered **Tuesdays and Thursdays** from 6:40 to 7:30 p.m. in the Cordts PE Center swimming pool. Session 1 will be held **from Jan. 29 through March 28 (with no class on Feb. 26 and March 7, 19 and 21)** and Session 2 **from April 2 through May 16**. Participants may register for the Tuesday or Thursday class or both nights and for one or both sessions.

This class is geared toward those who want to increase cardiovascular fitness, flexibility and body strength. It is the perfect activity for those with painful joints or other movement limitations. Water aerobics creates good muscle balance, making the muscles limber and strong.

### **Youth Swimming Lessons**

Four sessions of youth swimming lessons for children ages 4 to 13 years will be offered **Mondays and Wednesdays** in the Cordts PE Center swimming pool. The first session will take place **from Feb. 4 through 20** from 6:40 to 7:30 p.m. The second session will be held **from Feb. 25 through March 13**, the third **from March 25 through April 10** and the fourth **from April 15 through May 1**. Sessions 2, 3 and 4 will take place from 6 to 6:50 p.m.

Youth swimming instruction is separated into skill levels based on the child's swimming ability when enrolling in the class.

### **Beginner's and Basic Tumbling Classes**

Two sessions of tumbling will be offered, a beginner's class for children ages 3 and 4 and a basic class for children ages 5 to 8 years. Both sessions will take place on **Thursdays**, Session 1 **from Feb. 7 through March 7** and Session 2 **from March 28 through April 25**. The beginner's class will be held from 5 to 5:50 p.m. and the basic class will be from 6 to 6:50 p.m., both held in room 106 of the Cordts PE Center.

The beginner's class will focus on skills like stretching, forward and backward rolls, cartwheels and handstands.

The basic class will introduce handstands, backbend kick-overs, front walkovers and round-offs and will even start to work on back handsprings. New skills will be incorporated with games and activities.

The payment deadline is Monday, Feb. 4, for Session 1 and Monday, March 25, for Session 2.

#### 'Move It and Lose It' Dance Classes

"Move It and Lose It" classes for ages 16 and older will be offered **Wednesdays, Feb. 13 through March 6, and March 27 through April** 17, from 5:30 to 6:15 p.m. in the Dance Studio (room 106) of the Cordts PE Center.

"Move It and Lose It" allows participants to exercise, lose weight and still have fun by dancing to popular music. Basic dance movements will be taught and the students will follow along with the teacher to popular upbeat music for a fun way to get in shape. Participants are urged to wear comfortable clothing that allows for easy movement. Bare feet, socks and non-street shoes are all acceptable.

The registration and payment deadline is **Friday**, **Feb. 8**. A minimum of six participants is needed for the class.

#### Jobs

#### Join the Team for Summer of '19

What are you doing next summer? Consider being part of the team for FSU's thriving summer camps and conferences program. Coach Wootten's Basketball Camp, Camp Hope, Brit-Am Soccer Academy, the Washington Metropolitan Association of Chinese Schools and many other groups call FSU their summer home. An online application is available at <a href="https://www.frostburg.edu/admin/confer/conferences-and-events-staff-application">www.frostburg.edu/admin/confer/conferences-and-events-staff-application</a>. Applications may be submitted online, or downloaded and submitted to Tim Arnold in Hitchens 322 or via campus mail or email.

The position includes room and board. The deadlines for applications (toward 15 positions total) is **Friday, March 15**. After an initial offer is made, the summer position is contingent on passing a criminal background check. The job involves customer service and interacting with other offices on campus, as well as furniture moving and thinking "on your feet" to solve problems – something different every day. Hours are irregular; this is not a 9-to 5-position.

#### FSU-TV3

#### FSU-TV3 Has Its Own Cable Channel!



Did you know FSU has its own cable channel? FSU-TV3 is available on Comcast channel 3 on campus and in Frostburg, Mount Savage and Lonaconing. The channel offers a variety of programming so tune in to see what's on!

For programming information, log on to <a href="https://www.frostburg.edu/fsu-tv3/programming">www.frostburg.edu/fsu-tv3/programming</a>.

Follow FSU-TV3's activities on <a href="https://www.facebook.com/FSUTV3">https://twitter.com/fsutv3</a> and <a href="https://instagram.com/fsutv3">https://instagram.com/fsutv3</a>.

### **Study Abroad**

### Where in the World Would You Like to Study Abroad?

For info, contact the Center for International Education at 301-687-4747 or Kara Hotchkiss at kihotchkiss@frostburg.edu.



Rose Gause in Italy (summer 2018)

FSU students have the opportunity to study abroad all over the world.

Financial aid can be used for overseas experiences during the fall and spring semesters.

Exchange programs are available that allow students to pay FSU tuition prices.

## **Study Abroad Trip to Spain**



Spain is a land in which synagogues, mosques and cathedrals exist side by side. In a country composed of 17 autonomous states, with five official languages and three distinct religions, there is a lot happening that isn't as simple as just

"Spanish." Dive into this unexpected melting pot, where a history of international influence has formed a land of many cultures.

*Dr. Heather Cisneros*, an assistant professor in FSU's Department of English and Foreign Languages, will lead FSU students to Spain during **May 2019**.

### **FSU Events Calendar**

For info on FSU events, go to <a href="http://events.frostburg.edu/calendar">http://events.frostburg.edu/calendar</a>.

Questions? Call 301-687-4411. All information is subject to change.

Note: FSU is committed to making all of its programs, services and activities accessible to persons with disabilities. To request accommodations through the ADA Compliance Office, call 301-687-4102 or use a Voice Relay Operator at 1-800-735-2258.

### January is the deadliest month for carbon monoxide poisoning.



# Have your heating system, water heater and any other gas, oil or coal-burning appliance inspected and serviced by a qualified technician every year.

#### Install battery-operated CO detectors on every level of your home.

Don't let a vehicle idle inside a garage attached to a house, even if the garage door is left open.

#### **VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023**

#### **CORE VALUES**

- Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.
- Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."
- Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

#### **OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023**

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

#### STRATEGIC GOALS

- Focus learning on the acquisition and application of knowledge.
- Provide engaging experiences that challenge our students to excel.
- Expand regional outreach and engagement.
- Align University resources human, fiscal and physical with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit <a href="www.frostburg.edu/strategicplan">www.frostburg.edu/strategicplan</a>.