



For and about FSU people

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Copy deadline: noon Wednesday, Candis Johnson at statelines@frostburg.edu

Caring Bobcats

Recognition for Caring Bobcats



This week we honor another group of Caring Bobcats, those members of the University community who are going above and beyond to solve problems and provide services to FSU students, employees and the community.

More will be honored in future issues of StateLines and on the FSU [website](#). If you would like to nominate someone as a Caring Bobcat, go to <https://www.frostburg.edu/about-frostburg/office-of-the-president/caring-bobcats.php>.

Brenna Bohn

Senior Health Science Major

Bohn is an emergency room scribe at UPMC-Western Maryland. Being ready for any and all emergencies is what she deals with every day at her job. While performing this important role for our community, Bohn maintains a full load of courses at FSU.

Robert Branham

Graduate Student/Recreation, Parks and Sport Management

Branham is the deputy director for Calvert County Parks and Recreation, where he serves with the Emergency Operations Center. He has been working long hours taking on multiple roles. He took the lead to name Recreation Division staff as essential personnel to host childcare for first responders/medical staff at some of the recreation facilities in the county.

Christina Durham

Lecturer and Clinical Faculty/Department of Educational Professions

Durham hosts weekly video conferences with her students to go over expectations, checking in with all to find out how they're coping. "She goes above just assigning work and grading it by checking our mental health and if we have access to necessary resources," said one student.

Joel Hoover

Production Services Coordinator/Cultural Events Series

Hoover used his creative talent to design homemade masks and face shields for the staff at Gonzaga's medical offices. He then saw other groups in need, and requests came in for the PAWS Food Pantry volunteers and several smaller local businesses. To date, Hoover has sewn more than 200 masks and constructed 40 face shields.

Tammy Ringler

Administrative Assistant II/Residence Life Office

Ringler spends many evening and weekend hours with the help of her 8-year old grandson sewing hundreds of masks for local businesses such as Beckman's Pharmacy, American Woodmark and Mario's. She's sent masks to the military serving in Colorado and

New Jersey and has prepared masks for the Residence Life Office staff. Ringler is also using her baking skills to cheer young children by delivering personalized birthday cakes to help them celebrate while stuck at home, and she dressed up and delivered an Easter cake to a special-needs child.

Gwendolin Schemm

Senior Communication Studies/Psychology Major

Schemm emailed all of the students in the ORIE class she mentored last fall. “She showed great compassion for these students by expressing how sorry she was that they were dealing with this interruption during their first year of college and reminding them that she was available to talk with anyone who needed someone to listen,” her nomination read.

Danyel Schmidt

Sophomore Health Science Major

Schmidt signed up for training courses to become a certified nursing assistant. Maintaining a full-time load of science courses, she balances classes during the day with her work at the nursing home. “With the current world situation, the local nursing home needs more people to help take care of their residents,” she said.

Faith Tacey

Sophomore Elementary/Middle School Education Major

Tacey grocery shops for neighbors who are ill or elderly and must remain in isolation. She also provides daycare for essential workers. Tacey also wrote an article in The Bottom Line to help FSU students express their feelings and concerns regarding online courses to ensure their voices were heard.

FSU PAWS Pantry Team

Patrick O’Brien, Ashley Daniels, Michael Tartt and Allison Williams

O’Brien and Daniels from Student and Community Involvement have worked countless hours to make sure that FSU’s PAWS food pantry stays open, active and safe. Frontline workers at the pantry, Tartt, an AmeriCorps member and FSU alum, and Williams, a junior wildlife and fisheries major, have been hired to help with the pantry during open hours on Mondays and Thursdays. The team helped manage and distribute 3,000 pounds of the total 6,000 pounds of food they have brought in from the Western Maryland Food Bank and have worked closely with the Food Bank and Health Department to follow guidelines. Since spring break, the pantry has adjusted for social distancing and removed limits on the amount of food students receive. They have prepared pre-packed bags to help with distribution to students. The pantry regularly serves more than 100 students, mostly living off campus. The team also put together a plan to accommodate any student who may be ill and require food delivery. Chartwells, another pantry partner, donated food for food kits as part of the Million Acts of Good Program, while additional food has been ordered with money from donors.

FSU Student Veterans of America

Danielle Dabrowski, Director of Veterans Services

Dabrowski started sewing the masks with her FSU-graduate son, Chet, and members of FSU’s chapter of Student Veterans of America quickly joined in. So far, they have sewn more than 670 masks, providing them to the FSU campus community, including University Police; veterans and their families; nursing homes; assisted living centers; hospice care agencies; and other nonprofit human service agencies, such as Friends Aware and the Charlotte Hall Home for Veterans; and for UPMC-Western Maryland to give to discharged patients. As new needs became apparent, “It has taken on a life of its own,” Dabrowski said.

Help for Students

Do You Need to Appeal Your Financial Aid Package?

The events surrounding COVID-19 have created many financial hardships for students nationwide. To help lessen this burden, FSU encourages you to fill out the Financial Aid Appeal form at <https://www.frostburg.edu/admissions-and-cost/financial-aid/files/pdf/special-condition-2020-2021-ada-accessible1.pdf> (Request for Special Condition Consideration, Academic Year 2020-2021).

This form updates the information you submitted to FSU through FAFSA. Because this information is used to determine your financial aid package for next year, it is very important to update your financial information based on what has happened during the pandemic.

You must fill out the form provided by FSU. Third-party forms will not be accepted.

Career Readiness at FSU – Are you Career Ready?

Recently, the Career and Professional Development Center launched its Career Readiness Certificate as a Canvas course for all undergraduate students. This initiative is designed to align with the University’s Strategic Plan and ensure that FSU students graduate with the competencies desired by today’s employers that are critical for community engagement and leadership.

The center is here to help students be ready for life after college – no matter what their career path. Employers have high expectations, and they emphasize eight competencies essential to new college hires. Candidates who can demonstrate and articulate these skills will gain a competitive advantage over their peers. The new Career Readiness Certificate can help ensure that students have the skills to compete in today’s global, knowledge-based economy.

Last week, the center rolled out the Career Readiness Certificate in Canvas for all undergraduate students. Students should see the Career Readiness Certificate populate in their Canvas Course Doc, including the steps for completing the certificate; recordings from faculty, staff and alumni; and more. Each presentation will be announced on the Canvas Announcement Board.

Be sure to join the Career Readiness Certificate Canvas site to see what it's all about! Need more information? Contact Clarissa Lang, director of Career Readiness, at calang@frostburg.edu.

Career and Professional Development Center Is Still Here for You!

The Career and Professional Development Center is still ready to help you execute your career plans.

Employers are still hiring, so be sure to log on to <https://Frostburg.joinshandshake.co> and fill out your profile. More than 80 percent of students that fill out their profile are contacted by a recruiter. Don't get stressed; get started!

The center is here to offer guidance, support and resources to each of you. Contact the following staff members for a phone or video conference. They can review resumes, answer questions and more.

Robbie Cordle at rcordle@frostburg.edu

Clarissa Lang at calang@frostburg.edu

Amy Shimko at alshimko@frostburg.edu

Points of Pride

FSU Relay For Life Is Virtual Success!

FSU's annual Relay For Life went virtual, surpassing the campus goal and raising \$10,864 to support the American Cancer Society's fight against cancer. Special shout-outs to **Marie Saint-Louis**, president of the sponsoring student organization, College Against Cancer; **Ashley Daniels**, CAC staff advisor; and **Jordan Furstenburg**, ACS liaison, for their herculean efforts to save Relay.

The word is that student groups were discouraged when the numerous fundraisers planned after spring break had to be cancelled due to the pandemic. A hastily assembled Faculty, Staff and Retirees Team came to the rescue, raising \$4,397 in four days, and becoming the number one team out of 33 participating, followed in second place by FSU's SGA. The top company (student groups with large memberships) was Alpha Sigma Tau.

The faculty and staff effort was buoyed by a \$1,000 contribution from an anonymous donor. The College of Liberal Arts and Sciences won the College/Division championship due to the commitment of the Department of English and Foreign Languages to give in honor of **Mary Ann Chapman**, retired lecturer in English, who died of pancreatic cancer in December 2019. The department was led by staff member **JoAnna Skelley**, who was the top fundraiser for the entire campus (\$896), followed by **Marley Copes** of the FSU Women's Soccer Team. Faculty won the Faculty/Staff contest this year. After Anonymous, the largest donation came from **Marion Leonard**, College of Business (Management) emerita, cancer survivor and current member of the FSU Foundation Board.

You can still give to the FSU Relay until **Saturday, Aug. 1**. Write a check to The American Cancer Society with FSU Relay For Life noted on the memo line. Send your check to Ashley Daniels, Student and Community Involvement, Lane University Center. And catch recorded segments of the virtual Relay Day at Instagram [@CACFSU](https://www.instagram.com/CACFSU).

Reduce, Reuse, Recycle Poster Contest Winners Announced



Congratulations to the winners of the 2020 Reduce, Reuse, Recycle Poster Contest sponsored by Learning Green, Living Green at FSU! Thirty-nine posters were created by students in ART 207 Graphic Design. These posters help communicate environmental awareness for FSU's celebration of Earth Week.

The winners are:

McKenzie Holland for "There Is No Planet B"

Maggie Morgan for "The Choice is Yours"

Emily Cook for "Only You Can Prevent Their Extinction"

To view all of the entries, go to <https://www.facebook.com/frostburglgjg/posts/3248943185117440>.

Take Note

GrantForward Funding Opportunity Search and Recommendation Service Now Available

The Office of Sponsored Programs has subscribed to GrantForward Funding Opportunity Search and Recommendation service, which is open to all members of the institution. Be sure to sign up to use this service to search for and track funding opportunities.

GrantForward (see quick overview video at https://www.youtube.com/watch?v=GZXCf1W_iZU) helps you find grant opportunities that suit your needs with a database of grants from more than 13,000 sponsors, with updates posted daily. You can search for grants by keywords and advanced filters, save your favorite searches for new grant alerts and track your favorite grant opportunities. GrantForward also recommends grants to you based on your CV, past publications and research interests.

You can access GrantForward at www.grantforward.com from the Office of Sponsored Programs webpage, under Funding Sources at <https://www.frostburg.edu/osp/funding-sources.php>. To be able to use full search features, including saved-search and personalized grant recommendations, sign up (see quick demo at <https://www.youtube.com/watch?v=w998RyQvwJl>) for a user account using your FSU email address. You are encourage to take a few minutes to create your "Researcher Profile" (see quick demo at <https://www.youtube.com/watch?v=1GyPbgzG4i4>) to start receiving grant recommendations!

A Researcher Welcome Guide is available from the Office of Sponsored Programs, which will help you to quickly get started with using GrantForward. You can also find additional tutorials and guides on the GrantForward Support page at <https://www.grantforward.com/support>, or view the video tutorials at their YouTube Channel at <https://www.youtube.com/channel/UC2JReXmS7sKIGSy3NA1JKww/featured>. For info, contact Sara Wilhelm in the Office of Sponsored Programs at slwilhelm@frostburg.edu or support@grantforward.com.

Online Resource Portals Provide One-Stop Shop to Information

Check out the online resource portals for students, faculty and staff who are navigating the challenge of online courses and teleworking. From software discounts to timesheet guidance, each portal gathers important information in an easy-to-access area.

Students: <https://www.frostburg.edu/news/COVID-Response/fsu-online-student-resources.php>

Faculty: <https://www.frostburg.edu/news/COVID-Response/fsu-online-faculty-resources.php>

Staff: <https://www.frostburg.edu/news/COVID-Response/fsu-online-staff-resources.php>

No-Cost Video Visits

Video Visits are a no-cost, easy way to get the care you need without leaving your home. Video Visits securely connect you with a doctor day or night through your smartphone, tablet or computer. Use Video Visits when you are facing issues such as allergies, sinus infections, cold and flu symptoms, and more. In addition, you can get care for other needs such as behavioral health support from a therapist or psychiatrist, guidance from a certified nutritionist or from a lactation consultant.

Video Visit doctors are U.S. Board-certified, licensed and credentialed medical professionals. They will provide you with a consultation, diagnosis and even prescriptions, if appropriate.

Access your free video visits through your medical benefits provider:

CareFirst at <https://dbm.maryland.gov/benefits/Documents/CareFirst%20Virtual%20Visit.pdf>

United HealthCare at <https://dbm.maryland.gov/benefits/Documents/UHC%20Virtual%20Visits.pdf>

Kaiser Permanente at <https://dbm.maryland.gov/benefits/Documents/KP%20video%20visit.pdf>

Employees can also use the COVID-19 Resource webpage for faculty at <https://www.frostburg.edu/news/COVID-Response/fsu-online-faculty-resources.php> or staff at <https://www.frostburg.edu/news/COVID-Response/fsu-online-staff-resources.php> to access the same information.

FSU Planetarium Presents 'Birth of Planet Earth'

The FSU Planetarium presents "Birth of Planet Earth." To check out the movie, and other online resources being built, go to <https://www.frostburg.edu/multimedia-learning-center>.

Free Upward Bound Pre-college Program Offered at FSU to Local High School Students

For high school students wondering what it takes to prepare for college and a successful future, how to pay for an education or even what it's like to navigate the college application process, Upward Bound at FSU can help. Upward Bound, a free year-round program for qualified Allegany County high school students, can help students determine what classes to take while in high school and help them understand what colleges want.

With more than 35 years of experience, Upward Bound's qualified staff can help a student transition successfully from high school to college. Upward Bound helps students prepare for the SATs and other college-prep tests, fill out financial aid applications, meet deadlines, visit college campuses and much more.

Upward Bound helps students to succeed in high school and helps them develop successful strategies to prepare them for college. It does this through an academic year program as well as an optional, but intensive, three- or five-week summer residential program. Both take place on FSU's campus.

At this time, because of the COVID-19 outbreak, Upward Bound's summer 2020 plans have not been determined. Upward Bound hopes to have its regular residential program, but if that is not feasible, plans are being developed for an alternative online program.

Students are encouraged to apply regardless.

Former students report that their experiences in the Upward Bound program helped them get into college and be better prepared for their higher education experience; they also performed better while still in high school.

Those who are considering going to college and who would like some support and assistance getting there are encouraged to contact Upward Bound to see if they qualify. For info, call 301-687-4994 and leave a message or visit www.frostburg.edu/UpwardBound.

Don't Forget to Send a Thank-a-Gram!



During your time at FSU, you have had teachers, mentors or teaching/learning assistants that have been there for you, have demonstrated teaching excellence and have been committed to making sure that you were able to excel in their class. It is those teachers the Center for Teaching Excellence hopes you would like to thank.

To thank a teacher during National Teacher Appreciation Week (**Monday, May 4, through Friday, May 8**), go to <https://forms.office.com/Pages/ResponsePage.aspx?id=0V75uBggRkKBBAOmdHjTo9j73K3HSNVlgZtiHISDdqBUOTFYRTIQVDFSRVBGTzhEQzdUMVdHTk1JUS4u> and fill out the form. CTE will collect your responses and forward them for you.

If you would like to help with Thank-a-Teacher Week, contact cte@frostburg.edu.

Chesapeake Still Operating as Grab and Go

Chesapeake will operate as a grab-and-go location for the remainder of the semester, and all other dining locations will remain closed.

You can place lunch delivery orders **Mondays through Fridays**. To place an order, call 301-687-4035 by 11 a.m. on the day of delivery. Late orders may not be honored. Deliveries will go out between 11 a.m. and 1 p.m. Only credit and debit cards will be accepted.

Civility Cup Nominations Sought



The Communication Leadership Lab will award the sixth annual Civil Citizen Communicator Award this May. This award is given to an FSU student who has, within the previous year, demonstrated communication leadership or a commitment through word and actions to civility and constructive change within an organization or community. This person should have demonstrated communication competence, leadership competence and an awareness of and responsiveness to matters of civility that impact others. This award aligns with the mission of our programs and FSU to support the oral communication competency and leadership development of our students, and it supports regional development through recognition of efforts linking the campus to community partners.

Do you know someone who fits this description, someone who is committed to changing the University, another organization or society for the better? Is that person you? If so, submit a nomination for the Civil Citizen Communicator Award. Nominations will be accepted until the deadline of **Friday, May 8**.

Nominate a candidate or yourself by emailing Connie Capacchione, administrative assistant of the Department of Communication, at ccapacchione@frostburg.edu. Nominations should include the following:

The nominee's full name, major(s)/minor(s) and intended graduation date

if not a self-nomination, the name, role and relationship of the nominator to the nominee

A brief rationale (1,000 words or less) explaining why the nominee fits the criteria above

Additional support for the nomination (up to three written documents, photos or videos of speeches or events, promotional materials, letters of acknowledgement, etc.)

For info regarding the award or nomination process, contact Dr. Elesha L. Ruminski, associate professor of Communication Studies and coordinator of Leadership Studies and the Communication Leadership Lab, at elruminski@frostburg.edu. A panel of reviewers external to the Department of Communication will rank and determine the award winner, and public announcement will be made **later in May**. Each award winner's name is etched on the Civility Cup, which is displayed in the Department of Communication. In addition to this public recognition, a formal certificate of acknowledgement will be given to the student who receives this honor.

Ort Library Staff, Services, Resources Still Available Online

Visit <https://libguides.frostburg.edu/covid19> for updates and available services.

All information assistance and research services are available online, and librarians are still available to provide remote research help.

Email them at libref@frostburg.edu.

Schedule an online research consultation at <https://frostburgstate.tfaforms.net/37>.

Chat with a librarian via Skype for Business. Librarians are available **Mondays through Fridays** from 11 a.m. to 5 p.m. and **Sundays** from 1 to 5 p.m. at https://libguides.frostburg.edu/ld.php?content_id=53655773. (This is a new link.)

The Self-Service Research Assistance Guide is at https://libguides.frostburg.edu/tools_assistance/help.

Workshops

Mind-Body Skills Online Workshop

Drs. Tom Bowling and Elesha Ruminski will lead an online workshop on **Friday, May 8**, at 1 p.m. to teach mind-body skills based on their recent basic and advanced training with the Center for Mind-Body Medicine. The center was founded by Dr. James Gordon, a Harvard-educated psychiatrist who is internationally recognized for using self-awareness, self-care and group support to heal population-wide psychological trauma. Gordon is a clinical professor at Georgetown Medical School and was chair of the White House Commission on Complementary and Alternative Medicine under Presidents Clinton and G.W. Bush. Their training supported an Allegany College of Maryland-led effort to spread these skills throughout Western Maryland, supported by a grant from the Maryland Opioid Operational Command Center. The Maryland Opioid Operational Command Center was established by Executive Order [01.01.2017.01] as part of the Hogan Administration's 2017 Heroin and Opioid Prevention, Treatment and Enforcement Initiative.

This session is open to all FSU faculty, staff and students and will conclude with a brief check-in with the Mindful Well-Being Group, a collective of faculty, staff and students on campus who are working to integrate mindfulness education and practices across campus.

Register in advance for this Zoom meeting at <https://us02web.zoom.us/meeting/register/tZYqcuGhqjsoH9PpWD-KRPUe9ISihgU8g4e>. After registering, you will receive a confirmation email containing information about joining the meeting. For info, contact Bowling at tbowling@frostburg.edu or Ruminski at elruminski@frostburg.edu.

Courses

Unique Course for General Education and Honors Students

IDIS 491/HIST 490 Frostburg State Archives and the 1960s is a unique course for general education and Honors students that will use sources in FSU's Special Collections to examine how the Vietnam War, the civil rights movement, campus free-speech controversies, the counterculture, and changing ideas about gender norms and sexuality impacted the FSU campus community throughout the 1960s.

This course is being offered from 12: 30 to 1:45 p.m. on **Tuesdays and Thursdays**.

For info, contact Dr. Greg Wood in the Department of History at gwood@frostburg.edu.

CMST Special Topics Courses Available Summer 2020

The Communication Studies program will offer two special topics courses this summer. For info or for permission to enroll, contact each instructor.

Listening Across Lives. Instructor: Dr. Molly Stoltz (mmstoltz@frostburg.edu), offered online from Tuesday, May 26, through Thursday, July 2

Course Description: To be an effective communicator, one must know how to listen. You may have never thought of listening as an academic subject, but after taking this course, you will see that learning how to listen and learning about listening are lifelong processes. In this course you will learn how to define yourself as a listener, learn about different listening styles and contexts, and come to understand listening as a cognitive and behavioral process that must be deliberate.

Course Objectives:

Analyze listening from several perspectives using several theoretical models.

Identify and explain the appropriate use of the different types of listening discussed in text.

Identify and explain the appropriate use of the different listening styles discussed in text.

Define the purpose of the International Listening Association.

Review and analyze scholarly articles about listening.

Viral Controversies and Ethics. Instructor: Dr Chelsea Daggett (crdaggett@frostburg.edu), offered online from Monday, July 6, through Friday, Aug. 14

Course Description: We will use contemporary viral social media and cultural marketing campaigns, such as Fyre Festival, Popeye's Chicken, Deep Fakes and Colin Kapernick to discuss the ethical limitations of persuasion. We will apply our discussions to principles of messaging, advertising, and campaign creation and management to become more responsible media practitioners and consumers.

Course objectives:

Students will learn and apply various ethical theories to real-life cases of effective online campaigns.

Students will use communication studies concepts to discuss the boundaries between ethical and unethical communication.

Students will research social media campaigns to apply the course content to their own case study.

Students will apply media literacy skills to these case studies to assess how audiences perceived and/or misunderstood the relevant messages.

FSU-TV3

FSU-TV3 Has Expanded Its Lineup Starting in May!



“New England Authors With Kameel Nasr” is a lively, professional and informative interview show with a mixture of fiction and nonfiction writers. Tune in **Mondays, Wednesdays and Fridays** at 1:30 and 8:30 p.m.

“Story Connections” is a half-hour children’s reading show. Tune in **Mondays through Fridays** at 8 a.m. and **Saturdays and Sundays** at 9:30 a.m.

“Colour in Your Life” is an arts television series that showcases Australian and international artists in their studios. Tune in **Mondays, Wednesdays and Fridays** at 8 p.m. and **Tuesdays and Thursdays** at 10:30 a.m.

“Public Domain Theater” features hand-picked compilations of interesting and educational copyright-free, fair-use films from the 1930s to 2000s. Tune in **Tuesdays and Thursdays** at 10 p.m.

“Conscious Living” highlights the journey toward a more happy, healthy and mindful life through ecoadventures, plant-based nutrition and more. Tune in **Mondays and Fridays** at 9 p.m. and **Tuesdays and Thursdays** at 2 p.m.

“The Smart Movie Show” provides updates each week featuring what’s new to watch at home, DVDs and other movie news. Tune in **Fridays** at 7 p.m. and **Saturdays and Sundays** at 8 p.m.

“Conversations With Dr. Don” is an interview show about topics such as poetry, politics, theater and music. Tune in **Mondays, Wednesdays and Fridays** at 6 p.m.

Follow FSU-TV3 on Facebook at <https://www.facebook.com/FSUTV3>, Twitter at <https://twitter.com/fsutv3> and Instagram at <https://www.instagram.com/fsutv3>.

United Campus Ministry

Zoom Evening Prayer Service and Zoom UCM Bible Study

Evening Prayer Service

The Zoom Evening Prayer Service with UCM is on **Sundays** at 5 p.m.

Join the Zoom meeting at <https://bwcumc.zoom.us/j/92118236559>.

Meeting ID: 921 1823 6559; one tap mobile: +13017158592,,92118236559# US (Germantown)

Dial by your location: +1 301 715 8592 US (Germantown)

UCM Bible Study

Zoom UCM Bible Study is on **Mondays** at 7:45 p.m.

This week’s topic is Ways to Grow a Closer Relationship With God.

Join the Zoom meeting at <https://bwcumc.zoom.us/j/99806270113>.

Meeting ID: 998 0627 0113; One tap mobile, +13017158592,,99806270113# US (Germantown)

Dial by your location: +1 301 715 8592 US (Germantown)

The Facebook Live UCM Bible Study is on **Wednesdays** at 12:30 p.m. This is a brief version of the Monday nights Bible Study. The Group page is <https://www.facebook.com/groups/FSUunitedcampusministry>.

For info, contact Chaplain Cindy Zirlott at c.zirlott@frostburg.edu.

Deadlines

Last day for Graduate/Post-graduate Students to Remove Incomplete Grades

The last day for graduate/post-graduate students to remove incomplete grades for the fall 2019 and Intersession 2020 semesters is **Tuesday, May 12**.

PC/NC Withdrawal Deadlines Extended

FSU is extending the deadline for undergraduate students to opt-in for a Pass With Credit (PC)/No Credit (NC) grade instead of a letter grade to **Tuesday, May 12**, the last day of classes. This is also the new deadline to withdraw from classes with a W (no grade penalty).

To make the PC/NC choice, email the Registrar's Office at reginfo@frostburg.edu from your FSU account. Provide your student ID and the course(s) name, number and section, e.g., MATH 109 001, for which you would like the PC/NC option applied. (PC/NC is not an option for English 101.)

Be sure to read through the various cautions at <https://www.frostburg.edu/news/COVID-Response/changes-to-ug-course-grading.php> before choosing these options.

Jobs

CES Seeks Students for Artist and Guest Services

Join the CES Student Production Team! CES is hiring for the positions of artist and guest services for the 2020-21 season. Work backstage, ensuring that visiting artists are taken care of while visiting FSU.

Apply at <https://frostburg.campuslabs.com/engage/submitter/form/step/1?Guid=a1cf5d77-c533-4a1e-a84f-ad23ca71075c>.

Social Marketing Team Looking for Work-Study Employees

The Social Marketing Team is hiring state or federal work-study student employees as photographers, graphic designers, social media coordinators, journalists, videographers and marketers for 2020-2021. Students must have a 2.5 GPA.

Apply at <https://frostburg.campuslabs.com/engage/submitter/form/step/1?Guid=6480d6e0-b27f-49fb-b9e8-7dcaf26d8f8b>. Contact Missy Martz at mmartz@frostburg.edu or 301-687-7597 if interested in an internship in one of these areas for fall 2020.

Honors Program

Have Questions About FSU's Honors Program?



For info, contact Dr. Greg Wood, Honors Program director, at gwood@frostburg.edu or honorsprog@frostburg.edu. You can also stay connected with the Honors Program on Facebook at [honors.frostburg](https://www.facebook.com/honors.frostburg) and Instagram at [frostburg_honors](https://www.instagram.com/frostburg_honors).

For info on fall 2020 Honors courses or academic requirements for traditional Honors students, visit <https://www.frostburg.edu/academics/honors/honors-courses/upcoming-semester-offerings.php>.

What to Do if You Are Sick

If You Are Mildly Ill, Stay Home and Call a Health Care Provider

Stay home and call your doctor for medical advice if you think you have been exposed to COVID-19 and develop symptoms. Older adults and people of any age with serious underlying medical conditions should call a health-care provider as soon as symptoms start.

Avoid public transportation, ridesharing and taxis.

Separate yourself from other people in your home. As much as possible, stay in a specific "sick room." Use a separate bathroom, if available. Visitors, other than caregivers, are not recommended.

Limit contact with pets and animals.

To protect others, wear a cloth face covering if you are around other people (e.g., sharing a room or vehicle) and before you enter a health care provider's office.

Continue to follow good hygiene practices. Do not share dishes, drinking glasses, cups, eating utensils, towels or bedding with other people in your home. After use, wash items thoroughly with soap and water or put them in the dishwasher. In the sick room and your designated bathroom: On your own, clean and disinfect all surfaces daily. In the rest of the house: Have a healthy household member clean and disinfect all other surfaces daily and high-touch surfaces frequently throughout the day.

If Your Symptoms Are Severe, Call to Get Medical Attention Immediately

Emergency warning signs include:

- Trouble breathing
- Persistent pain or pressure in the chest
- Confusion or inability to respond
- Bluish lips or face

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.