

For and about FSU people A publication of Communications and Media Relations

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Copy deadline: noon Wednesday, Candis Johnson at statelines@frostburg.edu

CES Offering Discounts to MSO Virtual Concert, 'BRAVO! Broadway'



CES at FSU will offer \$9.99 tickets for local residents to attend a Maryland Symphony Orchestra virtual concert, "BRAVO! Broadway," featuring Broadway stars Scarlett Strallen of "Mary Poppins," and Hugh Panaro of "Phantom of the Opera" and "Sweeney Todd." The **Sunday, May 2**, performance, led by MSO Musical Director Elizabeth Schulze, will be streamed live at 3 p.m. from the historic Maryland Theatre in Hagerstown, Md.

The program highlights the timeless music of Andrew Lloyd Webber, George Gershwin, Alan Menken, and Kander and Ebb, including Broadway favorites "I Could Have Danced All Night," "I Got Rhythm," "Don't Cry for Me Argentina" and "All That Jazz."

The final event scheduled in MSO's six-concert spring series, "Brown and Beethoven," will be presented on **Sunday, June 6**, at 3 p.m.

To acquire the promo code, email <u>ces@frostburg.edu</u>. For info about each concert or to purchase tickets, visit <u>https://watch.marylandsymphony.org/catalog</u>.

This exclusive offer is made possible through a grant from the Community Trust Foundation's Iris and Peter Halmos Community Fund. Performance tickets of \$29.99 are discounted to \$9.99. FSU students may purchase tickets at a price of \$2.99. Ticket buyers will have access to a recording of the concert for one week after the live broadcast. This offer will be available until all grant funds have been spent.

Help for Students

Have Issues or Concerns?

Be sure to continue to pass on your concerns to *President Nowaczyk* at president@frostburg.edu or, for specific academic issues, to *Dr. Michael Mathias* at provost@frostburg.edu. Students with individual concerns can be directed to resources by emailing spring2021@frostburg.edu. And for the spring 2021 plan and information, visit https://www.frostburg.edu/spring2021.

Do You Need to Report an Incident?

FSU is a vibrant community of scholars and educators. To ensure its values as an institution are promoted, students, faculty and staff are asked to adhere to a set of community standards.

If you observe behavior that is counter to FSU's values, be sure to report the conduct to the most appropriate department using one of the referral forms. If you have questions or concerns about which referral form is most appropriate, contact Carl Crowe, dean of Students, in the Office of Student Affairs at 301-687-4312.

Any member of the University community in need of support can reach out to Counseling and Psychological Services at https://www.frostburg.edu/student-life/campus-services/caps, the University Council on Diversity, Equity and Inclusion at https://www.frostburg.edu/student-life/campus-services/center-for-student-diversity-equity-and-inclusion/diversity-committees.php or Student Affairs at https://www.frostburg.edu/reporting-an-incident.php. Students can report an incident at https://www.frostburg.edu/reporting-an-incident.php.

A Message From CAPS

If you are having difficulty taking care of your daily needs and/or notice that your mood has been more depressed or anxious, you are not alone. Help is available at Counseling and Psychological Services (CAPS). Counseling is being provided over confidential tele-health programs.

If you are interested in individual counseling or participating in one of the groups CAPS offers, call 301-687-4234.

If you need immediate support, call 301-687-4234 during business hours or 301-687-4223 in the evening or on the weekend.

Other crisis resources are available at the National Suicide Prevention Lifeline at 1-800-273-8255, Trevor LifeLine at 1-866-488-7386, Veterans' Crisis Hotline at 1-877-VET2VET (1-877-838-2838), Crisis Text Line where you can text HOME to 741741 for free, 24/7 crisis counseling, and 911.

Dance

Theatre and Dance Presents Virtual Dance Concert, 'In Hindsight'

FSU's Department of Theatre and Dance will present its livestreamed Spring Dance Concert, titled "In Hindsight," on **Thursday, April 29**, at 7:30 pm. Under the direction of *Natalie Bennett*, the concert reflects on the past year through eight original dance pieces choreographed by Bennett and Dance Company members.

Bennett's "Sun Will Set," "What About Us" and "Dancing Again" investigate the power of positivity and moving forward in life, even after dark times. In "Healing" and "No Fear, No Doubt," sophomore dance minor *Victoria Talbert* focuses on the transitional nature of time in the healing process, as well as the fearlessness of confident and powerful women. In "Almost," graduating senior and dance minor *Emily Hash* considers how "in hindsight, we should have gotten lost to let the good times roll." Senior *Taylor Robinson* explores boundless grace in "Breath of Heaven," while first-year dance minor *Amber Stanfill* focuses on finding balance through the "Confusion" of the past year.

With supervision by *George Georgeson*, the concert features lighting designs by students in the department, including *Frank Bowles*, *Sydney Sackett*, *Alexus Niblack*, *Ebony Gennes*, *Brendon McCabe*, *Andrew Geier* and Georgeson himself. The creative team consists of Bennett (director), Bowles (production manager), Georgeson (lighting supervisor), *Michele Labar* (costume coordinator), *Gordon Duguid* (technical director) and *Sam DeMartino* (videographer/streaming).

The dances of "In Hindsight" are brought to you by Dance Company members Hash, Talbert, Robinson, *Jamie Williams*, *Erin Mellarkey* and Stanfill.

To view this free performance, use the following link on April 29 at 7:30 pm: https://bit.ly/3tp9Pdy.

For info, call the Department of Theatre and Dance at 301-687-7462.

Exhibits

To prevent the spread of the coronavirus, FSU follows state health guidelines requiring the wearing of masks and physical distancing from others. Visitors to campus must visit www.frostburg.edu/checkin for symptom monitoring before arriving on campus and be prepared to display the "Reduced Risk" badge.

FSU's Roper Gallery Features Spring 2021 Senior Exhibition, 'Horizons'

FSU's Department of Visual Arts is hosting the spring 2021 Senior Exhibition, "Horizons," at the Stephanie Ann Roper Gallery in FSU's Fine Arts Building through **Friday, May 7**. A video of student work is available on the Roper Gallery Facebook and Instagram pages.

The following art and design students are exhibiting their artwork:

Seth Adams is graduating from FSU with a bachelor's in art and design and a minor in art history. His focus areas are illustration and graphic design. After graduation, Adams hopes to pursue a career in digital comics.

William Baxter is graduating with a bachelor's in art and design and a minor in graphic design. His focus areas are illustration and sculpture. After graduation, Baxter would like to pursue a career in visual development and animation.

Emily Cook is graduating with a bachelor's in art and design, focusing on ceramics and sculpture, a bachelor's in accounting and a minor in art history. After graduation, she plans to focus on her career at West Salisbury Foundry and Machine Company and start her own studio business, focusing on ceramics.

Taryn Ludwig is graduating with a bachelor's in art and design, with concentrations in illustration and photography. After graduation, she will pursue her master's in teaching.

Cassidy Mark is graduating with a bachelor's in art and design and a minor in art history. Her focus areas are illustration and painting. After graduation, Mark would like to pursue a career in animation storyboarding.

Tamani McCoy is graduating with a bachelor's in art and design with minors in biology and animal behavior. Her focus areas include illustration and photography. After graduation, she plans to continue her education and develop her career as a freelancer, scientific illustrator and business owner.

Nicholas Miller is graduating with a bachelor's in art and design and a minor in art history, with focus areas in illustration and printmaking. After graduation, he plans to continue with freelance work and continue his education.

Drew Perry is graduating with a bachelor's in art and design with a dual minor in art history and graphic design. Her focus areas are ceramics and printmaking. After graduating, Perry will be searching for jobs in her field, and hopefully acquire a studio space in the future.

Natasha Randolph is graduating with a bachelor's in art and design and minors in fine arts and art history, with a focus in graphic design. After graduation, she plans to continue her freelance work and eventually launch her own business that will include accessories with her designs on them.

Brice Threatt is graduating with a bachelor's in art and design with a minor in art history. He has a double focus in photography and graphic design. After graduating, he plans to work with music and fashion companies such as Rock Nation and Vogue.

Julia Walsh is graduating with a bachelor's in art and design, focusing mainly on illustration, with two minors, graphic design and art history. After graduation, Walsh plans to continue building her portfolio with some freelance work and pursue a career in the arts.

David Whitaker is graduating with a bachelor's in art and design, with concentrations in graphic design and illustration, and a minor in graphic design. After graduation, he plans to attend graduate school to continue studying graphic design or visual media arts.

Hailey Yommer is graduating with a bachelor's in art in design and minors in history and art history. Her focus areas include painting and illustration. After graduating, Yommer will pursue a master's in teaching at FSU.

The Roper Gallery is open Monday through Friday from 1 to 5 p.m. For info, contact the Department of Visual Arts at 301-687-4797.

Smithsonian Companion Exhibit on Display at Ort



Former Maryland House Speaker Cas Taylor is featured in the companion exhibit.

The Ort Library is partnering with the Allegany Museum to provide a companion exhibit for the "Voices and Votes: Democracy in America" Smithsonian travelling exhibit on display at the museum through **Saturday**, **May 29**. The Ort Library companion exhibit features Western Maryland people in public service and includes memorabilia such as campaign buttons, bumper stickers, plaques and photographs. People highlighted include Sen. J. Glenn Beall Sr. and Sen. J. Glenn Beall Jr. – two of three U.S. senators to serve from Western Maryland. The exhibit also features Lucile Roeder, the first woman to serve on the Cumberland City Council and later

become Allegany County commissioner, as well as former Maryland House Speaker Cas Taylor and State Sen. John Bambacus. The companion exhibit is on display on the third floor and will remain up **through May**.

Music

Because of the coronavirus pandemic, musical performances before live audiences of the general public will not be held until conditions warrant. However, the Department of Music is continuing its series of online presentations. Links will be posted at www.frostburg.edu/concerts.

Visit www.frostburg.edu/concerts and click an event to be directed to the FSU Localist Events page; click the red "Join Steam" button on the right side of the page to join the livestream.

Unless otherwise noted, concerts are free to view online. For info, contact FSU's Department of Music at 301-687-4109.

If you miss the livestreams, Music Department recitals are available for viewing on YouTube: Frostburg Music Department.

For concerts open to the FSU community: To prevent the spread of the coronavirus, FSU follows state health guidelines requiring the wearing of masks and physical distancing from others. Visitors to campus must visit www.frostburg.edu/checkin for symptom monitoring before arriving on campus and be prepared to display the "Reduced Risk" badge.

String Ensemble Performing Online Spring Recital, 'Music and Friends'

The FSU Department of Music will present a livestreamed String Ensemble Recital, "Music and Friends," on **Wednesday, April 28**, at 7:30 p.m. from FSU's Pealer Recital Hall.

Conducted by *Dr. Karen Lau*, the ensemble will be accompanied by pianist *Dr. Jay DeWire* and guest artists *Hana Chitsaz* and *Wesley Mason* on violins.

Per FSU event guidelines and COVID restrictions, the general public may only attend the online streamed event. The recital is open to 50 members of FSU community – faculty, staff or students – on a first-come, first-served basis.

The program will include "Brandenburg Concerto No. 5" by Johann Sebastian Bach, arranged by Lynne Latham; "Allegro for Cello and String Orchestra" by Antonico Vivaldi, arranged by Kathy Fishburn; the third movement from "String Symphony No.1 in C Major" by Felix Mendelssohn; "Lullaby Waltz" and "Raven's Pass" by Doug Spata; "Duet – In the Style of Mozart" by Carl Stamitz; "Minuet" by Luigi Boccherini, arranged by Rick Mooney; the third movement from "Piano Quartet in G Minor, KV 478" by Wolfgang Amadeus Mozart; and the first movement from "String Quartet, Op.18, No.1" by Ludwig van Beethoven.

Percussion Ensemble and Choral Artists in Second Livestreamed Joint Concert

The FSU Department of Music will present the Percussion Ensemble and Choral Artists in their second spring livestreamed joint concert on **Friday**, **April 30**, at 7:30 p.m. from FSU's Pealer Recital Hall.

Directed by *Dr. Mackenzie Jacob LaMont*, the Percussion Ensemble consists of *Ryan Barber*, *Jacob Hunt*, *Kamonte Johnson*, *Nora Kopit*, *Joseph Louie* and *Matthew Payne*. They will be joined by guest performers *Deandre Cook*, *Cheyenne Jeffries*, *Julia Seddon* and countertenor soloist *Andrew Hartnett*.

The concert will open with the FSU Percussion Ensemble performing "Angels of the Apocalypse" by David R. Gillingham. The first half will conclude with the Percussion Ensemble and Choral Artists performing LaMont's "The Lord's Prayer." The second half will open with the FSU Chamber Singers, University Chorale and Troubadours Tenor-Bass Choir, directed by **Dr. Scott Rieker**, performing Franz Biebl's iconic "Ave Maria," and the concert will conclude with the two groups performing Leonard Bernstein's "Chichester Psalms."

Gillingham has an international reputation for the pieces he has written for band and percussion; he is a professor of music at Central Michigan University. His "Angels of the Apocalypse" was inspired by the biblical book of "Revelation" and contains sections inspired by the opening of the Seventh Seal, as well as angels blowing trumpets to bring about the end of the world. It ends, however, in a positive light, representing a religious apotheosis.

LaMont wrote "The Lord's Prayer" in 2011. It was designed to give listeners of different religious/secular backgrounds the ability to hear a variety of messages. It can be taken as a "call to reason," for practitioners to listen to what their faiths actually preach (caring for others, being good citizens), a critique of Christianity or a programmatic story of a group's journey through faith, doubt and resolution.

Prolific, but obscure, Bavarian composer Biebl composed his "Ave Maria" for a seven-part men's choir. This setting of the Latin text of the Angelus prayer has become a staple of choral repertoire for its lyric beauty and lush harmonies, and Biebl eventually arranged it for mixed and treble choirs. The trio of soloists provide lyric counterpoint to the inexorable chordal movement of the larger ensemble, all of which are designed to draw the listener into a deeper relationship with the Divine.

For "Chichester Psalms," Bernstein repurposed unused musical materials that he had previously composed, including two movements from his abortive collaboration on a musical rendition of Wilder's "The Skin of Our Teeth," and the unused original opening for "West Side Story." The resulting musical journey from unreflective and simplistic religion through trial and anguish to arrive at a place of humbleness before the Divine summarizes Bernstein's attitudes toward belief. He held that true spirituality is found in humility and simplicity, and his compositions reflect that.

Presentations

'Boundaries Bootcamp' With Lindsey Ellison

The Office of Gender Equity, Alpha Sigma Tau and Tau Kappa Epsilon will host Lindsey Ellison in a virtual discussion, "Boundaries Bootcamp," on **Wednesday, April 28**, from 6 to 7:30 p.m. Ellison will explain how to identify boundaries, communicate them and keep them.

Check out her invite, along with her registration link, at https://lindseyellison.com/bootcamp. This event is also open to the public and space is limited, so be sure to register now.

Dr. Helen Bailey to Speak on Dolphins and the Chesapeake DolphinWatch Project

The Appalachian Laboratory of the University of Maryland Center for Environmental Science (UMCES) will host Dr. Helen Bailey for an engaging talk on dolphins and the Chesapeake DolphinWatch project. This event, part of the lab's Watershed Moments Community Learning Series, will take place on **Thursday, May 13**, at 6:30 p.m. on Zoom.

Bailey, a research associate professor with UMCES, founded the Chesapeake DolphinWatch project in 2017 to learn more about bottlenose dolphins in the Chesapeake Bay. The project enables volunteers, also known as citizen scientists, to report their dolphin sightings through a mobile app and website, helping Bailey and her team identify the best locations in the bay to study dolphins and helping improve understanding of this protected species.

This event is free but registration is required. To register, visit www.umces.edu/watershed-moments.

For info, contact Rhonda Schwinabart at rschwinabart@umces.edu.

'Where the Ticks Are,' a Presentation by Dr. Rebekah Taylor

As part of its Watershed Moments Community Learning Series, the Appalachian Laboratory will host *Dr. Rebekah Taylor*, an associate professor in FSU's Department of Biology, who will present "Where the Ticks Are: Mapping the Location of Pathogen-Carrying Ticks in Western Maryland" on **Thursday, May 20**, from 6:30 to 8 p.m. She will discuss the ongoing research she and her students have been conducting on ticks and Lyme disease in Western Maryland.

This event will be held on Zoom. Registration is required at https://www.usmf.org/rebekahtaylor. Once registered, attendees will receive the Zoom information via email.

Points of Pride

Davis Given FSU President's Distinguished Faculty Award



Dustin Davis, left, with President Ronald Nowaczyk

Dustin Davis, a professor emeritus in FSU's Department of Visual Arts, has been selected as the eighth recipient of the President's Distinguished Faculty Award, which was presented during a recent virtual meeting of the University faculty and staff.

This award recognizes a faculty member who has provided exceptional service to the University and has advanced its mission, goals and strategic planning initiatives.

Davis was a member of the Visual Arts Department from 1972 until his retirement in 2020. He also served as director of what became the Stephanie Ann Roper Gallery for the entirety of his tenure.

Davis served as the chair of the Department of Visual Arts for 18 years. He has been active in leadership roles in the local arts community, including with the Allegany Arts Council since the 1970s.

Through his teaching and guidance of BFA candidates during their capstone experiences, Davis facilitated the success and quality of innumerable senior exhibitions. He has guided the department's scholarship process and overseen biannual all-campus student shows. In 1992, he was selected as an Outstanding Arts Educator in Maryland by the Maryland Alliance for the Arts

His creative career is highlighted by numerous exhibitions of and awards for his work in sculpture, including invitational shows at such prestigious sites at the Walker Art Center in Minneapolis and The Renwick Gallery in Washington, D.C. He has been awarded numerous grants over the years for creative projects. He created the University mace that is used during Commencement and other ceremonies.

Davis was also instrumental in making possible the gifts of artwork from Shirley and Nick Giarritta that are now displayed across campus.

Cooper Receives FSU President's Distinguished Staff Award



Robert Cooper, left, with President Ronald Nowaczyk

Robert Cooper, director of Student Activities and Fraternity and Sorority Life at FSU, has been selected as the third recipient of the President's Distinguished Staff Award, which was presented during a recent virtual meeting of the University faculty and staff.

This award recognizes a staff member who has provided exceptional service to the University and has helped to advance its mission, goals and priorities. FSU awards the President's Distinguished Staff Award in recognition of the countless ways that staff support

FSU's excellence.

Cooper has helped to increase enrollment and student retention on this campus while providing leadership for initiatives that make a favorable impact on the campus community. He serves as a leader in the campus orientation program representing student affairs; he teaches the Introduction to Higher Education course for first-year students; he provided key support to Enrollment Management's efforts to create a new online student interview program for incoming students; he advises students and spends countless hours counseling students through a myriad of academic and personal crises.

Cooper has launched innovative student activities to promote engagement and well-being, and his influence in ongoing initiatives shows in their success, such as coordinating the President's Leadership Circle and SOAR leadership programs, leading initiatives like the Fall Welcome Back program and the Student Organization Fair or revamping the Late@Lane latenight series.

Cooper also fosters community relations to help strengthen ties between FSU and the city of Frostburg. He is actively involved with the downtown community and serves as the University liaison and implementer for the annual city of Frostburg Block Party.

Mid-Atlantic Regional Team, Coordinated by Tracy Edwards, With Cassie Conklin Representing FSU, Wins Geography Bowl

The American Association of Geographers held their annual meeting from April 7 to 10. The event, featuring more than 4,500 presentations, posters and workshops, is the largest meeting of geographers in the world. Attendees and participants shared and discussed the latest research and applications in geography, sustainability and geographic information science.

Among the events was the World Geography Bowl, an annual event that allows undergraduate and graduate students to compete in a quiz-bowl-style competition. The Mid-Atlantic Regional Team, coordinated by *Tracy Edwards*, a lecturer in FSU's Department of Geography, won the bowl for the third straight year. Student *Cassie Conklin* represented FSU on the winning team. This is Conklin's second World Geography Bowl win; her first was in 2019.

To learn more about AAG and the World Geography Bowl, visit http://www.aag.org/cs/about aag/grants and awards/world geography bowl.

Take Note

Say Thank You to Teachers Who've Made a Difference!



The FSU Center for Teaching Excellence invites you to celebrate Thank a Teacher Week (Monday, May 3, to Friday, May 7) by sending Thank-a-Grams to your favorite teachers, mentors or teaching/learning assistants who have helped you learn and have been committed to making sure you were able to excel in their class.

To send a Thank-a-Gram, go to https://tinyurl.com/2pf69yxz and fill out the form any time between **Monday, April 26**, and **Friday, May 7**. Thanked teachers will receive an electronic Thank-a-Gram with your message after exams and the grading period have ended.

Thank a Teacher Week is sponsored by the Center for Teaching Excellence. If you would like to help with Thank a Teacher week, email cte@frostburg.edu.

In Case You Missed It

The recording of the most recent Physics and Engineering Alumni Webinar is available as the Webex meeting recording, P&E Alumni Webinar Series: Graduate School in Physics-20210419 2204-1.

The recording link is $\frac{https://frostburg.webex.com/frostburg/ldr.php?RCID=86051e63e265454094ff337fefd80a88.$

Student Affairs Leadership and Engagement Awards

The Student Affairs Leadership and Engagement Awards ceremony will be held on **Thursday, April 29**, at 6 p.m. Be sure to join in and celebrate the accomplishments of your fellow Bobcats!

To access this virtual event, visit https://involvement.frostburg.edu/luc/live.

Department of Communication Virtual Honors Colloquium

Join the Department of Communication on **Thursday, May 6**, at 6 p.m. as they honor exemplary students from the department. New members will be inducted into FSU's Phi Epsilon chapter of the communication honor society, Lambda Pi Eta, and other students will be recognized for extraordinary efforts in their studies and the field of communication. Register here to support the students virtually: https://bit.lv/3x3zieI.

For info, contact Dr. Elesha L. Ruminski (<u>elruminski@frostburg.edu</u>), Dr. Sheri Whalen (<u>sawhalen@frostburg.edu</u>) or Communication Leadership Lab assistant Raye Maguire (<u>rdmaguire0@frostburg.edu</u>).

Virtual Fair Housing Forum

Join the Maryland Commission on Civil Rights (MCCR) Virtual Fair Housing Forum on **Tuesday, April 27**, and **Wednesday, April 28**. *Dr. Elesha L. Ruminski* serves as the chair of the Western Maryland Advisory Council (WMAC) for MCCR. *Robin Wynder* is also a WMAC member and will co-moderate the session on **April 27** at 6 p.m. that features panelists Duane Yoder of the Garrett County Community Action Committee, Inc.; Sarah Parsons of Legal Aid, Allegany County; Kate Smith of the Garrett County NAACP; and Tonya Brown, director, Housing Authority of the city of Frederick.

To register for this session, go to https://www.eventbrite.com/e/western-maryland-regional-housing-forum-tickets-149311967113. For info on the two days of events, see MCCR's event calendar at https://bit.lv/3arjWXE.

Civility Cup Nominations Sought



The Communication Leadership Lab will award the seventh annual Civil Citizen Communicator Award **this May**. This award is given to an FSU student who has, within the previous year, demonstrated communication leadership or a commitment through word and actions to civility and constructive change within an organization or community. This person should have demonstrated communication competence, leadership competence and an awareness of and responsiveness to matters of civility that impact others. This award aligns with the mission of our programs and FSU to support the oral communication competency and leadership development of our students, and it supports

regional development through recognition of efforts linking the campus to community partners.

Do you know someone who fits this description, someone who is committed to changing the University, another organization or society for the better? Is that person you? If so, submit a nomination for the Civil Citizen Communicator Award. Nominations will be accepted until the deadline of **Friday, April 30**.

Nominate a candidate or yourself by emailing Connie Capacchione, administrative assistant of the Department of Communication, at capacchione@frostburg.edu.

Judges for the award include *Trevor Jones '17*, who works for Baltimore County Councilman Julian Jones; *Renee Mason '16*, of the Allegany County Library System; and *Sherry White*, who works for News and Media Services (Advancement) at FSU.



Throughout his tenure at FSU as a communication studies and philosophy major, Jones secured internships within all three levels of government – local, state and federal. While at FSU, he worked alongside the president of the regional NAACP in Allegany County, Md., as the FSU student liaison and member of the Political Action Committee. Jones was granted TS clearance through Pacific Architect Engineers and spent time working for the FBI as a legal administrative specialist. He works as a legislative aide and communications director for Baltimore County Councilman Julian Jones and plans to attend law school.



Mason is the Arts and Graphics coordinator for the Allegany County Library System. In 2017, she spearheaded the creation of the local chapter, Choose Civility: Allegany County, a grassroots initiative to improve and enrich Allegany County by promoting civil conversations and kindness toward others. Through partnerships with local entities like FSU, ACM, the Women's Action Coalition, Leadership Allegany, the Class of 2018 and NAACP, the local Choose Civility chapter remains viable and sustainable.



With more than 25 years of experience in communication and media, White is a writer/digital communication specialist at FSU. While she began her career writing and editing for companies such as Simon and Schuster, Houghton Mifflin and Pearson Education, White's interests and career have evolved toward graphic and website design. She is pursuing a graduate certificate in user experience/user interface design from the University of Baltimore.

For details on the nomination criteria and process, visit https://www.frostburg.edu/academics/colleges-and-departments/department-of-communication/frostburg-dialogue/civility-cup-award.php. For info regarding the award or nomination process, contact Dr. Elesha L. Ruminski, professor of Communication Studies and coordinator of Leadership Studies and the Communication Leadership Lab, at eleruminski@frostburg.edu. This panel of reviewers external to the Department of Communication will rank and determine the award winner, and public announcement will be made **in May**, with special recognition during the **Thursday**, **May 6**, Department of Communication Honors Colloquium. Each award winner's name is etched on the Civility Cup, which is displayed in the Department of Communication. In addition to this public recognition, a formal certificate of acknowledgement will be given to the student who receives this honor.

Grad Walk and Virtual Celebration Page

FSU's spring 2021 Commencement celebration will include an in-person Grad Walk and prerecorded Virtual Commencement Celebration site, including a graduate slide show with personalized messages and photos.

Grad Walk

The FSU Grad Walk experience will be held at FSU's Cordts PE Center on Friday, May 7.

Eligible January and May 2021 graduates must reserve a time slot to participate. A link was sent to all approved graduates' FSU email. Participation in this event is by reservation only.

The Grad Walk includes individual graduate recognition, the attendance of up to two guests who accompany the graduate throughout the walk, livestreaming of that featured moment crossing the stage, multiple photo ops, including professional photographers, and other fun moments. "Graduation Day" will be celebrated in various ways throughout campus that day. COVID precautions will be in place throughout campus.

For info, see the Grad Walk FAQ at www.frostburg.edu/commencement.

Virtual Grad Week

Celebrate on social media all week Monday, May 10, through Friday, May 14.

The virtual commencement celebration site features a personalized graduate photo slideshow that will be posted at www.frostburg.edu beginning at 12:01 a.m. on **May 14** and will be available for you to view unlimited times at your convenience.

For info, see the Virtual FAQ page at www.frostburg.edu/commencement.

To-Do List for Graduates

Register for the virtual celebration page and submit photos for the slideshow through the email that was sent to your FSU account (from commencement@frostburg.edu) upon approval to graduate.

At the end of that registration, you'll be taken to the cap-and-gown order form. If you placed your order by April 14, you will receive your cap and gown by **Tuesday, April 27**. After that point, delivery will take two weeks. Caps and gowns are not required to attend the Grad Walk but are encouraged.

Sign up for a Grad Walk time slot at the link sent to your FSU email. Be sure to work around your final exam schedule. You may arrive at any point within the half hour that you select.

Have your guest(s) sign up for the COVID check-in on the FSU app under Guest Login. Guests do not need to be COVID tested.

For info, email commencement@frostburg.edu.

Volunteers

Grad Walk Volunteers Needed!

Volunteers are needed to help out at Grad Walk on **Friday, May 7**. Volunteers will need to be stationed throughout the graduates' path in the PE Center, keeping things moving, keeping enough distance between groups to stay COVID-safe and assisting guests and graduates as needed. You can help out for the whole day from 9:30 a.m. to 2:30 p.m. or for one of the following time frames: 9:30 to 10:30 a.m. (10:30 to 11 a.m. break), 11 a.m. to 12:30 p.m. (12:30 to 1:30 p.m. break) or 1:30 to 2:30 p.m.

For info, contact Brittni Kaetzel at bkteter@frostburg.edu.

Deadlines

Graduate Grade Changes

The last day for graduate grade changes, including the removal of incomplete grades for the fall 2020 and Intersession 2021 semesters, is **Friday, April 30**.

Internships

Intern in D.C. (or From Home) This Fall



Interested in interning in Washington, D.C., or from the comfort of home this fall, while earning academic credit on campus? Apply to The Washington Center's Academic Internship Program. Mark your calendar for its upcoming application deadline on

Wednesday, May 5, and start your application today. For info, contact Amy Shimko, Career and Professional Development Center, in Pullen 110.

FSU-TV3

FSU-TV3 and CLA Showcase Local, Regional and National Authors



FSU-TV3 and the Center for Literary Arts are working together to showcase local, regional and national authors. Invited authors have done virtual readings for wide audiences, and this collaborative effort will give authors the opportunity to deliver their messages to a wider audience. On **Monday, April 26**, tune in at 7 p.m. to hear a reading by Krista Eastman, the author of "The Painted Forest," which was named one of the best literary nonfiction debuts of 2019 by Poets & Writers. Tune in on **Wednesday, April 28**, at 7 p.m. to

hear author David Eye, author of "Seed."

The Department of Communication and FSU-TV3 are collaborating with the Department of Music to livestream select performances to YouTube. Student intern *Shana Thomas*, with assistance from cable channel manager *Melanie Lombardi* and department chair *Dr. Keith Terry*, streamed the Department of Music Choral Concert titled "L'Chaim – To Life" that was held on March 26. The performance will air on **Monday**, **April 26**, at 7 p.m.

Jobs

Review of applications and interviews will take place immediately. Positions will remain open until filled. For info, email info@edgewoodfsu.com or call 301-689-1370.

Edgewood Commons Is Hiring!



Student Maintenance Workers

Edgewood Commons seeks student maintenance workers for summer 2021. Student maintenance staff will assist in helping prepare the community for incoming residents for the fall semester. This position will pay \$11.75 per hour. Multiple positions are available. For an

application and position description, visit

 $\frac{https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=26793274-004a-41d0-956a-12718c230735\&ccId=19000101\ 000001\&jobId=380077\&source=CC2\&lang=en\ US.$

Graduate Assistant Resident Director

Edgewood Commons seeks a graduate assistant resident director for the 2021-22 school year. This person will help oversee RA staff and social media, as well as boost the student experience at Edgewood. This position will include an hourly wage and living accommodations at Edgewood Commons Apartments. Applicants should have obtained a four-year degree. For an application and position description, visit

 $\frac{https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=26793274-004a-41d0-956a-12718c230735\&ccId=19000101\ 000001\&jobId=380074\&source=CC2\&lang=en\ US.$

Student Life

Edgewood Commons Taking Applications for 2021-2022



Edgewood Commons is taking applications for the 2021-2022 school year. As a top on-campus housing option, Edgewood Commons meets the FSU residency requirements for students, offering the only oncampus, apartment-style living experience. Edgewood Commons is a top choice with an array of residential amenities and apartments that include all-private bedrooms, furnished apartments with full kitchens, full-size washers and dryers, and more. Schedule a virtual tour and learn how Edgewood Commons can be your top on-campus housing choice by phone at 301-689-1370 or email at info@edgewoodFSU.com.

Secure your new home and apply today at http://edgewoodfsu.com. Check out Edgewood Commons on Facebook at https://www.facebook.com/EdgewoodCommonsFSU and Instagram at

https://www.instagram.com/edgewoodfsu.

Health and Safety Messages

Working or Playing Outside? Be Sure to Prevent Tick Bites!



Ticks can carry potentially life-threatening infectious diseases. Most active during warmer months (April-September), they live mostly in grassy, brushy or wooded areas.

Treat clothing and gear. Use repellent products containing 0.5 percent permethrin on boots and clothing. Alternatively, you can buy permethrin-treated clothing and gear.

Use a repellent. Use EPA-registered insect repellents containing DEET, picaridin, IR3535, oil of lemon eucalyptus, 2-undecanone or para-menthane-diol.

Check your clothing for ticks. Remove any ticks you find. Put your dry clothes in a dryer on high heat for 10 minutes to kill ticks. If the clothes require washing first, hot water is recommended.

Take a shower. Showering within two hours of going indoors has been shown to reduce the risk of contracting Lyme disease and may be effective in reducing the risk of other tick-borne diseases. Showering also may help wash off unattached ticks.

Do a full body check. Ticks are most commonly found under the arms, in and around the ears, inside the belly button, on the back of the knees, in and around hair, between the legs and around the waist.

Many tick-borne diseases, including Lyme disease, can have similar signs and symptoms, most commonly fever and chills, aches and pains, and rash.

Happy, Healthy, Hip Tips From the SAFE Office



Mental Health Monday Tip: Limit Your Stress While Studying for Finals

https://bit.ly/3v8WLZV

Tell Yourself Tuesday Tip: Tips on Focusing During Study Sessions

https://classroom.synonym.com/motivation-distance-learning-14181.html

Wacky Wednesday Tip: Take Your Work Outside

 $\frac{https://www.themuse.com/advice/3-reasons-why-you-should-take-your-work-outside-plus-how-to-realistically-do-it#:\sim:text=\%203\%20Reasons\%20Why\%20You\%20Should\%20Take\%20Your,It%20Distracts%20You%E2%80%94in%20a\%20Good%20Way%20More$

Thankful Thursday Tip: Acknowledge How Much You Have Learned

https://www.thecoachingroom.com.au/blog/how-do-you-know-that-you-have-learned

Fun Friday Tip: Energize During Study Breaks

https://www.fastweb.com/student-life/articles/energizing-study-break-ideas-what-to-avoid

Social Saturday Tip: Participate in a Study Group

https://eccles.utah.edu/news/5-tips-for-an-effective-study-group

Self-Love Sunday Tip: Step Away From Stress to Do Something for You

https://www.voicesofyouth.org/campaign/mental-health-wellbeing-guide-how-take-care-yourself-during-stressful-times

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.