FSU to Focus on Sustainability and Climate Awareness at Focus Frostburg

FSU will again focus on sustainability and climate awareness during the upcoming Focus Frostburg event, an annual day of learning, on Wednesday, April 20, from 10 a.m. to 8 p.m. in and near FSU’s Lane University Center. The programs are free and open to the public.

Learn about FSU’s environmental commitment from a range of presentations from faculty and students, including such topics as religious-environmental activism, economic sustainability and student loans, air pollution, flood risk, Tree Equity scores, mindfulness meditation, ecobricks, hemp products and uses, community resilience hubs, backyard buffers, climate change, the need for micro-grids and solidifying education abroad, local resilience hubs and plastic pollution.

FSU invites you to participate in this year’s Reduce, Reuse, Recycle poster contest, which highlights the talent and creativity of students in ART 207 Graphic Design. To help communicate environmental awareness for FSU’s celebration of Earth Week, students designed posters for this contest. To view and vote for student-created environmental posters, visit FSU’s LGLG Facebook page at www.facebook.com/frostburglglg. Voting begins on Wednesday, April 20, and ends at midnight on Sunday, April 24. Winners will be announced on Monday, April 25.

Focus Frostburg starts at 10 a.m. with “Renewal,” the first feature-length documentary film to capture the vitality and diversity of today’s religious-environmental activists. Several presentations also begin at 10 a.m. In “Economic Sustainability and Student Loans,” college students are given an insight about whether student loans are a good or bad decision based on deferment, interest and other factors. “Alternatives to the Main Causes of Air Pollution” focuses on the most effective alternatives to the burning of fossil fuels. “Flood Risk – Know Your Risk, Reduce Your Risk and Insure Your Risk” will review flood risk through the lens of the National Flood Insurance Program, as well as tools and partnerships in place to help reduce flood risk in Maryland.

A discussion of local Tree Equity scores begins at 11 a.m. with “One Tree at a Time: A Brief Examination of Tree Equity Scores in Frostburg, MD,” which points out that a map of tree cover in any city in the United States is too often a map of race and income. The film at 11 a.m. is “Medicine in the Mind” by FSU and Interdependent Pictures, in which an American medical student returns to her hometown in Appalachia to combat addiction with mindfulness meditation.

For the 10th year in a row, FSU has been awarded Tree Campus Higher Education status and will make its annual Arbor Day Proclamation at noon near the Clock Tower. There will be giveaways and other activities.

A workshop and two presentations will be held at 1 p.m. In “Ecobricks,” attendees will learn what an ecobrick is, its significance, what one can do with one and ultimately cut up or stuff plastic to begin or continue an ecobrick. “The Future Is Hemp: A Presentation and Discussion of the Most Amazing Plant” will include a short talk on what hemp is, how it is used and how local growers see it moving forward. The virtual presentation, “Community Resilience Hubs: A Model for Advancing Climate Preparedness in Baltimore” (Green Infrastructure, Climate and Cities Seminar, https://www.youtube.com/watch?v=986zw4m9n-d) discusses the
innovative equity-centered initiative that increases the capacity of communities to prepare for, withstand and respond to natural hazard impacts and emergencies.

At 2 p.m., in “Backyard Buffers – A Landscape That Will Make a Difference,” a representative from the Maryland Department of Natural Resources will demonstrate how to plant a backyard forest buffer of native trees and shrubs to help protect and improve water quality in the community. Also at 2 p.m., “We Have a Serious Problem” is a discussion of the urgency of climate change and the need for making substantive changes now to ensure a healthy future. Then, from 2 to 4 p.m., “Poster Session: Global Civic Leaders Project Presentations” highlights student projects from the Global Civic Leaders Initiative.

At 3 p.m., “Implementing Local Resilience Hubs” explores the idea and implementation of local resilience hubs by featuring several case studies of successful ones. The discussion-based and interactive workshop, “Finding Your Sustainable,” also at 3 p.m., will focus on determining the best sustainable practices for you and your organizations based on your lifestyle and priorities.

The final presentation, “Plastic Pollution Crisis in a Nutshell: How We Got Here and What We Can Do About It,” will be held at 4 p.m. Through an introduction to the topic and hands-on activities, participants will be tasked with rethinking their relationship with this common material and seeking solutions beyond recycling. Also at 4 p.m. is the film “2040” in which award-winning director Damon Gameau (“That Sugar Film”) embarked on a global journey to meet innovators and changemakers in economics, technology, civil society, agriculture, education and sustainability. Drawing on their expertise, he sought to identify the best solutions that would help improve the health of the planet.

Focus Frostburg tops off the day’s events with a documentary, “Into the Dark,” and presentation at 6 p.m. Filmmaker and photographer Michael O. Snyder shows his work from the frontlines of climate change in this film shot during the Arctic winter. Drawing on work from around the world, Snyder will discuss the power of visual storytelling to drive meaningful social change.

For info, contact Dr. Kara Rogers Thomas at krogerthomas@frostburg.edu or visit www.frostburg.edu/igl/focus-frostburg.php.

FSU Named Military Friendly for 11th Straight Time

Viqtory, which serves military personnel and their spouses transitioning into civilian life, has named FSU to its coveted 2022-23 Military Friendly Schools list, marking the 11th time in a row FSU has received this distinction. The Military Friendly Schools list honors colleges, universities and trade schools in the country that go above and beyond to embrace America’s military service members, veterans and spouses as students and ensure their success on campus.

FSU is home to a Veterans Center that serves as a base for student veterans and dependents of veterans and helps ensure they receive the resources, representation and academic benefits they have earned. The Veterans Center hosts the Veterans Services Office, led by a full-time director, and the Student Veterans of America organization and offers a lounge, kitchen, computer lab and meeting room for veterans to use. Members of the Student Veterans Association additionally perform numerous community and alumni outreach activities through fundraisers and programs.

FSU is also home to a chapter of SALUTE, the first national higher education honor society for student veterans and military service members. SALUTE members are recognized at twice yearly ceremonies.

Institutions earning the Military Friendly Schools Awards designation were evaluated using public data sources and responses from a proprietary survey. FSU is one of 665 schools earning the Military Friendly designation out of more than 1,800 schools seeking it.

Methodology, criteria and weightings were determined by Viqtory with input from the Military Friendly Advisory Council of independent leaders in higher education. Final ratings were determined by combining the institution’s survey responses and government/agency public data sources within a logic-based assessment, and measuring the institution’s ability to meet thresholds for retention, graduation, job placement, repayment, persistence and loan default rates for all students and specifically, for student veterans.

FSU will be showcased along with other 2022-23 Military Friendly Schools in the May issue of G.I. Jobs magazine, and on www.militaryfriendly.com. For info about FSU’s services to military and veteran students and their dependents, contact Clarissa Lang in the FSU Veterans Services Office at 301-687-4409 or calang@frostburg.edu.

Special Events

CES at FSU Presents Acrobuffos In ‘Air Play’

CES at FSU will present two magical performances of Acrobuffos in “Air Play” on Friday, April 29, at 6 and 8 p.m. in the Drama Theatre of FSU’s Woodward D. Pealer Performing Arts Center.

The New York Times raved that Acrobuffos makes “magic out of thin air.” With stunning images and gales of laughter, “Air Play” bounces on the edge of definition: part comedy, part sculpture, part circus and part theatre. Umbrellas fly, fabrics soar over the audience, people are swallowed by balloons and snow swirls, filling the stage. Created by circus performers Seth Bloom and Christina Gelsone in collaboration with kinetic sculptor Daniel Wurtzel, “Air Play” was devised through years of experimentation with simple materials, movement and technology.

“Air Play” is recommended for all ages but is not suitable for infants and toddlers. The artists emphasize that young children must leave the theatre if they start to cry or are otherwise disruptive.
On Thursday, April 28, at 6:30 p.m., community members are invited to step behind the scenes for a free workshop, “Secrets of Flight,” with the creators and technicians of “Air Play.” Attendees will experience acts from the show, discover technical innovations and learn about touring complications such as international electricity, elevation and barometric pressure. Space is limited to 50 participants. Register at https://frostburgtx.universitytickets.com. The previously scheduled workshop, “Secrets of Clowning,” has been canceled.

Performance tickets are $25 for adults, $22.50 for FSU faculty/staff and military, $15 for youth under 18 and free for FSU students.

For info, visit CES’ webpage at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

Music

FSU Student DeAndre Cook Will Perform Senior Tenor Trombone Recital

FSU’s Department of Music will present student DeAndre Cook in his senior tenor trombone recital on Monday, April 18, at 7:30 p.m. He will be accompanied by pianist Dr. Joseph Yungen.

Cook will perform the three movements, “Moderato,” “Andante lamentoso” and “Allegro,” of "Sonata for Trombone and Piano" by Richard A. Crosby; "Sonata Vox Gabrieli" by Stjepan Sulek; "Concerto for Trombone and Piano" by Nikolai Rimsky-Korsakov; "Piece in E-flat Minor" by J. Guy Ropartz; and "Annie Laurie (Air Variey)" by Arthur Pryor.

U.S. Navy Sea Chanters Begin 2022 Tour With Performance at FSU

FSU’s Department of Music will present the U.S. Navy Sea Chanters in the first recital of their 2022 touring season on Tuesday, April 19, at 7 p.m.

The program will include a salute to the U.S. Armed Forces; a blend of pop, rock, country, jazz and other works; and songs from musical theatre. The Frostburg American Legion will provide an Honor Guard.

The Navy Band Sea Chanters are the U.S. Navy’s official chorus. The ensemble performs a variety of music, including traditional choral music, sea chanteys, patriotic fare, opera, Broadway and contemporary music. The Sea Chanters regularly perform for the public in the Washington, D.C., area and throughout the U.S. while on national tours. At home in Washington, they perform for the president, vice president and numerous congressional, military and foreign dignitaries.

The Sea Chanters are frequently found at the center of the country’s most important national events, including inauguration day performances and state funerals. They have played a vital role in comforting the nation in times of mourning, including appearances at memorials for the astronauts of the space shuttle Columbia and the presidential wreath-laying ceremony at the United Airlines Flight 93 crash site in Shanksville, Pa. They have appeared at the Kennedy Center Honors and with the National Symphony Orchestra for the nationally telecast "National Memorial Day Concerts" at the U.S. Capitol. In addition, the group has appeared on "Larry King Live" and "CBS This Morning" as well as at the premier of the movie "Pearl Harbor."

Noted choral directors Dale Warland and Donald Neuen have guest conducted the ensemble, and renowned composers Michael McCarthy, Roger Bourland, William MacDuff and Lloyd Pfautsch have written works especially for the group. Other notable orchestral appearances include the Kansas City Symphony, the Boston Pops Esplanade Orchestra, the Baltimore Symphony and the Cincinnati Pops Orchestra. The Sea Chanters have also performed with such stars as Perry Como, Marian Anderson, Kenny Rogers and Lionel Richie.

Tickets are required and are available at the University box office at 301-687-3137.

String Ensemble to Present Concert

FSU’s Department of Music will present its String Ensemble in concert on Wednesday, April 20, at 7:30 p.m.

Directed by Joseph Gaskins, the ensemble will perform "Trio Sonata, Op. 3, No. 2" by Arcangelo Corelli; “Sonata, Op. 2, No. 2” by Georg Philipp Telemann; “Duos, Sz. 98, Nos. 1 to 5” by Béla Bartók; “Prelude,” “Berceuse” and “Canzonetta” from “Eight Pieces, Op. 39” by Reinhold Glière; “Overture” to “The Marriage of Figaro, K. 492” by Wolfgang Amadeus Mozart, arranged by Jeff Manookian; “Andante Festivo” by Jean Sibelius; Movement 1 from “Symphony No. 6, Op. 68” by Ludwig van Beethoven, arranged by Jeff Manookian; Movement 2 from "Serenade for Strings, Op. 20" by Edward Elgar; and "The Dance of the Knights" from "Romeo and Juliet" by Sergei Prokofiev, arranged by Jeff Manookian.

“Trio Sonata, Op. 3” was dedicated in 1689 to Duke Francesco II of Modena. This opus is called a sonata da chiesa or church sonata and was played in sacred places.

Telemann’s six sonatas of 1726 are dedicated to two young music lovers and thus appeal to pupils and music lovers.

“44 Duos for Two Violins, Sz. 98, BB 104” is a series of duets composed in 1931 by Hungarian composer Bartók. He intended this work for young students. All songs and dances included in this series are based on folk music from many Eastern Europe countries.
Glière’s “Eight Pieces” is a charming collection of miniatures that can be used for a variety of occasions – concerts, gigs or just for making music at home.

“The Marriage of Figaro, K. 492” is an opera buffa (comic opera) in four acts composed in 1786 by Mozart. It tells how the servants Figaro and Susanna succeed in getting married, foiling the efforts of their philandering employer Count Almaviva to seduce Susanna and teaching him a lesson in fidelity.

“Andante Festivo” is a single-movement composition by Sibelius, originally scored for string quartet in 1922. In 1939, Sibelius conducted his composition in a live worldwide broadcast, making it the only sound document of him interpreting his own music.

“Symphony No. 6 in F Major, Op. 68,” also known as the “Pastoral Symphony,” was completed in 1808. It is one of Beethoven’s few works containing explicitly programmatic content.

“Serenade for String Orchestra in E Minor, Op. 20” is an early piece in three short movements that Elgar composed in 1892. It became one of his most popular compositions and has been recorded many times.

“Romeo and Juliet, Op. 64” is a ballet by Prokofiev based on William Shakespeare’s play. First composed in 1935, it was substantially revised for its Soviet premiere in early 1940. Prokofiev reused music from the ballet in three suites for orchestra and a solo piano work.

**‘An Evening of Jazz’ Will Feature FSU Jazz Orchestra and FSU Jazz Combo**

FSU’s Department of Music will present the FSU Jazz Orchestra and FSU Jazz Combo in “An Evening of Jazz” on **Saturday, April 23**, at 7:30 p.m.

Directed by **Dr. Brent Weber**, the FSU Jazz Orchestra will present “As Light Through Leaves,” featuring modern works for jazz ensemble; and the FSU Jazz Combo, directed by **Tom Harrison**, will cover the jazz styles of swing, bebop, Afro-Cuban, Latin, samba and bossa nova.

**Jazz Orchestra performers are as follows:** reeds – **Evelyn Anderson**, **Raegan Barrett**, **Brian Eastland**, **Josh Foreman**, **Gabe Hicks**, **Eileen Martin** and **Ayanna McDonald**; trumpets – **M.J. Harden**, **Stephen Hess**, **Nik Kiel**, **Joey Orr** and **Sam White**; trombones – **DeAndre Cook**, **Alex Frye**, **Doug Holtz** and **Zach英格lis**; and rhythm – **Andrew Hartnett** on piano/keyboards, **Kamonte Johnson** on drum set, **Dawson Tawson** on bass and **Shawn Zimmermann** on guitar.

The Jazz Combo consists of vocalist **Emily Brobst** on piano/flute, **Alex Frye** on trombone, **Andrew Gula** and **Shawn Zimmermann** on guitars, Harrison on bass, **Riley House** on alto sax/piano, **Hanna Livingston** on violin, **Jordan Nolan** on drums and **Joey Orr** on trumpet.

The Jazz Orchestra will perform “Song for Bilbao” by Pat Metheny, arranged by Alan Baylock; “Abstraktes Bild ‘Abstract Image’” by Fred Strum; “Quintessence” by Hank Levy; “Against All Odds” by Phil Collins, arranged by David Stout; “Do It Again” by Walter Becker and Donald Fagen, arranged by Fred Sturm; “First Circle” by Pat Metheny, arranged by Bob Curnow; “As Light Through Leaves” by Jeff Coffin, arranged by Bob Washut; “Birdland” by Joe Zawinul, arranged by Stephen Calgaro; and “Achafalaya” by Michael League.


**Zanoli Duo, Dr. Jay DeWire and Heather Haughn, In Faculty-Guest Artist Series Concert**

FSU’s Department of Music will present the Zanoli Duo, consisting of pianist **Dr. Jay DeWire** and violinist Heather Haughn, in a Faculty-Guest Artist Series concert on **Sunday, April 24**, at 3 p.m.


“Violin Sonata, Op. 28” is a Romantic piece by the English composer and conductor Coleridge-Taylor. Composed in 1898, it was published in 1917. Coleridge-Taylor is particularly known for his three cantatas on the epic poem “Song of Hiawatha” by American Henry Wadsworth Longfellow.

The first movement of Paterson’s 2003 sonata begins and ends in a somewhat Romantic style, but with a twist: the end of the movement sounds like a record scratch. The imaginary title of the second movement, “Schisando” (derived from schizophrenia) describes a musical style centered on fast, abrupt changes. This movement also reveals an obsession with sequences. The third movement is slow and broad and inspired by the phrase “the weight of the past.” The main influences for the last movement are the early formal ideas of Igor Stravinsky, folk-style fiddle playing and jazz.

Fauré composed his “Violin Sonata, Op. 13” in 1875. It was first performed two years later and dedicated to the violinist and composer Paul Viardot. Premiered at the Société Nationale with great success, it marked a turning-point in Fauré’s composing career when he was 31.
Department of Music Presents Percussion Ensemble Concert

FSU’s Department of Music will present its Percussion Ensemble in concert on Wednesday, April 27, at 7:30 p.m.

Dr. Mackenzie Jacob LaMont will direct the ensemble. Student performers include Deandre Cook, Jacob Deaver, Jacob Hunt, Jacob Hurtzell, Kamonté Johnson, Joseph Louie, Jordan Nolan, Julia Seddon and Casey Swartz. They will be joined by guest performers Cheyenne Jefferies and Reiss Mikula.

The concert will feature Tom Gauger’s “Portico,” Daniel Dorsett’s “Beneath the Surface,” Roger Keagle’s “Three Movements for Percussion Ensemble” and Cy Miessler’s “Imminent Slaughter.”

Gauger has played in the Boston Symphony since 1963 and has made from 300 to 500 recordings and appeared in television shows with the Symphony and Pops. He also composes and publishes his own music. “Portico” is among the earliest pieces for percussion ensembles to fall into the percussion orchestra subgenre, using mainly melodic percussion instruments supplemented with effects and non-pitched instruments. Though written as one continuous piece, it roughly follows a four-movement design.

Dorsett is an active composer, percussionist and music educator. Seeing a growing need for accessible repertoire in his own ensembles, he composes music for flex band and concert band. He is the band director at Harshman Middle School in Indianapolis and studies composition. “Beneath the Surface” is a short piece commissioned by the FSU Percussion Ensemble. It develops several melodic ideas within a polyrhythmic structure.

Keagle has written a number of pieces for many different ensembles, among them a prize-winning piece for percussion ensemble. He has performed with the Tri-Cities Opera, the Binghamton Symphony and Music Unlimited as a trombonist. “Three Movements for Percussion Ensemble” (1967) consists of “Moderato,” “Slow” and “Scherzo.”

Miessler is working toward his doctorate at the University of Texas at Austin, where he is a teaching assistant for Texas Bands, writing the music for and helping instruct the drumline. The title “Imminent Slaughter” is a reflection of how the piece sounded to him after it was finished. He knew he wanted to write something loud, violent and extremely challenging that would fill a large hall.

FSU Student Ivan Godoy Will Perform Senior Recital

FSU’s Department of Music will present baritone Ivan Godoy in his senior recital on Thursday, April 28, at 7:30 p.m. He will be accompanied by pianist Dr. Joseph Yungen, as well as soprano Hannah Hieronimus, Maggie Malat on the cello and Maggie Longbeamer on the flute.


FSU’s University Chorale and Anne Arundel Community College Chamber Singers in ‘Music With Meaning’

FSU’s Department of Music will present its University Chorale, directed by Dr. Scott Rieker, together with the Anne Arundel Community College Chamber Singers, directed by Doug Byerly, on Friday, April 29, at 7:30 p.m.

Titled “Music With Meaning,” the choral concert will showcase the power of music to change the world. The performance will feature works by Benjamin Britten, George Frideric Handel, Vaughan Williams, Garth Brooks and more.

Readings

CLA to Present Dr. Julia Koets In a Reading of ‘The Rib Joint’

FSU’s Center for Literary Arts will host a reading by Dr. Julia Koets on Friday, April 22, at 7 p.m. on the third floor of FSU’s Lewis J. Ort Library. Koets will read from her book, “The Rib Joint: A Memoir in Essays.” This event is free and open to the public.

In “The Rib Joint,” Koets explores her self-clarity when reflecting on what it was like to grow up in the South knowing she wasn’t straight. “When you date in secret, the pressure is different,” she says. “You’re weightless. You’re stuck in between jumping and landing. You exist in midair. Your bones start to thin.”

After college, when Koets and her best friend wait tables at a rib joint in Koets’ hometown, they are forced to face the price of the secrets they’ve kept – from their families, each other and themselves.

From astronaut Sally Ride’s obituary, to a UFO Welcome Center, to a shark tooth collection, to DC Comic’s Gay Ghost, this memoir-in-essays draws from mythology, religion, popular culture and personal experience to examine how coming out is not a one-time act. At once heartrending and beautiful, “The Rib Joint” explores how fear and loss can inhabit our bodies and, contrastingly, how naming our desire allows us to feel the heart beating in our chest.
In addition to “The Rib Joint,” a LAMBDA Literary Award finalist, Koets is the author of “PINE” and “Hold Like Owls.” She is the winner of the Red Hen Press Nonfiction Book Award, the Michael Waters Poetry Prize and the South Carolina Poetry Book Prize. Her essays and poems have been published in literary journals such as “Creative Nonfiction,” “The Los Angeles Review,” “Carolina Quarterly” and “Portland Review.” Koets is an assistant professor of creative nonfiction at the University of South Florida.


For info, contact the Center for Literary Arts at 301-687-4340 or cla@frostburg.edu.

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**Presentations/Discussions**

**Andy Duncan Will Present ‘Weird Research’**

Andy Duncan, a professor in FSU’s Department of English and Foreign Languages, will present “Weird Research: Headless Phantoms, Graveyard Rituals, Cold War Horrors and Other Explorations in Western Maryland” at 7:30 p.m. on **Tuesday, April 26**, in the Lane Atkinson Room (232). Part of FSU’s Faculty Lecture Series, Duncan’s field report from his ongoing sabbatical project on regional strangeness will include the amazing resources to be discovered within and beyond traditional academic archives. The talk is free and open to the public and will include a Q&A session.

For info, contact Duncan at arduncan@frostburg.edu.

**Taylor & Thiel to Present at Mountain Maryland Native Plant Festival**

Dr. Rebekah Taylor, chair of FSU’s Department of Biology and an associate professor in that department, and Clara Thiel, a lecturer in biology, will give presentations at the Mountain Maryland Native Plant Festival on **Saturday, May 14**, at New Germany State Park (near Grantsville in Garrett County).

Taylor will present “Lyme Disease and Tick Safety” and Thiel, “Rare Plants and Ecosystems of Mountain Maryland.”

Info about the free event can be found at [https://mdflora.org/event-4683825](https://mdflora.org/event-4683825).

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**Points of Pride**

**FSU Phi Kappa Phi Chapter Recognized as Circle of Excellence Member and Winner of 2021 Fall Service Project**

The FSU chapter of Phi Kappa Phi was recently recognized as a Circle of Excellence Gold Chapter by the Honor Society of Phi Kappa Phi – the nation’s oldest and most selective collegiate honor society for all academic disciplines. The award recognizes chapters for their work in promoting excellence on campus and engaging the community of scholars each year.

In addition, the FSU Phi Kappa Phi chapter was selected as the 2021 Fall Service Project Division IV winner for their Spirit Night fundraiser at the LaVale Chick-fil-A to benefit the FSU Children’s Literature Centre. Nearly 150 people participated, raising $205 from more than $1,000 in sales. The money was used by CLC to help fund its annual Storybook Holiday celebration held in December.

The Fall Service Project initiative began in 2019 and is supported by the Council of Students. Chapters were encouraged to focus on a community need with a literacy component and establish a partnership with a community organization.

The Circle of Excellence Gold honor is given to chapters that scored 95 to 99 percent on a criteria scale that evaluates chapter health indicators. By receiving the Gold distinction, the FSU chapter is recognized as a thriving organization that holds annual initiations, upholds the society bylaws, regularly attends chapter training opportunities and submits a chapter-endorsed nominee to the Phi Kappa Phi Fellowship Program.


**David J. Bunnell Editing for ‘Medscape’**

David J. Bunnell, an assistant professor and clinical coordinator in FSU’s Physician Assistant Program, has been doing some editorial work for the national medical online publication “Medscape.”


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**Office of Sponsored Programs Successes/News**

On March 15, Jason Litten, co-director of Western Maryland Regional Geographic Information Systems at FSU, was awarded a $5,000 contract from the Maryland Environmental Restoration Group for general GIS services.
On March 30, Dr. Brent Weber, an associate professor and chair of FSU’s Department of Music, received a Presenting and Touring Grant award of $5,000 from the Maryland State Arts Council in support of an engagement with jazz touring artist, Todd Marcus.

For info, see the Office of Sponsored Program’s Successes/News webpage at http://www.frostburg.edu/osp/successesnews.php.

**Take Note**

**FSU, Allegany College and Garrett College to Host Gubernatorial Candidate Forum**

FSU, Allegany College of Maryland and Garrett College will host a Gubernatorial Candidate Forum for the primary elections scheduled in July. The forum will be held on Saturday, April 30, from 6 to 9 p.m. in Lane Manicur Hall. The forum is free and open to the public. The event will also be livestreamed; join virtually and register at www.frostburg.edu/lanelive.

Audience members in attendance will be able to submit questions for the candidates to be read by a group of student moderators. All candidates that have filed by the deadline and face a primary will be invited to the event.

Doors will open at 5:30 p.m. Seating is limited and available on a first-come, first-served basis.

Guests are encouraged to use the Performing Arts Center Lot or Stadium Lot located off Braddock Road for parking. A map of the campus can be found at www.frostburg.edu/fsumap.

**Choose Civility: Allegany County Podcast Episode on Civil Political Discourse Brings Conservatives and Liberals Together**

To celebrate the annual Day of Civility in Allegany County on April 7, partners in the local chapter of Choose Civility have a new podcast with liberals and conservatives talking to each other in a calm manner not often heard these days.

The podcast, available at https://www.youtube.com/watch?v=iyb4xVPB1M and through the Choose Civility: Allegany County page of the Allegany County Library System website and social media, features a facilitated discussion among the following FSU faculty, students and alumni and local community members:

- **Justin Brick**, FSU Communication Studies senior and Communication Leadership Lab assistant
- **RJ Caster**, FSU alumnus and CEO, Techne Media
- **Colin Creagan**, FSU Mass Communication junior
- **Tanya Gomer**, FSU alumna, grants manager and pretrial risk assessment coordinator at the Allegany County Sheriff’s Office and Detention Center, Leadership Allegany! alumni chair and president of the Allegany County Republican Women’s Club
- **Tim McGrath**, lecturer in FSU’s Department of Political Science, director of the Beall Institute for Public Affairs and former field representative for Sen. Paul Sarbanes
- **Patrick O’Brien**, FSU alumnus and director of FSU’s Office of Civic Engagement

With a focus on how to improve the ability to have constructive bipartisan political interactions, the discussion was led by Delanie Blubaugh, editor of FSU’s The Bottom Line (https://thebottomlinenews.com), and Todd Lassa, founding editor of The Hustings (https://thehustings.news). Each periodical will link feature stories and editorials to the theme of political civility and this discussion. The Hustings invites listeners to continue the discussion by emailing comments to editors@thehustings.news.

The Choose Civility: Allegany County podcast series is a collaboration of the FSU Communication Leadership Lab and the Choose Civility: Allegany County chapter. This event was part of FSU’s #BobcatsAgainstBias campaign to promote an inclusive campus environment. The podcast was edited by Dr. John Lombardi of the Department of Communication.

For info and opportunities to partner, and biographies on the participants, contact Dr. Elesha L. Ruminski (elruminiski@frostburg.edu) or the Choose Civility: Allegany County chapter via Renee Mason (rmason@alleganycountylibrary.info).

**FSU’s ASTAR AmeriCorps Program Hosting Annual Book Giveaway**

FSU’s ASTAR in Western Maryland AmeriCorps program will hold a Community Outreach Project event, giving away books and supplies through Tuesday, April 19, from 9 a.m. to 6 p.m. each day at City Place, 14 S. Water St. in Frostburg.

The public is invited to choose from a large variety of books and other items at no cost. This event, open to the public, will feature new and gently used books of all genres and for all ages, along with a wide variety of personal supplies. Participants may take as many books and supplies as they like. Supply is limited, so those interested are encouraged to arrive early.

For info about the Community Outreach Project, contact FSU’s Office of Civic Engagement at civicengagement@frostburg.edu or call 301-687-4210.
The ASTAR (Appalachian Service Through Action and Resources) Program was established in 1994 and provides direct, substantive service programs that build capacity with nonprofits and partnering agencies in areas that improve the literacy of children, enhance the health care and living conditions of children and elderly people, help at-risk youth by offering after-school programs, improve shelter and support services for low-income families and preserve the environment for Maryland communities.

**Spring Festival of Children’s Literature**

This year’s Spring Festival of Children’s Literature will be held in person on **Friday, April 22, and Saturday, April 23**, following all state, county and University COVID-19 protocols. Each year, the Children’s Literature Centre packs the house full of librarians, educators, parents and students who come to the FSU campus to share their love of children’s literature and learn more about successful ways to share that love with children. In the “share and learn” atmosphere of the Spring Festival, adults who direct children’s learning interact firsthand with authors and illustrators who bring characters to life and inspire children to read. In addition, participants will have the opportunity to engage in Professional Development Workshops in which a variety of strategies will be shared.

For info and updates regarding the Spring Festival of Children’s Literature, check the CLC website at [https://www.frostburg.edu/childrens-literature-centre](https://www.frostburg.edu/childrens-literature-centre) and Facebook page at [https://www.facebook.com/clcfsu](https://www.facebook.com/clcfsu).

Annetta Hammill Marshall had a passion for teaching and a passion for children’s literature. In 2004, she established the Annetta H. and Lloyd M. Marshall Scholarship to provide registration fees for teacher candidates to attend the annual Spring Festival of Children’s Literature, as well as to support CLC’s various endeavors. Her support has been invaluable, and CLC will honor her legacy by continuing to bring the joy of children’s literature to future generations. Apply at [https://docs.google.com/forms/d/e/1FAIpQLSe9RXUDoJix84ZTxa3K9paFCAI-uP4DCGDNcJE6x52Sw/lotQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSe9RXUDoJix84ZTxa3K9paFCAI-uP4DCGDNcJE6x52Sw/lotQ/viewform).

Register for the festival online by visiting [https://www.frostburg.edu/childrens-literature-centre/spring-festival/index.php](https://www.frostburg.edu/childrens-literature-centre/spring-festival/index.php).

The Children’s Literature Centre is looking forward to celebrating its 40th year of building a lifelong passion for reading in children and asks you and anyone you know to help in raising $40,000 for 40 years by donating toward the Children’s Literature Endowed Fund. Donate at [https://give.frostburg.edu/spring-festival-of-childrens-literature](https://give.frostburg.edu/spring-festival-of-childrens-literature).

**Relay For Life – Join FSU In the Fight Against Cancer!**

Relay For Life will be held this year on **Saturday, April 30**, on FSU’s Upper Quad (rain location: Main Arena). Chalk the Walk will take place from 10 a.m. to 2 p.m. and the main event from 2 to 5 p.m.

Register your team at [relayforlife.org](http://relayforlife.org). Select the “JOIN A RELAY” button and use zip code “21532.” Team captains will need to create a team before anyone can join it.

There is a $15 registration fee for each team member. However, teams can fundraise their registration fees. Email Madison Davis at mldavis01@frostburg.edu or Ashley Daniels at amdaniels@frostburg.edu for information on how to fundraise registration fees.

The day of the event, teams can participate in Chalk the Walk, host a fundraising table and/or perform. There are fundraising minimums to Chalk the Walk and reserve a table, but registration fees will go toward those minimums. There is no minimum to perform.

**Need a Job? Looking for an Internship?**

The FSU Career and Professional Development Center will host the Spring On-Campus Career and Internship Fair on **Wednesday, April 20**, from 11 a.m. to 2 p.m. in Lane Manicur Hall. The Career and Internship Fair is for all majors and all class levels.

In preparation, make plans to contact the Career and Professional Development Center before the fair for assistance in preparing and reviewing your resume, coaching on communicating with companies/organizations and suggestions on identifying employers at the fair that match your talents and strengths.

Register at [https://frostburg.joinhandshake.com/career_fairs/29967/student_preview?token=14xBC4rZq49T6Bo-sXFBs5JK2Mo154Tpcs1s5081hQrRtPHCCAg](https://frostburg.joinhandshake.com/career_fairs/29967/student_preview?token=14xBC4rZq49T6Bo-sXFBs5JK2Mo154Tpcs1s5081hQrRtPHCCAg).

**Say Thank You to Teachers Who Have Made a Difference**

The Center for Teaching Excellence invites FSU students and the campus community to celebrate Thank a Teacher Week (**Monday, May 2, through Friday, May 6**) by sending Thank-a-Grams to your favorite teachers, mentors or teaching/learning assistants who have helped you learn and made a difference to you.

Thank-a-Grams can be completed online or in person. To submit them online, fill out the form at [https://forms.office.com/r/mntMhMjnat](https://forms.office.com/r/mntMhMjnat). Handwritten postcards are available to submit at locations across campus, including the library, Lane Center and Help Desk.

Submit your Thank-a-Grams by **May 6**.

Thanked teachers will receive an electronic Thank-a-Gram with your message after exams and the grading period have ended.

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Call for Civil Citizen Communicator Award Nominations

The Communication Leadership Lab, which is affiliated with programs of the Department of Communication at FSU, will award the eighth annual Civil Citizen Communicator Award this May. The award is given to a student enrolled at FSU who has within the previous year demonstrated communication leadership, or a commitment through word and actions to civility and constructive change within an organization or community. This person should have demonstrated communication competence, leadership competence and an awareness of and responsiveness to matters of civility that impact others. This award aligns with the mission of the Department of Communication programs and FSU to support the oral communication competency and leadership development of FSU students. It also supports regional and cultural development through recognition of efforts that link the campus to community partners.

Do you know someone who fits this description, someone who is committed to changing the University, another organization or society for the better? Is that person you? If so, submit a nomination for the Civil Citizen Communicator Award. Nominations will be accepted until the deadline of Friday, April 29. Nominate a candidate or yourself by emailing Connie Capacchione, program management specialist of the Department of Communication, at ccapachione@frostburg.edu. Nominations should include:

- The nominee’s full name, major(s)/minor(s) and intended graduation date
- If not a self-nomination, the name, role and relationship of the nominator to the nominee
- A brief rationale (up to 1,000 words) explaining why the nominee fits the award criteria above
- Additional support for the nomination (up to three written documents, photos or videos of speeches or events, promotional materials, letters of acknowledgement, etc.)

For info, contact Dr. Elesha L. Ruminski, professor of Communication Studies and coordinator of Leadership Studies and the Communication Leadership Lab at elruminski@frostburg.edu. The call for nominations is also available at the Communication Leadership Lab website at https://www.frostburg.edu/academics/colleges-and-departments/department-of-communication/frostburg-dialogue/civility-cup-award.php.

A panel of reviewers external to the Department of Communication will rank and determine the award winner. Public announcement will be made before FSU’s May Commencement ceremony. Each award winner’s name is etched on the Civility Cup, which is displayed on campus in or near the Department of Communication. In addition to this public recognition, a formal certificate will be given to the winner.

Coming to the Planetarium

“The Dark Matter Mystery” is coming to the Planetarium in May.

Science Saturdays feature space news, a sky tour and a movie and will be held on May 7 and June 4 at 5 and 7 p.m.

The movie for May is “The Dark Matter Mystery” and for June is “The Sun, Our Living Star.”

All shows last about an hour. Telescope observing will take place afterwards if conditions are favorable.

There will be no Wednesday public shows, but requests are being accepted for private shows. For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

Study Abroad

Start Planning Your Study Abroad Experience for Spring 2023!

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. The last virtual session will take place at 3:30 p.m. on Friday, April 29.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session.

Health and Safety Messages

A Window Could Be Your Lifeline in an Emergency

Windows can save lives when used as emergency escape routes.

According to most residential building codes, bedrooms and other sleeping areas must have a secondary means of escape in case of fire or smoke, and that exit is often a window. Just having windows designated for escape is not enough; they also must be safe and accessible.
Follow these tips to help protect your family:

Create a home fire escape plan that includes two exits from every room in your home, through a door and a window.

Practice your fire escape plan during the day and at night, as many home fires occur at night.

Practice opening and closing windows that may be designated as emergency exits.

When remodeling your home, understand emergency escape and rescue building code requirements. Egress windows are those designated by code as large enough for you to escape through or for rescue workers to enter in emergency situations.

If you equip windows in your home with window guards or fall prevention devices, use those that comply with ASTM F2090, which use quick-release mechanisms.


**Happy, Healthy, Hip Tips From the BURG Peer Education Network**

**Mental Health Monday Tip: Ten Things You Can Do For Your Mental Health**
https://uh.s.umich.edu/tenthings

**Tell Yourself Tuesday Tip: Daily Affirmations for Students: How to Attract Success**
https://aglowlifestyle.com/daily-affirmations-for-students/#:~:text=%20Every%20out%20to%20my%20best%20More%20

**Wacky Wednesday Tip: Twenty Offbeat Self-Care Ideas**
https://themighty.com/2019/05/weird-self-care

**Thankful Thursday Tip: Ten Ways to Be a More Thankful Person**
https://www.takingcharge.csh.umn.edu/10-ways-be-more-thankful-person

**Fun Friday Tip: Fifty Tangible Ways to Practice Self-Love**

**Social Saturday Tip: How Social Support Contributes to Psychological Health**
https://www.verywellmind.com/social-support-for-psychological-health-4119970

**Self-Love Sunday Tip: How Self-Love Can Make a Difference for Students**
https://www.rewire.org/self-love-difference-students

**VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023**

**CORE VALUES**

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person’s ability to “take the perspective of the other.”

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

**OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023**

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

**STRATEGIC GOALS**

Focus learning on the acquisition and application of knowledge.
Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU’s Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.