



StateLines

For and about FSU people

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For all events, FSU is following CDC guidance based on current area conditions. For current health and safety guidelines visit www.frostburg.edu/COVID19. Event attendees are encouraged to visit www.frostburg.edu/checkin for symptom monitoring. Users can display the portal's "Reduced Risk" badge on a mobile device for admission, or they may respond to symptom-check questions posted at events.

Department of Theatre and Dance Presents 'The Wolves,' a Dramatic Comedy About Grit, High Stakes and the Power of the Pack



Cast members, front row, from left: Grace Easterday (No. 7), Madilyn McManaway (No. 46) and Dominique Little (No. 00); back row, from left: Alyssa Bahner (No. 11), Alex Manocchio (No. 14), Amaya Hatcher (No. 13), Ashlee Casey (No. 2), Elena Echeandia (No. 8) and Zoie Collins (No. 25)

FSU's Department of Theatre and Dance will close out its 2021-2022 production season with "The Wolves" **Friday, April 29, Saturday, April 30, and Thursday, May 5, through Saturday, May 7,** at 7:30 p.m., with a matinee on **April 30** at 2 p.m. Directed by faculty member *Nicole Mattis*, performances will take place in the F. Perry Smith Studio Theatre of FSU's Woodward D. Pealer Performing Arts Center.

High knees! Butt kicks! Grapevine! Move, move, move! As a high school girls indoor soccer team warms up in the safety of their stretch circle, tiny battles cross the turf with slicing precision. A finalist for the Pulitzer Prize for Drama in 2017 and winner of the 2015 Relentless Award for Playwriting, "The Wolves" zooms in on a group of warriors coming of age in contemporary American society, upending preconceived ideas about girlhood and growing up. Hailed by The New York Times as "the scary, exhilarating brightness of raw adolescence," "The Wolves" is a high-energy dramatic comedy that flits from scene to scene with grit, high stakes and the power of the pack.

The cast features *Alyssa Bahner* (No. 11), *Zoie Collins* (No. 25), *Amaya Hatcher* (No. 13), *Madilyn McManaway* (No. 46), *Ashlee Casey* (No. 2), *Grace LaCount* (No. 7), *Elena Echeandia* (No. 8), *Dominique Little* (No. 00) and *Erica Breighner* (Soccer Mom).

In addition to Mattis, the creative team includes *Francis Sharkey* (scenic design), *Whitney O'Haver* (costume design), *Brendon McCabe* (lighting design), *George Georgerson* (sound design), *Rebekah Reimer* (props design), *Ryann Elise Cooper* (stage manager), *Kristin Hall* (assistant stage manager) and *Mina Del Borrello* (soccer consultant).

"The Wolves" is recommended for ages 14 and older.

Tickets can be purchased online at <https://frostburgtix.universitytickets.com>. Tickets are \$7 for students, \$12 for FSU employees and senior citizens, and \$15 for the general public.

For info, call the Theatre and Dance box office at 301-687-7462, **Mondays through Fridays, 9 a.m. to 12:30 p.m. and 1:30 to 3 p.m.**

Special Events

CES at FSU Presents Acrobuffos in 'Air Play'



CES at FSU will present two magical performances of Acrobuffos in "Air Play" on **Friday, April 29**, at 6 and 8 p.m. in the Drama Theatre of FSU's Woodward D. Pealer Performing Arts Center.

The New York Times raved that Acrobuffos makes "magic out of thin air." With stunning images and gales of laughter, "Air Play" bounces on the edge of definition: part comedy, part sculpture, part circus and part theatre. Umbrellas fly, fabrics soar over the audience, people are swallowed by balloons and snow swirls, filling the stage. Created by circus performers Seth Bloom and Christina Gelsone in collaboration with kinetic sculptor Daniel Wurtzel, "Air Play" was devised through years of experimentation with simple materials, movement and technology.

"Air Play" is recommended for all ages but is not suitable for infants and toddlers. The artists emphasize that young children must leave the theatre if they start to cry or are otherwise disruptive.

On **Thursday, April 28**, at 6:30 p.m., community members are invited to step behind the scenes for a free workshop, "Secrets of Flight," with the creators and technicians of "Air Play." Attendees will experience acts from the show, discover technical innovations and learn about touring complications such as international electricity, elevation and barometric pressure. Space is limited to 50 participants. Register at <https://frostburgtix.universitytickets.com>. The previously scheduled workshop, "Secrets of Clowning," has been canceled.

Performance tickets are \$25 for adults, \$22.50 for FSU faculty/staff and military, \$15 for youth under 18 and free for FSU students.

For info, visit CES' webpage at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open Monday through Friday from 10 a.m. to 4 p.m.

Music

Unless otherwise noted, music performances will take place in Pealer Recital Hall and are free and open to the public. For info, contact FSU's Department of Music at 301-687-4109. Music events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts.

Department of Music Presents Percussion Ensemble Concert

FSU's Department of Music will present its Percussion Ensemble in concert on **Wednesday, April 27**, at 7:30 p.m.

Dr. Mackenzie Jacob LaMont will direct the ensemble. Student performers include **Deandre Cook, Jacob Deaver, Jacob Hunt, Jacob Hutzell, Kamonté Johnson, Joseph Louie, Jordan Nolan, Julia Seddon** and **Casey Swartz**. They will be joined by guest performers **Cheyenne Jeffries** and **Reiss Mikula**.

The concert will feature Tom Gauger's "Portico," Daniel Dorsett's "Beneath the Surface," Roger Keagle's "Three Movements for Percussion Ensemble" and Cy Miessler's "Imminent Slaughter."

Gauger has played in the Boston Symphony since 1963 and has made from 300 to 500 recordings and appeared in television shows with the Symphony and Pops. He also composes and publishes his own music. "Portico" is among the earliest pieces for percussion ensembles to fall into the percussion orchestra subgenre, using mainly melodic percussion instruments supplemented with effects and nonpitched instruments. Though written as one continuous piece, it roughly follows a four-movement design.

Dorsett is an active composer, percussionist and music educator. Seeing a growing need for accessible repertoire in his own ensembles, he composes music for flex band and concert band. He is the band director at Harshman Middle School in Indianapolis and studies composition. "Beneath the Surface" is a short piece commissioned by the FSU Percussion Ensemble. It develops several melodic ideas within a polyrhythmic structure.

Keagle has written a number of pieces for many different ensembles, among them a prize-winning piece for percussion ensemble. He has performed with the Tri-Cities Opera, the Binghamton Symphony and Music Unlimited as a trombonist. "Three Movements for Percussion Ensemble" (1967) consists of "Moderato," "Slow" and "Scherzo."

Miessler is working toward his doctorate at the University of Texas at Austin, where he is a teaching assistant for Texas Bands, writing the music for and helping instruct the drumline. The title "Imminent Slaughter" is a reflection of how the piece sounded to him after it was finished. He knew he wanted to write something loud, violent and extremely challenging that would fill a large hall.

FSU Student Ivan Godoy Will Perform Senior Recital

FSU's Department of Music will present baritone **Ivan Godoy** in his senior recital on **Thursday, April 28**, at 7:30 p.m. He will be accompanied by pianist **Dr. Joseph Yungen**, as well as soprano **Hannah Hieronimus**, **Maggie Malat** on the cello and **Maggie Longerbeam** on the flute.

Godoy will perform "Warm as the Autumn Light" from "The Ballad of Baby Doe" by Douglas Moore, "Cinque ... dieci ... venti ... Cosa stai misurando ... Se a caso madama" from "Le nozze di Figaro, K. 492" by Wolfgang Amadeus Mozart, "Confutatis" from "Messa da requiem" by Giuseppe Verdi, "So geht aus Gottes Herrlichkeit ... Streite, siege, starker Held!" from "Nun komm der Heiden Heiland, BWV 62" by Johann Sebastian Bach, "Vier ernste Gesänge, Op. 121" by Johannes Brahms, "No Sad Songs

Please" from "The Seed of Dream" by Lori Laitman, "Down East" by Charles Ives, "A Simple Song" from "Mass" by Leonard Bernstein, and "Song of the Wanderer" by Dan Forrest.

FSU's University Chorale and Anne Arundel Community College Chamber Singers in 'Music With Meaning'

FSU's Department of Music will present its University Chorale, directed by **Dr. Scott Rieker**, together with the Anne Arundel Community College Chamber Singers, directed by Doug Byerly, on **Friday, April 29**, at 7:30 p.m.

Titled "Music With Meaning," the choral concert will showcase the power of music to change the world. The performance will feature works by Benjamin Britten, George Frideric Handel, Vaughan Williams, Garth Brooks and more.

Wind Ensemble Will Perform Spring Concert, 'Of Our New Day Begun'

FSU's Department of Music will present the Wind Ensemble in its spring concert, titled "Of Our New Day Begun," on **Saturday, April 30**, at 7:30 p.m.

Conducted by **Dr. Ash Glenn**, the ensemble will perform music by Vincent Persichetti, Percy Aldridge Grainger and Omar Thomas.

"Symphony No. 6, for Band" by Persichetti premiered in 1956. The four movements ("Adagio allegro," "Adagio sostenuto," "Allegretto" and "Vivace") have forms with traditional implications. The opening horn call and a following scale-wise passage in the slow introduction become the two principal themes (in reverse order) in the subsequent allegro. The slow second movement is based on "Round Me Falls the Night" from the composer's "Hymns and Responses for the Church Year." The third movement, in trio form, serves as the traditional dance movement and is followed by a finale in free rondo form, which draws the thematic material from the preceding movements and concludes with a chord containing all 12 tones of the scale.

The selection by Grainger is "Gum-Sucker's March." A gum-sucker is a nickname for Australians hailing from Victoria, the composer's home state. The eucalyptus trees in Victoria are called gums, and the young shoots at the bottom of the trunk are called suckers. People would also suck on the blades from the Eucalyptus trees during the hot summer months. In the march, Grainger used his own "Australian Up-Country Tune" melody, written by him to typify Australia, a melody he also employed in his "Colonial Song." This march is the fourth movement from Grainger's "In a Nutshell Suite," a work originally for orchestra that was arranged for band in 1942. It is written in his most popular English "music hall" style.

"Of Our New Day Begun" was written to honor the nine souls who lost their lives to a callous act of hatred and domestic terrorism on June 17, 2015, while worshipping in the historic Emanuel African Methodist Episcopal Church in Charleston, S.C., and received its premiere in 2016. Historically, Black Americans have turned to the church to find refuge and grounding in the most trying of times. Thus, the musical themes and ideas for "Of Our New Day Begun" are rooted in the Black American church tradition. The piece is anchored by James and John Johnson's time-honored song, "Lift Every Voice and Sing" and peppered with blues harmonies and melodies. Singing, stomping and clapping are also prominent features of this work, as they have always been a mainstay of Black music traditions, and the inclusion of the tambourine in these sections is a direct nod to Black worship services.

The Ronstadt Brothers to Appear at MCTA



Michael, left, and Petie Ronstadt

FSU's Mountain City Traditional Arts will present the Ronstadt Brothers in a performance of Americana music anchored in the post-modern Southwest on **Sunday, May 1**, at 4 p.m. at 25 E. Main St. in Frostburg. The live entertainment is open to the public through general admission with a suggested donation of \$15.

The Ronstadt Brothers, Michael and Petie, are keeping their family's music legacy alive. While their aunt, Linda Ronstadt, is the most famous of the Ronstadt family, Michael and Petie represent the fifth generation of musicians in a family where musical virtuosity runs deep. The Ronstadt Brothers present a new and fresh take on the traditional Southwestern and Mexican folk songs and offer innovative, original material to millennials discovering the treasure of roots music.

For two decades, Michael has entertained audiences throughout North America on cello and guitar, as well as with his voice. An exceptional musician-composer conversant with a wide range of styles, he not only executes captivating solo performances, but participates regularly in duos and trios with a diverse camp of young, innovative musician-songwriters, including Lisa Biales and David Trotta. His versatile talents have been tapped for concert and studio work by David Bromberg, Linda Ronstadt, Muriel Anderson and Craig Bickhardt.

Petie first explored composing in high school, during which time he founded an indie rock group, The Goodbye Kiss, in which he played guitar and sang. This led to a record deal with a small Southern California label and the release of a self-titled EP, a set of circumstances that fueled Petie's passion for the recording process. Petie's keen ear and sensitive songwriting – such as the exquisite imagery heard in "Hummingbird" – are key to the Ronstadt Brothers' future tradition-building. Whether harmonizing with father and brother or quietly offering his own compositions, Petie demonstrates an engaging, easy-going stage presence.

For info, call 301-687-8040 or email Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu.

FSU Student Joshua DeVoe Will Perform Junior Vocal Recital, ‘I Wonder’



FSU’s Department of Music will present student **Joshua DeVoe** in his junior vocal recital, “I Wonder,” on **Sunday, May 1**, at 3 p.m. He will be accompanied by pianist **Dr. Joseph Yungen**.

DeVoe will perform “Già il sole dal Gange” from “L’honestà negli amori” by Alessandro Scarlatti; “Che fiero costume” from “Echi di reverenza” by Giovanni Legrenzi; “Caro mio ben” by Tommaso Giordani, arranged by Ferdinand Sieber; “Vittoria, mio core!” by Giacomo Carissimi; “Oliver Cromwell – Nursery Rhyme From Suffolk” and “The Ash Grove” (Welsh folk song) arranged by Benjamin Britten; “I Bought Me a Cat” (American folk song) arranged by Aaron Copland; “There’s a Law” from “Trouble in Tahiti” by Leonard Bernstein; “An Sylvia” by Franz Schubert; “Widmung” and “Die Stille” by Robert Schumann; “Le charme” by Ernest Chausson; “Lydia” and “Adieu” by Gabriel Fauré; “L’offrande” by Francis Poulenc; “I Wonder What the King Is Doing Tonight” from “Camelot” by Frederick Loewe and Alan Jay Lerner; and “This Nearly Was Mine” from “South Pacific” by Richard Rodgers and Oscar Hammerstein II.

Brass Ensemble to Present Theatre Selections in Spring Concert

FSU’s Department of Music will present its Brass Ensemble, directed by **Joshua Bishop**, in concert on **Monday, May 2**, at 7:30 p.m. The event will also feature the FSU Low Brass Ensemble.

Performers will include **MJ Harden, Nikki Kehl, Joey Orr** and **Kael Sorensen** on trumpets; **Brice Simpson** and **Sam White** on horns; **DeAndre Cook** and **Zach Inghlish** on trombones; **Alex Frye, Casey Swartz** and **Zoe Wenstrand** on euphoniums; and **Doug Holtz** on the tuba.

The theme of the performance is “Theatre,” and all selections are from movies or operas. The program will include “Fanfare” from “Also Sprach Zarathustra” by Richard Strauss; “The Nightmare Before Christmas” by Danny Elfman; “Remember Me” from “Coco” by Robert Lopez and Kristen Anderson-Lopez; “Theme” from “The Pacific” by Blake Neely, Geoff Zanelli and Hans Zimmer; “Star Wars Medley” by John Williams; “Theme” from “The Avengers” by Zimmer; “March” from “Aida” by Giuseppe Verdi; “Nessun Dorma” by Giacomo Puccini; and “Elsa’s Procession to the Cathedral” and “Prelude to Act 3” from “Lohengrin” by Richard Wagner.

“Also Sprach Zarathustra, Op. 30” is a tone poem Strauss composed in 1896, which was inspired by Friedrich Nietzsche’s philosophical 1883-1885 novel of the same name. The initial fanfare, titled “Sunrise,” became well-known after its use in Stanley Kubrick’s 1968 film “2001: A Space Odyssey.”

“The Nightmare Before Christmas” is the 15th soundtrack album by American composer Elfman. It was released in 1993 by Walt Disney Records to promote the animated musical dark-fantasy film.

“Remember Me” is a song from the 2017 animated Pixar film “Coco.” It won Best Original Song at the 90th Academy Awards in 2018.

The HBO miniseries “The Pacific” tracks the intertwined real-life journeys of three U.S. Marines across the vast canvas of the Pacific Theater during World War II. The main theme from the soundtrack is titled “Honor.”

The classic “Star Wars Medley” was created shortly after the original release of “Star Wars” in 1977 and still remains the best transcription of Williams’ stunning movie score.

“The Avengers” is the film score for the Marvel Studios film “The Avengers” by Alan Silvestri. It was released by Hollywood Records in 2012.

“Aida” is an opera in four acts by Verdi to an Italian libretto by Antonio Ghislanzoni. Set in the Old Kingdom of Egypt, it was commissioned by Cairo’s Khedivial Opera House and premiered there in 1871. In the story, the Egyptians have captured and enslaved Aida, an Ethiopian princess. An Egyptian military commander, Radamès, struggles to choose between his love for her and his loyalty to the King of Egypt.

“Nessun Dorma” (“Let No One Sleep”) is an aria from the final act of Puccini’s opera “Turandot” and one of the best-known tenor arias. It is sung by Calaf, who falls in love at first sight with the beautiful but cold Princess Turandot. Any man who wishes to wed Turandot must first answer her three riddles; if he fails, he will be beheaded. In the aria, Calaf expresses his triumphant assurance that he will win the princess.

“Lohengrin, WWV 75” is a Romantic opera in three acts that was first performed in 1850. The story of the eponymous character is taken from medieval German romance, notably the Parzival of Wolfram von Eschenbach, and its sequel Lohengrin, inspired by the epic of Garin le Loherain. It is part of the Knight of the Swan legend.

Presentations/Discussions

Andy Duncan Will Present ‘Weird Research’



Andy Duncan, a professor in FSU’s Department of English and Foreign Languages, will present “Weird Research: Headless Phantoms, Graveyard Rituals, Cold War Horrors and Other Explorations in Western Maryland” at 7:30 p.m. on **Tuesday, April 26**, in the Lane Atkinson Room (232). Part of FSU’s Faculty Lecture Series, Duncan’s field report from his ongoing

sabbatical project on regional strangeness will include the amazing resources to be discovered within and beyond traditional academic archives. The talk is free and open to the public and will include a Q&A session.

For info, contact Duncan at arduncan@frostburg.edu.

Taylor & Thiel to Present at Mountain Maryland Native Plant Festival

Dr. Rebekah Taylor, chair of FSU's Department of Biology and an associate professor in that department, and **Clara Thiel**, a lecturer in biology, will give presentations at the Mountain Maryland Native Plant Festival on **Saturday, May 14**, at New Germany State Park (near Grantsville in Garrett County).

Taylor will present "Lyme Disease and Tick Safety" and Thiel, "Rare Plants and Ecosystems of Mountain Maryland."

Info about the free event can be found at <https://mdflora.org/event-4683825>.

Points of Pride

FSU Student Selected for Mid-Atlantic Civic Fellowship Program



FSU student **Max Hancock** has been selected to participate in the inaugural Mid-Atlantic Civic Fellowship program during the 2022-2023 academic year.

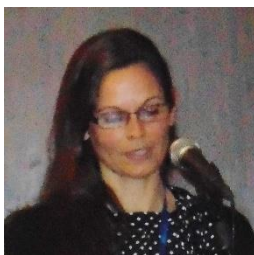
The Mid-Atlantic Civic Fellowship will offer students in the program high-impact opportunities to develop their leadership skills and understanding of civic and community engagement so that they may better serve as leaders and collectively create solutions to the Mid-Atlantic region's most urgent problems. The fellowship is a key avenue to develop student leaders who are engaged global citizens, actively contributing to the creation of equitable, healthy, sustainable and socially just communities.

Through this fellowship, Campus Compact Mid-Atlantic provides a variety of learning and networking opportunities emphasizing personal, professional and civic growth. Fellows will participate in virtual and in-person gatherings and conversations with regional and national experts focused on leadership development and advancing equity through civic and community engagement in the Mid-Atlantic region.

The inaugural fellowship cohort includes 13 students from CCMA partner institutions across Maryland, Washington, D.C., and Delaware.

Campus Compact Mid-Atlantic is the largest higher education association dedicated to fulfilling the public purposes of higher education in the Maryland, Washington, D.C., and Delaware region, including 37 public, private, 2- and 4-year colleges and universities as members.

Armiento Wraps Up Presidency at the Fifth International Edgar Allan Poe Conference



The Poe Studies Association (PSA) held its Fifth International Edgar Allan Poe Conference April 7 through 10 in Boston. During the event, **Dr. Amy Branam Armiento**, a professor in FSU's Department of English and Foreign Languages, officially concluded her second term as president of the organization. More than 150 people from 16 nations took part in the three-day celebration of the life, works and times of Poe. Approximately 40 scholars attended online, which was made possible by Armiento's role as the technology coordinator. She collaborated with Confex, an online event management company, to deliver a hybrid conference experience. "After having to postpone the conference for a year due to COVID," Armiento remarked, "we wanted to provide a way for Poe experts across the globe to take part in this much-anticipated scholarly exchange despite travel restrictions and health concerns." Armiento has served on the PSA executive committee since 2011 and has transitioned to the role of immediate past president.

For info, visit <https://www.poestudiesassociation.org>.

Take Note

FSU, Allegany College and Garrett College to Host Gubernatorial Candidate Forum

FSU, Allegany College of Maryland and Garrett College will host a Gubernatorial Candidate Forum for the primary elections scheduled in July. The forum will be held on **Saturday, April 30**, from 6 to 9 p.m. in Lane Manicur Hall. The forum is free and open to the public. The event will also be livestreamed; join virtually and register at www.frostburg.edu/lanelive.

Audience members in attendance will be able to submit questions for the candidates to be read by a group of student moderators. All candidates that have filed by the deadline and face a primary will be invited to the event.

Doors will open at 5:30 p.m. Seating is limited and available on a first-come, first-served basis.

Guests are encouraged to use the Performing Arts Center Lot or Stadium Lot located off Braddock Road for parking. A map of the campus can be found at www.frostburg.edu/fsu-map.

Choose Civility: Allegany County Podcast Episode on Civil Political Discourse Brings Conservatives and Liberals Together

To celebrate the annual Day of Civility in Allegany County on April 7, partners in the local chapter of Choose Civility have a new podcast with liberals and conservatives talking to each other in a calm manner not often heard these days.

The podcast, available at <https://www.youtube.com/watch?v=jyb4xVPfB1M> and through the Choose Civility: Allegany County page of the Allegany County Library System website and social media, features a facilitated discussion among the following FSU faculty, students and alumni and local community members:

Justin Brick, FSU Communication Studies senior and Communication Leadership Lab assistant

RJ Caster, FSU alumnus and CEO, Techne Media

Colin Creagan, FSU Mass Communication junior

Tanya Gomer, FSU alumna, grants manager and pretrial risk assessment coordinator at the Allegany County Sheriff's Office and Detention Center, Leadership Allegany! alumni chair and president of the Allegany County Republican Women's Club

Tim Magrath, lecturer in FSU's Department of Political Science, director of the Beall Institute for Public Affairs and former field representative for Sen. Paul Sarbanes

Patrick O'Brien, FSU alumnus and director of FSU's Office of Civic Engagement

With a focus on how to improve the ability to have constructive bipartisan political interactions, the discussion was led by *Delanie Blubaugh*, editor of FSU's The Bottom Line (<https://thebottomlinenews.com>), and Todd Lassa, founding editor of The Hustings (<https://thehustings.news>). Each periodical will link feature stories and editorials to the theme of political civility and this discussion. The Hustings invites listeners to continue the discussion by emailing comments to editors@thehustings.news.

The Choose Civility: Allegany County podcast series is a collaboration of the FSU Communication Leadership Lab and the Choose Civility: Allegany County chapter. This event was part of FSU's #Bobcatsagainstbias campaign to promote an inclusive campus environment. The podcast was edited by *Dr. John Lombardi* of the Department of Communication.

For info and opportunities to partner, and biographies on the participants, contact Dr. Elesha L. Ruminski (elruminski@frostburg.edu) or the Choose Civility: Allegany County chapter via Renee Mason (rmason@alleganycountylibrary.info).

Relay For Life – Join FSU in the Fight Against Cancer!

Relay For Life will be held this year on **Saturday, April 30**, on FSU's Upper Quad (rain location: Main Arena). Chalk the Walk will take place from 10 a.m. to 2 p.m. and the main event from 2 to 5 p.m.

Register your team at relayforlife.org. Select the "JOIN A RELAY" button and use zip code "21532." Team captains will need to create a team before anyone can join it.

There is a \$15 registration fee for each team member. However, teams can fundraise their registration fees. Email Madison Davis at mldavis01@frostburg.edu or Ashley Daniels at amdaniels@frostburg.edu for information on how to fundraise registration fees.

The day of the event, teams can participate in Chalk the Walk, host a fundraising table and/or perform. There are fundraising minimums to Chalk the Walk and reserve a table, but registration fees will go toward those minimums. There is no minimum to perform.

Say Thank You to Teachers Who Have Made a Difference!



The Center for Teaching Excellence invites FSU students and the campus community to celebrate Thank a Teacher Week (**Monday, May 2, through Friday, May 6**) by sending Thank-a-Grams to your favorite teachers, mentors or teaching/learning assistants who have helped you learn and made a difference to you.

Thank-a-Grams can be completed online or in person. To submit them online, fill out the form at <https://forms.office.com/r/mntMHMjnat>. Handwritten postcards are available to submit at locations across campus, including the library, Lane Center and Help Desk.

Submit your Thank-a-Grams by **May 6**.

Thanked teachers will receive an electronic Thank-a-Gram with your message after exams and the grading period have ended.

For info, contact the FSU Center for Teaching Excellence at cte@frostburg.edu.

Call for Civil Citizen Communicator Award Nominations



The Communication Leadership Lab, which is affiliated with programs of the Department of Communication at FSU, will award the eighth annual Civil Citizen Communicator Award **this May**. The award is given to a student enrolled at FSU who has within the previous year demonstrated communication leadership, or a commitment through word and actions to civility and constructive change within an organization or community. This person should have demonstrated communication competence, leadership competence and an awareness of and responsiveness to matters of civility that impact others. This award aligns with the mission of the Department of Communication programs and FSU to support the oral communication competency and leadership development of FSU students. It also supports regional and cultural development through recognition of efforts that link the campus to community partners.

Do you know someone who fits this description, someone who is committed to changing the University, another organization or society for the better? Is that person you? If so, submit a nomination for the Civil Citizen Communicator Award. Nominations will be accepted until the deadline of **Friday, April 29**. Nominate a candidate or yourself by emailing Connie Capacchione, program management specialist of the Department of Communication, at ccapacchione@frostburg.edu. Nominations should include:

The nominee's full name, major(s)/minor(s) and intended graduation date

If not a self-nomination, the name, role and relationship of the nominator to the nominee

A brief rationale (up to 1,000 words) explaining why the nominee fits the award criteria above

Additional support for the nomination (up to three written documents, photos or videos of speeches or events, promotional materials, letters of acknowledgement, etc.)

For info, contact Dr. Elesha L. Ruminski, professor of Communication Studies and coordinator of Leadership Studies and the Communication Leadership Lab, at elruminski@frostburg.edu. The call for nominations is also available at the Communication Leadership Lab website at <https://www.frostburg.edu/academics/colleges-and-departments/department-of-communication/frostburg-dialogue/civility-cup-award.php>.

A panel of reviewers external to the Department of Communication will rank and determine the award winner. Public announcement will be made before FSU's May Commencement ceremony. Each award winner's name is etched on the Civility Cup, which is displayed on campus in or near the Department of Communication. In addition to this public recognition, a formal certificate will be given to the winner.

Coming to the Planetarium



"The Dark Matter Mystery" is coming to the Planetarium in May.

Science Saturdays feature space news, a sky tour and a movie and will be held on **May 7** and **June 4** at 5 and 7 p.m.

The movie for May is "The Dark Matter Mystery" and for June is "The Sun, Our Living Star."

All shows last about an hour. Telescope observing will take place afterwards if conditions are favorable.

There will be no **Wednesday** public shows, but requests are being accepted for private shows. For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

Study Abroad

Start Planning Your Study Abroad Experience for Spring 2023!

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. The last virtual session will take place at 3:30 p.m. on **Friday, April 29**.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session.

Health and Safety Messages

April Is Distracted Driving Awareness Month



There are three kinds of distracted driving:

Visual distraction – Doing something that requires you to look away from the roadway

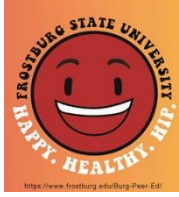
Manual distraction – Doing something that requires you to take your hands off the steering wheel

Mental distraction – Thinking hard about something other than driving

Texting involves all three. In the average time it takes to send a text message – less than 5 seconds – a car travelling 69 mph will travel the length of a football field.

And remember that stress, fear, anxiety and other emotional states of mind can and will impair your driving ability. Ultimately, the more you practice staying calm, the more safety-conscious you'll become. Facing stress the right way can be good, in terms of improving focus and performance.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday: April Is Stress Awareness Month

<https://www.stress.org/april-is-stress-awareness-month>

Tell Yourself Tuesday: Thirty Things to Appreciate About You!

<https://tinybuddha.com/blog/30-things-to-appreciate-about-you>

Wacky Wednesday: Unusual Ways People Have Calmed Their Anxiety

<https://themighty.com/2017/06/anxiety-relieving-strategies-unusual-weird>

Thankful Thursday: Ways to Practice Gratitude for Yourself and Others

<https://pageflutter.com/40-ways-to-practice-gratitude>

Fun Friday: Team-Building Questions

<https://teambuilding.com/blog/question-games>

Social Saturday: A Shy Person's Guide to Making Friends in Class

<https://young.scot/get-informed/national/a-shy-persons-guide-to-making-friends-at-school>

Self-Love Sunday: Affirmations for When You Sleep – Reprogram Your Mind

https://www.youtube.com/watch?v=eU3nHz_e34

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.