



StateLines

For and about FSU people

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FSU's Dr. Jamil Abdo Receives Grant for LiDAR Performance Assessment in Autonomous Vehicles



Light Detection and Ranging (LiDAR) Performance Assessment in Autonomous Vehicles is performed by Spencer Hamblin, a 2021 bachelor of science graduate (engineering), at FSU during adverse weather conditions.

Dr. Jamil Abdo, chair of FSU's Department of Physics and Engineering, was recently awarded a grant for \$171,351 by Maryland Industrial Partnerships and Intelligent Fusion Technology, Inc., for Phase II of Light Detection and Ranging (LiDAR) Performance Assessment in Autonomous Vehicles.

LiDAR sensors are increasingly used in autonomous vehicles and are one of the most promising options for automated driving. LiDARs use light in the form of a pulsed laser to manage the range to a target. Objects can then be detected and recognized based on the obtained data. Despite intense development in recent years, LiDAR performance is limited, particularly by adverse weather conditions, dust and smog.

"Currently, preliminary testing of LiDARs is mostly performed in sunny or indoor environments," said Abdo. "Experiments conducted under such conditions cannot provide information regarding performance under extreme conditions."

This is the second grant Abdo has received in recent years. Abdo, along with research interns in his department, conducted experiments and analyzed LiDAR performance under adverse weather conditions, including heavy snow, rain and dense fog, on two commercial LiDAR sensors. Results from Phase I, which mainly focused on investigating the effects of adverse weather conditions on LiDAR performance of stationary objects, will be used in this next phase. This work is expected to provide a technological validation of the commercial use of LiDARs in autonomous vehicles.

"Analysis of the influence of weather on LiDAR sensor performance is an important step toward improving the safety levels for autonomous driving under adverse weather conditions as such analysis provides reliable information to adapt vehicle behavior," Abdo added.

Help for Students

Spring Tutoring Information

The last day of tutoring will be **Tuesday, May 10**. Hours of operation are **Mondays through Thursdays** from 10 a.m. to 9 p.m. and **Fridays** from 10 a.m. to 3 p.m. Math and natural sciences tutoring will take place in Pullen 139, and writing, business and computer science tutoring will be held in Pullen 151.

Appointment-based/in-person tutoring course offerings are as follows: ACCT 211/212/311, BIOL 109/149/160/161/304/310/322/435, CHEM 201/202/311/312/321/322/455, COSC 101/102/240/241, DVMT 099/100, ECON 201/202, EXSS 103/115/175/200/313/341/401, GEOG 103/104/275, ITEC 345, MATH 104/109/119/120/236/237, MGMT 355/357,

PHSC 101/203, PHYS 215/261/262/263, Writing and Academic Skills (textbook strategies, study skills, time management and learning strategies). Students use TutorTrac to make appointments.

Walk-in/group sessions are as follows: ACCT 211 on **Wednesdays** from 6 to 7 p.m. in Framptom 208, BIOL 149 on **Tuesdays and Thursdays** from 5 to 6 p.m. in Compton 225, BIOL 322 on **Fridays** from 11 a.m. to noon in Compton 326, CHEM 202 on **Tuesdays** from 6 to 7 p.m. in Compton 358, CHEM 311/312/321/322 on **Mondays** from 7:30 to 8:30 p.m. in Compton 226, CHEM 455 on **Mondays** from 8:30 to 9:30 p.m. in Compton 226, GEOG 103 on **Thursdays** from 6 to 7 p.m. in Gunter 219, MGMT 355 on **Tuesdays** from 5 to 6:30 p.m. in Framptom 303, MGMT 357 on **Mondays** from 5 to 6:30 p.m. in Framptom 323 and PHYS 215/261/262/263 on **Tuesdays and Thursdays** from 3 to 5 p.m. in Compton 234 and **Mondays through Thursdays** from 11 a.m. to noon in Compton 236.

For NetTutor, the 24/7, third-party, online tutoring platform accessible via Canvas, students must send an email to Mark Smith at msmith@frostburg.edu to gain access. Information about NetTutor is posted outside Pullen 151.

For info, contact the FSU Tutoring Center at 301-687-3077 or 301-687-4066. You can also visit the website at <http://www.frostburg.edu/admin/provost/academic-success-network/tutor/?forceAbsoluteURLs=false&skipGA=false>.

PAWS Pantry Hours

The PAWS Pantry facility located at 20 Braddock Road is currently closed for renovations.

The PAWS Pantry team will still be supplying food to students out of the Lane University Center by appointment only.

Email PAWSPantry@frostburg.edu to set up an appointment and receive details on procedures while renovations take place.

FSU Scholarship Application Now Open!

More than \$1 million is available to be awarded to qualified applicants. If you applied in the past and didn't get anything, you are encouraged to apply again anyway. There are more than 330 scholarships – all with different criteria. Some scholarships are only available to upperclassmen, so as a student earns more credits, they may be eligible for scholarships they were not able to be considered for previously.

If you wish to apply for FSU Institutional and Departmental Scholarships for the 2022-2023 academic year, go to <https://frostburg.academicworks.com>.

To log in to the scholarship application, you will use the same username and password that you use to access your FSU email account. Instructions for the scholarship application, as well as FSU scholarship policies, can be found on the application site and on the Financial Aid Office website at <https://www.frostburg.edu/admissions-and-cost/financial-aid/aid-programs/fsu-scholarships--grants.php>. The Financial Aid Office recommends that you read the instructions before applying for scholarships.

When you log in to the system and complete the application, you automatically will be applying for any scholarships for which you are eligible. However, pay attention to the recommended opportunities page, which includes scholarships that require manual applications. Some of these awards require additional documentation, so be sure to include all necessary information.

It is also recommended that you complete your scholarship essay before accessing the system and then copy and paste it into the appropriate field. If too much time is taken writing the essay, the user may be timed out.

The deadline to apply for 2022-2023 scholarships is **Tuesday, March 1**, at 11:59 p.m., EST.

Finally, don't forget to complete your 2022-2023 FAFSA form (<https://studentaid.gov/h/apply-for-aid/fafsa>) as soon as possible. This is required if you wish to be considered for need-based scholarships.

For info, contact the Financial Aid Office at fsufinaid@frostburg.edu or 301-687-4301.

Derek Thomson Sheely Leadership Award (Scholarship)

Do you know an outstanding leader? Do you know a student who excels academically and deserves consideration for a full-tuition scholarship for senior year?

The campus community is invited to nominate outstanding students for the Derek Thomson Sheely Leadership Award.

Derek Sheely was a remarkable leader –on and off the football field. This award honors the spirit of a young man who consistently demonstrated his genuine concern for others. Derek understood that leaders acquire influence as a result of the quality of their relationships and the respect they give to others. FSU has partnered with Derek's parents, Kenneth and Kristen Sheely, to create an award that will be given annually to the student who exemplifies the qualities of leadership that Derek so clearly demonstrated.

Applicants must be enrolled full-time at FSU with a minimum cumulative GPA of 3.4 and have completed no less than 70 and no more than 95 credit hours. Student(s) must be nominated for this award by a member of the campus community. Student(s) who are nominated will be required to complete an essay reflecting on their leadership experiences and how these experiences have shaped their growth as an individual. The selection committee will conduct interviews of the finalists for this award. The recipient must have demonstrated the ability to provide leadership to a group of students – in the classroom, a student organization or on an athletic team. Before completion of their senior year, the recipient will be expected to engage in 40 hours of service that will increase awareness and research of concussions and traumatic brain injuries, with a focus on youth sports.

To nominate a student, forward this information to the student. Include a note why you would like to nominate the student for this award and remind them to act promptly to submit an application by the deadline of **Tuesday, March 1**.

Students may be eligible for other scholarship awards just by submitting a completed scholarship application! Students applying for the Sheely Scholarship must complete additional requirements (including an essay) through Academic Works **no later than March 1**. Finalists will be interviewed.

Note for Students: Click <https://frostburg.academicworks.com/opportunities/7683> to view the criteria and sign in to Academic Works. Follow the instructions and use the email of the faculty/staff member who nominated you for the “recommendation from a member of the campus community” requirement.

For info, contact Lynn Ketterman in the Advancement Office at lketterman@frostburg.edu or Jessica Taylor in Financial Aid at jltaylor@frostburg.edu.

For the following events, FSU is following CDC guidance based on current area conditions. Currently, masks are to be worn indoors in the presence of others, regardless of vaccination status. Event attendees are encouraged to visit www.frostburg.edu/checkin for symptom monitoring. Users can display the portal’s “Reduced Risk” badge on a mobile device for admission, or they may respond to symptom-check questions posted at events.

Theatre

Department of Theatre and Dance Presents Comedic Musical, ‘The 25th Annual Putnam County Spelling Bee’



From left, FSU students Grace LaCount, Casey Allison and Hayden Shoemaker-Davis, who are appearing in “The 25th Annual Putnam County Spelling Bee”

The Department of Theatre and Dance at FSU will feature the award-winning comedic musical, “The 25th Annual Putnam County Spelling Bee,” **Thursday through Saturday, March 3 to 5**, at 7:30 p.m., with a matinee performance on **March 5** at 2 p.m. Directed by faculty member **Shea-Mikal Green**, performances will take place in the F. Perry Smith Studio Theatre of FSU’s Woodward D. Pealer Performing Arts Center.

It’s spelling bee season for six awkward tweens who navigate the stress and anxiety of competition and prepubescent existence as they spell their way through a series of (potentially made-up) words, hoping to remain in contention for the star prize. With wildly funny songs and touching stories from their home life, this Tony award-winning musical buzzes with wit and comedic genius.

The “25th Annual Putnam County Spelling Bee” was conceived by Rebecca Feldman with music and lyrics by William Finn, based on the book by Rachel Sheinkin with additional material by Jay Reiss.

The cast includes FSU students **Brian Records** (Chip Tolentino), **Grace LaCount** (Logainne Schwartzandgrubenniere), **Hayden Shoemaker-Davis** (Leaf ConeyBear), **Casey Allison** (Marcy Park), **Kassidy Andris** (William Barfee), **Ebony Gennes** (Vice Principal Panch), **Whitney O’Haver** (Mitch Mahoney), **Laurel Plitnik** (Olive Ostrovsky) and **Zoie Collins** (Rona Lisa Pereti). Understudies include **Caleb Friend** (Barfee/Leaf/Chip), **Dominique Little** (Olive/Mitch), **Erica Bennett** (Rona/Logainne) and **Ryann Cooper** (Panch).

The creative team consists of Green, **Kelly Schrecengost** (musical director), **Kristin Kavanagh** (choreographer), **Rebekah Reimer** (production manager/technical director/scenic designer), **Alyssa Bahner** (stage manager), **Kayla Holleman** (assistant stage manager), **Ronald Breitfeller** (costumes assistant), **George Georgeson** (lighting and sound designer) and **Francis Sharkey II** (properties designer/assistant scenic designer).

Tickets can be purchased online by visiting <https://frostburgtix.universitytickets.com>. Tickets are \$7 for students, \$12 for FSU employees and senior citizens and \$15 for the general public.

Performers will not wear masks while on stage and there will be a 12-foot distance between performers and audience members.

For info, call the Theatre and Dance box office at 301-687-7462, **Mondays through Fridays**, 9 a.m. to 12:30 p.m. and 1:30 to 3 p.m.

Music

Unless otherwise noted, music performances will take place in Pealer Recital Hall and are free and open to the public. For info, contact FSU’s Department of Music at 301-687-4109. Music events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts.

FSU Student Shawn Zimmerman to Perform Junior Guitar Recital

FSU’s Department of Music will present student **Shawn Zimmerman** in his junior guitar recital on **Friday, Feb. 25**, at 7:30 p.m. He will be accompanied by student guest artist **Emily Brobst** on the flute.

Zimmerman will play “Variations on a Theme by Handel, Op. 107” by Mauro Giuliani; “Julia Florida” by Agustin Barrios; the movements “Prelude,” “Sarabande,” “Gigue” and “Double” from “Lute Suite in C Minor, BWV 997” by Johann Sebastian Bach; “Histoire du Tango” (“History of Tango”) by Astor Piazzolla; “Les Voix Humaines” (“The Human Voice”) by Marin Marais (transcribed by Isaac Greene); and the two movements, “Lento” and “Obstinato,” of “Elogio de la Danza” (“Eulogy of the Dance”) by Leo Brouwer.

“Variations on a Theme by Handel, Op.107” is one of Giuliani’s most popular set of variations. The theme comes from the popularly nicknamed “The Harmonious Blacksmith,” the final movement, “Air and Variations,” from “Suite No. 5 in E Major, HWV 430” by Handel. Giuliani does not follow Handel’s variations but simply uses the theme and writes his own set.

Barrios composed “Julia Florida” in 1938 while living in Costa Rica. It was apparently a difficult time for the composer due to diminishing health and a lack of regular employment. “Julia Florida” was dedicated to Julia Martinez, whom Barrios taught.

Bach commissioned an instrument maker named Hildebrand to build a keyboard lute (Lautenwerk) of Bach’s design. He subsequently wrote three compositions believed to be for that instrument. “Lute Suite in C Minor, BWV 997” was composed between 1738 and 1741.

“Histoire du Tango” (1986) charts the evolution of tango from its beginnings as a primarily Argentine urban song and dance form that developed in the poor immigrant barrios on the outskirts of Buenos Aires to its assimilation by classical composers such as Stravinsky and Bartók. The work has four movements, each spanning a different era in the story of tango music: “Bordel 1900” (“Brothel 1900”), “Café 1930,” “Nightclub 1965” and “Concert d’aujourd’hui” (“Concert for Today”).

“Les Voix Humaines” (1701) is the most famous piece of the “Second Book of Music for Viola da Gamba” by Marais, the renowned viol player and composer who, under Louis XIV, greatly enlarged the repertoire of this instrument. In this Baroque piece, Marais seems to allude to the nuance and beauty of the human voice with his musical phrases and gestures.

“Elogio de la Danza,” the advanced solo guitar piece by Cuban artist Brouwer, was composed almost 50 years ago in a couple of days for an upcoming event on TV. The piece is in two movements because the choreographer wanted to pay homage to the “Grand Adagio” from classical ballet and to “Ballet Russes,” including Stravinsky.

Joshua Bishop Presents Faculty Artist Series Concert, ‘Flow’



FSU’s Department of Music will present **Joshua Bishop** on the euphonium in a Guest Artist Series concert, “Flow,” on **Monday, Feb. 28**, at 7:30 p.m.

Bishop will perform “Mandelbrot’s Dream” by Ben McMillan, “My Mountain Top” by Andy Scott, “Flow” by Ben Taylor, “Soundtrack” by Brian Sadler, “... a night devoid of stars” by Peter Meechan and “Hummingbrd” by Steven Bryant.

Mandelbrot’s Dream is written in three sections: “Catch You on the Flip Side,” “And Goodbye” and “Fractus Metallum.” The first section is a chilled-out stroll through an urban, fractal cityscape, displaying the euphonium’s agility. The second section uses elements of jazz and rock in a slightly cinematic style. The final section features rhythmic and melodic elements of metal. In keeping with the celebration of Mandelbrot’s work in chaos, the piece climaxes into aural chaos.

Inspired by summer, “My Mountain Top” commences with a crackling background, representing lying under the gaze of the sun and feeling the heat on your skin. The rhythmically free opening saxophone statements represent a mind active with thoughts that gradually floats into a semi-conscious state. At this point the warm keyboard pads emerge. The solo saxophone part weaves its way, never overpowering.

As a piece of music for euphonium and electronics, “Flow” incorporates recorded water sounds and flowing melodies layered on top of electronic drum beats with intricate rhythms. The primary melodic material for the work is generated from the four letters in the word flow, which produce the pitches A, B-flat, E and F.

“Soundtrack” is a difficult piece for solo trombone with digital MP3 accompaniment. This composition allows the solo trombonist to perform with an exciting orchestral backing track influenced by the sounds of modern film music.

“... a night devoid of stars” is a collection of three short, reflective pieces for unaccompanied euphonium, each inspired by the writings of Dr. Martin Luther King Jr., specifically a passage from “Where Do We Go From Here? Chaos or Community?”

“Hummingbrd” is an adaptation of Bryant’s original piece for solo euphonium and pre-recorded backing track. It’s a lively, energetic, three-minute encore-type work that shows off the full range of the instrument.

Special Events

Black History Month Event Series

The Office of Diversity, Equity and Inclusion is hosting a series of events for Black History Month in the Lane Atkinson Room (232) **every Monday** this month. All of the events are meant to display a historical context to allow students to gain more perspective on what Black history is from the eyes of their student peers, outside of the classroom.

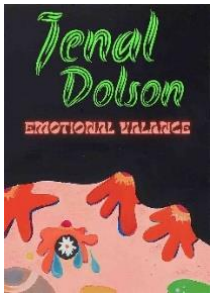
Feb. 21, “We Struggled, We Survived, We Succeeded”: This President’s Day event will outline the progression of Black people from enslavement to the present day. Included will be power moves within the Black community, celebrating the first Black doctors, politicians, dancers, educators, cooks and more. There will be learning opportunities for students to increase their knowledge of voting and politics, the importance of being an ally to fellow Black/POC students, civil rights and protesting. Included in this day’s events will be motivational speaker Rasheed Ali Cromwell. Cromwell will discuss the significance of protesting for peace and change as student leaders. Students will leave this discussion understanding how to manifest change, clarifying the narrative of the movement and using technology to infuse the civil rights movement with social media.

Feb. 28, “Black History Is American History”: On the final day of Black History Month, this event will highlight ways to continue to educate peers on Black history outside of just Black History Month. There will be a display of affinity groups and student organizations that are known to be safe spaces for Black students on campus. Motivational speaker Jordan Green-Ellis will also hold a discussion with students about financial literacy and stability, student leadership, life after graduation and his story as a Black graduate in America and how his life changed after leaving college. **All participating students will have the opportunity to be in a drawing for a scholarship.**

For info, contact McKenna Booker at mbooker@frostburg.edu or 301-687-3158.

Exhibits

Department of Visual Arts Presents an Exhibition of Paintings by Jenal Dolson, ‘Emotional Valance’



FSU’s Department of Visual Arts will host an exhibition of paintings by Jenal Dolson, titled “Emotional Valance,” **through Friday, Feb. 25**, at the Stephanie Ann Roper Gallery in FSU’s Fine Arts Building. This event is free and open to the public.

Dolson lives between Puslinch, Ontario, and Chicago. She has participated in residencies at Tempus Projects (Tampa, Fla.), Artscape Gibraltar Point (Toronto) and the Vermont Studio Centre (Johnson, Vt.). Dolson recently received an Exhibition Assistance Grant from the Ontario Arts Council and the Artist Relief Fund from the Hamilton Arts Council. She also received the Visual Artist Project Grant from the Toronto Arts Council and has been awarded the Emerging Artist Award from the Ontario Arts Council. Dolson received her bachelor’s in 2007 from the University of Waterloo in Waterloo, Ontario, and her master’s in 2020 from the University of

South Florida.

For this show, the Roper Gallery is open **Mondays through Fridays** from noon to 4 p.m.

For info, contact the Department of Visual Arts at 301-687-4797.

Points of Pride

FSU to Develop Online Physical Education Course for Maryland Public Schools

FSU will develop an online high school Level 1 Physical Education Course for Maryland public schools, as part of an agreement with the Maryland State Department of Education (MSDE).

MSDE recognized a need for an online physical education course that could reach students statewide, especially those with individual circumstances and/or scheduling challenges that make traditional face-to-face courses difficult.

“Many high school students are looking to get Advanced Placement courses into their schedule,” said Dr. Boyce Williams, dean of the FSU College of Education. “The availability of an online physical education course will help students struggling to find space in their schedule for some of their required courses, like physical education. This will also provide an option for students participating in the Home Hospital program due to illness or injury.”

“Developing this resource for students, teachers and parents across the state will be a tremendous benefit to the public school system,” said Rebecca Gallagher, FSU associate professor in kinesiology and recreation. “This course will be available not only for registered students, but also as a resource for PE teachers looking to supplement the curriculum in their classrooms. Parents will also be able to see a student’s progress as they complete the course.”

“We’re really excited for the opportunities that will come to current FSU students as part of this project,” said Dr. Nicole Bosley, FSU assistant professor in kinesiology and recreation. “We plan to use FSU students to fulfill jobs like videographer, in addition to PE students serving as instructors in the course videos.”

The course development will be funded through money that MSDE set aside from the Elementary and Secondary School Emergency Relief funds. FSU professors and design team members with expertise in content accessibility and online instructional design will develop an interactive course that meets current best practices for physical education, which includes social and emotional learning, ensures accessibility and directly aligns with the Maryland Physical Education Framework: Pre-K Through 12th Grade (2020). The course design will include asynchronous modules and optional face-to-face instructional modules that will support in-class instruction. The course will be taught online using the MSDE learning management system, Canvas.

Maryland requires each local school system to offer a standards-based physical education program in grades 9-12 to meet the requirements of the state physical education framework and graduation requirements. Physical education plays a critical role as part of a well-rounded education for children. Standards for developing physical education courses, like other academic courses, are based on rigorous national standards.

Andy Duncan Returns as ‘Celebrity Team Captain’ for Speculative Fiction Trivia Night

Andy Duncan, a professor in FSU’s Department of English and Foreign Languages, will be a returning “celebrity team captain” for Speculative Fiction Trivia Night, a **Sunday, March 20**, online fundraiser for the Clarion West Writers Workshop in Seattle. Anyone can sign up to play for only \$5, but \$15 places you on a celebrity’s team of your choice, and for \$45, you can bring your own team! Other celebrity captains are Curtis C. Chen, Tananarive Due and Steven Barnes, Greg and Astrid Bear, Cat Rambo, Brooks Peck, A.T. Greenblatt and Julia Rios, while the night’s quizmaster is Seanan McGuire. For info, visit <https://www.clarionwest.org/2022/02/09/trivia-night-is-back>.

Office of Sponsored Programs Successes/News

On Dec. 20, project director **Dr. Tom Serfass**, a professor in FSU’s Department of Biology, was awarded a \$6,000 contract by the Conemaugh Valley Conservancy to implement a River Otter Monitoring Project within the Kiski-Conemaugh River Basin.

For info, see the Office of Sponsored Program’s Successes/News webpage at <http://www.frostburg.edu/osp/successesnews.php>.

Take Note

CLC 40th Anniversary Campaign



Each year the Children’s Literature Centre sponsors many activities that promote reading and appreciation of children’s literature. This year, CLC is looking forward to celebrating 40 years of sparking a lifelong interest in reading in young children. To continue this outreach to teachers, librarians, media specialists and young readers, CLC needs your financial support.

CLC depends on generous contributions from friends and business partnerships to sponsor featured programs. These include the annual Spring Festival of Children’s Literature, Fall and Spring Author Series and the Summer Author Institute, but CLC needs your help to address the rising costs of funding these important activities.

By making a tax-deductible contribution to the Children’s Literature Centre Endowment, you can ensure that these programs and events continue well into the future. The love of reading starts early; your support of the Children’s Literature Centre makes a difference in the life of a child!

For info, visit <https://www.frostburg.edu/childrens-literature-centre>.

FSU Virtual Career and Internship Fair



On **Wednesday, March 9**, FSU will host its Career and Internship Fair virtually from 11 a.m. to 2 p.m. through Handshake. Attend a group or one-on-one sessions with one of the 50+ employers that are looking for FSU students. Click on any of the emails sent to your FSU student email account from Handshake or go to <https://frostburg.joinhandshake.com> to view employers.

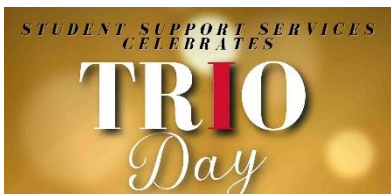
For info, call 301-687-4403, email careerservices@frostburg.edu or stop by the Career and Professional Development Center in Pullen 110.

SGA Outstanding Senior Service Award

It is again the time of year for nominations of graduating students for the Outstanding Senior Service Award. This award represents the cumulative effort in service to the University and the community over the duration of the student’s undergraduate coursework.

Send all nominations, including name and email address, to Kathi Perkins at kperkins@mail.frostburg.edu. The deadline for nominations is **Monday, Feb. 28**.

Come Celebrate TRIO Day!



Student Support Services will host TRIO Day on **Tuesday, Feb. 22**, from 10 a.m. to 2 p.m. in Lane Manicur Hall. There will be food, games, workshops and prizes. All are welcome. At 11 a.m., **Tish Cooper** will present Study Skills, Time Management and more. At 12:30 p.m., **Reggie Morton** will host Pop Culture Trivia.

For info, visit <https://www.frostburg.edu/academics/asn/student-support-services/index.php>.

Board Game Night at Ort Library

Board Game Night will be held at the Ort Library **every second and fourth Wednesday** from 6 to 9 p.m. The next one will be on **Feb. 23**.

Games will include Ticket to Ride, Puerto Rico, Fleet, Bang!, Trash Pandas, Takenoko, Resistance/Avelon, Codenames and Citadels.

Trivia With Kahoot dates vary.

The event is open to all. Bring a game! Bring a friend!

For info, contact Liza Zakharova at ylzakharova@frostburg.edu. Follow the library on Facebook [@OrtLibrary](https://www.facebook.com/OrtLibrary), Twitter [@OrtLibrary](https://twitter.com/OrtLibrary) and Instagram [@OrtLibrary](https://www.instagram.com/OrtLibrary).

Event Cancellation: Ghost-Note

The CES presentation of Ghost-Note, originally scheduled to take place on **Thursday, March 31**, has been canceled. Ticket purchasers will receive automatic credit card refunds.

Save the Date for Homecoming 2022



Homecoming this year will be held **Thursday, Oct. 6, through Sunday, Oct. 9.**

For info, contact the Office of Alumni Relations at 301-687-4068 or alumni@frostburg.edu.

Follow Homecoming on Twitter [#homesweetburg](https://twitter.com/homesweetburg)

Mindful Mondays



You can join biweekly virtual Mindful Monday check-in sessions at 4:45 p.m. The 30-minute sessions are open to and led by FSU students, faculty and staff. To join or lead a session, email Dr. Elesha L. Ruminski (Department of Communication) at elruminski@frostburg.edu, Dr. Anne Murtagh (Psychology) at ammurtagh@frostburg.edu or Mikayla Mackall (Student Government Association student representative on mindfulness) at mjmackall0@frostburg.edu.

Be sure to share with students and colleagues and follow this and other mindful well-being efforts at FSU at this Instagram link: <https://www.instagram.com/frostburgmindfulness>.

Call for Participation for Focus Frostburg



Focus Frostburg 2022: "Learn-In" for A Sustainable Future will take place on **Wednesday, April 20**. Focus Frostburg features programs, discussions and hands-on activities highlighting issues of sustainability and climate awareness. All presentations are open to the campus community and the larger regional community.

This year Focus Frostburg will be a hybrid event including in-person and virtual programming.

Virtual presentations will be recorded in advance and uploaded to the Focus Frostburg YouTube channel at <https://www.youtube.com/channel/UCWRE8oJhI9oduNheVYSPeVg>.

Become a Presenter at Focus Frostburg 2022!

Be sure to indicate your preference on proposals. Student presentations make a great class activity. Poster presentations are welcome. Hands-on activities, workshops and demonstrations are strongly encouraged.

To participate, email Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu and submit a presentation/workshop title and one- or two-sentence abstract of your topic. Topics may be varied but should cover a sustainability, environmental or climate awareness issue. In-person sessions are 50 minutes to coincide with class sessions, but multiple presenters can be accommodated in a single session, so participants may want to consider teaming up. If more time is needed, content can be carried over into a second session. In your response, indicate if there is a preferred time of day when you would like to present.

The proposal deadline is **Friday, March 18**.

Undergraduate Research Symposium Coming in May

The in-person 2022 FSU Undergraduate Research Symposium is scheduled for **Friday, May 6**, from 11 a.m. to 2 p.m. in the Lane University Center. All FSU undergraduate students who have participated in experiential and investigative projects that are completed as part of course work or independent study in any department and major are welcome to participate in the symposium. Also, every student must have at least one faculty or staff mentor to participate.

The Registration form is due by 5 p.m. on **Friday, March 18**. At least one faculty or staff mentor must be listed for the registration form to be accepted. All students who register for the symposium will receive a separate form they need to use to submit their abstracts, which are due **Friday, April 8**.

For info and/or a Registration form, contact Dr. Karen Keller at kkeller@frostburg.edu.

Brady Health Offering Flu Vaccine



Brady Health is still administering the quadrivalent vaccine. The vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. Call 301-687-4310 to schedule an appointment.

You must be over 18 years of age. The cost is \$25. Payment can be made by cash or check. Be sure to wear short sleeves!

Deadlines

Undergraduate Grade Changes

The last day for undergraduate grade changes, including the removal of incomplete grades for the fall 2021 and Intersession 2022 semesters, is **Friday, March 4**.

FSU-TV3

‘Good Morning Frostburg’ Returns!



FSU-TV3’s news magazine show, “Good Morning Frostburg,” is returning for a second season! The first episode will feature guest **Chef Bryce Taylor** with the “Chef Breakdown,” talking about the Chartwell’s Teaching Kitchen recipe of risotto. Taylor, who was a competitor on “Chopped Junior, Guys Grocery Games,” talks about his passion for cooking and more. Also look for an athletic spotlight, as well as hear from FSU students.

Tune in for the new episode on **Wednesday, Feb. 23**, at 9 a.m. on Comcast channel 3, <https://www.facebook.com/FSUTV3> and <https://www.youtube.com/channel/UCBYNZFo1rDZdpNzDL1ruREQ>. Follow FSU-TV3 also on <https://twitter.com/FSUTV3> and <https://www.instagram.com/FSUTV3>.

UCM

Tuesday Is Body-Spirit Day

Have you been feeling out of sorts, anxious and weighted down with the winter blues? Take a wellness break on **Tuesdays** when Lane 108 is open from 1 to 5 p.m. Come and go and spend as much time as you like. This event is available to the whole community.

During Body-Spirit Day the focus is on practices that may help facilitate wholeness and balance in body-mind-spirit. Each week come to learn about ways and practices to bring wholeness and harmony into your life. There will be:

A self-guided meditation and prayer station.

Body-prayer. Body-prayer is similar to yoga so bring a yoga mat if you like; there will also be a chair option for those who may not want to get down on the floor.

A mindfulness station.

An opportunity to talk one on one with a spiritual director. Spiritual direction is an intentional time of prayerful conversations with a trained spiritual director to help you hear and pay attention to the presence and work of God in your life.

For info, contact the Rev. Dr. Cindy Zirlott at c.zirlott@frostburg.edu.

Student Life

Join the Residence Life Team!



The Residence Life Office is looking for resident assistants for the 2022-2023 academic year. If you want to develop professional skills, create a community and support other Bobcats, this position is for you!

The RA application is now available. You can access the application on the Residence Life Office Bobcat Connect page or at <https://frostburg.campuslabs.com/engage/submitter/form/start/518300>.

Applications are due by 11:59 p.m. on **Friday, Feb. 25**.

For info, email Katie Weir at keweir@frostburg.edu.

Volunteers

Institutional Scholarship Review Committee Seeks Volunteers

Volunteers are needed to serve on the Institutional Scholarship Review Committee. The more people that volunteer to serve, the lighter the load for each and the faster award notifications can go out to FSU students, which can help immensely with FSU's recruitment and retention efforts!

If you are interested, contact Jessica Taylor in the Financial Aid Office at 301-687-4268.

Jobs

Job and Internship Opportunities

The FSU Career and Professional Development Center will host virtual information sessions from Fast Enterprises on **Tuesday, Feb. 22**, and **Thursday, Feb. 24**, from 3:30 to 4:30 p.m. via Microsoft Teams. Fast Enterprises is a software development/IT consulting company working across the U.S. and internationally with government agencies. They are looking for problem solvers (from a variety of majors, including computer science, engineering and mathematics) to join their growing company. Click the link to learn about the life of a Fastie: <https://bit.ly/3BtTXLE>.

Summer 2022 Employment With Lane University Center

Applications are now being accepted for summer 2022 employment with the Lane University Center and Event Services team for Event Services assistant staff. Event Services assistants play an integral role in the daily management, leadership and operations of events, camps and conferences at FSU. They assist with preparations, facilities management, peer leadership and support, administrative tasks and guest relations.

The position includes on-campus housing as well as meals. Summer employment is contingent on passing a criminal background check. Hours are not regular and evening/weekend work is required. Want to know what it's like to work for Event Services? Check out the employee testimonials at <https://www.frostburg.edu/student-community-involvement/LUC/employment/employee-testimonials.php> to hear from past student staff.

For info or to apply online, visit the Student Employment webpage at <https://www.frostburg.edu/student-community-involvement/LUC/employment/index.php>.

The deadline for applications is **Friday, March 11**. Hiring decisions are anticipated by spring break.

Study Abroad

Start Planning Your Study Abroad Experience for Spring 2023!

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session will take place at 3:30 p.m. on the following **Fridays** throughout the semester: **Feb. 25, March 4** and **April 1, 15 and 29**.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Health and Safety Messages

Healthy Lighting Habits



Natural light tells us when to be energized, when to relax and when it is time for recovery and sleep. Many of us don't get sufficient exposure to natural light to feel our best. Here are a few practical ways to support health and wellness during the dark winter months.

Remind your body it's day time and get outside during the day; 15 to 30 minutes of daylight each morning will help you feel better and sleep easier. Most cloudy days are still 10 to 100 times brighter than your average office.

Minimize your exposure to blue-rich light two hours before bed. Use incandescent, or blue-light-free LEDs, in your bedrooms and evening spaces. Blue light signals daytime and therefore disrupts sleep and recovery.

Choose indoor lighting that is similar to the cycle of natural light. Favor brightly lit spaces during the day (especially in the morning) and avoid dimly lit spaces. Sunlight is bright and blue-rich; fire and candle light is soft and contains no blue light.

For info, visit <https://www.sunlightinside.com/light-and-health/top-four-healthy-lighting-habits>.

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.