Dr. Traki L. Taylor Named Provost and Vice President of Academic Affairs at FSU

Dr. Traki L. Taylor, currently Chief Diversity, Equity and Inclusion officer for the State University System of Florida, has been named provost and vice president for Academic Affairs at FSU. She will join FSU on July 13.

Taylor has an extensive background in higher education. She previously served as the assistant vice chancellor for Academic Affairs for the State University System of Florida, the second-largest public university system in the nation.

Taylor also served as associate dean of the School of Education and Human Services at the University of Michigan-Flint, and dean and professor at Bowie State University and Florida Agricultural and Mechanical University.

“I am excited to join Frostburg State University as provost and vice president for Academic Affairs,” Taylor said. “Together, we will continue to enhance our focus on faculty excellence, student success and staff advancement while building a first-class academic and administrative infrastructure in a safe, diverse and inclusive environment. Contributing to, strengthening and maintaining relationships with all stakeholders within the local and global communities in which we teach, engage in research and serve, while living our collective commitment to the mission, vision and core values create ‘One University Offering a World of Experiences.’”

As provost, Taylor will serve as the University’s chief academic officer, overseeing FSU’s three academic colleges, the Academic Success Network, Admissions, Financial Aid and the Lewis J. Ort Library.

Taylor was chosen following a national search, which included open, on-campus meetings with faculty, staff and students.

Dr. Michael Mathias will continue to serve as interim provost and vice president of Academic Affairs until Taylor joins FSU in July.

Help for Students

New Financial Aid Implementation

The Office of Financial Aid is launching a new Financial Aid Student Portal (SFP – Student Financial Planning system) starting the 2022-2023 academic year. Although this system replaces the financial aid module of Campus Solutions/Peoplesoft, it continues to fully integrate to CS/PS and will rely on student academic information and integrate back to CS/PS for disbursement of financial aid.

To support the 2022-2023 academic year’s activities, FAO started the implementation journey in October 2021 and has successfully completed the first two releases supporting loading of ISIR records and verifications. This project will continue with the final release deployed in December 2022. The first release for students to access the system via a link in Student Center occurred on Jan. 13.

Benefits to students include faster processing times; real-time visibility of Financial Aid awards; promoting responsible borrowing, reducing loan debt; providing financial aid implications of academic course loads in real time; and an improved overall experience.
Music

Planist Dr. Scott Cuellar to Perform In Guest Artist Series Concert

FSU’s Department of Music will present pianist Dr. Scott Cuellar in a Guest Artist Series concert on Saturday, Feb. 5, at 7:30 p.m. Cuellar will also offer a masterclass that day at 3 p.m.

The program will include “Vallée d’Obermann,” “Prestissimo” and “Gesangvoll, mit innigster Empfindung.” Andante molto cantabile ed espressivo – of “Piano Sonata No. 30 in E Major, Op. 109” by Ludwig van Beethoven; and the four movements – “Allegro moderato,” “Allegretto,” “Tempo di valzer lentoissimo” and “Vivace” – of “Piano Sonata No. 6 in A Major, Op. 82” by Sergei Prokofiev.

“Vallée d’Obermann” is the sixth work in the nine pieces of Liszt’s first part of “Années de pérénénage” titled “Suisse” (Switzerland) and is the longest and most profound of the set. The entire “Années de pérénénage” was written over 23 years from 1838 to 1861. “Obermann” is the name given to the imaginary Swiss location but also refers to the character in an 1804 novel by Étienne Pivert de Senancour who turns to Alpine solitude for solace. The opening of the piece is solemn and dramatic pauses followed by cadenza-like statements mark the work throughout.

“Piano Sonata No. 30 in E Major, Op. 109,” composed in 1820, is the third-to-last of Beethoven’s piano sonatas. In it, after the huge “Hammerklavier Sonata, Op. 106,” Beethoven returns to a smaller scale and a more intimate character. It is dedicated to Maximiliane Brentano, the daughter of Beethoven’s long-standing friend Antonie Brentano. Musically, the piece is characterized by a free and original approach to the traditional sonata form. Its focus is on the third movement, a set of variations that interpret its theme in a variety of individual ways. Overall, the sonata is endowed with abundant melody and interesting, complex harmony.

Prokofiev’s “Piano Sonata No. 6 in A Major, Op. 82” is a sonata for solo piano, the first of the Three War Sonatas. It was first performed in Moscow in 1940. The greater part of the first movement is dominated by grinding dissonances and frequent modulation, increasing the despair of the work. The second movement has a march-like sound with staccato chords. The third movement is similar to a waltz, slower and romantic in the outer sections, but with a stormy, bell-like middle section. The closing movement is a headlong rondo.

Cuellar won the gold medal at the 2016 San Antonio International Piano Competition. Additionally, he was the winner of the Rice and Oberlin concerto competitions and was a semifinalist in the 2017 Seoul International Piano Competition. He has given solo recitals at major venues around the world, including Carnegie Hall’s Weill Recital Hall, Vienna’s Konzerthaus and Bösendorferaal, the Newport Music Festival and the Shenyang Conservatory of Music. He has appeared as a soloist with the San Antonio Symphony, the Rochester Symphony Orchestra, the Oberlin Orchestra, the Lima Symphony Orchestra and several others. He is a founding member of the Rodin Trio. His recording of Gity Razaz’s “Duo for Violin and Piano” with violinist Francesca DePasquale will be released in 2022 on BIS Records, Sweden. Cuellar is an assistant professor at the Oberlin Conservatory of Music, where he teaches chamber music.

For info, contact FSU’s Department of Music at 301-687-4109.

Department of Music to Host Brass Fest! 2022

The FSU Department of Music will hold its Brass Fest! 2022 on Friday, Feb. 18, from 4 to 8 p.m. High school brass students are invited to spend a day at FSU as participants in the Brass Festival. Register at www.frostburg.edu/brassfest.

Brass instructors participating in the event include Dr. Avery Pettigrew, horn; Josh Bishop, euphonium; and Dr. Luke Spence, trumpet.

Registered students will receive a free 30-minute lesson voucher, assistance with scholarship audition preparation and a free dinner and will take part in sectional coaching by FSU faculty and Brass Ensemble rehearsals.

The event will culminate in a concert at 7 p.m. with performances by FSU brass faculty, current FSU brass students and registered Brass Fest! students.

All who register will be accepted. Registration must be submitted by Thursday, Feb. 17, at 9 p.m.

For info, email music@frostburg.edu or contact Dr. Brent Weber, Music Department chair, at 301-687-4116.
Program Features ‘Poems That Liberate, Agitate, Invigorate, Resuscitate’

On Wednesday, Jan. 26, Robin Wynder will host a virtual program, “Poems That Liberate, Agitate, Invigorate, Resuscitate” from 4:30 to 5:45 p.m. at https://frostburg.webex.com/meet/rwynder. (Be sure to log in a few minutes early so that the program can start promptly at 4:30 p.m.)

The program features the following four poets (who are all members of the Association for the Study of African American Life and History):

- Dr. Beatrice Vasser – Retired educator, author and the first African American hired by the prestigious Ellis School in Pittsburgh
- Bonita Penn – Author and managing editor of Soul Pitt Magazine
- Dr. Margaret Bristow – Author and retired professor emeritus of Hampton University
- Ronald B. Saunders – President of the Dr. Edna B. McKenzie Branch of ASALH in Pittsburgh

The poets will read their poems and briefly discuss why they wrote them.

ASALH is a nonprofit organization founded by Carter G. Woodson on Sept. 9, 1915, and dedicated to the study and appreciation of African American History.

All the poems are great Black history lessons. Faculty are encouraged to consider how this program can enhance their courses this spring and have their students attend. This program is open to the FSU campus community.

For info, contact Wynder at rwynder@frostburg.edu.

FSU’s Mandicott Receives Governor’s Service Award

From left are Governor’s Office on Community Initiatives Executive Director Steven J. McAdams, FSU Assistant Vice President of Student and Community Involvement William Mandicott, and Governor’s Office on Service and Volunteerism Director Nicki Fiocco.

William Mandicott, assistant vice president of Student and Community Involvement at FSU, received the AmeriCorps Achievement Award at the 38th Annual Governor’s Service Awards for Outstanding Service and Volunteerism. Gov. Larry Hogan attended the event, hosted by the Governor’s Office on Service and Volunteerism, to celebrate 20 individuals and organizations recognized for their outstanding display of dedication to service and volunteerism.

“This annual celebration recognizes a yearlong – and often lifelong – commitment of countless dedicated volunteers from the faith community, businesses and nonprofits, along with first responders and other public servants,” said Hogan. “The COVID-19 emergency made serving the community more challenging and more important than ever, and I want to sincerely thank all those who helped us remain Maryland Strong during this difficult time for our state and for our nation.”

Mandicott’s career spans 44 years of professional experience in higher education administration regionally and nationally, with an emphasis on community engagement, national service, civic engagement and the arts. He wrote the original grant for ASTAR! In Western Maryland AmeriCorps program, along with Lisa Clark, a program that continues to this day. His service within the state of Maryland includes chair and member of the executive leadership team of the Governor’s Commission on Service and Volunteerism; past chair and member of the leadership team for the Maryland State Arts Council; and serving locally on several community organizations, including the FrostburgFirst Main Street program, the Allegany County Animal Shelter Foundation and the Western Maryland Food Bank.

Over the last year, AmeriCorps reported that more than a third of Marylanders volunteered nearly 200 million hours, producing $4.5 billion in economic impact.

Head of National Minority Auto Dealers Group Speaks With FSU Students About Future of Auto Industry

Damon Lester, right, accepts Certificate of Appreciation from FSU President Ronald Nowaczyk.

Damon Lester, president of the National Association of Minority Automobile Dealers, recently visited with FSU students in the College of Business (marketing, finance, accounting) and College of Liberal Arts and Sciences (computer science, physics, chemistry, biology) to discuss electric vehicles and the future of the automotive industry. Lester was joined in his presentation by John Seaton, area general manager of Nissan Northeast Region.
During his presentation, Lester, owner/CEO of the Nissan of Bowie, discussed electric automobiles, auto careers, how the robust auto manufacturing sector is vital to a healthy U.S. economy and the auto industry’s highest ranking in engineering employment density.

Lester also spoke about connected cars and work that is under way, including autonomous, or self-driving, vehicles. Dr. Jamil Abdo, chair of the FSU Department of Physics and Engineering, and FSU students are currently conducting research on light detection and ranging (LiDAR) performance assessment for autonomous vehicles.

While on campus, Lester was presented with a Certificate of Appreciation by President Ronald Nowaczyk in recognition of his innovative leadership in supporting FSU to advance clean energy and initiating the use of electric vehicles.

After meeting with students, Lester had a luncheon meeting with Nowaczyk; Seaton; Dr. Michael Mathias, FSU interim provost; Dr. Boyce C. Williams, dean of the College of Education; Dr. Sudhir Singh, dean of the College of Business; Dr. Kim Hixson, dean of the College of Liberal Arts and Sciences; Al Delio, vice president for Regional Development at FSU; Jennifer Walsh, executive director of The Greater Cumberland Committee; and Abdo.

“This was a wonderful opportunity for our students to hear from an industry leader about available career opportunities as the automotive industry moves toward the future,” said Williams.

FSU Administators Receive Impact Leader Awards From NSLS

Several members of FSU leadership recently received the Impact Leader Award from the National Society of Leadership and Success (NSLS). Dr. Ronald Nowaczyk, president of FSU; Dr. Artie Travis, vice president of Student Affairs; Dr. Jeffrey Graham, senior associate vice president of Student Affairs; and Robert Cooper, director of Student Life, were nominated for the awards by the FSU NSLS chapter.

The Impact Leader Award recognizes individuals who made a valuable contribution to NSLS by exemplifying a commitment to excellence in developing student leaders. The students within the FSU chapter of NSLS nominated each of the recipients for their service to FSU and commitment to continuing to build the student leaders of our future world.

Nowaczyk was chosen by the students for his ability to provide support when students call upon him and to thank him for his hard work in building student leadership by overseeing FSU.

Travis was nominated for his continual support of all FSU students in building their leadership skills. He is also a member of NSLS.

Graham was nominated for his continual support of programs provided by NSLS to build student leaders. He assists the organization whenever help is needed, and his support has allowed the organization to continue to grow.

Cooper was the first advisor recruited when NSLS returned to FSU and helped with the creation of the executive board. He assisted in helping build student leaders through those positions.

NSLS started at FSU in the fall of 2019 and since then has inducted more than 600 members. All inducted members have completed leadership training as part of their induction.

Office of Sponsored Programs Successes/News

On Dec. 1, project co-directors Dr. Nicole Bosley, an assistant professor in FSU’s Department of Kinesiology and Recreation, and Dr. Rebecca Gallagher, an associate professor in that department, were awarded $280,000 by the Maryland State Department of Education for the project, Development of an Online, Physical Education, Level 1 Course for Use in Maryland Public Schools.

For info, see the Office of Sponsored Program’s Successes/News webpage at http://www.frostburg.edu/osp/successesnews.php.

Take Note

FSU Foundation Opportunity Grants

The FSU Foundation is once again seeking funding proposals from faculty, staff and students for Foundation Opportunity Grants and several other awards for fiscal year 2023 (academic year 2022-23).

Those interested should complete the FSU Foundation Opportunity Grant Request Form (application link at www.frostburg.edu/opportunity), which includes a line-item budget. All applications must be limited to two pages. A third page is only permitted for the line-item budget. After you complete the form, you must submit it online at www.frostburg.edu/opportunity. No paper or emailed applications will be accepted.

The deadline for proposals is midnight on Sunday, March 13. Applicants will be notified of the awards following the Foundation Board meeting on Friday, June 3.
Projects may be funded from the following:

- **Annual Fund** for projects that support FSU’s institutional priority to enhance experiential and applied learning opportunities for students inside and outside the classroom.

- **Bowling Family Global Citizen Funds** to support the global competence of FSU students.

- **AI and Dale Boxley Faculty Award/Student Research Award** to support faculty or student projects.

- **J. Frederick Gibralter Regional and Cultural Arts Funds** to support regional and cultural arts programs at FSU.

- **Jonathan Gibralter Presidential Leadership Fund for Alcohol Awareness and Education** to support educational programs, social programs and/or community service-related programs geared toward alcohol awareness and the importance of responsible behaviors and decision making.

- **Catherine R. Gira Campus-to-Community Awards** to support students or student projects that demonstrate an entrepreneurial spirit, critical thinking skills and a determination to be successful.

- **Kim and Marion Leonard Mindful Leadership of Self and Others Experiential Learning Funds** to support FSU faculty, staff and students to understand the value placed on mindfulness, authenticity, awareness, vulnerability, openness, trust, listening and respect.

- **Woodward and Virginia Pealer Faculty Development Award** to support student scholarships and faculty development initiatives for stipends/funding and travel expenses for visiting scholars, lecturers, artists, performers and programs; recognition and promotion of these activities; equipment purchases in conjunction with these activities; and outreach/professional development programs for Allegany County.

- **Martha T. and Ralph M. Race Western History Lecture Funds** to support an annual lecture series on the topic of Western history.

- **Stephen M. Spahr Student Activism Award** to provide financial assistance to student organizations, classes or informal groups of students needing funds to travel to programs or centers of governmental activity to experience, firsthand, the workings of the democratic process.

- **Marlene Weimer Memorial Scholarly Endeavors Fund** to support scholarly endeavors in the area of innovative mathematics faculty development initiatives and/or scholarship support for outstanding mathematics students, depending on the area of greatest need as determined annually by the Mathematics Department.

You can access the award descriptions at [www.frostburg.edu/opportunitygrants](http://www.frostburg.edu/opportunitygrants) and a list of previously supported projects at [https://www.frostburg.edu/foundation/_files/pdfs/fundedprojects.pdf](https://www.frostburg.edu/foundation/_files/pdfs/fundedprojects.pdf).

### CPDC Spring Career and Internship Fair

The Career and Professional Development Center will host the Spring Virtual Career and Internship Fair on **Wednesday, March 9**, on Handshake from 11 a.m. to 2 p.m. and the On-campus Career and Internship Fair on **Wednesday, April 20**, in the Lane Center, also from 11 a.m. to 2 p.m. Encourage your students to register and attend these events! Invitations to follow!

For info, contact Career Services at careerservices@frostburg.edu or 301-687-4403.

### Undergraduate Research Symposium Coming In May

Undergraduate students will again have the opportunity to present their research in person at the FSU Undergraduate Research Symposium! The symposium is scheduled for **Friday, May 6**, from 11 a.m. to 2 p.m. in the Lane Center. More information, including the Registration form, will be provided at the beginning of the spring semester.

For info, contact Dr. Karen Keller at kikeller@frostburg.edu.

### Women’s Studies Collecting for Paws Pantry

The Women’s Studies Steering Committee is holding a drive for the FSU PAWS Pantry for personal hygiene products. Consider donating new, unopened items from the following list.

- Items needed include tampons/pads/other menstrual products, shaving cream/gel, razors, deodorant, regular-sized bottles of shampoo/conditioner/body wash, hand soap, loofahs and hair products for various hair types and textures.

Collection point locations are the Gira Center, the main floor of the Ort Library across from the elevators and Dunkle 311 (during regular business hours).

Collection points will be maintained through spring of 2022.

For info, contact Amanda Bena at albena@frostburg.edu.
MCTA Winter Farmers Market

Mountain City Traditional Arts, at 25 E. Main St. in Frostburg, will host the Frostburg Winter Market through April 2022. The market will be held the first and third Saturdays of each month from 10 a.m. to 1 p.m. Brightside Farm, Brookstree Farm, Rice’s Orchard, Fish Holler Farm, Wynter’s Haven and more will bring their locally grown and sourced products to Frostburg so you can still eat local through the holidays.

For specific event dates and farm updates, follow “Frostburg Winter Market” on Facebook at https://www.facebook.com/frostburgwintermarket.

Brady Health Offering Flu Vaccine

Brady Health is still administering the quadrivalent vaccine. The vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. Call 301-687-4310 to schedule an appointment.

You must be over 18 years of age. The cost is $25. Payment can be made by cash or check. Be sure to wear short sleeves!

It’s Snowing! Should I Stay or Should I Go?

Here’s how to find out if the campus will be closed or have a delayed opening on bad weather days. The following applies to in-person classes and activities and on-campus students and employees only, and for the FSU main campus only. See note below for teleworkers and online classes.

If the campus is closed:

- In-person classes are canceled.
- In-person employees and hybrid teleworkers who are scheduled to be on campus the day of the closure should not report to work.
- Essential personnel are required to report to work at their scheduled time.

If a delay is announced:

- In-person classes scheduled before the announced opening time are cancelled. Classes after that time occur as scheduled.
- In-person employees and hybrid teleworkers scheduled to be on campus that day should begin their shifts at the announced opening time.
- Essential personnel are required to report to work at their scheduled time.

Teleworkers/online classes:

- Fully online classes will continue regardless of campus status.
- Teleworkers, whether regular or hybrid, who are scheduled that day to work remotely will follow their regular schedule. (Those who do not work must use accrued leave time.)

The most reliable information regarding delayed openings and cancellations will be from FSU-controlled outlets (email, Burg Alerts, University voicemail and website). Notification of delays or closures will be made through these outlets:

- Through campus email.
- Main University Number (301-687-4000, option 2) after 6 a.m.
- On the top of the main page of the FSU website (www.frostburg.edu).
- Through local radio stations.
- Via Twitter (twitter.com/frostburgstate).
- On the FSU Facebook page (www.facebook.com/frostburgstateuniversity).

Everyone with an FSU email is automatically signed up for Burg Alerts to that email. Burg Alerts, in addition to weather notifications, alert the campus in an emergency.

You may also opt to have Burg Alerts sent as text messages to your cell phones (standard texting rates apply) and to other email addresses. To sign up, click https://www.frostburg.edu/computing/fsualert or click the Emergency link at the bottom of the FSU front page. Follow the instructions, using your FSU username and password to access the site. You have the option of having alerts
sent to two cell numbers and six email addresses. (You may add your family members, or they may create their own accounts at the link above.) Make sure to follow the validation steps to activate your choices.

If you spend any time in the Frostburg area, it is highly recommended that you sign up for the text alerts to ensure you are notified of emergencies or weather-related schedule changes.

Unless an FSU closure is announced on the outlets above, we are open. Likewise, the message under option 2 at the main University number will announce the closure or announce, “There are no delays or closures at this time.” (If you study or work at a facility outside of Frostburg, officials from that facility will determine closures for those locations.)

For Employees

Essential personnel are required to report to work in the event of any cancellation or delay. These individuals have been notified of their “essential” status by their department heads. If you are unsure of your status, check with your supervisor.

Personnel compensation for closures or delays (in-person only) will be based on the appropriate cancellation/delay message as presented on the FSU voicemail system.

If, in your judgment, it is not safe for you to come to work or to class while the University is still open, you must contact your supervisor and provide this information. In the event that liberal leave is announced for employees, it is expected that everyone will make an effort to report to work and class. Employees who take liberal leave will be charged for the appropriate leave time. The announcement of liberal leave does not cancel classes, nor does it relieve essential employees of their need to report to work during inclement weather.

For Students

The announcement of liberal leave for employees does not cancel classes. If you have concerns about your ability to make it to class in bad weather, discuss them with your faculty members before the weather turns nasty. (If you are a student at a facility outside of Frostburg, officials from that facility will determine closures for those locations.)

Depending on the severity of the weather, the Lane University Center, Ott Library and the Cordts PE Center may open with limited hours and services on days that in-person classes are cancelled. This service is for students living on campus and within walking distance. Do not attempt to drive to campus if the weather is severe enough to warrant closing the University, for your own safety and for the sake of those who must work to clear parking lots and sidewalks. When it is determined that it is safe to open these buildings, announcements will be made via student FSU email.

For Everyone

Here are some ways you can check on conditions if you have to travel:

- FSU campus weather cam on Weather Bug: https://www.weatherbug.com/weather-camera/frostburg-md-21532 (Other regional cams can be found here, too.)
- Maryland DOT statewide cams: https://chart.maryland.gov/trafficcameras/index.php#
- I-68 Exit 33 cam: https://chart.maryland.gov/video/video.php?feed=7200276f018000a8005dd336c4235c0a

The final decision regarding your safety resides with you. Stay warm and be safe.

Do not call University police or the computer help desk for weather-related announcements.

Do call 301-687-4000, option 2, check your email or check the FSU website at www.frostburg.edu.

Local Radio/TV Stations

The following local radio/television stations will be notified in the event of a closing or delay:

- WFRB “Froggy” – 105.3 FM
- WFRB “Willie” – 560 AM/106.7 FM
- WKHJ – 104.5 FM Oakland
- WTBO – 1450 AM/97.9 FM
- WCBC – 1270 AM/107.1 FM
- WWHQ – 92.3 FM Oakland
- WRQE “Rocky” – 106.1 FM
- WMSG – 1050 AM Oakland
- WVMD “The Wolf” – 100.1/99.9 FM
- WDYK “Magic” – 100.5 FM
- WQZK – 94.1 FM Keyser
Note: If there are mixed messages in the media (one station says we're open and another says we're closed) – call the University number (301-687-4000, option 2) for clarification. That number will always be the final authority in case of confusion from other sources.

Volunteers

Volunteers Needed to Rebuild After Wildfires in Paradise, Calif.

Alternative Break trips are fully immersive and highly organized service trips for students and young adults that allow them to make a direct impact in a community while learning more about the issues surrounding that community and the larger world.

For Spring Break 2022, FSU is heading to Paradise, Calif., to help with rebuilding after the wildfires.

The deadline to apply is Friday, Feb. 4.


For info, contact Ashley Daniels at amdaniels@frostburg.edu.

Study Abroad

Start Planning Your Study Abroad Experience for Spring 2023!

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences. Each virtual session will take place at 3:30 p.m. on the following Fridays throughout the semester: Jan. 28, Feb. 4 and 25, March 4 and April 1, 15 and 29.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Study Abroad Trip to Puerto Rico, May 23-29

Dr. Greg Wood, professor and chair, FSU’s Department of History, will lead a study abroad trip to Puerto Rico Monday, May 23, through Sunday, May 29. Examine firsthand how Latin American societies grapple with U.S. cultural and economic influence. Study abroad experience is integrated into IDIS 350/351 Exploring American Culture during summer session 2022. The trip is open to any FSU student.

To learn about the tensions that surround American cultural and economic influences in this region, students will explore the landscapes of consumerism and popular culture, take in the built environment and visit various historic cities, towns and sites.

For info, contact Wood in Dunkle 107 and at gwood@frostburg.edu. You can also visit efcollegestudytours.com/2423413zp.

Costa Rica – Pura Vida Trlp, May 26-June 3

Explore ecotourism principles in the context of a country that is considered to be the ecotourism capital of the world. This study abroad experience is integrated as the experiential component of RECR 448 Principles of Ecotourism during summer session 2022. The dates of travel are Thursday, May 26, through Friday, June 3. The trip is open to any FSU student.

Students will engage in hands-on experiences as they board canal boats, kayaks, rafts and zip-lines to get an up-close and personal look at the ever-changing landscapes and unparalleled animal and plant life. The trip includes visits to five national parks in Costa Rica.

For info, contact the faculty trip leader, Dr. Natalia Buta, an associate professor in FSU’s Department of Kinesiology and Recreation, at nbuta@frostburg.edu or 301-687-4458, or visit https://www.frostburg.edu/student-life/campus-services/center-for-international-ed/study-abroad/student-abroad-programs.php.
**Health and Safety Messages**

**Winter Sport Safety Tips**

**Ice Skating**

Only ice skate in locations you know are safe. Look for rinks, ponds and lakes that have posted signs indicating skating is safe. Avoid skating on a lake, river or pond after several days of unseasonably mild weather.

While you’re learning (and even when you’re an experienced skater), protect yourself with wrist guards, knee pads and elbow pads.

**Skiing and Snowboarding**

Whether you’re a skier or snowboarder, head protection is a must.

If a skier tries too hard to stay upright, the knee bears the brunt of the body’s weight, gravity and speed. In a split second, the ACL (anterior cruciate ligament) breaks, strains or tears.

Ducking boundary ropes can lead to skiers and snowboarders getting into extremely dangerous terrain.

Heed warnings and observe conditions.

**Snowshoeing**

Breathing in cold air can be dehydrating. Bring along a good-size water bottle and sip steadily.

Damp clothes can lower body temperature, so dress in layers you can easily put on and take off.

Don’t head off without telling anyone where you’re going or when you expect to be back.


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**VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023**

**CORE VALUES**

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person’s ability to “take the perspective of the other.”

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

**OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023**

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

**STRATEGIC GOALS**

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU’s Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).