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StateLines

For and about FSU people

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For all events, FSU is following CDC guidance based on current area conditions. For current health and safety guidelines, visit www.frostburg.edu/COVID19.

Frostburg State University Offering Two New Programs in Nursing

Students Gain Healthcare Knowledge With BSN for First-Time Students and Online LPN to BSN Programs

FSU will offer two new programs in nursing in the fall. The Bachelor of Science in Nursing (BSN) program allows first-time students to explore the variety of pathways that a career in nursing has to offer. Additionally, students interested in advancing their healthcare knowledge can enroll in FSU's online Licensed Practical Nurses (LPN) to BSN program to expose themselves to expanded job opportunities in leadership roles or careers in specialized care areas. Both programs are accredited by the Commission on Collegiate Nursing Education.

Students who choose FSU as the foundation for their nursing career will gain hands-on experience in the University's soon-to-open state-of-the-art Education and Health Science building with faculty who are committed to their success. Those enrolled in the BSN program will complete 56 credits of general education and prerequisite courses, 65 credits of specialized nursing courses and 720 hours of hands-on learning. Juniors and seniors in this program will complete courses in an active learning classroom, skills and simulation lab and local healthcare settings. Previously, students had to complete early courses at a two-year institution but can now complete all credits in four years at FSU.

FSU is committed to providing opportunities for LPNs to advance their degree while still maintaining obligations in their careers and home lives. The newly implemented, part-time and fully online LPN to BSN program allows students flexibility completing their studies. LPNs will be awarded 15 college credits toward their BSN degree, and graduates of the program are eligible to complete the national RN licensure exam in the state of their choice. Students enrolled in this program will complete 50 credits of specialized nursing courses, will be able to transfer in general education and prerequisite requirements and will complete 480 hands-on learning hours through lab and clinical experiences.

FSU realizes that a degree in nursing is the key to endless opportunities in healthcare, industry, technology, education and beyond, and its affordability will help graduates advance their nursing careers with the help of experientially and educationally prepared staff who create and deliver high-quality courses to equip graduates for a complex and ever-changing healthcare environment.

For info about FSU's new nursing programs, visit www.frostburg.edu.

Help for Students

Tutoring Information

Tutoring will continue through **Thursday, May 11**. Hours of operation are **Mondays through Thursdays** from 10 a.m. to 7 p.m. and **Fridays** from 10 a.m. to 2 p.m. Math and natural sciences tutoring will take place in Pullen 139 and business, computer science and writing tutoring in Pullen 151.

For info, call 301-687-3077.

Appointment-Based/One-to-One Tutoring Courses

Students use TutorTrac to make appointments. Courses include ACCT 211/212, Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 149/160/161, CHEM 201/202, COSC 100/240/241, DVMT 095/099, ECON 201/202, MATH 104/118/119/120/236/237, PHYS 261/262 and Writing.

NetTutor (Online Tutoring)

For classes not listed under appointment-based, this is a 24/7, third-party, online tutoring platform accessible via Canvas. Students should send an email to msmith@frostburg.edu to gain access. Information about NetTutor is posted outside of Pullen 151.

What If There Is No Assistance for My Class?

If there is no assistance, form a study group, speak with professor about other support options or try the Khan Academy.

PAWS Pantry Hours

FSU's PAWS Pantry provides food and basic necessities to FSU students at no cost. The pantry aims to decrease the impact that food insecurity has on the academic success of students through hunger alleviation and increased education in the areas of personal budgeting, nutrition and wellness.

Hours for the fall semester are **Mondays** from 1 to 7 p.m., **Wednesdays** from 1 to 5:30 p.m., **Thursdays** from 11:30 a.m. to 3 p.m. (by appointment only) and **Fridays** from 1 to 5:30 p.m. If the pantry's regular hours do not work for you, email pawspantry@frostburg.edu to set up an appointment.

The pantry recently updated its Intake and Liability Waiver form at <https://bit.ly/3vRurh6>. All customers (new and returning) will need to complete this form before using the pantry.

Have you been exposed to COVID and/or are symptomatic? Email PAWSPantry@frostburg.edu to request a delivery, and a pantry representative will be in touch to coordinate a delivery day and time with you. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

National Suicide Hotline

If you or someone you know is in distress, you can reach the National Suicide Hotline by dialing 9988 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800-273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.

For info, visit <https://988lifeline.org/faq> and <https://www.frostburg.edu/about-frostburg/Administrative-Offices/university-police/index.php>.

Music

Unless otherwise noted, events will take place in the Pealer Recital Hall of FSU's Performing Arts Center. Concerts are free and open to the public. These events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

Dr. Mark Gallagher to Perform Faculty Artist Series Concert

FSU's Department of Music will present *Dr. Mark Gallagher* in his clarinet concert on **Tuesday, Feb. 14**, at 7:30 p.m.. He will be accompanied by *Dr. Jay DeWire* on piano and *Dr. Brent Weber* on bassoon.

Gallagher will play the six movements, "Andante sostenuto," "Allegro risoluto," "Moderato," "Allegro ma non troppo," "Andante molto" and "Allegro," of "Duos for Clarinet and Bassoon, Op. 24" by Robert Muczynski, arranged by Gallagher; the three movements, "Andante molto," "Allegretto" and "Leidenschaftlich schnell," of "Three Romances for Clarinet and Piano, Op. 22" by Clara Schumann; the three movements, "Allegro moderato," "Andante" and "Presto," of "Sonate for Klarinett (B) og Klaver, Op. 23" by Trygve Madsen; and the three movements, "Allegro con brio," "Adagio" and "Tema con variazioni" ("Pria ch'io l'impegno"), of "Piano Trio in B-flat Major, Op. 11" ("Gassenhauer Trio") for Clarinet, Bassoon and Piano by Ludwig van Beethoven.

Muczynski was an American pianist, teacher and composer. His "Duos for Clarinet and Bassoon, Op. 24" (1991) consists of six short pieces. The first movement features a melodic obligato over a slowly ascending clarinet line. The second movement is a jaunty mixed-meter dance. In the third movement, the two instruments trade expressive melodic lines before joining together at the dynamic peak. The fourth movement explores the juxtaposition of unison passages with rhythmically complex subdivisions of the beat. The fifth movement is lyrical and expressive. The final movement is a stream of eighth notes that race to an exciting conclusion.

Schumann, the most prolific female pianist of the Romantic era, wrote "Three Romances, Op. 22" in 1853, one of the last pieces she composed. The first romance has an inner passion full of pathos despite the movement's seemingly calm nature. The second romance is more pensive with hints of playfulness. The finale romance, with its rippling arpeggios in the piano part, is exuberant in spirit.

Madsen is a Norwegian composer and pianist. He composed "Sonate for Klarinett (B) og Klaver, Op. 23" in 1980.

"Piano Trio in B-flat Major, Op. 11" was composed by Beethoven in 1797. It is one of a series of early chamber works, many involving woodwind instruments because of their popularity and novelty at the time. The piece is also sometimes known by the nickname "Gassenhauer Trio." This arose from its third movement, which contains nine variations on a theme from the then-popular drama giocoso "L'amor marinaro ossia Il Corsaro" by Joseph Weigl. This particular melody, "Pria ch'io l'impegno" ("Before I Go to Work"), was so popular it could be heard in many of Vienna's lanes ("Gasse" in German). A "Gassenhauer" usually denotes a simple tune that many people have taken up and sing or whistle for themselves.

Department of Music to Present West Shore Piano Trio in Faculty-Guest Artist Series Concert



West Shore Piano Trio members Dr. Jay DeWire, Diana Flesner and Heather Haughn

FSU's Department of Music will present the West Shore Piano Trio in a Faculty-Guest Artist Series concert on **Sunday, Feb. 26**, at 3 p.m.

The West Shore Piano Trio, comprised of *Dr. Jay DeWire* on piano, Heather Haughn on the violin and Diana Flesner on the viola, will perform "Piano Trio No. 2, Op. 27: 'Quasi una Ballata'" by Vítězslav Novák and "Piano Trio in B-flat Major, Op. 97" by Ludwig van Beethoven.

"Piano Trio No.2, 'Quasi una Ballata,'" was composed in 1902 when Novák's allegiance was torn between two musical camps. He was still attracted to the use of folk melody advocated by the older and more conservative generation of Czech composers, but also to the tonal modernism emerging in Europe at the turn of the century. Although the trio is written in one movement, hence a ballad, it nonetheless follows traditional classical structure in that it has four succinct episodes. It begins with an introductory "Andante tragico," full of pessimism, and though tonally advanced for the time, there are still traces of Moravian folk songs. This is followed by an "Allegro," which has a heroic theme for its main subject but it too is tinged with a sense of the tragic. Next comes a sarcastic scherzo, "Allegro burlesco." In the fourth section, the "Andante tragico" is reprised, this time followed by a very dramatic "Allegro" that leads to a somber and funereal coda.

Beethoven completed his "Piano Trio in B-flat Major, Op. 97" in 1811. It is commonly referred to as the Archduke Trio, because it was dedicated to Archduke Rudolph of Austria. Rudolf was an amateur pianist and a patron, friend and composition student of Beethoven, and Beethoven dedicated about a dozen compositions to him. The Archduke Trio was written late in Beethoven's so-called "middle period." It follows the traditional four-movement structure with sonata form in the first and rondo sonata form in the last movement. It also allows for a more prominent part for the piano than previous compositions.

Readings

CLA Opens Spring Reading Series With Reading by Poet Ed Doyle-Gillespie

FSU's Center for Literary Arts will host a reading by Ed Doyle-Gillespie on **Thursday, Feb. 23**, at 7:30 p.m. in room 237 of FSU's Lewis J. Ort Library. This event is free and open to the public.

Doyle-Gillespie is a long-time Baltimore resident. A police detective, he holds a degree in history from George Washington University and a master's from Johns Hopkins University. He is the author of several poetry collections, including "Gentrifying the Plague House," "Masala Tea and Oranges," "Aerial Act" and "On the Later Addition of Sancho Panza."

For info, contact the Center for Literary Arts at 301-687-4340 or cla@frostburg.edu.

Films

ODEI Presents 'CLAY1613: A Family in Black and White'

FSU's Office of Diversity, Equity, and Inclusion will host "CLAY1613: A Family in Black and White" on **Thursday, March 2**, in the Adams/Wyche Multicultural Center. The 60-minute documentary will begin at 6 p.m. and conclude with a question-and-answer period with executive producer Leontyne Clay Peck.

"CLAY1613," inspired by the family research of Peck and the Clay Family Society, is a film about the heritage of the CLAY family and the journey of Peck and other Clay descendants in finding and connecting the dots to their family lineage. The historical and genealogical research focuses on connecting the poor, rich, Black, White, known and unknown descendants of an English planter, John Clay, who arrived in Jamestown, Va., aboard the ship Treasurer in 1613.

Historical mentions include noted relatives such as Sen. Henry Clay, Mitchell Clay Jr., Muhammad Ali, abolitionist Cassius Clay and poet Langston Hughes.

Michael Jones, the director, has woven the stories of descendants, historians, artists and genealogists to connect the Clay family dots from 1613 to 2022. The interviews include a journey of storytelling with Peck, Mary Richardson, Dr. Lindsey Apple, Eric Brooks, Keith Winstead, Rahman Ali, Dr. Ian Ralby, Carren Clarke, Shannon Christmas and Dr. Justene Hill Edwards.

The purpose of the documentary is to uplift and inspire all families to honor their ancestors and document their family histories.

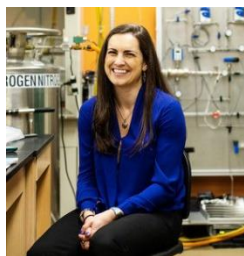
Jones, of Independent Film Fund, is a Charlottesville-based filmmaker, photographer and writer. His past films include "The Propagation of Sheep" (2017), "The View From the Porch" (2019) and "KINFOLK" (2021).

Peck, a native of Piedmont, W.Va., is an educator, author, family historian and speaker with more than 30 years of experience in presenting African American programs. Among her accolades are Maryland Business and Professional Woman of the Year, Maryland Commissioner on African American History and Culture and a Ford Foundation Scholar in African American Studies. Peck is the author of "Our Mother's Dresses: An Ancestry Tribute to My African, European and American Mothers," "Silver Children: The African American Family of Henry Clay" and "Paxton Street."

For info, contact the Office of Diversity, Equity and Inclusion at odei@frostburg.edu or 301-687-4050

Presentations

'Toxic Titan'



Dr. Sarah Hörst, Department of Earth and Planetary Sciences, Hopkins Extreme Materials Institute at Johns Hopkins University and an adjunct astronomer at the Space Telescope Science Institute, will give a presentation, "Toxic Titan," on **Wednesday, March 1**, from 7 to 8 p.m. in Gira Center 397. This event is free and open to the public. No tickets are required.

Saturn's largest moon, Titan, is unique in this solar system. Below Titan's thick organic haze layer, rivers of methane carve channels into an icy bedrock and flow into large hydrocarbons seas. Across the landscape, water ice mountains and extensive organic sand dune fields are simultaneously alien and reminiscent of Earth. Titan's lake-mottled surface and thick, organic-rich atmosphere may be an ideal setting for life as we do not know it, and there is certainly much yet to be learned about our own home from the study of Titan.

Telescopes will be available afterward for viewing the moon if the weather is favorable.

This event is sponsored by the Multimedia Learning Center at FSU and the Cumberland Astronomy Club and funded by an FSU Faculty Development Speaker Grant.

For info, contact Dr. Jason Speights at jcspeights@frostburg.edu.

Focus Frostburg – Call for Participation



Focus Frostburg 2023: "Learn-In" for a Sustainable Future featuring sustainable transportation will take place **Wednesday, April 19**.

Focus Frostburg features programs, discussions and hands-on activities highlighting issues of sustainability and climate awareness. All presentations are open to the campus community and the larger regional community.

This year, there will be a partnership with the regional community to feature topics of sustainable transportation. Proposals on that topic are especially encouraged, but all topics focusing on aspects of environmental and social sustainability are welcome. Student presentations make a great class activity. Poster presentations are welcome. Hands-on activities, workshops and demonstrations are strongly encouraged.

Presenter Criteria

To participate, email Dr. Kara Rogers Thomas at krogerstho@frostburg.edu and submit a presentation/workshop title and one-or-two-sentence abstract of your topic. Topics may be varied but should cover a sustainability, environmental or climate awareness issue. In-person sessions are 50 minutes to coincide with class sessions, but multiple presenters can be accommodated in a single session, so participants may want to consider teaming up. If more time is needed, content can be carried over into a second session. In your response, indicate if there is a preferred time of day when you would like to present. The proposal deadline is **Sunday, March 19**.

Special Events

Bobcat Giving Day Returns on March 1!



FSU's Bobcat Giving Day is back! From noon EST on **Wednesday, March 1**, to noon on **Thursday, March 2**, the Frostburg community will be celebrating 125 years of FSU with 24 hours of giving.

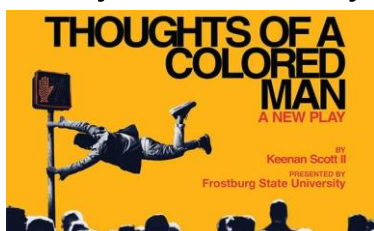
Organized by the FSU Office of University Advancement, Bobcat Giving Day is returning for its second year. The day is a way for the FSU community to collectively make contributions to their favorite FSU Foundation funds. To add to the incentive, the fund that receives the most donors (not dollars) will once again earn an extra \$10,000 from the FSU Foundation Board of Directors. Donors giving \$60 or more will receive a pair of limited-edition Bobcat socks (while supplies last). Above all, Bobcat Giving Day is a way for the Frostburg community to come together and support University programs, scholarships, departments, organizations and students.

To learn more, visit www.frostburg.edu/givingday or contact Stephanie Loar, annual giving specialist, at srloar@frostburg.edu.

Theatre

'Thoughts of a Colored Man' Comes Home!

Critically Acclaimed Broadway Show Returns to FSU



"Thoughts of a Colored Man," the critically acclaimed play written by *Keenan Scott II '09*, will return to FSU this spring, after its 2021 Broadway run.

The FSU public performances are scheduled for **Friday, April 14**, and **Saturday, April 15**, and **Thursday, April 20**, through **Saturday, April 22**. Ticket information will be announced in early February.

Scott, who wrote the play when he was a theatre student at FSU, will return to campus to direct his work.

Scott is a playwright, poet, actor, director and producer of original work from Queens, New York. His work has been workshopped and produced at notable theaters such as National Black Theater, New York Theater Workshop, Arena Stage and Woolly Mammoth. His critically acclaimed piece “Thoughts of a Colored Man” world premiered at Syracuse Stage for its 2019-2020 season and transferred to Baltimore Center Stage to finish its regional run, before settling at the Golden Theater during the 2021-2022 Broadway season, where Scott made his writing and unconventional acting debut. Scott was chosen to be a part of the 2021 TED Fellow cohort to be among a global community of artists, inventors and scientists. His latest work “The Migration LP” and new original musical “The Return of Young Boy” are being developed at New York Stage & Film, while his other stage plays are in various stages of development. He is a part of the creative team of the miniseries “A Luv Tale” by Sidra Smith, now on BET+. He is also developing an array of projects for television and film, including a pilot with UCP of NBCUniversal, and adapting a novel by JJ Bola called “The Selfless Act of Breathing” with BRON Studios.

“Thoughts of a Colored Man,” described as “vulnerable, vibrant, raw and live,” weaves spoken word, slam poetry and rhythm into a mosaic of the inner lives of seven contemporary Black men who live in one Brooklyn neighborhood. The show explores the men’s lives, pressures, passions, challenges and triumphs.

The FSU production will mark the first college or university performance of the play since its Broadway debut.

The University is seeking partners and sponsorships for the performance in Western Maryland. If you or your business would like to support the production and programming, contact John Short, vice president for University Advancement, at 301-687-4068 or Kathleen Breighner, development officer in Advancement, at 301-687-4200.

Poster Contest

Design the Next Poster for “Thoughts of a Colored Man”

FSU students across disciplines are invited to submit a design that, if selected, will be used for the poster and print materials of this production. The winning poster will be personally selected by Scott.

If selected, the winning designer will receive a \$100 award. The image will be turned into print/poster materials with text and dates with the help of graphic designers.

Email a high-resolution PDF or JPEG (300 DPI) of your design by **Monday, Feb. 13**, to Jamison Odone at jaodone@frostburg.edu. In the subject line, write Poster Submission.

It is recommended that you read the play to aid in your design process. Copies of the play are on hold at the Lewis J. Ort Library front desk. You can also read about the play online. The play has both Facebook and Instagram pages.

For info, visit <https://www.keenanscott.com>.

Exhibits

Smithsonian Exhibit at the Allegany Museum



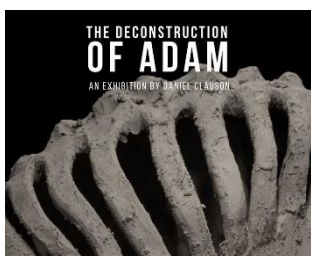
The Allegany Museum is hosting the Smithsonian Museums on Main Street Traveling Exhibit, “Crossroads: Change in Rural America,” **through Friday, Feb. 17**. The exhibit explores why revitalizing rural places matters to those who remain, those who left and those who will come in the future. The project is made possible by Maryland Humanities in partnership with the Western Maryland Heritage Association.

Each Crossroads partner creates its own exhibit to complement the Smithsonian’s exhibition. **The Allegany Museum’s companion exhibit, “Understanding the Push and Pull of Appalachia to Create a Resilient Future,” features responses from a community listening project conducted by FSU Honors students enrolled in the interdisciplinary course, “Experiencing Appalachia.”** The work, which incorporates photographs of the region, features community assets, challenges and pathways to resilience.

The museum is located at 3 Pershing St. in Cumberland. The exhibition will be on view in the ballroom on the second floor, **Wednesdays through Thursdays** from 10 a.m. to 4 p.m., **Fridays and Saturdays** from 10 a.m. to 5 p.m. and **Sundays** from 1 to 5 p.m. The Allegany Museum’s first-floor exhibit, “Crossroads of America,” will also be open **Saturdays** from 1 to 5 p.m. and **Sundays** from 1 to 5 p.m.

For info, go to <https://alleganymuseum.org/exhibits-special-events> or contact Dr. Kara Rogers Thomas at krogerstomas@frostburg.edu.

Department of Visual Arts Presents an Exhibition by Daniel Clauson



FSU’s Department of Visual Arts is hosting an exhibition by Daniel Clauson, titled “The Deconstruction of Adam,” through **Friday, Feb. 24**, at the Stephanie Ann Roper Gallery in FSU’s Fine Arts Building. This exhibition is free and open to the public.

“The Deconstruction of Adam” is an exhibition of the negative infliction of society’s standards as well as the promise for a community that accepts and validates transformation. These works reach toward a desire to preserve life as well as relinquish traditions that necessitate oppression toward queerness. The exhibit is a collection of works expressing the current political climate of being transgender in America. Clay as a material focal point expresses through is natural cyclical processes of construction,

destruction and reclamation the resilience of queer folk. The different material states of ceramics, video, photography and writing simultaneously convey and criticize the values of preservation.

Clauson is a queer and trans artist focusing mostly in ceramics. Through ceramics he creates bodily forms that resist the limitations of biological and systematic structure and reach toward an empathetic, critical and political figurative form. Clauson uses his past experiences of gender dysphoria, relationships and “home” to influence his work, connecting contradicting ideas of love and pain, trauma and acceptance, intimacy and ambiguity. He grew up in the Pacific Northwest, where the coastal and mountainous erosion qualities have influenced the textures and surfacing techniques in his work. Clauson has exhibited nationally in group and solo exhibitions and has received multiple awards and scholarships.

For this show, the Roper Gallery is open **Mondays through Fridays** from 11 a.m. to 5 p.m.

For info, contact the Department of Visual Arts at 301-687-4797.

Ort Library Celebrates Black History Month



The Lewis J. Ort Library is celebrating Black History Month 2023 by highlighting the history and accomplishments of the FSU Collegiate Chapter of the National Council of Negro Women, Inc. FSU’s chapter was started on May 1, 2012, when 76 FSU students organized its creation. The chapter aims to lead, empower and advocate for Black women. Its emphasis is on community and membership is open to all students regardless of gender or race. There are 60 members in the chapter’s 2022-2023 year.

Since its inception, NCNW has sponsored countless events and activities, including the Mr. NCNW Pageant, local business fundraisers, social justice marches and self-care events. It regularly participates in community service activities.

The exhibit is on the fifth floor of the library and will be on display through February. NCNW advisor **Robin Wynder**, president **Jasmine White** and historian **Sarah Ekeinde** collaborated on the exhibit.

Points of Pride

Biology Department Awards

Dr. Kate Sheehan, an assistant professor in FSU’s Department of Biology, has been awarded an American Association of University Women Research Publication Grant in Engineering, Medicine and Science to evaluate the “influence of a pathogenic yet intermittent bacterium on the microbiome of seabirds.” The award is for \$26,800 for research on the microbial communities of seabird ectoparasites during the 2023 calendar year.

And **Sonja Barber**, a graduate student in the Applied Ecology and Conservation Biology Master’s program, was awarded a Maryland-Delaware Diversity, Equity and Inclusion Scholarship from The Wildlife Society for an essay discussing her dedication toward DEI in her field and within the FSU community. She was awarded \$500.

FSU’s Food Recovery Network

In fall 2022, FSU’s Food Recovery Network recovered a total of 698 pounds of food from campus Dining Services! This food was distributed by the Western Maryland Food Bank to those in need in the region.

To promote the work of FRN to those not on campus, **Tracy Edwards**, a lecturer in FSU’s Department of Geography, and Katarzyna Chmiel, a visiting Northumbria student, were featured in a WFWM Public Radio Community Matters segment, which aired on Dec. 30. If interested, this segment can be found on the WFWM Public Radio Facebook page at <https://www.facebook.com/wfwmradio>.

Dr. Kris McGee Hosts Author John Schu at USMH



USMH Master of Arts in Teaching – Elementary students, faculty and staff are pictured here with guest author John Schu.

Dr. Kris McGee, an associate professor at the University System of Maryland at Hagerstown and the coordinator of the Master of Arts in Teaching – Elementary Program, recently hosted author John Schu at USMH.

Schu’s presentation, titled “From the Heart to The Classroom – John Schu’s Best-Loved Books of 2022,” included a 50-book collection of children’s books handpicked by him from 2021-2022 publications. All participants could easily incorporate any of these books into their classroom to promote and increase reading motivation, stamina and growth. Everyone left the presentation with multiple books signed by Schu.

McGee funded this presentation with grant money she received from the Fletcher Foundation in Hagerstown.

Take Note

Science Saturdays for Spring 2022

Science Saturdays feature space news, a sky tour and a full-dome movie. Telescopes are available afterward for viewing the moon and planets when the weather is favorable.

Shows are free, tickets are not required and anyone is welcome to attend. They start at 5 and 7 p.m. and last about an hour.

Dates are scheduled to optimize the use of telescopes.

Feb. 25: “Out There: The Quest for Extrasolar Planets”

April 1: “Phantom of the Universe: The Hunt for Dark Matter”

April 29: “The Sun, Our Living Star”

May 27: “From Earth to the Universe”

Also coming is an event on **Wednesday, March 1**, about the Dragonfly Mission to Saturn’s largest moon, Titan.

For info, visit www.frostburg.edu/mlc.

FSU Chapter Hosting Info Table in Celebration of PKP Week

In celebration of national Phi Kappa Phi week, the FSU chapter will host an information table in the Lane Center **Tuesday, Feb. 7, through Thursday, Feb. 9**, for anyone interested in learning more about the eligibility requirements to join. The Honor Society of Phi Kappa Phi is the nation’s oldest and most selective honor society for all academic disciplines. Membership is by invitation only to the top 10 percent of seniors and graduate students and the top 7.5 percent of juniors. Faculty, professional staff and alumni who have achieved scholarly distinction also qualify.

Dues-paying members receive numerous benefits, including access to new undergraduate pioneer awards, study abroad grants, graduate research awards, dissertation fellowships and Love of Learning awards. Access to career-related podcasts, as well as discounts on software and online test preparation courses, are also available.

For info, contact Dr. Linda Steele, chapter president, at blsteele@frostburg.edu.

Also be sure to visit the second floor of the Lewis J. Ort Library next week and check out PKP’s display case there.

Campus Race to Zero Waste

Campus Race to Zero Waste, formerly known as RecycleMania, has begun. This eight-week nationwide competition is designed to help colleges and universities find pathways toward zero waste on campus. FSU will be competing with dozens of other campuses across the country to promote waste reduction.

Be sure to pitch in by bringing all recyclables to any of the recycling stations located across campus to help FSU rank in the competition. Every little bit helps!

For info, contact the Facilities Management Recycling Program at 301-687-4125.

Interested in Joining the Relay For Life Planning Committee?

Relay For Life will be hosted at FSU on **Saturday, April 29**.

The American Cancer Society Relay For Life movement is the world’s largest peer-to-peer fundraising event dedicated to saving lives from cancer. For more than 35 years, communities across the world have come together to honor and remember loved ones and take action for lifesaving change. Funds raised through Relay For Life directly support breakthrough research, 24/7 support for cancer patients, access to lifesaving screenings and much more.

If interested in assisting with planning this year’s Relay for Life event, email Ashley Daniels at amdaniels@frostburg.edu or stop by Lane 231.

FSU Foundation Opportunity Grants



The FSU Foundation is once again seeking funding proposals from faculty, staff and students for Foundation Opportunity Grants and several other awards for fiscal year 2024 (academic year 2023-24).

Those interested should complete the FSU Foundation Opportunity Grant Request Form (application link at www.frostburg.edu/opportunity), which includes a line-item

budget. All applications must be limited to two pages. A third page is only permitted for the line-item budget. After you complete the form, you must submit it online at www.frostburg.edu/opportunity. No paper or emailed applications will be accepted.

The deadline for proposals is midnight on **Sunday, March 12**. Applicants will be notified of the awards following the Foundation Board meeting on **Friday, June 2**.

Projects may be funded from the following:

Annual Fund for projects that support FSU’s institutional priority to enhance experiential and applied learning opportunities for students inside and outside the classroom

Bowling Family Global Citizen Funds to support the global competence of FSU students

Al and Dale Boxley Faculty Award/Student Research Award to support faculty or student projects

J. Frederick Gibraltar Regional and Cultural Arts Funds to support regional and cultural arts programs at FSU

Jonathan Gibraltar Presidential Leadership Fund for Alcohol Awareness and Education to support educational programs, social programs and/or community service-related programs geared toward alcohol awareness and the importance of responsible behaviors and decision making

Catherine R. Gira Campus-to-Community Awards to support students or student projects that demonstrate an entrepreneurial spirit, critical thinking skills and a determination to be successful

Kim and Marion Leonard Mindful Leadership of Self and Others Experiential Learning Funds to support FSU faculty, staff and students to understand the value placed on mindfulness, authenticity, awareness, vulnerability, openness, trust, listening and respect

Woodward and Virginia Pealer Faculty Development Award to support student scholarships and faculty development initiatives for stipends/funding and travel expenses for visiting scholars, lecturers, artists, performers and programs; recognition and promotion of these activities; equipment purchases in conjunction with these activities; and outreach/professional development programs for Allegany County

Martha T. and Ralph M. Race Western History Lecture Funds to support an annual lecture series on the topic of Western history

Stephen M. Spahr Student Activism Award to provide financial assistance to student organizations, classes or informal groups of students needing funds to travel to programs or centers of governmental activity to experience, firsthand, the workings of the democratic process

Marlene Weimer Memorial Scholarly Endeavors Fund to support scholarly endeavors in the area of innovative mathematics faculty development initiatives and/or scholarship support for outstanding mathematics students, depending on the area of greatest need as determined annually by the Mathematics Department

You can access the award descriptions at www.frostburg.edu/opportunitygrants and a list of previously supported projects at <https://www.frostburg.edu/foundation/files/pdfs/fundedprojects.pdf>.

Don't Let the Snow Stop You From Getting Around!

The Lane University Center has snow shovels available for checkout. Stop by the Event Services desk (behind the Information desk) and show your student ID to check out a shovel for the day.

Sign up for BURG Alerts

FSU's text messaging service, known as BURG Alerts, offers students, faculty and staff a fast and convenient text message alert service. Students, faculty and staff are strongly encouraged to register – it only takes a minute. This will be the surest way for you to receive public safety and/or University closing notifications.

Ort Library Hours for Spring 2023

Library hours for the spring semester are as follows:

Mondays through Thursdays: 8 a.m. to midnight

Fridays: 8 a.m. to 5 p.m.

Saturdays: noon to 5 p.m.

Sundays: 1 p.m. to midnight

For info, visit www.frostburg.edu/library or call the main desk at 301-687-4395.

Folk Printmaking Series at MCTA



Mountain City Traditional Arts, at 25 E. Main St. in Frostburg, will host a Folk Printmaking Series for young artists, grades 6 to 8, **Tuesdays, Feb. 21 to March 28**, from 6 to 7:30 p.m. During this six-week workshop, young artists will design and carve out their own image. Each week the artist will learn and demonstrate proper techniques and vocabulary used in relief printmaking.

Cost of the series is \$20. Space is limited.

For info or to register, contact Dr. Kara Rogers Thomas at krogerstthomas@frostburg.edu.

Professional Achievements

The latest edition of Professional Achievements has been published online at <https://www.frostburg.edu/news/professional-achievements.php>.

Frostburg Winter Market

The Frostburg Winter Market will be held the **first and third Saturdays of the month through April** from 10 a.m. to 1 p.m. at Mountain City Traditional Arts, 25 E. Main St. The market has micro-greens, meat, bread, honey and more.

For info, email mountaincitytradart@gmail.com or call 801-687-8040.

Catch Snowflakes, Not the Flu!



The Brady Health Center is still offering the quadrivalent vaccine. This vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is \$25. Student can pay by cash, check or Bobcat Express, or the bursar can bill the student's PAWS account.

Faculty and staff can pay by cash or check.

You must be over 18 years of age. Don't forget to wear short sleeves!

FSU-TV3

Did You Know FSU Has Its Own Cable Channel?



of programming.

FSU-TV3 is FSU's 24/7 educational access channel. You can now watch student-produced and educational programming via the streaming app. The app is available for free download from the Apple and Play stores. To download, visit <https://www.frostburg.edu/fsu-tv3/fsu-tv3-app.php>. You can also watch right now online at <https://www.frostburg.edu/fsu-tv3/watch-now.php>. The channel, including the app, is programmed and operated, year-round, by staff and students in the Department of Communication. The channel offers a variety

If you would like to support FSU-TV3, go to www.frostburg.edu/GiveTV3. Your support will assist in providing additional educational programming on the app and the channel.

Study Abroad

Start Planning Your Study Abroad Experience for Summer and Fall 2023!



Nori Dawson in Ireland – Summer 2022

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences.

Each virtual session will take place at 3 p.m. on the following **Fridays: Feb. 17, March 3 and 31 and April 14 and 28.**

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Study Abroad in Ireland Info Session

A Study Abroad in Ireland Information Session will be held on **Monday, Feb. 6**, at 4 p.m. in Pullen 207.

A representative from Mary Immaculate College will give a presentation.

Applications are now open for fall 2023 and spring 2024.

For info, email vmgearhart@frostburg.edu.

Jobs

Student Van Drivers Needed – \$13.25/hour



The Office of Civic Engagement is hiring van drivers for its ECHOSTARS AmeriCorps program. Van drivers transport students to and from service projects in the greater Allegany County area. Most van driver schedules vary from 5 to 15 hours a week based on availability and program needs. Weekday and weekend hours are available. Interested students must have a clear driving record, successfully complete an online van-driving safety module to become van certified and pass both a state and FBI background check.

If you are interested in applying to be an ECHOSTARS van driver, email ECHOSTARS@frostburg.edu for application information, how to become van certified and other details.

Upward Bound Summer 2023 Program Employment Opportunities

The Upward Bound Program at FSU is seeking tutor/counselors and a head resident (bachelor's degree required – May 2023 graduation acceptable) for the Upward Bound Summer Program 2023.

Upward Bound is a federally funded program for qualified Allegany County high school students who plan to enroll in college. Upward Bound provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in their precollege performance and ultimately in their higher education pursuits.

Duties include:

- Tutoring and mentoring high school students
- Creating a welcoming residential and learning environment
- Planning fun and engaging activities and events and chaperoning field trips
- Assisting students with social growth

The head resident supervises all residential staff and is responsible for all activities that occur outside of the classroom.

Benefits include:

- Room and board for the duration of the program (three to five weeks plus training week)
- Supervisory experience
- Working with academic professionals
- Improving problem-solving and conflict-resolution skills

To learn more about the Upward Bound Program at FSU, visit www.frostburg.edu/upward-bound. For info, call Cassie Weese, assistant director, Upward Bound, at 301-687-4994 or email upwardbound@frostburg.edu.

Community

USMH to Host Basket Bingo Fundraiser Benefitting USMH Scholarship Fund

The University System of Maryland at Hagerstown will host its annual Basket Bingo Fundraiser on **Sunday, Feb. 12**, at the Hagerstown Elks Lodge at 11063 Robinwood Drive in Hagerstown. Doors will open at 11 a.m., with lunch at noon and games beginning at 1 p.m.

Basket Bingo Fundraiser proceeds will benefit the USMH Scholarship Fund, which has awarded more than \$760,000 in locally raised funds to USMH students since 2009.

To participate in the upcoming fundraiser, community members can purchase tickets in advance for \$35 at <https://usmhbasketbingo2023.eventbrite.com> or \$40 at the door.

For community members and local businesses wishing to support the USMH Scholarship Fund, visit <https://hagerstown.usmd.edu/giving/give>.

Health and Safety Messages

Leave Sooner, Drive Slower, Live Longer!



For more than two decades, speeding has been involved in approximately one-third of all motor vehicle fatalities. In 2020, speeding was a contributing factor in 29 percent of all traffic fatalities.

The average speed limit on most U.S. highways is 70 MPH. If a motor vehicle traveling more than 70 MPH crashes with another vehicle or any other objects, it will most likely cause a fatal car accident. At that speed, there is almost no time for reactions, very little chance to regain control and a huge amount of force that few people could survive.

Speeding behavior and aggressive drivers not only affect the speeder but also other drivers, pedestrians and bicyclists. Here are some tips for encountering speeders on the road:

If you are in the left lane and someone wants to pass, move over and let them by.

Give speeding drivers plenty of space. Speeding drivers may lose control of their vehicle more easily.

Adjust your driving accordingly. Speeding is tied to aggressive driving. If a speeding driver is tailgating you or trying to engage you in risky driving, use judgment to safely steer your vehicle out of the way.

Call the police if you believe a driver is following or harassing you.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: <https://www.mentalhealthfirstaid.org/2022/08/seven-self-care-tips-for-college-students>

Tell Yourself Tuesday Tip: <https://52perfectdays.com/lifestyle/inspirational-quotes-for-college-students>

Wacky Wednesday Tip: <https://www.rd.com/list/laughter-facts>

Thankful Thursday Tip: <https://www.ramseysolutions.com/personal-growth/10-reasons-im-thankful-for-thankfulness>

Fun Friday Tip: <https://www.bumblebar.com/50-things-cold>

Social Saturday Tip: <https://www.frostburg.edu/im-club-sports/index.php>

Self-Love Sunday Tip: <https://spoonuniversity.com/healthier/10-ways-to-practice-self-love-on-a-college-student-budget>

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.