Frostburg State University to Receive $1.2 Million in Federal Funds

FSU will receive $1,250,000 through direct federal funding earmarked in the $1.7 trillion omnibus spending bill signed into law by President Joe Biden in December. The funding, secured through Sens. Chris Van Hollen and Ben Cardin (both D-Md.) and Rep. David Trone (D-Md.), will provide $750,000 for the FSU Regional Science Center and $500,000 for the FSU Maryland Accelerates Program.

FSU’s Regional Science Center will provide hands-on space exploration simulations through the Challenger Learning Center, as well as robotics and coding programs for primarily middle-school-aged children in Allegany County and other regional school systems. The center will also display artifacts and personal photographs from space missions conducted by Dr. Richard Arnold II, a NASA astronaut and 1985 graduate of FSU. The center will provide a unique opportunity for students to experience STEM learning and provide an early look at STEM careers.

FSU’s Maryland Accelerates Program is a teacher residency program that provides a living stipend for students in the Master of Arts in Teaching program and pairs them with mentor teachers at participating local schools so they can serve full time for a school year as a teacher resident and earn their master’s in teaching on an accelerated schedule. This program allows future teachers to develop relationships in the community and encourages retention of teachers in the area, while also supporting staffing needs at the schools. Since its launch in 2019, 35 students have been enrolled in three cohorts, representing Garrett, Washington and Frederick County Public Schools. The federal funds will help expand the program for additional cohorts and allow FSU to engage with other school systems for teacher resident placement.

“Federal investments in STEM and teacher education are essential investments in the future of Maryland and our nation. I am proud we were able to request these funds specifically for such pivotal initiatives at Frostburg State,” said Cardin. “Team Maryland will continue to work to provide resources that will help Marylanders live, learn and grow in a way that best fits our local community needs.”

“Investing in STEM education is key to preparing our students for the jobs and the economy of the future. We delivered these funds directly to FSU to support its program to inspire students of all ages to pursue fulfilling careers in education and the sciences. These important efforts will open new doors of opportunity for our students and strengthen the economy of Western Maryland,” said Van Hollen, a member of the Appropriations Committee.

“Providing every Marylander an opportunity to succeed, especially in high-skill, sought-after trades like STEM, is a win-win for all of us. Not only will these programs help develop our country’s future leaders, but they will also create and fill jobs down the line in our state,” said Trone. “As a member of Congress, it is my mission to work with local leaders, listen to communities and deliver results. This federal funding does just that.”
Help for Students

PAWS Pantry Hours

FSU’s PAWS Pantry provides food and basic necessities to FSU students at no cost. The pantry aims to decrease the impact that food insecurity has on the academic success of students through hunger alleviation and increased education in the areas of personal budgeting, nutrition and wellness.

Hours for the fall semester are Mondays from 1 to 7 p.m., Wednesdays from 1 to 5:30 p.m., Thursdays from 11:30 a.m. to 3 p.m. (by appointment only) and Fridays from 1 to 5:30 p.m. If the pantry’s regular hours do not work for you, email pawspantry@frostburg.edu to set up an appointment.

The pantry recently updated its Intake and Liability Waiver form at https://bit.ly/3vRurb6. All customers (new and returning) will need to complete this form before using the pantry.

Have you been exposed to COVID and/or are symptomatic? Email PAWSPantry@frostburg.edu to request a delivery, and a pantry representative will be in touch to coordinate a delivery day and time with you. Only those who have been exposed to the virus, have been informed to self-quarantine and/or are symptomatic should use this option.

National Suicide Hotline

If you or someone you know is in distress, you can reach the National Suicide Hotline by dialing 9888 from an on-campus landline phone or 988 from an off-campus phone. (The previous number, 800-273-8255, can still be used, indefinitely.) This line serves veterans in crisis as well. As always, you can also reach University Police at 301-687-4223 if you are in distress.


Theatre

‘Thoughts of a Colored Man’ Comes Home!

Critically Acclaimed Broadway Show Returns to FSU

“Thoughts of a Colored Man,” the critically acclaimed play written by Keenan Scott II ’09, will return to FSU this spring, after its 2021 Broadway run.

The FSU public performances are scheduled for Friday, April 14, and Saturday, April 15, and Thursday, April 20, through Saturday, April 22. Ticket information will be announced in early February.

Scott, who wrote the play when he was a theatre student at FSU, will return to campus to direct his work.

Scott is a playwright, poet, actor, director and producer of original work from Queens, New York. His work has been workshopped and produced at notable theaters such as National Black Theater, New York Theater Workshop, Arena Stage and Woolly Mammoth.

His critically acclaimed piece “Thoughts of a Colored Man” world premiered at Syracuse Stage for its 2019-2020 season and transferred to Baltimore Center Stage to finish its regional run, before settling at the Golden Theater during the 2021-2022 Broadway season, where Scott made his writing and unconventional acting debut. Scott was chosen to be a part of the 2021 TED Fellow cohort to be among a global community of artists, inventors and scientists. His latest work “The Migration LP” and new original musical “The Return of Young Boy” are being developed at New York Stage & Film, while his other stage plays are in various stages of development. He is a part of the creative team of the miniseries “A Luv Tale” by Sidra Smith, now on BET+. He is also developing an array of projects for television and film, including a pilot with UCP of NBCUniversal, and adapting a novel by JJ Bola called “The Selfless Act of Breathing” with BRON Studios.

“Thoughts of a Colored Man,” described as “vulnerable, vibrant, raw and live,” weaves spoken word, slam poetry and rhythm into a mosaic of the inner lives of seven contemporary Black men who live in one Brooklyn neighborhood. The show explores the men’s lives, pressures, passions, challenges and triumphs.

The FSU production will mark the first college or university performance of the play since its Broadway debut.

The University is seeking partners and sponsorships for the performance in Western Maryland. If you or your business would like to support the production and programming, contact John Short, vice president for University Advancement, at 301-687-4068 or Kathleen Breighner, development officer in Advancement, at 301-687-4200.

Special Events

Harry Potter Book Night

The Children’s Literature Centre and the Lewis J. Ort Library will present the eighth annual Harry Potter Book Night on Saturday, Feb. 4, in FSU’s Lane University Center and the Ort Library. This event is free and open to the public. One of the two time slots is still available – 6:30 to 9 p.m. Due to limited capacity, you must select a time slot ticket for admittance.
Dr. Mark Gallagher to Perform Faculty Artist Series Concert

FSU’s Department of Music will present Dr. Mark Gallagher in his clarinet concert on Tuesday, Feb. 14, at 7:30 p.m. in the Pealer Recital Hall of FSU’s Performing Arts Center. He will be accompanied by Dr. Jay DeWire on piano and Dr. Brent Weber on bassoon. The concert is free and open to the public. This event will also be livestreamed; the link will be posted at www.frostburg.edu/concerts.


Muczynski was an American pianist, teacher and composer. His “Duos for Clarinet and Bassoon, Op. 24” (1991) consists of six short pieces. The first movement features a melodic obligato over a slowly ascending clarinet line. The second movement is a jazzy mixed-meter dance. In the third movement, the two instruments trade expressive melodic lines before joining together at the dynamic peak. The fourth movement explores the juxtaposition of unison passages with rhythmically complex subdivisions of the beat. The final movement is lyrical and expressive. The final movement is a stream of eighth notes that race to an exciting conclusion.

Schumann, the most prolific female pianist of the Romantic era, wrote “Three Romances, Op. 22” in 1853, one of the last pieces she composed. The first romance has an inner passion full of pathos despite the movement’s seemingly calm nature. The second romance is more pensive with hints of playfulness. The finale romance, with its rippling arpeggios in the piano part, is exuberant in spirit.

Madsen is a Norwegian composer and pianist. He composed “Sonate for Klarinett (B) og Klaver, Op. 23” in 1980.

“Piano Trio in B-flat Major, Op. 11” was composed by Beethoven in 1797. It is one of a series of early chamber works, many involving woodwind instruments because of their popularity and novelty at the time. The piece is also sometimes known by the nickname “Gassenhauer Trio.” This arose from its third movement, which contains nine variations on a theme from the then-popular dramma gioco “L’amor marinaro ossia Il Corsaro” by Joseph Weigl. This particular melody, “Pria ch’io l’impiego” (“Before I Go to Work”), was so popular it could be heard in many of Vienna’s lanes (“Gasse” in German). A “Gassenhauer” usually denotes a simple tune that many people have taken up and sing or whistle for themselves.

For info, contact Dr. Mark Gallagher, at mga@frostburg.edu.
**Future,“** features responses from a community listening project conducted by FSU Honors students enrolled in the interdisciplinary course, “Experiencing Appalachia.” The work, which incorporates photographs of the region, features community assets, challenges and pathways to resilience.

An Open Mic Night featuring area musicians and singer/songwriters sharing music written about or inspired by experiences in the region will cap off the series of public events and performances planned by FSU students on Saturday, Feb. 4, at 3 p.m. in the Allegany Museum Ballroom.

The museum is located at 3 Pershing St. in Cumberland. The exhibition will be on view in the ballroom on the second floor, Wednesdays through Thursdays from 10 a.m. to 4 p.m., Fridays and Saturdays from 10 a.m. to 5 p.m. and Sundays from 1 to 5 p.m. The Allegany Museum’s first floor exhibit, “Crossroads of America,” will also be open Saturdays from 1 to 5 p.m. and Sundays from 1 to 5 p.m. For info, go to https://alleganymuseum.org/exhibits-special-events or contact Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu.

**Department of Visual Arts Presents an Exhibition by Daniel Clauson**

FSU’s Department of Visual Arts will host an exhibition by Daniel Clauson, titled “The Deconstruction of Adam,” which will open with a reception on Friday, Feb. 3, from 6 to 8 p.m. at the Stephanie Ann Roper Gallery in FSU’s Fine Arts Building. This exhibition, which is free and open to the public, will be on display through Friday, Feb. 24.

“The Deconstruction of Adam” is an exhibition of the negative infliction of society’s standards as well as the promise for a community that accepts and validates transformation. These works reach toward a desire to preserve life as well as relinquish traditions that necessitate oppression toward queerness. The exhibit is a collection of works expressing the current political climate of being transgender in America. Clay as a material focal point expresses through is natural cyclical processes of construction, destruction and recreation of Adam. Clay as a material focal point expresses through natural cyclical processes of construction, destruction and reconstruction of the different material states of ceramics, video, photography and writing simultaneously convey and critique the values of preservation.

Clauson is a queer and trans artist focusing mostly in ceramics. Through ceramics he creates bodily forms that resist the limitations of biological and systematic structure and reach toward an empathetic, critical and political figurative form. Clauson uses his past experiences of gender dysphoria, relationships and “home” to influence his work, connecting contradicting ideas of love and pain, trauma and acceptance, intimacy and ambiguity. He grew up in the Pacific Northwest, where the coastal and mountainous erosion qualities have influenced the textures and surfacing techniques in his work. Clauson has exhibited nationally in group and solo exhibitions and has received multiple awards and scholarships.

For this show, the Roper Gallery is open Mondays through Fridays from 11 a.m. to 5 p.m.

For info, contact the Department of Visual Arts at 301-687-4797.

**Ort Library Celebrates FSU’s 125th Anniversary With Exhibits**

The Lewis J. Ort Library is celebrating the 125th anniversary of FSU with an exhibit each quarter that represents the institution’s epochs: The State Normal School No. 2 at Frostburg 1898-1934, Frostburg State Teachers College 1934-1963, Frostburg State College 1963-1987 and Frostburg State University 1987-Present. The first of these four exhibits exemplifies the origins of what grew into FSU, depicting the Normal School years 1898-1934, and is on display until the end of March.

Visitors to the library will have the opportunity to learn about the local area miners who contributed to the Normal School’s foundation, the Normal School’s unconventional final principal, John L. Dunkle, who would go on to lead Frostburg State Teachers College as its first president, the Normal School curriculum, Elementary Model School and student activities.

The Normal School exhibit is located to the left of the library’s main desk on the main floor. For info, visit www.frostburg.edu/library.

**Points of Pride**

**New Bachelor of Science In Nursing Program**

A new Bachelor of Science in Nursing program has received full Maryland Higher Education Commission and Maryland Board of Nursing approval. This program will start in fall 2023 and will be fully on the FSU campus. There will be an application and admission process for this program. Applications will have an anticipated due date of Friday, March 3.

A virtual information session was held Jan. 5 to discuss the program and the admission process. For a recording of the session, email nursing@frostburg.edu.

**Dr. Kara Rogers Thomas Wins Spirit of Frostburg Award**

**Dr. Kara Rogers Thomas**, a professor in FSU’s Department of Sociology, was recently awarded this year’s Spirit of Frostburg Award from the nonprofit organization FrostburgFirst for her contributions to the local community and her commitment to keeping alive Appalachian folk traditions and exploring and showcasing the ways they are evolving.

In addition to her responsibilities at FSU, for the past 15 years Rogers Thomas has been the coordinator of the Appalachian Festival for which she lines up the speakers, performers, vendors and the film series. She also programs performances at Mountain City Traditional Arts in downtown Frostburg.
Projects may be funded from the following:

- Board meeting on Tuesday, July 19, 2022
- The deadline for proposals is midnight on Sunday, March 12, 2023. Applicants will be notified of the awards following the Foundation Board meeting on Friday, June 2.
- For info, visit https://www.facebook.com/FrostburgFirst.

**Students and Staff Volunteer Over Winter Break to Rebuild NOLA**

Volunteers pictured (clockwise from top) are JJ DeVoe, Brayden Hill, Aisa Wrights and Robert Cooper, assistant vice president for Student Engagement.

This January, 17 FSU students and three staff members flew to Houma, La., to spend a week volunteering with Rebuilding Together NOLA, Rebuilding Together Bayou and Break a Difference. While there, the group, along with students and staff from Adelphi University in Garden City, N.Y., rebuilt homes for local residents as well as a Community Center for the Grand Caillou/Dulac Band of Biloxi-Chitimacha-Choctaw Tribe.

The group learned the impact that climate change and reduced wetlands are having on the area, including more powerful and frequent hurricanes. The increased frequency and intensity of these natural disasters make it more difficult for local residents to recover each time one strikes.

These trips provide students the opportunity to spend their break making an impact, create lifelong friendships and learn new skills, as well as how they can continue making a difference in their chosen career path through conversations with nonprofit and business leaders.

**Office of Student Engagement Students/Staff Participate In Day of Service**

FSU is committed to Dr. Martin Luther King’s ideals of community involvement and to giving opportunities for everyone to share in his legacy and translate his deeds into action on campus and in the community.

On MLK Day this year, students and staff from the Office of Student Engagement participated in a joint Community Day of Service in Frederick, Md. Nearly 250 registered to volunteer at The Church of Jesus Christ of Latter-day Saints to make pillows, blankets, kindness rocks, kindness wall art, bookmarks and other crafts for communities in need as part of this day of service hosted by ASTAR (Appalachian Service Through Action and Resources), a Maryland AmeriCorps program at FSU.

For info, contact Dr. Artie Lee Travis at altravis@frostburg.edu.

**Office of Sponsored Programs Successes/News**

On Jan. 9, project director **Dr. Jamil Abdo**, a professor in the Department of Physics and Engineering, was awarded $160,000 – $80,000 in a Maryland Industrial Partnerships award from the University of Maryland, Maryland Technology Enterprise Institute and $80,000 from Beitzel Corporation – for the project, Mobile Solar PV Power Plant With Battery Storage.

On Dec. 19, project director **Melanie Moore**, associate director of the Cultural Events Series, was awarded $48,563.60 in Arts Relief Funding by the Maryland State Arts Council in support of CES.

On Dec. 15, project director **Dr. Kara Rogers Thomas**, a professor in the Department of Sociology, was awarded $62,500 in Arts Relief Funding by the Maryland State Arts Council in support of Folklore and Folklife Programming.

On Sept. 8, project director **Dr. Rich Raesly**, a professor in the Department of Biology, was awarded a $4,935 contract by the Maryland Department of Natural Resources, Wildlife and Heritage Service (DNR-WHS) for the Hellbender Project in partnership with DNR-WHS.

For info, see the Office of Sponsored Program’s Successes/News webpage at https://www.frostburg.edu/osp/Successes%20News.php.

**FSU Foundation Opportunity Grants**

The FSU Foundation is once again seeking funding proposals from faculty, staff and students for Foundation Opportunity Grants and several other awards for fiscal year 2024 (academic year 2023–24).

Those interested should complete the FSU Foundation Opportunity Grant Request Form (application link at www.frostburg.edu/opportunity), which includes a line-item budget. All applications must be limited to two pages. A third page is only permitted for the line-item budget. After you complete the form, you must submit it online at www.frostburg.edu/opportunity. No paper or emailed applications will be accepted.

The deadline for proposals is midnight on **Sunday, March 12**. Applicants will be notified of the awards following the Foundation Board meeting on **Friday, June 2**.

Projects may be funded from the following:

- **Annual Fund** for projects that support FSU’s institutional priority to enhance experiential and applied learning opportunities for students inside and outside the classroom
- **Bowling Family Global Citizen Funds** to support the global competence of FSU students
Al and Dale Boxley Faculty Award/Student Research Award to support faculty or student projects

J. Frederick Gibralter Regional and Cultural Arts Funds to support regional and cultural arts programs at FSU

Jonathan Gibralter Presidential Leadership Fund for Alcohol Awareness and Education to support educational programs, social programs and/or community service-related programs geared toward alcohol awareness and the importance of responsible behaviors and decision making

Catherine R. Gira Campus-to-Community Awards to support students or student projects that demonstrate an entrepreneurial spirit, critical thinking skills and a determination to be successful

Kim and Marion Leonard Mindful Leadership of Self and Others Experiential Learning Funds to support FSU faculty, staff and students to understand the value placed on mindfulness, authenticity, awareness, vulnerability, openness, trust, listening and respect

Woodward and Virginia Pealer Faculty Development Award to support student scholarships and faculty development initiatives for stipends/funding and travel expenses for visiting scholars, lecturers, artists, performers and programs; recognition and promotion of these activities; equipment purchases in conjunction with these activities; and outreach/professional development programs for Allegany County

Martha T. and Ralph M. Race Western History Lecture Funds to support an annual lecture series on the topic of Western history

Stephen M. Spahr Student Activism Award to provide financial assistance to student organizations, classes or informal groups of students needing funds to travel to programs or centers of governmental activity to experience, firsthand, the workings of the democratic process

Marlene Weimer Memorial Scholarly Endeavors Fund to support scholarly endeavors in the area of innovative mathematics faculty development initiatives and/or scholarship support for outstanding mathematics students, depending on the area of greatest need as determined annually by the Mathematics Department

You can access the award descriptions at www.frostburg.edu/opportunitygrants and a list of previously supported projects at https://www.frostburg.edu/foundation/_files/pdfs/fundedprojects.pdf.

**Ort Library Hours for Spring 2023**

Library hours for the spring semester are as follows:

- **Mondays through Thursdays**: 8 a.m. to midnight
- **Fridays**: 8 a.m. to 5 p.m.
- **Saturdays**: noon to 5 p.m.
- **Sundays**: 1 p.m. to midnight

For info, visit [www.frostburg.edu/library](http://www.frostburg.edu/library) or call the main desk at 301-687-4395.

**Folk Printmaking Series at MCTA**

Mountain City Traditional Arts, at 25 E. Main St. in Frostburg, will host a Folk Printmaking Series for young artists, grades 6 to 8, **Tuesdays, Feb. 21 to March 28**, from 6 to 7:30 p.m. During this six-week workshop, young artists will design and carve out their own image. Each week the artist will learn and demonstrate proper techniques and vocabulary used in relief printmaking.

Cost of the series is $20. Space is limited.

For info or to register, contact Dr. Kara Rogers Thomas at krogerthomas@frostburg.edu.

**Professional Achievements**

The latest edition of Professional Achievements has been published online at [https://www.frostburg.edu/news/professional-achievements.php](https://www.frostburg.edu/news/professional-achievements.php).

**Community Course In Basic Ceramics**

FSU’s Department of Visual Arts will offer a non-credit community course in basic ceramics this spring. The class will be held on **Tuesdays, Jan. 31 through March 28**, from 6 to 9 p.m. in Fine Arts 107.

This eight-week course will provide an introduction to the basic ceramic processes, including hand-building, and the pottery wheel. The course will be taught by ceramic artists Bobby Croft and Alexis Thorner.

The cost is $200, plus the cost of clay. (Pay in the Billing Office in Pullen 148.) Tools are provided. Students under the age of 18 must be accompanied by an adult who is also registered for the class.

For info, contact the Department of Visual Arts at 301-687-4797, or email Jackie Brown at jbrown@frostburg.edu.
Resources and Discussion Forum Available – AI Generative Tools: Center For Teaching Excellence

If you are interested in learning more about and discussing AI Generative Tools such as Chat GPT, be sure to visit the newly created Chat GPT Resource Page at https://frostburg.instructure.com/courses/5571/pages/chatgpt-resources. If you have any resources you’d like to share, post them in the discussion forum at https://frostburg.instructure.com/courses/5571/discussion_topics/257402.

Frostburg Winter Market

The Frostburg Winter Market will be held the first and third Saturdays of the month through April from 10 a.m. to 1 p.m. at Mountain City Traditional Arts, 25 E. Main St. The market has micro-greens, meat, bread, honey and more.

For info, email mountaincitytradart@gmail.com or call 801-687-8040.

Catch Snowflakes, Not the Flu!

The Brady Health Center is still offering the quadrivalent vaccine. This vaccine protects against four strains of the influenza virus – two type A strains and two type B.

Vaccinations are by appointment only. You must call 301-687-4310.

The cost is $25. Student can pay by cash, check or Bobcat Express, or the bursar can bill the student’s PAWS account.

Faculty and staff can pay by cash or check.

You must be over 18 years of age. Don’t forget to wear short sleeves!

Announcements About Weather-Related Closings and Delays

Here’s how to find out if FSU will be closed, have a delayed opening or close early on bad weather days. The following applies to in-person classes and activities and on-campus employees only, and for the FSU campus only. See the note below for teleworkers and online classes.

If the campus is closed:

In-person classes are canceled.

In-person employees and hybrid teleworkers who are scheduled to be on campus the day of the closure should not report to work.

Essential personnel are required to report to work at their scheduled time.

If a delay is announced:

In-person classes scheduled before the announced opening time are cancelled. Classes after that time occur as scheduled.

In-person employees and hybrid teleworkers scheduled to be on campus that day should begin their shifts at the announced opening time.

Essential personnel are required to report to work at their scheduled time.

If an early closure is announced:

In-person classes scheduled after the announced closure time are cancelled. Classes before that time occur as scheduled.

In-person employees and hybrid teleworkers scheduled to be on campus that day should end their shifts at the announced closure time.

Essential personnel are required to remain at work until their scheduled time.

Teleworkers/online classes:

Fully online classes will continue regardless of campus status.

Teleworkers, whether regular or hybrid, who are scheduled that day to work remotely will follow their regular schedule. (Those who do not work must use accrued leave time.)

Payroll/personnel information:

Essential personnel are required to report to work in the event of any cancellation or delay. These individuals have been notified of their “essential” status by their department heads. If you are unsure of your status, check with your supervisor.

Personnel compensation for closures or delays (in-person only) will be based on the appropriate cancellation/delay message as presented on the FSU voicemail system.
The most reliable information regarding delayed openings and cancellations will be from FSU-controlled outlets (email, Burg Alerts, University voicemail, website). Notification of delays or closures will be made through these outlets:

- Campus email.
- Main University number (301-687-4000, option 2) after 6 a.m.
- The top of the main page of the FSU website (www.frostburg.edu).
- Local radio stations.
- Twitter (twitter.com/frostburgstate).
- The FSU Facebook page (www.facebook.com/frostburgstateuniversity).

Everyone with an FSU email is automatically signed up for Burg Alerts to that email. Burg Alerts, in addition to weather notifications, alert the campus in an emergency.

You may also opt to have alerts sent as text messages to your cell phones (standard texting rates apply) and to other email addresses. To sign up, click https://www.frostburg.edu/computing/fsualert or click the Emergency link at the bottom of the FSU front page. Follow the instructions, using your FSU username and password to access the site. You have the option of having alerts sent to two cell numbers and six email addresses. (You may add your family members, or they may create their own accounts at the link above.)

Make sure to follow the validation steps to activate your choices.

If you spend any time in the Frostburg area, it is highly recommended that you sign up for the text alerts to ensure you are notified of emergencies or weather-related schedule changes.

**Unless FSU closure is announced on the outlets above, we are open. The final decision regarding your safety resides with you.** If, in your judgment, it is not safe for you to come to work while the University is still open, you must contact your supervisor and provide this information. In the event that liberal leave is announced for employees, it is expected that everyone will make an effort to report to work. Employees who take liberal leave will be charged for the appropriate leave time. The announcement of liberal leave does not cancel classes, nor does it relieve essential employees of their need to report to work during inclement weather.

Here are some ways you can check on conditions if you have to travel:

- FSU campus weather cam on Weather Bug: https://www.weatherbug.com/weather-camera/frostburg-md-21532 (Other regional cams can be found here, too.)
- Maryland DOT statewide cams: https://chart.maryland.gov/TrafficCameras/GetTrafficCameras (Select “Western MD” from the “Filter by Region” drop down to view area cameras.)

**Do not call University Police or the computer help desk for weather-related announcements.**

Do check your FSU email, call the University switchboard at 301-687-4000, option 2, or check the FSU website at www.frostburg.edu.

**Local Radio/TV Stations**

The following local radio/television stations will be notified in the event of a closing or delay:

- WFRB “Froggy” – 105.3 FM
- WFRB “Willie” – 560 AM/106.7 FM
- WKHI – 104.5 FM Oakland
- WTBO – 1450 AM/97.9 FM
- WCBC – 1270 AM/107.1 FM
- WWHQ – 92.3 FM Oakland
- WRQE “Rocky” – 106.1 FM
- WMSG – 1050 AM Oakland
- WVMD – The Wolf (100.1/99.9 FM)
- WDYK – Magic (100.5 FM)
- WQZK – 94.1 FM Keyser
- WDZN – 99.5 FM
- TV: WDVM-TV Hagerstown
- WTAJ-TV Altoona
Note: If there are mixed messages in the media (one station says we’re open, another says we’re closed), call the University number (301-687-4000, option 2) for clarification. That number will always be the final authority in case of confusion from other sources.

Jobs

**Student Van Drivers Needed – $13.25/hour**

The Office of Civic Engagement is hiring van drivers for its ECHOSTARS AmeriCorps program. Van drivers transport students to and from service projects in the greater Allegany County area. Most van driver schedules vary from 5 to 15 hours a week based on availability and program needs. Weekday and weekend hours are available. Interested students must have a clear driving record, successfully complete an online van-driving safety module to become van certified and pass both a state and FBI background check.

If you are interested in applying to be an ECHOSTARS van driver, email ECHOSTARS@frostburg.edu for application information, how to become van certified and other details.

**Upward Bound Summer 2023 Residential Program Employment Opportunities**

The Upward Bound Program at FSU is seeking tutor/counselors and a head resident (bachelor’s degree required – May 2023 graduation acceptable) for the Upward Bound Summer Program 2023.

Upward Bound is a federally funded program for qualified Allegany County high school students who plan to enroll in college. Upward Bound provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in their precollege performance and ultimately in their higher education pursuits.

Duties include:

- Tutoring and mentoring high school students
- Creating a welcoming residential and learning environment
- Planning fun and engaging activities and events and chaperoning field trips
- Assisting students with social growth

The head resident supervises all residential staff and is responsible for all activities that occur outside of the classroom.

Benefits include:

- Room and board for the duration of the program (three to five weeks plus training week)
- Supervisory experience
- Working with academic professionals
- Improving problem-solving and conflict-resolution skills

To learn more about the Upward Bound Program at FSU, visit www.frostburg.edu/upward-bound. For info, call Cassie Weese, assistant director, Upward Bound, at 301-687-4994 or email upwardbound@frostburg.edu.

Activities for Life

**Yoga Classes**

Yoga classes will be offered **Tuesdays, Feb. 21 through March 28**, from 6:30 to 7:30 p.m. in Cordts PE Center room 106.

Come for a gentle, slow-flow yoga class designed to decrease stress and anxiety. Combining flowing postures with breath and meditation, the class is great for beginners. The instructor is Heather Mullenix.

Participants must bring their own mats. The cost is $50.

To register, email amazelrod@frostburg.edu.

Community

**Applications Being Accepted for Jean Cushwa College Internship**

The Washington County Museum of Fine Arts in Hagerstown is accepting applications for the Jean Cushwa College Internship, which is offered to one qualified college student majoring in fine art, art history, art education, museum studies or a similar field of study.

The intern will become familiar with the day-to-day operations of the museum and contribute to a variety of museum projects and functions. The work of the intern will support the museum’s collections management and care, exhibition planning and/or art education program activities.
The intern will be chosen through an interview process involving museum curatorial and education staff and will receive a stipend of up to $1,000 on completion of about 74 hours.

To apply, submit the following required materials by Friday, March 3: resume, official transcript, cover letter and a letter of recommendation from a professor or advisor. Send the complete application to educator@wcmfa.org. The official transcript can be sent by your school separate from your application packet. The subject line must be Cushwa Internship Application.

If selected for an interview, you will be contacted by the museum no later than Sunday, April 30.

For info, go to https://wcmfa.org/internship-and-scholarship or contact Kellie Mele at educator@wcmfa.org.

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**Study Abroad**

**Start Planning Your Study Abroad Experience for Summer and Fall 2023**

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences.

Each virtual session will take place at 3 p.m. on the following Fridays: Feb. 3 and 17, March 3 and 31 and April 14 and 28.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

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**Health and Safety Messages**

**Protect Your Home Against Snow**

**Clean Out Gutters to Avoid Ice Dams**

An ice dam occurs when ice and snow melt during the day and then refreeze in the evening, becoming trapped in gutters and clogging them. This can force water back up under the roof line and lead to damage to your home. Make sure your gutters are free of all leaves, sticks and other debris that could lead to ice dams.

**Keep Your Attic Cool**

In addition to clogged gutters, a warm attic can contribute to ice dam damage by causing snow to melt in the middle of your roof and drain toward the gutters where it may refreeze. To keep your attic sufficiently cool, make sure it’s properly ventilated and seal any cracks or holes in your ceiling and around fixtures so that household heat doesn’t seep into the attic. It’s also a good idea to insulate the attic floor to keep heat inside your home and outside of the attic.

**Watch Your Roof for Snow Overload**

While you don’t want snow melt to happen too rapidly, creating the potential for ice dams, you don’t want your roof overloaded with snow either. If your roof appears to be sagging or you hear cracking or popping noises, call a reputable roofing contractor immediately to remove the extra weight from your roof. To remove snow near the roof’s edge, use a long-handled snow rake. Removing this snow near the gutters will also help prevent ice dams.

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**Happy, Healthy, Hip Tips From the BURG Peer Education Network**

- **Tell Yourself Tuesday Tip:** [https://blogs.winona.edu/wellness/blog/5-quotes-for-when-you-need-some-motivation-this-semester](https://blogs.winona.edu/wellness/blog/5-quotes-for-when-you-need-some-motivation-this-semester)
- **Wacky Wednesday Tip:** [https://www.heart.org/en/news/2021/06/02/is-mango-the-luscious-superhero-of-fruit](https://www.heart.org/en/news/2021/06/02/is-mango-the-luscious-superhero-of-fruit)
- **Thankful Thursday Tip:** [https://www.businessadministrationinformation.com/blog/4-often-overlooked-reasons-to-be-thankful-for-your-education](https://www.businessadministrationinformation.com/blog/4-often-overlooked-reasons-to-be-thankful-for-your-education)

- **Fun Friday Tip:** [https://www.mdmountainside.com/blog/must-do-winter-activities](https://www.mdmountainside.com/blog/must-do-winter-activities)
- **Social Saturday Tip:** [https://www.frostburg.edu/about-frostburg/student-affairs/finding-community.php](https://www.frostburg.edu/about-frostburg/student-affairs/finding-community.php)

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**VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023**

**CORE VALUES**

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.
Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person’s ability to “take the perspective of the other.”

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU’s Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.