



StateLines

For and about FSU people

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For all events, FSU is following CDC guidance based on current area conditions. For current health and safety guidelines, visit www.frostburg.edu/COVID19.

Keenan Scott II Returns to Direct His Acclaimed Play, ‘Thoughts of a Colored Man’

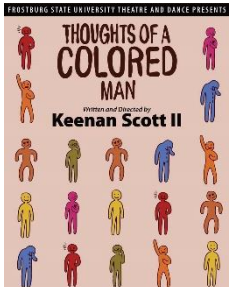


Image design by FSU senior Andy Matthews

FSU and the Department of Theatre and Dance present “Thoughts of a Colored Man,” the critically acclaimed play written by alum *Keenan Scott II*.

Performances will take place **Friday, April 14**, and **Saturday, April 15**, and **Thursday, April 20**, through **Saturday, April 22**, at 7:30 p.m. with a matinee performance on **April 15** at 2 p.m. in the Drama Theatre of FSU’s Woodward D. Pealer Performing Arts Center. Tickets can be purchased online at frostburgtix.universitytickets.com.

Scott, who wrote and produced the play in 2009 when he was an FSU student, will return to Allegany County to direct the play in collaboration with FSU students, faculty and alumni.

“Thoughts of a Colored Man” focuses on a single day in Brooklyn, where the hopes, sorrows, fears and joys of seven men are conveyed through stories. The play starts at dawn and ends at dusk, weaving spoken word, slam poetry and rhythm into the inner lives of Black men. Described as “vulnerable, vibrant, raw and live,” the show explores the men’s lives, pressures, passions, challenges and triumphs. Audience members are invited to post-show conversations with the cast and creative team following each show.

After several regional productions, “Thoughts of a Colored Man” opened the new Broadway season on Oct. 13, 2021, at the John Golden Theatre in New York City, becoming the first-ever Broadway show to be written and directed by Black men with Black men in the leading roles.

Scott is a playwright, poet, actor, director and producer of original work from Queens, New York. His work has been workshopped and produced at notable theaters such as National Black Theater, New York Theater Workshop, Arena Stage and Woolly Mammoth. Scott was chosen to be a part of the 2021 TED Fellow cohort to be among a global community of artists, inventors and scientists. His latest work, “The Migration LP,” and new original musical, “The Return of Young Boy,” are being developed at New York Stage & Film, while his other stage plays are in various stages of development. He is a part of the creative team of the miniseries “A Luv Tale” by Sidra Smith, now on BET+. He is also developing an array of projects for television and film, including a pilot with UCP of NBCUniversal, and adapting a novel by JJ Bola called “The Selfless Act of Breathing” with BRON Studios

Cast members include FSU students *Samuel Appiah* (Love), *Jacob Bryant* (Lust), *Grace Stevenson* (Dancer) and *Sydney Mills* (Dancer), with *Dr. Artie Travis* (Wisdom), vice president for Student Affairs, and featured alumni *Brandon Huguley* (Depression), *Femi Dawodu* (Passion), *Tekle Ghebremeschel* (Happiness) and *Kahri Blackman* (Anger).

The creative team consists of *Scott* (director), *Dominique Little* (stage manager), *Francis Sharkey* (scenic design), *Brendon McCabe* (costume design), *George Georgeson* (lighting design), *Ronald Breitfeller* (properties design), *Samuel Appiah* (sound design), *Grace LaCount* (assistant stage manager) and *Joseph Wroblewski* (assistant scenic design). In addition, alum *Jha’Neal (Blue) Stoute* will return to direct a recorded stream of the production with Grammy-nominated cinematographer, Jimmy Powell Jr.

Tickets are \$25 for the general public, \$20 for FSU employees and senior citizens, and \$10 for students. Online tickets can be purchased at frostburgtix.universitytickets.com.

For info, call the Theatre and Dance box office at 301-687-7462, or visit FSU TheatreDance on Instagram or Theatre and Dance at FSU on Facebook.

In addition to public performances, there will be a free high school matinee on **Wednesday, April 19**, at 10 a.m. Produced in partnership with the Cultural Events Series, local high school educators interested in bringing a school group to this special performance can contact cesoutreach@frostburg.edu to make a reservation. Free tickets will be provided on a first-come, first-served basis.

“Thoughts of a Colored Man” is supported in part by Broadway Licensing Group, M&T Bank, the Maryland State Arts Council (msac.org) and other generous sponsors and donors.

FSU Earns 2023-2024 Military Friendly School Designation

Recognition Marks 12th Consecutive Time FSU Has Been Honored



FSU recently announced that it has earned the 2023-2024 Military Friendly School designation marking the 12th consecutive time that FSU has received this distinction. The Military Friendly Schools list honors colleges, universities and trade schools across the country that go above and beyond to embrace America’s military service members, veterans and spouses as students and ensure their success on campus.

Institutions earning the Military Friendly School designation were evaluated using public data sources and responses from a proprietary survey. More than 1,800 schools participated in the 2023-2024 survey, and FSU is one of 665 schools earning the Military Friendly appointment.

Methodology, criteria and weightings were determined by Viqtory, which serves military personnel and their spouses transitioning into civilian life, with input from the Military Friendly Advisory Council of independent leaders in higher education. Final ratings were determined by combining the institution’s ability to meet thresholds for retention, graduation, job placement, loan repayment, persistence and loan default rates for all students and specifically, for student veterans.

FSU will be showcased along with other 2023-2024 Military Friendly Schools in the **May and October** issues of G.I. Jobs magazine and online at www.military.com.

FSU is home to a Veterans Center that proudly welcomes student veterans and dependents of veterans and ensures that they receive the academic benefits, resources and representation that they have earned. Additionally, members of the Student Veterans Association often perform community and alumni outreach activities through fundraisers and programs.

FSU is also home to a chapter of SALUTE, the first national higher education honor society for student veterans and military service members. SALUTE members are recognized at ceremonies biannually.

For info about FSU’s services to military and veteran students and their dependents, contact Clarissa Lang in the FSU Veterans Services Office at 301-687-4409 or calang@frostburg.edu.

Help for Students

TRIO – Student Support Services



Student Support Services, a federal TRIO program, is an academic support program to help first-generation college students stay in school and graduate.

Services include academic advising, tutoring and study skills instruction, financial aid assistance and guidance, graduate school assistance, career development, and educational and cultural events.

For info, contact Bridgette Karalewitz at bkaralewitz@frostburg.edu or call the SSS office at 301-687-4481.

Tutoring Information – Updated

Tutoring will continue through **Thursday, May 11**. Math and natural sciences tutoring will take place in Pullen 139 and business, computer science and writing tutoring in Pullen 151.

Appointment-Based/One-to-One Tutoring Courses

Students use TutorTrac to make appointments. Courses include ACCT 211/212, Academic Skills (textbook strategies, study skills, time management and notetaking), BIOL 149/160/161, CHEM 201/202, COSC 100/101/240/241, DVMT 095/099, ECON 200/201/202, GEOG 103, MATH 104 (or contact Kim Kurek in the PASS Office at kmkurek@frostburg.edu or 301-687-4442), MATH 109 (or see walk-in offering), MATH 118/119/120/236/237, PHYS 261/262 and Writing.

NetTutor (Online Tutoring)

For classes not listed under appointment-based, this is a 24/7, third-party, online tutoring platform accessible via Canvas. Students should send an email to msmith@frostburg.edu to gain access. Information about NetTutor is posted outside of Pullen 151.

Walk-In Offerings

Walk-in offerings are as follows: BIOL 322, **Thursday, April 6**, 11 a.m. to 12:50 p.m., Compton 323, **Friday, April 14**, and **Friday, April 21**, 1 to 2:50 p.m., Compton 326, and **Thursday, April 27**, 11 a.m. to 12:50 p.m., Compton 323; CHEM 202, **Wednesdays**, 5 to 6 p.m., Compton 358; Organic Chemistry and Biochemistry, **Wednesdays**, 4 to 5 p.m., Compton 339B; MATH 109, **Thursdays**, noon to 1:30 p.m., Gira Center 237; PHYSICS 216/261, **Mondays**, 3 to 5 p.m., CSC 236, **Tuesdays**, 11 a.m. to 1 p.m., CSC 236, **Wednesdays**, 2 to 3 p.m., 2 to 4 p.m. and 3 to 4 p.m., CSC 124, and **Thursdays**, 11 a.m. to noon, CSC 236.

Future walk-in offerings are being planned. Updates will be emailed.

What If There Is No Assistance for My Class?

If there is no assistance, form a study group, speak with your professor, try Khan Academy (video tutorials) or try Purdue Online Writing Lab or Grammarly (Writing).

Music

Unless otherwise noted, events will take place in the Pealer Recital Hall of FSU's Performing Arts Center. Concerts are free and open to the public. These events will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

MCTA to Host Grammy Award-Winning Lisa Gutkin in 'Call in the Klezmerim'



FSU's Mountain City Traditional Arts will present Grammy Award-winning Lisa Gutkin in "Call in the Klezmerim" on **Sunday, April 2**, at 4 p.m. at 25 E. Main St. in Frostburg. The live entertainment is open to the public through general admission with a suggested donation of \$15.

In addition to the afternoon concert, musicians will offer a workshop at 1 p.m. providing a brief history of Klezmer music and exploring Klezmer rhythms.

During the pandemic, klezmerim (klezmer musicians) all over the world did online forums, festivals, videos and classes. In Brooklyn, N.Y., they held concerts on porches and stoops and had sessions in Prospect Park. A native New Yorker, Gutkin was deeply moved by how the community gathered despite the necessary distancing.

"Call in the Klezmerim" – a name that was inspired by the song "Klezmerimlekh mayne libinke" ("Beloved Klezmerim, My Dear Ones") – grew from that feeling of camaraderie. It is Gutkin's invocation for musicians to gather and an opportunity for her to showcase some of the finest Klezmer players and composers.

Featured in the MCTA concert are Gutkin, a longtime member of the Grammy Award-winning Klezmatiks, on violin and vocals; Ilya Shneyveys on accordion and bass; Matt Darriau on clarinet and kaval; and Pete Rushefsky on tsimbl, the Eastern European hammered dulcimer. They will play traditional and original songs, freylekhn (dance tunes), doyne (mournful improvisatory pieces) and dobriden (tunes for greeting wedding guests), as well as share stories about their experiences.

This event is supported by funding from the Maryland State Arts Council. MCTA is a program of FSU in partnership with the Maryland Traditions Program of the State Arts Council.

For info, call 301-687-8040 or email Dr. Kara Rogers Thomas at krogerstthomas@frostburg.edu.

FSU String Ensemble Will Perform Spring Concert

FSU's Department of Music will present the String Ensemble, conducted by *Dr. Karen Lau*, in concert on **Monday, April 3**, at 7:30 p.m. The ensemble will be accompanied by pianists *Dr. Jay DeWire* and *Dr. Joseph Yungen*, flutist *Courtney Sechler*, clarinetist *Evelyn Anderson*, percussionists *Benjamin Alvey* and *Joseph Louie* and narrator *Gregory Stuart*.

The String Ensemble consists of *Anna Hilderbrand* and *Chassady Redhead* on violin, *Evelyn Shanholtz* and *Kathryn Schram* on viola and *Maggie Malat* on cello.

The ensemble will perform the first movement, "Andante," from "Quartet for Flute, Violin, Viola and Cello, KV 298" by Wolfgang Amadeus Mozart and all 14 movements, "Introduction and the Lion's Royal March," "Hens and Roosters," "Wild Asses (Swift Animals)," "Tortoises," "The Elephant," "Kangaroos," "Aquarium," "Personages With Long Ears," "The Cuckoo in the Deep Woods," "Aviary," "Pianists," "Fossils," "The Swan" and "Finale," of "Carnival of the Animals" by Camille Saint-Saëns.

For a composer who claimed he was unable to abide the flute, Mozart bequeathed to musicians a repertoire of works for that instrument that could not be more appealing, including the four quartets for flute, violin, viola and cello, all of which differ surprisingly in character. "Flute Quartet No. 4 in A Major, K. 298" is Mozart's final composition for flute quartet. Unlike the previous three quartets, written for the flutist Ferdinand De Jean, the Quartet in A is believed to have been written for recreational purposes, as opposed to on commission. The piece is thought to have been written in 1786 or 1787, only a few years before the composer's death.

"The Carnival of the Animals" ("Le Carnaval des animaux") is a humorous musical suite by the French composer Saint-Saëns. As the title suggests, the work is programmatic and zoological. It progresses from the first movement through portraits of elephants and donkeys to a finale reprising many of the earlier motifs. The work, about 25 minutes in duration, was written for private performance by two pianos and chamber ensemble; Saint-Saëns prohibited public performance of the work during his lifetime, feeling that its frivolity would damage his standing as a serious composer. The suite was published in 1922, the year after his death. A public performance in the same year was greeted with enthusiasm, and the work has remained among his most popular.

Department of Music Presents Dr. Brent Weber in Faculty Artist Series Concert

FSU's Department of Music will present saxophonist *Dr. Brent Weber* in a Faculty Artist Series concert on **Sunday, April 9**, at 3 p.m. He will be accompanied by guest artists *Dr. Karen Lau* on the cello and percussionists *Dr. Mackenzie LaMont* and *Cheyenne Jeffries*.

Weber will also be joined by FSU Saxophone Ensemble members *Alex McNemar* and *Max Partlow* on soprano saxophone, *Raegan Barrett* and *Josh Foreman* on alto saxophone, *Gabe Hicks* on tenor saxophone and *Vincent Hangarter* and *Eileen Martin* on baritone saxophone, as well as community members Robert Godfrey on alto saxophone, Tammy Burns and Caitlyn Rund on tenor saxophone and John Taylor on bass saxophone.

Weber will perform "Phoenix" by Ryo Noda; the four movements, "Kalamatianos," "Funky," "Valse" and "Kritis," of "Suite Hellenique" by Pedro Iturralde; "Sati" by Dana Wilson; the three movements, "Le Chat et le Pousson Rouge," "Le Paon devant son miroir" and "Défilé des Insectes," of "Bestiaire" by Alphonse Stallaert; and "Concerto for Alto Saxophone and String Orchestra in E-flat, Op. 109" by Alexander Glazunov, arranged by Jean-Marie Londeix.

Japanese-born Noda has been hailed for his forward-looking, avant-garde compositions and innovative playing techniques. "Phoenix" is no exception. Exploiting extended techniques on the saxophone to their full potential, Noda provides a detailed score with instruction; however, a significant amount of interpretation with regards to tempo, pauses and pitch bends is left to the performer.

"Suite Hellenique" (2001) explores classical form through Iturralde's natural language of jazz and flamenco music. Because jazz is his native musical language, it is the most apparent style through the four movements, but while having the atmosphere of jazz, Iturralde's textures and harmonies are relevant to the classical music of his day.

Wilson is a contemporary American composer, music educator, conductor and jazz pianist. He composed "Sati," for alto saxophone, cello and percussion, in 1983.

Stallaert's 1966 work, "Bestiaire," contains three sections. The first, "Le chat et le poisson rouge" ("The Cat and the Red Fish") is a moving tempo, full of fantasy and a fantastic character opposing the stealthy cat against the furtive quickness of the fish. In the second, "Le paon devant son miroir" ("The Peacock Looking Before His Mirror"), the cello soloist and saxophonist "discuss" the grace of the peacock before its image and beneficial poses, pompous or even ridiculous. Finally, the third part, "Defile des insects" (Parade of Insects"), is a series of variations on a theme of serial pattern composition.

Glazunov was a Russian composer, music teacher and conductor of the late Russian Romantic period. "Concerto in E-flat Major for Alto Saxophone and String Orchestra, Op. 109" was written in 1934. The piece lasts about 14 minutes and is played without pause. It is deeply rooted in Romanticism, and has entered the standard saxophone repertoire.

CES Hosts the Brubeck Brothers Quartet in a Celebration of Dave Brubeck's Centennial



CES at FSU will present the Brubeck Brothers Quartet as they celebrate the music of American jazz icon Dave Brubeck on **Friday, April 14**, at 7:30 p.m. in the Alice R. Manicur Assembly Hall of FSU's Lane University Center. The club-style event will feature intimate table seating, a selection of snacks and a cash bar.

The year 2020 marked the centennial of the birth of jazz legend Dave Brubeck. With stories told by his sons Chris and Dan, and music performed by the quartet, the heartfelt, multimedia show invites the audience to travel along the timeline of Brubeck's extraordinary life and career. This event features not only a return appearance from the quartet, but of the music of Brubeck, who

himself appeared as part of CES in 1978.

Although the quartet's style is rooted in "straight-ahead" jazz, their concerts reveal an inherent ability to explore odd time signatures while integrating influences of funk, blues and world music. The group's creativity, technique and improvisation can be heard in their uncompromising music, which reflects a dedication to melody, rhythm and the spontaneous spirit of jazz. All About Jazz declared, "the BBQ attains that rare field level where music is both relaxed and expressive, and their joy in its creation is contagious."

Immediately following the performance, as part of the Offstage Series With WFWM, WFWM's station director, *Chuck Dicken*, will join the artists for a conversation with the audience. Discuss the musical legacy Brubeck passed along to his sons and how the quartet integrates his style with their music.

Tickets are \$20 for adults; \$18 for FSU faculty/staff, military and youth under 18; and free for FSU students.

For info, visit the CES website at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

This engagement of the Brubeck Brothers Quartet is made possible through the Jazz Touring Network program of Mid Atlantic Arts with support from the National Endowment for the Arts. CES is supported in part by the Maryland State Arts Council (msac.org), the Allegany Arts Council and the City of Frostburg.

FSU Student Jasmin Golson Will Perform Senior Clarinet Recital

FSU's Department of Music will present student *Jasmin Golson* in her senior clarinet recital on **Saturday, April 1**, at 7:30 p.m. She will be accompanied by pianist *Dr. Joseph Yungen* and guest artists *Maggie Longerbeam* on the flute and *Evelyn Anderson* on the clarinet.

The program consists of “Allegro moderato” from “Six Duets for Two Clarinets” by Wolfgang Amadeus Mozart; the four movements, “Allegro affanato,” “Vivace,” “Larghetto” and “Prestissimo assai,” from “Sonate für Klarinette und Pianoforte, Op. 49” by Max Reger; the six movements, “Andante sostenuto,” “Allegro risoluto,” “Moderato,” “Allegro ma non troppo,” “Andante molto” and “Allegro,” of “Duos for Flute and Clarinet, Op. 24” by Robert Muczynski; and the three movements, “Allegro moderato,” “Andante” and “Presto,” from “Sonate for Klarinette (B) og Klaver, Op. 23” by Trygve Madsen.

FSU Student Ayanna McDonald in Senior Saxophone Recital



FSU’s Department of Music will present student *Ayanna McDonald* in her senior saxophone recital on **Sunday, April 2**, at 3 p.m. She will be accompanied by pianist *Dr. Joseph Yungen*.

The program consists of “Fantasia for Alto Saxophone” (1937) by Claude T. Smith, written for American saxophonist Dale Underwood; the three movements, “Allegro,” “Vivace” and “Adagio and Presto,” of “Sonata for Alto Saxophone” (1937) by Bernhard Heiden, written for and premiered by Larry Teal; and “Rapsodie for Alto Saxophone and Piano” (1975, rev. 2002) by Claude Debussy, arranged by Eugene Rousseau.

FSU Student Joshua Foreman Presents His Senior Saxophone Recital

FSU’s Department of Music will present student *Joshua Foreman* in his senior saxophone recital on **Friday, April 7**, at 7:30 p.m. He will be accompanied by pianist *Dr. Joseph Yungen* and guest artist *Emily Foreman* on the flute.

Foreman will perform “Prologue en fanfare,” “Romantica” and “Valse vulgaire” from “Les tréteaux: trio pour flûte, saxophone alto et piano” by Pierre Max Dubois; “Run, Bird,” “Sing, Bird” and “Fly, Bird” from “Fuzzy Bird Sonata pour saxophone alto et piano” by Takashi Yoshimatsu; “Ballade pour saxophone et orchestre ou piano” by Henri Tomasi; and “Fantasia for Alto Saxophone” by Claude T. Smith.

Theatre

CES Hosts Trick of the Light Theatre’s Production of ‘The Griegol’



CES at FSU will present “The Griegol” by New Zealand’s Trick of the Light Theatre on **Wednesday, March 29**, and **Thursday, March 30**, both performances at 7:30 p.m. in the F. Perry Smith Studio Theatre of FSU’s Pealer Performing Arts Center.

“The Griegol,” a mythic tale without words about death, love, grief and monsters, tells the story of a child who, following her grandmother’s death, suspects she is being pursued by the shape-shifting smoke demon from the old woman’s stories. The performance draws on techniques of early cinema, conjuring magic and laughter out of silhouettes, puppetry, live music and animation.

The New Zealand publication Theatreview praised its “dynamism, cleverness and beauty,” declaring it to be “a touching, delightful and exciting theatrical experience.”

Immediately following the performances, as part of the Offstage Series With WFWM, WFWM’s station director, *Chuck Dicken*, will join the artists for a conversation with the audience. Gain a greater understanding of how the company communicates without words, and discuss universal themes of grief, loss, memory and – ultimately – connection.

Based in New Zealand, Trick of the Light was founded by Hannah Smith and Ralph McCubbin Howell. With “The Griegol,” they push the boundaries for a company already renowned for its inventive staging. “Essentially we’ve built the world’s most absurdly high-tech overhead projector,” says Howell. “It combines lo-fi shadow puppets, hand cranks and lightboxes with live video streams and projection. We’ve shifted things that usually take place out of sight onstage to form part of the action, so that audiences get to see both the visual effects and the ways in which they’ve been created.”

Tickets are \$20 for adults, \$18 for FSU faculty/staff and military, \$15 for youth under 18 and free for FSU students. This performance is recommended for children ages 7 and older.

For info, visit the CES webpage at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, in the FSU Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

This engagement of Trick of the Light is made possible in part through the Performing Arts Global Exchange program of Mid Atlantic Arts with support from the National Endowment for the Arts with assistance from the Australian Government through the Australia Council, its arts funding and advisory body, and the Embassy of Australia in Washington, D.C. CES is supported in part by the Maryland State Arts Council (msac.org), the Allegany Arts Council and the City of Frostburg.

Presentations

Media Literacy Series



Dan Boylan

Join communication and journalism students for a workshop on **Tuesday, March 28**, from 12:30 to 1:45 p.m. in Gira Center 397. The workshop, which is facilitated by Dan Boylan on investigative journalism, will include media literacy principles that can benefit all citizens.

Boylan is an award-winning journalist and creative consultant with experience across five continents dealing with some of recent history’s most high-profile conflicts, crises and characters, including Saddam Hussein, Donald

Trump and Mark Zuckerberg. Following 9/11, he served as a communications advisor to the U.S. Department of Defense, U.S. State Department and multiple foreign governments. Boylan lectures on investigative journalism, political polarization, global strategic communications, media history and street art. A filmmaker, his work was shown at the Cannes Film Festival, and he has also been on radio and TV stations, including NPR, the BBC and C-Span. He advises governments, militaries, NGOs and corporations around the world.

In addition, a lecture by Boylan, “Chaos, What Chaos? Polarization in American Politics,” will be held on **Tuesday, March 28**, at 7 p.m. in Gira Center 397. The lecture explores how polarization now rules public discourse, how moderates are made voiceless and how the news media has evolved to help bring us here.

A panel discussion, “News, Technology and Time,” will be held on **Wednesday, March 29**, at 7 p.m. in the Lane Atkinson Room (232). How does news shape the way you see the world, how leaders communicate or how armies wage war? What are the positives and negatives these rapidly evolving communication technologies present? A select panel of journalist and media thought-leaders – Boylan, along with Christina Bellantoni and Guy Taylor – will wrestle with these questions.



Christina Bellantoni

Bellantoni is a professor and director of the University of Southern California’s Annenberg’s Media Center. She also is a contributing editor with the independent nonprofit newsroom The 19th News, which focuses on gender, politics and policy. Bellantoni served as an assistant managing editor at the Los Angeles Times, as editor-in-chief of the Capitol Hill newspaper Roll Call and political editor and an on-air analyst at the PBS NewsHour. She is a former vice president of the Washington Press Club Foundation and frequently appears on television and radio, including NPR, CNN, MSNBC, Fox News and HBO’s “Real Time” With Bill Maher.



Guy Taylor

Taylor is a national security team leader at The Washington Times, overseeing the paper’s State Department, Pentagon and intelligence coverage. A series Taylor led on Russia’s attempts to influence the 2016 U.S. election was recognized with a Gerald R. Ford Journalism Prize for Distinguished Reporting on the Presidency and a Society for Professional Journalists award. He has reported from dozens of countries and been a guest on the BBC, CNN, NPR, FOX, C-SPAN and The McLaughlin Group.

This series is hosted by the Department of Communication and supported by the FSU Foundation. For info, contact Dr. Sheri Whalen at sawhalen@frostburg.edu.

CLAS Presents Dr. Nicholas Buccola in ‘Frederick Douglass, James Baldwin and the Ethics of Free Speech’



The College of Liberal Arts and Sciences presents Dr. Nicholas Buccola speaking on “Frederick Douglass, James Baldwin and the Ethics of Free Speech” on **Tuesday, March 28**, at 7 p.m. in Compton 226.

What can 19th-century abolitionist Frederick Douglass and 20th-century civil rights activist James Baldwin teach us about when, how and why we ought to engage in debates over questions of justice? Be sure to join the group to find out.

Buccola is the award-winning author of “The Fire Is Upon Us: James Baldwin, William F. Buckley Jr. and the Debate Over Race in America” and “The Political Thought of Frederick Douglass.” His essays have appeared in numerous scholarly journals as well as popular outlets such as Salon and The New York Times. He is the Elizabeth and Morris Glicksman Chair in Political Science at Linfield University in McMinnville, Ore.

Buccola’s presentation is co-sponsored by the following academic programs: African American Studies, History, Philosophy and Political Science.

For info, contact Dr. Michael B. Mathias at mbmathias@frostburg.edu.

Nursing Lunch and Learning

Come for a discussion about nursing on **Thursday, March 30**, at 12:30 p.m. in Lane 113.

The discussion will cover what you can do with a nursing degree, what the nursing program progression looks like at FSU and how to get on track to apply to the program. An open Q&A will follow. You can also chat with registered nurses and nurse practitioners.

Focus Frostburg



Focus Frostburg 2023: “Learn-In” for a Sustainable Future featuring sustainable transportation will take place **Wednesday, April 19**.

Focus Frostburg features programs, discussions and hands-on activities highlighting issues of sustainability and climate awareness. All presentations are open to the campus community and the larger regional community.

This year, there will be a partnership with the regional community to feature topics of sustainable transportation.

For info, email Dr. Kara Rogers Thomas at krogerstthomas@frostburg.edu.

Special Events

Communication Leadership Lab Events Coming Soon

Join a facilitated discussion about “Mental Health Civility: Navigating Bias and Inclusion” on **Thursday, April 6**, at 6 p.m. in Gira Center 397. This Choose Civility: Allegany County sponsored event will be facilitated by the Communication Leadership Lab and students from the CMST 310 Civic Communication class as part of FSU’s #BobcatsAgainstBias week.



Theresa Stahl

An “Eat. Learn. Teach.” discussion and demonstration is set for **Wednesday, April 26**, at 10 a.m. in the teaching kitchen in Chesapeake Hall. A snack-based cooking demonstration will be led by local author and dietician Theresa Stahl, who will also speak about her recent book, “I’m Full: Remindful Eating Tips to Feel Great and Make Peace With Your Plate,” as the annual leader-in-residence.

Stahl has been promoting lifestyle medicine and food as medicine for four decades. Certified in Mind-Body Medicine, she serves as a supervisor with the Center for Mind-Body Medicine and facilitates mind-body skills groups using their inclusive, equitable and evidence-based model. Stahl is a Fellow of the Academy of Nutrition and Dietetics.

As a registered and licensed dietitian nutritionist, she consults with the Allegany County WIC program and Allegany College of Maryland’s Center for Continuing Education. She speaks and writes on a variety of nutrition and wellness topics locally, regionally and nationally.

Stahl serves as vice-chair of the Western Maryland Food Council and is a member of the Maryland Food System Resiliency Council and the University of Maryland Extension Advisory Committee.

The Eat, Learn discussion series began in 2016 to put food at the center of civil conversations about mindful food choices, sustainable food processes and diverse food partnerships. This is a Choose Civility: Allegany County event co-sponsored by the Leadership Studies program and Wholesome Harvest Co-op that supports the Center for Teaching Excellence’s Be Well, Learn Well Campaign. The discussion will be hosted and facilitated by FSU’s Communication Leadership Lab and students from the CMST 310 Civic Communication class.

For info about these events, contact Dr. Elesha L. Ruminski, chairperson of the Department of Communication and Communication Leadership Lab coordinator, at elruminski@frostburg.edu. Space is limited, so be sure to email elruminski@frostburg.edu to confirm a spot.

40th Spring Festival of Children’s Literature



This year the 40th Annual Spring Festival of Children’s Literature will take place on **Friday, April 28**, and **Saturday, April 29**, at FSU. Each year the house is packed full of librarians, educators, parents and FSU students who come to share their love of children’s literature and learn more about successful ways to share that love with children. In the “share and learn” atmosphere of the Spring Festival, adults who direct children’s learning

interact firsthand with authors and illustrators, who bring characters to life and inspire children to read.

At this year’s festival featured authors and illustrators Ann Braden, Peter Catalanotto, Matthew Cordell and Carole Boston Weatherford will present their amazing work. In addition, participants will have the opportunity to engage in Professional Development Workshops that will feature a variety of topics on reading strategies, motivation, inclusive libraries and literature integration. Educators from Maryland and Pennsylvania can earn continuing professional development credits.

For info and updates regarding the Spring Festival of Children’s Literature, visit the CLC webpage at <https://www.frostburg.edu/childrens-literature-centre/spring-festival/index.php> or the CLC Facebook page at <https://www.facebook.com/clcfstu>.

A scholarship established by Annetta Hammill Marshall is available for FSU students, alumni and educators. Marshall had a passion for teaching and children’s literature. In 2004, she established the Annetta H. and Lloyd M. Marshall Scholarship to provide assistance with registration fees. Teacher candidates can receive a full scholarship, and alumni and educators can receive a partial scholarship. Apply at <https://docs.google.com/forms/d/e/1FAIpQLSe9RXUDoJix84ZFTxa3K9paFCAI-uP4DCGDnJCE6xDZSwLotQ/viewform>.

You can register for the Spring Festival of Children’s Literature by visiting <https://forms.frostburg.edu/217745>.

Webinars

‘Engaging the Community Through a Consultancy-Based Group Practicum’

The Ed.D. in Educational Leadership faculty, program graduates and community partners will provide a national webinar through the Carnegie Project on the Educational Doctorate (CPED) about the transformed practicum experience that Ed.D. students complete in their final year in the program. The webinar will be offered on **Tuesday, April 4**, from 1 to 2 p.m. EST.

After inequities were discovered in the solo practicum experiences students were having, the practicum was transformed into a consultancy-based group practicum in which teams of students respond to problems of practice as presented by community partners, including institutions of higher education, PK12 schools and education-adjacent nonprofits.

This practicum highlights two of CPED's guiding principles for program design: the opportunity to apply learning in field-based contexts and to collaborate on solving problems of practice. This webinar will cover the structure of the transformed practicum, benefits experienced for students and community partners, and challenges encountered and overcome in the practicum experience.

One of the presenters is *Dr. Heather Hurst*, an associate professor in FSU's Department of Educational Professions and director of the Educational Doctoral program in educational leadership at FSU. She teaches qualitative research design and methods.

For info, email Hurst at hhurst@frostburg.edu. To RSVP to the practicum, visit <https://frostburgedd.live/CPEDwebinar>.

Points of Pride

FSU Student Featured by the Dr. Edna B. McKenzie Branch of ASALH

Glanni Jones Recognized in President's Circle During Women's History Month



Glanni Jones, a senior social work major at FSU, has been featured in the President's Circle of the Dr. Edna B. McKenzie Branch of the Association for the Study of African American Life and History (ASALH) as part of Women's History Month.

Jones has been an active participant in the McKenzie Branch's programs and was recently selected by the branch to receive a student membership from ASALH National.

During her tenure at FSU, Jones has been involved with the Phi Alpha Honor Society for social work students and the National Council of Negro Women. She was also a server for the federally funded Trio Student Support Services program assisting first-generation student transitions and matriculations.

Participation in these programs has led Jones to become an active member of Leadership and Success and selection to attend the University's SLOOP Institute for Excellence in Leadership. She is also a member of the Phi Sigma Pi National Honor Fraternity.

Jones hails from Baltimore and is the president of the Black Student Association and a lead supervisor for the FSU Lane University Center. She was also recently accepted into FSU's graduate program where she will be an intern in the Office of Student Accessibility.

Take Note

Nominations Open for President's Distinguished Faculty Award and President's Distinguished Staff Award

Awards will be presented during the State of the University Address and include a \$2,500 monetary prize.

President's Distinguished Faculty Award

Nominations are being sought for the annual President's Distinguished Faculty Award. This award recognizes faculty members who advance the University in ways consistent with its mission and the goals outlined in the Strategic Plan.

Examples of qualifying activities include focusing learning on the acquisition and application of knowledge, providing engaging experiences that challenge students to excel, expanding regional outreach and engagement and aligning University resources – human, fiscal and physical – with strategic priorities.

Applications must be made through a letter of nomination by FSU colleagues. Self-nominations will not be accepted. Activities outlined in the nomination letter should have occurred in the fall 2022 and/or spring 2023 semester(s). The letter should consist of a narrative of no more than two pages in the form of an executive summary, plus any supporting documentation.

President's Distinguished Staff Award

Nominations are being sought for the President's Distinguished Staff Award. Similar to the annual President's Distinguished Faculty Award, this award recognizes and encourages FSU staff members who provide exceptional service to the University and who have helped to advance its mission, goals and priorities.

Staff and faculty are invited to nominate staff colleagues who they know have a recent record of significant contributions to the success of the University. Examples of qualifying activities could include, but are not limited to, suggesting new methods to help increase enrollment or student retention; involvement with innovative student activities to promote safety and well-being; providing leadership for a project or initiative making a favorable impact on the campus community; efficiency and effectiveness efforts leading to significant savings of cost, time, labor or other resources; community relations to help strengthen ties between FSU and local residents or businesses; assisting in FSU's contribution to economic development in Western Maryland, the region and the state; and other contributions far above and beyond the staff member's regular job duties.

Regular exempt and nonexempt staff employees with at least three consecutive years of service to FSU are eligible to be nominated. Colleagues may nominate an eligible staff member with the knowledge and consent of the nominee. Contractual staff employees, faculty members and student workers are not eligible. Vice presidents, deans and other senior leadership are excluded.

Nomination for the President's Distinguished Staff Award is to be made through a letter from FSU staff and/or faculty colleague(s). Multiple nominations for the same staff member are acceptable. Self-nominations and anonymous submissions will not be accepted.

Addressed to the president, a nomination letter should identify an eligible staff member and clearly document why their service is worthy of this award. Activities outlined in the nomination should have occurred during the 2022-2023 academic year. A nomination

must be concise, summarizing the staff member's outstanding accomplishments and positive impact in one or two pages, plus any supporting materials not to exceed three additional pages.

Deadline

Submit nominations to Donnell VanSkiver, Office of President, at dhvanskiver@frostburg.edu, send in campus mail or deliver to Hitchins 218 by **Friday, March 31**.

Register for the Virtual Career Fair!



The Spring Virtual Career and Internship Fair is scheduled for **Wednesday, March 29**, from 11 a.m. to 3 p.m.

More than 80 employers are registered and ready to meet with FSU students in group and/or one-on-one sessions. The fair is open to all majors and all class levels.

Student can register through Handshake at https://frostburg.joinhandshake.com/career_fairs/38767.

Benefits Walk-in Hours

The Office of Human Resources is offering Benefits Walk-in hours **Wednesdays**. Employees can stop by Hitchins 330 to meet with *Lee Ann Nightingale*, manager, Benefits and Wellness Program, regarding employee benefits on a first-come, first-served basis. The walk-in schedule is intended for questions about benefit-related matters that can be covered during a brief 15-minute meeting; all other meetings are by appointment only. The walk-in schedule is emailed to employees on **Tuesdays**; check your email for the weekly announcement.

Teaching Kitchen Spring Events



The following will be offered this spring. All events are free to students regardless of meal plan status and take place at 5:30 p.m. The Teaching Kitchen in Chesapeake Hall features a culinary classroom.

Tuesday, April 18: Halal and the use of berries

Thursday, May 4: Sushi

Contact diningservices@frostburg.edu to make your reservations for two to four people.

10th Annual FSU Undergraduate Research Symposium Coming on May 5

FSU will host the 10th annual Undergraduate Research Symposium on **Friday, May 5**, from 10:30 a.m. to 2 p.m. in the Lane University Center. The symposium showcases the research and experiential learning projects of FSU's undergraduate students and provides participants the opportunity to present their work to their peers and share experiences across disciplines. The symposium will include poster presentations, oral presentations and physical displays representing work completed during summer 2022, fall 2022 or spring 2023.

For info, email Dr. Karen Keller at kkeller@frostburg.edu or call 301-687-4174.

Science Saturdays for Spring 2023

Science Saturdays feature space news, a sky tour and a full-dome movie. Telescopes are available afterward for viewing the moon and planets when the weather is favorable.

Shows are free, tickets are not required and anyone is welcome to attend. They start at 5 and 7 p.m. and last about an hour.

Dates are scheduled to optimize the use of telescopes.

April 1: "Phantom of the Universe: The Hunt for Dark Matter"

April 29: "The Sun, Our Living Star"

May 27: "From Earth to the Universe"

For info, visit www.frostburg.edu/mlc.

Interested in Joining the Relay For Life Planning Committee?

Relay For Life will be hosted at FSU on **Saturday, April 29**.

The American Cancer Society Relay For Life movement is the world's largest peer-to-peer fundraising event dedicated to saving lives from cancer. For more than 35 years, communities across the world have come together to honor and remember loved ones and take action for lifesaving change. Funds raised through Relay For Life directly support breakthrough research, 24/7 support for cancer patients, access to lifesaving screenings and much more.

If interested in assisting with planning this year's Relay For Life event, email Ashley Daniels at amdaniels@frostburg.edu or stop by Lane 231.

Save the Date for Homecoming

Homecoming 2023 will be held **Thursday, Oct. 5, through Sunday, Oct. 8.**

For info, check out <https://www.frostburg.edu/alumni/homecoming.php>.

Study Abroad

Start Planning Your Study Abroad Experience for Summer and Fall 2023!



Nori Dawson in Ireland – Summer 2022

Join the Center for International Education for a Study Abroad Information Session to learn more about program options, requirements and financial aid for overseas experiences.

Each virtual session will take place at 3 p.m. on the following **Fridays: March 31 and April 14 and 28.**

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Health and Safety Messages

Road Running?



Be visible in the dark. Wear brightly colored or reflective clothing.

Be alert. Always be aware of your surroundings and what's going on nearby.

Run against the flow of traffic.

Run on sidewalks.

Carry your cell phone and ID with you.

Obey all traffic rules.

Don't wear headphones or keep them turned down.

Get self-defense training. Learn how to defend yourself and how to get away from an attacker.

Run with a club/crew: Running with a group increases your safety.

Vary your routine. Select various routes so your routine is not too predictable when running alone. Be thoughtful about what you post online about your routes.

Never trust a driver: Drivers are distracted and you are not their first priority. Don't assume they will give you the right of way at a crosswalk.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Nine Amazing Tips to Crush Imposter Syndrome

<https://www.learningtobefree.com/2019/03/27/9-amazing-tips-to-crush-imposter-syndrome>

Tell Yourself Tuesday Tip: Anxiously in Love

<https://www.learningtobefree.com/2021/02/24/anxiously-in-love-finding-hope-for-love-in-a-new-year>

Wacky Wednesday Tip: One Hundred Positive Affirmations for Confidence That Will Boost Your Self-Esteem

<https://www.learningtobefree.com/2021/03/21/affirmations-for-confidence>

Thankful Thursday Tip: The Best Personal Development Podcasts You Should Listen to Right Now

<https://www.learningtobefree.com/2021/09/02/best-personal-development-podcasts>

Fun Friday Tip: Creative Hobbies List to Start Right Now

<https://www.learningtobefree.com/2021/10/24/creative-hobbies>

Social Saturday Tip: Mental Health Hashtags You Need to Start Using ASAP

<https://www.learningtobefree.com/2021/09/02/mental-health-hashtag>

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.