



For and about FSU people

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## ‘#BobcatsAgainstBias’ Week



Rasheed Ali Cromwell, left, and Joe Davidson will be the speakers for the April 4 event.

FSU’s Office of Diversity, Equity and Inclusion (ODEI) will host the third annual “#BobcatsAgainstBias: A Week of Celebrating Diversity, Equity and Inclusion” **Monday, April 1, through Thursday, April 4.** Each day will have a different theme and activity in the Lane Center upper lobby 11 a.m. to 2 p.m. on those days. Participants are asked to tag ODEI on Instagram @ODEI\_frostburg #FSUBAB every day.

**April 1** is “Take a Pledge Day.” There will be opportunities to commit to being a part of the #BobcatsAgainstBias movement. Student organizations, residence halls, community members and campus divisions/offices are encouraged to create a banner or poster reflecting the #BobcatsAgainstBobcats campaign. Be sure to stop by the table for more information. The event for the day is a Black History Mobile Museum in Lane Manicur Hall from 10 a.m. to 3 p.m. Established by educator and scholar Dr. Khalid el-Hakim, the Black History 101 Mobile Museum stands as a renowned repository of more than 10,000 original artifacts, from the painful era of the trans-Atlantic slave trade to the vibrant culture of hip-hop; el-Hakim, often likened to the “Schomburg of the hip-hop generation,” exemplifies an unwavering dedication to preserving and advancing the profound legacy of the Black Museum movement. This event is open to the public. Be sure to visit the museum and hear a presentation by el-Hakim.

**April 2** is “Forgiveness Day.” Visit the Lane lobby tables and talk about random acts of kindness you have done or that have been done to you. There will be a final Spring 2024 Cultural Conversation: “I Hate When ...” at 5 p.m. in the Adams/Wyche Multicultural Center. Various student organizations will share about being impacted by different biases. The program will conclude with words from the United Campus Ministry chaplain, **Rev. Elijah Ferebee**. This event is open to all students.

**April 3** is “Words Matter Day.” One activity is “These Lips Don’t Hurt.” Stop by the table for some positive words. What you say about and to yourself matters. Write one positive thing about yourself. A “Safe Space” training workshop facilitated by Diane Illig, director of Safe Spaces at Salisbury State University, will be held in the Adams/Wyche Multicultural Center from 4 to 7 p.m. Dinner will be provided, and registration is required through the FSU box office.

**April 4** is “MLK Day.” The Rev. Dr. Martin Luther King Jr. was assassinated on April 4, 1968. While the national MLK day is on Jan. 15 (his birthday), classes are not in session at FSU, so we honor his legacy on **April 4**. An activity is “Dr. King Had a Dream. What’s Your Dream?” The event is “The MLK You Never Knew: Bias, Media and Image,” which will be presented by Rasheed Ali Cromwell, Esq., civil rights speaker and educator, and Joe Davidson, a journalist for The Washington Post and president of the National Association of Black Journalists, at 6:30 p.m. in Gira Center 397. Davidson will also discuss journalism ethics at 10 a.m. in Gira Center 397. All are welcome.

As founder and president of Harbor Institute for the last 10 years and president of the Harbor Group of Companies, Cromwell manages operations and has grown the Harbor brand into a group of successful companies. As a practicing attorney, speaker, trainer and consultant, he presents dynamic keynote speeches and interactive and engaging training sessions for thousands of students and administrators at more than 300 colleges around the country. Cromwell uses his legal, academic and entrepreneurial expertise to focus on cultural competence, empowerment, student success, hazing prevention, intervention and leadership development. He has worked with ODEI for more than 12 years, providing workshops for students covering various topics (leadership development, financial literacy, etc.). Recently, he presented three workshops on the impact of the Supreme Court decision on affirmative action with deans, students and faculty.

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Davidson writes The Washington Post Federal Insider column. For 13 years he was a Washington and foreign correspondent with The Wall Street Journal. He is a founding board member of the National Association of Black Journalists (NABJ). At The Wall Street Journal, he covered a broad range of domestic issues and presidential campaigns. As a foreign correspondent, he was posted in South Africa during apartheid and was honored by NABJ for his 1986 reporting on life in a Black shanty town. Davidson has reported from other countries in Africa as well as Europe and China. He was in the charter class of Ethics Fellows at the Poynter Institute, where he also has been a visiting faculty member. He has conducted professional coaching seminars at the Gannett News Service, the Institute for the Advancement of Journalism in Johannesburg and the University of Maryland. For many years he was an adjunct professor at Temple and Howard universities. At National Public Radio, Davidson was a regular commentator on “Morning Edition” and “All Things Considered” and a weekly news analyst for “News and Notes.” He has been a political columnist for BET.com, a contributing editor to Emerge Magazine, and he has written for The Nation, Mother Jones, the Los Angeles Times and the Christian Science Monitor. Among his numerous television appearances are those on CNN, MSNBC, PBS and BET. Davidson has been honored as a “HistoryMaker” in journalism. He is in the Washington, D.C., and NABJ Halls of Fame. He is past president of the Philadelphia Association of Black Journalists and a two-time Pulitzer Prize juror.

This program is co-sponsored by ODEI and Dr. Sheri Whalen, an associate professor in the Department of Communication.

The “BobcatsAgainstBias” hashtag and logo were created and first used by *Annie Danzi* and students in the Department of Communication and later adopted for this week celebrating diversity on campus and committed to doing the work to reduce biases and microaggressions that negatively impact the campus climate.

For info, contact Robin Wynder, assistant vice president for Student Affairs and Diversity, Equity and Inclusion officer, or Gianni Jones, ODEI program management specialist, at 301-687-3158 or [odei@frostburg.edu](mailto:odei@frostburg.edu), or Whalen in the Department of Communication at 301-687-4134 or [sawhalen@frostburg.edu](mailto:sawhalen@frostburg.edu).

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## Help for Students

### Student Counseling Center Offerings

For info and/or to register call 301-687-4234.

#### Hands-On Group for Self-Expression

This group meets **Mondays**.

Everyone is welcome with no experience needed to join. This will be a judgment-free zone to build confidence and safely express feelings and thoughts as well as learn social, interpersonal, self-advocacy and problem-solving skills through creative activities.

**“My Story” on April 1:** Experiences are explored. A postcard will be colored, painted, decorated and completed with a story you would like to write about.

**“Visual Board” on April 8:** Using various materials, complete a visual board about your life plans and projects.

#### College Survival Guide

Sessions are offered **Tuesdays** from 5 to 6 p.m. in room 211 of the Education and Health Sciences Center.

These sessions will provide helpful information for navigating your time at college and beyond. Join your guide, Emily Llewellyn, LCPC, on the adventures of adulthood.

**“Time Management” on April 2**

**“Daily Living” on April 9**

**“Food and Groceries” on April 16**

**“Body and Health Basics” on April 23**

**“Job Interviews” on April 30**

**“Transitioning From College” on May 7**

#### LGBTQ+ Support Group

The LGBTQ+ Support Group meets **Wednesdays** from 3 to 4 p.m. in room 118 of the Education and Health Sciences Center.

This group will present an opportunity for students with diverse sexual orientations and gender identities to explore life challenges together. It provides an inclusive environment in which to address various issues (e.g., coming out, spirituality, family relationships, depression, self-esteem, etc.). Goals include reducing isolation, finding support and making positive changes.

### PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

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The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are noon to 6 p.m. on **Mondays**, 3 to 8 p.m. on **Wednesdays** and 1 to 7 p.m. on **Thursdays**. Other weekdays are by appointment. To schedule an appointment, email [paws pantry@frostburg.edu](mailto:paws pantry@frostburg.edu). For info, visit <https://www.frostburg.edu/student-engagement/student-life/service/paws-pantry/PAWS-Pantry.php>.

## Tutoring Information for Spring 2024

Tutoring will continue until **Tuesday, May 14**, and will be held **Mondays through Thursdays** from 8:30 a.m. to 4:30 p.m. and **Fridays** from 8:30 a.m. to 4 p.m. in Pullen 151 (top of the ramp). Tutoring is free.

Note: Some tutors will have schedules after 4:30 p.m. **Mondays through Thursdays**.

### Courses for Appointment-Based/Individual Tutoring

Students use TutorTrac to make face-to-face appointments. Courses include Academic Skills (textbook strategies, study skills, time management and note-taking), BIOL 109/149/160/161, CHEM 150/201/202, COSC 100/101/102/240/241, DVMT, MATH 104/119/120/236/237, PHYS 216/262 and Writing.

### Walk-In/Group Offerings (show up, sign in and get assistance)

Offerings are as follows: BIOL 321 (Note: Location may change to EHSC later in the semester per Dr. Karen Keller) – 5:30 to 7:30 p.m. **Mondays** and 3:30 to 5:30 p.m. **Tuesdays**, both in Compton 326 with Keri Rapp.

### NetTutor/Online Tutoring (via the Tutor Resources course in your Canvas list of courses; sign-up no longer required)

This is a 24/7, third-party, online tutoring platform accessible via Canvas. Look for the NetTutor link in the Tutor Resources course in your Canvas list. Information about NetTutor is posted outside of Pullen 151. Some of the available subjects are accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, psychology, sociology, student success and writing.

### Tips and Resources

Look into academic skills tutoring (via the FSU Tutoring Center) to see if textbook strategies, study skills, time management or note-taking may be the root of your academic struggles. To make an appointment for an academic skills chat, contact Mark Smith at [msmith@frostburg.edu](mailto:msmith@frostburg.edu).

Form a study group with classmates.

Speak with your professor, advisor, mentor or athletic coach.

Try Khan Academy (online video tutorials on a broad range of subjects) at <https://www.khanacademy.org>.

Try the Purdue Online Writing Lab at <https://owl.purdue.edu>.

Try Grammarly at <https://www.grammarly.com> for all types of writing help.

Try Landmark Citation Machine online at <https://www.citationmachine.net> for MLA, APA and other citation assistance.

Try Study Stack (flash cards and study games) at <https://www.studystack.com>.

Try the CollegeInfoGeek channel on YouTube (hosted by Thomas Frank) at <https://www.youtube.com/channel/UCG-KntY7aVnIGXYEBQvmBAQ> for all things college-related.

## Bobcat Career Closet



The Bobcat Career Closet provides professional clothing to FSU students. Available items include suits, blazers, shirts, trousers, skirts, dresses and ties. Students can choose from a variety of professional clothing for career events such as career fairs, job interviews, internships, first day on the job and conferences. The Career Closet is located in Pullen 110. Students should contact the Career and Professional Development Center to schedule an appointment at [careerservices@frostburg.edu](mailto:careerservices@frostburg.edu) or CPDC Calendar at <https://shorturl.at/fALPW>.

Follow CPDC on Instagram [@frostburg\\_cpdc](https://www.instagram.com/frostburg_cpdc) for career events and job postings.

All clothing items have been donated by FSU faculty, staff, alumni and community members. These are new and gently used workplace-appropriate items.

For info, contact the Career and Professional Development Center team at 301-687-4403 or [careerservices@frostburg.edu](mailto:careerservices@frostburg.edu).

### Fashion Show



CPDC, in collaboration with the African Student Association and Visual Couture, will host a Fashion Show on **Wednesday, April 3**, at 6 p.m. in the Lane Center. Students will model trendy outfits that are suitable for the work environment. Whether it be an interview, a networking event or the first day on the job, you can be you while dressing professionally! This event will showcase the new Bobcat Career Closet. The closet is a place for students who are in need of professional clothing. All items are free of charge. This is a fun and free event for all!

## Music

Unless otherwise noted, events will take place in Pealer Recital Hall and are free and open to the public. Concerts will also be livestreamed; the link will be posted at [www.frostburg.edu/concerts](http://www.frostburg.edu/concerts). For info, contact FSU's Department of Music at 301-687-4109.

### Chamber String Orchestra Will Perform Concert

FSU's Department of Music will present its Chamber String Orchestra, conducted by *Peter Lewis*, in concert on **Wednesday, April 3**, at 7:30 p.m.

Performers are as follows: *Anna Hilderbrand*, *Chassady Redhead*, *Leah Boggs* and *Taylor Bryan* on violins; *Evie Shanholtz* and *Kathryn Schram* on violas; *Rebecca O'Rourke* and *Emily Xu* on cellos; *Lewis* on bass; *Dr. Joseph Yungen* on harpsichord; and *Jeff Dilkes* on baroque flute.

The group will perform "Abdelazer Suite" (1695) by Henry Purcell; the first movement, "Allegro Moderato," of "Concerto for Violin in G Major" (1760) by Joseph Haydn; the second movement, "Allegro" of "Viola Concerto in G Major" (1716-1721) by George Phillip Telemann; and "Brandenburg Concerto No. 5 in D Major, BWV 1050 (1721) by Johann Sebastian Bach.

Purcell composed "Abdelazer," a work in 10 movements, to accompany performances of a revenge tragedy of the same name by English dramatist Aphra Behn. Although Behn's play is no longer performed, the music for it remains one of Purcell's most enduring creations. The various sections show the variety that was expected of incidental music. The necessary dance rhythms and character songs are deftly rendered, with moods ranging from slow and gentle to brisk and lively and with nimble passagework for the string ensemble.

Unlike the other violin concertos that Haydn wrote in his earliest years as the court composer in Esterhaza for Luigi Tomasini, concertmaster of the Esterhazy Orchestra, the "Concerto for Violin in G Major" seems likely to have been written for a different concertmaster. Before his engagement with the Esterhazy family, Haydn was kapellmeister for Count Morzin from 1757 until 1761. It is believed that he may have written this concerto for himself to perform with the ensemble. Although the work doesn't possess the sophistication of the concertos written at Esterhaza, it is still a thrilling work. It is in three movements as was typical for a concerto of this period. The first is a stately allegro moderato.

Of Telemann's surviving concertos, his "Viola Concerto in G Major" is among his most famous and still regularly performed today. It is the first known concerto for viola. Telemann focused on composing for lesser-known instruments, resulting in the composition of this piece. It represents a major baroque concerto, as he explored the soloistic sound of the instrument, allowing it to be viewed as more than just an ensemble instrument. The concerto contains four movements and follows sonata da chiesa form.

The fifth installment of the Brandenburg concerti features the flute, violin and harpsichord as its soloists. The concerto is in the typical fast-slow-fast configuration. The first movement opens with an energetic tutti theme, eventually giving way to the trio of soloists. The real star, however, is the harpsichord. While the harpsichord is used in all the Brandenburgs, the fifth uses the harpsichord as the cohesive unit of the entire piece, especially the first movement. The movement ends with a lengthy cadenza-like section for the harpsichord that ultimately yields to the opening tutti theme that drives to the end of the movement. The second movement offers a lovely repose between the frenetic first and third movements. The third movement is a jaunty number that highlights the contrapuntal genius of Bach.

### FSU Student Joseph Orr in Senior Trumpet Recital

FSU's Department of Music will present student *Joseph Orr* in his senior trumpet recital on **Friday, April 5**, at 7:30 p.m. He will be accompanied by pianist *Dr. Joseph Yungen*.

Orr will be joined by guest artists from the Brass Quintet: *Patrick Godfrey* on trumpet, *Brice Simpson* on French horn, *Alex Frye* on trombone and *Doug Holtz* on tuba, as well as members of the Jazz Combo: *Max Partlow* on tenor saxophone, *Tom Harrison* on bass and *Ben Alvey* on drum set.

Orr will perform "Solo de concours" by Théo Charlier, "Légende" by George Enescu, "Amazing Grace" by John Newton, "Brass Quintet No.1" by Victor Ewald, "In a Sentimental Mood" by Duke Ellington and "Joy Spring" by Clifford Brown.

### Folk Singer-Songwriter Antje Duvekot Will Perform at MCTA



FSU's Mountain City Traditional Arts will host award-winning folk singer-songwriter Antje Duvekot on **Saturday, April 6**, at 4 p.m. at 25 E. Main St. in Frostburg. The live entertainment is open to the public through general admission with a suggested donation of \$15.

Duvekot is a German-American folk singer with extensive touring experience in the U.S. and Europe. She's the winner of the Grand Prize in the John Lennon Songwriting Competition, the prestigious Kerrville (Texas) Best New Folk Award and, in one of the nation's top music markets, the Boston Music Award for Outstanding Folk Act – three of the top prizes in the singer-songwriter world.

Duvekot is a compelling live performer and has been invited to play some of the top festivals, including the Newport Folk Festival, Mountain Stage, and the Philadelphia and Kerrville festivals. Internationally, she's headlined the Celtic Connections Festival in Scotland and the Tonder Festival in Denmark.

In December of 2007, Bank of America featured Duvekot's song "Merry Go Round" in a national TV advertising campaign seen by millions, including a Super Bowl audience. Her fast-growing fan base, the viral spreading of her music and a track record of sold-out shows are a testament to her growing popularity.

For info, call 301-687-8040.

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## Dr. Mark Gallagher Will Appear in Faculty Artist Series Concert

FSU's Department of Music will present *Dr. Mark Gallagher* in his clarinet concert on **Sunday, April 7**, at 3 p.m. He will be accompanied by pianist *Dr. Joseph Yungen*.

The program will include "Grand Duo Concertant for Clarinet and Piano, Op. 48" by Carl Maria von Weber, "Three Etudes on Themes by Gershwin for Solo Clarinet" by Paul Harvey and "Sonata for Clarinet and Piano No. 3 in B-flat Major, Op. 107" by Johann Baptist Joseph Maximilian (Max) Reger.

Weber composed "Grand Duo Concertant" from 1815 to 1816. It consists of three movements: "Allegro con fuoco," "Andante con moto" and "Rondo: Allegro." Weber most likely composed the work for himself (on piano) and his friend Heinrich Baermann, a leading clarinetist of the era. During its composition, Weber designated the work as a sonata, but abandoned that title on its completion. This decision reflected the piece's character as more of a showcase for two virtuosos than a conventionally structured and integrated work. The first movement is in sonata form, the second is an andante in C minor and the finale is a lilting rondo in E-flat major.

"I Got Rhythm," "Summertime" and "It Ain't Necessarily So" are the three Gershwin tunes that the renowned performer, teacher and composer Paul Harvey took as the themes for his studies. "I Got Rhythm," published in 1930, became a jazz standard. Its chord progression, known as the "rhythm changes," is the foundation for many other popular jazz tunes. "Summertime" is an aria Gershwin composed in 1934 for the 1935 opera "Porgy and Bess." The song soon became a popular and much-recorded jazz standard. "It Ain't Necessarily So" is also from "Porgy and Bess," where it is sung by the character Sportin' Life, a drug dealer, who expresses his doubt about several statements in the Bible.

"Sonata for Clarinet and Piano No. 3" is the best known of the three clarinet sonatas by Reger. Composed in 1909, it is one of the most important works in the clarinet solo repertory. Reger's style mixed strongly traditional formal procedures (dating back from Brahms all the way through Beethoven and Bach) with the harmonic language of Wagner and Strauss. Reger falls clearly into the line of Brahmsian formal thinking that resulted in the creation of the 12-tone row. His inclination toward absolute music, along with his successful career in the German university system, led him to compose generous quantities of chamber music, of which this sonata is an excellent example. The work, at 31 minutes, is exceptionally long for a wind sonata.

## FSU Student Joseph Louie in Senior Percussion Recital



FSU's Department of Music will present student *Joseph Louie* in his senior percussion recital, "Eternal Rhythm: Life's Pulse," on **Sunday, April 7**, at 7 p.m. He will be joined by percussionist *Ben Alvey*.

Louie will perform the second movement, "Dance of the Drums," from "Song and Dance" by Gene Koshinski, "Rhythm Song" by Paul Smadbeck, "Farfenmarch" by Kirk J. Gay, "La fille aux cheveux de lin" by Claude Debussy and "Deus Ex Metronome" by Russell Wharton.

## Guitar Ensemble Presents 'Strings Unleashed'

FSU's Department of Music will present its Guitar Ensemble, directed by *Dr. Felipe Garibaldi de Almeida*, in concert on **Thursday, April 11**, at 7:30 p.m.

The guitar ensemble consists of *Andrew Gula*, *Nicholas Mellen*, *Raymond Gibson* and *Samuel Dolly*. They will be joined by guest artists *Chassady Redhead* and *Leah Boggs* on violins, *Evelyn Shanholtz* on viola and *Bekah O'Rourke* on cello.

The multi-genre guitar concert will include "Baiãozinho" and "Sambinha" by Celso Machado; "Spanish Romance," an anonymous composition arranged by de Almeida; two selections by Johann Sebastian Bach – "Bourée" from "Lute Suite, BWV 996," arranged by Jan-Olof Erikson and "Jesu, Joy of Man's Desiring" from "Cantata, BWV 147," arranged by Claudio Weizman; "Liberum Fluxus" by de Almeida; and "Don't Fear the Reaper" by Buck Dharma, arranged by Nicholas Mellen.

Machado, a Brazilian world music guitarist, percussionist and multi-instrumentalist, composed "Baiãozinho" and "Sambinha." They are two of his "Five Modinhas Brasileiras." The modinha, in Brazil, is a type of sentimental love song. It is generally considered part of the roots of Brazilian popular music, along with the lundu, because they were the first representative music of the people of Brazil, at the time of getting their identity as Brazilians, not the dwellers of Portuguese colony.

"Romance Anônimo" ("Anonymous Romance") is a piece for guitar, also known as "Spanish Romance." The style of the piece is that of the parlor music of the late 19th century in Spain or South America.

"Bourée in E Minor" is a popular lute piece, the fifth movement from "Suite in E Minor, BWV 996" written by Bach between 1708 and 1717. The piece is arguably one of the most famous among guitarists. "Jesu, Joy of Man's Desiring" is the popular English title of the chorale from the 1723 Advent cantata, "Herz und Mund und Tat und Leben (Heart and Mouth and Deed and Life), BWV 147."

"Don't Fear the Reaper" is a song by American rock band Blue Öyster Cult from the band's 1976 album "Agents of Fortune." The song, written and sung by lead guitarist Donald "Buck Dharma" Roeser, deals with eternal love and the inevitability of death. Dharma wrote the song while picturing an early death for himself.

## Dr. Brent Weber to Perform Faculty Artist Series Concert, 'React'

FSU's Department of Music will present saxophonist and tenor *Dr. Brent Weber* in a Faculty Artist Series concert on **Friday, April 12**, at 7:30 p.m. He will be accompanied by the FSU Faculty Jazz Combo and the FSU Saxophone Quartet.

In addition to Weber, the Faculty Jazz Combo includes *Dr. Donald Albrecht* on trumpet, *Tom Harrison* on piano, *Peter Lewis* on bass and *Dr. Mackenzie LaMont* on drums, and the FSU Saxophone Quartet includes soprano *Raegan Barrett*, alto *Gabe Hicks* and baritone *Eileen Martin*.

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The concert will feature “Pitch Black” by Jacob ter Veldhuis, “My Funny Valentine” by Richard Rogers, “Donna Lee” by Charlie Parker, “Sandu” by Clifford Brown, “Gertrude’s Bounce” by Bud Powell, “A Remark You Made” by Joe Zawinul and “Wayne’s Thang” by Kenny Garrett.

“Pitch Black,” for sax quartet and audio, was composed in 1998. The audio track reproduces the voice of trumpet player Chet Baker, from one of the last interviews before his tragic death by falling from an Amsterdam hotel room window in 1988. Baker talks about his past as a drug addict and his life in prison, his first audition with jazz saxophonist, band leader and composer Parker and playing without drums.

“My Funny Valentine” is a show tune from the 1937 Rodgers and Lorenz Hart coming-of-age musical “Babes in Arms.” The song became a popular jazz standard, appearing on more than 1,300 albums performed by more than 600 artists.

“Donna Lee” is a bebop jazz standard attributed to Parker, although Miles Davis has also claimed authorship. Written in A-flat, it is based on the chord changes of the jazz standard “(Back Home Again in) Indiana.” Beginning with an unusual half-bar rest, “Donna Lee” is a very complex, fast-moving chart.

Brown’s “Sandu” has long been a jam-session staple for anyone who wants to shred some E-flat blues. The familiar melody is featured with a trumpet and tenor sax duet at the top of the tune and returns with the duet at the end. “Sandu” also includes written or improvised solos for tenor sax and trumpet with a great “rhythm out” interlude between the solos. There’s also an excellent sax section solo and a roaring shout chorus before the recap.

The lesser-known Powell composition, “Gertrude’s Bounce,” features an upbeat melody and happy-go-lucky style that works well for a jazz ensemble.

“A Remark You Made” is a composition by Zawinul, one of the founders of Weather Report, and is included on the band’s seventh album, “Heavy Weather,” released in 1977. It would prove to be the band’s most commercially successful album.

“Wayne’s Thang” is from “Sketches of MD: Live at The Iridium,” one of the few live albums by Garrett, released in 2008. The “MD” of the title track refers to Garrett’s old bandleader, Miles Davis.

## Special Events

### CES at FSU Presents Cirque FLIP Fabrique in ‘BLIZZARD’



CES at FSU will present the astonishing acrobats of Cirque FLIP Fabrique in “BLIZZARD” on **Tuesday, April 9**, at 7:30 p.m. in the Drama Theatre of FSU’s Pealer Performing Arts Center.

With “BLIZZARD,” Cirque FLIP Fabrique delivers a spirited, head-over-heels journey into the dead of winter and invites audience members to lose themselves in a moment of complete wonder. Edinburgh Festival Magazine stated that the family-friendly performance “brings all the magic of a snow day to young and old alike.”

Founded in 2011 and based in Québec, Cirque FLIP Fabrique’s fresh, fun take on contemporary circus results in playful, breathtaking performances. These world-class artists have worked with the prestigious Cirque du Soleil and Cirque Éloize and have performed at circus festivals across the world. The New York Times declared that “after watching them perform, you may suspect that they hail from a different planet.”

Tickets are \$35 for adults, \$31.50 for FSU employees and members of the military, \$17 for youth under 18 and free for FSU students.

For info, visit the CES webpage at [ces.frostburg.edu](http://ces.frostburg.edu) or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council ([msac.org](http://msac.org)) and receives financial support from the Allegany Arts Council and the City of Frostburg.

## Presentations

### Tom Barkin, President and CEO of Federal Reserve Bank of Richmond, to Speak on Economic Growth



The Greater Cumberland Committee and FSU will host a morning coffee chat with Tom Barkin, president and CEO of the Federal Reserve Bank of Richmond, on **Tuesday, April 9**, from 8 to 10:30 a.m. in Pealer Recital Hall. This event is free and open to the public.

The topic of discussion will be “Fostering Economic Growth in Today’s Economic Landscape.” Barkin will share his insights on the economic landscape, monetary policy and the role of the Federal Reserve in fostering economic growth.

Reserve your seat today on Eventbrite at <https://shorturl.at/kqtG7>.

### Olympian/Coach Sherry Winn Will Share Secrets of Winning

A Campus United Presenter Series will host a presentation by Sherry Winn on **Tuesday, April 2**, at 7 p.m. in Gira Center 397. This event is free and open to the campus community.

Winn is a two-time Olympian and national championship coach. Her 34 years of building championship teams provide an opportunity to capture the secrets of creating winning organizations. Learn the winning secrets needed to motivate a team to achieve greatness where every member is selflessly and unconditionally committed to reaching the common goal with no interest in who gets the credit.

Winn has delivered more than 1,700 hours of paid speaking engagements and is the author of six books, including an Amazon bestseller.

## Workshops

### Upcoming Workshops at Summit Station



Summit Station at Innovation Park will present a workshop, Remote Working 101, on **Thursday, April 4**, from 9 a.m. to noon at 1 Technology Drive in Frostburg.

This workshop will introduce and describe remote work. By the end of the workshop, participants will have the knowledge and skills needed to succeed in a remote work environment. The agenda will include an introduction/description of remote work, the benefits/challenges of remote work, remote work best practices and hands-on learning.

Summit Station's mission is to cultivate an environment that supports the growth and development of startups and early-stage businesses. By fostering a diverse community that brings together individuals from various backgrounds and industries, Summit Station empowers entrepreneurs, freelancers and remote workers to thrive and reach their full potential.

Registration is required. Register at <https://forms.gle/vKunRwkHCZTtG5De6>.

For info, go to <https://www.frostburg.edu/drde/summit-station/index.php> and click on Upcoming Events, or contact Eugene Ebb Jr., general assistant, Remote Work Center, at [efebbjr@frostburg.edu](mailto:efebbjr@frostburg.edu).

## Exhibitions

### All-Campus Juried Student Art Exhibition



The All-Campus Juried Student Art Exhibition will open on **Friday, April 5**, from 6 to 8 p.m. in the Stephanie Ann Roper Gallery in FSU's Fine Arts Building.

Entry is free and students may enter up to two works.

First place wins \$75, second \$50 and third \$25 (University Store gift cards).

Deliver artwork to the Roper Gallery **Monday, April 1**, and **Tuesday, April 2**, from 11 a.m. to 5 p.m. Pick up artwork at the gallery on **Friday, April 26**, from 11 a.m. to 5 p.m.

### Ort Library Celebrates Women's History Month With Gira Exhibit



The Lewis J. Ort Library is celebrating Women's History Month by hosting an exhibit dedicated to the legacy of **Dr. Catherine R. Gira**, FSU's president from 1991 to 2006. Before arriving at FSU in 1991, Gira had a highly successful career as a professor of English and provost of the University of Baltimore. At FSU, her greatest strengths were in collaboration, demonstrating tight bonds with local legislators, government officials and USM leaders. Gira helped increase opportunities for transformative learning experiences, whether on campus, in the local community or internationally. Specifically, she fostered programs where students participate in community action and service. Her most visible legacy today is the buildings for which she lobbied or whose completion she oversaw: the Pealer Performing Arts Center (1994) and the Compton Science Center (2003), which honors the legacy of the only other woman president. She also devoted herself to

lobbying for the new Center for Communications and Information Technology, which now bears her name; it was dedicated in her honor in 2015.

The Gira exhibit is located on the second floor of the Ort Library and will be on display for the remainder of the semester. It is also a companion exhibit to the last 125-year anniversary exhibit, The FSU Years, 1987-Present, also on display on the second floor of the library.

## Points of Pride

### Dr. David Puthoff Honored With USM Regents' Faculty Award for Excellence in Teaching



**Dr. David Puthoff**, a professor in FSU's Department of Biology, has received the Regents' Faculty Award for Excellence in Teaching, the highest honor presented by the University System of Maryland Board of Regents (BOR) to recognize exemplary faculty achievements. Puthoff will be recognized at the BOR meeting on **April 19**.

Puthoff's recognition marks the 10th time since 2007 that BOR has honored an FSU faculty member for the impact they have made on students during the previous three years.

Puthoff has become a model of innovative practices in the teaching of biological sciences that have resulted in transformative experiences for students. His efforts focus on creating hands-on activities and projects that allow

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students to participate with the confidence they need to fully engage in the field. Throughout his courses, students can discover and characterize new viruses, identify and map genes involved in cancer, design and carry out their own experiments and co-author peer-reviewed publications.

Most recently, Puthoff's research has moved to the genetic and chemical profiling of "Cannabis sativa." In addition to hemp, Puthoff's research also focuses on plant interactions with their pathogens with a special focus on the interactions with insect pests.

Puthoff has been a member of the FSU faculty for 16 years and was also one of the 2023 recipients of FSU's Faculty Achievement Awards for teaching. He earned his bachelor's in molecular genetics from The Ohio State University in 1994 and his doctorate in botany from the University of California, Riverside in 1999. Puthoff also completed post-doctoral work with Iowa State University and the USDA Agriculture Research Service before coming to Frostburg. He has taught classes at Towson University, the University of Maryland Global Campus and Georgetown University as an adjunct professor.

## Dr. Sara-Beth Bittinger Recognized by The Daily Record on 2024 Top 100 Women in Maryland List



The Daily Record has announced the 2024 Top 100 Women in Maryland honorees, and among that list of heavy female hitters is FSU's *Dr. Sara-Beth Bittinger*, associate vice president for Academic Operations and Fiscal Affairs.

Bittinger and the other 99 honorees were chosen for this recognition by past Top 100 Women and business leaders for their professional accomplishments, community involvement and leadership. Since joining the FSU ranks in 2012, Bittinger has held several leadership roles, including research analyst, director of Assessment and Institutional Research, interim director of Graduate Services and interim assistant vice president for Analytics.

She earned her bachelor's in 2000 from FSU where she majored in economics and minored in business administration. Bittinger went on to earn a master's in 2002 in applied economics from the University of Delaware and returned to FSU to pursue her doctorate, earning her degree in educational leadership in higher education in 2017.

At FSU, Bittinger currently serves as a co-chair of the Middle States Commission on Higher Education Self-Study and the chair of the Student Learning Assessment Advisory Group and Graduate Learning Assessment Advisory Group, chair of the Assessment and Institutional Effectiveness Council, chair of Distance Education Advisory Group and chair of the Proposal Advisory Group. She is responsible for multiple projects, including FSU's academic catalog and calendar, articulation agreements and external curriculum proposals and is the project manager for Quali Online Curriculum Management and Catalog tool.

Bittinger is no stranger to community service either. She was elected to serve on the Allegany County Board of Education for two terms after initially being appointed by Gov. O'Malley.

Bittinger also serves as the chair of the steering committee for the Leadership Allegany program through the Allegany County Chamber of Commerce, a program that has allowed her to facilitate mentoring professionals across the community.

This year's Top 100 Women will be honored at an awards celebration on **May 6** at the Lyric in Baltimore.

For a complete list of the 2024 winners, visit <https://thedailyrecord.com/event/top-100-women>.

## Dr. Amy Branam Armiento and Chuck Dicken Team Up for Podcast

*Chuck Dicken*, WFWM station director and program manager, produced a podcast episode titled "Gilding the Lily: Flowers, Gifts and Dangerous Gifts in 19th-Century American Literature" for *Dr. Amy Branam Armiento*, a professor in FSU's Department of English and Foreign Languages, and Dr. Alexandra Urakova, the University of Helsinki. Armiento and Urakova discussed their research on gift giving with focuses on the exchange of flowers and the 19th-century phenomenon of the language of flowers. Writers addressed include Edgar Allan Poe, Nathaniel Hawthorne, Ralph Waldo Emerson, Anna Peyre Dinnies, Frances Sargent Osgood, Sarah Helen Whitman, Oliver Wendell Holmes and Caroline Wilder Paradise. To listen to this podcast, visit <https://www.youtube.com/watch?v=M3OXLgTarQ4>.

## Anday Duncan Participates in International Conference on the Fantastic in the Arts

*Andy Duncan*, a professor in the Department of English and Foreign Languages, had multiple roles at the 45th International Conference on the Fantastic in the Arts, March 13 through 16 in Orlando, Fla. He did a reading of creative nonfiction from his *Weird Western Maryland* project; spoke on a panel, "Elements of Craft"; co-chaired a second panel, "In Memoriam: Michael Bishop and Other Absent Friends"; performed the menu at the three plenary meals; and participated in three of the six one-acts performed at the Friday-night Flash Play Festival: once as a playwright ("America's Stonehenge") and twice as an actor ("The Suppliants" by Jeanne Beckwith and "Faustus Financial Management" by Sean Nixon). His trip was financed by his department and the University's Faculty Development Subcommittee. For info on ICFA45, visit <https://iaftfita.wildapricot.org/ICFA>.

### Take Note

## FSU's ASTAR AmeriCorps Program to Host Annual Book and Resource Giveaway

FSU's ASTAR AmeriCorps program will hold a Book and Resource Giveaway Community Outreach Project **Saturday, April 6, through Wednesday, April 10**, from 9 a.m. to 6 p.m. each day at City Place, 14 S. Water St. in Frostburg.



The public is invited to choose from a wide variety of items at no cost. This year's event will feature food, books and other miscellaneous items. Supply is limited, so those interested are encouraged to arrive early.

For info, contact FSU's Office of Civic Engagement at [civicingement@frostburg.edu](mailto:civicingagement@frostburg.edu) or 301-687-7599.

## Registration for Summer and Fall 2024



Registration for summer and fall 2024 begins **Monday, April 1**. Students can use their PAWS account to view their registration appointment and advisement report, search for classes and begin building their fall schedule using the Scheduling Assistant.

The Registrar's Office has several electronic forms available online, including the Course Overload Form. This form is essential if you need to take more than 7 semester hours of credit per summer session or 18 credits for the fall semester. Scan the QR code to view the forms.

## Career and Internship Fair



Need a job? Looking for an internship? The on-campus Career and Internship Fair will be held on **Wednesday, April 10**, from 11 a.m. to 3 p.m. in the Lane Center. The fair is open to students of all majors and all class levels. Hosted by the FSU Career and Professional Development Center, this is one of the most exciting opportunities of the year at FSU, with more than 60 employers on campus to connect with FSU students!

Students can register in Handshake and view the attending employers. Register for the Career Fair at <https://shorturl.at/pwDH4>.

## USMH News



The FSU Physician Assistant Studies students from University System of Maryland at Hagerstown's campus enjoyed a visit from Captain Stryker, Hagerstown Flying Boxcars mascot, between classes on Friday afternoon and enjoyed a pizza lunch donated by their local Pizza Hut. Everyone is excited for the new stadium to be completed and looking forward to baseball season!

For info, contact Pam Francis at [pfrancis@hagerstown.usmd.edu](mailto:pfrancis@hagerstown.usmd.edu).

## Focus Frostburg



Focus Frostburg 2024: "Learn-In" for a Sustainable Future will take place on **Wednesday, April 17**, on the FSU campus. Focus Frostburg features programs, discussions and hands-on activities highlighting issues of sustainability and climate awareness. Presentations are open to the campus community and the larger regional community.

For info, email Dr. Kara Rogers Thomas at [krogersthomas@frostburg.edu](mailto:krogersthomas@frostburg.edu).

## Undergraduate Research Symposium

The FSU Undergraduate Research Symposium will be held in person on **Friday, May 3**, from 11 a.m. to 2 p.m. in the Lane Center. For info, contact Dr. Karen Keller at [kkeller@frostburg.edu](mailto:kkeller@frostburg.edu).

## Spring Festival of Children's Literature



The Children's Literature Centre announces that its 41st annual Spring Festival of Children's Literature will be held on **Friday, April 26**, and **Saturday, April 27**, at FSU. Each year, librarians, educators, parents and FSU students come to share their love of children's literature and learn about successful ways to share that love with children. In the "share and learn" atmosphere of the festival, adults who direct

children's learning interact firsthand with authors and illustrators who bring characters to life and inspire children to read. At this year's festival, the featured authors and illustrators – Salina Yoon, Frank Morrison, Hena Khan and Dusti Bowling – will present their award-winning books. In addition, participants will have the opportunity to engage in professional development workshops, which will feature a variety of topics, including writing children's books, the "One Book One School Program," introducing Manga to students, AI-powered ELA and more.

Educators from Maryland and Pennsylvania can earn continuing professional development credits by attending the festival. For info and updates regarding the Spring Festival of Children's Literature, visit the CLC webpage at <https://www.frostburg.edu/childrens-literature-centre/spring-festival/index.php> or the CLC Facebook page at <https://www.facebook.com/clcfsu>.

A scholarship established by Annetta Hammill Marshall is available for FSU students, alumni and educators interested in attending. Marshall had a passion for teaching and a passion for children's literature. In 2004, she established the Annetta H. and Lloyd M. Marshall Scholarship to provide assistance with festival registration fees. Teacher candidates can receive a full festival scholarship, and alumni and educators can receive a partial scholarship. Apply for the scholarship at <https://shorturl.at/gjqt4>.

To register for the festival, visit <https://forms.frostburg.edu/217745>. For info, email [clc@frostburg.edu](mailto:clc@frostburg.edu) or call 301-687-3133.

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## Summer Music Academy



The FSU Summer Music Academy welcomes musicians to FSU **Sunday, July 21, through Sunday, July 28**, for a week of intensive study and music making that will enrich their knowledge, technique and musicality. Register today at <https://forms.frostburg.edu/150>.

Activities will include the Alexander Technique; private lesson; chamber music coaching; ensembles; evening faculty performances; exposure to internationally renowned musicians, soloists and teachers; masterclasses from FSU faculty and guest artists; outdoor activities in the Allegany mountains; the Telford International Competition; and the SMA Gala Concert.

SMA participants between the ages of 10 and 22 are eligible and encouraged to participate in the Telford International Competition, which offers more than \$1,000 in prizes.

SMA aims to promote classical music education all over the world. SMA's mission is to deepen the younger generation's appreciation of culture through musical experiences. The academy brings leading artists from around the world to the Western Maryland region to inspire students and local residents and help to grow interest in music programs of all types of educational systems.

For info, contact Dr. Karen Lau, director of SMA and strings instructor at FSU, at 301-687-7458 or [sma@frostburg.edu](mailto:sma@frostburg.edu).

## Jobs

### Upward Bound Residential Program Employment Opportunities

The Upward Bound Program at FSU seeks tutor/counselors for the Upward Bound Summer Residential Program 2024. Tentative dates are **Sunday, June 9, through Friday, July 19 (Wednesday, July 3, for the three-week program)**.

Upward Bound is a federally funded program for qualified Allegany County high school students who plan to enroll in college. Upward Bound provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in their precollege performance and, ultimately, in their higher education pursuits.

Duties include tutoring and mentoring high school students, creating a welcoming residential and learning environment, planning fun and engaging activities and events and chaperoning field trips, and assisting students with social growth. Benefits include room and board for the duration of the program (three to five weeks plus training week), supervisory experience, working with academic professionals and improving problem-solving and conflict-resolution skills.

To learn more about the Upward Bound Program at FSU, visit [www.frostburg.edu/upward-bound](http://www.frostburg.edu/upward-bound), call Upward Bound at 301-687-4994 or email [upwardbound@frostburg.edu](mailto:upwardbound@frostburg.edu). Applications are available on the UB website and are due by **Monday, April 1**.

## Study Abroad

### Plan Your Study Abroad Experience for Summer and Fall 2024!



Cara Allen in Ireland – January 2024

Join the Center for International Education for a Study Abroad Information Session to learn more about study abroad, including types of study abroad programs, when students should study abroad, study abroad scholarships, using financial aid (Pell grants and student loans) for study abroad and transferring classes back to FSU.

Each virtual session will take place at 3 p.m. on the following **Fridays: April 12 and 26, and May 10**.

Email Victoria Gearhart at [vmgearhart@frostburg.edu](mailto:vmgearhart@frostburg.edu) to sign up for the session of your choice.

## Health and Safety Messages

### April Is Distracted Driving Awareness Month



Distracted driving has become a deadly epidemic on our roads. Cell phone use – specifically, texting, talking and social media use – has become the most common distraction. Other risky actions include adjusting the radio or GPS, applying makeup, eating and drinking. By driving distracted, you're robbing yourself of seconds that you may need to avoid a close call or deadly crash.

In 2021, distracted driving killed 3,522 people. April, which is national Distracted Driving Awareness Month, is a good time to regroup and take responsibility for the choices we make when we're on the road.

Follow these safety tips for a safe ride:

Need to send a text? Pull over and park your car in a safe location.

Designate your passenger as your "designated texter" to respond to calls or messages.

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Do not scroll through apps while driving. Struggling not to text and drive? Put the cell phone in the trunk, glove box, or back seat of the vehicle until you arrive at your destination.

For info, visit <https://www.nhtsa.gov/april-distracted-driving-awareness-month>.

## Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip: Caring for Your Mental Health

<https://www.nimh.nih.gov/health/topics/caring-for-your-mental-health>

Tell Yourself Tuesday Tip: Positive Affirmations Are Self-Care

<https://www.webmd.com/balance/what-to-know-positive-affirmations>

Wacky Wednesday Tip: Tips for a Self-Care Routine

<https://www.skillshare.com/en/blog/15-essential-tips-for-your-self-care-routine>

Thankful Thursday Tip: Benefits to Gratitude

<https://www.helpguide.org/articles/mental-health/gratitude.htm>

Fun Friday Tip: Self-Care at Home

<https://shorturl.at/afju3>

Social Saturday Tip: Twenty Creative Self-Care Activities for Groups

<https://positivepsychology.com/self-care-activities-groups>

Self-Love Sunday Tip: Self-Care Tips for Sunday

<https://www.softiespjs.com/blogs/news/how-to-create-a-rejuvenating-self-care-sunday-routine>

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### VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

#### CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

#### OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

#### STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).