

For and about FSU people

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Copy deadline: noon Wednesday, Candis Johnson at [cvjohnson@frostburg.edu](mailto:cvjohnson@frostburg.edu)

## Focus Frostburg 2024: ‘Learn-In’ for a Sustainable Future



Focus Frostburg 2024, a “Learn-in” for a Sustainable Future, will take place **Wednesday, April 17**, at FSU’s Lane University Center. The full day event features programs, discussions and hands-on activities highlighting issues of sustainability and climate awareness. All presentations are open to the campus community and the larger regional community.

Events kick off at 10 a.m., with presentations and workshops running through 4 p.m. Featured topics include sustainable agriculture, genetically modified organisms, energy efficiency, Native Americans and public-land partnerships, green religion, outdoor recreation and economic development, environmentalism and the U.S. Market System, sustainable smart-grid technology, writing about rare, threatened and endangered species of Allegany County, the environmental benefits of Frostburg’s new Habitat Store, FSU’s Master of Environmental Management, zoos and animal behavior, the fossil record of flowering plants and a progress report from the city of Frostburg’s Green Team.

In addition, there will be poster presentations on various topics, including invasive species and female sustainability leaders who have worked or are working in areas that support the United Nations Sustainable Development Goals. At noon, the FSU Tree Campus Higher Education group will proclaim Arbor Day in celebration of the importance of trees to our campus, state, country and world. There will also be opportunities for students to learn more about voter registration. FSU’s Sustainability Awareness Society will host an Eco-brick Workshop from 1 to 3 p.m. And sustainability-themed films will run throughout the day in the Alice R. Manicur Assembly Hall of the Lane Center.

Wednesday’s activities culminate in the program Bridging the Divide With Curiosity, Compassion and Civility, an evening of conversation, community, learning and fact-based dreaming, hosted by Transform Mid Atlantic in Lane Manicur Hall at 6:30 p.m. This program explores how conversations can be more productive if approached with intellectual and cultural humility, and the understanding that science is real and facts matter. Presenters will also share valuable resources to enhance civic literacy and the capacity to replace judgment about differences with curiosity. After remarks from speakers and a Q&A period, attendees will adjourn to a reception area where, in the spirit of the documentary “2040,” they will engage in some “fact-based dreaming” as they highlight some of the assets of this community and share some new initiatives. And they’ll discuss how to amplify the voices of today’s youth and make sure they feel heard.

Related activities throughout the week include the Reduce, Reuse, Recycle poster contest, which highlights the talent and creativity of students in ART 207 Graphic Design. To help communicate environmental awareness for FSU’s celebration of Earth Week, students designed posters for this contest. To vote, visit [www.facebook.com/frostburglglg](https://www.facebook.com/frostburglglg) from **Wednesday, April 17, through Sunday, April 21**.

On **Tuesdays, April 16 and 23**, Sustainability students will host a Sustainability Cafeteria Takeover at dinner in the Chesapeake Dining Hall by serving and assisting at the dish carousel while promoting less waste. Consider dining at Chesapeake this week to learn more about global hunger as well as campus and community sustainability food initiatives, and to donate to the Sustainability Studies Minor Food Drive. Posters and an information/donation table for the SUST Food Drive will be available throughout the week.

The full schedule will be posted to <https://www.facebook.com/frostburglglg> and <https://www.frostburg.edu/lglg> by **Monday, April 8**. For info, contact Dr. Kara Rogers Thomas at [krögerstthomas@frostburg.edu](mailto:krögerstthomas@frostburg.edu).

## Help for Students

### Student Counseling Center Offerings

For info and/or to register call 301-687-4234.

#### Hands-On Group for Self-Expression

This group meets **Mondays**.

Everyone is welcome with no experience needed to join. This will be a judgment-free zone to build confidence and safely express feelings and thoughts as well as learn social, interpersonal, self-advocacy and problem-solving skills through creative activities.

#### College Survival Guide

Sessions are offered **Tuesdays** from 5 to 6 p.m. in room 211 of the Education and Health Sciences Center.

These sessions will provide helpful information for navigating your time at college and beyond. Join your guide, Emily Llewellyn, LCPC, on the adventures of adulthood.

“Food and Groceries” on April 16

“Body and Health Basics” on April 23

“Job Interviews” on April 30

“Transitioning From College” on May 7

#### LGBTQ+ Support Group

The LGBTQ+ Support Group meets **Wednesdays** from 3 to 4 p.m. in room 118 of the Education and Health Sciences Center.

This group will present an opportunity for students with diverse sexual orientations and gender identities to explore life challenges together. It provides an inclusive environment in which to address various issues (e.g., coming out, spirituality, family relationships, depression, self-esteem, etc.). Goals include reducing isolation, finding support and making positive changes.

### PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are noon to 6 p.m. on **Mondays**, 3 to 8 p.m. on **Wednesdays** and 1 to 7 p.m. on **Thursdays**. Other weekdays are by appointment. To schedule an appointment, email [paws pantry@frostburg.edu](mailto:paws pantry@frostburg.edu). For info, visit <https://www.frostburg.edu/student-engagement/student-life/service/paws-pantry/PAWS-Pantry.php>.

### Tutoring Information for Spring 2024

Tutoring will continue until **Tuesday, May 14**, and will be held **Mondays through Thursdays** from 8:30 a.m. to 4:30 p.m. and **Fridays** from 8:30 a.m. to 4 p.m. in Pullen 151 (top of the ramp). Tutoring is free.

Note: Some tutors will have schedules after 4:30 p.m. **Mondays through Thursdays**.

#### Courses for Appointment-Based/Individual Tutoring

Students use TutorTrac to make face-to-face appointments. Courses include Academic Skills (textbook strategies, study skills, time management and note-taking), BIOL 109/149/160/161, CHEM 150/201/202, COSC 100/101/102/240/241, DVMT, MATH 104/119/120/236/237, PHYS 216/262 and Writing.

#### Walk-In/Group Offerings (show up, sign in and get assistance)

Offerings are as follows: BIOL 321 (Note: Location may change to EHSC later in the semester per Dr. Karen Keller) – 5:30 to 7:30 p.m. **Mondays** and 3:30 to 5:30 p.m. **Tuesdays**, both in Compton 326 with Keri Rapp.

#### NetTutor/Online Tutoring (via the Tutor Resources course in your Canvas list of courses; sign-up no longer required)

This is a 24/7, third-party, online tutoring platform accessible via Canvas. Look for the NetTutor link in the Tutor Resources course in your Canvas list. Information about NetTutor is posted outside of Pullen 151. Some of the available subjects are accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, psychology, sociology, student success and writing.

#### Tips and Resources

Look into academic skills tutoring (via the FSU Tutoring Center) to see if textbook strategies, study skills, time management or note-taking may be the root of your academic struggles. To make an appointment for an academic skills chat, contact Mark Smith at [msmith@frostburg.edu](mailto:msmith@frostburg.edu).

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Form a study group with classmates.

Speak with your professor, advisor, mentor or athletic coach.

Try Khan Academy (online video tutorials on a broad range of subjects) at <https://www.khanacademy.org>.

Try the Purdue Online Writing Lab at <https://owl.purdue.edu>.

Try Grammarly at <https://www.grammarly.com> for all types of writing help.

Try Landmark Citation Machine online at <https://www.citationmachine.net> for MLA, APA and other citation assistance.

Try Study Stack (flash cards and study games) at <https://www.studystack.com>.

Try the CollegeInfoGeek channel on YouTube (hosted by Thomas Frank) at <https://www.youtube.com/channel/UCG-KntY7aVnIGXYEBQvmBAQ> for all things college-related.

## Bobcat Career Closet



The Bobcat Career Closet provides professional clothing to FSU students. Available items include suits, blazers, shirts, trousers, skirts, dresses and ties. Students can choose from a variety of professional clothing for career events such as career fairs, job interviews, internships, first day on the job and conferences. The Career Closet is located in Pullen 110. Students should contact the Career and Professional Development Center to schedule an appointment at [careerservices@frostburg.edu](mailto:careerservices@frostburg.edu) or CPDC Calendar at <https://shorturl.at/fALPW>.

Follow CPDC on Instagram [@frostburg\\_cpdc](https://www.instagram.com/frostburg_cpdc) for career events and job postings.

All clothing items have been donated by FSU faculty, staff, alumni and community members. These are new and gently used workplace-appropriate items.

For info, contact the Career and Professional Development Center team at 301-687-4403 or [careerservices@frostburg.edu](mailto:careerservices@frostburg.edu).

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## Theatre

### Theatre and Dance Closes Season With Comedic ‘Martin and Margaret and the MINDSWAP’



Pictured here are cast members **Hayden Shoemaker-Davis** (Martin Buchanan) and **Ava Breighner** (Margaret Henkel).

FSU’s Department of Theatre and Dance will close its 2023-2024 season with the farcical comedy “Martin and Margaret and the MINDSWAP” by Mike Long and Amaree Cluff. Performances will take place **Friday, April 19**, and **Saturday, April 20**, and **Thursday, April 25**, through **Saturday, April 27**, at 7:30 p.m., with a matinee performance on **April 20** at 2 p.m., all in the F. Perry Smith Studio Theatre in the Woodward D. Pealer Performing Arts Center.

Directed by **Darrell Rushton**, this lighthearted and fun play was originally intended for the 2020 season but cancelled due to the pandemic. The department is excited to bring it back for this Main Stage season.

On the brink of World War II, a genius professor invents the ultimate spy device, a machine that swaps minds. The Nazis want this wonder device, but two American heroes are fighting to keep it – and its inventor – out of enemy hands. As the MINDSWAP machine takes hold, everyone loses their mind, literally, resulting in mistaken identities, comedic chase scenes and the chaos that can only come from a mad, brain-swapping scientist.

The cast features performances by graduating seniors **Brendon McCabe** (Professor Georg Wachtendorf) and **Hayden Shoemaker-Davis** (Martin Buchanan), as well as **Ava Breighner** (Margaret Henkel), **Finley Manocchio** (Natasha Von Metzgemörder), **Caleb Friend** (James Burkhardt and Hans Burckhardt), and **TJ Kelly** and **Cheyenne Daisy** (understudies).

In addition to Rushton, creative team members include **Sarah Slack** (stage manager), **George Georgeson** (scenic and sound design), **Ronald Breiffeller** (costume design), **Carson Luther** (lighting design), **Nicole Mattis** (dialects), **Shea-Mikal Green** (intimacy direction), **Andrew Watkins** (assistant stage manager), **Mackenzie Guynes** and **Kyle Wolford** (assistant scenic design) and the Stagecraft II class (properties design). The artwork was designed by **Breighner**.

Tickets for all performances can be purchased online at <https://frostburgtix.universiticket.com/?cid=169>. Tickets are \$18 for the general public, \$15 for FSU faculty and staff, \$10 for youth and \$7 for FSU students.

For info about the season and group sales, call the Theatre and Dance box office at 301-687-7462 **Mondays through Fridays** from 9 a.m. to 12:30 p.m. and 1:30 to 3 p.m. The lobby box office opens one hour before performances.

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## Music

Unless otherwise noted, events will take place in Pealer Recital Hall and are free and open to the public. Concerts will also be livestreamed; the link will be posted at [www.frostburg.edu/concerts](http://www.frostburg.edu/concerts). For info, contact FSU’s Department of Music at 301-687-4109.

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## Department of Music Presents Vocal Studios Recital

FSU's Department of Music will present the FSU Vocal Studios in a recital of art songs and selections from opera and musical theatre on **Tuesday, April 16**, at 7:30 p.m.

The concert will feature music majors and minors from the vocal studios of *Dr. Colin Johnson* and *Dr. Chun-Ting Chao*, accompanied by pianist *Dr. Joseph Yungen*.

## Jazz Combo Will Perform Spring Concert

FSU's Department of Music will present its Jazz Combo, directed by *Tom Harrison*, in concert on **Thursday, April 18**, at 7:30 p.m.

In addition to Harrison on bass, performers will include *Max Partlow* on tenor sax, *Joey Orr* and *Sam White* on trumpets, *Alex Frye* on trombone, *Taylor Bryan* on violin and piano, vocalist *Catherine Owens* on piano, *Riley House* on piano and alto sax, *Andrew Gula* on guitar, *Matt Alexander* on bass and *Ben Alvey* on drums.

The Jazz Combo will perform many of the historically important jazz standards in their repertoire from the pens of some of the most respected performers in the business, including Herbie Hancock, Tom Harrell, Oliver Nelson, Horace Silver, Bronisław Kaper, Erroll Garner, Antonio Carlos Jobim and Chick Corea.

"Tell Me a Bedtime Story," from Hancock's eighth album, "Fat Albert Rotunda," was recorded in 1969 and is one of his most intricate compositions.

"Moon Alley" was written by award-winning trumpet player Harrell who is known for his lyrical playing and composing.

"Stolen Moments" was written by saxophonist Nelson and recorded on the 1961 album "Blues and the Abstract Proof." The album demonstrates his unique arranging talents.

Pianist Silver is represented in this concert by two well-known jazz standards. "Song for My Father," from his 1965 album by the same name, is Silver's best-known tune and has become a jazz standard. This and "Nutville," from Silver's "Cape Verdean Blues" album, were inspired by his father who was born in Cape Verde off the coast of Africa.

"On Green Dolphin Street" was composed for the 1947 film "Green Dolphin Street." The music was written by Kaper and Ned Washington provided the lyrics. The instrumental version became a jazz classic and has been recorded by countless artists.

"Misty," written by Pittsburgh pianist Garner, is his best-known composition with lyrics added by Johnny Burke later.

"Corcovado" (known in English as "Quiet Nights of Quiet Stars"), which refers to the mountain in Rio de Janeiro, was composed by prolific composer and Brazilian musician Jobim in 1960. It is in the bossa nova style that he is so well-known for writing.

"You're Everything" was recorded on the classic album "Light as a Feather" by Corea and jazz band Return to Forever with lyrics by Neville Potter. The Jazz Combo will feature Owens on a version inspired by Earth, Wind and Fire vocalist Philip Bailey.

## Department of Music Presents NAFME Benefit Concert

FSU's Department of Music will present its National Association for Music Education (NAfME) Benefit Concert on **Friday, April 19**, at 7:30 p.m. The concert is free and open to the public; however, donations will be accepted. All funds will support music programs at schools in Allegany and Garrett counties.

The concert will feature music majors and minors on a variety of instruments and vocals, performing a wide range of musical styles, from classical to modern.

## FSU Student Raegan Barrett in Senior Saxophone Recital

FSU's Department of Music will present student *Raegan Barrett* in her senior saxophone recital, "My Mountain Top," on **Saturday, April 20**, at 7:30 p.m. She will be accompanied by pianist *Dr. Joseph Yungen* and guest artists *Dr. Brent Weber* on alto saxophone, *Bryce Campbell* on marimba, *Eileen Martin* on baritone saxophone and *Gabe Hicks* on alto saxophone.

The program will include "Tachycardia" by Marc Mellits, "Song for Davy – The Old Year Is Past" and "Song for Alison" from "Song Book for Alto Saxophone in E-flat and Marimba" by David Maslanka, "Danzón No. 6 (Puerto Calvario)" by Arturo Márquez, "Pitch Black" by JacobTV (aka Jacob ter Veldhuis) and "My Mountain Top" by Andy Scott.

## Piano Studio Will Present Recital April 21

FSU's Department of Music will present its Piano Studio, directed by *Dr. Jay DeWire*, in concert on **Sunday, April 21**, at 3 p.m.

*Cayla Gavin* will play "Ballade No. 3 in A-flat Major, Op. 47" by Frédéric Chopin, the third of his ballades for solo piano. It was composed in 1841 and published the same year. It is the only ballade by Chopin that does not end in a minor key.

Playing the first movement, "Allegro con brio," from "Keyboard Sonata in D Major, Hob. XVI:37" by Joseph Haydn is *Taylor Bryan*. Published in 1780, the Sonata in D is one of Haydn's best-known and most widely played piano sonatas. The first movement has been described as sparkingly brilliant.

Bryan will also perform "Invention No. 13 in A Minor, BWV 784" by Johann Sebastian Bach from "Fifteen Two-Part Inventions (BWV 772-786)." As far as Bach was concerned, an invention is a short exercise, which has a two-part counterpoint, written for private practice by keyboard students.

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**Riley House** is playing the third intermezzo of “Four Pieces for Piano (Klavierstücke), Op. 119,” four character pieces for piano that Brahms composed in 1893. The collection is Brahms’ last composition for solo piano.

**Jack Maust** will perform the third movement, “Allegretto,” of “Sonata, Op. 31, No. 2,” one of Ludwig van Beethoven’s most iconic and unusual works for piano. While all of Beethoven’s mature sonatas are mini-universes in themselves, defying any conventional molds, the “Tempest” Sonata is an exception among exceptional works.

Also performing a piece by Beethoven is **Sam White**. He will play the second movement, “Adagio cantabile,” of “Piano Sonata No. 8 in C Minor, Op. 13,” commonly known as “Sonata Pathétique.” This elegant and classical piano piece was composed in 1798.

In addition to the Beethoven piece, White will play “Crépuscule d’un faune” (“Dusk of a Faun”) from “Deux Estampes for Piano, Op. 2” by Arthur Lourié. Lourié was a Russian composer, writer, administrator and musical agent. He played an important role in the earliest stages of the organization of Soviet music after the 1917 Revolution but later went into exile. He composed “Deux Estampes” in 1910.

**Emily Bates** will perform “Allegro, ma non troppo” from “Piano Sonata in G Major, Op. 49, No. 2,” which Beethoven most probably composed for a member of the aristocracy during his visit to Prague in 1796. The no-fuss “Allegro, ma non troppo” (“A Study for Playing Triplets”) is straightforward.

## **Student Composers to Perform ‘New Music From the Mountains II’**

FSU’s Department of Music will present “New Music From the Mountains II,” a recital of new music by FSU student composers, on **Monday, April 22**, at 7:30 p.m.

## **Drs. Jay DeWire and Joseph Yungen in Piano Duet**

FSU’s Department of Music will present piano duo **Dr. Jay DeWire** and **Dr. Joseph Yungen** in a Faculty Artist Series concert on **Wednesday, April 24**, at 7:30 p.m.

DeWire and Yungen will perform “Suite No. 2 for Two Pianos, Op. 17” by Sergei Rachmaninoff and “Symphony No. 4 in E Minor, Op. 98” by Johannes Brahms.

Rachmaninoff’s second piano concerto is a record of an artist’s survival. Deep in the stasis of depression, Rachmaninoff could see no way out. This concerto, dedicated to his therapist, was his companion as he took his first steps into the light.

Rachmaninoff completed the suite in 1901. The work is assertive, bold and confident from the start. The robust opening march precedes a sparkling waltz, the first of the work’s two dances. Here and throughout the suite, Rachmaninoff integrates the parts for the two pianos so that they can hardly be distinguished. During the middle of the waltz, there is one of the composer’s characteristic big tunes, a ripely romantic melody pounded out in chords over a flowing accompaniment.

The beautifully crafted third movement overflows with lyricism and fantasy. Most of the movement is introspective, but the impassioned central climax revisits the expressive world of the waltz’s middle section. Rachmaninoff closes the suite with a tarantella, an Italian dance whose crazed flailings were once thought to cure the bite of a tarantula. Here, again, the composer is at his best, crafting a finale that demands staggering virtuosity from both players.

“Symphony No. 4 in E Minor, Op. 98” is the last of Brahms’ symphonies. Completed in 1885, the piece was first premiered for a private audience in a two-piano version.

One of the most powerful features of the fourth symphony is its economy of means. Terseness is obvious right from the first theme: a graceful, expansive musical idea built on just two notes, which Brahms turns upside down and extends to generate nearly the entire theme. After a bit, there is a distinctive rhythmic idea in the background. It has something of a Spanish flavor. This idea becomes important later in the movement.

The opening of the second movement is also simple and economical. This movement has been placed among Brahms’ greatest orchestral statements. There are some subtle medieval qualities in this music. In contrast to the slower outer sections of the movement, Brahms provides a rhythmically active middle section.

The reserve and control of the first two movements are put aside in the third: rugged music that recalls the boisterous humor of Beethoven. Brahms subtly enhances the music’s joviality by adding a triangle for this movement only.

Brahms’ Fourth Symphony harks back to the 18th century. The most obvious connection is the theme for the last movement, which Brahms selected and adapted from J.S. Bach’s cantata, “Nach dir, Herr, verlanget mich, BWV 150.” This is a sequence of chords, which provides the underpinning for the musical cycle of variations that follows. As in Bach, Brahms’ variations flow organically from one to another and are organized into three large sections. The slower pastoral middle section provides relief from the harmonic intensity and orchestrational power of the first. An elaborated reprise of the theme announces the forcible concluding section, which ends the symphony in a terse yet powerful final variation.

## **Evening of Jazz! Concert, ‘Level Up,’ Features FSU Jazz Orchestra**

FSU’s Department of Music will present its Evening of Jazz! concert, “Level Up,” featuring the FSU Jazz Orchestra directed by **Dr. Brent Weber**, on **Friday, April 26**, at 7:30 p.m.

The Jazz Orchestra consists of **Hailey Beining, Gwen Fazenbaker, Vincent Hangarter, Luis Hernandez, Gabe Hicks, Lucas Lusby, Eileen Martin** and **Max Partlow** – reeds; **Patrick Godfrey, MJ Harden, Joey Orr, Morgan Tichnell** and **Sam White** – trumpets; **Stephen Hess, Doug Holtz, Zach English** and **Jack McCoy** – trombones; and **Andrew Gula** on guitar, **Cayla Gavin** on piano, **Nick Mellen** on bass, **Ben Alvey, Gavin Baker** and **Joe Rubens** on drums/percussion – rhythm. They will be joined on some numbers by vocalist **Mack Taylor** and **Peter Lewis** on bass.

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The program will include “Sandunga” by Arturo Sandoval; “Lisette” by Sammy Nestico; “This Masquerade” by Leon Russell, arranged by Rick Stitzel; “Abide” by Eric Richards; “Torque” by Alan Baylock; “The Incredibles” by Michale Giacchino, arranged by Callum Au; “Don’t Know Why” by Jesse Harris, arranged by Paul Murtha; “Groovin’ Hard” by Don Menza; “A Nightingale Sang in Berkeley Square” by Manning Sherwin and Eric Maschwitz; and “Pussywiggle Stomp” by Don Ellis.

Sandoval’s command of the Latin big band idiom is apparent in the exciting medium-tempo chart, “Sandunga,” from the acclaimed Grammy-winning CD “Hot House.”

From the Quincy Jones/Sammy Nestico CD “Basie and Beyond,” “Lisette” is an outstanding ballad for tenor or soprano saxophone soloist with lush harmony and distinctive unisons.

“This Masquerade” is a song originally recorded in 1972 by Russell for his album “Carney” and as a B-side for the album’s hit single, “Tight Rope.”

Richards’ “Abide” premiered in the Jazz Vespers Service at St. Peter’s Church in New York City in 2013.

Featured on Alan Baylock’s latest release, “Prime Time,” “Torque” is devilishly funky and packed with energy.

“The Incredibles,” a new arrangement of the main theme from the hit Pixar Animation Studios and Walt Disney Pictures film, is a challenging but rewarding chart.

“Don’t Know Why” is a song written and composed by Harris that originally appeared on his 1999 album, “Jesse Harris and The Ferdinandos.” A cover of the song was the debut single of American singer Norah Jones.

“Groovin’ Hard” was written by Menza and first released by the Buddy Rich Big Band in 1970.

“A Nightingale Sang in Berkeley Square” is a British romantic popular song written in 1939 and published in 1940, with lyrics by Maschwitz and music by Sherwin. Berkeley Square is a large leafy square in Mayfair, a part of London.

In a fast 7/4 with a down-home feeling, “Pussywiggle Stomp” is a cross between Horace Silver’s “The Preacher” and “My Dog’s Better Than Your Dog.”

Tickets are \$10 for adults; \$5 for seniors, members of the military, and FSU faculty and staff; and free for students and children. Purchase tickets at <https://frostburgtix.universitytickets.com/w/event.aspx?id=2037>. Tickets are also available at the door on the night of the performance.

## **Postponed – Dr. Brent Weber in Faculty Artist Series Concert, ‘React’**

FSU’s Department of Music will present saxophonist and tenor *Dr. Brent Weber* in a Faculty Artist Series concert on **Friday, May 3**, (postponed from Friday, April 12), at 7:30 p.m.

In addition to Weber, the Faculty Jazz Combo includes *Dr. Donald Albrecht* on trumpet, *Tom Harrison* on piano, *Peter Lewis* on bass and *Dr. Mackenzie LaMont* on drums, and the FSU Saxophone Quartet includes soprano *Raegan Barrett*, alto *Gabe Hicks* and baritone *Eileen Martin*.

The concert will feature “Pitch Black” by Jacob ter Veldhuis, “My Funny Valentine” by Richard Rogers, “Donna Lee” by Charlie Parker, “Sandu” by Clifford Brown, “Gertrude’s Bounce” by Bud Powell, “A Remark You Made” by Joe Zawinul and “Wayne’s Thang” by Kenny Garrett.

## **Workshops**

### **Accessibility Simulation Workshop**

SGA DEI, Delta Alpha Pi, SACC and Student Accessibility Services will present an Accessibility Simulation Workshop on **Thursday, April 18**, from 2 to 5 p.m. in the Lane Center. This event is open to students, faculty and staff.

In this workshop, attendees will get hands-on experience with assistive technology; play goalball, a Paralympic sport for the blind; and learn about physical disabilities, neurodivergent conditions, the Delta Alpha Pi Honor Society and more.

For info, contact Latisha Cooper at [lvcooper@frostburg.edu](mailto:lvcooper@frostburg.edu).

### **Training From the Office of Human Resources**

The Office of Human Resources will offer the following training sessions for **April and May**:

#### **“Navigating Difficult Conversations”**

**Friday, April 26**, 1 to 3 p.m., EHS 209

Difficult conversations generally follow a pattern. The details depend on the nature of the conversation, your objectives and the situation, among other factors. But here’s an “Overview.”

In “Review the Stages of a Difficult Conversation,” the class will examine each of these steps: preparing for the conversation, initiating the conversation, delivering the message, listen and respond, explore alternatives and solutions, closing the conversation and following up.

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The workshop will incorporate individual activities with group activities and role playing.

### **“Progressive Discipline (Disciplinary Actions)”**

**Friday, May 10, 2 to 3:30 p.m., EHS 209**

Supervisors will be able to demonstrate how to document and follow the Progressive Discipline Process from a counseling review to the termination process for exempt and nonexempt staff employees.

The training will inform supervisors on working through the discipline process in conjunction with USM policies, FSU policies and the AFSCME MOU(s). It will include hands-on learning on how to complete a Corrective Action Report, documentation and the follow through for the process.

To register, go to Etrieve at <https://fsucentral.etrieve.cloud/Index#/form/139> and complete the registration form(s) for each training session you would like to attend. For info, contact Danielle Dabrowski at [dldabrowski@frostburg.edu](mailto:dldabrowski@frostburg.edu).

## **Upcoming Workshops at Summit Station**

Summit Station is located at 1 Technology Drive in Frostburg. Its mission is to cultivate an environment that supports the growth and development of startups and early-stage businesses. By fostering a diverse community that brings together individuals from various backgrounds and industries, Summit Station empowers entrepreneurs, freelancers and remote workers to thrive and reach their full potential.

For info, go to <https://www.frostburg.edu/drde/summit-station/index.php> and click on Upcoming Events, or contact Eugene Ebb Jr., general assistant, Remote Work Center, at [efebbjr@frostburg.edu](mailto:efebbjr@frostburg.edu).



### **“One-Day Patent Boot Camp Workshop”**

Summit Station at Innovation Park will present “One-Day Patent Boot Camp Workshop” on **Thursday, April 18**, from 9 a.m. to 5 p.m.

This workshop is tailored for entrepreneurs, small businesses and inventors. Insights into patent application processes, tools and resources will be offered. The agenda will include

how to search prior art, how to properly draft claims, understanding the application forms and how to use Patent Center to file electronically.

Registration is required. Register at <https://forms.gle/xfX3d99sVQV5VFHfA>.

### **“One-day Trademark Boot Camp Workshop”**

Summit Station at Innovation Park will present “One-day Trademark Boot Camp Workshop” on **Thursday, May 2**, from 9 a.m. to 5 p.m.

Learn best practices to protect your ideas, grow your business and protect your brand. The agenda will include fundamentals and searching, applications and filing, and responses and registration.

Registration is required. Register at <https://forms.gle/Tf5EjF3fwZDXrqiSA>.

## **Points of Pride**

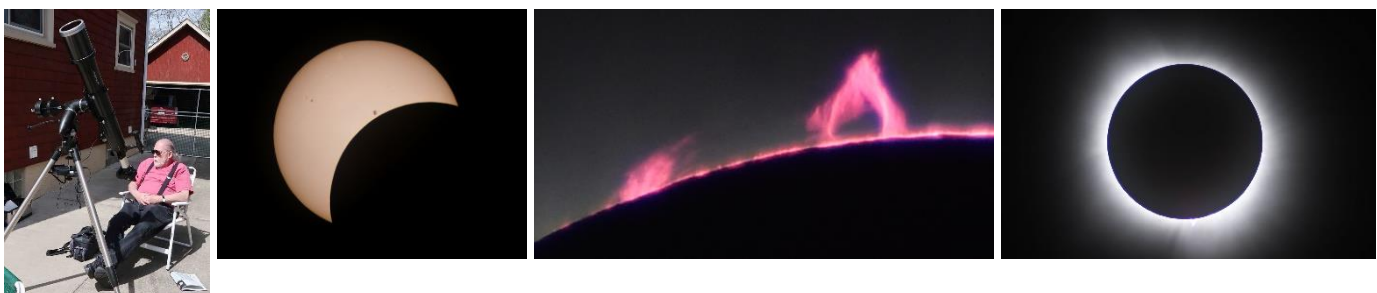
### **Allegany Magazine Article Celebrates ASTAR/FSU Service to Community**

An article in the March edition of Allegany Magazine, “Deeds, Not Words,” celebrates the service to the community that the ASTAR AmeriCorps program and FSU have provided over the past 30 years.

Appalachian Service Through Action and Resources, or ASTAR, has addressed community needs in Western Maryland, including food insecurity, the environment, homelessness and the academic achievement gap they can create.

The ASTAR program is managed through a partnership with FSU, the University System of Maryland at Hagerstown, the Maryland Governor’s Office of Service and Volunteerism and AmeriCorps.

### **Dr. Greg Latta Gets Stunning Eclipse Photos**



Descriptions of Greg Latta’s photographs, from left:

**Latta and Telescope:** Latta at his observing position behind the camera. The camera (a Nikon D7500) has a small folding screen that faces him. The telescope is a 1000mm f8.3 achromatic refractor on a motorized German equatorial mount. The solar filter on the end of the telescope allows only 1/100,000 of the sun’s light to pass.

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**Partial Eclipse – The sun while being partially eclipsed by the moon. Note the three sunspots and the mottled surface of the sun.**

**Prominence Close-Up – Prominences are large plasma and magnetic field structures extending out from the surface of the sun. This picture has been rotated so the prominence goes up instead of down. The height of the triangular prominence at right is 45,000 miles, more than five times the diameter of the earth!**

**Solar Corona – The sun’s corona, what most people see during a total eclipse.**

In 2017, *Dr. Greg Latta*, professor emeritus, FSU’s Department of Physics and Engineering, photographed the partial eclipse of the sun that occurred on Aug. 21. His photos of that eclipse could be seen on monitors throughout the FSU campus. This year, on April 8, he had the opportunity to photograph a total eclipse of the sun. Since only a partial eclipse could be seen here in Frostburg, he traveled to Cuyahoga Falls, Ohio, a location well within the path of totality.

After arriving, Latta first found a location where trees and utility wires would not interfere with the eclipse.

He began his photography at 1:55 p.m., about 5 minutes before the start of the partial eclipse. As soon as first contact occurred, he refocused the camera on the sharp, black edge of the moon, rather than the soft edge of the sun (his secret of good eclipse photography!).

Beginning with first contact at 2 p.m., Latta took pictures every 5 minutes (or less) to record the partial portion of the eclipse. Totality began as predicted at around 3:15 p.m. and only lasted for about 3 minutes. Latta removed the solar filter and during that brief 3-minute period had to adjust the camera many times, because every view during totality (inner corona, outer corona, prominences, etc.) required a different exposure. He continued photographing the event until the end of the partial phase at 4:30 p.m.

For more info about his photography, contact Latta at [glatta@frostburg.edu](mailto:glatta@frostburg.edu).

## Office of Sponsored Programs Successes/News

On Dec. 22, project director *Nicole Mattis*, professor and chair, Department of Theatre and Dance, was awarded a \$500 Plays for the People: In the Stacks book credit from the Theatre Communications Group with funding from the Mellon Foundation in support of expanding the drama book collection.

For info, go to OSP’s Successes/News webpage at <https://www.frostburg.edu/osp/Successes%20News.php>.

## Take Note

### Outdoor Recreation Equipment for Rent

FSU CANOE has outdoor recreation equipment for rent! Equipment rentals such as bikes, canoes, paddleboards, snowshoes, fly-fishing rods and camping gear are available! Daily rates vary.

To make a reservation, go to the equipment rental link at

<https://outlook.office365.com/owa/calendar/FSUCANOEOutdoorEquipmentRentals@frostburg.onmicrosoft.com/bookings>.

For info, contact Rachel West at [rwest@frostburg.edu](mailto:rwest@frostburg.edu) or in Lowndes Hall room 117. The FSU CANOE webpage is also available for reference at <https://www.frostburg.edu/fsu-canoe/index.php>.

### Take Back the Night!



The Frostburg Network for Intersectional Feminism and the Office of Diversity, Equity and Inclusion are sponsoring Take Back the Night, which will be held on **Thursday, April 25**, at 7 p.m. at the Clock Tower.

Rally and march to fight against sexual assault and harassment!

For info, contact Dr. Tianna Bogart at [tabogart@frostburg.edu](mailto:tabogart@frostburg.edu).

### Spring Festival of Children’s Literature



The Children’s Literature Centre announces that its 41st annual Spring Festival of Children’s Literature will be held on **Friday, April 26**, and **Saturday, April 27**, at FSU. Each year, librarians, educators, parents and FSU students come to share their love of children’s literature and learn about successful ways to share that love with children. In the “share and learn” atmosphere of the festival, adults who direct

children’s learning interact firsthand with authors and illustrators who bring characters to life and inspire children to read. At this year’s festival, the featured authors and illustrators – Salina Yoon, Frank Morrison, Hena Khan and Dusti Bowling – will present their award-winning books. In addition, participants will have the opportunity to engage in professional development workshops, which will feature a variety of topics, including writing children’s books, the “One Book One School Program,” introducing Manga to students, AI-powered ELA and more.

Educators from Maryland and Pennsylvania can earn continuing professional development credits by attending the festival. For info and updates regarding the Spring Festival of Children’s Literature, visit the CLC webpage at <https://www.frostburg.edu/childrens-literature-centre/spring-festival/index.php> or the CLC Facebook page at <https://www.facebook.com/clcfsu>.

A scholarship established by Annetta Hammill Marshall is available for FSU students, alumni and educators interested in attending. Marshall had a passion for teaching and a passion for children’s literature. In 2004, she established the Annetta H. and Lloyd M.



Marshall Scholarship to provide assistance with festival registration fees. Teacher candidates can receive a full festival scholarship, and alumni and educators can receive a partial scholarship. Apply for the scholarship at <https://shorturl.at/gjqt4>.

To register for the festival, visit <https://forms.frostburg.edu/217745>. For info, email [clc@frostburg.edu](mailto:clc@frostburg.edu) or call 301-687-3133.

## Undergraduate Research Symposium

The FSU Undergraduate Research Symposium will be held in person on **Friday, May 3**, from 11 a.m. to 2 p.m. in the Lane Center. For info, contact Dr. Karen Keller at [kkeller@frostburg.edu](mailto:kkeller@frostburg.edu).

## Summer Music Academy



The FSU Summer Music Academy welcomes musicians to FSU **Sunday, July 21, through Sunday, July 28**, for a week of intensive study and music making that will enrich their knowledge, technique and musicality. Register today at <https://forms.frostburg.edu/150>.

Activities will include the Alexander Technique; private lesson; chamber music coaching; ensembles; evening faculty performances; exposure to internationally renowned musicians, soloists and teachers; masterclasses from FSU faculty and guest artists; outdoor activities in the Allegany mountains; the Telford International Competition; and the SMA Gala Concert.

SMA participants between the ages of 10 and 22 are eligible and encouraged to participate in the Telford International Competition, which offers more than \$1,000 in prizes.

SMA aims to promote classical music education all over the world. SMA's mission is to deepen the younger generation's appreciation of culture through musical experiences. The academy brings leading artists from around the world to the Western Maryland region to inspire students and local residents and help to grow interest in music programs of all types of educational systems.

For info, contact Dr. Karen Lau, director of SMA and strings instructor at FSU, at 301-687-7458 or [sma@frostburg.edu](mailto:sma@frostburg.edu).

## FSU-TV3

### 'Media Matters'



Be sure to watch the second episode of "Media Matters" on **Tuesday, April 16**, at 8:30 p.m. on FSU-TV3 on Comcast cable or watch it on demand at <https://bit.ly/3p2s1MU>. You can also download the channel's streaming app at <https://bit.ly/3PgL151>.

FROSTBURG STATE UNIVERSITY For this episode, host **Jack Glisan**, an emerging media student, will interview journalist Joe Davidson, who writes for The Washington Post Federal Insider column. Davidson also worked as a Washington and foreign correspondent with The Wall Street Journal. This interview is the third event of the Department of Communication's Media Literacy Series funded by the FSU Foundation.

## Study Abroad

### Plan Your Study Abroad Experience for Summer and Fall 2024!



Cara Allen in Ireland – January 2024

Join the Center for International Education for a Study Abroad Information Session to learn more about study abroad, including types of study abroad programs, when students should study abroad, study abroad scholarships, using financial aid (Pell grants and student loans) for study abroad and transferring classes back to FSU.

Each virtual session will take place at 3 p.m. on the following **Fridays: April 26 and May 10**.

Email Victoria Gearhart at [vmgearhart@frostburg.edu](mailto:vmgearhart@frostburg.edu) to sign up for the session of your choice.

## Health and Safety Messages

### Warmer Weather Is Coming! Stay Hydrated!



#### Interesting Facts Regarding Water's Role In Our Bodies

Water makes up more than 60 percent of our body weight.

Lack of water is the no. 1 trigger for daytime fatigue.

A 2 percent drop in the water level of the body can spur problems with short-term memory.

Water naturally cleanses the body of toxins.

Water regulates the body's cooling system.

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Water acts as a lubricant and cushion to our joints.

Water is essential for clear and hydrated skin.

### Hydration Tips

Drink plenty of water. It is recommended that you drink at least 50 to 64 ounces of water a day. That's about three to four regular-sized water bottles a day. This amount is a minimum amount to shoot for; you may need even more water than that. Many people do not realize how little water they actually drink.

Stay hydrated. Do not wait until you are thirsty. By the time the body tells you that you are thirsty, dehydration is already occurring.

Other beverages, such as soda or coffee, steal water from your body and make you even more dehydrated. Limit these types of drinks throughout the day.

## Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip:

<https://www.covenanthealth.com/blog/stress-and-how-to-manage-it>

Tell Yourself Tuesday Tip:

<https://thistlewoodfarms.com/17-self-care-tips-you-can-start-today>

Wacky Wednesday Tip:

<https://www.holisticfoodie.com/blog-posts/self-care-after-a-breakup>

Thankful Thursday Tip:

[https://www.linkedin.com/pulse/world-health-day-2024-message-self-care-ictbc/?trk=organization\\_guest\\_main-feed-card\\_feed-article-content](https://www.linkedin.com/pulse/world-health-day-2024-message-self-care-ictbc/?trk=organization_guest_main-feed-card_feed-article-content)

Fun Fact Friday:

<https://www.onepeloton.com/blog/self-care-ideas>

Social Saturday:

<https://integrativelifecenter.com/mental-health-treatment/navigating-social-media-anxiety-strategies-for-holistic-wellness>

Self-Love Sunday:

<https://www.psychologytoday.com/us/blog/set-yourself-free/202404/how-i-found-authentic-self-love>

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### VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

#### CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

#### OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

#### STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

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To view FSU's Strategic Plan 2018-2023 online, visit [www.frostburg.edu/strategicplan](http://www.frostburg.edu/strategicplan).