



For and about FSU people

A publication of Communications and Media Relations

Volume 54, Number 28, April 29, 2024

Copy deadline: noon Wednesday, Candis Johnson at cvjohnson@frostburg.edu

Wind Ensemble Presents Its Concert, 'Full Circle'

FSU's Department of Music will present its Wind Ensemble, conducted by *Peter Lewis*, in its concert, "Full Circle," on **Sunday, May 5**, at 3 p.m. in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center.

The program will include "joyRiDe" (2005) by Michael Markowski, the world premiere of "Pan" (2023) by Brian McClosky, "When Jesus Wept" (1956/1959) by William Schumann, "Full Circle" (2019) by Viet Cuong, "Silver Fanfare" (2023) by JaRod Hall, "unBroken" (2021) by Randall Standridge and "The Melody Shop" (1910) by Karl King.

"joyRiDe" is a two-and-a-half-minute concert opener that borrows Beethoven's infamous melody and dresses it in a tie-dye blazer of rhythm and texture that nod humbly to John Adams' "Short Ride in a Fast Machine." This version is a healthy balance between preserving what Markowski's 18-year-old self musically intended while maximizing the piece's playability.

"Pan" seems like a bit of a tambourine concerto in moments. The piece is dedicated in memory of McClosky's cousin Mike, a comic and jokester who teased that he wanted to be in the composer's bands and always said he could play a tambourine. The mythical character Pan fit Mike's playful persona. McClosky used Robert Frost's poem "Pan With Us" as inspiration as well. The line "the world found new terms of worth" is especially meaningful, with Mike leaving the world too young and, in the poem, Pan doesn't know what to play in the end.

"When Jesus Wept" is a transcription by Schumann from his "New England Triptych: Three Pieces for Orchestra After William Billings," of which this piece is the second movement. Schuman used the text of the hymn in its original round form. The movement bookends with field drum, solo euphonium and solo cornet. Their phrase quickly grows into a full ensemble chorale. Schuman takes Billings' traditional harmony and adds his own 20th-century polytonal interpretation to the chorale.

"Full Circle" spins the iconic "circle of fifths" chord progression into a brazen, reverberant sound world, where both keys and instrumental colors are sequentially cycled through. Cuong thinks that the musical sequences like the circle of fifths symbolize the circular sequences of events in our lives, i.e., while we might travel far, comfort can be found by circling back to where we began.

"Silver Fanfare" was a winning composition for a call for fanfares for brass and premiered by the Dallas Winds. The composition was originally composed for full wind ensemble and later adapted for brass and percussion. The "silver" appearance of many brass instruments could have been the motivation for the title. The use of percussion adds to the rhythmic energy and excitement of the music that comes to a triumphant conclusion.

Standridge composed "unBroken" to provide a starting place for productive discussions and be another tool that will help knock down the social barriers that prevent those that need help from seeking it. He dedicated it to his parents and all of the people and families who live with the challenges of mental illness.

King wrote "The Melody Shop" at age 19. It is a circus march dedicated to the owners of Powell Music Company Melody Shop in Canton, Ohio, where King was living between tours with Robinson's Famous Shows. It is notorious for its difficult euphonium part.

Tickets are \$10 for adults; \$5 for members of the military, seniors, and FSU faculty and staff; and free for students and children. Tickets are available at the University box office in the Lane Center **Mondays through Fridays** from 10 a.m. to 4 p.m., by phone at 301-687-3137 or online at <https://frostburgtx.universitytickets.com/w/event.aspx?id=2041>. Tickets will also be available at the door on the afternoon of the concert.

For info, contact FSU's Department of Music at 301-687-4109.

Help for Students

PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are noon to 6 p.m. on **Mondays**, 3 to 8 p.m. on **Wednesdays** and 1 to 7 p.m. on **Thursdays**. Other weekdays are by appointment. To schedule an appointment, email pawspantry@frostburg.edu. For info, visit <https://www.frostburg.edu/student-engagement/student-life/service/paws-pantry/PAWS-Pantry.php>.

PAWS Pantry Community Garden Open for Registration

Request your garden bed at <https://shorturl.at/zW018>. Paws Pantry will provide everything you need to garden, including seeds, plants and tools. Your group of three or more just has to register and pay a \$45 fee to access the garden **through Thursday, Oct. 31**.

Space is limited and is on a first-come, first-served basis, so register soon!

Tutoring Information for Spring 2024

Tutoring will continue until **Tuesday, May 14**, and will be held **Mondays through Thursdays** from 8:30 a.m. to 4:30 p.m. and **Fridays** from 8:30 a.m. to 4 p.m. in Pullen 151 (top of the ramp). Tutoring is free.

Note: Some tutors will have schedules after 4:30 p.m. **Mondays through Thursdays**.

Courses for Appointment-Based/Individual Tutoring

Students use TutorTrac to make face-to-face appointments. Courses include Academic Skills (textbook strategies, study skills, time management and note-taking), BIOL 109/149/160/161, CHEM 150/201/202, COSC 100/101/102/240/241, DVMT, MATH 104/119/120/236/237, PHYS 216/262 and Writing.

Walk-In/Group Offerings (show up, sign in and get assistance)

Offerings are as follows: BIOL 321 (Note: Location may change to EHSC later in the semester per Dr. Karen Keller) – 5:30 to 7:30 p.m. **Mondays** and 3:30 to 5:30 p.m. **Tuesdays**, both in Compton 326 with Keri Rapp.

NetTutor/Online Tutoring (via the Tutor Resources course in your Canvas list of courses; sign-up no longer required)

This is a 24/7, third-party, online tutoring platform accessible via Canvas. Look for the NetTutor link in the Tutor Resources course in your Canvas list. Information about NetTutor is posted outside of Pullen 151. Some of the available subjects are accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, psychology, sociology, student success and writing.

Tips and Resources

Look into academic skills tutoring (via the FSU Tutoring Center) to see if textbook strategies, study skills, time management or note-taking may be the root of your academic struggles. To make an appointment for an academic skills chat, contact Mark Smith at msmith@frostburg.edu.

Form a study group with classmates.

Speak with your professor, advisor, mentor or athletic coach.

Try Khan Academy (online video tutorials on a broad range of subjects) at <https://www.khanacademy.org>.

Try the Purdue Online Writing Lab at <https://owl.purdue.edu>.

Try Grammarly at <https://www.grammarly.com> for all types of writing help.

Try Landmark Citation Machine online at <https://www.citationmachine.net> for MLA, APA and other citation assistance.

Try Study Stack (flash cards and study games) at <https://www.studystack.com>.

Try the CollegeInfoGeek channel on YouTube (hosted by Thomas Frank) at <https://www.youtube.com/channel/UCG-KntY7aVnIGXYEBQvmBAQ> for all things college-related.

Bobcat Career Closet



The Bobcat Career Closet provides professional clothing to FSU students. Available items include suits, blazers, shirts, trousers, skirts, dresses and ties. Students can choose from a variety of professional clothing for career events such as career fairs, job interviews, internships, first day on the job and conferences. The Career Closet is located in Pullen 110. Students should contact the Career and Professional Development Center to schedule an appointment at careerservices@frostburg.edu or CPDC Calendar at <https://shorturl.at/fALPW>.

Follow CPDC on Instagram [@frostburg_cpdc](https://www.instagram.com/frostburg_cpdc) for career events and job postings.

All clothing items have been donated by FSU faculty, staff, alumni and community members. These are new and gently used workplace-appropriate items.

For info, contact the Career and Professional Development Center team at 301-687-4403 or careerservices@frostburg.edu.

Music

Unless otherwise noted, events will take place in Pealer Recital Hall and are free and open to the public. Concerts will also be livestreamed; the link will be posted at www.frostburg.edu/concerts. For info, contact FSU's Department of Music at 301-687-4109.

Brass Ensemble Will Perform Its Spring Concert

FSU's Department of Music will present its Brass Ensemble, conducted by *Joshua Bishop*, in concert on **Monday, April 29**, at 7:30 p.m.

Brass Ensemble personnel are *MJ Harden*, *Joey Orr*, *Morgan Tichnell* and *Zoe Welsh* on trumpets; *Leah Boggs*, *Daniel Coughenour* and *Travis Walker* on horns; *Alex Frye* on euphonium; and *Zach English* and *Jack McCoy* on trombones.

The program will include "Earl of Oxford's March" by William Byrd, "Napoli" by Herman Bellstedt, "Os Justi" by Anton Bruckner, "It Is Well With My Soul" by Philip Bliss and "Legends of the Pacific" by Frank Gulino.

Byrd's "Earl of Oxford's March" (c. 1600) is noted for the sound of field trumpets calling to each other. The composition showcases the vibrant and majestic brass instruments imitating a military march. The melodic lines and fanfare-like motifs create a grand and triumphant atmosphere.

"Napoli" is perhaps the most famous solo by Sousa arranger and cornet virtuoso Bellstedt, conceived as a theme and variations on a wildly popular 19th-century song. The music is full of character, containing a stately opening theme, several excellent variations and a fiery romantic finale.

"Os justi" ("The Mouth of the Righteous") is a sacred motet composed by Bruckner in 1879. "Os Justi" is a Gregorian chant used as gradual of the "Commune Doctorum" and as introit I and gradual II of the "Commune Confessoris non Pontificis."

"It Is Well With My Soul," aka "When Peace, Like A River," is a hymn penned by hymnist Horatio Spafford and composed by Bliss. First published in "Gospel Hymns No. 2" in 1876, it is possibly the most influential and enduring in the Bliss repertoire and is often taken as a choral model, appearing in hymnals of a wide variety of Christian fellowships.

American composer Gulino is among the most in-demand writers of chamber music and recital literature for brass instruments. He composed "Legends of the Pacific" for brass quintet or septet in 2013. It is in two parts – "In the Shadows of Mt. Shasta" and "Between the Redwoods."

CES Presents 'Trailblazing Women of Country – A Tribute to Patsy, Loretta and Dolly'



Miko Marks, left, and Kristina Train

CES at FSU will present "Trailblazing Women of Country – A Tribute to Patsy, Loretta and Dolly" on **Thursday, May 2**, at 7:30 p.m. in the Pealer Recital Hall of FSU's Woodward D. Pealer Performing Arts Center.

Patsy Cline, Loretta Lynn and Dolly Parton revolutionized country music and blazed a trail for future generations of female artists. With their chart-topping hits and record-breaking sales, they wove threads of contemporary womanhood throughout the tapestry of country music, resulting in unprecedented commercial success and earning each a place in the Country Music Hall of Fame.

Miko Marks, Country Music Television's Next Women of Country Class of 2022, and Nashville-based singer Kristina Train will join a five-member all-female band to celebrate how Cline, Lynn and Parton harnessed country music's rich storytelling tradition to offer a uniquely empowered perspective on themes faced by women of their day.

Tickets are \$35 for adults; \$31.50 for FSU employees, members of the military and youth under 18; and free for FSU students.

For info, visit the CES webpage at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council (msac.org), the Allegany Arts Council and the City of Frostburg.

Postponed – Dr. Brent Weber in Faculty Artist Series Concert, 'React'

FSU's Department of Music will present saxophonist and tenor *Dr. Brent Weber* in a Faculty Artist Series concert on **Friday, May 3**, (postponed from Friday, April 12), at 7:30 p.m.

In addition to Weber, the Faculty Jazz Combo includes *Dr. Donald Albrecht* on trumpet, *Tom Harrison* on piano, *Peter Lewis* on bass and *Dr. Mackenzie LaMont* on drums, and the FSU Saxophone Quartet includes soprano *Raegan Barrett*, alto *Gabe Hicks* and baritone *Eileen Martin*.

The concert will feature “Pitch Black” by Jacob ter Veldhuis, “My Funny Valentine” by Richard Rogers, “Donna Lee” by Charlie Parker, “Sandu” by Clifford Brown, “Gertrude’s Bounce” by Bud Powell, “A Remark You Made” by Joe Zawinul and “Wayne’s Thang” by Kenny Garrett.

Spring Choral Concert – ‘Peace, Love and Happiness’

FSU’s Department of Music will present its Spring Choral Concert, titled “Peace, Love and Happiness,” on **Saturday, May 11**, at 7:30 p.m.

Conducted by **Dr. Scott Rieker**, the FSU Chorale and Troubadours Tenor-Bass Choir will be joined by singers from Allegany College of Maryland and Mountain Ridge, Allegany and Fort Hill high schools for a springtime celebration of choral singing, featuring works by Pharrell Williams, The Beatles, Samuel Barber, Ivo Antognini, René Clausen and more.

Tickets are \$10 for adults; \$5 for members of the military, seniors, and FSU faculty and staff; and free for students and children. Tickets are available at the University box office in the Lane Center **Mondays through Fridays** from 10 a.m. to 4 p.m., by phone at 301-687-3137 or online at <https://frostburgtix.universitytickets.com/w/event.aspx?id=2044>. Tickets will also be available at the door on the evening of the concert.

Workshops

Training From the Office of Human Resources

The Office of Human Resources will offer the training session “Progressive Discipline (Disciplinary Actions)” on **Friday, May 10**, from 2 to 3:30 p.m. in EHSC 209.

Supervisors will be able to demonstrate how to document and follow the Progressive Discipline Process from a counseling review to the termination process for exempt and nonexempt staff employees.

The training will inform supervisors on working through the discipline process in conjunction with USM policies, FSU policies and the AFSCME MOU(s). It will include hands-on learning on how to complete a Corrective Action Report, documentation and the follow through for the process.

To register, go to Etrieve at <https://fsucentral.etrieve.cloud/Index#/form/139> and complete the registration form(s) for each training session you would like to attend. For info, contact Danielle Dabrowski at dldabrowski@frostburg.edu.

Upcoming Workshops at Summit Station

Summit Station is located at 1 Technology Drive in Frostburg. Its mission is to cultivate an environment that supports the growth and development of startups and early-stage businesses. By fostering a diverse community that brings together individuals from various backgrounds and industries, Summit Station empowers entrepreneurs, freelancers and remote workers to thrive and reach their full potential.

For info, contact Stacy Wassell, director, at swassell@frostburg.edu or 240-727-5287, or Eugene Ebb Jr., general assistant, at efebjr@frostburg.edu or 301-687-3342.



“One-day Trademark Boot Camp Workshop”

Summit Station at Innovation Park will present “One-day Trademark Boot Camp Workshop” on **Thursday, May 2**, from 9 a.m. to 5 p.m.

Learn best practices to protect your ideas, grow your business and protect your brand. The agenda will include fundamentals and searching, applications and filing, and responses and registration. Be sure to bring your laptop. Lunch is provided.

Registration is required. Register at <https://forms.gle/Tf5EjF3fwZDXrqjSA>.

“Remote Working 101”

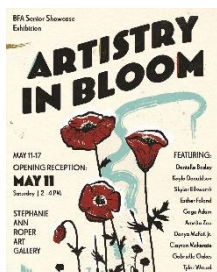
Summit Station at Innovation Park will present “Remote Working 101” on **Tuesday, May 7 (change in date)**, from 9 a.m. to noon.

The agenda will include an introduction/description of remote work, the benefits/challenges of remote work, remote work best practices and hands-on learning.

Registration is required. Register at <https://forms.gle/vKunRwkHCZTiG5De6>.

Exhibitions

Department of Visual Arts Presents Senior Show, ‘Artistry in Bloom’



FSU’s Department of Visual Arts will host its Spring 2024 Senior Exhibition, “Artistry in Bloom,” which will open with a reception on **Saturday, May 11**, from 2 to 4 p.m. at the Stephanie Ann Roper Gallery in FSU’s Fine Arts Building. This exhibition, which is free and open to the public, will be on display **through Friday, May 17**.

The student artists are as follows:

Gage Adam will graduate with a bachelor’s in art and design, with a focus in painting. He expresses his emotions in visual form, and his goal in art is to create a realm of being of emotional reactions strung together.

He plans to pursue a career in tattooing.

Danielle Bosley will graduate with a bachelor's in illustration and a minor in business administration. Her goal is to freelance, writing comics, and eventually open her own restaurant.

Kayla Donaldson will graduate with a bachelor's in art and design, with a concentration in painting, a minor in art history and a minor in critical gender studies. After graduation, she plans to continue to share her feminism and African diaspora with the public through her work and to inspire Black female artists to follow their dreams.

Skylar Ellsworth will graduate with a bachelor's in art and design, with a focus in graphic design and illustration. After graduation, she plans to work as a junior graphic designer for an advertising agency.

Esther Foland will graduate with a bachelor's in art and design, with focus areas in illustration and photography. After graduation, she plans to work in illustration while still doing photography on the side.

Donya McFail Jr. will graduate with a bachelor's in art and design, a dual concentration in graphic design and photography and a minor in graphic design. After graduation, McFail plans to pursue a master's in teaching at FSU and continue pursuing freelance graphic design and photography work.

Clayton McKenzie will graduate with a bachelor's in art and design, with a focus in Illustration and a minor in graphic design and art history. After graduation, he plans to work on comics and webtoons.

Gabrielle Oakes is graduating with a bachelor's in art and design and concentrations in illustration and painting. After graduation, she plans to have her own studio and find a job as a courtroom sketch artist.

Tyler Wetzel will graduate with a bachelor's in art and design and a minor in graphic design. Following graduation, he plans to utilize his skills within Adobe Suite to join a company's design team. Eventually, he would like to work independently on a contractual basis.

Amelia Zou will graduate with a bachelor's in art and design, with a focus in Illustration. Her plan after graduation is to continue working on her shop MilaPinDesigns on Etsy and sell her creations at anime conventions.

For this show, the Roper Gallery is open **Mondays through Fridays** from 11 a.m. to 5 p.m.

For info, contact Jackie Brown at jbrown@frostburg.edu.

Points of Pride

FSU Student Isaac Esene, Founder of GoodWorks, Recognized by AAPA



Congratulations to **Isaac Esene**, who will graduate from FSU's Physician Assistant program in May, on recognition by the American Academy of Physician Associates! On April 17, an article about him and GoodWorks, "PA Student Isaac Esene Leads GoodWorks, a Nonprofit that Teaches Bystander Awareness to the Next Generation," was published on the academy's website.

Since officially launching in 2023, GoodWorks has reached 900 youth and young adults by partnering with organizations and schools to offer workshops focused on bystander awareness. Along with teaching the foundations of CPR, the workshops cover Stop the Bleed principles, as well opioid use disorder and responding to drug overdoses. When it comes to addressing violence in particular,

GoodWorks is focused on teaching young people how to respond to these events instead of centering their work on prevention like many other organizations.

While in college, Esene became an aerospace medical technician with the 113th group of the D.C. Air National Guard, where he began developing emergency response skills. In 2020, he was assigned in this capacity to a COVID response team in Washington, D.C. In his formal role as a medical technician, Esene also acted as a medic during several protests, including the Black Lives Matter movement in 2020 and the U.S. Capitol in 2021. In that year, he also won the "Airman of the Year" award from the D.C. Air National Guard.

In late 2021, Esene was deployed to a refugee camp where there was a significant language barrier. To aid in understanding, he explained difficult concepts about American life in unique ways to the refugees, many of whom were children who experienced horrific trauma after losing family members and fleeing their countries. This was similar to his vision for GoodWorks. He wanted to explain challenging concepts centered on bystander response in fun and engaging ways to youth who have experienced trauma.

In early 2022, Esene returned to the Washington, D.C., area, but had a few months before he began his PA program. In the interim, he worked as a COVID coordinator and set medic for TV shows and movies, including "A Scout's Honor" and "Big Vape," both Netflix documentaries. He also took on a short assignment with an HGTV show that took him to Detroit. There, Esene began laying the groundwork for GoodWorks by getting in touch with youth organizations to see if they would be interested in bystander training. He led two workshops in Detroit and a few in Baltimore to help him refine the curriculum.

Today, GoodWorks, whose target audience is youth, ages 12 to 18, from Prince George's County, hosts about one workshop a month in partnership with schools, after-school programs and sports leagues.

With the help of the GoodWorks team, Esene also coordinates occasional pop-up events by placing booths at basketball courts and festivals and on street corners. To draw youth to the booths, he partners with local artists.

Esene's approach to addressing gun violence, in particular, has drawn the attention of Congressman Glenn Ivey from District 4 in Maryland. In January, Ivey hosted the Gun Violence Action Summit at the Library of Congress to bring together families of murder

victims and advocates. Esene, the keynote speaker, talked about the importance of increasing training so young people have basic understanding of first aid and CPR.

To read the complete article, visit <https://shorturl.at/GNQUY>.

FSU Students Present at 23rd Annual Deans' Student Colloquium



From left, photo on left, Sydney Martinez, Peyton Carroll, Skylar Ellsworth, Lily Johnson, Dean Mathias and Faith Myers; from left, photo on right, Rebecca West, Seyanna Rodney, Ayden Roberts, MacKenzie Freeze, Tranell Clanton, Devin Lissau, Yanni Sturdivant and Dean Williams

FSU's dean of the College of Arts, Humanities and Social and Behavioral Sciences, **Dr. Michael Mathias**, and dean of the College of Education and Health and Natural Sciences, **Dr. Boyce Williams**, recently hosted the 23rd Annual Deans'

Student Colloquium and dinner.

Students were nominated by faculty in their respective colleges to participate in the colloquium based on their involvement in unique and interesting projects. The event provided participants the opportunity to discuss their work with their peers in an informal setting, promoting interdisciplinary understanding and opening the door for potential future collaboration and blended ideas.

The 12 students who showcased their work at the colloquium were as follows: **MacKenzie Freeze** (biology and health science) and **Seyanna Rodney** (biology), "Genetic Profiling of 'Cannabis sativa' Using Microsatellites to Elucidate Differences Between Fiber and CBD Varieties"; **Ayden Roberts** (chemistry), "Evaluation of Deep Eutectic Solvent in Microwave-Assisted Aldol Reactions"; **Rebecca West** (early childhood/elementary education), "Forget-Me-Not: Erasing the Stigma About Alzheimer's Awareness, One Memory at a Time"; **Devin Lissau** (health science), "Bacteriological Analysis and Antibiotic Sensitivity of Bacteria Isolated From Farmer's Market Fruit and Vegetables"; **Lily Johnson** (psychology), "Effect of Conspecific and Predator Surveillance on Eastern Grey Squirrels ('Sciurus carolinensis') Caching Behavior"; **Faith Myers** (psychology), "Professor-Student Rapport: Exploring Variance Based on Gender Identification"; **Tranell Clanton** (social work) and **Yanni Sturdivant** (social work), "Local Food Promotion Program"; **Sydney Martinez** (theatre), "Page to Stage: Dance as Storytelling in 'Nate the Great'"; and **Peyton Carroll** (visual arts) and **Skylar Ellsworth** (visual arts), "FSU Department of Creative Services."

Several FSU students were nominated to participate in the colloquium but were unable to attend the event: **Mary Wolodkin** (English), "How the Titular Character in William Dean Howell's 'Editha' Grasps Agency"; **Kathleen Masser** (liberal studies), "Special Education at Middletown Primary"; **Jordan Patrick** (kinesiology/athletic training) and **Taylor Patrick** (kinesiology/athletic training), "Anaerobic Capacity and Lower Body Strength Deficits Related to Thermal Protective Gear in Rural Volunteer Firefighters"; **Dylan Spano** (physics), "Measuring Eddy Current Heat Dissipation"; and **Emilie Bonhivert** (visual arts), "Logo and Corporate Identity for FSU Biology Departments."

Student Rachael Michalski Named Transform Mid-Atlantic Civic Fellow

Rachael Michalski has been named a 2024-2025 Transform Mid-Atlantic Civic Fellow. President Nowaczyk enthusiastically recommended her participation in the fellowship program because of her remarkable leadership on campus and propensity and potential to effect change at FSU and in the community.

Participation in the Transform Mid-Atlantic Civic Fellowship provides students from across the region high-impact opportunities to develop their leadership skills, as well as their understanding of civic and community engagement and sustainable development so that they may better serve as leaders in their communities and collectively create solutions to the region's most urgent problems. This fellowship is a key avenue to develop the next generation of regional leaders who are engaged global citizens, actively contributing to the creation of equitable, healthy, sustainable, resilient and just communities.

The fellowship will officially begin in August 2024.

To learn more about TMA, its programs and various initiatives, visit <https://transformmidatlantic.org/programs/mid-atlantic-civic-fellowship>.

FSU Graduate Student Channa Powell Receives Claire Knight Legacy Achievement Award



FSU graduate student **Channa Powell** is this year's recipient of the Claire Knight Legacy Achievement Award, which is given to a Frederick County resident under the age of 30 who has demonstrated leadership and achievement in human rights activities, especially helping others in need.

Powell is completing her master's in education while serving as an ASTAR AmeriCorps member. She earned her bachelor's in nursing, graduating magna cum laude from Chamberlain University in Vienna, Va., in 2022. Serving as an AmeriCorps National Service member since August 2023, Powell has 608.75 hours of direct service with the organization.

Poster Contest Winners



Congratulations to the winners of the 2024 Earth Day Facebook Contest sponsored by Learning Green, Living Green at FSU! These posters helped communicate environmental awareness for FSU's celebration of Earth Week.

And the winners, from left, above, First Place – Damari Coates (\$100), Second Place – Tara Boozer (\$50) and Third Place – Duncan Kammar (\$25).

Andy Duncan Interview Published on YouTube



An interview with Andy Duncan on genre, his writing and the influence of Tanith Lee

A 45-minute interview with *Andy Duncan*, a professor in the Department of English and Foreign Languages, has dropped on YouTube, <https://www.youtube.com/watch?v=7UjVSXDJ2LI>. The interview is with Julie C. Day of Essential Dreams Press, publisher of the upcoming “Storyteller: A Tanith Lee Tribute Anthology,”

which will include a new Duncan story. The interview, says the publisher, covers “genre, his writing and the influence of Tanith Lee.” Eight short excerpts, 2 minutes to 7 minutes in length, can be viewed at <https://www.youtube.com/@EssentialDreamsPress>.

For info on Storyteller, visit <https://tanithleestoryteller.com>.

Office of Sponsored Programs Successes/News

On April 7, *Troy Dell*, Athletic director, was awarded \$7,131 by the National Collegiate Athletic Association – Division II of Institutional Equal Distribution Funds.

On March 22, FSU received a \$750,000 Seed Community Development Anchor Institution Fund grant from the Maryland Department of Housing and Community Development. Funds will support the project, Prichard Building Rehabilitation. The University will administer the grant funds for this public-private partnership. *Troy Donoway*, vice president, Administration and Finance, will serve as FSU's project director.

For info, see OSP's Successes/News webpage at <https://www.frostburg.edu/osp/Successes%20News.php>.

New Category in Points of Pride – Employee of the Quarter



AI Delia, FSU's interim president and vice president, Regional Development and Engagement, congratulates Patricia Lewis.

Congratulations to *Patricia “Patti” Lewis*, FSU's Employee of the Quarter for the second quarter! Lewis goes above and beyond for the University and is being recognized for her hard work in the University and Student Billing Office.

For info, contact Rebekah Weimer at rweimer@frostburg.edu.

FSU Students Participate in Arbor Day Celebration



On April 12, 20 FSU students participated in an Arbor Day Celebration hosted by the Maryland Department of the Environment.

Students helped plant about 2,500 trees in Lonaconing, Md.

FSU's Department of Geography and the Western Maryland GIS Center guided the students in transforming a reclaimed coal mine site into a permanent future forest.

Take Note

Annual FSU Undergraduate Research Symposium and Alumni Networking Event

Be sure to stop by the Lane Center on **Friday, May 3**, between 11 a.m. and 2 p.m. for the Annual FSU Undergraduate Research Symposium. This year there will be 83 presentations featuring the work of 139 students mentored by 46 faculty and staff from all three colleges. Posters and physical displays will be on display in Lane Manicur Hall, and oral presentations will take place in rooms 108, 110, 111 and 113.

In addition, FSU alumni will have an expanded role in this year's symposium. Alumni will be present during the symposium at a table in Lane Manicur Hall to talk to students about life after college. Following the symposium, at approximately 2:15 p.m., an alumni

panel and networking hour will be held in the Lane Atkinson Room (232). All students are encouraged to attend to hear from some of FSU's alumni from the past 10 years.

For info about the symposium, contact Dr. Karen Keller at kkeller@frostburg.edu, and for info about the Alumni Networking Event, contact Liz Nelson at anelson@frostburg.edu.

Thank a Teacher Week!

Be sure to send a Thank-a-Gram during Thank a Teacher Week, **Monday, May 6, through Friday, May 10.**

The Center for Teaching Excellence invites FSU students and the campus community to celebrate Thank a Teacher Week by sending Thank-a-Grams to your favorite teachers, mentors or teaching/learning assistants who have helped you learn and made a difference to you.

Handwritten postcards will be available to submit at locations across campus, including the library, Lane Center and Help Desk.

To submit one online, fill out the form at <https://forms.office.com/r/kpgZ1juQaj?origin=lprLink>.

Thanked teachers will receive their Thank-a-Gram with your message after exams and the grading period have ended.

For info, contact the FSU Center for Teaching Excellence at cte@frostburg.edu.

Therapy Dogs at Ort Library



The Lewis J. Ort Library is partnering with Annapolis and Frederick Hall RAs to present Dogs @ Ort Library. Dogs will visit the library on **Wednesday, May 1**, at 2 p.m. Afterward, there will be dogs plushies, a bracelet-making station and more.

For info, email ortlibrary@frostburg.edu.

Looking for a General Elective With No Prerequisites?

Check out these History offerings.

HIST 353 Contemporary Africa, 9:30 to 10:45 a.m., **Tuesdays and Thursdays**, *Dr. Alemseged Abbay*, No. 1166

HIST 433 Public History, 3:30 to 4:45 p.m., **Tuesdays and Thursdays**, *Dr. Eleanor McConnell*, No. 1174

HIST 467 The U.S. in the 20th Century, 1945-Present, 1 to 1:50 p.m., **Mondays, Wednesdays and Fridays**, *Dr. Gregory Wood*, No. 1177

For info, contact Wood at gwood@frostburg.edu.

Summer Music Academy



The FSU Summer Music Academy welcomes musicians to FSU **Sunday, July 21, through Sunday, July 28**, for a week of intensive study and music making that will enrich their knowledge, technique and musicality. Register today at <https://forms.frostburg.edu/150>.

Activities will include the Alexander Technique; private lesson; chamber music coaching; ensembles; evening faculty performances; exposure to internationally renowned musicians, soloists and teachers; masterclasses from FSU faculty and guest artists; outdoor activities in the Allegany mountains; the Telford International Competition; and the SMA Gala Concert.

SMA participants between the ages of 10 and 22 are eligible and encouraged to participate in the Telford International Competition, which offers more than \$1,000 in prizes.

SMA aims to promote classical music education all over the world. SMA's mission is to deepen the younger generation's appreciation of culture through musical experiences. The academy brings leading artists from around the world to the Western Maryland region to inspire students and local residents and help to grow interest in music programs of all types of educational systems.

For info, contact Dr. Karen Lau, director of SMA and strings instructor at FSU, at 301-687-7458 or sma@frostburg.edu.

Jobs

OCE Is Hiring Civic Engagement Student Employees

FSU's Office of Civic Engagement (OCE) is hiring enthusiastic and committed student staff members who are passionate about promoting active citizenship, community engagement, voter participation and fostering inclusive dialogues and discussions. This position offers a unique opportunity to contribute to and shape civic engagement activities on campus and in the broader community. As a member of the OCE Student Staff Team, you and others will help plan and implement a variety of programs aimed at enhancing community engagement, dialogue and voter participation among students.

Key Responsibilities

Voter Engagement: Plan and implement initiatives to increase voter registration and turnout among students. This includes voter education, registration drives and providing resources on voting procedures.

Dialogue and Discussion: Plan and market forums, workshops and discussions, such as Times Talks, that encourage open, respectful and constructive dialogue on a range of societal and campus-related issues.

Community Engagement: Coordinate community projects that allow students to engage with and contribute to the local community. This involves partnering with community organizations, planning events and mobilizing student participation.

Program Implementation: Assist in the development, execution and assessment of civic engagement programs. This includes event planning, marketing and outreach efforts, and evaluating program effectiveness.

Collaboration: Work closely with University departments, student organizations and community partners to promote civic engagement activities and initiatives.

If you would like to be considered for one of these positions, complete the application at <https://shorturl.at/auIRO>.

For info about these staff positions or the hiring process, contact Patrick O'Brien at civicengagement@frostburg.edu or 301-687-7599.

Community

Bikes for the World

Donate Your Old Bikes!

Do you have an old bike in your basement or garage taking up storage space? Want to put it to good use and make a difference? Donate it to the Cumberland Area Bikes for the World collection on **Saturday, May 18**, from 10 a.m. to noon at Canal Place in Cumberland. Bikes can also be dropped off at Wheelzup Adventures at Canal Place one week before the event. A voluntary \$10 donation is suggested to help offset the cost of shipping the bikes.

Bikes should be in repairable condition. Your bike donation is tax deductible and can change someone's life!

Portable sewing machines will also be collected.

For info, call 301-606-4734.

Study Abroad

Plan Your Study Abroad Experience for Summer and Fall 2024!



Cara Allen in Ireland – January 2024

Join the Center for International Education for a Study Abroad Information Session to learn more about study abroad, including types of study abroad programs, when students should study abroad, study abroad scholarships, using financial aid (Pell grants and student loans) for study abroad and transferring classes back to FSU.

The last virtual session will take place at 3 p.m. on **Friday, May 10**. Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up.

Health and Safety Messages

Tips for Yard Work Safety



Know your equipment. Before operating a new lawn mower, read the owner's manual and all of the safety information. Ditto for your weed trimmer. Check with the manufacturer of your tools to make sure there haven't been any safety recalls.

Watch your children. Every year, thousands of children nationwide are injured by lawn-care tools. Keep small children inside while you're mowing or trimming. Do not allow children younger than 12 to operate a push lawn mower and anyone under the age of 16 to operate a driving lawn mower. Do not take children on rides with a riding mower.

Check your extension cords. Before use, check your extension cords for cracks and seal them with electrical tape. If you find any frayed wires, replace the cord. And remember, never run extension cords through puddles.

Protect your body. Wear protective gear. Lawnmowers hit rocks, sticks and other items that can be turned into flying projectiles. Wear long pants to protect your legs from flying objects and wear non-slip, closed-toe shoes instead of sandals. Don't forget your eyes and ears! Sunglasses will protect you from sun and earplugs can eliminate loud noises from machinery that could cause hearing loss.

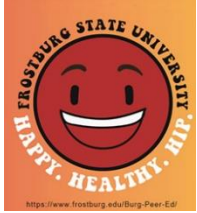
Store tools and materials in safe places. A range of injury can be caused by stepping on, landing on or being hit with garden tools like shovels, rakes and trowels. When not in use, store them in safe, enclosed areas. If you have small children or pets, weed killer or lawn fertilizer can be deadly. Seal bags and store them at heights small children cannot reach.

Don't dig without approval. Check with your local utility companies before you dig trenches, holes or any other cavity in your yard. You do not want to be responsible for accidentally hitting gas, electrical or sewer lines.

Be conscious of electricity. Don't leave electrical tools plugged in while not in use. When ready to use a tool, make sure equipment is in the off position before you plug it in. Always turn equipment off and unplug it from an outlet before you attempt to fix the machinery.

Get green smart. Before you or your children do any "hands on" weed removal, be sure you know how to identify poison ivy, sumac, oak and similar toxic plants. Find out ahead of time how to treat the rashes they cause.

Happy, Healthy, Hip Tips From the BURG Peer Education Network



Mental Health Monday Tip

<https://justwater.com/blogs/news/how-hydration-nutrition-affect-your-mental-health>

Tell Yourself Tuesday Tip

<https://health.unl.edu/10-tips-staying-hydrated-summer%C2%A0>

Wacky Wednesday Tip

<https://www.medexpress.com/blog/better-health/7-ways-to-stay-hydrated-that-dont-involve-drinking-water.html>

Thankful Thursday Tip

<https://community.thriveglobal.com/resolution-new-year-microstep-hydration-gratitude>

Fun Friday Tip

<https://prowellness.childrens.pennstatehealth.org/fun-ways-to-stay-hydrated>

Social Saturday Tip

<https://nourishcare.com/articles/hydration-activities>

Self-Love Sunday Tip

<https://oaapn.org/2022/02/self-care-strategies-hydrate>

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.