



For and about FSU people
A publication of Communications and Media Relations
Volume 54, Number 20, February 26, 2024

Copy deadline: noon Wednesday, Candis Johnson at cvjohnson@frostburg.edu

Department of Theatre and Dance Presents ‘Radium Girls’



FSU’s Department of Theatre and Dance will resume its 2023-2024 production season with performances of “Radium Girls.” All performances will take place in the F. Perry Smith Studio Theatre in the Performing Arts Center.

“Radium Girls” by D.W. Gregory will start the spring semester with performances **Wednesday, March 6, through Saturday, March 9**, at 7:30 p.m., with a matinee on **March 9** at 2 p.m.

Directed by *Shea-Mikal Green*, “Radium Girls” traces the efforts of Grace Fryer, a dial painter, as she fights for her day in court. Her chief adversary is her former employer, Arthur Roeder, an idealistic man who cannot bring himself to believe that the same element that shrinks tumors could have anything to do with the terrifying rash of illnesses among his employees. As the case goes on, however, Grace finds herself battling not just with the U.S. Radium Corporation, but with her own family and friends, who fear that her campaign for justice will backfire. “Radium Girls” offers a wry, unflinching look at the peculiarly American obsessions with health, wealth and the commercialization of science.

Tickets for all performances can be purchased online at <https://frostburgtix.universitytickets.com/?cid=169>. Tickets are \$18 for the general public, \$15 for FSU faculty and staff, \$10 for youth and \$7 for FSU students. For info, call the Theatre and Dance Box Office at 301-687-7462 **Mondays through Fridays** from 9 a.m. to 12:30 p.m. and 1:30 to 3 p.m. The lobby box office opens one hour before performances.

FSU Extends Decision Day Deadline to May 15

The U.S. Department of Education revised its Free Application for Federal Student Aid (FAFSA) form last year to simplify the application process and help more students qualify for federal aid. Since its release in December, two months later than normal, ED has been working to fix a plethora of technical issues associated with the updated form, causing a delay on when colleges receive student information until mid-March.

Understandably, families have been concerned because until they know how much financial aid they will receive, it is difficult to accept admission offers by the required May 1 deadline. The good news is that FSU’s Decision Day deadline has been extended to **Wednesday, May 15**, to allow students more time to consider their aid offer before submitting confirmation deposits.

FAFSA delays don’t mean a student’s aid will be rescinded or reduced. In fact, if students are eligible for federal aid under the new FAFSA form, that aid, in its full amount, will be forthcoming.

FSU’s Admissions Office is always available to help students make the best choice for themselves and their families. Anyone with questions should reach out at FSUAdmissions@frostburg.edu or call or text 301-835-2528.

Help for Students

PAWS Pantry

The PAWS Pantry at FSU provides food and basic necessities to FSU students at no cost. The pantry is open and available to all students. Students will complete a brief survey and paperwork to register as a pantry member during their first visit. They will be

given a numeric identifier for tracking purposes, so their name and information are never used in any reporting. During regular hours, students may come to the pantry and shop from the selection of non-perishable foods and hygiene products (when available).

The pantry is located at Braddock House at 20 Braddock Road. Walk-up hours are noon to 6 p.m. on **Mondays**, 3 to 8 p.m. on **Wednesdays** and 1 to 7 p.m. on **Thursdays**. Other weekdays are by appointment. To schedule an appointment, email pawspantry@frostburg.edu. For info, visit <https://www.frostburg.edu/student-engagement/student-life/service/paws-pantry/PAWS-Pantry.php>.

Tutoring Information for Spring 2024

Tutoring begins on **Monday, Feb. 5**, and ends on **Tuesday, May 14**, and will be held **Mondays through Thursdays** from 8:30 a.m. to 4:30 p.m. and **Fridays** from 8:30 a.m. to 4 p.m. in Pullen 151 (top of the ramp). (Note: Some tutors will have schedules after 4:30 p.m. **Mondays through Thursdays**). Tutoring is free.

Courses for Appointment-Based/Individual Tutoring

Students use TutorTrac to make face-to-face appointments. Courses include Academic Skills (textbook strategies, study skills, time management and note-taking), BIOL 109/149/160/161, CHEM 150/201/202, COSC 100/101/102/240/241, DVMT, MATH 104/119/120/236/237, PHYS 216/262 and Writing.

Walk-In/Group Offerings (show up, sign in and get assistance)

Offerings are as follows: BIOL 321 (Note: Location may change to EHSC later in the semester per Dr. Karen Keller) – 5:30 to 7:30 p.m. on **Mondays** and on 3:30 to 5:30 p.m. on **Tuesdays**, both in Compton 326 with Keri Rapp; and PHYS 216/262 – to be determined.

NetTutor/Online Tutoring (via the Tutor Resources course in your Canvas list of courses; sign-up no longer required)

This is a 24/7, third-party, online tutoring platform accessible via Canvas. Look for the NetTutor link in the Tutor Resources course in your Canvas list. Information about NetTutor is posted outside of Pullen 151. Some of the available subjects are accounting, anatomy, biology, business, chemistry, computer science, economics, foreign languages, geology, history, literature, logic, math, music, nursing, philosophy, physics, political science, psychology, sociology, student success and writing.

Tips and Resources

Look into academic skills tutoring (via the FSU Tutoring Center) to see if textbook strategies, study skills, time management or note-taking may be the root of your academic struggles. To make an appointment for an academic skills chat, contact Mark Smith at msmith@frostburg.edu.

Form a study group with classmates.

Speak with your professor, advisor, mentor or athletic coach.

Try Khan Academy (online video tutorials on a broad range of subjects) at <https://www.khanacademy.org>.

Try the Purdue Online Writing Lab at <https://owl.purdue.edu>.

Try Grammarly at <https://www.grammarly.com> for all types of writing help.

Try Landmark Citation Machine online at <https://www.citationmachine.net> for MLA, APA and other citation assistance.

Try Study Stack (flash cards and study games) at <https://www.studystack.com>.

Try the CollegeInfoGeek channel on YouTube (hosted by Thomas Frank) at <https://www.youtube.com/channel/UCG-KntY7aVnIGXYEBQvmBAQ> for all things college-related.

Bobcat Career Closet



The Bobcat Career Closet provides professional clothing to FSU students. Available items include suits, blazers, shirts, trousers, skirts, dresses and ties. Students can choose from a variety of professional clothing for career events such as career fairs, job interviews, internships, first day on the job and conferences. The Career Closet is located in Pullen 110. Students should contact the Career and Professional Development Center to schedule an appointment at careerservices@frostburg.edu or CPDC Calendar at <https://shorturl.at/fALPW>.

A grand opening event will take place **during April 2024**. Follow CPDC on Instagram [@frostburg_cpdc](https://www.instagram.com/frostburg_cpdc) for career events and job postings.

All clothing items have been donated by FSU faculty, staff, alumni and community members. These are new and gently used workplace-appropriate items.

For info, contact the Career and Professional Development Center team at 301-687-4403 or careerservices@frostburg.edu.

Theatre

CES at FSU Presents New Zealand's Indian Ink Theatre Company in 'Mrs. Krishnan's Party'



CES at FSU will present New Zealand's Indian Ink Theatre Company in "Mrs. Krishnan's Party" on **Saturday, March 2**, at 7:30 p.m. in Lane Manicur Hall. The performance is sponsored by Novus Physical Medicine & Pain Management.

Audience members will step into the back room of Mrs. Krishnan's store, where garlands decorate the ceiling, food simmers on the stove, laughter abounds and strangers become friends. The New Zealand Herald raved that "the show's generous spirit offers a timely reminder that live theatre is a gift [that] engenders connection, sharing and celebration of community." Come along for a joyful experience full of music, dancing and a hearty serving of vegetarian dahl prepared live during the performance.

On **Friday, March 1**, from 6 to 7:30 p.m., the company will present a free theatre workshop, "Acting With Teeth." Participants will discover the transformative power of mask technique in creating characters. Exercises teach improvisational skills that help actors release joy, find pleasure in failure and experience freedom when approaching theatrical text. Attendance is limited and reservations are required.

Based in New Zealand, Indian Ink Theatre Company blends Western theatrical traditions with Eastern flavors to create intimate productions that remind audiences of the simple truths in life. Live music, heightened theatricality, humor, pathos and great storytelling are hallmarks of their work. The troupe's international successes include tours throughout Australia, the United States, Singapore, Germany, India and the United Kingdom. The company's founders describe their mission to "make theatre that is beautiful, funny, sad and true. We go to the theatre to be transported by a great story and to enjoy characters that live large in our imaginations. We want the experience to leave an indelible imprint on your hearts. That's why we're called Indian Ink!"



To celebrate the company's visit, CES will present a community dinner, "Flavors of India," on **Wednesday, Feb. 28**, from 4:30 to 8 p.m. at FSU's Chesapeake Dining Hall. Attendees will enjoy an all-you-care-to-eat buffet that will feature dishes inspired by the aromatic, regional cuisines of India. The cost per person is \$14.75 and payment will be taken at the door. Advance registration is requested.

Performance tickets are \$20 for adults; \$18 for FSU employees, military and youth under 18; and free for FSU students.

For info, visit the CES webpage at ces.frostburg.edu or contact the University box office at 1-866-849-9237 or 301-687-3137. The box office, located in the FSU Lane University Center, is open **Mondays through Fridays** from 10 a.m. to 4 p.m.

CES is supported in part by the Maryland State Arts Council (msac.org) and receives financial support from the Allegany Arts Council and the City of Frostburg.

Music

Performances will take place in Pealer Recital Hall. For info, contact FSU's Department of Music at 301-687-4109. Unless otherwise noted, events will be livestreamed; the link will be posted at www.frostburg.edu/concerts.

FSU to Host Honor Band Festival Concert

FSU's Department of Music will host the Honor Band Festival Concert on **Sunday, March 3**, at 2 p.m. The Honor Band features outstanding high school musicians from the Maryland region, and the concert is the culmination of the High School Honor Band Festival that will take place on FSU's campus over the course of the weekend.

Conducted by **Peter Lewis**, the Honor Band will perform "Appalachian Overture" by James Barnes, "Urban Dances" by Erik Morales, "Wilderness" by Cait Nishimura, "With Every Winter's Breath" by Randall Standridge and "Groove Music" by Brian Balmages.

The energetic piece, "Appalachian Overture," appears on many state-required lists and is among the prestigious All-Japan Top 100 band pieces. It is based on folk-like melodies and features playable solo passages.

Drawing inspiration from elements of today's popular music, "Urban Dances" is a serious concert piece that focuses on rhythm as the primary developmental tool. Featuring a large battery of percussion, the piece uses the full gamut of colors available to the concert band.

"Wilderness" celebrates and honors Earth's remaining wild spaces and the people who fight to protect them. Through this music, Nishimura explores the range of emotions she experiences as an environmentalist. This piece is a call to action to do one's part in spreading awareness about climate change, reflect on one's relationship with nature and deepen respect for the stewards of this land.

In the moving tribute piece, "With Every Winter's Breath," Standridge has created a gorgeous band work inspired by the idea that even after death, a person's memory can inspire, comfort and influence our daily lives. A poignant original melody and "Go Tell It on a Mountain" are used to memorialize Maddie Milner, a trumpet player in the Bayfield, Colo., High School band, who died in a skiing accident her freshman year.

As suggested in its title, "Groove Music" is a piece that focuses on various combinations of rhythms. The first section introduces the groove, layering instruments and changing textures. A thicker, more playful groove is introduced in the second section. Both ideas come together in the final section, concluding with a spectacular wall of color and rhythm.

Admission is \$10 for adults; \$5 for seniors, members of the military and FSU faculty and staff, and free for all students and children.

Reserve tickets at <https://frostburgtix.universitytickets.com/w/event.aspx?id=2020>. Tickets will also be available at the door on the evening of the performance.

Joshua Bishop to Perform in Faculty Artist Series Concert, 'Pantomime'

FSU's Department of Music will present *Joshua Bishop* on the euphonium in a Faculty Artist Series concert, "Pantomime," on **Monday, March 4**, at 7:30 p.m. He will be accompanied by pianist **Dr. Jay DeWire**. The concert is free and open to the public.

Bishop will perform "Gavotte-Scherzo" from "Pequena Suite" by Heitor Villa-Lobos; "Moderato quasi Andante," "Tres lent" and "Moderato molto" from "Sonata in F Major, Op. 67" by Melanie Bonis; "Allegro," "Adagio" and "Presto" from "Concerto for Trombone, Op. 114" by Derek Bourgeois; and "Pantomime" by Philip Sparke.

Villa-Lobos composed "Pequena Suite" ("Little Suite") in 1913. It consists of a series of six short pieces in a relatively conventional style.

"Sonata in F Major, Op. 67" was composed in 1905. Bonis dedicated it to Maurice Demaison, an art critic, writer and doctor of law.

Derek Bourgeois' "Concerto for Trombone, Op. 114" is a masterwork that has tested the limits of trombone technique since its premiere in 1989.

"Pantomime" was commissioned by euphonium virtuoso Nick Childs in 1986. Designed to show off the lyrical and technical prowess of the instrument, the piece draws on the varied characters of the Italian commedia dell'arte tradition for its wide emotional range.

Music Department Presents Choral Concert, 'Awake the Voice: Awake the String'

FSU's Department of Music will present its choral concert, titled "Awake the Voice: Awake the String," on **Friday, March 8**, at 7:30 p.m. The FSU choral artists, conducted by **Dr. Scott Rieker**, director of Choral Activities and Music Education, along with collaborative pianist **Dr. Joseph Yungen**, will be joined by the WVU Graduate String Quartet and several FSU faculty members to present an evening of works featuring collaborative performances with wind, string and percussion players. The concert is free and open to the public with the generous support of the Marta T. and Ralph M. Race Western History Lecture Fund.

The Troubadours will perform Atlanta-based composer Joel Thompson's challenging meditation on police violence against people of color, "Seven Last Words of the Unarmed." The piece contains seven movements, each of which quotes the last words of an unarmed Black man before he was killed. Thompson has said that in composing the piece, he used the liturgical format in Joseph Haydn's "The Seven Last Words of Christ" to humanize the men and reckon with his identity as a Black man in this country in relation to police brutality. He was also inspired by the illustrations of Iranian-American artist Shirin Barghi. The work premiered in 2015.

The Chamber Singers will perform Norwegian composer Ola Gjeilo's complementary works, "Dark Night of the Soul" and "Luminous Night of the Soul," where the singers perform as equal partners with the pianist and string quartet. The original version of "Dark Night of the Soul" was composed in 2010 for the Phoenix Chorale, while "Luminous Night of the Soul" was written as a sequel for Cantare Houston in 2011. Inspired by the grace and passion of a medieval poem, "Dark Night of the Soul" offers intense dramatic exchanges among choir, piano and string quartet. Sentiments of stillness and peace are beautifully portrayed. "Luminous Night of the Soul" is a moving, lush and symphonic work with piano and string quartet that has a contrasting brighter, lighter feel. Added contemporary text describes the divine spirit of all art.

The University Chorale will present the world premiere of Rieker's arrangement of Ralph Vaughan Williams' masterwork, "Five Mystical Songs," alongside voice faculty member **Dr. Colin Johnson**, baritone soloist. "Five Mystical Songs" was composed between 1906 and 1911. The piece sets four poems ("Easter" divided into two parts) by 17th-century Welsh poet and Anglican priest George Herbert from his 1633 collection "The Temple: Sacred Poems." While Herbert was a priest, Vaughan Williams himself was an atheist at the time (he later settled into a "cheerful agnosticism"), though this did not prevent his setting of verse of an overtly religious inspiration.

Alumni to Play in Concert

FSU's Department of Music will present its Alumni Concert, conducted by **Peter Lewis**, on **Saturday, March 9**, at 7:30 p.m., following a Q&A period with the alumni from 6 to 7 p.m. The concert is free and open to the public.

Cellist **Maggie Malat '22/M'23** will perform the fifth movement, "Menuet," from "Suite No. 1" by Johann Sebastian Bach. Bach most likely composed his cello suites between 1717 and 1723. As usual in a Baroque musical suite, the movement is based around a baroque dance type.

Guitarist **Corey Snowden '19** will play "Just Samba" by Ricardo Giuffrida, a guitarist and composer who combines the technique and discipline of classical music with the most intricate rhythms and harmonies of jazz and Brazilian music.

Vocalist **Sean Scriber '16** and pianist **Mirto Dorcil '19** will perform "Lydia" by Gabriel Fauré and "I Can't Help It" by Michael Jackson, arranged by Stevie Wonder. "Lydia" is a beautiful love song that simply heaps praise on the beloved (in this case Lydia). "I Can't Help It" is a jazz piece.

Bassist **Grant Stryckning '19**, drummer **Kamonte Johnson '22** and Dorcil will play "Tip Toe" by Dorcil.

Vocalist **Samantha Donaldson Heverly '20**, drummer **Matthew Heverly '18**, Stryckning and Dorcil will perform "You and You" by Michael Mayo, which is from his album, "Bones."

Exhibitions

Department of Visual Arts Presents 'Transitional Forms,' an Exhibition by Marika Christofides



FSU's Department of Visual Arts will host a solo exhibition by visiting artist Marika Christofides, "Transitional Forms," which will open with a reception on **Friday, March 1**, from 6 to 8 p.m. at the Stephanie Ann Roper Gallery in FSU's Fine Arts Building. Christofides will attend the reception and will give a brief talk at 6:30 p.m. This exhibition, which is free and open to the public, will be on display **through Thursday, March 28**.

Christofides is a teaching assistant professor of studio art at Oklahoma State University. As a printmaker and visual artist, she explores the biosciences through a feminist lens. She collects illustrations from feminine-coded mid-century print ephemera, such as sewing packets, greeting cards and recipe books, which she translates into digital collage and print-based works. Her work has recently been exhibited at Highpoint Center for Printmaking and the Morgan Conservatory and Lawrence Art Center. She has attended residencies at Emmanuel College in Boston and In Cahoots in Petaluma, Calif.

From 2013-2019, she worked as an associate acquisitions editor at the University of Illinois Press, where she acquired scholarly manuscripts in anthropology and science fiction studies. She earned her master's in studio art from the University of Kentucky School of Art and Visual Studies in Lexington and her bachelor's in philosophy from Carleton College in Northfield, Minn. For info about the artist, go to <https://www.marikachristofides.com>.

For this show, the Roper Gallery is open **Mondays through Fridays** from 11 a.m. to 5 p.m.

For info, contact April Wright, professor of sculpture and gallery director, at 301-687-4351 or ajwright@frostburg.edu.

Conferences

Registration Open for CTE's Regional Conference

The FSU Center for Teaching Excellence's 13th Annual Regional Conference on Teaching, Learning and Scholarship will be held on **Friday, March 15**, from 8:15 a.m. to 4:15 p.m. in the Gira Center and Lane Center. Instructors, staff, administrators and education students from regional colleges, universities and schools are invited. Registration is free and meals are included.

The conference features concurrent sessions on teaching, learning and the scholarship of teaching and learning led by FSU and regional instructors. The conference aims to help college and university faculty and other educators share ideas and pedagogical strategies while strengthening partnerships within the region.

The Motivate Lab will give the keynote address. The Motivate Lab is driven to improve people's lives through rigorous motivation research and focuses on understanding the mindsets and motivations that promote learning, growth and well-being. Those insights are used to develop evidence-based solutions that can be applied across educational, extracurricular and work contexts.

Support for the conference is provided by the Transform Mid-Atlantic Faculty Development Mini-Grant, the Woodward and Virginia Pealer Endowed Fund and FSU's Office of the Provost.

For info, email cte@frostburg.edu. To register, visit the conference website at <https://cteregionalconference.my.canva.site>. Follow CTE on Instagram and Facebook.

CTE accepts donations of any size to help with the costs of the conference and other events. To make a donation, go to <https://give.frostburg.edu/campaigns/25076/donations/new?a=4939356>.

Points of Pride

FSU One of Schools With Best Online Master's Programs in Maryland for 2024



FSU has been ranked fifth among the schools with the Best Online Master's Programs in Maryland by Online Masters Colleges (OMC), a prominent, trusted source for students seeking valuable resources on online higher education degree programs.

The Best Online Master's Programs in Maryland award recognizes FSU for the outstanding online master's degree programs it provides to its students based on OMC's comprehensive, rigorous evaluation process, which assesses universities on multiple factors such as graduation and retention rates, affordability and program accreditation.

Frostburg's online master's programs offer students a wide range of subjects, such as Master of Business Administration (entirely online), Master of Science in Recreation, Parks and Sport Management (entirely online), Master of Science in Nursing (entirely online), Master of Applied Computer Science (online and in person) and Master of Education (online and in person), each with its own selection of specializations.

FSU also has a notable reputation as a well-established university on its own with a long, prestigious history.

OMC is a trusted source for students seeking valuable resources on online higher education degree programs and career guidance. OMC thoroughly researches and compiles insightful education and career material to help students choose the best degree program, university and profession. OMC's rankings evaluate accredited universities on several factors such as affordability, graduation and retention rates, available online programs and student support services.

For info on the rankings, visit <https://shorturl.at/koSTU>.

Office of Sponsored Programs Successes/News

On Feb. 16, project director **Jodi Broadwater**, director, SBDC, was awarded \$25,529 by the University of Maryland, College Park, Maryland Small Business Development Center Lead Center for FY2024. SBDC provides outreach, review and assistance in business plan and financial proposal preparation, marketing strategies, procurement-related certifications and strategic planning based on the client's stage in the business life cycle.

On Feb. 13, Troy Dell, **athletic director**, was awarded \$13,500 by the National Collegiate Athletic Association – Division II in supplemental distribution funds.

For info, go to OSP's webpage at <https://www.frostburg.edu/osp/Successes%20News.php>.

Take Note

Join the Bobcat Giving Day Celebration on March 6!



Come celebrate #BobcatGivingDay on **Wednesday, March 6!** An indoor tailgate will be held from noon to 2 p.m. in the Lane University Center. Enjoy snacks, cupcakes, prizes and some surprises!

Organized by the FSU Office of University Advancement, Bobcat Giving Day is returning for its third year. The day is a way for the FSU community to collectively make contributions to their favorite FSU Foundation funds. To add incentive, the fund that receives the most donors (not dollars) will once again earn an extra \$10,000 from the FSU Foundation Board of Directors, and the fund that receives the second most donors (not dollars) will earn an additional \$5,000.

For info, visit www.frostburg.edu/givingday or go to <https://give.frostburg.edu/bobcat-giving-day-2024/?a=7616748> to make your gift early.

National TRIO Day



Come celebrate National TRIO Day on **Tuesday, Feb. 27**, from 11 a.m. to 2 p.m. in the Lane Atkinson Room (232). There will be free hot chocolate and desserts. Come take a picture with a special guest from 11:45 a.m. to 1 p.m. Student Support Services trivia starts at 12:30 p.m.; a prize will be given to the winner.

For info, contact R. Shawn Jones at rsjones@frostburg.edu.

Do You Know About the New Interview Style?



Instead of a face-to-face interview or a phone call, most employers now request that candidates click a link and virtually record their responses to a set of questions for their first-round interview. You only have a certain amount of time and chances to prerecord your answers.

The Career and Professional Development Center will host "Ready, Set, Record" with a HR recruiter on **Tuesday, March 5**, at 6 p.m. in Lane 108 to share tips and tricks on how to give the best answers before the timer stops and how to successfully move to round two of the interview process. All students are welcome.

FSU's VITA Site Returns for Spring 2024 Semester

The IRS-sponsored Volunteer Income Tax Assistance (VITA) program will return to FSU's campus for the upcoming tax-filing season to offer free tax return preparation to qualified individuals, typically those making less than \$64,000 a year.

Taxpayers can get assistance with basic federal and Maryland state income tax returns from volunteer students who have been trained and approved by the IRS in tax law and in maintaining the privacy and confidentiality of all taxpayer information. All returns will be filed electronically.

Appointments must be made in advance to visit FSU's VITA site by calling Dr. Chelsea Schrader at 301-687-4158. Eligible taxpayers will be scheduled for 30-minute sessions with the site coordinator to review tax information and to drop off pertinent tax documents.

All intake appointments will be held in Framptom 208 on the following days and times: **Mondays, Wednesdays and Fridays** from 9 to 9:30 a.m., 11:15 to 11:45 a.m. and noon to 12:30 p.m. and **Mondays through Wednesdays** from 1 to 1:30 p.m. **through Friday, March 15**. If FSU is closed for any reason, the VITA site will also be closed, and all appointments will be rescheduled.

Not all services are offered at all VITA sites, so interested taxpayers should confirm when making an appointment.

Taxpayers arriving for an appointment should bring the following:

Proof of identification (driver's license, state photo ID or other government-issued ID that includes a photo)

Social Security cards and birthdates for all individuals on the tax return

Copy of last year's complete federal and state returns

Proof of bank account routing and account numbers for direct deposit (i.e., blank check)

All pertinent tax documents and information for the 2023 tax year (W-2, 1099 form, SSA-1099 statements, etc.)

Save the Dates – ‘#BobcatsAgainstBias’ Week

FSU's Office of Diversity, Equity and Inclusion (ODEI) will host the third annual “#BobcatsAgainstBias: A Week of Celebrating Diversity, Equity and Inclusion” **Monday, April 1, through Thursday, April 4**. Each day will have a different theme, and information will be disseminated in the Lane Center lobby throughout the week.

April 1 is “Take a Pledge” day. There will be various opportunities to commit to being a part of the #BobcatsAgainstBias movement. Student organizations, residence halls community members and campus divisions/offices are encouraged to create a banner reflecting the #BobcatsAgainstBobcats campaign. More information will be available closer to the date. There will be a Black History Mobile Museum set up in Lane Manicur Hall from 10 a.m. to 3 p.m. Be sure to plan to spend a few minutes visiting the museum and hear a presentation by its creator, Mr. Khalid El-Hakim.

April 2 is “Spirituality Forgiveness” day. There will be a Cultural Conversation, “I Hate When . . .,” at 6 p.m. in the Adams/Wyche Multicultural Center.

On **April 3**, the theme is “Words Matter.” A “Safe Space” training workshop facilitated by Diane Illig, director of Safe Spaces at Salisbury State University, will be held in the Adams/Wyche Multicultural Center from 4 to 7 p.m. Dinner will be provided, and registration is required.

The theme for **April 4** is “Racial Healing.” The Rev. Dr. Martin Luther King, Jr. was assassinated on April 4, 1968. While the national MLK day is on Jan. 15 (his birthday), classes are not in session at FSU, so his legacy will be honored on **April 4**. Come for “The MLK You Never Knew,” which will be presented by Rasheed Cromwell, Esq. at 7 p.m.

There will be an information table in the Lane Center upper lobby every day between 11 a.m. and 1:30 p.m. Student organizations, faculty and staff are also invited to submit to ODEI any program, classroom assignments/discussion or events they are holding that support the #BobcatsAgainstBias mission. Additional programming will be announced later.

The “BobcatsAgainstBias” hashtag and logo were created and first used by *Annie Danzi* and students in the Department of Communication and later adopted for this week celebrating the diversity on campus and committing to doing the work to reduce biases and micro-aggressions that negatively impact the campus climate.

For info, contact Robin Wynder, assistant vice president for Student Affairs and senior DEI officer, or Gianni Jones, ODEI program management specialist, at 301-687-3158 or odei@frostburg.edu.

Focus Frostburg Call for Participation



Focus Frostburg 2024: “Learn-In” for a Sustainable Future will take place on **Wednesday, April 17**, on the FSU campus. Focus Frostburg features programs, discussions and hands-on activities highlighting issues of sustainability and climate awareness. Presentations are open to the campus community and the larger regional community.

Become a presenter at Focus Frostburg 2024! All topics focusing on aspects of environmental and social sustainability are welcome – from the sciences to the humanities. Student presentations make a great class activity. Poster presentations are welcome. Hands-on activities, workshops and demonstrations are strongly encouraged. The proposal deadline is **Monday, March 18**.

To participate, email Dr. Kara Rogers Thomas at krogersthomas@frostburg.edu and submit a presentation/workshop title and one- or two-sentence abstract of your topic. Topics may be varied but should cover a sustainability, environmental or climate awareness issue. In-person sessions are 50 minutes to coincide with class sessions. However, multiple presenters can be accommodated in a single session, so participants may want to consider teaming up. If more time is needed, content can be carried over into a second session. In your response, indicate if there is a preferred time of day when you would like to present.

Spring Festival of Children's Literature



The Children's Literature Centre announces that its 41st annual Spring Festival of Children's Literature will be held on **Friday, April 26**, and **Saturday, April 27**, at FSU. Each year, librarians, educators, parents and FSU students come to share their love of children's literature and learn about successful ways to share that love with children. In the “share and learn” atmosphere of the festival, adults who direct children's learning interact

firsthand with authors and illustrators who bring characters to life and inspire children to read. At this year's festival, the featured authors and illustrators – Salina Yoon, Frank Morrison, Hena Khan and Dusti Bowling – will present their award-winning books. In addition, participants will have the opportunity to engage in professional development workshops, which will feature a variety of topics, including writing children's books, the “One Book One School Program,” introducing Manga to students, AI-powered ELA and more.

Educators from Maryland and Pennsylvania can earn continuing professional development credits by attending the festival. For info and updates regarding the Spring Festival of Children's Literature, visit the CLC webpage at <https://www.frostburg.edu/childrens-literature-centre/spring-festival/index.php> or the CLC Facebook page at <https://www.facebook.com/clcfsu>.

A scholarship established by Annetta Hammill Marshall is available for FSU students, alumni and educators interested in attending. Marshall had a passion for teaching and a passion for children's literature. In 2004, she established the Annetta H. and Lloyd M. Marshall Scholarship to provide assistance with festival registration fees. Teacher candidates can receive a full festival scholarship, and alumni and educators can receive a partial scholarship. Apply for the scholarship at <https://shorturl.at/gjqt4>.

To register for the festival, visit <https://forms.frostburg.edu/217745>. For info, email clc@frostburg.edu or call 301-687-3133.

Undergraduate Research Symposium

The FSU Undergraduate Research Symposium will be held in person on **Friday, May 3**, from 11 a.m. to 2 p.m. in the Lane Center.

The Registration form is due on **Friday, March 15**. All students who register for the symposium will receive a separate form to submit their abstracts, which are due **Friday, April 5**. Every student must have at least one faculty or staff mentor to participate in the symposium. A student will need to obtain the Registration form from the faculty or staff mentor to ensure that they have a mentor for their project. An email message will be sent out to students later letting them know to contact their mentors if they are interested in participating.

For info, contact Dr. Karen Keller at kkeller@frostburg.edu.

Summer Music Academy



The FSU Summer Music Academy welcomes musicians to FSU **Sunday, July 21, through Sunday, July 28**, for a week of intensive study and music making that will enrich their knowledge, technique and musicality. Register today at <https://forms.frostburg.edu/150>.

Activities will include the Alexander Technique; private lesson; chamber music coaching; ensembles; evening faculty performances; exposure to internationally renowned musicians, soloists and teachers; masterclasses from FSU faculty and guest artists; outdoor activities in the Allegany mountains; the Telford

International Competition; and the SMA Gala Concert.

SMA participants between the ages of 10 and 22 are eligible and encouraged to participate in the Telford International Competition, which offers more than \$1,000 in prizes.

SMA aims to promote classical music education all over the world. SMA's mission is to deepen the younger generation's appreciation of culture through musical experiences. The academy brings leading artists from around the world to the Western Maryland region to inspire students and local residents and help to grow interest in music programs of all types of educational systems.

For info, contact Dr. Karen Lau, director of SMA and strings instructor at FSU, at 301-687-7458 or sma@frostburg.edu.

Deadlines

Undergraduate Grade Changes

The last day for undergraduate grade changes, including the removal of incomplete grades for the fall 2023 and Intersession 2024 semesters, is **Friday, March 8**.

Grants

FSU Foundation Opportunity Grants



The FSU Foundation is once again seeking funding proposals from faculty, staff and students for Foundation Opportunity Grants and several other awards for fiscal year 2025 (academic year 2024-25).

Those interested should complete the FSU Foundation Opportunity Grant Request Form (application link at www.frostburg.edu/opportunity), which includes a line-item budget. All applications must be limited to two pages. A third page is only

permitted for the line-item budget. New this year – Although you may request funding for food, you have to specifically list how much of your request is for food and you have to justify why that expense is absolutely necessary. After you complete the form, you must submit it online at www.frostburg.edu/opportunity. No paper or emailed applications will be accepted.

The deadline for proposals is midnight on **Sunday, March 17**. Applicants will be notified of the awards following the Foundation Board meeting on **Friday, June 7**.

Projects may be funded from the following:

Annual Fund for projects that support FSU's institutional priority to enhance experiential and applied learning opportunities for students inside and outside the classroom

Bowling Family Global Citizen Funds to support the global competence of FSU students

Al and Dale Boxley Faculty Award/Student Research Award to support faculty or student projects

J. Frederick Gibraltar Regional and Cultural Arts Funds to support regional and cultural arts programs at FSU

Jonathan Gibraltar Presidential Leadership Fund for Alcohol Awareness and Education to support educational programs, social programs and/or community service-related programs geared toward alcohol awareness and the importance of responsible behaviors and decision making

Catherine R. Gira Campus-to-Community Awards to support students or student projects that demonstrate an entrepreneurial spirit, critical thinking skills and a determination to be successful

Kim and Marion Leonard Mindful Leadership of Self and Others Experiential Learning Funds to support FSU faculty, staff and students to understand the value placed on mindfulness, authenticity, awareness, vulnerability, openness, trust, listening and respect

Woodward and Virginia Pealer Faculty Development Award to support student scholarships and faculty development initiatives for stipends/funding and travel expenses for visiting scholars, lecturers, artists, performers and programs; recognition and promotion of these activities; equipment purchases in conjunction with these activities; and outreach/professional development programs for Allegany County

Martha T. and Ralph M. Race Western History Lecture Funds to support an annual lecture series on the topic of Western history

Stephen M. Spahr Student Activism Award to provide financial assistance to student organizations, classes or informal groups of students needing funds to travel to programs or centers of governmental activity to experience, firsthand, the workings of the democratic process

Marlene Weimer Memorial Scholarly Endeavors Fund to support scholarly endeavors in the area of innovative mathematics faculty development initiatives and/or scholarship support for outstanding mathematics students, depending on the area of greatest need as determined annually by the Mathematics Department

You can access the award descriptions at www.frostburg.edu/opportunitygrants and a list of previously supported projects at <https://www.frostburg.edu/foundation/files/pdfs/fundedprojects.pdf>. (Current year successful applications are on file at the library.)

Scholarships

Derek Thomson Sheely Leadership Award

The campus community is invited to nominate outstanding students for the Derek Thomson Sheely Leadership Award.

Do you know an outstanding student leader? Do you know a student who excels academically and deserves consideration for a full-tuition scholarship for senior year? Recipients are not required to be current athletes.

Derek Sheely was a remarkable leader – on and off the football field. This award honors the spirit of a young man who consistently demonstrated his genuine concern for others. Derek understood that leaders acquire influence as a result of the quality of their relationships and the respect they give to others. Never complacent, he strove for excellence in all that he did.

FSU has partnered with Derek’s parents, Kenneth and Kristen Sheely, to create an award that will be given annually to the student who exemplifies the qualities of leadership that Derek so clearly demonstrated.

This award will include a full-tuition scholarship for the recipient’s senior year. Before completion of their senior year, the recipient will be expected to engage in 40 hours of service that will increase awareness and research of concussions and traumatic brain injuries, with a focus on youth sports. The recipient will design and execute their service under the supervision of a designated faculty or staff member selected by the student.

Derek Thomson Sheely Leadership Award Criteria

Applicants must be enrolled full-time at FSU with a minimum cumulative GPA of 3.4 and have completed no less than 70 and no more than 95 credit hours. Student(s) must be nominated for this award by a member of the campus community. Student(s) who are nominated will be required to complete an essay reflecting on their leadership experiences and how these experiences have shaped their growth as an individual. The selection committee will conduct interviews of the finalists for this award. The recipient must have demonstrated the ability to provide leadership to a group of students – in the classroom, a student organization or on an athletic team.

To nominate a student, email this info to the student. Include a note why you would like to nominate the student for this award and remind them to act promptly to submit an application by the deadline of **Friday, March 1**. If they choose to apply, you will be asked to provide them with a recommendation letter.

Students may be eligible for other scholarship awards just by submitting a completed scholarship application! Students applying for the Sheely Scholarship must complete additional requirements (including an essay) no later than **March 1**.

Note for Students: Got to <https://frostburg.academicworks.com/opportunities/9352> to view the criteria and sign in to Academic Works. Follow the instructions and request a letter of support from the faculty/staff member who nominated you for the “include a letter of nomination/recommendation from a member of the campus community” requirement.

For info, contact Lynn Ketterman in the Advancement Office at lketterman@frostburg.edu.

Fellowships

Fellowship Opportunities for the 2024-2025 Academic Year

The Office of Civic Engagement and FSU partner with local and regional entities to assist students in applying for civic-related fellowship opportunities. These fellowships allow students to engage with other students, professionals and guest speakers on campus and from the region, learn about civic leadership and related topics, and engage their communities in making a positive impact. Each fellowship has different opportunities and benefits, ranging from cash stipends to book scholarships, experiential opportunities and more. One fellowship opportunity available to students for the next academic year is Global Civic Leaders Fellowship (FSU). Applications are due **Friday, April 12**.

For info about these opportunities or to apply, visit the Civic Engagement Fellowships webpage at <https://shorturl.at/asyFT>.

If you have questions, contact the Office of Civic Engagement at 301-687-7599 or email civicengagement@frostburg.edu.

Jobs

Upward Bound Summer 2024 Residential Program Employment Opportunities

The Upward Bound Program at FSU seeks tutor/counselors for the Upward Bound Summer Residential Program 2024. Tentative dates are **Sunday, June 9, through Friday, July 19 (Wednesday, July 3, for the three-week program)**.

Upward Bound is a federally funded program for qualified Allegany County high school students who plan to enroll in college. Upward Bound provides fundamental support to participants in their preparation for college entrance. The program provides opportunities for participants to succeed in their precollege performance and, ultimately, in their higher education pursuits.

Duties include tutoring and mentoring high school students, creating a welcoming residential and learning environment, planning fun and engaging activities and events and chaperoning field trips, and assisting students with social growth.

Benefits include room and board for the duration of the program (three to five weeks plus training week), supervisory experience, working with academic professionals and improving problem-solving and conflict-resolution skills.

To learn more about the Upward Bound Program at FSU, visit www.frostburg.edu/upward-bound, call Upward Bound at 301-687-4994 or email upwardbound@frostburg.edu. Applications are available on the UB website and are due by **Monday, April 1**.

FSU-TV3

Athletic Event of the Week



Every Wednesday at 8 p.m. FSU-TV3 features an athletic event of the week in collaboration with the Bobcat Sports Net. This week FSU-TV3 will feature the Women's Lacrosse team with their home opening game against Barton.

You can watch FSU-TV3 programming three ways:

On Comcast channel 3 with a cable subscription

Free online with the channel's Video-on-Demand site at

<https://cloud.castus.tv/vod/frostburgtv3/?page=HOME>

By downloading the channel's free streaming app from the Apple or Play stores at <https://www.frostburg.edu/fsu-tv3/fsu-tv3-app.php> or scanning the QR Code

Study Abroad

Start Planning Your Study Abroad Experience for Summer and Fall 2024!



Cara Allen in Ireland – January 2024

Join the Center for International Education for a Study Abroad Information Session to learn more about study abroad, including types of study abroad programs, when students should study abroad, study abroad scholarships, using financial aid (Pell grants and student loans) for study abroad and transferring classes back to FSU.

Each virtual session will take place at 3 p.m. on the following **Fridays: March 1 and 29, April 12 and 26, and May 10**.

Email Victoria Gearhart at vmgearhart@frostburg.edu to sign up for the session of your choice.

Community

Art Reception To Highlight Students of Washington County

In partnership with Washington County Public Schools, the University System of Maryland at Hagerstown will host the Washington County High School Student Art Reception on **Thursday, Feb. 29**. Open to the public, the reception will begin at 6:30 p.m. and feature more than 100 works from local public and private high school students in the USMH Hospitality Center located at 55-59 W. Washington St. The top three selections from each of the five juried categories and a best in show will be recognized; all 16 selections will be on display to the public in the USMH lobby at 32 W. Washington St. **Friday, March 1, through Friday, March 15**.

Health and Safety Messages

Winter Isn't Over Yet – End-of-Winter Driving Tips



Winter can creep back in at a moment's notice, and these are the times accidents are most likely to occur. Practice these late winter driving tips to stay safe on the roads in this unpredictable weather.

Expect Ice

Showers can quickly turn into deadly ice when the weather changes. If the roadways are black, anticipate that it may be slippery and slow down. Even if the rain is still coming down, don't count ice out, especially if you're driving near water or over bridges. Wet, icy roads can make it

hard to gain traction, so avoid slamming on your breaks or hitting the gas too hard.

Give Yourself Extra Time

Beautiful days can quickly turn into blustery afternoons or even full-fledged blizzards. Plan ahead and don't rush. And don't think it's just snow that will slow you down. Showers can just as easily turn into downpours, forcing you and other drivers to slow down or pull over.

Get Your Wipers Checked

Winter takes its toll on your wiper blades. In fluffy snow, you might not notice the wear and tear, but when heavy rain hits, a worn-out wiper blade could impair your visibility. Add potentially freezing conditions to that, and things can turn dangerous.

Happy, Healthy, Hip Tips From the BURG Peer Education Network

Emotional Health



Mental Health Monday: Tips for Managing Stress or Improving Mental Well-being

<https://health.gov/myhealthfinder/health-conditions/heart-health/manage-stress>

Tell Yourself Tuesday: Encouraging Positive Self-affirmations for Emotional Health

<https://www.mentalhelp.net/blogs/the-science-of-affirmations>

Wacky Wednesday: Stress Relief From Laughter? It's No Joke!

<https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/stress-relief/art-20044456>

Thankful Thursday: Can Expressing Gratitude Improve Your Mental, Physical Health?

<https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/can-expressing-gratitude-improve-health>

Fun Friday: College Student Mental Health 101

<https://www.mcleanhospital.org/video/college-student-mental-health-101>

Social Saturday: Social Exclusion Impact on Mental Health

<https://www.betterhelp.com/advice/inclusive-mental-health/social-exclusion-impact-on-mental-health>

Self-Love Sunday: What Are the Five Love Languages (and how can you practice yours)?

<https://www.everydayhealth.com/emotional-health/what-are-love-languages>

VALUES AND VISION: FROSTBURG STATE UNIVERSITY IN 2023

CORE VALUES

Frostburg State University is a place where every student can experience a myriad of opportunities both in and out of the classroom, fostered by a sense of inclusion and close mentoring relationships with faculty and staff.

Frostburg State University is committed to developing cultural competence and cultivating understanding of and respect for a diversity of experiences and world views that encourage each person's ability to "take the perspective of the other."

Frostburg State University is committed to a system of shared governance that allows faculty, staff and students to learn about the issues the University confronts and that provides a structure for meaningful input into University decisions.

OUR VISION FOR FROSTBURG STATE UNIVERSITY IN 2023

Frostburg State University is a regionally acclaimed and nationally recognized academic institution that provides distinctive programs to support state and regional workforce needs. Faculty, staff and students foster collaboration in a welcoming and inclusive campus culture.

Students value the opportunities open for them at FSU and form close mentoring relationships with faculty and staff, who are committed to their success and well-being. Students apply knowledge and skills learned in the classroom to internship, civic engagement, study abroad and research experiences to meet the challenges of a complex and changing global society.

The University is integrated into the fabric of the community as a valued and respected regional asset. We are committed to making changes that secure our future while celebrating the values that reflect our history.

STRATEGIC GOALS

Focus learning on the acquisition and application of knowledge.

Provide engaging experiences that challenge our students to excel.

Expand regional outreach and engagement.

Align University resources – human, fiscal and physical – with strategic priorities.

To view FSU's Strategic Plan 2018-2023 online, visit www.frostburg.edu/strategicplan.